

**From:** [REDACTED]  
**Sent:** Friday, 15 November 2019 10:29 PM  
**To:** PerformanceFramework  
**Subject:** Consultation on revised CPD Registration standard'

**Categories:** Do not publish name, Acknowledged

> Dear Medical Board,

> As a speciality Australian trained GP, I feel your proposed CPD revisions are laborious and will make life more complicated, burdened and expensive for GPs. Of course ongoing learning and keeping up to date is important. Yet writing reports on self reflection and analysing outcomes will not eventuate in better patient care. It will lead to increased frustration of a profession, and less energy for patient care. We need to be respected as Drs who have trained long and hard. There needs to be some trust in the system we have trained in. Self reflection is performed by a Dr patient by patient, day to day as a natural process of our work. It's how we function and how we have been trained to function. Self reflection is a normal part of how we work. CPD should focus on educational programs, similar to current to ensure we remain up to date with current practise and the evidence. We usually won't choose educational sessions on areas we are already strong at. We choose them according to areas we would like to refreshen and/or upskill in. It is very short sighted to think GPs need to tick a beurocratic box in order to become an optimally practising Dr. This added layer of complexity will not benefit our knowledge nor practise, and furthermore, it is unlikely to highlight Drs that may be struggling or need further support etc.

> The Board should try to keep CPD simple, and seamless. Drs have enough on their plates. We talk about improved self care and work/life balance. We talk about the mental health of Drs. What you propose will only worsen the "wellness" of Drs. Keep it simple. We don't need the hand holding of self reflection as you recommend. We need easy to access education, that is free or at minimal cost, possibly associated with submitting a BRIEF paragraph after an education activity of how that session will aid one's practise and how the new information will be clinically implemented etc.

> The board should be placing added emphasis on the regulation of other health professionals and on the regulation of practising health "practitioners" who are very accessible in the community, some of whom make vast promises to patients, not based on evidence, while charging exhorbitantly. Such practitioners have significant potential for harm if not regulated better. Yet instead, it appears you are further regulating the already regulated and highly evidence trained professionals.

> Furthermore, how about the huge amounts of chemical ridden and processed food in supermarkets, often with labelling and advertising geared towards children? How about greater regulation of this, as ongoing intake of such easily accessible yet very unhealthy foods, is having a huge negative impact on the health of our nation?

> Yes Drs need regulation and CPD, or course. Yet making life tougher and more cumbersome, with no formal evidence to support it, following in the footsteps of overseas programmes that aren't working particularly well, is not the right approach in my opinion.

> We have sacrificed much to be Drs and contribute to the health of our communities. We have enough red tape and paperwork as it is. Put the joy back into our ongoing education- as that is what makes for passionate and happy professionals, and happier and more content Drs, means greater dedication, greater time and greater energy towards our patients!

> Sincerely,

> [REDACTED]

>  
>  
>  
>  
>  
>  
>