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**From:** [REDACTED]  
**Sent:** Tuesday, 10 December 2019 6:36 PM  
**To:** PerformanceFramework  
**Subject:** FW: DONT DO IT JUST BECAUSE YOU CAN!

**Categories:** Acknowledged

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**From:** [REDACTED]  
**Sent:** Tuesday, 10 December 2019 7:39 AM

Dear AHPRA,

Please consider my submission regarding the further imposition of paperwork and wasted time on hard-working GPs.

For my sixpence-worth:

Naval gazing such as the mooted self-reflection requirements for CPD can easily become malignant. Those who enjoy ticking boxes, doing magazine quizzes on their style etc, and revel in such activities are often too concerned with themselves, to the detriment of their very real and needed role in caring for up to thousands of dependent others.

To paraphrase from a once popular song, "Ego is not a dirty word". Please respect the necessary ego required by someone who is daily responsible for life and death. Ours is not a job for someone who needs to be told by others how good or bad they are. AHPRA can apparently compel at least lip-service to this standard. It would appear to be an exercise in using up energy for its own sake- with no concrete outcome. For those of you with a scientific education, recall your biochemistry of "futile cycles" for disposing of heat!

CPD changes at least need to be shown to be needed, and need to be shown to be effective for whatever that need is.

Again to take an analogy from an Australian source, in "Oscar and Lucinda" by Peter Carey, a huge, fragile, perfect crystal church (the well-intentioned but essentially alien, pointless, patriarchal and impositionary CPD proposals,) is pulled on an unwieldy, wallowing, and blind barge (AHPRA), up-stream against the strong current (of overseas experience, common sense and practical use of time) by the unwilling and bitter labour force (the doctors). You will recall the ending was not happy. All analogies limp, but this one gets a fair way.

Opprobrium is one of the last recourses of the oppressed, and we doctors in this matter of compulsory CDP requirements change are the oppressed. Expect more opprobrium.

Please spend more time and energy in explaining to us working medicos what changes you hope to achieve with the new framework, apart from alienating and embittering your already cynical workforce.

Dr Jane Atkinson. GP.