

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 3:26:10 PM

To the Medical Board of Australia,

I support Option 1.

I do NOT support anybody that would limit my or others choice of medical treatment, practitioner and/or complementary medicines.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:41:20 PM

To the Medical Board of Australia,

I support Option 1.

To the MBA, current stock standard medical model interventions have as to date yet to provide evidence disease and health is substantially improved enabling the public to experience individual and population holistic health, wellness and long term meaningful health outcomes. On the other hand "alternative" (the term alternative refers to non standard medical model interventions) health and wellness measures have from history throughout the ages and to date proven to provide sustainable health promotion not just focusing on symptoms of ongoing conditions and pharmaceutical funding for the pop pills mentality. Why then would complimentary knowledge and recourses that the public pay for through a god given right, medical oath of practitioners, time and financial funds be removed without public consent. Hiding behind misleading research designed to support medical and pharmaceutical insufficient models of policy and practices have been proven to cause increased reliance on impeding and decline in natural holistic health maintenance and long-term healing. The pharmaceutical medical model is not showing improvement in population holistic health and well-being. The Australian public would not be needing so called current health services if the medical model was effective. The role of complimentary holistic knowledge, experience, skills, education and treatment modalities is vital to empowering people to retain sustainable health and wellness out comes. Now that will prove long time viable results for all..

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 10:02:24 PM

To the Medical Board of Australia,

I support Option 1.

Where mainstream medicine has greatly benefited my family in times of emergencies ie. a cut foot needing stitches or a filling, it has been alternative practitioners that have been absolutely invaluable to us when we just could not find out what was wrong (ongoing fatigue for myself, spasms in my son, stomach issues in my other son and breathing issues for my husband). In all those incidences, standard GPs were lost for how to move forward. Alternative practitioners cured us all, finding a gluten/dairy intolerance/virus for myself, high mercury levels in my son, bacteria in my other son and fungus in my husbands lungs (after unproductive sleep studies at the hospital & x rays by other doctors). These conditions were all successfully treated with herbal remedies, Chinese herbs and nutritional intervention. I can not bear the thought of any of these skilled practitioners being put out of business. Mainstream should be learning from them not afraid of them.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 8:17 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support the right to have access to integrative and complementary medicine and the right to choose what form of health care is right for me.

After living with a painful disability for the last 13 years, I have discovered that what works for me, and alleviates pain and ill health, is certainly not your main stream medical professionals and their pharmaceuticals, in fact those are the very ones who have got it wrong for me, time after time, year after year, and left me more ill than ever. The misdiagnoses from so called professionals, and the terrible side effects from the many drugs on offer, is a blatant joke. It is the complementary forms of health care, those you would call "alternate" that actually DO work and promote wellbeing. It is ludicrous to try to diminish these if they work, and I can vouch that they DO! Why would you try to remove access to them unless you don't care at all about the health of Australians, the genuine health and wellbeing of all Australians.

I can also say that having the right to choose what goes into my body and those of my children makes the whole difference between being truly healthy and just going through/living a false pretence. For instance I have children harmed by vaccinations, causing a life of grief, not to mention costing the "system" over \$220,000 per year to help care for one of them. Instead of being a strong happy productive Australian citizen, following vaccine injury one adult is irreversibly disabled and yes, to put it crudely, a huge burden on the medical system and society as a whole (even before you consider her own personal loss and suffering and that of the rest of her family).

In contrast, I also have children who have never been vaccinated (for obvious reasons) and now as adults, they have never or rarely even visited a doctor, let alone have a family GP, so they cost the taxpayer's system nothing. And they are productive, healthy, happy adults.

You work out which model of health care works best for the people of this country? A system where each individual has the right to choose and the freedom to access whatever works best for their individual needs, or a one size fits all ("Do as we tell you, there is NO choice"), one which makes the majority of the people more ill than ever. Removing the many alternate therapies that work for many Australians or our choices in what medical procedures we have, is detrimental to the health of this nation.

Do not penalize or restrict integrative and complementary medicine because my life has proven that these things work far better than the "industry" that you would protect and force upon us.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 2:03:03 AM

To the Medical Board of Australia,

I support Option 1.

I have had a lot of success managing my PCOS and insulin resistance using complementary therapies my doctor recommended. My symptoms are in remission thanks to these therapies. Taking that option away from the public would be going against the oath that doctors take in the first place, "first do not harm".

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 9:06 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support no restrictions to integrative medicine practices. It's taken me years to find a doctor who won't just off for me and pharmaceutical pill they get a kick back from rather than referring me to massage therapists suggesting changes in diet with supplements of vitamins for both myself and my children. A holistic approach has always worked much better for my family then visiting a chemist with a prescription that usually gives us side effects of some form or another. We should be offered all choices so we can make a decision that best works for us.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 9:11:37 PM

To the Medical Board of Australia,

I support Option 1.

When it comes to human health care a "one size fits all" approach does not universally apply. Every human being is different in their make up and thus different in what treatment / s achieve their well being. I personally value the opportunity to access a range treatments to suit a variety of ailments which occur as a matter of course in every day living. I see and use integrated medical opportunities in complementary manners and would worry if they were in any way denigrated in light of mainstream medicine

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 9 May 2019 10:09:42 PM

To the Medical Board of Australia,

I support Option 1.

I am currently accessing the services of an integrative/functional gp to help me with my thyroid. All my labs are in range which is why it falls out of the scope of normal endocrinology. I fully believe in conventional medicine and have a number of health conditions treated with conventional medication. I also believe this thyroid problem currently falls outside the scope of conventional medicine as is the case for many thyroid issues in Aus and I would be at serious disadvantage if my integrative gp was unable to treat me. It would ruin my quality of life and limit my life.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:31 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I value being able to use a holistic approach to health for myself and my children. Traditional GP's have not been able to help in areas such as nutrition and inflammation in the gut and brain. Integrative and complimentary medicine have provided answers and solutions, resulting in much improved health. One example is my son with autism, who the GP wanted admitted to [REDACTED] Clinic (for mental health issues) My son is now living a happy and healthy life due to complimentary medicine. I am university trained and have also studied in a health field. I urge the MBA NOT to impose restrictions on integrative practitioners. I have seen successful results first hand where as GP's didn't have answers.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 7:58:58 AM

To the Medical Board of Australia,

I support Option 1.

I support a patient's right to choose a doctor who uses a variety of treatments to help them

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 12:57:32 PM

To the Medical Board of Australia,

I support Option 1.

Please don't stop integrative health Drs from helping us! I have chronic conditions of Systemic lupus and Fibromyalgia my integrative health dr has helped me greatly with my condition. The combination of traditional and alternative/ extra tests and treatments has really helped keep my incurable condition stable. I have been able to help my pain without just adding more dangerous meds.
Thanks for listening.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:52:30 PM

To the Medical Board of Australia,

I support Option 1.

Hi

I'm writing this in regards to supporting the integrative medicine which has immensely helped my family and friends which actually helped some of my close family members as well as my friends to get off the Centrelink benefits as they have been able to get back to work which really is a blessing. Thanks

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 1:27:41 PM

To the Medical Board of Australia,

I support Option 1.

Freedom of choice is my democratic right as an Australian!

The Medical Board WILL NOT take this away from me and quite frankly this action makes me perceive the Medical Board as corrupt and not credible. I feel that the MB is frightened by the consumer trends towards neural alternatives and as such is trying to ensure that the money earned from the pharmaceuticals industry is protected. We all know it's BIG business and makes lots of money! Essentially, my health care is MY CHOICE. We are not living in a dictatorship you have no right to impose restrictions in this area.

I very rarely take medication and have used natural remedies for many years. Chiro, acupuncture, vitamins, healthy food and lifestyle. I am not opposed to conventional medicine by any means but it's very disappointing that the two areas don't support each other for the patients benefit and right to work collaboratively with primary and secondary health professional on THEIR healthcare plan.

My GP supports my choice to not take medicine that I feel is unnecessary. I don't get the flu shot every year even though the govt spends \$100,000s on flu vacs campaigns. It's not necessary for healthy people just a money making opportunity! I do believe those who are at high risk do need to vaccine though.

Please note I recently came off blood thinners for a clot, I didn't refuse to take these even though there was a class action against the pharmaceutical company in the US because I couldn't risk the alternative of having a PE. I did follow the specialists advise of no chiro or remedial massage while on thinners.

Please stop making it difficult for professions like Chiro who study for 5 years and are highly skilled to promote the benefits of chiropractic care. I have read through numerous spinal research articles and have also seen the benefits for myself. My baby had terrible colic for 6 months and despite numerous visits to pediatrician, GP and Heath nurses nothing worked until I went to a chiro who had my baby sleeping through the night in just three visits. He didn't manually adjust my baby just used the activator, which he demonstrated before applying on my baby.

Lastly I make very informed choices when it comes to my health. They are researched, based on specialists, GP and my natural practitioners advise. My healthcare choices will continue to be MINE!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 8:45:20 AM

To the Medical Board of Australia,

I support Option 1.

I have received great benefit from complimentary medicine in supporting my battle with cancer

The immunotherapy has been supported by exercise , healthy eating and complimentary medicines to support the immune system

There s no conflict between the treatments rather they enhance each other

Also the oncology nurses provided much support in recommending complimentary ways as well to minimise the painful negative effects of chemotherapy and radiotherapy .

Research confirms many complimentary medicines as supportive in many health issues

To artificially ban GPS from supporting their patients in this way is wrong

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:43:42 AM

To the Medical Board of Australia,

I support Option 1.

I am a cancer patient Stage 4 and during the course of my treatment the value of complementary medicine support has been extremely supportive in helping to mitigate side effects of chemotherapy and radiotherapy, in managing and minimising pain, in dealing with mental health trauma of chronic illness and huge change
Integrative and complementary Medicine is essential for my quality of life
If restrictions on these types of medicines was in place I would be a much greater cost burden on the system as I would still need 24 hour hospital care
What was in the past integrative and complementary medicine is often now mainstream after research has shown its effects for example the efficacy of exercise programmes in cancer
The cancer council itself is currently helpful in giving information about complementary medicine support
To restrict that for people with cancer is needlessly cruel and restrictive

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 8:33:01 AM

To the Medical Board of Australia,

I support Option 1.

As an older Australian, who has been taught to respect healing, whether it is conventional or alternative. I would like to object to our choice of healing being denied to us because it doesn't comply to what one section of the medical sciences decrees. We have a choice about the medical treatment we want. Do not take this right away from us.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 10:25:33 AM

To the Medical Board of Australia,

I support Option 1.

We should all have choice of who we want to use for our health care. Normal main stream medicine is failing us everyday. For optimal care other methods have to be considered and we should have the right to choose with out interference from any one.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 8:42 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

My first career was molecular genetics major in immunology worked in research in cancer research and finished that side of my career in neurobiology.

I was chronically ill and toxic from many surgeries.

The time I finally started to get my life on track again was when I became a naturopath, I decided to become my own experiment by seeing what worked in my body.

While for acute and surgeries orthodox medicine has its place but when it comes to chronic conditions and mental health there is a massive gap when it comes to chronic conditions.

As a naturopath who tried a number of alternative treatments with fantastic results and now 25 years later never been healthier.

As a practitioner I work with other integrative Drs where our number one concern is the health of our patient and what works for them.

Is this not what medicine is about????

Leave big pharma agendas out of our care and become the Drs you were meant to be by listening to and working with your patients.

A patient does know what is happening in their bodies, allow us choice to put together the best healing team for each of us individually..

and support us.

Freedom of choice, no one owns my body.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:13:08 PM

To the Medical Board of Australia,

I support Option 1.

Hands off my choice

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 9:50:31 PM

To the Medical Board of Australia,

I support Option 1.

Everyone has the right to choose if they wish to use complementary treatments!!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 10:56:02 AM

To the Medical Board of Australia,

I support Option 1.

The integrative partnership guides and advises patients regarding treatment options. Together, practitioner and patient decide on the best plan of action. In the management of chronic diseases, attention is placed on meeting the patient where they are at the moment. By addressing obstacles to lifestyle changes and treatment adherence, there is a higher likelihood of success with the recommended therapy.

It is a personalized medicine

Recommendations may vary in integrative treatment plans according to each individual's unique situation. In tailoring treatment plans to individual needs, practitioners scrutinize the literature often using the scientific method to evaluate alternative therapies the same way as traditional therapies. Integrative assessments are highly personalized. Patients are asked about everything from environmental exposures to personal relationships. All factors are considered when determining whether or not an individual stays healthy.

By combining allopathic treatment options along with traditional ancient natural medicine, a treatment plan is developed that utilizes the least invasive and most cost-effective therapies first. Attaining a sense of "well-being" is especially important in cases where cure is not always possible. Most integrative providers prescribe treatments amenable to scientific investigation. However, patients are not dissuaded from using certain treatments as long as the proposed remedies are proven to be safe.

I believe that the integrative approach is The medicine which would help improving the quality of life and create a good sense of "well being".

Thank you,

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:46:45 PM

To the Medical Board of Australia,

I support Option 1.

I don't know where I would be without my doctor applying integrative medicine. He was aware that my adrenal system was shot and helped rebuild it for me: unfortunately I developed fibromyalgia prior to his diagnosis so he was concerned with reducing inflammation and keeping my cortisol levels as low as possible: He incorporated herbs and natural supplements from pharmaceutical/naturopathic brands which my body recognised and responded to promptly and without side effects. This in turn reduced my need for prescriptions and helped me stop antidepressants and pain killers. I am now under the care of a naturopath who continues to consult and upkeep the natural supplements and my body is responding well. I'm concerned for others who may not be as fortunate as me that my doctor could see what I needed. Doctors without integrative medicine training would simply handball cases like mine to antidepressants and pain killers as they simply wouldn't be aware what can be done to support the body to reach homeostasis. I feel moving forward this should be available for all patients for all walks of life. Being a mother of three young children at the time I was so worried about how I could maintain my family and my mental state whilst being in so much pain and anxiety. Meds weren't the answer. Going to the root and supporting my body was and I'm so grateful I had a kind doctor who genuinely cared. Proud to say I'm not on any meds and am in control of my body and health and know my boundaries and triggers. Please don't deprive people the choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:47 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

People must be allowed their right to choose their own medical treatment, including complimentary therapies. I can't even believe I have to sign a petition to reflect this.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 8:26:20 PM

To the Medical Board of Australia,

I support Option 1.

Get your head out of the sand

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:32:58 AM

To the Medical Board of Australia,

I support Option 1.

Personal choice of health care regimes including preventative measures such as complimentary therapies should be available within a democracy. Health care should practices should be as diverse as the people they heal.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:39:57 PM

To the Medical Board of Australia,

I support Option 1.

My gp currently supports my chronic health condition with a variety of pharmaceutical and integrative options which have kept me well enough to work after many years of being housebound due to rigid inflexible and frankly misguided at best support from more "traditional" gp's.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 3:05:08 PM

To the Medical Board of Australia,

I support Option 1.

I only use natural therapies, I rely on it for preventing illness and
I need access to testing for causative factors of illness

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 7:52:19 PM

To the Medical Board of Australia,

I support Option 1.

There is now a wide body of evidence for the use of complementary medicine - particularly the use of nutrients and herbs. To restrict health care professionals from utilising these therapies, is to ignore the myriad of scientific research to support their use. Both efficacy and safety has been demonstrated for the use of numerous herbs and nutrients and to deny the proper prescribing and monitoring of patient's using these therapies, will ultimately lead to patients self prescribing and potentially doing themselves harm eg. herb/nutrient/drug interactions.

In addition, to restrict the right for patients to choose their care is a violation of an individuals right to decide how they wish to maintain their health and their body.

The blurry line between "conventional" and "unconventional" may ultimately limit viable treatment options which will be of detriment to the well being of patients. While also stifling innovation and breakthroughs in the medical profession.

As such, I support option 1 to keep the current guidelines and maintain status quo.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 10:15:25 PM

To the Medical Board of Australia,

I support Option 1.

Many forms of traditional medicine have been practised effectively for hundreds, some for thousands, of years. The ones being practised in Australia have been shown to have no bad side effects. Other countries allow alternatives to operate along side "conventional" medicine to the benefit of the patient. Patients will want to continue using these treatments. It is better that they can be integrated with treatment offered by "conventional" practitioners.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 1 May 2019 7:21:18 PM

To the Medical Board of Australia,

I support Option 1.

As a patient who has had a Chronic Autoimmune Disease - Acute Subcutaneous Lupus Erythematosus for some 30+ years, I have exhausted most "conventional" treatments. The lupus is considered to be resistant to treatment. The only treatment other than Oral Quatozone that has been effective I developed an intolerance to (bordering on Anaphylaxis) some 5+ years ago. Recently, after some 2 + years on oral doses of Prednisolone at doses of 10+ MG/day, I have now been diagnosed as having crush fractures of my spine and ribs as well as advanced osteoporosis of my left hip. This is a major concern at age 57, that I consider to be still quite young!

I am practising weight bearing exercise and taking calcium and Vit D supplementation. to assist with the osteoporosis

I have recently been consulting with an Integrative Medical Practitioner, while continuing my consultations with my long standing GP (who by the way I am very happy with, and who treats my conditions in a wholistic way, however I understand that her time is limited in the clinical setting) and a recently new Dermatologist.

My options for further "traditional" medical model treatments are now limited to drug therapies that have inherent risk factors. As far as I am aware there are only two options left. Both are expensive and have potential short and long term side effects. Having had reactions and effects from drug therapies used in the past, I have sought additional assistance from my Integrative Doctor.

I believe this "team" works well and, in concert with my Integrative Doctor - who has all the medical qualifications of a medical practitioner - will assist me to achieve optimal health.

Whilst some treatments are not mainstream, there continues to be anecdotal evidence of effectiveness and continuing research that may one day make those treatments mainstream! Please don't disrespect those medical practitioners who might be seeking alternative, perhaps even more economical and less harmful treatments for disease and a path to health!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 1:35:24 PM

To the Medical Board of Australia,

I support Option 1.

I would rather an educated & medically qualified person recommend holistic choices to me than have to rely on Dr Google. A combined approach is common sense.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:17:14 AM

To the Medical Board of Australia,

I support Option 1.

I choose to manage my health with good food, supplements, homeopathic remedies, acupuncture and massage to keep me well.

These prevent a drain on the public purse for maintaining my health.

The big pharmaceutical companies rounds the world now are funding a means to their own end and are manipulating government decision making with a vested interest at heart.

Choice is all important for management of your health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 1 May 2019 6:09:16 PM

To the Medical Board of Australia,

I support Option 1.

As a patient I should be able to choose a medical practitioner who understands the whole body and is able to integrate alternative therapies in order to complement traditional medications. It is my body my choice. To limit this option is to limit my choices. I have had amazing success at combating the effects of combating Hashimoto's disease through the use of supplements such as vitamins and herbs, compounded medication, and traditional thyroxine. We should have more doctor not less that can offer a holistic approach to the body.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have seen several integrative medical practitioners over the last 20 years . For years I suffered with chronic fatigue , I did not go to work in my business for two years I was so ill .Pathology tests indicated I had Epstein bar syndrome. It was only with the support and guidance of my local integrative Dr that I found my way back to health .Using diet , meditation and herbal medicine restored my health . I remain ever grateful , that Dr retired and I have not as yet found a Dr who does not recommend some sort of medication no matter what I am challenged with. MBA please wake up! These Drs are actually helping many many people who choose by their free will to see them . All Drs take a oath to help people don't they ? So why would the MBA potentially impose sanctions or difficulties for these Drs . Wake up MBA ! Listen to the people you are supposed to be serving!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:40:08 AM

To the Medical Board of Australia,

I support Option 1.

Complimentary medicine has been sustainable for thousands of years and have had a great impact on my life. Taking this option away will lead to more sickness and a reliance on pharmaceutical medication and the horrible side effects associated with many of them.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 6:24:58 PM

To the Medical Board of Australia,

I support Option 1.

I ask that you rethink the new guidelines targeting medical doctors who integrate 'complementary medicines and emerging treatments' into their practice. As well as using conventional medicine (there are times when this is the only way to go) I find that many natural therapies are better than conventional medicine for other issues. I believe as much as possible in prevention and that is where natural, holistic medicine comes into it's own. There is so much to lose by placing restrictions on a doctor's use of natural medicine and I fully believe that the cost of providing health care would drastically increase for the government if THESE GUIDELINES WERE TO STAY IN PLACE

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 11:27:12 PM

To the Medical Board of Australia,

I support Option 1.

Our own choice should always be an option, it's our democratic right. Please don't take integrative medicine away, it can compliment regular medicine. Different things work for different people. Keep our freedom to choose integrative medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:20:11 PM

To the Medical Board of Australia,

I support Option 1.

I believe it is important people have choice when it comes to THEIR healthcare. I have definitely been helped by a variety of 'alternative' practitioners along side Western medicine. When I have done this it has not only improved my health, but also kept me out of using tax-payer funded hospitals. I also support medical doctors being able to work in conjunction with alternative practitioners to provide a holistic approach to whole-of-life health care. This enables all practitioners to work together to improve the overall and long-term health of the patient. I would be very sorry to see this option taken away from all people. Those who don't want to access alternative healthcare don't need to access it, but those who do believe it holds value should be able to access it.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:18 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine is a required and necessary treatment that has been time tested for over thousands of years. To take away this basic right is insanity and leading Australia in to a country whereby our choices are taken away from us. Please make the honorable, sensible and right choice by continuing to allow doctors to recommend complementary therapies, which save lives, target the root cause and improve the health and wellbeing of so many.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 7:25:07 PM

To the Medical Board of Australia,

I support Option 1.

I want to maintain my god given right to chose what type of medicine and who treats me. My choices should not be taken away from someone else. Government or otherwise

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 11:28:25 AM

To the Medical Board of Australia,

I support Option 1.

I have been using traditional medicine for over 30 years to help fight chronic illness. I am only 33 and I have now run out of options. My doctors don't know how to help me. The medicine for my illness have stopped working and I have turned to integrative doctors to help me. Without them I'd be at home, wheelchair bound, with no hope for the future. But that is not the case. I have hope, I have options. I need integrative doctors to help me. Thank you.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 12:04:17 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicines has finally CORRECTED my thyroid dysfunction after taking conventional medications for 15 years. I am a University lecturer and without my current medication (compounded) I will lose my functionality as an academic and every contribution I make as a researcher nationally and internationally. Not to mention how these have transformed my autistic son exceptionally. Removing our right to choose what works for us (as educated individuals who have the ability to decide if their wellness is being affected positively or harmed) is a blatant impingement of our liberties that shouldn't be allowed in an OECD country.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:18:39 PM

To the Medical Board of Australia,

I support Option 1.

The world of health sciences continually evolve, and respectfully, some older treatments have been found to be more dangerous, doing more damage than good. The new generation of practitioners are searching deeply into their ethical oath of Do NO Harm, and with new discoveries and the changing of patients self awareness new therapies are evolving. You can't possibly threaten Doctors if they find their patients complementary treatments that work.

One day when government employees find themselves ill - maybe thru the stress of their job - they will go looking for something to cure their ailments , so there better be people who care out there for them... not just pill poppers that mask the real problems, but good practitioners who have been free to encourage great natural treatments that heal.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 5:57:36 PM

To the Medical Board of Australia,

I support Option 1.

I will not stop discussing my use of natural medicine with my GP. My GP is happy to see the great results I have had with homeopathy and herbal medicines. I am a practitioner for 24 years. Discouraging practitioners from having open discussion with their patients about CAM will have many deleterious results, are you at the MBA are fully aware. Yet another stupid attack on natural therapies.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:39:35 AM

To the Medical Board of Australia,

I support Option 1.

I believe it is every persons right to choose the type of healthcare they want, there is plenty of room for both conventional and alternative medicine and not enough Drs are combining them for the good of there patients. I have been using mostly homeopathic and herbs and vitamins when needed for more than 40 years and I feel at 73 I am far healthier than some that have been on the drug train for years. There are some instances where drugs have helped more and most people who combine are more than happy with that arrangement. Please don't give in to the big drug companies pushing this, they are making billions, leave our choices for us to make not someone behind a desk being persuaded by multinationals.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:46:29 PM

To the Medical Board of Australia,

I support Option 1.

I support option 1 for medical practitioners to provide a holistic approach to healing!

Modern medicine kills and keeps people sick.

We need healers not dealers!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:59 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It should be left up to people to decide what choices they make regarding their health. I am sick of out of touch beaurecrats dictating this to the population- all to make a dollar!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 8:36:35 PM

To the Medical Board of Australia,

I support Option 1.

As I worked as a RN, I saw so many cancer patients who suffered side effects such as diarrhea or mouth ulcers. After I learned herbal medicine and nutrition, I believe that there are so many things which we could have done for them to support the healing process. There are many patients who cannot feel better with current prescribed drugs. Complementary medicine can support their energy and life.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 15 May 2019 11:00:52 AM

To the Medical Board of Australia,

I support Option 1.

I strongly feel the need to request that no change be made to current guidelines please. As a parent of a child with special needs I have found supplements such as vitamins, herbs and amino acids to be of great value in improving the quality of life of my child. I believe everyone has the right to easy access and information regarding these vital interventions. Patient choice needs to remain as it currently is!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:30:20 PM

To the Medical Board of Australia,

I support Option 1.

I value the freedom of choice and information when managing my chronic health conditions. We should not be limited in seeking all ways in which to live a full and healthy life by any means possible. A holistic approach to managing health is the only way forward to decrease the massive strain on the health system as a whole.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 10:43:19 AM

To the Medical Board of Australia,

I support Option 1.

I have had experience in non-conventional medical assistance over the years which has helped greatly with the effects of a massive right-sided stroke.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 6:18:32 PM

To the Medical Board of Australia,

I support Option 1.

Please do not alter the current ability of doctors to use or refer me to alternative therapies, unless you widen their ability to do so. What we think of as fringe at the moment may be seen differently in the future, by closing that door the medical system will never find out.

I have seen huge benefit personally from my GP's willingness to explore with me when a diagnosis of auto immune disease was given.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 9:41 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

My body, my disease, my choice to choose what's best for me!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:29:01 PM

To the Medical Board of Australia,

I support Option 1.

I believe we should have the right to choose what practitioners we visit for our health needs and not be dictated to by a Medical Board. Sometimes orthodox medicine alone does not fix health concerns, it only masks them. I myself prefer a holistic approach and have found alternate medicines very beneficial.

Conventional 10 minute consultations do not allow the doctor time to discuss health concerns in detail with relevant treatment plan, they are all too quick to write out a script.

I work in a veterinary clinic and our vets take more time with their patients than most doctors do with theirs.

Please allow me to make my own educated choice about what health practitioner I visit.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 6:53:09 AM

To the Medical Board of Australia,

I support Option 1.

I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines

For myself and my family, Complementary medicine has provided answers and cures where conventional medicine has not. My initial contact came about when I had been told by a conventional specialist that my only option was surgery which would probably leave me unable to have children. With the help of a natural therapist I was able to cure the problem without surgery and went on to have 3 healthy children (much to the specialist's surprise). The number of times I have found answers in complementary medicines where conventional medicine has fallen short have been too numerous to list. This in turn has reduced our usage of hospital stays and other more expensive medical interventions.

To put measures in place which minimize people's choices and access to complementary healthcare is to have a very blinkered view of medicine. Any practice that exists with a tunnel vision of healthcare should be considered ignorant if not dangerous to the human wellbeing. As an evolving species with evolving healthcare needs we need to be open to finding answers in new and past wisdom. A progressive rather than insular view is essential.

It is imperative that the MBA do not impose restrictions on integrative medicine. To say that one view of medicine has all the answers is a kind of small minded cultural elitism which appears steeped in political, fiscal, and power mongering agendas. The bodies put in place to protect the health and well-being of people should maintain an open-minded and progressive view of healthcare which maximizes opportunities and choices for healthcare and a growth mindset within all medical practices. As our world view expands, we must embrace the idea that there is not just 'one' right way and protect people's right to have choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 10:28 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Alternative Medicine has helped me overcome anxiety and recover from cancer. Integrated medicine supports finding the best solutions for positive outcomes

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:30:18 AM

To the Medical Board of Australia,

I support Option 1.

Stress is a major factor in mine and my family's lives. Acupuncture is a very effective way to help reduce my stress levels.

Due to childhood injuries I am unable to do conventional exercise like gym based exercises. But a more gentle approach such as Pilates led by Physiotherapist is very beneficial for me in both the short and longer term of my physical ability and strength.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 8:30:30 PM

To the Medical Board of Australia,

I support Option 1.

My wife has benefited hugely from an integrated healthcare approach for a chronic condition.

I am very concerned that the proposed changes would make this type of treatment impossible.

It makes sense for medical professionals to consider diet, exercise, supplements, and other options (ie not just a pharmaceutical solution) when assisting patients.

Thank you

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 5:16:52 PM

To the Medical Board of Australia,

I support Option 1.

The naturopathic assistance I have had in the last 2 years has been critical to my wellbeing and needs to remain unchanged. The practitioner only medicines I have used periodically have been paramount to my health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 6:30:07 AM

To the Medical Board of Australia,

I support Option 1.

Wow, this is getting ridiculous. We want to be able to choose, not to have our own health care dictated to us. A Dr who embraces a broad spectrum of treatment/preventative measures makes me feel more comfortable in that they are willing to explore possibilities, tend to be less judgemental and in general are the practitioners who actually care about their patients well-being.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 9:43:26 AM

To the Medical Board of Australia,

I support Option 1.

Please stop trying to tell me who I can and can't see when it comes to my healthcare. Stop assuming that I am ignorant when it comes to my body and it's needs. And before you winge about having to pick up the pieces due to my assumed ignorance and me becoming a burden to your health care system I want to say I am in my mid sixties and one of only a few people my age I know who is NOT on any medication or fighting any chronic disease thanks to complimentary and integrative medicine. Why aren't you encouraging doctors to promote health over disease, why aren't you giving incentives to those who do or those who dare to take the time to educate their patients on how to remain healthy (AKA integrative and complimentary practitioners) ...think of the money the Government would save if that were the case. Think about how many beds would be freed up in the hospitals if doctors could spend more than 10 minutes with their patients and had time to really educate them BEFORE chronic disease set in.

Why wouldn't I choose to see a practitioner that dares to spend more than 10 minutes with me or a family member in order to understand OUR needs. The education and information I have received during consults has been life changing. Stop being so scared of competition. Stop the ranting and dare I say look in your own back yard, clearly your system has its faults. So many orthodox remedies and treatments prescribed by doctors have been detrimental to public health with hospital admission and deaths from orthodox prescriptions/treatments far far far outweighing any injury caused by natural substances prescribed by TRAINED complimentary/ integrative practitioners. Lastly get your facts right, for the remedies that I have used in the past there is an abundance of evidence/research in reputable medical journals indicating their benefits for anyone that bothers to look. Please just stop the witch hunt.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 3:08:16 PM

To the Medical Board of Australia,

I support Option 1.

To: The Medical Board of Australia
From: [REDACTED]
Date: 28/06/19

Consultation

I, [REDACTED], appreciate the opportunity to participate in providing comments on the Medical Board of Australia's recent public consultation on clearer regulation of medical practitioners who provide complementary and unconventional medicine and emerging treatments.

It is noteworthy the MBA has undertaken an open and transparent consultation with all stakeholders to allow a considered and impartial document to be produced. I support the MBA continuing with its current code of Good Medical Practice, rather than producing an additional guideline document as an outcome of this consultation.

Question 1 – Do you agree with the proposed term 'complementary and unconventional medicine and emerging treatments'? If not, what term should be used and how should it be defined?

- Grouping the practice of integrative medicine (IM) with phrases 'unconventional medicine' and 'emerging treatments' implies that IM is fringe rather than an evidence-based and vital adjunct within the practice of healthcare.
- Grouping three disparate areas together in this proposal – complementary, unconventional and emerging is not scientific, and incorrectly aligns each area with the same degree of potential harm or risk.
- The inclusion of the umbrella term 'complementary medicine' in the proposed guidelines without an accepted definition presents a further problem. Internationally-recognised and nationally accepted definitions should be used in the proposed document being consulted on by the MBA. The definitions should be agreed to be government and key stakeholders from representative industry bodies such as the Therapeutic Goods Administration (TGA), Complementary Medicines Australia (CMA), the National Institute of Complementary Medicines (NICM) and the Australasian Integrative Medicine Association (AIMA). Current definitions include:

Definition of complementary medicines by the Therapeutic Goods Administration (TGA)¹

In Australia, medicinal products containing such ingredients as herbs, vitamins, minerals, nutritional supplements, homoeopathic and certain aromatherapy preparations are referred to as 'complementary medicines' and are regulated as medicines under the Therapeutic Goods Act 1989.

Definition of traditional and complementary medicine by the World Health Organization (WHO)²

Traditional medicine (TM):

Traditional medicine has a long history. It is the sum total of the knowledge, skill, and practices based on the theories, beliefs, and experiences indigenous to different cultures, whether explicable or

not, used in the maintenance of health as well as in the prevention, diagnosis, improvement or treatment of physical and mental illness.

Complementary medicine (CM):

The terms “complementary medicine” or “alternative medicine” refer to a broad set of healthcare practices that are not part of that country’s own tradition or conventional medicine and are not fully integrated into the dominant healthcare system. They are used interchangeably with traditional medicine in some countries.

Traditional and complementary medicine (T&CM):

T&CM merges the terms TM and CM, encompassing products, practices and practitioners.

Definition of Integrative Medicine by Australasian Integrative Medicine Association (AIMA).³

Integrative medicine is a philosophy of healthcare with a focus on individual patient care. It combines the best of conventional Western medicine with evidence-based complementary medicine and therapies.

Integrative Medicine reaffirms the importance of the relationship between practitioner and patient, focuses on the whole person, is informed by evidence, and makes use of all appropriate therapeutic approaches, health care professionals and disciplines to achieve optimal health and healing.

It takes into account the physical, psychological, social and spiritual wellbeing of the person with the aim of using the most appropriate, safe and evidence-based treatments available.

- There are many definitions of “integrative” and “complementary” healthcare, but all involve bringing conventional and complementary approaches together in a coordinated way. These definitions should be considered to be harmonious with national and international terminology.

Question 2 – Do you agree with the proposed definition of ‘complementary and unconventional medicine and emerging treatments’?

- These terms ‘unconventional medicine’, ‘inappropriate use’ and ‘emerging treatments’ are not adequately defined which creates ambiguity and uncertainty.

- The term ‘complementary medicine’ also includes access to traditional medicines which is defined as a basic human right in Australia and by the World Health Organization.

- The amalgamation of three disparate groups into a single definition incorrectly implies they have many commonalities, which they do not. The only apparent component of the definition that provides cohesion is that the MBA sees these practices as non-conventional. This makes the definition political and therefore not scientific as it revolves around the concept of what evidence based medicine is in this age of evidence-based practice.

- More than two thirds of the Australian population use complementary medicines as a part of their self-care,⁴ and it’s estimated that one third of general practitioners incorporate some aspects of complementary medicine within their medical practice, therefore it could be argued that this constitutes current conventional medicine. The MBA would need to define conventional medicine to ascertain if this political definition has validity. The lack of clarity on how to determine what is ‘conventional’ versus ‘unconventional’ can be misused by people with professional differences of opinion.

- Complementary medicines, for the purpose of this consultation should be defined as, medicinal products containing such ingredients as certain herbs, vitamins and minerals, nutritional supplements, homoeopathic medicines and aromatherapy products and are regulated as medicines by the Therapeutic Goods Administration (TGA) under the Therapeutic Goods Act 1989.

- The terminology used should be nationally and internationally

accepted, and agreed to amongst various industry stakeholders as outlined in response to Question 1. This assists in adopting a standardised process that can be transferred across different states and territories of Australia as well as internationally. Such standardised terms provides ease of communication across different frontiers.

Question 3 – Do you agree with the nature and the extent of the issues identified in relation to natural medicine practitioners who provide ‘complementary and unconventional medicine and emerging treatments’?

- There is no evidence produced in the discussion paper that quantifies risk or relative risk in practicing complementary medicines.
- Complementary medicines as defined in response to question 2, are regulated by the TGA and are low-risk under the therapeutic goods regulatory framework⁵ and must be articulated separately from treatments or other alternative therapies for the purposes of this consultation.
- The reporting of Adverse Drug Responses (ADRs) via the Therapeutic Goods Administration shows that only 1% of ADRs are from complementary medicines, suggesting that the relative risk is low and does not warrant the proposed guidelines. These figures are reflective of similar patterns of adverse events reported in Singapore (considered by the TGA to be a comparable overseas regulator). According to a retrospective study of reported adverse events due to complementary health products between 2010 and 2016, only 0.6% were associated with complementary health products – with the remainder linked to chemical drugs, vaccines and biological drugs. This further reinforces the relative low risk of these forms of therapies.⁶
- The World Health Organization’s Traditional Medicine Strategy 2014-2023 devotes attention to prioritising health services and systems including traditional and complementary medicine practices and practitioners.⁷ Therefore the proposed guidelines could be perceived as being contradictory to the aims and objectives of the WHO strategy, violating the human rights of all Australians, particularly indigenous peoples.

Question 5 – Are safeguards needed for patients who seek complementary and unconventional medicine and emerging treatments?

- All aspects of the proposed guidelines are adequately covered through the existing “Good Medical Practice: A Code of Conduct for Doctors in Australia” as seen by the detailed analysis in Appendix 1, performed by the Australasian Integrative Medicine Association (AIMA) and included in their letter to Dr Anne Tonkin on 20th March, 2019.
- The structure of the proposed guidelines which specifically divides the scope of intent into “guidance for all registered medical practitioners” and then “Guidance for registered medical practitioners who provide complementary and unconventional and emerging treatments” creates a two-tiered divisive system which is open to being challenged, onerous, restrictive and anti-competitive. This may in turn, impact service availability, additional costs to the patient, and restriction of consumer choice.
- A review conducted by the Australasian Research Centre in Complementary and Integrative Medicine, based at the University of Technology Sydney, determined that two thirds of complementary medicine users don’t inform their healthcare provider about their use.⁸ This was linked to the patient’s perception of the level of knowledge and acceptance by their healthcare provider, and to their fear of being judged. By enforcing an additional set of guidelines the implication is that these therapies are ‘unconventional’ which could serve to further perpetuate this consumer concern. This in turn,

presents safety implications whereby the lack of disclosure could lead to unwanted side effects, nutrient/herb/drug interactions, or reduced treatment effectiveness. These are all risks that can be easily managed if the patient feels comfortable and is encouraged to share their use with all of their healthcare professionals. As the code highlights there are many ways to practice medicine in Australia, reflecting a linguistically and culturally diverse society of which the core tasks of medicine are caring for people who are unwell and seeking to keep people well.

Question 6 – Is there other evidence or data that may help inform the Board’s proposals?

There is additional concern that the proposed guidelines have not been developed in conformance with COAG principles for best practice regulation as there is no evidence presented in these guidelines on the ‘magnitude (scale and scope) of the problem’, there is no demonstration that the current guidelines are inadequate nor any cogent argument given as to the need for additional regulation. Also of concern is the Board’s attempt to pre-justify a preferred solution stating ‘the Board prefers Option 2’.

Conclusion

We support that the current regulation (i.e. the Board’s Good Medical Practice) of medical practitioners who provide complementary and unconventional medicines and emerging treatments (option 1) is adequate to address the issues identified and protect patients. The proposed guidelines are unnecessary and provide no added value in terms of patient safety or clarity of practice for doctors.

I appreciate the MBA consideration of the points I have raised in this document and look forward to a positive outcome where the final document represents the comments and concerns from all stakeholders including those shared here.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular box redacting the signature of the author.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 10:31:46 AM

To the Medical Board of Australia,

I support Option 1.

As a child that grew up with chronic health conditions, I'm a strong advocate for integrative and complementary medicine and practitioners. When conventional doctors could provide no relief, exploring other options to support wellness made a huge difference to my life, and that of my family.

For the last 19 years my mother has been dealing with metastasized kidney cancer, and her integrative physician has helped her manage side effects of her ongoing treatment. It would be a loss for the whole community if these services were no longer available.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:28:48 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative and Complementary Medical Practitioners, as a right of free choice, in the democracy that we live in. I use Integrative and complementary medicine as part of my holistic approach to my health and well being. By imposing restrictions on Integrative Practitioners, you also imposing restrictions on me and my choices for a better health outcome, and that is unfair

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 21 May 2019 6:46:25 PM

To the Medical Board of Australia,

I support Option 1.

The human body is a complex system working together like a well oiled machine when we are in perfect health. When the slightest thing is not so well oiled, the body does not work so well. But the reason could be anything. Conventional medical treatments are focussed more on "fixing" the symptoms, often only by masking them, rather than finding the true root cause and properly understanding all the systems and chemical pathways in play. We are learning more and more every day about how epigenetics makes us even more unique than we thought we were and highlighting the need for a more individualised approach to health and wellness.

This can only be achieved by allowing practitioners who wish to practise on this basis, to do so, in peace. No patients are forced to attend their practices or follow their recommendations.

For most of my life I have combined western and "alternative" ideas and methodologies in the maintenance of my and my family's health.

I would have thought living in a free world, we would have been able to make our own decisions about our own bodies but every day we seem to be losing that right in many ways.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 1:11 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have been to three GP's looking for answers of why I wasn't sleeping, had numerous medical issues and their only answer was to give me anti depressants and sleeping pills after seeing me for all of 10 minutes. I continued looking my fourth doctor (an integrative GP) FINALLY found answers & put me on the right track with supplements & diet which means I will likely be able to work. IF it wasn't for this doctor I would probably not be working, sleeping or functioning as a human. This all works hand in hand with ending up on government payments, paying taxes etc. Pharmaceuticals aren't always the answer.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 7:32:41 PM

To the Medical Board of Australia,

I support Option 1.

We need freedom to choose.

If drugs were the answer we would not have so many sick people.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 9:26:11 PM

To the Medical Board of Australia,

I support Option 1.

Allowing integrative healthcare to continue provides the best opportunity for open discussion of options between doctor and patient. This will likely also provide the best opportunity for positive healthcare outcomes which consider the individual circumstances and what works for that individual.

No medical trial covers all people, backgrounds and circumstances and the relationship and open communication between doctor and patient of all available options is essential.

When I suffered from Erythema Nodum and severe allergies it was integrative and complementary medicine which facilitated my recovery and/or reduction of symptoms (following earlier attempts with mainstream medicine). In these cases acupuncture, naturopathy and homeopathy were key to my recovery and continued better health. If my doctors had not supported these attempts it would likely have resulted in far more sick days and loss of productivity.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 3:30:15 PM

To the Medical Board of Australia,

I support Option 1.

Save the time and effort to develop plans on how to bar any small businesses that do not serve Big Pharma! People, incl myself, will always choose the natural way of health care above the sick care industry. You'll only push natural medicine underground! And since nature is still all around us the natural way cannot be suppressed.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 9:04:33 PM

To the Medical Board of Australia,

I support Option 1.

I strongly support the use of complimentary and integrative medicines.
They have helped me a lot with my health and I have seen a lot of
people benefit from them. We need to let patients have a choice.
Integrative medicine is the only help some people get where
conventional medicine has no answers.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 8:34:44 AM

To the Medical Board of Australia,

I support Option 1.

I and my family have been treated by some excellent wholeistic doctors over the years. I want that choice to remain.

More and more research and evidence is coming out that the gut and food has a major impact on health. I have seen this in our own family clearly. Doctors with knowledge in alternative healthcare are vital. Longer consultations are often required to understand the issues.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 1 May 2019 12:55:02 PM

To the Medical Board of Australia,

I support Option 1.

I have had a long term very debilitating health condition since 1986. The treatments offered to me by standard medical practitioners such as doctors, rheumatologist and physiotherapist were completely incorrect and totally disabling.

Modern standard medical treatments are truly ignorant of a vast number of health conditions that humans can get. As a result of the misdiagnosis and consequent incorrect treatment of my condition I became far worse than I was, completely disabled, unable to work and unable to look after myself. To say that our standard medical treatments are superior to other natural medical practices is false.

Natural therapies have given me an alternative approach as to how to manage my own health condition and given me much more support. I believe a good combination of both standard medical treatments and natural therapies has given me the better outcome overall.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 10 June 2019 2:56:42 PM

To the Medical Board of Australia,

I support Option 1.

Ancient civilisations such as the Chinese and Indian cultures have developed health support practices which are extremely effective with little to no side effects (this is said from personal experience). Western medicine is by comparison a very young and immature field and is becoming increasingly compromised by the influence of large companies with profit as their motif. It would be tragic for Australians (not to mention the removal of a key freedom of a democratic society), if integrative medical practitioners were to have substantial strings removed from their bow of support services for the Australian community. Many of the complementary practices have a preventative component to them thereby reducing the impact on the government health spend, and contributing positively to the Australian budget. Please do not go down the American path. Australians deserve better. Leave the current guidelines as they stand.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 8:46:24 AM

To the Medical Board of Australia,

I support Option 1.

I believe its up to the individual doctor to provide their patients with as much information regarding their health as possible. This may or may not include so called alternative medicine, as long as it benefits the patient who cares and its none of the MBA's business to stick their nose in

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 12 May 2019 2:57:08 PM

To the Medical Board of Australia,

I support Option 1.

Dear Sirs/Mesdames

Complementary medicine is alive and kicking around the globe. It has a legitimate base in the health care of any modern western society.

Putting restrictions on practitioners of integrative medicine is narrow-minded and setting back the evolution of medicine. Its action is akin to the catholic church excommunicating Copernicus for announcing that the earth moves around the sun; that coal is the only energy option for Australia; that men are superior creatures to women. It does not belong in a caring, intelligent, and evolving society like Australia.

Please reconsider and, furthermore, put research and support in place for practitioners of integrative medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 9:35:15 AM

To the Medical Board of Australia,

I support Option 1.

Medical Board Submission

Regarding the public consultation on clearer regulation of medical practitioners who provide complementary and unconventional medicine and emerging treatments

As an Australian citizen I feel it's important that I have the freedom of choice in the type of medical care that I use to address my chronic health issues.

I have been suffering from recurring chronic inflammation since a tick bite in November of 2016.

Conventional medical doctors have not been able to successfully treat my condition(s) and bring me to a satisfactory level of health.

After many incorrect diagnosis and wasted Medicare funds and resources I was left to do my own research to regain my health.

This research lead me to an integrative medical doctor who included modern medicine, lifestyle change, diet and supplements of vitamins and minerals to address my problems. My condition began to improve over a 3 month period and I was able to return to my business and drive again.

My condition will stay with me for life and is one I need to manage.

If I cannot see an integrative doctor, or the Doctor is restricted in what he or she is able to prescribe for me, I feel that my health will deteriorate and have a continuing impact on my family, my business , and my wellbeing.

I ask that the Medical Board of Australia consider my request.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:29:13 PM

To the Medical Board of Australia,

I support Option 1.

I was diagnosed with Hashimotos years ago and was treated by many conventional GPs for years without any results. As a matter of fact, I only got worse under their care. It was only when I started to see an integrative Health GP who was intelligent enough to run pathologies outside the standards testing that most GPs consider, and was treated holistically that I started to see a major change to the improvement of my health. Through prescription of natural supplementation and change to diet, and stress management (can I say, most conventional GP wouldn't administer because it means that they have to think outside the square and literally take their conventional medical blinkers off. Yes, that's right, we are not all the same and therefore we are not all going to respond the same way to meds and conventional treatment especially in the case of hashimotos) I was able to go into remission. Had I stayed on conventional treatment, I would still be sick and heading down a very slippery slope to develop other autoimmune conditions. Conventional medicine contributed to my disease. Now it time for the medical board to open it's eyes and Accept that holistic medicine is necessary and needs to be well integrated in main stream medicine to heal the sick. Medical professionals have sworn not harm. So please stop harming and start healing and allow for holistic and integrative medicine to grow improve in this country and allow for these services to be subsidised. There is an alarming number of the population being diagnosed with autoimmune conditions because of expose to chemicles and inappropriate conventional treatments. Conventional medicine needs to change! We need to stop big pharma pushing their agenda and continuing to poison the population.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 6:22:18 PM

To the Medical Board of Australia,

I support Option 1.

I have personally benefited greatly from holistic health care providers who treat the cause rather than effect of illnesses and and wholeheartedly support doctors' right to provide new and innovative practices. I consider that it is my right to choose who will treat me, not the Governments or a professional indemnity insurer!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 2:08:15 PM

To the Medical Board of Australia,

I support Option 1.

I fully support the availability and provision of functional and integrative medicine, together with the inclusion of other 'complementary medicines and emerging treatments' in Australian medical practice.

As research uncovers so much more about the function of aspects of 'total' health and well-being, new discoveries should be integrated into the information provided to 'consumers'/clients/patients.

Rather than facing restrictions on treatments they currently offer that are not considered "conventional" medicine, Integrative practitioners should be given increased opportunities to share their knowledge, methods, supplements and treatments.

The complementary medicine and natural therapies sector deserve more respect and support, not less.

Chiropractic, osteopathy, Oriental/Chinese medicine, acupuncture (TCM) practitioners and Bowen Therapy are not 'fringe' therapies and modalities for many Australians, but integral to our health regime. Patients should not be financially disadvantaged because they choose functional, integrative and alternative modalities for their health needs.

Diagnostic consultations may take considerably longer than the 'short' appointment often offered by conventional medicine practitioners.

I – and many others – prefer and deserve the more in-depth consultations and individualised treatment plans offered by some conventional doctors and most 'alternative' practitioners.

Many highly respected medical practitioners and researchers have gained advanced knowledge of the human genome and microbiome that must be made available to prospective patients, especially those who desire enhanced understanding and wish to make informed decisions about treatments recommended for THEIR bodies, minds and overall well-being.

Throughout my life I have benefitted from access to alternative therapies. As a young child I suffered severe asthma. Our family doctor treated me with the medications of the day. My parents took me to an 'alternative therapist' whose heat, massage and manipulation treatments overcame my asthma attacks and symptoms permanently – the doctor's medications could not and did not achieve this!

Imposing restrictions on any or all of these practitioners and the modalities they use seats inordinate power and control in the hands of conventional medicine.

Functional medicine and alternative therapies have much good to offer us. Unpopular as this perspective may be, it is time to kick 'Big Pharma' and be totally honest with the Australian population – namely there is much more to health and well-being than what we are currently 'fed'.

Come on Minister, give us a HEALTH SYSTEM, NOT a medical system!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 1:43:39 PM

To the Medical Board of Australia,

I support Option 1.

"Conventional" medicine is brilliant for certain things but doesn't do a lot for increasing wellness when you're simply "not feeling yourself". This is where holistic maintenance programs involving supplements, diet and energy work (acupuncture etc) come in. Without proper guidance from an expert the average consumer of supplements etc can go sideways or backwards with self diagnosis and prescription. Integrative doctors, holistic health practitioners, and western medical practitioners are all essential for a well balanced healing approach and healthy community.

Without homeopathy and acupuncture I would never have recovered from the ill effects of misprescribed antibiotics which tipped my system over the edge and caused months of agonising health issues.

GPs do not have the time to get to know a whole person. They only deal with symptoms and not the cause. But they are great for diagnosis... up to a point.. as they don't have access to many of the state of the art testing facilities that private laboratories offer. Neither do they have the time to research anything outside of what the pharmaceutical and medical technology industries choose for them to see. It's an unbalanced system.

Please don't squeeze the expertise and devotion of our communities healers. This would be a crime against humanity.

Thank you.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:52:27 PM

To the Medical Board of Australia,

I support Option 1.

I absolutely support option 1, how appalling that the mba thinks this way!! Absolutely disappointing!! You all know better and should ashamed of yourselves.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 5:11:49 PM

To the Medical Board of Australia,

I support Option 1.

I have been harmed by conventional medical and surgical treatment and needed to find other options.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 11:03 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support the right to choose integrative & complimentary medicine. My own personal mental and physical health have vastly improved during the past few years of using integrative and complimentary medical practitioners in ways that had previously shown little to no improvements. Conventional medicine has only been able to treat difficult and unmanageable symptoms as they arise, rather than finding and treating the root cause.

After healing with Integrative medicine, I very rarely need attend a General Medical Practitioner for anything. I have been supported integratively through recovery from both anxiety and a severe back injury with nerve damage. When surgeons and specialists told me there is nothing more they can do, I turned to alternate therapies and experienced steady improvements to my health.

Having choice is important for people managing their health. Anyone who doesn't want complementary medicine can easily say no thank you and take the conventional route. Those who do want it should be able to easily access it and be supported by such professionals if they choose. Particularly those offering long consultations to complete diagnostic analysis and find the root cause to health problems rather than a quick bandaid that leads to more and more symptoms.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 9:12:20 PM

To the Medical Board of Australia,

I support Option 1.

I have been using integrative medicine for my sons health and my own health for almost 2 years now and neither of us have felt better!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:39:09 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medical approach has given our family a positive outcome, after spending hours of time and money with little to no understanding or progress or cure.

A different approach has educated us thus enabled us to move into a healthy balanced life.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 8:01 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Good morning to the Medical Board of Australia,

I am writing to express my sheer horror that Australian patients right to choose how they wish to navigate their health concerns may be taken away from them.

I have been a nurse, having the privilege of working alongside a brilliant Integrative and regular GP for several years. We practice in a way that is wholistic, providing patients with full choice and full care for their health conditions and concerns. Our consultations are extremely thorough, we even measure our patients BP the old fashioned way, however, we certainly are very innovative and precise with our patient assessment and health prescriptions. Due to our pedantic and particular attention to EACH and EVERY patient, we see our patients getting well, maintaining wellness and encouraging their loved ones to also seek this type of care.

It would not make sense to take this away from our patients. Why would you?

I have studied further myself within this field and the supporting research and studies are loud and clear in determining what is helpful and where further investigation may be necessary.

I have found the Doctor that practice in this manner are highly intelligent, and ahead of their time. These are Doctors of the future, but how fortunate we are to have access to them in the present.

If your family or loved one became ill (and this is a given in our current state of health) and regular GPs were not able to give your loved one what they needed, nor had the skills to investigate further or make lifestyle changes, wouldn't you approach a Doctor that had experience in Integrative medicine to see how wholistic care can help them?

When I was doing my Masters in Nursing, we learnt that Wholisitc care is full patient care. It involves many health care practitioners sharing one patient.

If you take away our Integrative care, you are taking away full patient choice. You are taking away full wholistic care. You are creating further burden on our overburdened health system. Medicine NEEDS to step up and forward, to step backwards would be a disaster.

I would seriously consider leaving nursing if this occurred as my passion for Integrative Medicine would be squashed.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 10:26:35 PM

To the Medical Board of Australia,

I support Option 1.

I strongly support option 1.

For the first half of my year, conventional medicine did a great job a trying to manage many symptoms of mine, but it wasn't until I discovered complementary medicine - osteopaths, naturopaths, homeopathy, acupuncture to name a few that I was able to get to the root cause of these symptoms and cure them.

I believe it's important to maintain the current access to integrative GPs because they have the training and skills to diagnose but can then offer a wide range of treatments, giving the patient, the choice to create a treatment plan that is best suited to them. That could include conventional medicine, along with complimentary. The point is, they get offered the choice.

I can think of three times that a conventional GP wasn't able to help me to cure a symptom or illness. Although there's been more since these three, these first three were what opened my eyes to a different way of wellness.

1. Painful muscle cramps - especially in the legs and toes that would wake from my sleep or cause me to find the nears pool edge when swimming... symptoms started when I was Primary school age... cured/managed in my 20's when a naturopath advised a magnesium deficiency was at cause.. Magnesium supplements and topical oil now are my on going ally in muscle cramps.

2. Cracks in the corner of my mouth (Angular cheilitis) - very painful, they would flare up every winter, no amount of vaseline was curing it (which was my Dr's advice) going to the dentist was agony, as was most things that required opening my mouth... such as eating. Started late teens into my early 20's. Cured mid 20's when a naturopath told me the cause was a vitamin deficiency, most notably vitamin B and that either a complex B supplement, or simply adding pumpkin or sunflower seeds to my diet would address this. And it did. I have only had one reoccurrence of this, post my second child when I was breast feeding and not looking after myself enough.

3. Sinusitis - oh that was awful, I had it for two weeks, severely block nasal passage, couldn't blow my nose, had awful headaches and pressure in my sinus like you wouldn't believe. 3 trips to my GP, taking al the antihistamines I was allowed, no joy... the same naturopath that cured 1 and 2, she recommend a homeopathic remedy.. Kali Bich - never having heard of homeopathy before, I gave it go, as I was desperate. Within 15 mins, it was a miracle, my nose started running, I could blow it again, the pressure released, fully cured after 24 hours.

I was fortunate that these three instance, actually were all because I happened to meet a naturopath at my workplace and she Kindly offered me some free advice because she could see me struggling.

This was the beginning of my journey to health, and I've barely been inside a conventional doctors office since.

Had my GP had the knowledge of some of these alternatives, I would have gladly followed their advice. I couldn't believe that these three things were so quickly identified and resolved.

It is my great hope that you hear my story and that of others. I want the choice to be able to go to a trained practitioner who can diagnose, prescribe and manage any treatments I and my family need.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature area.

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:35 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative care has tremendously helped myself, my family , my friends & my Patients. This is a horrible breach of patient care to not have natural treatments available to patients.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:16:36 AM

To the Medical Board of Australia,

I support Option 1.

I should always have control of how I approach my health care and should have the choice to choose what doctor I want and the medical treatment I need ... I whole heartily believe and have faith in integrative health after becoming very ill and no conventional doctor being able to give me any options or reason for my issues. A wonderful integrative GP looked out side the box and found my problem without her I would not have the health I have today... We now monitor my condition and have been well ever since... if restrictions are imposed I will be forced to treat myself without and ability to monitor my health correctly which in the end will be detrimental to my life and the life of my family

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 5:02:20 PM

To the Medical Board of Australia,

I support Option 1.

I am most dismayed and concerned at the MBA's proposal to guideline changes to integrative and complimentary medicine. I have consulted a medical Doctor who combines Western and Eastern Medicine for over 30 years. Besides managing any health problems her emphasis is also on education and promoting wellness, through a holistic approach.

I am 74 and keep good health through support of my GP. Please do not deny the Doctor's right and restrict their ability to provide optimal care for their patients.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 8:51:23 PM

To the Medical Board of Australia,

I support Option 1.

I have been under standard chemo treatment for recurrent Lymphoma over last 5 years - until last year when I sought integrative medical assistance as I had significant side effects from chemotherapy and refused to have further treatments. With support from a naturopath and an Integrative MD I was investigate more fully and commenced on alternative treatment using oral Salvestrol and Low Dose Naltrexone (LDN) - the latter which I was unable to access from my GP or oncologist. I have now been in remission for the last 9 months and am feeling healthier and more energetic than I have for the last 5 years.

I strongly believe that alternative/ complementary therapies should be available to those who wish to take this path. As LDN is not available from other medical practitioners it may not be approved for prescription if the MBA imposes restrictions on Integrative practitioners. I strongly urge a rethink of this decision.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 1:48:10 PM

To the Medical Board of Australia,

I support Option 1.

I have experienced significant improvements in my health, and that of my family by including integrative treatments into our lives. We have found the inclusion of integrative treatments to be far less invasive, much more gentle and safe and highly effective.

To put restrictions on the inclusion of integrative treatments can serve of NO BENEFIT to patients/clients. It will greatly limit the help they receive. It may reduce the effectiveness of any conventional treatments. It will affect the health of Australians in a negative way. It makes no sense at all to take away our rights to an all inclusive, whole approach to healthcare. It is imperative to the health of Australians that the MBA does not change the current guidelines.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 7:30:02 PM

To the Medical Board of Australia,

I support Option 1.

A fundamental human right is our freedom of choice. Our choice of Doctor and our choice of medical treatment/s. Whether that choice is right or wrong, is not for anyone else to dictate; as long as we are given the options and facts surrounding those options.

As a Breast Cancer survivor of 11 years, I place great value and thanks to the fabulous team that worked with me during my treatment and rehabilitation. Most of the supporting, and some of the treating therapies used during that time were complementary or alternative. These included such things as Reiki, massage, acupuncture, hypnosis, shiatsu, meditation, tai chi and aromatherapy. All of these were fully supported by my oncology team and the patient support team. And it was a combination of these therapies that greatly assisted in my recovery. I also used homeopathy and visualisation during radiation treatment with great success and only developed a light tan, unlike many other women whose breasts burned and blistered.

Are these 'alternative' and beneficial treatments no longer allowed to be offered by the doctors? This would be a travesty and would set back the healing process for many, contributing in the longer term to increased health costs.

As Jon Adams, Professor of Public Health, University of Technology Sydney states, "While many people condemn complementary and alternative therapies because of a lack of clinical evidence, this doesn't constitute a scientific platform for ignoring or denying research on the subject.

In fact, it's the opposite case. If we accept that most complementary therapies have at best emerging, weak, or no clinical evidence, then it surely becomes necessary to try and more fully understand what drives people to use them.....

..... health-care funding is stretched by our ageing population and rise of chronic illnesses, it's imperative that research-based assessments of future practice, policy and financial planning include consideration of all health treatments."

The real issue here is a lack of funding into CAM evidence. Just because the evidence isn't there, doesn't mean that modality doesn't work. If patient health and well being were at the forefront of your concern, then you would be pushing for more funding into alternative, effective treatments. It is both arrogant and ignorant to assume that pharmaceutical drugs are the only pathway to improved health. We know that isn't true. So instead of restricting your profession to a single treatment regime, therefore restricting their freedom to implement complementary therapies, you should be applauding and encouraging them for expanding their knowledge and education of other potential treatment.

Right now, patients who choose to see integrative practitioners get the best of both worlds. Take that option away from them and you may see a reduction in Doctor appointments and an increase in visitations to Alternative practitioners.

I do hope you look at this critically and ascertain what the long term

implications would be to your profession and your patients if you took away that freedom.

I consent to publication of my submission without my name.

Sincerely,

A solid black rectangular box used to redact the signature of the author.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 1:32:05 PM

To the Medical Board of Australia,

I support Option 1.

natural therapies have been a huge part of my and my families life and
we can't imagine it any other way

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 29 May 2019 12:16:36 PM

To the Medical Board of Australia,

I support Option 1.

1/ I strongly support my rights to access integrative and complementary medicine and the doctors right to offer it. It is a basic human right to have the choice of either integrative and complementary medicine or conventional style.

2/ Integrative and complementary doctors have helped myself, family and friends in a multitude of ways by investigating deep into the cause of our health problems, then balancing the whole body through this type of medicine so the whole body can return to 100% health, as opposed to taking drugs to suppress the symptoms.

3/ Reasons why I choose integrative and complementary medicines = Because our human body has so much power within to heal itself given balanced nutrition, hormones etc. as opposed to taking drugs and all the terrible side effects. Complementary medicine has an exemplary safety record and poses a negligible risk to patients, especially compared to many conventional treatments which is why many GPs choose to integrate them in their treatment plans. Pro active complementary medicine is cost effective and saves a huge amount of taxpayers money.

4/ If any more restrictions are put on integrative medicine practitioners I will be extremely upset and depressed as I strongly believe I, my family and friends must have the right to choose the type of health care we use. It is better to be pro active than reactive. We live in a democracy- we must have the freedom of choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:36 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative medicine came up with solutions for digestive issues that mainstream medicine didn't offer me or my family despite the usual testing protocols which we found to be hopelessly inadequate and didn't go nearly far enough diagnostically. The approach also seemed to be to focus on and treat the symptoms and not look further to identify root causes. By looking harder and asking nutritional and environmental questions (and testing), our issues were identified by integrated medicos. We'd still be in the dark without them as we just relied on more mainstream approaches. They were a god-send to us and deserve a place in a balanced, informed and dynamic healthcare system.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 29 May 2019 2:06:24 PM

To the Medical Board of Australia,

I support Option 1.

I strongly support patients rights to use integrative and complementary medicine and also doctors rights to offer it - we do live in a democratic society.

Integrative doctors take time to investigate patients health concerns and balance the body, not just prescribe drugs which sometimes only act as a band aid measure and the problem is not resolved.

I use integrative and complementary medicine as I strongly prefer natural treatment where possible. I know from past experience that this has completely turned my life around.

I would be very saddened and depressed if I could not have freedom of choice regarding my own health, and the same for my family.

Complementary medicines are very safe compared to many conventional treatments, that is the reason many doctors choose to integrate them in their treatment.

Pro active complementary medicine use is cost effective and saves taxpayers money, also provides a lot of employment- any more restrictions means more people out of work, which means more major health and depression issues.

It is our right to have freedom of choice for our health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:10:57 AM

To the Medical Board of Australia,

I support Option 1.

I have suffered from autoimmune and chronic pain conditions for over 30 years. My state of health has progressively worsened over the years and I have received very little ongoing relief from conventional/orthodox medical practices. I have seen many GPs and specialists over time and have virtually been told that there is nothing that can be done for me now, apart from loading me up with potentially harmful heavy-duty pain relief pharmaceuticals.

I react badly to pharmaceutical drugs in general (I have always taken my medications as prescribed). Conventional/orthodox pain-relief prescriptions eventually stopped working for me and overall they have negatively affected my quality of life. Some pharmaceutical prescription medications have permanently damaged my state of health. I have had to give up work because of my pain.

I have always looked after my physical state and tried my utmost to stay as fit and healthy as possible, even with extreme pain and physical restrictions at times. My diet has always been healthy, nutritionally balanced and I ingest virtually no processed foods. I have not ever smoked and only drink minimally on occasions.

The only pain relief modalities that now help me to improve my quality of life are:

- natural supplements recommended by my integrative doctor (designed to strengthen and regulate my damaged immune system, improve nutritional absorption, address other specific imbalances in my body, modulate pain responses)
- yoga, physiotherapy, osteopathy, exercise programs, specific massage techniques, acupuncture (to increase and maintain physical integrity)

I am well-read on integrative medical practices overseas so I am shocked at how behind the times Australia is in accepting integrative and complementary healthcare practices, compared to Europe and America in particular. How can the MBA ignore the burgeoning amount of worldwide research supporting integrative healthcare's worth in helping to cope with our current growing health crisis?

I am gobsmacked at the ignorance and narrow-mindedness of the MBA's attitude towards integrative healthcare. Unbelievable in this day and age that the MBA have the presumption to take free choice away from the public. The MBA has a duty of care to offer a full range of healthcare services, of all modalities, to the public. If they choose to restrict this, then they are causing increased suffering to many people like myself. Orthodox medical practices have failed me. Don't take away the only support systems that give me some quality of life.

I consent to publication of my submission without my name.

Sincerely,



From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:27:08 AM

To the Medical Board of Australia,

I support Option 1.

The mainstream medical system is not working. You have stressed out GPs that don't look at what's going on with the health of their patient from a wholistic point of view because they only have 10 minutes to talk to them. I stopped seeing normal GPs for that reason - because I didn't feel like they were getting to the bottom of my health concerns so I now see an integrative Dr and have never felt or been healthier because they did blood work to get to the bottom of EXACTLY what is going on inside my body. So I am now less of a strain on the healthcare system because I am now a much healthier person! Please do not stop me or any other Australian from having the right to choose what we do with our own health. If you do, you need to question your reason for entering the field you work in - it's obviously not because you care about people and want to help them be healthy and well.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 12:38:06 PM

To the Medical Board of Australia,

I support Option 1.

When I got ill with a severe form of CFS leaving me bedridden for 4 years when I was 28, the medical world had no answer for me.. My own father is a doctor and he didn't know how to help me. Through alternative medicine alongside my GP I finally recovered and I decided to study all the modalities that helped me heal so I could help others. It would be such a shame for doctors not have alternatives if they don't know how to help a patient. It can be life saving.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:52:42 PM

To the Medical Board of Australia,

I support Option 1.

Intergrated medicine has taught me so very much about my body to help heal my health due to eating disorders and damage I caused from food restriction and binge eating. Without natural alternative medicine I probably wouldn't be alive today.

Bless xx

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I would like doctors to be able to provide me with both standard medical and integrative advice as I have found many benefits to complimentary medicine that western medicine has not been able to address. It is complimentary not replacing it.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 9:11:05 PM

To the Medical Board of Australia,

I support Option 1.

Having a child that was originally diagnosed with ADD and later with ASD we spent many years and lots of money trying to help our son. Many types of traditional medicine was tried, leaving our son looking and feeling ill from the toxic chemicals being put in his young body. On his request to stop taking them, I looked for natural alternatives and was fortunate enough to find a GP that also understood natural therapies. For the first time in many years, we saw a positive improvement in our sons health and behaviour utilising vitamins and minerals and manual therapies.

Removal of these treatments is not only removing a persons right to decide on their healthcare, but potentially will mean some people will never be able to get the help they need.

More doctors should be educated in and encouraged to use natural treatments BEFORE placing people on drugs that sometimes have side effects worse than what it's trying to treat.

I still believe that prescription drugs have their place, but many doctors don't know enough about natural options to explore that first.

Banning this sort of treatment is taking Australia's healthcare completely in the wrong direction.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:31 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

No taking away free will. Freedom of choice is important.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:50:49 PM

To the Medical Board of Australia,

I support Option 1.

I object to the new guidelines targeting medical doctors who integrate 'complementary medicines and emerging treatments' into their practice. I have found great success with my practitioner who was able to take time in consultations, was up to date with new world research, call for different diagnostic tests, suggest herbs/vitamins supplements (in combination with prescription medication) and achieve success with myself and family members that have chronic conditions (which conventional doctors/specialists were unable to help). I do not understand why the medical board would want to curb these medical practitioners that "complement" conventional medical therapy to achieve results that help to reduce the government's medical costs in the long run.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 1 June 2019 7:24:00 PM

To the Medical Board of Australia,

I support Option 1.

I am in my 70th year now & very grateful to the doctor who noticed I had a distinctive tremour in my head. When he asked if I wanted to have this looked into, he found my cadmium levels were at dangerously high levels. My local GP was unable to help me, but the original doctor has been working with me for over 3 years now using herbs, vitamins, minerals & other supplements to reduce the cadmium to safe levels & my tremour had also improved. So I am very grateful that he had been able to continue practicing as a recognised GP in a traditional way but using innovative methods outside the box as well, for my overall medical treatment

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:38:48 PM

To the Medical Board of Australia,

I support Option 1.

Holistic healthcare means looking at the whole person. For those who need it, all options need to be explored for wellness. My sister suffered from major mood swings and other symptoms and finally after many years of searching and researching, a doctor discovered she was not absorbing certain vitamins, so prescribed said vitamins on a daily basis. The effect was immediate. No person has cut and paste health issues. So the option needs to be there, not be taken away.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:40:21 PM

To the Medical Board of Australia,

I support Option 1.

It is MY basic human right to exercise choice of health care as it is MY body that I LIVE IN with all its wonders, joy and suffering.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:52 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

To Whom it May Concern: I strongly support patient access to Integrative & complementary medicine. I was able to avoid several operations on my children because of being advised that Vitamin C would help.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 6:20 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It seems by taking these steps we are going back in time. We are taking away the rights of individuals to have a choice. Also by supporting this is a much better way of making sure that those who provide this service are providing the best and most up to date practices. By cutting them out of the equation, it goes under ground and instead of sharing what they are taking (CAMs etc) with their GPs and specialists, to make sure that they do not clash with what medications they are taking, it seems to me that this will become a much bigger problem. It seems that when done properly that the two can work well together to give people a choice in their treatment.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 4:40:26 PM

To the Medical Board of Australia,

I support Option 1.

Integrative healthcare choices needs to be an option
Would you call it democracy if the choice would not be there or even
restricted? Think about the people not the business

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:32:29 AM

To the Medical Board of Australia,

I support Option 1.

I use integrative practitioners to give myself the best chance at a long and healthy life. I use complementary medicine to manage my pain from osteoarthritis and have had wonderful results.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 17 May 2019 8:26:17 AM

To the Medical Board of Australia,

I support Option 1.

Dear Sir / Madam

I support freedom of choice allowing individuals to find and work with health practitioners aligned to their values and preferred method of treatment.

Please leave the current system alone.

Integrative, wholistic practitioners have a lot to offer. In many cases more to offer than conventional medicine which can have a very narrow and self righteous view.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:56:08 AM

To the Medical Board of Australia,

I support Option 1.

I have a chronic disease which has been treated successfully through integrative complementary medicine.

Without this my quality of life would have been much bleaker.

Because of this i have been able to continue to work full time.

Without it i would have been forced to leave.

Unless you have had a similar experience you could not possibly understand the suffering involved.

Because i had a truly caring doctor who treated me holistically the outcome has been positive.

Dont take away this choice.

Dont let us go down America's path of health care.

It serves no one.

Least of all those who need adequate care

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 8:24:42 AM

To the Medical Board of Australia,

I support Option 1.

This is the most disgraceful campaign launched against highly intelligent, ethical, caring and passionate medical professionals undertaken by a medial board.

Complementary medical doctors have dedicated much of their spare time to learning about the latest in cellular biology, genetic mutations and their role in biochemistry, environmental science and its effects on our immune system and evidence based medicine. In my experience of over 35 years of dealing with complex chronic illness, if it wasn't for these complementary trained doctors, I would be dead by now. Many times I was told by GP's and Specialists I'm not sure what's wrong with you, I can't effectively manage your condition. 10-15 minute consultations cannot obtain a comprehensive history, nor go anywhere near managing complex interrelated conditions where there are vague and subtle symptoms. Many current dysfunctions cannot be placed into one organ disorder as medical practitioners have been trained to do, such as kidney stones. Patients particularly who have a range of inherited genetic disorders, with the current stresses of modern life find these genetic mutations are a major contributor to their presenting condition. GP's particularly are not trained (especially with short consultations) to manage this level of highly complex medicine.

Medicine is constantly changing and specialising. There is much research happening in many areas. Our evidence based knowledge is constantly growing particularly rapidly in some areas. Cellular biology is one area of much advance in our understanding in recent years which has enabled patients with chronic conditions such as mitochondrial dysfunction and mast cell activation to have their dysfunction managed effectively. Many conditions are highly complex. Its often like completing a 50 piece jigsaw puzzle in some patients to restore their health and quality of life.

In my experience of consulting Complementary Trained Medical Doctors, I have found they only diagnose and prescribe treatment based on highly respected evidence and research. They are always able to show the reasons for their management and often provide double blind research papers to support their opinion. They often use supplements to treat the condition because these have been shown to be the only substances to effect the cellular change required. There is no prescription medicine which can produce the desired outcome.

The Medical Board needs to embrace this evolving area of medical expertise to support this group of doctors who are providing great scholarship to a growing population in society with chronic complex conditions. Tightening their regulation will not stop the public using them, as the public know they have exhausted most other avenues and not received satisfactory treatment from 10 -15 minute standard consultations from non complementary medical doctors.

I consent to publication of my submission without my name.

Sincerely,



From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 10 May 2019 2:32:38 PM

To the Medical Board of Australia,

I support Option 1.

I do not think doctors should be restricted from offering advice on
complimentary medicine alongside conventional medicines

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:16:40 AM

To the Medical Board of Australia,

I support Option 1.

I'm gobsmacked & absolutely shocked that the Australia Medical Board can have this type of control in making these decisions.

Why the change??

Why can't people of Australia make their own choices in the type of care they want to take for their health??

This personally hits me hard reading this.

I feel a combination of different health availability's is significant important.

My eldest daughter had a serious reaction at 12 years old from the HPV Vaccination & her GP reported this to the TGA.

I was gobsmacked what I found out afterwards I researched endlessly why this went terribly wrong. I was now living in a crazy nightmare it has been emotionally, mentally, physically & financially crippling to heal & recovery her. She has missed out on her secondary years of schooling & being the typical teenager we are 5 years in & she has 80% healed. In her recovery we have used a wide extend of practitioners right from western medicine through to holistic methods a combination & I strongly believe it was like an onion every practitioners we saw slowly peeled back helped.

Integrative medicine by far played a huge role in her recovery. I had her GP Pediatrician throw there hands in the air basically saying they have never seen a patient with such protracted symptoms. I went to a combination of Doctors, specialist, holistic practitioners to get answers. I am in a large group here in Australia effected from this vaccine & it is a horrific experience if you become injured. On an international basis this vaccine is killing & maiming young children. I am absolutely horrified in what I have found out all peer reviewed this vaccine was fast tracked clinical studies are flawed & I'm happy to provide this evidence to back up my claims if needed. There is a lot of controversy surrounding this vaccine. I have three children who are fully vaccinated.

If the medical board were to remove & strip integrative treatment from people here if Australia it would be a big cost to all those who seek this type of help.

The pharmaceuticals companies are extremely powerful & as the people we are losing our rights it is absolutely disgusting & devastating.

Until you experience a chronic illness of any type you just can't make this judgment however on a positive note we are moving forward for a burger future.

Please DON'T change this

I am happy to speak with anyone via phone if needed so I explain our story in full detail if needed.

Thanks
[REDACTED]

I consent to publication of my submission without my name.

Sincerely,
[REDACTED]

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 10:53 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

For many years I have chosen to use natural therapies to keep myself as well as is possible. I have often found prescription drugs to have undesired side effects. Rarely has modern medicine had answers to the symptoms of the auto immune diseases which affect my life. I know this to be true for many people with whom I share a social website to help each other out. Many of the natural therapies relieve pain without resorting to drugs. I would ask that much consideration is given before resorting to removing access to these therapies that are the only relief many patients find and are willing to stretch finances to pay for to find that relief.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 2:39:12 PM

To the Medical Board of Australia,

I support Option 1.

Without it i wouldn't be able to get out of bed let alone work or have a life i am thankful i have finally found a doctor who thinks out side the box to allow me to LIVE my life

Yours sincerely [REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:58:51 PM

To the Medical Board of Australia,

I support Option 1.

We are proud to be Australian, however choices made by our Governing bodies are so behind the times, and definitely not prioritizing Australians well-being.

They are seriously ignorant, or paid by Corporations.

A country is only as strong as the constitution of individuals.

Our body is made of the components of this Planet/Earth/Nature. All we eat, drink, wear, is made from Mother Earth.

This planet, and thus its life forms are being destroyed, yet Gov. continues to assist the destruction of life.

Medicine, made from chemicals is proven to cause more deaths and sickness than it has ever helped, Yes this is even written in overseas Medical Journals, yet our Australian Gov. allows our people to be damaged, and sickened.

Today people competitively climbing 'Career Ladders', often have NO personal experience in what they give their opinions about. It is absurd decisions be made that effect our populace, by person/s who have never studied or experienced personally what they are a decision maker about.

It is imperative humans live in close contact with uncontaminated Nature, and have full choice of plant based medicines. Also Vibrational Medicines.

Remember, our Western/Allopathic Medicine is only one form of medicine, and it is the NEWEST medicine and is all experimental. (please sit quietly and realize this)

All the various aspects of Chinese Medicine, Tibetan, Thai, Indian Ayurvedic, Egyptian, African, South American etc etc these and more are all proven over 5,000 years

When we are out of touch or disharmonious with Nature, fact is we sicken and this causes stress, and today stress is number one killer !

Yes, it is our BIRTHRIGHT to have what is natural and beneficial for each of us.....all forms of Natural and Holistic Medicine and modalities.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 9:16:15 AM

To the Medical Board of Australia,

I support Option 1.

I don't go to a 'normal' doctor more than I really have to (which is about every 18 months to get my thyroxine script filled, which I have to get or I will die a slow fat, cold death). If I didn't need to do that, then I would not visit them at all. Doctors still want to check my cholesterol because their research is so far out-of-date that they still believe cholesterol is bad for me. I believe that doctors are in the pockets of big pharma companies and any research the doctors do comes to them via these companies and is biased towards handing out more and more pills and potions instead of looking at what is best for the patient.

I still have ten years (at least) before I can legally retire. The job I do is manual and hard physical work. (I have and am looking for easier work but can't find any.) If I am to keep doing my job till my late 60s then it is vital that my chiropractor and physio therapist are there to keep my body in its best working ability. If visiting these vital health care workers is no longer a choice, then I have two options. 1, become a dole bludger or 2, stop my private health cover so I can afford to see these professionals regardless.

How many more people would be dead or have limbs removed because of diabetes if people on the 'fringe' such as [REDACTED] had not offered advice that would save them.

Natural therapies are not new quackeries - unlike the conventional doctor - they have existed since the first 'witch' plucked a herb from the ground and recognised the goodness in it.

Basically, I do not trust GPs with my health. But I do trust natural therapies which have been here since mankind first felt the need for it. I would rather focus on the wellness paradigm of traditional medicine practitioners than focus on the illness paradigm of the AHPRA.

Thnak you, I have enjoyed ranting.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:58:09 PM

To the Medical Board of Australia,

I support Option 1.

To the Medical Board of Australia. I would like to express my concern with the new guide lines for health practices. I consider this to be a total construction on our freedom and choice of health practices we as individuals are able to have access to. The medical model is just one model that exists by far not the only one and certainly not the most successful. Whilst we may require medical intervention in times of crisis it should not be the first intervention used. As a family we take responsibility for our own health and adhere to a healthy lifestyle and seek Natural Therapies when our bodies are out of balance. Given these treatments the body is able to switch on its own healing and bring itself into harmony once again. Medicine is just that. There is no part of medicine that suggests health. Medicine is medicating the body so that it no longer experiences those symptoms and covers the cause. It certainly hasn't restored health, thus ensuring other conditions surface later. It is well over due that doctors became educated in health care not sickness management. Hippocrates said "let food be your medicine." We can learn a lot from many ancient practices for use for today including Chinese medicine and acupuncture, Ayurvedic systems and many subtle energetic techniques. After all we are energetic beings, but this is totally ignored by western medicine, no wonder we are experiencing a health crisis. If medicine was doing such a great job we wouldn't have cancer on the increase, heart disease, auto immune disorders et etc on the rise. In ancient times physicians only got paid if they kept the emperor healthy and sickness free. There wouldn't be even be a medical board if this was the case, let alone practicing doctors. I sound like a disgruntled customer and I am. My son suffered a traumatic brain injury 8 years ago. We of course accessed western medical care. To our dismay they let us down big time to the point where I totally lost any faith and trust in the care or lack of, more accurately that as a family we have learnt to question, research and make our own decisions about our choices. Doctors unfortunately have a narrow limited access to any health care practices.

Yours sincerely [REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 3:28:46 PM

To the Medical Board of Australia,

I support Option 1.

As a family we have always used more wholistic Natural Therapies as options to address our health care needs. Wholistic health recognises that the body has the ability to heal itself given the right environment. A body with health challenges merely indicates that there are interruptions to the flow of energy within the body and once this flow is maintained and given a lifestyle that supports this flow the body is able to come back into homeostasis. Hippocrates the father of medicine stated that 'let food be thy medicine.' My family and I live by this philosophy and believe in prevention. Modern medicine is merely drug therapy and is a reactive form of treatment rather than prevention to maintain health. My family was struck by tragedy when my son suffered traumatic brain injury after being struck by a car. The medical system saved his life but said he would remain in a vegetative state. They could not offer us any more. We didn't accept this diagnosis and sought a variety of treatments that are aligned with health and healing, such as acupuncture, massage, energy work and sought support from an integrative practitioner. We have many instances where medical intervention was recommended such as cutting our son's quad muscles to reduce spasticity in his legs. We sought the support of an Acupuncturist and massage therapist. This relieved our son's leg spasticity and this operation was not needed. This is but one incidence where we have used Natural Therapies. Whilst our son is still under 24 hour care at home his quality of life and general well being is not compromised. This accident impacted the whole families lives. The only thing that medicine could offer was drugs and counselling that would keep us stuck in our story and dependant on medications. We used a range of therapies and we are all thriving and living a drug free life knowing that our health is in our hands not the medical world and drug therapy. Drug Therapy does have a place and is most effective in emergency situations and chronic conditions to stabilise the body then work with Natural and complementary Therapies to regain health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:42:05 PM

To the Medical Board of Australia,

I support Option 1.

My health my choice. Under no circumstances should pharmaceutical companies determine Governmental Health policies.

No change. If I only want to be informed about pharmaceutical treatment options i would consult a trained Pharmacist. I expect advise from my GP to be informed, unbiased and include consideration of other factors. Not constrained to a pharmaceutical option only.

Good medical advise is integrative and considerate of personal factors and should remain so.

As a person sensitive to Pharmaceuticals where often so called "side effects" are the main effects of drugs present your proposed changes leave my health care in jeopardy.

My health my choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:58 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have found that the right supplements and alternative therapies have made a big difference to my health as I am sensitive to many pharmaceutical drugs.

I have also found it difficult to get support for my health issues through medical doctors.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:31 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Complementary therapies, vitamins and diet recovered my child from autism - without this option he would likely be worse and on lifelong medications.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 4:01:22 PM

To the Medical Board of Australia,

I support Option 1.

I use integrative medicine in conjunction with regular medical practices to support my ongoing healthcare because I get much better results from using integrative medicine.

These services are paramount to my health and wellness and should not have added restrictions placed on them.

If the MBA posters restrictions on integrative practitioners my health will be adversely affected and my auto immune issues will flare up more resulting in me not being able to work many hours or care for my children properly due to illness. And as a single mother I cannot afford for this to happen.

Integrative medicine is what keeps me well and healthy and to participate in my community and workforce.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 22 May 2019 8:22:44 AM

To the Medical Board of Australia,

I support Option 1.

I support integrative and complementary healthcare as surgery and pharmaceuticals are part of the solution but are not the complete answer to optimum health (including our mental and emotional well-being at the very least); nor are the former seemingly exempt from causing further illness or death which is not researched to its full potential or reported transparently in media. Unfortunately in comparison, flippantly referred to fringe therapies can very readily be exposed out of proportion for comparatively very small percentage of error for want of a better word contributing to a culture of undeserved fear or disrespect. More natural, bio-available, centuries-old proven therapies are proven to be hugely beneficial when human 'beings' also need to be recognized as more than a bunch of physical anatomical parts.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 11:04:29 AM

To the Medical Board of Australia,

I support Option 1.

1. Used traditional dermatology and prescription medicines for a skin complaint - had reactions and dermatologists couldn't offer any other options, except stronger drugs with greater chance of side effects.
2. Traditional medicine doesn't have the answer to many conditions.
3. I don't want to be restricted on my options. I pay my taxes so I have a right to visit gps that I think may help me. Further their recommendations I pay for completely ie no government funding is provided for vitamins.
4. A lot of main stream medicine doesn't have gold standard proof behind it. As I heard a doctor on a documentary once say if you are on prescription medicines you are essentially in the middle of a long term drug trial.
5. We live in a democracy not a dictatorship.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 7:06:48 PM

To the Medical Board of Australia,

I support Option 1.

As a person who loves natural therapies and works in a pharmacy I believe if people are taught the correct way to take their vitamin and conventional medicines and doctors understood natural therapies more, there would be less issues and patients would open up more to their doctors about natural therapies.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 3:01 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

For 18 years I was brushed off by GP's in first England then Australia when I complained of excessive tiredness. It was only when I discovered an Integrative doctor that I was diagnosed with chronic fatigue and finally started to get some answers. Unfortunately the 18 years of telling me there was nothing wrong with me and leaving me to struggle to maintain normal life took its toll and it is now 9 years since I've been able to work. Just think, I could still be a productive member of society if I'd had some help in the early years.

One of the most valuable differences with Integrative medicine is longer appointments, giving a chance to truly give a whole body picture of health and allow the doctor to consider all aspects.

Chronic ill health is so often due to multiple causes and just picking off one or two without understanding the whole can be unhelpful if not dangerous.

The only treatment for chronic fatigue is to deal with symptoms, and fortunately things are improving for me right now thanks to an Integrative doctor who offered to trial me with thyroid support despite apparently normal blood test results. The improvement is profound and enormous and I am functional for several more hours per day than I was previously. Diet and supplements also make a great deal of difference to me - and neither are aspects that standard medicine can or will help me with. I now have two hours paid work per week - thanks to Integrative medicine, and no thanks to the GP system.

I still hope for more improvement and since the standard medical system has never been able to address this for me I also want to be able to choose Integrative treatment, and to choose to undertake treatments that may not be fully proven (of course with full understanding that this is the case) such as one I am trialling at the moment.

Perhaps you would rather send me back to 'Dr Google' when I can't get help from my GP, doing my own thing without proper supervision by a knowledgeable doctor? Maybe you'd have me relying on online help from an overseas doctor by email or skype rather than supporting Australian doctors?

The GP system has its place and I am very supportive of my local GP surgery, but I don't take my chronic issues there as I know they cannot help me. Integrative Medicine is a valuable and important adjunct to GP's and we would be in poorer health as a nation for limiting or disabling it.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 12:19:19 PM

To the Medical Board of Australia,

I support Option 1.

We all deserve to have the choice for treatment. What is now called alternative treatments is the only treatments that people used before medical intervention.

Often alternative (although used long before modern medicine) & medicine go hand in hand to help make us better.

A pill for a ill is not necessarily the right way to go for everyone. Stop dictating what we can do & not do with our bodies. Some of us take care about our bodies - help those addicted to junk food & need help with obesity.

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I rely on natural therapies and natural products every day of my life.
Im am functioning and coping because of them. Dont cheat other people of the chance to be advised as to their benefits.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:57:21 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is about preventing illness whereas general medicine is just a bandaid. I think the reason the MBA are targeting Integrative GP's has to do with the "Big Pharma" companies having too much control I the medical industry. The health of Australians should NOT be about money! It's common sense that we should be encouraging doctors to be innovative. I prefer natural medicine as I don't believe we should be putting chemicals into our bodies.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 12:38:50 PM

To the Medical Board of Australia,

I support Option 1.

I support option 1. I use complimentary medicine and am a Feldenkrais practitioner. What I do is often more helpful to people than physiotherapy.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 3:20:48 PM

To the Medical Board of Australia,

I support Option 1.

To whom it may concern

Both my children have suffered from allergies. One child had severe excema , the other a post nasal drip. Medical doctors could not help cure them. They recommended cortisone for excema and nasal spray both of which have terrible long term side effects. I sought a natural specialist in allergy prevention and she put my sons on a diet, free from sugar, dairy and wheat. Within days, my sons excema started clearing and today he is healed through diet . My other son was also put on the same treatment . A diet free from the foods that he was sensitive to. And again he healed through diet and very quickly too.

Today both boys have no allergies and they understand how to care for themselves by eating the right healthy foods. My partner had terrible issues with his stomach. Doctors told him he had irritable bowel syndrome and there was no cure. He went to a naturopath who put him on a diet free from sugar, wheat, dairy, glucose and today he is completely healed. There is a need for people to take better care of their health through long term healthy solutions rather than resorting to quick fixes by taking medicines which have side effects and can often lead to addiction. Medications stop the symptoms but they don't fix the reason why we are sick in the first place. Please don't take away our choice to seek a gentler treatment if that's what we feel we need. Medications are not for everyone.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:46:50 PM

To the Medical Board of Australia,

I support Option 1.

I respect all Doctors immensely and respect that many Drs are integrating holistic health practices. While evidence based practices are in place to guide practitioners it has its limitations due to the politics and economic influences that decide who and what gets the funding to produce the “answers”. Consumers should have the choice to explore integrated health options and Drs should also have the choice to pursue these options. Many people are experiencing excellent health outcomes from this approach.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 8:06:45 PM

To the Medical Board of Australia,

I support Option 1.

I believe that modern medicine and so called 'fringe' medicine should compliment each other and not be one or the other. Whatever works best for each patient is where we should be headed. People's health should be everyone's priority.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 11:57:37 AM

To the Medical Board of Australia,

I support Option 1.

I support integrative medicine. People should have the right to choose if they want to use integrative medicine or not, we don't need more regulation in this area.

My view is that the body should be treated as a whole, not the segregated allopathic system of treatment.

My healthy family will continue to use herbal medicines, homeopathy, chiropractic and other traditional methods of wellness care in preference to pharmacy medicines. We would prefer to see integrative healthcare professionals for direction on these therapies, however if the regulations are tightened we may have to resort to information that is publicly available.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 9:01:37 PM

To the Medical Board of Australia,

I support Option 1.

We are a democratic society i believe we should be able to make our own choice in health and be responsible for our our health care . Why should we not include holistic health care over the years my parents whom passed away inthe last few years but lived to in there 90s quiet Ooften used holistic health my father even in his late 70s did a massage course to help with his recovery from stroke that is taking reponsibility for your own health . We are a educated country to which i am sure most politicians and heads of the medical world dont think that we have a brain that we can see through a lot of things that they are dictating to us through the big phama i wonder whom is really controlling our health. Its been proven that if we are comfortable with which everway we decide on our health you have a better recovery .please we have a democratic right to let us as humans and adults make our decisions on health holistic or intragrative medicine or general medicine .

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:22:55 AM

To the Medical Board of Australia,

I support Option 1.

I think it is our Democratic right to choose our health care and for doctors to be able to democratically use there right to be able to carry out what they also feel is democratically right for there patient . We are not a communist country but we are heading that way so what gives the goverment or medical board a right to use our taxes to tell us what we arenot to do espesially when there is enough evidence and white paper to prove of health benefits using a intergrative approach , we are not in the 1920,s we are in 2020s i think there is to much control by big pharma or why else are yoys trying to control population! ! The trouble is most of the MBA think that we normal people are stupid but sorry to tell yous we are not So you will have a fight on your hands

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 4 June 2019 2:44:03 PM

To the Medical Board of Australia,

I support Option 1.

Hello,

I am writing to submit my support to maintain the current access to integrative doctors, and all complementary medicine. The current guidelines are very highly valued by my entire family and is our first point of contact whenever we are in need of medical assistance that is of a non urgent nature. Our entire family focuses on a holistic approach to our health as we understand the enormity of knowledge these practitioners have of both old and new and is invaluable in the way they can bring them together in relevance to the patient. It should remain our right as a patient when needed to have access to these doctors and have full trust in them and their ability to advise on protocols, treatments and testing without restrictions. If the patient is given the information it is up to them to make an informed choice - this choice is taken away as soon as you restrict what the integrative doctors can or more importantly cannot put forward. Our bodies, our choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:58 PM

To the Medical Board of Australia,

I support Option 1.

Hello, complementary medicine has been my first choice for most of my adult life, it works for me & my Family. Essential oils (only one brand I use & it's not on a shelf in a shop but from a reputable company that does more for Humans then make EO's) are made of what I am made of, I see no reason to put some synthetic brew made up by another human or machine for my body to also fight with including why I need "medicine". The use of essential oils has been around since the Earth was born! It's use is written in the Bible but I'm not here to preach about religion but I am here to express.....they are right! PLEASE PLEASE educate on how healing these God given medicines are to the Human Body, Mind & Soul! I'm not a hippy living in a shed off the land, I'm a step Mother in the burbs keeping it real & I can't begin to tell you how essential oils have healed my Family & Friends, yes I'm VERY passionate about essential oils because I have seen results from their use with my own eyes.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:42 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

As a long time sufferer of auto-immune conditions, natural therapies in conjunction with western medicine have been critics in diagnosing the causes and treating my symptoms. Patients need to be able to have some control over their health and treatment. Don't take patient choice away and allow flexible approaches to diagnosis and treatment for a patient-centred and effective approach to health care. For some of us, it's our only hope.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 9:29 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have suffered many years of ill health mainly caused by doctors prescribing medications to me which I reacted badly to. Eventually, I was able to get excellent advice from an integrative doctor and my health has improved dramatically without being prescribed drugs.

We need to have the option of natural cures or prescription drugs as not everyone is the same. I'm now allergic to a lot of antibiotics from having too many when I was younger as doctors weren't knowledgeable about natural remedies and just prescribed drugs.

Please allow us to have the option which suits us best.

After all, are doctors here to help or hinder?

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:20 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I totally support integrative and complementary medicine, I do not believe restrictions should be placed on this service. I believe it to be my right to have access to this service through a medical practitioner. I am 71 years old and do not take any prescription medications and I wish to have the choice to consult my medical practitioner regarding integrative and complementary medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:53:25 PM

To the Medical Board of Australia,

I support Option 1.

If we can keep ourselves healthier with Integrative & complementary medicine it must ease the pressure on the medical system which is so overloaded.

Natural therapies have helped my family and friends many times, but we still use regular medicine when needed. They can and should compliment each other. It would be brilliant if Drs knew more about natural therapies and how they would help them.

Without these therapies there would be more pressure on the medical system... and a huge rise in people doing things for themselves, which could cause problems and push people underground .

Integrative & complementary medicine is not a threat to the regular medical system....it supports it.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 8:21:56 AM

To the Medical Board of Australia,

I support Option 1.

I think that I should be able to choose integrative or complementary therapy. I have had great results for myself and my family. I want disease prevention not just treatment of symptoms.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:20:33 AM

To the Medical Board of Australia,

I support Option 1.

Complementary medicines have time and again improved the health of myself and family over the years. Homoeopathy even got rid of a calcified gland in my lip where doctors told me surgery was my only option. Complementary medicines in general support conventional medicines and help them work better. They also keep people out of hospitals so for prudent financial management it would be foolish to change public access to complementary medicines. We also know that making something difficult increases black market and other illegal practices. Let people choose. If conventional medicines work as well as they should the MBA should not feel threatened and therefore should leave things as they are.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:39:35 PM

To the Medical Board of Australia,

I support Option 1.

I am at a loss to understand your desire to remove the possibility of access to Integrative Medical Practitioners, to people like myself. I choose to see a Dr that offers a wholistic approach to me and my conditions. I know that she has access to evidence based medicine that both treats my medical conditions, and my ongoing good health and wellbeing.

At the age of 71, I am very happy to not be a burden on our hospital and medical systems, as much as possible. With my practitioner, I am able to achieve this. And I intend to continue thus.

I can't believe the shortsightedness of the powers that be in this very foolish decision. I constantly hear about how we older people are a burden on the hospital and medical systems. But when we do everything in our power to avoid this, you pull the rug out from under us, and continue to point the finger at us. You should instead, be training all medical practitioners to be more active in health and wellness, rather than just sickness. Our hospital and medical systems are overburdened. The role of the medical practitioner can be, treating our ills, then directing us to methods of self-care and wellness.

Don't go down this shortsighted and foolish path.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 2 June 2019 4:52:46 PM

To the Medical Board of Australia,

I support Option 1.

Here we have doctors willing to look at alternate ways to help patients. They do not do this lightly. They can see there are alternatives to mainstream treatment and have improved their knowledge in this field. As with any advice given by doctors it is in consultation with the patient. I have hashimoto's disease and I was not prepared to go on medication as treatment. Instead with the encouragement of my doctor I sought the treatment of acupuncture and to this day(3yrs later) have not needed any medication. So why should that choice be taken away from me and my doctor? I strongly urge the government to reconsider their actions. What medical Knowledge do the politicians who make these decisions have? They are not at all qualified to make these decisions for me!!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 2 June 2019 2:34:00 PM

To the Medical Board of Australia,

I support Option 1.

I only ever use alternative therapies because I was poisoned by pharmaceuticals and turned my back on allopathic 'care' never to return.

Why the 'government' would remove my choice I have no idea, unless, of course, it's just following the advice of the pharmaceutical industry.

When I was injured and had chronic back pain, a conventional doctor had no answers for me other than 'Take pills' What? How ridiculous. I took the pills home and searched for the ingredients listed on the packet and was horrified. How could any so-called doctor recommend that I take such poison?? The short answer is that they are under-educated about real medicine. Real medicine NEVER harms and NEVER contains poisonous ingredients, yet that's all the conventional doctors have to use.

Never remove my human right to medical treatment of my choice. I do not consent to this.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:47 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe we should have the right to make informed judgements on our own health care and include complementary medicine. It has been beneficial to me in the past and I'd like the right for it to remain available

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 1:15:48 PM

To the Medical Board of Australia,

I support Option 1.

The packaged thyroxine (Eutrosig) does no longer work for me. When I take it I am extremely unwell with no energy etc, blood test also show low thyroid. The only thyroid medication that does work for me is the compounded one. If they remove this I will not be a functional member of society. Please keep it as is.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 12:03:45 AM

To the Medical Board of Australia,

I support Option 1.

My family is strongly in favour of our choice to use integrative medical practices and alternative therapies. We have found so much benefit in alternative therapies such as chiropractic and the advice given. I'm currently seeking assistance from integrative practitioners to help my teenage daughter with endometriosis symptoms. Further I've had health problems that conventional medicine has been unable to treat, taking away choice would be detrimental. We do not want to jump down the road of pharmaceuticals that treat symptoms only and not the root cause of these issues.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 10:12:22 AM

To the Medical Board of Australia,

I support Option 1.

Hi mba

If the natural n holistic way of treatment will be out, then the suffering is only going to increase and future generation may be in immense risk by only conventional medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 27 May 2019 9:05:56 AM

To the Medical Board of Australia,

I support Option 1.

I have been a user of integrative and complementary medicine for my whole life. My parents were active users of it and had great success with integrative and complementary medicines from illnesses such as colds and flus to adjuvant therapies for sprained or broken ankles. I have also carried out these practices for my own health after moving out of home and have had excellent success like my parents. This has meant that we have all had to rely less on pharmaceuticals and not having to see doctors when we were sick with the common cold or flu.

I also support and congratulate the doctors and practitioners who have immersed themselves in further learning to practise integrative and complementary medicine in conjunction with western medicine, all in the name of helping the patient to the best of their ability to ensure the best patient outcome.

I therefore absolutely support Option 1 as then I will know that an integrative medical practitioner will have the skills to determine the most effective and least harmful medical approach to take for each person and their individual medical conditions. Medicinal practice should be about helping the client in the best, least invasive and safest possible method. To disincentivise medical practitioners to up-skill and become integrative practitioners, is to decrease the best possible standard of care. I want to live in a world where we can trust that doctors are treating us in the best way possible, be that western or integrative. Don't you?

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 22 May 2019 5:49:37 PM

To the Medical Board of Australia,

I support Option 1.

Can't believe this is where patient care is at in 2019.

Wherever patients find relief is where coverage should be. Everyone is different and finds physical and stress relief from different practitioners in different modalities.

In fact my family have made health improvements with chiropractic care and also a Kinesiologist.

This is a myopic change that disadvantages the people that need health and well-being support the most.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 10:16:09 AM

To the Medical Board of Australia,

I support Option 1.

I cannot believe that the MBA is making laws against natural healing. This is supposed to be a free country & you want to kill people because of some power hungry person(s) greed. The natural way to heal has been around since time began & you want to limit people who practice natural healing & promote synthetic drugs that kill people. Is this your answer to population control? while you take all their hard earned money before they die, unbelievable - May God deal with you quickly.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 8:24:18 AM

To the Medical Board of Australia,

I support Option 1.

How cruel to attempt to control and restrict people from maintaining their health in an holistic way; and to stifle progress in health care. What for? What are we becoming? Back off AMA. No one wants this but you and your fascist mates.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 7:21:15 AM

To the Medical Board of Australia,

I support Option 1.

Not everyone has a simple, open and shut issue that can be sorted in a few minutes at the doctors and often there are more than just one issue at play. Sometimes the GP does not have all the tools that can be beneficial so people need access to other options as well.

The less choices and options there are for people with healthcare the less people will choose to use health funds and the greater the strain on the health system.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 23 June 2019 3:42:49 PM

To the Medical Board of Australia,

I support Option 1.

My daughter is being treated by a doctor who integrates complementary medicines and emerging treatments with western medicine. My daughters illness was not very well recognised by mainstream doctors and the illness was extremely complex, thus making treatment extremely complex.

She required not only western medicine, such as antibiotics, pain relief, anti nausea medications, she also needed replacement of vitamins and minerals such as magnesium, vitamin C, Zinc etc which he was able to supply in the levels that she required, based on blood tests ran regularly and monitored professionally. Without access to this medication with the expert advise we received I can guarantee our daughter would not be recovering the way she has and would still be extremely sick and a burden to the health system.

We have rights to be able to decide what type of treatment we want to follow for our health journey.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:29 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please continue to allow the medical professionals I choose to also make choices for me that may include alternative therapies .

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 11:45:33 AM

To the Medical Board of Australia,

I support Option 1.

I use so called complimentary treatments vitamins essential oils etc as well as yearly checkups with my local GP. As a result I am in excellent health at 85. I take a vitamin D supplement prescribed by my GP as some years ago the blood tests showed this was low.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 8 May 2019 11:45:06 PM

To the Medical Board of Australia,

I support Option 1.

I have been hugely assisted in my health by integrative and complementary medicine in conjunction with conventional medical practices.

As this so often forms part of a preventative measure to ensure continued good health then everyone ultimately benefits- me, my family, my healthcare providers and government.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 10:12:22 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine doctors and related practitioners have been a huge support to me, and provided knowledgeable assistance on a range of smaller issues, which, if left unattended, can lead to much bigger ones. Their practice helps to address some of the weaknesses of mainstream medical practice, which include extremely time pressured appointments, narrow rather than holistic focus, lack of integration of lifestyle practices, symptom and drug focussed.

I often used these integrative practices and associated treatments to accompany mainstream health advice, and feel that this broadens my understanding of health, and ability to improve it.

My experience of integrative doctors is that they are extremely well researched, and knowledgeable in areas beyond the average doctor, including about supplements, diet and spiritual aspects, both of which, if needed, can make a big impact on health, and that very few average doctors have much knowledge, time or confidence to cover deeply in appointments.

Don't restrict integrative doctors, they are providing an essential part of the range of health services offerings that should be available to consumers.

Don't penalise integrative practitioners for looking at the emerging research and areas where there might be potential.

Rather than restricting integrative practitioners, it would be vastly better to put resources into large, long term clinical trials to more deeply test a range of supplements, vitamins and dietary practices.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 11:45:38 PM

To the Medical Board of Australia,

I support Option 1.

Complementary medicine and the practice of such by GPs is an important part of holistic approach to health care and supports new evidence based practice.

Do not change this important approach to medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:09:05 PM

To the Medical Board of Australia,

I support Option 1.

I am writing to express my concern about the proposed changes. I have used alternative and complimentary medicine for approximately 10 years now. After suffering from ill health and being diagnosed with autoimmune thyroid disease I was told consistently by doctors and specialists in mainstream medicine that my only option would be to remove my thyroid or have radiation treatment to kill it off, both resulting in not having a thyroid, relying on life long medication and more burden on the health system. I was told healing was not possible. I felt disempowered by this and decided to explore other options. Through seeing practitioners who took a more holistic approach and incorporating alternative and complimentary medicine, I felt empowered and found great healing. I normalised my levels (which I was told was not possible), became far healthier than I have ever been, took more control of my health and well-being, and kept my now very healthy thyroid which is so important to one's health. So I'm short, I have found having access to alternative and complimentary medicine to be empowering, individualised to my own unique situation, and have experienced a level of health that far exceeds where I would be had I only had access to mainstream medicine. While I value and see importance in this area of medicine, I feel it does not offer all that is needed for the vast range of unique health concerns that people have. Reducing the capacity of alternative and complimentary medical practitioners to offer a different perspective and options to patients in my view would incredibly detrimental.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 8:45:31 AM

To the Medical Board of Australia,

I support Option 1.

It is arrogant to think that conventional western treatments and synthetic drugs have the only benefit in a holistic health care approach. Results, cures and relief - every possibility should be explored.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:22:40 AM

To the Medical Board of Australia,

I support Option 1.

Please leave the guidelines alone. We need it to stay the same. People want these options. Stop acting like dictators and removing choices!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 3:31 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have chronic Lyme disease and the only treatment available to me is through integrative GP's and naturopaths. It's my right to make my own choices regarding my health and given Lyme like disease is STILL unrecognised here I have limited choice as it is. I don't support any changes.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 11:54:39 AM

To the Medical Board of Australia,

I support Option 1.

Please allow Australian citizens to take responsibility for our own health and make our own choices. Please support our right to seek out integrative and holistic practitioners/treatments, and don't place restrictions on them. My family and I have benefited greatly from natural therapies and believe they can help prevent as well as treat disease, and can also complement mainstream medicine. We have always felt that we have taken some pressure off the public healthcare system by paying our own way with natural therapies. We have also appreciated the help of the public healthcare system when we have needed it.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 9:08:08 PM

To the Medical Board of Australia,

I support Option 1.

I wish to express my support for patient access to integrative and complementary care.

It is necessary that people are enabled and supported to have access to wholistic care.

After years of medical treatment for endometriosis with no relief I finally found a treatment that worked with acupuncture, vitamins & herbs. It has completely changed my life & health. I am now pain free and after 6 years of trialing assisted medical methods to conceive I am finally expecting my first child thanks to the supportive and nurturing provided by alternative medical therapies.

I am deeply offended and upset that the MBA do not see the value of these treatments- a balanced wholistic approach could help so many.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 7:50 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

As a citizen living in a democratic society I want to be able to make choices for my health that match my values and beliefs and not be reduced to choosing what you want for me. I ah w had great success over the years with a combination of mainstream and complementary/integrative therapies to manage a number of health concerns. To have that choice reduced or marginalized so that it costs me more to maintain my current health status is wrong. I want to have a say in the management of my health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 10:54:09 AM

To the Medical Board of Australia,

I support Option 1.

I've been using integrative medicine for 40+ years and consider it a valuable part of my health care. My family has been using complementary medicine for longer at their own cost and reducing the burden on medicare as a result.

The presence of integrative medicine GPs provides a valuable bridge between western and complementary medicine. This bridge ensures a greater level of care and safety in the prescription of herbal medicine, nutritional supplements and dietary advice.

There is significant evidence of the benefits of complementary medicine with regard to benefits, economic benefit and safety.

I am strongly opposed to restricting the rights of integrative GPs from advising and providing recommendations their clients on complementary medicines. This would be an attack on the patients fundamental right to be provided with appropriate information on their health care choices.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 29 May 2019 6:30:48 AM

To the Medical Board of Australia,

I support Option 1.

Integrative and complimentary medicines need to be kept as additional tools to fight disease and where Western medicine is unable to provide a cure. Western medicine is wonderful at diagnosis but for example in the case of childhood seizures unable to ameliorate or cure. Chinese medicine and acupuncture are centuries old and their efficacy in a variety of medical problems is beyond par and unlike pharmaceuticals almost side effect free.

We can not let these extra treatments be lost from the fight against disease and illness.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 1:48:31 PM

To the Medical Board of Australia,

I support Option 1.

Natural, holistic and Eastern medical practices have always formed part of our wide range of options for patients seeking alternate therapies. Stop taking choice away from doctors seeking help for patients in non-traditional and noninvasive ways. Stop taking Australians right to choice away, this forms a fundamental part of our freedom. Freedom of choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 5:10 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative health choices need to be kept as they are. Don't ruin something good.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 22 May 2019 1:45:26 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine should be supported by the Medical Board of Australia.

Conventional Medicine is expertly applicable for diagnosing conditions within the human body. This is usually treated by using medicine that is approved by stakeholders, such as pharmaceutical companies which provide a large amount of funding.

Integrative and complementary medicine should be supported by the MBA, because all individuals should have the right to choose how they handle their health. Integrative and complementary medicine often provide support that conventional medicine lacks in.

I have personally experienced many modalities that are considered to be integrative and complementary medicine and have had outstanding results in relation to healing and achieving optimal health.

I believe that the MBA wants tighter regulation around integrative and complementary medicines, because there is no money in a cure, and integrative and complementary medicines are curing people.

There is greater risk to health and wellbeing if individuals are informed on the risks and side effects involved in any treatment, whether conventional or integrative and complementary.

My main concern is for freedom of personal choice. Limiting and restricting integrative and complementary medicines is limiting the public's right to have sovereignty over their health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 4:59:26 PM

To the Medical Board of Australia,

I support Option 1.

I've had some chronic health conditions over the last 9 years. Standard GPs have not been able to address or support me including women's health issues, gut issues. Luckily I have been supported by more integrative GPs and GPs who are pro-active in their research. As a member of the Australian public, I'd prefer to see more continual professional development for doctors rather than more regulation. Diet and nutrients and gut health needs to be a bigger part of GPs training.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 8:48 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I do not vote for political parties that support the death of effective, natural medical modalities. The move to remove original, natural and very effective treatment methods from the reach of doctors is deplorable and obviously backed by the corrupt, money oriented pharmaceutical industry who now control the lawmakers and the medical world. Total control is their aim and no consideration for people's health is undertaken.

I will not support doctors who support this unethical move. Herbal, homeopathic and all the natural methods were working fine before the snake oil sales campaign came along.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:26 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I would like to keep all the option available and have full informed consent on all treatments.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 6:01:50 AM

To the Medical Board of Australia,

I support Option 1.

I was a Nurse for 24 years and worked for [REDACTED] Health for 20 years. Like [REDACTED] Health's policy on bullying, this is another mistake about to be made by you and your need to control people. This is not about our health but about control and manipulation.

I have found the only solutions to my families physical needs have generally been dealt with by various alternative medicine modalities. Mental health has been an issue and the only real help available has not been from SSRI's and the like but you persist on this track of false Pharmaceutical management.

This stuff doesn't work! yet you persist in selling this rubbish and why, you also know these medications can lead to suicide and you persist.

You are about to disable our population.

I say no to your plans to stop people getting where they feel safe.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 2:47:54 PM

To the Medical Board of Australia,

I support Option 1.

Please continue with the democratic right for each patient to choose their health care without discrimination via what doctors and health funds can provide.

I would be dead if it were not for an integrative doctor and some of the complementary care they recommended!!

As it is, I am now almost broke because of the lack of financial support from the system.

I am hoping to get well enough to return to work and thanks to the integrative doctor and other traditional (not allopathic) treatment I am slowly improving.

Allopathic medicine treats symptoms, not causes. It also treats in isolation when the human body heals best when treated as the whole being that it is.

It's the system that's broken and needs sorting out so money goes into preventative health care and nutrition advice. Stop putting fast food into hospital canteens for example!! Teach wholefood plant based nutrition at medical school, there's a MOUNTAIN of scientific evidence that it works to prevent and reverse disease.

Let integrative doctors and non-integrative doctors practice and see where patients go and where most patients have emerging and ongoing health as opposed to ongoing disease and treatment as an outcome.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 9:10:26 PM

To the Medical Board of Australia,

I support Option 1.

The Australian public needs to have options to look after their health and integrative medicine needs to be an included option.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 2:05:46 PM

To the Medical Board of Australia,

I support Option 1.

Australia is meant to be a democratic country which means we should have the right to choose what kind of treatment we wish to use. Natural medicines have been on the planet since day one and we should all have access to them.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 20 May 2019 9:31:09 PM

To the Medical Board of Australia,

I support Option 1.

I have been relying on integrative & complementary medicine for the past 10 years. It has been extremely beneficial for me and many of my friends who have not been able to get well using mainstream approaches without having to be reliant on medication.

I personally view alternative medicine and natural health therapies as the real healthcare system that also enables me to take more of a preventative approach rather than a reactive approach.

I find our medical system is great for sick care but our integrative and complimentary medicine practitioners offer real healthcare. We need access to both for a healthy population.

Please do not remove these services. My health and the quality of my life are dependant in them.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 3:19:24 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and Complimentary Medicine should be included in the study of Medicine to assist the patient repair their own body by exploring options for the root of the symptoms rather than just masking the symptom and hoping it will go away.

Life and health is all about Balance !!

My baby daughter would now be an asthmatic and worse if I had administered prednisone at 11 months . Instead she received treatment from a GP with homeopathy expertise from the UK who treated her and we ceased use of the nebuliser within 24-36hours.

We have the right to decide and explore options for our health not pharma and not the government!

Thank you

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:32:49 PM

To the Medical Board of Australia,

I support Option 1.

After seeking advice from my GP for help with my condition I was unable to get the answers I needed. So I sought out help from complementary sources. I often utilise acupuncture, chiropractors, emmett therapy and naturopathy to ease my chronic fatigue and fibromyalgia. I was unable to sleep properly and had constant pain prior to using these methods and I know well that sometimes I see conventional medicine let down many people. I think that doctors need to add some other tools to their belt to help people who have sought their help. I think perhaps utilising trials for groups of people with combining medicine and other therapies would surprise scientific debaters and show them that medicine is not the be all and end all. It is time for people to speak up and celebrate other methods that have helped them regain their lives instead of using drugs as a band aid approach. I think this is especially important as I see patients returning again and again for procedures to ease their ailments such as chronic pain patients and becoming more resistant to analgesia. Let the specialists review alternative therapies to combine them or utilise prior to surgical techniques as this should be a last resort I would hope! I once too was skeptical after studying a Bachelor of Science degree and was very much against certain practices but I think when you hit a brick wall and your GP is on the clock to help you then you shake your head and look to others for assistance. I think it is unwise of medical practitioners to decide that something is rubbish unless they trial a methodology themselves or on a group of patients as long as no harm can come to them. I think we need to sometimes think out of the box like certain scientists like Dr Michael Mosley who has helped many people with his 5:2 diet and research on gut health. It is when we go against the grain that we can learn a lot about limitations within science and push the boundaries against old techniques. Lets be scientists and throw new ideas to test these practices as we should be able to have an informed consent in everything we put into our bodies and minds. I think it is only ethical to have a say in this debate. Lets be free thinkers as long as it does not have serious ramifications. Thank you.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 11:31:19 PM

To the Medical Board of Australia,

I support Option 1.

I have a right to choose my medical care

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 6:13:51 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is much better placed to support chronic illness such as Fibromyalgia, thyroid issues and adrenal dysfunction, amongst other conditions. Sub-clinical cases can be addressed and the progression of some diseases halted with diet and lifestyle modifications

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:19:56 PM

To the Medical Board of Australia,

I support Option 1.

As an ex-healthcare professional, I strongly support the ability of doctors to have a choice in recommending treatments to patients. I have used health treatments for over 30 years with excellent benefits and strongly disagree with the government making changes to the current legislation.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 23 June 2019 5:14:26 PM

To the Medical Board of Australia,

I support Option 1.

I wish to express my great concern with regard to changes to the regulations governing the practice of Complementary and Unconventional and Emerging Medicine. I believe these changes are discriminatory and divisive, where one group of medical practitioners must practice under a stricter set of guidelines than the rest of the medical practitioners.

I value my freedom to be able to seek out and be treated by health professionals who practice complementary and unconventional and emerging medicine. Indeed, it is the only reason I am alive today because of practitioners who give the time to investigate the root cause of chronic illness and make a plan of treatment that best suits my needs. So far, my experiences with such practitioners have been very positive and effective.

I can go back decades where family doctors talked about nutrition, the importance of fresh juices, recommended vitamins such as Cod Liver Oil, childrens' liquid vitamins and supplements, tonics and even drinking stout to help the blood. This would be considered unconventional today. Sadly, these days are gone.

Having multiple chronic illnesses, I was told by many local family practitioners that they did not have the training, experience or time to help me and would not know where to start. It was suggested that I find myself a good integrative doctor. Having moved state, it was always going to be a difficult process to find the level of care I was receiving previously.

My family members, extended family and friends have all used complementary or unconventional or emerging medicine with confidence and no ill effects. My son was very ill and not expected to live past the age of 4 years. Having done the rounds of specialists, tests and so on, we sought natural alternatives and a good integrative doctor who worked with us and our son. Allergies were discovered, diet was looked into and foods were eliminated and reintroduced, but at the same time conventional medicine was included in the treatment regimen. Testing was done for heavy metals. Specific blood work also revealed mycoplasmas and other problems. Suffice to say, my son is now 29 years old and in good health, continuing to take his medications and vitamins to support his immune system. He continues under the care of an integrative doctor and sees a local GP where appropriate for simple ailments.

I value the time I spend with my integrative doctor reviewing medications, vitamin support and so on. Suffering from multiple chronic illnesses and auto-immune diseases, it is very important to have the longer consultation in order to cover all issues. A 10 minute consultation as is the case with conventional medical practice would not allow my doctor the time to explain my options or their relative merits and potential problems. I also have Chronic Fatigue

Syndrome which was diagnosed by scientists at the Newcastle University (a neuro-immune disease of organic origins as specified by The World Health Organisation in 1969). This plays a big part in the dysfunction of the multiple systems of my body. A good integrative doctor plays a vital part in the treatment of this horrid and overwhelming syndrome.

With this extensive medical history, I have been referred to many good specialists and some that have no understanding of my health issues. I have been surprised, on a few occasions, to find these doctors recommending a natural therapy along with the allopathic approach. I have been well looked after and very happy with the treatment I have received.

I have found my doctor to be thorough in his research, also having to chase up test results when I have had to be taken to the Emergency Department. I have been sent home with untreated pancreatitis, even though the bloodwork was done to indicate this. I have been given drugs and contrast for scans when it was specifically stated on my file that I had allergies to these. It is truly a frightening experience to visit the hospital when doctors will not listen or take notice of what is written in front of them. This is another reason I prefer to consult with a medical practitioner who practices complementary or Unconventional or Emerging Medicine. He/she has a greater understanding of the complex nature of my health, but also listens to me.

This review of regulations brings home a strong fact to me - that the only stakeholders are the patients and their welfare. To be able to choose the health care they are comfortable with is paramount to their wellbeing. Further, I do not agree with the term Complementary and Unconventional Medicine and Emerging Treatments. I believe it should be Complementary and Emerging Treatments.

In the light of my submission I can only Support Option 1, to leave the regulations as they are and to support doctors' rights to provide new and innovative practices, including complementary medicine. Any changes to these regulations will only be to the detriment of the health of many patients and those like myself who are complex cases.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature area.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:34:02 PM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]

I was forced to take a medical retirement 9 years ago in my early 30's due to an incurable chronic illness. Integrative & complementary medicine has helped me greatly with pain and other symptom management which has in turn had a positive impact on both my quality of life and that of my family. I believe that the benefits that I have had from integrative and complimentary medicine are such that it has reduced my burden on the health system.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 11 May 2019 2:27:14 PM

To the Medical Board of Australia,

I support Option 1.

To Whom it may concern,

Approx 25years ago in [REDACTED] I experienced drug psychosis and went to conventional Drs also [REDACTED] Mental Health facility (known as the [REDACTED]) which all advised me I was fine my symptoms included numbness and weakness on one side of my body and my brain felt like it was doing back flips this was constant for many months up to a year I was given unknowingly drugs from a person I had a relationship with but due to all blood test and constant going searching for advice and answers with no help available I turned to natural medicine I regain full capacity with supplementation and exercise until I fully recovered it took me at least 3/5years to reach full potential and regain strength physically and mentally but my message is to you it works with much more support and brilliant results. Where as my sons life has been subjected to mental health services through Doctors and hospital and his done nothing but deteriate from the first week of conventional medicine he has constant psychosis no recovery only deteriation and I find conventional medicine is stopping his recovery and making him more debilitated and I will be seeking legal advice on this treatment we both have had to endure in search of recovery being inhibited.

Yours faithfully

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 26 April 2019 6:52:15 PM

To the Medical Board of Australia,

I support Option 1.

I want to retain my right to use a gp who uses a holistic approach to health care. I therefore support option 1

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 7:36:59 PM

To the Medical Board of Australia,

I support Option 1.

This is needed in society.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:09:52 PM

To the Medical Board of Australia,

I support Option 1.

I am so disappointed that this is even being considered. Integrative & complementary medicine has been a huge benefit to me and my family. We are a family of 5 and we have all used these services and no continue to use them as we see massive benefits after using these services. We have to be able decide what type of medical treatment we want to use on our bodies. Women have finally been given a right to abortion because it's "their body their choice". How about we all have that freedom with our medical treatment. Integrative medicine has actually taken some of us of medication which really doesn't heal but rather mask our issues. No one is ever really healed by adding chemicals into our bodies. Integrative medicine educates is about our bodies and making positive lifestyle changes which in turn has had a massive change in our health.

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 11:08:19 PM

To the Medical Board of Australia,

I support Option 1.

I have a chronic disease and mainstream doctors have told me I'm in normal range so do nothing to help me manage my symptoms , I have been seeing integrative doctors for over thirty years and my health and quality of life has greatly improved. I can hold down a job heck I am evening running my own business now .

Complementary medicine is a perfect partner to acute western medicine What is experienced and the learning I have experienced should be intergrated into mainstream and we would all have the knowledge to be healthy happy beings . Do no harm ! Is restricting choice in the motto !

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We need to be able to have doctors able to recommend vitamins, minerals, herbal supplements, natural therapies, diagnostic testing and other services not typically offered in 'conventional' medical care. Holistic health care benefits everybody, including our economy.

A chiropractor studies to become a doctor and studies all elements a physiotherapist would study plus more. I would like to be able to have the choice to what type of care I receive. I have tried physiotherapy and nothing has eased the pain like the regular visits to a chiropractor. I should be able to choose what doctor I see and they should be able to recommend vitamins and minerals and naturpathic services.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 9:53:40 PM

To the Medical Board of Australia,

I support Option 1.

We are Australia and should be given the freedom to have a choice!!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 12 May 2019 5:05:06 PM

To the Medical Board of Australia,

I support Option 1.

I have suffered with several chronic conditions for the past 30 years. It has been integrative doctors, herbal remedies and acupuncture that has made the most improvements to my wellbeing. I have worked with a group of chronic illness sufferers and most find a combination of healing modalities to be effective. I have fibromyalgia and there is little traditional medicine can offer to help. People know best what works for their own bodies and this should not be restricted or regulated at the will of the pharmaceutical companies. Medical professionals who understand and work with complementary medicine are essential for our health. Please have respect for the informed choices of individuals to work with complimentary physicians.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:23:50 PM

To the Medical Board of Australia,

I support Option 1.

As a person with several chronic illnesses, I have depended on complementary medicine and integrative practitioners for my health and well-being for 30 years. I use the services of an acupuncturist who is highly qualified in both western and eastern medicine and she helps me with my arthritis and fibromyalgia. My GP is especially knowledgeable about chronic gut issues like irritable bowel and leaky gut and has helped me manage my diet so I live mostly pain free. Thanks to these and other doctors who are knowledgeable about holistic medicine and how all the symptoms can interrelate, I manage to live an active, vibrant life.

It would be detrimental to my health if the MBA imposes restrictions on integrative practitioners. This is the medicine of the future as more and more people suffer from chronic illness that more traditional medicine has no cure for. These are illnesses we need to manage over time. Health is a continuum and we have setbacks and good days. An integrative practitioner looks at the whole person and understands the bigger picture.

Thank you for understanding how crucial this form of medicine is for the well being of countless chronic illness sufferers.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 11:31:13 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative health.

Antibiotic resistance superbugs would not be an issue had antibiotics not been over prescribed in the past. Integrative medicine allows a patient and a doctor to responsibly deal with minor issues without oversubscribing antibiotics. It is safe for patient and best practice for our community.

A longer appointment time and wholistic look at a persons health gives best outcomes. Integrative medicine allows balancing necessary hormones and vitamin and mineral levels in patients which can mean patients avoid unnecessary use of anti-depressants, hormonal treatments, fertility treatments, obesity medications and much more.

Integrative and complementary medicine has changed my health and life, my family is happier and healthier than it was when we had previously used only modern medicine. We also now spend far less on our healthcare as we avoid many health concerns that others face when not addressing health with a wholistic approach.

Denying patient choice denies basic human rights.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 2 June 2019 9:18:41 PM

To the Medical Board of Australia,

I support Option 1.

I think it is important for any profession to allow variation within its members. Integrative medicine is a valuable option for the public as it offers evidence based treatment to those who wish to follow that path. Doctors should provide a wide range of options to their clients. Complimentary medicine is also an important choice for the public as each person is individual and should be able to access the type of health care that works for them.

Personally I find the 10 min standard GP consultation inadequate for my needs and pharmaceutical medicines are very difficult to use without side effects. Chiropractic, TCM and integrative medicine suit my needs and keep me well. I know many others who feel the same.

I do not want to have my choices limited. I feel that would impact negatively on my well being and put me at risk of being a burden on the hospital system and my family.

Let me choose the treatments that work for me!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:39:13 AM

To the Medical Board of Australia,

I support Option 1.

TO WHOMEVER READS THIS MISSIVE

The fact that my forebears fought in several wars for future safety of this country and FREEDOM OF CHOICE for all its residents means freedom of choice in all things including how I CHOOSE to take care of my health.

I choose integrated and complimentary medicine because I have the most marvellous machine called "A BODY" which operates in a way we are still finding our about. It is perfect. I wish to tweak it when it is under strain not medicate it so much that I have to have one medicine to repair the damage that another medicine did to repair the damage that another medicine did.

I choose not to listen to Big Pharma selling me the next sickness so I can fill my body with un-needed chemicals.

I had Bacterial Pneumococcal meningitis with "a heart attack in sepsis" at the age of 62. I was told by medical specialists (Neurologist, Ear, Nose and Throat and Cardiologist) that I was the luckiest person to live because it is a life threatening disease. Their reason.....when I presented at hospital in an ambulance and my husband was asked "What medication does she take?" his answer was "None". Everyone thought he had misunderstood their question, he knew they understood his answer.

I WAS TOLD THE REASON I LIVED WAS BECAUSE I TOOK NO MEDICATION AND THE ICU COULD GIVE ME THE MEDICATION THEY DEEMED I NEEDED WITHOUT KILLING ME.....TIME WAS OF THE ESSENCE.

An Angiogram with dye also showed I had NO DAMAGE FROM MY "HEART ATTACK"

My grandson was born with Renal Hypoplasia and Dysplasia. With the help of some forward thinking medical people he was put on the least amount of medication possible and time was put into his health helped by integrated and complimentary practitioners. He had a transplant at age 11 and is one of the healthiest transplant recipients possible. Fewer drugs than most. Fewer drugs to have to take to repair damage of other drugs.

Integrated and complementary medicine are used by myself and my family to WORK ALONG WITH OUR BODY not to TAKE OVER OUR BODY. Pharmaceutical drugs only taken when badly needed (which is usually never).

WHETHER INTEGRATED AND COMPLIMENTARY MEDICINE IS REMOVED FROM OUR CHOICES OR NOT I WILL OPT OUT OF CHEMICAL MEDICINE AND ANCILLIARY IN MY HEALTH FUND AND STILL PAY OUT OF MY OWN POCKET FOR TREATMENT THAT REWARDS ME AND NOT PHARMACEUTICAL COMPANIES.

Sincerely

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 5:19:58 AM

To the Medical Board of Australia,

I support Option 1.

I support Integrative & complementary medicine as practitioners need to look at the whole body and do a thorough review to really make a difference to their patients health. Normal Dr don't spend the time or have the thorough knowledge of nutrition and natural medicine to make long lasting effects to health and get to the course of the illness. Most Drs just treat the symptoms and then you ended up on a bucket full of drugs and don't get better. Without Integrative & complementary medicine I would still be on a downward spiral with my health and taking a number of drugs and costing the government a lot of money. Individuals know their body the best and should have a choice regarding what type of treatment they want. Choice shouldn't be taken away.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:47 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

There is an important role for Dr's to use integrative medicine in their practice especially when a client wants to use complementary therapies and wants to use it safely with standard medical practices.

Placing restrictions on Medical practitioners will isolate many clients who than may choose to use alternative therapies without the knowledge of their Dr's, thus compromising their health and safety.

Whilst some complementary medicines are proven to not heal a health issue, it will have other effects on the user's wellbeing that it should not be dismissed.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 5:51:54 PM

To the Medical Board of Australia,

I support Option 1.

I have suffered many health challenges in my lifetime including asthma and eczema from the age of 3 months old. I have allergies and sensitivities too many things including sensitivities to many petrochemicals. I have also had a history of Complex PTSD. I have found the best relief and treatment of my conditions have been those which have been prescribed/recommended to me via the alternative/holistic modalities. I regularly attend a General Practitioner and a Psychologist but also feel that I need the option of combined treatment with alternative practitioners to keep me on track. I really do feel that I would suffer enormously if I was unable to access the alternative therapies, for my pain relief and ongoing treatment.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:40:06 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative and complementary medicine because it is MY choice to do so.

I see an integrative GP who had helped me with medical issues that other 'standard' GP's could not. I can see this same Gp for holistic care. Restricting integrative practitioners is not only going to take away choices from patients and keeping people cycling around sick in the generic medical model.

There are so many brilliant integrative GP's out there who are literally saving peoples lives. It may be "different" now but it is progression. Do not do this.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 3:42:08 PM

To the Medical Board of Australia,

I support Option 1.

If adopted, the new guidelines could suppress clinical autonomy and see Integrative GP's faced with restrictions on current treatments they offer that are not considered "conventional".

Restrictions could include doctors' ability to recommend patients vitamins, minerals, herbal supplements, natural therapies and a range of diagnostic tests. It also opens the door to doctors being targeted by vexatious complaints.

1 in 3 Australian GPs utilise some aspect of complementary medicine within their medical practice, as it offers patients greater choice to access a range of safe and effective integrative treatment options, improving clinical outcomes and reducing medical risk. It could even be argued that this is current conventional medicine.

By framing these treatments as 'fringe', the new MBA guidelines also place the regulated traditional medicine professions of chiropractic, osteopathy, Chinese medicine and acupuncture at risk. These changes unnecessarily target patients and health providers.

This I believe is against the laws of democracy where people need to have the freedom to choose non invasive remedies. I have been using complementary medicine for most of my life because of adverse reactions to prescription drugs. They have helped me & my family reduce visit to the doctor & as a result created a wholistic lifestyle.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 9:13 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I struggled for 4 years to fall pregnant and 'traditional' medicine can not explain why or do much to help. The rigours of infertility and associated treatments are brutal. Complimenting the invasive and painful medical treatments with therapies focused on my well-being was critical to maintaining balance and a sense of optimism during our ordeal. Acupuncture, naturopathy and Pilates kept me as well balanced as possible, and all stood me in good stead once I finally fell pregnant.

My beautiful baby boy is 7 months old now and I firmly believe he wouldn't be here without both the medical and complimentary therapies.

Please don't let people think pumping their bodies full of medication is their only option!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 11:59 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

To prevent medical practitioners from including alternative & complimentary treatments & diagnostic tools does not make sense.

Conventional medicine has limitations and doesn't work for everyone.

Integrative and functional medicine is the way of the future. Doctors and their patients should always have the right to choose diagnostic methods and/or treatments for optimal health & function. Anything less is unthinkable and counterproductive to real progressive medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 11:30:25 AM

To the Medical Board of Australia,

I support Option 1.

Natural therapies are an adjunctive treatment alongside medical therapies to help promote HEALTH. My family uses both alongside each other to help support and sustain our health rather than just fixing problems when they arise. Integrative therapies are an integral part of our wellbeing. we need to coexist and let both forms of medicine support eachother.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:34:27 AM

To the Medical Board of Australia,

I support Option 1.

I do not support the alternative, integrative and complementary without thorough scrutiny of the provider.

I personally suffered from mis-diagnoses that ended up with me taking and injecting various compounds that were later found irrelevant or useless to the stated condition. This took trained endocrinologists weeks to unravel and correct the medication.

In response to alternative treatments I have been sent home with needles still in me.

I have no faith whatsoever in these practitioners until they are more monitored and limited to the services they provide.

I still suffer problems with being overdosed on hormones and believe that any script they raise should be scrutinised and countersigned by a GP.

Basically speaking complimentary and intergrative health has a bad effect on my general well being.

If you require additional information feel free to contact me.

Thanks

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 9:43:55 AM

To the Medical Board of Australia,

I support Option 1.

I support the freedom of doctors and health practitioners to recommend integrative and complementary medicine. When applied safely this area of medicine can help to reduce the financial burden on our health system and patients. It encourages autonomy and choice for patients and practitioners.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:31 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I think that we have the right to choose how we want to get better whether it'd be naturally or through regular medicine. I, personally have benefitted from alternative medicine and without it would still be struggling with my health today.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 9:26:38 AM

To the Medical Board of Australia,

I support Option 1.

Our bodies our choice!! All western medicine needs the history of natural/eastern alternatives to be holistic - patients deserve access to all alternatives available to maintain health. Doctors should be able to choose whether they refer to differing practitioners/treatments.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 1:12:06 PM

To the Medical Board of Australia,

I support Option 1.

It is paramount the patient is able to access integrative and complimentary medicine. We are one with the Earth and its resources have been proven to heal over the centuries.

I personally experienced 6 months of testings, when what was required was a simple change of diet. No drugs/ MRI/ Ultrasounds needed. \$2000 plus, was accounted by my own funds. Who was this benefiting? Much research is proving industrialised medicines to having multiple adverse reactions on patients. Doctors are recorded to be prescribing for the adverse reactions, to prescriptions previously administered. All patients are not alike, so a holistic approach is sought to address ailments. One can not expect a 10 minute consultation to be sufficient time for a practitioner to find the cause of the ailment; a 'bandaid' reaction is not sufficient. For healing, the cause needs to be identified - and this is often directly related to lifestyle and diet of the individual. Mind. body and soul contributes to ones wetness.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:35:19 AM

To the Medical Board of Australia,

I support Option 1.

We are creatures of this earth and must integrate with natural therapies to regain balance. Dis-ease has rocketed in the face of industrial advancement.

Our government must recognise a balanced approach in its publics' desire for health care. It must NOT allow drug companies to control decision making for the individual.

There is plenty of evidence available to support holistic practices. Patient choice must be encouraged.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:41 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

To Whom It May Concern:

Before I got Lyme Disease in 2012, I wholeheartedly trusted conventional medicine. But, after being extremely sick for a year and a half, endless tests, numerous hospital visits and one final slap in the face at the rheumatologist, I walked away from relying on conventional medicine. Why? Because when I was in mass amounts of pain and could not move by myself at the age of 27, every time I went to the hospital, I walked away with no answers and padanol. Yes, I was given padanol. My symptoms kept getting worse. I no longer had an active life. I thought I was going to die. GPs told me that my illness was in my head. At the time, I didn't know it was lyme disease until a young doctor started exploring it with me, only to be told by his senior to stop. All of the symptoms that I was having matched with the lyme symptoms. Doctors decided to schedule me for a surgery to see if I had endometriosis. I did not. I did have a borderline auto-immune test result and so I was referred to the rheumatologist. Over Christmas 2013, I couldn't move by myself. The specialist got me in for an emergency appointment and prescribed 1000mg of naproxen. to be taken for one month until my appointment later in January. It helped but not by much. When I made it to my appointment in January, the specialist told me to stay on the 1000mg of naproxen for a further three months. I was 27 and not naive to the fact that this would damage my liver (which was already compromised by lyme). When I mentioned the idea of lyme to her, she laughed and told me there is no such thing.

The next day I found myself in a natural health store, looking for something natural to fix my pain and inflammation. The naturopath came over to assist. When I told her my symptoms and why I wanted the natural supplements, she told me it sounded like I had lyme (before I even told her)

The result was that I was treated holistically with herbs, supplements, remedial massages, physiotherapy, chiropractic and more.

Within 6 months, I was back at yoga. I totally changed my diet and avoided triggers like gluten, dairy, refined sugar. I took up meditation. Two years later, I was able to run a 5k again.

It's been 6 years now. I still regularly see a chiropractor and a remedial massage therapist and a naturopath. While I will never be 100% due to environmental factors that trigger chronic lyme (there is no cure), some days I can feel 80% and others 90%. Considering I was at 20% 6 years ago, I have come a long way.

When I do need to see a GP, I still feel let down or not heard.

Recently, I had a migraine for 4 weeks. I was given neck exercise instructions and anti-depressants (which I did not take).

However, arnica tablets, magnesium and cannibus oil, relieved my headache.

Complementary medicine has helped me so much. I always felt heard and understood. I was never judged or told that symptoms were in my head.

I always felt supported. These are practices that have been around forever. The only time I ever felt unsafe was when I was prescribed things by conventional doctors.

Please keep the guideline as they are. Complementary medicine is helping so many people and I wonder if this inquiry is in place because pharmaceutical companies and conventional medicine is starting to feel threatened. But they should feel that way. People have lost faith. People don't want their symptoms masked. They want to heal. They want their illnesses treated, in a holistic way.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 3:12:55 AM

To the Medical Board of Australia,

I support Option 1.

I have experienced the benefits of Integrative and complementary medicines since the age of 13 when diagnosed with CFS and IBS, at a time where conventional medicine took the stance that it was psychosomatic and provided no treatment options. To this day these conditions remain without effective orthodox treatments. Why? Because they are complex, multisystem disorders that one drug will never be able to fix. Because they involve dietary, lifestyle and psychological triggers that require far more than the 5 minute GP appointment to get to the bottom of. Needless to say I no longer have either of these conditions thanks to CAM. And I am not alone. Why would you take this option away? What harm does it bring you and what harm has it brought anyone when compared to iatrogenic illness in Aus from conventional medicines. People use CAM because it works. Australians are not stupid and do not need the MBA to tell them what's good for their own bodies. The majority of CAM users are highly educated and are lucky enough to be able to afford it. Why is it that several international bodies embrace CAM but not AUS? They have abundant evidence to support it but a few hundred km south it no longer exists. Have you never taken vitamins and minerals, used honey for a sore throat and eucalyptus steam for a cough? Of course you have. Not because it was an old wives tale but because it helped. Not all herbs can be made into drugs because there is often more than one active ingredient acting synergistically which doesn't go down to well in the patenting world. The ones that can be...have e.g.. aspirin etc. Integrative Medicine is the way forward, not a threat (Big pharma excluded). Preventative medicines are the way forward. Safe, long term medicines for chronic diseases are the way forward. Regulate the profession, sure. But ban? Aus will see straight through it and just watch the health bills soar.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 8:00:39 AM

To the Medical Board of Australia,

I support Option 1.

We absolutely need to keep the opportunity for practitioners to recommend complimentary medicine to support western medicine. Complimentary medicines should not be underestimated when used correctly to support patient treatment and well being.

I see absolutely no reason for them to be restricted and think it will negatively impact patient care if it is.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 6:14:30 PM

To the Medical Board of Australia,

I support Option 1.

No Government and no person has the right to restrict your choice of treatment for health!

A Democratic Government has the power but not the right to restrict our choices in treatment.

We are happy to live in a democracy, otherwise we could move to a communist country. This particular freedom of choice is for our own bodies and wellbeing, and our choices in regards to our own health do not harm others.

There are countries in Asia where Western Medicine trained Doctors can use both traditional and western medicine, these doctors have the best results for their patients, including cancer patients. And just in case money is the issue behind the desire to make changes in MBA guidelines, Better health, as a result of using the best of western medicine, natural nutrition and other forms of medicine proved over thousands of years, saves the government money in health care costs. If anyone takes the time to do some unbiased research into the results of integrative doctors, will see they generally have better results for their patients. But even they didnt it is still every persons right to choose how they want to look after their bodies.

Herbals, mineral and vitamin supplements, naturopaths and Traditional Chinese medicine have had huge benefits to me and my family members, over many years for a wide variety of ailments, even when Doctors using there standard practice have not been able to assist.

We want the best medicine for ourselves and use all options we feel will help. We are not so stupid that we cant make informed decisions for ourselves. Some people want choices made for them, and thats fine, but I believe that you and most people want to be able to choose treatments for themselves, after being properly informed by their practitioner(s) and maybe even doing extra research themselves. It has saved my life and I dont want this basic human right taken away from us.

It is every persons right to be free to take supplements, go to doctors, natural practitioners and doctors that integrate both. No Government or other agency or other person has the right to take away any of these options thereby taking away our freedom of choice. Please Stop taking away our freedoms.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:47 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

My health should be my choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 7:44 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative medicine helped me get my life back when traditional medicine and the medical system repeatedly failed me. I was constantly told there was nothing wrong with me because their traditional ways were unable to find my problems, integrative medicine discovered the problem and treated it, giving me a much better quality of life, fixing me physically which enabled me to heal mentally from the trauma traditional medicine and lack of correct health care had caused.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:44:47 AM

To the Medical Board of Australia,

I support Option 1.

Illness and/or disease results due to imbalances and every individual will arise at a disease with different causes. The integrative approach addresses the individual and looks for the actual causes rather than solely treating symptoms.

I have been helped enormously by integrative physicians and nutritionists in treating and healing from an autoimmune condition.

The conventional route never managed to achieve this outcome.

Integrative and complementary medicine looks at the whole individual and assesses what each and every patient may need in order to heal and recover good health. They provide options and choices that are not provided conventionally.

Please, please, please learn what these practitioners actually do and witness how they actually help and empower their patients.

The more we know, the more we know what we don't know.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 6:16:42 PM

To the Medical Board of Australia,

I support Option 1.

I support the current practice of GP's being able to provide medicines other than those provided by the large pharmaceutical companies.

I have been using both western medicine and alternate medicines for over 30 years now and the burden I have placed on the medical system has been minimal. I regularly take vitamins & complementary medicines many of which have been scientifically proven to provide health benefits.

I am a fit & healthy 57 year old female who with the help of my practitioners have been able to minimise my visits to the doctors and hospitals.

I urge NOT to change the current guidelines and give the individuals choice of how they want to manage their own health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 10:10:37 AM

To the Medical Board of Australia,

I support Option 1.

I no longer wish to go to the GP surgery with a health issue, only to be told to take a pill or cream, or avoid the antagonist, I want to be cured from the bottom up. This is integrative. This is wholistic and scientific

This should be the new way to treat people. Should be an imperative part of a medical degree

I have been told the wrong information pertaining to my health based on standardised markers that are out of date and this is no longer acceptable given what we now know about the use of low fat and high carb, cholesterol levels, antibiotics and diet in general

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 6:27:12 PM

To the Medical Board of Australia,

I support Option 1.

Taking away integrative medicine is taking away any shred of hope for the huge amount of females suffering and tortured by the pain of diseases like endometriosis and PCOS on a daily basis. The only thing that has worked for many sufferers, keeping them from being confined to their beds, finally stopping the shame and hatred they feel towards their 'abnormal' bodies. Some choose not to just hide the pain with strong prescription painkillers. We are young women who need these treatments to live our lives, and to get better. Restricting the access to these services will be harmful. Would you restrict access to physical therapies for the injured?

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 9 May 2019 1:57:00 PM

To the Medical Board of Australia,

I support Option 1.

I support Option 1 in support of no change to the current guidelines because health is a very personal matter and it should be up to the individual what type of treatment they choose. I believe we have a health crisis at present and to me that means we should be looking at other options and exploring all the modalities available to us in order to become a healthier society. This type of change is narrow minded and in no way open to keeping pace with the ongoing research in the area of health and nutrition. Scientists freely admit to the fact that there is so much more to learn about the human body that we are currently just skimming the surface and many of the beliefs on which current treatment is based are incomplete and incorrect.

People who seek out an Integrative Doctor are looking for that choice. If they are not - then they are free to choose a conventional doctor. I myself and many people I know personally have had health issues that the medical profession have been unable to solve leaving alternative medicine the only option.

As to limiting the time of a consultation it would seem that the MBA is not interested in patients achieving a good outcome because nothing can be achieved unless ALL the facts are known and this unfortunately usually translates to time spent getting to the bottom of the problem. Furthermore it is a restriction on free choice which should be everyone's right in a democracy. I strongly support NO change to the current guidelines.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 3:36:16 PM

To the Medical Board of Australia,

I support Option 1.

Please do not take away our freedom of choice. Please listen to the people & leave our access & choices as they are.

I Have been a nurse for 25 years here in Australia & am currently working in a major tertiary hospital in [REDACTED]. I know how important it is for patients to be able to make their choices. I've seen too much to know it is not in our interests to have our choice of doctor taken away or our choice of treatments.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:53:15 AM

To the Medical Board of Australia,

I support Option 1.

I fully support patient access to Integrative and complementary medicines.

I have used natural therapies in conjunction with the 'normal' medical advices for decades. I am in my late sixties and attribute my relative good health to the lack of chemicals that I have placed into my body in the form of drugs of all types including pharmaceuticals. I am extremely sensitive to chemicals and foods of all types so it is imperative for my health to have available a range of natural and non-invasive therapies from which to choose.

My family have also inherited these sensitivities and intolerances and like most Australians, choose therapies that are appropriate to the condition, including complementary and natural medicines.

If the MBA imposes restrictions on Integrative practitioners it will limit the valuable input and guidance that my medical doctors are now able to give me.

It is a senseless proposal that does not give credence to the idea that I am responsible for my health in partnership with my doctors and therapists.

It implies a lack of trust in these valuable and informed people and takes away choice by them and by me in maintaining health and lifestyle that we have come to expect in Australia.

No one else has the right to tell me what I should or should not do regarding my health and my body. It is my decision and my right to choose the most appropriate health care and medicines available.

Please do not go ahead with this proposal.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:46 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have lived with rheumatoid arthritis since i was 18. The treating medications have significant side effects that impacted my everyday life to the point that i was going to have to give up work and all my physical hobbies. Facing a life i did not want to live i chose to try complimentary medical options and found my salvation. I am not completely without formal medical treatment but i no longer rely on harsh medications. The complementary treatments allow me freedom from symptoms of my disease thus enabling me to continue working and enjoying an active lifestyle. It has also enabled me to bear children without fear of increased birth defects. Had complimentary medical options not been presented as an option to me i fear i would have lived a solitary, lonely life due to the crippling side effects of the formal medications or the disease process.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 8:40:52 PM

To the Medical Board of Australia,

I support Option 1.

I strongly support the YOUR HEALTH YOUR CHOICE philosophy. I speak from my quite recent experience. Few months I broke out for the first time in my life with a extremely itchy rash. I could not sleep, and the rash was spreading all over my body. After three days I was in state of panic. Nobody knew, so I called an ambulance. They did not know either and advised me to go to the hospital. At the [REDACTED] hospital, two doctors and a Dermatologist could not diagnose me. The specialist wanted to do a skin biopsy, which would involve local anaesthetic and who knows what else. He obviously did not read my medical information about my MCS illness, which made me allergic to anaesthetics drugs, medications, and so many other products with various chemicals. All these have preservatives. It did not even occur to this specialist to ask me if I can tolerate any of these. So much for his professionalism... I discharged myself from the hospital. The next day, I went to see the Naturopathic doctor. It took him just a few minutes to diagnose my problem. He had a big book on his desk with photographs of various rashes. Apparently, he has studied these before my appointment. He's put some creme on my skin to see if I was tolerant to it. I did not react. So I could use it safely. After just few applications, the rash was visibly disappearing. The itch was gone, and my Blood pressure went down! I 'slept like a log' and caught up on my sleep. In fact, I've had used Naturopathic doctors since 1989, when I became intolerant to pharmaceuticals which ARE TOXIC!!! I've had too many reactions to chemicals in these drugs. I have also used Chinese Traditional Herbal Medicine. And the fact that I am still here - despite my serious chronic illnesses, is a strong testament to these NATURAL TREATMENTS.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 10:40 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I should have a say what I like to put in my body. It is not a dictatorship in Australia. We should have freedom to think and decide the type of treatment or medicines. It should be a crime to force anyone to take anything against their consent.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 5:50:25 PM

To the Medical Board of Australia,

I support Option 1.

Don't remove choice! The only doctors I believe in are the ones that look at all options not just pharmaceutical options. I credit my highly skilled and capable naturopath with healing me of my severe and chronic eczema. No dermatologist or skin "specialist" before her was able to even get close to the permanent results I now enjoy. I want the choice to heal not just suppress my symptoms. Removing the option of seeking out alternative options for healthcare is a step backwards in a society and generation of people who demand choice and are becoming increasingly distrustful of big pharma.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 2:27:54 PM

To the Medical Board of Australia,

I support Option 1.

It is wrong and Paternalistic to assume that you know how everyone wants to look after their bodies. Health practitioner and medicine and treatment choice is one of the fundamental things we as humans have. You have no right to presume that you know what is best for everyone. OUR HEALTH OUR CHOICE AND SHOULD ALWAYS STAY THAT WAY

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 12:14:19 AM

To the Medical Board of Australia,

I support Option 1.

I do not support restricting access to integrative and complimentary medicines, as they can be highly effective when used as part of an overall treatment plan.

Australians should be given more choices, not less, when it comes to their health and well-being, and their personal or family beliefs and values, and which healthcare services line up with those values.

It is a devastating, backwards step to take away our choice to support our own health by accessing the services provided by these practitioners.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 11:31:18 AM

To the Medical Board of Australia,

I support Option 1.

Leading medical experts in the field of Endometriosis call for a multi-disciplinary approach. It is also called for in parliament that our medical doctors have not had opportunities to allow for education on this disease (1 in 10 women!!!) and indeed STILL often recommend outdated and harmful advice (I have personally experienced) while I will never replace my surgeon however he cannot help me with the many day to day symptoms that are uncurable but other practitioners have assisted me leaps and bounds to manage. I know this is a similar story to many of my friends managing different conditions.

Without CHOICES and an ability to try different treatments (there is no one size fits all) I would be stuck at my gp getting heavier and heavier doses of unnecessary pain drugs. The closest pain specialist is an hour away and fully booked.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have suffered depression and anxiety since I was a young child. In my early teens I developed CFS. Only now in my early 40s am I starting to get to the root of my problems thanks to my GP who practices integrative medicine. In the past, anti-depressants and psychiatry were of no help. Now, thanks to my new GP, I have had a range of blood test which revealed numerous vitamin and mineral deficiencies. I am still low in one mineral which has led my doctor to believe that there is an underlying issue which is preventing me from processing this mineral.

Deficiency in this mineral is a known cause of all my health concerns.

It is likely that without the help of a GP who practices integrative medicine, I would be spending the rest of my life suffering health issues which leave me unable to live a full and balanced life. I am confident that my GP, through integrative medicine, will uncover the root cause of my health issues and ensure my body is getting all the vitamins and minerals it needs for proper function. With her help so far there are already drastic improvements. My GP has referred me to a Somatic Experiencing Psychotherapist and an Osteopath who are helping me to release past trauma and tension stored in my body. I have never felt as supported by health care professionals as I do now. I have also had some improvements in the past with the help of Traditional Chinese Medicine (herbs and acupuncture) however, this approach is unfortunately rarely affordable for me. Integrative and complimentary medicines should remain a viable option for people. Conventional Western medicine does not always work and does not provide all the solutions. We need to keep options open for people rather than condemning them to a life of suffering due to lack of viable options.

We need to keep expanding our understanding rather than being closed-minded.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:31 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Perscription medicine gives me side effects that are harmful to my body

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

MY MONEY MY CHOICE. INTEGRATIVE GP'S TAKE MORE TIME, LOOK AT UNDERLYING BODY CHEMISTRY AND HISTORY, KNOW WHAT PATHOLOGY TESTS TO ORDER. FEW MAINSTREAM DOCTORS ARE INTERESTED IN UNDERSTANDING THE INTRICACIES OF THYROID AND HORMONE ISSUES. SYNTHETIC DRUGS CAUSE REACTIONS IN MY BODY FOR BOTH THESE HEALTH ISSUES. I MUST HAVE ACCESS TO THE REAL VERSIONS OF THESE MEDICINES. I PAY 4 TIMES AS MUCH AS A NORMAL SYNTHETIC VERSION, IT IS THAT IMPORTANT. I AM A MOTHER OF A YOUNG CHILD, I WORK FULL TIME, PAY FULL TAXES AND HAVE PRIVATE HEALTH INSURANCE. IF I AM FORCED INTO INCAPACITATION BY THIS ARBITRARY POWER GRAB BY THE MBA, THINK OF THE DOLLARS LOST, AT THE END OF THE DAY THAT IS ALL GOVERNMENT AND THE MBA CARE ABOUT ANYWAY.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:47 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Sometimes illness/disorders/diseases are better treated with holistic approaches.

It means everything to me and my family to have access to integrative practitioners. Changing the guidelines will affect more people than you realise or have concern for. What are you freaky trying to do here?

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:39:16 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine saved me when my regular GP could not help. I suffered severe GIT issues and was diagnosed with SIBO 3 years ago. I was suffering severe anxiety, extremely painful stabbing pains in my intestines, headaches, nausea, fatigue and such awful bloating. I couldn't leave my house some days, my life was deteriorating. I was in pain and often so anxious I was barely getting through each day. The doctors couldn't help me beyond recommending antibiotics, which only solved a fraction of the issue and only temporarily, whilst also adding to the issue as antibiotic use is often the cause of SIBO. It was through the support of a naturopath and a team of complementary medicine practitioners that I was able to treat this awful condition and educate myself on diet, lifestyle and the condition itself, which my GP had minimal knowledge about. I also discovered how little knowledge GPs have on diet, herbs and lifestyle, and preventative medicine in general. Doesn't it make sense that prevention is better and easier than cure? Let's give people the freedom and choice to get educated from integrative practitioners about all aspects of their lifestyle. It would mean less need for emergency medicine and less pressure on our medical system. People should have the freedom to receive this information from their trusted practitioners. Please, don't close the doors to health & wellbeing education, or preventative medicine. We should have the opportunity to be well, not just be alive!! I would probably have ended up on multiple anxiety medications and be in horrendous pain right now if it wasn't for completely medicine and an integrative GP, they saved me by giving me my life back. We all deserve that. Thankyou,

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 10 May 2019 6:58:08 PM

To the Medical Board of Australia,

I support Option 1.

Pharmaceuticals are WAY over prescribed. MOST people's health problems can be rather easily cured through lifestyle changes (mainly diet and correct nutrient supplementation... at the right doses). This does no harm to the patient, unlike pharmaceutical treatment! Not to mention that vitamins and minerals are a lot cheaper than pharmaceuticals. I'd also like to add that I am NOT in favour of bogus treatments like chiropractic, acupuncture, homeopathy, or any other such occult-based modalities.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 12:13:02 PM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]

The current method is fine and alternate medicines work !

Traditional western medicine is broken and supports big pharma more than patients.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 3:48:28 AM

To the Medical Board of Australia,

I support Option 1.

Access to complimentary medicine is essential for the health of my family. It has assisted us to be well to a much higher standard than what conventional medicine offers. During pre-conception, pregnancy and post-natal care especially it has greatly increased my wellbeing and comfort to use chiropractic, naturopathic and traditional Chinese medicine alongside conventional medicine. Being in a rural area I do not have access to an integrative GP but would very much like to have such care available. To restrict access to complimentary and integrative medicine would be a huge step backwards and is disempowering people who strive for better health for themselves and their families.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:34:18 AM

To the Medical Board of Australia,

I support Option 1.

I strongly believe in the right of the individual to choose the type and style of health-care intervention they believe will help them. It has been proven that many complimentary practices can have a beneficial and positive effect.

Anyone who thinks otherwise has a closed mind and is in danger of the type of punitive Medieval religious thinking that created the Inquisition. Think of the recent breakthroughs in the use of medical Marijuana and the positive way it has impacted on the lives of people who had run out of pharmaceutical options. There is no need for more regulations.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:17 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I work as a practice Manager in a large medical center and although we do not offer alternative health as such, we believe that our patients have the right to either support their treatment with alternative therapies or to choose to try these options instead of current prescribed medication. At the end of the day the Government has no right to deny a person's choice of treatment and if their doctor or specialist cannot oversee that treatment path you are leaving patients to negotiate this path without any support. Whether it is nutrition, meditation, or natropathy all positive steps towards health are valid.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 10:03:49 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine brought me back to wellbeing after the ravages of chemotherapy and radiotherapy. I wouldn't be in such good health now without it.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 11:06:34 PM

To the Medical Board of Australia,

I support Option 1.

I want to maintain my access to my integrative GP. I value him so much I'm prepared to pay more than regular rates, and of course, I get a longer consult.

My regular GP is great for stitching, mending and regular stuff but not for deep health questions. The ones that general GPs put in the too hard basket and cannot solve.

My integrative GP understands what I'm looking for in tests and supplements. I only get frustrated with the regular GP and his beliefs. My integrative GP is still a GP and medically trained, so what's the problem?

You are proposing to remove my choice to spend my money the way I want, to see who I want, yet is still a GP - so what's the problem?

I thought this was a democratic society, not a communist regime

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:27 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I wish to have freedom of choice. I do not want to be filled with drugs etc which in my opinion is a band aid solution; may help but causes other complications. The body can heal itself with good nutrition. All MBA and Govt is doing is lining pockets of big pharmaceutical companies .

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 1:55:56 PM

To the Medical Board of Australia,

I support Option 1.

I am MCS with 184 identified allergies including all pharmaceuticals which have always had devastating results on me since I was 14 years old and on 2 of my children. I can only use herbs and not echinacea. Now I have massive ZDNA damage from wifi and cannot even sit in a waiting room. Symptoms are the same as MCS on the immune system. There are now many women like me staying away from regular doctors depending on chemicals. How about quantum physics the new science for medicine. It is about life force and frequencies not chemistry. Don't make us suffer any more. Chemistry has destroyed our health. Alternatives work. Freedom to manage our lives without penalty is needed.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 10:48:11 PM

To the Medical Board of Australia,

I support Option 1.

I support continuing patient access to integrative and complementary medicine because it focuses on a holistic approach to healthcare and wellness through its emphasis on identifying the root causes of illness rather than providing prescription drugs to alleviate the symptoms without identifying the underlying cause.

I also support doctors rights to provide new and innovative practices including complementary medicines, drawing on the latest international research. I understand it can take an average of 17 years for the findings of this kind of research to be accepted into mainstream medical practices.

The main reason why I have been using integrative and complementary medicine exclusively for the last 30 years stems from a negative experience following a general anaesthetic for a routine curette performed at the [REDACTED]. I woke from the anaesthetic with my left arm completely paralysed. The anaesthetist and the head of the hospital were extremely concerned that I would sue the hospital for negligence, so arranged for appointments and offered to pay for my consultations with several of [REDACTED] top neurologists. They also paid for my transport to and from these hospitals as I had a manual car and couldn't drive myself. The results of the tests and scans that they conducted all showed, definitively, that I was suffering from radial nerve palsy from being placed incorrectly on the trolley in recovery, and the damage was completely irreversible. There was nothing they could offer to restore the use of my arm, and they said there was nothing they could do for me other than have a splint made for my wrist which was provided by the [REDACTED] clinic at [REDACTED] Hospital. I subsequently visited my naturopath who, on hearing that I was suffering from nerve damage, provided me with a small vial of homeopathic drops of hypericum. I took the drops as directed for approximately two months at which time I noticed a tingling sensation in my fingertips and within the following month I had full sensation back and full use of my arm.

I've since studied natural and preventative health extensively and have not required the services of a doctor other than to write a referral for blood tests. I have not had any antibiotics for at least 45 years, no vaccinations and have had no illnesses that have required any medical intervention and have never been hospitalised. I rely on the use of vitamins, minerals, herbal supplements, natural therapies and diagnostic testing as well as a very nutritious diet and a regular yoga practice to maintain excellent health at the age of 66. I have regular consultations with Bowen therapists. My family and friends also rely on support and expertise from these practitioners and natural therapies. I'm very grateful that in Australia we have such a diverse range of practitioners that offer state of the art treatments in preventive and natural health.

If the current guidelines were changed, and restrictions imposed on integrative practitioners, my health and wellbeing would be severely

compromised.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 11 May 2019 9:41:48 AM

To the Medical Board of Australia,

I support Option 1.

I have suffered with digestive symptoms (similar to IBS) for over 10 years. The only real understanding and help I have found for my symptoms is through an integrative GP. I finally have a diagnosis and treatment plan. I feel hope for the first time in years that I can have some relief from my discomfort.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 6:15:32 PM

To the Medical Board of Australia,

I support Option 1.

Please allow us to have the option to pick a gp that offers all forms of treatment options. Do not take away our choices as I believe this will lead to people taking health into there own hands and not see gp's

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 10:32:46 AM

To the Medical Board of Australia,

I support Option 1.

Please do not change the current guidelines. As a cancer patient in the country, having my dr be able to use intergrated medicine saved me time money and much stress. It is essential that drs be able to use intergrated medicine to help their patients thru knowledge and guidance. I was going to use a vitamin that would have been unsuitable for me and they advised so.

As a doctors receptionist i see every day what challenges they face.....please dont add to their stress by not being able to help patients. Its hard enough as it is. Thankyou

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 3:16 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I was diagnosed with Graves autoimmune disease in 2017. My doctor told me I'd need to immediately give up breastfeeding and take a beta-blocker to help manage my symptoms and once I had seen the endocrinologist I'd be taking radioactive iodine to have my thyroid assessed and the potential of removal.

I then attended an integrative medical doctor who supported complementary medicine. It was 16 weeks since my first doctor diagnosed. My integrative doctor was confused as to why I was coming to see him for thyroid issues as my blood reflected a healthy person.

In 16 weeks I'd used complementary medicine, diet and lifestyle changes to bring the condition into complete remission. My friend had her thyroid taken out. I write this as I breastfeed my child at 3 years of age.

I had severe depression, anxiety, suffered chronic panic attacks, paranoia, heart racing and palpitations, rapid and excessive weight loss, sensitivity to hot and cold, no period, terrible headaches, severe body pain.

My non-integrative medical doctor saw me once I was better and this was his diagnosis, based on blood we need to take your dose up by 3 times in your medication, which I hadn't been taking. I was perplexed so we investigated my blood work together against my initial results.

He said oh actually you're doing much better we can cut your dose in half if you like..... I said I wasn't taking meds and it was due to herbs and he stood up and left the room, the nurse came back in and asked me to leave.

I visited an integrative bodywork practitioner, and he found 3 ribs out of place and began therapy on my ribs. I had immediate relief from all the body pain I'd been experiencing for the past 3 years. I'd saw many doctors and physios on referral from the doctor and none of them could help me, even after scans, and assessments.

2 years on from diagnosis and I have none of the symptoms I have referred to above. I don't have any Pharmaceutical products in the house and we are never sick. There is 4 adults and one toddler in the home. We are never sick. I'm immunocompromised and we are never sick..... All because of complementary medical information and support from integrative doctors and practitioners.

I think when you begin to restrict modalities of healing because they haven't been investigated properly it becomes a huge issue for the rights of people having choices over the medical and complementary medical choices they choose for their bodies and that of their children, if my homeopathic remedies help with teething or a cut or bruise, in comparison to panadol, I'll make the choice every time.

The science tells us that longterm use of anything is harmful, yet take away the choice for herbs, etc to be accessed via integrative medical doctor means I would have only had the choice to stop breastfeeding, go on meds for life and potentially have a surgical procedure. Now, all I do is a few mls of herbs in the morning.....

Thanks for listening to my story, restricting these choices for people is refusing to see the very real benefits of complementary medicine in medical practice, it's almost criminal to people suffering

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 7:59:53 AM

To the Medical Board of Australia,

I support Option 1.

This is a very wrong move. Integrative and complementary medicines have helped me and it is very suspect that the MBA would be against it.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 7:23:55 AM

To the Medical Board of Australia,

I support Option 1.

To whom this may concern,

I am emailing my concern that the Medical Board of Australia (MBA) are looking to limit and control what Integrative Doctors can prescribe and by doing this, are therefore looking to control and monitor their practice.

As someone who regularly sees an Integrative Doctor with great success and improvements to my health (after having seen no such success from regular GP's), I feel this is an abhorrent limitation on my rights to seek the appropriate medical attention.

To put these limitations in place is to not only deny my individual rights but will also deny thousands of other patients their rights to appropriate treatment and also to those professionals who have worked very hard to gain their accreditations in their respected field.

I request Option 1 – No Change to Current Guidelines!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 5:37:47 AM

To the Medical Board of Australia,

I support Option 1.

I am 74 and thankfully with the help of homeopathy, naturopathy and kinesiology have maintained good health and fitness inspite of heart issues since birth and chronic fatigue issues in my forty's.

To impose any restrictions on qualified practitioners is a denile of people's rights of personal choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:42:25 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine.
People have a right to choose what is best for their health. Keep
Australia a free country. Give us freedom of choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 28 May 2019 6:45:30 PM

To the Medical Board of Australia,

I support Option 1.

I feel it vital to keep the option of complementary modalities in my future health. I have paid into my Health Fund for many years and utilized these services, now this option has been taken away from me. This has resulted in regular costs to be prohibitive, I depended on these services to maintain a healthy mind and holistic approach to my health care. I use integrative approach to my health because pharmaceutical products are wholly able to resolve all my health issues. I have an Immune System disorder which impacts on my skeletal and digestive system. I do not qualify for the current treatment for low IgG and IgA called IVIG treatment. I therefore use complementary medicine to support my immunity, having full access to these services supports my health holistically where pharmaceutical products are not available for me with this immune disorder called hypogammaglobulinemia. I feel my future conversations with my GP will not be as supportive with much less to offer me in my approach to my personal overall health. If I am not given choice to incorporate the modalities that I use. Primarily, Herbal, Naturopathic and Chinese methods of acupuncture and Pilates. It will cause me increased pain and suffering and then I would have to rely more heavily on stronger pain meds which I like to avoid. Using complementary modalities assist me and improve my quality of life. It is therefore important to allow Medical Professionals our GPs and Specialists, to make decisions based on the personal situations so that they can support their patient holistically and giving the patient every opportunity to improve quality of life.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 7:06 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The number one reason that I barely know what the inside of a hospital looks like is that I have educated myself and used natural methods.

Occasionally I may need a doctor's opinion, but he/she needs to be trained in natural therapies.

When a doctor or other therapists cannot give WELLNESS advice the limping hospital system will crash totally.

Have you lost sight of the reason for your existence which is to promote wellness? It's not to peddle habit forming band aid solutions.

I happen to have a God given right over my own body and the right to source the remedies that are beneficial for me. This is just the latest in harassment that has been going on for well over a century.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 29 May 2019 10:15:07 AM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]
I had an episode of declining health 3 years ago. I was also suffering from multiple miscarriages. My local GPs were not able to give me answers and I found myself suicidal for only 2 weeks of every month. I knew it was hormonal but all they could offer was a referral to a psychologist! Grrr! I went to an integrative doctor who could not believe that they had let my Ferritin levels drop to 7!! I could barely think straight at that point! I'm SO grateful for this doctor who had my health fantastic after a couple of months with vitamins, supplements and natural progesterone cream (which I no longer need). I know I'm alive today because of her and if this wasn't available then I might not be!

I'm also tired of the stranglehold that big Pharma seems to have on the Medical profession these days, all the while chronic health issues are skyrocketing! We need other wisdom clearly! Let doctors be autonomous! Trust them to do right by their patients. People will walk if the treatment doesn't work so it's like any business, sorted by supply and demand.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 2:51:14 PM

To the Medical Board of Australia,

I support Option 1.

Dear Sir/ Madam,

Nobody has the right to tell me what I can and can't do in regards to my health and the health of my family. The way I see it ,it is all about protecting their own financial interests and they never divulge how many people are injured in one way or another by what doctors prescribe/ treat. I haven't seen recent figures, but years ago when I was studying sociology of health, the figures were astounding.

If we wish to seek alternative treatment, then this should not be blocked, our bodies , our decision.

The MBA has a vested interest in what they are seeking to do. They do not care about the general population, because if they did, they would not be trying to change the situation to suit themselves.

I am quite furious about this. How dare they ?

Yours faithfully

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:29 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please don't take away our rights to choose our kind of practitioner, whether they be integrative or not.
I heavily support integrative and complementary medicine. There is a place in our health care system for both traditional and integrative medicine.
Complementary treatments support long term health and ease the burden on our already over taxed health care system.
Please keep our system the way it is.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 1 May 2019 12:46:22 PM

To the Medical Board of Australia,

I support Option 1.

I was a Registered Nurse for close to 30 years. I do not think conventional medicine has all the answers. Complementary medicine is a minefield with plenty of unqualified practitioners or those just out to part one from one's money. However, qualified and registered GPs should be allowed to supplement conventional treatments with complementary additions to treatment plans. They are qualified to make educated and informed decisions about patient health. Not allowing them to prescribe complementary treatment/ medications/supplements will only drive desperate people to obtain them illegally - and that would be extremely dangerous and risky.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:13:46 PM

To the Medical Board of Australia,

I support Option 1.

Restricting doctors' options is not a progressive step. It discourages sceptical or disillusioned patients from seeing fully medically trained professionals who are best situated to provide a complete overview of a patient's health issues.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:37:13 AM

To the Medical Board of Australia,

I support Option 1.

Because we live in a Democratic Society!!
Our bodies - Our choice

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:22:10 AM

To the Medical Board of Australia,

I support Option 1.

Natural and complementary healthcare have been integral to my health plan. I've had multiple chronic autoimmune issues over the years and struggled with them for a long time. It was only when I found a doctor who was open to integrating my healthcare with natural and complementary therapies that I started to experience positive progress.

A holistic whole body approach is necessary. Every body is different, and every health plan needs to be individually designed. Doctors need the freedom to recommend different health treatments, conventional or complementary or alternative, as best suits each patient.

Every person has a right to choose the healthcare they feel is best for them.

Choice matters!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 21 May 2019 6:12:46 PM

To the Medical Board of Australia,

I support Option 1.

Complementary medicine has been integral to my health and wellbeing. Integrating this with my Doctor has been the best for me, helping me heal from chronic and acute issues.

I fully support doctors and complementary therapists working together.

I am a multi faceted person and I need different practitioners and therapies for holistic health.

Please vote to ensure my health providers can work together in my best interests.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 3:28:35 PM

To the Medical Board of Australia,

I support Option 1.

If anything needs to be tightened it is the calibre of GPs graduating. I have been horrified at some of the patently incorrect medical advice given to me by recently graduated GPs. Also, too many established GPs are prescribing inappropriate medications and have next to no concern about detrimental side effects. I get the feeling that they are more concerned to write scripts, in order to appease BigPharma, than they are about patient care. My GP recommended medication includes OTC iron tablets and fish oil - as well as prescription medication. Both have a place when considering the whole person. Some patients are more knowledgeable and better qualified to help themselves than some medical 'experts'.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 11:25:13 PM

To the Medical Board of Australia,

I support Option 1.

It is my choice to choose if I want to use conventional medical treatments or alternative medicine, treatments etc as to maintain or gain good health. Either way, if I remain in good health that has to be to the country's and governments advantage, as then I am contributing to the economy not drawing on the benefits in provides if I can not work. I do not understand why the idiots in government class it is their right to tell a doctor that he has to be limited in his appraisal of my illness, if more time or tests are required, WHAT THE BLOODY HELL DOES IT HAVE TO DO WITH YOU LOT!!!. No one goes to the god damn doctor and endure the waiting etc for funnies or thrills, it is to get an answer so they can get well. It can be rare these days to actually find a decent doctor who really cares and wants to totally help his patients, as you lot have pretty much made them just robots that ask the set questions, write out a set script and says make another appointment next week..... let the decent doctors do their job without you sticking your nose in.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 7:57:02 AM

To the Medical Board of Australia,

I support Option 1.

Every human body is different, and if we shut down alternative treatments we remove the possibility of healing the one who WILL benefit and be healed.

Let the choice be on the individual citizen, not a governing body who will never see, speak to or physically help, this individual citizen.

Experts have a voice, and are counted - let individual experience be allowed to have a voice and be counted.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:54:18 PM

To the Medical Board of Australia,

I support Option 1.

This is a disgrace integrative health practisers have helped so many
people I know as well as my self better than just putting you on
drugs that so often are dangerous and make you sicker
Makes me wonder what this is all about

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 2 May 2019 9:07 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

After a car accident with a brain injury all the run if the mill doctors would have had me on opioid pain killers and antidepressants etc etc. I refused as I had always gone to natural therapists. Thank goodness for my Integrative doctor so now years later I never took drugs and was helped and have my life back due to the amazing knowledge and understanding and holistic (body mind and spirit) complete healing. I don't trust and never go to normal GP's. They have a little bit of knowledge and don't look outside the basic training. Integrative doctors use preventative measures regarding patients health and heal naturally. They recommend drugs if necessary. They have a wealth of knowledge. It is so obvious to everyone that the medical board and GP'S and of course drug companies are threatened by integrative doctors as more and more patients are going to them due to their correct and thorough diagnosis and care. Without Integrative doctors more people would be hooked on medication and all their terrible side effects and lose quality of life and end up costing the govt more. This is obvious what the pharmaceutical companies want. To make more money! The doctors get too many kick backs from prescribing certain drugs etc. We all know this and the medical board is just proving it by doing this. Everyone should have free choice who they see for health care. Integrative doctors are justified in charging more than generic GP's as they have so much more knowledge and give better quality care.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:17 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is an essential complement to conventional medicine: not either/or but both together

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 22 May 2019 9:34:59 AM

To the Medical Board of Australia,

I support Option 1.

If restrictions are placed on our integrative GP, our immediate family and extended family wont have access to treatment, as our gene mutation, isn't recognised in main stream medicine. Our treatment is replacing what is lacking in our bodies, simple, which doesn't require any synthetic drugs only compounded supplements. What has happened to free choice in Australia.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:06:59 AM

To the Medical Board of Australia,

I support Option 1.

I wish to advise that i fully support medical doctors looking at the whole patient as a "physician" ie not as a machine, that once was the practice. As people we are dealing with a changed and stressful world that is not only physical, but mentally damaging. The complementary medical field has much to offer in conjunction with mainstream medicine. Working together must be better for the patient and our lifestyles. With so many problems in the country it can only be of benefit to all. Why would the MBA not support that which benefits the patient ? The Hippocratic oath is surely the guide.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:42:11 AM

To the Medical Board of Australia,

I support Option 1.

My husbands life has been saved from a deadly illness by using natural health products guided by an educated, informed and intelligent professional.

Lets encourage good medicine to include the already proven successful natural therapies and give up on this age old conservatism which holds establishment in unscientific blinkers - think about it.

Where do you want yourself or loved ones to turn to when conventional medicine fails you? Which it very often does, as well as poisoning and also killing. Look at the information available.

Please turn your attention to supporting a wide range of therapies and to supporting the democratic right of individuals in this country yo make their own choices.

Thankyou.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:28:33 AM

To the Medical Board of Australia,

I support Option 1.

I firmly believe that Doctors can advise patients on a wide range of alternatives to standard pharmaceutical or surgical or typical treatments.

Patients have a right to treated with a wholistic approach. And given a variety of choices

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 6:27:26 PM

To the Medical Board of Australia,

I support Option 1.

Hello,

I and my family have benefited from our doctor being able to advise outside conventional boundaries and helped with stomach complaints, getting rid of parasites without blasting the body with antibiotics but we are not adverse to medication but it's been brilliant to resolve some issues without medication.

These doctors are highly intelligent and responsible with their knowledge and care and to deny them that ability to be flexible with their treatment for the greater good of people is ridiculous.

Wellbeing isn't all about drugs and medicated responses.

Sincerely

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 3:14:26 PM

To the Medical Board of Australia,

I support Option 1.

Please do not further reduce our options in regards to integrative and complementary health options. GPs are under far too much time pressure to offer comprehensive health advice and it is increasingly becoming more difficult to find a doctor who is willing to discuss health and investigate what is wrong with you. In my experience, GPs are quick to offer drugs, but when you ask questions about whether or not the drugs are a good fit for you, the answer to the questions has generally been 'I don't know' and if the blood tests come back as normal, it's like that's then end of the investigating and it's not further looked into.

Integrative and complementary health practitioners, make the time to discuss your body and issues holistically, touching on everything from diet, to hormones, to stress, to digestion. After giving up on finding a GP that wanted to have a discussion about health with me, a naturopath was the first practitioner that really investigated and provided vitamins and herbs that alleviated my issues and increased my overall health. My life quality had decreased significantly and I would not have overcome it, if it weren't for the help of vitamins and herbs from a naturopath.

Please don't take this option away from doctors, as a doctor with a wide range of knowledge on natural and western medical options is very valuable. We have already lost our choice to use Naturopathics, despite their degree qualifications and interest in overall, holistic health, please don't take away further choices and make drugs the only choice, particularly when many minor ailments can be treated with something that boosts overall health.

Thank you.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 23 June 2019 5:09:53 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine, because conventional western medicine as a stand-alone medical system has limitations, which can be decreased by using a holistic medical approach with the inclusion of Integrative & complimentary medicine. I support the right for every human being to have total freedom of health care choices.

My family and I use Integrative & complementary medicine, because it offers an alternate treatment to using drugs. Integrative & complementary medicine can address the root cause of an illness as well as alleviate the symptoms. It also offers hope, relief of symptoms or a solution to a health issue when conventional medicine can only offer painkillers eg. back pain.

If the MBA imposed restrictions on Integrative Practitioners, the MBA limits health care choices for each individual.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 8:17 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe it is important for both practices to work together, side by side, to give us the very best of treatment. Many people have allergic or sensitive reactions to many of the prescription items, they benefit from natural therapies. In addition, I believe I have the "right" to choose what I want for my own health, I have the right to know what I believe is "best" for me. It is my right to use natural therapies if I think they are best for me, I also have the right to choose the treatment my General Practitioner offers me. I firmly believe both should work together.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 2 June 2019 8:49:26 PM

To the Medical Board of Australia,

I support Option 1.

I appreciate alternative therapies being recommended and subsidised.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 6:49:35 PM

To the Medical Board of Australia,

I support Option 1.

Medical practitioners are in a very good position to offer holistic care when practising integrated medicine they have the privilege of being able to offer solutions for people who can use their knowledge and skills that not just consider pharmacological model but can incorporate that with other combined or alternative evidence based management. Not only have integratd practitioners undertaken further studies to improve the clinical rational and options to improve patient, clients have faith in knowing that the integrated practitioner is taking the time to do a very thorough history, profile and work out the most appropriate treatment. I personally feel cheated and disgusted from a quick 10 min exam, consult and pharmacy prescription that is mostly symptom relief. the difference in my life, my family health from seeing an Integrated practitioner, who used a combination of pharmacological and nutritional options has made life worth living, i had no positive outcomes from the merry go round of GP/specialists and prescription medications. Clinical diagnoses for issues treated from Integrated medicine amongst myself and family with good outcomes- Endometriosis, Ross River Fever, Q-Fever, Bi polar, Cancer, and high cholesterol, Hyperthyroidism, and asthma. These were diagnosed prior to seeing integrated practitioner, and not being resolved or manged successfully which is why I am so pleased that there are qualified practitioners to offer the best of options via integrating and merging into their practice other very important health options.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 3:50:13 PM

To the Medical Board of Australia,

I support Option 1.

I believe in health choices. Integrated medicine is the only way forward. I am currently on a healing journey with various natural practitioners. I don't know where I would be without them. A lot sicker and with many side effects. All my children and grandchildren have benefited from chiropractors and naturopaths and integrated doctors.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 1:50:19 PM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]

It is our choice to be educated about what kind of healthcare we would like access to

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 9:57:53 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative & complementary medicine. It has helped me, my mother, sister & friends who have struggled to find answers in conventional medicine, when doctors have struggled to pin point conditions or explain symptoms. Please allow us to make our own choices about our own health. I urge you to please retain the current guidelines.

Thank you.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:23:58 PM

To the Medical Board of Australia,

I support Option 1.

I support encouragement for medical doctors to upgrade their skill set to include complementary medicines and emerging treatments into their practice.

Unfortunately, as I live in a rural area, I do not have ready access to an integrative doctor.

This would have been immensely beneficial earlier this year, when I suffered a life-threatening illness. Although I received excellent treatment from an alternative practitioner, in addition to being hospitalised, and numerous (brief) consultations with my own doctor, my preference would be to have had a medical doctor with the requisite skills and time to treat me. If this had been the case, I believe that I would have avoided going to hospital.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:39:58 PM

To the Medical Board of Australia,

I support Option 1.

Please continue to allow doctors to offer integrated medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 9:07:08 PM

To the Medical Board of Australia,

I support Option 1.

I strongly support an holistic approach to healthcare and I support doctors`right to provide new and innovative practices, including complementary medicines. I look forward to our Government funding rebates for natural therapies.

I do not support the tightening of regulation of practitioners providing integrative treatments.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 7:36:23 PM

To the Medical Board of Australia,

I support Option 1.

I am a registered nurse and I work with people who sometimes choose to see a GP who specialises in integrated medicine, where they combine medicine with nutritional medicine and possible herbal medicine. The patients I speak to love the holistic approach of the doctor, they love the time they are given in consultation and the attention to detail in their assessment processes and they feel like they are being heard. They are making a clear choice with their healthcare which is everybody's right to see who they choose to see and receive the approach of care that they feel is the best option for them. I have also trained as a herbalist and complementary healthcare practitioner, although I have chosen not to practice so that I can focus on my nursing and see very much that both have a place in the healthcare environment.

What we have at the present time is a push under the frame of evidence based medicine to say that there is no evidence for doctors or other health professionals to use these kinds of therapies. But the question here is what is deemed to be evidence? Ask a patient who sees an integrated doctor and ask them how they are feeling from the treatments they are receiving. There will certainly be people who have noticed little difference, but there are large numbers of people whose health has begun to turn around. Although this may not be the kind of evidence that is highly regarded, it still is evidence and that patient has made the choice to go and see that doctor and choose to outlay extra funds for treatments and pathology testings. Not everyone may choose this, but having this available for patients to be able to choose is what is important.

Illness and disease has become more and more complex, not just physically but psychosocially, which ultimately affects someone's physical health. We really need all options on the table, because even with all that our overall health outcomes are not great. Let people make their choices for their health care. Lets not control a persons choice because we would not choose that for ourselves. Lets make sure everyone that practices integrated therapies is appropriately qualified and attends yearly professional development in their area of work. Include this as an accepted specialty in medicine and medicine will be all the more for the inclusion.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:29 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I fully support for doctors to use Integrative & complementary medicine in their practice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 4:35 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We need integrative health professional and compounding pharmacy's as current medical practices are not comprehensive enough. I have a condition that took 20 doctors 2 years to work out and my integrative doctor found it in a one hour consult.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 11:02:31 AM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine is essential to my health as I have had severe reactions to 'modern' drugs and treatments.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 9:25:00 PM

To the Medical Board of Australia,

I support Option 1.

I am a firm believer in natural medicines which have helped me and many like me over the years. It has been proven many times that natural God-given medicines are available to us to be used for our good not harm. I also consider it my right of choice and a doctor's right of choice should not have restrictions posed upon them.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 7:53 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

How can you know what is right for me and my family?

When the harmful side effects of the medication prescribed by a GP are worse than the illness itself one has to seek other options.

Please leave integrative medicine alone!! These doctors are in tune with our needs.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 13 May 2019 1:41:00 PM

To the Medical Board of Australia,

I support Option 1.

I use complementary medicine as a means to stay fit and healthy. I try to avoid "synthetic" medicines as much as possible, and go for more natural remedies, as I feel strongly about what we are using as medicines! It is too easy to become reliant on certain drugs, which may have harmful side effects.

I am also a strong believer in eating more natural foods, rather than the processed crap that is readily available from supermarkets. Natural is better than synthetic any day of the week.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:08:41 AM

To the Medical Board of Australia,

I support Option 1.

Above all, going forward in all our lives, having a choice and a range of options to choose from is the greatest thing that we can have for ourselves, our families, our future...

Myself and my family pay for our own health care, from our own pockets - no medicare, no private health, no GP's bulk billed. Therefore, no current burden on the tax system.

We prefer it that way to ensure that it is available to others who are not in such a fortunate position.

To impose restrictions on integrative practitioners takes away freedom of choice, is that what we are becoming as a society? What is the danger to anyone if there are more options - if they don't work for an individual, they can make a different choice with the guidance of their trusted practitioner.

I want to live in a world, a country, that gives more options, more freedom of choice, not one who takes them away.

What message is that sending to our educated practitioners? That they aren't trusted to do what is best for their patients?

Please consider where this will lead our country in the future, from all angles, not just the current one these proposed changes are coming from.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 4:49:52 AM

To the Medical Board of Australia,

I support Option 1.

I can honestly say 100% without holistic healthcare I would be dead right now.

I have suffered with many conditions both mentally and physically over my life that naturopathic doctors have been able to diagnose and treat that my GP could not. I have had many conditions I was told by multiple GPs and Psychologists I would just have to learn to live with greatly improved if not the symptoms fully gone by naturopathic and chiropractic care.

Since adding acupuncture and kinesiology into my regular healthcare plan 18 months ago I have gone from being in chronic pain physically and so mentally unwell with PTSD, severe anxiety and depression to the point the only reason I haven't ended my life multiple times over the last 5 years is because I know my child has no one else. Over the last 18 months holistic healthcare practitioners have managed to do for me for the first time since I was 9 years old what multiple GPs and Psychologists have failed to do, they've made me want to LIVE and for more than just my child.

For the first time in my life I actually have hope that my life can and will get better. I have practitioners that actually listen to me and trust that I know my own mind and body as much as they do instead of doubting that what I am telling them is true and making me feel a million times worse. Apart from the vitamin supplements they have recommended to me after realising the just because my GP said my vitamin levels were normal by the book they were normal for my body. I am finally 100% Unmediated and have never felt better. I no longer walk around feeling like a zombie because of doctors that think the only way for me to get better is to be put on medication.

How about you all go and do a reform into your 'conventional' medicine and see why so many people feel the need to turn to holistic healthcare practitioners in the first place, fix what is broken in your 'conventional' medicine and leave the holistic practitioners alone because they're fixing so many of your 'conventional' doctors mistakes and failures.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 5:06:47 AM

To the Medical Board of Australia,

I support Option 1.

I have had many conditions I was told by multiple GPs and Psychologists I would just have to learn to live with diagnosed and greatly improved if not the symptoms fully gone by naturopathic and chiropractic care.

Since adding acupuncture and Kinesiology into my regular healthcare plan 18 months ago I have gone from being in chronic pain physically and so mentally unwell with PTSD, severe anxiety and depression to the point the only reason I haven't ended my life multiple times over the last 5 years is because I know my child has no one else. To actually wanting to live something multiple conventional GPs and Psychologists have failed to do, they've made me want to LIVE and for more than just my child. For the first time in my life I actually have hope that my life can and will get better. I have practitioners that actually listen to me and trust that I know my own mind and body as much as they do instead of doubting that what I am telling them is true and making me feel a million times worse. Apart from the vitamin supplements they have recommended to me after realising that just because my GP said my vitamin levels were normal by the book they were not normal for my body. I am finally 100% Unmediated and have never felt better. I no longer walk around feeling like a zombie because of doctors that think the only way for me to get better is to be put on medication.

How about they all go and do a reform into their 'conventional' medicine and see why so many people feel the need to turn to holistic healthcare practitioners in the first place, fix what is broken in the 'conventional' medicine and leave the holistic practitioners alone because they're fixing so many of mistakes and failures of conventional medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:32 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We live in a democracy and the government should not dictate to anyone what type of medical treatment they should use. Natural therapies IMO are far better than taking drugs and pills that are backed by the gov.
Stop dictating

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:33:45 PM

To the Medical Board of Australia,

I support Option 1.

I find the restrictions wanting to be placed on medical practitioners by a government body an UTTER OUTRAGE. This is a totally UNACCEPTABLE INFRINGEMENT OF MY AND SOCIETY'S RIGHTS OF FREEDOM OF CHOICE, my right to consult with whom I wish, my right to have a practitioner who is more than a pill-prescribing robot, my right to look after my body in a holistic manner, my right to be treated as an important intelligent human, rather than a mindless moron being dictated to. We are supposed to be a First World country, but we are going back to the Dark Ages in respect of disinformation, dictatorship, no freedom of speech, government directing one's beliefs, etc. The Medical Board should be ensuring education is up to standard; and then ensuring that they follow up on practitioners who misdiagnose and mis-prescribe. The Board should not be eliminating freedom of reading, and acting on, new research; nor prescribing what can be spoken of in a private consultation of free will and choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 9:54:24 PM

To the Medical Board of Australia,

I support Option 1.

We need holistic approaches to our health as We need to have more choices available to enable great health outcomes and thereby saving government money on drugs etc. doctors need to be able to use a wide range of medical resources as we are all unique. I am very grateful to my doctor and her absolute care and concern for me and appreciate her knowledge and willingness to avoid the drugs and use supplements to help me regain control of my health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:42:19 AM

To the Medical Board of Australia,

I support Option 1.

I'm discussed that natural therapies are being banned . I thought we lived in a world of freedom of speech . I and my family have only ever used natural therapies for sickness ect. They are a wonderful and natural proces for our bodies and beings. We should at least have a choice and not be dictated by one person who is against natural therapies. It's soooo wrong .

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 12:37:13 PM

To the Medical Board of Australia,

I support Option 1.

As a sufferer of several chronic illnesses including multiple tickborne diseases I strongly support integrative and complimentary medicine/doctors.

Without my integrative doctor I would be in an even worse state than I am as conservative medicine is mostly not interested and has no solutions for most of my health issues. It took me years to even get a diagnosis because I don't fit into your regular parameters. Medicine is not black and white and for many chronic patients a very difficult issue for which your small medicine model has no time or interest if it is complex and hard to treat.

I have many friends who found improvements or healing from integrative and complimentary medicine. All let down by conventional medicine!

All doctors should be educated in integrative and complimentary medicine and we would have less people with wrong psychiatric diagnosis because they don't fit your narrow parameters (and if they don't fit they must be psychiatric).

Integrative holistic medicine is the medicine of the future and it is a human right to choose one's health care.

Where other countries are moving forward you are putting us back into the dark ages!

I hate to speculate on your motivation for this. It's definitely NOT for the greater good.

Not everyone fits into your little boxes of diagnostics and treatment, especially chronic patients.

I am appalled that this is happening in our modern innovative country and implore you to not curtail the rights of sick people and the autonomy of integrative and complementary medicine which is so very important to many including myself.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 10:44:48 PM

To the Medical Board of Australia,

I support Option 1.

After I was diagnosed with cancer and was going through conventional treatment, alternative medicines helped me not only manage side effects, but also the mental anguish that cancer leaves the patient with. I survived those long months using both conventional treatments and alternative therapies, I can't imagine doing it any other way.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:38:47 PM

To the Medical Board of Australia,

I support Option 1.

If it weren't for my integrative Healthcare Practitioner I can honestly wholeheartedly say that I would not be functional. I have an autoimmune condition that does not work with synthetic medication on its own and having the support of a doctor who can meet my body's needs is invaluable. It enables me to be able to get up in the morning. I cannot fathom how I would be able to survive without that support. If I didn't have the ability to have my doctor recommend alternatives to the one size fits all box of medications I would be a burden on society, I can work even if it is difficult, I wouldn't be able to work if it wasn't for my doctor's support of my condition.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:14:59 PM

To the Medical Board of Australia,

I support Option 1.

My experience of integrative medical care has been extremely positive as well as beneficial. I believe I have been able to prevent the full blown development of an inflammatory chronic disease (Rheumatoid arthritis) by judicious use of safe and effective therapies alongside of intelligent and logical screening tests. My experience can only but be good for communities, good for the economy and of course good for my family and myself. I have not become a burden to the overutilised, under-resourced, publicly subsidised healthcare system.

Furthermore, I would expect the MBA to be paying keen and curious attention to the work these doctors do as I am sure their results speak for themselves. Certainly I will attest to the benefits of integrated medicine and feel strongly that I should have the right to choose a practitioner that doesn't succumb to the dogma of the times, is willing to pioneer new treatments (for without such people where would we all be?), uses critical clinical decision making skills and can combine the best of many treatment modalities for improved patient outcomes.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have relied on integrated practices, complementary and holistic services for majority of my health issues both acute and chronic. With great success. My health has been better because of integrated practices as they are currently. I have needed more than a short appointment however my visits are far less frequent and my over all health is better. There is more than just pharmaceutical medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative medicine allows patient and doctors to work together often to compliment existing medical treatment. From my experience it encourages the body to heal and strengthens the immune system all without adding further toxins. I support all levels of medicine and believe I should have a choice as to what treatments I would like for my body. I'd like to do this with the support of a trained professional such as a doctor. Integrative medicine does not replace other forms of medicine, it compliments them and that needs to be acknowledged.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:29 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine as it has helped me immeasurably over the years. After seeing many, many GP's and specialists over the course of years and countless expenses, I finally found answers and suitable treatment from a GP with a more holistic and integrative approach. My mother has also been helped in the same manner after her lack of success, similar to mine. Without Integrative & complementary medicine I would still be on antidepressants and other medications that just masked the real issues. My health would have deteriorated and I suspect my will to live lessened (as it was starting to before). I deserve to choose the right treatment for me and it is not ethical for the MBA to impose restrictions on Integrative practitioners that are helping.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 9:49:51 AM

To the Medical Board of Australia,

I support Option 1.

My name is [REDACTED] - for the last 5 years I have been dealing with chronic pain caused by an accident at the gym. I have seen a range of GPs and Specialists for my condition: after being unable to work for many years I started back at university in the hope to become a midwife and be able to return to work one day. For my "PRAC" I am required to be off all of my "pain management" medication. Which I am fine with. My GP understands my situation and during my regular appointments, she has began to use acupuncture to help with my pain to get me off medication. I have not seen this relief medication free from anything else. My GP is amazing. She has changed my life by helping me to get off medications so I can move forward with my life, regular acupuncture isn't a cure but neither is taking huge dosages of codeine and other narcotics everyday. Over my time dealing with chronic pain I have seen another GP who also performed acupuncture on me which helped all those years ago too and actually got me back to work for a few months before my pain flared again. My GP had retired and I found it impossible to find another who could help me with acupuncture as part of my treatment until last year when I started seeing my current GP... I also see a Chinese Medicine Doctor through my Private Health Extras Cover to help with pain/symptoms of PCOS - she has also changed my life... no longer dealing with severe pain debilitating my life monthly and the out of control emotions which come from hormone imbalance. I also see a chiropractor weekly through my Private Health and she also is working with me to get off all pain medications and live as painfree as possible. Please consider how complimentary medicine can assist patients along side western medicine. Both the GPs who have worked with me using acupuncture also prescribed prescription medicines and used diagnostic testing to help with my condition but used acupuncture to help with pain without needed to move to stronger narcotic medication. One day soon I will be a productive member of society again, paying taxes and reducing my burden on the medical system. This never would have happened without my GPs using acupuncture, seeing a Chinese Herbal doctor and chiropractor.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:44:59 PM

To the Medical Board of Australia,

I support Option 1.

I am concerned to hear of any move to limit the scope of integrative medical practice.

If we consider medical practitioners to be the most qualified and best informed health practitioners in Australia, which I believe is a fair assumption, then it makes sense to me that we would want them being able to prescribe the most appropriate medications, supplements or therapy as they see fit.

We know Australians use complementary medicine, my family is no different. We actively seek out medical practitioners that have knowledge and expertise in complementary medicine as the way I look at it they are the best placed to guide us in the most judicious path to supporting better wellbeing.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 2:41:43 PM

To the Medical Board of Australia,

I support Option 1.

I have been abused and not helped by conventional medicine many times in my life. I insist on my right to access practioners who use complementary practices. We are behind the world in thinking this is the way forward - it is actually backward to narrow our scope. Many many may be validated in the future but they are far superior in the way they do no harm. I have used complementary medicine to help menopause, anxiety, PTSD, broken bones, IBS and many more problems where medicine has been useless.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:25 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Free choice us our right!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 2:03:25 PM

To the Medical Board of Australia,

I support Option 1.

There is enough information out there to support the use of complementary medicine. There are times when complementary medicine will not benefit or in some cases cause the patient harm so it is imperative that our doctors are across both prescriptive and non prescriptive medications and the interactions between the two. There is also a lot of evidence that the pharmaceutical companies are out to line their own pockets and a lot of medications can be harmful but are prescribed due to the evidenced that's been manipulated to support their use. An obvious medication that comes under this would be the menopausal medication - Premarin that causes heart attacks and strokes in many of its uses.

I would think it was the job of the MBA to promote all products that help people, not just the ones that support the pharmaceutical companies. I also believe that the pharmaceutical companies should be kept well away from any form of production of complementary medicines and let's leave that to the companies who ethics align with our public's health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 11:07:23 PM

To the Medical Board of Australia,

I support Option 1.

I want my doctor to be able to offer me natural solutions to my health issues. The government has too much power over the health options for us and our children.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 1:02:01 PM

To the Medical Board of Australia,

I support Option 1.

I do not support any change to alternative healthcare, I support option 1. I should have to right to choose for myself how I want my health decisions or care. This is freedom of choice my right. I use conventional medical care when relevant and unusually integrate the two under my doctor, or with a suitably trained practitioner. I am quite capable making that choice. Equally I find there are many many poor doctors out there with no nutritional knowledge at all.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:48:28 PM

To the Medical Board of Australia,

I support Option 1.

IF the government is serious about reducing the healthcare debt... How about supporting people who stay out of the healthcare system by using complementary medicine practitioners who get to the heart of symptoms and treat the underlying cause of illness rather than pouring billions of dollars into a sickness model which only supports the growth of drug companies and drugs which only suppress symptoms. I demand choice... I pay taxes too and I end to be rewarded rather than taxed more for looking after myself and NOT being a burden on the public purse by using complementary medicines. Please listen and study the science, the traditional and historical evidence and don't be swayed by bigpharma!!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 7:47:06 AM

To the Medical Board of Australia,

I support Option 1.

Government has NO right to dictate which forms of medicine I choose for treatment.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:32 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We are just beginning with Integrative medicine due to specialist deeming our 15 year old son too complex and too difficult and all have dropped him, including Children's [REDACTED] Hospital. On top of that he has not been to school now going into the 3rd year. Last fully attended Year 6 (2016). The school he's enrolled at nor the school board return calls. We have been dropped by all. We don't have the money for integrative medical but have no choice but to find a way as we have to help our son.

He was refused care by the CT Neurology Ward nurses for his IVIG infusions (July 2017) from Children's [REDACTED] Hospital due to his behaviours which are a result of his medical condition. The hospital Psychiatrist also won't treat our son unless we continue to follow his medication choices which we have done for 5 years with the medications causing more harm than helping our son, we have to say no more. He has developed akathisia, tardive dyskinesia, extreme weight gain etc as a result of the medications on top of his OCD, Tics, anxiety, Tourette's...2 pages of diagnosis...etc. Our son has lost his functional life yet they keep wanting to keep treating our son on a medication roller coaster causing more issues than helping. His Paediatrician has also dropped him after 8+ years because he was too complex and difficult to treat. So we have been left with just our GP we have had since our son was 2 years old. How can a GP treat our son when his Paediatrician, the specialists at Children's [REDACTED] Hospital all have dropped him due to his complex needs and subsequent behaviours due to his medical issues????

I ask from the bottom of my heart to please allow integrative medical to continue. I also beg that in severe cases like my son who is refused proper medical help, no duty of care acknowledged, be covered/helped financially under Medicare. My son has been denied proper medical help by the medical system in NSW and we are at a complete loss as to how such could happen in Australia. We are left to borrow money to help our son. We are also struggling with "ticking"

all the NDIA boxes needed to get enough support to help our son. The NDIA system is over taxed with books closed or long waiting lists to just get assessments!

Here we live in what is not considered a 3rd world country, yet, with a son who was stricken with a sudden onset case of what they say is...brain inflammation, an autoimmune brain encephalitis...but can't offer treatment due to the subsequent resulting behaviour issues???

Kind Regards [REDACTED]

[REDACTED]
Hit with sudden onset mental issues...OCD/Anxiety/Tics/Tourette's
etc [REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 2:46:10 PM

To the Medical Board of Australia,

I support Option 1.

I have been a yoga practitioner for 13 years.

Whenever I consult my GP, she continues to comment positively on the physical and mental benefits that she directly observes, that she believes are due to the body-mind practices of yoga that I engage in. She once commented that 'if everyone practised yoga like you do, I would be out of a job.'

In 2017 I injured my knee, with a torn meniscus. I consulted an orthopaedic surgeon, but rather than embark on surgery, through deliberate yoga postures and leg-strengthening work, I was able to heal my knee back to 90% of its full functionality. My GP was completely supportive of this approach.

GPs are in a key position to notice first-hand the benefits of complementary therapies, like yoga, for their patients. They should not be restricted by the MBA in their referral.

I hope that the MBA will continue to allow medical practitioners the flexibility to support their patients through holistic healthcare practices.

Thank you.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 11:21:33 PM

To the Medical Board of Australia,

I support Option 1.

For 50 years I have lived without any changes to laws that state what I can or can not chose to eat or take to stay healthy.

I do not agree that your proposed laws as to what my doctor suggests I do to keep good health will stop this.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 9:37:10 AM

To the Medical Board of Australia,

I support Option 1.

I prefer the use of natural medicine, as there are far fewer side effects. I should be allowed the freedom of choice to seek professional advice from a healthcare provider for safer holistic medicines or treatment

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 23 June 2019 8:19:04 PM

To the Medical Board of Australia,

I support Option 1.

I suffered from terrible anxiety caused by years of insomnia after the birth of my children. I could not function and ended up in the emergency room after a collapse. I am a highly sensitive person and cannot tolerate pharmaceutical drugs of any kind. There are many people out there like me which is the reason we require natural medicines and supplements, not forgetting the fact that these actually treat the disease and get you better instead of just treating the symptoms. I only got help once I met the first integrative practitioner. From there things have gotten better and better. These consults take an hour or more where as the GP sees me for 10 minutes. Who do you think are doing a more comprehensive job with diagnosing me? I would not have been able to go back to work after my children had it not been without the help of naturopathy, acupuncture, homeopathy, physio and chiro. These therapies are a lifeline for me. It is inhumane to take this choice away from people who rely on them for their health and wellbeing. If you want to do this are you also prepared to clean up the toxins from our environment and give us a clean food and water supply so we don't need to have protocols in place to help us recover from health concerns caused by the overload of toxins on our bodies? I have an autistic son and can tell you first hand what these toxins have done to him. Please do not take away the only practices (integrative & complementary medicine) that offer our son and (so many others) help with managing his psychological and gut issues and helps him fulfill his full potential. Please do not play with peoples lives in this way. Why is it so important to you? Think about the lives that will be affected if you take the choice away from people. Can you live with the fact that you would have compromised the life and wellbeing of so many people? Please do your research properly and independently of those who have commercial interests in mind. Listen to people and look at real life cases, not at studies published by parties with a conflict of interest.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:13:49 AM

To the Medical Board of Australia,

I support Option 1.

My body, my choice . End of story!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 3:22:02 PM

To the Medical Board of Australia,

I support Option 1.

Dear Madam, Dear Sir

I wish for no one to be diagnosed with an autoimmune disease.

You get a ne, you'll start getting more.

They can be debilitating- and modern medicine is way too far removed to help most of us.

Hashimotos - hypothyroidism and Graves and Hyperthyroidism for instance.

Simply just to taking synthetic T4 medicine and measuring tour TSH will help inly a very few lucky people.

GPs and even endocrinologist simply have no club.

Thousands of people have been helped by integrative and or holistic doctors or by naturopaths.

Chronic fatigue, brainfog, weight gain, tinnitus, skin conditions, depression.. all symptoms that can and Do get better and even go away with NDT, LdN or simply just dietary changes such as going gluten, dairy and sugar free.

Don't restrict . Please learn.

Open your minds.

Big pharma is NOT the solution to everything!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 10:40:26 PM

To the Medical Board of Australia,

I support Option 1.

The two different types of treatment, work beautifully together, so why change it?

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:58:22 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine as part of a wholistic set off skills. Integrative & complementary medicine has helped me through several periods of my life, and that of family & friends.

I use Integrative & complementary medicine when testing out my responses to changes which reduces burden on primary healthcare system. I prefer a multi-integrative approach as it provides me autonomy over my health and well-being.

If the MBA imposes restrictions on Integrative practitioners this will have a devastating effect of the livelihood of practitioners and followers alike. This is simply madness.

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:11:02 AM

To the Medical Board of Australia,

I support Option 1.

My Wife is very sick with a rare blood disease. The regulated medical system under medicare and private health insurance do not cover the treatments or medications that she needs to recover. The regulated medical system has failed in this provision. Chemotherapy is attacking her immune system other medications are helping keep her alive. Please reconsider your proposed restrictions on "Integrative Practitioners".

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 4:48:29 PM

To the Medical Board of Australia,

I support Option 1.

Our family has various auto immune diseases. We rely on integrative medicine. Living with Addisons disease and Systemic lupus, Hashimoto's and Various other auto immune diseases. Not being able use conventional medication as we are highly allergic. It would be very unfair to be limited to choices.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 9:04:59 PM

To the Medical Board of Australia,

I support Option 1.

I believe every body has the right to choice. To choose the best options available for their health, their bodies, their families. We have the right to inform ourselves with information from all areas and then make our own informed opinions based on this. We are not China, North Korea or a communist state. We are a strong, independent and well educated community and to take away our informed choice is akin to stepping back into the dark ages. We have evidence-based and experience-based results both personally and collectively that allow us to live in our best health possible. I have personal experience from an integrative doctor that found a solution to my problem during my first visit - I had previously seen both GP's and naturopaths for months that did not come close to a solution - but one visit to an integrative practitioner with their scope of all learnings brought an immediate solution. Who would not want that for their own health, their families health, their communities health and for the health of our nation? Who would sanely stand in the way of this absolute wealth of information and wellness? We are not blinded by un-truths, we are awake, aware and informed by the whole truth.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 1:51:08 PM

To the Medical Board of Australia,

I support Option 1.

Dear MBA,

As an Australian citizen who went undiagnosed with Von Willebrand's disease by my regular GP for over 10 years, it wasn't until I saw a GP that used both conventional medication and chinese medicine, herbal medicine and took time to review all of my ongoing issues, that I was finally diagnosed with VWS as well as Chronic Fatigue amongst other things. My right to choose a Doctor who can support my physical systems as well as emotional symptoms is vitally important to me. Acupuncture, remedial massage, vitamins have all helped with my symptoms and management of my diseases and allowed me to once again be a functional member of society.

As a developed nation we shouldn't be limiting a patients right to choose alternative therapies, particularly when it means people such as myself are back at work and contributing to society.

I appreciate you reviewing the impact this will have on a large percentage of the population.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:08:52 PM

To the Medical Board of Australia,

I support Option 1.

Common sense is being lost.

What is truly conventional?? If you look back in history many of the what is now called Integrative & Complementary medicines that were used to treat people. It only seems that now Big pharma are involved that these medicines are now not deemed mainstream.

If we don't allow these Integrative & Complementary medicines to be used or offered as an alternative we are heading down the road of a very sick nation.

I personally use Integrative & complementary medicines as an alternative to the main stream medicine and have maintain a very healthy existence. I also believe by doing this we pose less pressure on the already overburden medical system.

Please don't take away these options.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 4:58:02 PM

To the Medical Board of Australia,

I support Option 1.

Someone in my family would not be living the healthy life they are living without the advice and help of complimentary and integrative medicines. All mainstream medical advice had been tried, but made no difference and health was getting worse. There is enough need and calling for both mainstream medics and integrative medicine to work side by side. Each has its benefits depending on the situation. It would be grossly unfair and in basic terms, mean and selfish to ban complimentary/integrative practitioners from assisting patients. It can only be seen as a decision made out of fear and greed. There is malpractice in mainstream medicine and is dealt with accordingly, the same rules should apply to complimentary medicine. There are many mainstream doctors who have illnesses that have eventually used integrative medicine after exhausting all other treatments. Many of them have had amazing success with integrative medicine. Please show some compassion and allow us to make our own choices. The mainstream medical system is already foveat last added, with any people not receiving the treatment they need, please don't add to this back log.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 1 June 2019 10:17:36 AM

To the Medical Board of Australia,

I support Option 1.

Please allow health professionals to work at the cutting edge who may lead to progress in care. Do not leave to vested interests to regulate or humanity will be much the poorer for it.

Much of what is now mainstream conventional medicine was once not- this must be recognised. full consent with every individual patient must be made no matter what the treatment so no issue

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 7 June 2019 5:41:50 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine has helped with my arthritis it works t the
medicine are not harmful and are all natural

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:17:09 PM

To the Medical Board of Australia,

I support Option 1.

The changes take away choice

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:47 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Doctors who practice integrative medicine were able to help me and my family where conventional doctors were not. I even had a "mainstream"

GP say that she gave up on me. An integrative doctor found the cause of my illness and also helped my son with his health. I'm not sure where we'd be without these amazing doctors who have had extra training and are truly interested in the best outcomes for their patients. Freedom of choice in healthcare is a cornerstone of a democratic country. Restricting access to such care could negatively impact many families who have found help through these practitioners.

Please consider investing in a healthy nation rather than a medicated nation.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 28 April 2019 7:46:48 PM

To the Medical Board of Australia,

I support Option 1.

I do not support the proposed guidelines. Integrative medicine has been crucial to improving the lives of both me and my mother in recent years. My mother has gone from being bed ridden with chronic fatigue and unable to support herself to being a useful and engaged member of society. I was suffering from insomnia and anxiety and chronic pain. While normal medicine in both cases had it's place it was the ability for us to choose to use integrative medicine that was crucial to both of us regaining our health and resuming our normal lives. It is about being able to choose to find and try alternative approaches to dealing with medical issues. That should be a patient's choice. The proposed guideline changes would restrict the ability of my doctor to help me manage my health in this way without fear of being unreasonably targeted by vexatious complaints to the Australian Health Practitioner Regulation Agency (AHPRA).

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 12 May 2019 6:48:30 PM

To the Medical Board of Australia,

I support Option 1.

It is extremely arrogant of the MBA to suggest this change. It shows a complete lack of respect for the general public by trying yet again to reduce the free choices of the people to decide what health care they want. It is our right to choose, and I believe this has more to do with increasing the power base of the medical profession than concern for the public.

It is obvious that the MBA wants to have complete control over us, and I wonder how closely they're allied with the huge pharmaceutical companies.

There is no evidence that any change is necessary, and I vote for option 1.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 7:37:43 PM

To the Medical Board of Australia,

I support Option 1.

I feel it is not up to the MBA to make decisions on my behalf or that of the Doctor I choose to see. I want the freedom to be offered and use Integrative & complementary medicine. I have found over the 50 years of my life these have been more beneficial meeting my health needs. I want to know my Doctor is free not restricted to offer me alternatives to Pharmaceuticals and Surgery.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 6:23:02 PM

To the Medical Board of Australia,

I support Option 1.

Integrative & complementary medicine such as Chiropractic has helped my family, friends and myself through some very difficult times. I was sent to a GP to help with my leg and hip pain that stopped me from being able to walk. I was 18 at the time. I tried the medication, the physio advice, the bed rest and NOTHING happened/worked. I saw a Chiropractor (not knowing what it was and was told by a footy friend about it) and after 3 visits my pain was gone and I could walk. No medication, no surgery, no side effects. How could this advice be taken away from the public? How come that GP didn't offer Chiropractic as an option to me before? He was going to offer surgery!! What!? Instead of taking away options from the public we should educate the GPs/MDs on these "alternative therapies" so they have a better understanding and can refer the patients correctly without causing harm first.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:52:33 PM

To the Medical Board of Australia,

I support Option 1.

I believe we the people have the right to choose the kind of care whether or not it be traditional or complementary ourselves. It's not right that a person is forced to have treatment to save their own life that may go against the treatment they feel is best for them. It's hard enough to find a doctor that thinks outside the box as it is, I know of a couple of people that have chosen to lose their life then rather go with conventional medicine/treatments.

I myself am on S8s and after many years on 1 sort of another & of course like anything that you've been on for many years just doesn't work as well as it once did so with that in mind we need doctors that are willing to try something else without either them or the patient being made to feel like criminals. I believe if you were to implement this you will have blood on your hands as the suicide rates will go up.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:02:35 PM

To the Medical Board of Australia,

I support Option 1.

My family of 8 has used a range of alternative therapies for 45 years without outstanding results (that's why we continue to use them) we believe in taking responsibility for our health
We have rarely needed to access MEDICARE benefits surely that is an enormous plus for you to consider

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 10:14:11 AM

To the Medical Board of Australia,

I support Option 1.

For many years I suffered with heart palpitations, becoming worse as I got in to middle age. My doctor was not happy with the response from one specialist who said I just had to live with it, so she sent me to another specialist. This second specialist told me to try magnesium supplements, and that changed my life, within a week or two of taking the tablets, the heart palpitations were gone, only returning when I have a virus or similar. If you stop doctors being able to advise patients on supplements that can assist with healthcare, that would be very wrong and I do not support it in any way, I am proof that supplements can and do work. Many people also just need someone to listen to them, and that is not going to happen either if you restrict the time doctors can spend with their patients.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 12:55:34 AM

To the Medical Board of Australia,

I support Option 1.

More Restrictions towards already educated and governed interpretive practitioners is plain dumb! We should be able to access complementary health practices if we choose. This should not be changed, the reasoning to change is not backed by extensive research/evidence so it doesn't even make sense.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 5:57:17 PM

To the Medical Board of Australia,

I support Option 1.

As a developmental guidance counsellor, I work with parents and children to help maximise student learning and wellbeing. Many of my clients have found success in working closely with their medical practitioner to manage cognitive and mental health symptoms with integrative and complementary medicine. Please don't limit my client's care by imposing restrictions on integrative practitioners.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 9:39:35 AM

To the Medical Board of Australia,

I support Option 1.

After receiving traditional cancer treatment in Nov 2011 and (so far) winning the fight, I found my general wellbeing never recovered and gradually became worse. I suffered serious fatigue, muscle and joint pains, anxiety, insomnia and constant digestive complaints.

I begged my family GP for help for 5 years only to be told over and over that all she could do was help mask the symptoms with the help of her prescription pad. These medications often had side-effects for me that meant I couldn't continue taking them.

Finally, deciding I couldn't go on like that any longer, I went to see an integrative GP. That was in November 2018. After a few expensive non-mainstream tests (not covered by medicare and so self-funded) She found reasons for my declining wellness. Multiple reasons. And quickly set out a plan to heal me, starting with my dysfunctional gut.

Six months later, thanks to diet changes and selected nutritional supplements, I am seeing the positive effects of the healing. I have lost weight, have more energy and most importantly I hurt less. I am well and truly on my way to my better life. This would not have been possible under the traditional medical system of treating symptoms with pharmaceutical medications which was only making me sicker.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:31:59 AM

To the Medical Board of Australia,

I support Option 1.

I'm very concerned to find out the current guidelines may be changed and may not include integrative and complementary medicine. Alternatively medicine has been apart of my family's health since I was a young adult and also a part of my daughters lives since birth. I find it comforting to have so many different types of therapy available and I feel it's very important to the Australian community's as we are all individuals and we know medicine is NOT a one shoe fits all.

I thinks it's fantastic that doctors can recommend other option when needed and I believe it's important for these professionals who have trained in medicine and the human body to get the recognition and same privileges as 'conventional ' doctors.

I really hope you consider everyone's opinion in your final decision and how it may impact the people of Australia's lives.

I thank you for your time.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 8:55:52 PM

To the Medical Board of Australia,

I support Option 1.

Maintaining access to complimentary healthcare is integral to my personal health as well as in my professional life. People deserve to be informed of their choices and to have access to holistic care that suits their particular needs.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 1:57:10 PM

To the Medical Board of Australia,

I support Option 1.

It's as simple, my body my choice. Government nor bureaucracy has any place or right in thinking they can make choices about my body.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 12 June 2019 8:37:00 PM

To the Medical Board of Australia,

I support Option 1.

I am writing to you in regards to the changes to the MBA guidelines. these therapies help people in many ways. acupuncture can be used to treat pain disorders where morphine has failed. dietitians and naturopaths can help support the gps when maybe all other treatments have failed. I have treatment resistant ptsd, anxiety, depression and other conditions which are been managed by a mix of proper medicine and natural treatments as all other options are used up. whats next will you take psychology away for been mumbo jumbo. that also saves lives. if you impose these restrictions you are limiting the only help some can receive.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 2 June 2019 5:22:20 PM

To the Medical Board of Australia,

I support Option 1.

I am a firm believer in conventional western medicine. It has helped me too much for me not to be aware of its benefits. I have also benefited enormously from traditional, complementary medicine. I want the choice to be cared for by a doctor who uses complementary and integrative medicine as I and my entire family have conditions for which conventional medicine has proven to be of no use. In fact, I would prefer to be able to continue consulting a naturopath without having to pay the full fees with no recourse to medicare or my private health insurance when I am prepared to pay extra for this health cover as my life was changed dramatically after consulting a naturopath and integrative health doctor.

I consider the tactics used to limit this freedom of choice to be bullying and undemocratic.

I will not stop accessing the health care I need, it will simply cost me more and make me feel that the MBA cares less for patients than it does for money.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:57:48 AM

To the Medical Board of Australia,

I support Option 1.

I believe Doctors must be free to offer alternative treatments to "conventional " approaches, and a holistic approach to healthcare and I support a doctors' right to provide new and innovative practices, including complementary medicines .

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 9:41:41 AM

To the Medical Board of Australia,

I support Option 1.

I have Scleroderma and without complementary medicines I doubt that I would be as well as I am. Pharmaceutical medication alone can cause even more health issues. Complementary treatments definitely have helped me. Remove my choice to use them and my life expectancy and quality of life will be drastically affected. I implore you to allow me to live the best life I can for as long as I can.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 7:07:02 PM

To the Medical Board of Australia,

I support Option 1.

My healthcare team have used a holistic approach in diagnosing and treating my Fibromyalgia. If regulations were tightened, it would make diagnosis and treatment of complex conditions more difficult and contribute to more flareups and discomfort for those who truly need help. Please leave the current regulations unchanged. Please.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:48 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please not only continue to allow integrative and complimentary medicine, but consider also supporting them more and offer more training on them to your medical students. Integrative and complimentary medicine has allowed me to balance my hormones (that due to PCOS and endometriosis were very unbalanced) that I otherwise would have had to go back on the pill for which was what made them unbalanced in the first place, they have also helped me improve my chronic fatigue syndrome. They are valuable and legitimate ways to treat and even diagnose patients and without them you will put peoples lives and health at risk. Thank you.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 11:40:39 AM

To the Medical Board of Australia,

I support Option 1.

I have a fairly common (in my demographic at least) auto-immune condition, Hashimoto's Thyroiditis. A very expensive Endocrinologist prescribed a lifelong pharmaceutical drug to balance my hormone levels but said nothing abt how to address the auto-immune aspect. Regular GP's are capable of monitoring my situation but generally do not have any further knowledge to add to that. My options were to accept that, investigate complementary therapies by someone who does not have the medical training my condition requires (that is 'me' and the therapist), or see an Integrative GP who has knowledge of both medical and complementary therapies. I chose the latter option and over several years with their support have successfully managed my condition through lifestyle changes, vitamin and mineral supplements, and compounded pharmaceutical medicines. Integrative practitioners have allowed me to make safe and wholistic decisions about how best to manage my health. Health should not be an either/or situation.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 2:55:40 PM

To the Medical Board of Australia,

I support Option 1.

I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines. Integrative & complementary medicine has helped myself and my family directly. Especially for chronic illness where no traditional treatment to reverse the illness are available. It is well understood that the brain plays a huge part in healing the body and whether these treatments are creating a 'placebo' effect or not is irrelevant, if it helps to remove symptoms / pain of chronic illness in patients who otherwise have no other treatment options.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 4:55:04 PM

To the Medical Board of Australia,

I support Option 1.

To whom it may concern, I am hereby letting you know that I'm against the proposed new restrictions being placed on medical practitioners recommending complimentary medicines /practices, So called fringe complementary medicines . I wish to have my right to be FULLY informed of my options mainstream or not AND KEEP MY RIGHT to choose my treatment of choice. Mainstream medicine has enough of a strangle hold on modern medicine along with the big pharmaceuticals. We as Australians have had far too many rights taken away leave our rights alone . Many complementary medicines work more efficiently than mainstream anyway with far less side effects

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 11 June 2019 4:49:51 PM

To the Medical Board of Australia,

I support Option 1.

Because I believe both types of health care are very important. They each have their respective place.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 5:14:49 PM

To the Medical Board of Australia,

I support Option 1.

My husband and I moved to a remote rural town in NSW. My husband was bitten by a tick when we moved and after this point started to have a range of unexplained health problems that sent him to the emergency room a number of times. He had many blood test and nothing returned. I suggested the possibility of a complication due to the tick bite which seemed to be the starting point of his dramatic health decline - to which that doctor explained that this was not the case and he simply had an unexplained illness that could last 12 months.

My husband was plagued with dizziness, an irregular heartbeat, swelling of the eyes, unexplained rashes, stomach upset and fought the need to pass out daily.

It wasn't until we met with a integrative doctor that we were able to receive treatment in the form of antibiotics and alternate therapies and he started to improve. With the support of the doctor, we completed a Western Blot Test that indicated a positive for Lyme Antibodies and so his treatment continued.

If we had not accessed support from this doctor, it is my firm belief that my husband would be still very unwell. This not only has impact on his health and wellbeing, but a knock on effect to the wellbeing of those around him as any person suffering with an illness has.

To put restrictions on doctors to help their patients get better seems ludicrous. We should be looking to these doctors and see why THEY are making their patients well when others are putting bandaids over the health problems of their customers and sending them away feeling unsupported and sometimes hopeless.

Efforts should be made to identify the pathogens in Australian ticks that are causing substantial health problems for people instead of blocking integrative and complimentary medicines.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:25:59 AM

To the Medical Board of Australia,

I support Option 1.

All my life I have included homeopathy with occasional conventional medicine. This applies right through my family to great grandchildren. And we are an extremely happy HEALTHY family. I could not manage without homeopathy and osteopathy both practices are essential for me and mine. For goodness sake keep an open mind and let us take care of ourselves. It's my body I'll make my decisions how to best care for it.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:40:53 AM

To the Medical Board of Australia,

I support Option 1.

How can a GP treat a patient effectively and efficiently if they are bound by so many restrictions and can't advise on other, more integrative medical options that may serve the patient much better, especially the use of natural supplements and natural therapies. It should be a choice we have the right to choose after being given all the information and options by our GP.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:52:38 PM

To the Medical Board of Australia,

I support Option 1.

Two years ago I had major heart surgery. Although I am grateful for the care I was given it was my doctor who contributed the most to my recovery. No consultation was too long for her and she balanced a sound knowledge of conventional medical practise with some alternative medicine. The cardiologist was amazed at my recovery and ongoing good health and I know that using alternative medicine alongside conventional medicine was the reason. Also its better to have a doctor prescribe the right vitamins according to your blood tests than have people just googling their symptoms and buying adhoc in response to advertising or word of mouth. Balance is needed.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 5:54:22 AM

To the Medical Board of Australia,

I support Option 1.

We require doctors to maintain their roll in society's they currently do. Looking at ALL aspects of healthcare while being able to assist individuals across ALL presenting conditions plays an important part in medical diversity and the overall health and well being of all Australians.

Medical treatment is highly complex in an ever changing world and we need our medical doctors to maintain freedom to explore and diagnose in a modern and open thinking way.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 20 April 2019 11:03:48 PM

To the Medical Board of Australia,

I support Option 1.

I have overcome many illness with complimentary and integrative medicine for the last 35 years. Without it we would not have discovered HPV. It was my Chinese Doctor who told me what I had and healed it before surgery. I think that should be enough proof that it's necessary.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:27 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe all options should be made available for all illness.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 12:47:05 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine has helped me and my family for decades!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 7:00:43 PM

To the Medical Board of Australia,

I support Option 1.

I was diagnosed in 2014 with Chronic Fatigue Syndrome at 24 years old. For years, I knew something was wrong but each time I went to my GP, basic blood tests were performed and no significant anomaly could be found.

I was also being treated for heavy periods for which I was prescribed the contraceptive pill which made me extremely moody and aggressive, and my mental health was suffering, for which I was prescribed 2 types of anti-depressants, both to which I had reactions including a lot of vomiting and heavy sleep which was difficult to wake from - terrifying me.

At the time of diagnosis for CFS I was so fatigued I had to stop working. I had borderline anaemia on top of this and my mental health continued to suffer. I remained home for the next 2 years, living off Centrelink.

I felt I was getting nowhere with my medical treatment and despite many GP's telling me I had no other choice, I would not accept that this was my life now.

After researching alternative methods of health and healing I began my journey with alternative medicine. I first began to use chiropractic care, this provided me with energy and my headaches, muscle aches, brain fog and fatigue began lifting with weekly visits. I then tried psychology which helped me to ease the stress in my life.

I remember one occasion when I had gone to my local GP clinic, requesting a support letter for further Centrelink assistance on account of my CFS. I recall vividly being laughed at and told this was "not a real condition, you're just lazy" and being told "I'm not giving you a letter for more than 2 weeks, you need to get a job" and was told to stop living off government supports as I am using taxpayer money for a fake condition.

On another occasion, I remember my mother calling me and crying, telling me I will never get better and will be a "vegetable for life", after seeing me literally crawling on the floor days beforehand, trying to get to the bathroom, due to my unexplainable fatigue.

Shortly following this, still home-bound and struggling financially, I called up a local naturopath and booked an appointment. Within a couple of weeks, after being prescribed Activated B complex multivitamin and taurine, and along with continued chiropractic care, I began to see results. I was able to walk up and down my street for a few minutes and begin doing chores such as laundry without having debilitating fatigue for the next few days. I couldn't believe the results I was seeing.

Eventually I moved to the naturopath I am with now, who I have been seeing for 3 years. I'm sure by now you would ask "why has it taken

you so long to get better?" Well, things don't go away over night. Things in the medical world take time too. Some never recover. I thought I would be one of these people.

Under the treatment of my current naturopath, I take daily tonics made of herbs, specific probiotics and activated vitamins and minerals from natural sources, to heal the stomach and promoting nutrient absorption and supporting other processes in my body. I also receive more "hippie" treatments such as pranic and reiki energetic healing modalities, supporting my emotional wellbeing. I am finally working full time and doing an emotionally strenuous role in community services field. This is all possible through the treatment I received through alternative therapies.

I describe myself as a normal person, not spiritual and not overly 'alternative'. I would regard myself as highly educated, holding 2 bachelor degrees and a master's degree.

To those who dismiss my experience or consider my experience a placebo effect - I would ask have you tried any of it yourself? Have you had a pranic or reiki experience? Have you tested homeopathy for yourself? Have you done any of these things first - not tested them in a lab - before you take someone's right to their health care away? Have you considered how long a respected naturopath studies for?

I should note that I continue to see a GP - I now see an integrative GP who understands both medical and natural healing modalities and is highly educated and experienced, having worked at a major hospital in Victoria but knowing there are more paths to healing than just 'popping a pill'.

With my quality of life and wellbeing in your hands, I ask you to consider my response and the impact your actions would have on myself and others - perhaps one day yourselves - if you choose to take away this right for freedom of choice.

I thank you greatly for your time.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular box redacting the signature of the author.

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:47 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative medicine to stay

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 10:46:46 AM

To the Medical Board of Australia,

I support Option 1.

Without the recommendation of vitamins and alternative natural therapies out of the realm of 'conventional' medical care, I wouldn't have my good mental health and I can't even imagine the pain I would be in today. This kind of care is preventative and nurturing and to remove this service would be disastrous.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 3:15:42 AM

To the Medical Board of Australia,

I support Option 1.

I support the guidelines for complementary and integrative medicine being maintained as they are currently.

In my forties I have found myself struggling with an autoimmune/ auto inflammatory arthritis, currently diagnosed as Undifferentiated Spondyloarthritis. As such I am ineligible for modern, effective drugs, such as Biologics, that can slow the disease progression in other similar diseases such as Ankylosing Spondylitis. Instead I rely on old drugs, with limited effectiveness and unknown reasoning behind why they work to some degree for some patients, such as Sulfasalazine. I also rely on anti inflammatory's (NSAIDS) which should only be taken for a number of weeks continuously, but many of us have been taking them for years as they're the only thing conventional medicine and government regulations allow that keep us functioning and able to work etc. Other options include old the chemo drug, methotrexate, which is well known to have numerous side effects.... as are the others.

In attempting to have some quality of life, continue working and reduce my pain and fatigue, I have also integrated some other approaches to my healthcare, with some profound benefits, and intend to try others that fellow sufferers are having success with.

I am currently using Low dose naltrexone, prepared by a compounding chemist, that has reduced my fatigue significantly and intend to try PEA supplement to help with my pain.

My sister, a physiotherapist, has Ankylosing Spondylitis , with advanced fusing, and chooses to manage it through supplements and exercise, as she doesn't want the increased cancer risk that accompanies the biologics, and finds it to be effective for her.

At the end of the day, whether it's due to our choices of how we want to manage our disease, or the dangerous side effects of the available conventional drugs, or because the government choose not to allow us access to effective modern medicine to manage our disease, we should be allowed the choice to try complementary and integrative medicines to manage our disease, keep working and reduce our pain. until someone is in a similar position, with limited options, they will not be capable of understanding, as I believe is most likely the case here, with restrictions being considered.

Thank you

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I would like to express my strong opposition to changing the current status who for Integrated Doctors to offer appropriate vitamins and testing that may not be seen as conventional but which absolutely should still be available as an option. I work in the field of mental health and offer lifestyle medicine and psychology with an integrated approach working with some fantastic functional medicine doctors and the results far out perform pharmaceutical drugs. Please do not limit the options available.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:43:39 AM

To the Medical Board of Australia,

I support Option 1.

Please do not restrict the operation of Integrative Doctors. My health would not be healing as it is now without the comprehensive knowledge and experience of my Doctor who combines traditional medicine with nutritional medicine. I can provide test results to show the results, and I certainly know my health has improved. The same comment go for restriction of what you are calling "Fringe" sectors. You would be harming a huge part of the community who benefit from these treatments, not to mention to increased pressure on the "public" purse if this sector were forced back into the "traditional" sector - who, by and large, have not been able to help in the first place. We are seeing massive steps forward with Evidence-Based material in so many areas. One example is in the field of EFT (Emotional Freedom Techniques) where it can be proved how the brain changes in order to produce comprehensive health results. I respectfully ask you to continue to allow "Integrative Doctors" and allied "fringe" professions to continue with their good work, and request that you avail yourself of the research results that are freely available.
Thank you

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 10:58:27 AM

To the Medical Board of Australia,

I support Option 1.

I value a holistic approach to healthcare and support doctors rights to provide new and innovative practices including complimentary medicine

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:28:51 PM

To the Medical Board of Australia,

I support Option 1.

I strongly support patient access to integrative and complementary medicine. For many years such support has kept me healthy, flexible and requiring minimum of medical assistance. I regularly do yoga, Feldenkrais and tai chi and at 70 years old, I look (and feel) 10 years younger. I've used acupuncture regularly to move through some illnesses without the use of drugs. Friends who access integrative and complementary medicine are also much fitter and stronger than those friends of mine who don't. In all fields and industries, only having one way to do things is very restrictive and a wholistic approach works much better. I only use doctors who are open to integrative and complementary therapies, though of course valuing traditional medicine when needed.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support an individuals right to have their doctor provide information on alternative health options.
It's unfair to have this option removed.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 3:07:33 PM

To the Medical Board of Australia,

I support Option 1.

My health outcomes and my daughters have been transformed by Integrative GPs. Where treehouse GPs have my whole life said “you’re a puzzle” which is very unhelpful, does not address symptoms or quality of life, nor provide info or empowerment... Integrative medicine has provided insights and answers, and treatments leading to long term pain relief, resolution of physical and emotional symptoms, cessation of some PBS prescriptions and significant reductions in others. Genetic diagnoses have been found and treated, gut dysfunction tested diagnosed and treated where regular GPs found nothing and offered nothing apart from platitudes and suggestions it’s in your head. I’m a high performing highly educated Executive now enjoying life more than since I first became sick as a child. Integrative GPs are the way of the future, treating whole clients rather than specialist isolated organ systems, not a fringe to be discouraged. Similarly the time taken on a visit is critical to build that whole client view and treatment plan

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:09:57 AM

To the Medical Board of Australia,

I support Option 1.

I support no changes being made to the current options Dr's have to refer, discuss and recommend complementary medicine including vitamin supplements. These were vital to me when I was taking medication that impacted my vitamin and mineral levels.

This also impacted me leading up to pregnancy - if the tests were unavailable or not as readily available/recommended I could have unnecessarily put my child at risk of birth defects

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 7:26:01 AM

To the Medical Board of Australia,

I support Option 1.

My experience with integrated health and complementary medicine has changed my life. Post-cancer treatment some 20 years ago I went into remission from cancer but the protocol had left me without quality of life. I was unable to get out of bed, listless and severely depleted which is normal after such treatment. However, I didn't improve. From my GP and haematologists perspective, their job was done. At the recommendation of a friend I saw a lovely lady who was a naturopath who gave my body herbs and vitamins to counteract the depletion I was suffering for some time. My blood tests improved dramatically and my overall body improved but I had no energy and still unable to do anything. I continued taking the supplements but she referred me to a colleague in another clinic who treated me with homeopathy to further assist me. I didn't know what it was or expect it do anything for me but the practitioner was confident. Since I had radiotherapy as part of my cancer treatment he treated me for radiation side effects. This is what changed my life I feel retrospectively. It turned me around. Three days after I started that treatment I got out of bed. I have continued to use homeopathy since. The practitioner is not costly and the consults are thoughtful and not rushed. What I use most often gives me relief from pain/nausea/weakness around the time of my menstrual cycle. Some five years after cancer treatment my doctor's at the hospital told me it was time to start taking a thyroid supplement because they had been monitoring me and my function was now serious. It was really then I started taking more interested in exactly what was happening to me. I wanted to understand why changes were being noticed by specialists and not discussed with me until it was time to be medicated. As it turned out the standard medicine never had a huge affect on my thyroid function and feeling like I was going downhill again I started seeing an Integrative GP who did a lot of blood tests and put me on a compounded thyroid treatment from the pharmacy and several supplements to support me improve. It took about 6 months of adjusting what I needed to take but I felt great afterwards. I have lots of experiences where the first step has been my local GP but when standard treatments don't fit my body and don't help I have seen an Integrative dr. Because I have moved quite a bit the last 20 years I have seen various doctors. When I lived in Taiwan from 2008-2012 my family was covered under their government medical program since my husband was working there and we were residents. On that program people had the option of being treated by western or chinese traditional medicine. Uniquely, not the situation in Australia, drs who practiced TCM and Western medicine highly respected each other and there was no stigma around either choice. Noone judged. It was acknowledged they were both highly effective choices. I don't discard standard medical drs and treatment but I do acknowledge the limitations to treat me. And I feel they are very good, sometimes, at treating symptoms. Mostly to go further than that to also heal, I have needed integrative and complementary medicine. I continue to have health issues has a result of cancer treatment side effects and my body responds best to treatment that supports my immune system. If the MBA imposes restrictions on the practitioners I see, it will mean

that I will need to make decisions on my health without the support and direction of a professional because I know that GPs in general are not trained to help the way I often need help. The Integrative drs I have seen have had extensive and ongoing training aside from basic university training and are highly equipped to assist me. They also spend time to understand my symptoms and my body and how it affects my mental health also. GPs who see patients for short 10min consultations cannot possibly deliver the same assistance because they don't have time to listen for long enough to get enough understanding of the problem and they are limited to the help they can offer with pharmaceutical treatment. Over the many years of seeing these doctors I have found them all to be passionate about their professional and extremely caring about me as a whole person. I truly don't know what would happen if I had to treat myself without help. I also use bowen therapy and acupuncture when needed which really helps me with joint and back pain that I have had for many years. Please don't take this option away from me. And please let these experienced and caring practitioners continue to look after those of us who cannot be fully treated by standardised care.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature area.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 10:04:02 AM

To the Medical Board of Australia,

I support Option 1.

For me it is vitally important to be able to choose the way in which I wish to be helped by my doctor. I am very doubtful about the constant handing out of prescriptions without there being sufficient pursuit into other means of healing. More prescriptions means more and more prescriptions. One can develop resistance and so the medications need increasing. Surely it is better to help people to help themselves with better, healthier life styles. It could be part of all medical practices that there is a health adviser that doctors can refer their patients to if they feel it would be a better way to go. I come from a family where healthy eating made healthy bodies and minds. Medication was rare. We did not rely on it as so many people do today. It deeply concerns me.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:47 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please do not take away our choice to choose integrative medical care, There should not be an us vs them mentality when it comes to modern western medicine and traditional holistic medicine, we should be bridging the gap and complimenting each other.

There is already distrust from the public whom have had terrible experiences with doctors and hospitals, I for one recently took myself out of the public hospital system because my care was sub par and my wishes weren't being listened to. I never received one piece of correspondence from any of the care providers to see what happened or if I was ok. Not a single one.

Now if that was an independent midwife or a naturopath and a complaint was made by someone to AHPRA, they would be instantly suspended. Why aren't doctors and hospitals held to the same strict standards?

I have lost faith in the medical system and use mostly complimentary medicines. So for me this change would be devastating.

I choose integrative practitioners because I would rather use preventive natural measures or treat the root cause rather than mask an illness with medication.

remember that prescription medicine has a high death rate, but I've never heard of a essential oil overdose.

In closing, I feel very strongly that by taking away peoples choice, you'll send more people to move away from care they may actually need, work together and bridge the gap. Both are vital treatments, modern medicine has its place and so does complimentary medicine.

taking away choice is blackmail, education is the most important factor.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 8:37 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I'm writing as I feel that, as an educated individual I should have the right to select the kind of medical care that I and my family rely on. In this day and age, I think it's a fair thing to say that there is more than one way to get to a result/outcome - holistic and integrative health give fantastic alternatives to people who appreciate more than the 'systematic approach of General Practice'

We have two children on the spectrum and find that Integrative choices have really supported the traditional methods to assist our children.

I shudder to think how difficult this support would be for my children if you take our options away.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 11:25:36 AM

To the Medical Board of Australia,

I support Option 1.

I strongly urge you to treat practitioners and patients with respect, that they are capable of choosing healthcare suitable for their needs, and these draconian regulations are not necessary and are an over regulation which will lead to restricted health care options.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 11:12:53 AM

To the Medical Board of Australia,

I support Option 1.

I support complimentary medical choices, there is no need to change current practices for choice of doctor or health care professional..If anything access and support should be improved, for these care providers, it will save a fortune and help the population. prevention is better than cure as the old adage goes.
I have been personally helped by natural therapies and by doctors who also offered these choices.
More support and choice should be given and legislated for, not less.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 7:29 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I need complementary medicine and should be allowed the choice of using it under a doctors recommendation...
Don't mess with the laws please.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 12 May 2019 12:18:22 PM

To the Medical Board of Australia,

I support Option 1.

I'm MORE than happy to see a dr who listens to me & allows me to have an active opinion & choice in wether i go with conventional OR alternative therapies according to the health problem i'm facing..
Down with Big Pharma & Government controlling my life& health needs& wants!! Until you walk a mile in my shoes stay out of decisions in my life!! Pro Choice All the Way!!! If they were serious about all of this first thing to do would be BAN CIGARETTES!!! & Shitty chemicals in medicines!!
Oh yeah.. free choice there hey!?!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 2:41:43 PM

To the Medical Board of Australia,

I support Option 1.

I believe we should have freedom to choose our own medical treatment avenues when done under reputable advice. I currently use both western medicine and complementary supplements that are beneficial to my needs. I regularly have Osteopathic treatment for musculoskeletal problems and find it resolves or improves problems in that area.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 8:07:57 PM

To the Medical Board of Australia,

I support Option 1.

We are writing to provide feedback to the options presented by the MBA in relation to integrative and complimentary medicine.

We do not wish to see any change to the current regulations surrounding those doctors that deliver their practice in an integrative and complimentary way.

Due to numerous and complex health conditions, our family has spent a fortune and a great deal of time in the offices of General Practitioners, numerous Specialists and with integrative practitioners. The only group that has delivered any measurable improvement to the health of our family, has been the group of doctors integrating complimentary and "western" medicine. These doctors were the only doctors able to diagnose and treat the underlying conditions - all other doctors and specialists failed to so! In doing so, profound and measurable improvements in health were obtained.

In our experience, these doctors surpass their peers in both their up to date scientific knowledge and in the ability to apply this across to medicine in a manner that translates to direct benefit and improvement of the health and well being of their patients. In our experience and opinion, it is this model of health care that is getting people better.

We strongly wish that all doctors would practice in an integrative and holistic fashion. We believe any further regulations and restrictions on doctors that practice in this manner would be detrimental to the community. We request that no change is made to the current guidelines surrounding this model of medicine delivery.

Yours sincerely,

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

As a bowen therapist, I've seen first hand how this beautiful modality can help being with their health.

On a personal note, I had major bowel surgery late last year. After a serious allergic reaction to narcotics and complications, Bowen therapy and holistic medicine were the only things to help my awful recovery. The medical works gave up on me and some doctors laughed. I left the hospital unable to walk properly, an hour later after a bowen treatment I could walk properly. Don't tell me natural therapies don't have a place in medicine.

My gps have supported my desire for holistic over the years and if you take our right as patients away from us, you will breed generations that no longer have faith in western medicine.

This stupid push is clearly because pharmaceutical companies feel threatened. Shame on you even suggesting this!! I'm disgusted with how we view health in this world. When we embrace whole/holistic health we are treating the entire being. Get with the times guys! Please!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 12:47:06 PM

To the Medical Board of Australia,

I support Option 1.

I support the continuation of Option 1. GP's and their patients have a right to health care from a holistic framework

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 20 April 2019 11:03:20 PM

To the Medical Board of Australia,

I support Option 1.

I believe that we should still have freedom to combine natural remedies with modern medicine

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 1 July 2019 12:02:21 AM

To the Medical Board of Australia,

I support Option 1.

Submission to MBA Consultation on Complimentary and Unconventional Medicine and emerging treatments.

I implore the MBA to institute Option 1: No change to the current guidelines.

It is imperative that that Option 1 is the choice.

The Australian public should NOT Be subjected to the proposed draconian regulation of medical practitioners who provide complementary and unconventional medicine and emerging treatments.

The proposed change to the guidelines is most undemocratic and erodes every Australians right to the best medical care from all sectors of Conventional and Unconventional Medicine, of Integrative and Complimentary Medicine and all types of new diagnostic treatments.

It is our democratic right to have freedom of choice and to seek and receive effective health care.

Why I support patient access to Integrative and Complimentary Medicine.

I fully support the democratic right of every Australian to have the freedom of choice to choose and to have access to the highly effective treatments that Integrative and Complimentary Medicine offers all Australians. Integrative and Complimentary Medicine practitioners take the time needed to find and address the true causes behind a string of symptoms that are baffling to conventional medicine Physicians and GPs.

Integrative and Complimentary Medicine practitioners are highly effective in helping the patient find resolution to these distressing symptoms and are highly effective at helping correct their chronic disease path, improving not just the patients' health but also their quality of life. This is a massive positive benefit to the whole community and in the long run reduces costs to the government health care system.

Integrative and Complimentary Medicine is used by many and should remain available to all Australians. Currently many people access Integrative and Complimentary Medicine in order to maintain a high quality of health and fitness keeping them out of the costly medical system. I support Integrative and Complimentary Medicine as there are many new emerging treatments at the cutting edge of Integrative Medicine and every Australian has every right to use and pursue these new treatments that make lasting improvements in their health and that of their family's health.

How Integrative and Complimentary Medicine has helped you and your family.

Integrative and Complimentary Medicine has greatly assisted my wife not only in improving her health condition due to a 30-year Secondary Multiple Sclerosis diagnosis, but in freeing her from pain, improving her physical health and wellbeing, assisting her in being able to improve her ability to walk and continue in a physically independently able capacity. These physicians have released my wife from a spiraling downhill life sentence brought on by the Secondary Progressive MS. Integrative and Complimentary Medicine has given me my wife back. It has allowed her to continue living a healthy and productive family life. The Secondary Multiple Sclerosis has been stabilized and the progression halted for the last 20 years and this has allowed her to

regain compromised physical functions.

Integrative Physicians have been of the utmost importance in supporting her all the way towards regaining her physical health throughout a very long journey of recovery. The expertise of these Integrative Physicians has also helped my wife to a healthier and more productive life.

Conventional Medical treatments were NOT able to offer her support in improving from such a disabling chronic disease. Conventional medical treatments had created further degradation in her health due to the side effects of pharmaceutical drugs. Integrative and Complimentary Medicine has been integral in healing her from some of the nasty side effects of conventional medicine.

Without the support of compounded medicines prescribed by these physicians' her health would be further compromised as the side effects of conventional medicine have led to extreme sensitivities and intolerances to not only everyday good nutritional foods but to the various additives and preservatives common in both pharmaceutical drugs and every day foods. Compounding has allowed the pharmacist to tailor medicines for her to be effective without causing painful, tiresome exacerbations of her symptoms.

With their high professional expertise and commitment, their treatments and support my wife would not be enjoying a good quality of life.

While receiving conventional medical treatment, my wife just continued to get worse!

The Integrative and Complimentary Medicine professionals my wife and I have seen have had longer appointments with her allowing the Physician to treat the causes of her problems rather than providing a rather patchy and often ineffective short-term symptomatic relief offered by Conventional Medicine.

Reasons why your wife uses Integrative and Complimentary Medicine
We choose to use Integrative and Complimentary Medicine (ICM) as it's based on sound scientific reasoning and extensive research and treats the whole body a living organism, a whole living ecosystem and treats the problems as part of the whole not some mysterious symptom in isolation. Both the ICM Physician and the ICM practitioner take the time to understand the root causes of the problems and assist her in making health enhancing choices that allow her to manage her chronic health problem due to MS and other health problems. Their treatments have always assisted me to make improvements in my health and reduce the need for medical interventions and prescription medicines. The treatments have reduced inflammation in the nerves and joints and in many instances corrected the problem. Integrative Medicine has reduced my need to take harmful poisonous S1-S8 pharmaceutical medicines that do little for the health of the body. Integrative Medicine has helped me heal from adverse health situations created by past use of pharmaceutical medicines. The use of Cyclophosphamide and subsequent steroids treatments to reduce the severe effects of that Chemotherapy treatment by one conventional specialist left me with a variety of health problems. Integrative Doctors and Complimentary Medicine specialists have been able to help heal me from the severity of those side effects by prescribing Compounded hormone treatments and other compounded medicines. Some Integrative and Complimentary Medical treatments and management plans have included changes to diet and lifestyle increasing flexibility and mobility enabling me to live a good life compared to the past where my health and mobility deteriorated while under the management of conventional medicine. Integrative and Complimentary Medicine.

I need to keep using and have access to Integrative and Complimentary Medicine approaches if I am to maintain a good quality of life as conventional medicine has not and cannot deliver that for me. I need

to continue having access to compounded medicines and nutritional supplements so that I can live with less pain and inflammation from conditions that were caused by conventional medicines.

What it means to me and many of my fellow MS suffering peers and other chronic health suffering peers currently using Integrative and Complimentary Medicine if the Medical Board of Australia imposes restrictions on Integrative Practitioners.

If the MBA should impose restrictions on the Integrative Medical practitioners it will Totally Remove my Democratic Right To Freedom of Choice to receive the type of healthcare that is most appropriate to my continued good health.

Should the new guide lines be imposed it would most likely lead to a significant decline in my health as it would deny me access to the very treatments that allow me to lead an independent life with a chronic disease that is well managed and out of pain, treatment that currently keeps me out of the government health care system. It would erode my current Quality of Life.

It would Deny Me access to ongoing treatments and the many new cutting edge, emerging treatments.

I myself and all other Australians have every right to pursue these new treatments that can and do make major lasting improvements in all aspects of our health and quality of life and of family members.

It is a travesty of justice to introduce the new guidelines.

*Should the new guidelines be imposed it will cost me my life!

It will also cost the government health care system!

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 11:39:21 PM

To the Medical Board of Australia,

I support Option 1.

Submission to MBA Consultation on Complimentary and Unconventional Medicine and emerging treatments.

I implore the MBA to institute Option 1: No change to the current guidelines.

It is imperative that that Option 1 is the choice.

The Australian public should NOT Be subjected to the proposed draconian regulation of medical practitioners who provide complementary and unconventional medicine and emerging treatments.

The proposed change to the guidelines is most undemocratic and erodes every Australians right to the best medical care from all sectors of Conventional and Unconventional Medicine, of Integrative and Complimentary Medicine and all types of new diagnostic treatments.

It is our democratic right to have freedom of choice and to seek and receive effective health care.

Why I support patient access to Integrative and Complimentary Medicine.

I fully support the democratic right of every Australian to have the freedom of choice to choose and to have access to the highly effective treatments that Integrative and Complimentary Medicine offers all Australians. Integrative and Complimentary Medicine practitioners take the time needed to find and address the true causes behind a string of symptoms that are baffling to conventional medicine Physicians and GPs.

Integrative and Complimentary Medicine practitioners are highly effective in helping the patient find resolution to these distressing symptoms and are highly effective at helping correct their chronic disease path, improving not just the patients' health but also their quality of life. This is a massive positive benefit to the whole community and in the long run reduces costs to the government health care system.

Integrative and Complimentary Medicine is used by many and should remain available to all Australians. Currently many people access Integrative and Complimentary Medicine in order to maintain a high quality of health and fitness keeping them out of the costly medical system. I support Integrative and Complimentary Medicine as there are many new emerging treatments at the cutting edge of Integrative Medicine and every Australian has every right to use and pursue these new treatments that make lasting improvements in their health and that of their family's health.

How Integrative and Complimentary Medicine has helped you and your family.

Integrative and Complimentary Medicine has assisted me greatly not only in improving my health condition due to a 30-year Secondary Multiple Sclerosis diagnosis, but in freeing me from pain, improving my physical health and wellbeing, assisting me in being able to improve my ability to walk and continue in a physically independently able capacity. These physicians have released me from a spiraling downhill life sentence brought on me by the Secondary Progressive MS. Integrative and Complimentary Medicine has given me my life back. It has allowed me to continue living a healthy and productive life. The Secondary Multiple Sclerosis has been stabilized and the progression halted for the last 20 years and this has allowed me to regain

compromised physical functions.

Integrative Physicians have been of the utmost importance in supporting me to regain my health throughout this very long journey of recovery. Their expertise has also helped many of my personally known peers with MS to a healthier and more productive life.

Conventional Medical treatments were NOT able to offer me or my peers any support in improving from such a disabling chronic disease.

Conventional medical treatments had created further degradation of my health due to side effects of pharmaceutical drugs. Integrative and Complimentary Medicine has helped me heal from some of the nasty side effects of conventional medicine.

With out the support of compounded medicines my health would be further compromised as the side effects of conventional medicine have led to extreme sensitivities and intolerances to not only everyday good nutritional foods but to the various additives and preservatives common in both pharmaceutical drugs and every day foods. Compounding allows the pharmacist to tailor medicines for me to be effective without causing exacerbating symptoms.

I would not be enjoying a good quality of life without their high professional expertise and commitment, their treatments and support. While I was receiving conventional medical treatment, I just continued to get worse!

The Integrative and Complimentary Medicine professionals I have seen have had longer appointments with me allowing the Physician to treat the causes of my problems rather than providing a rather patchy and often ineffective short-term symptomatic relief offered by Conventional Medicine.

Reasons why you use Integrative and Complimentary Medicine

I chose to use Integrative and Complimentary Medicine (ICM) as it's based on sound scientific reasoning and extensive research and treats the whole body a living organism, a whole living ecosystem and treats the problems as part of the whole not some mysterious symptom in isolation. Both the ICM Physician and the ICM practitioner take the time to understand the root causes of the problems and assist me in making health enhancing choices that allow me to manage my chronic health problem due to MS and other health problems. Their treatments have always assisted me to make improvements in my health and reduce the need for medical interventions and prescription medicines. The treatments have reduced inflammation in the nerves and joints and in many instances corrected the problem. Integrative Medicine has reduced my need to take harmful poisonous S1-S8 pharmaceutical medicines that do little for the health of the body. Integrative Medicine has helped me heal from adverse health situations created by past use of pharmaceutical medicines. The use of Cyclophosphamide and subsequent steroids treatments to reduce the severe effects of that Chemotherapy treatment by one conventional specialist left me with a variety of health problems. Integrative Doctors and Complimentary Medicine specialists have been able to help heal me from the severity of those side effects by prescribing Compounded hormone treatments and other compounded medicines. Some Integrative and Complimentary Medical treatments and management plans have included changes to diet and lifestyle increasing flexibility and mobility enabling me to live a good life compared to the past where my health and mobility deteriorated while under the management of conventional medicine. Integrative and Complimentary Medicine.

I need to keep using and have access to Integrative and Complimentary Medicine approaches if I am to maintain a good quality of life as conventional medicine has not and cannot deliver that for me. I need to continue having access to compounded medicines and nutritional supplements so that I can live with less pain and inflammation from conditions that were caused by conventional medicines.

What it means to me and many of my fellow MS suffering peers and other chronic health suffering peers currently using Integrative and Complimentary Medicine if the Medical Board of Australia imposes restrictions on Integrative Practitioners.

If the MBA should impose restrictions on the Integrative Medical practitioners it will Totally Remove my Democratic Right To Freedom of Choice to receive the type of healthcare that is most appropriate to my continued good health.

Should the new guide lines be imposed it would most likely lead to a significant decline in my health as it would deny me access to the very treatments that allow me to lead an independent life with a chronic disease that is well managed and out of pain, treatment that currently keeps me out of the government health care system. It would erode my current Quality of Life.

It would Deny Me access to ongoing treatments and the many new cutting edge, emerging treatments.

I myself and all other Australians have every right to pursue these new treatments that can and do make major lasting improvements in all aspects of our health and quality of life and of family members.

It is a travesty of justice to introduce the new guidelines.

*Should the new guidelines be imposed it will cost me my life!

It will also cost the government health care system!

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 1:02:38 PM

To the Medical Board of Australia,

I support Option 1.

I support access to integrative and complementary medicine for a number of reasons.

Western medicine is excellent for acute conditions.

Complementary better suited to chronic. Causes rather than suppression of symptoms is addressed. This kind of treatment cannot be covered adequately in a 10 minute consult.

Basically it's my health, my choice. In a democracy we should not have our options limited, or is it even a democracy then?

I choose not to use pharmaceutical drugs (all with deleterious side effects) when there is another option.

Obviously complementary medicine works it's been around a lot longer than pharmaceuticals.

When I had 2 frozen shoulders an acupuncturist healed them in 3 sessions. The pharmaceutical response would have been injections, resulting in suppression of symptoms, side effects and not healing. I have many more such examples.

I also have examples of when surgery was the option necessary.

The point is these methods are COMPLEMENTARY, both have their place.

Second point is we live in a democracy where FREEDOM OF CHOICE, especially over how we treat our bodies, SHOULD be a given.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 7:45:40 AM

To the Medical Board of Australia,

I support Option 1.

I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines.

It is important for GP's to continue to offer these essential services

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:14 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have been diagnosed with cancer and I want as many options as possible to heal

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 1:41:01 PM

To the Medical Board of Australia,

I support Option 1.

I use alternative and complementary medicine in conjunction with mainstream treatments with great success. I attend a holistic medical practice and am healthier as a result.

The guidelines that are in place at the moment work. Please don't change them.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 12 May 2019 3:11:27 PM

To the Medical Board of Australia,

I support Option 1.

I choose an integrative GP because he focuses on me as a whole person (with comprehensive family and personal history and individual risk factors) and because I appreciate that he understands that I want to minimize use of pharmaceuticals and will not automatically prescribe them unless he first makes a case for their necessity. I can see how in every visit/checkup he understands and combines both conventional western medicine and evidence-based complementary medicine. It is clear, and it is my experience, that herbs and nutritional substances have significant less risk and have not lead to the documented adverse effects of pharmaceuticals; nor do they cost the government (our taxes) what pharmaceuticals do. My integrative doctor does not practise medicine which is unconventional or 'fringe'; it is all based on research and evidence. Choice is very important especially in the vital area of health. Isn't it clear that the fewer pharmaceuticals you take the better? My husband and I are 70 and 68 and, by taking some nutritional substances and following a healthy lifestyle, are on no drugs. This is because I have always sought a doctor who will spend the time and find safe alternatives for whatever ails us.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 5:13:01 PM

To the Medical Board of Australia,

I support Option 1.

I highly value being able to see an integrated go for all of mine and my child's health issues. I want to be able to see a highly trained practitioner whom knows about allopathic medicine and natural medicine and can prescribe whichever they feel in their professional wisdom will be the best fit for us, if not both. Sometimes seeing a regular GP just isn't enough and problems aren't sufficiently addressed whereas with someone who has additional training is able to dig deeper and find better answers and resolve our issues.

I also believe that my health choices are my own to make, not yours. It's my body, my choice in how I look after it. Thank you very much

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:45:28 AM

To the Medical Board of Australia,

I support Option 1.

To whom it may concern,

I believe it is extremely important to keep patient access to integrative & complementary medicine. As far as I gather from my own and my family's experience integrative and complementary medicine is much more effective and efficient than the mainstream approach. The only ones benefiting from mainstream medicine are the pharmaceutical companies, their shareholders and beneficiaries. Experience and research clearly shows that integrative and complementary medicine can prevent cases from becoming very serious or even fatal. The current state of "health care" should be called "sick care" instead. Health care should not include any toxins as health care should be based on naturally assisting the body to heal itself, which is exactly what integrative and complementary medicine does.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 9:24:14 PM

To the Medical Board of Australia,

I support Option 1.

To whom it may concern,

I believe it is imperative that people have a choice on their health care. Taking away integrative and complementary medicine would be extremely short sighted. People who use this sort of medicine are usually less likely to need government assistance for costly treatments that become unnecessary after using complementary or integrative medicine. Taxpayers money can be spent elsewhere and people can continue to contribute to society instead of being a burden because of their “unhealable” conditions.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 1:47:53 PM

To the Medical Board of Australia,

I support Option 1.

Choosing one's health care is a human right. People need to have the choice between a wide range of healing practices. We are all individuals and there's no "one size fits all". I personally have not used mainstream medicine in many years and have never been healthier.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 28 May 2019 3:45:00 PM

To the Medical Board of Australia,

I support Option 1.

This is a very backward step.

Current medical practice often only treats the symptoms, not interested in finding the cause.

Standard practice by western medical models is to prescribe medications to treat symptoms, whether they are physical or mental. Whilst medications have their place, there are alternative avenues to find root cause and treat patients.

Prescription of one medication often causes additional symptoms, which then require another pill to counteract the negative effects of the first pill.

Eg; a common medication prescribed for reflux, taken long term, may affect liver function and/or health.

No doubt another medication would be prescribed to counteract the negative effects.

Cause of the reflux should be investigated and change in diet etc. may be recommended, however it's much quicker & easier to write out a script for a pill to treat the symptom.

It is our choice, and should always remain so, whether we seek treatment from a GP or integrative physician, chiropractor, osteopath, Naturopath, Yoga Therapist or Yoga teacher, compounding pharmacist etc.

Our GP should also be able to treat the whole person, not just the symptom/s, recommending complementary services where appropriate or applicable.

Standard medical tests were unable to find the cause of my digestive issues, with my Gastroenterologist sending me away, as tests were 'normal' and he had no diagnosis nor could he find the cause of my symptoms.

I have been under the care of a Naturopath for the past 18 months and many of my symptoms have either disappeared or improved, without the need for medications used to treat reflux and other issues, and the side effects from those medications.

I am a yoga teacher and have witnessed first hand, the improvements in my students, both on the physical and mental levels.

Our first aim should always be to do no harm.

Secondly, treat the whole person, not just the symptom.

Does Big Pharma have such a huge vested interest in the medical profession that it, and the MBA, feel the need to restrict our access to these alternative / complementary services, and place restrictions on these complementary practitioners?

Not good enough and I strongly oppose the MBA's review and proposal. It's a NO from me.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 11:03 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative medicine enables us to not only treat illness/injuries, but also to maintain health. Without it, the latter is simply not possible (without 'side effects') for my immune-compromised family.

Integrative medicine reduces the burden on our hospital and healthcare systems.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 12:45:28 PM

To the Medical Board of Australia,

I support Option 1.

I believe in integration of allopathic and alternative medicine. The choice should be ours. It's about time that doctors were more involved with choices other than using drugs which may also be harmful.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:15:40 PM

To the Medical Board of Australia,

I support Option 1.

Please allow medical practitioners to use complementary medicines and emerging treatments, at their and their patients discretion.

I have Multiple Sclerosis and use a range of non-conventional treatments. My condition is now stable and my future seems positive, thanks to the flexible thinking of my G.P.

Please continue to allow medical professionals to be flexible with these newer treatments.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:31:03 AM

To the Medical Board of Australia,

I support Option 1.

I went to my standard GP for 5 years with a sore hip. She kept sending me to a Physio and an Ultra Sound Clinic for Quarterzone injections - standard medical health practise.

The problem is my particular condition worsened over the 5 years and did not improve. A friend told me about an Integrative GP she had been seeing, so I went. They were alarmed at how chronic my hip condition became and ordered immediate xrays. The xrays showed the condition was chronic and needed critical treatments, not more quarterzone injections - which acted as a pain blocker only. My doctor suggested I see a meta-therpaist to see if any other major organs were impacted by my hip condition - this "alternative" therapy has started to actually repair the chronic condition. Her treatments were detailed and varied, they included a series of herbal medicines, a low blood sugar diet, a particular strand of Yoga known as YIN yoga - which focuses exclusively on the lower abdomen and hips. The success of this treatment and repair is evidenced by my x-rays - both my Integrative Doctor and my Meta-Therapist worked together - I can't begin to explain how successful this integrated approach has been - its highly likely because of this fantastic approach I won't be dependant on the public health system for a Hip replacement when I'm 70. I'm female and aged 50 now - the entire Medical system needs to wake up and be collaborative across Bio and Natural Health - Like the rest of the world is collaborative. Get real and get trained !!!! Thank you [REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 9:41 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have always chose my right to use Integrative doctors and complementary therapy practitioners and resent the intrusion of MBA in trying to take away my right of choice. I have always used a combination of traditional and Integrative medical practitioners to tend to my health needs. I have also chosen to use chiropractors, physiotherapists, etc as I felt necessary...always with great success.
DO NOT TRY TO TAKE AWAY MY RIGHT TO CHOOSE MY OWN HEALTH PRACTITIONERS!!!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: Anna Stevenson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 4:39:57 PM

To the Medical Board of Australia,

I support Option 1.

I suffer from multiple autoimmune conditions as well as several other "complimentary" conditions. Due to this my GP uses a wide variety of treatments to keep my quality of life high. As well as regular prescription medications, I also have to take a magnitude of vitamins, go through a multitude of diagnostic testing and I rely heavily on chiropractic treatment to relieve my chronic, on-going pain. I see my GP every 4 weeks for a "long" appointment of 30 minutes. Even with the allocation of 30 minutes I often end up taking longer than the time frame or running out of time and not being able to cover all the developments in my health since our last appointment. To tighten the regulations will mean putting my health and my life at risk. I am only 22 years old.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature area.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:41:27 AM

To the Medical Board of Australia,

I support Option 1.

I am alarmed that the MBA are intending to remove a doctors autonomy by restricting/removing their ability to recommend alternate or complimentary treatments such as vitamins and minerals, as well as treatments such as acupuncture and chiropractic. These treatments have been invaluable to my family for many years, and have helped us maintain our health and mobility, when the only other treatment available was surgery or pain medication. These treatments are also much less expensive to both the patient and Medicare than the more traditional options, with much better outcomes. With integrative treatments it is possible, if not probable, that complete management of a condition is possible without worsening, whereas the traditional treatments usually are ongoing, using stronger and stronger drugs with dreadful side effects, or surgeries with dire consequences that reduce quality of life for the patient. I can't believe that the MBA would try to limit the Australian people's ability to improve their health by more natural means such as vitamin and mineral supplements or alternative therapies, rather than the highly invasive option of surgery or the often deadly option of pharmaceutical drugs.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:18 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Freedom to make an informed decision and choose appropriate health care is a basic human right of patients that should not be violated.

It is the medical practitioners' responsibility to spend appropriate time with their patients, carry out thorough investigations and inform patients of ALL their treatment options instead of just reaching for the prescription pad after a quick 10-minute consultation. If medical practitioners are not informed in nutrition for example, they should refer patients to someone who is. The human body was not designed to thrive on synthetic pharmaceutical chemicals but instead nutrients from a healthy balanced diet, yet the essential requirement for good nutrition is largely neglected by mainstream medicine. Why? The human body is a complex entity, not a simple machine. There is more to health and wellness than physicality treated symptomatically by the current medical model. The human body deserves the respect of holistic treatment modalities to include the physical, mental, emotional and spiritual dimensions of life. If mental, emotional and spiritual influences are neglected in the wheel of health and wellness for example, it will be like trying to drive a car with one flat tyre.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:42 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Give doctors the choice medicines have side effects

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 13 May 2019 11:52:39 AM

To the Medical Board of Australia,

I support Option 1.

After a very long and expensive journey with my sons health in his first 18mths of life including GP's, Paediatricians, Gastroenterologist, Nutritionists and Naturopaths it was natural + alternative medicines that were able to help him out of pain and into health. This integrative approach to health in Australia must be supported NOT restricted. It's about time we started leading the way as a country to help HEAL everyone instead of constantly shivering medicines with nasty side affects down everyone's throat!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:11:17 PM

To the Medical Board of Australia,

I support Option 1.

Integrative & complementary medicine allow me to choose how to take care of my health, my way.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 21 May 2019 6:44:20 PM

To the Medical Board of Australia,

I support Option 1.

I do not understand why you would stop people having a choice on how they wish to look after themselves.

I believe in being proactive in my approach to my family's wellness!
In the long run wouldn't that save money for the people that actually need care.

In a society that is constantly bombarded but chemicals and toxins we need all avenues to look after ourselves.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 19 June 2019 5:10:41 PM

To the Medical Board of Australia,

I support Option 1.

I do not understand why you would want to legislate against integrative healthcare. The human body is a complex organism and NO ONE KNOWS EVERYTHING!

It should be my choice which type of practitioner I see and I could choose to see multiple. I prefer to look at holistic wellness and try and manage my health before it becomes a burden to my family and the healthcare system.

Don't we want to that for everyone!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 11 June 2019 2:15:48 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative and complementary medicine because it works and it often means that no prescription drugs are required and it can reduce the amount of unnecessary testing required. In our experience this approach is more likely to result in a more accurate diagnosis. If more integrative and complementary medicine was available through GP's it would likely reduce our health care costs.

There have been many occasions where it has helped myself and my family resolve health concerns without the use of prescription drugs and additional testing. We use this option as we believe that we get better overall health outcomes and are not subject to the side effects / unknown long term effects of prescription drugs. We have found that this approach seeks to treat or find the cause of a condition rather than just treating the symptoms. If the MBA imposes restrictions on Integrative practitioners it means that we have access to less knowledge and less options for treatment. It also could mean it will be more expensive to access this type of care. In our family this type of care will always be our first choice as we have found it to be the superior option of care. If the MBA imposed restrictions on Integrative practitioners, for us it would mean that unfortunately the medical field will be taking a step backwards instead of forwards.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:50:47 PM

To the Medical Board of Australia,

I support Option 1.

Keep complementary medicine. It helps people and that's all that matters.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:27:30 AM

To the Medical Board of Australia,

I support Option 1.

I support access to integrative and complementary medicine for so many reasons. We need natural remedies, interventions and alternatives. We also need a proactive approach to health, which is why I use vitamins and minerals on a daily basis to support my body with the modern day strains and exposures it has to endure. If you make changes to restrict this you are pushing people into the corner to just not bother, which I believe will see an increase in unhappiness, thriving health and a huge cost on our national healthcare system.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:23 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We are supposedly live in a democratic society, everyone should have the right to choose the way they want to treat their health issues..

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 6:42:29 PM

To the Medical Board of Australia,

I support Option 1.

I have been seeing an integrative medicine doctor for the past 3 years, along with an osteopath, for close to a year. I have also used acupuncture on occasion for pain relief when nothing else worked. I chose to use these professionals after conventional medicine had failed me, and indeed contributed to my declining health due to being prescribed pharmaceutical medicine time and again that did not uncover the cause of my illness and actually made everything worse. I was constantly prescribed stronger and stronger pharmaceuticals for pain that never addressed the underlying reason. The medicines never took away the pain and I found that I was getting sicker. I waited 6 months for an appointment to the "pain clinic" by which time I had already started seeing my integrative doctor and seen the beginnings of improvement. The doctor at the pain clinic would not listen to me advising him of the changes I had begun to experience and told me that the supplements I was taking were all a "waste of money" and prescribed a very strong anti-inflammatory with a long list of side effects. Once I started seeing my integrative doctor, she helped me to start working on the cause of the pain, and through various natural medicines and supplements along with complementary therapies, my health has begun to improve. If I don't have access to these practitioners and natural therapies, I fear that my health will decline again. It should be every Australian's right to be able to choose how and from whom they access health advice and care whether it is deemed 'conventional' or not. Natural therapies offer solutions that Western medicine does not and I don't believe that the MBA has the right to take away or restrict my access to these when their 'conventional' medicine only caused my physical and mental health to decline.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 22 May 2019 2:41:44 PM

To the Medical Board of Australia,

I support Option 1.

Both myself and my GP should have the ability and right to decide the best choices for my good health. This should be part and parcel of a holistic care program. Sometimes there is no explanation except that something alternative has worked. Please don't throw us back into the dark ages.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:42 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I think it is only fair to leave the guidelines. I rather use natural remedies before chemical and I like having the doctor being able to recommend these options

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 9:14:48 AM

To the Medical Board of Australia,

I support Option 1.

I cannot tolerate most Big Pharma chemicals and I rely heavily on natural treatments. Many other people are as reactive to chemicals as I am. We NEED naturals to survive.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 2:25:24 PM

To the Medical Board of Australia,

I support Option 1.

The very thought of the MBA removing our rights to choose natural therapies is abhorrent.

The medical system is not always the best option. Many natural therapies have an enormous amount of historical evidence behind them. Why not develop an educational program in natural therapies to teach responsible living, this alone would free up many hospitals, improve mental health and teach people that they have a responsibility to live well. In schools implement meditation and healthy living. This would produce empathetic little humans who'll be empowered to be responsible.

Taking our rights away will exacerbate the societal issues we have to deal with now. I want the freedom to choose natural or conventional medicine, there is a place for both.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 4:09:02 PM

To the Medical Board of Australia,

I support Option 1.

By tightening access to complementary medicines such as vitamins you are increasing the burden on our already struggling system. For viral illness especially biomedicine does not have treatments available. Drs should and currently can recommend vitamin C zinc and bed rest. All have supporting evidence to improve immune system function and reduce respiratory illness time. We already have problems with antibiotic resistance and over prescription of antibiotics. Patients will be angered by the lack of support doctors will be able to provide.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 7:21:24 PM

To the Medical Board of Australia,

I support Option 1.

I have suffered with Hashimoto's hypothyroiditis leading to ongoing hypothyroidism for the past 30 years. For the first 10 years I was treated with the conventional treatment of synthetic thyroxine. For that entire 10 years I felt about 50% healthy, compared to how I had been prior to the Hashimotos. Then I was fortunate enough to find a doctor who used natural desiccated thyroid and it was like being born again. I had my mind fully back, and as a physics teacher that was really important to me, and felt about 99% healthy. The thought that I will be denied this treatment horrifies me. I would actually like to be part of a group action against the manufacturers of synthetic thyroxine as for so many years they didn't bother testing the stability of their product and who knows what harm that did to thousands of hypothyroid patients.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:47:49 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine has always been a preference for me as it is often more natural and assists me without use of drugs which have side effects. They help me to reduce and manage pain and also maintain a good immune system etc. the effectiveness of Various fringe treatments has been good for me when appropriate and having the option to try different things and see what works for me is invaluable. Don't restrict our options or access. Some practitioners are very good at Their special interests. There isn't only one way to do things don't be so narrow focused. Australia should not go backwards.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:34:06 AM

To the Medical Board of Australia,

I support Option 1.

Please keep integrative healthcare. Supplements have made a huge difference in the behaviour of my son on the autism spectrum since has was tested and supplemented for imbalances in specific nutrients and minerals.

I would hate to have to live without access to this integrative therapy which would see my child revert back to some awful behaviours which would take away many options for him in his life as he enjoys high school and looks forward to his future. Before integrative medicine it was difficult to see how he would ever have been able to get through high school let alone be able to work towards a career.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 11:19:05 AM

To the Medical Board of Australia,

I support Option 1.

More and more research supports what natural therapies have practised for centuries. Ironical that the government promotes 'healthy choices' to prevent all manner of chronic illness and disease, not to mention individuals taking greater responsibility for their long term health and wellbeing 'to reduce government spending and demand on the public health system'. What do healthy choices mean? An understanding of nutrition, biomechanics and mental health, to prevent and or manage disease, right? Understanding the body is an integrated and holistic system, rather than separate, unrelated parts. And yet, this is where political spin and spending contradicts itself - encouraging individual responsibility and education, yet limiting one's choices to pharmaceuticals and invasive, specialist practitioners! The federal politicians are now shouting 'greater spending on research and hospitals', where lifestyle illness, disease and symptoms are isolated, managed and 'treated' with the same medical and political system that helped create the problems in the first place! Why does the government not manage alcohol and junk food marketing in the same way as cigarettes? Because there is too much money generated from their consumption! Why does the Australian Government (TGA) allow the pharmaceutical industry to self regulate trials and contraindications? Because there is too much money at stake! As more people regain their health and vitality via integrative and holistic measures, they also gain lifelong understanding and awareness of how to prevent disease in the first place, and it does not feature pharmaceutical drugs, hospitals or medical specialists. The goal is to avoid them! However, there isn't much government revenue in that. Choice is paramount to making an informed decision on any issue, and as the Government denies its hypocrisy and political manoeuvring, educated people will continue to investigate and do what works, be that alternative practitioners, nutritional/herbal medicines and/or biomechanical treatments. The MBA can position itself for long term, low cost, sustainable outcomes, promoting the integration of unbiased research alongside professionally trained and regulated practitioners, or continue to peddle political agendas and outdated medical models, driven by profiteering, collusion and control. With the latter, it's clear the MBA has already lost its ability to make informed choices for the greater good.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:34:03 AM

To the Medical Board of Australia,

I support Option 1.

I support both complement and integrative medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 9:25 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I think that GPs are the best possible expert to look after the whole of my health, including but not limited to the recommendation of vitamins, minerals and herbs to optimise my health. I don't believe these are complimentary services but essential to nutritional health and should be assessed and addressed at every consultation by every doctor in the country. Just about every person in the country is nutritionally compromised by poor diet. I believe the population as a whole would be much healthier and the medicare cost would be reduced over time, if this was addressed. Where necessary a GP should be able to use alternative diagnosis methods and to refer on, if deemed necessary (eg say to a herbal specialist or homeopath, if it is outside the expertise of the GP, with full reporting back to the GP, just like any other specialist does).

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 7:28:45 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is essential for those of us who suffer medical issues, that are not currently covered by traditional medicine and who would continue to suffer health problems without this option. Personally I have had to change my eating, sleep and exercise habits to improve my health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 12:32:35 PM

To the Medical Board of Australia,

I support Option 1.

I don't see how a group of board members can make decisions for every single patient that are in need of medical help in one way or another.

I am 100% believer that somethings will work for some and not for others using both natural and made medicine is helpful to all and more importantly it give people options and choices. You can't take way peoples right to information and choice

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:38 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Holistic health care allows me to be more in control of my health, prevent sickness and 100% works!! People should always have access to options other than drugs which may be unnecessary.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:52:20 PM

To the Medical Board of Australia,

I support Option 1.

Healthcare should be a right for Australia citizens who have contributed all their lives to the Australian economy.

Intergrated services have saved members of my family from a life time of suffering.

Restrictions will only cause people to suffer, panic and flood our already understaffed hospitals.

Please think about what you are proposing to do. Do you want to be remembered in the future as the Medical Board that didn't care, made the wrong call, caused more problems.

Please think to our future.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 10:04:52 PM

To the Medical Board of Australia,

I support Option 1.

I find this proposal utterly repugnant. I have a gorgeous friend, not yet 60, who has just suffered a major stroke. Today, I was in visiting her and an onlooker to her "physio". At one time, she was seated at a table with some 9 other "stroke" patients. It was criminal to watch their struggles knowing that there are natural substances available that if administered by injection as close to the time of stroke as possible, many of their disabilities could have been substantially alleviated, if not cured. One of these substances is DMSO which is illegal in Australia. This is shameful. The same applies to people who have had injuries causing them to become para or quadriplegic. Again, DMSO, if injected close to the time of the injury, and administered regularly, has the possibility of curing their para or quadraplegia. Don't believe me??? Then read "The DMSO Handbook for Doctors" by Archie H Scott and research for yourselves the range of diseases, illnesses, conditions, that DMSO can alleviate. Watch the Youtube videos, 'DMSO the persecuted Drug', or 'DMSO, the suppressed Cure'. This is one of the most well researched, trialled, studied, examined, substances in the world, and could do so much and achieve so much. It is just positively EVIL that this substance has not been approved for use. In the Handbook, it is stated that 'DMSO should be in every first-aid kit, every Ambulance, every home and every Medical Clinic. And it is NON-TOXIC. I find this absolutely APPALLING !!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 5:16:53 PM

To the Medical Board of Australia,

I support Option 1.

My family and I strongly support patient access to Integrative & complementary medicine

There's so much at stake. It's a huge overreaction to "throw the baby out with the bathwater," as many holistic or non traditional Western medical approaches can be beneficial, and have solid scientific research to back their claims, as opposed to quackery, which unfortunately still exists today.

My family and I use both Western and Integrative complementary medicine, because both can work, and can be used to compliment each other. It is unethical and undemocratic to restrict people from their right to choose what they think is best for them, as we live in a modern Western democracy, where citizens autonomy must be respected and upheld. If the MBA imposes restrictions on Integrative practitioners, it will be an arrogant act to preference their preferred worldview and view of medicine, health and healing. In Western medical history, many mistakes have been made. If the MBA imposes these restrictions it will be an extremely big mistake, which will harm the health, wellbeing and autonomy of many Australian citizens and consumers. The isolated cases of people who wrongly practice quackery, in the name of Integrative medicine, should be held to account ethically, just as Western trained medical professionals should be, including GP's and specialists

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 5:12 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I strongly urge you to allow patients the choice they currently have regarding treatment. There is no one or correct way to resolve a patients issues. I use an integrative doctor because I have a complicated medical history (breast and thyroid cancer, hyper parathyroidism, brain hemorrhage, atonic bladder and hernias). I need an integrated approach to my health issues across a variety of modalities, I use both mainstream and complementary therapies under the guidance of my registered doctor. I won't stop using these alternatives should you proceed but my doctor will. It be able to supervise and guide me. All your actions will do will be to force people like me to go underground to get the support we need. So please leave the system as it is, the MBA should not have the power to play God.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 2:26 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Restricting clinical autonomy, Integrative doctors who typically provide longer consultations to understand root causes of illness may be restricted to providing the "conventional" 10 minute consultation, thereby diminishing diagnostic capabilities and individualised treatment plans. This is not because their recommendations are unsafe, but just because they are not "conventional".

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 6:34:33 PM

To the Medical Board of Australia,

I support Option 1.

I believe it is important that patient access to integrative and complimentary medicine not be restricted in any way. With the increase in chronic lifestyle diseases, it is so imperative that people are able to investigate the underlying cause and lifestyle factors involved. Integrative and complimentary healthcare practitioners are uniquely placed to do this. Their focus is to get to the underlying cause of chronic illness and look at overall function - rather than just treat the symptoms as is common with conventional medical care and pharmacological interventions. To decrease the burden on conventional medical practitioners - who are very good at treating acute pathological conditions, integrative and complementary medicine should be supported as they allow the time and have the expertise to explore lifestyle factors in greater detail. As health is not simply defined as the absence of disease.

I personally use integrative and complementary medicine because I want to ensure that I get to the root cause of my ailments to enable me to live a long and healthy life. To restrict innovative and new practices is unfair for all the individuals who have chronic illnesses that aren't able to be effectively managed with conventional medical care. Especially for those with conditions such as fibromyalgia, chronic fatigue, autism spectrum disorder and many autoimmune diseases, for which there are no direct conventional medical treatments available. It is truly astounding that a rich and prosperous country like Australia would want to place their people at a disadvantage when it comes to health care. We shouldn't be forced to live in the dark ages and ignore the new research that is being produced around the world. Please don't stand in the way of progress.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 6:33:58 PM

To the Medical Board of Australia,

I support Option 1.

I think with todays medicines and treatments we have to keep all options open .Holistic approach, all means of treatment can then be suggested .Stopping it completly is as bad as the health funds not paying for naturopaths and other services now .Let us uall choose and with GPs giving us a guiding hand as well .

Sincerely

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 2:27:19 PM

To the Medical Board of Australia,

I support Option 1.

Without doctors being able to use science and human nature to make decisions we will not advance. Integrative medicine is where doctors began. Our book doctors have left me with unresolved conditions for years, which will now cost the health services a bomb to resolve. Our medical system is creating it's own patients with ignorance and costing us our health!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 10:12:24 AM

To the Medical Board of Australia,

I support Option 1.

To whom it may concern,

There are large bodies of evidence available to the effectiveness of natural medicinal choices. Dating thousands of years before western Medicine was developed. How barbaric of you to disregard a holistic approach to healing the human body. Since we all want the same outcome - healing, what does it matter how that's achieved? As humans, we have 3 obvious levels of health. Body, Soul and Spirit, and to ignore any one of them can impact in the health of the Other. We are psychosomatic, how about you start acknowledging that by the inclusion of any studied, investigative form of health and well being.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 8:34:24 AM

To the Medical Board of Australia,

I support Option 1.

We need to have the right to choose what we use to stay healthy.
Considering traditional medicine is usually only used once you are sick, it makes a lot of financial sense to have the right to use natural preventative medicines.

Don't take away our right to choose.

IN America they are recommending the use of essential oils and they are covered by your insurance provider. How are we going backwards here??

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 21 May 2019 6:32:32 PM

To the Medical Board of Australia,

I support Option 1.

I believe people should have the freedom of choice. Also alternative medicine has helped me and my family in so many ways. Why is, it the medical board back drug therapy when there are side effects with every drug. Please leave, things alone and let people have the freedom of choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 9:58:07 PM

To the Medical Board of Australia,

I support Option 1.

We are so thrilled to have found a doctor who takes time to listen. She then does normal tests and offers natural medicine or conventional. It is our choice. We love the whole body care and that natural remedies are in the same building. We feel safe and secure and are in extremely good health because of the care we get.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please maintain the status quo & allow freedom of choice for integrative & complementary medicine without restrictions on feedback.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 9:21:55 AM

To the Medical Board of Australia,

I support Option 1.

I support continued patient access to Integrative & complementary medicine as I have seen it help both myself and my mother. I believe there is a place for both conventional and alternative treatments. When in my early 50s I was told by two orthopaedic specialists that I'd never be able to bushwalk, run or walk without pain again and just had to get used to being in constant pain and having a swollen knee. I was prescribed anti inflammatories for the permanent swelling in my knee and took pain killers on a daily basis in order to be able to work and to get some sleep at night. I was told I couldn't expect any improvement and that I was lucky I'd been able to remain as active as I had for as long as I had after a serious soft tissue injury to my knee when in my early teens. I was given a permanent disability sticker for my car as I couldn't walk far and needed a walking stick most of the time due to the severe pain when weight bearing. I couldn't accept that my active life was virtually over and that I would be in continual pain so, despite my fear of needles, eventually tried acupuncture. I had regular acupuncture for about a year, starting at fortnightly treatments and gradually extending the period between treatment. I was off my walking stick permanently by my third treatment and found I could cope without painkillers. I gladly gave back my disability sticker for my car. Now in my mid to late 60s I'm once again active and fitter than most of my friends and acquaintances of my age, I'm a volunteer firefighter in the RFS and have even gone on deployment to a couple of larger fires that involved 12 hour shifts. I use a tens machine at home occasionally, particularly after more strenuous activity and only need acupuncture occasionally when my tens machine is not sufficient, perhaps only a couple of treatments every couple of years. I have a life again - all due to alternative treatment after conventional treatment had given up on me.

In my mother's case, she fought non-Hodgkins lymphoma for nearly 11 years, much longer than was expected by her specialist, after being diagnosed at a very late stage, with the cancer already in her bone marrow and most organs. I believe part of the reason she did so well, apart from her determination to not give in, was because she combined alternative treatment with conventional chemotherapy. She was a naturopath regularly and had acupuncture when undergoing chemotherapy to help prevent the nausea so she could eat and to help give her a little more energy, thus allowing her to cope better with the side effects of chemotherapy. She underwent the chemotherapy her specialist prescribed without question for the initial couple of years, however after the initial intense phase, often delayed commencing chemo at times when she considered the side effects of chemo was worse than the stage the cancer was at. I think her reluctance to have as much chemo as the specialist wanted to give her also helped her survive the cancer as long as she did.

My experience is that conventional medicine doesn't have all the answers and alternative medicine is also needed.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 8 May 2019 12:55:58 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine and complementary medicine has been the cornerstone of health for centuries and during this time people have always had the freedom to choose their health options. It is not morally or ethically right and takes away a person's freedom of choice when the government takes away this choice and tells people whom they must go to for health options, especially when those health options are not giving a patient all the information about a treatment. It is also against Australia Constitution and therefor unlawful to make this choice for the people, especially when the the have not made a fully informed choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:32:09 AM

To the Medical Board of Australia,

I support Option 1.

Allow doctors to continue to provide integrated medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 4 June 2019 3:34:47 PM

To the Medical Board of Australia,

I support Option 1.

The patient needs to know what options there are including integrative and complementary medicine. This is an important part of our wellbeing and should not be regulated out of doctor consultation. My experience was success by using a naturopath and when I returned to my doctor for follow up he said "whatever you are doing, keep doing". Please don't treat us as a "nanny state"!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 4:42:27 PM

To the Medical Board of Australia,

I support Option 1.

My family has had excellent results with so called fringe practices, supplementing medicine at times. Diet and vitamins and natural based therapies have absolutely helped us and especially our gut health. Please allow the current rules to remain in place.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:28:32 AM

To the Medical Board of Australia,

I support Option 1.

Dear Sir/Madam,

I support the use of integrative medicine because I have seen the benefit it has been to very sick people - particularly with chronic conditions.

Providing a holistic approach to health is crucial and is a preventative measure.

I also was treated for an autoimmune condition with integrative medicine after it went undiagnosed and untreated for years until it was so debilitating that my job and ability to parent was affected. My recovery was swift and really remarkable with the help of an integrative GP and has allowed me to live a full life and contribute to society in a meaningful way rather than be sick and dependent on social benefits.

I don't think one can imagine just how it feels to be really sick until it happens.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 28 April 2019 10:05:40 PM

To the Medical Board of Australia,

I support Option 1.

I like believe, & need other types of health care ie naturopathic or other natural mode, because it has helped me & my family in many ways as well as allopathic.

But we cannot exclude integrative practitioners or natural ways as its an option that should always be available to help when other treatments have not helped, & to have the choice.
Allopathic medicine doesn't have all the answers!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:28:06 AM

To the Medical Board of Australia,

I support Option 1.

The MBA needs to know why you value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines the MBA needs to know why it is valuable to have a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines. My question is How would the MBA benefit by placing restrictions? Could it be to their financial gain? Could it be that the sale of prescription drugs are down? Is the possibility of restrictions more for the benefit of MBA or is it for Genuine concern for the Community? Each human being should have the Freedom of choice in regards to their health. I personally have found holistic strategies extremely helpful in maintaining my chronic health conditions. It is a breathe of fresh air to be able to choose natural healthy therapies versus some very strong dangerous medications that often cause severe side effects. Every human being should be given the right to choose. If MBA places restrictions they could be causing a dangerous situation where by people will diagnose them self. If restrictions are placed people will just find a back door. Rather than placing restrictions we need more holistic physicians It is crucial to have a professional holistic integrative physician to guide the patient and to diagnose what natural therapies will help best. We the community need these type of physicians who can help guide us into more natural ways of dealing with health issues. Natural therapies used safely are extremely beneficial.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:23:47 PM

To the Medical Board of Australia,

I support Option 1.

The Medical Board already has a strong code of conduct on good medical practice which sets out what is expected of all doctors registered to practice in Australia. I do not agree with changing the current guidelines.

I believe that everyone should be able to choose whether they wish to seek the support of a conventional doctor or integrative, complementary or alternative medicines. Tightening regulations of these unconventional professionals would place even more burden on a medical system which already has long waiting lists for services and waiting times for consultations. Unconventional professionals help to spread the load and they also provide much in the way of establishing causes and prevention.

When any of my family or I have symptoms of ill health we seek the support of our conventional doctor as well as unconventional professionals. We look for supportive ways to improve our health and wellbeing with nutritional and lifestyle changes which help our bodies to function as optimally as possible to avoid further health issues.

In the ideal world I believe doctors should all have lengthy training in relation to nutrition so that they may give the patient the option to treat an illness or dis-ease in the body with nutrition where possible before prescribing medication. In my view further regulation would be a considerable setback in fighting ever growing health issues in Australia. Doctors should be able to recommend what they believe is best for the patient whether it is holistic or conventional without fear of de-registration.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 11:48:48 AM

To the Medical Board of Australia,

I support Option 1.

I believe that a holistic medical approach can more readily help people. If this means that some people prefer integrative medicine then so be it. It is for the individual to decide how to best proceed with their own health care. A single choice can never work for all people.

I believe that people are well able to decide their own preferences towards their personal needs and health care. All people should be free to make their own choices in this.

I know many people who would refuse any medical assistance, but will seek out care from an alternative doctor.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 26 April 2019 4:21:42 PM

To the Medical Board of Australia,

I support Option 1.

I would like to ensure doctors can still offer complementary medicines and emerging treatments together. Our bodies need far more options than simple tablets / treatments offered. I believe we have the right to make a choice, the choice I make is that my doctor can recommend vitamins and minerals, to help treat illnesses. I personally use chiropractic, osteopathy, Chinese medicine and acupuncture and don't want to see this banned or removed.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 9:04:31 AM

To the Medical Board of Australia,

I support Option 1.

I believe that every Australian should have the right to choose integrative and complimentary medicine for themselves and their families.

I support patient access to integrative and complimentary medicine

I value holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines

My family and I use vitamins, minerals, herbal supplements, natural therapies every day to support our immune systems.

we use chiropractic, osteopathy, and acupuncture monthly to maintain good health.

If the MBA imposes restrictions on Integrative practitioners and our right to choose how we take care of ourselves and our families .

Please Do NOT change the current guidelines

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 19 May 2019 1:53:11 AM

To the Medical Board of Australia,

I support Option 1.

Australia is not a governed by dictatorship. Or so we are led to believe. Intelligent people understand that we don't just simply wake up one day with a disease. It is a progressive state. It starts with cellular disfunction, then develops into tissues, organs etc. Along the way we start experiencing signs and symptoms. We know we don't feel well but our modern medicine providers assure us in their 10min appointment slot that we are fine and send us away. That's because they don't have time to listen and investigate. We receive no help from these professionals until our body has progressed far enough into disease, to the point of qualifying for attention, because we now have an actual 'disease' that should have been addressed whilst it was still in a preventative state. Our health care system fails us.

We received no honest help until we reach the point of being labelled with a disease. And whilst our government listens to the real quacks, who seem to think we are all too stupid to understand and that they need to dictate our health choices. It's a typical bully situation.

Integrative doctors are intelligent professionals who take more time, listen more carefully, understand more fully and have the best interest of their patients completely at heart. That is a real doctor.

The other medical doctors have 10 min to upsell drugs.

Integrative doctors understand that not all of us will take laboratory drugs with their multitude side effects. Our bodies are not after all deficient in drugs. These people seek intelligent professionals who understand what being a real doctor is all about. Helping their patients return to health. Not keeping them trapped in disease.

Where is this all heading? Will the next step be that it is a crime to not take drugs recommended by a 10min quack? Will we be told that is not up to us to decide our own health journey? That our health is up to a dictatorship government?

Seriously, how brainwashed some people are.

The ultimate shame is that Integrative doctors provide a genuine health service above and beyond our modern quack medicine can offer. Such a privilege to access intelligent doctors.

How can they possibly be misunderstood by those with their hidden agendas? Are they really a threat? What happens to people who are getting better under the care of an integrative doctor. Shame. They return to modern drugs and remain in the illness cycle with all the side effects of drugs. Or do they leave the safety of the integrative professional and go to Dr Google instead?

This debate is so obviously stupid that there has to be a hidden agenda. Surely those in powerful positions are not so weak. They must be bullied into not understanding the commonsense of freedom of choice with our own health.

I for one will seek the informed doctor who cares enough to help me whilst my signs and symptoms can be prevented from progressing into a disease. To treat me and teach me into regaining real health and not become a statistic on the drug wheel of remaining in sickness.

Regards

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 4:09:32 PM

To the Medical Board of Australia,

I support Option 1.

As a health care professional I support patient's right to choose an integrative approach to managing their health needs. I currently use this approach for my own health care due to a number of medication sensitivities that provide me from using mainstream medical treatment. Without the ability to use acupuncture, massage and Pilates alongside GP & physiotherapy care, I would be in significant pain and thereby be unable to work in my chosen field. The alternative to these treatments is highly addictive drugs which over long periods cause dependence and the medical profession is responsible for creating a lot of drug dependence over the years because there were no safer alternative treatments available

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:39:49 PM

To the Medical Board of Australia,

I support Option 1.

Any health conditions cannot be seen in isolation Being the body such a complex in nature. The use of integrative and complementary medicine should be naturally part of a standard medical practice and doctor in fact should be trained to understand and recommend the the options a person Can consider to restore its health. We cannot simply rely on pharmaceuticals or prescribed medication that only treat the symptoms and not necessarily the root cause.

Quite the opposite to restricting the use of complementary and integrative medicine such as nutrition, naturopathy and other ancient medical practices supported by research in medical training.

I personally come from overseas and in my last 10 years living in Australia I haven't felt satisfied the the conventional medic cal practices and the patient is only seen as a number and the doctors not even ask beyond the symptoms at the moment. This doctor-patient relationship is pretty much just transactional. Practitioners of integrative and complimentary medicine tend to listen more, to investigate more and treat the health as a whole rather than just in broken parts.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:26 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

People should have the right to choose, its our bodies should be our decision

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 6:58 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Why do you think a doctor shouldn't give vitamins to help a particular condition? Are you going to legislate that my GP can't recommend vitamin c for a cold? Is this being integrative?

Sincerely,

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:48:37 PM

To the Medical Board of Australia,

I support Option 1.

I support the maintaining of integrative medicine. 40yrs ago i suffered a back injury. In conjunction with my G.P. i've managed to rely minimally on anti-inflammatory and opiate drugs by using chiropractic, acupuncture & osteopathic treatments. I've also been HIV+ for 30yrs. Whilst on antiviral medication now, i have no doubt that in the early days when HIV medication was highly toxic with frequent side affects, the use of herbal & nutritional supplements kept my viral load low & my CD4 count high.

If i couldn't do this under the guidance of my G.P. and HIV Specialist, I'm confident that my health and quality of life would suffer.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 11:02 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I wish to express my co Vern at the proposed changes

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 11 May 2019 6:57:49 AM

To the Medical Board of Australia,

I support Option 1.

I value these other approaches to health and do not want their availability in this integrative way interfered with and restricted. Not right to have our choice taken away.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 4:28:17 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is part of a full spectrum health care solution relieving strain on gp's and giving people real choices for the kind of care they want.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 4:58:52 PM

To the Medical Board of Australia,

I support Option 1.

I believe it is a patient's right to choose alternative medicines & therapies if they want. I believe that doctors who offer both traditional & alternative methods of health care are more concerned about the whole patient and not just what is recommended by pharmaceutical companies whose objective is to make a profit. I want to be treated by a doctor who allows me to make the choices rather than tell me what is going to happen. It's my body & my rights to choose.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 2:49:54 PM

To the Medical Board of Australia,

I support Option 1.

Doctors should be able to treat patients with everything they have in their or their patient's toolbox. How is restricting options in the best interests of a patient. A doctor's job is to do no harm. What works for one person may not work for another. This is true for pharmaceutical methods too. So I believe that everything that can be made available to a patient should be, as long as it causes no harm or at least less harm than a pharmaceutical may cause

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:46:26 PM

To the Medical Board of Australia,

I support Option 1.

I have Hashimoto's thyroiditis and I believe I have the right to choose my practitioner and type of treatment. I am planning to consult an integrative practitioner in the near future. If I chose to be proactive about my health then I have a right to choose who I consult.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 7:14:44 PM

To the Medical Board of Australia,

I support Option 1.

I support integrative medicine as it has turned my health around. I love the value of preventive measures.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 7:37:46 PM

To the Medical Board of Australia,

I support Option 1.

I believe that people should be able to practise Integrative and Complementary Health Care as I believe that people should be able to access that which they find works for them.

It is, after all what came before so called Modern Medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 10:33:02 AM

To the Medical Board of Australia,

I support Option 1.

Currently the Board takes the country and its professionals back to the "dark Ages" when more advanced countries, such as those of Europe embrace alternative treatments, have their Doctors trained in those modalities, and save the health budget an enormous amount of money. Homoeopathics, currently the board considers that they "do not work" - well its of no surprise to find that in Europe so many Homoeopathic products have passed all double blind tests required by law, and are now not only produced by well known Pharmaceutical companies but available OTC in some cases or on prescription for others. Isn't it time we embraced the new world, and took Australia into the 21 century rather than fearing the future.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 1:31:17 PM

To the Medical Board of Australia,

I support Option 1.

I have had a chronic medical condition (Type 1 diabetes) for the past 60 years. Besides visiting my Endocrinologist every 4 months, and accessing insulin and other medications, I also consult my Naturopath, who recommends and supplies complementary herbal supplements to support my well being.

Without these supplements I would enjoy such good health.

Please continue to permit doctors to use aspects of complementary medicine in their practice

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 6:21 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Complimentary medicine has provided positive results for my family when conventional medicine has failed.

Complimentary medicine can be used for prevention which will put less strain on the medical system in the long run.

If there is no choice, it will force people to self diagnose and seek natural medicine elsewhere which could be detrimental.

Complimentary medicine can cure by looking at root cause, not just putting a bandaid on the symptom.

Ultimately, some people just don't like conventional medicine and should have the freedom of choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 8:15:16 PM

To the Medical Board of Australia,

I support Option 1.

I believe that restricting the use of integrative medicine by doctors who choose to look to alternative options to potentially aid and relieve individuals who suffer from illness and pain from which 'conventional' medicine has failed is narrow minded and limiting in the forward progression of medicine as a whole. Coming from a medical background (currently completing a Bachelor of Biomedical Science to further complete a Doctor of Medicine and Ophthalmologist as a parent), the use of normal pharmaceuticals has not always been the correct, the most suitable or noninvasive form of treatment. As the very broad aim of becoming any type of health professional is to aid individuals overcoming illness and disease, this bill limits the number of options for an incredible number of individuals who are simply trying to help individuals in need. This bill needs to be properly rethought and to be based on a valid cause determined by qualified professionals in this specific area.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:37 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support a choice between contemporary medicine and traditional evidence based treatments available working with pharmaceutical and science.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 11:38:01 AM

To the Medical Board of Australia,

I support Option 1.

I entirely support integrative doctors because I have experienced negative help and sometimes neglect from normal doctors who don't try to find root cause of my condition. It would cause me serious concern to my health if these restrictions were implemented.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:46:58 PM

To the Medical Board of Australia,

I support Option 1.

I've grown up with natural remedies and complementary medicines, and I have seen their many benefits and healing effects. ive also seen the negative affects, of some of the things that doctors prescribe, on many family members and friends. and while they may be necessary i feel that the complementary medicines can help battle any negative side-effects from what the doctors prescribe. I also don't see how taking extra vitamins and minerals can be a bad thing.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 8:34:26 AM

To the Medical Board of Australia,

I support Option 1.

Integrative health and complimentary medicine has helped my high functioning ASD child. Please do not take this away from us.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 8:42:01 PM

To the Medical Board of Australia,

I support Option 1.

I 100% support patient access to Intergrative and complementary medicine because it has helped me immensely over the years. Why take the options for overall healing away from the practitioners that choose to look at the whole healing picture instead of a bandaid fix. Too many times I've seen doctors and specialists that don't listen nor hear their patients. There are some amazing practitioners that utilise all tools at their disposal to help heal and you shouldn't take that right away.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:57:44 AM

To the Medical Board of Australia,

I support Option 1.

Without the holistic approach of my doctor combining mainstream medicine with integrative and complementary medicine I would be either house bound and not able to function or I would have given up and committed suicide many years ago. This may sound dramatic but it was my reality and could be again if restrictions are placed on doctors providing holistic and integrative care.

Before discovering a doctor with a holistic and integrative approach to medicine I had been offered no hope or any treatment that worked for my condition. I have suffered from Chronic Fatigue Syndrome for 23 years. In the first 13 years of my illness I saw many mainstream doctors who were unable to offer me any beneficial care. Mainstream doctors who did offer medical assistance only offered anti-depressants and nerve blockers and told me to rest and live with it until it went away which either had no effect or made my symptoms worse.

Whereas using integrative and complementary medicine, my doctor had been able to assist me to create a health plan and lifestyle changes that have boosted my immune system, energy levels and quality of life. Utilising complementary vitamins, supplements and natural therapies alongside mainstream medicines undoubtedly helps to lessen symptoms and increase my functionality. This has then enabled me to study and work part time and to be a contributing member of society.

The cost of supplements and therapies are already difficult to sustain and crippling financially. I am only able to work part-time because of my illness. To remove my ability to access holistic care through my GP and further restrict therapies such as osteopathy and chiropractic would be to increase costs and restrict my access to the only medicine that has relieved symptoms, improving my quality of life and provided me with the ability to be a functional and productive member of society. I know many other people who would be in the same position.

To further restrict Doctors abilities to provide holistic and integrative care and their time spent in assessing and providing health plans and recommendations would mean that I and others like me would be unable to receive the necessary care required to manage chronic illnesses.

If anything doctors should be provided with more training and incentives to provide holistic and integrative care. I have witnessed not only people with chronic illnesses find improved quality of life from a holistic approach to medicine but have also seen infertility issues overcome without invasive drugs and treatments and I have seen a stroke patient recover exponentially faster then expected. As well as people discovering increased health and energy by improving their lifestyle and diet, using supplements and chiropractic /osteopathy treatments and being mindful of their health after I have recommended they see a holistic doctor.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature area.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 4:59:13 PM

To the Medical Board of Australia,

I support Option 1.

To whom it may concern,

It astounds me that medical practitioners are being assessed as to whether they are able to use natural medicine with their patients.

Why wouldn't you try something natural first before giving a patient a script for a pharmaceutical based drug. Most pharmacology based drugs are derived chemically from naturally occurring plants, fungi ect. But often contain silicon dioxide and other agents to tablet or capsule them. Which with long term usage can be bad for liver function.

The side effects are often less. Pharmacological drugs often have long term dependency and require continual upping of dosages to meet the dependency. Natural medicines don't generally work in this manner.

If scientific evidence is required then spend the money and do the research. But don't throw the baby out with the bath water.

Please reconsider this decision.

Natural medicine has helped myself and my family enormously.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:32 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Having been mistreated for Hashimotos by conventional medicine for more than 30 years Integrated Practitioners and Complementary Medicine has helped and is continuing to help my quality of life! Due to the totally inadequate treatment by conventional medicine I have gone on to suffer other autoimmune diseases Fybromyalgia Gastritis causing Vit B12 deficiency/Pernicious Anemia Arthritis Chronic Fatigue and a diagnosis of Narcolepsy I am able to manage my symptoms with the help of integrated practioners naturapathy and compounded medicines I have had stemcells which have helped arthritis in my foot and knee enabling me to walk without the need for an operation Several family members and friends are in a similar position I want to have the freedom of choice to manage my health in the best way I possibly can!!! Without the help of integrated practitioners and complementary medicine I would be bedridden now or worse!!!! We need to be finding the root cause if our health problems not just using a bandaid solution I really fear for my health if any restrictions are put on integrated practutioners and complementary medicine as conventional medicine has failed me so badly I used to believe that all doctors looked outside the square to actually find out what was causing your health issues I now realise that in conventional medicine far too many restrictions are put on doctors for them to be able to do that! I want the freedom to choose what is best for my own health

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 1 June 2019 1:32:34 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and complimentary medicine are important to me and my family. I support Option 1. Please do not place further restrictions on doctors who are doing wonderful work.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 9:46:08 AM

To the Medical Board of Australia,

I support Option 1.

I value highly the right of all people to make their own decisions in the healthcare they choose. The proposed new guidelines targeting doctors who integrate 'complementary medicines and emerging treatments' into their practice are biased and restrictive and do a great disservice to citizens by being overly-controlling and disrespectful of peoples' freedom to do as they will (without harming others).

I have received great benefit from supplements and treatment/testing by non 'conventional' doctors. In actual fact, such treatments usually ARE 'conventional', as they have successfully - and harmlessly - been used by all civilisations for centuries; it is often the toxic chemical and invasive surgical 'treatments' that are unconventional and harmful.

Patients should have the right to choose what is best for them.

Also, limiting consultation time is dangerous and counterproductive as it affects the amount of care a practitioner may provide and increases the amount of 'rush' to get a patient out the door and usher in the next. There is too much rush and stress in the world and it benefits no-one. Doctors should be enabled to properly listen to and care about their patients so they can provide the appropriate advice/treatment in a holistic fashion; taking the whole person into account, rather than seeing them as merely a profit centre.

Please do not introduce these new guidelines. Preserve our society's right to freedom of choice.

Thank you.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 9:08:44 PM

To the Medical Board of Australia,

I support Option 1.

As an Australian, I feel fortunate to be able to make choices about my lifestyles and healthcare. I choose integrative medicine, as it provides me and my family with the best possible care. I have been let down by the allopathic medical system a few times over my life span, misdiagnosed and prescribed medications incorrectly. The current medical system relies heavily on pharmaceutical interventions, and nutrition and lifestyle choices often fall by the wayside. This is not preventative medicine and it's largely a broken system. However integrative medicine has helped to heal my chronic conditions and those of my partner's by viewing us as a whole people, our symptoms as indicators to underlying imbalances which are treated at the root. Restrictions on integrative medicine would reduce my partner's quality of life significantly. Please reconsider and "first, do no harm".

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:32:51 PM

To the Medical Board of Australia,

I support Option 1.

An integrative doctor saved my two sons from a terrible life. They had many health and mental health issues which have now been almost completely treated. Their lives have been turned around for the best. Other GP's basically said there was nothing they could do or to go to a psychologist and psychiatrist to get medication. I'm so glad we ended up seeing our integrative GP.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 11:46 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I am unable to take what is termed modern medicine, they make me ill, side effects are worse than any ailment I may have. Herbal medicines have always addressed my health issues with positive results. I am not happy that the medical board feel it is their given right to block any alternative medicine. I am disgusted that it has even been considered, thousands of yrs have gone into the practice of herbal or alternative medication, unlike drugs, like those given to mothers without trial leaving millions of babies worldwide without proper testing, leaving babies without, or deformed limbs, also the innocent animals put through agony, torture, vile tests on innocent life. Get your heads in order, lives matter.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 4:40 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe it is my right to choose my own health care, since it is my body and my legal right to do so. It is my opinion that today's "conventional" medical professionals are getting diagnoses wrong too often. In many cases, a 10 minute consultation isn't enough to get a clear picture of what is going on with a patient. Prescribing drugs that end up causing many side effects and making matters worse, when there are alternatives, is quite unethical in my view. My trust in the medical professionals has plummeted over the years, since it is well known that many are purely guided by the Big Pharma.

This includes Universities that are heavily funded by pharmaceutical companies.

For me, complementary medicine has come up trumps almost every time and it is my right to keep choosing what's best for me.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 7:50:29 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and Complimentary health care provide essential services to patients which are not available via traditional GP medical services. Preventative health care saves tax payer \$ in the long run!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 12:42:55 PM

To the Medical Board of Australia,

I support Option 1.

Please allow the public to access the health care they feel suits their needs. There is a place for all forms of health care. I use medical expertise when I need it and many other alternatives. It wasn't very long ago when having a massage was really frowned upon. Let us be a progressive country.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

No change ... I support choice

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:30 PM

To the Medical Board of Australia,

I support Option 1.

I have been using complimentary/alternative medicines for 20 years because conventional medicine was unable to help me. Australia is a free country and we should have a freedom of choice to choose what health care is suitable and appropriate for ourselves. In addition, prescription medicines do not address the root cause of health problems, they only act as a temporary bandaid, many with side affects.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 6:01:25 PM

To the Medical Board of Australia,

I support Option 1.

It's a free country. Let people choose freely. Don't try to regulate everything.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 1:47:25 PM

To the Medical Board of Australia,

I support Option 1.

Changing the current guidelines to exclude alternative types of medicine makes the assumption that they do not work, which is not correct. It is culturally insensitive to assume all people in our multi cultural Society would only want access to western medicine, and that western medicine is appropriate for all people's in all cases. People are not stupid. They know what is best for their bodies, and just because their choice is outside the realms of standard, western practices does not mean they should have a certain level of income to access that choice. An integration of different styles of medicine and treatment are important options for practitioners in these terms as well.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:33:54 PM

To the Medical Board of Australia,

I support Option 1.

I believe that your proposed action to restrict the Australian public's access to alternative/complementary medicine options, by placing unnecessary restrictions on what doctor's who support the use of these treatments can say and do, is short sighted and quite honestly stupid.

At almost 62 years of age I have barely needed to use medicare services over the past 35 years because of the use I have made of nutritional and preventive medicine. In my opinion, Australia needs more sensible, responsible, educated people who are willing to take responsibility for their lifestyle and dietary choices, realising that these steps offer better health outcomes. This is something that the Medical Board cannot refute. So, why are you making access to the support services available to pro-active citizens more difficult to access? Australia needs more people eating healthy diets, staying active, using supplements where indicated to rectify deficiencies, and thus LESS people in hospital and being a burden to the Medicare/public health system. It seems clear to me that your policy is driven by the entities that will benefit the most, namely the profit-driven pharmaceutical industry. They make more money when more people are sick!

Please do something sensible over this ridiculous debate, and support the rights of people who want to spend their money in a way that prevents illness. It works! I am a living example of this. Please don't parrot the "there's no science behind alternative medicine" myth, because if you take the time to look you will find that there is in fact plenty. When organisations such as yours repeat myths like this, it makes you less credible to the growing numbers of people who know it's a blatant lie.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 11:56 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I respectfully request that patients' choices should continue to be considered. Personally & those within my family have often benefited from a variety of alternative treatments when regular options have failed. My Dr, who has not always approved my choices of alternative or integrative therapies, has always allowed me to choose, after investigating his preferences, & has always seen the benefits afforded to me. People should have the right to choose the therapies that are most effective for them. My children & I have found we are intolerant & or allergic to 'regular' medications & alternatives are hugely important to us for our continued good health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 6:01:56 PM

To the Medical Board of Australia,

I support Option 1.

I have cancer. When I was diagnosed I was Stage 4, and the orthodox options offered me (surgery, chemo, radio) were explained to me as "well, it's worth a shot" and I was warned to expect significant side-effects. I ended up saving myself and doing so so well that my doctors were amazed, by judicious integration of complementary medicines and therapies, namely naturopathy and naturopathically-prescribed medications, chiropractic, massage, Traditional Chinese Medicine, acupuncture, yoga, bowen therapy, and meditation. I am doing well and live independently, still sticking to my principles. My doctors still say they are amazed and enjoy seeing me.

I firmly believe I would not be in this position - I'd either be dead or highly dependent - if not for these things.

To me, it's simply logical, not ideological. If the MBA imposes restrictions on Integrative practitioners, I will have to find a way around them. Either that or die.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 10 May 2019 5:52:16 PM

To the Medical Board of Australia,

I support Option 1.

At the end of the day people need to know what supports whether it be information, supplements or natural complimentary therapies etc. can be made available to them. That is the ultimately what should be done for anyone to get better. Medicine alone may not be the cure.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:18:05 PM

To the Medical Board of Australia,

I support Option 1.

I support freedom of choice to have access to integrative and complimentary medicine. This has helped me through out my life. If this new law passes then the quality of quality of my health care will decline.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:22:36 AM

To the Medical Board of Australia,

I support Option 1.

I support integrative health care because a person's health cannot all be maintained by scientific and conventional health care. My symptoms from IBS, depression and anxiety were helped immensely by non-conventional care, such as meditation and herbal supplements.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 2 June 2019 11:39:57 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine had saved my life and gives me a quality of life that western drugs and medicine alone could not.

I am highly sensitive and allergic to many western drugs and most dosages are way to high for me so using integrative medicine has saved my life. If you were to restrict it you would only drive it underground and end up with more issues whereas the more we integrate like in parts of Europe and Japan and even the USA the greater the outcomes will be for patients and hopefully more natural and leading edge treatments with less drug side effects.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 10:00:19 AM

To the Medical Board of Australia,

I support Option 1.

I am horrified to read of the proposed changes to regulations permitting doctors to incorporate integrative and complementary medicine into their practices when warranted. These regulatory changes must not be allowed to occur.

Like many other Australians, I actively choose GPs with complementary and integrative medicine knowledge to care for my health and that of my family.

Complementary medicines are low risk and are usually inherently safer than pharmaceutical and surgical options, so should always be our first line of preventive healthcare and the first consideration when treating minor ailments. They also provide valuable support for patients' experiencing chronic healthcare problems.

Making it more difficult for people to access the natural and complementary medicines that they prefer denies them access to safe treatments under the professional supervision of their doctor.

Furthermore, consumers who are looking for complementary and integrative options won't stop using them if their doctor is no longer able to prescribe them. Instead, they'll seek guidance from someone less qualified or choose to treat themselves without any professional oversight at all - so the proposed regulatory changes have the potential to be harmful to the health of many Australians.

Natural and integrative medicines are increasingly backed by scientific research. That evidence base is growing exponentially and will only continue to do so in the future, and the ability of professionally trained doctors to evaluate that evidence and use it to make choices for their patients should not be jeopardised.

Please, for the sake of all Australians, do not allow this regulatory change to proceed. As a community, we should be investing in research into complementary medicines and actively educating doctors to ensure it becomes increasingly integrated into standard medical care.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:18 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I personally use complimentary meditation to minimise the impact of my autoimmune conditions.

I am a woman in my 40's, I'm a Mother, I'm an intelligent person who has been suffering with autoimmune conditions for several years, since the birth of my last child.

I initially turned to western medicine for prescribed treatments clinical and medical solutions. They did help but didn't give me back my day-to-day life. After a recommendation from a friend in a similar position, I tried, with the support of my specialist, alternative medicine.

The effects have been revolutionary, despite my immense scepticism at the beginning. It has kept me out of the offices of both my specialist and my GP and has seen my life return to almost normal.

The long-term effects of immune-suppressant drugs cannot be reversed.
They are expensive and I wish I had tried alternative medicine before these.

It is important to look at how many different health conditions can be assisted by integrated medicines. In many cases it can assist in avoiding expensive and functionally costly medicines that have devastating side effects.

Surely the cost of alternative treatments are worthwhile when you compare them to the cost of large pharmaceuticals?

At a time when we're all becoming more environmentally aware and more aware of the effect that food has on our bodies, it's time to look at all types of functional medicines and how they benefit us. This can only happen if Holistic GP's continue both the regular medical training and their own investigative practices into alternative medicines.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:52:26 PM

To the Medical Board of Australia,

I support Option 1.

I believe if it benefits the body, such as vitamins etc we should go as natural as possible

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:29 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe that Australians have the right to have access to integrative and complementary medicine. It has dramatically improved my health and therefore the lives of my family. I believe that this change will cost taxpayers millions as many of these options work better than mainstream medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 11:02:20 PM

To the Medical Board of Australia,

I support Option 1.

I was raised with complimentary medicines as my parents only had access to natural remedies...both lived until 90s...they were both fit and strong...interfrative remedies and medicines are natural and can assist in boosting natural immunities...i am also an aromatherapists and believe in the bodies natural ability to use nature's gifts to heal...intergrative healing is a person's personal choice...i also have allergies to certain medications..esprcially prnicllons and derivatives off..it is my right to choose my bodies best healing method...

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 8:13 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Thank goodness to the wonderful Integrated Health Professionals that helped heal my daughter where traditional medicine was unable to. Without these professionals available Australia will be lesser for it.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:28:16 AM

To the Medical Board of Australia,

I support Option 1.

Every single time I was treated by conventional medicine over 50 years, I had unpleasant side/adverse effects and had no choice but go to complementary or alternative medicines to fix the problems. Some of complementary and alternative medicine have over 4000 years history and experiences. We all should respect them and there're so many things to learn from them. Banning these medicines doesn't solve anyone's problem. You don't want to kill so many indigenous people and regret it later. You don't want to burn Notre Dame on purpose and regret later. Coexistence is always the key to our hopeful future.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 10:03:25 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine because I believe we have a right to make these choices about our own bodies. Integrative & complementary medicine has helped me, and my family with combating chronic headaches, countless muscle and joint injuries, maintaining optimum health, managing stress and anxiety. I choose to use Integrative & complementary medicine because it has assisted me through the hardest hurdles in my life in a way that mainstream medicine could not. If the MBA imposes restrictions on Integrative practitioners i would consider this a huge blow to freedom of choice, and would be devastated for my children's future lack of choices wheb it comes to their health and wellbeing.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 12:10:20 PM

To the Medical Board of Australia,

I support Option 1.

As a human being it is my own decision on what modality I prefer. I totally believe in FREEDOM OF CHOICE.

A medical practitioner is there to advise and guide but the ultimate choice and responsibility is MINE to make not that of others.

We are somewhat becoming a nanny state and not a good option.

BIG PHARMA has a lot to answer for!!!

MY BODY, MY LIFE, MY CHOICE!!!!

STOP DICTATING!!!

I have never used big pharma medicines for over 25years and have followed a holistic and simple life and have no medical concerns at the age of 67 I am happy with my life choice!!!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 6:09:23 PM

To the Medical Board of Australia,

I support Option 1.

I have used integrative & complementary medicine for myself and my family. I have often found these treatments to be most effective & affordable & holistic.

I would like to see these type of treatments continue as they offer more options than conventional medicine which doesn't always offer solutions that are holistic or affordable.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 7:03:52 AM

To the Medical Board of Australia,

I support Option 1.

As a Registered Nurse and Naturopath. Herbalist. Kinesiologist. Remedial Masseur, I am appalled by the possibility of this eventuating.

I have a busy practice and am continually told how unsatisfied my clients are with the medical profession, the lack of helpful advise and bad effects of medication.

The government is allowing the unfair assault on what a large majority of the population prefer.

The AMA and Pharmaceutical Companies should not be the ones to choose for us. We are capable to choose for ourselves.

Sincerely

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 4:00:56 PM

To the Medical Board of Australia,

I support Option 1.

Please no changes to the current guidelines. In the contrary I would like to see an improvement in this regard. Holistic approaches for a patient to heal themselves should be encouraged and not suppressed. Thank you for taking your time to read this.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 10:31:06 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is an incredible modality that takes the whole person into account when treating disease. I work closely with integrative doctors as a naturopath, and can say they have always been incredibly thorough and have helped many patients regain true health with both the use of western and alternate medicine together.

Banning the use of natural medicines will put an increased burden on the health care system, on doctors who already do not have enough time and hospitals, which are packed to the rafters.

Patients should have a choice of what medicines they prefer to use for their health. Please re consider.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:39:50 PM

To the Medical Board of Australia,

I support Option 1.

It is important that patients have the choice to use drugs to heal their bodies, or access more natural approaches. The medical profession is tuned to either prescribe medications or surgery, instead of looking at other options which are used in many other countries and contribute to good health in a more natural way.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 26 April 2019 2:55:03 PM

To the Medical Board of Australia,

I support Option 1.

I support Option One, that there is no change to the current regulations. I do not want to see patient choice eroded by restrictions on complementary and unconventional medicine and emerging treatments. As the parent of a child with a chronic illness that currently has no cure, we have the right to make informed choices about treatment options. Whilst conventional medicine offers no cure, the access to complementary medicines (vitamins, minerals, compounded pharmaceuticals) has at least provided some relief of the severity of symptoms and therefore improved functionality and quality of life.

Restricting access to emerging treatments and wider diagnostic testing is assigning patients to a life with little hope for improvement particularly as new research comes to light.

Removing our options to seek various services from medically trained integrative doctors will push us and patients with similar conditions to untrained, less informed 'backyard' therapists, or worse towards experimental treatments without any guidance. This is counterproductive to the key objective of protecting the public and in fact puts patients at greater risk of harm.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 8:36:00 PM

To the Medical Board of Australia,

I support Option 1.

[REDACTED] I believe that a holistic treatment option is crucial when faced with difficult to treat situations like brain injury where the person is highly sensitive to pharmaceutical medications.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 2:42:04 PM

To the Medical Board of Australia,

I support Option 1.

Traditionally, people have always made their own choices regarding health and well being. And the truth is, we have a right to.

If the MBA attempts to change this basic right as an individual's choice, a further distrust and alienation may occur between the medical board, Drs who do advocate holistic health choices and the people who will always insist on this.

This would not be a confidence building change, nor a healthy one.

To disrespect the wishes of a patient/man or woman, on behalf of themselves or their child is to suggest we lack intelligence, discernment. In truth, the MBA has no right to impose any such thing as to penalise or add policy to drs who support alternative health solutions.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 10 May 2019 2:42:20 PM

To the Medical Board of Australia,

I support Option 1.

Without integrative and complimentary health care my family would be gravely and systemically ill. If you remove access to complementary health care you would be condemning people like myself and my family to severe health conditions. My family reacts adversely to some medications, therefore careful use of medications both natural and pharmaceutical has been required. Please don't disadvantage and condemn people like us.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 17 May 2019 8:30:57 AM

To the Medical Board of Australia,

I support Option 1.

I had reduced overall wellbeing and my doctor could not help. I saw a Naturopath who showed my diet and lifestyle choices that quickly put me back on track. Years later I developed a skin condition similar to acne on my shoulder and chest that was slowly spreading. My doctor referred me to a skin specialist who admitted he did not know what it was. He called 2 of his associates in for an opinion and neither had any idea. I was advised to see a doctor trained in both allopathic and complimentary modalities who recognised a mineral and vitamin imbalance/deficiency and my skin totally cleared in 2-3 weeks following his treatment.

In short, if I had been restricted in my choices I'm not sure what would have happened to me as the 'traditional' allopathic approaches, in both instances, had no answers to my maladies.

WE NEED MORE SUPPORT FOR (so-called) ALTERNATE / COMPLIMENTARY MODALITIES, NOT LESS.

Thank you.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:16:47 AM

To the Medical Board of Australia,

I support Option 1.

I support integrative medicine, I have an autoimmune disease. Standard GP's are happy for me to be on medicine for the rest of my life. An integrative practitioner has helped me reduce my symptoms and reverse the process of my disease. Integrative means they look at both western medicine and other alternatives if Western medicine is of no help.. which as a nurse I see this on many occasions. Patients are a guinea pig with different pharmaceuticals being thrown at them until the correct balance is found. There has to be a middle ground, someone who is willing to look outside the box and find the answers that are not always obvious.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 6:46:58 PM

To the Medical Board of Australia,

I support Option 1.

I am the Mother of a young child who suffered mold toxicity to which no other doctor other than an integrative doctor tested, diagnosed and treated. This includes specialist Paediatricians including at the [REDACTED] children's hospital.

Her life is now changed forever as we were able to treat her toxicity and it's neurological impacts while her brain was still developing allowing her the greatest rehabilitation. Her progress has been undeniable. I am a true believer in this medicine and I know my child will need her/ an integrated doctor ongoing to deal with any health issues she experiences in the future.

GPs do not have the ability, interest or knowledge to deal with these complicated environmental diseases that are affecting many children and adults.

To this day when I visit a GP they dismiss her toxicity despite her test results showing the exact type and level of toxicity and significant symptoms. Our lives as a family would be so different without her diagnosis and treatment from Dr [REDACTED].

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 5:01:56 PM

To the Medical Board of Australia,

I support Option 1.

Intergrative and complimentary health care are improtant to my family and I do not want to see the level of care that can be gained through use of these be reduced. It allows for an overall approach to health rather than just treatment of specific symptoms

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 25 May 2019 11:37:58 AM

To the Medical Board of Australia,

I support Option 1.

I fully support option 1 in that integrative and complementary medicines remain as is and in truth there should be more support for these practices, because without it many of us wouldn't be around today.

I have been asked by the medical practice on 3 occasions to go back to have a colostomy bag and I searched alternative medicines and Integrative Doctors help and 25 years later I'm still functioning with an internal J pouch. Basically their advise was flawed and not thought through with alternative options.

Without their help my wife and son would also be in serious trouble where the medical system failed them too. Specifically

If the ban was imposed then we would have to seek an alternative country to live in.

Have a look at the Hale Clinic in the UK, isn't the medical systems main aim to heal people instead of profits. The two medicine practices can work together instead of being suspicious of each other.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 21 May 2019 10:36:55 PM

To the Medical Board of Australia,

I support Option 1.

You must be allowed to choose as alternative medicines have helped me as well as traditional medicine I use both together. In health there is room for both and should be allowed please leave as it is

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:54:31 PM

To the Medical Board of Australia,

I support Option 1.

I am an Australian citizen, female, wife and mother. I do not wish for my access to a broad range of healthcare options for myself and my family to be restricted or limited by a beaurocratic decision. For me it is important to still have complementary therapies as an option, particularly when all other medical healthcare interventions have failed. I have used both conventional and medical interventions in the past. I look forward to working with my medically trained physician to find the best approach for whatever that medical reason may be at the time - conventional or otherwise. It is an arrogant stance to take that conventional medicine is THE ONLY way forward when I see no evidence of significant patient harm using alternative treatments. There are risks and side-effects of EVERY medical intervention, including conventional, and to think that one way is supremely better than the other is arrogance and limiting. I am deeply offended that you wish to take that choice away by regulating and restricting doctor and patient rights.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 2 June 2019 10:00:24 AM

To the Medical Board of Australia,

I support Option 1.

I support integrative medicine and access to integrative medication as prescribed by a doctor because I've access to this kind of treatment has made an enormous difference in my quality of life. I have a chronic condition for which a specialist had me on 4 related PBS medications, one of which was an authority script. All were at maximum dosage and yet my quality of life remained poor. I saw an integrative GP who indicated that if I could improve my underlying health I might be able to minimise my other medications. I followed the GP's advice and used the integrative compounded medications. As a result, after several years, I have reduced my medication needs for my chronic condition to one tablet (and a lower dosage of that). I would point out that I pay for my compounded product with no government rebate or assistance but that following my integrative doctors treatment regimens has led to a decrease in my usage of PBS medication directly decreasing the cost of my treatment to the government. So summarise: I pay for treatment and medication that has resulted in a reduction of costs in treatment of my chronic treatment by the PBS - and I have done this with the advice of a Australian qualified doctor. I see no reason why my access to such treatment should be removed as it would simply mean that my chronic condition would likely worsen which would result in a return to my previous dosage levels and the unnecessary increase in costs associated in that would be directly felt in the PBS costs for my treatment. Added to this it might result in a lesser capacity to work resulting in added strain to the welfare system. Thus the proposal makes both no sense to me or a personal level as integrative treatment aids my quality of life greatly; no sense on a professional level as if a qualified doctor offers the treatment then to deny the ability to recommend helpful treatment is to indirectly do harm to patients like me and I think we all know what the Hippocratic oath says about harm; and no sense financially as it would likely increase the financial impost on both the PBS and Centrelink for my care should I lose access to my current treatment and my condition worsen again. There is no upside that I can see to removing access to integrative and compounding medication treatments.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:40:16 AM

To the Medical Board of Australia,

I support Option 1.

After 5 years of going to GP's and getting no where, i was ready to admit i was going crazy and it was all in my head until I saw a doctor who believed in testing and prescribing for things mainstream medicine didn't believe in e.g. pyrroles and adrenal fatigue. Few months later of herbal supplements, vitamins and minerals and I'm back working full time and loving life. There is room for both... Don't take the choice away from us, if you do our hospitals will be filled with people who could easily be treated by integrated Holistic Doctors. I would hope that this isn't an attempt to bring more work into the medical industry at the expense of people's health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 9:58:49 AM

To the Medical Board of Australia,

I support Option 1.

Access to integrative and complementary medicine via my GP has been of significant importance to me and I would hate to see this avenue of treatment denied to others.

My health needs are complex and have a significant impact on my daily life but the answers for me have not been in medications etc

Taking away GP informed access to complementary medicines will create an unnecessary divide in health care and will potentially deny many patients access to improved health.

I am concerned too about the motivation for such a decision. Where has this come from given the increasing research highlighting the value of holistic healthcare practices.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 9:41 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Allow people the choice regarding their health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 26 April 2019 12:10:05 AM

To the Medical Board of Australia,

I support Option 1.

Hi, I believe doctors right to support clients in a variety of ways, including innovative practices, nutrition, complementary medicines. I think too many people expect to follow up a visit to their doctor with a visit to buy pharmaceuticals. I believe Australians rely too heavily on anti-depressants, anti-psychotics, sleeping medications and anti-biotics when there are other lifestyle and holistic choices with proven better long term outcomes. Please allow doctors and patients a full range of choice in our decisions about our health. I would like doctors to be able to recommend/write prescriptions for bushwalking, dancing, music, yoga and exercise and basically to promote more holistic practices.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:23:58 AM

To the Medical Board of Australia,

I support Option 1.

As a registered healthcare professional who actively works with other healthcare professionals in my region to co-manage difficult clinical cases, I have first hand seen positive outcomes combining care options (mainstream and allied health/complementary).

Working together, a patient centered approach is positive for all involved.

Removing the ability of a medical practitioner to recommend or provide a service that may support other care options appears nothing but restrictive to patient choice. As a healthcare provider, we are required to give patients all their options. I will outline how I might help, the option of GP referral, possible further

investigations, and interventions that may be available. If a move is made to change this, General practitioners will become fearful of retribution of referral, overall leading to less co-management and decrease in positive patient outcomes. In a world of increasing chronic health issues and pressure on the healthcare system, would it not be more positive to present a team approach. Allied and complementary care by proficient and qualified practitioners, in communication with the GP provides very positive outcomes.

Alternatively, correspondence will decrease to general practitioners and patients will still attend or allies or complementary care, but they will not disclose this to doctors, leading to increased risk.

Honestly I think encouraging open communication and a team approach is first and foremost to open and honest patient interactions and positive outcomes. Recommendations from medical practitioners cannot be swayed by a position of fear or patient outcomes will suffer.

Please review this decision and give our medical profession the ability to refer or provide or recommend allied/complementary health and services as appropriate for each and every patient. Thank-you for taking the time to consider my submission.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 11:09:55 AM

To the Medical Board of Australia,

I support Option 1.

I not so humbly ask why the govt seem to feel the need to have control of our health and wellbeing choices, in wot is supposed to be, a democratic country. I am a mature person and have had very easy relationships with drs and health practitioners who respect my awareness of my body and issues as I respect their opinion regarding my health and choices. I pray that this has nothing to do with the pockets of the pharmaceutical/govt.....

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 12:07 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Both my sister and I have battled with cancer (twice). We followed the conventional protocol because we knew nothing else and placed all our trust and faith in our doctors and specialists. Sadly my sisters cancer returned and is terminal, I however decided to seek alternative and natural medicine to help assist me in my journey because I was struggling from coming from a lifestyle of zero medication to heavily medicated. My body went from a 40 year old to a 65 year old. I could not take my children to school or go to the supermarket without pooing myself, which was extremely embarrassing, and additional post side affects of treatment and medication. I began to slowly look at replacing some of my drugs to natural alternatives. To this day I have absolutely NO regrets. Please don't take my quality of life away from me and my loved ones.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 1:53:18 PM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]
MY HEALTH
MY CHOICE
BACK THE [REDACTED] OFF

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 11:53 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I can't believe what I'm reading...and those who practice in this space whose primary purpose is to heal others now have their careers under threat. Integrative Drs and alternative treatments have been imperative in my family & my own healing where traditional medicine was not helping. I know so many people who have underlying issues that have been addressed with going to an integrative Dr and as a result have a better quality life or resolved their health issue. If the MBA is concerned why don't they speak to patients or look at the outcomes these Dr/ practitioners are having. We all should have a right to access complimentary medicine especially when its benefiting our health and puts less stress on the health system. We actually need more Dr like this.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:58:39 AM

To the Medical Board of Australia,

I support Option 1.

I have combine natural therapy and modern day medicine for the past 20 years. I found natural therapy and natural medicine (going to the naturopath)more benefciate to me and my family then modern medicine/and therapy.

We should have a choice on how we are able to heals oneself with the help from our doctors. SO I SAY NO TO THE RESTRICTIONS

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:37 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe my health choices should not be taken away from me. I believe my best health has been due to Chinese Medicine, Acupuncture and holistic medicine..

My GP does not listen is barely available and charges like a wounded bull, without giving me the satisfaction of good answers ..

Please do not take away the choices we choose for our own best health

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 10 May 2019 2:03:39 PM

To the Medical Board of Australia,

I support Option 1.

I have used both conventional and alternate health professionals for myself and my family for most of my life. I have had too many positive outcomes from using alternative professionals to mention. This includes homeopathy, naturopathy, functional medicine, Chinese herbalist, acupuncture. The results have been medically proven and I cannot imagine life without access to alternative medicine. Generally these professionals look holistically at the issue rather than just symptoms and therefore often get right to the cause of the issue. In the 35 years I have used alternative medicine I have not experienced any negative outcomes. If anything we should be embracing the combined therapies NOT reducing access.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

All patients should have a choice to use integrative doctors, we don't need more pills and prescription, we need doctors who understand the cause of illness and treat it naturally.

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:32 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I feel patients should have the right to choose the type of medical care they desire.

I personally recovered from 7 yrs of Chronic Fatigue Syndrome through an Integrative and complimentary practitioner. I would not like to see this taken away.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 9:41 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have been seeing an integrative GP with my hypothyroid condition for 7 years and he has helped me tremendously to have my life back. He treated my hypo symptoms with proper diagnosis and medication. I had seen several endocrinologists who told me that nothing was wrong with me and refused to do investigate further to diagnose my problem. My integrative GP treated my symptoms and I have been my life back. If MBA imposes restrictions to integrative practitioners it will be detrimental to many people who will continue to have many medical issues and be a burden to the health system. If I had not found my integrative GP I would still be unwell, unable to look after my children and my marriage would have broken down. That is why I am urging MBA to not impose restrictions on integrative GPS and give people the choice to see the doctor that will be able to help them

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 8:12 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I've been appalled watching in the sidelines as this move to remove subsidies on naturopathy was implemented. But it looks like it didn't end there. When research is manipulated with the aim of achieving an outcome which affects millions of people negatively, it should be illegal; and this is where you get a tsunami of people waking up to the greed of the big pharma and their deep pockets and making their voices heard. My daughter's allergies were never picked up by GPs or specialists as being related to her gut and her body rejecting the food she was eating. If not for the naturopaths, osteopaths and the herbs and supplements that she took, she'd be on steroids for a good part of her life, probably end up with chronic gut issues and be vulnerable to viruses every winter. Why are we moving to the dark ages? This feels like a rerun of how women healers were burned at the stake for healing people with herbs and potions. And how can you produce a research that does not include the experience of experts in natural medicine or include the studies of people completely healed from conditions that conventional medicine specialists shake their heads at because they don't have a solution.

Firstly, we need to have this report available to the public in its entirety and secondly, we need to be able to interview these experts, find out their background and links to funding from pharma and thirdly we need to hear from the natural medicine experts who have helped to find cures for countless people and importantly with their intervention, kept people out of a high cost (to the taxpayer) and overcrowded hospital system.

It is madness to make changes to an already well functioning natural medicine community and system, and instead focus on giving GPs more than 4 hours of education on nutrition in medical school. A good medical structure is where you take best practice of all streams of medicine to share with each other, as you would hope that the aim is to help people to regain their health and stay healthy, and not be on prescription drugs for life, because it's a bankroll for Pharma.

Wake up MBS, all your people have taken the Hippocratic Oath.
Hopefully you're not taking that lightly.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:34 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have used Integrative and Complimentary Medicine my entire life, side by side with Western Practices, my Dr growing up was a man of science, evidence, Western Modern Medicine but he also believed that 'Alternative, Integrative and Complimentary medicine had a solid place in today's society.

From my personal experience he is right, I was highly medicated for 5 years for depression, I trusted him with my life and he looked after me completely along with a psych, they kept me here, worked with me, looked after me and also suggested things to help that aren't 'the norm' Yoga, Acupuncture, Naturopathy, Essential oils, etc.

when I was finally ready to ween off my Anti Ds, it was suggested I should use some natural therapies to help ween off the medication so my body doesn't have too much of a shock, I started Acupuncture weekly, Herbal teas and Oils to help my body adjust and it was fantastic, I have been off medication for 12 years, I still have a Psych and see her if needed, I do yoga to calm my mind and if I feel myself slipping I will use a special blend of oils and start Acupuncture up again to help keep myself grounded and out of a depressive state.

My Dr has since retired and it took a while but I found another just like him, Fully aware of what is necessary and what's not, accepting of Integrative Medicine, understanding of her patients needs and wishes and works with you to get the best outcome for you, she puts us first, she understands when things can be cured or maintained with alternative medicine and when you need to go straight to the modern practices.

I have used and still use alternative medicine with Modern medicine for everything in my and my families lives because it works and the evidence is there to prove it.

I use natural powders every day in my tea to help with my knees, if I run out and I have to wait for my shipment I feel the pain and the difference, I see a physio and have 2 knee specialists both have done surgery's for me and all 3 know what I take and think it's fantastic that it helps. These men aren't fools they are top of their field.

Don't take away medical professionals power to offer these choices or you will be pushing people to gain information from unsafe places, people that aren't educated in the medical field and could give seriously dangerous information. People won't stop searching out holistic natural medicine, if anything it's going to be more sort after as the years go on, the younger generations aren't stupid, we know what our options are and we want the more natural, safe, approach, not just in medicine but with everything, with more and more information at our fingertips we aren't naive to the world anymore, we know what poisons are out there and will be avoiding it more and more.

At least keep the information we will be searching for coming from medical professionals and not Facebook warriors.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 12:07 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Typical GPs have done nothing to help my partner deal with chronic illness other than continually dismiss her. Only since we have found an integrative GP has her health and quality of living improved. Please don't take away these vital options.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 9:48:56 AM

To the Medical Board of Australia,

I support Option 1.

I totally support patient access to Integrative and Complementary Medicine. Without access to this service our family would have nowhere else to turn, as we were turned away from specialist who could no longer help us and were not willing to look outside the box. Our family is a much healthier happier family as a result of Integrative and Complementary medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 21 May 2019 1:08:41 PM

To the Medical Board of Australia,

I support Option 1.

I wish to provide public feedback on proposed new guidelines targeting medical doctors who integrate 'complementary medicines and emerging treatments' into their practice. First issue being, freedom of choice as a human being to choose who to put trust in by the doctor/practitioner who has the knowledge and means available to them to prescribe products or services to best help. And secondly, sufficient time to analyse the information is very valuable, misdiagnosis can cause other problems. In my experience with Integrative doctors, it is not about how many patients they can see within a period of time, it is about helping their patient with finding a solution and if the appointment runs over, then it runs over. Admittedly the patient pays for that time but when the trust is there that help is given, that isn't an issue. Doctors don't always have all the answers and having an integrated Doctor taking a holistic approach, they are open to all solutions for the benefit of their patients. Sometimes it is not all about the money they can earn but rather it is about helping the patient. Yours faithfully [REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 11:37:32 AM

To the Medical Board of Australia,

I support Option 1.

I am writing in support of integrative medical practitioners. I have had serious health problems over the years (I am 71 years old) I am very grateful for the treatments I have had in hospitals and by excellent doctors for surgeries in that time.

However, these days I am far more interested in being able to talk to an experienced integrative practitioner who looks for the root cause of my medical condition, instead of cross matching my symptoms with another layer of expensive drugs to manage rather than eliminate the condition.

It is my free choice to bear the cost of the supplements I choose to take rather than use the system of subsidised medications, all of which have side effects, some worse than others.

It is often said that alternative supplements do not undergo the double blind testing that pharmaceutical medications do, in fact i believe this is a distortion of the truth.

I know very well that there have been numerous medications withdrawn from the market because they were found to be contaminated or of too high a risk. Viox was a classic example of a drug that took many thousands of lives before a whistleblower stood up and told the truth about the dangers of this medication. Four of the leading manufacturers have been caught committing fraud. These are not companies I would now trust.

Integrative practices should be embraced by the medical profession, there is a wealth of knowledge available to expand their knowledge base and I feel would bring a higher level of satisfaction to many in the mainstream medical field if they had a broader knowledge rather than the rather narrow pathway of study in our universities today.

It is way past the time that alternative health should be victimised rather than embraced.

The cost of medical and hospital treatment in this country is horrendous and not improving under the current system. It is time to do a study to find out what many of us patients already know. That there are many treatments and cures available beyond the scope of the medical profession, the cost to human health and the financial burden of managing sickness could be so much better managed.

I trust you will look deeper and not favor the pharmaceutical companies in your decisions.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 7:16:40 PM

To the Medical Board of Australia,

I support Option 1.

I have used Integrative and Complementary medicine for over 50 years. Because of my own health issues which the allopathic system were unable to resolve and having lost family members to the drugs and vaccines pushed by the Pharmaceutical industry I became one of the many patients who lost faith in the system turning to the many complementary modalities which were vastly more able to bring relief or in many cases, dare I say the word, heal the health issues I had to put up with for years.

If I was injured or in need of an operation I would also choose to consult an allopathic doctor as they are the best in that field but I have found they are not as competent with chronic health challenges. I would like to know why we can't choose the best system for the health problems for which they excel.

Australia is supposed to be a democracy.

With the right to choose which modalities are the best for their families and themselves depending on the problem presenting, there would be more trust that the MBA is more interested in the needs of patients than control of the population's choices.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 6 June 2019 1:33:13 PM

To the Medical Board of Australia,

I support Option 1.

I would like to say that I have used acupuncture in the past and have found it to be very beneficial in treatment of pain relief.

I would like to keep my options available to the current variety of healthcare professionals, and if you restrict that access then I am concerned it may jeopardize my future health.

Also, I do not believe that "Western" doctors are fully aware of preventative medicine. They are trained well to treat immediate concerns, or triage, but offer very limited support when it comes to general well-being over the course of life.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 10:04:53 PM

To the Medical Board of Australia,

I support Option 1.

Please do not impose restrictions on natural and integrative practitioners . I combine their treatment with my medical doctor's treatment to keep me healthy.. Why can't the MBA see that the two CAN work in harmony. Let people decide what they feel is best for their health. WE should have CHOICE and NOT be dictated to.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 6:22:36 PM

To the Medical Board of Australia,

I support Option 1.

I have been using complimentary and intergrative services for the past fifty years alongside allopathic medical care.

My belief is that there can be better health outcomes for our health where there is choice available.

I have continued to look for the quality care outcomes through all modalities where complimentary medicine shines for patients with chronic health issues and I have great respect for the skills of those who care for and treat patients who require urgent lifesaving assistance .

It would be a bad day if there was a change to access and free choice of modalities and treatment by intergrative and complimentary care which would see vast numbers of our people denied the right to the best health outcomes.

Results would put even greater pressure on the already struggling public health system which at this time is not as burdened by the costs as it would be through changes of free choice of modalities, information and supplements at the present strengths. As the elected representatives of this nation I urge you to vote for no changes.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 5:38 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have experienced taking vitamins and minerals working well with my needs. When your 6 month old is allergic to milk protein and you are breastfeeding you have to get a doctor to help with suggesting calcium tablets to take. Without them it could mean that I would develop osteoporosis later on in life therefore costing Medicare and tax payers a lot of money on care and lost Income tax revenue.

Also when patients are admitted into hospital one of the first things they are given by the doctor is vitamin d tablets because they are unable to get enough of it when they are sick in hospital.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:14:23 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine has helped myself greatly by getting off long term medication for IBS by focusing on dietary needs, lifestyle changes and introducing herbs and acupuncture to retrain the brain -v- gut alignment. It has also made a massive difference in my mothers life after being on her thyroid medications for over 20+years changing dose up and down to almost being completely off traditional medication by introducing holistic medicine and homeopathic s.

If restrictions are enforced this puts us all back into doctors treating symptoms with prescription meds. Meds that make pharmaceutical companies millions \$ every year. Pharma companies don't want us tot get well they want us to keep using their medicine! Integrated doctors are more focused on finding the root of the issues and offering a wider range of treatments.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 7:25:53 AM

To the Medical Board of Australia,

I support Option 1.

As a semi retired practitioner my family has used medical doctors who have incorporated natural therapies as part of their treatment. With my grandchildren this has been an essential part of regaining their health status.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe in having a choice in selecting integrated health. Modern medicine isn't always the right answer.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 4:40:50 PM

To the Medical Board of Australia,

I support Option 1.

I am 56 years old, married with two daughters and two granddaughters. We are all remarkably healthy, mentally and physically, and have practised an holistic approach with complementary medicines for years. We look after ourselves proactively and are little to no burden on the health system.

We do not seek to ban other people's right to dose themselves with pharmaceutical products, even though we have doubts about the widespread use of statins, anti-depressants etc.

I question whether a GP can meaningfully serve anyone when trying to average a six-minute consultation, but I haven't tried to stop GPs from being paid for simply writing a prescription.

Please stop trying to take away our freedom of choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:32 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It is imperative that people have choice when it comes to health.

There are many ways to treat symptoms and it should not be a one way treatment or one size fits all. People need freedom to choose what resonates with them.

I use complimentary medicine because it is backed my science too, people get real results, bodies and immune systems are supported to do their job.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 6:39:12 PM

To the Medical Board of Australia,

I support Option 1.

I do NOT ever wish to be denied the right to access integrative and complementary medicine.

This expands to areas of health which are not commonly thought of when approaching illnesses.

Integrative and complementary medicine can be beneficial along side general practioner and specialist treatments where the traditional methods have reached the limits of expertise.

I have a family member who has exhausted every avenue of traditional treatment for debilitating nerve pain and is now undergoing an alternative therapy to treat the life disrupting condition.

If the laws were to change and go backward as suggested, my sister would be denied the right to seek a more successful treatment and relief (the chance to live the way everybody should - pain free).

Does anybody involved in the MBA's decision making have direct experience of being let down by traditional treatments and synthetic medication? It's embarrassing this restriction is even being considered.

Conventional treatment is already quite limited despite closed-minded opinion.

A classic example I have seen over and over again is a person presenting with a simple deficiency that is not picked up by conventional methods. They are either sent home with no answers or given a synthetic pill which causes side effects and negative chain of events begins (the latter is commonly seen in the elderly).

We are going BACKWARD to deny people the right to explore other alternatives where traditional/conventional approaches fail. Some conventional medicine is still too limited and at times, detrimental to healing.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 8:31:24 AM

To the Medical Board of Australia,

I support Option 1.

It is extremely important that patients continue to have access to integrative and complementary medicine. No one medicine is the right one for every person, because of individual traits. And the scientific knowledge of any medicines is never complete but is an ongoing process. Preventing access to some of these medicines, whichever category, prevents the building of our knowledge bank about all medicines and their relative values.

My family and I have always included the use of both Integrative and Complementary medicines alongside conventional ones, and by doing so, feel confident and understand our own health issues as individuals. We can be more responsible for ourselves and each other. We do not need to go to the doctor as often, and overuse the resources, which can then be given to others who do need them.

Imposing restrictions on Integrative practitioners, without really obvious good reasons understood by the people who have been benefitting by them, suggests a code of control and power-mongering, and has nothing to do with the health and welfare of real individuals!

When people have choice and freedom and autonomy in their own lives, including medical/health choices, Through open discussion and debate, whether they are health practitioners or patients, this holistic approach allows progress, and the knowledge bank to grow as well. Natural therapies save money, and prevent worse health issues, and therefore a very worthwhile investment.

Regulations force people to go underground, when debates involving so many people involved are not open for scrutiny. What is the reason for such regulation?

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 2:46:09 PM

To the Medical Board of Australia,

I support Option 1.

Our rights are being slowly taken away. A bigger strain will be put onto the medical health care system. People will drop private health (what's the point of having extras) our bodies can heal themselves given the right help. Holistic healthcare can complement medical health care.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:23 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

In 2017 I had extreme fatigue. I could barely function for a couple of hours a day, even after a 12 hour sleep.

I had no idea what was wrong and why it was happening - previously I'd been an elite athlete competing for Australia in beach handball, and also playing semi-professional rugby union in my younger years.

My regular GP did blood tests and said "oh your mercury is just a bit high. Stop eating fish"

I felt deflated by her lack of interest in my case. Nonetheless I stopped eating fish, but it produced no noticeable effect.

So on recommendation from a friend, I went to my local integrative health clinic. I was thoroughly tested using multiple lines of enquiry as to what was actually going on.

They conducted a more detailed hair blood urine test for mercury, which showed actually my mercury levels where VERY high.

I was recommended a series of liposomal vitamins, and natural supplements to kick start my detox system, and begin the detox naturally.

Within 6 months I was better. No more mercury in the blood.

I am very very very grateful to my integrative health doctor and there clinic.

Please please please allow us to maintain access to integrative doctors.

Thank you for the oppportunity to share my story.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 29 May 2019 5:08:52 PM

To the Medical Board of Australia,

I support Option 1.

My family members have all used Integrative and Complementary healthcare regularly. When my husband had cancer, diet control, natural supplements, acupuncture, massage and even hypnotherapy gave him an amazing quality of life for three years. (He would have died straight away if given conventional treatments, according to a doctor in our local hospital). Other members of our family use a Chinese doctor who combines both conventional and alternate herbal therapies which have shown amazing results. We have also used advice and therapies from a number of other modalities such as massage, osteopaths, acupuncturists and health resorts and integrative medicine practitioners. There is no reason why these options for healthcare cannot exist alongside conventional medicine and it really is our right to have a choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 6:27:20 AM

To the Medical Board of Australia,

I support Option 1.

Dear Sir/Ms,

My family and I value a holistic approach to healthcare and support doctors' right to provide new and innovative approaches, including complementary medicine treatments. This approach to health care has enabled me to improve my health dramatically .

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 26 April 2019 3:10:04 PM

To the Medical Board of Australia,

I support Option 1.

I am writing in support of Integrative and complementary medicine. Integrative medicine had answers and solutions for both my partner and my niece who suffered from debilitating fatigue and crippling inflammatory arthritis respectively. Both initially saw their General Practitioners and specialists and both were offered medication that treated the symptoms but which saw their issues resurface, once they ceased the medication. Ultimately, they were both told that there was nothing more that the regular medical profession could do and in my partner's case, his fatigue was due to advancing age (he was in his late 50's!).

Both sought out Integrative doctors (different practitioners) where as a result of various tests, and necessary in-depth consultations the practitioners were able to come up with a clear diagnosis and individualised treatment plan. By understanding that not one size fits all and that there is a need to treat the cause and not the symptoms of an illness, these practitioners were able to offer solutions to my partner and niece. My now 66-year-old partner spends 1.5 hours at the gym every second day and on the alternate days, rides 20kms on a stationary bike over a 40-minute period. He is fit, healthy and has more energy than many men half his age.

My own experience of visiting an Integrative doctor over the past two years, has seen me feel and look fitter and healthier than I have for many years. I now have a much clearer idea of what issues I need to deal with in order to maintain this level of health going forward. I have never understood this from a 10-minute consultation with my GP. My Integrative doctor always relies on evidence-based knowledge when prescribing either medicines or supplements.

Integrative doctors knowledge and mode of operation have an important role to play, especially for patients where regular GPs or specialists are unable to provide a solution to their health issues. Those of us who visit such practitioners, are either seeking a solution or would like to have an alternative to the drug-based band-aid response that is often offered by the medical profession. I would like to think that both could work side by side, thus giving patients choice over their own health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 12:16:37 PM

To the Medical Board of Australia,

I support Option 1.

Patients should have choice and Doctors should not be penalised for using integrative medicine, if it is in the patient's best interest.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:05:22 AM

To the Medical Board of Australia,

I support Option 1.

I feel it is very important to my healthcare to be able to access integrated healthcare as I can now or in fact an improved collaborative approach with holistic medicine NOT less to try and improve my ongoing well being

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: Linley Thompson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:03:26 AM

To the Medical Board of Australia,

I support Option 1.

I support a patient's right to integrative health as well as mainstream health advice from their Doctor. They compliment each other.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature area.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 11:00:55 AM

To the Medical Board of Australia,

I support Option 1.

My husband was diagnosed 4 years ago with Borellia and Bartonella bacterial infections. These infections need to be treated with antibiotics and a range of supplementary products.

My husband sees an integrative medicine GP for treatment. As his conditions are currently unrecognised by the Australian Medical Board, we have to rely on this GP for his unending support to treat patients like my husband.

The proposed changes would stop my husband from being able to be treated, and would lead to untold stress on our lives. It is hard enough battling these diseases without any support from AHPRA. Just leave the system the way it is, and allow these wonderful doctors to continue their work. In fact if you want to help, why don't you recognise that Borreliosis and Bartonellosis are real conditions in Australia, and support patients and doctors through their treatment instead of turning against them.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 21 May 2019 10:21:07 PM

To the Medical Board of Australia,

I support Option 1.

I support the use of both modern medicine and Chinese medicine. The two are not mutually exclusive and I feel that restricting access in this way will not only diminish the standard and quality of Chinese Medicine practitioners in this country but also adversely affect the modern Western Doctors who believe in and support complimentary medicine. The rest of the world is going ahead leaps and bounds by researching and combining traditional Western medicine with other traditional and alternative therapies, whilst in Australia we are banning it. As a nation we are becoming redundant and backwards and the attempts of regulator's to get rid of alternative medicine is proof of this.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:19 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Medical treatment and prevention of disease and illness should be available as a matter of choice for patients and medical staff.

It's not a one size fits all.

Alternative therapies need to be encouraged and supported along with any other treatment as a way of health. This also includes food and diets.

No one size fits all.

Everyone should have an equal choice to treatment with equal rebates no matter where that comes from.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 9:55:17 AM

To the Medical Board of Australia,

I support Option 1.

My experience with integrative medical practitioners has been very positive and truly life changing. After many years of seeing my regular GP and being referred to multiple specialists I sought out an integrative medical practitioner on the recommendation of a friend. This practitioner evaluated my whole condition and reassessed my medication alongside health and lifestyle, using vitamin and herbal supplements. Within three months I was feeling like my old self again after 7 long years trying to seek help through conventional medicine which also left me dealing with side effects from medication. If you compare complimentary medical treatment to conventional mainstream medicine there is far less risk of side effects and injury, not to mention the benefit of empowerment that comes through imparting health knowledge to the patient. Complimentary medicine does this well and gave me back my quality of life.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:26 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I wish to keep the rules and law as is. Alternate medicine has helped me more with my autoimmune issues where western medicine could not.

There is a place for both and I can't see why one has to be stamped out by the other.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 18 June 2019 10:31:53 AM

To the Medical Board of Australia,

I support Option 1.

I do not think that the government has the right to remove/restrict my health care choices or to tell doctors how they can treat their patients. A patient needs to be presented with all modalities so they can make an informed choice for their care

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:51:59 AM

To the Medical Board of Australia,

I support Option 1.

I am a healthy 77 year old and I believe that my health and the good health of my family is a consequence of my consulting my regular GP and a range of “unconventional” health practitioners as necessary. I believe that medical doctors are professionals and have right to choose modalities according to what they consider is best for the patient and what they observe to be working. This may include choices that are not ‘conventional’, including vitamins, minerals, diet, lifestyle factors, and looking for the root cause of the issue, not just dealing with symptoms.

Requiring doctors to act within too rigid guidelines means that knowledge and experience do not continue to expand. It locks knowledge into the status quo.

Doctors are PROFESSIONALS. Let them have the latitude to choose. Please don’t make the situation more restrictive!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 3:36 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

1. In the past I had become extremely ill after a misdiagnosis, following the standard treatment of intravenous antibiotics, and oral antibiotics, stopped the virus, but my health deteriorated. The use of vitamin C as a complementary medicine restored my health.

2. When I practice yoga every-day my health is greatly improved. This should be covered under health care. Prevention is the greatest cure.

3. I have never had better results with Herpes then using a essential oil. Big Pharma wanted to charge over \$250 for a treatment.

Holistic Medicare is the way forward.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:12:19 AM

To the Medical Board of Australia,

I support Option 1.

I have used Acupuncture to cure medical conditions that "conventional medicine" either did not work, or made the condition worse.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:19:37 PM

To the Medical Board of Australia,

I support Option 1.

My family and I have had successful outcomes from alternative medicine.
General practitioners give medication to ease symptoms, while
alternative medicine finds a cure for the problem.
I want to be able to choose the treatment I receive.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 11:25:22 AM

To the Medical Board of Australia,

I support Option 1.

I have been using integrative Medical Doctors for many years on and off as the need arises. I cannot praise them enough as I have always been helped by complementary medicines and thorough diagnosis which certainly takes longer than 10minutes. I believe there is a tendency for many doctors to overuse pharmaceutical drugs and I have suffered from their side effects. I have achieved relief with complementary medicines with my health and believe their restriction is just another impingement on the everyday rights of the ordinary person. Please do not impose restrictions on integrative practitioners, as this would be a big backward step and would affect me greatly at my age (71).

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 7:57:55 AM

To the Medical Board of Australia,

I support Option 1.

I support complementary treatments. Drugs are not the answer to most health problems. Diet ,exercise massage can do a lot more than any drug for a lot of people. When i had ross river fever there is no drug for but massage and various herbs were very helpful for the pain.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:03:16 PM

To the Medical Board of Australia,

I support Option 1.

I am writing in response to provide feedback regarding recent concern that there maybe change of policy to regulation on integrated and complementary medicine.

I strongly support that there should not be any change to the current guideline as integrative medicine brings a holistic approach to looking after patients. As patients, we want doctors that will care for us as a whole, and integrative medicine bring in dietary, vitamins, environmental consideration and many other aspects of management of health that traditional medicine will often not consider. We all understand and know that there are limitations to traditional medicine, which can be complemented when integrative medicine is added to the management of the patients. It is vital that practice of medicine should be focused on preventative rather than treating sickness and integrative medicine has a large focus on preventing diseases and encouraging patients to look after their own health. Thereby, reduces the costs of healthcare.

If MBA imposes restrictions on integrative practitioners, it will largely limit the freedom for them to practice what they need to do and patient's care will be affected.

Thank you for your consideration. As the medical board of Australia, I know you have in mind the best interest of patients and I believe integrative medicine brings just that for us as a family.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:00 PM

To the Medical Board of Australia,

I support Option 1.

It is not a governments place to force their choice o treatment on anyone.this is supposed to be a free country,so we have the right to choose whatever treatment we feel is best for us.,this will also Prevent the push by large pharmaceutical companies to force their poisons on the people.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 9:11:50 AM

To the Medical Board of Australia,

I support Option 1.

Integrative & complementary medicine plays a vital role in accessing interventions for our child with a chromosomal difference. An intervention that mainstream medicine does not address. We have seen amazing advances in his health as a result. If restrictions are placed on these modalities, our child's health will suffer unnecessarily.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 7:26:43 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine plays an important role conventional medicine cannot provide. A standard consultation with a conventionally trained Dr is about 15min. The result is a script of some pills how is that going to help. Good health is more than a prescription of drugs. It needs a holistic approach only complementary medicine can achieve. Conventional medicine is only the first line of defense.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 5:53 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please don't take our choices away. So many times alternative medicine has helped me so much, when my GP had no idea and just kept dishing out antibiotics. I have used acupuncture, homeopathy, and osteopathy all with fantastic success. Both pharmaceutical and natural therapies have their place in society, natural therapies always have in practically every culture for hundreds of years. Please consider that there is a place for it all.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 10:28:30 AM

To the Medical Board of Australia,

I support Option 1.

Every cure or remedy are found in medication. There are proven
benefits in holistic treatments
Hypnotherapy is proven treatment for assisting patients with pain,
addictions, anxiety, depression

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 2 June 2019 11:04:50 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine has changed my health for the better, I am able to prevent disease and correct my lifestyle choices to enable wellness of myself and my family. Preventing disease will help save government money spent unnecessarily when it is too late. I receive priceless knowledge when I see my integrative medicine doctor that makes good sense, Corrective practices are used through natural therapies and natural medicines as well as conventional medicines. Disease prevention is the key to advancement. We do not need the MBA, who choose not to understand, to lead us back in time with restricted health choices. This is unfair and draconic as the knowledge of medicine evolves constantly, we should be keeping up with world standards & not resort to limited beliefs because of the narrow minded . Medicine is not a one fit for all, we should be free to choose fairly and allow these highly educated professional practitioners to do their job. Grow up Australia's MBA and stop being petty and ignorant, allow us to have access to the latest medical advancements. This is about our health, our choices and our freedom for health options.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 18 June 2019 10:13:32 PM

To the Medical Board of Australia,

I support Option 1.

It is really important guidelines don't change. Integrative & complementary medicine has helped me, my family & friends in so many ways e.g. improved gut & reproductive health through acupuncture, overcome sports injuries, corrected poor spine alignment issues, muscle and tension release, boosted immune systems meant less doctor me hospital visits.

Don't try and fix it if it ain't broke.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 6:57:44 PM

To the Medical Board of Australia,

I support Option 1.

I write with concern in hearing that you are considering restrictions or bans on integrative and complementary medicine.

Patients choose a doctor they feel comfortable with and this can include making distinctions around gender, age, race, social standing and reputation etc. But many patients choose doctors whom they feel they align with in terms of their ideas around health and healing. For example I myself choose a doctor who is female, has had children and is willing to talk with me about meditation, diet, supplements and energy medicine and is not quick to prescribe antibiotics. Many individuals use natural therapies and treatments in their lives and if they are not comfortable to talk with their doctors about such things or able to have a qualified medical practitioner understand their choices of alternative options (alongside their medical ones) there is potential for oversight, withholding of information and ultimately poor care.

Doctors use alternative methods because they themselves have seen the benefits, either in their own lives or in their patients and they use medical scrutiny to judge what is and what is not a legitimate complimentary approach. Of course many alternative methods and treatments do eventually become mainstream so assuming that alternative options are ineffective just because they are alternative is shortsighted.

Many of these options have no or little side effects compared with their pharmaceutical sister options so it seems unnecessary to ban these options.

Also to assume a 10 minute consultation is sufficient is very saddening to hear. Many patients need extended consultations to allow time to be honest, share their anxieties and to consider comprehensively what is going on and to discuss and decide what is the best course of action given their situation and preferences.

I urge you to see the bigger picture and to inhibit the limiting of medical practitioners (and their patients) insight, intelligence and choice.

Thank you

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:06:15 PM

To the Medical Board of Australia,

I support Option 1.

I don't want the MBA to place changes that threaten my doctors' ability to offer me complementary, innovative and emerging treatments, but also their ability to educate, research, and advise me about these treatment options. I don't want changes implemented that are set to impact my doctors' clinical autonomy, as well as their ability to provide fully individualized patient care to me.

I label the new MBA guidelines an 'invasion of civil rights and academic independence'.

I hold grave concerns regarding the broader implications of this proposal for the healthcare sector and patient choice. I fear the proposed changes will restrict medical practitioners' ability to provide optimal care for their patients.

Thank you for your support to ensure that these guidelines never get implemented into our health care system.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:41:32 PM

To the Medical Board of Australia,

I support Option 1.

Integrative doctors providing a holistic option is invaluable. Without the assistance of my integrative doctor and the suggestions of using supplements my health would not be at the level it is now. Without this option it terrifies me to think of how my health, both physically and mentally could be.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:34 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have had hypothyroidism for over 20 years for most of those years I was on synthetic thyroid medication. I nearly died. For the last 2 years I've been on NDT, I've managed to keep my shift work and be a functional healthy person, something I was not on synthetic thyroid medication.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 4:21:14 PM

To the Medical Board of Australia,

I support Option 1.

To whom it may concern ,

There is no doubt in my mind that if it wasn't for integrated and complimentary medicines I would not be here today . It was having access to these practitioners that helped me

It was a step forward when integrated and complimentary medicine was acknowledged and not seen as an ' alternative ' for hippies .

Many times in my life I was told ' sorry this is all we can do ' and it was the practitioners that guided me to these therapies that changed my quality of life

Acupuncture , natursipathic consultations and herbs , massages, Chinese herbs supported and gave mevnauntinence and relief from many conditions .

It would be a crime to put restrictions on

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 11 May 2019 11:14:20 AM

To the Medical Board of Australia,

I support Option 1.

I am disgusted in the so called medical industry, It is a big corrupt and bought money making business, Where Doctors have no understanding on nutrition and real natural health .. They are tied to the Big Harmaceutical companies ..and are the real Drug pushers in society, and destroying the lives of gullible sick people .. Since the Harmaceutical companies in 1986 were given a free pass to make as many vaccines and chemical drugs without anyone being able to sue them for Death or damages to the body .. The world is far sicker today because of Allopathic medicine (Poison kills poison) Research groups like the corrupt [REDACTED] are a big joke and are only money makers .. Cancer is not a problem if proper Nutrition was taught in schools and so called Doctors under stood life runs on nutrients . not chemicals.. Big Harma has control of Governments and Media .. as they have extremely large amounts of money to play with .. I will only choose Natural medicine and have done for over 40 years ..and never been to a doctor in that time .. I am very sad that our next generation of children are being damaged for greed only .. Their DNA is being impaired by all the Toxic vaccines and viruses being injected into their bodies .. The Medical system is broken big time ..and we will pay the price later .. Natural medicine has been around since the beginning of time .. Toxic Allopathic medicine only 100 years .. TCM and Ayurvedic are the true medicines to heal the body .. Regards
[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 3:11 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have used integrative and complementary medicine for more than Thirty Years. I know it works. My husband has bronchiectasis and he rarely has infections as a result of the vitamins and integrative medicine practices we have adopted. A proper consultation needs time to investigate all the things going on in the body not just one organ. Short appointments cannot achieve the in-depth enquiries that are needed. I will feel disadvantaged if I am not supported to adopt the health regime that I feel is best for myself and my husband.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:49:37 PM

To the Medical Board of Australia,

I support Option 1.

People have a right to choose which health care they want.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:38:44 PM

To the Medical Board of Australia,

I support Option 1.

I believe in the right of individuals to make their own health choices and a part of that right is having access to a range of therapies as well as traditional and allopathic medicines as recommended by doctors/practitioners and as perceived suitable according to the individual's own preferences and understanding.

I have used homeopathic remedies, essential oils, vitamins and minerals with great success over the years. My husband was initially quite sceptical about homeopathy but changed his mind after positive experiences - e.g. for pain (Arnica), and allergy and flu remedies. We lived in Germany for many years and it was customary to be offered by doctors, natural remedies such as echinacea and esberitox to boost immunity and ward off flu symptoms - successfully we found. When I had systemic candida the treatment offered by my gynaecologist included a strict diet to limit fruits and sugars.

In the past few years we have often been exposed to friends and family with flu but have not succumbed. We believe that is partly due to homeopathic flu prophylaxis and remedy and also due to maintaining a healthy lifestyle.

I have personally experienced, and also read widely about, the difficulties facing both doctors and patients getting access to systematic reviews on allopathic drug trials. This is extremely concerning especially in light of increasing pressure on the public to be injected with flu vaccines which carry risks that I believe I have right to avoid. To obstruct or restrict our access to a range of health choices is totally unacceptable to me. This is exacerbated by the lack of transparency regarding drug trials and the resulting allopathic medicines on the market which the public is increasingly expected to accept and use on faith alone.

I respectfully request that the MBA makes no changes to the current guidelines.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:32:04 AM

To the Medical Board of Australia,

I support Option 1.

My health is my right to protect as I see fit. There cannot be any restriction on access to care as I choose.

Any restriction will be resisted vigorously and with legal means available that the MBA should not invoke by attempts to restrict medical choice.

Far from helping the health of the nation restrictions being recommended by some will worsen a situation that needs, nay demands, care and attention with every healing tool available including integrative and complimentary medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 4:09:51 PM

To the Medical Board of Australia,

I support Option 1.

Five and a half years ago I was diagnosed with stage 3 bowel cancer and was told that without chemotherapy it would most likely return within 3 months. After reading all of the chemo drug info provided to me I weighed up the evidence with regard to side effects, my age and health status at the time, and decided to pursue integrative medical treatments. With the help of Integrative practitioners I accessed targeted supplementation, nutrition information and lifestyle change advice (without any damaging side effects to my health). Five years later I am still cancer free .

I also suffer from arthritis and am unable to tolerate the orthodox drug treatments but have had much success with integrative supplements.

I therefore wish to have continued access to this type of medicine as it has helped me greatly.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 2:27:23 PM

To the Medical Board of Australia,

I support Option 1.

I was diagnosed with ME/CFS in late 1987 after suffering from numerous 'viruses' that I never seemed to recover from. I had the typical fatigue, muscle aches etc but my condition deteriorated severely in 1988 after being exposed to a large gas leak in front of our house. I was hospitalised with breathing difficulty, severe muscle pain, disabling fatigue that left me bed bound, and new symptoms of severe chemical intolerance, food sensitivities and gastrointestinal symptoms. I spent a week in hospital, on and off oxygen, consulting with specialists, who all believed I was very ill but had no idea what to test for let alone how to treat my debilitating illness. I was sent home with nothing but pain meds and little hope of recovery. Since then I have consulted with integrative and functional medicine doctors, dieticians, scientists, and compounding pharmacists. This collaboration has proven very effective in determining the underlying causes of my illness. Through thorough testing for bacterial/ viral infections, chemical toxicities, and severe nutrient deficiencies I have been able to access effective treatments based on my test results. Due to my severe intolerances to many fillers in over the counter drugs/ supplements I have had enormous help from compounding pharmacists who have been able to make up medicines for me based on my doctor's prescriptions. These compounding pharmacies are regulated by all of the strict standards currently required. I have made enormous progress under the care of integrative medical practitioners. My condition requires ongoing preventative medicine to stay as healthy as I can, so I sincerely ask that the Medical Board of Australia maintain my right to choose evidence based integrative medicine as my primary means of care. I also request that the MBA collaborate with experts in integrative medicine when putting forward proposals and making decisions about our medicines and supplements. They have done extensive study and have much experience in treating patients. Integrative medicine has a wonderful track record in the area of safety and preventative health and it would be great if we could access the best of both forms of medicine and work together for better outcomes for patients.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 4:04:14 PM

To the Medical Board of Australia,

I support Option 1.

Regarding the Boards suggested questions

1. Do you agree with the proposed term 'complementary and unconventional medicine and emerging treatments'?

No

If not, what term should be used and how should it be defined?

I prefer the term Integrative Medicine or Complementary and Integrative medicine.

The use of the phrase 'complementary and unconventional medicine and emerging treatments' is pejorative and attempts to link extremely safe, effective and well demonstrated medical practices with more extreme and experimental practices in order to denigrate and discredit them. The Medical Board of Australia (MBA) appear to be prejudiced and acting without apparent justification or evidence of harm. The examples of harm cited in the paper are almost exclusively incidents where doctors have been acting well outside the law. Additionally there are far more incidents where conventional doctors act outside the law endangering patients repeatedly and many "conventional" doctors frequently break the MBAs own Code for treatment in many ways including but not limited to:- disrespecting patients (accusing them or making up symptoms ("it's all in your head" syndrome); not taking adequate history; and not engaging patient in treatment or self care etc. The MBAs own position on Lyme Like Illness in Australia is arguably a breach of its own code - not believing patients, looking objectively at research, denying patient care. Calling a treating doctor unconventional when they - take an adequate patient history - treat the patient with respect - act in the patients best interests engages patient with their treatment and offers choices actually seeks to integrate sound medical practice with sound principles for healthy living is proven to be effective in a large percentage of cases Calling this unconventional is eccentric at best and biased or endangering patients health at worst. It is counter to the spirit of the MBAs existing code. Preventing Australians from accessing these treatments is unconscionable.

2. Do you agree with the proposed definition of complementary and unconventional medicine and emerging treatments – 'any assessment, diagnostic technique or procedure, diagnosis, practice,4 medicine, therapy or treatment that is not usually considered to be part of conventional medicine, whether used in addition to, or instead of, conventional medicine. This includes unconventional use of approved medical devices and therapies.' No

If not, how should it be defined? In some ways it doesn't seem to matter how it is defined. If the MBA is intent on using Orwellian doublespeak to prevent sound and ethical practitioners from practicing a form of safe and effective medicine that the MBA has some irrational

fear of then what it calls it is the least of Australia's problems

In addition the MBAs proposed description is loose. It states "not usually considered to be part of conventional medicine" without defining this. For instance which countries notions of conventional medicine does this refer to? Eg. tick borne infections are clearly seen as a rising endemic problem in at least 65 countries around the world. However in Australia (the MBA specifically) still unaccountably refuses to acknowledge its existence in Australia. It does this under the guise of "in patients who have not left Australia" but in reality the suggestions in this paper would commit all patients with tick borne illness to no adequate forms of treatment, whether the patient has been overseas or not. NO doctor I have seen who refused to test for or diagnose Lyme Like Illness ever asked if I have been overseas. It appears that the MBA does not support adequate testing in Australia or any research in this area. The MBA appears to rely on misreading research done over two decades ago to form its position that Lyme Like Illness does not exist in Australia. If this is the state of "conventional" medicine in Australia God help us all. Unaccountably we have detached ourselves from the conventional medicine approach in the rest of the civilised scientific medical world. Australian GPs now either simply blindly follow the MBAs position (unaccountably calling diagnosis and treatment of tick borne illness within Australia unscientific) without any informed scientific research or they operate in fear of losing their license, or are unable to offer their patient the best possible care. This position leaves doctors who treat Lyme Like Illness and other tick borne infections seeking to follow the spirit of the MBAs code (treat their patients) in an untenable position. Do they act in the patients best interest or comply blindly with the MBAs irrational, outdated and unethical position on this matter?

It seems by the discussion papers that paths of treatment, which are well established, and proven to be effective in significant numbers of people are about to be outlawed. How is this acting in the patients best interests. The bias and propagation of misinformation is clear.

3. Do you agree with the nature and extent of the issues identified in relation to medical practitioners who provide 'complementary and unconventional medicine and emerging treatments'?

The question and examples exhibit bias in intention and display the MBAs position and desired outcome. I am currently unclear on why the MBA is refusing to treat sick Australians and actually mandate the non treatment of sick Australians based on non information and bias. None of the examples used in the discussion paper back up the fears expressed that patients are being endangered or exploited by Integrative GPs.

The paper appears to be designed to engender fear and the only thing endangered is a patients right to chose treatment and access knowledgeable practitioners whose ethics appear higher than the MBA who dictate 10min consults and demand adequate history taking and want to ban treatment of an emerging endemic illness.

4. Are there other concerns with the practice of 'complementary and unconventional medicine and emerging treatments' by medical practitioners that the Board has not identified?

Survey questions are considered "biased" if they serve to prompt the respondent to answer in a specific way, preferentially answering in one direction rather than the other. This question is evidence of MBAs

bias in relation to its alleged call for public feedback. It appears the MBA only wants feedback that supports its unscientific and irresponsible position to ban treatment of Lyme Disease in Australia and create requirements for Integrative Health Practitioners so onerous that they will be unable to practice. This is under the guise of keeping Australians safe. By ensuring Australians do not have access to up to date and current treatment protocols the MBA will ensure the suffering of hundreds of thousands of Australians and make Australia a laughing stock in the international medical community

5. Are safeguards needed for patients who seek 'complementary and unconventional medicine and emerging treatments'?

Another biased question which appears to be seeking agreement. Despite the fear mongering adequate safeguards are already provided by the MBAs Code of Conduct. Although the MBA doesn't appear to abide by its own code, seeking to endanger the health of Australians and not allowing them access to choice of internationally recognised modes of medical care.

6. Is there other evidence and data available that could help inform the Board's proposals?

Options

You have already been provided with A well informed and well researched document from the Lyme Disease Association of Australia. I suggest you actually read it with an open and scientific mind

7. Is the current regulation (i.e. the Board's Good medical practice) of medical practitioners who provide complementary and unconventional medicine and emerging treatments (option one) adequate to address the issues identified and protect patients?

Yes. In my direct experience as a patient, past experience as a carer of an elderly parent and past experience as a Registered Nurse for 15 years, the current guidelines in the MBA code are more than adequate for this cohort and the MBA would be better placed spending its time and money ensuring so called "conventional doctors" meet this code as currently in my experience the Integrative doctors I have seen meet it exceedingly well but most conventional doctors, both GPs and specialists, do not.

8. Would guidelines for medical practitioners, issued by the Medical Board (option two) address the issues identified in this area of medicine?

Again an extremely biased question showing the MBA is seeking tacit agreement with its proposals. Option two and the associated guidelines would have a disastrous effect on the health and wellbeing of hundreds of thousands of Australians. I have several chronic conditions and I have sought opinions and treatment from both so called "conventional" medical doctors and specialists and Integrative Doctors. I will include a very brief outline of my experiences

Alternative or Interrogative Doctors - universally and without exception met both the letter and the spirit of MBAs code of conduct at all times treating me with kindness and respect, believing me when I stated symptoms, taking great pains to ensure they have a thorough and well documented medical and psychosocial history, never making unjustifiable claims about proposed treatments, and never exploiting perceived vulnerability. In consultation with Interrogative doctors I have been given a lot of information that is factual and verifiable and have never ever been given false hope.

These doctors have always informed me if they are outside their area of knowledge and referred me to Specialists when necessary. Above all they actually invariably take an adequate medical history. Generally

cost effective treatment. \$350 per hour to ensure adequate history and treatment effectiveness. Always seeking to minimise costs where possible. Cost effective compared to conventional GP \$70-90 for ten minutes for symptom management especially when underlying conditions are actually discovered treated and resolved.

“Conventional” GPs - Limited timeframe for consult, pressure to get patients “out of their treatment room ASAP.

Lack of adequate history taking

Reliance on giving out medicines for symptoms rather than effective diagnosis. I’ve personally seen at least 5 friends and family die (or be permanently injured) from a condition that would have been diagnosed earlier if their symptoms had not been fobbed off by GPs who issued symptom relief rather than investigations or interest.

Zero interest in dietary advice or even asking how a patient is living, or eating apart from the rudimentary How Much Alcohol and Do you Smoke questions. I have been reliably informed that doctors do not believe patients answers to either of these questions which is markedly disrespectful

Prone to accusing patients of making things up and indication of a symptom cannot be “fixed” with a medication it is “All in your Head” which is extremely disrespectful.

Often blaming thing on an umbrella term of Depression and suggesting anti depressant medications without doing any adequate questions that would appropriately diagnose depression.

Dismissive of patients attempts to take any part in medical care or understanding. Extremely dismissive of well researched and effective treatment modalities which are in any way related to things seen as “Alternative” including sensible and effective diets.

when symptoms entirely disappear as a result of “unconventional” treatment modality dismissing is as coincidence or denying the symptom existed.

Statements such as “you don't have enough to think about” and “You might just be constipated” (without adequate enquiry into frequency of bowel movements) indicate a high level of disregard and disrespect. expensive \$70-90 per 10min (not pro rata so sometimes a 2 min consult for a repeating script costs \$70 out of pocket) “Conventional”

Specialists

Almost universally zero or minimal feedback given to referring GP. In all my experiences as a patient and as the carer of my mother there is almost never feedback given to GPs from specialists and it is never sought leading to poor record keeping leading to opportunity for serious conditions or appropriate treatments to be missed.

Zero interest in conditions that are not direct speciality leading to increasingly zoned approach to medical care. For example my mother had a severe shoulder fracture. As she was aged and in very frail health She was reluctant to have surgery unless it was essential. The first orthopaedic surgeon was willing to just send her home with zero treatment as I stated I did not want the surgery done by a registrar or in a hospital without an intensive care unit. The second Orthopaedic Surgeon (after a self elected transfer to a private hospital) was able to confirm that surgery wasn't necessary and recovery was possible with the proper alignment sling, hospitalisation, physiotherapy etc etc would be almost the same as that for life threatening surgery. However when seeking a follow up checkup we were met with zero further interest and an expression of annoyance that we were wasting his time as we did not require surgery. There was simply no option to see an orthopedic specialist to check on progress and condition. It was made clear if mum did not require surgery she should not be in his consulting room. The GP did not have any orthopaedic knowledge. In addition minimal information was forwarded to GP.

Overall I find the MBAs obvious bias against Alternative Treatment Modalities extremely disappointing. This new direction to make covert attempts to prevent Australians from accessing these treatment under the guise of protecting vulnerable Australians is unconscionable and will lead to increased suffering and harm. Its continued denial of Lyme Like Illness in Australia is equally unconscionable. Preventing people from accessing effective treatments for a disease which is emerging and endemic is inhuman. Additional comments I have suffered from Chronic debilitating migraines and headaches and fatigue for twenty years. I was bitten by 250-300 nymph ticks in 1999. I sought treatment within 12 hours of incident. The initial treating GP refused to treat me or remove the embedded ticks. Subsequent doctors have refused to test or treat me for Lyme Like Illness due to its alleged Non Existence. No doctor ever asked if I have travelled overseas. Doctors react with either fear or derision when any mention of tick related infections is raised. To my enormous relief early in 2019 I inadvertently discovered a doctor who would test and treat me. I have had no migraines for the last 10 days in a row. This is the longest stretch I have been migraine free for the last 20 years. At the some time my fatigue is improving. I've previously spent thousands of dollars seeking treatments from numerous conventional doctors and specialists all who promised results without result. I've been treated dismissively, accused of lying and regarded as a malingerer, told to ignore serious side effects of medications etc. now with treatments I hope to finally get my life back after 20 wasted years. I could have avoided all of this with adequate treatment at my initial tick bite incident but the MBA has indoctrinated GPs to not treat this illness under threat of being deregistered so I was treated with nothing but disdain. Now the MBA is threatening to make my treatments unlawful. In my opinion the MBA do not meet their own guidelines for ethical treatment of patients and need a breakthrough in re-evaluating and understanding their own position. They need to utilise common sense and regain a sense of compassion rather than trying to create and win a war over who controls patients.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature area.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 1:52:37 PM

To the Medical Board of Australia,

I support Option 1.

Hi Team

I would like the MBA know that I value access to holistic healthcare and support doctors' right to offer it.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 5:46:13 AM

To the Medical Board of Australia,

I support Option 1.

Please do not put these restrictions on doctors who use a holistic approach to their treatment. If it wasn't for integrative treatments my health would not have changed (for the better) this past year. We need more opportunities to access doctors (conventional or integrative) who are willing to do more than just prescribe pharmaceuticals, if that is what we want. I know of many people who have only been helped with holistic treatments, so please do not take this away from them. Please do not allow the health industry to turn into the sick-on-pharmaceuticals industry!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 8 May 2019 6:39:35 PM

To the Medical Board of Australia,

I support Option 1.

I desire to see the guidelines remain the same, simply because I believe that we should preserve our freedoms in Australia, not erode them. Preserve the freedom for the physician to discern which techniques/modalities will enrich their practice, and preserve the freedom for the patient to have the choice to see someone who uses these complementary practices.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 12 June 2019 2:51:50 PM

To the Medical Board of Australia,

I support Option 1.

I have spent years with health concerns, going to every kind of normal doctor and specialist with no avail on what was actually going on.

Integrative holistic medicine has been essential for my health recovery when other normal GP's have not provided proper analysis of the root cause of my health issues.

My holistic practitioner provides the best of both worlds ensuring i have the most appropriate care and I should have the right to use alternative therapies if I choose to.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 1:42:19 PM

To the Medical Board of Australia,

I support Option 1.

"Conventional" medicine gave me absolutely no help at all. I was seriously ill but was abandoned. This, in turn, affected my emotional health as well.

Integrative practitioners were able to diagnose and help me manage my illness. The positive benefits of this have been enormous.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:42 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Isn't diversity that got the human race to evolve to where we are now?
Limiting our personal health choices is a backward step - it flies in the face of innovation and development.
Our government's have embraced an incredibly diverse immigration policy and all the benefits of growth, new ideas and development that brings.
Speaking of choice - who doesn't like sampling new foods, different menus and food from different cultures? I bet our politicians don't limit their menus to just takeaway Chinese!

Natural remedies go back a long long way. Medieval herbalists were tortured, burned or drowned as witches for having non conventional approaches to preserving life. We've moved on since the 'Dark Ages' - haven't we???
Are these proposed changes the thin end of the wedge where our freedoms of choice are being more and more eroded?

In more recent times, there have been Medical Practitioners who have been marginalised, discredited and sent to the scrap heap for daring to provide 'alternative' often unpatentable health treatments.
Dr Klenner, Dr Linus Pauling, Dr Noakes and those Drs that recommend massive vitamin C, D and magnesium doses successfully come to mind.

Where does Big Pharma get its inspiration from in the first place? The natural world! They then try to synthesise it into a one hit patented costly drug. Treatments are taken out of the context of natural balance of what works best with what. The tendency is treat one symptom at a time with a prescription and then you need another script to treat the side effects of the first one and so on!

With my personal story I have found natural and integrative medicine and use of supplements very beneficial and gave me the best outcome.
The conventional medical approach for my particular health concerns saw me with limited benefits and life time script taking.

If patients health was their true priority, medical doctors would embrace any form of healing as long as the patient improved.

How can a MD treat such a complex organism such as the human body in a 10 minute consultation without truly getting to the bottom of the patient's issues? For starters Doctors could have patients completing a food / mood/ exercise log as part of their overall health assessment just to start with in non emergency visits.
A Dr should be able to give the patient the amount of time needed and be able to order the tests required without any penalties from Medicare etc.

Health is diversity, development, growth, renewal etc...
Disease is the one that has become a profitable industry.

No one has the right to tell someone what medical treatment they can or can't have.
One size does not fit all though it'd be awfully convenient for some if it did!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 7:56:04 AM

To the Medical Board of Australia,

I support Option 1.

I have used integrative and complementary medicine for over 20 years. It has been the most supportive way to address mental and physical health concerns. The beauty of combining traditional western medicine with complimentary medicine is that you get more of a whole body picture of what is going on. There is certain health issues that rely and benefit from western medicine and other health issues that need more than a tablet to support the body. My experience with chronic fatigue syndrome years ago taught me that I needed to seek support wider than just my GP who was limited with understanding the condition at the time. When I seeked complimentary medicine it opened up a whole new perspective on how I was living which kept me chronically ill for 5 years. My family at that time who also suffered with CFS were told it is something you will have to live with. I did not buy into that notion - I kept seeking a way to heal. What got me over the line was changing my living way - what I ate and taking responsibility for the fact that I had become ill because of years of neglect to myself as well as emotional issues built up over the years. It was when I said to myself "I brought this CFS on to myself" that it began to heal. This is just one example of why the importance of complimentary medicine as it opens up so much more for people than being restricted on their health care options. Working together to support one another is how we humans need to be with each other - after all we know what doing the opposite does - creates mini wars to world wars. When our physical and mental health is out of harmony our relationships are most often negated as we don't have a grasp on what is truly going on.

Working together is what we need - dropping the competitive ways and see each other in a new light - Look deeper into ourselves and ask some real questions. Why am I sick? How has the way I have been living got me to this point and the health issues I have?

Thank you for this opportunity to share.

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 7:21:57 AM

To the Medical Board of Australia,

I support Option 1.

Integrative doctors are balanced doctors and have great knowledge in both natural and pharmaceutical medicine. We need this as patient choice

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 10:44:50 AM

To the Medical Board of Australia,

I support Option 1.

I don't support any changes to the MBA guidelines as I value natural treatments over pharmaceutical . They both have their place and by putting restrictions on health care providers you are putting lives at risk. The MBA guidelines are an invasion of civil rights and academic independence. Natural health therapies deserve the same rebates from private health as.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 2:43:32 PM

To the Medical Board of Australia,

I support Option 1.

I have always used complementary medicine and this is distressing to hear that it might be stopped.

People should be able to have a choice about their health.

I don't like using drugs much prefer natural remedies to maintain my health and my animals health.

Please let there be a choice

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:04:27 AM

To the Medical Board of Australia,

I support Option 1.

Integrative healthcare is important to me, my family, and should be better understood. Integrative GP's in my opinion are far better researched and have more care for their patients as they consider not just the symptoms that are presented. You see integrated GP's look at the bigger picture which is why people love to see them! It is why I love to see my integrated GP.

Please do not take away more health choices from Australians. We deserve to have our health choices taken seriously.

There is a place for natural therapies.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:00:26 PM

To the Medical Board of Australia,

I support Option 1.

Please leave everything as it is....I utterly believe in alternate medicines. They have kept me well for many years

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 12:41:20 PM

To the Medical Board of Australia,

I support Option 1.

Could you please not take this away from us and also undo the damage you have already done by not allowing health care to cover Natural Therapies.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 10:28:32 AM

To the Medical Board of Australia,

I support Option 1.

I have found various complimentary medical modalities helpful for management of various medical conditions including AFib and digestive issues.

Regards [REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 13 May 2019 8:01:55 PM

To the Medical Board of Australia,

I support Option 1.

I have used integrative and complementary medicine for about 40 years and I have seen it assist me, my friends and my family on occasions far too numerous to mention.

I am convinced that I do not need to queue up in an infectious environment to see a GP (if I can get an appointment!) every time I have minor symptoms, although I will when I have something more serious.

I feel happy that I am avoiding the side effects of prescriptions from the pharmacy (except when the situation warrants using them) and I feel confident about my choices.

I have never experienced any concerns with integrative and complementary medicine when used responsibly.

I am certain that if I were to be denied the option of choosing my own health care, my general health would suffer.

I strongly believe I should be able to choose my own health care, and so should others. Integrative medicine and allied practitioners provide an invaluable part of my health care. I just cannot see any possible reason for those options to be removed!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 4:37:46 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative and complementary medicine for the following reasons:

- I have used integrative and complementary medicine for over 60 years.
- I am 65 years old and do not take any prescription medicine, a fact that all regular medical practitioners seem surprised to hear.
- By attending an integrative medical practitioner and being given lifestyle and dietary advice I was able to stop taking 2 prescription medicines and to maintain a higher level of health than when I was on the medication.
- As a pensioner I am able to attend a GP under bulk billing. At times I use this service. However, I am prepared to spend a considerable amount of my restricted income to access an integrative medical practitioner. I have the confidence that I will be given to time to explain any medical issues and to really discuss measures to be put in place to improve lifestyle choices, diet and supplementation and the option of treatment covering traditional and innovative practices.
- The time that integrative medical practitioners spend with patients allows for a more complete picture of a person's health to be constructed.
- Beyond emergency medical services, I believe it's accurate to say that much of health care as it's delivered today is in reality health screening. That is, the vast majority of time spent by primary care physicians and some specialists is on screening and monitoring a person's health for signs of disease.
- Medical practitioners are generally unable to spend any more than the allotted 10 minute appointment with a patient. Usually this is enough time to write a prescription, but not to look more deeply at the underlying and co-factors contributing to a patient's health.
- Every member in my family has benefitted from integrative medical treatment.
- My husband's life was saved by an integrative practitioner who was able to put the time into researching his symptoms and put into place a comprehensive program to enable him to regain his health. This was after many visits to regular medical practitioners and specialists who had given up on him regaining his health. In fact, his life-threatening health issues were found to have been created by prescription medicine, prescribed by doctors who were unable to give the time required to fully investigate his symptoms. Our family is forever grateful to be able to have access to integrative medicine practitioners.
- My own children and grandchildren have also been helped by integrative medical practitioners in much the same way as described above through diet, lifestyle, compounded medicine and vitamin supplementation. The alternative would have been a short visit to a medical practitioner who in all probability would have offered a prescription only.
- If the MBA imposes restrictions on integrative practitioners I believe the general health of many will be affected.
- If there were to be restrictions placed, I for one, could foresee that I would use my 10 minute appointment for screening and then I would be

researching through Dr Google to determine the best course of treatment available other than merely accepting a prescription drug.
- Do not restrict the freedom of integrative practitioners to practice using traditional and innovative treatments.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature area.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 11:18:03 PM

To the Medical Board of Australia,

I support Option 1.

Some times alternative therapies are far better than pharmactical and sometimes coulling them together reaches better recovery better symptom management taking this away will put people in jeopardy

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:41:00 PM

To the Medical Board of Australia,

I support Option 1.

I support GPs to be educated in alternative therapies, not just Pharma promoted products & procedures.

As a taxpayer i want to have options.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe alternative and integrative medicine has its place in this world. Why else would the earth allow herbs and plants to grow if it was not for consumption or for its medicinal properties.

We all know people won't change their diet or lifestyle choices until they get sick. When they are sick they get desperate. Doctors are always the first to advise us of what to do. When traditional medicine doesn't work (drugs), you end up punishing those who wish to find an alternative way to manage or heal by removing this access.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 10:10 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe that every Australian has the right to CHOOSE how to access healthcare in this country. I believe that the majority of holistic practitioners are more knowledgeable as a WHOLE approach to wellness. I have been using holistic methods in the care of my family for the last 12 months. Our outlook and overall health has improved dramatically. So much so that I rarely see conventional doctors now, unless it is something medically serious enough to warrant a visit.

My two youngest children were constantly hospitalized every winter with getting sick. Last winter was the first year that we had no ambulance rides, no hospital visits and only one round of antibiotics and steroids for croup. This has been since taking advice from fully trained holistic practitioners and going back to natural supplements and also fueling our bodies properly to build our immune systems up.

My youngest son is autistic. He thrives when we use supplements/natural alternatives with his care. We tried conventional medicine, his ASD traits worsened. We tried essential oils, supplements and changed his diet and he is able to function a lot better. He's not cured, but he is able to function without 10 meltdowns a day.

I seriously hope that these changes do not happen that restrict our access to the amazing advice and recommendations that a lot of people and families live by.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 8:23:04 AM

To the Medical Board of Australia,

I support Option 1.

I work in the Medical field and am disappointed that the MBA have such a closed mind when considering the benefits of complimentary medicines. I work in Palliative care and see the value that many of these medicines provide where there is little more that can be added to a patient's life. These choices are important for the patient and add benefit to their wellbeing. I acknowledge that there are some practises that are sceptical but those previously covered by the health fund do not fall into this category.

Personally I prefer to resort to natural medicine before considering mostly chemical based medicines, although these obviously have their place but I rarely resort to taking them.

Thank you for considering your position in the hope that you see that they are complementary to mainstream medicine and as such have an important place in healthcare.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 2:15:56 PM

To the Medical Board of Australia,

I support Option 1.

Thyroid conditions run in my family and for many many years we all suspected that I was hypo but bloods always came back within range even though I had all the symptoms. After moving to [REDACTED] and seeing another dr they agreed that I was borderline and started me on Thyroxine but After many years of feeling rubbish constant cloudy head feelings, constant weight gain no matter how little I ate or how many hours I put in at the gym and feelings of anxiety and generally unhappy with myself. I was always told my TSH was fine and basically off you go. I then moved back to [REDACTED] and found out about an amazing support group and through them I went off to see another Dr who was recommended and he did bloods testing all the different T3, T4 reverse T3?etc and discovered that my levels were far from optimized he recommended I try Natural Dessicated Thyroid extract which I started about 2 years ago now and I have never looked back I feel 'normal' again I lost weight with no other changes to my diet, my fuzzy thinking disappeared so did my anxious feelings and I had energy once again my blood pressure which was always on the higher side of normal was perfect and he actually cared how I felt wasn't jut there to write scripts for an array of medications I didn't need. We need more drs like this not less!!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 10:35:13 AM

To the Medical Board of Australia,

I support Option 1.

I implore you to support integrative and complementary medicine as it is the way of the future and critical for our individual and collective health. Individuals should have the choice to decide who they see to support their healthcare. We need to have the courage to look beyond the 'conventional'. Please have the foresight to NOT change the regulations.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:22:54 PM

To the Medical Board of Australia,

I support Option 1.

I would like to support our current system of integrative and complimentary medicine. It is very important for me and my family to have access to it.

We have been using complimentary medicine over the last 20 years with fantastic results in every aspect of our health.

If this service becomes unavailable to me and my family we may be seeking service from untrained or unregistered practitioners that may cause more harm than benefits.

I am a registered nurse and I am well aware that our current medical system is over whelmed with patients that can be also treated in less expensive and invasive manner.

I hope MBA consider public need to keep integrative and natural medicine available to people who wish to use it.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 7 June 2019 6:38 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I wholeheartedly support option 1. My health is my choice. Everyone has the right to choose their own path in their own health. NO ONE wants to be told what to do, especially regarding something as personal as one's own health. It's purely about choice.

Sincerely, [REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 19 June 2019 9:16:07 PM

To the Medical Board of Australia,

I support Option 1.

I support the right to have a choice to include integrative medicine with my health care.

I have had great success with Naturopathic herbal medicine with my immunity and hormonal control / balance.

Most current Naturopathic courses are based in western science and research and have monitoring boards to prevent misuse.

Western medicine does not have all of the answers and not be forced to be all that we have for health management.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:17:17 AM

To the Medical Board of Australia,

I support Option 1.

Being able to use integrative and complimentary medicine is integral for myself and my family's well being.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 5 June 2019 8:58:37 AM

To the Medical Board of Australia,

I support Option 1.

Please don't take away our choice to use Integrative and Complementary medicine. I have had so much success with Supplements to balance my hormones and stop debilitating hot flushes. After years of taking over the counter hay fever medication I finally have my hay fever under control using supplements and I'm no longer putting synthetic drugs in my body.

Surely in Australia we live in a country where we get to choose whether we see a GP or an Integrative Doctor. Please don't take these choices away from us.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 1:15:20 AM

To the Medical Board of Australia,

I support Option 1.

Patients should be able to be offered holistic care which includes the ability to make choices and be offered different approaches. To not do so is not providing a rounded approach to medical services.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:19:57 PM

To the Medical Board of Australia,

I support Option 1.

People need to have choices. Only having 10 min with a GP is not long enough to establish what is wrong with someone and offer the best approach to a cure.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 1 May 2019 9:03:39 AM

To the Medical Board of Australia,

I support Option 1.

Please do not remove the right to choose complementary therapy treatments to Australians. Many therapies show evidence of successful outcomes in many cases when orthodox medicine has failed them. The right to choose what treatments are beneficial to us should be a given for all of us. If these rights are withdrawn then Medicare will see a large increase in people needing more contributions to their healthcare.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 13 May 2019 1:57:30 PM

To the Medical Board of Australia,

I support Option 1.

I would like to convey my strong opposition to any changes or restrictions being placed on Integrative Medicine Practitioners in the future.

Integrative Medicine has an Integral role in promoting health and not just focusing on the disease as with the current conventional model of medicine.

I have personally experienced both the conventional and Complimentary models of medicine in my experience with Hodgkins Disease and so can speak of first hand experience with real results.

I am currently under the care of an Integrative Medicine Doctor who is also a registered GP.

In my experience Integrative medicine focuses on whole body healing and not just symptom based illness. Personalized Integrative medicine is without a doubt, the future model of medical care. Unfortunately for us there is not as much money to be made in a healthy population as there is in illness.

As most of our food is now grown in soils that are depleted or void of the necessary minerals to maintain our health it is even more important that we have access to health professionals who can identify and prescribe us the vitamins and minerals we are devoid in.

I choose to use an Integrative Dr as I feel they promote healthy wellbeing and not waiting for illness.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:53:14 PM

To the Medical Board of Australia,

I support Option 1.

Health goes beyond symptom management, surgery and chemical intervention. Healthy lifestyle and integrated wellbeing are essential and for doctors to be able to suggest preventative care and complimentary therapies is really a no brainer.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 27 May 2019 7:46:15 PM

To the Medical Board of Australia,

I support Option 1.

More and more people are turning to alternative medicine to heal where
pharmaceuticals only treat the symptoms often causing more problems
... please allow us to make decisions about what is best for ourselves

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

This is a disgraceful and bias act that will only cause further increases in the rates of illness among the Australian public.

Conventional does not equate to correct or one and only. Think outside of the tiny square please.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 18 June 2019 6:22 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We should have the right to choose which practitioner is the best for our families. We have found more results with integrative practitioners and complementary medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 5:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I'm appalled at the level of control medical and government are trying to enforce. Its not up to you but the people to choose what they do with their health. The medical system does as much harm as it does good and many people are aware of this and will continue to think for themselves. You should be ashamed!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 7:47:35 AM

To the Medical Board of Australia,

I support Option 1.

Dear minister, I strongly support the maintenance of the current systems of allowing doctors to explore complementary and alternative evidence based treatments.

The use of these therapies is allowed me and my family to maintain our health and beliefs while still being able to access a medically trained doctor.

Changes to the current system will have a devastating effect on my family and their health and force is to have to look at unregulated practitioners instead of registered doctors and also drive long distances for care.

Please allow doctors to have the freedom to support a range of treatment options that many people in the community support, and many of these that have been around for hundreds or even thousands of years.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 10:03:35 PM

To the Medical Board of Australia,

I support Option 1.

Australia is a democratic country and therefore we should be able to decide if we want to see an Integrative Doctor not be dictated to. My family and I have used Integrative Practitioners for over 30 years with amazing health benefits. My husband who has been through cancer twice, both times used Integrative Medicine to get him through the chemo and radical surgery. My parents now 84 have also used Integrative medicine and are healthy and do not take any medications - being healthy takes the burden off the family and the government. I am sure this makes sense - right!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 12:03:51 AM

To the Medical Board of Australia,

I support Option 1.

I support access to integrative and complementary medicine because it works beautifully along side allopathic medicine. Both myself and my family have benefited enormously from complementary medicine In It's many and varied modalities. People have a right to freedom of choice when it comes to their health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 7:43:09 PM

To the Medical Board of Australia,

I support Option 1.

My body, my choice!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:19 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It is our choice to use what we like if it has helped others . Drs should be allowed to inform us of natural remedies. No more of these big drug companies pushing poison on us. I use bush medicine alot and beleive me it works wonders better than the crap I get prescribed.

Remember it is our choice not yours to push drugs on us.

Pharmaceutical companies are just greedy dont push it on us.

Let our drs decide what is best. Natural or not .more natural I wish.

You should try some bush medicine yourselves you msy benefit from it .

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 1:31:00 AM

To the Medical Board of Australia,

I support Option 1.

It is my view that the MBA's proposed guideline changes not only threaten doctors' ability to offer patients complementary, innovative and emerging treatments, but also their ability to educate, research, and advise their patients about these treatment options. If adopted, the changes are set to impact doctors' clinical autonomy, as well as their ability to provide fully individualised patient care.

Natural remedies have been part of the ongoing treatment options for years and offer along with modern medicine, an holistic approach to multiple chronic ailments. Denying me the opportunity to continue to manage my overall healthcare with my chosen naturopath with whom I have consulted for years simply because the MBA wishes to tighten regulation is wholly inappropriate. Clearly, the implications of this proposal may impact the ability of other, qualified natural medicine practitioners to provide optimal care for their clients.

Chiropractic treatment and acupuncture have enabled me to overcome back pain as well as other joint pains - ankle and knees - without which invasive surgery would clearly have been the alternative.

I urge MBA to reconsider these new proposals.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:47 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

There is a use for all medicines, sometimes you may need a prescription to clear something up and other time natural remedies will do a perfect job. Medicine should always be a last resort, the less we fill our bodies with drugs the better. Especially with the number of auto immune disorders around these days that medication doesn't seem to help, we need the option for knowledge relating to diet and natural remedies. To take this kind of option away from people backs up the extremists that say the government wants us to be sick because they make a profit from it. I have seen no valid reason to take the decision away from an individual.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 2:38 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Patient choice about the treatment they choose to receive/follow should be their choice.

That choice shouldn't be removed.

Integrative healthcare has its place in our healthcare system and it should be respected just as conventional medicine is respected.

I was injured at work and if it wasn't for chiropractic, remedial massage & acupuncture my injuries would have had more effect on me & I would have had longer off work.

My husband has also received chiropractic care for his back & shoulder & his time off work is drastically reduced compared to other work colleagues who do not use that treatment.

We must remember that we live in a democracy.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:14:22 PM

To the Medical Board of Australia,

I support Option 1.

I did not support changes. Doctors must be allowed to use holistic medical approaches to patients they will benefit.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 12:03:48 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine has changed lives and educated people to treat the cause rather than bandaid the problem. Think of the pressure taken out of the hospital system

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:43 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The limiting of the HEALTHY options is NOT up for debate or change.

We and our doctors of choice have the right to choose the best care options ,which includes using integrative and complementary medicines.

I am a senior who is fit, well and healthy.

I use a balance of integrative and complimentary medicines to stay that way.

The removal of these modalities will see even more people in hospital as the modern system is seriously flawed.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 5:32:38 PM

To the Medical Board of Australia,

I support Option 1.

I support medicine being a wellness industry, not a sickness industry.
My gp has suggested meditation and other 'alternative ' actions which
has helped my depression way more than antidepressants

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:56:18 AM

To the Medical Board of Australia,

I support Option 1.

As a TCM practitioner, I used acupuncture and Chinese Herbal Medicine to help people. If people can have more access to a wide range of therapies, then it's good to the people's benefits. The market will wash out those unfit therapies itself in the end. However, if people are offered a truncated selection of treatment options in the first place, then the whole well-being of people will decrease who would benefit from an integration of both complementary medicine and conventional medicine.

Also, as conventional medicine stresses the importance of evidence, then it's necessary for the Medical Board of Australia (MBA) to provide sufficient and necessary evidence to support the claim for a more restricted guideline. Other works need to be done such as consultation with complementary medicine practitioners.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 10 June 2019 4:18:37 PM

To the Medical Board of Australia,

I support Option 1.

I have a personal story to tell watching my father be treated by medical doctors who prescribed incorrect chemical substance for his condition i.e. chemotherapy, was prescribed for a growing minority medical condition, but researched at [REDACTED] Hospital at [REDACTED]. What makes me mad, is the treating hospital [REDACTED], did not consult with these specialist doctors at [REDACTED] Hospital. The inaccurate treatment my father received was realised, when I insisted on a second opinion from the specialist clinic at [REDACTED] Hospital. My concern was realised and expressed to the treating doctor at [REDACTED]. The doctor made a mis-diagnosis. Why? Because medical practitioners do not get the diagnosis right all the time? Doctors make mistakes and in most cases it cost patients' lives, looking at my father as an example, who cannot be placed on any clinical trials for new generation medical treatments and in fact there were clinical trials at the [REDACTED], which the doctor at [REDACTED] was either not aware of or just didn't care to share this information with me. Very disenchanted with the lack of collaboration between doctors in their field and crossing over into other fields for the sake of providing a better and well researched choice of diagnosis.

Thanks to doctors who are being swept by their big egos and live insulated from other doctors.

The side effects from the two cycles of the incorrect chemotherapy treatment has produced side effects that has taken precedent in trying to control it. What is the benefit of medicine when mis-diagnosed chemotherapy treatment sends a patient to their death earlier. I am not impressed with the medical profession, per se. The Medical Board of Australia must investigate its internal processes and procedures before it begins to generate this political stance against the Integrative and complementary field of medicine.

The placebo effect in medicine and psychology is well documented. A 30% success rate, based on this theory has positive effect with the Integrative and complementary field treating patients on this basis alone?

What is the purpose for taking away public choice in how they wish to pursue their health and wellbeing? Is MBA supporting the mastermind manipulator of the worst kind when promoting Big Pharma as being the only option (!) Isn't it (as consumer) my free-will to choose what treatment fits the situation. Yes, the internet has made us a more knowledgeable consumer. In this day and age there is no escaping this fact regardless of what doctors may think.

Did you know the placebo effect is utilised in clinical trial? Of course MBA knows this fact! I would prefer placebo complementary medicine any day. It really is survival of the fittest in this polluted earth. Where is the hierarchy in all of these levels of critical subjects to better living and health?

There are ethical reasons and financial gains that must be addressed, by reviewing the changes being proposed and ultimately whom will it benefit? Who is dictating the medical practice in Australia and the globe? Is it not self-professing by changing policy to encourage

monopoly by Big Pharma? Would there be consideration for the lack of competition in the market? Isn't competition a healthy way to promote sanity in the medical and complementary medicine industry. Hospitals are now offering acupuncture treatment for chemotherapy patients? Between acupuncture and acupressure or remedial massage or taking herbs to help your body instead of ingesting medicine that produce side effects and damaging organs. What is MBA trying to really achieve in their plight to demonise Integrative and complementary medicine.

Isn't it a hypocritical stand when attempting to demonise the complementary medicine industry?

There is more money being dictated by Big Pharma and TGA is very slow in approving clinical trials even though clinical trials have been proven overseas and then undertaken in yet again in Australia protracts the process even greater to introducing new generation findings and medicines into the country. Why does it take Australia sometime anything up to two years behind overseas medical innovation and breakthroughs become registered by TGA?

It's my opinion MBA should focus on creating an integrated community with overseas Teaching Universities and Clinical Trials and their discoveries and how to short cut the red tape. That is what people would like to see and not some monopolising agenda to promoting Big Pharma..

I am against this Government demonising the natural therapies due to it being the direct competitor to the medical practice. Its morally and ethically wrong to dictate to constituents of Australia how to treat their bodies if they choose 'medicinal cannabis' or not, which is going through parliament as it is following the global trends. Is the movement to suppress complementary medicine to pave the way of medicinal cannabis? Yet again will the Government be the administrator of this incoming agenda and will the Government receive revenue from setting up its pharmaceutical and medical practice?

I do not apologise if it appears to me, the real focus is money and profits as being the single one driver, driving this agenda to close down Integrative and Complementary medicine.

The MBA is seeking ways to criminalise an industry that has stood strong for centuries and should be monitored instead of removed. I believe there is a place for both market segments in the medical field.

Think quantum physics, think positive psychology, think herbs and natural approaches for human consumption has its place in the overall scheme of wellness.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature area.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 5:05:20 PM

To the Medical Board of Australia,

I support Option 1.

I support integrative and complementary medicine because I just found out all my health problems were being caused by undiagnosed Lyme disease. Conventional doctors wouldn't listen to me or even test for it - if they had, it could have been curable, before it became late-stage and incurable. It's only thanks to integrative GPs and a Naturopath that I got tested or diagnosed at all - and untreated Lyme can be fatal. I was only 20 when I got sick.

I'd never have any chance of working ever again, if not for them - and the government would have to pay me either Newstart or DSP for the rest of my life - even though they owe me DSP and an answer to why they refuse to acknowledge the existence of Lyme disease and Lyme-like illness in Australia and educate their doctors properly. Conventional doctors are not up to health standards.

Conventional medicine and the government have a lot to answer for, for denying Lyme disease exists in Australia.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 12:26:38 PM

To the Medical Board of Australia,

I support Option 1.

I am writing this email to support the current system we have whereby we can get integrative and complementary medicine.

I currently use a compounding pharmacy for a thyroid drug that has helped me immensely when traditional thyroid drugs did not. It has been the best thing ever for me and I would be lost without it. Traditional medicine and tests did not reveal my thyroid issue and I have been so much healthier since using a compound thyroid medicine.

I would be lost without it, and so please do not put us all in one box and put restrictions on integrative practitioners.

Thank you

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 23 June 2019 11:44:52 AM

To the Medical Board of Australia,

I support Option 1.

Without complimentary therapies most people I know would be crippled in some way causing even more load on the health industry.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I want to have the choice of visiting a GP who just doesnt hand out prescriptions for drugs. I want one who takes a more wholelistic approach to my health and will take the time to listen to what I find works for me and my family. If I dont have a medical practitioner who understands natural therapies, then I will be more inclined to use my own research for my wellbeing. There is a need for integrative medicine and the people should be listened to!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:12:50 PM

To the Medical Board of Australia,

I support Option 1.

We need choices when it comes to health and wellbeing and the costs of these services should be treated equally.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 10:40:34 AM

To the Medical Board of Australia,

I support Option 1.

For 30+ years I have been accessing integrative therapies along side and in majority of instances in place of professional medical services because I just never received the results I needed through mainstream medicine.

I am infuriated by the suggestion that practitioners and patients alike could be dictated to and limited to only utilising approved methods for their individual health.

I will do everything in my power to avoid this becoming a reality for anyone.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 6:50:26 PM

To the Medical Board of Australia,

I support Option 1.

I fully support patients access to a wide range of medical practitioners including holistic and complimentary medical practitioners

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 11:18:29 PM

To the Medical Board of Australia,

I support Option 1.

It seems we are becoming a sicker society going to normal GP. Until we get back to organic plant based diets and herbal natural remedies it will get worse. At least the integrative doctors treat the whole body. I have seen first hand what prescribed drugs do to a person. Be informed and watch documentaries like iThrive. Reversed diabetes through natural means.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:45:16 PM

To the Medical Board of Australia,

I support Option 1.

I have lived with an auto immune disease for 37 years and in that time frame the only Doctors (including endocrinologists and physicians) who have been able to help give me a better life is my Doctors who have integrative approach. ie treating the body as a "whole" and using both western & eastern & nutrition as a way to treat my issues. Not only do their treatments work, but they actually are more knowledgeable about the body systems than the average GP who just write out prescription drugs. Synthetic drugs can be as dangerous as plant derived drugs. Its ridiculous in this day and age that people are being hunted out of their "trade" because they have a broader view than those who are looking to stay as one of the "gang" from what? fear? Science is proving all the time, the wonders of natural medicine, that is thousands of years old. (some doesn't work) but a lot do...our western medicine was once herbal white man forgets his own heritage and culture (thats right, they burnt them at the stake?? Midwives and herbalists - now call chemists? I have had my life improved by using both forms of medicine and knowledge....The other thing science proves is the placebo affect is most powerful -Body can heal itself. Both the western and alternative health can work together and in the long run save the government money by keeping people out of the system....

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:14:19 PM

To the Medical Board of Australia,

I support Option 1.

We should have the right to choose our own health care pathway and doctors should have the right to use integrative medicine supporting holistic healing techniques in their practice. Restricting Australians from choosing complimentary health, some modalities which have been around for nearly 10,000 years, is unbelievably short sighted and unfair. I personally have benefited from using a wide range of treatments including kinesiology, acupuncture, naturopathy, massage, reflexology, yoga and sound healing. These modalities have ALL supported my health and wellness and the health of my friends and loved ones over the years for many conditions. Complimentary health has a place alongside allopathic medicine and to attempt to deligitimise this is harmful to many and comparative to bullying.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 8:03:33 PM

To the Medical Board of Australia,

I support Option 1.

Without natural medicine I wouldn't survive. It's an imperative alternative to prescription drugs!!!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:43 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

There is no denying mainstream medicine saves lives and even works wonders. However I don't believe this should be the first and only line of defence against sickness. The wholistic and integrative medicine providers should be used for general well-being, early stage illnesses, and many chronic conditions. Mainstream medicine should be used for acute and severe conditions. Moreover, in certain cases mainstream medicine is woefully ineffective where wholistic health and lifestyle education provide a solution. While our healthcare system here in Australia is not perfect, it is a far cry from the horror that has developed in the USA. The medical system has been dominated by Big Pharma in the US and the first step that lead down this path was to marginalise wholistic and integrative health practitioners. I believe the right to choose is a cornerstone in our society, and this happens to be a choice I want for myself. All we have to do is look to the US to see how this new policy and the direction it leads would play out. It results in a chronically diseased population that has no access to the information that can restore their health, and it financially cripples the governments funding. It is a bad move for health and the economy.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:15:04 PM

To the Medical Board of Australia,

I support Option 1.

I don't think it is fair for Integrative Doctors to have this ban. As there are so many people, including myself, who are in desperate need for Integrative Doctors to heal them. I have been very sick and without the work that my Integrative Doctor has been doing for me, and I would be more unwell than I was.

Complementary medicine has helped me in so many ways. For example I was on the verge of diabetes I started to take a blood sugar supplement and have managed to keep my blood sugar settled for years since starting to take that supplement.

I praise the work that Integrative Doctors do. There needs to be more doctors that can do what Integrative Doctors do because it is so healing, therefore so good. My Integrative Doctor has helped me so much that I can now go back to work and now I can have a positive future.

I have to continue to take natural medicine for the rest of my life and if the ban happens I wouldn't like to imagine what would happen to my health.

Please don't do this to the people who love complementary medicine and natural therapies. As there is much goodness in complementary medicine and natural therapies. We need it!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:41:25 AM

To the Medical Board of Australia,

I support Option 1.

As a carer to my husband for 10 years, I am very disappointed that the MBA seeks to stop Doctors from incorporating Integrative and Complementary treatments in their practices. I am a great believer in Holistic Medicine and Treatments, because both my husband and I have used them extensively over the years. Even though my husband has a brain injury, his annual check up tests with our doctor, indicates that his overall health is extremely good. I believe that without the combination of conventional and complementary medicines and treatments, both my husband and I would not be as healthy as we are. Personally, I have used treatments such as Bowen Therapy, Chinese Massage, and Acupuncture to help me both mentally and physically to face the day to day care of my husband.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 2:00:14 PM

To the Medical Board of Australia,

I support Option 1.

I should have the RIGHT to choose a Dr that will prescribe what is best for me..... NOT what's best for the DRUG COMPANIES!!! There are a multitude of natural medicines that can and do cure. They have been used for centuries.

IF you support the Big Pharma... then YOU as the Medical Board are part & parcel of them and their controlling ways of greed, power and to have the world population on synthetic drugs - making us all sick!!!

We ALL have the right to choose access to Integrative & complementary medicine. We are HUMANS not Nuclear waste dumps for making money.

How do you sleep at night knowing what you're doing to the very people you're supposed to be protecting?? You're giving out Death Notices if you force us to have no choices in our health.

This is how I feel about this issue.... very strongly!!.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 27 May 2019 9:05:52 PM

To the Medical Board of Australia,

I support Option 1.

I very much support Integrative & complementary medicine. Number 1 reason prior to anything else is my right to choose.

Integrative medicine has helped myself and my family, not only helped but saved my family and improved our health.

I am a person that physically, biologically/genetically does not cope with medication that is used by most people routinely for control of symptoms. I react badly to drugs causing considerable distress and side effects. My life journey has been one long nightmare of trying to explain to doctors that I have bad reactions, only to be told this one won't. Being forced to "try" drugs to please the doctor, to continue to get some help, only to get really really sick from them. Not being listened to was so hard. An Oncology Specialist told me I had to take hormones post breast cancer or "I will absolute get the cancer back". I tried to explain I didn't react well to drugs but her FEAR tactics was to take drugs or else. I did react badly, very badly but they only changed the drug. Eventually the Registrar took me off everything.

I am a ex nurse who now knows that a healthy lifestyle is far more valuable, eating well plus exercise.

The inability of a lot of the Medical profession to listen to an "odd" patient and believe them is very rare. Not everyone fits into your predetermined box. I am 70 years old and without my Intergrative Doctor I would have died several times. Both my husband and myself are growing old confident in the treatment we have chosen. If you change the guidelines you will leave people like me without treatment.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:32:46 PM

To the Medical Board of Australia,

I support Option 1.

Thank you for the opportunity to express my desire to use Integrative & Complementary Medicine. I have used Integrative Medicine for the last 25 years following years of illness and fatigue. The Medicine of the day had been unable to help me over the previous 40 yrs of my life, looking at me as someone who was a hypochondriac and possibly made things up but to me my symptoms were real & debilitating. I obviously did not fit the "medical mold". After only a short time of trying Integrative Medicine my life turned around and my health improved dramatically. If I had continued with the normal 'medical route' I would not be here now. This way of medicine has also helped my husband enormously. Again, he would not be alive now. Please rethink your stance because not all of us fit your "medical mold". I also wish to state that I do have a right to choose the kind of care I feel best for me. As a nurse I have seen both sides of the coin. The doctors I have seen in Integrative Medicine are caring, thoughtful and very intelligent people who have researched greatly, continued learning their craft for the betterment of their patients. I applaud their courage to look for answers in places outside the box.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 19 June 2019 11:18:32 PM

To the Medical Board of Australia,

I support Option 1.

Patients should have freedom to choose their healthcare options.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 9:41 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Our bodies need real food to be healthy. I go down the aisle at the supermarket and hardly. Yu anything now. I make my own food from scratch not out of packets. And I visit a local farmers market to pick up spray free organic vegetables. This is the way to health. Doctors at present only prescribe drugs. They need to tell people with cancer to remove sugar and sugary drinks from their diets and eat organic real food. They need to have their blood tested for what they are low in, such as vit D, magnesium, iron etc etc. I would love to see a chiropractor to help me as I'm aging due to osteoporosis but can't afford the visit as I am on the pension.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:43 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The use of complementary medicine had me pregnant within 6 months after 6 years of trying to conceive. It is my right and my Doctors right to choose whether we implement integrative and complimentary medicine in my treatment.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 8:58:38 PM

To the Medical Board of Australia,

I support Option 1.

I support Dr's Being able to suggest complimentary medicine as many of the old ways work just as well as new ones with less side effects. I like to be able to make an informed choice what treatments I use. I have faith in my gp and my specialists discussing complimentary treatments .

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe the use of natural or complimentary medicines is a personal choice and should not be removed from either medical professionals or patients as an option. After many years of medical research and billions of dollars the big Pharma still don't have the cure for cancer. Our food sources are laced with toxic chemicals and our environment is rapidly declining. If natural medicines can assist someone they should be informed of that by a professional including a medical practitioner

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 4:59 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

[REDACTED]

I went to 5 didn't GPS, Neurologists, other specialists all offering a bandaid effect by drugs only! I wasn't happy with this outcome. So I took the advice of integrated health professionals which changed my life for the better! only eating clean and healthy living foods that changed my health so much so that I went back to these Doctors who check again and all said" keep doing what I am doing as you don't need the drugged medicines at all anymore!" what they first prescribed! I still wonder to this day if I took that so-called medicine what way of life I would have now! I know I would be worse off! Integrated health Saved my life!!!! Its also helped my son who had the worse skin problems allergies etc now he's in the best health from not using all the drugged medicines prescribed by other doctors! Integrated health is a must they are healing people.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 8:11:55 PM

To the Medical Board of Australia,

I support Option 1.

I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines. Please dont take these options away.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:00:06 AM

To the Medical Board of Australia,

I support Option 1.

Under the care of a homeopath who is a qualified MD I had wonderful access to healing and therapy. My children never needed antibiotics for 10 years. The collaborative approach my doctor took allowed us to stop tonsillitis in it's tracks, chest complaints like asthma, and many more. A young baby knows nothing of placebo. Freedom of choice for our healthy wellbeing is a must in a country as free and democratic as ours.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 8:01 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

As it is my health it should be my decision who I see and if I feel a Doctor who offers complementary medicine is right for me the Government should not be dictating where I can go.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 10:32:34 AM

To the Medical Board of Australia,

I support Option 1.

It is really important for medicine to keep evolving, which includes exploring other ways of integrating care for each individual patient.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 12:09:21 AM

To the Medical Board of Australia,

I support Option 1.

I should have the choice to chose an integrative practitioner. More choice in health care results in a healthier population. Much of their work is directed at prevention and relieving symptoms of chronic disease when conventional medicine is not effective. I would like to know why the MBA feels under threat from their own practitioners?

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 1:24:38 PM

To the Medical Board of Australia,

I support Option 1.

It is absurd to take away people's freedom of preference. Integrative and complimentary medicine heals , supports and supplements our body.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 10:26 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I use complimentary therapy to enhance my health and well-being. This has reduced some of my pains and aches and has enabled me to continue my work as a sonographer. When working as a sonographer I hear first hand how a lot of medical practitioners only treat symptoms but not the person as a whole. It is mainly the integrative practitioners that get to the bottom of the problem/get a proper diagnosis and treat the whole person, not just the symptoms. Medicine is wonderful, medication can instantly relieve pain, kill some serious bacteria and viruses and save a lot of lives but complimentary therapies like acupuncture, massage, herbal treatments can help the body flow again. They are more catered to bring the body back in harmony which especially in chronic disease can help elevate symptoms and an overall sense of well-being. It puts the patient back in control over their body.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 4:54:59 PM

To the Medical Board of Australia,

I support Option 1.

Australia is supposed to be a democratic country with freedom of choice not a country where choice is slowly being restricted and certain sectors being prejudiced against. What century are we living in. Let people decide for themselves what type of treatments they want to choose. I personally use both integrative and conventional medicine and it works very well since I cannot always use pharmaceutical drugs. If I no longer have the choice I would be an unwell person and a burden on Medicare/government. There is room for both and when they are combined it is very powerful. If people want to pay for integrative treatment let them choose so that they can have the extra time to have a more wholistic diagnosis. Where is the harm in this? What is the reason for trying to stamp out this practice? Who is it harming? No deaths have been reported through integrative treatments. Who is really objecting to this and what motive is behind this objection? Is there not enough room for pharmaceuticals as well as complementary medicine? Let people have choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 3:25:01 PM

To the Medical Board of Australia,

I support Option 1.

I support nothing further changes to My Health My Choice. Integrative medicine, ie osteopathy, chiropractic, acupuncture and Chinese medicine can be used in conjunction with conventional therapies. I have had occasions in the past to use osteopathy and acupuncture services for different ailments and I definitely benefited from this. With an osteopath ... 3 treatments was all I needed ... I was made aware and shown how to build my body up without all the hard strenuous exercises and use of machines that a physiotherapist and exercise gurus spruik. I still use these to this day.

Please give consideration to retaining these services within the My Health My Choice guidelines.

Thank you.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 7:36:34 PM

To the Medical Board of Australia,

I support Option 1.

I want choice in my healthcare, not for someone else to choose for me.
There are times I will use complimentary medicine and other times I
will not. I want a doctor to provide me all the options for my health
not just the ones they want to give me and I will decide.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:53:42 AM

To the Medical Board of Australia,

I support Option 1.

I believe the public have the right to choose interactive and complementary therapies from trained and skilled professionals both within the medical and complementary fields.

My family takes an holistic approach to our healthcare which combines both conventional medicine and complementary therapies. This approach treats the multi-faceted aspects of the human body which brings about healing on all levels.

I believe to take away the rights of people to access interactive and complementary therapies is against basic human rights. Individuals should have the right to make an informed decision and be respected for choosing a form of treatment that is best suited to them, their cultural or religious beliefs rather than have a medical doctrine and restrictions forced upon them. Medical professionals who value holistic healthcare should be encouraged to become skilled and knowledgeable in these areas to best treat their patients; to do otherwise would be negligent.

The cost and burden to the already overwhelmed Australian healthcare system will be greatly reduced by treating people with a holistic interactive & complementary approach.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]