

From: Tracy Abramovic
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 29 May 2019 7:49:01 AM

To the Medical Board of Australia,

I support Option 1.

Integrative Medicine options should be kept as some patients do not respond to traditional medicine or need alternative methods as well as traditional.

I consent to publication of my submission.

Sincerely,

Tracy Abramovic

A solid black rectangular box used to redact the signature of Tracy Abramovic.

From: Anita Acheson <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:38 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I am writing to beg you not to be another foot soldier of the big pharma mafia. We must have the right to treat our bodies the way we see fit, it's shameful how one by one our rights are being taken away.

I use integrative practitioners for a number of reasons - we must fight to keep them as a patient's choice!

I consent to publication of my submission.

Sincerely,

Anita Acheson
[REDACTED]

From: Tracie Acheson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 11:00:54 AM

To the Medical Board of Australia,

I support Option 1.

I want to keep health funds for Naturopaths and the rights for doctors to use the treatments they find works for patients.

I consent to publication of my submission.

Sincerely,

Tracie Acheson

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From: Jacqueline Ackers
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 12 June 2019 10:58:08 PM

To the Medical Board of Australia,

I support Option 1.

Access to integrated & complimentary medicine treats the Cause not the symptom.
Chiropractic, Acupuncture and Nutrition (supplement & diet) have kept
me Out of the hospital system!

If the MBA imposes restrictions on integrated Medicine it will be a
huge step Backwards and do more harm than good to the health system!

Sincerely

I consent to publication of my submission.

Sincerely,

Jacqueline Ackers

A solid black rectangular box used to redact the signature of Jacqueline Ackers.

From: Carol Adams
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 2 June 2019 3:39:51 PM

To the Medical Board of Australia,

I support Option 1.

Intergrative medicine works and patients should have a choice

I consent to publication of my submission.

Sincerely,

Carol Adams

A solid black rectangular box used to redact the signature of Carol Adams.

From: Nicol Adams
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:08:35 PM

To the Medical Board of Australia,

I support Option 1.

I believe it is not up to someone else to say whether or not alternative medicines work or don't work. I believe the methods are complimentary and work well with previously recognised modalities.

Without integrative medicine my family may have more aches and pains especially where a chiro has been required. I've used acupuncture myself and felt it incredibly relaxing and helped my muscles in ways that my own therapy(remedial massage) can't. I believe as these integrative practices have to study for so long they deserve the right to be recognised aswell.

I consent to publication of my submission.

Sincerely,

Nicol Adams

A solid black rectangular box used to redact the signature of Nicol Adams.

From: Suesette Adams
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 8:37:53 AM

To the Medical Board of Australia,

I support Option 1.

I have used an integrative doctor in the past who helped me with my challenge where normal practice could not.

I consent to publication of my submission.

Sincerely,

Suesette Adams

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From: Hilary Adlam
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 10:47:08 AM

To the Medical Board of Australia,

I support Option 1.

My Dr was an Integrative therapist and had blood test evidence to subscribe naturopathic and pharma products.. appointments were longer but she was teaching me about my own health and body systems as she was discussing body needs for better health. I would prefer this type of regular doctor. Unfortunately I have moved out of CBD and current local Drs are just pharma trained. Holistic medicine should be the way of the future. We the population should have choice. How dare the MBA dictate and not give reasons as to why they are. Paranoia about big pharma rise, who is paying who for the MBA to be dictatorial?

I consent to publication of my submission.

Sincerely,

Hilary Adlam

[Redacted Signature]

From: Jennifer Agesa
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 20 April 2019 11:03:35 PM

To the Medical Board of Australia,

I support Option 1.

I have suffered with a chronic illness for over twenty years and mainstream medicine and the diagnostic standards and tools have been failing me.

I urge you not to restrict Medical Practitioners from supporting and using holistic and complementary medicinal practices. Pharmacology is not the only answer to wellbeing. In fact, alternative medicine has been the only solution for me when General Practitioners were not able to help me.

I consent to publication of my submission.

Sincerely,

Jennifer Agesa

A black rectangular redaction box covering the signature area.

From: Rachael Ahrens
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 4 June 2019 8:57:12 AM

To the Medical Board of Australia,

I support Option 1.

Alternative healthcare has and continues to provide individuals and families far more options to be healthy and happy- something that should be considered a national interest for Australia.

I have witnessed and myself experienced the benefits of such care including chiropractic, herbal medicines and accupunture, far outreaching that of the conventional routs that have first been tried but failed to provide any improvement in quality of life. I have spent years trying to manage an array of illnesses that resulted in a lot of pointless hospital visits and failed medications. Or is that the aim? To bump up pharmaceutical profits over the health and well-being of citizens? Shame on you and Australia if that's the case.

To take the choice and option away is to condemn myself and many people in the same situation to being sick, as all healthcare is not exactly affordable to the average person, especially unwell people, and to rob them of modalities that do actually help them keep functioning is outrageous. How could they go to work? How would they pay for the conventional methods you suggest suffice in this case? I'd like you to please consider the impact this would have. Do you yourself not know someone benefiting from one of these modalities your intending to suppress?

I consent to publication of my submission.

Sincerely,

Rachael Ahrens

A solid black rectangular box used to redact the signature of Rachael Ahrens.

From: Karen Ainscough
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 3:23:37 PM

To the Medical Board of Australia,

I support Option 1.

I want to have the choice to use complementary medicine in conjunction with my doctor. Please don't take away our choices!

I consent to publication of my submission.

Sincerely,

Karen Ainscough

A solid black rectangular box used to redact the signature of Karen Ainscough.

From: Dave Alexander
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 12 May 2019 8:37:53 AM

To the Medical Board of Australia,

I support Option 1.

It's about choice for consumers & alternative therapies do have their place.

I consent to publication of my submission.

Sincerely,

Dave Alexander

[Redacted Signature]

From: Dana Alfred
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:02:53 AM

To the Medical Board of Australia,

I support Option 1.

I support Option 1. Doctors need every innovation in medicine open to them. Government restrictions on the choices they can make will cost millions of lives.

I consent to publication of my submission.

Sincerely,

Dana Alfred

A solid black rectangular box used to redact the signature of Dana Alfred.

From: Marnie Allamby
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 12:04:13 AM

To the Medical Board of Australia,

I support Option 1.

I think that all avenues that lead toward better health should be allowed and encouraged.... its is basic science that the body is made up of minerals- so taking vitamins and mineral supplements is just common sense.... complimentary medicine like vitamins, homeopathy, mineral supplements is about maintaining overall good health and strong immune system.... decreasing the burden on the healthcare system.!

I consent to publication of my submission.

Sincerely,

Marnie Allamby

A black rectangular box redacting the signature of Marnie Allamby.

From: Amanda Alldrick
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 10:09:56 AM

To the Medical Board of Australia,

I support Option 1.

To Whom it May Concern,

I am alarmed at the recent Outcome of the government funded investigation into the benefits of natural therapies and to the proposed restrictions by the MBA.

I am a strong advocate for traditional and conventional medicine and believe they both have there place. For many years my family has taken the approach of using natural therapies to support our bodies to be healthy.

I am actually horrified at this archaic “witch-hunt” type approach. Many other countries have successfully supported natural therapies for decades, such as Germany and other well established European countries.

Why Australia is choosing to move backwards in this space and strip the fundamental rights to a persons choice is beyond me. This is an absolute deprivation of our freedom to choose.

Natural therapy and in fact all modern medicine is founded in the research that botanists did hundreds of years ago. It is the absolute core of all modern medicine that is now synthesised in laboratories by pharmaceutical companies. Yet we seem to have forgotten this.

Please, I explore you to reconsider the archaic act that will inhibit a persons opportunity for holistic recovery, which means recovery of the whole self, not just the symptoms.

I consent to publication of my submission.

Sincerely,

Amanda Alldrick



From: Kathrin Allen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:44:55 PM

To the Medical Board of Australia,

I support Option 1.

I rarely visit GPs as I take good care of my health. I have learnt to do this through the use of integrative and complimentary health practioner services. I have experienced the benefits of massage, acupuncture and herbal remedies, and request that these services remain accessible to all those in need. Thank you.

I consent to publication of my submission.

Sincerely,

Kathrin Allen

A solid black rectangular box used to redact the signature of Kathrin Allen.

From: Teresa Allen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 5:18:12 PM

To the Medical Board of Australia,

I support Option 1.

I want choices and I want my doctor to explain choices. So far I am on no medication thanks to my doctor suggesting alternative therapies .

If this choice is taken away from my doctor I will no longer seek advice from him . I will find a naturopath.

I consent to publication of my submission.

Sincerely,

Teresa Allen

A black rectangular box redacting the signature of Teresa Allen.

From: Trevor Allen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 5:44:47 PM

To the Medical Board of Australia,

I support Option 1.

Patients need to have access to all remedies available, natural or not.

I consent to publication of my submission.

Sincerely,

Trevor Allen

A solid black rectangular box used to redact the signature of Trevor Allen.

From: Royce Allenson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 8:28:26 AM

To the Medical Board of Australia,

I support Option 1.

Where is the evidence that this is a concern. This is political medicine gone mad.

This is egotistical zealots portraying their dogmatic, archaic notions as science. It is nothing of the sort. It is an affront to the very decent doctors that truly are researching and using techniques and products that have repeatedly shown to produce improved results for patients.

This is an approach that more doctors should adopt, not less.

I consent to publication of my submission.

Sincerely,

Royce Allenson

A solid black rectangular box used to redact the signature of Royce Allenson.

From: jillian alsford
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:19:18 PM

To the Medical Board of Australia,

I support Option 1.

Sirs/Madams,

I would like to point out to you that you are overstepping your powers. In my opinion if someone has studied for six years and becomes a GP he has the right to choose how he/she best looks after the health of his patients.

Patients choose very carefully to whom they wish to consult for their best health outcomes.

What right do you have to over rule their decisions.

You may have different ideas to the thousands of GP's consulting daily in their private practices BUT you should NEVER interfere with another GP's decision to treat HIS patient in the way he thinks best.

Professor [REDACTED] believes Western Medicine is the only answer to ALL illnesses and that we make fools of ourselves when we choose alternative/complimentary solutions. I believe he is the foolhardy one.

Nothing in this world is black or white and we should all be allowed to choose for ourselves to whom we consult for the best outcome of our health issues.

Western Medicine/Complimentary Medicine or a mix of the two.

NO-ONE not even you the MBA should have the power to control either the GP or the patient HOW or WHERE they consult and you would be smart if you left it the way it has always been and NOT follow the Professor [REDACTED] of this world.

I consent to publication of my submission.

Sincerely,

jillian alsford
[REDACTED]

From: Manuel Alvarez
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 12:15:42 PM

To the Medical Board of Australia,

I support Option 1.

This is yet another attack on Integrative & complementary medicine by the big pharmacy Corporations and the corrupt Politicians (Puppet) Health Ministers ordering the MBA to eradicate Integrative & complementary medicine. I could list many instances where Integrative & complementary medicine has helped me over the Course of my life but I would have to write a small book quite literally. And I know many hundreds of other people who Don't Swear but instead Know how complementary medicine has helped in their particular health conditions if you wish for details you can contact me via E-Mail or Mobil for details.

I consent to publication of my submission.

Sincerely,

Manuel Alvarez

A solid black rectangular box used to redact the signature of Manuel Alvarez.

From: Sally Amazon
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:37:26 PM

To the Medical Board of Australia,

I support Option 1.

I choose GPs who have added to their body of medical knowledge by being aware of and confident in the use of complementary therapies and natural remedies and who consider the whole person in a personalised approach to care.

I believe diet to be an important part of preventative healthcare and only an integrative practitioner fully considers the interplay of diet and disease, others in my experience preferring to treat the symptoms rather than seeking root causes that will respond to dietary changes, the addition of vitamins or minerals or some 'unconventional' therapy. It is my choice to seek out the care I believe is in my best interests for health and well-being and do not support a change to regulations.

I consent to publication of my submission.

Sincerely,

Sally Amazon

A black rectangular redaction box covering the signature area.

From: Lauren Ambrose
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 12 June 2019 9:29:45 PM

To the Medical Board of Australia,

I support Option 1.

Alternative medicine and health care should always be an option for those who wish to use it. Personally, I have had far more success with no ill side effects by utilising alternative health care and vitamins than I've had by using mainstream medicine. We, the people are in charge of our own health care!

I consent to publication of my submission.

Sincerely,

Lauren Ambrose

A solid black rectangular box used to redact the signature of Lauren Ambrose.

From: Dianne Amey
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 7:41:06 AM

To the Medical Board of Australia,

I support Option 1.

I believe Integrative doctors provide the best care for patients and believe they should be not be restricted from doing so

I consent to publication of my submission.

Sincerely,

Dianne Amey

A solid black rectangular box used to redact the signature of Dianne Amey.

From: Fideles Anahera
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 11 May 2019 8:50:48 AM

To the Medical Board of Australia,

I support Option 1.

To heal as it is termed. A piece of paper saying your a doctor does not make you a doctor, what makes a doctor is a skill set, yes important to know how to organize appropriate tests to assist diagnosis but the most valuable tool they have is listening and asking the appropriate questions to get to the root of the cause. I am a nurse for over 25 years and have seen the effects of Doctors who are pimps for the pharmaceutical companies and Doctors who use every available means to make their patients better and this includes herbs and vitamins and other healing modalities and the positive results speak for themselves.

I consent to publication of my submission.

Sincerely,

Fideles Anahera

A solid black rectangular box used to redact the signature of Fideles Anahera.

From: Irene Anania
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:41:10 PM

To the Medical Board of Australia,

I support Option 1.

Let doctors heal. If the solution to a patient's problem lies within the pharmaceutical industry then allow the doctor access to it. If the solution lies in simple herbs and ancient wisdom then **THEY SHOULD BE ALLOWED ACCESS** to it if they are trained in it. Politics and profits should not dictate solutions to people's wellbeing. Please use common sense.

I consent to publication of my submission.

Sincerely,

Irene Anania

A solid black rectangular box used to redact the signature of Irene Anania.

From: Hellen Andalis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 7:04:15 AM

To the Medical Board of Australia,

I support Option 1.

Before becoming qualified, doctors have studied for many years and because of this are one of the most respected professions in our country. When a doctor has also trained in areas beyond the standard medical training, this shows me that they are dedicated to expanding their knowledge and therefore their effectiveness. Wouldn't they are more suitably qualified to diagnose & treat patients than those with fewer qualifications? I am concerned that the proposed changes will compromise such doctors' honour. How can they undo what they already know? Ignoring their own knowledge would be compromising their integrity - treating patients from a narrower field of knowledge.

This doesn't make sense to me.

A proposal such as this can only lead to a mistrusting the medical profession, as it raises serious questions about the impact of external influences on the autonomy of each practitioner.

Therefore I strongly support Option 1.

I consent to publication of my submission.

Sincerely,

Hellen Andalis



From: Robyn Andersen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 26 April 2019 12:19:23 PM

To the Medical Board of Australia,

I support Option 1.

I value a holistic approach to healthcare - not just a medical (band aid approach). Please allow integrative doctors to offer choice in treatments to us, allowing treatment of the root cause of illness. We are all different humans and need the choice to be able to get the different help we need.

I consent to publication of my submission.

Sincerely,

Robyn Andersen

A solid black rectangular box used to redact the signature of Robyn Andersen.

From: Christine Anderson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:36:31 AM

To the Medical Board of Australia,

I support Option 1.

Please don't punish those of us who are working hard to stay well as we age instead of being a burden on the medical system or relying on drugs. The drug companies are already making huge profits and creating a climate of addiction. Choosing methods by which we can stay well should be encouraged.

I consent to publication of my submission.

Sincerely,

Christine Anderson

A solid black rectangular box used to redact the signature of Christine Anderson.

From: Kate Anderson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 7:57:36 PM

To the Medical Board of Australia,

I support Option 1.

I have received health results and benefits from integrative medicine and complementary therapies where allopathic medicine was unable to help. We have the right to choose our own healthcare.

I consent to publication of my submission.

Sincerely,

Kate Anderson

A solid black rectangular box used to redact the signature of Kate Anderson.

From: Michelle Anderson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:57:01 PM

To the Medical Board of Australia,

I support Option 1.

It's everybody's personal right to choice when it comes to medical treatment or health options, this includes alternative health care. Do not deny people the right to have the full range of health care options made available to them!

I consent to publication of my submission.

Sincerely,

Michelle Anderson

A solid black rectangular box used to redact the signature of Michelle Anderson.

From: Pip Anderson <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:41 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

My family uses integrative medicine as a preventative to drugs.

I am yet to find a GP with the understanding of the body, ongoing training and passion for health that integrative Doctors provide.

Medical Doctors have a vague understanding of disease, but not prevention.

It is incredibly short sighted to impose restrictions, and just creates a monopoly for Medical Doctors.

I consent to publication of my submission.

Sincerely,

Pip Anderson

[Redacted Signature]

From: Ron Anderson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 1:12:03 PM

To the Medical Board of Australia,

I support Option 1.

I strongly oppose any changes to the Guidelines that prohibit doctors from practising or recommending Integrative or complementary medicine. The holistic approach to medicine is a commonsense one which should not be prevented.

I consent to publication of my submission.

Sincerely,

Ron Anderson

A solid black rectangular box used to redact the signature of Ron Anderson.

From: Charlotte Andrew
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:32:06 AM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine provides us as patients an increased opportunity to resolve our health concerns overall. Both conventional and complementary medicine have its place with in the healthcare system and shouldn't be disregarded due to someone's own agenda. Many individuals have benefited from both methods and Australians should have the right to choose their own form of treatment regardless of whether it's conventional or not!

I consent to publication of my submission.

Sincerely,

Charlotte Andrew

A solid black rectangular box used to redact the signature of Charlotte Andrew.

From: Chris Andrews
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 12:50:21 AM

To the Medical Board of Australia,

I support Option 1.

We need to keep learning about all types of medicine both natural and pharmaceutical.. remember many deaths occur from pharmacy medicine

I consent to publication of my submission.

Sincerely,

Chris Andrews

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From: Darren Andrews Darren Andrews
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:17:47 AM

To the Medical Board of Australia,

I support Option 1.

Conventional is not best for the people in many circumstances. Many heal with alternative therapies and natural supplements, including myself.

I can only gather and spread the wisdom that changing guidelines for professional people that care, is not about the health of the public, but purely about supporting a corrupt industry.

I consent to publication of my submission.

Sincerely,

Darren Andrews Darren Andrews

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From: Rachel Andrews
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 8 May 2019 12:05:39 PM

To the Medical Board of Australia,

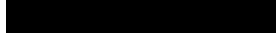
I support Option 1.

I desire to see the guidelines remain the same, simply because that's freedom. Freedom to the physician to discern techniques/modalities that will enrich their practice and freedom to the patient to choose to see someone who uses these complementary practices. I have been to physicians whom have integrated other tools into their counsel and have had a positive experience.

I consent to publication of my submission.

Sincerely,

Rachel Andrews

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From: Rachael Angus
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 13 May 2019 7:20:15 PM

To the Medical Board of Australia,

I support Option 1.

I value the holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines.

Integrative medicine and complementary therapies reaffirms the importance of the relationship between practitioner and patient, focuses on the whole person, is informed by evidence, and makes use of all appropriate therapeutic and lifestyle approaches, healthcare professionals and disciplines to achieve optimal health and healing.

At least two out of three Australians use some form of complementary medicine, with rates as high as 87 per cent among specific patient groups, such as those with breast cancer.

Australians invest heavily in complementary medicines, spending over \$3.5 billion each year on complementary medicines and therapies.

Consumers use them as part of their self-care approach and seek better information to support their healthcare choices.

Australians spent \$2 billion in out of pocket expenses on complementary medicines in 2010–11. This is more than the out of pocket contribution to pharmaceuticals of \$1.6 billion.

Evidence has shown many complementary medicines to have excellent safety and efficacy profiles, providing advantages over available treatment, and offering treatment options where none currently exists. Example include:

- * Acupuncture for relief of chronic lower back pain and depression⁹
- * Omega 3 fatty acids to prevent secondary cardiovascular events in Australia¹⁰
- * Calcium and vitamin D supplementation to reduce the incidence and severity of osteoporosis¹¹
- * St John's wort for mild to moderate depression

I consent to publication of my submission.

Sincerely,

Rachael Angus

[Redacted Signature]

From: Joyful Anne
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 3:58:44 PM

To the Medical Board of Australia,

I support Option 1.

Health is holistic. Humans need medical assistance for the whole range of well-being therapies.

I consent to publication of my submission.

Sincerely,

Joyful Anne

A solid black rectangular box used to redact the signature of Joyful Anne.

From: Julie Anne
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 8:41:08 PM

To the Medical Board of Australia,

I support Option 1.

Complimentary medicine is proven to help patients and the availability
MUST NOT be changed. It helps with:

- »reduction in opiate medication
- »reduces pain where other treatments do not
- »focussing on the patients needs rather than the MBA dictating what the patient can use

I consent to publication of my submission.

Sincerely,

Julie Anne

A black rectangular redaction box covering the signature area.

From: Tina Antonas
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:58:32 AM

To the Medical Board of Australia,

I support Option 1.

My family, extended family members, friends and associates who are well educated, intelligent people, have the right to ask for what ever works to support their body to reach a state a of health and wellbeing. If this means "conventional" along with the addition of natural medicine and complimentary modalities such as acupuncture, chiropractic and osteopathy so be it! A synergy of all our expert modern research, whether conventional medicine, herbal medicine and natural supplements, has to offer, has proved very successful in treating the individual up to now, WHY CHANGE IT!! Take away peoples choices and what you have is a county of increased sickness, due to dumbing down of the individual to rely on being told what to do in terms of their health. Giving people the choices they want instilles responsibility towards their health. This takes the load off our already loaded medical system and hospitals. The general feed back I get, is that most people now seek out General Practitioners that offer an open mind to treatment. That is to recommend all well founded therapies, to bring health back to that patient. And this should remain a privilege to the modern Australian.

MBA, its time to get with the times and visit our European holistic approach to medical choices especially in Germany, and Sweden and learn how its done.

I consent to publication of my submission.

Sincerely,

Tina Antonas

A black rectangular redaction box covering the signature area.

From: Olya Antonio
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 2:52:05 PM

To the Medical Board of Australia,

I support Option 1.

I regularly use acupuncture, homeopathy and naturopathy for myself and my family. It would be a great loss if this was no longer available.

I consent to publication of my submission.

Sincerely,

Olya Antonio

A black rectangular redaction box covering the signature area.

From: Charles Antoniou
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:19:48 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative and complementary medicine because as a Naturopath I have seen the health benefits patients receive. If patients receiving integrative and complementary medicine had not received any benefits the industry would have died out a long time ago and would exist today. That alone should say plenty. Integrative and complementary medicine has helped me, my family and friends and would not want to see that choice taken away from them. My reasons for supporting integrative and complementary medicine is that I have seen it help me without concerns of any side effects like drugs do, as well as resolving my health concern at any time I had any. I have also seen that countless times with many of my patients, sometimes reducing the capacity to go on multiple pharmaceutical drugs and what their interactions may bring about.

If the MBA imposes restrictions on Integrative practitioners it would mean to take away the patients freedom to make a choice of how they resolve their health issue. It would also restrict the practitioners capacity to give their patients the best possible health outcome, short and long term and the patients missing out on that.

I consent to publication of my submission.

Sincerely,

Charles Antoniou



From: Charles Antoniou
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 12:45:39 PM

To the Medical Board of Australia,

I support Option 1.

As a complementary health practitioner I have personally received benefits of integrative medicine as well as many of my clients. I have worked well with doctors and other allied health practitioners getting the best health result for people.

I consent to publication of my submission.

Sincerely,

Charles Antoniou

A solid black rectangular box used to redact the signature of Charles Antoniou.

From: Bernadette Apps
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 11:05:48 AM

To the Medical Board of Australia,

I support Option 1.

No body should have that right to take away natural medicines and for those who wish to compliment one with the other it should be there choice not yours .

I consent to publication of my submission.

Sincerely,

Bernadette Apps

A solid black rectangular box used to redact the signature of Bernadette Apps.

From: Liana Arcobelli
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 11:19:30 AM

To the Medical Board of Australia,

I support Option 1.

Dear Sir/Madam,

I find myself yet again having to defend my family's right to choosing natural therapies. First my right to use natural therapies has been made more difficult as the little subsidy I received from private health insurance has now totally been taken away and now when I could turn to an Integrative GP, their treatment options are being restricted too. Conventional medicine is great for some things but not for many others. It looks at health problems in isolation and not the body as a whole. Integrative GPs look at the body as a whole and recommend several natural treatment options to support healing beyond just taking a pill to mask the symptoms. Those that want to continue using conventional medicine have the right to do so, so why shouldn't I have the right to choose using alternative medicine methods? I might add that these therapies are very costly and not subsidised in most cases by Medicare so it's not a matter of the cost to the public health system. My family have benefited from a range of natural therapies, supplements and alternative treatment options and at my own expense; the only part that is subsidised is the Integrative GP consult and even then the amount is minimal. If Integrative GPs are not able to offer alternative treatments It doesn't mean that people will go back to the conventional medicine pill popping culture, it just means that they will be forced to find the support they need by whatever means they can without the guidance of a qualified health professional.

I consent to publication of my submission.

Sincerely,

Liana Arcobelli

[Redacted Signature]

From: June Armon <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 7:18 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Leave the system as it is. We have the right to choose how we treat our health. I am heartily sick of Government intervention in health matters. The people who make rules are not making the right decisions for the right reasons.

I consent to publication of my submission.

Sincerely,

June Armon
[REDACTED]

From: Jennifer Armstrong
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 9:53:12 AM

To the Medical Board of Australia,

I support Option 1.

Natural alternative non synthetic medicines, complementary/holistic therapies and practices are a must in the daily health of my wellbeing. I do not consent to "not having a right to choose intergrative practitioners".

I consent to publication of my submission.

Sincerely,

Jennifer Armstrong

A black rectangular redaction box covering the signature area.

From: Karen Armstrong
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:28:13 AM

To the Medical Board of Australia,

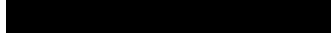
I support Option 1.

I have benefitted enormously from a wide range of health practices including acupuncture, vitamins, macrobiotic medicines, yoga therapy to name a few I would like to have a full range of choices regarding health and be able to see our current medical system as trustworthy and open minded regarding g the full range of treatment available for all conditions.

I consent to publication of my submission.

Sincerely,

Karen Armstrong

A solid black rectangular box used to redact the signature of Karen Armstrong.

From: Debbie Arnold
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 16 May 2019 10:20:11 AM

To the Medical Board of Australia,

I support Option 1.

I am writing to object to proposed changes to Integrative and Complimentary Medical care. Patients and Doctors deserve freedom of choice as to their medical and health care. Integrative practice offers a wonderful range of treatment options, definitely in the patient's best interest as no medicine is 'one size fits all'. Please consider allowing Integrative health providers the autonomy to treat their patients using their full range of expertise. Thank you for your time

I consent to publication of my submission.

Sincerely,

Debbie Arnold

A solid black rectangular box used to redact the signature of Debbie Arnold.

From: Ian Arnold
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 3:08:27 PM

To the Medical Board of Australia,

I support Option 1.

Dear MBA, Whilst I rely heavily on conventional medicine and am immensely grateful for it I also make use of complimentary treatments and medications in my quest for good health and a healthy life style. I take Vitamin Supplements and am certain of their benefits, along with herbal remedies. As well, I welcome access to acupuncture and chiropractic assistance. I strongly urge no change to the current guidelines. Ian Arnold

I consent to publication of my submission.

Sincerely,

Ian Arnold



From: Karen Arnold
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 5:57:25 PM

To the Medical Board of Australia,

I support Option 1.

I strongly support freedom of choice regarding medical / health care.

Doctors looking to provide a more holistic approach with their patients deserve to be commended for their forward thinking.

Educated recommendations tailored to the individual may provide the basis for many to improve their health outcomes, through achievable goals and accessible methods.

This practice also encourages the patient towards educating themselves about their condition and the contributing factors within their grasp to change.

I am a Traditional Western Herbalist and I see the way of future medicine to include all modalities, from medical specialists to general practitioners to occupational therapists to complementary therapists, working together. I have been witness to recoveries thought impossible by conventional medicine - the key is the individuality of the treatment combination.

Thank you for your time.

I consent to publication of my submission.

Sincerely,

Karen Arnold



From: Kaine Aromataris
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:40:32 PM

To the Medical Board of Australia,

I support Option 1.

Natural health products work to restore health as opposed to hiding symptoms which is the main target of allopathy. To deny people that is disgraceful. Access to natural, integrative and complementary medicines should be expanded dramatically and should be the first option before pharmaceutical drugs are considered.

I consent to publication of my submission.

Sincerely,

Kaine Aromataris

A black rectangular box redacting the signature of Kaine Aromataris.

From: Ruth Arthur
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 1:16:01 PM

To the Medical Board of Australia,

I support Option 1.

Thank you for inviting discussion on the very important topic of whether to include natural therapies as part of GP centred treatment.

I have 10 years experience in the pharmaceutical industry and 6 years experience in Natural Therapies. I trained to diploma level for both. Having experienced and observed the strengths and weaknesses of these two industries it seems to me that a blend of both would be a happy marriage indeed and offer the world the best all round healthcare we have seen.

In my time within the pharmaceutical industry I worked with antibiotics and saw the many life saving opportunities it presented to both humans and animals. I also witnessed the decline of efficiency as tabled by pathologists working in hospitals. There is no doubt that our antibiotics are losing efficacy and we have very little with which to replace them within the realm of pharmaceutical manufactured products. However, within Natural Therapies things are not so bleak. It is recorded that Winston Churchill chartered a plane to Australia during the war to procure Australian Tea Tree oil as a first line of defence for the front line soldiers. It worked well in the absence of antibiotics and in some of the worst disease ridden places into which people were subjected. In those horrible conditions a small flesh wound could soon fester. The inclusion of this natural product alone could treat infection and preserve our pharmaceutical grade antibiotics much further into the future. There are of course many other conditions that can be treated with high grade essential oils and also an opportunity for essential oils to support the use of pharmaceutical medicine.

It is important for the betterment of all of us to discontinue the slander of either industry and instead meet to genuinely learn from each other and formulate a new more advanced healthcare system that allows for choice and easy and affordable access to both mainstream medicine and natural therapies.

Doctors and pharmacists, with their high level of Training and excellent understanding of anatomy and physiology are well placed to utilize natural therapies within the scope of their practice.

Further, it would greatly assist the process if adequate funding could be provided in order to conduct proper clinical trials of natural medicine like essential oils.

What are we waiting for?

I consent to publication of my submission.

Sincerely,

Ruth Arthur

[REDACTED]

From: Jan Ashton-Ross
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 12:07:37 PM

To the Medical Board of Australia,

I support Option 1.

I want choice in health care and want to go to practitioners who have an informed interest in nutrition and body movement beyond what is offered by a 'standard' GP session. I am pro-active in my health care - aiming for a wellness plan rather than a prescriptive plan for illness. I am a qualified Nutritionist and over many years I have found the 'standard' GP has very low understanding of the potential for utilizing supplements and dietary choices to improve health. I have been told by some 'standard' GP's and specialists that diet has no influence on disease. Therefore I respect their limitations and seek assistance from those who have further knowledge.

I consent to publication of my submission.

Sincerely,

Jan Ashton-Ross

A black rectangular box redacting the signature of Jan Ashton-Ross.

From: Karen Askew
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 2:31:46 PM

To the Medical Board of Australia,

I support Option 1.

I believe that everyone should have the choice in the type of service whether it complementary and integrative to give all options for a wholistic approach to their wellbeing. Taking away choice is not a healthy approach to the patient or client at hand. I have gone with both mainstream and integrative medicine in my life and have found it beneficial having that choice and have had good outcomes. My family too have benefited in having the choice in the treatment of both mainstream and complimentary and integrative medicine. It speaks for itself complimentary. If this freedom to choose ourselves is taken away it will indeed effect us/ me not only in my health but emotionally which effects the wholistic look on my health. Please do not allow the MBA to take away the integrative and complimentary medicine.

I consent to publication of my submission.

Sincerely,

Karen Askew

A solid black rectangular box used to redact the signature of Karen Askew.

From: Stephen Atkin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 5:58:43 PM

To the Medical Board of Australia,

I support Option 1.

I feel it's my right to be able to access whatever health advice I require to maintain optimum health.

I consent to publication of my submission.

Sincerely,

Stephen Atkin

A black rectangular redaction box covering the signature area.

From: Pamela Atkinson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 5:06:24 PM

To the Medical Board of Australia,

I support Option 1.

As a 67 year old retired School teacher, I have had many years of caring for my own health, trying different things, discarding many things. We are all different and what works for 1 person does not always work for another. I have tried many complementary medicine practices - some worked for a while, then they didn't, then they did. For me, homeopathy, naturopathy and Feldenkrais - (Awareness through Movement) give me brilliant health outcomes. For other people I know well, it is Chiropractic or Acupuncture or Chinese medicine. In Australia, we are lucky to have such a wide range of choice and I believe it gives us great outcomes in general, but if you were to restrict our choices then it will have a negative affect of the nation as so many people will be stuck with processes that may not be the best for them. They will become a drain on the already overburdened health system. We need a holistic approach to health and doctors should not be restricted from using approaches that they have researched and found valuable. I know what works for me and I have the right to have access to these practitioners. Please stick with option 1.

I consent to publication of my submission.

Sincerely,

Pamela Atkinson



From: Sally Atterbury
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:46:56 AM

To the Medical Board of Australia,

I support Option 1.

This sounds like more money making than actual health of humans - to me natural medicines can help and safer to use why shouldn't doctors have the right to keep the patients best interests when it comes to health - come on guys keep it real

I consent to publication of my submission.

Sincerely,

Sally Atterbury

A black rectangular redaction box covering the signature area.

From: Kathy Atwell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:32:23 AM

To the Medical Board of Australia,

I support Option 1.

Intergrative medicine is important ! We need to be able to talk to our doctors about alternative options .

It's time the medical community stopped making it difficult for people access alternative medicine

I consent to publication of my submission.

Sincerely,

Kathy Atwell

A solid black rectangular box used to redact the signature of Kathy Atwell.

From: Lynton Auld
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:09:13 PM

To the Medical Board of Australia,

I support Option 1.

I support a patients right to choose, to make educated decisions in regard his or her health. With 2/3 of Australians using some form of complementary medicine annually there is clear and strong demand, something which would not exist if treatment modalities did not work or were demonstrably harmful. That is not the case.

I urge the use of the scientific principle "First do no harm". In this instance step back from attempting to outlaw complementary medicine, it appears a cynical attempt to corral medicine into a small and expensive cartel run by the Drs. If in doubt about specific complementary health modlities encourage research into them, encourage informed decision making.

The proposed approach appears to eba aknee jerk reaction and, frankly, not scientific.

I consent to publication of my submission.

Sincerely,

Lynton Auld

A black rectangular redaction box covering the signature area.

From: Brenda Aurora
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 7:30:54 PM

To the Medical Board of Australia,

I support Option 1.

I have worked in pharmacy for over forty years, and have seen the growth of complementary and integrative medicine.

Most of our customers use complementary medicine, and often don't tell their doctor for fear of being ridiculed.

Of most concern is the number of patients ordering supplements via the internet, often unregulated from other countries, and no understanding of interactions with medications or medical conditions.

If there were actually more integrative doctors, and complementary medicine could be discussed during consultations, honestly and respectfully, then proper monitoring can be done, and patients educated.

We desperately need patients to take responsibility for their health, to make relevant lifestyle changes, and to work closely with their doctor.

I believe that integrative doctors do this exceptionally well, and I hear about, and see the results, in my interaction with a great many patients.

If we are focussed on improving the health of Australians, and reducing the spiralling cost of health care, then let us guide patients in an integrative and professional system.

I consent to publication of my submission.

Sincerely,

Brenda Aurora



From: Jenny Austin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:28:30 PM

To the Medical Board of Australia,

I support Option 1.

Please allow and keep the option for complimentary medicine be available to all of us

I consent to publication of my submission.

Sincerely,

Jenny Austin

A black rectangular box redacting the signature of Jenny Austin.

From: Leonie Austin <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:34 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support my right to choose and my doctor's right to recommend any course of therapy he believes is appropriate.

I consent to publication of my submission.

Sincerely,

Leonie Austin
[REDACTED]

From: Tracy Avellino
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:39:20 PM

To the Medical Board of Australia,

I support Option 1.

Natural medicine should always be the first option to look at. Our bodies were never designed to be full of medicines that were man made. Although they are crucial in many cases, for all the cases that aren't crucial and could easily use natural/ holistic ways of life to improve many conditions, would this not be better for mankind??

We all end up 6 feet under so how much money you have is not going to always be the answer to saving your life.

I consent to publication of my submission.

Sincerely,

Tracy Avellino

A solid black rectangular box used to redact the signature of Tracy Avellino.

From: Brett Aylen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 8:17:05 PM

To the Medical Board of Australia,

I support Option 1.

When I feel unwell the first thing I do is take some remedies I have at home. For example vitamin C. Then I rest. If things don't get better I visit a health practitioner who I think can help. Who this is varies depending how I feel. Sometimes it is an Ayurvedic practitioner, sometimes a doctor practicing integrative medicine, sometimes a regular GP. The point is I like to make my own choice when it comes to my healer.

Thank you for listening.

Brett Aylen
Architect

I consent to publication of my submission.

Sincerely,

Brett Aylen

A solid black rectangular box used to redact the signature of Brett Aylen.

From: Rod Aylett
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 4:03:35 PM

To the Medical Board of Australia,

I support Option 1.

The MBA is not infallible, nor are doctors. The days of proper diagnosis of medical ailments is past and now GP's are held to ransom by their sponsors and research grant money. Do what the money says or go home. Learn from the past. People must have choice even if it isn't the best medical practice. Because Freedom of Choice if nothing else. Also give scope for new ideas and lateral thinking, radical research that is possibly counter intuitive. Vaccination debates and complimentary medical practices will always be inflammatory subjects because we fear our children's future health, environment and most of all freedom to choose. Stop basing your robotic policies on money / profit. Go back to basic empathy and people skills. Real treatment. Then patients won't be desperate enough to seek backyard Bob's herbal remedy or snake oil from Gypsy Van Gary. Oh, and respectfully, people are aware of you and the [REDACTED] treatment of Jim Humble and MMS Sodium Chlorine videos being banned off YouTube. Make no mistake. They've been banned because they work, they cure people. They actually CURE folks. Unlike your tickbox robot medical dictatorship. What will you do when nobody can pay for your pretend cures? When nobody is able or feels justified to donate to your "cure cancer" organisations like the [REDACTED] Foundation? What then? Make it a crime to be ill? Send everyone to a psychiatrist or psychologist and a padded cell? Eventually you'll run out of people to con, and have to force people. Oh wait you already do! Vaccinations being compulsory. One day every single person will be vaccinated by force, and the vaccine will be faulty, and everyone will perish. Today's ability to choose should be written in stone.

I consent to publication of my submission.

Sincerely,

Rod Aylett
[REDACTED]

From: Avinash Ayres
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 4:46:37 PM

To the Medical Board of Australia,

I support Option 1.

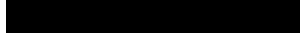
I am signing this Petition as I think it is imperative that we the public have an alternative to allopathic medicine. The integrative Doctors are trained in allopathic medicine as well as alternative cures. It is much better to go to a Doctor who understands medicine and the patient can be monitored.

Withholding choice to the public is not going to help and is unwise.

I consent to publication of my submission.

Sincerely,

Avinash Ayres

A solid black rectangular box used to redact the signature of Avinash Ayres.

From: R B
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 19 May 2019 7:28:28 AM

To the Medical Board of Australia,

I support Option 1.

Doctors should be able to recommend holistic treatments to compliment and assist

I consent to publication of my submission.

Sincerely,

R B

[Redacted Signature]

From: Kelli Babovic
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 9:12:41 AM

To the Medical Board of Australia,

I support Option 1.

We need to maintain the current guidelines for integrative and complementary medicine. My family values Integrative medicine and we support doctors' right to provide new and innovative approaches, including complementary medicine treatments. We do not all fit into the mainstream medical model and it would be taking away our rights to choose our own healthcare. This is part of a patient centred approach to empower individuals to be responsible for their own self management.

I consent to publication of my submission.

Sincerely,

Kelli Babovic

A solid black rectangular box used to redact the signature of Kelli Babovic.

From: Carolyn Bailey
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 1:27:39 AM

To the Medical Board of Australia,

I support Option 1.

It's absurd to exclude vitamins, minerals and herbs from health care-driven by some kind of capitalist dark age.

I consent to publication of my submission.

Sincerely,

Carolyn Bailey

[Redacted Signature]

From: Frances Bailey
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 10:59:19 AM

To the Medical Board of Australia,

I support Option 1.

I use some forms of integrated medicine to maintain my health.

I consent to publication of my submission.

Sincerely,

Frances Bailey

A black rectangular redaction box covering the signature area.

From: ROBYN BAILEY
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:16:53 PM

To the Medical Board of Australia,

I support Option 1.

As humans we are not created equal and need medical practitioners with the will to search and acknowledge complementary medicines that will benefit the health of their patients in the short and long term. Just as a referral to a specialist may happen, recognising specialised skills, so can complementary and integrative medicines provide specialised knowledge to support the patient.

I have personally benefited from a connection between GP and other specialists in complementary medicine and I believe reduced the burden on the health system as a result and gained improved health outcomes for myself.

I consent to publication of my submission.

Sincerely,

ROBYN BAILEY



From: Yazmyn Bailey <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:38 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments


To the Medical Board of Australia,

I support Option 1.

As some one who has used both all my life, I do NOT support any changes to current guidelines regarding integrative & complimentary medicine. Patient choice is integral for peoples health and wellbeing. That this is even being put forward is alarming to say the least. Why would you try to remove this option that gives patients the best of both areas of health care? It makes no sense what so ever.

I consent to publication of my submission.

Sincerely,

Yazmyn Bailey


From: Robyn Baird
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 5:40:41 AM

To the Medical Board of Australia,

I support Option 1.

Integrated medicine is needed due to the damage pharmavy drugs do to the organs of the body due to long time use. The need to have a choice with natural therapies is a MUST and our right.

I consent to publication of my submission.

Sincerely,

Robyn Baird

A solid black rectangular box used to redact the signature of Robyn Baird.

From: Tracy Baird <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 12:07 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Keep our freedom to have the right to seek any medical help from our doctors. Be it traditional or complimentary.

I consent to publication of my submission.

Sincerely,

Tracy Baird


From: Amy Baker
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 12:37:48 PM

To the Medical Board of Australia,

I support Option 1.

I have had significant results to my health and wellbeing from so called alternative treatments such as naturopathy, acupuncture, kinesiology and homeopathy. It is imperative that doctors be allowed to maintain their independence and discretion when recommending treatments for their patients. They should be able to individualise treatments based on the patients needs and requirements not be given a narrow band of "authorised" treatments which may not be best for the patient at the time. Freedom of will and freedom to choose MUST be upheld.

I consent to publication of my submission.

Sincerely,

Amy Baker

A black rectangular redaction box covering the signature area.

From: Mat Baker
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 8:52:28 AM

To the Medical Board of Australia,

I support Option 1.

If everybody needed exactly the same treatment for the same illness then a cookie cutter approach to health and healing would make sense, but as we are all as unique as our fingerprints, what works for one may not work for another... so therefore an alternative approach may be what's needed for someone to heal. Plus just dishing out pharmaceuticals to mask an illness is not getting to the root cause of the problem.

It's the equivalent of constantly getting the bleach out to scrub the mouldy walls instead of solving the underlying cause of where the damp is coming from... Good for the person selling the bleach but not good for the overall health of the person living in the house.

Taking away choices and trying to squeeze everybody into the pharma model of treatment is ridiculous to say the least. Trying to control personal choice will end in worse health overall. Maybe that's what big pharma is hoping for.

I consent to publication of my submission.

Sincerely,

Mat Baker

A solid black rectangular box used to redact the signature of Mat Baker.

From: Peter Baker <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:18 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments


To the Medical Board of Australia,

I support Option 1.

Conventional and holistic medicine must work together for the good of mankind.

I consent to publication of my submission.

Sincerely,

Peter Baker


From: Yvonne Bakin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 4:12:36 PM

To the Medical Board of Australia,

I support Option 1.

My husband and I would be sick and stressed if it was not for natural therapies ! We have both used naturopathy , acupuncture and chiropractic treatment and it has been an invaluable part of our families life ! So much so that I went back to study naturopathy and am now qualified !

Don't take our health choices away this will be suicide to the health of our nation.

I consent to publication of my submission.

Sincerely,

Yvonne Bakin

A solid black rectangular box used to redact the signature of Yvonne Bakin.

From: Fiona Ballard <submissions@yhyc.com.au>
Sent: Saturday, 15 June 2019 10:32 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I think it is vital that no changes occur to restrict people's choice of health care treatments. This is an individual choice that needs to be freely available to all. Too many people have harmful adverse reactions to pharmaceutical drugs and want options available should they choose them.

It is taking away freedom of choice and restricting individual rights for a group of people to determine what health care options are decided as being "valid".

Therefore I request that there be no changes to the current guidelines.

I consent to publication of my submission.

Sincerely,

Fiona Ballard

From: Fiona Ballard <submissions@yhyc.com.au>
Sent: Monday, 29 April 2019 8:13 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

There is increasing research showing the benefits of non pharmaceutical treatments for many disease conditions, including the use of Vitamin supplements and Magnesium. Additionally it is vital to allow people the freedom of choice in their own health. For these reasons amongst several others, I strongly support no change to the current guidelines for Integrative and Complementary medicine, and request that you please act for freedom of choice for all individuals. Thank you.

I consent to publication of my submission.

Sincerely,

Fiona Ballard
[Redacted Signature]

From: Kerry Ballinger
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 5:49:37 AM

To the Medical Board of Australia,

I support Option 1.

We deserve choice.

I consent to publication of my submission.

Sincerely,

Kerry Ballinger

A solid black rectangular box used to redact the signature of Kerry Ballinger.

From: Aaron Balm
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 5 June 2019 6:10:17 PM

To the Medical Board of Australia,

I support Option 1.

I fully support the use of integrative and complimentary medical practices, specifically natural therapies.

I fully support the use of evidence based practices specifically in regards to diagnostic testing and the use of supplements.

Heavy restriction of these practices as a broad brush approach without careful consideration of the evidence based practices that should be supported is a failure in supporting preventative healthcare in Australia.

I consent to publication of my submission.

Sincerely,

Aaron Balm

A solid black rectangular box used to redact the signature of Aaron Balm.

From: Kathryn Bannister
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 7:09:16 AM

To the Medical Board of Australia,

I support Option 1.

I am 56 and enjoying life pain free and drug free. It hasn't always been this way for me as I was seeking medical advice and treatments up until 5 years ago. This source was only masking my issues with bandaids. If not for Intergrative Medicine, which by the way is the TRADITIONAL MEDICINE, I would still be suffering the pains of apparently aging!

I consent to publication of my submission.

Sincerely,

Kathryn Bannister

[Redacted Signature]

From: Maria Barclay
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 7:54:19 AM

To the Medical Board of Australia,

I support Option 1.

Why should I not be able to choose acupuncture over taking pain medication? Because the pharmaceutical companies lose profits. If pharma companies lose profits then doctors likely to lose dividends. If the Board is concerned about non qualified people making money from complementary treatment, then tighten regulations on 'qualifications' but please do not punish all practitioners who positively impact on tens of thousands Aussies health. Thank you.

I consent to publication of my submission.

Sincerely,

Maria Barclay

A solid black rectangular box used to redact the signature of Maria Barclay.

From: Jennifer Barham-Floreani
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 3:51:17 PM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]
Integrative and complementary medicine has played a key role in the health confidence we have as a family. As a practitioner myself I have seen great benefit in parents being to independently choose and work with a variety practitioners at different times. Practitioners have different knowledge and skill sets. Medicine's safety record and efficacy are far from admirable why should they be the gate keepers for health consumers in Australia.

I consent to publication of my submission.

Sincerely,

Jennifer Barham-Floreani

[REDACTED]

From: Glenrae Barker
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 10:16:42 PM

To the Medical Board of Australia,

I support Option 1.

After being a member of a private health fund ever since they began to operate, I had elected to scrap the extras because the supports I relied on were no longer being made available. I am an 88 yo healthy woman, cared for my husband and his health and raised five children and apart from my GP's service, used natural remedies, food, vitamins and herbs to maintain our good health. I found many of the so called "fringe" practitioners useful for certain needs and valued their advice and care. Homeopathy in particular has been a godsend. If Integrative doctors who are at the forefront of modern knowledge are restricted in the practice of treating the body as a whole, not just the possible disease, Medicare costs will continue to rise dramatically and our sick nation will become sicker.

Please Sir, there needs to be a complete rethink and the medical profession who have had good results using complementary medicines and emerging treatments should not be limited in any way.

I consent to publication of my submission.

Sincerely,

Glenrae Barker



From: Holly Barker <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:25 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support integrative medicine as part of my personal healthcare plan.

I consent to publication of my submission.

Sincerely,

Holly Barker
[REDACTED]

From: Cathie Barnes
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 8:41:34 PM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]
I have had enough of being dictated to what health care I can choose
I turned to alternate therapies when main stream therapies where not helping me.
The Government and Healthfunds are running scared because they know
more and more people are finding relief via alternative therapies
hence they are losing out on money

I consent to publication of my submission.

Sincerely,

Cathie Barnes
[REDACTED]

From: Debra Barnes
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:05:12 PM

To the Medical Board of Australia,

I support Option 1.

Freedom of health choice is a basic human right. Do not restrict my family being able to chose our health choices based on our own knowledge, research or referrals. To restrict our choice is not healthcare, that is sick care, and coercion of health. My family and I value complementary medicine, we want all health options available to us, and support all doctors and health practitioners rights to provide that care. To do less than that, is dictatorship, and we will not stand for it.

I consent to publication of my submission.

Sincerely,

Debra Barnes

A solid black rectangular box used to redact the signature of Debra Barnes.

From: Debra Barnes
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 12 May 2019 10:22:16 PM

To the Medical Board of Australia,

I support Option 1.

I would like the freedoms of doctor choice, to choose together for our family the Dr we want to see, options to choose from and personal choice based on factors that no one other than my myself can correctly choose for myself. Complimentary medicine is vital to keeping the health balance in our society. If you restrict my doctors then you restrict my health options, my freedoms and our society will be sicker add a result. Please do not change how it is now. We need it like this. Our families depend on it. Generations will be affected. And not for the better if you take away our freedoms.

I consent to publication of my submission.

Sincerely,

Debra Barnes

A solid black rectangular box used to redact the signature of Debra Barnes.

From: Colette Baron <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 8:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support the use of integrative medicine as it works, provides the least harm, and is the most natural way. Last time I looked we live in a democracy with free choice?? I always go natural first it is pure common sense. More people die from laboratory made drugs than almost anything else! Using the safer option should always be first choice, it will always be for me and everyone should also be able to also do so. Anything else is blatantly wrong.

I consent to publication of my submission.

Sincerely,

Colette Baron


From: Andrew Barrett
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:57:20 PM

To the Medical Board of Australia,

I support Option 1.

Dear MBA,

Please choose Option 1: no change to the current guidelines.

Patients should have access to the type of therapy and medicine that suits them, which includes Integrative & complementary medicine.

Certainly Integrative & complementary medicine have been a big help for not only me, but many people I know. And the science of these medicines makes a lot of sense if one investigates it deeply.

I use it because it is supportive of health, without the harmful side-effects and covering of symptoms that other medicines often do.

If restrictions are put in place then I may end up seeing non-doctors then instead.

Regards,

Andrew

I consent to publication of my submission.

Sincerely,

Andrew Barrett

A black rectangular box redacting the signature of Andrew Barrett.

From: Caroline Barrett
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 5:31:19 PM

To the Medical Board of Australia,

I support Option 1.

Over the years I have had several conditions and natural/alternative medicine has proved more successful than conventional medicine.

I feel it would be wrong to take away a persons choice of the path they prefer to take.

Some alternative medication can be life changing when all else has failed.

We should have the right to choose.

I consent to publication of my submission.

Sincerely,

Caroline Barrett

A black rectangular redaction box covering the signature area.

From: Kari Barron
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 1:34:43 PM

To the Medical Board of Australia,

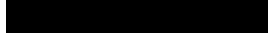
I support Option 1.

The current medical system is broken and tends to only address symptoms instead of getting to the root of this issue. Integrative is the way to go and I feel all doctors should consider thinking outside the box. If they feel there are other methods more effective then chopping and pill pushing they should be allowed to utilise them. The public should also have the choice to what they want to use

I consent to publication of my submission.

Sincerely,

Kari Barron

A solid black rectangular box used to redact the signature of Kari Barron.

From: Sonia Barton
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:14:06 PM

To the Medical Board of Australia,

I support Option 1.

<https://mobile.abc.net.au/news/2017-04-13/800-australians-overdose-on-prescription-drugs-per-year-experts/8443578?pfmredir=sm>

I just want to start with this website, but I doubt if you'll read it or even this email. I am sure that decisions have already been made to make big changes, and probably backed by the pharmaceutical companies, who already donate millions of dollars each year to both political parties in Australia.

I'm in my 60's and all my life I have never been to a doctor for any medications. I regularly have a massage, shiatsu, acupuncture and gentle chiropractic work and attend yoga classes.

I'm sure that using all the natural ways to keep in good health has contributed to my 100% wellness.

I think it will be a disgrace to stop Integrative Doctors from practicing safe methods such as TCM and Accupuncture for health conditions and pain. These Doctors have degrees to their names and have undertaken decades of training and education. And even worse for the government to stop these Doctors referring to other specialists who have trained for many years and have degrees to their name too. All these professionals treat patients with respect and kindness and are very safe. I've never heard of anyone dying from having an acupuncture needle put in them!

Please do not take away Choice from the public. Keep Australians well and healthy not end up being addicted to medications.

I consent to publication of my submission.

Sincerely,

Sonia Barton



From: Jodi Bassett-Scarfe
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 10:15:01 AM

To the Medical Board of Australia,

I support Option 1.

Good morning,

I have used complementary medicine for 25 years and have had very positive results from Naturopathy, homeopathy, chiropractics, aromatherapy, energy medicine practitioners Kenesiology, Chinese medicine and integrative Doctors. I believe it is the individual's choice as to whether they choose to use complimentary medicine.

If there are changes, it will not make me go to a GP more often but rather self treat and diagnose using complimentary medicines myself.

Thanks for your helping and continuing things as they are.

Kind regards,

Jodi

I consent to publication of my submission.

Sincerely,

Jodi Bassett-Scarfe



From: Michael Bate
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 5:40:00 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is generally proactive in educating patients as to how to live healthily and this avoiding illness and disease.

I have relied on integrative and so-called alternative medicine all my adult life and have never suffered a serious illness.

Restrictions on integrative practitioners will narrow the range of medical options available to Australians and disempower their ability to make rational choices when considering health care. I suspect pharmaceutical industry lobbying is promoting this step backwards.

I consent to publication of my submission.

Sincerely,

Michael Bate

A black rectangular redaction box covering the signature area.

From: Toni Bates
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 10:35:32 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative & complementary medicine because it works. Furthermore it gives patients' autonomy, produces a beneficent outcome & when practiced by professionals, does no harm. These are the principles of healing, whether complementary or conventional and if integrative & complementary medicine is to be judged by research, at least let that research be valid & impartial.

I consent to publication of my submission.

Sincerely,

Toni Bates

A solid black rectangular box used to redact the signature of Toni Bates.

From: Monica Batiste <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:29 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Natural therapies are an integral part of health and I support the inclusion of more natural therapies into practice.

I consent to publication of my submission.

Sincerely,

Monica Batiste
[REDACTED]

From: Yolanda Baty
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:13:43 PM

To the Medical Board of Australia,

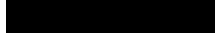
I support Option 1.

This country is going backwards not forwards in helping people to choose both complimentary & medical working side by side, it works and everyone knows it does, obviously down to money yet again and this is extremely sad. Wake up and stand up for the general public who know complimentary therapies definitely work. It's a shame the pharmaceutical companies always have the funding behind to back them!!!

I consent to publication of my submission.

Sincerely,

Yolanda Baty

A solid black rectangular box used to redact the signature of Yolanda Baty.

From: Jeanette Baussman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 7:40:16 AM

To the Medical Board of Australia,

I support Option 1.

I support patients having access to integrative and complementary medicine as I believe there is a balance between pharmaceutical drugs and complementary medicine and a patient should be able to have discussions regarding both forms of therapy. We then have a right to choose which path we take or combine the two.

I consent to publication of my submission.

Sincerely,

Jeanette Baussman

A black rectangular redaction box covering the signature area.

From: Mali Bawden <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Patients have a right to choose whatever they want and be supported by their care providers .

[REDACTED]

I consent to publication of my submission.

Sincerely,

Mali Bawden

[REDACTED]

From: Tiffany Baxter
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 5:33:00 PM

To the Medical Board of Australia,

I support Option 1.

Complimentary medicine has literally saved my life. Please do not restrict this necessary service from those who need it. There is room for everyone in the susceptibility of caring for everyone in the planet as they need it

I consent to publication of my submission.

Sincerely,

Tiffany Baxter

A solid black rectangular box used to redact the signature of Tiffany Baxter.

From: Pauline Beal
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:46:16 PM

To the Medical Board of Australia,

I support Option 1.

It's doesn't make any sense to exclude intergrative and complementary medicine. They all have their place and people need to have a choice. With all the lifestyle diseases etc wouldn't it be better to have multiple approaches. It's narrow minded and selfish to think otherwise. I wonder who is on this board? What vested interests do they have in pharmaceuticals?

I consent to publication of my submission.

Sincerely,

Pauline Beal

A black rectangular redaction box covering the signature area.

From: Sarah Beale <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:34 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It's every Australian's democratic right to choose the type of healthcare we access for ourselves and our families. The systematic and continued manipulation of these rights cannot be tolerated. Informed choice about healthcare must be without coercion and limiting access to certain kinds of therapies, particularly integrative GP care, is coercion as it can leave Australians without choice. We must maintain control over our own bodies and wellbeing and a system that limits care to only that accepted and provided by a privileged and out of touch medical fraternity compromises the health of many Australians and at best reeks of protectionism.

I consent to publication of my submission.

Sincerely,

Sarah Beale

From: Robyn Beasy <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 7:58 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The decision to preclude doctors from accepting and/or recommending health care treatment regimes that include methods and substances not recognised by Big Pharma is a backward step. Doctors who do this should be applauded, not castigated, for trying to use all treatment tools that might be available to them in the treatment of their patients.

I consent to publication of my submission.

Sincerely,

Robyn Beasy


From: Sara Beattie
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 12:45:23 PM

To the Medical Board of Australia,

I support Option 1.

If changes like this go ahead, we will see the results as they have had in Scotland - with many thyroid patients taking their own lives as they cannot be prescribed anything more than T4 for their conditions. Scientific evidence supports the use of combined therapies - these options must not be taken from us - we are advocates for our health and will not be silenced.

I consent to publication of my submission.

Sincerely,

Sara Beattie

A solid black rectangular box used to redact the signature of Sara Beattie.

From: Debra Beauchamp
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 9:33:08 PM

To the Medical Board of Australia,

I support Option 1.

This was my last and only option after all of my consultations with general medicine practitioners failed to help me!

I consent to publication of my submission.

Sincerely,

Debra Beauchamp

A black rectangular redaction box covering the signature area.

From: Janine Beck <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 11:02 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please retain appropriately regulated integrative practitioners' right to autonomy in how they choose to holistically work with patient treatment naturally and collaboratively - using all tools available to them - including conventional practices - in the interests of optimal patient health.

Frankly, have you looked around the conventional medical system lately?

Take some time to listen to the leading medical doctors questioning conventional medical rhetoric, applying sound (conventionally ignored) evidence bases, and creating vibrant health for so many, and open your eyes.

I consent to publication of my submission.

Sincerely,

Janine Beck


From: Anna Bee <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:31 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments


To the Medical Board of Australia,

I support Option 1.

I support choice and I support a medical profession that doesn't rely solely on pharmaceuticals to treat symptoms, but rather, incorporates common sense and preventative strategies to empower patients with choice to make them an agent of their wellness, and not just a victim of their illness.

I consent to publication of my submission.

Sincerely,

Anna Bee


From: Leita Beehag
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 7:05:56 PM

To the Medical Board of Australia,

I support Option 1.

I believe that combining the best treatments from both medical and complimentary medicine can give me the best outcome for my families health and I would like the option to make informed decisions about our health treatments

I consent to publication of my submission.

Sincerely,

Leita Beehag

A black rectangular redaction box covering the signature area.

From: Angelina Bell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 11:31:06 PM

To the Medical Board of Australia,

I support Option 1.

We should have a choice to choose integrative health care from qualified trained professionals, and get the root cause of the problem solved to avoid future health care issues of that problem.

I choose to try an alternative safe natural prescription before resorting to traditional western medicine for the sake of my health and the damage some of the conventional medication can do.

*Australia should be a free choice country!

*A 10minute consult with a GP is NOT adequate!

*Integrative medicine should be a choice!

*Integrative medicine should be covered with private health also and with Medicare so we all can access it.

*Have training courses to train more people in integrative medicine in every state of Australia!

*A combination of western medicine and integrative medicine is key to genuine good health and a lesser strain on our Health care systems.

FREEDOM OF CHOICE

I consent to publication of my submission.

Sincerely,

Angelina Bell



From: Ian Bell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 11 May 2019 10:09:54 AM

To the Medical Board of Australia,

I support Option 1.

Hi,

Despite the protestations of a very narrow minded, vocal and disruptive minority, there is a wealth of science and experience in complementary therapies. People pursuing these therapies are generally proactive in their health choices, and more than 70percent of the population choose these therapies.

Using draconian restrictions to remove a GP's ability to investigate and utilise any of these therapies risks alienating the 70% of the population who are using these therapies, seeing General Medicine as rigid and out of touch, and risks them stop accessing their GP for risk of judgement or ridicule.

By restricting a GP's ability to investigate these therapies, they will not be able to understand the issues arising from giving care to the 70% of their patients who will continue to use these therapies whether the Board sees it to be 'allowed' or not.

I consent to publication of my submission.

Sincerely,

Ian Bell

A black rectangular redaction box covering the signature area.

From: Janet Bell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 7:46:32 AM

To the Medical Board of Australia,

I support Option 1.

I am a registered nurse and midwife. I have used alternative therapies to maintained health and at times alleviate problems that if left would become chronic. Please allow patients to discuss this with out GP's and encourage them to see outside the box.

I consent to publication of my submission.

Sincerely,

Janet Bell

A black rectangular redaction box covering the signature area.

From: Kylie Bell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:23:30 PM

To the Medical Board of Australia,

I support Option 1.

I believe all doctors should be able to offer integrative and complimentary medicine to support overall wellness in conjunction with conventional medicine.

I consent to publication of my submission.

Sincerely,

Kylie Bell

A black rectangular redaction box covering the signature area.

From: Marisa Bell <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:26 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

As a naturopath myself, I see the benefit and necessity of having the option of each type of medicine - both natural and allopathic, as they both have a place in modern healthcare and wellness.

I consent to publication of my submission.

Sincerely,

Marisa Bell
[REDACTED]

From: Shanon Bell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 16 April 2019 10:59:29 PM

To the Medical Board of Australia,

I support Option 1.

Myself and my immediate family have had an array of medical issues (psychological and physical) over our lifetime, some of which were unsuccessfully treated by western/conventional medicine and successfully treated by integrative medical practitioners and natural therapies. I believe there is a place in this world for both conventional and holistic treatment. Australia is a modern country. Don't deprive us of our rights and freedom of choice. Patient's should have the power to decide, not the MBA. If it wasn't for holistic and natural treatments being available to me and my family, I truly believe we would be far more unhealthy than we are today and possibly still living in pain.

I consent to publication of my submission.

Sincerely,

Shanon Bell

A black rectangular box redacting the signature of Shanon Bell.

From: Shanon Bell <submissions@yhyc.com.au>
Sent: Thursday, 9 May 2019 6:36 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

There have been many occasions whereby my parents and I have consulted with western medicine practitioners and specialists and they were unable to diagnose or successfully treat us. We sought alternative treatment from holistic or natural practitioners who were able to successfully remedy our symptoms.

There is a place in this world for both western and natural/holistic medicine and everyone should have the freedom to choose which treatment they would prefer.

This is 2019 - don't take away our rights.

I consent to publication of my submission.

Sincerely,

Shanon Bell


From: Anne Bennett
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 8:23:24 AM

To the Medical Board of Australia,

I support Option 1.

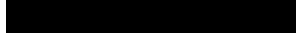
We need freedom of choice of whom we choose to see for our maintenance of health. Integrative medicine can be one of those choices as it has helped many people with their health concerns when conventional medicine failed to do so. Why change the existing guidelines??? They do not need changing.

Sincerely,

I consent to publication of my submission.

Sincerely,

Anne Bennett

A solid black rectangular box used to redact the signature of Anne Bennett.

From: Anne Bennett
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 7:35:15 AM

To the Medical Board of Australia,

I support Option 1.

There should be no change to the current guidelines. It is important to have freedom of choice who people see for their medical concerns or prevention of disease.

I think the people wanting to change the guidelines are showing ignorance or a total lack of knowledge to the benefits of a holistic approach what complimentary medicines can provide.

I consent to publication of my submission.

Sincerely,

Anne Bennett

A solid black rectangular box used to redact the signature of Anne Bennett.

From: Bronwyn Bennett
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 10:36:56 AM

To the Medical Board of Australia,

I support Option 1.

MBA - I chose to use Integrative & complementary medicine for myself and my family. I have been able to heal and achieve optimal health via a combination of modalities. Taking an extensive medical history takes time, no GP can achieve this in a rushed 5-10 minute consult. Without time during a consult to evaluate my needs, I am fearful that correct medical treatment is not possible. The healthier I am the less burden I am on our public health system. I choose to eat organic food, I choose to exercise and move my body, I choose to my lifestyle choices, and I choose to consult osteopaths, naturopaths, acupuncturist and integrative practitioners. I know what works for my body. The government does not.

I consent to publication of my submission.

Sincerely,

Bronwyn Bennett

A solid black rectangular box used to redact the signature of Bronwyn Bennett.

From: Pinkie Bennett
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:32:23 PM

To the Medical Board of Australia,

I support Option 1.

My body my choice ...I am a very fit non drug taking 60 year old ...I am a carer for family member. i still pay for private health ...Not for much longer ...I must have the right surely to choice how I heal ? At the moment I struggle to find a good Doctor who has any time to listen ...My GP past away of 40 years the next one retired due to illness ...Oh my Kingdom for a good GP..who doesnt want to hand out drugs....

I consent to publication of my submission.

Sincerely,

Pinkie Bennett

A solid black rectangular box used to redact the signature of Pinkie Bennett.

From: Kristy Bentley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 12:33:19 PM

To the Medical Board of Australia,

I support Option 1.

The Truth is no longer hidden, you are going to great lengths to hide the truth, it's one thing to ignore evidence that mercury in amalgams & vaccines is the cause for nearly all illness, but another thing entirely to try to prevent the millions suffering from receiving help, one day when you stand in judgement in front of GOD you will stand alone

I consent to publication of my submission.

Sincerely,

Kristy Bentley

A solid black rectangular box used to redact the signature of Kristy Bentley.

From: Mary Benton
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 6:49:17 AM

To the Medical Board of Australia,

I support Option 1.

Let my doctors have choice of treatment!

I consent to publication of my submission.

Sincerely,

Mary Benton

A solid black rectangular box used to redact the signature of Mary Benton.

From: Danielle Berends
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 3:22:49 PM

To the Medical Board of Australia,

I support Option 1.

Health care not disease care. The freedom to receive integrated medicine from doctors is important for the health of all Australian. Pharmaceutical medicine treats symptoms, suppresses symptoms it rarely gets to the root cause of an illness and heals. Integrative medicine is vital in keeping Australians healthy.

I consent to publication of my submission.

Sincerely,

Danielle Berends

A solid black rectangular box used to redact the signature of Danielle Berends.

From: Ursula Berner
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 1:39:54 PM

To the Medical Board of Australia,

I support Option 1.

Holistic and integrative medicine helps people and has helped me. Medicating and treating symptoms, which is what most non-integrative GPs do, will result in overmedicating and lack of self-care. We have to stay healthy and support our bodies holistically. With the increase of autoimmune diseases and other ongoing conditions, action needs to be taken to support our bodies in helping them find their own self-healing capabilities. People first, not the pharmaceutical industry!

I consent to publication of my submission.

Sincerely,

Ursula Berner

A black rectangular redaction box covering the signature area.

From: Rachel Berners
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 1 May 2019 1:57:06 PM

To the Medical Board of Australia,

I support Option 1.

Every person should be allowed the right to be fully informed and have access to complementary medicine in Australia.

I consent to publication of my submission.

Sincerely,

Rachel Berners

A black rectangular redaction box covering the signature area.

From: Sharon Berrie
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:37:38 AM

To the Medical Board of Australia,

I support Option 1.

By changing the current guidelines you are taking away the freedom of choice from doctors and their patients.

I consent to publication of my submission.

Sincerely,

Sharon Berrie

A black rectangular redaction box covering the signature area.

From: Craig Berry
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 10:48:17 AM

To the Medical Board of Australia,

I support Option 1.

This piece of legislation is nothing to do with health, or widening access to health care. It is turning doctors into pharmaceutical company representatives. The fact that most efficacy and safety studies are done by those sponsoring these measures, and stand to profit the most, makes this a terrible and corrupt piece of nasty work.

The NDSS said at a recent conference that diabetes has nothing to do with weight or diet, and that weight acceptance classes and drug therapy were the only correct GP measures. One example of the idiotic and blatant hijacking of a once decent system of health care.

You should, instead, be widening the referral pool and allowing doctors to recommend anyone or any measure they know is likely to be appropriate and beneficial to the patient. Why teach clinical decision making if it is banned as soon as board certification hits? This makes no sense, unless viewed through an Orwellian lens as a money grab by a pliable legislature on behalf of their corporate sponsors.

I consent to publication of my submission.

Sincerely,

Craig Berry

A black rectangular redaction box covering the signature area.

From: Iona Bertram
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 17 May 2019 10:16:30 AM

To the Medical Board of Australia,

I support Option 1.

I am a recently qualified Reiki Master Teacher and Practitioner, having been involved with Reiki since 1998 when working with a special needs boy who suffered from terrible seizures. I now volunteer at our local Hospice, working with those at the end of their lives and their families.

As humans, we are more than a physical body that needs mainstream medication and holistic treatment of the patient is not a new thing. The removal of Reiki and other complimentary therapies denies that patient their right to be treated as a 'whole' and in this day of informed consent, doctors have a duty and a right if they so wish, to offer information on all available healing modalities.

I have seen Reiki work on pain and suffering both physical and mental on countless occasions - surely the fact that hospitals in the USA now offer Reiki pre and post surgery shows that this modality at least has integrity and is sound and well founded. The link between emotional health and physical well-being is proven and Reiki is the link to help achieve this. I urge you to give this matter progressive thought and not take a backwards step in regards to the basic human rights of all of us - to be able to choose a treatment that resonates with us.

I consent to publication of my submission.

Sincerely,

Iona Bertram

A solid black rectangular box used to redact the signature of Iona Bertram.

From: Diane Betts
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 7:37:47 PM

To the Medical Board of Australia,

I support Option 1.

I want to retain my right to choice and I also want to discuss my alternative health choices with my GP I donot support these proposed changes

I consent to publication of my submission.

Sincerely,

Diane Betts

A solid black rectangular box used to redact the signature of Diane Betts.

From: Dee Biggs
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 9:09:16 AM

To the Medical Board of Australia,

I support Option 1.

MANIFESTO FOR A NEW HEALTH REGIME

-Eat less junk.

-Aspire to a utopian vision for a health system that is wholistic and focused on prevention.

-Undermining the value of health prevention is dangerous. The costs are staggering, not merely in financial terms. Modern bio-medicine is brilliant. It will repair broken bones, rectify congenital heart defects, conquer overwhelming infection, but is less effective in preventing and managing chronic disease – increasing obesity and diabetes are just two indicators of this. Working alongside wholistic modalities, such as naturopathy, will enhance the efficacy of our health system.

-Influence a change in attitude – what constitutes quality health care? Valuing the profession of naturopathy is a start.

-Naturopathy is not quackery. The term quack comes from founding medical doctors who dispensed quicksilver, not the herbalists; the myth that wholistic practitioners are in some way fraudulent is misleading. A Bachelor of Health Science in Naturopathy requires four years of intense study, including in-depth knowledge of the integral function of quality nutrition, unlike in an orthodox medical degree where nutrition is largely overlooked.

-Return common sense to medicine and embrace the philosophy of Hippocrates: effective treatment relies on observing the patient as a whole and not simply treating physical symptoms.

-Dispense with the mystique surrounding modern bio-medicine and pharmacology. Why, you may ask? Undertaking a course in medicine does not make the practitioner god, yet the prevailing attitude of 'doctor knows best', weakens quality health care.

-Someone always comes last in the class.

-It is easier to pop a pill than face the reality of lifestyle changes. The mystique of the good doctor is undermined by the short consultation; pop in to discuss your mental health and five minutes later, walk out with a prescription for anti-depressants. Cynical? Yes. Sadly, it is common in general practice today; another reason for practitioners of complementary medicine to work alongside orthodox medicos, to dilute over-medication and unnecessary surgery. Complementary practitioners offer the patient long consultations, designed to observe the whole person, mind, body and spirit – they function as a 'complement' to bio-medicine.

-Fight for access to a whole-of-person approach, for all.

-Healthy in Australia = Wealthy. The system would reduce costs in the long term if all people could access quality preventative health care; basics, such as a therapeutic massage, proven to be beneficial for physical and emotional wellbeing, should be affordable and/or subsidised.

-Overturn the decision, made on 1 April 2019, by our Federal Government, to remove private health subsidies for complementary medicine.

-It was April Fools Day, but alas no joke, which begs the question: who benefits from undermining the value of complementary medicine?

I consent to publication of my submission.

Sincerely,

Dee Biggs

A solid black rectangular box used to redact the signature of Dee Biggs.

From: Beverley Bishop
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 8:02:42 PM

To the Medical Board of Australia,

I support Option 1.

I wish to express my concern in regard to the medical board changing regulations to GP's and Dr recommending natural therapies. I'd like to point out that there would be the same if not more Dr and GP's guilty of recommending drugs that do just as much if not more harm than natural therapies. STOP being so dam greedy!

I consent to publication of my submission.

Sincerely,

Beverley Bishop

A solid black rectangular box used to redact the signature of Beverley Bishop.

From: Madelaine Bishop
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 8 May 2019 2:11:35 PM

To the Medical Board of Australia,

I support Option 1.

I wish to express my concerns regarding proposed changes to current guidelines regarding integrative medicine. I believe the proposed changes do not take into account the benefits of integrative healthcare in the prevention and management of a range of conditions that are not effectively managed with current conventional medical treatments. People with conditions such as central sensitivity syndromes, chronic immune deficiency, etc and other conditions not well understood and/or recognised by current conventional medicine diagnostics and therapeutics benefit greatly from integrative medical care. Denying opportunity to access integrative medicine to those people with conditions for which conventional medical treatments are either inadequate or non existent would be grossly unfair. Consider how therapies which are now standard practice were once new or novel and initially poorly received by the medical establishment. Please allow people the opportunity to make their own choices regarding their healthcare.

I consent to publication of my submission.

Sincerely,

Madelaine Bishop



From: Maureen Bishop
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 6:35:49 PM

To the Medical Board of Australia,

I support Option 1.

I believe that access to integrative medical practitioners is not only my right but vital. I urge you to increase the integrative content to all medical students in Australia.

I consent to publication of my submission.

Sincerely,

Maureen Bishop

A solid black rectangular box used to redact the signature of Maureen Bishop.

From: Nicole Bishop
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:43:25 PM

To the Medical Board of Australia,

I support Option 1.

Perhaps our government should read our Constitution. We have a right to choose our practitioners and our type of therapy.....and to refuse .

Who is really making rules here....is it the government's or powerful industries such as [REDACTED] and the Pharmaceutical companies. We know what's going on. These companies do not want us healed or spending our money elsewhere.

Be assured. We will not yield. Ever !

I consent to publication of my submission.

Sincerely,

Nicole Bishop

[REDACTED]

From: Sharika Bisnath
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:40:12 PM

To the Medical Board of Australia,

I support Option 1.

My family have always valued medical doctors from all walks of life.
We choose a variety of specialists qualified in their fields.

I consent to publication of my submission.

Sincerely,

Sharika Bisnath

[Redacted Signature]

From: Marina Bistrin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 16 May 2019 7:39:11 PM

To the Medical Board of Australia,

I support Option 1.

Our right to choose types of medical treatment is important. Complimentary medicines and diet/ food choices have a long history of safe use. I don't want my choices for my health restricted by the biased view that traditional medicine has little value. I am grateful for being given the chance to influence the MBA's decisions for our health in a positive way. I can only think that the pharmaceutical companies are trying to influence the MBA's choices for profit. We should be able to have the widest choices of medicines, herbs and many alternate therapies to choose from. Most pharmaceutical drugs have side effects, some of which are quite damaging, so only restricting our choice of medicine to these products is irresponsible and I would say criminal. Some drugs have unpleasant side effects and are actually being tested on the wider population of patients using them, as the drugs don't have a long history of use. There is also a problem with patients not being encouraged to report side effects and if they do, doctors are often unwilling to report these issues. Perhaps the short consultation times is contributing to the under-reporting of side effects?

The other issue I'd like to raise here is that it seems doctors taking more time to consult with their patients could be penalised.. How can restricting the time doctors can see their patients and having a thorough consultation be an issue?

A final question - why is diet, natural nutritional supplements and traditional herbal treatments not a major part of the medical professional's training? Diet related diseases such as diabetes and heart disease, and the poor nutritional quality of food are now the major cause of illness in Australia and other "developed" countries, it's unfortunate that these issues aren't being addressed in the most simple and straightforward way - through diet, providing high nutritional quality food and education.

I consent to publication of my submission.

Sincerely,

Marina Bistrin

[Redacted Signature]

From: Alastair Black
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:48:05 AM

To the Medical Board of Australia,

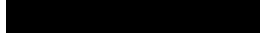
I support Option 1.

Integrative Health Care has been most valuable in maintaining my general health. One size does not fit all as we can see in the general deterioration of general health and increase in obesity, autoimmune disorders, dementia etc., in our first world countries. Lets not be rigid and limit health care to one modality that does not have all the answers!

I consent to publication of my submission.

Sincerely,

Alastair Black

A solid black rectangular box used to redact the signature of Alastair Black.

From: Danielle Black <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 8:53 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe there is a need for choice when it comes to integrated medicine and the guidelines should remain the same. Working within the health industry I see the importance of integrated medicine

I consent to publication of my submission.

Sincerely,

Danielle Black
[REDACTED]

From: joy Black <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:18 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Having worked in as a nurse for over 30 years I have seen in my practice the overwhelming benefits of Medical Practitioners who spend time to identify root causes of illness to consider each patient has individualised plans and is looking at all options for the patients not only conventional therapies. I personally and my family have enjoyed improved health outcomes from open minded doctors who are respectful and open to a range of therapies including natural therapies. Conventional therapies have definitely not been effective alone in many cases that I have seen. In regard to practitioner autonomy, this fosters the important factor in patients having a sense of autonomy and responsibility for their own health care.

I consent to publication of my submission.

Sincerely,

joy Black


From: joy black <submissions@yhyc.com.au>
Sent: Wednesday, 26 June 2019 10:32 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I am supporting the patient access to integrative & complimentary medicine. Firstly because in my experience as an ex health practitioner it offers a more holistic approach widening the scope of options available. Complimentary medicine is not beholden to the grasp of dominating pharmacology industries which I know produce and exclude research for financial purposes. Most importantly the government claims to support patients taking responsibility for healthcare and prevention. By limiting access it diminishes this purpose. Also as a mother and grandmother I have seen over my life many amazing health outcomes for my family self & friends and past clients when they incorporate complimentary medicines in their lifestyle choices.

I consent to publication of my submission.

Sincerely,

joy black

From: Linda Black
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 2:07:20 PM

To the Medical Board of Australia,

I support Option 1.

I want my GP to be a collaborator in maintaining my health and I don't want someone who, of necessity, has to ignore health developments that may not fit within the current MBA framework. Remember the opposition there was originally to the need for surgeons to wash their hands between patients all those years ago.

I think it's essential for doctors to be enabled to incorporate new and innovative methods in the process of assisting their patients to stay well or regain good health.

Closing that door is a backward step in my opinion.

I consent to publication of my submission.

Sincerely,

Linda Black

A solid black rectangular box used to redact the signature of Linda Black.

From: Nick Black
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 2:14:43 PM

To the Medical Board of Australia,

I support Option 1.

Dear MBA

I am now nearing my 50th birth year and I have been using integrative & complementary medicine since I was 8 years old. My mother was a Sister/Registered Nurse and she saw the benefits back then of using Chiropractic, Acupuncture and Naturopathic medicine for all of my family. To have this choice taken away is truly irresponsible and a massive step backwards to where allopathic medicine has total control over all other forms of treatment, perfect for the big pharmaceutical companies. With continued decline of choice in our health care there will be no need for private health insurance as the premiums do not reduce in line of the reduced level of service. Only having your GP practice to provide drugs to help symptomatic illness in-lieu of integrative & complementary medicine will unbalance the system. I do not support the move away from the use of integrative & complementary medicine and neither does my family. There are lobbyist in the community pushing for this change which is frightening to know that they are out there pushing for this sort of change, be it from personal bad experiences from rouge practitioners, but the medical world is full of them, and no one from the integrative & complementary medicine community are after a ban of the Allopathic medicine community. Both work hand in hand, cut of the other hand and in this case we all get feed the wrong medicine.

I consent to publication of my submission.

Sincerely,

Nick Black



From: victoria blackall
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 5:38:46 PM

To the Medical Board of Australia,

I support Option 1.

My only contention is that:

- someone is making the choice for me.

I understand that integrative medicine may be scary to some patients and practitioners, however I never expected Australia would take away my choice in health care options.

I believe that I should be able to see whichever type of health practitioner I wish to - let me be responsible for my choice.

It is not the government or any other party's job to control this choice.

It's like going to the supermarket and only being able to buy 1 type of chocolate biscuit because that's what the supermarket wants me to buy.

There is plenty of room in healthcare for orthodox and integrative medical practitioners to work side by side.

Allow there to be a practitioner for every person seeking help.

I consent to publication of my submission.

Sincerely,

victoria blackall

A black rectangular redaction box covering the signature area.

From: Tanya Blackie
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 7:35:30 AM

To the Medical Board of Australia,

I support Option 1.

I whole heartedly object at preventing medical doctors from suggesting or using complementary medicines. I have had very good experiences from this practice and find complimentary medicine most helpful taken/used responsibly.

I consent to publication of my submission.

Sincerely,

Tanya Blackie

A solid black rectangular box used to redact the signature of Tanya Blackie.

From: Jennifer Blackwood
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 5:34:55 PM

To the Medical Board of Australia,

I support Option 1.

Patients' have a right to choose alternative medicine options. Doctors and other healthcare professionals have a right to treat with alternative medicines according to their training

I consent to publication of my submission.

Sincerely,

Jennifer Blackwood

A solid black rectangular box used to redact the signature of Jennifer Blackwood.

From: Frances Blair
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 11:32:42 AM

To the Medical Board of Australia,

I support Option 1.

The presence of integrative medicine GPs provides a valuable bridge between western and complementary medicine. This bridge ensures a greater level of care and safety in the prescription of herbal medicine, nutritional supplements and dietary advice.

There is significant evidence of the benefits of complementary medicine with regard to benefits, economic benefit and safety. I am strongly opposed to restricting the rights of integrative GPs from advising and providing recommendations their clients on complementary medicines. This would be an attack on the patients fundamental right to be provided with appropriate information on their health care choices.

I consent to publication of my submission.

Sincerely,

Frances Blair

A black rectangular redaction box covering the signature area.

From: Victoria Blair
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 2:20:23 PM

To the Medical Board of Australia,

I support Option 1.

Please continue to give all Australians freedom of choice to access holistic health care. This is fundamental to our overall healthcare package & natural therapies are not to be taken away but rather continued to be used as an addition to our GP's & medical specialist care. Health is a right in Australia that should be shared & used to continue the great supports we all should have a right to access, including the employment of highly qualified & experienced practitioners in this field - alongside our Medical system. My family & I continue to enjoy good holistic health because we have choices, which is very good for our nation as a whole.

Thank you

I consent to publication of my submission.

Sincerely,

Victoria Blair

A solid black rectangular box used to redact the signature of Victoria Blair.

From: Glyneth Blake
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 7 May 2019 7:17:35 PM

To the Medical Board of Australia,

I support Option 1.

Western scientific medicine does not know all that there is to know about health, health treatments, and medicines. Some of the so-called complementary or alternative disciplines have much more history than modern western medicine, and most of it is not fatally flawed. Herbalists, acupuncturists, homeopaths have killed far fewer patients than modern medicine and modern pharmaceuticals which enjoy government funding, protection and promotion. Iatrogenic deaths rank high among causes of patient death, in modern medicine. While not every act of "complementary" therapy has been validated, more and more every year are being verified by peer reviewed scientific testing. It is not reasonable to deny patients the choice of what sort of treatment they undergo, given that the results of treatment with modern medicine are just as fallible as the "complementary" therapies.

I consent to publication of my submission.

Sincerely,

Glyneth Blake

A solid black rectangular box used to redact the signature of Glyneth Blake.

From: Kim Blake
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 12:37:57 AM

To the Medical Board of Australia,

I support Option 1.

It is incredibly important that every individual has the right to choose the type of care that is best for them, their body, and their family. The right to choose natural options and not always follow pharmaceutical options that are promoted by many standard care GPS.

I consent to publication of my submission.

Sincerely,

Kim Blake

A black rectangular redaction box covering the signature area.

From: Paula Blanda
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:28:40 PM

To the Medical Board of Australia,

I support Option 1.

I am extremely concerned that that AMA is considering restricting doctors & specialists from using integrative medicine in their practice. I am totally against any restrictions of these kinds.

Gp's & Specialists are some of the best persons to give integrative health care to patients combining with Allopathic health care makes a lot of sense & they would know what is safe to use.

I myself have recovered from a number of illnesses using doctors who provided me with both allopathic & integrative care, who kept a check on my progress with relevant tests they could order.

Other members of my family have also had the same results. Which has meant a reduced cost on the public health bill and not incurring excessive costs on health funds paying for expensive operations that have been avoided by using Integrative care.

If these changes were made it would be like going back to the dark ages.

I know that myself, my family, my friends and all Australians prefer to make their own choice in regards to healthcare and use of integrative medicine if they choose it.

PLEASE DON'T BRING AUSTRALIA BACK TO THE DARK AGES!

We want our rights to freedom of choice!

I consent to publication of my submission.

Sincerely,

Paula Blanda



From: Joyce BlebyLewis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 9:33:37 PM

To the Medical Board of Australia,

I support Option 1.

I give Unqualified support for the integrative and complimentary medicine option.

This approach saved my health and well being when the limitations of a traditional western medicine approach ran out of options to help me.

The breadth of collaboration and consultation has given a sense of safety and care that was not otherwise possible. I have become an active participant in my own healing and a much greater sense of confidence in the comprehensive capability offered by this approach.

My confidence in the intelligence, vision and capability of the Medical Board of Australia rests on their ability to support this cutting edge kind of practice

I consent to publication of my submission.

Sincerely,

Joyce BlebyLewis

A solid black rectangular box used to redact the signature of Joyce BlebyLewis.

From: Darell Blewett <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 8:05 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

My body my choice.. simple. From experience alternative medicine works when conventional medicine failed to help

I consent to publication of my submission.

Sincerely,

Darell Blewett
[REDACTED]

From: Liz Blight
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 2:22:32 PM

To the Medical Board of Australia,

I support Option 1.

I want to chose how I treat myself and if that includes complimentary modalities then all good, I want control over my own life not dictated to by others

I consent to publication of my submission.

Sincerely,

Liz Blight

A black rectangular redaction box covering the signature area.

From: Elizabeth Blomkamp
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 11 May 2019 2:42:28 PM

To the Medical Board of Australia,

I support Option 1.

My entire adult life I have used holistic health care, usually as preventative but also in times of illness. My husband and I have raised 3 very healthy human beings to adulthood and I believe because they do not need to focus on their health, they have been able to study and train with a view to contribute to the world in a positive way. We have a right for current guidelines to be maintained as well as access more holistic and health giving innovative approaches, including complementary medicine treatments. The MBA have no right to take away this choice.
Elizabeth Blomkamp

I consent to publication of my submission.

Sincerely,

Elizabeth Blomkamp


From: Janet Boddy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 2:42:06 PM

To the Medical Board of Australia,

I support Option 1.

I require complimentary medicines / treatment alongside conventional treatments. I have found homeopathy/ Bowen and acupuncture and physiotherapy extremely helpful.

I beg you to reconsider. Conventional drugs are not always of benefit to me and I am allergic to many. The gentle process of complimentary treatment is so useful to me

I consent to publication of my submission.

Sincerely,

Janet Boddy

A solid black rectangular box used to redact the signature of Janet Boddy.

From: Janet Boddy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 2:53:10 PM

To the Medical Board of Australia,

I support Option 1.

I fully support the need to protect complimentary medicines alternative treatments alongside conventional medicine. I am reliant on both and al allergic to certain conventional drugs. Homeopathy / Bowen / osteopathy / acupuncture have been of cosiderable help to me, please allow our choices to be made clear

I consent to publication of my submission.

Sincerely,

Janet Boddy

A solid black rectangular box used to redact the signature of Janet Boddy.

From: Julia Boersma
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 10:19:37 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative and complimentary medicine.
Human bodies are not fully understood by reductionist conventional science and holistic options must be available.

I consent to publication of my submission.

Sincerely,

Julia Boersma

A solid black rectangular box used to redact the signature of Julia Boersma.

From: annemarie boettcher
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 9:59:32 AM

To the Medical Board of Australia,

I support Option 1.

I note that Australiana, can no longer claim Naturopathy consultation and other traditional therapies, from our health rebate system. These therapies greatly reduce impact on an overloaded hospital system because most people who seek them, take responsibility for their own health, maintaining an independent, positive lifestyle, versus hospital and drug company trained General G.P. legal & harmful drug dependence.

This new attack, on Integrative Medicine G.Ps is disgraceful, & pre-historic, compared to European countries' practises, and will see a rise in dependence on over-loaded dysfunctional mainstream medicine. That is, of course, the outcome you want, WE SEE, with your growing fear of the highly trained traditional & integrative practitioner, posing a real threat to the almighty harmful main-stream Drug companies. We need choice of Wholistic Care in OUR Health System, to skip ignorant GPs and the regulations they are forced to practise under in administering harmful legal drug substances.

I consent to publication of my submission.

Sincerely,

annemarie boettcher

A black rectangular redaction box covering the signature area.

From: Katherine Boidin <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 12:21 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Complementary medicine has helped me 1 million times more than normal medicine.
Normal medicine that regular GPs provide does not seem to work for me, which is why I've turned to complimentary medicine.
As a result, restricting this access to my family and I mean that I would be living with ailments which I don't need to suffer from.

I consent to publication of my submission.

Sincerely,

Katherine Boidin
[REDACTED]

From: Lisa Boland
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 7:31:01 AM

To the Medical Board of Australia,

I support Option 1.

It is vitally important that we have a choice over our own health.
There are thousands of years of medicine to choose from throughout the world and it should be our choice on how we look after ourselves, not a western practitioner and pharmaceutical companies.

I consent to publication of my submission.

Sincerely,

Lisa Boland

A solid black rectangular box used to redact the signature of Lisa Boland.

From: Julie Bolwell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:31:31 AM

To the Medical Board of Australia,

I support Option 1.

We as patients need to have the right of choice particularly on regards to chronic health conditions to have complimentary medicine available.

I consent to publication of my submission.

Sincerely,

Julie Bolwell

A solid black rectangular box used to redact the signature of Julie Bolwell.

From: Monica Bones
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 9:24:26 AM

To the Medical Board of Australia,

I support Option 1.

There ought to be choice for the patient, and that includes information from the medical provider and freedom of that person to input that information.

I consent to publication of my submission.

Sincerely,

Monica Bones

A solid black rectangular box used to redact the signature of Monica Bones.

From: Mary Bonich
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 9:27:49 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine allows for preventative measures to be incorporated into health care, which ultimately lowers burden of disease.

I consent to publication of my submission.

Sincerely,

Mary Bonich

A solid black rectangular box used to redact the signature of Mary Bonich.

From: Peta BOON
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 4:54:27 PM

To the Medical Board of Australia,

I support Option 1.

I do not agree with Doctor's being forced into a position where they cannot give patients appropriate direction towards a better health outcome for them or Thierry families. Natural, complimentary and integrative therapies can assist people to avoid synthetic medications in the first instance. Therapies that may be helpful but not allopathic are available and affordable and help people think about things they can do to avoid burdening the already overloaded/congested medical system that they may even need.

I believe trying simpler, gentler and more holistic approaches to health will benefit the whole of society. Education is key! I believe people should be encouraged and inspired to look after their health through diet, exercise and natural therapies before going to see a medical doctor.

Doctor's need to be directing patients to address fittest things first, complimentary, integrative therapies can work well with Doctor's if they see given good information.

I consent to publication of my submission.

Sincerely,

Peta BOON



From: Leah Boonthanom
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:36:17 PM

To the Medical Board of Australia,

I support Option 1.

I say no to the MBA's proposed restrictions to doctors who practice integrative medicine. These changes are unfair and narrow minded, unnecessarily limiting patient choice and stopping us from accessing our preferred treatment. If doctors are deemed worthy of a medical degree, then they should also be deemed worthy of including integrative medicine that is safe and efficacious in their patient practice.

I consent to publication of my submission.

Sincerely,

Leah Boonthanom

A solid black rectangular box used to redact the signature of Leah Boonthanom.

From: Karen Booth
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 8:11:33 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine. Integrative & complementary medicine has helped me and many of my friends and family to heal without the use of pharmaceutical drugs that inevitably have side effects and are not truly healing. They simply mask the symptoms...

I only use natural forms of medicine and healing and would be devastated to find that access to that form of care is reduced.

I consent to publication of my submission.

Sincerely,

Karen Booth

A solid black rectangular box used to redact the signature of Karen Booth.

From: Shelley Booth
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 10 May 2019 4:11:45 PM

To the Medical Board of Australia,

I support Option 1.

Intergrative doctors are highly educated to provide clients with the much need help they need with their health issues. I don't have a regular GP as I find they are only interested in masking the symptoms and not finding out the underlying issue. Intergrative drs have longer consultation times to really talk about what is going on. I don't like taking harmful pharmaceuticals and would much prefer to use natural medicine to help me.

These doctors should not be restricted. If people want to see them it should be their choice, we don't need the government dictating everything we should do and taking away our choices.

I consent to publication of my submission.

Sincerely,

Shelley Booth

A solid black rectangular box used to redact the signature of Shelley Booth.

From: Linda Borkowski
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:44:03 AM

To the Medical Board of Australia,

I support Option 1.

I am a 70 year old whose health has been improved by the integration of complementary therapies and traditional medical care.

At present my GP takes great care of me and also gives medical acupuncture when required.

It would be a very negative act to change the current legislation both for myself, family and friends.

I consent to publication of my submission.

Sincerely,

Linda Borkowski

A solid black rectangular box used to redact the signature of Linda Borkowski.

From: Fiona Borland
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 10:38:19 AM

To the Medical Board of Australia,

I support Option 1.

I feel strongly about being treated as a whole person and for my Doctor to have the freedom to look at complementary or integrative health to assist in my well being. This actually takes pressure off the health system as, in my own personal experience, we are able to maintain better health by incorporating a range of natural therapies. Just makes sense!

Please ensure doctors continue to have this choice of options available to support their patients. Even if it involves training doctors more in the complementary and integrative health options, so they are better informed to prescribe more accurately.

I consent to publication of my submission.

Sincerely,

Fiona Borland

A black rectangular redaction box covering the signature area.

From: Trevor Boshuizen <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

i dislike the narrow mindedness when it comes to natural therapies....
big pharma relentless pursuit against what us natural is appalling Sincerely

I consent to publication of my submission.

Sincerely,

Trevor Boshuizen
[REDACTED]

From: Germana Bosman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:28:36 AM

To the Medical Board of Australia,

I support Option 1.

I am 80 years old, in excellent health, very active, I go to the gym regularly and do lots of walking - all this thanks to my wonderful chiropractor and functional medicine doctor. I don't take any medication. I follow a very healthy diet and take only natural supplement as prescribed by them. I have learned from them how to stay in good health and I am forever grateful.

I consent to publication of my submission.

Sincerely,

Germana Bosman

A solid black rectangular box used to redact the signature of Germana Bosman.

From: Jane Boswell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:29:56 AM

To the Medical Board of Australia,

I support Option 1.

Everyone should be able to choose any treatment they may wish to try to gain better health. The conventional medical fraternity doesn't have all the answers, however by allowing people to work outside the conventional medical system, better health may be achieved. Being able to choose is the most important thing. As a Masseuse, Bowen Therapist and Foot reflexologist, this is important for me as well

I consent to publication of my submission.

Sincerely,

Jane Boswell

A solid black rectangular box used to redact the signature of Jane Boswell.

From: Botha Carol
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:37:15 AM

To the Medical Board of Australia,

I support Option 1.

Complementary therapies are just that - complementary. Qualified doctors are best placed to decide what is suitable for a particular patient. And patients themselves sometimes refuse conventional therapies due to side effects, lack of efficacy (eg. chemotherapy). Should doctors be prevented from supporting these people as best they can? And how can the MBA think 10 minutes is appropriate? Symptom A, script for pill B, goodbye. My doctor treats me as a whole person. Everything is linked to everything else. Diagnosis therefore takes time and a consult can last over an hour. We are complex beings, not mechanical systems. More than pharmaceuticals are required for overall treatment.

I consent to publication of my submission.

Sincerely,

Botha Carol

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From: Emma Boulding
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 1:49:01 PM

To the Medical Board of Australia,

I support Option 1.

integrative and complimentary treatment need to be included within the scope of patient care, as there are possible treatments beside mainstream which may benefit the patient , which they might ultimately prefer. There is a place for complimentary and traditional to work alongside each other to offer the best possible care of the pt. In healthcare we are trying to reduce the burden of antibiotics in our society and the potential effects they have on an individual and community. an integrated approach may relieve some of the impact of from these effects including multi resistant organisms and clostridium difficile.

I consent to publication of my submission.

Sincerely,

Emma Boulding

A black rectangular redaction box covering the signature area.

From: Alison Bowden <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:31 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

My sons health has improved dramatically with the help of medical drs and integration of nutritional medicine and diet.
We all have the right to access this help and guidance of trained professionals.

I consent to publication of my submission.

Sincerely,

Alison Bowden
[REDACTED]

From: Jessie Bowe
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 11:28:55 AM

To the Medical Board of Australia,

I support Option 1.

The presence of integrative medicine GPs provides a valuable bridge between western and complementary medicine. This bridge ensures a greater level of care and safety in the prescription of herbal medicine, nutritional supplements and dietary advice.

There is significant evidence of the benefits of complementary medicine with regard to benefits, economic benefit and safety. I am strongly opposed to restricting the rights of integrative GPs from advising and providing recommendations their clients on complementary medicines. This would be an attack on the patients fundamental right to be provided with appropriate information on their health care choices.

I consent to publication of my submission.

Sincerely,

Jessie Bowe

A black rectangular box redacting the signature of Jessie Bowe.

From: LIsa Bowen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 8:55:07 PM

To the Medical Board of Australia,

I support Option 1.

Hi Gorgeous,

Do you have the right to take away our right to choose?
Maybe it's time to reflect on why you are being controlled by the big
pharmas to treat symptoms instead of causes?

Stay Special

I consent to publication of my submission.

Sincerely,

LIsa Bowen

A solid black rectangular box used to redact the signature of LIsa Bowen.

From: Chere Bowman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:34:34 AM

To the Medical Board of Australia,

I support Option 1.

I want a holistic approach to medicine to be supported because people have been using it for aeons with positive results, and it's a sad indictment on those in the profession who think otherwise. Having studied statistics at university I am well aware that you can make any findings you like when conducting research depending on your initial assumptions (and interests...]

And science is supposed to be an impartial discipline based on objective data- yeah right.

I consent to publication of my submission.

Sincerely,

Chere Bowman

A solid black rectangular box used to redact the signature of Chere Bowman.

From: Terri Bowman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 11:47:59 AM

To the Medical Board of Australia,

I support Option 1.

I'm a believer in natural therapies and choose to go a natural route rather than a drug route. I believe in an integrated approach to healing the body and the brain so why can't the two be accessible from a qualified medical practitioner and who has the rights to say we as a consumer can't access a dr that wants to treat use with nutrition rather than chemicals

I consent to publication of my submission.

Sincerely,

Terri Bowman

A solid black rectangular box used to redact the signature of Terri Bowman.

From: Rachel Boyes
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 10:07:25 AM

To the Medical Board of Australia,

I support Option 1.

Having the choice to include Naturopathy in our family's health has been the best thing we could have hoped for.

We have recently seen a naturopath and we are well on our way to optimal health. Why would this choice be taken away?

It would be a disaster to public health if we were not allowed access to complementary medicine (and those practitioners recommending vitamins etc). Prevention is better than cure. The only preventative measures offered by mainstream medicine is vaccines. Not once has a Dr suggested we look at vitamin and minerals levels for my and my family's ailments - that which has now been addressed by our Naturopath and seen immediate results. THAT is the disservice of mainstream medicine. If things change, it should be that Drs in mainstream should be required to study in depth nutritional medicine - reintroduce what was recently removed from their degree. And have them practice it. Better still - cover these complementary practitioners under Medicare! Dont remove our access to these things.

There are so many people who could benefit from complementary medicine practitioners, but choose not to. Please please dont take away the choice for the minority who do choose it.

Get back to basics - we are what we eat and the quality of food available is not as it once was and we have an obese, unhealthy, sick population because of it - and because of this we NEED these alternative therapies. DO NO HARM. These complementary medicines DO NO HARM. Removing access DOES HARM.

As a high tax payer I would rather see my tax dollars for health put into complementary medicines than over prescribing antibiotics.

I consent to publication of my submission.

Sincerely,

Rachel Boyes



From: Benjamin Boyle <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please don't make it harder for us to access natural remedies.

I consent to publication of my submission.

Sincerely,

Benjamin Boyle
[REDACTED]

From: Meredith Boyle
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:00:28 PM

To the Medical Board of Australia,

I support Option 1.

Good evening

It alarms me to hear you are thinking of removing my choice to take care of my own health. I have a very supportive and knowledgeable group of integrated professionals who support me in this. It is MY responsibility to ensure I stay well and I do this by taking care of my diet and exercise regime and get information and assistance from the very learned complementary health professionals I visit, who really want to see me succeed with my health goals and are generous with their time and information.

I am not a drain on Medicare or hospitals. I am an intelligent woman who can assess what my body needs to work at its best, and I should be free to do this.

I support option 1.

I consent to publication of my submission.

Sincerely,

Meredith Boyle

A black rectangular redaction box covering the signature area.

From: Susan Boyle
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:42:15 AM

To the Medical Board of Australia,

I support Option 1.

I have used integrative medicine for years with very good outcomes. I choose to continue using it. Please do not deny me my choice.

I consent to publication of my submission.

Sincerely,

Susan Boyle

A solid black rectangular box used to redact the signature of Susan Boyle.

From: Kelvin Boys
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 7:11:32 PM

To the Medical Board of Australia,

I support Option 1.

The present restrictions placed on Natural Medicine and the use of Complementary Therapies, have created not only concern for those who wish to employ such techniques and philosophies, but are also an impost on the rights of Australian citizens to use them.

These restrictions have greatly affected the quality of treatment and care offered by health practitioners universally in this country.

In May this year, the WHO in Geneva released their Global Report being the most comprehensive and up to date reports on Traditional and Complimentary Medicine. This Report showed that many of the Member States have taken steps to promote the safety, quality and effectiveness of T & CM with Switzerland being one of the most recent to have integrated T & CM into their national healthcare systems.

However Australia has instigated measures that have limited and in some cases emasculated its citizens rights to access to T & CM procedures and made them less affordable with the removing of Private Health rebates. Sadly this was done based on outdated reviews, ignoring a growing body of positive evidence and, by design, excluded complementary medicine research and subject experts.

The restriction of this country's medical practitioners from offering integrative T & CM treatment options to their patients is incongruent with the WHO's vision of the role of T & CM in practice. Additionally it is contrary to this country's obligation as a WHO Member State to take a more respectful, considered and evidence based approach to the inclusion of T & CM in Health Care.

Like it or not, there are many techniques and complementary medicines that provide great assistance, well being to those who use them and great satisfaction to those who employ them. Surely it is the patient's right and freedom of choice to select and consult with a practitioner who has the right to employ T & C M in their treatment protocol.

These practitioners vow to the code "Do no harm", and are highly trained and intelligent individuals. They have investigated and studied these complimentary practices before employing them or referring their patients to those who are qualified or more experienced. Surely these practitioners deserve the credit for being able to judge and know what sorts of protocols or medicines they may employ or suggest for the benefit of their patients.

We owe our civilization the best and most balanced health care and the right to choose a practitioner best qualifying their needs rather than having their health practitioners dance to the tune of Big Pharma that imposes upon research, governance, medical training and the practice of health care in this country. We could lead the World in this if we chose to!!

I consent to publication of my submission.

Sincerely,

Kelvin Boys

A solid black rectangular box used to redact the signature of Kelvin Boys.

From: Perrina Bozanich
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 2:08:08 PM

To the Medical Board of Australia,

I support Option 1.

Patient consent and choice of treatment options is paramount to good patient care. Removing these options for practitioners to provide these services will lead to poorer patient outcomes. I have and still use acupuncture with the only other alternative being medication which has serious side affects, so I can now manage my health needs better and for the long term continue to be a valued member to the community. Imposing restrictions on integrative practitioners means loss of choice for patients as the increase financial burden will end up costing the health care community in the long run, increased tax burdens due to increased health care costs in a restrictive choice market.

Integrative health care means working together for improved patient care, not fighting against each other. Patients have a right to choose how they manage their health and to do what they feels is right and works for them personally.

I consent to publication of my submission.

Sincerely,

Perrina Bozanich



From: Samantha Bradbrook
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 2:41:38 PM

To the Medical Board of Australia,

I support Option 1.

If it were not for integrative health practitioners and complimentary therapists I would not be able to work or look after myself without help. I would also still be taking medication that was not without a range of unpleasant side effects.

Please do not restrict people's access to health care of all kinds. Everyone deserves the right to choose how they manage their health. Complimentary therapies also help prevent a wide range of chronic illnesses or reduce the severity of the symptoms by looking at the underlying causes and helping people make better dietary and lifestyle choices.

I consent to publication of my submission.

Sincerely,

Samantha Bradbrook

A solid black rectangular box used to redact the signature of Samantha Bradbrook.

From: Krystina Bradford
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 8:54:09 PM

To the Medical Board of Australia,

I support Option 1.

Thank you for taking the time to consider that integrative healthcare options are a necessary part to today's health care system.

Doctors have a very important role to treat or offer surgeries. When doctors are given time to understand the root cause of a patient's health problem, integrative approaches may be able to offer wellness to a patient.

There is so much to consider with our health system at the moment - particularly food and lifestyle choices. There is not a one-size-fits-all approach to managing our health and changing things from how they stand now are just another way that patients are limited to choices that we once had.

I hope that you consider the aspects that best suit our Australian community. We are such a multicultural society with a diversity of healing modalities. Imagine if we embraced these as part of our health care system?

I consent to publication of my submission.

Sincerely,

Krystina Bradford

A black rectangular redaction box covering the signature area.

From: Robert Bradford
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 12:33:23 PM

To the Medical Board of Australia,

I support Option 1.

This is just another blatant form of dictating to the general public, what they can and can not choose for their own health regimes, I have a very strong suspicion FOSM and their Archaic masters have their dirty little meddling paws mixed up in this somewhere , we are supposed to be a democratic society and have the freedom of choice under a democratic society to choose what form of medical treatment we should be able to seek, not be restricted to the choice of the MBA.

I consent to publication of my submission.

Sincerely,

Robert Bradford

A black rectangular redaction box covering the signature area.

From: Karen Bradley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 9:24:45 AM

To the Medical Board of Australia,

I support Option 1.

I live in a democracy and choose to have all options available to me regarding my preferred health treatments. There is place for every variety of health treatment and in many cases personally, standard medical treatment has not fully supported me to health. I have needed the support of vitamin supplements, specialised chiropractic treatments and other complimentary therapies to enhance my chances of full recovery. I choose not to use synthetic pharmaceutical treatments unless absolutely necessary and that is my choice and my right. I choose my doctors because they have an open mind and give unbiased advice around both standard medical and natural therapies. I trust their experience and intelligence and often a mix of both types of treatments make all the difference. Please do not take our rights away. A democracy is such because the people have choice. I demand my right to chose.

I consent to publication of my submission.

Sincerely,

Karen Bradley

A black rectangular redaction box covering the signature area.

From: Karen Bradley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 10:51:06 AM

To the Medical Board of Australia,

I support Option 1.

Australia is a democracy and as such I demand the right to choose how and with whom I'm treated. I use both allopathic and naturopathic methods to keep myself and my family in good health. Neither one has all the answers. I choose preventative measures which are usually via Chiropractors, Naturopaths, TCM Practitioners and many others thus saving the standard medical system lots of money. Natural systems and methods are tried and true and if I choose to trust them (evidence has proven them correct for me time and time again) then that is my choice and my privilege. I choose medical doctors that have also grounded knowledge in natural remedies and will never attend a doctor who solely supports the pharmaceutical approach. I deserve choice. Australia is a democracy!

I consent to publication of my submission.

Sincerely,

Karen Bradley

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From: Lorna-Jean Bradley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 8:35:30 PM

To the Medical Board of Australia,

I support Option 1.

To whom it may concern,

Having heard about the proposed changes to laws regarding integrative and complimentary medicine practitioners I feel it's important to add my voice to this debate.

I have seen conventional GPs and alternative practitioners my whole life. GPs certainly have their place but to think conventional medicine has all the answers is misguided to say the least.

The conventional practitioners I have seen have treated symptoms but not the cause. In their quick consultations they don't have time to discover the cause of symptoms, all they can do in most cases is try to solve a problem with medication. They have offered me antibiotics in most cases and sometimes this was needed - however not in every case and it's not the whole picture, these doctors have never asked me more in depth questions or ordered more tests to determine the root cause of these health problems.

I'm currently experiencing gut health challenges and there is nothing to help me in the conventional sphere except drugs and pain relief medication, maybe surgery down the track once it gets really bad.

They don't offer the tests the complementary practitioners do to find out why it's occurring and they don't even talk to you about your diet! This is not healthcare but bandaids. It's also creating a nation of sick people that is very expensive for our country to support. Is this the type of health care system Australians deserve?

In contrast the complimentary practitioners I've seen did ask those questions and spend the time required to find out the pertinent information and order the necessary tests and were able to identify the underlying problems.

Without the alternative and complimentary practitioners I wouldn't even know what's actually wrong with me let alone have a solution going forward - thanks to the wonderful practitioners I have seen I am on my way to fixing my problems without long lasting medications or surgeries.

Surely you can see from this one example that it's better to have the choice to see other practitioners than just the conventional sphere?

They offer so much more! My story is not alone but shared by many people I know.

If you restrict the work these practitioners can do you are only harming the people of this country, you are not protecting anyone, there is nothing to be gained except a sicker population and an overburdened medical system.

Do not take our choices away and tie the hands of these valuable healthcare practitioners, I implore you to choose Option 1 and keep our healthcare fair and equal for all.

I consent to publication of my submission.

Sincerely,

Lorna-Jean Bradley

[Redacted Signature]

From: tori bradley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 7 May 2019 11:52:37 AM

To the Medical Board of Australia,

I support Option 1.

In light of a growing understanding of the importance of preventative medicine, this decision would be irresponsible and further potentiate the war on natural therapies, despite a growing body of evidence that shows diet, herbal remedies and movement based therapies have clinical significance in a range of areas, like endocrine support and the elderly. Doctors should be able to implement the least invasive measures of health care and provide functional support, working with their patients to achieve health goals before condemning them to a life of medication. The Hippocratic oath states 'first do no harm' and removing patient choice and the option to engage in less invasive treatment is harmful and will further exacerbate patient mistrust and dissatisfaction with their GP.

I consent to publication of my submission.

Sincerely,

tori bradley

A solid black rectangular box used to redact the signature of the sender.

From: Jo Brady
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 6:25:06 PM

To the Medical Board of Australia,

I support Option 1.

We've become a nation that turns to quick fix pills/drugs instead of natural therapies and the result is a crisis. Opioid dependency for example. Please encourage healthier integrative choices.

I consent to publication of my submission.

Sincerely,

Jo Brady

A black rectangular redaction box covering the signature area.

From: Antonio Braga
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 9:05:45 AM

To the Medical Board of Australia,

I support Option 1.

Integrative doctors are practitioners of wide knowledge that investigate for effective and safe treatments that the conventional system can not offer.

I consent to publication of my submission.

Sincerely,

Antonio Braga

A black rectangular redaction box covering the signature area.

From: Amanda Braithwaite
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:39:26 AM

To the Medical Board of Australia,

I support Option 1.

I'm shocked to learn of the further eroding of choice regarding integrative practitioners and doctors. Many natural, complimentary and alternative therapies have been in use, successfully, for thousands of years and it should be an individuals choice to pursue a pharmaceutical, or a natural approach to healthcare, and therefore which doctor to work with.

To limit the range of options a Doctor can suggest, to conventional treatments removes that choice, especially when you consider than many "conventional" treatments have only been around for a few hundred years - and most of the pharmaceuticals trusted in conventional treatments have only been in use for a decade or more!

There are not enough integrative Doctors, in my experience, already! Locally their books are full and it's very difficult to get in to see them. Just one demonstration of the desire and demand for an integrated approach. My experience is echoed by many friends in Queensland.

To my mind this is not about 'protecting' individuals - we are able to do our own research and make our own decisions. It appears to me, that this is all about profit for corporations, rather than choice for individuals.

Allow individuals, and Doctors, the choice of approach they prefer - leave the range of integrative approaches on the table.

I consent to publication of my submission.

Sincerely,

Amanda Braithwaite

[Redacted Signature]

From: Dave Bramble
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 9:51:46 AM

To the Medical Board of Australia,

I support Option 1.

Given the reports that have shown positive results and testimonials from individual patients...I dont understand why the rules should change. Even if a specific treatment shows no particular benefit for a specific patient surely the possibility is worth pursuing....after all the intent is improved care right?

I consent to publication of my submission.

Sincerely,

Dave Bramble

A solid black rectangular box used to redact the signature of Dave Bramble.

From: Niki Brand
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 11:03:20 PM

To the Medical Board of Australia,

I support Option 1.

It has come to my attention that complimentary natural therapies may be at risk of becoming less available as a choice to find wellness. Speaking as a person who understands that health is primarily achieved through a healthy diet, exercise and treating deficiencies with vitamins I know the importance of complimentary therapies. Herbal medicine was the foundation of all chemical medicine today, so why would we chose to limit ourselves in advancing forward in all areas of medicine other than the rationality that it does not fund pharmaceutical companies. We have research to show that the placebo effect has benefits, surely any improvement in health for the patient is the goal here. Physiotherapy has benefited me more regularly than most chemical pain relievers, and yet it is not covered by Medicare which makes no sense at all.

Remedial massage also.

Naturopaths should be covered by Medicare and all general practitioners should be taught nutrition in depth, and the health benefits. Medicine can not cure Dibesity, only a change in diet and lifestyle can, so why are we not focussing on what we know works?

I consent to publication of my submission.

Sincerely,

Niki Brand



From: Hanna Brandli
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:59:52 PM

To the Medical Board of Australia,

I support Option 1.

I firmly believe the current Medical Practice Code of Conduct for Doctors in Australia provides good patient care, including when providing complementary medicine advice to patients.

Our family uses Doctors with a holistic approach to healthcare. I give credit to these "integrated medical practitioners" who provide longer consultations to understand root causes of illness, for the good health we have experienced over the years.

I see this attempt to introduce new guidelines actually suppressive of any investigation whatsoever of doctors that educate, research and advise about complementary medicine, infringing on their civil liberties.

And it must also be noted that proactive complementary medicine use is cost-effective and saves money from the public purse.

I consent to publication of my submission.

Sincerely,

Hanna Brandli

A solid black rectangular box used to redact the signature of Hanna Brandli.

From: Hanna Brandli
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 2:22:30 PM

To the Medical Board of Australia,

I support Option 1.

I would like to object to our choice of healing being denied to us because it doesn't comply with what one section of the medical sciences decrees. We have a choice about the medical treatment we want. PLEASE Do not take this right away from us.

I consent to publication of my submission.

Sincerely,

Hanna Brandli

A solid black rectangular box used to redact the signature of Hanna Brandli.

From: Margaret Brandman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 9:49:49 PM

To the Medical Board of Australia,

I support Option 1.

I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines. I have used complementary medicine together with pure food choices and enjoy ongoing good health and vitality, I am now 67 years old and have no need for any medication, as vitamins and herbal supplements have been extremely efficacious. If the MBA imposes restrictions on integrative practitioners then more people will suffer from more disease, which will put a strain on the entire public health system. Those of us who use complementary medicine rarely need to rely on the hospital system, which actually saves the country money. Herbal and homeopathic medicines and modalities such as acupuncture, have been around for much longer than allopathic medicines and have been used with great success. This is a free society, and we should have the right to choose the style of medical assistance which suits us the best. Sincerely, Margaret S Brandman Hon.D.L

I consent to publication of my submission.

Sincerely,

Margaret Brandman

A solid black rectangular box used to redact the signature of Margaret Brandman.

From: Andrea Brandt
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:28:01 AM

To the Medical Board of Australia,

I support Option 1.

Doctors are doing no harm offering natural therapies to their patients please let them continue to do so...is this all about big drug companies missing out on profits from drugs..most of which have side effects..Please support natural therapist & let them continue access to health fund rebates. These people are trying to make a living & have studied many years to get diplomas in their different fields.Come on Australia give these people a go... they know what they are doing

I consent to publication of my submission.

Sincerely,

Andrea Brandt

A solid black rectangular box used to redact the signature of Andrea Brandt.

From: Sarah Bravo
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 7:57:17 PM

To the Medical Board of Australia,

I support Option 1.

I support allowing doctors who are transparent, informed and relevantly trained to continue to offer advice on complementary medicines and holistic care, should the patient wish this. Allowing longer consults to discuss and properly inform patients of options, whether conventional or complementary, is also essential in building a trusting and effective working relationship between doctor and patient.

I consent to publication of my submission.

Sincerely,

Sarah Bravo

A solid black rectangular box used to redact the signature of Sarah Bravo.

From: Caroline Bray
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 2:39:08 PM

To the Medical Board of Australia,

I support Option 1.

I cannot believe that by taking away natural & alternative therapies by fully qualified registered practitioners, it only leaves us with potentially toxic prescription drugs. It's outrageous! and also shows how much huge drug corporations actually do own our government. There is room for both in our health system.

I consent to publication of my submission.

Sincerely,

Caroline Bray

A solid black rectangular box used to redact the signature of Caroline Bray.

From: Geoff Brayshaw
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 11:38:42 AM

To the Medical Board of Australia,

I support Option 1.

I have no personal background or connection to this survey option, but have been informed by others with very personal and beneficial experience with complementary medicines and a more holistic view of what constitutes healthcare. Doctors are trained and highly qualified, and I respect their capability to diagnose and treat, while recognising mainstream medicine and treatment, some medical matters outside of mainstream. Restrictive regulation sends a very negative message to innovation and on the spot personal treatment. I do not consider innovation and complementary medicine in the same category as uninformed experimentation which needs to be carried out in a controlled environment.

I consent to publication of my submission.

Sincerely,

Geoff Brayshaw

A black rectangular redaction box covering the signature area.

From: Tom Brazel
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 11:41:26 AM

To the Medical Board of Australia,

I support Option 1.

I don't like drugs and certainly don't want to encourage further use of drugs instead of dealing with underlying health issues.

As a paying client, via taxes and subscription, I expect to be able to have real choice in the matter of my health.

I consent to publication of my submission.

Sincerely,

Tom Brazel

A solid black rectangular box used to redact the signature of Tom Brazel.

From: Jo Brazil
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 10:31:00 AM

To the Medical Board of Australia,

I support Option 1.

I am totally opposed to any plans to restrict medical practitioners from offering therapeutic alternatives to conventional medicine. Medical research has gone way beyond just treating symptoms and moving more to root causes of the why behind illnesses. Root causes of illness are often found in poor diet practices but not often investigated by the medical practitioner. I have received the benefit of several alternative therapies and not needed to depend of prescription drugs for a cure.

I consent to publication of my submission.

Sincerely,

Jo Brazil

A solid black rectangular box used to redact the signature of Jo Brazil.

From: Jenny Brearley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:41:58 AM

To the Medical Board of Australia,

I support Option 1.

There are many other very successful alternatives to traditional western medicine, some of which have been around (and working extremely well) for far longer.

I choose to look for solutions to any health issues, fortunately I have very few, rather than the band-aids that are so often the only option available to GPs.

If you are really interested in the health of our nation you will not impose any restrictions on integrative and complementary medicine.

I consent to publication of my submission.

Sincerely,

Jenny Brearley

A solid black rectangular box used to redact the signature of Jenny Brearley.

From: Rebecca Bree
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:18:08 PM

To the Medical Board of Australia,

I support Option 1.

If it wasn't for integrative medicine I would not have gotten to the bottom of my health issues. I found a GP who took the time with me to find answers. Do not change the laws if you want people to get healthy!

I consent to publication of my submission.

Sincerely,

Rebecca Bree

A solid black rectangular box used to redact the signature of Rebecca Bree.

From: Lynley Brennan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 10:42:15 AM

To the Medical Board of Australia,

I support Option 1.

I strongly support the continuing access of medical professionals to suggesting alternative and holistic medicines , treatments and supplements to their patients .

Medical professionals are predominantly intelligent , educated and ethical people who only prescribe appropriate supports to the people for whom they are responsible . They need to be supported in their quest for the most suitable treatments for their patients . It is ridiculous to assume that only mainstream treatments funded by drug companies are suitable resources for medical practitioners to support their clients . Many medicines and food supplements for example have been used with positive results for centuries but they are not economically viable for trials by major companies because they cannot be patented .

Medical practitioners who have made the effort to explore alternative sources of information should not be hobbled by the economic power of the drug companies and the straight out ignorance and prejudice by bureaucrats that appears to be behind proposed limitations on medical professionals .

European models of integrative therapies would be extremely useful in Australia in contrast with this blind attempt to limit the decision making power and to undermine the professional development of our respected medical practitioners .

I consent to publication of my submission.

Sincerely,

Lynley Brennan



From: RJ Bridge
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:23:17 AM

To the Medical Board of Australia,

I support Option 1.

This is 2019 -- The 21st Century! -- NOT 1919!!

"Allopathic" Doctors can be wonderful, but they do NOT (cannot) know
EVERYthing!!

There's room for all : We Are Not Stupid.

MY BODY : MY CHOICE

I consent to publication of my submission.

Sincerely,

RJ Bridge

A solid black rectangular box used to redact the signature of RJ Bridge.

From: Adrienne Bright
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:47:26 AM

To the Medical Board of Australia,

I support Option 1.

Please preserve my right to holistic medical care, it is important for prevention of serious diseases and will ease the burden on the medical and health care sector

I consent to publication of my submission.

Sincerely,

Adrienne Bright

A solid black rectangular box used to redact the signature of Adrienne Bright.

From: Kate Brilli <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 8:12 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It is my body, my health, my choice! I have found that complementary therapies much more effective in the treatment of many issues, so much that I have only used my GP on rare occasions... my wellness is due to the practices and guidance of natural therapies... I believe it is wrong to remove our basic human rights to choose how we treat our bodies.

I consent to publication of my submission.

Sincerely,

Kate Brilli

[Redacted Signature]

From: Mardi Brisbane
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:46:52 PM

To the Medical Board of Australia,

I support Option 1.

Complementary medicines are a important to give patients and doctors choices on what is the best medicine for the individual.

I consent to publication of my submission.

Sincerely,

Mardi Brisbane

A solid black rectangular box used to redact the signature of Mardi Brisbane.

From: Mardi Brisbane
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 2:51:23 PM

To the Medical Board of Australia,

I support Option 1.

Integrative Medicine provides the best of both worlds - it gives patients choice about modern medicine and any complementary medicine alternatives or adjuncts. I use vitamins, minerals and herbal medicine along with modern medicine which treats both acute and chronic conditions.

I consent to publication of my submission.

Sincerely,

Mardi Brisbane

A solid black rectangular box used to redact the signature of Mardi Brisbane.

From: Shay Bristowe
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 8:07:32 PM

To the Medical Board of Australia,

I support Option 1.

I firmly believe everyone should have the right to choose how they are treated.

I have a friend who has experienced huge improvements after seeing an integrative practitioner. It works for her, she should have the option to choose.

If we don't get to choose, we are not a democracy. Please do not let impose these restrictions on integrative practioners.

I consent to publication of my submission.

Sincerely,

Shay Bristowe

A solid black rectangular box used to redact the signature of Shay Bristowe.

From: Tracey Briwn
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 12:03:39 AM

To the Medical Board of Australia,

I support Option 1.

these are necessary supports in our world. Taking them away minimises what we can do health wise to minimise issues and symptoms

I consent to publication of my submission.

Sincerely,

Tracey Briwn

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From: Anne Broadbent
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 5:21:37 AM

To the Medical Board of Australia,

I support Option 1.

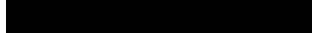
I feel everyone should have the choice if they want to include complementary medicine as part of their health care instead of being told how we should manage our health. Conventional medicine is only part of the picture as it doesn't offer healing of any conditions just management of symptoms.

I have used a combination of both medicines and my health has benefited.

I consent to publication of my submission.

Sincerely,

Anne Broadbent

A solid black rectangular box used to redact the signature of Anne Broadbent.

From: Sarah Brodie-Fraser
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 3:29:18 PM

To the Medical Board of Australia,

I support Option 1.

Complementary and integrative medicine uses evidence-based research in its application. It is a system that has been used for over a hundred years by medically qualified general practitioners in countries including Germany, the UK, the USA and Australia, as well as other trained practitioners including Naturopaths and Homeopaths. There were once Homeopathic hospitals in Melbourne, Sydney and Adelaide staffed by medically trained doctors. These hospitals were successful and delivered good results for patients.

Individuals should be able to compliment allopathic medicine practice with complementary medicines.

There are many GPs internationally that attest to integrative medicine and it should be retained in Australia too.

The MBA should not impose restrictions on integrative practitioners, many of them who are qualified medical doctors. Others have a Bachelor of Health Science specialization and have studied the evidence-based research, and the medical texts to understand the contraindications and effects of the herbal medicines/vitamins/minerals that they prescribe to clients.

It is well known in the medical field, that synthetic allopathic medicines are modelled on the molecular make up of a plants/herbs that have the desired effects to treat the symptoms that need to be addressed in a patient, a most recent example being medicinal cannabis. Another example is the commonly used Panadol which metabolises as morphine in the body - a great help to little ones suffering with pain or fever.

There is a place for folk medicine (tried and tested over the millenia in many different countries/cultures), naturopathy, homeopathy and allopathic medicine.

It is also known that some allopathic medicines can cause psychotic / suicidal tendencies in an individual. It is prescribed to help one ailment but can lead to other more ailments. Sometimes, a better alternative for the individual is a complementary medicine, something not all GPs/medical specialists have knowledge on, because they have not covered this in their medical studies.

People are not a one-sized fits all and integrative/complementary medicine helps many individuals with a variety of health matters.

I have used integrative / complementary / allopathic medicine over the years and I have found it all has its place in helping me maintain good health.

I would ask that the MBA decide to please keep the status quo for Australia because it works.

I consent to publication of my submission.

Sincerely,

Sarah Brodie-Fraser

A solid black rectangular box used to redact the signature of Sarah Brodie-Fraser.

From: Frank Bromley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 11:43:55 AM

To the Medical Board of Australia,

I support Option 1.

I am in favour of increasing the patients protection through information rather than prohibition.

I know some alternative approaches can be less clinically measured and warranted - but the solution is to communicate that.

So I would be in favour, say, of an approach that stated likely or proven possible harmful “side-effects” where they exist for alternative therapies.

For example public information about vitamin effectiveness or ineffectiveness.

More significantly in serious conditions like alternative approaches to, say, cancers a requisite could be to provide an information leaflet comparing available treatments and information.

For example the use of some anti-cancer treatments is exploratory and may cause harm with a comparison to standardised methods.

I am old enough to remember when “food as medicine” was considered medical rubbish. The once alternative has now become mainstream medical practice. So its to become a monopoly now for medical doctors ... just because in the meantime every sort of fad food or diet is being promoted.

So I am in favour of more public education about health and then information leaflets or even consent forms for risky procedures and, more problematically, ineffective commercially exploitative procedures.

I consent to publication of my submission.

Sincerely,

Frank Bromley



From: Katharina Brookes <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 9:40 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Individuals should have the right to seek holistic medical advice that includes both traditional and alternative treatment methods.

I consent to publication of my submission.

Sincerely,

Katharina Brookes

From: Linda Brooks
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:42:58 AM

To the Medical Board of Australia,

I support Option 1.

Just leave everything as it is and stop meddling. My health, my choice.

Without this ability in the past I would not have recovered from instances with such a positive and rapid ability.

I consent to publication of my submission.

Sincerely,

Linda Brooks

A solid black rectangular box used to redact the signature of Linda Brooks.

From: Amanda Brown <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:47 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I do not support changes to how integrative medicine is offered. This is a crucial part of getting healthy and to the root cause of health issues. I believe it should be by choice of the direction you go for treatments

I consent to publication of my submission.

Sincerely,

Amanda Brown


From: Angela Brown
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 11:30:21 PM

To the Medical Board of Australia,

I support Option 1.

Complementary medicine has helped keep me healthy. It will be so wrong and unfair to put restrictions on integrative practitioners. They do no harm whereas the medication/drugs gp's prescribe can be addictive and often fatal leading to death. I will always choose a integrative doctor with complementary medicine over a gp who only dispenses drugs.

I consent to publication of my submission.

Sincerely,

Angela Brown

A solid black rectangular box used to redact the signature of Angela Brown.

From: Anna-Louise Brown
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:49:21 AM

To the Medical Board of Australia,

I support Option 1.

A medical practitioner who has knowledge of integrative and complementary medicine gives me far more confidence in them and their ability to treat me holistically and preventatively.

If they are prevented from providing this service it will mean that I am less likely to visit the doctor, as I will feel that their hands are tied and they cannot truly explore a full range of what is best for me. At that point it becomes a choice of emergency department or nothing at all.

Taking away choice for the patient and importantly choice in how they practice from the medical specialist is demeaning and smacks of over reach by the regulators to all involved.

I consent to publication of my submission.

Sincerely,

Anna-Louise Brown

A solid black rectangular box used to redact the signature of Anna-Louise Brown.

From: Geraldine Brown
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 4:11:26 PM

To the Medical Board of Australia,

I support Option 1.

Please do not change a western trained doctors option to recommend integrative hwalth practices to their patients. Most patients are smart enough to say yes or no if they wish to access integrative practices especially if a doctor is willing to work with patient. Western style medicine doesn't always seem the best solution. I believe the two systems can compliment each other. Better to have patient monitored than let them make ill informed decisions.

I consent to publication of my submission.

Sincerely,

Geraldine Brown

A solid black rectangular box used to redact the signature of Geraldine Brown.

From: Brown Jeremy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 9:29:26 PM

To the Medical Board of Australia,

I support Option 1.

Hi,

I am a pharmacy student and patient of two integrative medical doctors. I have found their ethical and evidence based use of integrative medicine to be very helpful to my health. I sincerely prefer there to be no changes to their practice of medicine moving forward.

I consent to publication of my submission.

Sincerely,

Brown Jeremy

A solid black rectangular box used to redact the signature of Brown Jeremy.

From: Julia Brown
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:37:54 PM

To the Medical Board of Australia,

I support Option 1.

My clients have benefited significantly using natural medicine. Since they no longer get rebates, they may look to an integrative Dr to help them. They should be given the best outcome & many times this can be with natural medicine. It's also about the long term health of the client by avoiding medicines which have side effects.

I consent to publication of my submission.

Sincerely,

Julia Brown

A black rectangular box used to redact the signature of Julia Brown.

From: Leigh Brown
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 12:33:15 PM

To the Medical Board of Australia,

I support Option 1.

All patients deserve the right to decide on their treatment. The skill of diagnosis is a major factor in allowing the patients to seek what is appropriate for treatment and it is very logical to provide all different avenues for their choice. Not everyone fits in the same box. Integrative medicine can aid/assist with many conditions and to have doctors that are educated across both fields is amazing. Well round broad minded practitioners is what we need!

I consent to publication of my submission.

Sincerely,

Leigh Brown

A solid black rectangular box used to redact the signature of Leigh Brown.

From: Lorraine Brown
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 2:56:56 PM

To the Medical Board of Australia,

I support Option 1.

I realize that the Medical Board, of long tradition and by the nature of overseeing bodies, will have a strong tendency to be conservative in its views. This arises out of a genuine concern to safeguard the health, in this case, of the people whom the board is serving. I respect this motivation.

However, there are also other influences at work, I suspect. I worked in a secretarial position with a number of University [REDACTED] Medical Departments based in teaching hospitals in the 1970s. I recall then a number of the doctors with whom I worked, very caring and concerned health professionals whom I held in high regard, voicing increasing concerns over the undue influence drug companies, or pharmaceutical companies, were starting to exert on the medical profession. In those days, it took the form of what could honestly only be called 'bribes' - tickets to the major tennis matches; 'sample' drugs; research funding.

I don't imagine that these companies, as they have become larger and more powerful, and have been lobbying governments, have changed their modus operandi.

Also, this conservative approach to anything new or different in treatment was the same approach that pilloried Dr Kalakorinkas when he discovered, through practical clinical work with Aboriginal Australians, that he could radically reduce the very high infant mortality rate at that time by the simple expedient of giving Aboriginal mothers in his care high dosage Vit C. When conservatism becomes a barrier to improving health care and exploring and investigating different approaches to healing, it becomes itself a disease of the body medical. I respectfully suggest that the Medical Board of Australia, that being each individual healer who is in that position of responsibility for the health of their fellow Australians, consult their own heart and higher intellect and inquire as to their true motivations for this proposal.

I believe each one of you on this board became a doctor, not for its material rewards, but because you genuinely felt called to serve as a healer. I simply ask you to remember this and hold to it when you make any decisions that will impact the health of those you serve and your fellow-practitioners who seek to do their best to support the healing of their patients.

I consent to publication of my submission.

Sincerely,

Lorraine Brown
[REDACTED]

From: Lorraine Brown
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 8:27:00 PM

To the Medical Board of Australia,

I support Option 1.

It would be a great shame if those doctors who are willing to observe, to trial, and to offer to their patients different pathways to wellness were to be targeted with opprobrium rather than encouraged by colleagues who may be able to expand their own understanding of health and healing - though, sadly, it has happened before. An example of 'new' understandings that are becoming available through exploration and research is that the importance of gut health and diet is now becoming accepted. Something Hippocrates knew some time back "Let your food be your medicine and your medicine be your food" and that "all disease begins in the gut". Ayurvedic medicine and Traditional Chinese medicine also realized this some time ago, but now Western science has been able to explore it and confirm it. Also that individuals respond differently to different treatments, so that research that relies on an assumption that all individuals will respond in the same way will be operating under misleading and obstructive strictures. I think of integrative practitioners as forerunners of advances in medicine - a very positive direction. Yes, there are risks, but the current guidelines seem to be sufficient to ensure patients' safety. And if one was wanting to ensure that all treatments are 'scientifically proven', and not just 'observed to help', a number of treatments currently used by the more 'orthodox' and 'conservative' of medical practitioners might have to be dropped as well, such as Electric Shock Therapy - still being used I think. So, I would hope that the members of the Medical Board of Australia would be able to support their colleagues rather than seeking to put more and more restrictions on them. And I would also like to remind the MBA, in terms of risks, that the pharmaceutical corporations have possibly caused a great deal of damage over the years (eg. thalidomide) , as well as help. Yes, there are risks in integrative medicine, but there are risks in conservative Western medicine too. I would hope the members of the Board would keep this in mind when seeking to further 'regulate' integrative medicine.

I consent to publication of my submission.

Sincerely,

Lorraine Brown



From: Michelle Brown
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 6:27:56 PM

To the Medical Board of Australia,

I support Option 1.

People want to have the choice of both natural and pharmaceutical medications. Integrative GPs are responding to a growing market demand for their services. The public deserves to have this choice.

There are many illnesses that can be dealt with through food and supplements alone without the need for pharmaceutical medicines.

Why do you continue to go against what the public want? Why restrict a GP to broaden their scope of skills and practice. Stop interfering and give people choice.

I consent to publication of my submission.

Sincerely,

Michelle Brown

A solid black rectangular box used to redact the signature of Michelle Brown.

From: Rebecca Brown
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 7:52:12 AM

To the Medical Board of Australia,

I support Option 1.

It alarms me to hear that you wish to remove a trained doctor's ability to promote the health of patients through integrative practices.

I not only support patient access to Integrative and complementary medicine, but I wish there were more doctors available who are trained and practice in this way. This is because health is more than just fixing problems when they arise (which is the primary reason people visit a GP). Health is about finding the root cause of a problem, addressing the root issue/s holistically, and employing health strategies to prevent further ill-health and promote good health. Currently, medical doctors are trained to diagnose a health complaint and usually prescribe a drug to fix (band-aid) the problem (which sometimes causes further problems). Sadly, there are very few doctors who actually promote health integratively by addressing root causes, and correcting imbalances through the promotion of nutrition, diet, supplements, herbal remedies, and other effective complementary practices. Doctors **SHOULD** promote health in these ways, and the MBA **SHOULD** be concerned about promoting health, not medicine and 'medical practices'. Furthermore, citizens **SHOULD** have the right of access to exceptional doctors who treat illness via diagnostic testing of root causes (not just symptoms).

Please don't restrict a doctor's right to practice medicine in a way that promotes health, ie. integratively. Please don't restrict patients' rights to choose a practitioner who takes a holistic and integrative approach.

I know from experience, as well as experiences of friends and family, that treating a health problem integratively has been far more successful and non-intrusive than treating the same problem medically/conventionally. In fact, where conventional medicines have failed, I have found integrative and complementary practices to have succeeded, leaving me in better health than I was before. As a result, I hold a great amount of distrust in the medical profession, but great faith in the body's ability to heal with the correct supportive practices, ideally guided by a practitioner trained both medically and holistically.

I strongly urge the MBA to stick with the first option, which is **NO** change to the existing guidelines.

I consent to publication of my submission.

Sincerely,

Rebecca Brown



From: Ross Brown
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 10:25:57 AM

To the Medical Board of Australia,

I support Option 1.

I am contacting you in regards to the changes in the current guidelines. To remove the option of choice for people that pay for treatments is insane and to remove therapy's that many patients use with success is not only insane b u h t directly contributing to poor health and death of the australain people these therapies could help.

I encourage you to not systematically destroy the healthcare system that belongs to the Australian people. Today complimentary therapy, tommorow privatised healthcare.

Thankyou ross

I consent to publication of my submission.

Sincerely,

Ross Brown

A solid black rectangular box used to redact the signature of Ross Brown.

From: Sally-Anne Brown
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 12:04:17 AM

To the Medical Board of Australia,

I support Option 1.

My family has used complimentary medicines (some of which are older and more effective than current practices).

I have the right to bodily autonomy and to not be a burden on the public purse.

This should not be about control or the big business of medicine.

This is a health and human right.

I consent to publication of my submission.

Sincerely,

Sally-Anne Brown

A solid black rectangular box used to redact the signature of Sally-Anne Brown.

From: Summer Brown
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:29:15 PM

To the Medical Board of Australia,

I support Option 1.

I am an advocate for integrated healthcare, I have family members who after years of health care issues sought out the treatment of alternative wellness solutions and had great success, i for one believe it is very important to offer more choices when it comes to health and to abandon the old ways of thinking that western medicine is the only answer.

Kindest Regards

I consent to publication of my submission.

Sincerely,

Summer Brown

A solid black rectangular box used to redact the signature of Summer Brown.

From: Juanita Brown-Duthie
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 28 April 2019 7:58:52 PM

To the Medical Board of Australia,

I support Option 1.

Denying people information is denying them a choice to make informed decisions. It is not fair, right or ethical. It is the individual's choice to make as is their health and wellbeing at risk. There should be no change to current guidelines.

I consent to publication of my submission.

Sincerely,

Juanita Brown-Duthie

A black rectangular redaction box covering the signature area.

From: Kathleen Browne
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:46:01 PM

To the Medical Board of Australia,

I support Option 1.

It's my choice and restricting access takes away my choice!

I consent to publication of my submission.

Sincerely,

Kathleen Browne

A solid black rectangular box used to redact the signature of Kathleen Browne.

From: michael browne
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:50:07 AM

To the Medical Board of Australia,

I support Option 1.

I am not in favour of change to the current guidelines. Complementary medicine is something I value and do not wish to see disadvantaged.

I consent to publication of my submission.

Sincerely,

michael browne

[Redacted signature]

From: Alexandra Browne-Hill
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:28:05 PM

To the Medical Board of Australia,

I support Option 1.

I am a Registered Nurse, Midwife, Wound Consultant of 45 years. I have added to my studies with a number of natural therapies and a diploma in Counselling. Although I continue to take some traditional hospital nursing shifts, I also have my own clinic that involves combining the care of an individual in regards to their physical body, their mental health and their deeper intuitive needs as well. On a daily basis I see patients come away from the medical arenas feeling hopeless and cast aside by a system that only acknowledges a part of who they are. They feel inherently that there is more "out there" that could assist them. They are right. We don't want to do away with the medical model. We want to expand it to include a healthy marriage of skills and options for each person. There is an opportunity here to re-balance a myriad of issues for ourselves and our clients health while simultaneously working together to embrace a network of collective wisdom, knowledge and support for the betterment of all. Australia is already behind in utilizing practical, useful and helpful methods of reducing chronic illness compared to other western countries. Don't put us back into the dark ages. By the time I offer my clients an inclusive custom made plan that suits their needs and refer them to various healers, including GP's and also educate them on best health, they are off and running - ready to support themselves with health based awareness. Off they go and change their lives with nutrition, exercise, mindfulness and other natural additions to their lives. A medical assessment is included with a GP. I see them healthier, happier and active very quickly. They want a package of healing that is specific to themselves, feeling pro-active and responsible for their own care. Isn't this what we want? There is a place for both medicine / surgery together with supportive complementary choices to suit the situation. Embrace the variety the healing tools within the integrative community, assist them to set up or maintain reasonable unbiased professional standards and make room for a beautiful referral system on both sides of the options..and remove the fence.

I consent to publication of my submission.

Sincerely,

Alexandra Browne-Hill

From: Wendy Bruce
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 3:32:40 PM

To the Medical Board of Australia,

I support Option 1.

I want to be able to choose the health provider mix of my choice. I use complementary and integrative medicine in conjunction with standard Western medicine. In this way I am able to use a wide range of skills and knowledge developed across the world. I am very disappointed that the Federal Government has already removed a number of therapies. This will only make the situation worse.

I consent to publication of my submission.

Sincerely,

Wendy Bruce

A solid black rectangular box used to redact the signature of Wendy Bruce.

From: Babette Bruders
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 20 May 2019 6:51:39 PM

To the Medical Board of Australia,

I support Option 1.

I really value having choice in my well being options from a well qualified doctor.

I consent to publication of my submission.

Sincerely,

Babette Bruders

A black rectangular redaction box covering the signature area.

From: Marilyn Bruhn
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 9:46:47 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine give favorable outcomes in maintaining good health. The intervention of drugs is often not necessary and can create other issues. Freedom of choice should be maintained for healthier families.

I consent to publication of my submission.

Sincerely,

Marilyn Bruhn

A solid black rectangular box used to redact the signature of Marilyn Bruhn.

From: Hannah Bruzova
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 12:50:25 PM

To the Medical Board of Australia,

I support Option 1.

Patients have the right to choose what kind of therapy for their ailments.

I consent to publication of my submission.

Sincerely,

Hannah Bruzova

A solid black rectangular box used to redact the signature of Hannah Bruzova.

From: Lyndle Bryan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 6:34:50 AM

To the Medical Board of Australia,

I support Option 1.

I have used intergrative practise for both myself and my children and have found often better results doing that then when going to a stream line practitioner

I believe in a holistic approach which is all around treating the cAuse rather then the symptom

Huge advocate for alternative practices

I consent to publication of my submission.

Sincerely,

Lyndle Bryan

[Redacted Signature]

From: Craig Bryant
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:11:37 PM

To the Medical Board of Australia,

I support Option 1.

I am deeply concerned that when I finally find a GP with an open enough mind that they will listen to me explain what "other" complementary medicines I choose to use, you would contemplate closing down that option. I have two GPs, neither are prescribing complementary medicine but both understand my alternate sources of medical and health care. Freedom of speech and choice is why we live in a modern western country,

BSc, Dip Ed, Dip Man

I consent to publication of my submission.

Sincerely,

Craig Bryant

A solid black rectangular box used to redact the signature of Craig Bryant.

From: Carol Buckley <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I fully support patient access to integrative and complementary medicine. Over years I have had several health issues to which the medical doctors have had no answers and have only been helped by complementary medicines, as have my entire family. I wish to be able to continue to have access to same. I believe it is my right as a citizen to choose which form of medicine I use and have access to. My private health fund rebates have already been compromised and cannot believe what is now trying to be pushed through. This is my choice and I wish to continue to be able to use it.

I consent to publication of my submission.

Sincerely,

Carol Buckley


From: Victoria Buckley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 9 May 2019 1:19:31 PM

To the Medical Board of Australia,

I support Option 1.

It is my basic human right to choose my own pathway for treatment, be it combining conventional and complementary medicine, conventional only or complementary only.

It is important to maintain good doctor patient relationships and for the patient to have trust in their doctor of choice to provide them with all information to medicines and treatments, conventional and complementary to improve their health. It is or should be about informed decision making about ones health and not be dictated to.

I do not appreciate or understand why you would want to restrict doctors discussing complementary medicines. Who is benefiting from this, certainly not the patient. There is already too much control of what is being offered for the best outcome for patients.

There is no evidence complimentary therapies do any harm. There is plenty of evidence complementary therapies do plenty of good: cancer patients, any of the chronic illnesses, keeping people on their feet - preventing falls, depression and other mental health issues.

Remedial massage, yoga, meditation, aromatherapy, walking, swimming have all been instrumental in keeping me healthy in body and mind.

I have met many people who have benefited from acupuncture, tai chi and many other complementary medicines, I have not heard anyone say it has done them harm.

Medication is often essential to maintain the best possible health, all medication has a detrimental effect on the body to some degree, some minimal others quite harmful but still often necessary. Using complementary medicines to reduce the medication burden if possible is a no brainer if you are sincerely interested in the health of the population.

Let doctors have a right to provide holistic health care, let me have the right to choose.

I consent to publication of my submission.

Sincerely,

Victoria Buckley

[Redacted Signature]

From: Anne Marie Budd
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 6:13:44 PM

To the Medical Board of Australia,

I support Option 1.

I support the ability to maintain the current guidelines of integrative choices by GP's to incorporate a variety of wholistic approaches to health treatments.

I truly value a holistic approach to healthcare and support doctors' right to provide new and innovative approaches, including complementary medicine treatments.

We have the democratic right to be able to choose our Drs and health practitioners who also have a right to choose the best treatment options for their patients- whether this options or orthodox methods or complementary health methods

Thankyou

I consent to publication of my submission.

Sincerely,

Anne Marie Budd

A solid black rectangular box used to redact the signature of Anne Marie Budd.

From: Raymond Buffham
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:48:56 PM

To the Medical Board of Australia,

I support Option 1.

I currently use complementary treatments to keep me healthy. As a specialist for my condition did not have any reason for the condition and could or did not offer any help. When faced with conditions it's fine that orthodox treatments can get you on your feet but as for keeping one on them is sadly lacking and some of the drugs do not provide the help that is suggested. I fully support option 1.

I consent to publication of my submission.

Sincerely,

Raymond Buffham

A solid black rectangular box used to redact the signature of Raymond Buffham.

From: Rose Bui
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:06:31 PM

To the Medical Board of Australia,

I support Option 1.

I am an integrative pharmacist. I started as a pharmacist 11 years ago and made the decision to go integrative after spending great deal of time and money on my own health using conventional measures recommended that seemed to be doing more harm than good. I turned to natural health and it completely alleviated my illness I was struggling with. 5 years on still no recurrence. I have then been able to apply these principles to the family with very rewarding improvements in quality of life and vitality.

Through the years in community pharmacy where I form close bonds with patients who I see on a regular monthly sometimes weekly basis you can see their daily struggle to find good health. Watching this struggle being only repeated in patient after patient only can lead a practitioner to question what else could be done. Turning a blind eye is not an option. And it comes down to lack of education being the key missing component in the fundamentals of how the body works and what it needs to repair damaged physiological pathways. And through this reinstating autonomy and motivation to take back control on their health. Heavy reliance on medication to solve their health issues without understanding the side effects and complications of taking several medications and how illness can still progress. Modern day medicine has worked wonders in allowing people to live longer but they are not any healthier or happier. This in itself is a huge burden to the health care system and is not sustainable with the rising diabetes, cardiovascular, dementia, alzheimers and cancer cases in Australia. We have some of the highest numbers in world. Yet Europe and Japan lead the way in integrative prescribing as a benchmark for societal healthcare. Already antibiotic overprescribing and now antacid overprescribing have created detrimental effects to the individual and the community as we dangerously overprescribe medication. Instead of offering integrative diet and lifestyle advice. Supplementation is not a dirty word. It is simply another convenient and efficient form of nutrition.

It seemed a natural progression into further education and integrative medicine which I have gained qualification offshore through American and European accredited facilities. And since implementation have had very rewarding patient outcomes. Through this I am satisfied I am adding to a more sustainable healthcare system for the future of our children and generations to come.

We must continue to be progressive and support the science behind new therapies. The future is not to be feared but embraced by everyone for everyone. And the choices left up to the individual.

I consent to publication of my submission.

Sincerely,

Rose Bui



From: Anthony Bull
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 15 May 2019 9:37:17 AM

To the Medical Board of Australia,

I support Option 1.

I believe that making changes to the current scheme is dumb as [REDACTED].
Your doctor should be smart enough to research and prescribe treatment based on their findings.

But more importantly this ban will only lead to more regulatory capture, we're the MBA and the government work together to create new regulations, which in the end often have a secondary benefit of helping financial benefactors of these regulations (due to the elimination of competition and the increase of market share).

I consent to publication of my submission.

Sincerely,

Anthony Bull
[REDACTED]

From: Kennethe Bull
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 7:12:19 AM

To the Medical Board of Australia,

I support Option 1.

I have used integrative medicine for many years. I am well pleased with the results and wish to continue.

As long as practitioners are registered responsibly and fairly I defend my right to choose the approach I take to my health status.

I consent to publication of my submission.

Sincerely,

Kennethe Bull

A solid black rectangular box used to redact the signature of Kennethe Bull.

From: Averil Bunce
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 1:14:55 PM

To the Medical Board of Australia,

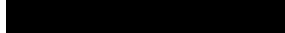
I support Option 1.

Integrated health care is the way of the future and is long overdue in modern medicine. Modern medicine has spent too many years concentrating on drugs as the cure all and look where it has got us to with the antibiotic problem. Ancient medicine and alternative treatments need to be combined with modern medicine for a better outcome

I consent to publication of my submission.

Sincerely,

Averil Bunce

A solid black rectangular box used to redact the signature of Averil Bunce.

From: Angela Buono
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 8:05:54 PM

To the Medical Board of Australia,

I support Option 1.

I would like to express my voice in having no changes to the current access and availability to integrative and complimentary medicine. Not only has this option made my life more healthy, free from pain I suffered and allowed me to investigate alternate options, I have seen significant shifts in others in their health journey. Restricting access to these options will remove not only my own choice of treatment, but that of others I care about. I do not think that my choice of treatment should be determined or restricted by someone else.

I consent to publication of my submission.

Sincerely,

Angela Buono

A solid black rectangular box used to redact the signature of Angela Buono.

From: Jennifer Burchat
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 7:05:46 AM

To the Medical Board of Australia,

I support Option 1.

Health is not only about drugs and surgery. These two things do not cure your illness only help to prolong them. Don't be fooled by the drug companies who are making a fortune selling the above two therapies. They would love to exclude all else. Remember there is no money in well patients. On the other hand complimentary medical practitioners have a huge range of therapies that actually cure illnesses. I myself never see a GP. I only go to Naturopaths and wholistic practitioners and at 63 I have zero illnesses and lead a healthy active drug free life. I also spend no money on healthcare because my diet, not a pill, keeps me healthy

I consent to publication of my submission.

Sincerely,

Jennifer Burchat



From: Elyse Burchell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:40:02 PM

To the Medical Board of Australia,

I support Option 1.

I feel that I'm given the big picture with my condition being treated by body pharmacy and natural supplements. Please don't take that choice away from me.

I consent to publication of my submission.

Sincerely,

Elyse Burchell

[Redacted Signature]

From: Tony Burge
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:09:44 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine
Integrative & complementary medicine has helped me and my family
members, it has saved me time and money. It is brilliant.

I consent to publication of my submission.

Sincerely,

Tony Burge

A black rectangular redaction box covering the signature area.

From: Emma Burke
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 12:43:07 PM

To the Medical Board of Australia,

I support Option 1.

I believe in integrative and complementary medicine. I don't know where I would be without it. It has helped me time and time again when conventional medicine has left me to a dead end. Thankyou for the integrative and 'alternative' doctors and practitioners who have supported and healed many issues for me, where mainstream doctors have been unable too. Please don't take this away from the public.

I consent to publication of my submission.

Sincerely,

Emma Burke

A black rectangular redaction box covering the signature area.

From: Kerry Burke
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 3:13:15 PM

To the Medical Board of Australia,

I support Option 1.

I am a 58-year-old man. I never thought that I would have to continue to fight for freedom of choice in the medical space at my age. To have support in the Integrative and complimentary space is a must otherwise the Government is just acting as a pawn for Big Pharma. Leave us alone!

I consent to publication of my submission.

Sincerely,

Kerry Burke

A solid black rectangular box used to redact the signature of Kerry Burke.

From: Pam Burke
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 12:36:32 PM

To the Medical Board of Australia,

I support Option 1.

Strongly believe in an holistic method of treatment in health care.
Have benefited greatly by acupuncture, massage, hypnotherapy,
chiropractic etc in my own health care and feel limiting these
practices would be most detrimental for most people. Option 2 is a
most backward step.

I consent to publication of my submission.

Sincerely,

Pam Burke

A solid black rectangular box used to redact the signature of Pam Burke.

From: Gerald Burns
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 9:04:42 PM

To the Medical Board of Australia,

I support Option 1.

In view of the fact that no data is easily accessible, it beggars belief that this change is even being considered. A cynic would believe it comes back to money.

I consent to publication of my submission.

Sincerely,

Gerald Burns

A solid black rectangular box used to redact the signature of Gerald Burns.

From: Sioux Burns
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:14:42 AM

To the Medical Board of Australia,

I support Option 1.

I believe the oath of the medical fraternity is "First do no harm".

The very first harm you can do to any patient is to remove their choices as to the type of care they wish for their body.

Perhaps if the MBA could consider itself a necessary PART OF healthcare, rather than the only option, then public perception may change. As it is, 1 in 3 doctors utilise other PARTS OF healthcare- and a far greater percentage of humans are utilising those other options.

The refusal of the MBA thus far to embrace and incorporate other modalities speaks to the brainwashing that the medical profession has undergone.

Integrative GPs are not your enemy, they are your way forward.

Regards, Sioux Burns

I consent to publication of my submission.

Sincerely,

Sioux Burns

A black rectangular redaction box covering the signature area.

From: Sioux Burns
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 6:41:51 AM

To the Medical Board of Australia,

I support Option 1.

I support Option 1, most importantly because I have the right to choose the care I want. Integrative medicine and complementary therapies offer healing choices which support the human body. I and my family have been using complementary medicine for 40 years and welcomed the introduction of integrative GPs. It has been a relief to finally have Doctors who understand that the systematic use of synthesised medicines is NOT optimal for good health.

Why is the MBA so threatened by a collaborative approach between health providers. Why would doctors believe they have the right to dictate our treatment of our own physical bodies? Why wouldn't the MBA embrace modalities that enhance health....seems they have forgotten "First do no harm". Ironical, as Hypocrates also said "Let food be thy medicine and medicine be thy food."

So, get with the program people- the old structures in our society, which previously went unchallenged, are undergoing a renovation... one where we no longer follow advice blindly, where we no longer stay silent. Come willingly, we implore you, into the 21st century.

I consent to publication of my submission.

Sincerely,

Sioux Burns



From: Vivien Burns <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support Integrative and Complimentary Medicine. Everyone should have the right to choose their healthcare.

I consent to publication of my submission.

Sincerely,

Vivien Burns
[REDACTED]

From: Kathryn Burton
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 9:55:14 AM

To the Medical Board of Australia,

I support Option 1.

I am writing in support of integrative and complimentary doctors and my right to choose treatment from them. My doctor advises diet, exercise and supplements instead of drugs and I appreciate the power that gives me as the consumer. The last thing I want is to begin on the path of pharmaceutical medicines that in my mind is the recipe for health deterioration. I am a well person and my aim is to remain well. My complementary medical doctor is helping me achieve my aim of wellness. Please do not deny me that?

I consent to publication of my submission.

Sincerely,

Kathryn Burton

A solid black rectangular box used to redact the signature of Kathryn Burton.

From: Keith Burton <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Dear sir/madam

Please do not impose restrictions on any natural medicines available to the Public of our beautiful country Australia . We all have a given right to make our own decisions in what we consume for the benefit of our health. Help this country remain the best country in the world with its freedom of choices. Be honest to yourself Ministers,if you can't think of your family and friends that may need this too...As a family using 3 different naturopathic treatments, try to take this away and we will rise up against you.

I consent to publication of my submission.

Sincerely,

Keith Burton


From: Mark Burton
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:09:52 AM

To the Medical Board of Australia,

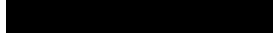
I support Option 1.

All my life (I'm 65 now), I have used complementary medicine as I have found it to be the most effective form of health care for me. Often I have been cured of maladies that 'traditional' medicine was unable to. To have that option taken away would be reprehensible, and certainly a retrograde step for any body charged with looking after the public's health.

I consent to publication of my submission.

Sincerely,

Mark Burton

A solid black rectangular box used to redact the signature of Mark Burton.

From: Noreen Burton
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 5 June 2019 9:00:42 PM

To the Medical Board of Australia,

I support Option 1.

I believe I should have the choice to chose what meds I take be they prescribed or what I consider a better option i am almost 80 years old and have mainly looked after my health by having options and understanding what different drugs can do to us or for us not always a good option however I am grateful to have had the choice

I consent to publication of my submission.

Sincerely,

Noreen Burton

A black rectangular redaction box covering the signature area.

From: Noreen Burton
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:26:31 PM

To the Medical Board of Australia,

I support Option 1.

I am 77 years old and have been using integrative and complementary medicine for many years. I believe we need all kinds of medicine, we certainly need medical doctors, and we also need to be able to make our own choices to keep ourselves healthy as possible and its very reassuring to go to a Doctor who is happy to use many different styles of healing.. and health care.

I consent to publication of my submission.

Sincerely,

Noreen Burton

A black rectangular redaction box covering the signature area.

From: Susan Buschel
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:46:35 PM

To the Medical Board of Australia,

I support Option 1.

slowly but surely, the government and medical association have been eroding our choice to use integrative and complementary medicines.. time to stop and tell you to back off. my body my choice and if i choose to not have it pumped full of drugs then so be it.. but i respectfully advise that i deserve the right to full advice not just drug company paranoia

I consent to publication of my submission.

Sincerely,

Susan Buschel

A black rectangular redaction box covering the signature area.

From: Hayley Butler <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:37 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments


To the Medical Board of Australia,

I support Option 1.

Please allow people to make their own choices about their health. It is absolutely disgraceful that you would try and take this away. Stop being a nanny state and let people be in charge of their own health.
We are not living in the dark ages anymore....

I consent to publication of my submission.

Sincerely,

Hayley Butler


From: Marie Butler
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 5:32:04 AM

To the Medical Board of Australia,

I support Option 1.

I support the right to have a choice how can the medical profession take that away . Modern medicine in America is the biggest killer .and you want to leave us with that as the only option. Your just going to make criminals out of unwell people that modern medicine can't help . The system is poisoning us through food and medications before climate change will take us out.

I consent to publication of my submission.

Sincerely,

Marie Butler

A solid black rectangular box used to redact the signature of Marie Butler.

From: Anne-marie Buttigieg
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 4:49:15 AM

To the Medical Board of Australia,

I support Option 1.

We, the public, need to have choice in health care. Taking away alternative treatments, that by the way kept human kind alive for millions of years, should be a part of every doctors toolkit.

We need more than the bandaid treatment that modern medicine provides.

The body is self regulating and self healing given the correct nutrition.

Thanks

I consent to publication of my submission.

Sincerely,

Anne-marie Buttigieg

A solid black rectangular box used to redact the signature of Anne-marie Buttigieg.

From: felicity byrne
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 11:18:35 AM

To the Medical Board of Australia,

I support Option 1.

I want the choice of what kind of healthcare best serves me.

I consent to publication of my submission.

Sincerely,

felicity byrne

[Redacted Signature]

From: Kay Byrnes
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:41:28 PM

To the Medical Board of Australia,

I support Option 1.

I arrived with my family from Germany over 20 years ago where I had a GP who worked with conventional & integrative medicine. On arrival in Victoria I could only find "mainstream" GP's at first. I took my 2 young ,unwell children to both , neither examined them, both gave me a script for antibiotics diagnosing bronchitis while displaying disinterest. Neither child had ever had antibiotics ,only homeopathic treatments when living in Geemany. Dissatisfied with these doctors I eventually found a Doctor who worked with conventional & integrative medicine & complementary therapies. I was so relieved, he diagnosed whooping cough so we started the children on homeopathic remedies , herbal baths, compresses a holistic approach. Thanks to him, my children are now healthy, strong adults with robust immune systems & rarely are affected by colds or flu or other illnesses. I would never visit a conventional Doctor unless he/she was open to integrative medicines & complementary therapies. I have taken my family to Homeopaths, osteopaths, myotherapists, chinese herbalists, integrative medical practitioners when necessary over the years & have found them to be excellent & healing.

I consent to publication of my submission.

Sincerely,

Kay Byrnes

A black rectangular box used to redact the signature of Kay Byrnes.

From: Madeline Walker Cahill
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 4:36:45 PM

To the Medical Board of Australia,

I support Option 1.

Without access to and recommendations of further treatment options from the allied health and alternative medicine practitioners I have visited over the years, I am very certain I would have attempted self harm, been hospitalised several times, and would have been a far more significant burden on the healthcare system than I already have been. Nutrition, lifestyle, hypnotherapy and even some supplements have had huge positive impacts on my health. Functional medicine doctors who spend more than ten minutes on significant, chronic and intolerable conditions such as insomnia, depression, IBS and anxiety have allowed me to function without ongoing government funded medication, hospitalisation and other public treatment. Instead of limiting or penalising the teamwork of orthodox medicine with allied and alternative health treatment options, I recommend encouraging it. With Australia's biggest killers and costs being chronic health conditions, a smart move would be to foster relationships between GPs and alternative health practitioners such as osteopaths, nutritionists, naturopaths and hypnotists to make long term changes in peoples lives and health.

I consent to publication of my submission.

Sincerely,

Madeline Walker Cahill

[Redacted Signature]

From: Michelle Cahoon
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 1:50:19 PM

To the Medical Board of Australia,

I support Option 1.

I regularly have acupuncture and bowen therapy, along with massage to ensure I can continue functioning without pain. My body pains are a result of years of hard physical followed by years of sitting at a computer. I have found these therapies work very well for me, the acupuncture was recommended by a doctor

I consent to publication of my submission.

Sincerely,

Michelle Cahoon

A solid black rectangular box used to redact the signature of Michelle Cahoon.

From: Chloe Cain <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:31 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Prevention is cheaper than cure!!! As a nurse I know what healthcare costs, let's stop illness by encouraging healthy choices

I consent to publication of my submission.

Sincerely,

Chloe Cain
[REDACTED]

From: Nelson Cairelli
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:56:07 PM

To the Medical Board of Australia,

I support Option 1.

This is quite a simple issue with complex consequences. The number one distinction as a human species is that we are given the ability to make choices. The autonomy to have access without restriction or discrimination to medical alternatives is a choice . Its prejudicial stating holistic treatments are not covered under the umbrella of conventional medicine, since ironically this is what medicine is founded on. There are many reasons why some, are not able or simply do not choose to use so called traditional medicated supplements/treatments.

In short this should never be a mandated option, this is strictly an individuals CHOICE.

I consent to publication of my submission.

Sincerely,

Nelson Cairelli



From: Lawrey Calabro
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 20 May 2019 7:49:18 AM

To the Medical Board of Australia,

I support Option 1.

My family and I have personally consulted with integrative Drs over the last 10 years. We have all greatly benefited from their holistic approach and are keeping well over the years due to their advice. We feel this approach reduces burden on the hospital system and Medicare by addressing the causes of ill health and assisting the treatment of chronic disease through diet, lifestyle and nutritional or herbal medicines.

I consent to publication of my submission.

Sincerely,

Lawrey Calabro

A solid black rectangular box used to redact the signature of Lawrey Calabro.

From: C Caleo
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:31:07 AM

To the Medical Board of Australia,

I support Option 1.

- 1) My right to my choice of Healthcare is a Human Right. So hands off my Right. Thank you.
- 2) My right for informed consent is an inalienable right as well... medical doctors do not all practice this.
- 3) since the advent of the pharmaceutical industry, all other forms of centuries old healing modalities have been demonised by big pharma. Why? Follow the money.
- 4) citizens have the right to choose the Healthcare they want. The attempt to limit this choice is effectively taking it away. It will not be taken away.
- 5) from my personal experience I know that integrative healthcare works AND you need to take a long hard look at the Chinese model of Healthcare. It's integrative.
- 6) Practicioners need both tools to serve their oath- do no harm- accordingly they must have these tools to serve their purpose- modern medical and natural modalities. Both.
- 7) By suggesting a limitation on what healing tools they may/may not use is like telling a dentist they're allowed to remove teeth without anaesthetic.

It would be detrimental to all patients and seriously compromise quality of Healthcare to suggest that a professional could do a professional job were their healing tools denied them.

- 8) I would like my community to know who is behind this suggestion in the first place.
And would not be surprised if there are conflict of interest links to pharma. Let's be honest... they're renown for certain behaviours.
Eg. Not able to provide vaccine safety evidence under High Court case late 2018 in USA.

I consent to publication of my submission.

Sincerely,

C Caleo



From: Dr George Calfas
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 6 June 2019 6:21:06 AM

To the Medical Board of Australia,


I support Option 1.

I graduated as a medical practitioner 48 years ago and I am still contributing to the community as an active doctor who incorporates integrative and natural therapies alongside my mainstream medicine. I use this combination because I realised a long time ago that there were a great many instances when mainstream medicine alone was not successfully treating our patients. Integrative medicine is a safe and effective complement to mainstream medicine and opens new doors and new ways of thinking about patient care. Speaking as a mainstream medical practitioner it is time for us not to fear alternative therapies and to start learning more about them and how to incorporate them safely in patient care. We must remember that mainstream therapies and medications do often result in patient harm and stop accusing alternative medicines solely of doing this. I have regularly seen patients reach a point where mainstream medicine has failed them and then sought and received benefit from other therapies! As doctors we need to come of age and think more broadly regarding patient care and stop being so protective of our own domain. History is replete with stories of those who dared to step outside their boundaries and who have led to new discoveries and innovations, even within mainstream medicine! It is imperative that we do not stop this thinking, as long as "you do no harm". Certainly, integrative medicine fits into this category. We should not stifle it. We will all benefit from it.

I consent to publication of my submission.

Sincerely,

Dr George Calfas



From: Calladine Susi
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 8:51:30 AM

To the Medical Board of Australia,

I support Option 1.

I support integrative and complementary medicine as it has helped my family recover and heal much faster. Which then elevates the pressure on the system.

I consent to publication of my submission.

Sincerely,

Calladine Susi



From: Tracey Callaghan <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 3:10 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I strongly support NO change to the current guidelines.

It is my right to have access to all available healthcare and a Dr's right to access any new advancements in health/technology as well as access ancient/natural wisdom.

I consent to publication of my submission.

Sincerely,

Tracey Callaghan


From: Sheryl Callanan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 15 April 2019 9:17:50 PM

To the Medical Board of Australia,

I support Option 1.

My health outcomes have been greatly enhanced since finding a doctor who has established a practice based on Integrative Medicine principles. I am able to get sound guidance with regard to appropriate tests and supplements, rather than just guessing and hoping for the best.

I consent to publication of my submission.

Sincerely,

Sheryl Callanan

A solid black rectangular box used to redact the signature of Sheryl Callanan.

From: Sheryl Callanan <submissions@yhyc.com.au>
Sent: Friday, 28 June 2019 4:31 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please leave the status quo ! My holistic GP is the first person in over 50 years of health care who has managed to successfully diagnose and treat underlying health conditions which have caused me misery my whole adult life. I NOW, thanks to her, have SOME HOPE of becoming well and enjoying my remaining years. No-one should be able to take that away from me ! Leave holistic and integrative Doctors to do their best to help their patients, we need them.

I consent to publication of my submission.

Sincerely,

Sheryl Callanan
[REDACTED]

From: Maria Calleja
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:15:19 AM

To the Medical Board of Australia,

I support Option 1.

A free fair country will allow citizens to choose way of healing.
Pharmaceutical industry rules entirely this country and we are losing
our freedom and liberties rapidly.
My body my choice.

I consent to publication of my submission.

Sincerely,

Maria Calleja

A solid black rectangular box used to redact the signature of Maria Calleja.

From: david Callerame
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 11 May 2019 2:15:39 AM

To the Medical Board of Australia,

I support Option 1.

Where possible I'd rather natural remedies compared to western medicine. Natural remedies have a place and can be beneficial in some cases.

I consent to publication of my submission.

Sincerely,

david Callerame

A solid black rectangular box used to redact the signature of David Callerame.

From: Peter Callil
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 9:19:20 PM

To the Medical Board of Australia,

I support Option 1.

It doesn't really concern me what you decide, because I've been compelled to learn what's best for my own health, and take full responsibility for the outcome. Thanks for making the choice so difficult - much appreciated.

I consent to publication of my submission.

Sincerely,

Peter Callil

A black rectangular redaction box covering the signature area.

From: David Camacho
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 2:56:48 PM

To the Medical Board of Australia,

I support Option 1.

Tightening regulation of alternative medicine and healthcare practices is a cash grab by the Pharmaceutical Industry. This agenda should be sounding alarm bells within the MBA of internal or external conflicts of interest and corruption.

I consent to publication of my submission.

Sincerely,

David Camacho

A solid black rectangular box used to redact the signature of David Camacho.

From: Michelle Cambrey <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:47 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I want to include all health care options for not only my health but also my family's health.

I consent to publication of my submission.

Sincerely,

Michelle Cambrey
[REDACTED]

From: Janet Cameron
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:09:18 AM

To the Medical Board of Australia,

I support Option 1.

I have had many successful treatments from a variety of complimentary medicines and alternative GP's that have helped me and my family when we had exhausted all avenues of mainstream medicine. I pay a substantial amount of money for top private health cover and believe it is my choice to choose what methods I gain benefit from. You often use the excuse that there's no scientific proof.....many of the methods I choose such as Ayurveda or Chinese Medicine have been around for thousands of years including written documentation. Do you really believe it would last that long if it didn't get results? Please give us the credit we deserve and allow us to make our own personal choices regarding our personal health!

I consent to publication of my submission.

Sincerely,

Janet Cameron



From: Jennifer Cameron
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:28:56 PM

To the Medical Board of Australia,

I support Option 1.

I feel that this whole document is about taking away our rights. I thought we lived in a democracy where we are free to make our own choices. This document and resent withdrawal of health insurance funding is ignoring the research and the desires of a huge number of Australians who are being proactive in their own health care. We actually save everyone especially the health care system which at present in Victoria is an utter disgrace. The people who care and are proactive in their health care are being penalised and it's wrong. This bill is wrong and offensive to the majority of Australians who wish to take back the control of their lives and their health. Complementary therapies are meant to complement ones health care and this means it can work beautifully to complement western medical methods . Please respect our rights

I consent to publication of my submission.

Sincerely,

Jennifer Cameron

A black rectangular box redacting the signature of Jennifer Cameron.

From: Jennifer Cameron
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 11:16:13 PM

To the Medical Board of Australia,

I support Option 1.

I am absolutely horrified that this is even up for discussion. We live in a country where democracy is supposedly in place, no government or medical association has the right to tell us the public who we choose to use in our health care. Removal of many complementary therapies from private health insurance was a disgraceful act on people who are proactive in our health care, we actually should be supported for helping ourselves and being proactive in our health care. I am disappointed in these present days and times that the medical association is trying to drag the public back into the last century,
sincerely Jennifer cameton

I consent to publication of my submission.

Sincerely,

Jennifer Cameron



From: Susie Cameron
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 10:00:31 AM

To the Medical Board of Australia,

I support Option 1.

My parents both come from traditional medical backgrounds, so this was always the first port of call for all of us.

What we found as I had my own family and as my parents aged, was that the current medical model was not supporting them. We looked to incorporate other modalities into our regular health maintenance and treatment protocols. Sometimes as stand alone and others as a stand alone.

Me and my immediate family, and my parents as well, value a holistic approach to healthcare and we support doctors' right to provide new and innovative practices, including complementary medicines.

I strongly believe we each have a right to decide what course of action is right for us. We have seen and experienced first hand the benefits of integrated and complementary medicine.

I do not want that right revoked and I don't want to practitioners or the public, penalised in any way because of the choices we are making.

I look forward to an Australia where there is a more integrated and accepted approach to healing, particularly that we are not penalised for our choices.

I consent to publication of my submission.

Sincerely,

Susie Cameron



From: Vicki Cameron-smith
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 10:47:09 AM

To the Medical Board of Australia,

I support Option 1.

The health of our citizens has never been worse. It is becoming more and more obvious that we must use more natural treatments in our quest for good health. Not every solution can be found in a subscription from a doctor. We must keep alternative treatments available to everyone.

I consent to publication of my submission.

Sincerely,

Vicki Cameron-smith

A solid black rectangular box used to redact the signature of Vicki Cameron-smith.

From: Bruce Campbell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:04:03 PM

To the Medical Board of Australia,

I support Option 1.

Integrative healthcare has been very beneficial for my autoimmune condition and I would expect this to continue. There is lots of money to be made fixing the problems people are suffering - this will either happen in Australia, or overseas via medical tourism or skype sessions. Does our government really want this money spent overseas?

I consent to publication of my submission.

Sincerely,

Bruce Campbell

A solid black rectangular box used to redact the signature of Bruce Campbell.

From: Claire Campbell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 9:08:05 PM

To the Medical Board of Australia,

I support Option 1.

Our capacity to prevent the tsunami of chronic disease lies in integrative medicine as conventional medicine is purely a pill for an ill. 90% of chronic disease is preventable.

I consent to publication of my submission.

Sincerely,

Claire Campbell



From: Kylie Campbell <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 10:22 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Restricting what you call medical treatment would be a great idea.

I believe you having a separation registration system for people who distribute marketing for a profit and actual people who care for the Person is a step in the right direction for Everyone to have the FREE ability of Health Care Services. Having this distinct separation of Health Treatment Choices is the best idea the Medical Board of Australia has had since, well since the beginning of registering "DOCTORS".

Thank you for listening.

Kylie C. Campbell

I consent to publication of my submission.

Sincerely,

Kylie Campbell


From: Lisa Campbell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:08:26 AM

To the Medical Board of Australia,

I support Option 1.

I presently have the right to choose my own health care and this should never be removed. I believe in a holistic approach to health. Health is not one size fits all, each of us respond differently to treatment and medication. Prevention is better than cure. Why are we not being marketed the benefits of diet and exercise anymore? Chemical treatments do not work for everyone and there are always risk of side effects. Many people respond better to natural therapies or a combination of natural and medical. There is much evidence that bias is prevalent in many scientific studies. I do not consent to my right to choose being removed. If I make the wrong choice, fine - I live with that decision and the consequences. But at least I had the right to choose. We should never be restricted in our right to choose how we treat our health conditions. I am appalled this is even being considered at present and will definitely affect my vote in the upcoming election. Enough of the attacks on medical freedom!

I consent to publication of my submission.

Sincerely,

Lisa Campbell



From: Nicole Canning
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 2:25:14 PM

To the Medical Board of Australia,

I support Option 1.

I have worked in SA health in patient centred outcomes for over 10 years.

I am a mother of 3 children my eldest being 12 and youngest about to turn 2.

I have educated myself through traditional institutions for certification/degrees and I have also gained qualifications in alternate therapies also.

I share those 3 facts only to highlight the fact that all I know after all of that, is I don't know enough to deny patient access to any kind of treatment that may prove beneficial to them.

We learn more and more every day about the benefits of alternative therapies but also the damage of western medicine.

If we cut off access to viable solutions we create a bigger multifaceted and complex problem down the track.

I consent to publication of my submission.

Sincerely,

Nicole Canning

A black rectangular box redacting the signature of Nicole Canning.

From: Jo Canny <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Dear MBA

Our family use a mix of both intergrative healthcare and aopathic healthcare depending on what the need is. We have had tremendous overall health success as a family, using the above options in conjunction with good food, exercise and reducing stress. Prevention is better than cure and we must respect individuals personal choice for their personal health. Please respect peoples choice.

I consent to publication of my submission.

Sincerely,

Jo Canny
[REDACTED]

From: jo canny <submissions@yhyc.com.au>
Sent: Wednesday, 26 June 2019 3:06 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Dear MBA

Women and minorities are the main users of complementary medicines.

"The most frequent users of complementary therapies in Australia are women and those who are well educated. Many people use complementary therapies and medicines because of their cultural traditions and beliefs." - Vic Better Health website.

The website also stating "Complementary and alternative therapies are estimated to be used by up to two thirds of people in Australia"

Health is unique to the individual and health options should be too.

I have seen the benefits first-hand of the use of complementary medicines.

I would expect to see this organization encouraging medical doctors to integrate complementary medicines not make it more difficult.

Figures clearly show the trust people have in complementary, therapies.

Health takes time, 10 min visits achieve little, they leave both the doctor and patient feeling unsatisfied, unable to get to the core of problems.

If health is the objective here then you need to listen and understand that individuals want more health options and do not want to be corraled down one health path.

I consent to publication of my submission.

Sincerely,

jo canny
[REDACTED]

From: Andrea Cantwell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 10 June 2019 7:06:24 PM

To the Medical Board of Australia,

I support Option 1.

I am horrified that there are proposed changes that will impact on people's health and therefore the health system and people's professions. Using herbs, vitamins, minerals and other supplements along with a healthy diet can help people manage their health and well-being. I have seen positive results with clients I have given advice to. We need to keep people out of the healthcare system (to save tax payers money) and give them back the responsibility of their own health. Not hand it over to Doctors and pharmaceutical corporations. These proposed changes along with the changes to health fund rebates also impact on many small businesses in our country and therefore affects our economy. I implore you to not make any changes.

I consent to publication of my submission.

Sincerely,

Andrea Cantwell



From: Karen Carbutt
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 6:42:22 PM

To the Medical Board of Australia,

I support Option 1.

I 100% support Integrative & complementary medicine, It should be the patient choice NOT Medical Board. Mainstream medicine isn't always the best answer for everyone and there is NO way you should be the one who decides what is right for me. So many people suffer with in adequate treatment and need to seek an alternative approach, good alternative doctors are highly in demand and the waiting times to get an appointment are long as there so many people needing this kind of treatment.

I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines and you should too!!!

I consent to publication of my submission.

Sincerely,

Karen Carbutt

A black rectangular redaction box covering the signature area.

From: WENDY CARCAILLET
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:40:02 PM

To the Medical Board of Australia,

I support Option 1.

I need greater choice regarding health care practitioners and I want an integrative approach for my best care.

I consent to publication of my submission.

Sincerely,

WENDY CARCAILLET

[Redacted signature]

From: Vicky Carlisle
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 6:22:34 AM

To the Medical Board of Australia,

I support Option 1.

It is essential that we, the public, have full access to complimentary medicines. Many of these practices are very old and well established and have helped and continue to help multitudes of people. Please allow us, the people, to choose the type of healthcare we wish to use.

I consent to publication of my submission.

Sincerely,

Vicky Carlisle

A black rectangular box used to redact the signature of Vicky Carlisle.

From: Dr. James Carlopio
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 19 June 2019 2:58:41 PM

To the Medical Board of Australia,

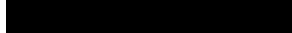
I support Option 1.

I strongly oppose the attempt to shut down an integral part of our health system. GPs must help lower health-care costs by selectively and appropriately using alternative health options. This looks seriously like the AMA trying to shut down its competition. It is hard to believe an association like our medical practitioners/AMA is endorsing the annihilation of a superbly diverse health system.

I consent to publication of my submission.

Sincerely,

Dr. James Carlopio

A solid black rectangular box used to redact the signature of Dr. James Carlopio.

From: Barbara Carr
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 6:14:55 AM

To the Medical Board of Australia,

I support Option 1.

To whom it may concern

I am 59 years old and have used complementary medicine all my life, starting from herbal medicine, homeopathy, TCM, Osteopathy, Chiropractors.

This is the way I have been dealing with most of my health issues with great success. So I would also like to have the choice of using the above disciplines in years to come.

I consent to publication of my submission.

Sincerely,

Barbara Carr

A solid black rectangular box used to redact the signature of Barbara Carr.

From: Ian Carr-Boyd
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:50:08 PM

To the Medical Board of Australia,

I support Option 1.

40 years in medicine, 35 years in general practice. My job as a GP is to advise on what I believe is worth trying - no guarantees with complimentary therapies - no longer are they "unconventional" - just as there are no guarantees with allopathic medicine. Freedom of choice and personal responsibility underpins good health. The proposed guidelines seek to undermine this, perhaps unknowingly. I regular consult with, refer to and enjoy a good professional relationship with osteopaths, naturopaths, chiropractors, yoga teachers and accupuncturists, and have used them personally with good results. They also provide time and empathy - much valued by clients - and something us medicos could well learn from.

The proposal is a step back into dark ages.

I consent to publication of my submission.

Sincerely,

Ian Carr-Boyd



From: Marlyse Carroll <submissions@yhyc.com.au>
Sent: Thursday, 2 May 2019 6:21 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support Option 1.

The holistic approach to medicine has always been important to me.

Having used complimentary health for decades I strongly believe that there is a place for natural therapies alongside mainstream pharmacological treatments.

Please honour the professionalism of integrative practitioners and their patients' intelligence by maintaining a healthy freedom of choice.

Yours Sincerely,

I consent to publication of my submission.

Sincerely,

Marlyse Carroll

[Redacted Signature]

From: GEOFF CARTER
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:03:09 AM

To the Medical Board of Australia,

I support Option 1.

Integrative doctors who provide longer consultations to understand the root cause of illness are a necessary part of healthcare in this country. 10minute consultations that invariably result in a script for pharmaceuticals cannot be considered health care and in fact will often do more harm than good as pharmaceuticals have never proven to be effective or safe.

For those who genuinely care about the health - not just a quick fix, a deeper understanding of the root cause of illness is needed.

If we approached healthcare in this way, the burden on the system would decrease as people would be cured instead of just having their symptoms temporarily alleviated and thus remaining in the system.

While most intelligent people can see that the influence of Pharma is getting out of control, the MBA can make a stand and do what is right for people, not for profits.

Thank you.

I consent to publication of my submission.

Sincerely,

GEOFF CARTER

A solid black rectangular box used to redact the signature of Geoff Carter.

From: Lesley Carter
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 2:01:06 PM

To the Medical Board of Australia,

I support Option 1.

I firmly believe that integrative and complementary medicine works best when used together.

To say that only pharmaceutical products should be used is incredibly short-sighted and dismissive of the learning from hundreds of years.

Personally, I use both. In my work I treat people with lymphatic drainage and this helps those suffering with cancer both by relieving their stress, helping them cope with chemotherapy and relieving the swollen legs of terminal clients enabling them to remain mobile for as long as possible.

It is disappointing to me to see options (for example) that can relieve pain without causing dependence, constipation and side effects being outlawed. Both integrative and complementary medicine need to be able to be used together.

I consent to publication of my submission.

Sincerely,

Lesley Carter



From: Vicky Carter
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 4:32:18 PM

To the Medical Board of Australia,

I support Option 1.

Patients should have access to integrative and complimentary medicine,
it's better than western medicine, stop supporting big pharma ! People
have the right to choice

I consent to publication of my submission.

Sincerely,

Vicky Carter

A black rectangular redaction box covering the signature area.

From: Zena Carter
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 4:40:16 PM

To the Medical Board of Australia,

I support Option 1.

I am absolutely in support of complementary medicine remaining available to the Australian people. I have used a range of remedies to heal and maintain optimum health for my family over the decades. I always seek out doctors who are open to integrative medicine.

I consent to publication of my submission.

Sincerely,

Zena Carter

A black rectangular redaction box covering the signature area.

From: Jude Casey
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 4:59:12 PM

To the Medical Board of Australia,

I support Option 1.

I am very concerned and disagree with the proposed tightening of regulations on Medical practitioners who provide integrative treatments along with conventional treatments. I think it disrespects the intelligence of the medical practitioners who have undergone extensive training to become medical practitioners and it undermines their autonomy to work as independent practitioners. They should be allowed to make decisions on their own, concerning the required treatments for their patients.

The proposed changes also prevent patients being treated on an individual basis with their particular set of symptoms being able to be dealt with in whatever unique way is required.

The proposed changes devalue the alternative health professionals who work in the health industry and whose treatments are often more holistic than conventional medicine and take into account the nutritional and emotional side of disease. I for one would not want to be restricted in my ability to choose alternative health care as well as conventional health care and would appreciate recommendations from my medical practitioner as well as advice on supplements that could improve my health.

I would also like to voice my disgust that alternative health practitioners have been removed from the health rebate system as this is a financial block to patients seeking the assistance of these worthwhile practitioners.

I consent to publication of my submission.

Sincerely,

Jude Casey



From: Bianca Cashman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 10 May 2019 12:56:59 PM

To the Medical Board of Australia,

I support Option 1.

I believe healthcare for patients should be a choice, and that choice to implement complementary and more natural therapies to work towards optimal health should not be ignored. Numerous Australians use other modalities to improve or maintain their wellbeing, with many Australians practicing CAM as a career. This decision will not only affect the patients, but the health practitioners who see the benefit and using such integrative approaches, many of those backed by scientific research and evidence based practice.

I support practitioners and doctors alike to use complementary and innovative practices to improve the health of our nation.

I consent to publication of my submission.

Sincerely,

Bianca Cashman

A black rectangular box redacting the signature of Bianca Cashman.

From: Renee Cashman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 6:11:58 AM

To the Medical Board of Australia,

I support Option 1.

Complimentary medicine is effective and essential. We have the right to learn about ALL our options when we are sick. This should be turned the opposite way- all doctors should learn at least one form of complimentary medicine and all should study nutritional medicine. This has helped me so much to be healthier and happier

I consent to publication of my submission.

Sincerely,

Renee Cashman

A solid black rectangular box used to redact the signature of Renee Cashman.

From: Amanda Cassidy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 8:39:31 PM

To the Medical Board of Australia,

I support Option 1.

My gp provides accupuncture, homeopathy and supplements as well as conventional medicine. That is why I choose him as my gp. I have the right to choose how I heal my body.

I consent to publication of my submission.

Sincerely,

Amanda Cassidy

A solid black rectangular box used to redact the signature of Amanda Cassidy.

From: Catherine Castelain
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 7:24:30 PM

To the Medical Board of Australia,

I support Option 1.

Hello,

I have been using homeopathy very successfully for the past 40 years.
It has proven a very good choice to keep me healthy without the need
to use costly chemically manufactured medicines. I do hope that common
sense will prevail and that alternative medicines and doctors who
practice them will be able to continue to be available in Australia.
Yours sincerely, Catherine Castelain

I consent to publication of my submission.

Sincerely,

Catherine Castelain

A solid black rectangular box used to redact the signature of Catherine Castelain.

From: Emiddio Cataldo
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 1 May 2019 10:41:02 AM

To the Medical Board of Australia,

I support Option 1.

Freedom to choose whatever helps the healing process is the only way that humanity can resolve the explosion in diseases. Treatments and non drug related practices are proving there worth, globally. Science has validated many healing practices that were once taboo.

I consent to publication of my submission.

Sincerely,

Emiddio Cataldo

A solid black rectangular box used to redact the signature of Emiddio Cataldo.

From: Georgina Catalinac Georgina Catalinac
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 7 May 2019 7:55:26 AM

To the Medical Board of Australia,

I support Option 1.

I believe there is a place for all medicine. If we go back to the very beginning of " ALL" time, medicine came from a natural source. The ground, plants ect. they are OUR given right to make that to choice to use "Alternative Medicine" We get to choose what we will use and what we don't use. Please stop trying to control us and let us choose what WE WANT!!! Alternative medicine and Medical can and does work well together. Not everything goes together, but, knowing what works, will always be better for the patient in the long run. LET US MAKE OUR OWN DICISIONS!!!!!!!!!!

I consent to publication of my submission.

Sincerely,

Georgina Catalinac Georgina Catalinac

[REDACTED]

From: Andrew Cathles
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 11:49:37 AM

To the Medical Board of Australia,

I support Option 1.

I support the use of integrative and complementary medicine by any appropriately trained healthcare professional. Integrative medicine has been more effective in treating my conditions and those of my family for decades now and should not be removed from the legitimate treatment options available through my doctor. I use it because the chances of side effects are minimal, death or injury is rare to non-existent (when used by appropriately trained practitioners), and it seeks to ameliorate the cause rather than manage symptoms. If the MBA imposes restrictions on Integrative practitioners my choice of using a medical doctor instead of or alongside my naturopath and herbalist will be eliminated. As the holder of a Health Science degree I do not agree with the current standard medical practice based on my experience and the results of natural remedies in practice. This support is based on science, experience and the belief that our body has the ability to heal itself - given the right support through nutrition, herbal remedies, supplements or other integrative medicine techniques.

I consent to publication of my submission.

Sincerely,

Andrew Cathles

A solid black rectangular box used to redact the signature of Andrew Cathles.

From: Elise Catterall <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:29 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The holistic approach to health care that integrative doctors are in the unique position to provide is critical and precious if we are to adequately address the epidemic of lifestyle related disease we are increasingly experiencing. It is unfathomable that practitioners with such deep knowledge would be prevented from applying it.

I consent to publication of my submission.

Sincerely,

Elise Catterall
[REDACTED]

From: Paul Cavanough
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 2:59:45 AM

To the Medical Board of Australia,

I support Option 1.

It's my right to choose what I believe is best for me. If every person is unique how can blanket medicine of one approach suits all, be effective in every case. May I point out that three trillion Chinese people believe acupuncture is a viable medical approach to alleviate symptoms or to address chronic illness. That being the case it becomes laughable to title that approach a fringe medicine. This limited approach being suggested is simply flawed at the get go. . Unless of course you are a member of the A.M.A. then the argument makes complete sense.

I consent to publication of my submission.

Sincerely,

Paul Cavanough



From: Helen Cavaye
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 1 June 2019 7:30:45 AM

To the Medical Board of Australia,

I support Option 1.

I have the right to choose what works for me. Natural therapies always.

I consent to publication of my submission.

Sincerely,

Helen Cavaye

[Redacted Signature]

From: Jaclyn Cave
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 3:46:42 PM

To the Medical Board of Australia,

I support Option 1.

You are taking away people's freedom of speech, health, & choice.

I consent to publication of my submission.

Sincerely,

Jaclyn Cave

A black rectangular redaction box covering the signature area.

From: Patricia Cave
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 9:09:24 PM

To the Medical Board of Australia,

I support Option 1.

I think Drs have the right to be holistic if they choose to be. They are advocates for health and should not be told what they can and cannot say. Good doctors I believe should be able to recommend complimentary medicines as I can guarantee you that traditional medical based practices do not hold all the answers. My health my choice.

I consent to publication of my submission.

Sincerely,

Patricia Cave

A black rectangular redaction box covering the signature area.

From: Lisa Cernicchi
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 7:00:18 AM

To the Medical Board of Australia,

I support Option 1.

As Australians we are privileged to have access to superior healthcare and this includes doctors trained in both orthodox and complimentary medicines. They have the ability to offer the best treatments for healing based on what is most appropriate for the patient irrelevant whether it is a pharmaceutical or complimentary medicine. Isn't the best possible health care for Australians more important than bias from those who do not having training in these fields?

I consent to publication of my submission.

Sincerely,

Lisa Cernicchi

A solid black rectangular box used to redact the signature of Lisa Cernicchi.

From: Susan Chambers
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:15:26 AM

To the Medical Board of Australia,

I support Option 1.

I have been seeing a GP who uses integrative and complementary medicine for the last 5 years. I am extremely sensitive to prescription medication and so we have worked together to find alternatives for my various medical conditions. My GP looks at general health and wellbeing, diet, lifestyle and exercise as well as my medical conditions to design me a programme which is best for my overall good health. This works wonderfully well for me and many other people I have spoken to. The difference between this type of GP and the other type you find in medical centres is that I feel I have input into what is being prescribed for me. As opposed to being given a prescription and sent out of the clinic not really understanding why.

The bottom line is that we as individuals are responsible for our own health, gone are the days where the local doctor knew everything about your medical conditions and kept an eye on it all, we must do that ourselves. An holistic approach is the best medicine.

I consent to publication of my submission.

Sincerely,

Susan Chambers



From: Hayley Chambers-holt
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:14:32 PM


To the Medical Board of Australia,

I support Option 1.

I support integrative and complimentary medicine as has been used successfully for many years. I've had success with it for myself and my family..it is MY health decision and even my GP has recommended complimentary medicine in the past to avoid more risky chemical alternatives. It is MY choice and there are little to no side effects to many complimentary medicines unlike that of many chemical/pharmaceutical alternatives.

I consent to publication of my submission.

Sincerely,

Hayley Chambers-holt


From: Anita Champion
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 2:31:45 PM

To the Medical Board of Australia,

I support Option 1.

I am disappointed with the outcome of natural therapies being taken off the private health insurance rebate. Now I see that you are looking at integrative and complementary medicine. I vote against any changes. I appreciate western medicine but I have also had great success with Integrative and complementary medicine. I want to continue to have a choice in my own health since I am responsible for myself. These type of events will change how I vote in this coming election.

I consent to publication of my submission.

Sincerely,

Anita Champion



From: Sherry Champion
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 18 June 2019 2:23:05 PM

To the Medical Board of Australia,

I support Option 1.

I am going to keep this short and concise...it is to be my choice on what treatments best suit my needs and my G.P should have the right to use a holistic approach for the best outcomes to my health

I consent to publication of my submission.

Sincerely,

Sherry Champion

A black rectangular redaction box covering the signature area.

From: Janet Champness <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 10:58 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We live in a democracy where holistic health options should be available as required. Why dominate health by drugs n not nutrition n healthy options?

I consent to publication of my submission.

Sincerely,

Janet Champness
[REDACTED]

From: Jill Chapman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 5:23:59 PM

To the Medical Board of Australia,

I support Option 1.

Please do not change the system and continue allow well trained GPS to choose how they deliver care

I consent to publication of my submission.

Sincerely,

Jill Chapman

[Redacted Signature]

From: Margaret Chapman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:22:25 PM

To the Medical Board of Australia,

I support Option 1.

In regards to limiting the cost-effective availability of integrative medicine in Australia, I would like to see it become more affordable for the average Australian. Our bodies have receptors in every cell in our body, these receptors only recognise natural substances. Once recognised, the receptor allows this non-synthetic substance to pass through into the cell, to build or repair the internal structures of each cell that have been damaged. In saying this, it would seem logical, in the first instance, to choose natural, integrative medicines to treat the body. At the same time, some pharmaceuticals have a role to play as well. We are supposed to be "the lucky country", don't sell our free choice to the highest bidder.

I consent to publication of my submission.

Sincerely,

Margaret Chapman

A black rectangular redaction box covering the signature area.

From: Paul Chapman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:27:12 PM

To the Medical Board of Australia,

I support Option 1.

It is simple for me, a few guiding points.

1. It is quite clear that current research is providing evidence which complementary medicines have understood for thousands of years. Such as the total connection between, mind, emotion and the physical body.
2. To restrict doctors from learning from, and enhancing their therapeutic success by including complementary methods in their own practices, is against the Hippocratic oath.
3. Doctors should be encouraged to work side by side with complementary health professionals as a means to provide the best quality health care for the public, to restrict this further calls for the reasoning behind this movement to be fully explained, and it is certainly obvious that this movement can no longer be hidden behind research, because research is proving the opposite.
5. It is clear that the approach of 10 minute consultations with pharmaceutical or surgical management of the human condition is totally inadequate, accept as a method of making substantial profit.
6. The Hippocratic oath should again be the guiding principle:

"A Modern Version of the Hippocratic Oath

I swear to fulfill, to the best of my ability and judgment, this covenant:

I will respect the hard-won scientific gains of those physicians in whose steps I walk, and gladly share such knowledge as is mine with those who are to follow.

I will apply, for the benefit of the sick, all measures which are required, avoiding those twin traps of over treatment and therapeutic nihilism.

I will remember that there is art to medicine as well as science, and that warmth, sympathy, and understanding may outweigh the surgeon's knife or the chemist's drug.

I will not be ashamed to say "I know not," nor will I fail to call in my colleagues when the skills of another are needed for a patient's recovery.

I will respect the privacy of my patients, for their problems are not disclosed to me that the world may know. Most especially must I tread with care in matters of life and death. If it is given me to save a life, all thanks. But it may also be within my power to take a life; this awesome responsibility must be faced with great humbleness and awareness of my own frailty. Above all, I must not play at God.

I will remember that I do not treat a fever chart, a cancerous growth, but a sick human being, whose illness may affect the person's family and economic stability. My responsibility includes these related problems, if I am to care adequately for the sick.

I will prevent disease whenever I can, for prevention is preferable to cure.

I will remember that I remain a member of society, with special obligations to all my fellow human beings, those sound of mind and body as well as the infirm.

If I do not violate this oath, may I enjoy life and art, respected while I live and remembered with affection thereafter. May I always act so as to preserve the finest traditions of my calling and may I long experience the joy of healing those who seek my help."

I consent to publication of my submission.

Sincerely,

Paul Chapman

A solid black rectangular box used to redact the signature of Paul Chapman.

From: Karyn Chasteauneuf <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:37 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We should have the right to choose what kind of healthcare best suits us. There is no one size fits all. Often when we have a medical problem we try conventional medicine first and when that doesn't help we will look elsewhere. We should be able to have this option. I have experienced this on a couple of occasions with good results. Please don't deny us this right.

I consent to publication of my submission.

Sincerely,

Karyn Chasteauneuf
[REDACTED]

From: Anne Chellingworth
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 12:12:40 PM

To the Medical Board of Australia,

I support Option 1.

There is still so much to learn about healthcare. While bio-medicine is wonderful and necessary, sometimes it does not have all the answers. Please allow other fields of study to flourish alongside conventional medicine!

I consent to publication of my submission.

Sincerely,

Anne Chellingworth

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From: Mary-Faeth Chenery
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:51:54 PM

To the Medical Board of Australia,

I support Option 1.

I am writing to ask that you leave the current guidelines for medical and allied health practitioners in place, thus continuing to allow them to use their own best judgment about the treatment plan for each individual. I have maintained extremely good health over my 70 years by paying attention to multiple ways to promote health - particularly through food choices, regular treatment using natural approaches, physical approaches such as exercise, physical therapy, chiropractic, remedial massage and myotherapy. I want my GP to be able to consider me as a whole person, and to be able to take some time to consult with me, ordering tests as required, and proposing a plan that respects me as a whole person. People are different from one another, and function on a range of different levels. The medical approach is just one level and a person's health is better cared for by a comprehensive consideration of what is needed. Thank you for considering this point of view.

I consent to publication of my submission.

Sincerely,

Mary-Faeth Chenery



From: Teresa Cheney
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 12:04:12 AM

To the Medical Board of Australia,

I support Option 1.

I am in complete support of holistic, integrative and complementary medicine and feel that this should be an option for all Australians. And furthermore that the right to receive more holistic treatment should be encouraged and not financial detrimental. I have found that a trip to my local doctor is such a poor experience in achieving complete health with a very narrow view of dealing with a body that has many interconnected elements. I am have sought out a doctor that takes the time to look at the whole picture and work alongside me to get me well again. This is where I have found benefit and health. And yet the MBA is seeking to restrict benefits integrative and holistic practitioners which will at the end of the day not help many Australians improve their health. You are considering taking away options and opportunities, limiting choice, value and health improvements. This attitude is archaic and freedom limiting. We live in Australia and I love Australia for the freedom of choice, opportunities and benefits we have because of our way of life. My husband and I are both hard working, tax paying and educated individuals who do not want changes and restrictions made to integrative care. We would choose these practices over conventional and often narrow minded health professionals any day. Conventional medicine needs to evolve and embrace the need for a more holistic view of treating individuals.

I consent to publication of my submission.

Sincerely,

Teresa Cheney



From: Kerry Chew <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:18 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The public have the right to nominate what is best for them.
Natural health remedies are a healthier option for preventative care as well as cure. This is not the right of the government to choose what is right for an individuals health

I consent to publication of my submission.

Sincerely,

Kerry Chew


From: Kelly Cheyne
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:40:28 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine. It has great value in the treatment of many conditions that do not require the use of pharmaceutical treatments.

I consent to publication of my submission.

Sincerely,

Kelly Cheyne

A solid black rectangular box used to redact the signature of Kelly Cheyne.

From: Yen Chia
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 12:38:46 AM

To the Medical Board of Australia,

I support Option 1.

The Holistic approach must remain available- to be fair to The human body which is created by God. Everything came from a natural source in the beginning of time or creation and it shouldn't be taken away based on the findings of men who makes mistakes - conventional or non conventional . Natural medicine should be allowed to co-exist just as we had let synthetic medicine coexist with natural medicines to begin with. It's only fair.

I have been a pharmacist for 15 years and believe in the success and potential of synthetic medicines through R&D ..yet there are many ways towards complete healing of a body - even if it is by interaction with the right person that gave hope, that provided just a placebo pill. So why take away integrative medicines? Unless it is purely for the benefit and gain of a biased consultancy.

I consent to publication of my submission.

Sincerely,

Yen Chia

A solid black rectangular box used to redact the signature of Yen Chia.

From: Armando Chiera
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 11:01:43 PM

To the Medical Board of Australia,

I support Option 1.

I do not agree with the new changes. Clients must be able to choose their way to health

I consent to publication of my submission.

Sincerely,

Armando Chiera

A black rectangular redaction box covering the signature area.

From: Anthony Chilvers
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 7:57:51 AM

To the Medical Board of Australia,

I support Option 1.

Natural remedies have helped me in the past.

I consent to publication of my submission.

Sincerely,

Anthony Chilvers

A solid black rectangular box used to redact the signature of Anthony Chilvers.

From: Aileen Chissell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 12:06:02 PM

To the Medical Board of Australia,

I support Option 1.

I believe every person has the right to choose which medical treatments they want..God gave us free will and I don't believe Governments can take that free will away from us. Allopathic medicine saved my life on more than one occasion, so I believe it is a vital service. Natural health remedies however kept me alive. Yeah

I consent to publication of my submission.

Sincerely,

Aileen Chissell

A solid black rectangular box used to redact the signature of Aileen Chissell.

From: Belinda Christensen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 11:08:54 AM

To the Medical Board of Australia,

I support Option 1.

The sole reason I am on a wait list to a particular GP in our area is because she knows how to treat a Person holistically. I have been to many GP's who just want to prescribe pharmaceuticals to reduce the Symptom... when a holistic GP will look deeper into the causes and provide a plan to treat all areas.

I consent to publication of my submission.

Sincerely,

Belinda Christensen

A solid black rectangular box used to redact the signature of Belinda Christensen.

From: Jenni Christie <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I firmly believe a wellness regime needs access to holistic medicine, with a free range of choices uninhibited by any particular body or group so that all doctors and therapists can put their patients needs first. If this is upheld there is much less risk of chronic disease overwhelming facilities and budgets and far better, in my opinion, for the average person's well being.

I consent to publication of my submission.

Sincerely,

Jenni Christie


From: Jo Christmas
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:52 PM

To the Medical Board of Australia,

I support Option 1.

I am writing to convey how concerned I am about the motion to 'tighten' regulations for practitioners who are offering integrative treatments. I think that the freedom to choose how we approach our healthcare is a fundamental right to every Australian. We live in a multicultural community where there are many different perspectives about what constitutes health, let alone how best to manage it. In the Australian culture, health is perceived as the absence of illness or diagnosis. We only have to look at the stats to see that the traditional medical model is not working for chronic diseases. My definition of health includes physical and mental energy, clarity, emotional well-being, good relationships, a sense of connection and able to create a life that is personally meaningful. The absence of a diagnosis doesn't mean that someone is healthy and this is consistently demonstrated in our society.

The idea that one very limited perspective of sickness management that is held by a group of people who have power and a financial interest in maintaining this approach (i.e. pharmaceutical industries and the traditional medical profession who are trained in the universities by the pharmaceutical companies) make alternative perspectives and approaches less available is against everything that a free country is supposed to stand for. Personally I find it disrespectful and a complete misuse of power to suggest that individuals are not capable of making the right choice for themselves. It is very dangerous when one group of people think they know enough to make decisions for all, because it is impossible for them to know what they don't know and what they don't know is the personal information, experience etc that the individual holds and is necessary to make the best decision for that particular person. Everyone has a right to make choices for themselves about their bodies, their treatment options and approach to healthcare and we need to be generating more choices rather than less so that they are able to 'bespoke' their own healthcare journey.

I worked as a nurse for 16 years and have personally witnessed that this medical system does not work for everyone. When I became sick, I found out just how limiting conventional medicine was in trying to cure myself. I did everything that I was told to and actually became sicker. It was by studying other modalities and utilising the services of integrative and complimentary medicine and approaches such as herbs, vitamins, yoga, meditation that had the biggest influence on my health. They are not new systems and have successfully kept nations healthy for much longer than our current system.

Why not let people decide? If integrative medicine doesn't work for them, then they will not engage in the services again, but I imagine the reason that people are exploring these options is that traditional medicine has not helped them. How can a government with any conscience limit the availability of services that may help certain groups of people. I believe that this is a complete misuse of power and cannot be in the best interest of Australians. Isn't it time that we became

more expansive in our approach to health care and make choices that are in the best interest of more of the people rather than allowing economics to influence the decisions made.

I consent to publication of my submission.

Sincerely,

Jo Christmas

A solid black rectangular box used to redact the signature of Jo Christmas.

From: Susan Christoffelsz
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 10:42:26 PM

To the Medical Board of Australia,

I support Option 1.

I have used a number of complementary health practitioners over the years and at 62 am in excellent health. I do not want a government to take away my right to choose who I want to see to keep in good health. Medical prescription drugs cause many health problems and are often just band-aids to cover up symptoms. People like myself actually save the government and tax payers money by seeking a holistic approach to preventing major health issues and Integrative doctors are more likely to offer holistic and less damaging care. My health....my choice!

I consent to publication of my submission.

Sincerely,

Susan Christoffelsz

A solid black rectangular box used to redact the signature of Susan Christoffelsz.

From: Susan Christoffelsz
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 1 May 2019 6:41:24 AM

To the Medical Board of Australia,

I support Option 1.

Leave integrative doctors alone. They have a holistic approach rather than a reductionist approach. They are needed to go beyond 'normal' medical advice. Health care needs to be about health and not just alleviate symptoms.

I consent to publication of my submission.

Sincerely,

Susan Christoffelsz

A solid black rectangular box used to redact the signature of Susan Christoffelsz.

From: Christine Christoforidis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:40:05 PM

To the Medical Board of Australia,

I support Option 1.

Australia is a democratic country and as such its citizens have the right to choose the very best available health treatments.

To deny the right to obtain all information about health matters that your trusted G.P. may want to disclose is a very serious concern. New information is available constantly worldwide and for Australia to be left behind is a backward step. Any changes to current regulations by the Government will be viewed worldwide as uneducated and ill informed.

I consent to publication of my submission.

Sincerely,

Christine Christoforidis

A solid black rectangular box used to redact the signature of Christine Christoforidis.

From: Katie Chynoweth
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:44:05 AM

To the Medical Board of Australia,

I support Option 1.

This needs to stay in place for integrative drs. We do not live in the dark ages we live in a democratic society where our voices should be heard. This is a ridiculous idea

I consent to publication of my submission.

Sincerely,

Katie Chynoweth

A solid black rectangular box used to redact the signature of Katie Chynoweth.

From: Natasha Cincott
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 11 May 2019 9:48:01 AM

To the Medical Board of Australia,

I support Option 1.

I am sincerely disappointed to hear that you feel as though you need to impose these guidelines on Integrative Practitioners. My family and I all prefer to use Integrative GP's because not only is it our RIGHT and our CHOICE to choose how we manage our health but we feel as though integrative and complementary medicine has greatly improved our overall health and wellbeing both physically and mentally. I feel that it is a holistic approach that takes into account many factors and provides solutions as opposed to trying to 'fix' something after I have already gotten sick. It takes into account so many factors beyond what my old mainstream gp did & they actually take the time to make sure you are heard. They treat you as a person, not just a number where you are seen for 2 minutes, given a prescription and then rushed out without much/any follow up, all of this after you have had to wait an additional HOUR (at least) because the doctor was running late (which would happen nearly EVERY TIME I went for a visit to my old mainstream GPs). This does not mean that I would never go to a hospital/specialist, it just means that if I truly NEEDED to go to the hospital/specialist, I will. My overall health and well-being has been EXCELLENT though because I am taking a PREVENTATIVE approach to my health as opposed to a REACTIVE one & I am not putting undue pressure on our mainstream healthcare system, which if the news is to be believed is already under an immense amount of pressure. Truly, I believe that the Integrative approach to medicine should actually held in higher esteem because my family & friends all certainly see it that way and we have never felt better/healthier.

I consent to publication of my submission.

Sincerely,

Natasha Cincott

[Redacted Signature]

From: Eliza Clapin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 6:13:57 PM

To the Medical Board of Australia,

I support Option 1.

“Let food be thy medicine, and medicine be thy food”. I support patient access to integrative and complimentary medicine because I have seen the power of these models working side by side. Conventional medicine has huge strengths and everyone needs a good doctor. However the human body is a complex relationship of systems, not just a collection of discrete parts and symptoms, and many things require a holistic approach. Something Hippocrates understood well. I understand the reasons for the intense specialisation of modern medicine, however there is a danger in collecting knowledge into such narrow bands. Most medical doctors receive very little training in nutrition and complimentary medicines and are not well placed to understand them. However those medical doctors who are interested in this area, and who do choose to further their knowledge, are making an important contribution to our understanding of health, should be applauded not discouraged. Dr Dale Bredeesen, the American Neurologist who after 30 years of research has concluded that Alzheimer’s can be prevented and perhaps reversed by addressing 3 key factors - lifestyle, diet and sleep - comes to mind. As a patient I am also entitled to educate myself, and make my own choices. I very much value my right to access conventional doctors, integrated practitioners and complimentary practitioners. I have had good and bad experiences with both and in my view it is the quality of the practitioner, and the care that they give, that should be the focus. If a practice or a practitioner of any kind is dangerous or unethical then that must be addressed. However I must say that to date, whilst there are many things that I would only see a doctor for, I have also had some extraordinary results for both myself and my children using complimentary therapies where conventional medicine was able to offer nothing. And I have had some terrible experiences with conventional practitioners.

I consent to publication of my submission.

Sincerely,

Eliza Clapin



From: Alex Clare
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 8:33:46 AM

To the Medical Board of Australia,

I support Option 1.

I have used both traditional options. I need to have the choice.
Alternative has helped me more. It is not fringe it is my choice.

I consent to publication of my submission.

Sincerely,

Alex Clare

A solid black rectangular box used to redact the signature of Alex Clare.

From: Aimee Clark <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 2:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The first GP to ever help me when I was sick of being so sick all of my life was a functional integrative practitioner. Without the help he gave me who knows how sick I'd be now. I may need this type of service again in the future, and everyone deserves to have this type of help because often GP's who study integrative functional medicine are the best qualified to truly help people.

I consent to publication of my submission.

Sincerely,

Aimee Clark


From: Aimee Clark <submissions@yhyc.com.au>
Sent: Tuesday, 25 June 2019 12:33 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative healthcare is essential healthcare and absolutely needs to be available for all Australians.

I consent to publication of my submission.

Sincerely,

Aimee Clark
[REDACTED]

From: cj clark
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 4:14:32 PM

To the Medical Board of Australia,

I support Option 1.

I choose Option 1: No change to the current guidelines which is the MBA preferred option because too often these restrictions have nothing to do with patient outcomes and everything to do with saving money. Also, there will be negative consequences to more restrictive funding that are, as yet, unseen.

I consent to publication of my submission.

Sincerely,

cj clark

A black rectangular redaction box covering the signature area.

From: colleen Clark
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:32:59 PM

To the Medical Board of Australia,

I support Option 1.

I have used a wide range of complimentary therapies for the better part of my life along with medical practices by my local doctors, when necessary. I find the complimentary therapies work more effectively for me as I am sensitive to many of the current medications and don't have to concern myself with any bad side effects from conventional medicine. If I was to have to rely only on the medications prescribed by the doctor I would not be nearly as healthy as I am now. I encourage the MBA to research more of the complimentary therapies to see just how effective they actually are. Also to teach the new doctors along these lines so they are not fearful of looking at a new approach which covers the wholistic attitude to medical assistance for their patients. I am 72 years old and have trained as a Registered Nurse, Midwife. I have had 5 children and 9 grandchildren and I would like to think they would be given the choice to decide which way to handle their health issues. thank you .

I consent to publication of my submission.

Sincerely,

colleen Clark

A solid black rectangular box used to redact the signature of Colleen Clark.

From: Robyn Clark <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 12:02 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Most GPs do not study natural health and don't understand how beneficial it is.

I consent to publication of my submission.

Sincerely,

Robyn Clark
[REDACTED]

From: Sally Ann Clark
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 11:22:44 AM

To the Medical Board of Australia,

I support Option 1.

I strongly support access for all Australians both to complementary and conventional healthcare. Health is best served by a holistic approach that considers a range of services. I have found complementary approaches such as craniosacral therapy, acupuncture, and chiropractic of great assistance, and avoided the need for drugs or other interventions this way. Nutritional support and addressing deficiencies is also part of the picture. Please support both conventional and complementary care for all.

I consent to publication of my submission.

Sincerely,

Sally Ann Clark

A black rectangular redaction box covering the signature area.

From: Tom Clark
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 7:47:32 PM

To the Medical Board of Australia,

I support Option 1.

I need choice.

I consent to publication of my submission.

Sincerely,

Tom Clark

A solid black rectangular box used to redact the signature of Tom Clark.

From: Carmel Clarke <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 6:31 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I cannot express in words the anger I feel that this is even being contemplated. This is criminal manipulation to take away the rights and freedom of choice of the people to choose their own health care modalities. It is blatant dictatorship, authoritarian, coercion behaviour. Australia is a democracy.

I respect conventional mainstream general practice in medicine but prescribing drugs is not a health care system it is a sickness system.

I support and have always used integrative and complimentary medicine.

I rely on integrative methods to keep myself and my husband well and free from disease and always recommend it as an option to lived ones and friends. And the results of wellness speaks for itself. The word 'integrative' and complementary is just that.. it works with traditional mainstream modalities to support the recovery process.

What the Healthcare system should adopt if it feels threatened is Functional Medicine and get to the bottom of illness and disease, not just mask it with drugs.

If the MBA imposes restrictions on integrative practitioners, I will continue to seek an alternative to the current system.

Can't they see it is stupid not to support integrative practices when it works hand in hand with general practice. They are obviously realising that current general practices are loosing favour and the hip pocket is suffering.

If the MBA proceed to restrict integrative practice it will drive other modalities underground as people will still want freedom to choose and then there will be a bigger problem. It is just ridiculous that a Dr will not be able to prescribe a vitamin over a drug. Just absurd. I will stand in support of integrative and complementary options forever.

I consent to publication of my submission.

Sincerely,

Carmel Clarke


From: Jo Clarke
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 10:38:47 PM

To the Medical Board of Australia,

I support Option 1.

I support Option 1 - to maintain the current guidelines as well as why you value Integrative medicine and support doctors' right to provide new and innovative approaches, including complementary medicine treatments.

I consent to publication of my submission.

Sincerely,

Jo Clarke

A black rectangular redaction box covering the signature area.

From: Katie Clarke
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 7:04:05 PM

To the Medical Board of Australia,

I support Option 1.

I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines. Many of these therapies are traditional and have been around longer than Western medicine. It is a sorry state of affairs when Western conventional medicine refuses to acknowledge and respect the proven natural medical therapies of other nations. Listen to the public - they are wanting a better system that focuses on preventative and holistic care. Doctors need to embrace the changing nature of the world and not attempt to force an archaic system on the public. There will always be a need for conventional medicine - however it can sit perfectly alongside preventative and holistic care. Conventional medicine is just one part of the health pie - it is not the only part.

I consent to publication of my submission.

Sincerely,

Katie Clarke

A black rectangular box redacting the signature of Katie Clarke.

From: Merle Clarke
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 5:47:30 PM

To the Medical Board of Australia,

I support Option 1.

Introduce SINGLE vaccine options - not cocktails , like 3 in one jabs.
These should not be compulsory. A person may need to first establish
if they may be immune compromised before agreeing to ANY vaccination.
Complementary medicine should ALWAYS be an option. NEVER banish a
qualified complementary practitioner. PLEASE.

I consent to publication of my submission.

Sincerely,

Merle Clarke

A black rectangular box used to redact the signature of Merle Clarke.

From: Margaret Cleall
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 8:24:55 AM

To the Medical Board of Australia,

I support Option 1.

I agree that all alternative medicine & practices be up to every individual person Im also in support of medical marijuana and Hemp oils for all medical conditions be legalized asap Not recreational use only medical let the suffering stop ! Let the individual decide! Let it be more affordable ! Stop making people rich by making people sick or making the "Cure" or treatments worse than the diseases

From terminal to pain to emotional & mental issues

Give options

Give freedom to choose

Give natural inexpensive choices

Money doesn't grow on trees but but lots of cures can be grown in plants

I consent to publication of my submission.

Sincerely,

Margaret Cleall

[Redacted Signature]

From: Gillian Cleary
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:31:11 AM

To the Medical Board of Australia,

I support Option 1.

I support choice for the Australian population to engage health practitioners that best suit their needs and values whether those practitioners support an integrative approach or not.

I consent to publication of my submission.

Sincerely,

Gillian Cleary

A solid black rectangular box used to redact the signature of Gillian Cleary.

From: Jan Cleason
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 9:44:40 AM

To the Medical Board of Australia,

I support Option 1.

I am writing in regard to any proposed changes to MBA guidelines concerning Integrated and Complimentary Medicines.

I, and my family have been using complimentary medicines and treatments for several years with nothing but successful results.

I have always believed that it can only be of benefit to doctors and consequently patients to be informed and educated in alternative treatments. I do not like the fact that most doctors these days seem to rely heavily on the drug and pharmaceutical companies as there first and in some instances only treatment options.

I also feel it is the doctors responsibility to inform his patients of all their options. If the doctor is uneducated in regard to what is available then he/she cannot provide a wholistic choice to his patient.

I also believe the individual should have the right to be informed of all choices available and also to be able to make that choice re their own health care.

After all it is their body, disease and should be their choice!!

If these changes and restrictions are imposed I shall be severely limited in regard to my health care and I will be left with no choice at all!!

I consent to publication of my submission.

Sincerely,

Jan Cleason



From: Berit Clifford
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 10:35:56 AM

To the Medical Board of Australia,

I support Option 1.

Just let us have the freedom of choice to use the services of integrated practitioners. Thanks

I consent to publication of my submission.

Sincerely,

Berit Clifford

A black rectangular box used to redact the signature of Berit Clifford.

From: Janet Clifford
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:31:11 AM

To the Medical Board of Australia,

I support Option 1.

What are you afraid of is my question????

I consent to publication of my submission.

Sincerely,

Janet Clifford

A solid black rectangular box used to redact the signature of Janet Clifford.

From: Rae Clifford
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:57:53 AM

To the Medical Board of Australia,

I support Option 1.

My health my choice...I believe there is room for both

I consent to publication of my submission.

Sincerely,

Rae Clifford

A solid black rectangular box used to redact the signature of Rae Clifford.

From: Pauline Clynch
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 6:50:19 AM

To the Medical Board of Australia,

I support Option 1.

We must be allowed to have some determination in our health care choices. I have used homeopathic and herbal medicine for many years with significant benefits to my health. Our right to choose must be preserved.

I consent to publication of my submission.

Sincerely,

Pauline Clynch

A black rectangular redaction box covering the signature area.

From: Emma Cochrane <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:47 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It is very important to have complementary medicine available if we want to live happy healthy life's

I consent to publication of my submission.

Sincerely,

Emma Cochrane


From: Emma Cochrane <submissions@yhyc.com.au>
Sent: Friday, 28 June 2019 6:13 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I want to see integrative Medicine available to all. Such a integral part of our overall health.

I consent to publication of my submission.

Sincerely,

Emma Cochrane
[REDACTED]

From: Josephine Coco
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:36:55 AM

To the Medical Board of Australia,

I support Option 1.

Integrative healthcare and complementary health practices are a choice that broaden clients ability to choose options that are in their best interest. Clients are perfectly capable of making those choices without interference by the MBA.

I consent to publication of my submission.

Sincerely,

Josephine Coco

A black rectangular redaction box covering the signature area.

From: Sharon Cody
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 10:20:01 AM

To the Medical Board of Australia,

I support Option 1.

Alternative medicine has always expedited my healing. I prefer not to take prescription drugs. Homeopathy and energy work (beyond the 5 senses) has helped me on the physical, emotional and etheric levels.
Thank you. Sharon Cody

I consent to publication of my submission.

Sincerely,

Sharon Cody

A solid black rectangular box used to redact the signature of Sharon Cody.

From: Jennifer Cojean
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:49:31 AM

To the Medical Board of Australia,

I support Option 1.

I should be able to choose my doctor and the treatment I receive.
Freedom of choice.

I consent to publication of my submission.

Sincerely,

Jennifer Cojean



From: Letitia Coker
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 8:33:57 PM

To the Medical Board of Australia,

I support Option 1.

Thankyou for your time in reading this letter. I wish to bring before you the fact that plant based medicine has long traditional and now scientific support for the treatment of many diseases and medical conditions. There is also a place for plant based medicine being used in conjunction with modern medical practices and medicines.

I am a registered nurse and also a Medical Herbalist and have seen both work incredible well in helping people be in the best possible health and wellness that they can be and alleviate their suffering. In a democratic society, freedom of choice is very important and this includes the freedom to choose what sort of medical treatment that we would like to choose for the medical conditions that we face, even if the AMA disagrees with it.

In a democracy people have the right to this freedom to choice, even if we disagree with their choice. That is why we live in a democracy. Integrative Doctors and Herbalist/Naturopaths are an important part of our communities, they have been highly trained to treat people, to help people be well and treat diseases many are faced with. They provide a safe way to treat with alternative medicine.

As a practitioner I implore you to not to evoke people's freedom to choose the type of treatment they wish to use for their medical conditions as well as their right to have alternative medicine provided by highly trained professionals.

Please consider your actions and the long term effects of your decisions that you make with regards to Integrative Doctors Herbalist and Naturopaths.

Sincerely

Letitia Coker

I consent to publication of my submission.

Sincerely,

Letitia Coker



From: Alana Cole
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:41:12 PM

To the Medical Board of Australia,

I support Option 1.

I am a health practitioner registered with AHPRA.

I object to the proposed restrictions for medical practitioners who choose to incorporate complementary medicines & treatments into their practice.

I have university qualifications as both a naturopath & registered nurse & have a deep understanding of the use of both complementary & conventional medicine. Doctors who choose to use complementary medicine are held in high esteem & are in great demand due to their integrative approach. This is largely due to the fact that their approach works. To deny the therapeutic effectiveness of vitamin & mineral therapy (scientifically proven to be effective & commonly used in mainstream hospitals nowadays), herbs (most of which have hundreds of years of empirical evidence & are significantly safer than most pharmaceutical drugs) is incredulous. Complementary medicine is called complementary for a reason, it complement the biomedical approach. Restricting their practice will only serve to further compromise the declining health of our nation & further limit our freedom of choice. I am a parent of three children & have the right to access health care that honours my wellbeing & that of my family.

I consent to publication of my submission.

Sincerely,

Alana Cole



From: Niki Cole
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 8:53:02 PM

To the Medical Board of Australia,

I support Option 1.

Health MUST be about choice. The current system is 'sick care' it isn't health care. By taking away access to integrative and complimentary health care, you take away choice. Every person is an individual, deserving an individualised approach to their problem, which for some people will only be solved with an alternative approach. I have seen this countless times as a chiropractor, with patients feeling so helpless with being prescribed drugs that are inappropriate, or presenting to ortho surgeons who say it's not a surgical case, and who are left hanging in no mans land. Chiropractic can address the entire biopsychosocial model of care and they have time and training to do so. Please do not take this right away.

I consent to publication of my submission.

Sincerely,

Niki Cole

A black rectangular redaction box covering the signature area.

From: John Coleman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 3:27:24 PM

To the Medical Board of Australia,

I support Option 1.

Please leave the situation as is in option 1 Surely the doctor and patient know what is best based on presenting condition for quality of life and well being for the patient's future

I consent to publication of my submission.

Sincerely,

John Coleman

A solid black rectangular box used to redact the signature of John Coleman.

From: Neil Coleman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 9:17:51 AM

To the Medical Board of Australia,

I support Option 1.

I support integrative and complementary medicine. It has helped me. This is my considered opinion. It is important to get to the real cause of the patient's medical problem. This highly important step very often does not seem to happen with most traditional doctors. After the cause has been established, it is also important to then have a range of treatments available to help fix the real problem. Please don't take away our options.

I consent to publication of my submission.

Sincerely,

Neil Coleman

A solid black rectangular box used to redact the signature of Neil Coleman.

From: Pamela Cole-Stokes <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I reserve the right to choose how I wish to be treated. Sometimes complementary medicine is all that is needed. GP's should be able to advise patients of alternative care and options.

I consent to publication of my submission.

Sincerely,

Pamela Cole-Stokes



From: Joann Colless
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 19 June 2019 10:18:52 PM

To the Medical Board of Australia,

I support Option 1.

Our health is our health. The decisions for our bodies is up to us.
Both sides of medical and herbal medicine is important for optimum health.

I consent to publication of my submission.

Sincerely,

Joann Colless

A solid black rectangular box used to redact the signature of Joann Colless.

From: Michael Collett
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:16:43 AM

To the Medical Board of Australia,

I support Option 1.

Your proposal is without merit, just one example vitamins. They are natural, who decides what is and is not? The pharmaceutical companies?

I consent to publication of my submission.

Sincerely,

Michael Collett


From: Suzanne Collingwood
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 16 May 2019 10:07:20 AM

To the Medical Board of Australia,

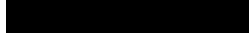
I support Option 1.

I believe I will be best served if my doctor has a range of options to choose from other than pharmaceutical products. Quite often these drugs are not the only answer and may be helped by complementary therapies. If you faced a life threatening situation would you not want your doctor to be knowledgeable about every type of help available.

I consent to publication of my submission.

Sincerely,

Suzanne Collingwood

A solid black rectangular box used to redact the signature of Suzanne Collingwood.

From: Ian Collins
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 9:43:32 PM

To the Medical Board of Australia,

I support Option 1.

Neither Medicine nor Complementary Medicine, have all the answers, but the combination of the two often leads to better patient outcomes.

Medicine has risks, side effects of medication, drug interaction and idiosyncratic reactions. Surgery and anaesthesia have large risks and often very poor outcomes. A patient who decides to take a less risky approach to treatment by choosing a Complementary Medicine or Natural Therapy approach; even though there may be some risk; should be allowed to choose for themselves.

As a pharmacist who is interested in all forms of treatment, and has spent time with people where normal medicine has failed them, believes people should be allowed to try to achieve an outcome. There are many success stories, yes the Medical Board may call them anecdotal; but if the patient feels they have cured or almost cured their problem, then no-one has the right to stop them.

Thank you,

I consent to publication of my submission.

Sincerely,

Ian Collins

A black rectangular redaction box covering the signature area.

From: Sarah Collins
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:31:16 AM

To the Medical Board of Australia,

I support Option 1.

You will not take my right to choose what is right for my body or family. Natural medicine is and has been proven to work for thousands of years and is a gentle way to heal a person. This is my right and you will not take it.

I consent to publication of my submission.

Sincerely,

Sarah Collins

A solid black rectangular box used to redact the signature of Sarah Collins.

From: Robert Colman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:32:45 PM

To the Medical Board of Australia,

I support Option 1.

honestly this seems a bit dumb, are we a nanny state all of a sudden?

submission over.

I consent to publication of my submission.

Sincerely,

Robert Colman

A solid black rectangular box used to redact the signature of Robert Colman.

From: Tony Comerford
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:47:08 PM

To the Medical Board of Australia,

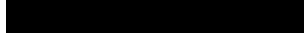
I support Option 1.

People should be allowed to have choice in the way they manage the treatment of their illnesses. Being prescribed medications that cause further issues and requires more medication is not always the answer. We need to get to the source of the issues not just aim to control the symptoms. A combination of all to be available to all to give people the best outcome.

I consent to publication of my submission.

Sincerely,

Tony Comerford

A solid black rectangular box used to redact the signature of Tony Comerford.

From: David Comyns <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 11:03 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It's only ethical that patients be given the right to choose what type of health care best supports their requirements for health and wellbeing.

Integrative Medicine and Complimentary Healthcare actually deal with the root cause of a particular issue, not merely the egotistical view of being able to diagnose a condition without any ability to help support the true healing and functional return of the individual. Here lies the concern that the major Power players, the drug companies (who's business relays on people that never heal) and the government and are wanting to flex their muscle in an attempt to hold onto the power they have held through manipulation, lies and deception of the public.

It's just power and control tactics.

Medicine is great in emergency situation and life support, but that is that, fortunately public support of Integrative and Complimentary Healthcare is growing and it's only a matter of time.

I consent to publication of my submission.

Sincerely,

David Comyns

[Redacted Signature]

From: Lydia Connelly
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 8 June 2019 6:21:44 PM

To the Medical Board of Australia,

I support Option 1.

On reading the MBA's consultation paper I'm struck with an overall sense of general negativity around unconventional medicine and emerging treatments. I understand the MBA is sincere in exercising its remit to protect the general public from things it doesn't understand but may I humbly suggest that just as in many other areas of the social landscape ordinary people have moved on ahead of a professional class who are immersed in their own little world and who may even have vested interests. The world has moved on, the culture has moved on. Orthodox health care is woefully out of touch with what people want today. It is more about maintaining power than it is about allowing people access to the healing modalities they need. I've had a live blood analysis which identified flukes which I was able to cleanse out and restore my health. I've had hair samples analysed for their constituent chemical profile and I've had a dentist do a blood profile to ensure that he didn't use incompatible dental materials. These were great services to have and none of them would have been possible under normal orthodox medicine.

When I go to a doctor I want a doctor who respects me, who recognises that I have the right to treat myself with the supplements and therapies I need, who can order non-orthodox diagnostic procedures if need be, and who is empowered to exercise his own judgement and his own knowledge, which may be based in orthodox medicine but which may also be augmented by his knowledge and study in other health fields. Integrative GPs are highly trained, specialist doctors educated beyond their medical tertiary qualifications. I do not want a doctor who is limited and prescribed by myriad rules.

In the consultation paper you mention that "concerns have been raised by stakeholders". Who are the stakeholders? Surely us? The pharmaceutical lobby is bigger in power and scope than the Energy lobby and they certainly have a vested interest in marketing scientific medicine at the expense of gentler, safer, more natural alternatives. Pharmaceutical companies sponsor a lot of the research and education that's done in Australia and their representatives sit on the boards of universities and government bodies.

I support patient access to integrative and complementary medicines and therapies. I believe integrative doctors who provide these services are more highly trained and skilled than others and are usually good doctors. The approved codes of conduct and best practice for doctors are already stringent and I don't think any damping down or restrictions on modes of practice could be good in any way.

I consent to publication of my submission.

Sincerely,

Lydia Connelly

[Redacted signature]

From: Maureen Connolly
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:26:01 PM

To the Medical Board of Australia,

I support Option 1.

The emergence of Integrative GPs has provided many patients with a pathway to better and more-self-directed health. Because Integrative GPs are able to take the time (which the patient is happy to pay a premium for) to understand the patient's lifestyle, diet, and general state of health, and can educate the patient on taking better care of themselves, they are actually practising 'preventive medicine' instead of waiting until the only option for the patients is to take drugs for their symptoms. This approach is surely desirable from a public health and public cost point of view. My own personal experience is that my Integrative GP looks 'outside the box' as well diligently following medical guidelines when necessary. Once again, I am willing to pay the difference for the extra time and the advice offered. It would a much better approach to the health of the population to encourage them to seek advice on living and eating better.

I consent to publication of my submission.

Sincerely,

Maureen Connolly

A black rectangular box redacting the signature of Maureen Connolly.

From: Chloe ConnOr
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 20 April 2019 11:03:28 PM

To the Medical Board of Australia,

I support Option 1.

Alternative medicine has existed and successfully and consistently healed people for thousands of years. The Chinese can teach us this. I fear if you take the ability to advise and direct away from health practitioners you will successfully send sick and desperate people underground to seek these alternative treatments.

Think of the potential for harm to strike these people without the guidance of a health practitioner .

Without alternative therapy, I would not function the way I do. In my case, science and medicine failed me.

I consent to publication of my submission.

Sincerely,

Chloe ConnOr

A solid black rectangular box used to redact the signature of Chloe ConnOr.

From: Tracey Conroy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:31:42 AM

To the Medical Board of Australia,

I support Option 1.

It's time governments stop trying to remove people's right to choose how they treat their health issues. In many parts of the world homeopathy is first class medicine. Also you say homeopathy doesn't work well the royal family have used it for many many years Stop being so threatened by medicines that work. Big pharma took over and wants to rule the whole medical system. It's not a preferred method for many. The more people that are awakening to this are living proof. We deserve to have equal rights when it comes to the choices we make in regards to our personal health care. Stop fearing other methods that work move into the 21st century of progressive health care. Big pharma alone isn't the best answer after all they use botanical medicines to make their medicines. Yet they want to discredit anyone else who uses them. Get with the needs of progressive integrative medicine providers instead of punishing people. Since when did one shoe fit all? The answer is never. Stop denying the people their rights to fair and equally subsidies on health care. How dare a panel of money orientalists sit back and make decisions on my health care options. It should not be legal as it's uninformed because I don't recall ever being asked personally about the laws these profit machines put in place.

I consent to publication of my submission.

Sincerely,

Tracey Conroy



From: Barbara Constable
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 1 May 2019 9:30:16 AM

To the Medical Board of Australia,

I support Option 1.

Doctors who provide alternative health services provide valuable healthcare to patients. Patients are treated from a more holistic framework, which is complimentary, and often gives positive results when traditional medicine has given none. I myself have experienced breakthroughs with my health on a number of occasions in the past 30 years when alternative therapies have given me my life back after traditional medicine has failed me.

I consent to publication of my submission.

Sincerely,

Barbara Constable

A solid black rectangular box used to redact the signature of Barbara Constable.

From: Tracey Contoy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 4:27:49 PM

To the Medical Board of Australia,

I support Option 1.

I ask the question. If we all acknowledge that mind , body and spirit equal totality then why not practice this.? A practitioner who does not treat the patient as a whole is only half the practitioner. To intergrate other modalities for total health care options makes sense. Why would anyone only want to rely on a partial fix. What is western medicine so afraid of. Naturopathy is fabulous for many many guy and inflammation issues. Homeopathy is excellent for emotional and organ health if a society wants the best of its people isn't it best to offer modalities can provide alternative options. Why does only one modality get the best subsidies or is it that you as a governing body don't want too many healthy people? If this is the case your knowingly depriving your people of optimum health care options. This is in itself failing to make great choices. Western medicine doesn't offer all the cures nor do they train their doctors in wholisim. This means your mostly treating symptoms and not causes. As a medical governing body I believe your duties include delivering the best and that includes being diverse. It's time you stopped living in the past when it comes to progressive medicine policies as this no longer serves a community let alone a nation. Deciding only the lucky few can access certain modalities due to affordability is discriminatory. To bring all modalities into line will only benefit your profit machines. You create a much larger market by exposing more people to more modalities. It's called expansion to meet the market. Surely a panel of intelligent adults can see the benefits of increased exposure. Basically your running out of reasons to say no. Eventually this old age thinking will cause mass exodus from a system that has stifled itself. In fact I believe your at the beginning of that cycle. To refuse the patient proper options and education which will change their attitude to their health care programs is to eventually be seen as fearful and make the public ask what are you so afraid of. Then people begin to see your agenda isn't the health of the nation but rather the profit in sickness. At this point people are already seeing healthcare is script writing 10 minute visits No blood pressure taken, no care factor just what can I write you today. That's where you as a governing body have taken health care, not us, you. Profit machines bowing to big pharmas need to keep people ill. This will be eventually exposed to be the truth. So it's your decisions discrediting your industry. You make us complete degrees to become alternative health care providers but you refuse to acknowledge the importance of our knowledge. How does that seem fair? We jump through the hoops only to be unfairly treated because what we do works. This has been going on for years and years. It's time you as a governing body got with the times. In the USA many western doctors are also qualified in TCM as well as Homeopathy. There are huge Homeopathy hospitals in India and Germany and other countries. In fact I believe the Indian homeopathy hospital is having great success in the cure of HIV/AIDS. The Lancet is always including treatments and studies successfully being used by alternate medical approaches. Please stop stifling doctors and their patients as it's your duty to bring about the best alternatives in medicine across the board to its

communities. If your not seen to be doing this then your not acting in the best interests of the people who you are serving. Your not supposed to be bias Big pharma is a supplier they shouldn't be in any way influencing a medical boards decisions. This could easily be seen as corrupt And we all know corruption never serves people well. Its time to change how medical practitioners operate it's time to expand. Thankyou.

I consent to publication of my submission.

Sincerely,

Tracey Contoy

A solid black rectangular box used to redact the signature of Tracey Contoy.

From: Cass Cook
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:28:43 PM

To the Medical Board of Australia,

I support Option 1.

Australian's should be able to choose natural health. I support natural health providers and the education they provide to prevent disease.

I consent to publication of my submission.

Sincerely,

Cass Cook

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From: Jill Cook
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:23:21 AM

To the Medical Board of Australia,

I support Option 1.

I wish to keep our present form of Integrative medical care. I believe medical care should be holistic..

I consent to publication of my submission.

Sincerely,

Jill Cook

A black rectangular redaction box covering the signature area.

From: Kin Cook <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:19 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Freedom of choice

I consent to publication of my submission.

Sincerely,

Kin Cook


From: Liz Cook
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:16:27 AM

To the Medical Board of Australia,

I support Option 1.

I support option 1 - no change to the current guidelines. Myself and my family see an integrated doctor, and will continue to. These doctors use to the best of both complimentary and modern medicine to achieve real results for patients, not just treating symptoms with medication which has no benefit long term. The harder the government pushes on these issues the harder will be the push back from people like myself. It is vital that we encourage doctors to be open minded to options for treatment and not just remain within the narrow scope under which they were trained. That is true science.

I consent to publication of my submission.

Sincerely,

Liz Cook

A solid black rectangular box used to redact the signature of Liz Cook.

From: Helen Cooke
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 5:01:21 PM

To the Medical Board of Australia,

I support Option 1.

I wish that my GP continue to be able to offer me alternative treatments and therapies that go beyond those provided by mainstream pharmaceutical companies

I consent to publication of my submission.

Sincerely,

Helen Cooke

A solid black rectangular box used to redact the signature of Helen Cooke.

From: Stephen Cooke
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 12:52:54 PM

To the Medical Board of Australia,

I support Option 1.

My family and friends have benefited greatly from Integrative Doctors who have dug below the surface of complex chronic medical conditions and provided Integrative medicines/lifestyle advice which proved to be far more effective and tolerable (nil side effects) than the symptom relief offered from straight conventional medicine. People are choosing Integrative Medicine because the standard model is not working adequately (particularly for chronic disease).

I consent to publication of my submission.

Sincerely,

Stephen Cooke

A solid black rectangular box used to redact the signature of Stephen Cooke.

From: Corinne Coombs
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 11:07:28 PM

To the Medical Board of Australia,

I support Option 1.

If you take this action in stopping doctors to integrate traditional medicines from their more holistic practices then you will put a nail in the coffin for my faith in any medical intervention. It appears to be based solely on greed and the need to keep feathering the nest of the sickness industry. To be honest, if I was ever sick enough to go to a doctor, I'd only ever go to an integrative practice. If this option was taken away then unless I was in an ambulance, I'd never seek out a doctor for any service in the future.

Your insecurity in this matter is astounding and pathetic. It just goes to show how greed and fear run the world. I will not be a party to this nor support your system.

I consent to publication of my submission.

Sincerely,

Corinne Coombs



From: Trish Cooney
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 10:30:43 PM

To the Medical Board of Australia,

I support Option 1.

I want the right to choose. I use many different approaches to my healthcare including herbal, acupuncture and chiropractic. They have helped me to be healthier and put less strain on the Medicare system. There should be no change. We should have a choice.

I consent to publication of my submission.

Sincerely,

Trish Cooney

A black rectangular redaction box covering the signature area.

From: Sylvia Cooper
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 1:02:49 PM

To the Medical Board of Australia,

I support Option 1.

Despite having a great emergency and trauma medical system in Australia, it is the traditional healthcare systems that excel at preventative health outcomes and the treatment of chronic conditions. To loose traditional healthcare access would put people's health at risk and puts more pressure on the expensive, overextended critical care segment of our medical/surgical system.

I consent to publication of my submission.

Sincerely,

Sylvia Cooper

A solid black rectangular box used to redact the signature of Sylvia Cooper.

From: William Cooper
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 10:06:01 PM

To the Medical Board of Australia,

I support Option 1.

Health-care should be evidence-based. Where there is little evidence, there should be open-mindedness (both to the possible validity and lack thereof of methodologies). While I agree that in late-stage intervention medical protocol is usually necessary, there are non-traditional interventions which improve patient outcomes. For example, I believe there is a place for chiropractice as physical therapy. While I do not believe that therapy should accepted simply for being complementary or alternative, I simultaneously do not believe that non-traditional therapy should be rejected for being unconventional.

I consent to publication of my submission.

Sincerely,

William Cooper

A solid black rectangular box used to redact the signature of William Cooper.

From: Joan Corica
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 7 May 2019 11:45:47 AM

To the Medical Board of Australia,

I support Option 1.

I wish to protest against the changes and restrictions proposed to the existing practises regarding natural therapies. While I am a long time user and know that natural therapies do work for me and my family, my main concern here is FREEDOM OF CHOICE. What is the medical board afraid of? Have the members studied the use of natural therapies as practiced by the many profession therapists across Australia? Have they read and understand what this is about? Can you deny that Chinese and other Asian methods which have been proven for thousands of years while Europeans were still living in caves are valid? No-one has the right to deny us this freedom of choice. Thousands of lives have been lost on battlefields across the globe in defence of this right.
Sincerely

I consent to publication of my submission.

Sincerely,

Joan Corica

A solid black rectangular box used to redact the signature of Joan Corica.

From: Joan Corica
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 12:04:05 AM

To the Medical Board of Australia,

I support Option 1.

I read with disgust that people whom are pledged to assist others to maintain optimum health would be so closed-minded not to explore the health options that nature provides. What is it that you are afraid of? I am not disparaging your knowledge and expertise at all but please keep an open mind and learn more about other ways of healing, be it Oriental , homeopathic ayurveda etc. These all have a place in the health of those who must be given freedom to choose what works best for them. We are intelligent open minded people. No one should be able to legislate such a draconian, backward thinking policy.

I consent to publication of my submission.

Sincerely,

Joan Corica

A solid black rectangular box used to redact the signature of Joan Corica.

From: Sue Corney
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:06:03 AM

To the Medical Board of Australia,

I support Option 1.

It is important not to put any kind of restriction Integrative Medicine. In particular, patients should have FULL access to ALL information relating to them and Integrative Medicine. There should be no withholding of ANY information.

I consent to publication of my submission.

Sincerely,

Sue Corney

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From: Vanessa Corrigan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:46:57 AM

To the Medical Board of Australia,

I support Option 1.

I support the right of medical practitioners to utilise complementary medicine, and new and innovative approaches, within their practices. I support freedom of choice in healthcare.

I consent to publication of my submission.

Sincerely,

Vanessa Corrigan

A solid black rectangular box used to redact the signature of Vanessa Corrigan.

From: Nicole Corse-Scott
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:46:55 PM

To the Medical Board of Australia,

I support Option 1.

To the powers that be; Regardless of whether you say there is enough 'scientific evidence' that alternative therapies work (and we know that there is) There is definite evidence that even a placebo has an extremely high success rate. Therefore, a person should have their own choice of medicine that empowers them back to optimum health. Alternative therapies have been used for thousands of years and always will be, better to have it regulated than pushed underground.

I consent to publication of my submission.

Sincerely,

Nicole Corse-Scott

A solid black rectangular box used to redact the signature of Nicole Corse-Scott.

From: Kim Cotrona
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 7:20:16 PM

To the Medical Board of Australia,

I support Option 1.

Holistic and integrated healthcare must be an option for individuals.
It must also be an option for Drs who wish to peruse this path and offer patients a choice.

Having practitioners advise on alternative healthcare is imperative for the public to have access to well researched and professional advice.
Integrated medicine has worked extremely well for our family and it should be a professional option for families that wish to pursue it along with traditional medicine.

I consent to publication of my submission.

Sincerely,

Kim Cotrona

A solid black rectangular box used to redact the signature of Kim Cotrona.

From: Deborah Coulthard
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 9:04:14 PM

To the Medical Board of Australia,

I support Option 1.

I am seriously concerned that the MBA is considering restricting the freedom of doctors to offer integrative healthcare services. As a healthy 60yo I am currently seeing the results of decades of allopathic medicine on my parents' generation, and it is not a pretty sight. For all the masses of prescription medicines this generation of people has been ingesting are they healthy - no they are not. They may not die as "young" as the generations before them, but instead are withering their last years away (mostly in aged care) in a barely functioning state.

For myself, I choose to take a preventative, proactive approach to healthcare which includes the use of dietary supplements (if needed) herbal medicine, TCM, acupuncture and whatever else is needed to help the body regain it's wellbeing.

I was really excited to find that there are doctors who practice "integrative medicine", bringing together the best of the allopathic and alternative treatment models. Many people in my generation and younger feel the same way about their health, and we have the right to see and be treated by a doctor practicing integrative medicine.

I consent to publication of my submission.

Sincerely,

Deborah Coulthard



From: Rebekah Coupe <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:42 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Hi, all doctors should be allowed the freedoms to recommend whatever natural treatments they feel would help their patients. That is freedom of choice and speech.

I consent to publication of my submission.

Sincerely,

Rebekah Coupe
[REDACTED]

From: Rosalba Courtney
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 2 June 2019 12:52:01 PM

To the Medical Board of Australia,

I support Option 1.

Many patients with chronic conditions do not respond to conventional medicine. Some benefit from treatments and therapeutic approaches that are not part of the conventional approach. There are treatments that while not part of regular medical do have research showing both safety and efficacy. Its important that patients continue to have access to safe and effective integrative treatment that is not part of conventional medical practice.

I consent to publication of my submission.

Sincerely,

Rosalba Courtney

A solid black rectangular box used to redact the signature of Rosalba Courtney.

From: Amanda Cowan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 20 April 2019 11:03:37 PM

To the Medical Board of Australia,

I support Option 1.

Natural alternatives are essential

I consent to publication of my submission.

Sincerely,

Amanda Cowan

A solid black rectangular box used to redact the signature of Amanda Cowan.

From: Jodi Cowan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 6:58:46 AM

To the Medical Board of Australia,

I support Option 1.

I actively seek doctors who practice integrative and complementary medicine because they have more to offer. Western medicine isn't holistic, only treats symptoms and often gives medication because it is sponsored by that pharmaceutical company.

Every form of medicine has its place. Sometimes it is a diet change that is required (but often a pill with nasty side effects is offered in its place). A practitioner who practices western medicine alongside integrative and complimentary therapies has more 'tools in his toolkit' ie he would suggest trying less invasive and more long term treatments like the diet, rest, exercise, although he also has access to western medicine so can add those therapies as they are needed.

I believe all doctors should carry a complementary therapy qualification as I believe it makes them a more effective doctor. It ensures they are looking for the root cause of the disease rather than just treating the symptoms.

Please stop trying to force the population and professionals too to use only Western Medicine. We want freedom of choice and fairness.

Where I live I have to drive to the next town to see a doctor and often have to wait more than an hour to see them as they are so overbooked because there are not enough doctors that want to come out here. We have natural practitioners here in my community that I can see quite promptly and have managed to work with my issues to clear them.

I would so love to see an integrated practice near my community I would certainly see them.

I consent to publication of my submission.

Sincerely,

Jodi Cowan

[Redacted Signature]

From: Janet Cowden
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 4:29:52 PM

To the Medical Board of Australia,

I support Option 1.

I support option 1 because I support choice for consumers and medical practitioners in their diagnostic and treatment options.

I consent to publication of my submission.

Sincerely,

Janet Cowden

A black rectangular box used to redact the signature of Janet Cowden.

From: Janet Cowden
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 9:27:01 PM

To the Medical Board of Australia,

I support Option 1.

I very much value the choice of medical practice that is on offer at present, especially chiropractic, vitamin therapy and herbal medicine. This is because, from my observation, these modalities attempt to address causes rather than just symptoms. This approach is a good use of resources.

I do not want medical practitioners to be restricted to "conventional" practice - whatever "conventional" might be interpreted to mean.

I object to the MBA having already decided on a preferred option before undertaking public consultation.

I consent to publication of my submission.

Sincerely,

Janet Cowden

A black rectangular box used to redact the signature of Janet Cowden.

From: Paige Cowley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 7:02:33 AM

To the Medical Board of Australia,

I support Option 1.

It is the responsibility of the medical board to ensure access to medical assistance that will benefit the patient. Doctors should be able to practice medicine that they are confident works, they are the advocates for patients, and as such they should be able to make all options available to them in their best interests.

Integrative and complementary medicine options can safely used in addition to pharmaceutical treatments and have been used in this way for a long time.

Doctors should have the tools they need to help patients with all solutions - natural or chemical.

I speak for myself and my husband when I say that natural complementary medicine has been the foundation of our wellbeing.

Natural medicines and integrative health care should not be a treated as threat to the system but should be embraced for the total well being of patient health.

Please do not restrict the right to holistic health care and limit the views of societies most needed health contributors. The medical board needs to be at the forefront for supporting good medical practice that supports all Australians.

I consent to publication of my submission.

Sincerely,

Paige Cowley



From: Christine Cox
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:54:22 AM

To the Medical Board of Australia,

I support Option 1.

I thankfully received integrative therapies @ [REDACTED] Public
Hospital, Sydney.

I consent to publication of my submission.

Sincerely,

Christine Cox
[REDACTED]

From: Julie Cox
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:31:50 AM

To the Medical Board of Australia,

I support Option 1.

Everyone should have the right to make choices with regards to the dr they visit and the type of treatment and advice that they provide. Although I have not attended and integrative practitioner myself, due mainly to the lack of them in this area, I believe that they provide beneficial guidance and advice for health.

I consent to publication of my submission.

Sincerely,

Julie Cox

A solid black rectangular box used to redact the signature of Julie Cox.

From: Kerrie Cox
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:40:49 AM

To the Medical Board of Australia,

I support Option 1.

I cannot believe that there is a movement to restrict holistic healthcare. Our body is amazing and is not just a symptom that a doctor may recognise. In my journey of health, it has been obvious that a varied approach to holistic health care has been the most affective. Every part of the body works together and if health professionals are restricted from providing integrative and complementary medicine, then global health will continue to deteriorate. I have had healing from both conventional and alternate treatments and this should always be my choice.

Choosing complementary therapies and medicine has provided me and my family with good health and less long term illness, so why would anyone want to stop our choice to have these options?

If restrictions are imposed on integrative practitioners it will deny their clients the holistic health care they may need and certainly deserve. I feel that our health will suffer if we do not have access to the current integrative and complementary medicines that we currently appreciate so very much.

Please allow these amazing practitioners to offer full holistic healthcare for the benefit of their patients. Allow us, the Patients to decide on what we want to choose through what practitioners are offering, please do not restrict this choice and take away these options from our practitioners???

I consent to publication of my submission.

Sincerely,

Kerrie Cox



From: Monique Cox
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 5:42:08 AM

To the Medical Board of Australia,

I support Option 1.

My experience with complementary medicine has greatly improved my quality of life as well as my family and address my long standing health issues

I consent to publication of my submission.

Sincerely,

Monique Cox

A solid black rectangular box used to redact the signature of Monique Cox.

From: Murray Cox <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 7:33 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I'm 67 years old and have witnessed both the good and bad sides of allopathic medicine...in my view the use of pharmaceutical products as the main source of achieving health is a poor choice...they all have side effects and many of them serious...doctors are not trained in nutrition to any significant degree and rely almost entirely on pharmaceutical products to treat patients.

Whilst pharmaceuticals may be necessary in the case of diseases that are not treatable with nutrition they are in no way a sensible substitute for nutrition in preventing illness in the first place.

Whilst doctors will tell you that eating a healthy diet and getting exercise are important they believe that this is achieved by eating certain food groups...they have little or no understanding that healthy food is very hard to find these days...soil is depleted of minerals and trace elements by intensive farming practices and farming products are contaminated by pesticides and chemicals used in modern farming practices.

If the soil lacks nutrients and is contaminated then the food is not nutritious or safe to eat.

We have a steadily increasing unhealthy population and allopathic medicine uses more chemicals to treat the diseases that result from this.

Vital Minerals (vitamins) are known to be essential to health along with trace elements that we need to be healthy and to survive...now we have a group that is untrained in this field wanting to deny us access to products and services that are addressing this major issue in our modern contaminated society...this is not a step in the right direction...Doctors that go out of their way to equip themselves with knowledge about preventative medicine should be applauded not attacked or vilified.

Integrative medicine is not a Doctor straying from the path but rather a Doctor informing his/her self to a higher degree and having the wisdom to recognise that allopathic medicine is not the only way to treat patients and is in fact a construct of the pharmaceutical companies upon which allopathic medicine relies.

If doctors do not want to inform themselves beyond the allopathic medicine training they received at university then so be it let them cling doggedly to their drugs and chemicals but this does not give them the right to deny us the right to go beyond their blinkered thinking and to seek ways to prevent illness or to treat it in ways that are not so destructive. Integrative medicine practitioners to me are a great step in the right direction for a profession that is fast losing its grip on the general populace who are seeking better paths to follow than the flawed path that allopathic medicine represents.

The self serving idea that you are doing the public a service by cracking down on integrative medicine practitioners and/or alternative medicine practitioners is flawed thinking and not worthy of a profession whose first tenet is "first do no harm" the entire population of Australia has seen the harm that pharmaceutical products and devices have done and being intelligent beings rather than the misinformed beings that doctors think we are we are making informed decisions for ourselves hence the billions of dollars being spent on vitamins and minerals and alternative practitioners every year...we have made our choices and it is arrogant for the allopathic medicine practitioners to think they can take these choices away from us by lobbying the government to remove support from these alternatives...this is an ignorant crime in my view sponsored by pharmaceutical companies and greed.

It has no place in a profession that claims to have the best interests of its patients at heart.

Do not retreat into the darkness but embrace the alternatives and integrate them into your body of knowledge so that you can offer your patients the best possible outcome and if you are not prepared to do this then get out of the way.

I consent to publication of my submission.

Sincerely,

Murray Cox


From: Rose Cox
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 12:58:37 PM

To the Medical Board of Australia,

I support Option 1.

I have used complementary medicine for over 35 years and have always maintained great health without ever having to resort to pharmaceuticals on an ongoing basis unlike many of my contemporaries and also people far younger than me.

If referral to complementary and integrative medicine is taken away from doctors I hate to imagine the state of health in people in Australia for years to come. So many people are already unaware that there are many natural methods that can help them without having to resort to drugs that often lead to further issues in their health.

Please do not let this happen, you would be doing a great disservice to the Australian public. It is bad enough that many complementary health services can no longer be claimed on our private health funds but this would have far more devastating effects.

I consent to publication of my submission.

Sincerely,

Rose Cox

A black rectangular redaction box covering the signature area.

From: Sue Cox
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 19 June 2019 11:03:56 AM

To the Medical Board of Australia,

I support Option 1.

Isn't it simply all about the health of the people?

If a person can benefit from using certain natural supplements surely it would be a good thing!

Anyone can buy many of these products off the supermarket shelf so I can't see why doctors would be restricted from advising the use of them.

In my opinion there is room for both conventional & complementary treatment and I do not see why they can't work together.

I consent to publication of my submission.

Sincerely,

Sue Cox

A solid black rectangular box used to redact the signature of Sue Cox.

From: Anthony Coxon
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 12:32:22 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine make up an important and highly valued health service for me and my family. I would be very disappointed to see any restriction to access or research opportunities. My health. My choice.

I consent to publication of my submission.

Sincerely,

Anthony Coxon

A solid black rectangular box used to redact the signature of Anthony Coxon.

From: ben crane
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 6:13:04 PM

To the Medical Board of Australia,

I support Option 1.

Lay people need to determine the availability or otherwise of integrative medicine. Non-medical people should decide whether Integrative doctors, who are expert in nutritional and environmental medicine, for example, are allowed to practice freely, or restricted. Mainstream doctors should not have that power. Mainstream doctors who are FOSM, who are frightened and ignorant of true advances in medical practice, and who want their competitors in the health marketplace removed, cannot be allowed to damage Integrative Medicine if communities are to receive the best medical care, care that is paid for by those communities.

I consent to publication of my submission.

Sincerely,

ben crane



From: Conor Crane <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 1:09 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please do not stop doctors offering 'alternative' treatments to patients. The answer isn't always drugs and prescriptions. Sometimes it's a healthy diet and exercise, sometimes it's natural supplements. Doctors are smart people who can assess what's best for their patients.

I consent to publication of my submission.

Sincerely,

Conor Crane


From: Sharon Crawford
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:54:48 PM

To the Medical Board of Australia,

I support Option 1.

Hi, I believe that I have the right to call my body my own. In this world we have many ways of practicing medicine based on 'passed down cultural knowledge'. There are many forms of this medicine that embrace practices that include for example food, breath or yoga. We find out through research many things regarding these medicines that were already known and are positive. A perfect example of this is mindfulness. I understand that your organisation is committed to providing safe and effective healthcare. With this in mind and given what we already know about the example I have given, would it be best to keep using what works and keep researching these age old practices? If you cut off the ability of doctors to use them you will effectively halt all research. Given the medical professions inability to provide cures that are effective 100% of the time for 100% of the people it is provided too, you must understand that many people are happy to use complimentary medicine practices that also may not be effective 100% of the time.

There is a very real danger that your decision will not stop anything, it will just shift it. This shift means that as a community we have no way of demanding that remedies be pure and made to strict guidelines or that practitioners are educated to a high standard. This will cause much harm and it still will not stop anyone from using.

Thank you very much for taking the time to read and consider my submission. I am very happy to discuss this more if you wish.

Have a beautiful day

Sharon Crawford

I consent to publication of my submission.

Sincerely,

Sharon Crawford



From: Carol Crawford-Kerr
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:47:08 PM

To the Medical Board of Australia,

I support Option 1.

I have successfully used natural therapy in conjunction with main stream medicine and GP's. It is just unacceptable to make alternative therapies not accessible to those who value there services. This is a free and democratic country and we the people have the right to make choices for our selves on our own well-being and healing options. Democracy means freedom of speech, with the right to make choices based on individual preference. So stop making decisions on our behalf to line your own pockets financially. We need a healthcare system based on wellness not your model of illness. Take a pill and call me next week through your revolving door medical practices.

I consent to publication of my submission.

Sincerely,

Carol Crawford-Kerr



From: Heather Creber
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 10:15:53 PM

To the Medical Board of Australia,

I support Option 1.

I believe the time is right to allow doctors to explore the possibilities of options to treat patients overall wellbeing, this must include alternatives to traditional medications where the doctor feels the patient would benefit more from a holistic approach, as the availability of information and knowledge has expanded we must expand the possibilities to accept and provide all alternative treatments where possible, not to replace traditional treatments but to enhance and improve, this is the future and the possibilities for us all are limitless.

I consent to publication of my submission.

Sincerely,

Heather Creber

A solid black rectangular box used to redact the signature of Heather Creber.

From: Robyn Creighton
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:32:54 AM

To the Medical Board of Australia,

I support Option 1.

Please continue to give us options on how to best support our bodies

I consent to publication of my submission.

Sincerely,

Robyn Creighton

[Redacted Signature]

From: Justine Croatto
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 9:29:23 PM

To the Medical Board of Australia,

I support Option 1.

It is a right to freedom that people should be able to choose who treats them medically & by what means. Different medical options work for different people & it is no one person, group or board that should be able to determine what works for who.

I consent to publication of my submission.

Sincerely,

Justine Croatto

A solid black rectangular box used to redact the signature of Justine Croatto.

From: Kate Croghan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 1:31:13 PM

To the Medical Board of Australia,

I support Option 1.

I have used integrated doctors for decades and in many cases they are the only ones who would listen and the only ones who could help. Australians should have the choice to seek medical support with integrated doctors. To think there is no need for these doctors is frightening naive!

I consent to publication of my submission.

Sincerely,

Kate Croghan

A solid black rectangular box used to redact the signature of Kate Croghan.

From: Tracey Cross <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have free choice with my own health and therefore do not support any government who believes they can take that away. You do not and never will own my own free will.

I consent to publication of my submission.

Sincerely,

Tracey Cross


From: Tracey Cross <submissions@yhyc.com.au>
Sent: Thursday, 2 May 2019 10:25 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

My choice my health and considering the system that is in place is not about health it's about big pharmaceutical companies who medicate the symptoms not the actual issue.

I consent to publication of my submission.

Sincerely,

Tracey Cross


From: Jane Crowley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 12:17:06 AM

To the Medical Board of Australia,

I support Option 1.

I do not want the MBA to 'decide' what medical options are available to me. I see an integrative medicine doctor, and I applaud doctors who have gone beyond the base medical degree to study natural and integrative medicines that add more value to the patient than a standard doctor with only a medical degree with no further training,

I consent to publication of my submission.

Sincerely,

Jane Crowley

A solid black rectangular box used to redact the signature of Jane Crowley.

From: Jane Crowley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 10:03:49 AM

To the Medical Board of Australia,

I support Option 1.

My GP has studied beyond her university degree and offers health services beyond the capability of a standard GP. Alongside pharmaceuticals I am taking research proven vitamin and mineral supplements that have 'filled the gaps' and alleviated the horrid side effects of some of my medications. Superior lifestyle recommendations have also been made by my integrative GP that have never even mentioned by the standard GPs I've seen. Integrative GPs are critical to human care and we need more. My current integrative GP has a one year wait list for new clients.

I consent to publication of my submission.

Sincerely,

Jane Crowley

A solid black rectangular box used to redact the signature of Jane Crowley.

From: Robyn Crozier <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 5:15 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Everyone should have a choice of what type of practitioner they would like and not be restricted by what can be prescribed for their health.

I consent to publication of my submission.

Sincerely,

Robyn Crozier
[REDACTED]

From: Susan Cruickshank
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 12:34:20 AM

To the Medical Board of Australia,

I support Option 1.

I have recovered and maintained my personal health and seen the benefits in family and friends through the use of integrative and complementary therapies. Their power to target and exponentially improve recovery from diverse conditions including cancer, chronic pain, crippling anxiety. The professional skills and experiences of our practitioners are honed and enhanced by appropriate studies, networking and delivered with compassionate care. Regulatory changes are unnecessarily punitive to excellent practitioners and their communities.

I consent to publication of my submission.

Sincerely,

Susan Cruickshank

A black rectangular redaction box covering the signature area.

From: Raina Cruise
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 11 May 2019 9:34:22 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and complimentary medicine is my first choice for health care. It is so important we keep this option available for patients and for medical practitioners to prescribe. Our health, our choice.

I consent to publication of my submission.

Sincerely,

Raina Cruise

A black rectangular box used to redact the signature of Raina Cruise.

From: Teri Cserhalmi
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:31:32 PM

To the Medical Board of Australia,

I support Option 1.

I do not believe that medical practitioners should be stopped from working together with alternate practitioners to provide holistic care to any patients. It is in the best interest of all patients to have access to any treatment to feel better. Ancient and alternative medicines have a role in modern day healthcare.

I consent to publication of my submission.

Sincerely,

Teri Cserhalmi

A black rectangular box used to redact the signature of Teri Cserhalmi.

From: Sarah Culverhouse
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 10:17:50 AM

To the Medical Board of Australia,

I support Option 1.

I strongly oppose any change that would impact the ability of GPs to practice using an integrative approach. Many complementary medicines have significant evidence of benefit for patients, and a majority of patients are using CMs. To change the rules for many reputable practitioners undermines not only their ability to practice but the tenets of evidence-based medicine.

I consent to publication of my submission.

Sincerely,

Sarah Culverhouse

A solid black rectangular box used to redact the signature of Sarah Culverhouse.

From: Therese Curr
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 7:15:27 PM

To the Medical Board of Australia,

I support Option 1.

Many of our friends and family have needed to access complementary medicine over the last 40 years. If this is taken away many people will suffer needlessly. Please allow us to have treatments on Australia as the cost of going overseas is financially prohibitive to thousands of us. Isn't it better to keep the treatments and the money in our country as everyone then benefits.

Sincerely yours

Therese Curr

I consent to publication of my submission.

Sincerely,

Therese Curr

[Redacted Signature]

From: Lauren Currell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 5:37:12 PM

To the Medical Board of Australia,

I support Option 1.

I have previously contacted MBA about current policies leaving doctors unwilling to mention their knowledge of successful natural treatments to the detriment of the patients health, including my own but was palmed off. Commissioners Office and my former gp are both aware autoimmune diseases are generally not permanent and very treatable with diet, etc as they gave told me this. Censorship is really disgusting.

I consent to publication of my submission.

Sincerely,

Lauren Currell

A solid black rectangular box used to redact the signature of Lauren Currell.

From: Kathryn Currie
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 12:18:21 PM

To the Medical Board of Australia,

I support Option 1.

I and many others do not consent to the obvious assault on natural health practices that are clinically proven and thousands of years old. You may be getting your orders from above but you will not win this one without a fight. The pharmaceutical industry is corrupt and they cannot and will not be the only choice.

I consent to publication of my submission.

Sincerely,

Kathryn Currie

A solid black rectangular box used to redact the signature of Kathryn Currie.

From: Susan Curtain
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 7:55:34 PM

To the Medical Board of Australia,

I support Option 1.

Our medical system needs to expand the integrative medical philosophic, diagnostic and therapeutic approach not excise it! Daily we talk to frustrated customers. Frustrated due to the narrow focus of the current medical system and the emphasis on pharmaceuticals. Integrative doctors that our customers have access to are regarded highly and considered life changing by many.

I consent to publication of my submission.

Sincerely,

Susan Curtain

A black rectangular redaction box covering the signature area.

From: Sue Curtis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 4:07:07 PM

To the Medical Board of Australia,

I support Option 1.

I believe that all patients and all health care practitioners have the right of choice to include therapies the compliment and help holistic health care process. If you are listening to the people, you would hear that we want the right to choose our health care providers. Let those people who want complimentary process choose health care professionals who offer alternatives, aand leth those people who don't want alternative to choose health care that suits their needs. I don't believe you have the right to take choice away from the consumer, or from the practitioner. Thank you for listening. Cheers Sue.

I consent to publication of my submission.

Sincerely,

Sue Curtis

A solid black rectangular box used to redact the signature of Sue Curtis.

From: Leonie Cuthbert
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 7:55:29 AM

To the Medical Board of Australia,

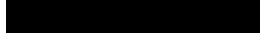
I support Option 1.

As an older Australian, who has been taught to respect healing, whether it is conventional or alternative. I would like to object to our choice of healing being denied to us because it doesn't comply to what one section of the medical sciences decrees. We have a choice about the medical treatment we want. Do not take this right away from us.

I consent to publication of my submission.

Sincerely,

Leonie Cuthbert

A solid black rectangular box used to redact the signature of Leonie Cuthbert.

From: Dexter Cutinha
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 10:49:01 PM

To the Medical Board of Australia,

I support Option 1.

I am strong believer in the mind body connection, the natural healing abilities of the body and alternative treatments. Would like to encourage doctors to continue to explore complimentary therapies.

I consent to publication of my submission.

Sincerely,

Dexter Cutinha

A solid black rectangular box used to redact the signature of Dexter Cutinha.

From: Joe Czeschka
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 1:46:02 PM

To the Medical Board of Australia,

I support Option 1.

Our Health system already does not provide a real holistic approach. I have had ailments fixed through accupunture and medicine where my GP's solutions did nothing for my pain. I believe every Doctor has an obligation and should be allow to cure rather then just treat people with what ever form of solution is known to man. I appreciate that medical science and pharmaceuticals are worried that they will loose their grip on power, but all patience are individual's and some science does not work on all of us.

I consent to publication of my submission.

Sincerely,

Joe Czeschka

A black rectangular redaction box covering the signature area.

From: Clarice da Silva
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 1:32:37 PM

To the Medical Board of Australia,

I support Option 1.

This is no brainer! Society is seeking alternatives and Integrative modalities of healing. Allopathic medicine does not have all the answers as does the alternative or integrative modalities. It is surely everyone 's prerogative to have a choice.

I consent to publication of my submission.

Sincerely,

Clarice da Silva

A solid black rectangular box used to redact the signature of Clarice da Silva.

From: Paige D'Agostino <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:29 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe there should always be a choice in how we choose to "medicate" ourselves. I believe that we should always have a natural or holistic option and drs should be able to offer these to us.

I consent to publication of my submission.

Sincerely,

Paige D'Agostino


From: Andrea Dalkin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 10:20:10 AM

To the Medical Board of Australia,

I support Option 1.

I support integrative and complimentary medicine, as it has been essential in maintaining my family's health, when nothing can be done by mainstream medicine. We have a much better quality of life due to integrative and complimentary medicine

I consent to publication of my submission.

Sincerely,

Andrea Dalkin

A solid black rectangular box used to redact the signature of Andrea Dalkin.

From: Bertram Daniel
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 12 May 2019 11:44:47 AM

To the Medical Board of Australia,

I support Option 1.

I am the son of a doctor now deceased and sadly have lost faith in the way medicine is practiced today

My doctor is a naturopath as well and does not use many drugs. Mostly herbs and vitamins etc.

My health is dependent on integrative medicine as this is what keeps me well. Allopathic medicine did not.

It is my choice whom I see and nobody else should dictate how my doctor chooses to practice

I consent to publication of my submission.

Sincerely,

Bertram Daniel

A solid black rectangular box used to redact the signature of Bertram Daniel.

From: Bertram Daniel
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:43:28 PM

To the Medical Board of Australia,

I support Option 1.

I have lost faith in allopathic medicine, as it appears to me that it is not about keeping people well, but about treating illness.

My doctor is also a Naturopath and he keeps me well by making suggestions regarding diet, herbs and supplements and a healthy diet and lifestyle.

My experience with doctors has been about them trying to talk me into taking drugs to keep me well. Not about a healthy diet and lifestyle.

I am in very good health and want to continue to use Eastern and Natural medicine to continue to stay healthy.

I consent to publication of my submission.

Sincerely,

Bertram Daniel

A solid black rectangular box used to redact the signature of Bertram Daniel.

From: Wendy Daniel
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 8:34:39 AM

To the Medical Board of Australia,

I support Option 1.

Real doctors should be allowed to ask real questions, supply real supplements and herbs as they see fit and operate with real ethics. It's called human rights.

I consent to publication of my submission.

Sincerely,

Wendy Daniel

A solid black rectangular box used to redact the signature of Wendy Daniel.

From: Gwen Dasborough
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 8:51:00 AM

To the Medical Board of Australia,

I support Option 1.

In this 'free' country the public should have the right to choose their own modalities for health and wellness. From a personal experience I have chosen to use alternative medicine/practices for my health and that of my family. For too long now the public has been unaware of the negative health impacts that conventional medicine ie medication has caused. In my personal experience the use of alternative therapy, where appropriate, has resulted in astounding and long term health benefits and no nasty side effects. I wholly believe in the integration of conventional and alternative therapies - not only as a right of choice but also as beneficial to health and wellness. It is also interesting to note that 'alternative' therapies was once normal practice! Modern science has introduced great benefits to health but also some negative effects. The choice of one's health is a basic human right.

I consent to publication of my submission.

Sincerely,

Gwen Dasborough


From: Tracey-Leigh Davey
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 10:43:08 AM

To the Medical Board of Australia,

I support Option 1.

I wanted to write as I am very concerned about the new proposal. If this goes through, patients will not receive adequate care and choice in their own health - it is essential to continue to allow access to time honoured health principles as delivered by natural and holistic practitioners and for doctors to be able to speak freely about what the options for their patients are without being restricted to only providing drug solutions - which is where all this is going.

I do not support pharmaceuticals having free reign on the healthcare system nor forcing doctors to be silent about their risks and the alternatives to drugs, under threat of consequence. This clearly does not have the best interests of the community at heart.

What is now referred to as alternative medicine has offered health benefits to myself, my family and my clients and for many generations before today. Pharmaceutical products do not always work and they come with a list of side effects requiring more medications upon more medications.

I work as a counsellor - for over 21 years, and the mental health issues caused by "modern medicine" are as severe as those caused by illegal (and legal) AOD abuse - but negative effects of prescribed drugs are in higher numbers due to the exorbitant use of them and the mistaken belief in consumers that these products are safe and that the "doctor knows best".

I have experience with clients who come to see me who are on multiple medications, serious medications - in quantities that leave me wondering how they are still walking and talking. These doses are high and put patients at high risk by those in the medical profession. So a caring and supportive relationship (something many clients have never had) with a counsellor or natural health professional in a therapeutic context is being pointed at as "a risk", whilst the medical profession is loading a patient up with lithium, epilim, efexor plus 2 different sleeping tablets at night and further meds for various other ailments that add up to a total of 20 medications in one client I'm thinking off right now, and this is not that rare - 10 or 11+ meds is way too common. And these highly medicated people are driving around on our roads!

We are going the wrong way in propping up this way of thinking. We need to be exploring and growing the natural health sector with the same kind of budgets and technology that is used for the drug companies. We need a gentler and healthier approach than using drugs that cause ill health while trying to treat ill health. We need natural therapists - more and more desperately to combat the harm being done. Please, do not take away the doctors choice and the patients choice. We all have a right to access knowledge and information and to take a lead role in what we put into our bodies and what choices we make and recommend in regards to our health. It is both ignorant and arrogant to think that the "modern" medical profession can provide all the answers for all the health problems. The stats on harm caused in this same profession is very high. There are other ways. There is other knowledge out there. Please support

the freedom to choose - for all and do not allow this proposal to pass.

I consent to publication of my submission.

Sincerely,

Tracey-Leigh Davey

A solid black rectangular box used to redact the signature of Tracey-Leigh Davey.

From: September David
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 6:31:54 PM

To the Medical Board of Australia,

I support Option 1.

I fully support the intergration of alternative medicine. Long over due.

Sincerely,

I consent to publication of my submission.

Sincerely,

September David

[Redacted Signature]

From: Kim Davidson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 4:17:09 PM

To the Medical Board of Australia,

I support Option 1.

I am writing to request that you recommend no changes to the guidelines for integrative and complementary medicine for the following reasons:

*integrative and complementary medicine functions extremely well in European countries. Services such as osteopathy, chiropractic, naturopathy and kinesiology are all recognised as being a valuable adjunct to conventional medicine in these countries.

* I have personally had success with complementary medicine with issues that conventional medicine was unable to alleviate,

* Integrative and complementary medicine is just that...it doesn't cancel the need to see a conventional doctor. Rather, it only enhances the services a doctor is able to provide.

Thanks for reading my submission

Kim Davidson

I consent to publication of my submission.

Sincerely,

Kim Davidson

A black rectangular redaction box covering the signature area.

From: Betty Davies
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 5:16:51 PM

To the Medical Board of Australia,

I support Option 1.

I support my right, and my doctor's right to discuss and decide upon which medicines suit me best, whether it be conventional or traditional (complementary)

I am in my 70's and have used traditional medicine for as long as I can remember, and as a result, I have no illnesses, and am on no conventional medicines whatsoever.

If my GP is restricted in this way, I will no longer attend his, or any other GP's practice, but will rely upon alternative practitioners only.

I consent to publication of my submission.

Sincerely,

Betty Davies

A solid black rectangular box used to redact the signature of Betty Davies.

From: Cheryl Davies
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:08:02 AM

To the Medical Board of Australia,

I support Option 1.

It's very simple. Any doctors I know that are open to integrative medicine are booked out for months in advance, that sums it up in one. Obviously that's what people want. Stop being so ridiculous. If someone simply needs iron or vitamin D or other minerals or vitamins a doctor should be able to tell you to take that instead of giving you some garbage medication that makes you worse. People are fed up with medications that half the time is placebo or makes them feel sick. Some people are on 20 different medications a day. If I went into a hospital and said I just took all these medications they would probably pump my stomach. It is just overrated and getting absolutely ridiculous with the amount of medications that doctors prescribe to people. You are killing us all because of the big dollars that the big pharma's make.

I consent to publication of my submission.

Sincerely,

Cheryl Davies

A solid black rectangular box used to redact the signature of Cheryl Davies.

From: Chris Davies <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:32 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Right or wrong it should be a person's choice as to what type of health care they receive. By limiting the types of care people can choose will create more problems in an already crowded system. Please reconsider limiting healthcare. Thank you.

I consent to publication of my submission.

Sincerely,

Chris Davies
[REDACTED]

From: Grant Davies
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:31:02 AM

To the Medical Board of Australia,

I support Option 1.

Restricting the use of preventative methods will put way to much pressure on the up coming generations who will have to deal with a lot of old sick people. There are so many things that can be done so as this does not become such a massive burden that it looks like it is going to be.

I consent to publication of my submission.

Sincerely,

Grant Davies

A black rectangular redaction box covering the signature area.

From: Karen Davies <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 3:51 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I use integrative and complimentary medicine to help keep me healthy and support my body naturally. I want the choice to use integrative practitioners. My body, my choice. Those that don't agree don't have to use these Doctors. I am a tax payer and should keep my right to choose.

I consent to publication of my submission.

Sincerely,

Karen Davies


From: Karl Davies
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:47:07 PM

To the Medical Board of Australia,

I support Option 1.

We all should have the freedom to choose who we have is a doctor and how they administer their knowledge experience and understanding to us as intelligent humans.

I consent to publication of my submission.

Sincerely,

Karl Davies

A solid black rectangular box used to redact the signature of Karl Davies.

From: Margaret Davies
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 17 May 2019 9:35:18 AM

To the Medical Board of Australia,

I support Option 1.

Integrative GP's MUST be allowed to continue to practice. There are a lot of people who do NOT want to go down the BIG PHARMA route and would prefer to do the holistic thing. regular GP will only treat the cause, e.g. high BP but will not look at why that BP is high, whereas an integrative GP will look at why that BP is high and treat that. DO NOT do away with Integrative GP's having the choice to treat patients as they see fit.

I consent to publication of my submission.

Sincerely,

Margaret Davies

A solid black rectangular box used to redact the signature of Margaret Davies.

From: Tessa Davies
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 18 May 2019 7:23:30 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative and complimentary medicine for the simple reason that if a therapy works for a patient then why not use it?? The government should encourage and support those patients who are prepared to try different health options to improve their health. I provide remedial massage and reflexology and these therapies work to reduce pain and stress and also improve mobility which is crucial. Most of my clients prefer to try an alternative to medication and this is a positive. If a GP believes that their patient will benefit from massage or physio or ??? then what is the harm in trying those alternatives, surely it is in the patients best interest and isn't that what its all about? It must also surely help to relieve a totally broken health system. its about time that governments spent more money on promoting wellness and encouraging and incentivising people to be healthy.

I consent to publication of my submission.

Sincerely,

Tessa Davies

A black rectangular redaction box covering the signature area.

From: Jessica Davis PhD
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 11:50:50 AM

To the Medical Board of Australia,

I support Option 1.

I request you to consider seriously the views of patients, the nature of science which is always evolving, and your own motivation which should not be to privilege the economic interests of your members over the welfare and freedom of choice of patients. Members of the AMA who choose in an informed way to offer less intrusive complementary forms of medicine and therapy along with conventional forms should not be penalised. To do so disadvantages them but more importantly their patients whose welfare all AMA members are sworn to uphold. The fact is that science does not establish that treatments given in an informed way such as homoeopathy and naturopathy do any harm. If current science cannot yet establish that there is positive benefit that it is no basis on which to penalize those who request or those who offer such treatments. Scientists trained in the history of science and its research methods recognise that their disciplines are evolving over time and undergo paradigm shifts that prior generations thought impossible. You should not continue to badge the AMA as reactionary and stuck in the past. You also have a responsibility as representing the medical profession to respect others' human rights to seek the best choices and not to be dictated to by any cartel.

I consent to publication of my submission.

Sincerely,

Jessica Davis PhD

A solid black rectangular box used to redact the signature of Jessica Davis PhD.

From: Kylie Davis <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 3:12 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is imperative to offer people informed choices in their own health care. I believe natural alternatives should be always offered

I consent to publication of my submission.

Sincerely,

Kylie Davis


From: Kylie Davis <submissions@yhyc.com.au>
Sent: Friday, 14 June 2019 5:02 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine

I consent to publication of my submission.

Sincerely,

Kylie Davis


From: Leonie Davis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 12:43:28 PM

To the Medical Board of Australia,

I support Option 1.

A patient who seeks out integrative and complementary medicine is, in my view, seeking to understand and participate in the maintenance of their own health and wellbeing. I have been a patient of various integrative practices for 40 years, managing to remain pharmaceutical drug free all of that time. As part of my journey with these integrative doctors I have learned more about the human body, and particularly the likes and dislikes of my own, than I would if seeing a mainstream doctor for 10 minutes and coming out with a prescription; for a symptom that could otherwise have been treated using the natural responses of the body rather than dictating to the body with pharmaceuticals. Surely it is better to avoid putting pharmaceutical chemical compounds into our bodies if it can be avoided? I use integrative and complementary medicine as a preventive and protective measure and in order to remain well, rather than becoming reliant on an ever growing list of pharmaceutical medicines. MBA proposed restrictions would remove health care choice from millions of Australians, and only serve the pharmaceutical industry. I vote for health care, not corporate wealth care. I vote for patient autonomy, not GP dictatorship. I vote for informed choice of health care in the pursuit of continuing education about one's own wellbeing. A combination of mainstream and integrative medicine promotes individual responsibility in a society which is rapidly feeling the impacts of systematically reduced personal responsibility alongside an increase in litigation and social dependence on government.

I consent to publication of my submission.

Sincerely,

Leonie Davis



From: Sue Davis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:34:14 PM

To the Medical Board of Australia,

I support Option 1.

Narrowing the choices of medical practitioners will only drive patients to seek out natural medical practitioners thus reducing the call for modern medicine. You're cutting off your nose to spite your face if you restrict their choices.

I consent to publication of my submission.

Sincerely,

Sue Davis

A black rectangular redaction box covering the signature area.

From: Kerry Dawborn
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 11 May 2019 9:37:03 PM

To the Medical Board of Australia,

I support Option 1.

I choose integrative medicine along with conventional medicine when I believe it is the right thing for me. I have been helped immensely by my integrative practitioner and I do not believe I would have received the same help from a conventional practitioner. I have a right to choose the kind of care that works for me and I resent any attempt to limit the ability of integrative practitioners to provide The kind of care that is appropriate within an integrative approach.

I consent to publication of my submission.

Sincerely,

Kerry Dawborn

A solid black rectangular box used to redact the signature of Kerry Dawborn.

From: Carol Dawson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 8:14:37 AM

To the Medical Board of Australia,

I support Option 1.

Please stop trying to restrict my freedom of choice in healthcare. My GP cannot provide the full level of care my body requires with standard medical treatment but my integrative practitioners have helped enormously and have kept me out of hospital by doing so. Please leave me the freedom of choice.

I consent to publication of my submission.

Sincerely,

Carol Dawson

A solid black rectangular box used to redact the signature of Carol Dawson.

From: Kathryn Day <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:31 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

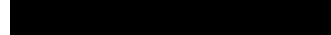
To the Medical Board of Australia,

I support Option 1.

My family and I have benefited greatly by seeing integrative Medicine doctors who offer the choice of more natural treatments and pharmaceutical options where necessary . This choice should not be taken away from us !

I consent to publication of my submission.

Sincerely,

Kathryn Day


From: Stephanie Dayhew
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 7:05:54 AM

To the Medical Board of Australia,

I support Option 1.

I have been in the health industry for more than 20 years as a massage therapist and realised that many clients are using natural therapies either as a adjunct or a total treatment as medically, they were having adverse affects using drugs or following medical advice alone. These people had nothing that worked for them and according to WHO we should be basing our treatments on total health and wellbeing of the patient. Should we really be regressing back to a system that forces people into oversupply of pharmaceutical drugs and not a wholistic approach which is now being adopted in so many countries? The control of the MBA is well known in Australia and the public are realizing just who is holding the power. Awareness is there, thus these emails.

If you make decisions, especially on behalf of the public, should you not include them on these decisions especially in health matters?

Maybe you might just see there is a growing concern in these matters, especially after no consideration was made in taking away natural therapy rebates in health funds.

Very concerning for the future of generations to come.

I consent to publication of my submission.

Sincerely,

Stephanie Dayhew



From: Autumn D'Bræ <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 9:13 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative & complimentary medicine is such an important option for people seeking health care. The current model already relies on a wellness paradigm which places too much emphasis on pharmaceutical medication and to further restrict access to other modalities would have a devastating impact on people's attempts to be well. You are not doing anybody any favours by restricting our choices, how about thinking outside the box and figure out a way to encourage people to care for themselves prior to being in a health crisis.

I consent to publication of my submission.

Sincerely,

Autumn D'Bræ


From: Alanna De Cinque
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 1:26:33 PM

To the Medical Board of Australia,

I support Option 1.

As well as restricting clinical autonomy, Integrative doctors who typically provide longer consultations to understand root causes of illness may be restricted to providing the “conventional” 10 minute consultation, thereby diminishing diagnostic capabilities and individualised treatment plans. This is not because their recommendations are unsafe, but just because they are not “conventional”.

By framing them as ‘fringe’, the guidelines also place the regulated traditional medicine professions of chiropractic, osteopathy, Chinese medicine and acupuncture (TCM) at risk.

It may also lead to medical and allied healthcare professionals being unfairly and unreasonably targeted by vexatious complaints to the Australian Health Practitioner Regulation Agency (AHPRA).

Public pressure (i.e. YOU) succeeded in moving Government on health fund rebates for natural therapies. Let’s do it here too!

A holistic approach to healthcare and support doctors’ right to provide new and innovative practices, including complementary medicines IS OUR RIGHT TO CHOOSE!

As mentioned above they provide a longer more detailed involved consultation. We pay our Medicare Levy plus also our choice to pay private health insurance it should also be our choice who we see.

I consent to publication of my submission.

Sincerely,

Alanna De Cinque



From: Eadward de Crayford
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:30:13 PM

To the Medical Board of Australia,

I support Option 1.

I maintain excellent health, (at 71), following natural (holistic) practices in preference to symptom-suppressing pharmaceutical drugs.

I consent to publication of my submission.

Sincerely,

Eadward de Crayford



From: Lily de Leo
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 1 May 2019 1:01:42 AM

To the Medical Board of Australia,

I support Option 1.

As someone who has had great success using integrative medicine practitioners, as well as having had some very unpleasant side effects from several pharmaceutical medicines, I believe it is my right to choose what I put into my body and who treats me. This is a blatant push by the medical board to ensure we have less choice by making alternative treatments unaffordable, therefore forcing people to use prescription drugs and see standard doctors. We all know that doctors get large financial incentives from large pharmaceutical companies, and this is another way that we're being forced to tow the party line, especially those more vulnerable people that are bulk billed. Time to leave people alone to make their own choices about their body and their health.

Lily de Leo
[REDACTED]

I consent to publication of my submission.

Sincerely,

Lily de Leo
[REDACTED]

From: Geoff Dean
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 5:54:10 PM

To the Medical Board of Australia,

I support Option 1.

Comprehensive approach in medicine is my definite choice.

I consent to publication of my submission.

Sincerely,

Geoff Dean

A solid black rectangular box used to redact the signature of Geoff Dean.

From: Geoffrey Dean
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:56:17 AM

To the Medical Board of Australia,

I support Option 1.

Full spectrum through my G P or else other primary practitioner necessary.

I consent to publication of my submission.

Sincerely,

Geoffrey Dean



From: Yosefine Deans
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 2:53:00 PM

To the Medical Board of Australia,

I support Option 1.

The Medical Board of Australia must include many methods of treatment within the paradigm of medicine if they are to remain the largest player in the universal health care system. It is a strength in Australia to have both public and private systems however, if there were to be only one system, it would in my eyes have to be the public system where money need not be part of society. It is the responsibility of a universal healthcare system to cater for all sorts of approaches in a non-discriminatory way. Allopathic treatments alone are simply not sustainable so to rely and include only allopathy would eventually be the end of what is seem by some to be known exclusively as 'medicine'. The move to segregate certain medicines as complementary is still be worked with, as seen with the move to bring in Allied Heath. It is hoped by me that we move in the direction of allowing more funds to CAM in future. A study of the history of medicine will reveal that 'complementary medicines' are often in fact a more tradition medicine and 'emerging medicines' occur within the dominant medical system as well as with a movement of the times. Flexibility allows for a tailored approach however throwing away the link from where that knowledge comes is foolish, shortsighted and again, unsustainable. The term 'integrative doctors' is somewhat superficial as within medicine doctors are free to use whatever treatment they find useful and most likely do use CAM techniques without being questioned. The movement does have a strong place though as there is a push from allopathic doctors to discredit CAM doctors. The public deserve more than just allopathy so it is hoped that within the feedback the Board seek that it will find that option one to remain unchanged is the safest at this point in time.
Dr. Yosefine Deans, Chiropractor.

I consent to publication of my submission.

Sincerely,

Yosefine Deans



From: Melinda Deans-Draper
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 10:57:15 PM

To the Medical Board of Australia,

I support Option 1.

As an Australian and a human being i believe we all have the right to make our own choices, let people make up their own mind with informed (not biased) information, if you really care let go of the control and guide with an open mind
Thank you

I consent to publication of my submission.

Sincerely,

Melinda Deans-Draper



From: ROSEMARY DEAR
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 2:26:23 PM

To the Medical Board of Australia,

I support Option 1.

It is hard for me to believe that the repression involved in the healthcare choice discussion is happening in a country such as Australia, which has historically respected freedom of choice in these matters. The unbridled arrogance of a section of the mainstream medical profession reeks of lack of respect for others in their own profession, of bullying, of superiority and even more alarming - of closed minds. The latter is a big worry in any science related profession.

All is not known, understood, researched in today's body of knowledge, any more than in any other era of the past.

Some of these closed minds are reminiscent of the Flat Earth Society. After a lifetime as an educator I am appalled.

As a consumer of healthcare I resent providers, whom I have come to know and respect because of my experience of their efficacy, being hampered in their daily work. I also resent that claims for their services are now rejected by private health insurers. How does this situation occur in a democracy?

In my long life, surrounded by a large family, I have been a keen observer. People who take care of their own health by understanding their own bodies, avoiding treatment by mainstream medicos where possible, and seeking alternate support in health matters avoid the side effects and complications of most pharmaceutical drugs. They arrive in retirement years fitter and healthier, more independent.

The general health of the population is poor, as evidenced by the overcrowding in hospitals. When mainstream medicine has stopped dancing to the tune of Big Pharma things might improve.

Meanwhile, please preserve our freedom of choice of medical and complementary services.

I consent to publication of my submission.

Sincerely,

ROSEMARY DEAR

[Redacted signature]

From: Marigold Debenham
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 10:22:07 PM

To the Medical Board of Australia,

I support Option 1.

Intergrative medicine is about patient choice to decide what is right for them the patient.

I consent to publication of my submission.

Sincerely,

Marigold Debenham

[Redacted Signature]

From: Michael De-Campo
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 27 April 2019 4:36:54 PM

To the Medical Board of Australia,

I support Option 1.

Integrative healthcare choices under threat:

I value the integrative-complementary approach to healthcare as it allows me to take full responsibility for my health.

It also takes a preventive approach to personal healthcare.

I have personally taken an integrative-complementary healthcare approach from the age of 19 ... I am 63 now, with no major or minor health issues.

Sincerely,

Michael De-Campo

I consent to publication of my submission.

Sincerely,

Michael De-Campo

[Redacted Signature]

From: Rhonda Deighton
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:20:29 AM

To the Medical Board of Australia,

I support Option 1.

I am an Australian female. I know my body and what I want to put into my body. My choices are my own not a government body.

I consent to publication of my submission.

Sincerely,

Rhonda Deighton

[Redacted Signature]

From: David Dei-Rossi
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:54:17 PM

To the Medical Board of Australia,

I support Option 1.

I could respectfully outline the case to affect no restrictions to complimentary & integrative practitioners but I would be wasting my time. The MBA's approach is archaic at best. I believe the MBA is driven by the pharmaceutical industry & the current [REDACTED] minister whomever they may be. I don't believe the minister involved appreciates the backlash they will receive from the electorate. Once they do they will listen to their electorate. If only to save their jobs. They & the MBA don't really care about the wellbeing of Australians. Let's hope sanity prevails.

I consent to publication of my submission.

Sincerely,

David Dei-Rossi
[REDACTED]

From: Bronwyn Delaivuna <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Everyone deserves to make their own choices and not choices being made for them. It is extremely important for Australia to allow integrative and complementary medicines for freedom of choice.

I consent to publication of my submission.

Sincerely,

Bronwyn Delaivuna
[REDACTED]

From: Margaret Dellit <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:25 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I wish to show my support for including complementary health care services as an option alongside traditional medicines. In my personal experience I have had the best results through a combination of both of these modalities in an integrated approach. I have found that neither one has the perfect answer alone but as a team...better outcomes are achieved. I feel that complementary therapies can and will reduce the workload on our overloaded hospital system by promoting a wellness model of care as opposed to the treatment of disease per se. It is not rocket science to see that WE NEED BOTH SYSTEMS!!!

I consent to publication of my submission.

Sincerely,

Margaret Dellit
[REDACTED]

From: Elias Delphinus
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:39:33 PM

To the Medical Board of Australia,

I support Option 1.

To begin with it is a patient's right to choose whatever kind of healthcare best suits their condition & philosophy. Integrative & complimentary medicine is the most intelligent choice because it employs an evidence based best practice approach that embraces both the pathology intervention model & the preventative/rehabilitative model. I have personally used prescribed pharmaceuticals & when the health issue had resolved, I chose to incorporate herbal medicine or supplemental support to rebuild my system not only from the health issue but also from the side effects of the prescription medication. If the MBA imposes restrictions on Integrative Medicine practitioners, it will be a slap in the face to the Hippocratic oath of do no harm. The decision would also go against the scientific evidence that has repeatedly reported the benefits of an integrative approach to achieving optimum health via a biopsychosocial model. This is a time when the rights of patients needs to be put before some politically motivated medical agenda.

Most sincerely,

Elias Delphinus

I consent to publication of my submission.

Sincerely,

Elias Delphinus



From: Phil Dembon
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 7:56:51 AM

To the Medical Board of Australia,

I support Option 1.

Stop taking away my right to decide what treatment I wish to choose.

I consent to publication of my submission.

Sincerely,

Phil Dembon

[Redacted Signature]

From: Julie Demsey
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 4:05:43 PM

To the Medical Board of Australia,

I support Option 1.

Complementary therapies are important to the treatment and well being of individuals and should continue to be referred and offered as part of treatment.

I consent to publication of my submission.

Sincerely,

Julie Demsey

A black rectangular redaction box covering the signature area.

From: Alma Dender
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 2:53:27 PM

To the Medical Board of Australia,

I support Option 1.

As a registered allied health practitioner I do and always will advocate for the public of Australia to have choice in their health and well-being. The traditional medical profession does not have exclusive knowledge of healing and health, and what allows people to regain or maintain wellness. If the MBA imposes restrictions on integrative practitioners it will restrict choice and even could be considered discriminatory, for example, different ethnic and cultural groups like to be able to access the care they know and want, and which in many cases has the desired result which the client seeks. Many Aboriginal and Torres Strait Islander people prefer their traditional medicine, and ATSI practitioners have recently been recognised to work in some hospitals. Will they too be removed? Many of my Chinese students want to be able to access Chinese Medicine practitioners rather than Western medical practitioners as they trust them and feel they are getting the care they require and desire. Restrictions to constrain these and other practitioners would be a retrograde step in providing appropriate care alongside Western traditional medicine. I have not seen evidence from the MBA or the AMA that these complementary or integrative therapies cause harm, or in fact, more harm than do traditional medical practitioners. The AIHW is a good source to be able to ascertain the number of adverse medical events which occur in Australia every year from traditional medical and hospital services. I believe that Australia will head towards a less inclusive, and more medical model type health system which precludes informed choice and self-determination. Of course traditional medical care has an important place in our health-care system, no one denies that however it is not the only way to seek health and wellness.

The MBA needs to have strong reliable and valid, statistically significant evidence that these alternative health practices pose a significant threat to the population. If this cannot be provided, then there is no reliable and reasonable argument for restricting these practices and practitioners. I believe it is an infringement on our rights as citizens to choose our health care. The MBA can make recommendations and provide unbiased and evidence-based education, however the choice should be up to the people themselves.

I would also like to know the reason for the MBA's push to restrict the practices. Is it for the perceived good of the public health? Is it economic? Is it fear of "losing" patients to other practices? Why is there a push to restrict the public's choice to the traditional, rather than to innovative and alternative practices, and to holism? I strongly support choice and the freedom to determine who I want to assist me to regain and maintain my health and well-being.

I consent to publication of my submission.

Sincerely,

Alma Dender



From: Jessica Denholm
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:40:18 AM

To the Medical Board of Australia,

I support Option 1.

I think it important to offer options that are less chemical/synthetic-based, and more natural, so they are less disruptive to the body. In the fight against such things as cancer, medical professionals and patients need to have as many options as possible to increase their chance of survival.

Generally speaking, humans as a whole have been becoming unhealthier, as a result of all the synthetic food/drink we consume, products we use and medicines taken. We need to continue to counteract that by offering natural choices.

Thank you for your attention to these matters.

I consent to publication of my submission.

Sincerely,

Jessica Denholm

A black rectangular redaction box covering the signature area.

From: Charmaine Dennis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 6:02:27 PM

To the Medical Board of Australia,

I support Option 1.

I agree with Professor Stephen Myers, who labelled the MBA guidelines an 'invasion of civil rights and academic independence'.

The broader implications of this proposal for the healthcare sector and patient choice are very concerning, and I fear the proposed changes will restrict their ability to provide optimal care for their patients.

I consent to publication of my submission.

Sincerely,

Charmaine Dennis

A solid black rectangular box used to redact the signature of Charmaine Dennis.

From: Greg DePamphilis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 1:53:38 PM

To the Medical Board of Australia,

I support Option 1.

As a consumer I believe Integrative healthcare compliments traditional healthcare. In a free society It should be a patients choice to access this type of care as It broadens treatment options . In today's healthcare landscape people are much more aware of the potential for natural therapies to contribute to a positive outcome . For these reasons I would NOT support any change to the current law or regulation.

I consent to publication of my submission.

Sincerely,

Greg DePamphilis


From: Manasi Deshpande
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 12:00:02 AM

To the Medical Board of Australia,

I support Option 1.

Dear Regulators

Integrative Healthcare is not a fancy/ new age/ fringe/ alternative term at all - it is the only way forward if we are all to unite in providing patients the best wholistic care possible uniting evidence across all disciplines of medicine.

When has science historically made any progress with restrictive practices/ laws/ regulation? Regulators should actively seek to look well beyond the current available pharmaceuticals led treatment options for conditions that are poorly understood by modern medicine as it stands today. All of know very well that health lies in good lifestyle and by the same logic elimination of disease too is based on improving and sustaining a good wholesome lifestyle with pharmaceuticals perhaps being the tip of the treatment pyramid. Good quality water, sunlight, fresh air, exercise and local fresh seasonal produce have always been the building blocks of the health pyramid. This should generally be followed by scrutinising and supplementing mineral and vitamin deficiencies where recognised and needed. Physical therapies can be of great help to assist restoration of well being. And of course then come pharmaceuticals with a clear discussion of risk and benefits.

When did modern medicine align itself with research purely from pharmaceuticals industry? When did we stop utilising our most basic principles of physiology and biochemistry and became blinded by "a pill for every ill"!

You must learn to trust the scientific fabric of us doctors and practitioners of integrative medicine - we do abide by all the principles of good medical practice and then go above and beyond to help the patient in ways that first do no harm and try and get to the root cause of any illness.

As frontline medical practitioners we must discard the conceit and narrow mindedness of so called modern medicine and continue to keep an open mind and expand our understanding of disease and evaluate all available therapies to then help patients chose the best approaches that suit their condition.

In fact it is patients that have been telling us they're unhappy with modern medicines pharmaceuticals culture for decades and we cannot chose to ignore this strong emerging population choice!

I consent to publication of my submission.

Sincerely,

Manasi Deshpande



From: Rebecca Dettman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:57:12 AM

To the Medical Board of Australia,

I support Option 1.

What you term 'complementary' medicine has been used for thousands of years and is certainly not about to die out because a few disgruntled conservatives on a Board haven't taken the time to intellectually, physically, emotionally or energetically experience and understand them. In the past ten years myself and my two children have exclusively used 'complementary' medicine when necessary. My children have never been to hospital and barely know the local GP. None of us have taken any form of standard pharmaceutical medicine, pills or antibiotics. We have benefited from naturopathy, aromatherapy, homeopathy, chiropractic, kinesiology, yoga, massage, holistic dentistry and acupuncture at various times and are all in superb health. You can continue to dismiss, ridicule, threaten and shut down 'complementary' approaches as much as you wish, but it will certainly never prevent my family from seeking them out such practitioners and continuing to pay them full price (when my healthcare card invariably refuses to recognise them), because we believe in their value and are not willing to live without their profound healing benefits.

I consent to publication of my submission.

Sincerely,

Rebecca Dettman

A solid black rectangular box used to redact the signature of Rebecca Dettman.

From: Jillian Devine
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:46:53 PM

To the Medical Board of Australia,

I support Option 1.

I support integrative and complementary medicine and am opposed to changes that limit access to these medicines. Research has shown that health interventions are more effective when the type of intervention aligns with an individual's belief system. Therefore, limiting access to integrative medicine proposes a health risk to individuals and communities for whom alternative therapies complement their understanding of physical, social and spiritual health. For our healthcare system to be equitable, it needs to be inclusive of all cultures and beliefs; inclusivity in itself bolsters the health of communities so let's keep access to a range of therapies that represents the breadth and depth of multiculturalism in Australia.

I consent to publication of my submission.

Sincerely,

Jillian Devine

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From: Shawn Dhu
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 1:11:15 PM

To the Medical Board of Australia,

I support Option 1.

As well as restricting clinical autonomy, Integrative doctors who typically provide longer consultations to understand root causes of illness may be restricted to providing the “conventional” 10 minute consultation, thereby diminishing diagnostic capabilities and individualised treatment plans. This is not because their recommendations are unsafe, but just because they are not “conventional”.

By framing them as ‘fringe’, the guidelines also place the regulated traditional medicine professions of chiropractic, osteopathy, Chinese medicine and acupuncture (TCM) at risk.

Australia says no.

I consent to publication of my submission.

Sincerely,

Shawn Dhu

A solid black rectangular box used to redact the signature of Shawn Dhu.

From: Shawn Dhu
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 9:41:36 AM

To the Medical Board of Australia,

I support Option 1.

Quit harming people or attempting to harm people by robbing them of their freedom to choose whatever health care options they may decide to.

It is an utter disgrace to even suggest imposing any changes that may impact a person's freedom of choice and/or health.

I consent to publication of my submission.

Sincerely,

Shawn Dhu

A solid black rectangular box used to redact the signature of Shawn Dhu.

From: Adriana Di Benedetto
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 21 May 2019 1:12:19 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is the future. It is proven time and time again, through millions of studies and patient feedback from countries across the world. Integrative and complimentary medicine has helped me when I had run out of options with traditional medicine practices and I don't want to think what could have happened if I hadn't discovered that I had many more options and approaches to improve and maintain my health at those times.

I consent to publication of my submission.

Sincerely,

Adriana Di Benedetto

A solid black rectangular box used to redact the signature of Adriana Di Benedetto.

From: Rose Diamond
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:21 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative and complementary medicine. I have tried conventional medicine to treat numerous conditions, without success. It was only because of integrative medicine that I was able to treat my conditions with supplements including vitamins, herbs and minerals, that I was able to obtain pain relief and improve my condition overall. It is imperative that the type of treatment consented to is a patient's choice. Doctors and other medical professionals, including holistic practitioners must be able to prescribe or recommend alternatives to conventional treatments. They work! Stop trying to eliminate patient choice in relation to what they are prepared to put in and do to their body. Bodily integrity rests with a patient. Treatment options must complement a variety of beliefs and considerations. It is up to the patient to decide what best suits him/her.

I consent to publication of my submission.

Sincerely,

Rose Diamond

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From: Judy Dickens
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:40:16 PM

To the Medical Board of Australia,

I support Option 1.

i believe we all benefit with choice of health care and choose what is appropriate for the relevant condition. Medicines , Herbs, Osteopathy, Homeopathy, Acupuncture, Surgery etc... what ever is required by the person concerned. I support the right to choose healthcare that i prefer at the time.

I consent to publication of my submission.

Sincerely,

Judy Dickens

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From: Michael Dickins
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:39:54 PM

To the Medical Board of Australia,

I support Option 1.

I consult my local GP for regular health check-ups. I also consult a visiting registered GP who prescribes ayurvedic remedies for any health symptoms or imbalances. I don't used any prescribed pharmaceutical medicines. I never have. I'm a very fit and healthy 72 y.o. I am responsible for my own health and wellbeing. Choice in my consulting GP is all important to me.

I consent to publication of my submission.

Sincerely,

Michael Dickins

A solid black rectangular box used to redact the signature of Michael Dickins.

From: Dr Douglas Dickmann
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 12:40:25 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is practiced in dozens of countries around the world. In Europe, Asia, India Russia, USA, etc . There is enough scientific evidence in peer reviewed journals for the inclusion of natural medicine into the public system. Switzerland is doing this.

I consent to publication of my submission.

Sincerely,

Dr Douglas Dickmann

A black rectangular box redacting the signature of Dr Douglas Dickmann.

From: Karen Dickson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:14:25 PM

To the Medical Board of Australia,

I support Option 1.

Certainly informed choice in health care and wellness should be sustained and supported. I have benefited far more from acupuncture, TCM, Bowen Therapy, chiropractic, nutritional supplements, yoga etc- which have often been recommended by health professionals- than from prescribed drugs (which failed to alleviate the issue and generally caused more harm) as have my family members and friends. People are complex, not simple mechanical objects, so a 10 minute consult with a very restricted platform of prescription would be worse than useless- it would be extremely dangerous, exorbitantly expensive and criminally negligent.

I consent to publication of my submission.

Sincerely,

Karen Dickson

A solid black rectangular box used to redact the signature of Karen Dickson.

From: Phil Dickson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:49:44 PM

To the Medical Board of Australia,

I support Option 1.

Dear MBA,

The restricting of Bachelors of Medicine from using alternative styles of health practice is going to be a big boost to the alternative health industry. Now I agree that most BoM's are pretty useless at alternate therapies but not all and this will take away the flexibility of practitioners treatments.

This also sends the message that we're more interested in protecting our turf than treating people and given the danger and expense of a lot of your treatments it will be a big boost to the wholistic industry.

I consent to publication of my submission.

Sincerely,

Phil Dickson



From: di diddle
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:28:31 PM

To the Medical Board of Australia,

I support Option 1.

I am a Childbirth Educator. I work with women at a time in there lives where their is paramount to that of their baby's. I constantly see the benefits for them when working with Medical Practitioners & Complementary Therapists together. When women access other health modalities they feel better in their pregnancy, do better in labour, more likely to have a normal birth & more likely to recover well & breastfeed their baby successfully. Medical Doctors must be able to refer women to complimentary therapists. The two streams of medicine work very well together & have huge benefits for public health overall.

I consent to publication of my submission.

Sincerely,

di diddle

A solid black rectangular box used to redact the signature of the sender.

From: Katie Dillon
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 11:49:51 AM

To the Medical Board of Australia,

I support Option 1.

An integrative health practitioner looks at the whole person instead of just an illness. They are able to look at the root cause rather than just bandaid measures. In the long term this prevents further illness and can get people off medication. This can have a big impact on the amount needed to be spent on healthcare in Australia

I consent to publication of my submission.

Sincerely,

Katie Dillon

A solid black rectangular box used to redact the signature of Katie Dillon.

From: Aiselade Dionisio <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:47 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe everyone has a right to how they want to be treated. A person should know all options of how they can be healed.

I consent to publication of my submission.

Sincerely,

Aiselade Dionisio
[REDACTED]

From: christine Doan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:18:27 PM

To the Medical Board of Australia,

I support Option 1.

I support retaining the present guidelines.

I have long been dedicated to an eclectic approach for myself as well as for my horses (I did represent Australia in Olympic dressage and the restrictions on performance enhancing substances are far more stringent than for human athletes, thus a thorough knowledge of holistic and evidence based approaches is absolutely necessary!).

Let's do as well for our humans as for our horses.

An eclectic and holistic health approach, including as much emphasis on "lifestyle" improvements as we apply to performance horses (no coffee, chocolate or Makka's could pass our swabbing tests..... nor could our horses stay healthy on drugs alone....) should be a good enough standard for a human if it is considered de rigueur for a performance animal.

Sincerely,

Christine Doan, Barcelona 1992

I consent to publication of my submission.

Sincerely,

christine Doan



From: Geraldene Dobson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 8:50:21 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine to give all people enough options to choose how they treat themselves

Integrative & complementary medicine has helped myself and my whole family on numerous occasions

I use Integrative & complementary medicine as a good alternative to traditional medicine as often it can be less invasive and more preventative

I consent to publication of my submission.

Sincerely,

Geraldene Dobson

A solid black rectangular box used to redact the signature of Geraldene Dobson.

From: Vivien Dockerty <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 2:48 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I do not believe that any healthcare procedure I choose for my body is anybody else's business, least of all the governments.

I consent to publication of my submission.

Sincerely,

Vivien Dockerty
[REDACTED]

From: Vivien Dockerty <submissions@yhyc.com.au>
Sent: Wednesday, 22 May 2019 8:00 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

As my body is my own it should be my decision what happens to it. I do my best within my financial and knowledge ability and I don't need somebody that only believes in 100 year old medicine to dictate to me. You are driving traditional medicine, that has sustained humans for tens of thousands of years, underground. Let's build on it, not kill it. It's a fascist move to dominate in the way you are proposing.

I consent to publication of my submission.

Sincerely,

Vivien Dockerty


From: Aaron Dodds <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The use of 'integrative and complementary medicine has helped myself and many of my family members stay healthy, without being a burden on conventional medicine practitioners. I would like to keep it that way also.

I consent to publication of my submission.

Sincerely,

Aaron Dodds


From: Jean Doherty
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:36:48 AM

To the Medical Board of Australia,

I support Option 1.

I became a General Practitioner in 1962. In my early 50's became dissatisfied with my tools and studied acupuncture which I found very useful in many areas especially in trauma and settling extreme anxiety. Then I embraced Homeopathy as fell in love with the challenge of understanding all aspects of the illness and matching it with a remedy. It is a truly great healing modality. So rewarding .I believe a Homeopath should be part of each Health Care Team. I see a great need of it in all areas.

CAM helps to empower the client and judicious use limits the need to use drugs with so many adverse side effects. Please retain choice

I consent to publication of my submission.

Sincerely,

Jean Doherty



From: Jean Doherty <submissions@yhyc.com.au>
Sent: Wednesday, 26 June 2019 1:46 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Recently a very difficult case of School refusal and anxiety which ameliorated somewhat with simple Homeopathic remedies but did not cure until I found the specific one for the case. Surely an argument for this wonderful modality. It was certainly beyond the scope of a school councillor

I consent to publication of my submission.

Sincerely,

Jean Doherty
[REDACTED]

From: Lee Doherty <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:29 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

[REDACTED] I too have been silenced. Our First Nation People can no longer talk about how therapeutic our bush medicines are. [REDACTED]

[REDACTED] The irony of all this is, I was given a platform to speak about demystifying our traditional bush medicine to over 1400 emerging doctors in Australia last year at the 2018 Medical Students Conference in Melbourne. A large portion of our doctors are Chinese, Indian with their own traditional medicine background. They were so very interested in the possibilities to integrate both allopathic and natural. With the current laws regarding natural medicine even our doctors can miss the opportunity to learn integrative medicine and patients right to choose modalities best suit. If you want to know more then google [REDACTED]. I'm about empowering others with our ancient botanical knowledge. Our right to choose.

I consent to publication of my submission.

Sincerely,

Lee Doherty
[REDACTED]

From: Maureen Dolan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 5:25:16 AM

To the Medical Board of Australia,

I support Option 1.

I'm very disappointed that complimentary medicine isn't being valued by the MBA. I don't believe that it is the MBA's role to over-involve itself in patient/doctor relationships to this level. It appears the MBA is trying to turn seeing your doctor, into something similar to a google search! What can truly be achieved in a 10 minute consult?

Maybe a better approach would be to allow patients to seek out a doctor that they have a kinship with. No two people are the same and different people have better results with different approaches. What's next? Will we be prevented from getting a second, or third opinion from different doctors? Or told we have no choice but to take this or that medicine?

People should not have their choices removed because someone else doesn't agree with them.

Australians value personal freedom, it appears this is now under threat by the MBA of all places. If options to people are restricted in the manner proposed, then we as a nation are taking a huge step backwards in health care and in our personal freedoms. Where will this type of thinking lead?

If we live in a free country, then we should have the freedom to make our own health choices and whether we prefer a doctor that gets you in and put, or takes their time, is really a personal preference. Not a healthcare issue! We're adults who are perfectly capable of making our own decisions in that regard. It's not up to anyone else, including the MBA, to tell us that they know what's best for us.

Also, it is so disturbing to me that the MBA has no problem with things like people having excessive plastic surgery (which is just for looks), but are dead against chiropractors and acupuncture. To the point where they're trying to eradicate it!

Can someone please explain that anomaly to me?

I consent to publication of my submission.

Sincerely,

Maureen Dolan



From: Audrey Don
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:25:05 PM

To the Medical Board of Australia,

I support Option 1.

All my life I have used allied health, complimentary of alternative medicine to support a visit to the GP. I always seek a GP who is open to alternative medicine and will work with me to find the root cause of my problems and not just prescribe medicine that just treats symptoms- which the majority of GP's do. As I pay for private health I believe I should also be access benefits for treatments from the likes of Traditional Chinese Medical doctors etc. As I get results from these "alternative" medical practitioners.

I consent to publication of my submission.

Sincerely,

Audrey Don

A solid black rectangular box used to redact the signature of Audrey Don.

From: Julie Donker
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 1:21:43 PM

To the Medical Board of Australia,

I support Option 1.

I support Option 1 - to maintain the current guidelines as well as why you value a holistic approach to healthcare and support doctors' right to provide new and innovative approaches, including complementary medicine treatments.

I consent to publication of my submission.

Sincerely,

Julie Donker

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From: Brett Donovan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 1 June 2019 12:54:34 PM

To the Medical Board of Australia,

I support Option 1.

I wish to support my right as a patient to Choose a GP who may or may not wish to include complementary medicine in my treatment. For example the use of St Mary,s thistle for a liver disorder. We should always be free to choose any safe method of treatment and as you would be aware, many conventional medicines are far from safe.

I consent to publication of my submission.

Sincerely,

Brett Donovan

A black rectangular redaction box covering the signature area.

From: Tracey Donovan <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 10:06 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have always attended a surgery which offers acupuncture and has always encouraged natural herbal remedies, essential oils etc.

I prefer this open minded approach and always go to this medical practice.

I consent to publication of my submission.

Sincerely,

Tracey Donovan
[REDACTED]

From: Carran Doolan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 4:43:40 PM

To the Medical Board of Australia,

I support Option 1.

To persons taking responsibility for this vital issue,

I am seriously concerned about the risk of losing our right to choose health choices that seriously affect people's life and quality of life. The integrative approach is shown to be the safest and most effective means to accomplish health improvement. The stand alone present medical, drug and surgery approach does not work for the many chronic conditions that are escalating today.

Also of great concern is the looming issue of antibiotic resistance. There are many reliable studies showing plant extracts, and innovative new understanding of diet, light and frequency therapy. This is the 21st century, other countries are embracing this information to relieve suffering. We should not be left behind the times. Quality of life should be for everyone, not only the few.

It is now widespread knowledge, that pharmaceutical industries are potentially driving decision making for critical decisions that effect everyone, in a life and death fashion. This is an important juncture in the history of this country and others around the world. It is beyond an ethical decision, as without at least the current standards, many would have to uproot and reside where they are allowed freedom of choice to stay alive and healthy.

Thankyou for listening,
Carran E. Doolan

I consent to publication of my submission.

Sincerely,

Carran Doolan



From: Kate Doran
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 1:06:52 PM

To the Medical Board of Australia,

I support Option 1.

I am appalled by the idea that GPs be restricted in their ability to advise patients of any treatment they believe may be beneficial. This proposal appears to hobble them to be nothing more than pharmaceutical agents and we will all suffer, physically, financially and psychologically from that.

I consent to publication of my submission.

Sincerely,

Kate Doran

A solid black rectangular box used to redact the signature of Kate Doran.

From: Jennifer Doubell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 5:29:26 PM

To the Medical Board of Australia,

I support Option 1.

I already have an issue regarding compulsory vaccinations for children attending various care and education organisations. A blatant infringement of our civil liberties!

And now you want to further restrict the care and well being of the people by restricting our health care practitioners from offering all the integrative, complimentary & holistic medicine they may have at their disposal to best help their patients.

You should be ashamed of yourselves for even considering this restriction!

I and my family and friends especially choose to see doctors and therapists who utilise alternative as well as mainstream medicine, as we feel we are getting the best of both worlds to help with whatever problem we present with. This has proven very successful, and I for one don't want my health to be jeopardised by you imposing restrictions on my care givers and what they can offer me.

I consent to publication of my submission.

Sincerely,

Jennifer Doubell

A black rectangular redaction box covering the signature area.

From: Bonnie Douglas
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 9:23:25 PM

To the Medical Board of Australia,

I support Option 1.

We don't need more regulation on these services. That drives process up and good practitioners out of the market. Leave things as they are.

I consent to publication of my submission.

Sincerely,

Bonnie Douglas

A black rectangular redaction box covering the signature area.

From: Matthew Douglas
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:34:48 AM

To the Medical Board of Australia,

I support Option 1.

I support the right of Doctors to be able to prescribe from all available medicines, not just pharmaceutical/surgical medicine, in the pursuit of better patient outcomes. Complementary medicine/therapies, nutrition and lifestyle medicine offer safe, effective adjuncts to conventional therapies and relieve the load that chronic illness has on the system by focusing on preventative strategies. Registered GP's are best placed to use complementary therapies in the best interest of their client and in a free and forward thinking society should be able to do so freely. I support the continuation of current guidelines and would see any change as a threat to a patients rights and their health.

I consent to publication of my submission.

Sincerely,

Matthew Douglas

A black rectangular redaction box covering the signature area.

From: Elena Dovgal <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 4:02 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines.

As well as restricting clinical autonomy, Integrative doctors who typically provide longer consultations to understand root causes of illness may be restricted to providing the "conventional" 10 minute consultation, thereby diminishing diagnostic capabilities and individualised treatment plans. This is not because their recommendations are unsafe, but just because they are not "conventional".

By framing them as 'fringe', the guidelines also place the regulated traditional medicine professions of Bowen therapy, chiropractic, osteopathy, Chinese medicine and acupuncture (TCM) at risk.

It may also lead to medical and allied healthcare professionals being unfairly and unreasonably targeted by vexatious complaints to the Australian Health Practitioner Regulation Agency (AHPRA).

If adopted, Integrative doctors may face restrictions on treatments they currently offer that are not considered "conventional" medicine.

This may include bans on use of vitamins, minerals, herbal supplements, natural therapies and diagnostic testing, with broader impacts on the complementary medicine and natural therapies sector.

I consent to publication of my submission.

Sincerely,

Elena Dovgal


From: Arlene Dowdell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 23 June 2019 5:53:41 PM

To the Medical Board of Australia,

I support Option 1.

We deserve the right to make decisions about our health understanding that modern medicine is not the only form of health care. There are many 'complimentary' medicines that keep us healthy with no/few side effects like drugs and can cure the problem not just treat the symptoms.

I consent to publication of my submission.

Sincerely,

Arlene Dowdell

A solid black rectangular box used to redact the signature of Arlene Dowdell.

From: Geraldine Doyle
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 4:30:25 PM

To the Medical Board of Australia,

I support Option 1.

I want to be able to choose a holistic health care plan for myself and my family.

I consent to publication of my submission.

Sincerely,

Geraldine Doyle

[Redacted Signature]

From: Kristy Doyle <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:31 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please do not change the current guidelines as we should only be using medication when necessary and should be trying natural and less evasive treatments first.

Medications are too widely used instead of changing diet, exercise, vitamins and other treatments.

I consent to publication of my submission.

Sincerely,

Kristy Doyle

[Redacted Signature]

From: Nicole Doyle
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:05:49 AM

To the Medical Board of Australia,

I support Option 1.

After years of numerous medications being prescribed during fortnightly GP visits, I realised I was being prescribed yet more drugs to bandaid the symptoms and side affects of the previous drugs. When I finally saw an integrative doctor, they were very interested in thoroughly exploring the root cause of my health issues rather than just prescribing drugs for current symptoms. Many of my medical issues were resolved with diet changes and mineral supplementation. Why would the MBA deny Australians the more natural, healthy options that are original and historically proven to help? Modern medicine certainly has its place but should not replace natural, healthy options.

I consent to publication of my submission.

Sincerely,

Nicole Doyle

A solid black rectangular box used to redact the signature of Nicole Doyle.

From: Ros Doyle
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:04:35 PM

To the Medical Board of Australia,

I support Option 1.

It should be up to the individual to peruse whatever treatment they feel is beneficial - no two people respond the same way to any treatment. The patient knows what works for them

I consent to publication of my submission.

Sincerely,

Ros Doyle

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From: Louise Draper-Sevenson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 11:11:41 AM

To the Medical Board of Australia,

I support Option 1.

I support option 1 because i expect the best and most comprehensive treatment possible. Complementary medicines have helped me in the past where pharmaceutical medicines have not, or have given me health reducing side effects. To prevent doctors prescribing complementary medicines is reducing their effectiveness as health professionals

I consent to publication of my submission.

Sincerely,

Louise Draper-Sevenson



From: Gabriele Drasdo
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 13 May 2019 11:04:21 AM

To the Medical Board of Australia,

I support Option 1.

We should be allowed to make how we choose to get and stay well. If this bill went through I would be forced to take strong medication with multiple side effects, where as right now I am still able to control my health naturally with different supplements and doctors who have a say in how they treat their patients. It is NOT OK to take away my fundamental right as a human being to have ALL options of treatments available to me and my family.

I consent to publication of my submission.

Sincerely,

Gabriele Drasdo

A solid black rectangular box used to redact the signature of Gabriele Drasdo.

From: Jen Dray <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please, can we just work together?

I consent to publication of my submission.

Sincerely,

Jen Dray
[REDACTED]

From: Samira Drescher
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:41:46 PM

To the Medical Board of Australia,

I support Option 1.

The MBA guidelines are an 'invasion of civil rights and academic independence'. Integrative & complementary medicine has helped you, your family & friends where average GPs shrug their shoulders in complete lack of experience of complex chronic or even simple chronic diseases. Keeping open options for the ability to conform to the Hippocratic Oath that was and is the foundation of modern medicine should be held and respected. Therefore I would recommend not banning or restricting, in fact increasing any methods and training required to help make a patient healthy and get back into the workforce and function as a normal healthy citizen for the good of humanity as a whole.

I consent to publication of my submission.

Sincerely,

Samira Drescher

A black rectangular box used to redact the signature of Samira Drescher.

From: Dhyani D'Souza
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 5:25:08 PM

To the Medical Board of Australia,

I support Option 1.

Very, very disappointed about this. Patient choice is my main complaint. This can't be eroded in any way.

I consent to publication of my submission.

Sincerely,

Dhyani D'Souza

[Redacted Signature]

From: Dhyani D'Souza
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 21 May 2019 6:43:45 PM

To the Medical Board of Australia,

I support Option 1.

I totally disagree with this. We need more doctors who use complementary medicine. They have stood the test of time. Big Pharma is obviously behind this.

I consent to publication of my submission.

Sincerely,

Dhyani D'Souza

A solid black rectangular box used to redact the signature of Dhyani D'Souza.

From: Reine DuBois
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 1 June 2019 10:14:40 AM

To the Medical Board of Australia,

I support Option 1.

The proposed submission will serious impact the opportunity for all Australians to address chronic health disease. WHO - 60% of all Chronic health disease can be treated with lifestyle interventions. Not something conventional medicine has much to offer around.

I consent to publication of my submission.

Sincerely,

Reine DuBois

A solid black rectangular box used to redact the signature of Reine DuBois.

From: Diane Duckworth
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 9:58:46 AM

To the Medical Board of Australia,

I support Option 1.

Health advice should include every option, framed as such, as options with evidence-based pros and cons. While not all alternate medicine can guarantee a positive outcome, neither can all mainstream medicine; certain cancer treatments a prime example. A medical practitioner's priority should always be to educate their patients as well as advocating the treatment best suited TO the patient. Whether the advice is solely derived from a GP's own research or from anecdotal evidence gleaned by said GP from the experience of others, options should always be given.

I consent to publication of my submission.

Sincerely,

Diane Duckworth



From: Lindsay Dudgeon
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:16:11 AM

To the Medical Board of Australia,

I support Option 1.

We have used complimentary medicines to support our health and prefer natural cures over chemical manufactured drugs which often try to replicate the natural cure but with side affects.

There is a place for stronger drugs when a quicker cure is necessary but the availability of traditional cures and vitamins is necessary to maintain your health.

People should be able to make their own decisions on what herbs or pharmaceuticals they are treated with. The denial of this choice is an attack on our democratic rights and should be strongly resisted.

Corporate power should never be allowed to dictate policy for the “so called good” of the people.

Natural medicine has helped us for the last 30 years and should never be deniedm

I consent to publication of my submission.

Sincerely,

Lindsay Dudgeon

A solid black rectangular box used to redact the signature of Lindsay Dudgeon.

From: Wendy Duff
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 21 May 2019 10:02:51 PM

To the Medical Board of Australia,

I support Option 1.

I have attended physicians who practise integrative medicine for the last 30 years or more. it is essential that my doctor knows my whole health care story. It is effective and safe that my medicines, supplements, osteopathic treatments, specialist referrals, tests are all under the umbrella of my GP's kindly care. Please keep the current sensible and effective system.

I consent to publication of my submission.

Sincerely,

Wendy Duff

A solid black rectangular box used to redact the signature of Wendy Duff.

From: Mahni Dugan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:22:48 PM

To the Medical Board of Australia,

I support Option 1.

My family and I have used integrative and complementary medicine for decades with excellent results. Integrative and complementary medicine has been effective and beneficial and in most cases has meant that there has been no need for pharmaceutical medicines or a more allopathic approach. Overall, my family has made little demand on the health system because an integrative approach focuses more on prevention and wellbeing than allopathic approaches do.

As integrative and complementary approach to health care is my preference and first choice. Any reduction in current availability of integrative and complementary medicine would impact my wellbeing and that of my family very negatively.

Hence I request that you fully support at least retention of existing guidelines and, at best, that you support a broader inclusion of integrative and complementary medicine and its inclusion as a viable choice for people in our community.

Thank you.

I consent to publication of my submission.

Sincerely,

Mahni Dugan



From: Virginie Dulac
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 4 June 2019 9:39:34 AM

To the Medical Board of Australia,

I support Option 1.

I always choose a doctor that will respect my choice to use natural therapies. It's great to get natural preventative suggestions and natural solutions. I have lost trust in traditional doctors.

I consent to publication of my submission.

Sincerely,

Virginie Dulac

[Redacted signature]

From: William Duncan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 6:11:58 AM

To the Medical Board of Australia,

I support Option 1.

The medical world today is very complex, there is too much going on for the GP to keep up with, the influence of big companies is also at an extreme level, these companies are not interested in patient health they are interested in the bottom line. It has only been since seeing integrative doctors that my condition has started to be investigated and now treated for the core issue, not just the symptoms. If I was to have continued on the previous path eventually I would have become more sick than I am and it would have cost Medicare (the taxpayer) significantly.

From my perspective it is not just about choice, it is about better care and lower taxes in the future.

I consent to publication of my submission.

Sincerely,

William Duncan

A solid black rectangular box used to redact the signature of William Duncan.

From: Anthea Dunlop
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 7:31:17 PM

To the Medical Board of Australia,

I support Option 1.

I have a wholistic approach to healthcare and have successfully combined integrative and natural therapies while bringing up my 3 children.

All doctors should have the choice to choose if they include integrative therapies in their practice. They should be able to provide the best care possible for their patients and should not be penalized for doing so.

It should be the doctors right to make this choice and thew guidelines should not be tightened.

I consent to publication of my submission.

Sincerely,

Anthea Dunlop

A solid black rectangular box used to redact the signature of Anthea Dunlop.

From: Evanthe Dunn
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 2:01:09 PM

To the Medical Board of Australia,

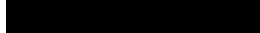
I support Option 1.

Doctors are educated and informed professionals. In my opinion, limiting their ability to assess, tailor care, and medicate, based on a case by case basis would be doing a serious disservice to the medical industry. I personally seek doctors who can work with my family and I on an all round approach to achieving health. If I knew I could not have this type of health care, I would cease to visit for GP advice.

I consent to publication of my submission.

Sincerely,

Evanthe Dunn

A solid black rectangular box used to redact the signature of Evanthe Dunn.

From: Kay Dunn
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 12 May 2019 9:36:17 AM

To the Medical Board of Australia,

I support Option 1.

There is an Einstein quote that says “ We cannot solve our problems with the same thinking we used to create them”

This inflexibility of thinking has meant that modern medicine has become not a Health system but a Sickness system. The main tenet of the Doctors oath is “ Do no harm” and yet the MBA with their “same thinking” wish to stop Doctors who realise that the old Newtonian reductionist models are no longer working and wish to look at bodies as a whole not as a collection of spare parts.

Anything that helps promote and help wellness in a society where sickness and chronic disease has skyrocketed in the last forty years should be encouraged not shut down.

I consent to publication of my submission.

Sincerely,

Kay Dunn

A solid black rectangular box used to redact the signature of Kay Dunn.

From: Judi Durrant
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 1:52:58 PM

To the Medical Board of Australia,

I support Option 1.

I firmly believe that holistic evaluation and then treatment should be available from their Doctor. We have symptoms that are the first guide to an anomaly in the body. Sometimes these symptoms are the only clue so the Doctor has to try to work out the cause of these in under 10mins because he/she is so stretched for time. Thus, a holistic approach is the way to go, unless of course, in an emergency. Common colds, flu, superficial skin anomalies eg corns, warts can be treated without harsh medications whereas pneumonia and skin cancers require medical intervention. We are losing the skills to heal ourselves yet are happy to take tablets to "cure" the problem.

If I go to my Dr and he/she suggests an alternative approach, I am quite willing to do that. If the problem simply doesn't go away, I am again guided by my GP.

Lastly, if I can't look after myself, how can I expect my Dr to? Please don't take their holistic approaches away! We have seen what overuse of antibiotics has done. And that is just the tip of the iceberg!

I consent to publication of my submission.

Sincerely,

Judi Durrant



From: Sarah Dwyer
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 1:10:47 PM

To the Medical Board of Australia,

I support Option 1.

Dear MBA,

I would like to give my opinion and feedback regarding the issue of GP's incorporating complementary medicines and emerging treatments into their practice, and I am grateful that I have the opportunity to do so to, hopefully, help make a difference.

I can also see how this is a great debate as the Government and Pharmaceutical Companies make a HUGE profit in distributing 'accredited drugs / prescriptions' through conventional medical practice via the GP's and if more holistically based treatments were incorporated, there would be less profit to make, or would there? Maybe all we need is a new way of thinking.

Inevitably, changes ARE coming so it would be more beneficial to think new strategies now, than to resist and keep most of the population sick through current conventional medicine the way it is. Which, if you look at the 'big picture' this is actually costing the Government and putting pressure not only on health care professionals (including mental health) and overrunning our hospitals, but on all those in service to the community, e.g. Police (domestic violence call outs, which statistically is incredibly high), families, carers and the list goes on and on, even costing companies in staff sick leave.

From a holistic viewpoint, at ground level, the less people walking around with a chemical imbalance due to prescribed medication the better we ALL as a society would be. I am sure everyone at heart would agree to that. From a medical perspective, I am sure the argument would be that these people need medicating and "controlling". This argument is coming from people/physicians who have more than likely never experienced or even come close the kind of problems these people have, or stuck in an outmoded way of thinking, or never made their own enquiries into holistic care. Most, if not all disease and illness, initially comes from some form of stress and unresolved emotion or thought patterns, whether that be from the womb or generational that is another chapter, but have they enquired about 'family entanglements, energetic healing, hands on treatments - such as massage, reflexology, osteopathy, anything that can help realign the body naturally to a better state of wellbeing?

I guess the big question is, is it profit & power, or people who come first. In a more selfish view it would be profit & power, but in a more holistic view it would be people, the planet and the way forward for our generations to come.

I totally support patient access to Integrative and complementary medicine as I believe it would not only give people more control of themselves and a better quality of life, but enable our country and society in general to be a better place to live and be. I believe it would be a better quality of life as people will not be dependent on

chemical pharmaceuticals which are not solving any problem, just suppressing it and creating more problems in itself. As a Medical Secretary I see the amount of medications any one patient can be on and quite frankly it is frightening, and their problems only continue, get worse and they end up seeing more and more Specialists and keep going around in circles.

If holistic treatments were given a more valued stance, and this includes counselling and getting to the root of the problem, yes, there may be less demand for pharmaceuticals but if you think smart and get on board I am sure the MBA could think up ideas of how to sell products that treat people in a natural way and/or support Integrative medicine and EMERGING treatments.

Yes, I do use integrative and complementary medicine, I have studied it in depth, and have even become qualified to treat with holistic therapies as I see the great benefit and value in it on lots of levels.

We CAN make this a better world to live in. If the MBA imposes restrictions on Integrative practitioners then we are not really progressing, are we?

In summary, I am hopeful that the MBA do not see Integrative and Complementary Medicine & Therapies as a threat, but something which can be embraced, incorporated and put to benefit ALL.

Regards and best wishes,

I consent to publication of my submission.

Sincerely,

Sarah Dwyer

A solid black rectangular box used to redact the signature of Sarah Dwyer.

From: Lise Dybvik
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 7:46:56 PM

To the Medical Board of Australia,

I support Option 1.

After 13 years in Australia I am still bewildered by its way of running it's politics. It's seem like there are a lot of money-minded people involved in the lead and with a little herd of sheep following.. I'm not sure where the pride of democracy comes in...

I consent to publication of my submission.

Sincerely,

Lise Dybvik

A solid black rectangular box used to redact the signature of Lise Dybvik.

From: Lauren Eade
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:15:09 PM

To the Medical Board of Australia,

I support Option 1.

I support integrative and complementary medicine, and have found solutions to many problems (for myself and my family) over the years by utilising the services of these types of treatment.

People are capable of looking at the services on offer, and say "no" if they choose not to use any of these. We should not stop the choice of individuals when it comes to their own bodies and health, and in fact ENCOURAGE many of these practices that entice people to take preventative measures for their own wellbeing.

New and innovative practices in medicine and science happen all of the time, and are currently supported in pharmaceutical medicine. Why does every Doctor and patient have to be restricted to medicine of the past, just because it's what we have "always done"?

More progressive countries support the growth and development of their health professionals, to utilise treatments that suit individual patients. Europe embraces multi faceted treatments- and "conventional" routes don't work for everyone. I wish Australia could support their Doctors and Health Care providers by encouraging them to seek further avenues for each of their patients, and treat these providers like the intelligent people they are.

Legislating such guidelines infringes on my right to make choices about my own health.

It also affects my way of life- as a fully independent and capable human being, and I do not support denying me options to utilise complementary medicine if I so choose.

I consent to publication of my submission.

Sincerely,

Lauren Eade



From: Elizabeth Eadon
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 6:10:28 PM

To the Medical Board of Australia,

I support Option 1.

integrative medicine is a growing and vital practise, seeking to establish and treat the true source of sickness, rather than relying, as so many doctors do, on chemical 'quick fixes' directed at the symptoms not the cause. It has become the norm to write a set prescription for any amount of health issues, lining the pockets of Pharmaceutical Companies, while patients are left with side effects which are worse than the initial complaint. The MBA should be supporting and encouraging this branch of medicine rather than restricting it's growth.

I consent to publication of my submission.

Sincerely,

Elizabeth Eadon

A solid black rectangular box used to redact the signature of Elizabeth Eadon.

From: Suzanne Eckert
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 6:07:44 PM

To the Medical Board of Australia,

I support Option 1.

Freedom of choice is our right! No-one has the right to dictate what people must follow as a health care regime. The integrative process recognizes the ability for the body to heal itself so takes the approach of understanding the cause rather than treating the symptom. Yes, western medicine has a role to play and is fantastic if a bone is broken, for emergency surgery etc, but let's honour the body and let the gifts of nature and the understanding that our body is a holistic organ. It is important to understand the whole, not rely on a patch job for healing. Emotions play a HUGE role in the underlying cause of many illnesses. I could go on & on....The bottom line is that choice is a gift that should not be taken away from us.

I consent to publication of my submission.

Sincerely,

Suzanne Eckert



From: Petra Edgecombe
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 7:26:02 AM

To the Medical Board of Australia,

I support Option 1.

Integrative health has saved my family from a life of misery. It has given us our health back after years of ongoing health issues. We use a range of complementary therapies along with our GP and have now become more productive members of society.

I consent to publication of my submission.

Sincerely,

Petra Edgecombe

A solid black rectangular box used to redact the signature of Petra Edgecombe.

From: Jacqueline Edie
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:14:23 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine and urge the MBA not to restrict integrative practitioners.

I consent to publication of my submission.

Sincerely,

Jacqueline Edie

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From: Fiona Edmunds
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 6:00:20 AM

To the Medical Board of Australia,

I support Option 1.

My healthcare choices should not be compromised due to a range of alternative or natural therapies being compromised, limited or manipulated by the Medical Board of Australia. Freedom of choice to pursue treatments from a range of protocols, including allopathic, kinesiology, chiropractics, naturopathy, iridology, to name just a few, as well as my right to pursue eastern influenced practices; should I so choose, should neither be hindered, nor compromised, by nuisance restrictions or limitations identified by The Medical Board of Australia!

I consent to publication of my submission.

Sincerely,

Fiona Edmunds

A black rectangular redaction box covering the signature area.

From: Gary Edmunds
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 28 April 2019 11:50:49 PM

To the Medical Board of Australia,

I support Option 1.

My right to choose is as much a right as freedom of association

I consent to publication of my submission.

Sincerely,

Gary Edmunds

[Redacted Signature]

From: Zelda Edwardes
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 8:21:42 PM

To the Medical Board of Australia,

I support Option 1.

I have the right to choose the type of medical treatment i want , and
that includes integrated doctors and alternative therapies

I consent to publication of my submission.

Sincerely,

Zelda Edwardes

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From: Brian Edwards
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 10:05:08 AM

To the Medical Board of Australia,

I support Option 1.

I have used alternative vitamins and some Indian herbal mixtures to treat minor problems I have encountered in my 82 years of life with lots of success and there have been no side effect noticed.

I am however careful and research before use. I am very grateful for help for my local doctor who I visit for checkups regularly. Also our local hospitals have been very helpful with a few major problems I have encountered.

Please allow me the choice that I have to continue.

I consent to publication of my submission.

Sincerely,

Brian Edwards

A black rectangular redaction box covering the signature area.

From: Diane Edwards
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 28 May 2019 9:08:26 PM

To the Medical Board of Australia,

I support Option 1.

Preventative medicine and alternative medicine is important in maintaining my health and the health of others. It also saves \$ to prevent rather than treat. Do not remove the rights of people to select how they maintain their health.

I consent to publication of my submission.

Sincerely,

Diane Edwards

A solid black rectangular box used to redact the signature of Diane Edwards.

From: Donna Edwards
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 7:37:35 AM

To the Medical Board of Australia,

I support Option 1.

I'm grateful for the forensic and holistic approach of my integrated GP. I trust her ability to research the science of natural remedies while balancing her knowledge with traditional medical science.

I consent to publication of my submission.

Sincerely,

Donna Edwards

A solid black rectangular box used to redact the signature of Donna Edwards.

From: Duane Edwards
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:37:17 PM

To the Medical Board of Australia,

I support Option 1.

We should be taking pressure off the medical profession not putting more on the industry.

You would think people's health would be the main focus

I consent to publication of my submission.

Sincerely,

Duane Edwards

A black rectangular redaction box covering the signature area.

From: Greta Edwards
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 5 June 2019 12:56:43 PM

To the Medical Board of Australia,

I support Option 1.

To MBA members

Science is opening up new frontiers at an amazing rate and I think it wise to allow this to continue to happen rather than close our minds as to what we currently think will happen. Therefore I support option one to continue. Personally I have been helped by Chinese medicine and its values along with other healthcare choices.

I consent to publication of my submission.

Sincerely,

Greta Edwards

A solid black rectangular box used to redact the signature of Greta Edwards.

From: Hazel Edwards <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:58 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I would like to have my doctor have the choice to offer alternative treatments

I consent to publication of my submission.

Sincerely,

Hazel Edwards
[REDACTED]

From: Margaret Edwards
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 8:28:17 PM

To the Medical Board of Australia,

I support Option 1.

I will continue to use both integrative and complimentary medicine. As an aged pensioner changes to the guidelines will place a huge burden financially.

I consent to publication of my submission.

Sincerely,

Margaret Edwards

A solid black rectangular box used to redact the signature of Margaret Edwards.

From: Leigh Efferion <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:11 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have experienced significant health benefits through a combination of Integrative medical treatments.

I consent to publication of my submission.

Sincerely,

Leigh Efferion
[REDACTED]

From: Joan Eggert
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 3:35:31 PM

To the Medical Board of Australia,

I support Option 1.

I am 80 years old and I have used integrative healthcare and alternative medicine for over 50 years.

I have no serious health problems and do not take any medication.

I would be very disappointed if there was a restriction on my choice of healthcare as I would like to continue in good health for many years using my choice of healthcare.

I consent to publication of my submission.

Sincerely,

Joan Eggert

A solid black rectangular box used to redact the signature of Joan Eggert.

From: Linda Eisler <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 5:44 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I've used natural therapies for years and have found them very useful.
I talk to my doctor and cross reference information. I object to interference from the MBA. In my opinion their objections comes from ignorance and fear c

I consent to publication of my submission.

Sincerely,

Linda Eisler


From: Sharon Ekendahl <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have the right to choose. I support integrative medicine.

I consent to publication of my submission.

Sincerely,

Sharon Ekendahl
[REDACTED]

From: Garry ELDRIDGE OAM
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 2:24:01 AM

To the Medical Board of Australia,

I support Option 1.

My 90+ Year old Aunt has recently returned from a Dance at her local community Hall. She is under the care of an Integrative Medical practitioner. She is no longer on any prescription medication and all her tests show her to be in prime health. Please don't take away others' ability to follow her lead.

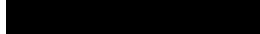
I know there is a LOT of money involved, but please consider the Health of your patients and the Hippocratic Oath when making judgement.

I would also applaud the Board's support in ensuring that charlatans of any kind in the Medical space are exposed and removed.

I consent to publication of my submission.

Sincerely,

Garry ELDRIDGE OAM



From: Janet Eldridge
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:15:42 AM

To the Medical Board of Australia,

I support Option 1.

It is essential that Australians have FREEDOM OF CHOICE to HEALTH & medical inclusions or interventions. It is essential that we have access to information & unbiased studies. STOP taking away our power to be in control of our own choices surrounding Complimentary Health Care. STOP removing the access to and ability of Naturopaths & other highly informed practitioners to offer natural Healing and health support to the people!!

I consent to publication of my submission.

Sincerely,

Janet Eldridge

A solid black rectangular box used to redact the signature of Janet Eldridge.

From: Tara Emmerson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 3:17:41 PM

To the Medical Board of Australia,

I support Option 1.

I use complementary therapies because medical procedures do not help with everything. In fact, there are more long term side effects with medications and medical procedures. Medical intervention is good for saving lives, not for improving general health and quality of life. I firmly believe medical doctors have the right to have knowledge on complementary and integrative therapies because it makes them more holistic and they can share the pros and cons of both to their patients, making them better able to help their patients and guide them in the right direction.

I consent to publication of my submission.

Sincerely,

Tara Emmerson

A black rectangular box redacting the signature of Tara Emmerson.

From: Cheryl Emmett <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 1:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We must keep integrative and complementary medicine.

There is a place for both conventional and integrative medicine we should all be able to make our own choices. I have been misdiagnosed from conventional medicine and my life was at risk, luck the integrative medicine saved my life.

I consent to publication of my submission.

Sincerely,

Cheryl Emmett
[REDACTED]

From: Shirelle Emmett <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:27 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Let people have all the options to make a decision!!

I consent to publication of my submission.

Sincerely,

Shirelle Emmett
[REDACTED]

From: Kamal Engels
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 6:31:16 PM

To the Medical Board of Australia,

I support Option 1.

I strongly oppose the tightening of guidelines for doctors including complementary medicines and emerging treatments into their practice. This would severely impinge on my right to choose a doctor and my freedom to choose a health treatment of my choice.

I consent to publication of my submission.

Sincerely,

Kamal Engels

A black rectangular redaction box covering the signature area.

From: wayne english
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 7:18:51 PM

To the Medical Board of Australia,

I support Option 1.

I am fully in agreeance with intergrative and alternative health care options for freedom of chioce .

Being 72 years old / young, I have accesed alternative , natural medicine and allopathic medicine to great advantage .

My body , my health my choice.

85% of pharmaceutical drugs are sourced from natural sources.

Commonsense must prevail.

I consent to publication of my submission.

Sincerely,

wayne english

A solid black rectangular box used to redact the signature of Wayne English.

From: Jane Enter
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 19 June 2019 9:31:30 PM

To the Medical Board of Australia,

I support Option 1.

I support all Doctors who wish to prescribe alternative medicines and supplements to patients who have the right to choose from a range of treatment options. Doctors are well trained in western medicine and I trust that if they prescribe alternatives they have the extensive training to know what they are doing. The over controlling and rigidity of the medical board needs to be challenged. Above all people have the right to choose their own array of integrative treatments and not be limited by a frightening trend in a conservative ideology.

[REDACTED]

I consent to publication of my submission.

Sincerely,

Jane Enter

[REDACTED]

From: Julie Entsch
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 5:29:04 PM

To the Medical Board of Australia,

I support Option 1.

There is a place for both medical & natural healing & medicines for people. Natural medicine & healing has been used since the beginning of mankind & often is the most effective cure or preventative there is against illness & diseases. There are certainly times when pharmaceutical medicines are the most effective treatments or cures. Insulin would be one for certain. I feel that people should have the freedom to choose what is best for them & should have the right to be given the information about all types of treatments available to them. Whatever relieves, cures or gives the person suffering the illness a better quality of life should be their choice to make.

I consent to publication of my submission.

Sincerely,

Julie Entsch

A solid black rectangular box used to redact the signature of Julie Entsch.

From: Dustin Erb
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:01 PM

To the Medical Board of Australia,

I support Option 1.

I have had issues with prescription medications before that have not work and simple vitamin supplements recovered my health

I consent to publication of my submission.

Sincerely,

Dustin Erb

A black rectangular redaction box covering the signature area.

From: Kathryn Esh <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:59 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

A person should have the right to seek alternate remedies for health issues. While conventional medicine is amazing, the use of herbs etc. have been around for hundreds of years and people should be able to explore these freely with integrative practitioners.

I consent to publication of my submission.

Sincerely,

Kathryn Esh
[Redacted Signature]

From: Myra Espey
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:53:13 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and complimentary medicine are what keep me and my family healthy and prevent us from using the medical system saving the govt a lot of money.

This move is short sighted and stupid.

I consent to publication of my submission.

Sincerely,

Myra Espey

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From: Sonia Estago-Cers
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 6:24:15 PM

To the Medical Board of Australia,

I support Option 1.

As a Reiki Practitioner my clients have reported ongoing health benefit. At times being referred by other Professionals. I feel it is important that individuals have a choice about their health and wellbeing and "all" healthcare options be included. A huge part of health and healing is about feeling empowered.

I consent to publication of my submission.

Sincerely,

Sonia Estago-Cers

A solid black rectangular box used to redact the signature of Sonia Estago-Cers.

From: Kerry Etkin <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:11 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments


To the Medical Board of Australia,

I support Option 1.

By limiting people's right to choose the form of medicine that works best for their body not based on clinical trials but in their own journey of health. You limit their autonomy in deciding the best care for their own body. You also funnel medical care into the only modalities that can afford research which are the surgical and drug options. 15 years ago scientists were mocking the belief that there is a gut/brain connection. Natural therapies were way ahead of their scientific counterparts and finally science caught up with what the natural therapists were saying for years. Science is not the only option in healthcare and governmental policy should support this

I consent to publication of my submission.

Sincerely,

Kerry Etkin


From: Joshua Euler
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 6:51:28 PM

To the Medical Board of Australia,

I support Option 1.

Don't dig a bigger hole for this country then you all ready have. Stop with over reaching policies implemented for the wrong reasons that result with with poor outcomes for the already health poor individual. Holistic health is the only way forward for this country, stop thinking prescribed drugs are the answer. Start training physicians about health not just medicine. I hope you do better for this country in the next decade. All the best.

I consent to publication of my submission.

Sincerely,

Joshua Euler

A solid black rectangular box used to redact the signature of Joshua Euler.

From: Alice Evans
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 7:07:55 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is such an important, emerging area of medicine we should not be restricting its practice. Without it my health would be severely compromised with my GP identifying a problem 10 other GPs could not and then using a combination of traditional and complimentary approaches to manage it. Without this I will be a burden to the healthcare system because I would no doubt end up taking certain pharmaceuticals unnecessarily and end up suffering from their side effects.

Additionally the approach used by my GP is based on sound evidence - this is not 'pie in the sky'.

Please consider.

I consent to publication of my submission.

Sincerely,

Alice Evans

A black rectangular redaction box covering the signature area.

From: Amanda Evans
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:02:50 AM

To the Medical Board of Australia,

I support Option 1.

I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines. No one thing works for everybody & people should have the choice to decide what they want to do.

Choice is the important thing here, our freedom of choice should not be compromised by convention. We need to have a more personalised doctor/patient relationship as to understand root causes of illness so diagnostic capabilities and individualised treatment plans can be employed for the peace of mind & health of the patient & the doctor. In the long run patients will be easier to look after if there is a full scope of treatment offered.

I consent to publication of my submission.

Sincerely,

Amanda Evans

A black rectangular redaction box covering the signature area.

From: Annette Evans
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 12 June 2019 4:47:09 PM

To the Medical Board of Australia,

I support Option 1.

It is not up to the government to decide how I choose to care for myself. Mainstream medicine only prescribes a drug, and rarely looks at the whole person, when treating disease. This is draconian and taking us backwards in our choice for health.

I consent to publication of my submission.

Sincerely,

Annette Evans

A solid black rectangular box used to redact the signature of Annette Evans.

From: Bethany Evans <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:35 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please do not restrict doctors from providing complementary medicine.

Regular doctors have no idea and only prescribe big name antibiotics without really looking past the symptoms. In my experience, integrative practitioners are better able to address the root cause and think outside of the box.

Please allow doctors to use the whole spectrum of what is available to them to treat health issues properly

I consent to publication of my submission.

Sincerely,

Bethany Evans
[Redacted Signature]

From: Janet Evans
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 6:29:36 PM

To the Medical Board of Australia,

I support Option 1.

I cannot believe this is even happening.

It is called free choice, and it is our **RIGHT** to choose how we want to look after and treat our health!!! This should NOT even be an issue!!!

I consent to publication of my submission.

Sincerely,

Janet Evans

A solid black rectangular box used to redact the signature of Janet Evans.

From: John Evans
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 9:38:24 AM

To the Medical Board of Australia,

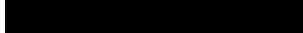
I support Option 1.

How can you be taken seriously anymore, your blatant disregard for people choice and manipulation of the system to further an agenda impacting on the people's health is so obvious now that people will eventually all see this and rebel. There is no good reason and no sense to this so I ask why would you do this? It certainly is not in the interests of public health.

I consent to publication of my submission.

Sincerely,

John Evans

A solid black rectangular box used to redact the signature of John Evans.

From: John Evans
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 7 May 2019 12:38:54 PM

To the Medical Board of Australia,

I support Option 1.

If we lose our choice we have nothing in this world. Your choice is you God given right and freedom, if someone takes that away from you then you are left feeling empty, helpless, insignificant. In a world of information we should be sharing with one another and using what we choose that works best for us as individuals, that's why it's important to have access to alternative information and treatments as it is simply not a one size fits all approach.

I consent to publication of my submission.

Sincerely,

John Evans

A solid black rectangular box used to redact the signature of John Evans.

From: Lissa Evans
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:12:01 PM

To the Medical Board of Australia,

I support Option 1.

I wish to oppose any changes to Drs abilities to recommend
"alternative" therapies in treatment plans.

We unfortunately can NOT limit these options to 'proven medical
outcomes now that our government has abandoned ALL research that's "in
the Public's good" because it has to have a commercial outcome. This
means that ONLY medical research available is that for which there is
a high likelihood of profit.

How sad.

I consent to publication of my submission.

Sincerely,

Lissa Evans

A solid black rectangular box used to redact the signature of Lissa Evans.

From: Rachana Shivam-Evans <submissions@yhyc.com.au>
Sent: Friday, 14 June 2019 2:34 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It is essential for my well being that i can rely on my integrative medical practioneer be able to practice without fear of this proposed government intrusion. Integrative medicine needs government support so that we have best practice available to us.

I consent to publication of my submission.

Sincerely,

Rachana Shivam-Evans
[REDACTED]

From: Aurelia Everaarts
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 2:45:09 PM

To the Medical Board of Australia,

I support Option 1.

I believe that both integrative and modern medicines have their place in healing society. I also believe that at times, when used together, you can achieve results in healing that aren't possible when only one medical model is used. I'm an acupuncturist and I have treated patients undergoing chemo and their doctors have told their patients that their blood work is uncharacteristically healthy - their white blood cell counts stay normal and they manage through chemo not just feeling physically better, but also more supported mentally and emotionally. This is only one such example of many I have had professionally and personally in my life and the lives of people around me.

I believe that people have the right to choose what health care practitioner they go and see and personally, I have chosen integrative doctors over GP's because they give you time of day and not just 10 minutes where they barely have enough time to look you in the eyes and understand what is going on for you.

I consent to publication of my submission.

Sincerely,

Aurelia Everaarts

A solid black rectangular box used to redact the signature of Aurelia Everaarts.

From: Kim Falconer-Brown
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:43:04 PM

To the Medical Board of Australia,

I support Option 1.

In my experience as a health practitioner, I have observed tangible and repeated positive outcomes for hundreds of patients who have received both conventional and complementary medicine consecutively as a balanced integrated approach to holistic healing. Giving each patient every option and opportunity to receive the highest level of individualized available care possible is mandatory. Restrictions placed on complementary treatments should be deemed neglectful towards our society in the very least.

I consent to publication of my submission.

Sincerely,

Kim Falconer-Brown

A black rectangular redaction box covering the signature of Kim Falconer-Brown.

From: Kate Fannon
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 12 May 2019 2:38:06 PM

To the Medical Board of Australia,

I support Option 1.

I, Kate Fannon, appreciate the opportunity to participate in providing comments on the Medical Board of Australia's recent public consultation on clearer regulation of medical practitioners who provide complementary and unconventional medicine and emerging treatments.

It is noteworthy the MBA has undertaken an open and transparent consultation with all stakeholders to allow a considered and impartial document to be produced. I support the MBA continuing with its current code of Good Medical Practice, rather than producing an additional guideline document as an outcome of this consultation.

Regarding the definition of integrative/functional medicine being "complementary and unconventional medicine and emerging treatments", I do not agree with this definition as integrative doctors are fully trained in conventional medicine and use the diagnostic tools of conventional medicine. I note that there are references in the media that integrative doctors practice 'fringe' medicine when in fact they have kept abreast of up-to-date, peer-reviewed research internationally. Their extra qualifications are indicators of excellence in the pursuit of healing.

Many conventional therapies (both drugs and devices) do not pass through clinical trials. Many conventional therapies also do harm such as the implanted mesh scandal for hernias, and the high number of deaths from prescribed drugs. This is the area of critical need of regulation by the AMB. Conventional medical standards need to be raised as many doctors do not adequately explain risks as is patently obvious in the mesh implants.

There is an inherent bias in the grouping of "complementary, emerging and unconventional medicine". Emerging medicine occurs every day in conventional medicine without those gold standard clinical trials because there is simply not the money to set these up and because some diseases do not present big enough sample size. Additionally, conventional medicine makes a choice to take a risk with emerging medicine as not to do so is to cause suffering and even death.

Witness the recent use of phages to save the life of a 15 year old girl with a double lung transplant to eradicate a mycobacterium. They genetically engineered the phages for that microbe and were successful in saving the patient's life. This was a first-ever use of that therapy and done by the Great Ormond Street Hospital in London.

[\[https://www.sciencemag.org/news/2019/05/viruses-genetically-engineered-kill-bacteria-rescue-girl-antibiotic-resistant-infection\]](https://www.sciencemag.org/news/2019/05/viruses-genetically-engineered-kill-bacteria-rescue-girl-antibiotic-resistant-infection).

Another example is the use of gene editing to save the life of a one year old dying from leukaemia – after all conventional treatments had failed [\[https://www.newscientist.com/article/dn28454-gene-editing-saves-life-of-girl-dying-from-leukaemia-in-world-first/\]](https://www.newscientist.com/article/dn28454-gene-editing-saves-life-of-girl-dying-from-leukaemia-in-world-first/).

There is risk in all operations; there are side-effects and limitations with prescribed drugs.

In terms of risk in complementary medicine, there is no evidence produced in the discussion paper that quantifies risk or relative risk. Indeed, complementary medicines are regulated by the TGA and are low-risk under the therapeutic goods regulatory framework⁵ and must be articulated separately from treatments or other alternative therapies for the purposes of the AMB consultation.

Furthermore, the reporting of Adverse Drug Responses (ADRs) via the Therapeutic Goods Administration shows that only 1% of ADRs are from complementary medicines, suggesting that the relative risk is low and does not warrant the proposed guidelines. These figures are reflective of similar patterns of adverse events reported in Singapore (considered by the TGA to be a comparable overseas regulator). According to a retrospective study of reported adverse events due to complementary health products between 2010 and 2016, only 0.6% were associated with complementary health products – with the remainder linked to chemical drugs, vaccines and biological drugs. This further reinforces the relative low risk of these forms of therapies.⁶

Emerging and complementary should not be grouped with unconventional. Emerging and complementary is built on the foundations of conventional medicine but deals with the individual health profile of the patient – and this is in the context of medicine needing to move to personalised medicine. Emerging medicine is conventional, and one could list many examples but the example of chronic inflammation as a cause of many serious degenerative diseases is extensively researched internationally – but apparently disputed by the AMB. See just one example, The Lancet Summit: Inflammation and Immunity in Disorders of the Brain and Mind, November 15-17, 2018 <http://www.thelancetsummit.com/>

Re amalgamating complementary and unconventional medicine and emerging treatments' is unscientific and political as it contradicts current conventional/allopathic practice, it would be logical to define the term 'complementary medicine' so all stakeholders were clear about what is included. All terms should be defined according to internationally recognised and nationally accepted definitions such as:

Definition of complementary medicines by the Therapeutic Goods Administration (TGA)¹

In Australia, medicinal products containing such ingredients as herbs, vitamins, minerals, nutritional supplements, homoeopathic and certain aromatherapy preparations are referred to as 'complementary medicines' and are regulated as medicines under the Therapeutic Goods Act 1989.

Definition of traditional and complementary medicine by the World Health Organization (WHO)²

Traditional medicine (TM):

Traditional medicine has a long history. It is the sum total of the knowledge, skill, and practices based on the theories, beliefs, and experiences indigenous to different cultures, whether explicable or not, used in the maintenance of health as well as in the prevention, diagnosis, improvement or treatment of physical and mental illness.

Complementary medicine (CM):

The terms "complementary medicine" or "alternative medicine" refer to a broad set of healthcare practices that are not part of that country's own tradition or conventional medicine and are not fully

integrated into the dominant healthcare system. They are used interchangeably with traditional medicine in some countries.

Traditional and complementary medicine (T&CM):

T&CM merges the terms TM and CM, encompassing products, practices and practitioners.

Definition of Integrative Medicine by Australasian Integrative Medicine Association (AIMA).³

Integrative medicine is a philosophy of healthcare with a focus on individual patient care. It combines the best of conventional Western medicine with evidence-based complementary medicine and therapies.

Integrative Medicine reaffirms the importance of the relationship between practitioner and patient, focuses on the whole person, is informed by evidence, and makes use of all appropriate therapeutic approaches, health care professionals and disciplines to achieve optimal health and healing.

It takes into account the physical, psychological, social and spiritual wellbeing of the person with the aim of using the most appropriate, safe and evidence-based treatments available.

All definitions of “integrative” and “complementary” healthcare involve bringing conventional and complementary approaches together in a coordinated way. The term ‘complementary medicine’ also includes access to traditional medicines which is defined as a basic human right in Australia and by the World Health Organization.

The right in a democracy for Australians to choose their health care:

More than two thirds of the Australian population use complementary medicines as a part of their self-care,⁴ and it’s estimated that one third of general practitioners incorporate some aspects of complementary medicine within their medical practice, therefore it could be argued that this constitutes current conventional medicine.

The MBA would need to define conventional medicine to ascertain if this political definition has validity. The lack of clarity on how to determine what is ‘conventional’ versus ‘unconventional’ can be misused by people with professional differences of opinion.

The World Health Organization’s Traditional Medicine Strategy 2014-2023 devotes attention to prioritising health services and systems including traditional and complementary medicine practices and practitioners.⁷ Therefore the proposed guidelines could be perceived as being contradictory to the aims and objectives of the WHO strategy, violating the human rights of all Australians, particularly indigenous peoples.

Regarding safeguards needed for patients who seek complementary and unconventional medicine and emerging treatments?

All aspects of the proposed guidelines are adequately covered through the existing “Good Medical Practice: A Code of Conduct for Doctors in Australia” as seen by the detailed analysis in Appendix 1, performed by the Australasian Integrative Medicine Association (AIMA) and included in their letter to Dr Anne Tonkin on 20th March 2019.

The structure of the proposed guidelines which specifically divides the scope of intent into “guidance for all registered medical practitioners” and then “Guidance for registered medical practitioners who provide complementary and unconventional and emerging treatments’ creates a two-tiered divisive system which is open to being challenged, onerous, restrictive and anti-competitive. This may in turn, impact service availability, additional costs to the patient, and restriction of consumer choice.

A review conducted by the Australasian Research Centre in Complementary and Integrative Medicine, based at the University of Technology Sydney, determined that two thirds of complementary medicine users don't inform their healthcare provider about their use.⁸ This was linked to the patient's perception of the level of knowledge and acceptance by their healthcare provider, and to their fear of being judged. By enforcing an additional set of guidelines the implication is that these therapies are 'unconventional' which could serve to further perpetuate this consumer concern. This in turn, presents safety implications whereby the lack of disclosure could lead to unwanted side effects, nutrient/herb/drug interactions, or reduced treatment effectiveness. These are all risks that can be easily managed if the patient feels comfortable and is encouraged to share their use with all of their healthcare professionals. As the code highlights there are many ways to practice medicine in Australia, reflecting a linguistically and culturally diverse society of which the core tasks of medicine are caring for people who are unwell and seeking to keep people well.

Australians will continue to use complementary and integrative medicine, so it is imperative that the Code of Conduct is inclusive of these choices.

I support Option 1 that the current regulation (i.e. the Board's Good Medical Practice) of medical practitioners who provide complementary and unconventional medicines and emerging treatments is adequate to address the issues identified and protect patients. The proposed guidelines are unnecessary and provide no added value in terms of patient safety or clarity of practice for doctors.

To lose complementary/integrative/functional medicine will actually see a loss of quality care that Australians will not tolerate. It will lead them to take up international/online treatment until they can force political change. This turmoil is not in the interest of safety, wellbeing or ethical standards.

I am one of those who use a general practitioner for basic health tests/concerns but find the health care to be just that, basic. I have relied on integrative/functional doctors to deal with chronic health problems.

I appreciate the MBA consideration of the points I have raised in this document and look forward to a positive outcome where the final document represents the comments and concerns from all stakeholders including those shared here.

1. Therapeutic Goods Administration. An overview of the regulation of complementary medicines in Australia. Available from:

<http://www.tga.gov.au/industry/cm-basics-regulation-overview.htm>

2. World Health Organization (WHO). WHO traditional medicine strategy: 2014-2023. Geneva, Switzerland 2013. Available from

<http://www.who.int/medicines/areas/traditional/definitions/en/>

3. Australasian Integrative Medicine Association. What is Integrative Medicine? Available from

<https://www.aima.net.au/what-is-integrative-medicine/>

4. NPS Medicinewise, NPA Annual Consumer Surveys: Findings about complementary medicine use, 2008, available at:

<http://www.nps.org.au/about-us/what-we-do/our-research/complementary-medicines/npsconsumer-survey-cms-use-findings>

5. Therapeutic Goods Administration. An overview of the regulation of

complementary medicines in Australia. Available from:

<http://www.tga.gov.au/industry/cm-basics-regulation-overview.htm>

6.Xu Y, Dhavalkumar N, et al. Retrospective study of reported adverse events due to complementary health products in Singapore from 2010 to 2016. *Front Med (Lausanne)* 2018; 5:167.

7.World Health Organisation (WHO). WHO traditional medicine strategy: 2014-2023. Geneva, Switzerland 2013. Available from

http://apps.who.int/iris/bitstream/10665/92455/1/9789241506090_eng.pdf

8.Foley H, Steele A, Cramer H, Wardle J, and Adams J. Disclosure of complementary medicine use to medical providers: a systematic review and meta-analysis. *Scientific Reports*. 2019;9: 1573.

I consent to publication of my submission.

Sincerely,

Kate Fannon

[Redacted Signature]

From: Clay Farley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 10:48:22 AM

To the Medical Board of Australia,

I support Option 1.

I have been very impressed with the move toward some GP's providing an integrative approach with longer appointment times, more involved testing and inter-referral with other health care professionals outside of the medical professional. As a chiropractor, in practice the results that I am hearing about and seeing particularly with relation to chronic disease are outstanding. I am strongly opposed to any regulations that would remove the right for GP's who chose to practice like this to do so. It appears not to be a financial decision for them, but providing the best care that they feel they are able to provide for their patients. To take this right away from them would be immoral and actually go against the code of ethics for health care practitioners to provide the best possible care we are able to. Please refer to AMA Codes and this 2004, revised 2016 4.2.1 Uphold professional autonomy and clinical independence and advocate for the freedom to exercise professional judgement in the care and treatment of patients without undue influence by individuals, governments or third parties.

I consent to publication of my submission.

Sincerely,

Clay Farley

A solid black rectangular box used to redact the signature of Clay Farley.

From: Roy Farrance
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 10:20:01 AM

To the Medical Board of Australia,

I support Option 1.

Integrated medicine is essential for good health and well being.
Support this 100%

I consent to publication of my submission.

Sincerely,

Roy Farrance

A solid black rectangular box used to redact the signature of Roy Farrance.

From: Jenny Farrell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 3:53:34 PM

To the Medical Board of Australia,

I support Option 1.

How many people die each year from drug company medication compared to alternative therapies and vitamins. Have some common sense, having a society addicted to drugs is not in anyone's best interest except the makers of the drugs!

I consent to publication of my submission.

Sincerely,

Jenny Farrell

A solid black rectangular box used to redact the signature of Jenny Farrell.

From: Emma Fato <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 9:41 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I do not agree with taking away from natural therapies Doctors are over prescribing pharmaceutical medicine they need to look more at diet and lifestyle factors and stop thinking about making money for big pharma it's time to change the system. Especially in regards to vaccinations the truth is coming out and you medical professionals know the risks out way the benefits.

I consent to publication of my submission.

Sincerely,

Emma Fato

From: Marlene Faulkner
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:31:34 AM

To the Medical Board of Australia,

I support Option 1.

The right to choose the doctor or modality of my choice should be one of our most cherished and important rights. Neither my husband nor I subscribe to mainstream medicine and because of this we have had only limited need to access conventional medical care thus saving the government mega dollars. Also we have benefited in our health by being proactive in our health care by following the advise and recommendations by so called "alternative" health care practitioners and their advise. Their remedies span thousands of years in research and development and evidence based on those thousands of years. The people that benefit from the application of complementary therapies are the patients not the businesses of sickness management as in mainstream medical practice and the agenda of the pharmaceutical industry (businesses)

I consent to publication of my submission.

Sincerely,

Marlene Faulkner

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From: natalie faulkner
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 8:49:39 PM

To the Medical Board of Australia,

I support Option 1.

Millions of Australians regularly use natural therapies to improve their health, finding natural products and services to be safe and effective, helpful in preventing disease and value for money. Public expenditure on natural medicine research does not reflect the widespread popularity or the potential health benefits offered by natural treatments. Further, the NHMRC's conduct of natural medicine research has been referred to the Commonwealth Ombudsman for bias and scientific misconduct.

Over 10 million Australians use various methods of natural medicine. The World Health Organisation recommends it be included in national health systems. Natural therapies and natural medicine is part of the national health systems in many countries.

There have been no real-world safety issues associated with the use of an integrative medical approach and the MBA consultation paper provides no actual evidence of adverse safety risk to justify the need to tighten their guidelines.

Integrative GPs are highly trained, specialist doctors educated beyond their medical tertiary qualifications. They integrate a range of safe and effective evidence-based interventions for the benefit of patients who do not always benefit from conventional treatments alone, or who benefit most from a combination of both.

Complementary medicine interventions have an exemplary safety record and pose a negligible risk to patients, especially compared with many conventional treatments, which is why many GPs choose to integrate them in their treatment plans (to minimise patient safety risk).

The current guidelines (Option 1) have operated successfully without any tangible evidence provided that they need changing.

Proactive complementary medicine use is cost-effective and saves money from the public purse.

Doctors' practise is already adequately regulated by the current Good Medical Practice: A Code of Conduct for Doctors in Australia, which also protects patient safety; there is no evidence for the need for a 2 tiered divisive approach.

The term 'complementary medicine' also includes access to traditional medicines which is defined as a basic human right in Australia and by the World Health Organisation (WHO).

The lack of clarity on how to determine what is 'conventional' vs. 'unconventional' increases the likelihood of the guidelines being misused by people with professional differences of opinion, opening the door for doctors who use integrative methods to be unfairly and unreasonably targeted by vexatious complaints and/or face sanctions that restrict their scope of practise, which in turn restricts patient right of choice to access these methods.

Medical practitioners that offer integrative approaches, who were not consulted, are strongly opposed to the guidelines.

Once central to their professional identity, Australian GPs' view clinical autonomy, control and possession of specific skills as an integral safeguard to practice, ensuring their patients' needs are always put first. Regardless of the values being pursued, clinical autonomy is not compatible with control by another, as hidden agendas

and conflicts of interest inevitably arise.

“The MBA proposal lumps together ‘complementary medicine with unconventional medicine and emerging therapies’ into a single definition. They’re not the same.”

“As in any profession there are good and bad practitioners. We can’t have one rule for some practitioners and one rule for others. The key is ensuring regulation is focussed on the health and safety of ALL Australians. There should be only ONE set of good practice guidelines that ALL doctors should follow.”(Marcus Blackmore AM)

With around 70% of the Australian community using complementary medicine services and products and around 30% of Australian GPs utilising some aspect of complementary medicine within their medical practice, it could even be argued that this IS current ‘conventional medicine’.

I consent to publication of my submission.

Sincerely,

natalie faulkner

A solid black rectangular box used to redact the signature of Natalie Faulkner.

From: Zoey Faulkner
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 11:18:41 AM

To the Medical Board of Australia,

I support Option 1.

Natural therapies have helped my family and I in more ways than I can count. I wanted to let it be known I am strongly for option 1. Thank you

I consent to publication of my submission.

Sincerely,

Zoey Faulkner

A solid black rectangular box used to redact the signature of Zoey Faulkner.

From: Edmund Faust <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 7:45 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

A minority fringe group of skeptics should not be in control of everyone's healthcare choice, nor influence the MBA in that way.

Please allow our integrative health care providers to continue to offer comprehensive services, complimentary to pure medical/drug care.

Thank you for your consideration.

I consent to publication of my submission.

Sincerely,

Edmund Faust

[Redacted Signature]

From: Nicolas Faust
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 10:09:39 PM

To the Medical Board of Australia,

I support Option 1.

As an informed member of the public, I find the paternalistic tone and the position of the Medical Board of Australia condescending to assume that patients using complementary and integrative medicine are uninformed and being exploited.

Integrative medical practitioners play an important role in Australia, as they do in other Western advanced countries; Australian patients are increasingly consulting integrative medical and non-medical practitioners for the following reasons in my opinion, my experience and the experience of many other patients from the community:

- patients want alternatives to pharmaceutical treatments when possible, which integrative doctors are well trained to assess
- integrative doctors are usually keeping much more informed than conventional doctors about newer treatment options that have demonstrated better outcomes
- integrative doctors can present you with options and wider choices which allow patients to make informed choices
- this choice constitute such an important step for the patient to own a part of the management of their disease as an important path to healing, as opposed to be left in a victim position with only one conventional approach to follow
- risks and harm of integrative medicine are much lower than conventional and pharmaceutical medicine
- imposing additional constraints on integrative medicine will only indirectly push more patients away from medicine and towards direct consultations with allied health natural practitioners, which will create an additional risk in removing the integrative doctor from the equation
- a growing number of patients suffer from chronic diseases, which the conventional system has failed to address, and furthermore continue to battle with expensive and inefficient pharmaceutical treatments, putting at risk our health budget and burdening our taxes
- integrative doctors are better equipped at establishing prevention and biomedical diagnostics for chronic disease and giving option for patients to address according to their own choice

Furthermore I am worried by the level of expertise available to the Medical Board of Australia, supposed to strategically support our health policies, in drafting in a very non-scientific manner a case for option 2; this is not good use of tax payer's monies; see my comments below to each of the questions:


1. Grouping the three terms in the same basket doesn't make sense, they are non comparable practices.
2. The definition is reductionist and WHO, AMA and RACGP have already produced much better definitions. Unconventional medicine is only defined by opposition to conventional medicine, which is not defined. Do we need to assume conventional equate pharmaceutical? Emerging treatment are part of any part of medicine, and have been the foundation block of innovation and progress.

- 3 and 4. These are ungrounded statements and anecdotal examples. No real research is substantiating this submission, which is paradoxically emphasising an evidence based approach
5. There is no demonstration here that the current safeguards and regulations are inadequate.
6. There should be comparative data produced between integrative medicine and conventional medicine about the level of risk of these different categories of medicine
7. There is no demonstration here that the current safeguards and regulations are inadequate.
8. The current proposed guidelines confuse rather than clarify the issues.
9. The MBA should abandon these guidelines there is no justified case for option 2 as the Board has failed to adequately make a case for Option 2.
10. The MBA has failed to engagement with the relevant professional bodies and this should be the new starting point.
11. Option 1

I consent to publication of my submission.

Sincerely,

Nicolas Faust



From: Rachel FAVILLA
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:57:54 AM

To the Medical Board of Australia,

I support Option 1.

It has come to my attention that you are considering tightening current guidelines that will restrict what a medical professional can provide for their patients when it comes to treatments that are classified as unconventional.

This concerns me as treatment options - be them pharmaceutical or natural - are emerging all the time and it should be at the discretion of the professional to make evidence informed individualised decisions for the best interests of their patients. Whether or not a treatment is conventional does not determine its safety, practicality or effectiveness. The proof is in the pudding or so to speak.

All individuals are unique and respond to various interventions differently. Restricting what a doctor can recommend or test for, in most cases, has potential to limit their patient's healing potential.

Please sustain the right for doctors to use all tools available to them, not just the ones that benefit your stakeholders.

We the public rely on your decisions to ensure our medical freedom and access to effective healthcare.

As a patient who has been helped by both conventional and complementary medicine throughout her lifetime and has respect for both, I urge you to put patients before profit.

I consent to publication of my submission.

Sincerely,

Rachel FAVILLA

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From: Ursula Faye
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 5:15:10 PM

To the Medical Board of Australia,

I support Option 1.

The only way for the Australian Health industry to improve and evolve is for more integration between western medicine so-called alternative therapies.

When I experienced serious, chronic health issues in my 20's I reached a point where there were no answers for me. Medical tests (while wonderful) are limited to specifics. If you don't have a specific known pathogen that is testable - then you are erroneously told nothing is wrong with you.

Human health is so varied and complex, we can not hope to treat it comprehensively by limiting our choices in patient care. We sometimes need a varied palette of interventions to be successful.

What works for one person may not work for another, and human health is about so much more than just the human body itself (even if we understood that more comprehensively) - we need connection, care, emotional and mental support and strategies, physical touch.. And a significant percentage of any care situation outcome is based on the quality of the relationship between the patient and practitioner.

For all of these reasons and more - we need more choices, not fewer.

I consent to publication of my submission.

Sincerely,

Ursula Faye

A solid black rectangular box used to redact the signature of Ursula Faye.

From: Mimma Fazio <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:37 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.


There are times when our medical conditions required both Natural Therapies and Western medicine. These doctors have been trained in both fields so it makes sense to see an Integrated GP for a holistic approach.

If these no longer exist then I personally will just see a Naturopath and not a GP.

This could cause a lot of issues and put more financial steer on the medical systems in the long run.

I consent to publication of my submission.

Sincerely,

Mimma Fazio


From: Carl Feanklin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 7 May 2019 8:42:21 AM

To the Medical Board of Australia,

I support Option 1.

I demand the right to choose who I see regarding my health practitioner . I also demand the government to stay out of my life , and not make decisions for ME ,!

I consent to publication of my submission.

Sincerely,

Carl Feanklin

A solid black rectangular box used to redact the signature of Carl Feanklin.

From: Ruth Fearnside
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 3:03:09 PM

To the Medical Board of Australia,

I support Option 1.

Please keep options open for Doctors and treatments

I consent to publication of my submission.

Sincerely,

Ruth Fearnside

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From: FEGEN Pamela
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 8 May 2019 9:02:20 AM

To the Medical Board of Australia,

I support Option 1.

Dear MBA,

I would like to offer my opinion and feedback regarding the issue of GP's incorporating complementary medicines and emerging treatments into their practice. I am grateful that I have the opportunity to do so to, hopefully, help make a difference.

I see how this is a great debate as the Government and Pharmaceutical Companies profit from distributing 'accredited drugs / prescriptions' through conventional medical practice via the GP's and if more holistically based treatments were incorporated, there would be less profit to make, or would there? Maybe all we need is a new way of thinking.

Inevitably, changes ARE coming so it would be beneficial to think of new strategies now, rather than keep our the population sick through current conventional medicine the way it is!!!

Costing the Government, putting pressure on health care professionals (including mental health), overrunning our hospitals, and support service to the community, e.g. Police (domestic violence call outs, which statistically is incredibly high), families, carers and the list goes on and on, even costing companies in staff sick leave.

THIS IS NOT WORKING. LOOK AT THE PROBLEMS BEING FACED IN USA BY OVER USECOF PRESCRIPTION DRUGS.

From a holistic viewpoint, at ground level, the less people walking around with a chemical imbalance due to prescribed medication the better we ALL as a society would be. I am sure everyone at heart would agree to that even without an 'evidence based study'.

From a medical perspective, I suppose the argument would be that these people need medicating and "controlling.

Most, if not all disease and illness, initially comes from some form of stress and unresolved emotion or thought patterns. Holistic treatments aim to treat these problems at the source rather than MASKING THE PROBLEM with medication.

Is it profit & power, or people who come first.

I totally support patient access to Integrative and complementary medicine as I believe it would Give people better health options, more independence and self control. A better quality of life.

We CAN make this a better world to live in. If the MBA imposes restrictions on Integrative practitioners then we are not really progressing, are we?

In summary, I am hopeful that the MBA do not see Holistic, Integrative and Complementary Medicine & Therapies as a threat, but something which can be embraced, incorporated and put to benefit ALL.

Regards and best wishes
Pam Fegen

I consent to publication of my submission.

Sincerely,

FEGEN Pamela

A solid black rectangular box used to redact the signature of Pamela Fegen.

From: Sara Feint
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 8:28:02 AM

To the Medical Board of Australia,

I support Option 1.

Western medicine isn't the be all, end all alternatives have just as much value and I should be able to access them and have proper medical supervision when using them.

I consent to publication of my submission.

Sincerely,

Sara Feint

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From: Lynn Feist
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 4:42:08 PM

To the Medical Board of Australia,

I support Option 1.

My choice how i decide to treat my body and my choice who I go to for help...My choice not to use sickening pharmaceutical drugs but natural therapies instead

I consent to publication of my submission.

Sincerely,

Lynn Feist

A solid black rectangular box used to redact the signature of Lynn Feist.

From: Simone Feltham
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 12:56:01 PM

To the Medical Board of Australia,

I support Option 1.

To the MBA board,

Natural Medicines have been part of patient care for thousands of years.

There is an abundance of empirical evidence and now scientific research stating and confirming its benefits, especially in chronic conditions and mental health disorders.

Denying doctors and patients access to this wealth of safe and complementary medicines would be a step backwards in the healing practices.

Therefore, as a patient and practitioner I strongly oppose the new regulations and hope the field of medicine can move forward and attend to public demand on safer and more integrative practices.

Yours faithfully

Simone Feltham

I consent to publication of my submission.

Sincerely,

Simone Feltham

A solid black rectangular box used to redact the signature of Simone Feltham.

From: Karen Felton
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 23 June 2019 4:36:56 PM

To the Medical Board of Australia,

I support Option 1.

Why you support patient access to Integrative & complementary medicine
How Integrative & complementary medicine has helped you, your family & friends
Reasons why you use Integrative & complementary medicine
What it will mean to you if the MBA imposes restrictions on
Integrative practitioners

I consent to publication of my submission.

Sincerely,

Karen Felton

A black rectangular box redacting the signature of Karen Felton.

From: Kathryn Fennell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 11:33:45 AM

To the Medical Board of Australia,

I support Option 1.

I value the scientific approach offered by medical practitioners. Health and healing is more than just offering 'medical' solutions. It is about a whole approach to health and wellbeing for each individual. Drug companies have monopolized the medical profession for too long with often disastrous results. I take responsibility for my health and sometimes need the informed perspective of health professionals, not a shovel full of pills to take for the rest of my life. Doctors need to be informed and able to recommend health promoting alternatives. I am much more healthy since I made the effort to seek healthy alternatives. The medical profession should wake up to itself and cease to simply hand out pills after brief consultations. Health is beyond drug company marketing.

I consent to publication of my submission.

Sincerely,

Kathryn Fennell

A black rectangular redaction box covering the signature area.

From: Michelle Fenske
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:54:39 AM

To the Medical Board of Australia,

I support Option 1.

I am not writing to share a personal anecdote.

My observation of past and current conventional Australian medical practice is that it consistently fails to fully understand and competently treat disease, or improve health. The model narrowly assesses, regards symptoms (including test results) as the problem, and frequently prescribes a life-long course of pharmaceutical intervention to manage or suppress the symptoms. This often creates an additional problem for the patient - up to and including progressive organ failure and intergenerational disease, but more often requiring additional pharmaceutical intervention, and is costly for the patient.

Allowing medical practitioners the autonomy to step out of this limited and often harmful approach and use their education, discretion, available evidence, patient preference and the established medical practices of other healthcare practitioners seems the only hope for improving conventional Australian medicine.

Reportedly, patients are most satisfied with their care and outcomes when seeing integrative doctors. Therefore it's reasonable to assume that it will also help keep patients in touch with their GP, rather than side-stepping them when health concerns arise.

Without any demonstrated harm, the proposal to prohibit what I consider a superior practice model, appears solely intended to preserve (or improve) the profits of the pharmaceutical industry. Presumably this isn't the reputation you're working towards.

Regulate non-evidence based incentives (for everyone), put monitoring plans in place, require disclosure of proven effectiveness and harm. Please don't remove tools from a doctor's toolbox (and slow collective discovery), by restricting their access to 'complementary medicines and emerging treatments'. There is never a better outcome when options are restricted.

Thank you.

I consent to publication of my submission.

Sincerely,

Michelle Fenske



From: Andrew Fenwick
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 11:21:48 PM

To the Medical Board of Australia,

I support Option 1.

Progressive countries are getting better patient outcomes using integrated health approaches.

People's health should be the priority, not protecting pharmaceutical industry profits.

I consent to publication of my submission.

Sincerely,

Andrew Fenwick

A solid black rectangular box used to redact the signature of Andrew Fenwick.

From: Andrew Fenwick
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 9:14:05 AM

To the Medical Board of Australia,

I support Option 1.

I am very concerned about any moves to restrict or stop medical practice from recommending more natural or nutrition focused approaches to clients.

Although not supported by the competing pharmaceutical suppliers, there are many benefits, fewer side effects and lower costs with herbal and nutrition products.

Our doctors should be given the latitude to expand their knowledge and ability to get the best results in healing and prevention; it is arrogant to close out non allopathic therapies.

I consent to publication of my submission.

Sincerely,

Andrew Fenwick

A solid black rectangular box used to redact the signature of Andrew Fenwick.

From: Georgie Feodorov
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 9:44:54 AM

To the Medical Board of Australia,

I support Option 1.

I am a qualified naturopath and am now studying biomed with the view of doing medicine. Why?? Because I see people everyday that want the reassurance of a doctor but the choice to use alternative and complimentary medicines in their healing.

I currently work collaboratively with local Gp doctors and have phenomenal success in getting patients health back on track.

Australia is a democracy. We deserve the choice on our health. This proposal removes this choice which will be a very sad disheartening move for all Australians.

If patients aren't supported in their health choices by qualified practitioners then it will only end up with rogue and dangerous outcomes.

I consent to publication of my submission.

Sincerely,

Georgie Feodorov

[Redacted Signature]

From: Lucia Ferguson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 6:07:07 PM

To the Medical Board of Australia,

I support Option 1.

I am a practicing health professional of over 20 years. I see working in the area of psychiatry non evidenced based care delivered by the public MH services everyday. I see consumers everyday dying earlier than they should with reduced quality of life because “mainstream psychiatry” still only markets psychotropic medicines as the solution. The tremendous amount of research and evidence supporting the gut brain axis and role of the microbiotica continue to be ignored by psychiatry. The massive burden depression and other mental illnesses put on our society, healthcare system are enormous and rising everyday. Integrative approaches are actually using “real science” to address the root of these issues, gene mutations and snp’s, nutritional disruptions and supporting people address lifestyle issues that impair the microbiome.

Real health is holistic, addressing dis ease by reducing it to small parts loses the whole point.

How can 5 min “evidenced based” Gp care possibly replace a model of integrative care that looks at the whole person within the system they live be a better solution.

Let us chose.

The science needs expansion but as “big pharma” and big “Farma” dominate what research gains funding and skews the evidence real science will continue to work with limited funding and the “evidence” presented be full of biases and support only a pill and a knife.

Please make sure that real science and biochemistry is at the core of our future care.

I consent to publication of my submission.

Sincerely,

Lucia Ferguson



From: Julia Ferjo <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:32 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

My family and I will be moving to Australia for work. We believe in human rights and believe medical freedom to be a HUGE human right.
Please choose to stay free.

I consent to publication of my submission.

Sincerely,

Julia Ferjo
[REDACTED]

From: Tharindu Fernando <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:47 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrated medicine has helped me and my family to overcome many health problems.

I consent to publication of my submission.

Sincerely,

Tharindu Fernando


From: Gary Fettell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:28:06 AM

To the Medical Board of Australia,

I support Option 1.

I suffered ill health for many years before I realised, I could take control of my own health by understanding my body and complimentary supplements. To assist me in educating myself I searched for advice from alternative therapists and the knowledge of my GP. Rarely did my GP have the knowledge to give me the confidence to follow his advice. Then I discovered Integrated Doctors with the training of a GP, someone who takes account of the whole person and could offer safe and accurate information to guide me to good health.

I consent to publication of my submission.

Sincerely,

Gary Fettell

A black rectangular redaction box covering the signature area.

From: Karen Fiala
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:18:02 PM

To the Medical Board of Australia,

I support Option 1.

I firmly believe there is a place in medicine for integrated and natural therapies in healthcare and that doctors should be not only taught these approaches but should encompass them on a daily basis so that they treat their patients with the best possible, safest, remedies which will have the most efficient outcomes for wellbeing. The concept of merely treating the symptoms and patching (or suppressing) the issue with drugs does not truly help the person in the long term.

With so many drugs/pharmaceuticals having a plethora of side-effects, how can this be making the person truly well again. I give you the example of drugs for arrhythmia, many of which have the very side effect of producing even more (or different types of) arrhythmia. Hippocrates, the father of medicine, who said "First do no harm" "primum non nocere," said "Let food be thy medicine and medicine be thy food. " Thus integrating nutrition and diet into a person's treatment should be vital to wellness. In fact, it is only in the 19th and 20th centuries did doctors only get taught about drugs and the pharmaceutical industry start to make huge profits by suggesting that doctors treat predominantly with the corporate drug manufacturers' products. However, this approach has not cured anyone. In fact, long term pharmaceutical use has caused more harm than good.

In conclusion, I would ask the committee to consider letting people have their choice of medical treatments rather than giving them no other options. I have cured myself of a few illnesses using holistic treatments when surgery and pharmaceuticals would not have made me well but would have exacerbated the issues long-term.

All people should have a right to certain rights while having their life on this world - and health is one of those rights, if at all possible.

If you take away the rights of doctors to help their patients, by banning them from trying all types of healing, you will be causing an unknown amount of suffering to those who could perhaps be healed.

One day you, or a loved one, may need to try anything to get well. If this is the case, you would want to have every opportunity to find a cure - no matter what it took.

From my experience, you need both regular and holistic treatments in order to get well.

Please do not deprive people of the chance to use all modalities to find health again.

Many thanks.

I consent to publication of my submission.

Sincerely,

Karen Fiala



From: Marina Fick
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 1 June 2019 7:23:35 PM

To the Medical Board of Australia,

I support Option 1.

Its pretty obvious that integrative medicine is far more competent and holistic and broader in achieving better healthier natural and safer ways to get better results in patient's health recovering and improving and people's free will and choice of service should always be present in any given situation.

I consent to publication of my submission.

Sincerely,

Marina Fick

A solid black rectangular box used to redact the signature of Marina Fick.

From: Angela Fieck
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 12:03:59 AM

To the Medical Board of Australia,

I support Option 1.

My first choice of health care has always been Integrative & complementary medicine and this at times has included working together with my medical doctor. This approach has very much proven to be the best health care for myself and my family. I really value a holistic approach to healthcare and support doctors' right to providing this for us all. Please! this should be a patients choice. As we know science is never settled, likewise we should not be put in a box and told there is only one way. I personally will continue with a holistic choice however i am able to get it in the future.

I consent to publication of my submission.

Sincerely,

Angela Fieck

A solid black rectangular box used to redact the signature of Angela Fieck.

From: Bronte Field
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 8:20:10 AM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]

Please allow the natural choices for health care. They do no harm and they heal.

I consent to publication of my submission.

Sincerely,

Bronte Field

[REDACTED]

From: BRONTE FIELD
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 5:48:24 PM

To the Medical Board of Australia,

I support Option 1.

To the Medical Board of Australia,

I support Option 1.

I wish to make it known that the proposed restriction of access to integrative medicine brings me great sorrow. While I appreciate the role of mainstream doctors in many aspects of life I find the proposal to be a gross violation of my right to choice re my health.

While now 65 years of age I have chosen to use doctors where something has been broken and I cannot fault them in this area! But as a person who pursues health, as opposed to a sickness, I find the mainstream medicine route seriously lacking.

The body is not a machine composed of separate unrelated parts...it is one organism all interconnected. Nor is it a machine.

Health is widely factorial and not just in the realm of one profession's knowledge. EACH plays its own role and each should be recognised for their own unique input!

Nor will this proposal alter my options on my health, I will choose the healers of my choice and will resent those who hold the reins of power for discriminating against me!

I will also resent that you are denying many access to an area of healing as meaningful as the mainstream.

The persecution of alternative medicine looks sadly like a sell-out to commercial interests and professional ego...VERY SAD AND DISAPPOINTING!!

I live in hope that an institution that has the potential for esteem and propriety, that our medical profession has, would lower themselves to this base level.

Remember the noble pledge of the healer and honour your tradition.

I consent to publication of my submission.

Sincerely,

BRONTE FIELD

I consent to publication of my submission.

Sincerely,

BRONTE FIELD



From: Grace Field <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:18 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We should be free to choose how we want to treat our problems. If the Drs are not allowed to give us different options, people may start treating themselves and that could really create problems. Please leave this be, as it stands is safer.

I consent to publication of my submission.

Sincerely,

Grace Field
[REDACTED]

From: Grace Field <submissions@yhyc.com.au>
Sent: Thursday, 27 June 2019 3:09 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I think we should be able to access what ever health care we want. To have a Dr supervising is an added bonus. I am 68 and on NO drugs through the help of vitamins, herbs, homeopathy, naturopathy etc. while Drs can prescribe some of these things, or at least accept that they may help we happily continue to see them as our health-care provider. if my Dr refuses to accept these things might help I will refuse to go to him. I have already left a no of doctors over their attitudes to my health care. NO change be please.

I consent to publication of my submission.

Sincerely,

Grace Field
[REDACTED]

From: Marissa Fillipou
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:44:24 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is crucial and should remain supported by the government

I consent to publication of my submission.

Sincerely,

Marissa Fillipou

[Redacted Signature]

From: Monica Finazzo
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 8:29:12 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine has been a great help to me and my family. It is non invasive, efficient and much cheaper. Stopping support and found to integrative health doctor, it is detrimental for our health, our economy and our wellbeing. We are allowed to have a choice, please don't remove our choice.

I consent to publication of my submission.

Sincerely,

Monica Finazzo

A solid black rectangular box used to redact the signature of Monica Finazzo.

From: Leeela Finch
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 15 May 2019 4:34:56 PM

To the Medical Board of Australia,

I support Option 1.

Patient choice needs to be the number 1 priority of any medical authority. Patients are far more likely to adhere to doctors' recommendations if they feel their point of view is being heard.

I consent to publication of my submission.

Sincerely,

Leeela Finch

A solid black rectangular box used to redact the signature of Leeela Finch.

From: Elizabeth Finck
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 8:24:36 AM

To the Medical Board of Australia,

I support Option 1.

I believe everyone should have access to many healing modes. That the medical profession wishes to remove this choice is small minded, controlling and an insult to the intelligence of all Australians. Please do not impose restrictions on integrative practitioners.

I consent to publication of my submission.

Sincerely,

Elizabeth Finck

A black rectangular box used to redact the signature of Elizabeth Finck.

From: Len Findlay
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 12 May 2019 7:13:37 PM

To the Medical Board of Australia,

I support Option 1.

I wholeheartedly support integrative healthcare practices - I've researched, been privy to and have seen these practices benefit a wide range of people, including myself. It is a basic human right to have the freedom of choice as to how one wishes to remediate or repair themselves and time and time again conventional medicine has been proven to be only one facet of how that repair can be successful. There is a huge amount of science proving that integrative healthcare where a combination of conventional and holistic practices can accelerate recovery.

I'm personally surprised that Australia is even looking to restrict the ability of it's citizens to have access to the full range of medical support given the global recognition of these practices and I personally feel that should Option 2 be implemented it would be a huge step backwards for such a forward thinking nation and something I would be personally disappointed to see after choosing this nation as my home and swearing allegiance to the values it stands for and the citizens who abide here.

I consent to publication of my submission.

Sincerely,

Len Findlay

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From: Denice Finnegan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 12:14:39 PM

To the Medical Board of Australia,

I support Option 1.

Supporting doctors who integrate natural therapies into their practice helps improve patient outcomes, reduce public health costs and hospital waiting lists, and meet an otherwise unmet need to treat chronic ongoing disease states.

I consent to publication of my submission.

Sincerely,

Denice Finnegan

A solid black rectangular box used to redact the signature of Denice Finnegan.

From: Elisa Finney
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 5:13:50 PM

To the Medical Board of Australia,

I support Option 1.

As a chronic illness suffer I found much help and relief through vitamins and alternative health practitioners. Together with traditional medicines, alternatives medicines and practices add up to providing some relief. All the small parts of relief together add up to a bigger picture of relief. Please allow us as consumers to have the choice to try all options and choose what works for each person as an individual, because every person's symptoms are different and individual to them as is what works in the form of relief.

I consent to publication of my submission.

Sincerely,

Elisa Finney

[Redacted Signature]

From: Elka Fischer
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 6:39:47 PM

To the Medical Board of Australia,

I support Option 1.

Most 'complimentary' medicines have now been scientifically proven for some time. Acupuncture and Traditional Chinese Medicine, for example have been used for thousands of years, I use acupressure and red light therapy whenever necessary because it is extremely effective.

I consent to publication of my submission.

Sincerely,

Elka Fischer

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From: Rebecca Fish
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 8:25:00 PM

To the Medical Board of Australia,

I support Option 1.

Traditional medicinal techniques have been around for thousands of years including the use of herbs, massage, yoga & essential oils to name a few.

Please support integrative Doctors in supporting their patients in a holistic manner. Let's move towards a future where modern and ancient healing techniques co-exist and thrive for the betterment of mankind.

I consent to publication of my submission.

Sincerely,

Rebecca Fish

A solid black rectangular box used to redact the signature of Rebecca Fish.

From: Alex Fisher
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:30:29 AM

To the Medical Board of Australia,

I support Option 1.

In no way should patient access to integrative and complementary medicine be revoked. If there is clear evidence in the scientific literature that these treatments work, there is no reason to change the current guidelines. The only people who would benefit from this would be the pharmaceutical industry and the politicians they support with donations.

Complementary medicine can be used in conjunction with current medications. I urge you not to take away people's choice of care. People who wish to utilise complementary medicine will be forced to purchase supplements over the internet without advice from their health care practitioner. This is much more dangerous.

It doesn't take a rocket scientist to see that population health is declining rapidly despite excellent pharmaceutical intervention. Unfortunately the population needs all the help it can get. By removing any complementary treatments, you are declining the population the right to help themselves. Shame on anyone who takes away this choice.

There is no need for this reform.

I consent to publication of my submission.

Sincerely,

Alex Fisher

A solid black rectangular box used to redact the signature of Alex Fisher.

From: Karlie Fisher <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 8:25 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I feel it is important for healthcare professionals to be able to advise and recommend alternative options to their patients. These options can be just as safe and effective, or more so, than "western" medicine.

I consent to publication of my submission.

Sincerely,

Karlie Fisher


From: Mikhala Fisher <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:20 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The facts are that the current health system is severely overworked and broken in many ways. Holistic, natural approaches to health are the only sustainable way for our country's health to improve as a whole. Most people would straight away reach out to their local GP or other health care provider when they are sick or injured. Some of us know better. And that is to holistically seek a natural, viable alternative to the 'standard' medical advice and treatment. Providing patients with options to heal themselves in a natural way using traditional methods that have been used for centuries will only promote happy, healthy people in our society. Healing from the inside out is the only option. A medicated or bandaid fix will not solve the root cause of the health issues facing so many Australians currently. I urge you to stop only thinking of the bottom dollar. The nation's health is far more important and valuable than making more money to support big pharmaceutical companies. Each year the budget will need to increase to cope with the demand in our public health system. And this figure will be far greater than any amount currently being made from these companies. There is a better way. Work with us on this. Do not scrap natural therapies. Embrace them, make them more easily accessible for those who need them most. Make them a significant subsidy of Medicare.

I consent to publication of my submission.

Sincerely,

Mikhala Fisher
[Redacted Signature]

From: John Fisher-Smith
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 19 June 2019 11:42:58 PM

To the Medical Board of Australia,

I support Option 1.

I support the freedom of choice in being able to choose my practitioner and their prescribed treatment.

If there is a natural supplement that will treat and cure my condition without the side-effects that accompany many manufactured drugs, then I should have the right to choose that treatment. If the Medical Board of Australia (MBA) removes my right of choice, then this represents an assault on my personal rights to be able to choose how I want to live.

I choose to be a vegetarian, which is my choice alone. It doesn't hurt anyone to live like this and I feel healthier for my choice. I would be devastated if some government department took away my right not to be a vegetarian and made me eat meat especially if there was no valid reason.

My experience with practitioners of integrative and complementary medicine is they are extremely dedicated and continually research to keep up with the latest information and technologies that are being widely practised in Europe and the USA. These practitioners are keen to keep learning so they can bring the best solutions to their patients' health. They offer real alternative solutions that have been derived from proven research from world famous health specialists in other countries where they are accepted treatments.

So often we hear of patients having to travel to the other side of the world to receive life changing treatments that can't be provided here in Australia, which are sometimes locally regarded as quite radical. However, it is often the practitioners of integrative and complementary medicine that are the first to know and practise these alternative solutions here in Australia. If the MBA was to restrict these dedicated practitioners in any way, then Australia would be the worse for this.

Every person should have the right to choose their own health care and not be dictated to use only a single standard solution.

I consent to publication of my submission.

Sincerely,

John Fisher-Smith



From: Pauline Fitzgerald
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 2:28:49 AM

To the Medical Board of Australia,

I support Option 1.

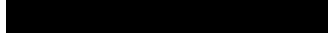
These decisions must come from a human base
Ethics. We must put the right of people at the forefront of all
decisions to do with medicinal care and choice. Profit must be kept
out of the decision making.

Kind regards
Pauline fitzgerald

I consent to publication of my submission.

Sincerely,

Pauline Fitzgerald

A solid black rectangular box used to redact the signature of Pauline Fitzgerald.

From: Janice Fitzpatrick
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 5:33:04 PM

To the Medical Board of Australia,

I support Option 1.

Most importantly, there should be choices for patients for their own care. Sometimes, mainstream medicine doesn't have all the answers whereas, often a more holistic approach is successful.

the same set of guidelines should cover mainstream and integrative practitioners.

My husband and myself have used both mainstream and integrative practitioners over the years and have been happy with that. They compliment each other and therefore, with both options available, we are offered more comprehensive health care.

Therefore, to retain our present broad healthcare options, there should be no change to the current guidelines.

I consent to publication of my submission.

Sincerely,

Janice Fitzpatrick



From: Frances Flannery
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:28:45 PM

To the Medical Board of Australia,

I support Option 1.

Please keep in mind that not all medications need to be chemical based. Plant based medicine has a place also.

I consent to publication of my submission.

Sincerely,

Frances Flannery

A solid black rectangular box used to redact the signature of Frances Flannery.

From: Rosie Fleay
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 11:11:35 PM

To the Medical Board of Australia,

I support Option 1.

I believe drs and pts as individuals should have the right and choice to recommend alternative therapies to conventional medicine. I have attended chiropractic care for the past 20+ years and regularly use vitamins and natural remedies. My attendance to a medical practitioner has only been when in need of a referral for an injury that required surgical intervention.

I believe the fact that I have the choice to choose how I treat my body is relevant to my health status.

Sincerely
Rosie Fleay

I consent to publication of my submission.

Sincerely,

Rosie Fleay

[REDACTED]

From: Gabby Fleming <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 3:47 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support integrative & complementary medicine. Both have helped me recover both physically and mentally from numerous injuries and illnesses, where general medicine has failed.
Reducing access and imposing restrictions to these services takes away a greatly wanted holistic treatment of health. It also adds to the already huge burden of symptom treatment instead to illness prevention and health maintenance. Imagine a world where we can see a practitioner of our choice and discuss what we can do to improve our health, not just do a patch job on current and ongoing issues.
Integrative and complementary practitioners don't just help the sick get better, they help keep the healthy, healthy.

I consent to publication of my submission.

Sincerely,

Gabby Fleming


From: Robert Fleming
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 4:59:17 PM

To the Medical Board of Australia,

I support Option 1.

Australians should retain their right to refer and choose the type of health care they want. One type does not suit all.

I consent to publication of my submission.

Sincerely,

Robert Fleming

A solid black rectangular box used to redact the signature of Robert Fleming.

From: Jo Flynn
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 3:15:14 PM

To the Medical Board of Australia,

I support Option 1.

People go to doctors for solutions to their health problems to get well not to perpetuate sickness. Doctors should be listening and responding accordingly. Natural therapies provide some of those solutions, depending on the condition.

I consent to publication of my submission.

Sincerely,

Jo Flynn

A black rectangular redaction box covering the signature area.

From: Anne Foat
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 4:52:52 PM

To the Medical Board of Australia,

I support Option 1.

Looking at all aspects integrative care is important for the best health options for individuals who choose that path

I consent to publication of my submission.

Sincerely,

Anne Foat

[Redacted Signature]

From: Michael Fogarty
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 4 June 2019 5:10:17 PM

To the Medical Board of Australia,

I support Option 1.

Dear Sirs,

I am an Australian male aged 83 years. For the past 15 years, as an informed medical consumer, I have exercised my democratic choice to consult two integrative and complementary medical practitioners; as well as my GP of 30 years standing-and the specialists he has sent me to.

I particularly value the advice, expertise and knowledge about my body and my health from these alternative practitioners.

I particularly value their holistic and preventative approach to my health and believe that I owe my current feelings of well-being to them. I have come to rely on them, and the necessary consultation time they afford me, for my health strategy and would be devastated if access to their particular areas of knowledge and expertise were denied me.

At a macro level, I believe this country would be better off if more emphasis were given to prevention rather than cure.

If more emphasis could be given to holistic, preventative health (as a cultural norm) then we would be healthier, wealthier and wiser.

I consent to publication of my submission.

Sincerely,

Michael Fogarty

A black rectangular box redacting the signature of Michael Fogarty.

From: Esther Fong
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:07:51 AM

To the Medical Board of Australia,

I support Option 1.

I am writing to request that the current guidelines to integrative health are kept unchanged.

It is of deep concern to me that these reforms are trying to reduce our freedom in health care.

I believe natural health options can greatly assist our bodies in their ability to heal. I have experienced this myself.

The western approach to healthcare is great if you've been hit by a bus and need morphine. Or immediate life saving surgery. But it seems to be losing the fight against ever increasing chronic disease such as cancers, heart disease, diabetes etc. Limiting people's care to strictly western medicine. Clearly isn't working so why is this medical world so against the application of integrative and complementary medicine. When it's providing extra care, within a failed medical system.

Please stop limiting our health freedoms!!

I consent to publication of my submission.

Sincerely,

Esther Fong

A black rectangular redaction box covering the signature area.

From: Gail Forlonge
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 2:06:54 PM

To the Medical Board of Australia,

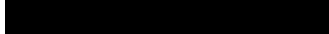
I support Option 1.

Thank you for the opportunity to comment. I am 66 years old and have had the majority of my health care in adult life provided by integrative practitioners and complementary practitioners. It has been very effective and I have not had any negative experiences. I also greatly value the services of mainstream medical practitioners when needed. I would like to continue to choose either stream as appropriate for me. Please do not impose restrictions on integrative and complementary practitioners. They are truly "complementary" and can work very well together for the good of the patient.

I consent to publication of my submission.

Sincerely,

Gail Forlonge

A solid black rectangular box used to redact the signature of Gail Forlonge.

From: Colleen Forness <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 5:42 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I would appreciate your consideration of providing freedom of choice to be able to visit intergrative practioners and treatmrnts... kind regards Colleen Forness

I consent to publication of my submission.

Sincerely,

Colleen Forness


From: Katharine Forrer
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 1:01:48 PM

To the Medical Board of Australia,

I support Option 1.

I have been fortunate to have received excellent advice and care through medical practitioners who have the best of both allopathic and natural medicines. My family members and many friends also have had powerful results from specialised blood tests and treatments used in integrative medicine. Well trained and responsible practitioners helping people get well and avoid expensive interventions (with at times, lasting side effects) has to be a good thing. Integrated medicine should not be taken away as a choice - for many, it has been and remains the only way forward for their health/ conditions. Why would it be taken away?

I consent to publication of my submission.

Sincerely,

Katharine Forrer



From: Catherine Forster
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:16:28 AM

To the Medical Board of Australia,

I support Option 1.

Medical care must support patients needs and reflect equity, equality and diversity of the Australian population.

I consent to publication of my submission.

Sincerely,

Catherine Forster

A black rectangular redaction box covering the signature area.

From: Rebecca Foulis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:27:55 AM

To the Medical Board of Australia,

I support Option 1.

I work for an Integrative Practitioner who treats adults and children (with mental health disorders) as well as patients complaining of gut issues holistically, and have seen first-hand the benefits. Many patients are at the end of their tether by the time they reach out to our clinic and have exhausted allopathic medicine. Many doctors do not understand, or refuse to acknowledge - even when there is evidence - the benefits of diagnostic testing and nutrients. Please do not take away a patient's right to choose how they get better.

I consent to publication of my submission.

Sincerely,

Rebecca Foulis

A solid black rectangular box used to redact the signature of Rebecca Foulis.

From: brian fowler
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 6:00:17 PM

To the Medical Board of Australia,

I support Option 1.

The use of integrative and complementary medicine should not even be under discussion, it should be encouraged. It's the only way that real progress in curing many illnesses will be found.

It is pointless to wait for pharmaceutical companies to come up with answers for illness as they, sadly, are only interested in the profits that can be made and not in a cure that could benefit the people.

Yes, I use alternative medicine, not prescribed by a doctor, it has changed me from one who had to stop and rest every 500 metres when walking to walking unlimited distances with no pain, at a cost of \$5 per annum !

I'm sure that many medical practitioners are aware of alternative solutions for health problems but they are unwilling to recommend alternative treatments in case there is any backlash from the 'powers that be'.

Encourage alternative approaches to medicine don't ban them !

I consent to publication of my submission.

Sincerely,

brian fowler

A black rectangular box used to redact the signature of Brian Fowler.

From: martin fowler
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:31:27 AM

To the Medical Board of Australia,

I support Option 1.

I believe that holistic medicine can work alongside general medicine and we all have a right to choose. It would be arrogant to suggest that there is only one way, especially as Indigenous Australians used natural healing and their surroundings to benefit themselves.

I consent to publication of my submission.

Sincerely,

martin fowler

A black rectangular redaction box covering the signature area.

From: Nev Fox
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:19:11 AM

To the Medical Board of Australia,

I support Option 1.

Every body has the right to choose which health system they wish to use & for many people now contemporary medicine is the last option.

I consent to publication of my submission.

Sincerely,

Nev Fox

A black rectangular redaction box covering the signature area.

From: Nicki Fox <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:31 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I do not support the proposed changes. My concerns with the new proposed guidelines include; The grouping of integrative medicine with 'unconventional medicine' and 'emerging treatments' may create the impression of being "fringe" rather than evidence-based.

That many of the terms used in the rationale such as 'unconventional medicine', 'inappropriate use' and 'emerging treatments' leads to ambiguity and uncertainty.

That the term 'complementary medicine' also includes access to traditional medicines.

No evidence produced in the discussion paper quantifies risk in practicing complementary or integrative medicine vs 'conventional' medicine.

That there was NO consultation with the Integrative Medicine or complementary medicine community before the document's release.

That the current Good Medical Practice: A Code of Conduct for Doctors in Australia already adequately regulates doctors' practise and protects patient safety. There is no need or justification for a two-tiered approach.

That the right of patients to determine their own medical care is under threat.

That the lack of clarity on how to determine what is 'conventional' versus 'unconventional' can be misused by people with professional differences of opinion which results in troublesome complaints.

I consent to publication of my submission.

Sincerely,

Nicki Fox


From: Emily Foy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 10:23:53 PM

To the Medical Board of Australia,

I support Option 1.

Right of choice to a range of medical options

Sincerely
Emily Foy

I consent to publication of my submission.

Sincerely,

Emily Foy

[REDACTED]

From: Maree Fracchia
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 8 June 2019 6:13:17 AM

To the Medical Board of Australia,

I support Option 1.

I am astounded why it would be proposed to restrict people's choices.

Without going into the 100's of benefits of integrative health - no 1 point is it is our choice. Different practitioners will appeal to different patients. Our health should be 100% our choice.

I consent to publication of my submission.

Sincerely,

Maree Fracchia

A solid black rectangular box used to redact the signature of Maree Fracchia.

From: Kylie Francesconi <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 10:28 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

My health and that of my girls wouldn't be the same without the integrative approach from my GP, specialist and naturopath and chiro. They compliment each other. Instead of spending the time restricting this we'd be much better off educating more practitioners and patients of the extreme value of integrative treatments for patients.

I consent to publication of my submission.

Sincerely,

Kylie Francesconi
[REDACTED]

From: Connie Francis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 2:38:00 AM

To the Medical Board of Australia,

I support Option 1.

I want the choice to see a doctor who works for me and my health....
And if that is a holistic approach... Which may include alternate or
natural therapies... All the better. Not everything is fixed by a
pill.

I consent to publication of my submission.

Sincerely,

Connie Francis

A black rectangular redaction box covering the signature area.

From: Elizabeth Francis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:27:48 AM

To the Medical Board of Australia,

I support Option 1.

This is not rocket science we all need to go back to basics if we eat healthy exercise and use natural therapies to help our mental and physical wellbeing

Doctors are so under the pump now and by doing this you will be making them more stressed and God Help is all

Unless we all work together we will never get anywhere

Stop trying to control everything and making matters worse

Natural health is not your enemy we are all fighting the same cause

I consent to publication of my submission.

Sincerely,

Elizabeth Francis

A solid black rectangular box used to redact the signature of Elizabeth Francis.

From: Claudia Franks
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:11:55 PM

To the Medical Board of Australia,

I support Option 1.

I believe that the people should have freedom of choice and given all options when seeking medical advice from doctors.

People have been treated "holistically" for hundreds of years, while medical advancements have been great, there are still ailments that can be treated without surgery and other synthetically produced pills and I think taking that choice away from people is taking away people's freedom of choice and also taking away knowledge that has been passed down from generation to generation.

I have recently been seeing chiropractors and remedial massage therapists and have noticed a huge change in myself, the way I carry myself and also my muscles have loosened. This would not of happened if I had just gone to a doctor as these are the kinds of things that help the body to be in its correct alignment.

I use complementary medicine along with medical medicine to help get through the day as I have a very physically demanding job and if I did not have complementary medicine then I would not be able to go to work everyday

I consent to publication of my submission.

Sincerely,

Claudia Franks

[Redacted Signature]

From: Melissa Franks
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 6:42:55 AM

To the Medical Board of Australia,

I support Option 1.

Please consider the vast benefits to Australians in maintaining the current system where integrative doctors can recommend the BEST treatment rather than one that is purely 'conventional'.

The implications of restrictions here are far reaching and will place greater pressure on our healthcare system. For example, if a doctor can see that the needed treatment involves things such as dietary change, vitamin supplementation, chiropractic treatment etc and they instead are forced to guide the patient toward medications or surgery, these things create a great deal more dependence and continual treatment from our health care system. Eg, more medications to deal with side effects, pain killers for surgeries, further surgeries as the root cause hasn't been addressed etc.

Please allow Australians to actually get well, not just treat symptoms. Let us follow the lead of those parts of the world seeing the wisdom of integration!

I consent to publication of my submission.

Sincerely,

Melissa Franks

A solid black rectangular box used to redact the signature of Melissa Franks.

From: Tim Fraser
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 6:10:42 PM

To the Medical Board of Australia,

I support Option 1.

I would like to have integrative approaches to health care using
conventional and complementary methods

I consent to publication of my submission.

Sincerely,

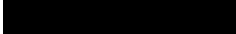
Tim Fraser

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From: Martin Freeman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:06:06 AM

To the Medical Board of Australia,

I support Option 1.


Health is about health not money! Who gains from any and all restrictions on integrated health care? Yes. The pharmaceutical industry. The same corporations that lobby our Government. Our Government needs our voice and our help. We need our Government to be strong when being intimidated by corporations whose only focus is profit rather than the health and welfare of the Australian and any other people.

I consent to publication of my submission.

Sincerely,

Martin Freeman


From: Bethany Freeman-Chandler
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:12:18 PM

To the Medical Board of Australia,

I support Option 1.

Thank you for taking the time to read my submission, I will keep it brief.

I believe it is fundamentally important that individuals have the right to choose the appropriate health care for them and equally for trained medical professionals to be able to prescribe and recommend appropriate courses of treatments for their patients.

I have seen many different health care professionals in my life and have to say I found the integrative approach refreshing. For a change my symptoms were all looked at together, rather than each being broken down and isolated whilst being treated by a different specialist.

I have benefited from both traditional, complementary and integrative treatments and request that you allow me to continue to do so to enable me to continue to have access to the best possible health care options for me.

I consent to publication of my submission.

Sincerely,

Bethany Freeman-Chandler



From: Natalie Frkovic <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 6:27 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Firstly Australia is supposed to be a country where we have freedom of choice.

Instead of taking away people's choice why not move with the times and follow organisations who are leading in health care like Physicians Committee of Responsible Medicine in America.

If The Medical Board of Australia was more open to independent research and holistic Medicine using appropriate diet, herbs and supplements then there may not be need for such a division.

I urge you to look up to and work with medical practitioners and organisations who have their patients best interest at heart.

(Physicians Committee For Responsible Medicine and nutritio facts.org)

After all, as medical practitioners don't you want the BEST health and care for people.

I believe that's why the vast majority of people go into medicine as a career - because they care about helping people.

I think it would be in your best interest to not create a divide amongst yourself and integrative health. Why not learn and use the best of both worlds?

Please consider not taking away people's choice and restore a bit of faith in the medical world for some of us who Medicine has not been able to assist forcing us to look elsewhere where we have found answers.

I personally was not able to be assisted with Western medicine regarding several health conditions despite my mum bring a GP and the ability to see the best Doctors.

As mentioned above I would urge you to at least look into integrating and learning from Medical practitioners who are using so called alternative methods to help their patients.

As medical practitioners you have so many skills. It would be so helpful to many of us in the public if the Medical Board of Australia could get on board with more natural forms of healing and care and integrating it into the current model.

I consent to publication of my submission.

Sincerely,

Natalie Frkovic


From: Jane Frost <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 9:41 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative & complementary medicine is the gateway to finding new and better ways to support our health. Please don't restrict choices. If people don't want these services they already have a choice to use conventional medicine. They gain nothing by taking the choice away from people who do want these services.

I consent to publication of my submission.

Sincerely,

Jane Frost

[Redacted Signature]

From: Katherine Frost
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 9:20:22 PM

To the Medical Board of Australia,


I support Option 1.

Freedom of choice for all Australians!

I use natural therapies over pharmaceuticals, everytime!

I consent to publication of my submission.

Sincerely,

Katherine Frost


From: Anne Fry
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 8 May 2019 8:24:20 PM

To the Medical Board of Australia,

I support Option 1.

As part of a democratic nation, people should have the right to access information that is not biased and one-sided. Patients should be able to discuss a range of medical approaches with their GP or medical practitioner. As medical expenses spiral upwards and people are suffering from more disease, it is imperative that the medical profession seeks to understand more and investigate the cause of illness not just the presenting symptoms. I have used complementary therapies for years for a variety of health conditions for myself and my children. Alternative therapies can help take the pressure of the health care system (Medicare) as I pay for these therapies myself rather than seeking out treatment from a traditional route which would cost the government money.

It is a patients right to be able to seek trusted advice from a medical practitioner who does not need to worry about the advice they offer for fear of it not fitting in the 'conventional' definition. If option 2 does go ahead I would not visit my GP anymore but would seek alternative options.

I consent to publication of my submission.

Sincerely,

Anne Fry

A black rectangular redaction box covering the signature area.

From: Rebecca Funnell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 4:31:16 PM

To the Medical Board of Australia,

I support Option 1.

My family have always gone to natural therapies (specifically, vitamin c (sodium ascorbate), homeopathics & essential oils) for all our ailments and they usually get the job done, quickly. It is ALWAYS best to attempt to treat naturally before antibiotics or other interventions, so as not to become immune to such antibiotics etc for when they are really needed.

While every other country In the world is integrating natural medicine into their mainstream health care Australia is progressively moving backwards.

Don't take away even more of our Freedom of Choice by taking away natural therapies. Leave us as the FREE country we are supposed to be.

If you do this, Australia will become an even more unhealthy country, in more ways than just our health!

Give us our options back!

Give us our Freedom back!

Give us the power of choice!

I consent to publication of my submission.

Sincerely,

Rebecca Funnell



From: Deborah Gabelle
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 9:05:15 PM

To the Medical Board of Australia,

I support Option 1.

Please allow integrative medicine to be accessed by anyone if they so choose. I have always sort alternative medicine when main stream medicine hasn't worked.

I consent to publication of my submission.

Sincerely,

Deborah Gabelle

A solid black rectangular box used to redact the signature of Deborah Gabelle.

From: Cameron Gaffney
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 20 April 2019 11:03:11 PM

To the Medical Board of Australia,

I support Option 1.

Dear Medical Board of Australia,

As so many of us value a holistic approach to healthcare, I urge you not to change the current guidelines.

I consent to publication of my submission.

Sincerely,

Cameron Gaffney

A solid black rectangular box used to redact the signature of Cameron Gaffney.

From: Delena Gaffney
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 8:57:19 PM

To the Medical Board of Australia,

I support Option 1.

I value an holistic approach to healthcare and support doctors' rights to provide new and innovative practices, including complimentary medicine.

I believe it is a good idea to have many approaches to health care. Everyone is different and what works for one person may not for another. Having a wide range of options is best. There are many therapies that are not based on pharmaceuticals that are effective and non-invasive, many of which have no harmful or lasting side effects. I personally do not use conventional doctors and have not taken a pharmaceutical medicine in over a decade. I feel confident in the so called alternative practitioners I see.

I consent to publication of my submission.

Sincerely,

Delena Gaffney

A solid black rectangular box used to redact the signature of Delena Gaffney.

From: Julie Gaffney
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 11:16:19 AM

To the Medical Board of Australia,

I support Option 1.

I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines to their patients. My family and I have been helped many times over through chiropractic methods, homeopathy, vitamins, supplements, diagnostic testing, and natural therapies. People should be allowed to continue to have a choice to go with these therapies or not. Please let's keep freedom in Australia in this vital area of health. Thank you.

I consent to publication of my submission.

Sincerely,

Julie Gaffney

A solid black rectangular box used to redact the signature of Julie Gaffney.

From: Elena Gan <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:21 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments


To the Medical Board of Australia,

I support Option 1.

I fully support patients' access to holistic healthcare, and I support doctors' rights to offer it to their patients. By restricting doctors' clinical autonomy, doctors who typically provide longer consultations to understand root causes of illness may be restricted to providing a "conventional" 10 minute consultation - diminishing diagnostic capabilities and individualised treatment plans, because they are deemed not "conventional".

I consent to publication of my submission.

Sincerely,

Elena Gan


From: Thérésa Garcia
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 7:56:30 AM

To the Medical Board of Australia,

I support Option 1.

New research comes out all the time showing the effectiveness of non traditional programs and treatments. Like the work of Dr Joe Dispenza, Gregg Bradenton, the HeartMath Institute, the Institute of Intuitive Intelligence by Dr Ricci-Jane Adams, Dr Alissa Rankin and Kelly Brogan MD. Please allow alternative treatments as complementary additions to traditional treatments. They work and they heal.

I consent to publication of my submission.

Sincerely,

Thérésa Garcia

A solid black rectangular box used to redact the signature of Thérésa Garcia.

From: Barbara Gardiner
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 9:13:42 AM

To the Medical Board of Australia,

I support Option 1.

To put it plain and simply, doctors who treated me with pharmaceuticals just made me sick. I had to take myself out of mainstream health to improve my health outcomes. It has cost me a fortune and I don't regret spending one cent of it. The government health model is a scam to keep people held to ransom in a health system that is built on profits and not on patient health outcomes. Since engaging with integrative and holistic practitioners my health has never been better and it still continues to improve. The very thought having these choices stripped from me outrages me and it is so undemocratic!

I consent to publication of my submission.

Sincerely,

Barbara Gardiner



From: Ross Gardiner
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:03:59 AM

To the Medical Board of Australia,

I support Option 1.

My choice and the GP's choice to assist me in better healthcare is our right to choose.

I consent to publication of my submission.

Sincerely,

Ross Gardiner

A solid black rectangular box used to redact the signature of Ross Gardiner.

From: Chris Gardner <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 7:18 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrated medicine is the future of health care any restrictions to this regime will continue the down wood spiral of people's health.

Wake up big pharma is making us sicker and by keeping us sicker is increasing its wealth.

People need to have a choice.

I consent to publication of my submission.

Sincerely,

Chris Gardner

[Redacted Signature]

From: Dianne Gardner
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 10:04:42 PM

To the Medical Board of Australia,

I support Option 1.

I have used alternative practices, supplements and always sought to do things naturally. It is often expensive to follow this path but the outcomes far outweighs prescription medicines etc. we should be able to have a choice and still have them recognised. Once again trying to control what can be a positive outcome for many.

I consent to publication of my submission.

Sincerely,

Dianne Gardner

A solid black rectangular box used to redact the signature of Dianne Gardner.

From: Niamh Garland <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 2:28 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It is my health and I do not choose pharmaceutical products if necessary/ at all. Do not take away the opportunity to choose alternative medicines.

I consent to publication of my submission.

Sincerely,

Niamh Garland
[Redacted Signature]

From: Ayla Garlick
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:10:12 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine as it has greatly helped both myself and my family' wellbeing.

As prevention and early intervention of illness, I have found complementary medicine to greatly enhance my health. If the MBA imposes restrictions on Integrative practitioners, it will mean I will have to find other, perhaps less professional ways of supporting my health and more conventional practices.

I consent to publication of my submission.

Sincerely,

Ayla Garlick

A solid black rectangular box used to redact the signature of Ayla Garlick.

From: Geraldine Garoni <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 11:03 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Maintaining choices in healthcare is incredibly important to the holistic Healthcare options of patients. Integrative medicine is proving to be beneficial for a broad range of patients and illnesses. To deny patients and doctors the opportunity to follow integrative pathways for optimal health would be negligent. Integrative medicine has assisted both myself and my family tremendously. It is difficult to understand why a change would be considered.

I consent to publication of my submission.

Sincerely,

Geraldine Garoni


From: Daina Gastaldon
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 8:34:35 AM

To the Medical Board of Australia,

I support Option 1.

Don't restrict my rights to consider alternatives to prescription medicine, it's my choice & my doctor should be able to advise on complimentary medicine options.

I consent to publication of my submission.

Sincerely,

Daina Gastaldon



From: Nathalie Gaveau <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:29 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I want to be able to discuss my choices with my GP. When physical pain can be alleviated with alternative therapies either being Bowen, Acupuncture, Physiotherapy... I want the alternative therapy rather than the hard chore medications. My experience in life is that by integrating alternative therapies with western medicines, the holistic approach is one that heals the quickest. We need both medicine working together instead of against each other. Please consider not to keep restrictions on integrative practitioners.

I consent to publication of my submission.

Sincerely,

Nathalie Gaveau


From: Michelle Gaynor
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:36:53 AM

To the Medical Board of Australia,

I support Option 1.

Dear sir/madam,

I was a health care practitioner for 29 years and feel strongly that complementary medicines are a valuable asset to holistic approach health care. They are frequently helpful when used alongside conventional methods and should continue to be available as a choice for doctors to recommend and patients to use.

I do not support any changes to the current guidelines which may affect the choice to prescribe or avail oneself of the use of alternative therapies.

I consent to publication of my submission.

Sincerely,

Michelle Gaynor

A solid black rectangular box used to redact the signature of Michelle Gaynor.

From: Terri Genocchio
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 10 May 2019 11:16:49 AM

To the Medical Board of Australia,

I support Option 1.

I fully support the continued practice of Integrative Health Care providers and believe every patient has the right to use their preferred medical practitioner.

I consent to publication of my submission.

Sincerely,

Terri Genocchio

A solid black rectangular box used to redact the signature of Terri Genocchio.

From: Ruth Gent
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 4:13:19 PM

To the Medical Board of Australia,

I support Option 1.

Please do not change the current MBA guidelines in any way that would restrict the capacity for Doctors to integrate complementary and natural therapies into their practise or restrict the consultation time.

My original training was a Science degree in Chemistry and I have taught as a High School Chemistry and Biology teacher and have taught Anatomy and Physiology in complimentary therapy education including for Naturopaths, Yoga teachers and Yoga Therapists.

I personally take an integrative approach to health. I would not be alive today without the acute care of emergency conventional medicine and fully appreciate the conventional approach to modern western medicine.

However I find western medicine often takes a very unscientific approach to judging complimentary and natural therapies with a very closed mind. The scientific method upon which conventional medicine is based requires an open mind that does not pre-judge. An intellect that is able to objectively analyse the data presented. Unfortunately often lack of proof of efficacy is often mistaken as proof of lack of efficacy. More resources and research effort needs to go into natural/complimentary therapies.

I have also studied and practiced natural therapies including Kinesiology, Remedial Massage, Cranio-sacral therapy & Yoga therapy. I have found so many people who had exhausted attempts to address their health problem via western conventional medicine have found relief and often quite life transforming benefit from complimentary and alternative therapies.

The approach to proving whether a therapy or natural medicine is effective is measured using a process which is suitable mainly for pharmaceutical medicines. This reductive linear approach is based on the assumption that one chemical has to have a specific linear effect on a particular disease. Many herbal medicines are combined for their synergistic effect.

Most complimentary and natural therapies treat the whole person primarily as a way to addressing the disease. A complex interplay of different causal factors may have produced the same disease in two different people. However, the basis upon which the efficacy of a treatment is judged in western medicine does not take into account that individual's physiology can be vastly different requiring perhaps similar but significantly different approaches for two people for the same disease.

Both western medical and natural/complimentary paradigms are valuable in their own way so an integrative approach allows both patients and doctor the freedom and autonomy to find the best pathway to health for the patient. This gives a sense of empowerment for both GP and patients. Empowered patients are more likely to be pro-active and make better health choices.

It would be a backward step to create any guidelines that restrict doctors or patient's ability to make the best health choices.

The integration of Complimentary and natural therapies is essential to keep costs down for the government in the health system.

In the UK, a House of Lords Standing Committee is actively exploring how to integrate complimentary and natural therapies with a view to keeping the National Health Service financially viable. In February complimentary health researchers presented their research to this committee.

Restricting GPs to shorter consultations puts pressure on GPs to simply obtain a quick diagnosis and are more likely to prescribe a medicine when with further exploration and investigation the health issue may be addressed with a change in lifestyle or change in environmental factors. There is also a higher risk of mis-diagnosis and an increase in stress for GPs.

What we really need is more education for doctors in how to integrate natural and complimentary therapies and how to refer to natural and complimentary therapists. In my most recent course to qualify as an accredited Yoga Therapist we had substantial training on what constitutes a "red flag" and requirement to refer to a doctor. I doubt few doctors obtain training on how to refer to a natural therapist when conventional medicine approach is exhausted for a chronic condition.

Keeping the guidelines as they are will benefit everyone; doctors, patients and the community.

Thank you for your open mindedness and consideration

Warm Regards

Ruth Gent

I consent to publication of my submission.

Sincerely,

Ruth Gent

A solid black rectangular box used to redact the signature of Ruth Gent.

From: salvatore gentile
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:31:39 AM

To the Medical Board of Australia,

I support Option 1.

I have had serious health issues over the past 12 months, seen by a GP with little to no benefit, I was recommended to visit [REDACTED] in [REDACTED], have had my health restored back to normal by using my integrative GP Dr [REDACTED] and with treatment using Chinese medicine. I have since recommended three of my friends who have been restored back to good health using an integrative and complimentary approach.

I consent to publication of my submission.

Sincerely,

salvatore gentile
[REDACTED]

From: Sam Gentile <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 9:51 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

All my family use an integrative GP with wonderful health outcomes.

I consent to publication of my submission.

Sincerely,

Sam Gentile
[REDACTED]

From: Sam Gentile <submissions@yhyc.com.au>
Sent: Thursday, 27 June 2019 8:54 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

My GP who I have had for the last year has used complimentary medicine to achieve wonderful results where my former GP had no further treatment options for me.

I consent to publication of my submission.

Sincerely,

Sam Gentile
[REDACTED]

From: Harley Gepp <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support integrative doctors recommending complementary medicine to their patients.

I consent to publication of my submission.

Sincerely,

Harley Gepp


From: Lee-Anne Gerard
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 2:13:38 PM

To the Medical Board of Australia,

I support Option 1.

The domination of the pharmaceutical industry in mainstream conventional medicine is frightening. The number of lawsuits against them versus alternative therapies is staggering and shows how the balance is skewed against traditional medicine. Traditional medicine and many alternative therapies have proven to be safer than the pharmaceutical poison being pushed as a safe treatment, especially when later honest studies and court cases have proven that. The fact we are also not given the choice, when conventional pharma medicines have dangerous side effects that are not relayed to us at the time of prescription or dispensation. Take this tablet, come see me if you don't get better.....sorry, lazy and dangerous. Got an ache, here have an addictive opioid and come back when you need it refilled.....instead of acupuncture or physiotherapy, yoga etc....or anything really. Doctors have become lazy and know more about the drug content of the pills they're pushing and those they immediately react with, so delaying any immediate (long term- not their problem) side effects and being able to deflect blame, than the illnesses and diseases they're faced with. Some are no more than lazy drug pushers and actually ask what drug of choice you'd like. The ones who have the pharma salesmen shown right in.

I've used and benefited from alternative treatments and believe them to be a necessary part of a person's health treatment support network. The withdrawal of support of the holistic health community versus the pharmaceutical approach, will have a drastic and negative impact, leading to an overburdening of an already chronically ill and failing fast Health Care System.

There should be more support of Integrative and complementary medicine and the funding for it can be easily found. We can afford to syphon billions to mega companies in mining etc, we can afford to syphon it to the citizens who actually pay for it with their taxes and need it (usually because of how they earned that money to pay the taxes).

My family has been adversely affected by various pharmaceuticals and I'm over it.

If the funding was there for alternative treatments and therapy the health outcomes for so many people would be much more positive and long lasting. We need these systems in place, and enlarged, not removed.

I consent to publication of my submission.

Sincerely,

Lee-Anne Gerard



From: Frederika Gerull
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 6:14:36 PM

To the Medical Board of Australia,

I support Option 1.

I strongly believe in giving patients choices. So access to integrative and complementary medicine is paramount in people's freedom of choice, but also treats diseases at a different level. I am originally from Germany and integrative medicine, homeopathy, naturopaths along with many other more alternative treatments are fully paid by public health/Medicare. This choice is very important because everybody is different and different treatments work for different people!

I consent to publication of my submission.

Sincerely,

Frederika Gerull

A solid black rectangular box used to redact the signature of Frederika Gerull.

From: Dr Akhtar Ghani
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 16 April 2019 6:13:03 PM

To the Medical Board of Australia,

I support Option 1.

I am a specialist consultant physician, working currently in Far North Qld, in the Department of Palliative Medicine.

I have had extensive training in „traditional medicine“ over many years. I am fully aware of the community support and request/need for complimentary medicine options.

I am absolutely flabbergasted to hear that the guidelines are being considered to restrict these options. We all need to support/research the benefits or potential dangers of complimentary medicine not throttle it.

Those people who might be considering restricting such access have little idea or empathy with general medical sickness in our communities, and that is extremely unfortunate for a country like Australia which prides itself on forward and progressive thinking and attitude.

We all need to join our ranks to do more for our unwell patients instead of less.

Please consider not revising or restricting the guidelines. I would be happy to discuss this further, and give many examples in my career wherein complimentary medicine has had a definite role to play, or at least, remained an option for the patients.

Many thanks.

I consent to publication of my submission.

Sincerely,

Dr Akhtar Ghani



From: Enza Giardina
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 10:24:27 AM

To the Medical Board of Australia,

I support Option 1.

I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines.

I consent to publication of my submission.

Sincerely,

Enza Giardina

A solid black rectangular box used to redact the signature of Enza Giardina.

From: Jenny Gibbs
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 1:11:51 AM

To the Medical Board of Australia,

I support Option 1.

Holistic medicine has been around many more years than conventional medicine. It has been proven time and time again to be successful and less invasive on Patients. It is our right as human beings to have access to Holistic medicine and definitely not dictated to by the Pharmaceutical companies. It is our choice as to what we may or may not receive and then it should be up to us to decide on whether we want to go alternative, totally alternative or mix the two together for a better outcome. We make choices in life with what we put into our bodies in our homes, therefore it is our responsibility to make a choice with what we want from our Doctor to make our own health choices and what we put into our bodies to help us live a healthier life. There should be absolutely no question about this decision. All Doctors should be informing patients and supporting the patients rights if they require alternative medicine. Taking this away from us is an invasion of Human rights.

I consent to publication of my submission.

Sincerely,

Jenny Gibbs

A black rectangular redaction box covering the signature area.

From: Laticia Gibson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:45:58 PM

To the Medical Board of Australia,

I support Option 1.

Our right to choose how we keep our body healthy and well, should not be hindered by ignorance or big pharma.

Patients should have full access to Integrative & complementary medicine - medicine that has been around for centuries in some instances.

MY own health, my family's - including my baby - have benefited massively from these therapies. It's winter and not one of us have had a cold despite my son being at daycare. Why? Because of our holistic, integrative and NATURAL approach - including nutrition, homeopathy, naturopathy, osteo.

We are healthy. Fit and HAPPPY. All because of our knowledge and use of these alternatives.

If the MBA imposes restrictions on Integrative practitioners are put in place, you are creating a dictatorship. You are taking away our rights as consumer. You are FORCING people to only choose big pharma.

This is not okay.

Give us our rights back. SUPPORT long term health through natural remedies.

Don't deny all of us a voice. Don't let \$\$\$ win over what's right.

I consent to publication of my submission.

Sincerely,

Laticia Gibson



From: Stef Gil
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:52:44 PM

To the Medical Board of Australia,

I support Option 1.

I feel it imperative that integrative medicine be available to an individual as a choice, healthy alternatives have always been part of a full circle health approach. Eating well, moving your body, practicing mindfulness, taking herbs, vitamins. As well as medicine and medical interventions when required is in my opinion the only safe way to view health.

I consent to publication of my submission.

Sincerely,

Stef Gil

A black rectangular redaction box covering the signature area.

From: Anna Gill
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:42:13 PM

To the Medical Board of Australia,

I support Option 1.

INTEGRATIVE MEDICINE HAS HELPED ME AND MY FAMILY AND MANY FRIENDS, WITH MANY.SERIOUS HEALTH ISSUES, THAT CONVENTIONAL MEDICINE HAS ABSOLUTELY NO IDEA ABOUT. I WILL NOT LIVE IN A COUNTRY THAT DOES NOT ALLOW THESE VERY IMPORTANT THERAPIES.

I consent to publication of my submission.

Sincerely,

Anna Gill

A solid black rectangular box used to redact the signature of Anna Gill.

From: Judith Gill
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 8:24:32 PM

To the Medical Board of Australia,

I support Option 1.

Please retain all manner of Integrative health care options available to all Australians. Allopathic medicine has its place alongside all other healing modalities.

I have personally benefited from alternative healing such as osteopathy, homeopathy, naturopathy, reflexology, acupuncture amongst other healing methods.

It seems retrogressive to blindly insist that only a certain form of medicine is reliable.

Please consider the need for wholistic healthcare.

Thank You.

I consent to publication of my submission.

Sincerely,

Judith Gill

A black rectangular box redacting the signature of Judith Gill.

From: Kylie Gillespie
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 1:06:16 PM

To the Medical Board of Australia,

I support Option 1.

We are a family of 6, and I might extend that to 7 including my aged mother who I recently helped to successfully overcome a health crisis through the use of integrative complementary medicine.

We are fit, healthy and super informed when it comes to our health and how to keep ourselves healthy. I also qualified as a physiotherapist years ago, and understand the science and history of the mainstream side of this divide.

We eat wholesome food, choosing to NOT follow the food triangle. We use Chiropractic consultations as needed to maintain our healthy integrity. We filter our water and are mindful of toxins and pollutants in our environment and avoiding putting them in our bodies. We are active and pro-active around our health.

If MBA were to eliminate integrated 'complementary medicines' from the scope of the (more widely qualified and experienced) GP's who practise this approach to helping people to be healthy, my family would NEVER set foot in another doctor's surgery.

Drug-based medicine and management of health issues is NOT our choice of healthcare, and is actually widely shown to NOT maintain or improve health for most people over any length of time.

We have no trust of purely allopathic medicine and do not choose to leave our health to chance and allopathic doctors. Allow highly qualified doctors with the vision to include proven complementary medicines in their range of protocols, to continue to provide the best for their patients; their patients choose them specifically because they are able to provide more.

I consent to publication of my submission.

Sincerely,

Kylie Gillespie



From: Anna Gilopidis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 26 April 2019 8:20:15 PM

To the Medical Board of Australia,

I support Option 1.

Complementary medicine is keeping me alive. The current medical system is what made me very ill. It has no preventative or maintenance therapies. It is completely outdated and barbaric.

I consent to publication of my submission.

Sincerely,

Anna Gilopidis

A solid black rectangular box used to redact the signature of Anna Gilopidis.

From: ANNA GILOPIDIS
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 10:12:40 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine has helped me and my family tremendously.
Conventional medicine could not help us at all.
I will not be able to live in this country without integrative medicine.

I consent to publication of my submission.

Sincerely,

ANNA GILOPIDIS

A solid black rectangular box used to redact the signature of Anna Gilopidis.

From: Fiona Glancy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:34:20 AM

To the Medical Board of Australia,

I support Option 1.

I see an integrated GP and it's been the best thing I've done for my health. He's very helpful and has a wider view of health problems and solutions than my previous GP. I'd be much worse without him

I consent to publication of my submission.

Sincerely,

Fiona Glancy

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From: Michael Gleeson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 10:47:00 PM

To the Medical Board of Australia,

I support Option 1.

I think patient choice is central to democratic health care

I consent to publication of my submission.

Sincerely,

Michael Gleeson

A solid black rectangular box used to redact the signature of Michael Gleeson.

From: Michelle Gleeson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:23:21 PM

To the Medical Board of Australia,

I support Option 1.

Complimentary medicine is essential in Australia to assist so many conditions. The use of cannabis for so many illnesses has been proven overseas. I have friends in the USA, who have beaten cancer through its use and Australia refuses to acknowledge to fact that it works. The big pharmaceutical companies seem to make roo much money, through human pain and suffering. Thankyou for letting us to make submissions.

I consent to publication of my submission.

Sincerely,

Michelle Gleeson

A black rectangular box used to redact the signature of Michelle Gleeson.

From: Sophie Gleitzman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 7 June 2019 12:47:42 PM

To the Medical Board of Australia,

I support Option 1.

I support that there be no change to the current guidelines for practitioners providing integrative treatments. Patients have the right to choice and qualified practitioners have the right to offer health care options outside of conventional medicine. The Australian healthcare system benefits from a holistic approach to care that provides each individual with access to both conventional and complimentary therapies. This is the way to provide true preventative medicine alongside acute and chronic care.

I consent to publication of my submission.

Sincerely,

Sophie Gleitzman

A solid black rectangular box used to redact the signature of Sophie Gleitzman.

From: Dinu Glekas
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 22 May 2019 4:02:13 AM

To the Medical Board of Australia,

I support Option 1.

Hi

I believe in having a choice for both orthodox medicine and integrated options.

Regards Dimi Glekas

I consent to publication of my submission.

Sincerely,

Dinu Glekas

A solid black rectangular box used to redact the signature of Dinu Glekas.

From: Shannon Glen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 1:57:28 PM

To the Medical Board of Australia,

I support Option 1.

I write to express my support for integrative and complementary medicine and reject the proposed (now and future) changes to the MBA's position on same. Free choice, exploration and growth lie at the heart of everything humans hold dear. I fully reject the control and manipulation of money interests over the rights of the individual and lend my support to holistic health care.

I consent to publication of my submission.

Sincerely,

Shannon Glen

A solid black rectangular box used to redact the signature of Shannon Glen.

From: Graeme Glenn
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 7:19:23 PM

To the Medical Board of Australia,

I support Option 1.

I do not support changes to the current status unless you are opting for less control and oversight. I do this because in the years that I was unwell, Western Medical drug based medicine wasted years of my life, thousands of dollars and for no benefit.

On the contrary an integrative medical practitioner enabled me to return to work, and live a normal life. Alternative medicine, older than western medicine offered life and health vs no health, remaining unwell, and taking expensive but useless drugs.

I find your attempt at more impositions abhorrent, and not in the interests of the community.

I consent to publication of my submission.

Sincerely,

Graeme Glenn

A solid black rectangular box used to redact the signature of Graeme Glenn.

From: Petra Goerschel
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:51:12 AM

To the Medical Board of Australia,

I support Option 1.

Ever since I was a teenager I could never understand why my doctor seemed to firstly prescribe medication for my symptoms before trying to find the cause. I did not want a "band aide," I wanted to know the cause and what I could do to avoid getting sick in the future.

I support patient access to Integrative & complementary medicine because it has given me alternatives to medications and opened my mind to other my long term practices to heal like Darren Weissman's LifeLine Healing Modality in which I have total control of my healing outcome.

From my experience and what I have seen with family and friends who have used "conventional" treatment many are still trying to find a cure after years of following the traditional way. Not to mention the cost (monetary) as well as socially and emotionally to themselves, their families, friends and even impacts on the wider community.

The "conventional - traditional way" has had "unintentional consequences" and it is time that this is recognized.

As a society we need people on these boards who are more open minded and recognise that we cannot solve today's challenges with yesterdays solutions. Everyone has a right to their own choice and we ask our doctors for that support and I ask that the MBA allows our doctors to support us.

One size does not fit all and I believe that there is now a greater number of "sick" people who do or do not seek help than we have ever had.

IS IT REALLY A "SICKNESS INDUSTRY" THAT I KEEP HEARING PEOPLE MENTION WHERE IT IS THE INTENTION OF THE PEOPLE IN POWER TO GROW THIS INDUSTRY!!!! I SURE HOPE NOT.

There have been many great innovative ways created that do support healing however allow people alternative choices to deal with the causes not just the effects.

And yes I realize that finding and dealing with the causes takes much longer however from my experience it is well worth the time as the effects of that healing also last much longer having a much better outcome.

Lets work towards "safe and effective integrative treatments" even looking beyond the standard complimentary therapies that are currently accepted. How about working on doing no harm? BIG PHARMA HAS NOT BEEN GOOD AT ACHIEVING THIS.

I consent to publication of my submission.

Sincerely,

Petra Goerschel



From: Mironne Golan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:55 PM

To the Medical Board of Australia,

I support Option 1.

Integrative health care is REAL healthcare. All patients should have access to this through trained medical practitioners. Stop attempting to limit our choices to treatment... treatment options include more than prescriptive medications

I consent to publication of my submission.

Sincerely,

Mironne Golan

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From: Sandra Goldsmith
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:32:19 AM

To the Medical Board of Australia,

I support Option 1.

Please do not change the current guidelines ,people such as myself have to rely on alternative medicine as I am allergic to most western prescribed medicine .Natural alternatives are my life line ,please don't cut it off .

I consent to publication of my submission.

Sincerely,

Sandra Goldsmith

A black rectangular redaction box covering the signature area.

From: Jeffery Goldthorpe
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 12:39:48 PM

To the Medical Board of Australia,

I support Option 1.

There are many branches of medicine. Pharmaceutical is only one branch and does not at this stage address all possible health issues and is not in my opinion the best alternative most of the time. Personally I think government should stay out of healthcare completely.

I consent to publication of my submission.

Sincerely,

Jeffery Goldthorpe

A solid black rectangular box used to redact the signature of Jeffery Goldthorpe.

From: Elizabeth Golingi
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 2:44:04 PM

To the Medical Board of Australia,

I support Option 1.

I believe in an integrated and holistic approach to wellness and the prevention and treatment of disease . Many so called alternative methods have stood the test of time and can enhance health and prevent and treat disease without the side effects of modern drugs.
I also believe we should have the right to choose our health care.

I consent to publication of my submission.

Sincerely,

Elizabeth Golingi

A solid black rectangular box used to redact the signature of Elizabeth Golingi.

From: Kelly Goltz
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 11:30:38 AM

To the Medical Board of Australia,

I support Option 1.

I firmly believe complimentary medicines should be a patients choice.
Removing this option will be detrimental to Australia's population
health and well-being.

I consent to publication of my submission.

Sincerely,

Kelly Goltz

A solid black rectangular box used to redact the signature of Kelly Goltz.

From: Anastasia Gonchar <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:38 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe only in natural remedies unless urgent surgical intervention is needed, like in incident.

Approach should be individual. Only!!

Keep the current guidelines please.

I consent to publication of my submission.

Sincerely,

Anastasia Gonchar
[Redacted Signature]

From: Nicky Gonis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 6:11:31 PM

To the Medical Board of Australia,

I support Option 1.

please do not take away more choices regarding health to the public

I consent to publication of my submission.

Sincerely,

Nicky Gonis

A solid black rectangular box used to redact the signature of Nicky Gonis.

From: Shelley Good
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 8:34:08 AM

To the Medical Board of Australia,

I support Option 1.

Access to health choices that are progressive and focused on whole health is imperative. Basic human rights. If we only have reactive medical treatments we are not evolving as a human race, we should not have choices taken away when it comes to health.

I consent to publication of my submission.

Sincerely,

Shelley Good

A solid black rectangular box used to redact the signature of Shelley Good.

From: Diane Goode
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 29 May 2019 7:24:24 AM

To the Medical Board of Australia,

I support Option 1.

I have chosen a holistic approach of natural and traditional medicine for many years. Using a chiropractor with Pilates allows me to work and live pain free with no need for scans and very minimal to almost no pain medication. Using Chinese and natural medication builds my immune system for a healthier life meaning less cost on the already strained health system. We need to employ a use of traditional and natural medicine in order to keep a balance and often less intrusive option for wellness. Therapeutic massage along with physiotherapist and meditation are beneficial to mental and physical health. The release of toxins also maintains less stress both mentally and physically. It is in the best interest for us to retain our choice and by doing live healthier lifestyle and less cost to the society.

I consent to publication of my submission.

Sincerely,

Diane Goode

A black rectangular redaction box covering the signature area.

From: Anne Goodfellow
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 9:10:21 PM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]
I have used food, herbs, and many types of healing through doctors and naturopaths for 70 years and know that's why I'm fit and healthy now.
I will continue to do so ... cheers Anne

I consent to publication of my submission.

Sincerely,

Anne Goodfellow
[REDACTED]

From: thomas goodman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 8 May 2019 2:07:43 PM

To the Medical Board of Australia,

I support Option 1.

wholistic medicine means looking at the whole person from a medical point of view. so when I go to the doctor I want her/him to look at my health from many angles, not just "yes I'll give you a pill to fix that". If I take my car to be serviced and the mechanic changes the oil but then I drive away and have an accident because the tyres are bald that is not a wholistic service of my car. I choose a doctor who gives me a full service.

I consent to publication of my submission.

Sincerely,

thomas goodman

A solid black rectangular box used to redact the signature of Thomas Goodman.

From: Sara Gordon <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:29 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The trust in medical professionals, in particular general practitioners is at an all time low. Holistic options, are known. They are out there. People are questioning everything, do you actually think it's in a patient best interest for their GP to be bound by law to not recommend something that could be incredible for their wellbeing? Could be inclusive of a wellness plan that helps them lower their toxic burden and heal their bodies?

You are going the wrong way if you think for one second that the answer is shutting down holistic health options vs creating an inclusive practice where medicine and alternative health options work cohesively for the BEST patient outcomes.

You want to ensure people don't trust their medical doctors even further?
Ban them from giving their patients the whole picture and see what happens.

I consent to publication of my submission.

Sincerely,

Sara Gordon


From: Mike Gorman <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Personally I derive much more value from doctors who investigate multiple options for treatment, as opposed to simply looking up their pharmaceutical company catalog for medicines to use. For me, medicine is not just question of biochemistry, doctors who take an interest in alternative therapies should be supported.

I consent to publication of my submission.

Sincerely,

Mike Gorman


From: Rowan Gorringe
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:01:07 AM

To the Medical Board of Australia,

I support Option 1.

To whom this concerns,

Nutrition is central to biological activity and human beings. There is a wealth of evidence that demonstrates that acute nutritional deficiencies are both prevalent and treatable with targeted nutrition therapy. In addition, Western botanical medicine has also a body of evidence to demonstrate that it has Efficacy as part of a more broad treatment regime.

I implore our regulatory advisers to centralise rather than externalise nutrition therapy and western botanical medicine in the treatment of acute and chronic illness.

Further, I have identified a lack of impetus when conducting research around these complimentary therapies. That is, whilst a drug can be patented and provide a clear revenue return for a drug company, nutrition and botanical medicine cannot. Therefore, there is a distinct commercial disadvantage complimentary medicine is faced with. Additional funding in this areas will help address the clinical evidence gap and provide more assurance to our regulatory bodies of treatment effectiveness utilising complimentary medicine.

In summary, Please both reconsider the suggestion to externalise further complimentary medicine and instead additionally support its role in a holistic patient based treatment approach.

If you wish to discuss this matter please email me or call me on [REDACTED].

I consent to publication of my submission.

Sincerely,

Rowan Gorringe
[REDACTED]

From: Karen Gotts
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:25:56 AM

To the Medical Board of Australia,

I support Option 1.

We need to keep freedom of choice, It has helped my family on many occasions, as they get to the bottom of the cause not just treat the symptom and a give pill. We should be allowed to use herbs and other forms natural supplements as they are found in our living environment.

I consent to publication of my submission.

Sincerely,

Karen Gotts

A solid black rectangular box used to redact the signature of Karen Gotts.

From: Georgia Goudy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 3:25:10 PM

To the Medical Board of Australia,

I support Option 1.

holistic medical care is an important part of our health system. The big drug companies are hunting natural therapy practitioners and trying to take away their market share. There should be room for all practitioners. We need to treat the body holistically so these options should be available.

I consent to publication of my submission.

Sincerely,

Georgia Goudy

A solid black rectangular box used to redact the signature of Georgia Goudy.

From: Maggie Gove
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 5:41:08 PM

To the Medical Board of Australia,

I support Option 1.

Freedom of choice regarding health care is a vital part of a holistic approach to preventative medicine. Medical practitioners are highly skilled and well trained people who must be allowed to use their knowledge and experience to the benefit of their patients. Patients put a huge amount of trust in their doctor, and I believe that a doctor who has a broad range of knowledge in Integrative medicine can only be a better practitioner.

I use Integrative and complementary medicine, and have done for more than 40 years, to take responsibility for my own, and my family's health. I have rarely been in hospital, and do not take (or need) any pharmaceutical drugs. I am therefore not a burden on the Health system, but fully appreciate my own Doctor's expertise when I need it.

I consent to publication of my submission.

Sincerely,

Maggie Gove

A black rectangular redaction box covering the signature area.

From: Shelley Gower
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 8:34:02 AM

To the Medical Board of Australia,

I support Option 1.

Most natural therapies don't get funding for clinical trials because you cannot patent (thus sell) a natural product, that doesn't mean they are less effective. If I believe something works then the success rate is just as high as conventional drugs. Big pharma spend millions trying to quash natural therapy claims, why would they bother if they didn't work??

This is nothing short of medical dictatorship.

I consent to publication of my submission.

Sincerely,

Shelley Gower

A black rectangular redaction box covering the signature area.

From: Angela Grace
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 5:54:50 PM

To the Medical Board of Australia,

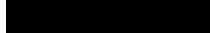
I support Option 1.

Keep people's real choices alive. Allow us to be responsible for our own health and keep our right to make our own decisions. Let us have the choice, with our practitioners guidance and support, to try gentler methods of healing ourselves before conventional medicine is brought in....why crack an egg with a sledgehammer! This is a question of people's right to choose.

I consent to publication of my submission.

Sincerely,

Angela Grace

A solid black rectangular box used to redact the signature of Angela Grace.

From: Daina Graf
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 8:16:10 AM

To the Medical Board of Australia,

I support Option 1.

Patients should be able to access integrative and complementary medicine (ICM). Taking this choice away not only limits treatment options but impedes on the individuals right to choose which form of healthcare they feel most comfortable with and confident in, not to mention limiting options for people of certain cultures and religions.

ICM has given countless people hope when conventional methods have failed. When used alongside conventional medicine, ICM can look deeper at the root causes of disease states and decrease incidence of relapse and even treatment duration.

Taking away highly trained doctor's rights to practice ICM takes away education from patients who may seek to do their own research and choose products or interventions that aren't scientifically validated.

There is countless evidence (And more emerging all the time) to support ICM interventions and taking the right to practise it away is anti-science and taking a step backwards. Healthcare is becoming more diverse and options are becoming more inclusive and this should be seen as a positive thing! Surely if you simply look at our rising rates of chronic disease it is clear to see that we need some new approaches, especially in preventative health; this is where ICM shines.

I hope you reconsider these guidelines and understand that where health is concerned, there should be choice. Please don't take our freedom of choice away.

I consent to publication of my submission.

Sincerely,

Daina Graf



From: Carla Graham
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 8:34:22 PM

To the Medical Board of Australia,

I support Option 1.

I am extremely displeased to hear that the government has deemed itself to be the decision maker in my health care and in what doctors can recommend. This is an over reach that will only benefit pharmaceutical companies at the expense of patient care. As far as "conventional" goes...do you realize that natural medicine dates back to the book of Genesis in this culture? Perhaps you should come up with another name for the third leading cause of death in the western world.

I consent to publication of my submission.

Sincerely,

Carla Graham

A solid black rectangular box used to redact the signature of Carla Graham.

From: Kathleen Graham
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 9:29:04 AM

To the Medical Board of Australia,

I support Option 1.

I can't believe that in a society where we are more and more accepting and respectful of peoples personal choices of lifestyle that we are being told that we can't have a choice about our health and medical treatments!

My family is far from 'alternative'. We have always consulted GPs but there have been many times when conventional medicine just hasn't cut it. We have utilised physio, chiropractic, homeopathic, acupuncture and naturopathic regularly also. ALL medicine is complementary! There is no 'one size fits all' when it comes to health care. Apparently we live in a democratic society... LET US CHOOSE!!!!

I consent to publication of my submission.

Sincerely,

Kathleen Graham

A solid black rectangular box used to redact the signature of Kathleen Graham.

From: Michele Graham
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 4:57:50 PM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]
I support patient access to integrative & complementary medicine because conventional medicine can't always help everyone all the time. Many people need an alternative method of helping them with their health problems, myself included as well as many of my family members & friends.

If the MBA imposes restrictions on integrative practitioners you run the risk of sending "alternative medicine" underground & that won't be good for anyone.

I consent to publication of my submission.

Sincerely,

Michele Graham
[REDACTED]

From: Julie Grant
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 29 May 2019 8:56:44 PM

To the Medical Board of Australia,

I support Option 1.

We aren't children & need not be forced into a Nanny State. Please, I urge you to not change the current guidelines. Integrative medicine has assisted me greatly, where traditional medicine failed.

I consent to publication of my submission.

Sincerely,

Julie Grant

A solid black rectangular box used to redact the signature of Julie Grant.

From: Chris Granter
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 1:38:14 PM

To the Medical Board of Australia,

I support Option 1.

After a long search in the medical field and specialists, with no one able to shed light on my very serious health situation, I went to a Complementary Practitioner I had been told about. I believe she saved my life. I have recommended dozens of people to her. They were in a similar predicament, sometimes told their sickness was 'all in their heads'. This complimentary practitioner could think 'outside the box', test her hypothesis and provide the answers and recovery solutions we needed using knowledge, & both traditional and pharmaceutical medicines.

I consent to publication of my submission.

Sincerely,

Chris Granter

A solid black rectangular box used to redact the signature of Chris Granter.

From: Helen Grant-Johnston
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:55:08 PM

To the Medical Board of Australia,

I support Option 1.

I value my right to access holistic healthcare and support doctor's rights to continue to offer this service to me.

I have been using supplements to keep myself healthy for over 40 years (including Homeopathy whilst living in England and Northern Ireland) and wish, and feel it most definitely is my right to continue to use whatever supplements my current doctor recommends for me. It was quite difficult to find such a doctor so really appreciate his medical skills combined with his vast amount of knowledge in vitamin supplementation.

Please continue allowing this service to be available to those who choose this service. Many thanks for your kind consideration in this matter.

I consent to publication of my submission.

Sincerely,

Helen Grant-Johnston

A black rectangular box used to redact the signature of Helen Grant-Johnston.

From: Jenny Graves
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:37:25 AM

To the Medical Board of Australia,

I support Option 1.

My doctor is an integrative physician and I very much value his knowledge and openness to using complementary therapies in his practice. Given the choice, I would much rather use a natural therapy than pharmaceuticals. I believe that this also saves taxpayer's money, as most of them are not available on the PBS.

I cannot understand why you would want to prevent doctors from doing this, and I respectfully ask you to leave the situation as it currently stands.

I consent to publication of my submission.

Sincerely,

Jenny Graves

A solid black rectangular box used to redact the signature of Jenny Graves.

From: suzanne gray
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:53:01 AM

To the Medical Board of Australia,

I support Option 1.

I have suffered from many health issues and found no relief from conventional medicine- only integrative and alternate approaches, although I respect conventional diagnostic and emergency services. I I is imperative we have choices. In fact integrative medicine is better for the bottom line too, as people take responsibility for their health and recover- they are not as much a burden on the PHS. A friend of mine who is unwell , has taken the conventional route which has just led to a decade long cycle of medication/further complications from that/hospitalisation and time off work. It doesn't make sense to me. For a healthier and wealthier Australia- protect integrative medicine.

I consent to publication of my submission.

Sincerely,

suzanne gray

A black rectangular redaction box covering the signature area.

From: Christine Grech
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 1:27:34 PM

To the Medical Board of Australia,

I support Option 1.

Patients should have the right to choose natural treatments if they want them.

I consent to publication of my submission.

Sincerely,

Christine Grech



From: Sean Grech
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 1:58:59 PM

To the Medical Board of Australia,

I support Option 1.

What do you think ?

I am in total support of option 1 not having restrictions on alternate medicines be it holistic or natural therapies! These choices are ours and are vital to life. Let's not end up a communist country !!!

Australia represents freedom of choice especially when it comes to our / your own health.

Freedom of choice is a right! Not for Government or anyone to dictate whether I should be giving my body chemical therapy over natural therapy!!!

I consent to publication of my submission.

Sincerely,

Sean Grech

A solid black rectangular box used to redact the signature of Sean Grech.

From: Jessica Green
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 4:53:47 PM

To the Medical Board of Australia,

I support Option 1.

I am opposed to restrictions on doctor's rights to recommend complementary the therapies, integrative medicine or alternative treatments.

By deliberately narrowing the view of doctors you take away their ability to focus on wellness and health and put them only on the side of disease management. This is damaging and restricts the patients ability to be well and whole.

Doctors are intelligent caring individuals with their patients best interests at heart and I don't see the need to put further boundaries around their opinions or treatments.

If you remove complementary therapy from the doctors toolbox you also risk pushing patients to the very practitioners you don't support. If you know your doctor only prescribes medicine and surgery - as a patient you may be far more likely to seek out more broad minded practitioner with a bigger toolkit of ideas.

Be careful of pushing doctors further into a corner.

People are seeking out alternative treatments to enhance their health and wellbeing and doctors would be advised to be leading from the front rather than being left behind.

Most doctors I know are wonderful caring people and I hope the MBA continues to support them as intelligent individuals.

I consent to publication of my submission.

Sincerely,

Jessica Green

A black rectangular box redacting the signature of Jessica Green.

From: Judy Greenberg
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 3:59:27 PM

To the Medical Board of Australia,

I support Option 1.

It is important for every individual to have a choice as to what type of medical care they receive and the choice of a practitioner who can provide both traditional and integrative medicine.

I consent to publication of my submission.

Sincerely,

Judy Greenberg

A black rectangular redaction box covering the signature area.

From: Jaki Greenfekd <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:38 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support freedom of choice in healthcare and medicine

I consent to publication of my submission.

Sincerely,

Jaki Greenfekd


From: paula greenough
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 10:00:15 PM

To the Medical Board of Australia,

I support Option 1.

i am horrified that the best of our health system -the right to choose... in a broad and holistic health system giving diversity in different practices for best practice outcomes..is potentially under fire after many years of lobbying for positive outcomes. Are we really to be left to the money grubbing elit in the health arena who put profits ahead of people!!!!

Hands off our inclusive health system.

Yours in truth

I consent to publication of my submission.

Sincerely,

paula greenough

A solid black rectangular box used to redact the signature of Paula Greenough.

From: Ben Gregory <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 5:26 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I'm someone who really responds well to alternative medicines, I'm not using those practices to be cool or out there but I use them for my health and well being, they really have a positive affect on my life.

If those practices are aiding my health and well being well then they are probably keeping me from going to the doctor or the hospital both of which cost us as taxpayers serious dollars..seems like a no brainer to allow doctors to recommend these practices and for people to choose to use them....we are paying for them.

I consent to publication of my submission.

Sincerely,

Ben Gregory
[REDACTED]

From: Fiona Gregory <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 9:24 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The belief that traditional medical modalities are alternative and without since the advent of modern western medicine, a very young field, is dangerous and flawed. Modern or western medicine rarely addressed causation, rather focusing on mitigation or symptom management. I us through early interventions, presentations and source resolution that we can best address many if today's modern ailments.

If we had imposed closed minds to many if today's modern medical miracles we would still be dying of simple bacterial infections.

It is our right to research and adopt the complimentary modalities which work fir us as individuals. There never has and never will be a one size fits all solution to what ails us. This level of state driven control is unsafe and unwelcome.

I consent to publication of my submission.

Sincerely,

Fiona Gregory


From: Fiona Gregory <submissions@yhyc.com.au>
Sent: Thursday, 16 May 2019 12:06 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Modern medicine has become wholly focused on medication based symptom management as opposed to lifestyle focussed causation mediation. To remove a physicians ability to mediate cause by their or their patients chosen modality means we are kicked into a government funded hospital system. I want balanced, science supported healthy and holistic preventative options and mitigation options. Pharmaceutical medicine is only one path, it's not even a particularly good one.

I consent to publication of my submission.

Sincerely,

Fiona Gregory


From: Kirsty Gregory
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 11 May 2019 8:13:47 PM

To the Medical Board of Australia,

I support Option 1.

We should have access to fair and varied treatments.

I consent to publication of my submission.

Sincerely,

Kirsty Gregory

A solid black rectangular box used to redact the signature of Kirsty Gregory.

From: Carol Greig
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 9:45:53 AM

To the Medical Board of Australia,

I support Option 1.

The holistic nature of integrative and complimentary medicine is well documented. There appears to be a significant move in the population towards holistic diagnosis and treatments. My concern is that the Government's limited vision on this wide issue will further diminish public trust (already considerably damaged) in the Government's willingness to hear what people want and what their concerns are. The people are broadening their vision of what constitutes good health and the Government would do well to keep up with them and support them, if in no other capacity, to take responsibility for their own long term health. Surely to support public health is the work of a proactive, big picture Government.

I consent to publication of my submission.

Sincerely,

Carol Greig

A black rectangular redaction box covering the signature area.

From: Susan Grey
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 17 May 2019 2:50:49 PM

To the Medical Board of Australia,

I support Option 1.

I am greatly concerned about this. I believe in applying and using natural products and techniques and feel this is a right for everyone if they choose. Please dont apply any more restrictions to our medical proffessionals in either field.

I consent to publication of my submission.

Sincerely,

Susan Grey

A solid black rectangular box used to redact the signature of Susan Grey.

From: Chantelle Greyling
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:27:35 AM

To the Medical Board of Australia,

I support Option 1.

Integrated practice is important. The body requires nutrients, vitamins and minerals to function. Health cannot solely be provided by medications and pharmaceuticals! The body relies on optimal nutrition to function. All medical practitioners must be conscious of both a natural approach and medicinal approach where necessary. Nutrition should always be considered as part of treatment.

I consent to publication of my submission.

Sincerely,

Chantelle Greyling

A solid black rectangular box used to redact the signature of Chantelle Greyling.

From: Carole Gridley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 2:27:31 PM

To the Medical Board of Australia,

I support Option 1.

It's my body and should be my choice to seek integrative treatments (both Western medicine and practitioners professionally trained in complementary therapies. The government had NO RIGHT to prevent me making a choice

I consent to publication of my submission.

Sincerely,

Carole Gridley

A solid black rectangular box used to redact the signature of Carole Gridley.

From: Kim Grierson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:28:29 AM

To the Medical Board of Australia,

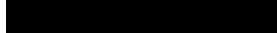
I support Option 1.

I have experienced the benefits of integrative health care and believe in a democratic society, it is my right to choose traditional or integrative medicine. While traditional medicine is necessary, an integrative approach utilises natural medicine which has been used for centuries in conjunction with traditional medicine. Please allow us to choose our own type of medicine.

I consent to publication of my submission.

Sincerely,

Kim Grierson

A solid black rectangular box used to redact the signature of Kim Grierson.

From: Karen Grieve
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 8:24:54 PM

To the Medical Board of Australia,

I support Option 1.

All patients should have the basic human right to access Integrative & complementary medicine if that's what we choose. It's called freedom of choice in a democratic society.

I have used integrative & complementary medicine all of my life & it's helped my body heal naturally instead of masking the issue with drugs to help ease the symptoms. I'm much more interested in curing the dis-ease naturally instead of masking the symptoms & getting all sorts of side-effects from drugs, which I've experienced first hand with cortico-steroids. Most of my family & friends also opt for integrative & complementary over conventional medicine. If the MBS imposes restrictions, they are taking my basic rights away as a human being.

I consent to publication of my submission.

Sincerely,

Karen Grieve

A solid black rectangular box used to redact the signature of Karen Grieve.

From: Geesje Griffin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 9:28:26 PM

To the Medical Board of Australia,

I support Option 1.

I wish to have my doctor recommend alternative treatments if they are available.

I consent to publication of my submission.

Sincerely,

Geesje Griffin

A black rectangular redaction box covering the signature area.

From: Caron Griffiths
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 11:31:29 PM

To the Medical Board of Australia,

I support Option 1.

I believe not all health treatments are as simple as treatment with drugs only. Vitamin, supplements & other alternative treatments may have the power to help health conditions!

I consent to publication of my submission.

Sincerely,

Caron Griffiths

A solid black rectangular box used to redact the signature of Caron Griffiths.

From: Ella Griffiths
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 7:25:56 AM

To the Medical Board of Australia,

I support Option 1.

Keep choice for all. Multitways of knowing, being and living healthy lives.

I consent to publication of my submission.

Sincerely,

Ella Griffiths

A black rectangular box used to redact the signature of Ella Griffiths.

From: Tom Grimshaw
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 8:17:47 PM

To the Medical Board of Australia,

I support Option 1.

I believe it is my right to choose the medical care I prefer to assist me to maintain optimal health. John Lennon said it so eloquently, "Everything government touches turns to crap." I don't want my health to turn to crap. Keep your hands off it and leave my freedom of choice with me!

I consent to publication of my submission.

Sincerely,

Tom Grimshaw

A solid black rectangular box used to redact the signature of Tom Grimshaw.

From: Jennifer groves
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:01:13 AM

To the Medical Board of Australia,

I support Option 1.

It's my right to access any medical treatment I wish to including complementary and integrative medicine. I do not wish to be restricted in any way by the MBA or even by my own amazing GP.

I consent to publication of my submission.

Sincerely,

Jennifer groves

A solid black rectangular box used to redact the signature of Jennifer groves.

From: Kerri Groves
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 7:30:31 AM

To the Medical Board of Australia,

I support Option 1.

Alternative methods of health practice are not contradictory of conventional medicine but can and should be able to work together to offer best patient care. It should be a doctor/patient choice.

I consent to publication of my submission.

Sincerely,

Kerri Groves

A black rectangular redaction box covering the signature area.

From: Brunhild Grozinger
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:19:24 PM

To the Medical Board of Australia,

I support Option 1.

Since I have acquired this medical condition, I have acquired many allergies which do not respond to medical subscriptions and have BLISSFULLY responded to various Homeopathic and Natural remedies.!

I consent to publication of my submission.

Sincerely,

Brunhild Grozinger

A solid black rectangular box used to redact the signature of Brunhild Grozinger.

From: Josie Gruber
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 6:20:29 AM

To the Medical Board of Australia,

I support Option 1.

The choice to use integrative and complementary medicine is, I believe, a fundamental right for me and my family. Integrative and complementary medicine is by nature preventative, cost effective, safe, gentle and addresses the cause of disease with, in my experience, less side effects than pharmaceuticals or surgery which often just addresses symptoms.

Placing restrictions on doctors to not include complementary treatment interventions in their treatment plans, and also discouraging them from undertaking training in complementary medicine, may result in me (and others) not choosing to consult with doctors at all. While I value and acknowledge the important place that pharmaceutical and surgical treatment options have, my first preference will always be to consider complementary medical treatment first. Removing the latter option from doctors means that when I have a health problem, I will visit a complementary and alternative medicine (CAM) practitioner in preference to a medical general practitioner (GP).

I consent to publication of my submission.

Sincerely,

Josie Gruber

A black rectangular box redacting the signature of Josie Gruber.

From: Lorraine Guerin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 9:10:06 PM

To the Medical Board of Australia,

I support Option 1.

Most of integrated medicine is based on other cultures and has been used far longer than western medicine and with positive results. It is narrow minded to limit/govern peoples choices as to the type of health care they should have especially if they are privately insured. It is my experience over 50 years of using alternative and integrated health care as well as western medicine I have been able to heal without the use of chemicals/drugs in many instances. It is also my experience that practitioners in alternative or integrated medicine take a more investigative approach to health care. Please do not take this option away.

I consent to publication of my submission.

Sincerely,

Lorraine Guerin

A solid black rectangular box used to redact the signature of Lorraine Guerin.

From: Vanessa Guild
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:21:09 AM

To the Medical Board of Australia,

I support Option 1.

Please allow them to continue to amazing work they are doing.

I consent to publication of my submission.

Sincerely,

Vanessa Guild

A solid black rectangular box used to redact the signature of Vanessa Guild.

From: George Gummow
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:15:17 PM

To the Medical Board of Australia,

I support Option 1.

Integrative & complementary medicine has helped me overcome chronic inflammation after open heart surgery.

If restrictions are imposed, it will limit integrative practitioners ability to help patience who are not responding to treatments that work for the masses.

I consent to publication of my submission.

Sincerely,

George Gummow

A solid black rectangular box used to redact the signature of George Gummow.

From: Marilyn Gunston
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:31:30 AM

To the Medical Board of Australia,

I support Option 1.

I support and value a holistic approach to healthcare and support a doctors' right to provide other practices including complementary medicines.

I consent to publication of my submission.

Sincerely,

Marilyn Gunston

A solid black rectangular box used to redact the signature of Marilyn Gunston.

From: Siegfried Gutbrod
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 14 May 2019 11:48:11 AM

To the Medical Board of Australia,

I support Option 1.

I have been a user of integrative medicine for many decades and only had positive experiences with it. I value the additional time a fully qualified GP and other health professionals can take to diagnose complicated symptoms. I fully trust the integrative medical professionals I have been dealing with. I would not want to see these fully qualified integrative medical practitioners labelled as 'fringe' practitioners.

I consent to publication of my submission.

Sincerely,

Siegfried Gutbrod

A solid black rectangular box used to redact the signature of Siegfried Gutbrod.

From: Rosslyn Guy <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:20 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe in a holistic approach to healthcare. I regularly use natural and/or traditional therapies to keep me and my family healthy but also use medication if needed. I place much value on my GP being able to offer medical or holistic/traditional advice on my health care and believe we, as a society, have the right to have access to integrative doctors. I admire doctors who look at health in a holistic way and would hate to see this changed.

I consent to publication of my submission.

Sincerely,

Rosslyn Guy


From: Denise Guzman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 11 May 2019 8:06:19 PM

To the Medical Board of Australia,

I support Option 1.

I use complimentary and natural therapies as well as using pharmaceutical products

The two can complement each other.

Relying solely on pharmaceuticals is very restricting as most medications have side effects.

Using herbs, plants, food etc is a practice going back to very early times.

My grandmother was a herbalist.

I know from my father how effective she was.

The best and ideal option are for medical practitioners learn also the benefits of natural vitamins, minerals and herbs to assist in healing sick people.

As well, alternative therapies should also be considered to be covered under Medicare.

Health care, no matter in what form, is the right for each individual not just the rich.

Natural therapies assist in keeping people healthy instead of clogging up hospitals.

I consent to publication of my submission.

Sincerely,

Denise Guzman



From: Gloria Hack
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 10:37:58 PM

To the Medical Board of Australia,

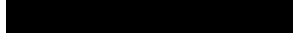
I support Option 1.

keep patients to have a choice and allow access to any integrative & complementary medicine to be trialled as each individual needs their own treatment plans. How dare the MDA place everyone into one box and generalise all people. What reasons do the MDA have to make this change? Who will benefit the most if the MDA make any changes? I want to have my own choice.

I consent to publication of my submission.

Sincerely,

Gloria Hack

A solid black rectangular box used to redact the signature of Gloria Hack.

From: Katherine Hackney
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 6 June 2019 5:43:13 PM

To the Medical Board of Australia,

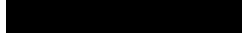
I support Option 1.

I support a holistic approach to healthcare and doctors' rights to provide new and innovative practices including complementary medicines. Over many years, I have included these natural therapies in my health regime, as I am allergic to some modern medicines, and have found 'the tried and true' medicines from olden times are more suitable and effective.

I consent to publication of my submission.

Sincerely,

Katherine Hackney

A black rectangular redaction box covering the signature area.

From: Sharon Hale
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 10:41:28 AM

To the Medical Board of Australia,

I support Option 1.

People have the right to choose how they would like to take care of their health. I do not believe that this decision on any level has anything to do with patient care or what is best for the consumer. This have everything to do with pressure from Pharmaceutical companies and the threat that self empowered and educated people pose to their profits by deciding to use natural therapies and integrative medicine. I believe that these types of non traditional medicines actually get the results that are not being met by the administration of drugs alone.

I consent to publication of my submission.

Sincerely,

Sharon Hale

A solid black rectangular box used to redact the signature of Sharon Hale.

From: Valerie Hale
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 2:13:20 PM

To the Medical Board of Australia,

I support Option 1.

As a regular user of medical services both for myself and my family that incorporates a range of integrative and complementary medicine I request that you leave the guidelines as they currently are to permit my medical practitioners to provide the range of care and options that is currently available - not less. I discuss evidence base for all treatment that I or my family receive with my medical providers and consider myself an informed user of the range of medicines available - I do not want that range to be reduced, especially as I am not aware of a need to do so.

Thank you

I consent to publication of my submission.

Sincerely,

Valerie Hale

A black rectangular redaction box covering the signature area.

From: Angela Halge
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 4:43:42 PM

To the Medical Board of Australia,

I support Option 1.

I have used integrative doctors for the last 35 years and this has resulted in a saving to the Government as I have been proactive in taking care of and monitoring my own health responses. Long term this has saved the government a lot of money and unnecessary expenditure.

I consent to publication of my submission.

Sincerely,

Angela Halge

A solid black rectangular box used to redact the signature of Angela Halge.

From: Paula Hall
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:46:07 PM

To the Medical Board of Australia,

I support Option 1.

Leave our Choice alone, MBA. Medicine is not always the answer & you know it. Let people get well — without your chemical interference — if they choose.

I consent to publication of my submission.

Sincerely,

Paula Hall

A solid black rectangular box used to redact the signature of Paula Hall.

From: Kelly Halls
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 3:40:19 PM

To the Medical Board of Australia,

I support Option 1.

I feel it is extremely important that medical practitioners have the ability to recommend therapies that they believe will benefit a patient's health, regardless of that remedy's status as a pharmaceutical.

Integrative health practices are very beneficial to supporting the health and immune status of patients, thereby reducing their need to see doctors and be prescribed pharmaceuticals in the long run.

Preventing GPs from being able to make such recommendations will only result in more patients putting more strain on the medical profession and requiring more serious pharmaceuticals for their ailments.

Despite not always fitting the scientific literature model, integrative therapies bring relief, support and an element of control over one's health, that pharmaceuticals are not always able to deliver.

I am greatly alarmed that we may find ourselves in the situation where GPs may not give advice on things like diet, nutritional supplements, wellbeing practices and musculoskeletal manipulations.

We will be left with an army of prescribing robots delivering potentially harmful pharmaceuticals to their patients because they are not trusted to make common sense recommendations.

Respect our GPs enough to let them decide on the best course of treatment for their patients.

Respect patients enough to let them decide on the best doctor to offer treatments for their ailments.

Patients will gravitate towards the medical practitioner that best suits their lifestyle and philosophies.

Blocking GPs in this way will result in patients seeking health advice from less qualified individuals, potentially compromising their health.

I strongly believe there should be no change to the current list of modalities included on the insurance rebate list.

I strongly believe that doctors have the training to advise on the best course of treatment for a patient/ailment and that their knowledge encompasses much more than simple pharmacology.

Sincerely,

Dr Kelly Halls BVSc v4284
Veterinary Surgeon

I consent to publication of my submission.

Sincerely,

Kelly Halls

A solid black rectangular box used to redact the signature of Kelly Halls.

From: Samantha Halls <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 4:41 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I wish to express my concern and disappointment in hearing of your intention to sanction integrative and holistic health services even further. The government and health bodies seem to be doing everything they can to keep people from staying healthy, informed about alternatives to pharmaceuticals and out of being a burden on the health system. I, for one, put extreme value on being able to choose how I treat my family. Being given no choice should be going out the window, not being enforced. I would have thought that encouraging people to stay fit and healthy would be a priority for both government and the health system. Sadly this appears to be the opposite of true.

I consent to publication of my submission.

Sincerely,

Samantha Halls


From: Leonie Hamilton
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 1:40:26 PM

To the Medical Board of Australia,

I support Option 1.

I want to have choice and the right to choose the kind of treatment and medicine I believe to be appropriate for my body.

I want to be able to be treated with natural therapies if I CHOSE to do so.

I am sick of the big pharmaceutical companies with their synthetic ingredients poisoning us.

I demand the right to choose.

I consent to publication of my submission.

Sincerely,

Leonie Hamilton

A solid black rectangular box used to redact the signature of Leonie Hamilton.

From: Jann Handbury
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:23:20 PM

To the Medical Board of Australia,

I support Option 1.

As an older Australian and a registered nurse in aged care and management for 25 years I believe your proposed changes restrict choice for older and younger Australians. In our democracy, which was fought hard and won, your proposal dismisses basic civil rights. Please desist this power struggle.

I consent to publication of my submission.

Sincerely,

Jann Handbury

A solid black rectangular box used to redact the signature of Jann Handbury.

From: Roland Hanekroot
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 8:34:02 AM

To the Medical Board of Australia,

I support Option 1.

I wish that conventional medicine in Australia takes a more open minded approach to alternative medicine options... I accept that not all alternative medicine options are equally well supported by conventional scientific evidence as conventional 'western' medicine options, but I strongly believe that many alternative medicines function exceedingly well as complimentary modes of treatment alongside conventional modes... And... It also makes people feel better

I consent to publication of my submission.

Sincerely,

Roland Hanekroot

A solid black rectangular box used to redact the signature of Roland Hanekroot.

From: Fiona Hankinson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 1:35:28 PM

To the Medical Board of Australia,

I support Option 1.

Dear Sir or Madam,

My husband and I own a natural health clinic in Melbourne. I would estimate that at least 60% of our clientele is made up of clients who have been unable to be helped by conventional medicine, many of whom have been chronically ill for years and seen specialist after specialist. We have assisted a great many of these clients to optimise the function of various organs and systems of the body and in doing so, dramatically improve their health. As a natural consequence of improved health, many clients find their health conditions resolve or become manageable. (Of course we make no claims in regards to specific health conditions, being unable by law to do so for a variety of diseases).

It is arrogant in the extreme for the AMA to presume that any treatment outside of conventional medicine is ineffective. This presumption excludes all forms of traditional medicine, most of which are whole-heartedly supported by the World Health Organisation. It's also extremely disrespectful to the Australian public, over 60% of which regularly use natural and complementary therapies.

More seriously, for the AMA to restrict the ability of medical doctors to use treatments outside of conventional medicine contravenes the WMA's Declaration of Geneva, to which the AMA subscribes along with the Hippocratic Oath. A key statement of this Declaration is "The health of my patient will be my first consideration". If a medical doctor, in good conscience, believes that a patient would be helped by non-conventional medical treatment and has the skill basis to advise on such treatment, based on this Declaration they should be allowed to do so.

Changing the current law will also force some doctors to contravene another key statement from the WMA Declaration of Geneva: "I will not use my medical knowledge to violate human rights and civil liberties, even under threat". Surely withholding information or treatment they believe would be of use to their patient constitutes a violation of patient rights.

It is very sad indeed that the 'threat' in this case is the AMA itself.

I ask you to consider where true medicine ends and pharmaceutical medication begins. Has modern medicine truly been reduced to pharmaceutical and surgical protocols, along with nutrition advice based on a food pyramid that relies largely on outdated 60 year old, now highly controversial research (Ancel Keys)? Is that really all there is?

When a law like this is proposed that will have a sweeping impact on the Australian people, it's also very important to consider the influence of vested interests. The vested interest of publicly listed

pharmaceutical companies to create ever-increasing profits must therefore be included as part of the consideration of whether the proposed changes are ethical. The imperative of pharmaceutical companies to have continuous profit growth has a direct impact on the kind of environment the pharmaceutical industry is actively creating. This is an environment where:

- any other form of medicine (apart from surgery) is discredited
- doctors are reduced to thinly veiled pharmaceutical sales people who must simply carry out protocols defined by the medications they are prescribing rather than the health condition they are treating
- the patient culture is to accept their doctor's word as the last word, no matter what
- more and more new illnesses are defined, often by the pharmaceutical industry itself along with companion medications to treat these new illnesses
- patients are put on medications that they are compelled to stay on for life because there is little to no addressing of the root causes or exacerbations of illness, such as poor diet and lifestyle, or the side-effects of withdrawal are dreadful or even dangerous.
- the fear of god is put into patients if they suggest trying anything other form of medicine apart from pharmaceutical (since anything else is not patented or profitable).
- pharmaceutical representatives sit on the board of NHMRC to decide the fate of therapies they know nothing about, and at the same time representatives of those therapies are excluded. [This is in respect of recent NHMRC reports which used unprecedented and internationally sub-standard research criteria to conclude that 17 natural therapies had insufficient evidence of therapeutic benefit. This was later mistakenly interpreted by the media, and now seemingly the AMA as well, as meaning those therapies are ineffective when in many instances the modalities have simply not been subjected to studies that fit the never-before-used, highly restrictive study criteria imposed by the NHMRC.]

At the end of the day, the question is whether the AMA is pro doctors or pro pharmaceutical industry. If it is pro doctors it will continue to support doctors, their ability to think and act independently and recommend treatments for their patients with the patient's health as their number one priority, regardless of whether or not those treatments and medicines are conventional. If the AMA is pro pharmaceutical it will define pharmaceutical medication as the only ethical choice.

Frankly, from my perspective, which I know I share with many other Australians, this whole proposal appears to be a ridiculously overt ploy by the pharmaceutical industry to completely take over all medical prescribing in Australia. Whether it's via the auspices of the AMA or not, the pharmaceutical industry has sufficiently penetrated beneath the skin of the AMA, and medicine in general, to control all its limbs and seemingly its brain function as well.

Honestly, it's actually a good move for the natural health industry, as changing the law will most likely make natural health practitioners much busier as people flock away from their integrative doctors.

However, we are in the industry of health, not illness, and we would not wish to profit at the behest of those integrative doctors who are brave, independent and ethical enough to put the health and wellbeing of their patient first and consider both conventional and alternative methods of treatment on an individual patient basis.

Sincerely,

Fiona Hankinson
Clinic Director
Natural Pain Solutions Australia

I consent to publication of my submission.

Sincerely,

Fiona Hankinson



From: Michael Hann
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 3:21:47 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine, particularly the practice of nutritional, environmental and lifestyle medicine (NELM), needs to stay.

In terms of risk to patients, NELM is proven to be less harmful than annual deaths from paracetamol and hundreds of thousands of hospitalisations from adverse drug events each year in Australia.

NELM is also directly addressing the root cause for more than 80 percent of all chronic disease that affects Australians - the largest cost factor attributable to our national health expenditure. NELM targets nutrition, environment (toxins and microbes) and lifestyle factors that actually "cause" most illness in Australia.

The field of clinical nutrition and dietetics is an established allied health profession all around the world. It is an evidence-based field of practice that is regulated nationally (including the accreditation of dietitians) and which is approved and funded by Medicare. Therefore, nutritional medicine (as a component of NELM) clearly needs to stay. There is no reasonable logic for excluding nutritional medicine from medical practice.

There should be no change to guidelines for doctors - there should only be one set of guidelines that all need to follow. The current requirements for evidence-based is what we need to keep. In this way, we can be sure that if patients are seeking out nutritional, environmental or lifestyle therapies, they have an option to go to doctors (or dietitians) to get good, evidence-based advice. But, if government changes the rules, a significant patient population (perhaps higher than 30 percent of Australians) will avoid doctors and go to other types of practitioners (which may not be as highly trained in screening and evaluating the evidence-base for treatments, and almost certainly not as well trained in clinical diagnosis). These other practitioners might be very valuable in conjunction with medical input..., however, they might occasionally present a risk without it. Therefore, we should allow doctors to practice NELM and lead the way on evidence-based practice, informing and guiding others that might be involved in the clinical process for a patient.

Australian Government is setting up a much more risky situation for citizens by preventing doctors from practicing integrative medicine.

By taking away integrative practices from doctors, Australian Government is taking away patient choice. Patients need to choose., and they need good quality options from which to choose.

We need no change to the current guidelines. Perhaps what we need is better training for doctors - from university level training through to ongoing professional development programs - that more highly skill doctors in nutritional, environmental and lifestyle medicine. Part of

this training needs to be grounded in a much deeper grasp of nutritional biochemistry and whole-systems biology (complex bio regulatory systems) to lift the quality of critical diagnostic thinking in the medical profession. This is what is needed... not an ill informed restriction on practicing nutritional, environmental and lifestyle medicine.

Let's get this right. Let's do things that will reduce the causes of chronic disease and cancer, and which will ultimately reduce the national healthcare bill... not worsen it.

We need doctors who can interrogate and use the evidence. We don't need to restrict their practice.

I consent to publication of my submission.

Sincerely,

Michael Hann

A solid black rectangular box used to redact the signature of Michael Hann.

From: Dan Hannagan <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

A Doctor is someone who helps get and keep people healthy. Medication does have it's place but only a small part. Medication should not be the focus nor should we play down the value of all the other options available

I consent to publication of my submission.

Sincerely,

Dan Hannagan
[REDACTED]

From: Bret Hansell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 5 June 2019 9:18:33 AM

To the Medical Board of Australia,

I support Option 1.

I believe this is a gross restriction of trade.
This is not about safety or efficacy, but about monopoly.

I consent to publication of my submission.

Sincerely,

Bret Hansell

A solid black rectangular box used to redact the signature of Bret Hansell.

From: Dr. Linda Hanson <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 2:57 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have used complementary medicine for the last 56 years. In the early days, CM practitioners were hard to find. I had no problem attending the doctors to establish what they thought was the problem.

I did however have a problem with the way they expected to treat it.

I researched, studied and did a lot of learning to find better ways to care for my health that did not involve drugs as the medicines I had been given previously did nothing to heal my body. I was an outsider in my family because to question a Doctor was unheard of in those days, and I was an outsider in the doctors' clinics because they had no knowledge of natural healing. That was many years ago and I have been fortunate to live to a time when natural therapies are strong and powerful in treating not just the body, but the mind, the emotions and the spirit, the psyche. In those years between, I have gained a Bachelor Degree, a Masters' Degree and I have truly earned my Doctorate. There are many years of study, practice and now solid, serious research to support my trust and faith in natural therapies. The research is there, but somehow it is ignored, overlooked, disparaged by those who do not believe in or trust and who would destroy natural therapies. My question is: what is the purpose of destroying natural therapies and the doctors who integrate natural methods into their practices. The fact that as human beings we even exist speaks of the success of natural ways of treating disease. There is so much pollution, toxic chemicals, cancer causing agents in our lives now that it is vital that the natural ways are restored to work singly or together with doctors who are listening to

patients' desires. Second question. If the drive is successful to destroy the quality of life in so many people who are prepared to take responsibility for their health, what measures are in place to accommodate the thousands of people who are supposed then to turn to orthodox medicine? To accommodate the thousands whose health will deteriorate under the drug regime? The thousands who have not even been counted in government surveys because their burden on the existing infrastructure is so small. What measures have been taken to make sure these people will get adequate care when the orthodox medical system is already overburdened and cannot cope now. The projected figures for Alzheimer's, Autism, Heart Attack and strokes are already beyond what the system is designed to handle. Why "pick on" a system that is dealing with a section of the community that is actually freeing up the already swamped standard medical system. To destroy a system that is helping the health of those who have chosen to live and heal this way, makes no sense at all and will impact on the future for all Australians.

I consent to publication of my submission.

Sincerely,

Dr. Linda Hanson (PhD)

From: Phillip Hanson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:29:38 AM

To the Medical Board of Australia,

I support Option 1.

Dear MBA,

At 64 years healthy I have taken continuous action for 45 years in maintaining my wellness. Integrative and Complimentary medicine has proven to me it's efficacy over 4 decades and as a direct result of my self trial and research and investment I have never been a burden on the conventional medical system.

My GP on the few visits made has always considered the wholistic aspects of my lifestyle, diet, exercise and complimentary practices.

I do not support the changes you are considering as they will limit my options within the medical system as I approach the last quarter of my life, the time I know it will make the most difference. I will continue support at all times of my right of full choice in all matters relating to my health and that of my family and community at large.

An ongoing commitment to wellness at every step is superior to a system of treatment of sickness.

I consent to publication of my submission.

Sincerely,

Phillip Hanson



From: Angela Harders <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 10:22 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please ensure that I can keep access to integrative and complementary medicine in my private health cover. As consumers we are getting less cover for increased premiums, so it seems the private health funds get richer while we lose cover for treatments that promote well-being.

I also should have the right to be treated by my own doctor, especially if they help promote well-being. Prevention is better than cure and the medical profession as a whole could benefit from a more proactive, innovating approach to health care to reduce and prevent illness wherever possible.

I consent to publication of my submission.

Sincerely,

Angela Harders
[REDACTED]

From: Errol Harding
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 27 May 2019 6:15:55 PM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]
With medical drugs Killing 130,000 people in one year and traditional practisioners killed no one except for one MD placing a A/P needle in the patient lung resulting in a neurothorax and followed by death (he was not an acupuncturist but was publicised as death from Acupuncture . So it is more than time for a change .

I consent to publication of my submission.

Sincerely,

Errol Harding
[REDACTED]

From: Christine Hardwick <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:20 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments


To the Medical Board of Australia,

I support Option 1.

Everyone deserves to be able to choose what suits them. We are all individuals and what works for someone might not work for others.

I consent to publication of my submission.

Sincerely,

Christine Hardwick


From: Adam Harffey
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 10 June 2019 10:07:07 AM

To the Medical Board of Australia,

I support Option 1.

Dear Sir/Madam,

As a long term advocate for alternative therapies due to living remotely, please do not make any changes to the current system which may impact my future health care.

I consent to publication of my submission.

Sincerely,

Adam Harffey

A solid black rectangular box used to redact the signature of Adam Harffey.

From: Kerry Harper
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 5:53:14 AM

To the Medical Board of Australia,

I support Option 1.

My health, my choice. I already make choices with my diet and lifestyle to keep me healthy, therefore needing, so far, little access to health care. Thats my choice. I choose not to eat badly and live badly and then expect the healthcare system to fix my bad choices.

I consent to publication of my submission.

Sincerely,

Kerry Harper

A solid black rectangular box used to redact the signature of Kerry Harper.

From: Jenelle Harrington
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 1:20:45 PM

To the Medical Board of Australia,

I support Option 1.

It's imperative that every Australian citizen gets the right to choose health and well-being options on their individual health care journeys. No one denies the life saving role of medical treatments, however credence should be given to "alternative" (should be labelled "original") treatments for their role in disease prevention and healthier living. The tax payer cannot afford for health care costs to rise, similarly Medicare cannot afford the substantial increase in medical treatment costs that could have been prevented through integrative health practitioners. In addition, Australians will suffer from not being able to access new therapies and protocols, nor have their individual medical situation evaluated comprehensively, diagnostic availability will be reduced, those that can afford it will leave the country to seek other health, medical and wellness treatments. Financially, restriction of services will crush the natural therapy industries, a lucrative industry for practitioners and herbal and vitamin supplement suppliers alike, conversely Medicare will suffer with additional costs. If these are not absorbed, people will avoid going to the doctor at all to save money until they're critically ill and become more of a financial burden on the tax payer. With locked down medical restrictions Australia becomes less attractive to those looking to migrate to this country, Australia is revered by other countries for our democracy, liberties, freedoms and "fair go" attitude. Migrating to restrictive medical protocols will be a step towards capitalism. Be sure the upcoming generations of Australians will undo these changes, untighten the medical noose for which you propose and once the dinosaurs currently campaigning for the capitalist medical regime all pass on, the next generations will take over and release the grip and open the flood gates for people to live long healthy lives, have access to all the health options available and not be a captive to their ailments.

I consent to publication of my submission.

Sincerely,

Jenelle Harrington



From: Jo Harris
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:32:11 AM

To the Medical Board of Australia,

I support Option 1.

You do not have the right to silence integrative health practitioners.
No one form of any type of medicine/healthcare works for people. let
practitioners share all information and then let the patient decide
what is right for them. Its about choice - for all.

I consent to publication of my submission.

Sincerely,

Jo Harris

A black rectangular redaction box covering the signature area.

From: John Harris <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 1:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,


I support Option 1.

Natural medicine has benefited me when orthodox medicine couldn't.
People must have the right to choose the practitioner of their choice.
Millions of Australians benefit from natural therapies. Why are certain groups trying to marginalise and prevent natural health practitioners from helping people? Please keep health choices available.

Regards
John

I consent to publication of my submission.

Sincerely,

John Harris


From: Pam Harris
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 23 June 2019 7:36:23 PM

To the Medical Board of Australia,

I support Option 1.

I fully support being able to choose what pharmaceutical medications or alternate complementary medicines I choose to take. I've had great success using complimentary medicines. Remember, this is Australia a land where we have the freedom to make our own choices.

I consent to publication of my submission.

Sincerely,

Pam Harris

A solid black rectangular box used to redact the signature of Pam Harris.

From: Shayne Harris
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 10:42:57 AM

To the Medical Board of Australia,

I support Option 1.

I have received so much assistance when also referred to allied holistic natural health professionals to force this change goes against patients wellness options and is both unconscionable and narcissistic \$\$ whim and why is the outcome.. ? Respect Health especially the Science of Holistic Health options ??

I consent to publication of my submission.

Sincerely,

Shayne Harris

A solid black rectangular box used to redact the signature of Shayne Harris.

From: James Harrison
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 7 May 2019 9:42:50 PM

To the Medical Board of Australia,

I support Option 1.

I am an osteopath and have practiced now for over 35 years. It has been a rewarding practice being able to offer clients musculoskeletal healthcare. In many cases this care has been offered in conjunction with their GP's knowledge and or referral. Clients regularly appreciate a GP who will take some extra time with them and look further into their health issues when they need it. Some have complicated problems which have taken them to integrative doctors who have developed skills to deal with 'out of the normal range' problems. From my years in practice I recognise that people have a significant degree of biodiversity. They react to stimuli in different ways e.g. some respond quite poorly to pharmaceutical products but can tolerate natural medicines well and get good results. Consequently I would encourage authorities to allow for this range of 'normal' by recognising it in the scope of practice allowed for GPs and other practitioners.

I consent to publication of my submission.

Sincerely,

James Harrison

A solid black rectangular box used to redact the signature of James Harrison.

From: Kerry Harrison
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 5:54:45 PM

To the Medical Board of Australia,

I support Option 1.

Doctors working to help their clients have every right to use what is needed NOT what is dictated by pharmaceutical companies.

I consent to publication of my submission.

Sincerely,

Kerry Harrison

A solid black rectangular box used to redact the signature of Kerry Harrison.

From: Walter Hartmann
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 26 April 2019 10:51:03 PM

To the Medical Board of Australia,

I support Option 1.

As I am a human being I am part of nature. To tighten regulation of practitioners providing integrative treatments in any way means that lawyers decide over my health and well-being. I am absolutely sure that I can and did in the past make by far better choices regarding my persona. Doctors are humans too and humans make errors. I was able to catch quite a number in time. Medicine by law cannot work. Medicine in tune with Nature works for 1000s of years and it worked frequently fine for me at lower overall cost. Excluding that range would be unreasonable and unconscionable. Health care cost would rise dramatically and that would not be in anybodies interest.

W

I consent to publication of my submission.

Sincerely,

Walter Hartmann

A solid black rectangular box used to redact the signature of Walter Hartmann.

From: Emma Hartung
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:28:53 PM

To the Medical Board of Australia,

I support Option 1.

My body, my choice. It is not anyone else's right to decide whether I choose natural or alternative methods of treatment for myself, and definitely not the right of a group of strangers to decide that these options not be available to me through a Doctor. The world is literally in crisis, and priorities need to shift permanently away from streamlining, beauracracy, and above all, pharmaceutical profit, and effort needs to focus on integrative health, environment as a priority and a person's right to choose their own future.

I consent to publication of my submission.

Sincerely,

Emma Hartung

A solid black rectangular box used to redact the signature of Emma Hartung.

From: Erika Harvey
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 1:22:27 PM

To the Medical Board of Australia,

I support Option 1.

I believe the body should be treated in a holistic way and all modalities should be available for the patient. If you are lucky enough to have a doctor who has an open mind and is well trained and informed of the overall best approach for any given patient, then he should have the privilege of prescribing or recommending any treatment that will help that patient. Too many times we are prevented from choosing what is the best treatment because of narrow minded bureaucratic constraints placed on those people with a genuine desire to give the best quality of care to the patient .

I consent to publication of my submission.

Sincerely,

Erika Harvey

A black rectangular redaction box covering the signature area.

From: Kerri Hashmi
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 11:32:00 AM

To the Medical Board of Australia,

I support Option 1.

In my experience, integrative medicine is superior to conventional medicine, as it takes into account the nutritional status of the patient. There are thousands of scientific studies which support this view. Australia would be much better served if all doctors learned to practice integrative medicine in their respective fields.

I consent to publication of my submission.

Sincerely,

Kerri Hashmi

A solid black rectangular box used to redact the signature of Kerri Hashmi.

From: Christopher Hassall
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 11:31:15 PM

To the Medical Board of Australia,

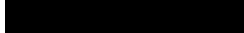
I support Option 1.

I am under the guidance of an integrative doctor and have never felt better.

I consent to publication of my submission.

Sincerely,

Christopher Hassall

A solid black rectangular box used to redact the signature of Christopher Hassall.

From: Patricia Hatch
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 5:50:12 PM

To the Medical Board of Australia,

I support Option 1.

I have used an integrative approach for 40 years as a practitioner of homeopathy & have always consulted doctors who are integrative in practice by choice.

I consent to publication of my submission.

Sincerely,

Patricia Hatch

A solid black rectangular box used to redact the signature of Patricia Hatch.

From: Lena Haunold
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 5:03:23 PM

To the Medical Board of Australia,

I support Option 1.

I am an immigrant from Germany and until eight years ago went to doctors that had a naturopath as well as a gp education. This model is very successful all over Europe, since alternative medicine is often cheaper than chemical medicine, often has no side effects and provides more efficient long-term solutions.

I have been subscribed chemical medicine at almost every visit to an Australian gp... I usually don't take anything before I tried natural alternatives and have a 90% success rate. It makes me mistrust the health system that alternative medicine is so rarely considered as it is...

Please don't promote even more unnecessary harsh treatments that only benefit the pharma industry.

Please let people choose doctors who are resisting the trend to treat people as quick and easy as possible, but actually treat the cause of illnesses or work on long-term solutions in the patients and therefore societies best interest. That should be yours too, I hope.

I consent to publication of my submission.

Sincerely,

Lena Haunold

[Redacted signature]

From: James Hawkins
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 9:20:29 AM

To the Medical Board of Australia,

I support Option 1.

I truly support and value a holistic approach to healthcare, and support a doctors right to provide new and innovative practices, including complimentary medicines. In this day and age, when we now have so much information about how important diet, exercise and mental health it to overall health, it is ridiculous to think that we would restrict our medical professionals to 'conventional medicine'. Surely, given the state of human health, and the state of the medical system, prevention is better than cure. I use an osteopath and a forward thinking GP who have changed my life by providing amazing health benefits that do not involve taking a pill!!

Please do not put money, power and bureaucracy above our health!

I consent to publication of my submission.

Sincerely,

James Hawkins

A black rectangular box redacting the signature of James Hawkins.

From: Hay Trish <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:38 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,


I support Option 1.

Please consider that integrative & complimentary medicine is a preventative choice for many Australians & should be allowed to be recommended & encourage as a choice for treatment by each & every Family Doctor for their patients - a more holistic approach to patients health issues.

Most doctors are very educated & experience professionals who need the MBA to support these choices to provide the best health outcomes for their patients.

I consent to publication of my submission.

Sincerely,

Hay Trish


From: Clinton Hayes
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:50:21 AM

To the Medical Board of Australia,

I support Option 1.

I support the right to integrative healthcare, allowing me all possible options when considering my health and wellbeing. Medical practice has evolved over the years to provide truly outstanding levels of health care and benefits and this is only enhanced by allowing doctors the freedom to consider complementary therapies as and when necessary.

Restricting a doctor's right to explore all possible avenues when considering a patient's welfare is detrimental to the relationship and confidence a patient develops with his or her practitioner.

An arbitrary imposition on a doctor's ability to provide whatever options he or she sees fit dramatically diminishes a doctor's role in the relationship with the patient.

If we respect our doctors and we believe in their ability to judge what is right and appropriate for their patients, then we must allow them the freedom to act within their charter as medical professionals.

I consent to publication of my submission.

Sincerely,

Clinton Hayes

A black rectangular box redacting the signature of Clinton Hayes.

From: Poppy Hearn
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 9 June 2019 5:52:34 AM

To the Medical Board of Australia,

I support Option 1.

I fully support all Australians the right to choose their medical practitioner. Integrative medical practice has proven to be evidenced based from many studies conducted in Australia and overseas. I have found this and traditional medicine work hand in hand and has helped me and my family. This medical practice compliments traditional medicine and goes beyond the limitations of traditional medical practice as it looks at the symptoms of illnesses more holistically rather than a band aid approach. Doctors who ignore incorporating this type of medical practice are simply quite ignorant and I question if these men and women keep themselves updated on the latest medical research to assist their patients!!!. I have personally witnessed doctors who fall into this category and it is saddens me all the years of study to not keep abreast and an open mind to alternatives that actually can work for patients. Lets not bow down to the Pharmaceutical company's who make billions of dollars selling of medications that may not always be in the best interest of the community.

I consent to publication of my submission.

Sincerely,

Poppy Hearn

A solid black rectangular box used to redact the signature of Poppy Hearn.

From: John Heasman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 6:15:11 PM

To the Medical Board of Australia,

I support Option 1.

In many areas of public health, complementary medical practitioners are more knowledgeable than traditionally trained doctors, and therefore able to help patients more effectively to regain their health. For example, most GP's have been given minimal training in nutrition and rarely, if ever, attempt to treat the cause of disease. They invariably treat symptoms (via drugs) without addressing the core issues - as do Naturopaths and other complementary practitioners. In addition, restricting GP consultations to 10 minutes per patient is ludicrous. Imagine a maintenance mechanic restricting himself to the same time limitation to diagnose and repair a faulty car? Healthcare is just that: Care of a patient's health. What is being proposed is not even applicable to robots, yet alone human beings. Please reconsider this retrograde proposal. Rather, encourage both GP's and specialists to seriously integrate well-proven complementary procedures into the totality of their healing arsenal.

I consent to publication of my submission.

Sincerely,

John Heasman

A solid black rectangular box used to redact the signature of John Heasman.

From: Alex Hegarty
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:00:32 AM

To the Medical Board of Australia,

I support Option 1.

I have had first hand experience of the positive and ongoing benefits of integrative medical advice and treatment where no regular GP was able to help whatsoever.

To squash this industries and make strict laws is not the way forward.
You are killing what should be a symbiotic relationship in the medical field.
Australia should be leading the world in this field!
People should have the choice to seek affordable integrative health care now and forever.

I also work in the Health industry as a Pilates Instructor and understand that different approaches/treatments are necessary for different people and this includes my clients and co-workers themselves as I've had many practical conversations about health treatments with them.
We are not all the same and cannot be expected to heal with the same types of approach & treatment.
It is very small minded and ignorant to think that such a narrow approach to health will work for each body.

I consent to publication of my submission.

Sincerely,

Alex Hegarty

[Redacted Signature]

From: Avril Heitia
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 5:24:24 PM

To the Medical Board of Australia,

I support Option 1.

I 100% support holistic care, which means along with western medicine other complimentary practitioners help with the overall care and wellbeing of individuals.

Western medicine would not be where it is today without complimentary medicine.

My family and previous generations have been kept well and supported through all life events through the inclusion of complimentary and natural medicine.

I consent to publication of my submission.

Sincerely,

Avril Heitia

A black rectangular box redacting the signature of Avril Heitia.

From: Viola Hemm
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 10:51:52 PM

To the Medical Board of Australia,

I support Option 1.

There is a long history in my family to use holistic integrative medicine for disease prevention and to cure illness. We have had and still are having great results. Freedom of choice ! It is much better for the community to concentrate on a healthy lifestyle and trying to strengthen the life forces rather than suppressing symptoms. The. Pharmaceuticals should be for the worst cases. Go back to common sense and not give in to big money. Antibiotics abuse has already created a disaster.

I consent to publication of my submission.

Sincerely,

Viola Hemm

A solid black rectangular box used to redact the signature of Viola Hemm.

From: Cameron Henderson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 9:41:10 AM

To the Medical Board of Australia,

I support Option 1.

I support the right of doctors to recommend natural therapies to their patients

I consent to publication of my submission.

Sincerely,

Cameron Henderson

A solid black rectangular box used to redact the signature of Cameron Henderson.

From: Frith Henderson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 2 June 2019 1:56:28 PM

To the Medical Board of Australia,

I support Option 1.

I believe it's a human right to have access to all available assistance in all areas of medicine most importantly nutrition and naturally based medicine should be essential to general health care.

I consent to publication of my submission.

Sincerely,

Frith Henderson

A solid black rectangular box used to redact the signature of Frith Henderson.

From: Leonie Henderson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 1:46:19 PM

To the Medical Board of Australia,

I support Option 1.

"Primum non nocere" - first do no harm is one of the first fundamental principles taught to medical students and Natural therapy students. With this I believe the public have a right to choose what type of treatment they want. Approximately 1/3 of Australians choose or use natural medicine and by implementing the proposed changes are taking away these choices.

History proves that prohibition does not work it only encourages people to purchase natural treatments and natural medicines and supplements via an alternative manner. It is important that patients are prescribed and guided safely with their individual natural treatments and medicine.

These adjustments that the Government is proposing is also going to wipe out many small businesses in Australia that owners and staff may have studied for years to achieve their scientific knowledge.

Destroying small businesses may be the beginning of the destruction of the current economy. This will also have a knock on effect and destroy the supplement industry, health food stores, pharmacies, colleges, lecturers, families and so on.

Complementary and natural therapies are supported by many evidence based scientific research (which the Government says there is no evidence based research).

Please take a realistic approach to this very important decision and allow integrative medicine continue. The public have a right to choose their treatment plan.

I consent to publication of my submission.

Sincerely,

Leonie Henderson



From: ona henderson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:23:51 AM

To the Medical Board of Australia,

I support Option 1.

The holistic approach to medicine has always been important to me. I did a degree in behavioral psychology & have a science background early on. Having used complimentary health for decades I strongly object to choice being watered down. Allow the intelligence of the medicos & patients to make their own reasoned decisions. Preventative medicine is imperative.

I consent to publication of my submission.

Sincerely,

ona henderson

A solid black rectangular box used to redact the signature of ona henderson.

From: Vilia Hendry <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 7:06 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative doctors have provided me and my family with the best care of our health for twenty years. We ended up at an integrative doctor after being failed by multiple regular gps. Health, disease and wellness is so much more than taking a symptom specific drug.. Doctors resisting complimentary medicine need to catch up with the latest research. Health is all about gut microbes and the immunity established there. Integrative medicine tries to work towards establishing health. I may not be in perfect health but I am much improved under my integrative doctor. Do not try to stop integrative health care. If anything you will only send it underground.

I consent to publication of my submission.

Sincerely,

Vilia Hendry

[Redacted Signature]

From: THERESA HENNESSY
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 7:08:43 PM

To the Medical Board of Australia,

I support Option 1.

I understand the MBA is proposing a move to further control my ability to choose what I believe is right for me and my family. I am an educated person who has been raised without drugs and medication although respectfully at times these traditional medical interventions have been sort as a necessity.

I choose to keep my family healthy with a well balanced diet, physical exercise, sunshine, socialisation, a balanced use of technology and a self awareness around their own personal health and well-being. My children are now in their teens to adulthood and have a very clear knowledge of health and I am empowering them to make responsible decisions for themselves so that they know when complementary and integrative medicine is necessary and when it is imperative that traditional medical practitioner intervention is sort.

This is freedom. This is an individuals rights. This is my family and their family to come who have a right to choose what health options are right for them. If you restrict practitioners whether traditional medical or other from the freedom to suggest proven, safe and healthy alternatives to drugs you will force people into accessing products and information on the internet or from overseas rather than Australian TGA regulated products and information under the guidance of registered health practitioners who understand their health, their health goals and their health philosophy.

There are many that would argue that in Australia we are less free now than we have ever been in our lives and we have given up many of our freedoms under the auspices that it was to protect us from terrorists or for the greater good of the community.

An individuals right to select a health practitioner who they fully understand has an integrative approach is a free choice and thousands of Australians specifically seek these sorts of practitioners. The one size fits all approach to health care does not work.

85% of medical procedures have never been tested in a double blind placebo controlled study. So where does and who defines what is scientific and what is not? Last time I looked Australia was a free country.

I am not suggesting that freedom means that a health practitioner can be irresponsible. A balanced approach in an integrative environment respects a patients freedom of choice.

In my experience surgical or pharmaceutical interventions are discussed in the same conversation as researched natural therapies giving me the ultimate choice. A patient will make that choice irrespective, so is it not better that they are guided by a responsible health practitioner who is working with them and not simply dictating to them?

The wider international health community has their eyes on Australia but not because we are leading the pack at the moment. If this destruction of personal liberty in Australia continues we will be the laughing stock of the world, but more so we will become known as the nation that has made so many health breakthroughs over the last 150 years in medical science who are now too scared to do anything but for breaking the rules.

I [REDACTED] who are registered health practitioners and none of whom want to write a submission here. This is not because they don't want to but ultimately they are frightened of the over arching control of regulatory authorities that is already in place in Australia.

A responsible practitioner respects and listens to their patient, gives their patient options and makes recommendations. Without this well rounded professional expertise from our health care professionals we are walking the plank of dictatorship.

Ultimately, although you may think something is in my or my family's best interest I have a human right to make that choice.

I consent to publication of my submission.

Sincerely,

THERESA HENNESSY
[REDACTED]

From: Tracey Hennessy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 1:12:43 PM

To the Medical Board of Australia,

I support Option 1.

I have worked in this industry and seen first hand what naturopathy and chiropractic can do to help relieve and also heal. Restricting our choices to care is insane. If these types of care didn't work then people would not return to that health care provider BUT they do because it works. Please don't take those choices away we will have a country of very sick generations to come.

I consent to publication of my submission.

Sincerely,

Tracey Hennessy

A solid black rectangular box used to redact the signature of Tracey Hennessy.

From: Remeth Henry
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 6:30:02 PM

To the Medical Board of Australia,

I support Option 1.

We Australian deserve the right to investigate and have access to as much complementary medicine as in offer and should be encouraged to take it upon our selves to find out how to prevent and educate ourselves on a healthy lifestyle. Conventional medicine does not do this, and while necessary for acute illness it should not be the sole option in treating disease. The burden on the health care system will only be greater if complementary medicine isn't available to find the underlying root cause of any health issue.

Doctors have minimal understanding and training in the field of nutrition yet what we put into our bodies is what's causing the problems.

Give us the freedom to decide. Not be forced what to do.

I consent to publication of my submission.

Sincerely,

Remeth Henry

A black rectangular box redacting the signature of Remeth Henry.

From: Wendy Hensel <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 11:02 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please continue to allow patients to access integrative and complimentary therapy advice from their medical providers. Many of these therapies have strong scientific evidence supporting their use.
Many patients will suffer if access to these therapies is limited.

I consent to publication of my submission.

Sincerely,

Wendy Hensel
[REDACTED]

From: Janet Herdsman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:13:47 PM

To the Medical Board of Australia,

I support Option 1.

I can see no reason why the government would wish to alter a practitioners right to suggest alternative therapies if they felt that it would benefit their patient, the welfare of the patient is their prime concern, and if the patient and doctor are both in agreement of treatment that is their right, I would welcome any doctor who was open to all forms of therapy.

I consent to publication of my submission.

Sincerely,

Janet Herdsman

A solid black rectangular box used to redact the signature of Janet Herdsman.

From: Joanne Heriot
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 12:20:53 PM

To the Medical Board of Australia,

I support Option 1.

I have deep concerns if the MBA create restrictions on integrative practioners.

My family value our doctor who provides well assessed options when suggesting treatments for our health and wellbeing .

She educates and provides us with thoughtful and well founded options with either allopathic or integrative medicine.

Do not take our right for choice from

Us ... it's our highest value

I consent to publication of my submission.

Sincerely,

Joanne Heriot

A black rectangular box redacting the signature of Joanne Heriot.

From: John Heriot
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:57:07 PM

To the Medical Board of Australia,

I support Option 1.

I respectfully deny you the authority to change the way I may be treated by my Doctor or Emergency Care Giver. One service to fit all will not work as everybody is different and the reactions to different illnesses will differ. Some treatments are against some peoples beliefs and they should be protected. My self, I would much rather a Natural treatment over a load of dangerous chemicals where no one is responsible for the outcomes.

Australia is becoming more and more like a dictatorship, we are a Democracy where choices are and should be available.

I consent to publication of my submission.

Sincerely,

John Heriot

A black rectangular redaction box covering the signature area.

From: Marina Herlihy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:47:05 PM

To the Medical Board of Australia,

I support Option 1.

Complimentary medicine and testing has prevented me from the development of many long term illnesses way to many to mention when my doctor was happy to prescribe bandaid treatments and short term solutions to long term problems. I am at a loss as to why this Avenue of medicine is under attack. I guess following the money trail will lead us to the answer. Another way of controlling the population it seems. Freedom of choice? ? I think private health insurance is a scam too that I might leave and save my money too.
I will never leave the usage of complimentary medicine even if it becomes black market.

I consent to publication of my submission.

Sincerely,

Marina Herlihy

A solid black rectangular box used to redact the signature of Marina Herlihy.

From: Jacqui Herrmann
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:34:12 PM

To the Medical Board of Australia,

I support Option 1.

I support a responsible approach to health care. A wide range of complementary health services are available to me now, and should continue to be supported by the MBA because we're all aiming for the same thing; better health outcomes. We just take a variety of different roads to get there. Please maintain our current status.

I consent to publication of my submission.

Sincerely,

Jacqui Herrmann

A solid black rectangular box used to redact the signature of Jacqui Herrmann.

From: Dianne Hetherington
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 10 May 2019 6:56:58 AM

To the Medical Board of Australia,

I support Option 1.

To whom it may concern,

My questions are:

What is the medical board so afraid of?

Greed and power over true medical care. Is this the way of the future for medicine?

In my profession I get to talk to hundreds in fact thousands of people, and I am surprisingly pleased with the amount of people who are well aware of the medical professions aligning with the pharmaceutical companies for self benefit. It is also very well known by the general public the level of corruption and falsified research that goes on.

There are many complementary medicines that have a very proven track record by medical studies and research and also by an overwhelming amount of anecdotal evidence.

So what gives the medical board the right to strip away the true care factor that a lot of doctors want to offer their patients by giving them all available and necessary options that can truly care for their health concerns. Why do you want to shackle doctors that truly have their patients best interest at heart.?

Medical drugs and scalpels are not the only way and certainly not the only proven way to assist everybody with health treatment.

And under your own hippocratic oath it clearly states that you are to harm none.

So why stop complementary medicine when it has been proven to help many many people.

This brings me back to my opening question: What are you so afraid of?

Sincerely,

I consent to publication of my submission.

Sincerely,

Dianne Hetherington



From: Tianya Hetherington
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 15 May 2019 11:37:28 PM

To the Medical Board of Australia,

I support Option 1.

Medical freedom for ALL Australians. Allowing the patient to use more than one service when visiting a clinic. Allowing doctors to have natural alternatives and freedom to choose their own care package,

I consent to publication of my submission.

Sincerely,

Tianya Hetherington



From: Jennifer Heywood
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 4:43:06 PM

To the Medical Board of Australia,

I support Option 1.

I ask that you respect the wishes of a large number of Australians to have access to alternative treatments through their registered GPs and specialists.

I consent to publication of my submission.

Sincerely,

Jennifer Heywood

A solid black rectangular box used to redact the signature of Jennifer Heywood.

From: Anushka Hickey <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 7:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The government and the medical board of Australia has no place making decisions about what qualified GP's and patients decide between them is the best course of treatment. Taking the range of complimentary healthcare choices with proven benefits away from doctors and patients is a clear sign that the influence of big pharma is at work.

I consent to publication of my submission.

Sincerely,

Anushka Hickey
[REDACTED]

From: Barbara Hicks
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 13 May 2019 6:04:02 PM

To the Medical Board of Australia,

I support Option 1.

The current guidelines give me the freedom of choice with regard to the modality I wish to use to treat some of my medical needs. As I pay for these medicines and receive no subsidy I see no reason to restrict my freedom of choice.

KInd Regards

I consent to publication of my submission.

Sincerely,

Barbara Hicks

A solid black rectangular box used to redact the signature of Barbara Hicks.

From: Maria Higginson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 1:20:59 PM

To the Medical Board of Australia,

I support Option 1.

Placing more restrictions on the use of integrative medicines and natural therapies is once again taking away an individual's freedom to choose. I happily utilise both mainstream medicine and traditional medicine understanding that both carry their own risks.

More and more freedoms are being taken away from the people and being able to choose how we are treated and what we put in and on our own bodies must NOT be another freedom gone. Please listen to the people on this subject.

I am a 66 years old school teacher, mother and grandmother with almost 50 years experience of using integrative medicine.

I consent to publication of my submission.

Sincerely,

Maria Higginson

A solid black rectangular box used to redact the signature of Maria Higginson.

From: Amanda Hill <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:42 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Not everyone wants to take synthetic drugs, I'd much rather take a herb that actually work than some synthetic crap. Taking intergraive healthcare away could force people to do their own research and try help themselves. We need natural approaches from people who know what they are talking about.
Sincerely Amanda.

I consent to publication of my submission.

Sincerely,

Amanda Hill


From: Cheryl Hill
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 7 May 2019 9:55:01 AM

To the Medical Board of Australia,

I support Option 1.

I am in favour of the retention of current guidelines which enable medical practitioners to integrate complementary medicines and emerging treatments into their practice.

I and my family have on many occasions had great benefit from the ability of my doctor to consider/include such treatments in her advice. As a result my preference for wholistic health care can be more satisfactorily managed.

I consent to publication of my submission.

Sincerely,

Cheryl Hill

A black rectangular redaction box covering the signature area.

From: Richard Hill
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 8:30:24 PM

To the Medical Board of Australia,

I support Option 1.

There is not space to make a thorough submission, but for the purposes of this email it is notable that I am a practicing counsellor/psychotherapist who, after qualifying studies, has received 4 degrees, including Masters degrees in Social Ecology, Education and Brain and Mind Sciences from Sydney University. I have written three books, and many book chapters, am mentored by one of the leading lights of modern psychology and psychotherapy, Ernest Rossi. I also study and incorporate genetics and quantum mechanics in our ongoing understanding of what affects the human psyche. I tour the world lecturing to psychologists, psychiatrists and even doctors. With all that background, I question the knowledge base that supports the suggestion of restricting doctors' referral scope. Recent studies of what we currently considered "evidence" must be seriously considered, and it seems clear this is not being done. Rather than limiting referral scope, there needs to be an enquiry that explores how to widen the scope and to update our thinking regarding what we consider to be effective therapy. We need to be smarter, not more restrictive.

I consent to publication of my submission.

Sincerely,

Richard Hill

A black rectangular redaction box covering the signature area.

From: Ken Hillier
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:13:07 PM

To the Medical Board of Australia,

I support Option 1.

I believe it is important for doctors to have the option to integrate complementary medicines and treatments into their practice in advising patients the best treatment for their health problems. I do not believe that there is any need to change the current guidelines.

I and my family have used complementary medicines on the advice of doctors, which have proved better than the use of antibiotics, (some of which have unacceptable side effects) and into the use of various vitamins and herbals treatments with good results.

We also have undertaken courses of acupuncture and osteopathy on a doctors advice, with good results that may have required surgery if these had not been advised.

If the guidelines are made more restrictive it will lead to unnecessary complaints due to the inflexibility or stricter guidelines. Changes will only be of financial benefit to doctors who don't agree with complementary medicines or procedures and increase health costs and lower potential health outcomes.

I consent to publication of my submission.

Sincerely,

Ken Hillier



From: Angela Hills <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 9:46 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

My family has greatly benefited from integrative medicine and alternative therapies over the years. Any step away from supporting these modalities of healthcare is in essence counterproductive to a healthy society. Often times where mainstream allopathic medicine fails to treat a patient holistically, alternative medicine can. I am very much in support of the freedom of practitioners to operate within their field without undue restrictions. This issue is of critical importance and should be acknowledged as such.

I consent to publication of my submission.

Sincerely,

Angela Hills


From: Colleen Hills
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 11:04:25 AM

To the Medical Board of Australia,

I support Option 1.

As an elderly pensioner living in a rural/regional area I support patient access to integrative and complementary medicine as do most of this town's population. Travelling to the city to access health care is often difficult and very exhausting for sick elderly folk. We wish to hold on to the services we have now with no change to the current guidelines. I value my right to access holistic healthcare and support my doctors' right to continue to offer it to me.

I consent to publication of my submission.

Sincerely,

Colleen Hills

A black rectangular redaction box covering the signature area.

From: Dee Hilton
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 12:31:18 PM

To the Medical Board of Australia,

I support Option 1.

At almost 74 yrs of age, I'm appalled that you think you have the right to dictate to me the types of treatment I'm allowed to access!!
I've used alternative treatments, as well as the usual medical advice available to me, & wish to continue to access whatever help I choose!
FREEDOM OF CHOICE- that's what a Democracy is supposed to be about!

I consent to publication of my submission.

Sincerely,

Dee Hilton

A solid black rectangular box used to redact the signature of Dee Hilton.

From: Marie Hinkley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 2:05:27 PM

To the Medical Board of Australia,

I support Option 1.

My doctor has, been able to give me my life back. Her info will also help to prevent autism and neural tube defects in my grandchildren's children.

I consent to publication of my submission.

Sincerely,

Marie Hinkley

A solid black rectangular box used to redact the signature of Marie Hinkley.

From: Rosie Hirst
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:12:40 AM

To the Medical Board of Australia,

I support Option 1.

I would like to express in the strongest terms my concern that our GPs may be stripped of their right to use complementary medicine in their allopathic medicine practices as they see fit.

Medical practitioners study long and hard, and make enormous sacrifices to be able to care for the citizens of this and every country. By and large they are decent hardworking people.

I trust my GP to source through the plethora of useful and not-yet-proven methodologies to find those relevant to me and my family, and to make their recommendations. It is sad to me that allopathic medicine has been reduced largely to surgery and pharmaceuticals. These are wonderful in emergency situations: I've often said that if your leg is falling off, acupuncture won't help you!

Yet as I'm sure you know, the largest component of health problems in the West especially, is chronic disease. Surgery and drugs have limited use here. Many alternative treatments such as chiropractic, energy healing, Traditional Chinese Medicine and others have helped me and my family significantly in creating real healing. In my 43 years as a practising physiotherapist, I have seen hundreds of cases where these have been powerfully effective for my patients. Often this has been where there is NO available treatment surgery or drugs can offer safely.

As the Medical Board of Australia, I urge you to use your powers responsibly and leave power of choice to your respected members, and the public themselves. I do believe it is an abuse of power to dictate what healing a person can choose, and very disrespectful to your own members to limit their choices.

Many people believe, and there is evidence, that the medical profession is owned by big business, esp pharmaceutical companies. The reputation of all doctors suffers from this. Please honour your own members as well as the right of the public to choose from all that is available in the healthcare arena.

Thank you.

I consent to publication of my submission.

Sincerely,

Rosie Hirst

[REDACTED]

From: Niamh Hislop
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:21:58 AM

To the Medical Board of Australia,

I support Option 1.

I deem an holistic approach to healthcare absolutely vital for the health of the Australian public. I believe Doctors' have a right, nay DUTY, to provide new and innovative practices, including complementary medicines for their patients. Research shows that an integrative, holistic approach is far more beneficial for patients overall health and the preventative nature of this approach will save the Australian economy more in the long -run.

I consent to publication of my submission.

Sincerely,

Niamh Hislop

A solid black rectangular box used to redact the signature of Niamh Hislop.

From: Olga Anna Matilde Hlavka-Schorel
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 9:33:07 AM

To the Medical Board of Australia,

I support Option 1.

There is no doubt in my mind that holistic medicine can help ill people back to strength and happy life. It helped myself over the years, where conventional medicine failed.

I therefore strongly support no change to current guidelines.

Holistic approach to healthcare, doctor's right to provide innovative practises which include complimentary medicines is the right of every citizen in the modern world.

It absolutely saves people's lives. It definitely works.

- Restrictions or abolition means back to dark ages. Do not let this happen. Nature heals- the gift to humanity-.

I consent to publication of my submission.

Sincerely,

Olga Anna Matilde Hlavka-Schorel

[Redacted Signature]

From: Susanne Hledik
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 8:29:59 PM

To the Medical Board of Australia,

I support Option 1.

I believe a holistic approach to treating illness and disease is the best solution for patients. It give all parties options to explore before more serious intervention may need to be taken

I consent to publication of my submission.

Sincerely,

Susanne Hledik

A solid black rectangular box used to redact the signature of Susanne Hledik.

From: Naomi Hodge
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 10:35:19 PM

To the Medical Board of Australia,

I support Option 1.

I feel it is important that doctors have access to and are able to offer complimentary and /or alternative theories and treatments and new ways of treating patients.

One good example of an alternative/ different approach to treating auto immune diseases that is now becoming more main stream (but only a few years ago would have been viewed as to alternative) is faecal transplants and faecal pills to alter gut bacteria.

Another example is the use of maggot and/or honey to heal wounds particularly where there are multi antibiotic resistant infections.

If doctors are cut off from accessing possible alternative treatments to help improve the health of their patients medicine will not move forward. I would prefer my doctor has access to new alternative treatments to offer me and my family in the future

I consent to publication of my submission.

Sincerely,

Naomi Hodge

A black rectangular box redacting the signature of Naomi Hodge.

From: Jeffrey Hodges
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 1 June 2019 7:18:36 PM

To the Medical Board of Australia,

I support Option 1.

Complementary medicine has helped me enormously when I had a serious neck pain which my local GP could not help - other than put me on long term pain medication!

I consent to publication of my submission.

Sincerely,

Jeffrey Hodges

A solid black rectangular box used to redact the signature of Jeffrey Hodges.

From: Trisha Hofferts
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:13:38 PM

To the Medical Board of Australia,

I support Option 1.

Where does one start with this request to let people make their own choices and be the navigator of their own life. I mean honestly do we still live in a democracy or a fascist state? Government corporations needs to butt out of our lives.

I consent to publication of my submission.

Sincerely,

Trisha Hofferts

A solid black rectangular box used to redact the signature of Trisha Hofferts.

From: Carole Hofflin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:13:42 AM

To the Medical Board of Australia,

I support Option 1.

This is yet another example of the paternalistic mentality of modern allopathic medicine. It is also a fundamental attack on freedom of choice. Modern medicine seems to largely forget that patients are their "customers" and they are the patients' servants. Modern emergency medicine continues to save many lives but they are losing the battle against chronic disease. This is an area where complimentary medicines and treatments can make a significant impact upon the quality of lives impacted by chronic conditions. To restrict the use of complimentary and traditional medicines, many of which have many hundreds of years of safe use, will negatively impact the present and future health of the individual and the human race as a whole.

I consent to publication of my submission.

Sincerely,

Carole Hofflin

A solid black rectangular box used to redact the signature of Carole Hofflin.

From: Carole Hofflin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 18 June 2019 11:47:08 AM

To the Medical Board of Australia,

I support Option 1.

The proposed restriction to Integrative Medicine and patient choice is not only another example of the arbitrary limitations on patient choice, but it also seriously questions the individual clinical decisions of experienced doctors whose chief desire is to help their patients make informed decisions about their wellbeing and healthcare. Allopathic Medicine does not have all the answers, particularly with chronic disease management. Traditional and Complementary Medicine sometimes can offer the patient a better quality of life and greater responsibility for their wellbeing. An experienced GP understands this and is happy to make recommendations to suitably qualified practitioners in the appropriate area relevant to their patient's needs. Removing access to Integrative Medicine serves no-one, least of all the patient and our over-burdened health system.

I consent to publication of my submission.

Sincerely,

Carole Hofflin

A black rectangular redaction box covering the signature area.

From: Kathy Hogan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:38:54 PM

To the Medical Board of Australia,

I support Option 1.

I want to ask why? Why do you want to make these changes? What are you afraid of? Why would you at the medical board question ethical practices of educated medical practitioners who see the benefits of ethical intergrated medicine. It defies belief. What is your agenda?

I consent to publication of my submission.

Sincerely,

Kathy Hogan

A black rectangular redaction box covering the signature area.

From: Kris Hoggan <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:47 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

You cannot take away the rights of a healthcare professional to include wholistic medicine in their practice of caring for the health of their patients. This is clearly bullying by people taking dirty money from companies that have no invested interest in the wellbeing of patients, but have a blind agenda to make money at all costs. This is not only unethical, but also unconstitutional. I vote to include wholistic medicine as an option for health care professionals who choose to use it. They are the experts after all, not the people who make the laws. Let justice prevail here.

I consent to publication of my submission.

Sincerely,

Kris Hoggan


From: Melissa Hohaia
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 4:09:50 PM

To the Medical Board of Australia,

I support Option 1.

I get to see first hand the amazing difference that integrative and complimentary medicine make to peoples the health. Allowing patients to access this form of healthcare provides additional options that take the burden off our public health system and delivers a service that doctors working in the current framework of conventional medicine are just unable to provide. Making it possible for people to freely chose an integrative or complementary practitioner allows them to get the health outcome they need - this should not be withheld. We all deserve these options to be available in our modern society. We all need to work together - not against each other.

I consent to publication of my submission.

Sincerely,

Melissa Hohaia

A black rectangular redaction box covering the signature area.

From: Heike Hohaus
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 12:35:54 PM

To the Medical Board of Australia,

I support Option 1.

Greetings!

Why removing a valuable patient choice?

Different patients require different treatment approaches.

Have you not learnt the [REDACTED] lesson yet?

Is a dietary approach not cheaper (and maybe a little kinder) than an amputation?

Since when does one approach fits all?

There are many different pharmaceuticals for depression as well as many different nutrients or herbs. Are we going to limit us to one choice only?

Are you going to remove other medical modalities next?

I am really surprised at this initiative. Does the MBA not belief in research from evidence based medicine and the improvement it may bring?

I hope, this will be reconsidered so I can keep referring my patients to integrated doctors for shared care.

Thank you very much.

Heike Hohaus

BHSc Nut Med

I consent to publication of my submission.

Sincerely,

Heike Hohaus

[REDACTED]

From: Heike Hohaus
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 11:27:10 PM

To the Medical Board of Australia,

I support Option 1.

Hi there,

I wish to share a few thoughts on health care in Australia. I am a practitioner, lecturer and clinical supervisor of Nutritional Medicine in Melbourne. I absolutely love all my jobs: healthy cooking classes, teaching but nothing is more rewarding than helping patients who had a difficult health journey. In CAM we often see patients when they have finished their journey through mainstream medicine and are still suffering. They come to us as the last resort. We take time and listen to fully understand and put them on a gentler path to recovery. Sometimes that involves a referral to an integrated GP and I would not want to practice without that option. I would love you to understand that different patients need different modalities and approaches just like different diets and lifestyle advice.

My country of origin is Germany where naturopathy and homeopathy and other alternative modalities are in high regard. Here you see pharmaceuticals, herbs, homeopathics happily in the same shelf and the pharmacist will decide which is the best choice for this inflamed patient.

Please keep an open mind and invest in more research into CAM in the interest of best patient care,

Heike Hohaus

BHScNutMed

The mind is like a parachute

It only works when open

I consent to publication of my submission.

Sincerely,

Heike Hohaus



From: Mark Holbrow
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 8:29:18 AM

To the Medical Board of Australia,

I support Option 1.

I am a 65 year old father of 4 and have used herbal vitamins and food as nutrition and medicine all my life including Chiropractic Acupuncture and massage.

Also the medical Drs that have helped and treated me have been supportive.

To take my free choice away of whomever I want to treat me is a threat to freedom of choice in our supposedly free society.

I consent to publication of my submission.

Sincerely,

Mark Holbrow

A solid black rectangular box used to redact the signature of Mark Holbrow.

From: Anne Holden
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 1:11:15 PM

To the Medical Board of Australia,

I support Option 1.

It is an arrogant assumption that patients either have no knowledge of what might constitute the best treatment for them; or that they have no right to make that choice!

I reject the proposed legislation to limit patient choice of treatment!

I consent to publication of my submission.

Sincerely,

Anne Holden

A black rectangular redaction box covering the signature area.

From: Kaye Holecek
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:13:47 PM

To the Medical Board of Australia,

I support Option 1.

I have had more success in healing using natural therapies, don't take away my choice of health care providers

I consent to publication of my submission.

Sincerely,

Kaye Holecek

[Redacted Signature]

From: Kaye Holecek
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 10:55:06 AM

To the Medical Board of Australia,

I support Option 1.

Don't take away my choice to use health modalities that work best for my family and me

I consent to publication of my submission.

Sincerely,

Kaye Holecek

[Redacted Signature]

From: Kirsty Holland
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:30:29 PM

To the Medical Board of Australia,

I support Option 1.

I want to ensure that Doctors who integrate evidence based alternative therapies are protected. I don't want to see our medical system turn into a pharmaceutically run monopoly that demonises alternative therapies. How many things were once classed as alternative and are now mainstream use by Western medicine. Lots is the answer! So do not penalise those doctors who can offer both, reward them for their commitment to professional development and advancing the industry. More clinical data also means more chance to celebrate breakthroughs of these alternative therapies being recognised by the main stream.

I consent to publication of my submission.

Sincerely,

Kirsty Holland

A black rectangular box redacting the signature of Kirsty Holland.

From: Nicola Holland
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 5:17:43 PM

To the Medical Board of Australia,

I support Option 1.

I am horrified that the MBA is proposing to stop doctors from being able to offer complementary or holistic treatments to their patients or even educate, give advice or do research on such therapies. This would severely limit the quality of medical care that we get as a nation. Many European countries are recognising and valuing integrative medicine more and more and it is very concerning that we are heading in the opposite direction. I've searched to be able to find an integrative medical centre here in Hobart and it saddens me that this practice will no longer be able to support it's patients if this proposal goes through. This will result in people having to go abroad to get holistic medical treatment. This proposal would have a terrible affect on both patients and doctors and the only ones to benefit would be the big pharmaceutical companies. This proposal is a violation of our basic rights to quality health care and that should include preventative health, not just prescribing drugs to deal with symptoms of disease.

I consent to publication of my submission.

Sincerely,

Nicola Holland



From: Philip Holland
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 8:07:42 PM

To the Medical Board of Australia,

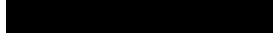
I support Option 1.

Not all illnesses or diseases should be treated by medication, some require nutritional, supplements or lifestyle changes. Having access to alternative treatments can work hand in hand with the medical treatment. Offering people a better chance to heal rather than live a lifetime on pharmaceutical drugs to treat symptoms and never resolving the underlying causes.

I consent to publication of my submission.

Sincerely,

Philip Holland

A solid black rectangular box used to redact the signature of Philip Holland.

From: Joley Holliday
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 9:42:32 AM

To the Medical Board of Australia,

I support Option 1.

I believe everyone has the right to choose the type of care and medicine that best suits them.

I would hate to see Australia's medical system become like Americas, which is it moving closer to everyday.

Medical tourism is a huge industry in Asia and it could bring tourists into Australia too, as people seek treatments that are natural but still scientifically based.

These guidelines will backfire in the longrun, as natural remedies are pushed underground.

Much of natural medicine is preventative which saves our health care system millions.

Every person has the right to choose what is right for themselves.

I consent to publication of my submission.

Sincerely,

Joley Holliday

A solid black rectangular box used to redact the signature of Joley Holliday.

From: Lorna Hollinger
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 9:20:30 PM

To the Medical Board of Australia,

I support Option 1.

It is completely unnecessary and unethical to treat every ailment I every body with laboratory created medicine for every ailment. Without access to professionals who utilises complementary medicine to HELP the body heal we'll be back in the dark ages!!!

The body is a self healing mechanism... if we allow it.

Let's applause forward thinking practitioners and doctors looking to develop wellness in their patients. This will relieve the stress on the health system by focusing on wellness, not just the masking of symptoms with laboratory drugs.

Please do not remove my choices. Don't return us to profits for the drug companies being the only option. Allow bodies to heal.

I consent to publication of my submission.

Sincerely,

Lorna Hollinger

[Redacted Signature]

From: Michael Holm
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 9:24:56 PM

To the Medical Board of Australia,

I support Option 1.

It's my health, so it's my choice! Alternative healthcare and medicine
need to co-exist, not fight!

I consent to publication of my submission.

Sincerely,

Michael Holm

A black rectangular redaction box covering the signature area.

From: Kathie Holmes
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 10:32:29 AM

To the Medical Board of Australia,

I support Option 1.

Stop playing big brother with health care. It is my body and I should have a choice as to who treats it and how. There is no one size fits all in health care. Just as abortion should not be a choice to anyone other than the person involved neither should who I choose to see for my healthcare. Leave well enough alone!

I consent to publication of my submission.

Sincerely,

Kathie Holmes

A solid black rectangular box used to redact the signature of Kathie Holmes.

From: Rosetta Holmes
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 20 April 2019 11:03:17 PM

To the Medical Board of Australia,

I support Option 1.

It is unfortunate that bullying tactics are constantly used by the government including the MBA to severely inhibit and restrict access to integrated medicine. These actions continue to widen the divide and separate the 'people' from those who were and have been permitted governance only to abuse that right. I personally feel betrayed.

I consent to publication of my submission.

Sincerely,

Rosetta Holmes

A solid black rectangular box used to redact the signature of Rosetta Holmes.

From: Lysa Holt
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 6:25:04 PM

To the Medical Board of Australia,

I support Option 1.

Patients have the right to choose what type of healthcare they wish to pursue, conventional medicine alone is not supporting the overall health of patients.

I consent to publication of my submission.

Sincerely,

Lysa Holt

A solid black rectangular box used to redact the signature of Lysa Holt.

From: Georgina Hooper <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 9:02 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,


I support Option 1.

To Whom it May Concern,

Please keep our rights to choose and access to integrative and complementary medicine. It has been a fundamental part of my health maintenance and program for me and my family. To lose this resource would have a massive and negative impact on my wellbeing. I use complementary medicine to treat my body and mind holistically and gently. It has worked in conjunction with mainstream medical practices very effectively for me.

I consent to publication of my submission.

Sincerely,

Georgina Hooper


From: Jodie Hooper
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 3:46:31 PM

To the Medical Board of Australia,

I support Option 1.

This cannot be allowed to happen. I find it incomprehensible that we are losing more and more of our rights. This is Australia - a free and democratic country. People have rights and choices that should not be dictated to by a government or bureaucrats.

I consent to publication of my submission.

Sincerely,

Jodie Hooper

A solid black rectangular box used to redact the signature of Jodie Hooper.

From: pam hopf
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 7:20:25 AM

To the Medical Board of Australia,

I support Option 1.

It is important that patients have access to a wide range of treatment options. Medications can have adverse side effects and might not be suitable for all, whereas complementary therapies have been used for a long time, and have documented benefits. We live in a free society and we should be free to choose which treatment is most appropriate for us.

I consent to publication of my submission.

Sincerely,

pam hopf

A black rectangular redaction box covering the signature area.

From: Anthony Hopkins
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 9 June 2019 8:40:04 AM

To the Medical Board of Australia,

I support Option 1.

Leave alternative medicine alone. And while your at it, stop your pandering to the pharmaceutical industry.

I consent to publication of my submission.

Sincerely,

Anthony Hopkins

A solid black rectangular box used to redact the signature of Anthony Hopkins.

From: Kristie Hopkins
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 6:04:56 PM

To the Medical Board of Australia,

I support Option 1.

I'm writing to request that the Health Care Guidelines stay the same. Complementary Medicine has assisted me on numerous occasions where the Medical system could offer me nothing. I will continue to utilise Natural Therapies when they are necessary & hopefully you can see the bigger picture of keeping this as an option for all. Obviously the right to choose should not be taken away from the general public, as the one shoe fits all approach to medicine is completely absurd. We are all different & require different modalities from time to time to create a Healthy society.

I consent to publication of my submission.

Sincerely,

Kristie Hopkins

A solid black rectangular box used to redact the signature of Kristie Hopkins.

From: Sarah Hopkins
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 2:06:00 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine because I am a degree qualified naturopath myself and see an integrative GP for my general health check ups and test. I value the fact that my GP spends more time with me and will seek to establish the root cause of my condition so it can be treated accordingly. I prefer to use more natural modes of treatment where possible and my GP will try to do this before resorting to medical / drug or surgery based treatments. Also the ability to test me for various nutrient deficiencies and monitor the outcomes is appreciated.

I don't think there is anyone one I know in my family and friends who have not benefited from more natural forms of treatment, be it managing symptoms of arthritis, dysmenorrhoea or mental health. It is a benefit to see a doctor who is aware of "complementary" medicines and who can advise their patients accordingly because more and more people are choosing something they see as natural over drugs; due to less side effects and a more preventative action.

I use integrative / complementary medicine because I see it as less harmful, which it is, and because I choose a model of wellness for my health outcomes. I try to stay well and not get sick so I do not have to clog up the medicare and hospital systems. I prefer prevention over the cure.

If the MBA imposes restrictions on Integrative practitioners, preventative healthcare will be eroded and integrative GP's will not be able to do the best they can for their patients. Many will self prescribe and many will not speak to other Dr's about this because they know they are not qualified to comment or who will tell them it's rubbish. I firmly believe that a good medical practitioner should know about ALL forms of available treatment and should be able to advise and monitor their patients outcomes accordingly. I also believe that a patient should be able to freely choose the GP and treatment of their choice.

I consent to publication of my submission.

Sincerely,

Sarah Hopkins



From: Lisa Hore <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:19 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments


To the Medical Board of Australia,

I support Option 1.

I want to maintain my right to choose the therapies that I wish to use and not be pushed into pharmacies that I don't agree with.

I consent to publication of my submission.

Sincerely,

Lisa Hore


From: Jenny Horn
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 8:06:46 PM

To the Medical Board of Australia,

I support Option 1.

My choice to access complementary practices is important because they allow me to integrate ancient, evidence-based health promotion, intervention and maintenance practises with advances in science-based Western medicine. Traditional practices tend to view the body, mind, and spirit as integrated whilst Western medicine compartmentalizes these elements, which I consider to be limiting. Ancient practices may not be understood completely by Western medicine practioners but that does not negate the often thousands of years of trial and error that have refined Traditional medicine. To reject that legacy because it challenges the premises of Western medicine would be limiting patients options for health and healing, and that would be an injustice and frankly, naive. I urge you to honour well-documented traditional medicine practices and to learn more about how to advise your patients on how to adopt and integrate Traditional and Western medicine.

I consent to publication of my submission.

Sincerely,

Jenny Horn

A solid black rectangular box used to redact the signature of Jenny Horn.

From: KELLY HORNE
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 11:24:20 PM

To the Medical Board of Australia,

I support Option 1.

I contact you as a qualified naturopath but also as someone who believes that I should have the choice in what type of health care I wish to have.

I will begin by telling you something someone first told me when I started to study naturopathy.

"There are people swimming in a river. The people in the river don't know that there is a waterfall not far away. The people begin falling over the waterfall. At the bottom of the river is doctors and nurses who are treating those injured. The more people that they help, the more that keep falling over but they can't stop to go prevent people falling because there are people down the bottom who need them. Along comes a naturopath who see what is happening. That naturopath runs to the top of the waterfall to warn the people that there is a danger ahead and to stay away."

Those who practice conventional medicine are trained to treat illness once it has developed - this is sick care, not health care. Practitioners who use complementary therapies are trained to help prevent illness and to help people stay well - this is the true health care. If you take away the chance for people to learn how to prevent illness than the total wellness of our country will be so much worse.

Why can we not work together? It is not a us verse them situation. It is not a competition.

You will be putting people at risk by preventing people who are trained in complementary therapies from doing their job. People will not stop seeking out complementary therapies. They will buy rubbish products and will use Dr Google which will be much more dangerous. Their doctors will not be able to answer their questions about these therapies because it is not within their scope of practice to do so. An answer of "don't take those things because they don't work" will not deter people from using them.

We have more and more people who are 'falling over the waterfall' with terrible lifestyle diseases. Let those who can run up to the top and stop this terrible trend.

I consent to publication of my submission.

Sincerely,

KELLY HORNE



From: Tanya Hosken
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:06:41 AM

To the Medical Board of Australia,

I support Option 1.

I have used and sort out integrative and complementary doctors for my whole adult life. I find them effective, to have long lasting effect and to support my general wellbeing. Without this approach my health would be much worse off. I believe this approach can target the cause of the problem,/illness etc and help by body heal as I know it can. Giving clients the choice to choose a medical provider that best suits them (culture, values, motivation, situation) is key! If you don't feel connected or believe in the remedy being prescribed than the outcome and rate of recovery will be much much lower. For better health outcomes and to ensure an individual gets the care they need we need to have choice and options. We are all different shaped pegs, we don't all fit in square holes.

I consent to publication of my submission.

Sincerely,

Tanya Hosken



From: Christine Howard
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 8:52:30 PM

To the Medical Board of Australia,

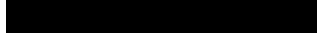
I support Option 1.

I believe everyone should have choices. I don't like to take medication unless absolutely necessary & have had excellent results utilising complementary / integrative medicine in conjunction with mainstream medicine. Using a combination gives me a greater choice without the fear of having to use unsavoury pharmaceuticals. Please let us continue to have a choice.

I consent to publication of my submission.

Sincerely,

Christine Howard

A solid black rectangular box used to redact the signature of Christine Howard.

From: Deanne Howard <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:31 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Complementary medicine is a huge part of my families life. I will only attend a doctor that has an integrative approach and takes the best from both streams of healthcare.

I consent to publication of my submission.

Sincerely,

Deanne Howard
[REDACTED]

From: Miranda Howard <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:32 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Complementary medicine is low risk, and provides great gain. It should not be lumped together with emerging medicines like stem cell therapy in this process. Limitations should not be placed on doctors being able to prescribe these evidence based treatments. Patient access to complementary Medicine from a trained professional should not be limited.

I consent to publication of my submission.

Sincerely,

Miranda Howard


From: Kerry Howell <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 7:27 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

What a terrible violation of choice, freedom and even democracy!!! We are better educated now than ever to choose our health practioner who will actually help to Heal rather than take drugs to mask symptoms. Do not be swayed by people with paternalistic agendas.

I consent to publication of my submission.

Sincerely,

Kerry Howell
[REDACTED]

From: Adrienne Howlett
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 9:48:40 AM

To the Medical Board of Australia,

I support Option 1.

I am fully supportive of the personal choice of complimentary and integrative medicine to assist my healing when need and for me to be the best me i can be. I believe that these therapies are a trusted way of achieving pain relief when the GP's can offer in the pharmaceutical and it not be of any benefit. GP's need to have the choice to offer recommendations of these when requested and will benefit from. Massaging is a major benefit of aging and arthritic conditions and is encouraged as well as the other naturopathy treatments and it should also be under the act of a clients choice to make their own decisions for care.

I consent to publication of my submission.

Sincerely,

Adrienne Howlett

A solid black rectangular box used to redact the signature of Adrienne Howlett.

From: Douglas Hren <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 4:25 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I think that all people should have the right to choose the type of health care that they feel is right for themselves and their children.

Taking away a doctors ability to recommend vitamins, herbals, natural therapies, etc. is only going to allow the monopolisation of the health industry by the pharmaceutical industry. People should have the right to choose and have it rebated under the private health insurance policy.

I consent to publication of my submission.

Sincerely,

Douglas Hren

From: Hudson John
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:07:30 PM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]
It should be my right to choose our mode of treatment complimentary which I've always found more beneficial to my health and minimises the need for more expensive treatments.

I consent to publication of my submission.

Sincerely,

Hudson John
[REDACTED]

From: Rebecca Hudson <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 5:16 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

My sister and I both found integrated GPs after multiple visits to regular GPs with our symptoms not being resolved. We both knew we didn't feel right but no one could diagnosis/support us in fixing this. Once we found an integrated GP it changed both of our lives, by simply implementing some lifestyle changes and taking natural therapies our health and well being improved dramatically.

Since then I have gone on to recommend to friends who have also found them to be life changing and assisted them in improving their general health and well being.

I believe you are targeting the wrong area of doctors, there is a lot more general practitioners out there who lack the knowledge required to care for individuals and should be investigated before integrated GPs.

I consent to publication of my submission.

Sincerely,

Rebecca Hudson


From: Su Hughes <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:47 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It's an outrage for clinical practioners to be restricted from recommending alternative, natural health options for their wellness and longevity.

I consent to publication of my submission.

Sincerely,

Su Hughes
[Redacted Signature]

From: Danuta Hulajko
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 6:23:26 PM

To the Medical Board of Australia,

I support Option 1.

Natural or alternative medicine has been around for thousands of years, while orthodox medicine only for 100 years. Natural medicine is safe, effective, preventative, affordable, works with the body's vital force, treats the body at all level, support multiple body's systems at the same time, is non-invasive, scientifically and traditionally proven, has no adverse side effects. In summary the natural medicine is superior to orthodox medicine. While orthodox medicine has its place in acute/emergency cases it is not a preventive medicine like natural medicine is. Natural medicine saves the government a lot of money. If it was not for natural medicine the already struggling Australian health system would have collapsed a long time ago.

I consent to publication of my submission.

Sincerely,

Danuta Hulajko

A solid black rectangular box used to redact the signature of Danuta Hulajko.

From: Kerry Hull
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:26:01 AM

To the Medical Board of Australia,

I support Option 1.

It's our body so it should be our choice. We are a democracy and have a right to choice. I will not challenge your choice so don't challenge mine. Germany uses very integrative options and a whole lot less antibiotics.

I consent to publication of my submission.

Sincerely,

Kerry Hull

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From: adriana huls
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:59:24 AM

To the Medical Board of Australia,

I support Option 1.

Please leave our health care into the hands of humans instaead of politicians.

I consent to publication of my submission.

Sincerely,

adriana huls

A solid black rectangular box used to redact the signature of the sender.

From: Nicole Hume <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:29 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Health care is about supporting the patient as a whole. Complimentary treatments can be as effective as a prescription. Don't tie one of the doctors hands behind their back. Patients should be made aware of anything that "may" help and be allowed to consider that treatment in consultation with their doctors.

I consent to publication of my submission.

Sincerely,

Nicole Hume


From: Judi Hurle
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 10:01:28 AM

To the Medical Board of Australia,

I support Option 1.

We all have the right to choose what we do for our health. Taking the option of integrative and complementary medicine away from doctors and patients or making them more expensive is against your oath of do no harm and to help people. It is not for you to ostracize those you do not share your narrow view of medicine and what is helpful to patients. As long as practitioners have studied and are qualified they are entitled to share their knowledge and patients should be able to choose without incurring extra costs or losing benefits in any way.

I consent to publication of my submission.

Sincerely,

Judi Hurle

A black rectangular redaction box covering the signature area.

From: Rachel Hustler
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 1 May 2019 11:01:19 AM

To the Medical Board of Australia,

I support Option 1.

You are taking our freedoms away! It is our body and our choice what we decide to do with it.

There is an obvious threat to conventional medicine, because these complimentary medicines work just as well if not better in many scenarios. But it is important to have both conventional and complimentary medicines in order for us to 1. Have a choice what we as individuals want to do to assist our health and 2. To ensure that we are getting the best treatments for our health issues.

Conventional medicine is great for treating the symptoms of illness and also great in times of accue emergencies but often falls short at treating the root cause of disease and the prevention of disease. This is where these complimentary medicines are wonderful.

So stop dictating what we can do with our bodies and give us that freedom of choice. Enough is enough!!!

I consent to publication of my submission.

Sincerely,

Rachel Hustler

A black rectangular redaction box covering the signature area.

From: Warwick Hutchinson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 11:30:41 AM

To the Medical Board of Australia,

I support Option 1.

I absolutely believe that registered medical practitioners should be allowed to give advice (when appropriately skilled and informed) on complimentary and integrative forms of health care. Such practitioners are viewed as a portal to complete health care in our society, and are only helping people obtain better health by referring or introducing them to 'alternative' forms of health care. Many 'treatments' have been used successfully and without harm to the patient for thousands of years- to dismiss them just because there may be no perceived 'evidence-based-scientific-proof' really show how ignorant we can be, as science is often far behind 'natural' healing methods.

I consent to publication of my submission.

Sincerely,

Warwick Hutchinson

A solid black rectangular box used to redact the signature of Warwick Hutchinson.

From: Cameron Hutton
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 8:20:02 AM

To the Medical Board of Australia,

I support Option 1.

Leave us alone, I pay taxes and have a say as to how I want my health taken care of. Complementary medicine works, it's my choice, leave it alone.

I consent to publication of my submission.

Sincerely,

Cameron Hutton

A solid black rectangular box used to redact the signature of Cameron Hutton.

From: Deni-Sur Huxtable
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 1:15:32 PM

To the Medical Board of Australia,

I support Option 1.

Everyone should have choice in the way they choose their medicine.
Choice is paramount

I consent to publication of my submission.

Sincerely,

Deni-Sur Huxtable

A solid black rectangular box used to redact the signature of Deni-Sur Huxtable.

From: Ilma Hynson <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 7:25 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

My powers of reasoning can not understand why the MBA would want to take people's choice of good health away from them. Also why the MBA would diminish other forms of treatment by calling them fringe (this strikes me as very childish, especially coming from a so called professional body).

If the MBA would like to take a little time and look at all the holistic and alternative treatments people use. They would quickly notice that people who use these therapies get well! They do not remain on Drugs for the remainder of their life.

What right has the MBA got to say what people should use to keep well?
How dare the MBA be so arrogant? These tactics could be classed as bullying or at worst Autocratic.

When one uses aggression to get what one wants, there is generally another agenda lurking just underneath the surface.

What Could this be? I am not going to answer that question as I would think you are well aware of the answer. In the same way everyone who chooses natural therapies would be aware of the answer or should I say aware of the truth.

MBA try getting out of your box and embrace Natural Therapies you may be pleasantly surprised at the amount of good health and wellness you will encounter.

I consent to publication of my submission.

Sincerely,

Ilma Hynson


From: Patricia Ibaceta
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 10:15:23 AM

To the Medical Board of Australia,

I support Option 1.

I support integrated medicine because there is no one size fits all. We are all different and require different medical and herbal intervention for any particular ailment. We must have the choice to be able to lead healthy productive lives. As we get sicker with every year don't you think we should be looking at alternative medicine since what we're doing is not working so well? Let's expand our doctors knowledge of the human anatomy and how it is working with modern day foods and climate, don't get stuck in a vicious circle of doing the same thing but expecting a different result.

I consent to publication of my submission.

Sincerely,

Patricia Ibaceta

A solid black rectangular box used to redact the signature of Patricia Ibaceta.

From: Manimala Ickeringill
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:00:08 PM

To the Medical Board of Australia,

I support Option 1.

Please re-consider any changes to the way integrative practitioners can operate in their practice. People like choices, leave it to the people to decide whether they visit a straight-up GP or an integrative practitioner. More and more in this country people's health choices are taken away.

I have used integrative practitioners in the past when a regular GP has not given me a complete resolution of a health issue. Please reconsider support for these practitioners who are going above and beyond (by broadening their study) to achieve an excellent health outcome for their client.

I consent to publication of my submission.

Sincerely,

Manimala Ickeringill

A black rectangular redaction box covering the signature area.

From: Helen Ilic
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 1 June 2019 1:00:12 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine looks at causes as well as symptoms and is a much more comprehensive form of medicine than where only the symptoms are treated.

This is far better for both doctors and patients where doctors will have more time to care properly for their sicker patients and patients should spend less time seeing doctors with their consequent better health.

I consent to publication of my submission.

Sincerely,

Helen Ilic

A black rectangular redaction box covering the signature area.

From: Vojislav Ilic
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 11:53:44 PM

To the Medical Board of Australia,

I support Option 1.

Any chronic disease has a common denominator: Lifestyle: (nutrition, environment/ambience, disposition/attitude, chronic stress management' locomotion, sleep and body clock/circadian rhythm), When addressed adequately, it equate to good health - as exemplified by the high number of healthy centenarians in the seven "Blue Zones" on the planet. Translated into other (more industrialised) parts of the globe it formally equates to holistic medical care.

Embodied in the traditional clinical maxim "DO NO HARM" - it saw growth of today's Integrative Medicine. It would be a retrograde step to deny this, as the envisaged system of allopathic care only, will not only ultimately bankrupt the governments - but deny patients the right to chose and expose them to needless suffering! In Ivan Ilych "Medical Nemesis" (1970) he pointed out largely unreported iatrogenics in standard (allopathic) medical care.

I therefore wholeheartedly support the Integrative approach in clinical care in Australia to effectively combat the increasing incidences of chronic diseases - and ensure the financial benefits of Medicare.

I consent to publication of my submission.

Sincerely,

Vojislav Ilic



From: Leigh Inglis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:56:26 PM

To the Medical Board of Australia,

I support Option 1.

I believe we should have the ability to choose integrative and complimentary medicine. I have used and seen reiki work for people and other complimentary medicines. We should have the right to access whatever therapies we choose for our own health needs. Drs that are skeptics as they are concerned they will loose business from patients should not have rights to interfere with patients rights to make decisions for their own health.

I consent to publication of my submission.

Sincerely,

Leigh Inglis

A black rectangular redaction box covering the signature area.

From: carol innes
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 7:42:23 AM

To the Medical Board of Australia,

I support Option 1.

Lyme literate doctors should be able to treat patients and patirents should be able to have treatment from these doctors,also should be Medicare approved.

I consent to publication of my submission.

Sincerely,

carol innes

A solid black rectangular box used to redact the signature of Carol Innes.

From: Patricia Innes
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 11:27:06 AM

To the Medical Board of Australia,

I support Option 1.

I am [REDACTED] years old and have used traditional, complementary and integrative medicine all my adult life with myself, my children and grandchildren to good effect (or none) with no side effects. Taking away my choice to use these treatments is undemocratic and brings to mind the witch hunts of the middle ages when mostly women and some men were burned at the stake for using herbal and other traditional medicines, delivering babies, not being loyal to the church and having political views which were different to those in power. The medical profession and pharmaceutical companies are powerful entities of our time. Do they feel threatened by the minority who choose to take responsibility for their own health where possible? If not, why the need for total control over health choices of the population? Please explain.

I consent to publication of my submission.

Sincerely,

Patricia Innes

[REDACTED]

From: Madeleine Innocent
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 6:33:07 PM

To the Medical Board of Australia,

I support Option 1.

There was never any reason to scrap the current guidelines other than pressure from those it threatens. Restore them in full to re-gain public trust.

I consent to publication of my submission.

Sincerely,

Madeleine Innocent

A solid black rectangular box used to redact the signature of Madeleine Innocent.

From: Madeleine Innocent
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:49:23 PM

To the Medical Board of Australia,

I support Option 1.

It is not up to governments or industry to decide what health care individuals deem necessary. Every health care practitioner needs to have all possible areas available for consideration for the optimal health of the individual in their care.

Are we heading for dictatorship? Is democracy dead? Who decides what is good for the people? Those who have a vested interest?

I consent to publication of my submission.

Sincerely,

Madeleine Innocent

A solid black rectangular box used to redact the signature of Madeleine Innocent.

From: charlotte inwood
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 4 June 2019 7:00:24 PM

To the Medical Board of Australia,

I support Option 1.

I am disheartened at the continued negative press surrounding complementary medicine. As a Naturopath of some 20 years experience, I believe I am an important part of health care in my community. Over 75% of Australians uses complementary & alternative medicines- it is ridiculous to think that a GP will be ostracised for daring to use suggest a nutrient or herbal medicine.

Unlike the medical profession, which would certainly not want me using any of their medicines, I am more than happy for a GP to recommend mine.

I consent to publication of my submission.

Sincerely,

charlotte inwood

A solid black rectangular box used to redact the signature of Charlotte Inwood.

From: Diana Irons
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 11:02:16 AM

To the Medical Board of Australia,

I support Option 1.

The medical board of Australia needs a big shake up and awareness to alternative therapies that integrates the whole body.

Working in natural therapies I see the positive impact on the individual in my sessions, and I have documentation to prove my opinion.

How can we evolve as a species if we are not willing to acknowledge the power of intention and creating new belief systems that will enhance humanity, and therefore enhance our environment.

Everything outside of us is a reflection of the inner being. The question is "Is it helping or harming".

The state of the world needs a major shakeup and cleanse of the old belief systems to create more harmonious and peaceful experiences which include our health and well-being. Allowing our own natural life force energy to flow freely and clearly, therefore getting out of fight/flight and relearning to return to the parasympathetic nervous system, will assist in bringing the body back into balance, and healing the dis-ease which currently affects the majority of humans.

There is so much unknown, consciousness allows for creation. What is the MBA scared of?

I consent to publication of my submission.

Sincerely,

Diana Irons

[Redacted Signature]

From: Kath Irons <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:26 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I am writing to express my concern regarding changes to MBA guidelines. I will ALWAYS try to address matters of health in my family by using complementary and integrative medicine rather than grabbing a prescription to solve the problem. I will NOT be forced into this mindset by the introduction of new guidelines. We are so far removed from a sustainable, sensible approach to caring for our bodies in this country that we are not far behind the utter stupidity of the US, The MBA would be far better off embracing the wishes of THE PEOPLE and working with them to make complementary and integrative medicine the rule, rather than the exception.

I consent to publication of my submission.

Sincerely,

Kath Irons


From: Eileen Irving
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 9:23:20 AM

To the Medical Board of Australia,

I support Option 1.

I support keeping the situation for complementary medicines and health practitioners as it is. We are becoming more and more of a 'Big Brother' State! I value my right to choose who I invite to help me manage my health. Given that doctors are given no training in nutrition it is dangerous to give the medical profession carte blanche over health. Remember that food should be our medicine and medicine our food if we want good health. No amount of pharmaceutical drugs will provide that - although very useful in some situations. I know that medication is not the sole solution for my health issues and I value the input of knowledgeable complementary medicine practitioners and the help that some vitamins are to me and my health.

I consent to publication of my submission.

Sincerely,

Eileen Irving

A black rectangular box used to redact the signature of Eileen Irving.

From: Damien Ives
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:16:42 AM

To the Medical Board of Australia,

I support Option 1.

I believe in people's freedom of choice and to not be dictated by government especially in an individuals healthcare. As more and more people turn towards complementary medicines I think it's time the government start investing in research for a greater understanding before coming up with a blanket ban. It's like an old fashioned witch hunt! Even if It doesn't really do anything, doesn't the placebo effect work better than medicine in some circumstances. And if it makes the patient feel better in the long run, isn't that what it's all about.

Please reconsider

I consent to publication of my submission.

Sincerely,

Damien Ives

A solid black rectangular box used to redact the signature of Damien Ives.

From: Billie Jackson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 7:40:36 AM

To the Medical Board of Australia,

I support Option 1.

More not less integrative medicine. For example, chemo would result in much less side effects if oncologists would kindly recommend their clients take certain natural substances that don't interfere with chemo action, yet give protection to noncancerous cells. I can only imagine wanting to remove access to integrative medical options is being imposed by pharmaceutical corporations. Alternative therapies are well worth considering in every case, cure and prevention. More access to integrative medicine is required, not less.

I consent to publication of my submission.

Sincerely,

Billie Jackson

A solid black rectangular box used to redact the signature of Billie Jackson.

From: Caroline Jackson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 11 June 2019 12:07:23 AM

To the Medical Board of Australia,

I support Option 1.

Everyone has the right to any type of treatment they wish, whether it is alternative or natural or not. It is a basic human right and our options shouldn't be restricted in any form.

I consent to publication of my submission.

Sincerely,

Caroline Jackson

A solid black rectangular box used to redact the signature of Caroline Jackson.

From: Karen Jackson <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 3:09 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

This is helping my friend ..do not change.

I consent to publication of my submission.

Sincerely,

Karen Jackson
[REDACTED]

From: Kasey Jackson <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 12:07 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It's simple, the doctor provides the options and what he knows about each option and the patient decides what they want. Simple

I consent to publication of my submission.

Sincerely,

Kasey Jackson
[REDACTED]

From: Linda Jackson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 1:54:13 PM

To the Medical Board of Australia,

I support Option 1.

I find my practioner is helping me.with natural supplements and healthy diet plan is helping me with great results the regular doctor was if no help at all and i find prescription medicine has too .any side effexts

I consent to publication of my submission.

Sincerely,

Linda Jackson

A black rectangular redaction box covering the signature area.

From: Shirley Jackson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 8:38:54 PM

To the Medical Board of Australia,

I support Option 1.

While accepting option 1., I believe it is important to acknowledge if we in Australia herald huge success to an integrative multicultural society, we have a duty of care to all citizens, First Nation or immigrants, for freedom of choice for all alternate therapies. It has been part of my career path to be in service as a RN in Remote Central Australia.

I am of deep belief some of the therapies represent cultural and deep spiritual belief of thousands of years, some origins beyond our capacity to understand.

Mr Hunt you must stay true to our citizens democratic right to freedom of choice.

Not to speak of the study costs to practitioners and many small businesses who will loose business as a result of your proposed policy changes.

We need jobs and growth, this is one way, courageous individuals have invested in expanding knowledge of healing in all encompassing modalities.

Australian's have shown their trust in another election period. Now it's your turn to show your faith in us. We are your people. These practitioners are to be applauded. The citizens of Australia deserve freedom of choice in healthcare.

It is a no brainer to me! A win win for practitioners and clientele. Your reward, thriving small business and paying tax. Isn't that a sign of a thriving society?

I consent to publication of my submission.

Sincerely,

Shirley Jackson

[Redacted Signature]

From: Noeline Jacob
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 2:03:55 AM

To the Medical Board of Australia,

I support Option 1.

I support integrative medicine because it heals people more effectively than allopathic medicine alone. It is cheaper for the country a) because fewer pharmaceuticals are prescribed & b) patients are healed quicker.

This proposal to restrict integrative practitioners seem to be nothing shy of pharmaceutical company overreach, regulatory capture & sheer profiteering. If I had my way, I would severely reduce tax payer subsidies for this corrupt business.

I consent to publication of my submission.

Sincerely,

Noeline Jacob

A solid black rectangular box used to redact the signature of Noeline Jacob.

From: Jane Jacobs
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 10:04:42 AM

To the Medical Board of Australia,

I support Option 1.

I profoundly support the MBA making no changes to the current guidelines allowing an integrative and holistic approach to medical services. It would be an abuse of my personal rights to remove my access to the full range of medication choices. The MBA only represents one type of medical treatment available and does not have all the answers whereas many other types of medical treatment have a record of success and patients should not be denied access to the full range of treatments available, as well as 'conventional' medicine, e.g. acupuncture, naturopathy, homeopathy and chiropractic. DO NOT limit our choices, or our medical providers ability to offer them, with new guidelines limiting doctors to treatments they can offer.

I consent to publication of my submission.

Sincerely,

Jane Jacobs

A black rectangular redaction box covering the signature area.

From: Colin Jacobson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:38:46 AM

To the Medical Board of Australia,

I support Option 1.

My reasons for supporting Option 1 are simple. Over the years, I have learned that the most important thing in healthcare is not 'what makes you sick', but 'what keeps you healthy'. Doctors who are able to offer integrative healthcare are better equipped to keep their patients healthy, than those do not offer this. Healthy patients mean less drain on the health budget. But they also mean less revenue for those doctors that do not offer integrative healthcare. Is that why you want to change things? Huh?

Regards
Colin Jacobson

I consent to publication of my submission.

Sincerely,

Colin Jacobson

A black rectangular redaction box covering the signature area.

From: June Jaentsch
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 7 June 2019 12:19:26 PM

To the Medical Board of Australia,

I support Option 1.

I think it is iniquitous that freedom of choice of healthcare practitioners should be restricted. Health should not be controlled by government. Responsibility of the individual, not government, should be taken by all and therefore choice of a practitioner one's own decision.

Why should integrative doctors who take more time to diagnose a patient be penalised.

Freedom of choice for the individual should remain.

I consent to publication of my submission.

Sincerely,

June Jaentsch

A solid black rectangular box used to redact the signature of June Jaentsch.

From: Masoud tahghighi jafarzadeh
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 10:04:34 AM

To the Medical Board of Australia,

I support Option 1.

There are always great and not too great health professional no matter what their degree or qualification might be but having a choice, is a great thing that consumers need to be given. We must be able to choose who we want to care for our health according to our personal selection criteria and research that goes in finding the right practitioner.

I consent to publication of my submission.

Sincerely,

Masoud tahghighi jafarzadeh

A solid black rectangular box used to redact the signature of Masoud tahghighi jafarzadeh.

From: Adrienne James
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:52:06 AM

To the Medical Board of Australia,

I support Option 1.

I strongly support patients being able to maintain access to integrative and complementary medical. It is vital that all types of healthcare are available to patients not just conventional medicine. I have used both modalities all my life and feel that having access to both has been essential for my health and well being and that of my family. There are many problems with having only conventional medicine eg the horrific dependence on addictive pain killers

I consent to publication of my submission.

Sincerely,

Adrienne James

A black rectangular redaction box covering the signature area.

From: Gail James
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 2:56:48 PM

To the Medical Board of Australia,

I support Option 1.

I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines.

I consent to publication of my submission.

Sincerely,

Gail James

A solid black rectangular box used to redact the signature of Gail James.

From: Gail James
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 11:15:26 AM

To the Medical Board of Australia,

I support Option 1.

I have used Integrative and complimentary medicine most of my life. I am 73 and exceptionally health and fit. I have a strong sense of what my body needs at any given time. If it is an alternative path I need to take or a more conventional one then I value my right to make that choice. My family also benefited from my ability to make these choices when they were young and they have continued to exercise this right into their adult life. I find it very short sighted of the MBA to exclude treatments that are beneficial to everybodys well being.

I consent to publication of my submission.

Sincerely,

Gail James

A solid black rectangular box used to redact the signature of Gail James.

From: Grant James <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 9:58 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

If we truly live in a democratic society then each individual should be able to choose for themselves, the Doctor and type of therapy that suits them best.

if this isn't the case then call it for what it is.

10 minutes is not enough time to get to the true cause of someones illness when they have been sick for an extended period of time and there are complexities within them that have to be worked out.

This is not health care then, its just a money making venture for some people, who don't care about sick people but take their money and offer nothing in return.

Australia should be beyond this and actually care for it's citizens, plus want and support them to be healthy.

It's a basic human right to get adequate health care when sick, I would question anyone's motives who does not sup[port this fundamental human right.

I consent to publication of my submission.

Sincerely,

Grant James


From: Lorraine JAMES
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 9:54:47 AM

To the Medical Board of Australia,

I support Option 1.

I support a doctor's and patient's right to integrative healthcare. I am 60 years old, incredibly healthy and am not on ANY medications. I put this down to a lifetime of great treatment from integrative and complementary medicines and practitioners. It is a person's OWN right to dictate the type of medical treatment they wish to seek and I see this suggestion as a frightening step in the wrong direction, curtailing autonomy over our own body.
I strong support no change!

I consent to publication of my submission.

Sincerely,

Lorraine JAMES

A solid black rectangular box used to redact the signature of Lorraine JAMES.

From: Stephanie James
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 8:34:53 AM

To the Medical Board of Australia,

I support Option 1.

As a citizen of a free country I have the right to access integrative and complimentary medicine. I fully support practitioners who implement complimentary medicine into there service. I have used complimentary and integrative medicine throughout most of my life and am eternally grateful for professional services of the genuine practitioners who intend to help without these services I would not be a functional, productive member of our country.

I consent to publication of my submission.

Sincerely,

Stephanie James

A solid black rectangular box used to redact the signature of Stephanie James.

From: Trixie James
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 5:03:20 PM

To the Medical Board of Australia,

I support Option 1.

Hi

I'd like to add my voice to share how much I value medical practitioners and natural practitioners. I always have a preference for natural remedies and I have had extremely good success with it. I think there is a need to acknowledge the value that natural therapies have.

Back in biblical times, natural remedies were common and there is a lot to be learnt by looking back at what they used; however, I truly value the newer remedies such as antibiotics and new treatments. There is a need for both to be considered when looking at holistic health.

Please allow our voice to be a voice of reason.

I consent to publication of my submission.

Sincerely,

Trixie James

A solid black rectangular box used to redact the signature of Trixie James.

From: Lee Jameson <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:38 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please don't denigrate the tried and true benefits of a wholistic treatment plan to appease big pharmaceuticals and big business, our individual health should be you main concern and focus.

I consent to publication of my submission.

Sincerely,

Lee Jameson


From: Heidi Jamieson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:12:27 AM

To the Medical Board of Australia,

I support Option 1.

It's about having choices, conventional medicine has it's place by so does alternatives like Accupunture which as a family we benefit from. Everyone responds differently so we need choices of what's available to us.

I consent to publication of my submission.

Sincerely,

Heidi Jamieson

A black rectangular redaction box covering the signature area.

From: Joy Jamieson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 11:18:35 AM

To the Medical Board of Australia,

I support Option 1.

Please consider the need for good basic nutrition, vitamin support and alternative therapy advice as it makes good economic sense firstly & provides education for patients to help themselves.

I consent to publication of my submission.

Sincerely,

Joy Jamieson

A solid black rectangular box used to redact the signature of Joy Jamieson.

From: Vicky Jamieson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 10:29:07 AM

To the Medical Board of Australia,

I support Option 1.

I would like people to have freedom of choice here & for practitioners to help their patients/clients in the best way for the disease.

Complimentary therapies are well documented to help conventional medicine & work with symptoms that can be difficult with medication alone . Especially for cancer treatment.

There needs to be an acceptance that there are many options using many different integrative solutions for every pain, injury or disease & that lifestyle & wellness can impact positively on health outcomes for patients.

For disorders and conditions & also changes in life like PMT & Menopause for women, this can greatly benefit from herbal, supplements & integrative treatments & therapies which surely cuts down our economic drain on the health system in years to come, not to mention the mental health arena of employees in general.

I consent to publication of my submission.

Sincerely,

Vicky Jamieson

A solid black rectangular box used to redact the signature of Vicky Jamieson.

From: isabelle janicaud
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 9:20:56 PM


To the Medical Board of Australia,

I support Option 1.

I can't help but feel this all reeks of corporate corruption. I am not the only one waiting to see the result to cement our opinions. I have the right to choose my own medicinal path and treatment choices. Corporate greed already limits my access to lifesaving medicine, now you want to take everyone else's right to choose away? I'd like to know where the funds behind this actually came from..
Pharmaceutical money perhaps.
Don't be unAustralian and take away more rights to choose and right to life.

I consent to publication of my submission.

Sincerely,

isabelle janicaud


From: Gail Jardine Gail Jardine
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 2:27:54 PM

To the Medical Board of Australia,

I support Option 1.

we all need a choice of what medical practices we require whether it is the medical or the first medicine/alternative. They all have their good points, blending both at times is more beneficial. Not everyone is textbook people, we are all quirky and have differences in our body.

I consent to publication of my submission.

Sincerely,

Gail Jardine Gail Jardine

A solid black rectangular box used to redact the signature of Gail Jardine.

From: Pamela Jarnet
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 12 May 2019 1:17:28 AM

To the Medical Board of Australia,

I support Option 1.

I use both natural and regular medications. This is what works for me. It should come down to our choice as to what path we want to take.

I feel big pharma is trying to force this move. Its all about \$\$\$.

I consent to publication of my submission.

Sincerely,

Pamela Jarnet

A black rectangular box used to redact the signature of Pamela Jarnet.

From: Gerald Jaworski
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 27 May 2019 1:09:17 PM

To the Medical Board of Australia,

I support Option 1.

Once a practitioner has qualified to practice, I don't see why the MBA should have any right to interfere with the practitioners' judgement on what is best suited for the care of his/her patient (unless proof of harm or misconduct exists).

My personal experience with integrative techniques is that they have succeeded many times in circumstances where conventional approaches have failed.

My experience is also that the risks of undesired side-effects from conventional approaches far exceed the risks with complementary approaches.

I would question the motivation for any move to undermine integrative or complimentary approaches in the absence of compelling proof of harm.

I consent to publication of my submission.

Sincerely,

Gerald Jaworski

A solid black rectangular box used to redact the signature of Gerald Jaworski.

From: Jennifer Jinks
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 9:43:23 AM

To the Medical Board of Australia,

I support Option 1.

I feel it should be my choice to select Integrative practitioners and integrative medicine. I feel if this is taken away then I believe Australia has taken long long step backwards.

I consent to publication of my submission.

Sincerely,

Jennifer Jinks

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From: Carol Joblin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:29:59 AM

To the Medical Board of Australia,

I support Option 1.

Intergrative medicine has helped myself & husband without having to take toxic medications on prescription which have side effects causing other health issues.

I consent to publication of my submission.

Sincerely,

Carol Joblin

A solid black rectangular box used to redact the signature of Carol Joblin.

From: Corinne Johnson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 8:23:16 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine has saved my life. Please do not restrict it.
People deserve to be guided by their own choices about their body.
On the other side modern medicine has made my symptoms worse.
Complementary medicine is essential to healing at times.
It makes my heart sore that it will be restricted in such a free
country. Very embarrassing really.

I consent to publication of my submission.

Sincerely,

Corinne Johnson

A black rectangular redaction box covering the signature area.

From: Jenny Johnson <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:32 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I chose to see integrative GPs as they provide a more diverse approach to my health care. I was under the impression as I'm paying for it I can choose to see whatever doctor I want. It is disgraceful that these options are being threatened to be taken away from people who are only interested in taking care of their health. With an overburdened health system isn't it better for people to be proactive in managing their health in as natural way as possible.

I consent to publication of my submission.

Sincerely,

Jenny Johnson
[REDACTED]

From: Kate Johnson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:14:20 PM

To the Medical Board of Australia,

I support Option 1.

My family uses complimentary therapies and they have absolutely improved our quality of life, our health and my childrens health. I support the right for all people to choose integrative or complimentary medicine.

I consent to publication of my submission.

Sincerely,

Kate Johnson

A solid black rectangular box used to redact the signature of Kate Johnson.

From: Kylie Johnson <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:29 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Let us decide for ourselves what we want to do with our health.
Australia is suppose to be a free country, but it's beginning to feel less and less that way..

I consent to publication of my submission.

Sincerely,

Kylie Johnson
[REDACTED]

From: Nola Johnson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:38:18 PM

To the Medical Board of Australia,

I support Option 1.

My doctor uses integrative medicine and it helped my mother to live in her own home until she was nearly 102. I have used it for 67 years and disagree with giving all the power to big pharmaceutical groups without considering the healthiest and safest options when the death rate from iatrogenic medicine is so high. There is a place for the best of both.

I consent to publication of my submission.

Sincerely,

Nola Johnson

A solid black rectangular box used to redact the signature of Nola Johnson.

From: Pam Johnson <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:52 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Choice for the individual care option is a right for everyone!

I consent to publication of my submission.

Sincerely,

Pam Johnson


From: Samantha Johnson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:02:11 PM

To the Medical Board of Australia,

I support Option 1.

To whom it may concern,

I am writing with concerns that I will not be able to receive adequate health care if there are changes made to the MBA guidelines. I have used a mixture of western medical care and also various health giving medicines recommended by doctors and health practitioners for some 30years. This has ensued a comprehensive wellness for my family of 4. It seems archaic to limit the options and implement a controlled system onto doctor's and health givers. This is a step backwards in terms of investing in broad range societal health which costs the government and hospital systems as populations age and increase. Surely now more than ever, with a rising populus dealing with helath matters the government would be investing in and broadening the scope for this access with a goal of greater wellness to the general public which then saves dollars in the bigger picture. More well people equals more efficient societies and less long term disease and dependance on drugs/medicines/opperations long term. There is a place for different medicinal approaches and if we are truly wanting individual and societal wellness surely we need to support the avenues that help achieve and invest in this.

I consent to publication of my submission.

Sincerely,

Samantha Johnson

A solid black rectangular box used to redact the signature of Samantha Johnson.

From: Susan Johnson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 8:47:23 AM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine has a clear and important place and has supported my family for many years when the medical model failed. After many years of presenting at the Doctors, I was able to find a resolution to many health problems through the use of alternative medicines.

The medical model has a clear place however it is only one model and taking away options further reduces health outcomes for all.

I consent to publication of my submission.

Sincerely,

Susan Johnson

A solid black rectangular box used to redact the signature of Susan Johnson.

From: Gaylia Johnston <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 1:12 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support option 1. We need to draw on the best of all health care practices and remain open to new approaches. We must have choice and support integration of traditional and natural treatments. We need diversity. Drug / sickness treatment is not the first port of call and prevention through lifestyle and dietary changes are. It would also reduce our tax burden.

What are you afraid of? You have to control this to stop people choosing the alternative? Let people decide for themselves.

I consent to publication of my submission.

Sincerely,

Gaylia Johnston


From: Shane Johnstone
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 12:45:12 PM

To the Medical Board of Australia,

I support Option 1.

To whom it may concern,

I write to voice my concern with regard to the new guidelines targeting medical doctors who integrate 'complementary medicines and emerging treatments' into their practice.

I wish as a patient to be offered all options for any presenting condition (not just the allopathic model), and believe it is my right to be given the choice.

Personally i have found the allopathic model to be unbelievably narrow and restricting its it view.

I support option 1.

I consent to publication of my submission.

Sincerely,

Shane Johnstone

A black rectangular redaction box covering the signature area.

From: Bronwyn Jones <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:20 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I choose what type of complimentary medicine I will undertake for own health. Prescription medications have their place but is not a solution and often only leads to more medication. I truly believe we as individuals need to be investing in health prevention first and this can be achieved through access to complimentary and alternative health practices.

I consent to publication of my submission.

Sincerely,

Bronwyn Jones
[REDACTED]

From: Jocelyn Jones
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 8:34:20 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine as I believe a holistic approach is important. I believe that the cause needs to be addressed and not just the symptoms treated. I believe that diet, supplements and natural alternatives should be considered before medical intervention where appropriate.

Integrative & complementary medicine has helped me, my family & friends in many ways and quite often we have avoided needing any medication for the treatment of simple issues.

Medications and medical interventions certainly have their place and are required in many situations, however they are not the only option and should not always be the first option. I believe an integrative and holistic approach is the best way forward.

This should be encouraged and not prohibited nor restricted. I believe patients should be given the truest and most accurate information and be given the choice of how to proceed with Drs recommendations of various options and treatments.

I consent to publication of my submission.

Sincerely,

Jocelyn Jones

A black rectangular box used to redact the signature of Jocelyn Jones.

From: Madison Jones
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 10:35:33 AM

To the Medical Board of Australia,

I support Option 1.

I think all Australians should have the right to choose what kind of health care they want. Don't impose restrictions on integrative health care, don't give into big pharma coorporations because they can throw around money. I think an integrative GP is the best of both worlds. You have have the educated and knowledgeable GP and holistic medicine working hand in hand. It is not going to put a patient at risk because GPs use their discretion and they're aware when holistic medicine won't make the cut. I think it's unfair to impose such restrictions, we should be encouraging holistic health care as a measure to prevent diseases not focuses on managing diseases once's they've occured. As a student of Naturopathy who is considering medicine as her next step, this really makes me doubt my decision.

I consent to publication of my submission.

Sincerely,

Madison Jones

A solid black rectangular box used to redact the signature of Madison Jones.

From: Megan Jones
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 6:37:31 PM

To the Medical Board of Australia,

I support Option 1.

I support the use of integrative and complementary medicine as I believe that there is no one way for anyone to heal and that to be able to personalise treatment gives patients better outcomes. I am a complementary therapist and have used complementary therapy for over 30yrs. I also support conventional medicine, when it is necessary. Holistic approaches to health care support patients to make better lifestyle choices by giving them options and education, which is frankly often better than medicating to get rid of a symptom. I know and science tells me that all pharmaceutical drugs have side effects, I would prefer to know how to bring my body back to balance and have the option to do that than to rely on a drug with side effects to get rid of a symptom but not the whole problem. I believe that doctors of all modalities deserve to practice in the way that they align with, if that includes vitamins, herbal medicine, homeopathy, body therapies, then so be it. Doctors are highly trained individuals who can use those skills in many ways and to be honest most doctors join the profession because they want to help people become healthy. Don't push some of the best practitioners we have out of the way for vested interests. Don't force people to go underground to seek the treatments they want. Let all modalities work together for the greater good, PLEASE.

I consent to publication of my submission.

Sincerely,

Megan Jones

A black rectangular box redacting the signature of Megan Jones.

From: Robyn Jones
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 6:08:14 PM

To the Medical Board of Australia,

I support Option 1.

My interactions with an Integrative GP have been nothing but positive, supportive, uplifting every single time I go to an appointment. And I have absolutely no doubt at all have saved my life. I started suffering from extremely severe anxiety quite suddenly some years back. The only answer I got from conventional Gp's was to 'take a pill'. No questions asked about what had changed in my life, stress levels, diet etc, no attempt to test levels of anything. NOT GOOD ENOUGH!

Within a very short space of time seeing an Integrative GP, and running some very simple tests, we had answers to what was happening and why. Yes, it costs me more money out of my own pocket but that's my choice, and it has been a pretty simple choice to me.

I consent to publication of my submission.

Sincerely,

Robyn Jones

A black rectangular redaction box covering the signature area.

From: Ryan Jones <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:47 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support option 1, I do not think it is helpful to remove integrative medicines, in fact I think it is stupid to do so. I have benefitted from integrative medicines and so can attest to their efficacy. Drugs do not often solve underlying problems, in fact studies have shown that certain anti depressants have the same effectiveness as placebos. Cutting the range of options that doctors have for treating patients seems short sighted and illogical. I do not support that.

I consent to publication of my submission.

Sincerely,

Ryan Jones


From: Susan Jones
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:07:03 PM

To the Medical Board of Australia,

I support Option 1.

Australians should have the choice between standard western medicine care and that offered by intergrative and complementary doctors. I have used both for myself and my family and the intergrative doctors have always supplied the most effective care.

I consent to publication of my submission.

Sincerely,

Susan Jones

A black rectangular redaction box covering the signature area.

From: Theresa Jones
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:49:37 AM

To the Medical Board of Australia,

I support Option 1.

I grew up in South Africa where the majority of the population relies on Traditional Medicine and in many cases, due to affordability and accessibility, it is their only real health option. This and my close relationship with a traditional healer lead to a life long passion for understanding cross-cultural, complimentary health care options. After immigrating to Australia many years ago, I went on to complete a PhD in African Traditional Medicine. My PhD explores the critical link between human and ecological health, through the lens of African Traditional medicine. My literature review began with the World Health Organisations biopsychosocial definition of health and their emphasis on the importance of Traditional Medicine in today's world. Australia is a signatory to the WHO, and we follow their constitution, so it is of great concern to me to see the direction that general practice medicine is going in this country. It seems to me to be heading in a regressive direction, undermining all the good that has been done in the past. Efforts to educate allopathic doctors in things like acupuncture, nutrition, exercise, relaxation therapies and counselling have been a great advance to our health care standards. Why we want to undermine these achievements today is very confusing, and I must say, concerning to me? Shouldn't we be heading towards greater complimentary medical/health recognition and more understanding? A narrow view of health does not provide the best health options for our growing and aging population.

I consent to publication of my submission.

Sincerely,

Theresa Jones



From: Amelia Joseph
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 6:38:41 PM

To the Medical Board of Australia,

I support Option 1.

I support Option 1 - to maintain the current guidelines as I think it's freedom of choice for the patient to allow Integrative medicine and support doctors' right to provide new and innovative approaches, including complementary medicine treatments. We are not communists, let's live in a democracy. Don't let pharmaceuticals dictate health as it's only in their financial interest to do so not the patient's healing. Choose love not fear.

I consent to publication of my submission.

Sincerely,

Amelia Joseph

A solid black rectangular box used to redact the signature of Amelia Joseph.

From: Rafaele Joudry
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:40:46 AM

To the Medical Board of Australia,

I support Option 1.

We live in a free country and choice of health care is a vital part of free choice in our community. Limiting the options of doctors to recommend natural and integrative treatments is totally undemocratic. This would be an inappropriate surrender to the vested interests of drug companies and should not even be considered in a free society. Many people who do their own research and investigation are choosing integrative health options to work along side medical treatment. The doctors who provide these integrative services are an essential part of effective health provision and should be encouraged and supported in this important integrated service.

I consent to publication of my submission.

Sincerely,

Rafaele Joudry

A solid black rectangular box used to redact the signature of Rafaele Joudry.

From: Susan Jovanovich
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 7:44:51 PM

To the Medical Board of Australia,

I support Option 1.

Firstly, I feel its imperative to have a say for my body and how I personally choose to heal it, I am pro choice and believe we should have a right to access whichever choice of healthcare we wish to use, be that modern medicine, integrative or complimentary. If our choices are taken away then this is a biased decision that supports only the pharmaceutical industry to start with, if that is the only choice one gets. Since when does anyone have a right to strip away my personal choices? If we are living in a modern, democratic and free western world, then we shouldn't even have to be addressing this issue!?

Integrative and complimentary medicine plays a huge role in my health and wellbeing, by taking away my rights to access these then you are committing a crime against my freedom of choice. I value my freedom and value the fact that I can make choices in my life, and not by someone else who may be making a biased decision based on their needs and beliefs.

I hope whomever reads this thinks about what they are doing with a conscious, as this would have a negative impact on many people who use integrative and complimentary therapies, including their practitioners.

I consent to publication of my submission.

Sincerely,

Susan Jovanovich

[Redacted Signature]

From: Georgie Juzva
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:41:54 AM

To the Medical Board of Australia,

I support Option 1.

I strongly plead with you to stop meddling in what some call alternative health care. Please allow Australian's to make a choice of healthcare provider, which may not be always mainstream hospitals, GPs and the like, but integrative doctors and other more natural health care providers. These alternative services have been fundamental in turning my own health and wellness around to supporting me having a healthy body and mind, hopefully with healthy longevity and similar for our children. The change with our young girls from using more natural healthcare choices has been transformational. Please do not take this opportunity away. Australian's deserve choice.

I consent to publication of my submission.

Sincerely,

Georgie Juzva

[Redacted Signature]

From: Susanne Kabalan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 7:16:29 AM

To the Medical Board of Australia,

I support Option 1.

We have a right to choose types of healthcare

I consent to publication of my submission.

Sincerely,

Susanne Kabalan

A solid black rectangular box used to redact the signature of Susanne Kabalan.

From: Margie Kabbani
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 7:32:16 PM

To the Medical Board of Australia,

I support Option 1.

Chinese medicine has been around for centuries in many different forms. Acupuncture is an amazing treatment for all kinds of medical issues.

I support Integrative Medicine 100%

I consent to publication of my submission.

Sincerely,

Margie Kabbani

A solid black rectangular box used to redact the signature of Margie Kabbani.

From: Terri-Anne Kadlec
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 7 June 2019 8:54:33 PM

To the Medical Board of Australia,

I support Option 1.

I support Option 1 as my family and I have personally benefited from the support of integrative and complimentary medicine.

In my experience integrative doctors typically allow for longer consultations so they can get to the root causes of your illness. Diagnostic capabilities are improved and individualised treatment plans can be formulated.

The “conventional” 10 minute consultation just does NOT cut it for every person or every situation. We are all individuals and we all have different health needs. Do NOT take away our choice.

I consent to publication of my submission.

Sincerely,

Terri-Anne Kadlec



From: Roslyn Kaiser
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 1:32:08 PM

To the Medical Board of Australia,

I support Option 1.

Complimentary and integrative medicine accessible under the care of my local GP has given me back my life. i trust my GP's knowledge in both conventional and complimentary medicine and value his wisdom in combining both approaches. A holistic approach to medicine and patient care should be the mainstream for all medical practitioners.

I consent to publication of my submission.

Sincerely,

Roslyn Kaiser

A solid black rectangular box used to redact the signature of Roslyn Kaiser.

From: Kathy Kalogiannis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 8:10:35 AM

To the Medical Board of Australia,

I support Option 1.

I have a right to choose rather than be fed with drugs that my body doesn't respond well too. The freedom to choose an alternative way is possible when working with someone who understands both.

I consent to publication of my submission.

Sincerely,

Kathy Kalogiannis

A black rectangular redaction box covering the signature area.

From: Kristy Kamin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 2:19:18 PM

To the Medical Board of Australia,

I support Option 1.

Complimentary and Integrative medicines are imperative to the future health of the country. After being told by numerous general practitioners that they could not help me with my health problems, I sought advice from an Integrative Health Practitioner who was able to get to the root of my problem and for the first time in 20 years, I have finally found relief of my symptoms. The great thing about Integrative Health Practitioners is that they use both conventional and complimentary medicines to help. Please don't take this away from us.

I consent to publication of my submission.

Sincerely,

Kristy Kamin

A solid black rectangular box used to redact the signature of Kristy Kamin.

From: Anna Kanellopoulos <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:27 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

There is so much evidence in treating a patient with integrative medicine along with traditional. The Doctors who are also trained in Complementary Medicine has been positive and shown great success.
Please do not allow Australia to move backwards !

I consent to publication of my submission.

Sincerely,

Anna Kanellopoulos
[REDACTED]

From: Mariya Karaivanova
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:55:07 PM

To the Medical Board of Australia,

I support Option 1.

Australia is going backwards!

I'm deeply concerned about the MBA's proposal. Already we have seen right of choice restricted with respect to health fund rebates, we are seeing educational courses and natural medicines targeted and instead of encouraging further research to ensure the best available healthcare is available for all Australian's, the MBA is attempting to restrict the ability to educate, research, and advise about complementary medicine.

You can try but you cannot any longer suppress the information and people experiencing the benefits of integrative medicine.

Regards!

I consent to publication of my submission.

Sincerely,

Mariya Karaivanova

A solid black rectangular box used to redact the signature of Mariya Karaivanova.

From: Melissa Karayannis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 1:19:52 PM

To the Medical Board of Australia,

I support Option 1.

It is our basic right to have choice in whom we see for health advice and treatment. Orthodox medicine does not help everyone and we need to be able to seek alternatives. It is a very arrogant stance to take to assume one type of health care has all the answers and that they should 'rule'. Iatrogenic (adverse effects from medication/ orthodox medical treatment) illness carries a huge statistic in the western world. We are well informed, not ignorant, and we want choice!

I consent to publication of my submission.

Sincerely,

Melissa Karayannis

A solid black rectangular box used to redact the signature of Melissa Karayannis.

From: Darryl Kasch
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 12:38:17 PM

To the Medical Board of Australia,

I support Option 1.

I Submit that Massage Acupuncture and Reflexology be included as a
Part of Integrative Medicine

I consent to publication of my submission.

Sincerely,

Darryl Kasch

A solid black rectangular box used to redact the signature of Darryl Kasch.

From: Caroline Kasputtis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 8:35:28 AM

To the Medical Board of Australia,

I support Option 1.

Alternative health allows for a therapeutic approach to be tailored to the patient instead of trying to fit a patient into a therapeutic approach.

I consent to publication of my submission.

Sincerely,

Caroline Kasputtis

A solid black rectangular box used to redact the signature of Caroline Kasputtis.

From: Annelies kaufman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 9:56:56 PM

To the Medical Board of Australia,

I support Option 1.

I am a mother of three children and have always valued the freedom of choice Australia has offered me across many areas of life but especially the freedom to choose what I believe are healthy choices for me and my family. We are hardly ever sick and I attribute that largely to the support of alternative therapies such as homeopathy, acupuncture and a variety of herbal remedies and supplements. Please allow us to continue to have freedom to choose what we believe is the most effective way to stay in good health, just as we choose what we eat or what political party we align ourselves with or in what way we choose to worship god, or not. These are fundamental human rights that a true democracy should take pride in.

I consent to publication of my submission.

Sincerely,

Annelies kaufman

A black rectangular box redacting the signature of Annelies kaufman.

From: Annelies kaufman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 19 June 2019 5:48:19 PM

To the Medical Board of Australia,

I support Option 1.

I have always used a range of integrative and complementary medicine options for myself and my children. Homeopathics, herbal, chiropractic and massage as well as Chinese medicine and energy healing. I do this not to the exclusion of western medicine but alongside it. I enjoy excellent health and so do my children. just as we have freedom of choice in our religious believes we should have the freedom of choice over our health, physically as well as mentally and spiritually. It is a fundamental human right. A fundamental democratic right of choice and supports the autonomy and empowerment of each individual and allows us to take responsibility for our own lives. Please do not take away this fundamental right of the citizens of Australia.

I consent to publication of my submission.

Sincerely,

Annelies kaufman

A black rectangular box used to redact the signature of Annelies kaufman.

From: Marlene Kay <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 9:37 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We need to natural therapies Australia is so far behind other countries. The body can heal itself. We need to understand how to care for our body and health. With the health of natural therapy which goes back a very long way. It really is just common sense. natural therapies must be kept and increased yours sincerely

I consent to publication of my submission.

Sincerely,

Marlene Kay
[REDACTED]

From: Nathan Kaye <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 9:23 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I strongly oppose any restrictions placed upon doctors who provide integrative and complementary medical practices. Whilst I am thankful for allopathic medicine, which has helped me for necessary interventional treatments in the past, I have often experienced results from complementary and alternative medical practices that the so-called 'conventional' medical practices could not resolve at all.

It has become an essential part of mine and my family's health to have access to doctors who include integrative and complementary medical practices.

I wish to have that choice.

I consent to publication of my submission.

Sincerely,

Nathan Kaye



From: Keens Ian and Maree
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 7 May 2019 11:28:43 AM

To the Medical Board of Australia,

I support Option 1.

We are in our 70's and have both used alternative health methods for many years. We believe chiropractic ,acupuncture, reiki, massage, physiotherapist, and naturopathy have helped us tremendously over the years with out the need for conventional invasive operations, hard drugs etc.

In a lot of circumstances alternate treatment gives equal result with less side effects , reducing pressure on hospitals and addressing problems more cheaply.

Greater attention should be paid to preventive medicine.

Time constraints to appointments should not be applied when more time is required to provide proper treatment to patients.

I consent to publication of my submission.

Sincerely,

Keens Ian and Maree

A black rectangular redaction box covering the signature area.

From: Matthew Keil
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:43:34 PM

To the Medical Board of Australia,

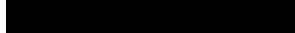
I support Option 1.

Integrative & complementary medicine is a major part of the health care system. Doctors are not all knowing, and recognising other specialists who can help a patient is key to a good Doctor. The majority of health problems can be fixed with a healthy lifestyle. Medication should only be used where necessary and Doctors should be able to advise patients on ways to improve there health.

I consent to publication of my submission.

Sincerely,

Matthew Keil

A solid black rectangular box used to redact the signature of Matthew Keil.

From: frank keitel
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 7 May 2019 3:40:34 PM

To the Medical Board of Australia,

I support Option 1.

Options are better than restrictions.

I consent to publication of my submission.

Sincerely,

frank keitel

A solid black rectangular box used to redact the signature of Frank Keitel.

From: Donna Kelly
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:17:02 AM

To the Medical Board of Australia,

I support Option 1.

Intergrative medicine and all of its wide and varied modalities, **PROMOTES HEALTH**

The diagnostics and treatments within intergrative practices, are catered to the individual, and will save the healthcare systems billions of dollars.

The way this works as apposed to current illness treatment practices, is people get well and the disease/illnesses go away.

Whereas current practices of GP's , specialists, allied healthcare, and hospital practices, rely **HEAVILY** on **MEDICATIONS** and outdated diet recommendations, which has been making our population sicker and sicker

Medications cause side effects, which require more medications, which create more side effects, of which the side effects, create more illnesses and require more health care dollars to manage that, and before you know it

You need bigger hospitals, more doctors, more subsidised treatments, medications, and then disability pensions.

HOW TOTALLY RIDICULOUS

We now have the collective knowledge to move away from that destructive pathway of medication merry go rounds and move into intergrative medicine, where people **GET WELL**.

From the cradle to the grave, intergrative medicine can keep our population healthy, only needing hospitals for traumatic injuries

WAKE UP AUSTRALIA

TIME TO LEAD THE WAY AGAIN

I consent to publication of my submission.

Sincerely,

Donna Kelly



From: Leith Kelly <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:32 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments


To the Medical Board of Australia,

I support Option 1.

I am a Pilates instructor who has worked with complimentary / holistic carers through my work (where we have shared client's and worked to provide positive change for those clients); and in my own personal healthcare as well. From my experience I have found many natural and complimentary therapies to be highly effective and oftentimes more preferable to mainstream medical (e.g. Chemical) intervention. I believe that as adults we should all have the right to choose how we look after our bodies and the right to choose so called "fringe" options. Therefore I believe there should be no change to the current guidelines (unless you intend to widen their scope further to be more inclusive of complimentary and holistic therapies.

I consent to publication of my submission.

Sincerely,

Leith Kelly


From: Sandra Kelly
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:28:36 PM

To the Medical Board of Australia,

I support Option 1.

We all have the right to put what we want in our bodies... big pharm
company's need to be brought down... they are criminals...

I consent to publication of my submission.

Sincerely,

Sandra Kelly

[Redacted Signature]

From: Jenni Kelsall
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 23 June 2019 2:45:17 PM

To the Medical Board of Australia,

I support Option 1.

I believe it is time to take note of 1000s of years of Holistic Health and Wellness treatments that have been successful over time. What we are doing right now is not working, we are under the trap of the pharmaceutical giants who will stop at nothing to sell us their chemicals. We have far too many people suffering depression, illness for no other reason than not being "well" and connected to a purpose. Time for our forward thinking leaders to make the shift back to Holistic Health rather than being brainwashed .

I consent to publication of my submission.

Sincerely,

Jenni Kelsall

A solid black rectangular box used to redact the signature of Jenni Kelsall.

From: Cheryl Kemp <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:18 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments


To the Medical Board of Australia,

I support Option 1.

I use integrative and complementary medicine as it is the only way I can talk with an open Dr. I believe that we need to find a cause behind an illness or imbalance not just bandaid it with drugs and your average Dr has no time or training to look into these areas.

I consent to publication of my submission.

Sincerely,

Cheryl Kemp


From: Marilyn KENDALL
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 7:46:34 AM

To the Medical Board of Australia,

I support Option 1.

As a person suffering from a condition that has no traditionally recognised cure I am entitled to choose a doctor who can offer alternatives as well as choose the alternatives. Other people should not be constricted to using the Big Pharma when alternative practices are available.

I consent to publication of my submission.

Sincerely,

Marilyn KENDALL

A solid black rectangular box used to redact the signature of Marilyn Kendall.

From: Kennedy Marcus
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 26 April 2019 3:41:20 PM

To the Medical Board of Australia,

I support Option 1.

The current system is working well. People value easy access to complementary medicine. It's up to the user what healthcare we want to spend our money on.

Not everyone's situation is best served by drugs radiation or surgery which is a majority of main stream medicine.

I consent to publication of my submission.

Sincerely,

Kennedy Marcus

A solid black rectangular box used to redact the signature of Kennedy Marcus.

From: Paul Kennedy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:09:32 AM

To the Medical Board of Australia,

I support Option 1.

By restricting GP's access to Natural and Complimentary medicines in Australia, the MBA will jeopardise the health of many Australians and send us backwards with regard to best practice worldwide.

I consent to publication of my submission.

Sincerely,

Paul Kennedy

A solid black rectangular box used to redact the signature of Paul Kennedy.

From: Elena Kenny
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 4:46:34 PM

To the Medical Board of Australia,

I support Option 1.

I am writing to you to request no change to the current medical guidelines in Australia. I strongly believe that our health is each individuals responsibility and by denying integrative, causative enquiries into our health concerns between us and our GP, the Government is taking full responsibility for each persons health.

When this happens, people lose self respect and respect for the medical practitioner. They become complacent with their health choices and rely heavily on the medical system to save them instead of actively working to prevent chronic illness.

Our GP's who wish to offer more time and effort to helping solve their patients' issue's, are doing so because they want to help people. They have a passion for healing and supporting their community. What happens to these practitioners when we remove the most fulfilling aspect of their chosen profession?

Lastly, I implore you to take an overall view of how our already over crowded medical system will cope with the added pressure of the thousands of people who will be denied complimentary treatments. Allied health provide space, education and support for people all over Australia and our hospitals and medical centers are not equipped to deal with everyone. Let's let our doctors in practice decide what's best for the patients - their doctorate is why they are such revered members of society.

I consent to publication of my submission.

Sincerely,

Elena Kenny

A black rectangular redaction box covering the signature area.

From: Gail Kenny
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 9:05:27 PM

To the Medical Board of Australia,

I support Option 1.

Hi,

Integrative and functional medicine is endorsed by well respected people like Dr. Norman Doige (author of The Brain that Changes Itself and others). Personally, I have benefited greatly from these approaches. Functional medicine and Integrative doctors are generally more thorough, more well informed, more diligent in finding REAL solutions to health challenges and a MUCH needed and valued part of the medical system. Please, PLEASE, PLEASE leave the system as it is. Thank You.

I consent to publication of my submission.

Sincerely,

Gail Kenny

A solid black rectangular box used to redact the signature of Gail Kenny.

From: Petula Kenny
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 12:25:26 PM

To the Medical Board of Australia,

I support Option 1.

We deserve access to complimentary and holistic medicine. Please do not take this right away from us.

I consent to publication of my submission.

Sincerely,

Petula Kenny

A black rectangular redaction box covering the signature area.

From: Adam Kent
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 9:03:25 PM

To the Medical Board of Australia,

I support Option 1.

I support integrative and complimentary medicine as they helped diagnose and treat my whole family for a condition that many mainstream GP's misdiagnosed. Without them I don't know where my families health would be right now.

I consent to publication of my submission.

Sincerely,

Adam Kent

A black rectangular redaction box covering the signature area.

From: Meagan Kent
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 8 May 2019 7:27:27 AM

To the Medical Board of Australia,

I support Option 1.

Please keep integrative medicine as is!!! My family have chosen this option as this is my rights and I believe this is the only pathway to wellness. I am a registered Nurse and I am very close to losing faith in the system. If my choice to health is taken away then I am prepared to move overseas for a healthy life of choice.

I consent to publication of my submission.

Sincerely,

Meagan Kent

A black rectangular redaction box covering the signature area.

From: Fiona Keogh
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 4:49:54 PM

To the Medical Board of Australia,

I support Option 1.

I am a qualified naturopath and work for Bioceuticals Ltd, a Practitioner only company.

As leaders in natural health, we need to ensure consumers right to choose how their health and wellness is managed is protected. About 30% of Australian GPs utilise some aspect of complementary medicine within their medical practice. These are highly trained, specialist doctors educated beyond their medical tertiary qualifications.

These GPs need to have the right to choose a treatment plan for their patients and the right to choose complementary medicine when needed.

I consent to publication of my submission.

Sincerely,

Fiona Keogh

A black rectangular redaction box covering the signature area.

From: Jaime Kerr
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 28 May 2019 11:04:33 PM

To the Medical Board of Australia,

I support Option 1.

I strongly support integrative and complementary medicine. Chinese medicine and acupuncture have helped me tremendously where conventional medicine has only been palliative. I rarely get any side effects. It's preventive and addresses the root of the problem. If MBA wants what's best for the patient, integrative practitioners should be allowed to practise the way they are now.

I consent to publication of my submission.

Sincerely,

Jaime Kerr

A black rectangular redaction box covering the signature area.

From: Anne Khalil <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:18 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I currently see a Integrative practitioner and would like to continue to do so by my own choice. He is the first doctor that has helped me in many many years deal with my health battles.

I consent to publication of my submission.

Sincerely,

Anne Khalil
[REDACTED]

From: Ibrahim Khudeira
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 8:16:14 AM

To the Medical Board of Australia,

I support Option 1.

For many years, I have used complementary medicine in conjunction with mainstream medicine to remedy the various ailments that plague us all. It will be a terrible loss if the access to this branch of medicine is restricted, or worse, eradicated. The treatment of illness does not always require pharmaceutical intervention as I and countless others have found, but there is a time and a place—as for complementary medicine.

I write in hope that we as citizens with preferences can continue to access those preferences freely.

I consent to publication of my submission.

Sincerely,

Ibrahim Khudeira

A black rectangular redaction box covering the signature area.

From: Ibrahim Khudeira
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 4:17:04 PM

To the Medical Board of Australia,

I support Option 1.

Choice of healthcare has always been and should continue to be, in the hands of the patient.

Integrative practitioners are a valuable resource who complement and can work symbiotically with general practitioners to assist in the healing of their patients.

I have been using homeopathy to treat various ailments for over twenty years and can attest to its efficaciousness as well as its holistic, considered approach.

Please do not remove the patient's access to varied treatments.

I consent to publication of my submission.

Sincerely,

Ibrahim Khudeira

A solid black rectangular box used to redact the signature of Ibrahim Khudeira.

From: Samantha Kidd
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:27:44 AM

To the Medical Board of Australia,

I support Option 1.

I use complimentary medicine along side traditional, for myself and my 5 year old son. Alway with the advice of our GP or specialist. The results have been fabulous on all fronts! We want to continue to have this choice.

I consent to publication of my submission.

Sincerely,

Samantha Kidd

A solid black rectangular box used to redact the signature of Samantha Kidd.

From: Ben Kierath
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:04:01 AM

To the Medical Board of Australia,

I support Option 1.

I'm shocked to find out that the MBA is considering changes to the current guidelines that will impact my ability to access Integrative and complementary medicines. I've personally had huge success using a range of integrative and complementary medicines over the past 10 years. My family and friends also heavily rely on integrative and complementary as it fills the gaps that conventional 10-minute consultations just can't fulfil.

I consent to publication of my submission.

Sincerely,

Ben Kierath

A solid black rectangular box used to redact the signature of Ben Kierath.

From: Phillipa Kilian
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:57:23 PM

To the Medical Board of Australia,

I support Option 1.

I practice a science based medicine originating in India known as Ayurveda where a govt health ministry (AYUSH) is assigned to ensure its efficacy and longevity both in India and abroad. Why? Because they recognise the importance of making preventative and effective health processes available for all humanity. Ayurveda Hospitals are prevalent all over India (and have been for 100s of years) offering time tested effective protocols for patient health and recognise it's not a one size fits all approach. They are not treating from a symptomatic framework (like western medicine does) but searching for the root cause of disease for that individual.

Integrative/alternative/eastern/natural/complimentary modalities - call it what you will - offer the patient the opportunity to be treated as an individual with unique needs. Something that a 10min consult will not allow a practitioner to consider nor have the time to offer. INTERGRATING the wonderful modality of relatively "new" western based medical science (many concepts of which have been taken from eastern philosophies eg current surgical procedures have developed from ancient texts of an Ayurveda physician, Sushruta - go research it, it's an actual thing!- even Royal College of Surgeons in Melbourne have a statue dedicated to his work and influence in surgery) alongside COMPLIMENTARY modalities allows a practitioner/doctor to not only treat a symptom but dive further into how and why an imbalance has occurred in the first place and correct it from a root cause level. This can ensure diet, lifestyle, stress factors of the individual etc are all addressed to ensure correction of issue in not just the short term but the long term.

Isn't this what we want for our communities so that we can reduce the pressure on the current healthcare demands in our medical centres and hospitals?

We want to be able to educate people on taking responsibility for their own health and showing them the way to better choices with food, sleep, exercise, positive mental health practices etc.

Scrapping the opportunity to WORK TOGETHER from all health modality approaches to heal an individual is such a selfish, 'one size fits all' ego driven concept. And the person who continues to suffer is the person who is ill.

"Take this pill" type scenarios are not working long term in our societies. It's taking the onus away from individuals as they are largely not aware that their choices of diet and lifestyle are greatly impacting their health. Our communities deserve the opportunity to feel cared for, listened to and offered the best possible options for their individual needs to find perfect health.

Prevention is a big part of healthcare currently not being given enough airtime and that's why modern hospitals are largely overwhelmed with chronic lifestyle diseases such as morbid obesity, diabetes, heart failure, gastrointestinal issues and mental health issues.

Educating the people is the first step and for that- people's issues need to be heard properly.

I consent to publication of my submission.

Sincerely,

Phillipa Kilian



From: Fiona Kim
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:15:10 AM

To the Medical Board of Australia,

I support Option 1.

I and my family have used medical care, integrative and complementary health care for over 20 years. There are areas where I find medical care is necessary - mostly crisis situations - thank goodness that there is that. However, some health problems that we have had had done better with complementary/alternative or integrative health care provided by a wide range of practitioners including integrative GPs, chiropractors, naturopaths and acupuncturists. I would be incredibly sad if my children do not have easy access to this as we thrive on it. It has reduced our dependence on pharmaceutical medication and on Medicare in general. The government will have less of a Medicare burden if more people know how to make use of these options. Please do not take that freedom of choice away from the people.

I consent to publication of my submission.

Sincerely,

Fiona Kim

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From: Ju-youn Kim
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 12:30:57 PM

To the Medical Board of Australia,

I support Option 1.

Conventional medicine has very little to offer for chronic conditions.
Masking pain with medication, how is that going to sustain us?
Preventative medicine and alternative (allied health) approach to
health in more holistic way is what will save the burden of aging
populations.

I consent to publication of my submission.

Sincerely,

Ju-youn Kim

A black rectangular redaction box covering the signature area.

From: Shez Kimber
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:30:24 PM

To the Medical Board of Australia,

I support Option 1.

People have the right to choose the type of care they want to give
THEIR body's. It is NOT your right to take their choice away.
All medicine plays its part and wholistic approaches should be
encouraged not condemned

I consent to publication of my submission.

Sincerely,

Shez Kimber

A black rectangular redaction box covering the signature area.

From: Bettina King <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:20 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It is ridiculous to remove these types of freedoms. Many patients seek out integrative drs when conventional medicine alone has no answer or solution.

I consent to publication of my submission.

Sincerely,

Bettina King


From: Gerry King
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 7:20:07 PM

To the Medical Board of Australia,

I support Option 1.

I totally support patient access to Integrative & complementary medicine. I think we should have the choice as to what health care we want. You have no right to take away our options. Integrative & complementary medicine have been incredibly useful to me and my family in the past and it would always be my first go to if I have a health issue. As adults we should have the freedom to chose.....what gives the Government the right to make these decisions for us.

I consent to publication of my submission.

Sincerely,

Gerry King

[Redacted Signature]

From: Helen King
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 9:26:31 PM

To the Medical Board of Australia,

I support Option 1.

It's my body so it's my choice if I want to integrate natural therapies and be able to choose a doctor to work with to get to the core of the problem.

I consent to publication of my submission.

Sincerely,

Helen King

A solid black rectangular box used to redact the signature of Helen King.

From: Jessica Kinniburgh
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 12 June 2019 6:16:49 PM

To the Medical Board of Australia,

I support Option 1.

I would have no health if you do this. I have a right to choose what is right for me and my family, that choice should not be taken away.

I consent to publication of my submission.

Sincerely,

Jessica Kinniburgh

A black rectangular redaction box covering the signature area.

From: Christine Kirby
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 1:33:52 PM

To the Medical Board of Australia,

I support Option 1.

I am an obstetrician/gynaecologist/fertility specialist and regularly advise/prescribe medication such as Elevit/folate, CoQ 10, Menovit that has been proven in appropriate clinical trials and published in appropriate journals to be beneficial for better outcome. Eg folate reduces feral abnormality and is advised for all women wanting to conceive. Additional folate is required in some women with certain medical histories. Additionally acupuncture has been used in double blind studies assessing implantation with a small bug significant increase. It is exceptionally helpful in relaxation
We also prescribe vitamin D, low levels are associated with pregnancy complications. To ban/limit the ability to recommend/prescribe medication with clinically proven benefits is a very retrograde step and should not be allowed to happen. I would be sued if I failed to prescribe folate and a woman had a baby with a neural tube defect. This needs very serious reviews

I consent to publication of my submission.

Sincerely,

Christine Kirby



From: Dimple Kirpalani
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:54:42 PM

To the Medical Board of Australia,

I support Option 1.

I believe that if a person studied the required subjects to qualify as a medical practitioner he/she has a level of intelligence to research and look into evidence with regards to alternative therapies. I also strongly believe that the same individual would have some solid experiences to make him/her look into an alternative therapy and then put in the finances, mental and physical effort to study those alternative means and receive those qualifications. Some of them have also received a VETASSESS assessment of their qualifications prior to migrating to Australia. No matter what the case be, if they have the educational qualifications and they are registered with the required associations I cannot understand why the MBA has the right to stop them for practising. A patient has a choice in a democratic nation to choose his/ her manner of treatment. As long as the legal boundaries underlined by their various associations are followed NO ONE the right to take away Patient Choice in this matter.

This is from an Australian citizen and a mother of young children - who I believe should have the choice to choose their treatment givers without having to 'please' people who believe they can choose for them.

Sincerely

I consent to publication of my submission.

Sincerely,

Dimple Kirpalani

[REDACTED]

From: darryn kitto
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:35:43 AM

To the Medical Board of Australia,

I support Option 1.

Complementary therapies and integrative medicine have been the key in improving and maintaining health. I do not believe that removing this option from doctors and waiting until drug intervention is necessary is in the best interest of australians. Preventative medicine benefits everyone and is cheaper for our health care system in the long run

I consent to publication of my submission.

Sincerely,

darryn kitto

A solid black rectangular box used to redact the signature of Darryn Kitto.

From: Marie Klarich
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 10:44:04 PM

To the Medical Board of Australia,

I support Option 1.

The right of patients to choose, and doctors to provide, alternative, complementary medicine is paramount. These rights should in no way be compromised or taken away. Traditional and holistic treatments have been used for centuries and have been proven to be effective with little to no downside. For many people, these treatments are the only thing that help without causing side effects.

I consent to publication of my submission.

Sincerely,

Marie Klarich

A solid black rectangular box used to redact the signature of Marie Klarich.

From: Victoria Kleeberg
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 11:48:20 PM

To the Medical Board of Australia,

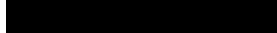
I support Option 1.

I support a patient's right to access integrative doctors simply because they have a right to choose who they wish to manage their health. Why and of what is the MBA so concerned that they are targeting doctors who practise a more wholistic approach to patient care? Is not the patient's health the first priority ? And should a doctor not do all he can to achieve this aim?

I consent to publication of my submission.

Sincerely,

Victoria Kleeberg

A solid black rectangular box used to redact the signature of Victoria Kleeberg.

From: Jeannie Kleynhans
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 8:37:46 AM

To the Medical Board of Australia,

I support Option 1.

It would shameful if Integrative doctors were not allowed to recommend complementary treatments and testing for patients.

Most doctors prescribe only bandaids for illnesses and conditions in the form of drugs that in the long run, do more harm than good. Some of those drugs kill instead of cure!

Every individual should have the right to choice, not be forced into something they don't want.

I regularly visit chiropractors, physiotherapists, naturopaths, masseurs and many other complementary services, as well as my usual doctor when needed. All these services complement each other. In order for the human body to function correctly, Mind, Body, Spiritual and Emotional must be addressed. If complementary services cannot be used, then we will end up with a nation of even sicker people than we have now, placing an extra massive burden on our medical system and our economy. Not to mention the fact that the majority of people will lead lives of misery from illness that is not cured and end up in nursing homes unnecessarily, placing more burden on everyone.

I consent to publication of my submission.

Sincerely,

Jeannie Kleynhans



From: joanne Kneebone <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I choose to have access to integrative and complementary medicine through discussion with my doctor. I have used this approach for myself and my children for over 40 years and would have every expectation that this will continue.

I consent to publication of my submission.

Sincerely,

joanne Kneebone
[REDACTED]

From: Jenny Knight
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 7:40:59 AM

To the Medical Board of Australia,

I support Option 1.

Why should the MBA decide on what a person wants to use to heal or KEEP their body in good health, it's dictatorship like Hitler approach! My body, my choice to want to maintain my body as naturally as possible, God knows how much chemical pollutants we have to deal with daily without having to add synthetic medicine to our body when a lot of issues can be dealt with by using a healthy diet and natural remedies! What a backwards step for Australia by the MBA!!
I for one will be sticking to Natural wellbeing practitioners thankyou!

I consent to publication of my submission.

Sincerely,

Jenny Knight



From: Kay Knight
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 6:18:11 AM

To the Medical Board of Australia,

I support Option 1.

The health practitioners I choose are my choice and have nothing to do with the government. There should be no restrictions on these choices. We are a free country, yet I see many regulations being forced upon us that are harmful and restrictive, and go against our constitution. The government needs to back off.

I consent to publication of my submission.

Sincerely,

Kay Knight

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From: Msrk Knight
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 9:31:21 PM

To the Medical Board of Australia,

I support Option 1.

My family has had great results using intergrated medicine. To take this away and give the patient no choice is against our freedom of choice. This is a form of communism which is un Australian.

I consent to publication of my submission.

Sincerely,

Msrk Knight

A solid black rectangular box used to redact the signature of Msrk Knight.

From: Leanne Knowles <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 5:23 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative & complementary medicine is so important! I think ALL doctors should have a complementary background.

I consent to publication of my submission.

Sincerely,

Leanne Knowles
[REDACTED]

From: Sue Knox
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 12:23:48 AM

To the Medical Board of Australia,

I support Option 1.

I have found over the years that the standard practices offered by the medical profession is short sighted with a band aid approach. There is little emphasis on healing, rather let's address the symptoms. I have had many problems addressed through what is considered alternative practises. I believe there are many ways to work with individuals and we should continue to have the choice of what healing modalities we prefer.

I consent to publication of my submission.

Sincerely,

Sue Knox

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From: Verena Koch
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 8:06:03 PM

To the Medical Board of Australia,

I support Option 1.

Throughout my life(54 yrs so far)I have used Integrative and complementary medicine. I choose to use natural medicines as opposed to pharmaceuticals because for me it works well. I believe that doctors should be able to give advice on vitamins, herbs etc. as well as pharmaceuticals in order that patients can choose what works best for them.

I consent to publication of my submission.

Sincerely,

Verena Koch

A solid black rectangular box used to redact the signature of Verena Koch.

From: Jennifer Kokany
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 6:35:49 PM

To the Medical Board of Australia,

I support Option 1.

Have just found integrative meds have been so beneficial to my health.
Why not save on prescription drugs ...

I consent to publication of my submission.

Sincerely,

Jennifer Kokany

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From: kelli kolar
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 6:15:40 PM

To the Medical Board of Australia,

I support Option 1.

It should be a human right to choose if I want to get advice on medicine or natural remedies. I want to have options in both so I can decide what I want for myself.

I consent to publication of my submission.

Sincerely,

kelli kolar

A solid black rectangular box used to redact the signature of Kelli Kolar.

From: Leeanne Konstantinou Leeanne Konstantinou
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:46:28 PM

To the Medical Board of Australia,

I support Option 1.

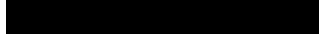
I believe it is my right to choose which medical practitioner I use! I often combine mainstream and alternative medicines in my health care. I pay taxes and have done so, all my life! I contribute to Medicare and should be able to claim a rebate my preferred treatment from both my Health Care Provider and/or Medicare!

A complementary health practitioner practices complementary medicine, known as alternative therapy, alternative medicine, holistic therapy and traditional medicine. Complementary medicine includes vitamins, minerals, Chinese medicine and herbal and homoeopathic products, and therapies such as acupuncture and Reiki.
I choose what works for me!!! Not you!!!

I consent to publication of my submission.

Sincerely,

Leeanne Konstantinou Leeanne Konstantinou



From: Kirsty Kortum
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:23:28 PM

To the Medical Board of Australia,

I support Option 1.

As someone who suffers from a disease that was once scoffed at by the medical community but is now widely accepted and well-researched, I know the importance of a holistic approach to healthcare. When traditional and conventional medicine failed to treat my condition, natural therapies like remedial massage, acupuncture and vitamin supplements helped to ease my pain. They made my day to day life worth living again. Do not take away these methods of healing from conventional doctors who choose to adopt a holistic approach to healthcare. Sometimes it is the only option they have until science catches up!

I consent to publication of my submission.

Sincerely,

Kirsty Kortum

A solid black rectangular box used to redact the signature of Kirsty Kortum.

From: Sonja Krawagner
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 7:24:25 AM

To the Medical Board of Australia,

I support Option 1.

I have been supporting the natural health industries for all my life. Originally from Austria I have been using homeopathy, herbs and supplements which were prescribed to me by my GP in Austria to improve my wellbeing.

Australia is far behind in the natural therapy world as it is and now even taken the people's choice away in how they want to choose their pathway of healing is just wrong.

These restrictions that MBA wants to implement are a sign that pharamaceutical companies are frightened what natural therapies can do for people.

I believe there is room for both. Western Medicine has its place and natural therapies have been around for thousands of years and has its place as well.

I consent to publication of my submission.

Sincerely,

Sonja Krawagner

[Redacted Signature]

From: michael krijnen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 11:10:17 AM

To the Medical Board of Australia,

I support Option 1.

You can't legislate how to make Australia great again by being dumb

I consent to publication of my submission.

Sincerely,

michael krijnen

[Redacted signature]

From: Sharon Krisanovski
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 12:21:30 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine was the only way I got my health back after 4 years of sickness and poor conventional medical care. Now I can live a normal happy life, while before every day was a struggle. Restrictions to the practitioners would mean limiting and prolonging the healing potential of the treatments.

I consent to publication of my submission.

Sincerely,

Sharon Krisanovski

A solid black rectangular box used to redact the signature of Sharon Krisanovski.

From: Arun Krishnan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 9:53:24 PM

To the Medical Board of Australia,

I support Option 1.

I support option 1 for the following reasons:

- Access to complementary medicine gives the public a choice when it comes to their health care.

- Practitioner only supplements are prescribed under a practitioner/ pharmacist to ensure the safe use of complementary medicines.

-Integrative and complementary medicines have clinical trials behind them to support any label claims.

I consent to publication of my submission.

Sincerely,

Arun Krishnan



From: Nicky Kruger <submissions@yhyc.com.au>
Sent: Friday, 28 June 2019 8:46 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe we should have whatever options for healthcare we choose for our needs. It is not up to any government body/or any other entity to decide on any medical issue without my permission or consent.

I consent to publication of my submission.

Sincerely,

Nicky Kruger
[REDACTED]

From: Daina Kruschel
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 8:52:02 PM

To the Medical Board of Australia,

I support Option 1.

I am saddened and deeply concerned about the proposed changes to regulations allowing doctors to suggest alternative forms of health care. With an already overburdened medical system that is not coping with the current patient load, patients becoming less and less self aware of their own health and taking responsibility for their individual health care needs and a population showing severe signs of drug dependency and over use these suggested changes are in a word ridiculous.

If the intent of this change is to force more pressure onto the medical system then I say continue! If the intent is to rob people of safe, natural alternative options that could possibly mean they get better naturally without the need of medication, numerous medical/hospital/specialist visits, then please continue.

People have a right to know there are alternatives, and it is then their choice if they pursue them. A change like this once again sees choices being removed from the people that it actually affects. The MBA does NOT have the right to make health choices for me.

I have visited a chiropractor my entire life as have my family which assists in keeping us fit and active as well as regularly visiting a naturopath, who through herbal supplements and dietary changes has seen me become drug free after being diagnosed with ulcerative colitis, when the specialist advised I would require drugs for life.

Alternative therapies in their many forms are an option that all people should have the right to choose. Penalising doctors who support patients in this way is an injustice.

I consent to publication of my submission.

Sincerely,

Daina Kruschel



From: Piotr Krysztofek
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 11:23:46 AM

To the Medical Board of Australia,

I support Option 1.

Now you trying to strip people to have access to natural medicine?
You need to wake up

I consent to publication of my submission.

Sincerely,

Piotr Krysztofek

[Redacted Signature]

From: Heather Kuchel
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:27:31 AM

To the Medical Board of Australia,

I support Option 1.

I wish to support a doctor's right to offer complementary medicine to a patient. Please let it continue as I am a firm believer in natural medicine,

I consent to publication of my submission.

Sincerely,

Heather Kuchel

A solid black rectangular box used to redact the signature of Heather Kuchel.

From: hildegard kullmann
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 8:50:39 AM

To the Medical Board of Australia,

I support Option 1.

My family is treated by integrative doctors since the 1980s in Southafrica, Germany and in Australia with great success and we want to continue forever.

Please be gracious to us

Hildegard Kullmann

I consent to publication of my submission.

Sincerely,

hildegard kullmann

A solid black rectangular box used to redact the signature of Hildegard Kullmann.

From: Debra Kurth <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 11:03 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I do not want to lose my choice with our doctor. I want our doctor to be able to prescribe whatever holistic or herbal medicine he chooses for me

Debra Kurth

I consent to publication of my submission.

Sincerely,

Debra Kurth

From: Deirdre Kynoch
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 11:29:23 AM

To the Medical Board of Australia,

I support Option 1.

Freedom of choice when it comes to health is imperative and to take that option away from individuals is criminal! We are supposed to be a democracy and freedom of choice is not something that can be taken from the people of this land. How dare you!!!

I consent to publication of my submission.

Sincerely,

Deirdre Kynoch

A solid black rectangular box used to redact the signature of Deirdre Kynoch.

From: K L
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:57:31 PM

To the Medical Board of Australia,

I support Option 1.

I no longer visit GPs who do not think outside the box, spend less than 10 mins with their patient, or offer only prescriptions as a method of treatment.

Integrative practitioners are our right to inclusive holistic health care practitioners who have gone the extra miles to support people and their needs holistically. The MBA, need to stop controlling our rights and freedoms to choose, or belittle what they know works based on their controlling tendencies and monopolizing.

Listen to the people please. Respect or rights to have our control over our own health care... not what fits your agenda.

I consent to publication of my submission.

Sincerely,

K L

A black rectangular redaction box covering the signature area.

From: Samuel Laffy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 28 May 2019 4:05:04 PM

To the Medical Board of Australia,

I support Option 1.

If the MBA decide to change the guidelines of how doctors run their practices then they will be denying options that could save lives. The common sense of the matter is that in the history of medicine something had to be first unorthodox before it could become orthodox. The people in the present should not get to decide if something is unorthodox. In the future who knows what medical breakthroughs could be made if the option of using unorthodox methods was made illegal, we could be making a mistake that puts at risk many peoples lives.

I consent to publication of my submission.

Sincerely,

Samuel Laffy

A black rectangular redaction box covering the signature area.

From: Lesley Laham
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 14 May 2019 2:32:23 PM

To the Medical Board of Australia,

I support Option 1.

Complimentary and integrative medicine is a needed addition to the standard medical procedures that are available

I consent to publication of my submission.

Sincerely,

Lesley Laham

A black rectangular redaction box covering the signature area.

From: Carolyn Lakiss
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 1 June 2019 5:43:05 PM

To the Medical Board of Australia,

I support Option 1.

I support doctors who have a practice which integrates traditional and complimentary medicine.

These two areas of medicine should relate and synthesise with each other. It's foolish in 21st century to belief that one practice of medicine is better or worse than another.

I consent to publication of my submission.

Sincerely,

Carolyn Lakiss

A solid black rectangular box used to redact the signature of Carolyn Lakiss.

From: Kylie Lamb
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 11:53:53 AM

To the Medical Board of Australia,

I support Option 1.

I am absolutely disgusted to hear that you are planning on restricting out access to Integrative medical practitioners. If it wasn't for these practitioners I would still be in a horrible place and probably have given up on feeling better and doing better in life. I have gone on to complete 2 degrees and make an enormous contribution to the community because I had a practitioner who supported me to be at an optimal health level rather than just having readings in the normal range. If you change the way these practitioners work you are ensuring people like myself will never meet their full potential.

I consent to publication of my submission.

Sincerely,

Kylie Lamb

A solid black rectangular box used to redact the signature of Kylie Lamb.

From: Joan Lambert
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 2:45:08 PM

To the Medical Board of Australia,

I support Option 1.

My qualified doctor, a Chinese ethnic but born in Australia, is qualified to practise acupuncture. I expect to have access to all his medical knowledge, not just the majority that he learned to be a qualified General Practitioner. Every week, Dr. Charlie Teo states on TV that conventional medicine does not have all the answers. Many commonly prescribed pharmaceuticals are effective only on some patients. The government should be financing scientific trials on alternative therapies that have anecdotal evidence of their efficacy. I'm more concerned about the massive 'supplement' industry. These products are never tested to ensure that they contain the stated ingredients. They should be.

I consent to publication of my submission.

Sincerely,

Joan Lambert

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From: Stella Lambrou
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 12:05:12 PM

To the Medical Board of Australia,

I support Option 1.

•Why we support patient access to Integrative & complementary medicine

We support the right of humans and of course Australians to have a choice in the way we prefer to be treated. Both are extremely valuable and bring results. I rather see HAPPY people around than miserable Australians for not having a CHOICE. I strongly support our right of choice in healthcare and not the invasion of civil rights. Academic independence is a primary right

•How Integrative & complementary medicine has helped you, your family & friends

Over the years together with and supporting the modern medicine, we used Homeopathy for treating the body as a whole. Naturopathy for treating mild allergies through nutrition-food and diet. Acupuncture for persisting pains in the nervous system. Chinese Traditional Medicine for intestinal problems and Ayurveda for cleansing body and soul.

•Reasons why we use Integrative & complementary medicine

Not all medicine is suitable for everyone.

We were brought up to be treated with both, natural medicine, complementary and modern medicine. We view both as valuable and complementing each other for many years. We see results.

•What it means to us if the MBA imposes restrictions on Integrative practitioners

As a family we value the right to access holistic healthcare and we strongly support doctors' right to continue to offer it to patients and the society in general. There is a lot of evidence from research, scientists and doctors and other institutions to support the cause.

The changes that MBA proposes will impact doctors' clinical autonomy, as well as their ability to provide fully individualised patient care.

We support our doctors and we want them to be able to offer patients complementary, innovative and other emerging treatments, but also their ability to educate, research, and advise their patients about these treatment options.

There is room for everyone you only have to be willing to co-exist.

I consent to publication of my submission.

Sincerely,

Stella Lambrou

[Redacted signature]

From: Kira Lammey <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:37 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I urge you not to restrict doctors from holistically treating their patients using alternative methods such as naturopathy, herbal medicine, homeopathy and others. I regularly use many of these forms of treatment and do not use antibiotics and similar treatments. I am very healthy as is my family and I know it is because of our treatment methods. To take away such treatments is restricting an individual's free choice in regards to their health care and is entirely unacceptable!

I consent to publication of my submission.

Sincerely,

Kira Lammey
[REDACTED]

From: Melissa Lancaster
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 1:21:01 PM

To the Medical Board of Australia,

I support Option 1.

To Whom This May Concern

I am extremely concerned the MBA could take away my right to utilise integrative and complementary medicine!

I do NOT need my right to chose my health care interfered with and the ability to be given complete care by both doctors and holistic practitioners to be taken away.

To use a holistic approach to healthcare and look at the root cause of a health issue is not only the most effective and intelligent way to address issues, it is in my opinion essential!

Instead of limiting the doctors who provide this invaluable care, the MBA should be encouraging and supporting them.

Yours most sincerely
Melissa

I consent to publication of my submission.

Sincerely,

Melissa Lancaster

[Redacted Signature]

From: Jan Lance
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 10:24:49 AM

To the Medical Board of Australia,

I support Option 1.

How dare you take away our right to choose how we deal with our own health. My family, my husbands family & our children have been using natural therapies for over 60 years with great success.

You cannot take away our right to choose who we go to & how we look after our health.

I consent to publication of my submission.

Sincerely,

Jan Lance

A black rectangular redaction box covering the signature area.

From: Martha Lane
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 8:20:10 PM

To the Medical Board of Australia,

I support Option 1.

I hereby wish to submit that proposed restrictions to complimentary medicine will cause prejudicial and unusual hardship to myself and my family.

We have had wonderfully outcomes with large levels of vitamins and minerals which would not be available with any proposed changes.

Sincerely,
Martha Lane

I consent to publication of my submission.

Sincerely,

Martha Lane

A solid black rectangular box used to redact the signature of Martha Lane.

From: Wil Lane
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 8:17:11 PM

To the Medical Board of Australia,

I support Option 1.

With respect, I wish to submit that restrictions to complimentary medicine will severely disadvantage myself and my family. We have had successful outcomes with unusual levels of vitamins and minerals which would not be available with any proposed changes.
Sincerely,
Wil Lane

I consent to publication of my submission.

Sincerely,

Wil Lane

A solid black rectangular box used to redact the signature of Wil Lane.

From: Clare Langdon <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:37 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I value a holistic approach to healthcare and support doctors' rights to provide new and innovative practices, including complementary therapies.

I consent to publication of my submission.

Sincerely,

Clare Langdon


From: Gary Latcham
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 4:33:50 PM

To the Medical Board of Australia,

I support Option 1.

I do not want to see any change in how my doctor can advise me in achieving good health. I have formed a trust with my doctors over the years and do not want that interfered with by an organisation that is trying to control doctors, natural medicines and vitamins.

I do not trust any organisation controlled by multi nationals and the government all in the name of financial control over the people.

This can only lead to great doctors being told they can't practice and will be operation illegally if they do. We have seen this happen in USA and the filthy rich get another control over a vital product.

We do not want to see this in Australia.

I consent to publication of my submission.

Sincerely,

Gary Latcham

A black rectangular redaction box covering the signature area.

From: Mo Latin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 6:20:41 PM

To the Medical Board of Australia,

I support Option 1.

I and my family have been regular beneficiarys of integrative & complementary medicine for many years. It helps keep us healthy and balanced, without the need for drugs which compromise my overall health.

If you remove or restrict our options and choice in our health care, there will be direct negative consequences, as well as this adding stress because we may be forced to use methods that have not been as effective in staying healthy.

I support Option 1 - no change to the current guidelines.

I consent to publication of my submission.

Sincerely,

Mo Latin

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From: Christina Laubichler
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 8 May 2019 4:57:33 PM

To the Medical Board of Australia,

I support Option 1.

A free country means I can choose what ever treatments or medicine I want. As long it's legal. I used natural medicine and alternative treatments for me and my family my entire life and won't accept any change in that. Pro choice!

I consent to publication of my submission.

Sincerely,

Christina Laubichler

A solid black rectangular box used to redact the signature of Christina Laubichler.

From: Andrew Laundess
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 9:45:59 PM

To the Medical Board of Australia,

I support Option 1.

Alternative natural therapies are vital in health care when it comes to dealing with chronic and terminal illnesses please dont burden those who need it

I consent to publication of my submission.

Sincerely,

Andrew Laundess

A solid black rectangular box used to redact the signature of Andrew Laundess.

From: Alan J Laurie
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:33:13 PM

To the Medical Board of Australia,

I support Option 1.

Sir/Madam, I wish to strongly protest at proposed changes to laws governing homeopathic choices for treatment of medical conditions. I do a lot of research into what medical choices, as at my age I've had to make a few decisions, and have avoided some approved medications which were later withdrawn due to side effects. Homeopathy on the other hand has only major drawback and that is I may spend money for no result. That's better than deteriorating health due to adverse side effects. It is my will as an elector, that you leave the laws as they are and rationally consider homeopathic remedies for things like cancer, that don't cost the community millions.

I consent to publication of my submission.

Sincerely,

Alan J Laurie

A black rectangular box used to redact the signature of Alan J Laurie.

From: Debra Laurie
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:29:12 PM

To the Medical Board of Australia,

I support Option 1.

I would like you to know that I support option No 1. It is my right to attend a doctor and be given any and all information and suggestions on what will help me with any medical issues.

The Medical Board of Australia has no right to take this option away from Doctors who have experience and training in complementary medicine. After all it is well known and proven that our bodies react to holistic and nature remedies.

I consent to publication of my submission.

Sincerely,

Debra Laurie

A solid black rectangular box used to redact the signature of Debra Laurie.

From: Jim Laurie
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 11:45:49 AM

To the Medical Board of Australia,

I support Option 1.

I am very concerned that 'authorities' want to take away my choice of treatment for what ails my body. I can do my own research and find homeopathic remedies but if a traditional studied Doctor also recommends a less harmful, in terms of side effects, medication then I feel safer. Doctors see cause and affect every day and when not blinded by pharmaceutical company hype, open to continued learning, can fulfil their Hippocratic oath more effectively.

I consent to publication of my submission.

Sincerely,

Jim Laurie

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From: Anne-Marie Lawlor
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 11:56:11 AM

To the Medical Board of Australia,

I support Option 1.

I am absolutely appalled, angry & upset the the MBA is considering restricting treatment that integrative Doctors offer to their patients. I have personally used complementary medicine for over 20 years, I am not on any medication just vitamins and supplements. I am not a burden on society or the medical industry, I believe prevention is better than cure. What happened to freedom of choice in this country, by restricting Doctors you are taking away my freedom of choice. I value the holistic approach to healthcare and support Doctors right to provide new and innovative practices, because it keeps me healthy!

I consent to publication of my submission.

Sincerely,

Anne-Marie Lawlor

A black rectangular box used to redact the signature of Anne-Marie Lawlor.

From: Greg Lawrence
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 22 May 2019 10:34:51 AM

To the Medical Board of Australia,

I support Option 1.

There are many therapies out there that are effective, after medical practices are ineffective. All therapies have a value & some have profound effects & life changing results. I feel that imposing restrictions on these alternative medicines is simply driven by fear & greed. The notion that there is no significant data & evidence out there to prove that they have significant value is a load of rubbish. Time to focus on the people & the greater good, rather than greed & fear.

I consent to publication of my submission.

Sincerely,

Greg Lawrence

A solid black rectangular box used to redact the signature of Greg Lawrence.

From: Kelly Lawson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 9:29:50 PM

To the Medical Board of Australia,

I support Option 1.

Doctors should know that they are NOT the specialist of everything medical. There are proven providers, such as my Chinese Medicine Doctor who has healed me from a crippling condition. I wanted to have a drug free existence. With her help, I can stay drug-free. Without her help, I was reliant on anti-depressants, constant pain killers and was always depressed and anxious. My Dr ONLY wants to prescribe medication, regardless that I kept telling her I didn't want to take them. I begged her for another way. I went against her recommendations and found a Chinese Medicine Dr who actually helps me manage my condition with herbs and acupuncture. My life has changed. I believe the medical board of Australia and most Dr's are in bed with drug company's who want to keep us sick and remain dependant on drugs. Rather than spending money on these rubbish guidelines, how about introducing more education around natural therapies and include the science around them so Doctors feel more confident in referring or supporting alternative medicine. Give people back the choice to be drug-free and at LEAST TRY an alternative than just always going to a drug to solve every problem.

I consent to publication of my submission.

Sincerely,

Kelly Lawson

A solid black rectangular box used to redact the signature of Kelly Lawson.

From: Karen Le Gassick
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 10:40:28 AM

To the Medical Board of Australia,

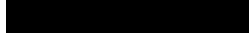
I support Option 1.

It is important to have integrated GPs for those people who are keen on looking for the source of their health concerns and getting to the root of the cause. Not just treating the symptoms. It's nice to have the options of both types of GP in the health industry. One's who are familiar with natural alternatives. It may not be for everyone but we live in a world where having choice should be our right.

I consent to publication of my submission.

Sincerely,

Karen Le Gassick

A solid black rectangular box used to redact the signature of Karen Le Gassick.

From: Tori Le Gassick
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 4 June 2019 1:32:09 PM

To the Medical Board of Australia,

I support Option 1.

As a person who has greatly benefited from complementary medicines my entire life I strongly support Option 1. There are times where a 5 minute consultation with your GP and prescription medication just does not work. I choose to seek treatment from complementary therapies due to a desire to be heard, understood and the ability to address the underlying cause of the issue, not just taking a pill.

I also strongly support Option 1 as I too am a Complementary Therapist. I am an Acupuncturist and I would be greatly disappointed to know that my 4 year University degree and the enormous FeeHELP debt that came with it, meant that I could not continue to help people every day.

I consent to publication of my submission.

Sincerely,

Tori Le Gassick

[Redacted Signature]

From: Laura Le Scelle
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 11 May 2019 9:29:51 AM

To the Medical Board of Australia,

I support Option 1.

Patients must continue to have access to integrative and complementary medicines and practitioners. These practices are proven to be beneficial, and many patients are able to return to good health via these practices. The public should always have access to complementary medicine, as pharmaceutical medicines come with many risks and side effects, and are not suitable for everyone.

The public must retain the ability to choose which treatment aligns best for them.

We must keep integrative practitioners and complementary medicines available for everyone to access.

I consent to publication of my submission.

Sincerely,

Laura Le Scelle

A black rectangular box redacting the signature of Laura Le Scelle.

From: Treena Leach
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 2:17:02 AM

To the Medical Board of Australia,

I support Option 1.

Patients should have a say and choice in how they wish to have their medical conditions treated. It is impossible for a GP who spends a maximum of 15mins in an appointment to actually get to the root cause of your condition to treat it, so instead they use medication which acts as a bandaid.

I consent to publication of my submission.

Sincerely,

Treena Leach

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From: Scott Leckner
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 12:03:56 AM

To the Medical Board of Australia,

I support Option 1.

I have the right to access any modality of health care to ensure my health is maintained.

I have used complimentary medicines for years and have not required regular visit to my GP other than a check up to say I am in perfect health. I make way through my choices to allow for those who really need access to medicines that I do not.

It is not the role of a board to restrict my choices through the back door of oppressive constraints placed on doctors.

The role of the MBA is to stop practices by doctors that do harm. Not stop practices by doctors that do good.

This is critical too in Indigenous health where traditional healers work alongside doctors to bring amazing results to our most marginalised First Nations people.

We have the right to informed consent and the right to decline care.

This is our right under Australia's constitution and not the right of the MBA to encroach on through any door.

I consent to publication of my submission.

Sincerely,

Scott Leckner



From: Melissa Ledgee
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:16:05 AM

To the Medical Board of Australia,

I support Option 1.

I fully support integrative practitioners and mine has been a lifesaver, sometimes pharmaceuticals aren't the only answer and my health will be detrimentally affected if this changes. Not all illnesses fall into any easy fix box.

I consent to publication of my submission.

Sincerely,

Melissa Ledgee

A solid black rectangular box used to redact the signature of Melissa Ledgee.

From: Gay Lee <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:17 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It is important as a patient to be able to consider all options for treatment & have those explained or recommended by a trusted GP.

I consent to publication of my submission.

Sincerely,

Gay Lee


From: Robyn Lee
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 2:22:21 PM

To the Medical Board of Australia,

I support Option 1.

I am a senior citizen and am very concerned about the proposed move to limit doctors who have a wholistic approach to medicine. By doing this , you would be taking away the free choice of an Australian person to choose their own doctor and style of health maintenance and treatment. This would be VERY ant-democratic and unpopular.

I consent to publication of my submission.

Sincerely,

Robyn Lee

A solid black rectangular box used to redact the signature of Robyn Lee.

From: Amelia Leeman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 1:03:59 PM

To the Medical Board of Australia,

I support Option 1.

I am 61 years old. I do not take any prescription drugs, I take a few vitamins and minerals and I would like to be able to access professional advice on what ones to take and at what dosage my body needs.

I do not want to be controlled by a big pharmaceutical company.

I should be able to choose to see a naturopath, chiropractor or any other practitioner that is not trying to push prescription drugs down my throat. And those practitioners should be able to offer me natural products and/or as well as prescription drugs.

Everybody should have the right to research and choose how they want to treat their own body.

I consent to publication of my submission.

Sincerely,

Amelia Leeman

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From: Gary Leeson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 18 June 2019 6:48:32 AM

To the Medical Board of Australia,

I support Option 1.

Medicine is a multi-factorial discipline requiring both mental, physical and in some cases spiritual intervention. A pill is designed to treat just one part of the illness but it probably not the cause. Only a well trained GP can determine what is the cause and what is the most appropriate treatment which may include exercise and complementary medical treatments. Let's not assume drugs from the major pharmaceutical companies are the only answer!

I consent to publication of my submission.

Sincerely,

Gary Leeson

A black rectangular redaction box covering the signature area.

From: Christine Legge
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:47:02 PM

To the Medical Board of Australia,

I support Option 1.

We live in a democracy where we should be able to choose how we maintain our health

I have been using complementary medicine for over 30 years.

My children never had antibiotics until in their twenties when they were overseas unable to access it as they had here

We are and always have been far healthier than many of our friends who spend hundreds and hundreds of dollars each month on drugs for various ailments because we choose a very healthy lifestyle and complementary and integrative medicine.

Many of my friends with pension cards etc rely on drugs but do not even think about trying to prevent ill health and the government is paying most of that.

The government should be supporting people who choose to prevent ill health by paying for it themselves and leading far healthier lifestyles as a result of this way of life

Many integrative practitioners have a much higher success rate with their patients than traditional medicine in many health areas.

I hardly ever go to a Normal doctor and have many negative stories re their treatment On my way! Family and others. On the other hand all those I know who use a combination have more successful outcomes

Why do people think only Medical Doctors are the only way for health.

They are not God and should stop being so narrow minded

So wrong and so unfair !!

I consent to publication of my submission.

Sincerely,

Christine Legge



From: Ralph Leggett
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:58:15 AM

To the Medical Board of Australia,

I support Option 1.

As a 70 year old male I have experience health problems along the way. It wasn't till I saw a integrative @ complementary Practitioner that my health changed for the better. I find the holistic approach to health an intelligent approach in treating chronic illness. It is backed by scientific research.

Doctors practicing Integrative @ Complementary Medicine need to have the freedom to consult and treat the public and have the availability of pathology tests that directs the treatment.

Any restriction to their practice is a insult to Doctors practicing Complementary Medicine and is a breach of the will of the public to choose their practitioner of their choice.

I consent to publication of my submission.

Sincerely,

Ralph Leggett

[Redacted Signature]

From: Rachel Leigh
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 8:32:46 PM

To the Medical Board of Australia,

I support Option 1.

I strongly support patient access to integrative and complementary medicine. My family and I all use complementary medicine with great success and go to an integrative doctor.

I consent to publication of my submission.

Sincerely,

Rachel Leigh

A solid black rectangular box used to redact the signature of Rachel Leigh.

From: Julia LeMonde
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 7:58:21 PM

To the Medical Board of Australia,

I support Option 1.

It is time for the government to recognise the state/pharma nexus is creating a monopoly where beneficial therapies are being forcibly removed to serve corporate interests. Australians should have freedom of choice despite the corporatisation of biomedicine. Recognition of the value of all therapies will help keep the corrupt element of corporate medicine at arms length.

I consent to publication of my submission.

Sincerely,

Julia LeMonde

A solid black rectangular box used to redact the signature of Julia LeMonde.

From: Julia LeMonde
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:53:53 PM

To the Medical Board of Australia,

I support Option 1.

To whom it may concern,

I am increasingly becoming concerned about what is fast becoming a pharmaceutical corporate model of healthcare, where no other non-invasive or complementary health care options will be recommended. For this reason I have declined going to a doctor's surgery for some years due to the immense pressure made on me to take pharmaceutical products and vaccines whenever I visited them for health advice. I have since availed myself of many other wonderful options such as yoga, naturopathy and dietary advice given to me by alternative health professionals who have a patient centred approach as opposed to a corporate centred agenda. It is a shame that doctors are being discouraged from suggesting Australians incorporate some of these wonderful health promoting lifestyle changes into their lives, alongside already agreed upon medical treatments. Instead our doctors are being ever forced to push only that which will support the pharmaceutical corporate health care framework. Good doctors are leaving disillusioned with the new model and people like myself do not trust doctors who have become corporate trained incentivised staff for the state/corporate model.

I consent to publication of my submission.

Sincerely,

Julia LeMonde

A black rectangular box redacting the signature of Julia LeMonde.

From: Keira Lennon
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 6:50:37 AM

To the Medical Board of Australia,

I support Option 1.

I fully support integrated health services and believe it abhorrent to restrict our practitioners to a one view approach that excludes other modalities of supporting health and well being to their patients.

We are not a one size fits all people and to try to further remove options that treat and heal in favour of strict pharmaceutical options is in short a criminal practice against patients and carers alike. Supporting whole body health through a variety of modalities in a common sense manner should not be something that is restricted and the people should maintain their right to all channels of health and healing.

Much of pharmaceutical medicine restricts itself to treating the one presenting issue and often creates subsequent issues for other areas of our systems by 'fixing' the loudest issue only, which we then often see this having a domino effect on our overall health. The incorporation of alternate health options is vital to all.

There are countless times that either myself or my families health issues have left mainstream medical either baffled or unable to assist, where we have had no option but to search out alternative means to restore our health and have done so successfully. We continue to incorporate alternative health practices regularly, as well as attending gps, specialists and emergency presentations where needed. Some of our health issues directly defy and could go as far as to say disprove medical guidelines, so without alternative options available we would be further negatively impacted.

I believe everything has its place, and the furthering of restrictions placed on the professionals we turn to for help at our most vulnerable goes against our constitutional rights and violates all that is good.

I consent to publication of my submission.

Sincerely,

Keira Lennon



From: Mariette Leong
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:23:41 AM

To the Medical Board of Australia,

I support Option 1.

Individuals should have the freedom of medical treatment in this lucky country. The main stream medical profession is wonderful in treating diagnosed conditions but the alternative medical professionals have a vast amount of knowledge and natural treatments to treat chronic conditions that the mainstream medicos cannot detect. Many of these treatments and herbal and natural supplements have been around since your and my forefathers. If given the financial support for scientific research they too could prove their worth. Some have already but the medical profession discounts those results.

The system should be balanced, just and fair to all parties. Until then there will always be disputes and unjust behaviours and practices.

This is the day for unity in all forms of lifes practices. But at the same time we need laws and practices to prevent illegal representations of any kind.

We should ask ourselves why countries in Europe have a very open health policy embracing many natural therapies. Even the Queen of England uses alternative therapies. Are we going to restrict her in any way?

The pharmaceutical industry does not have the right to stop natural therapies. Australia open up your mind and your heart.

I consent to publication of my submission.

Sincerely,

Mariette Leong



From: Sheree Lepper
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 12:22:17 AM

To the Medical Board of Australia,

I support Option 1.

I support my right to have access to integrative and complimentary medicine. Restrictions to this type of medicine is taking away my decision on how I wish to manage my health and well being. Osteopathy, Chiropractic, Massage Therapy, Chinese Traditional Medicine, Naturopathy and Vitamins and supplements have all helped me and friends to improve and maintain our health. General Practitioners cannot provide this kind of treatment as they are not trained in these ways and can only offer pharmaceutical drugs or hospital care. My choice is to use integrative and complimentary medicine as a way of keeping me healthy so that I don't need to go to hospital.

I consent to publication of my submission.

Sincerely,

Sheree Lepper

A black rectangular box used to redact the signature of Sheree Lepper.

From: Sue Lester
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:30:29 PM

To the Medical Board of Australia,

I support Option 1.

I highly value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines.

Let the doctors who wish to heal do so.

A rushed 10-minute consult just results in a standard prescription for a standard pharmaceutical company's drug, and minimal duty of care.

I treasure my own integrative doctor as she provides the best care by taking the time to explore the whole picture and suggest holistic solutions which have given me my energy and enthusiasm for life back.

Closing the door on integrative and complementary medicine implies the medical profession already has all the knowledge and solutions possible. That is patently ludicrous, particularly given the ongoing millions poured into research.

Keep alternatives in open view where they can be accessed and assessed.

Continue to allow & support those doctors who heal rather than just prescribe. Our whole population can be healthier and happier for it.

I consent to publication of my submission.

Sincerely,

Sue Lester



From: Jennifer Lethbridge
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 9:11:41 PM

To the Medical Board of Australia,

I support Option 1.

I only use integrative medicine please don't remove it

I consent to publication of my submission.

Sincerely,

Jennifer Lethbridge

[Redacted Signature]

From: Ada Leung
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 11:14:10 AM

To the Medical Board of Australia,

I support Option 1.

I believe there is no requirement to establish new guidelines. It is all about getting the client/patient the best outcome. This might be through a number of complimentary, integrative or alternative medicine and practice. It is about being open to what would work best.

I consent to publication of my submission.

Sincerely,

Ada Leung

A black rectangular redaction box covering the signature area.

From: Carole Levy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 4:55:48 PM

To the Medical Board of Australia,

I support Option 1.

I as a registered nurse have been so impressed with the progression of medicine. However to eliminate the use and services of alternative medical services, is truly a step backward and the closing of minds to the benefits if alternative practices is not acceptable. As a nurse I use energy healing to relieve pain, where traditional medicine as been ineffective. 3 doctors have been evaluating alternative means of healing medical conditions and actually trially them with success. To stop that.

Very confused by the government's decision to stop it.

I consent to publication of my submission.

Sincerely,

Carole Levy

A black rectangular redaction box covering the signature area.

From: Steven Lewanski
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 6:47:34 PM

To the Medical Board of Australia,

I support Option 1.

A large portion of Australians are now aware of the corruption and false or manipulated studies within "conventional" medicine. The public deserve to maintain our choice of holistic medicine and therapies. I have many friends and acquaintances, even family, who may not be alive or live the quality of life they now enjoy because of holistic alternatives. Vitamins, minerals, herbal supplements, natural therapies diagnostic testing, complementary medicine and natural therapies save lives and offer safe alternatives which aide our body's natural ability to heal. I am asking for now changes to the guidelines.
Thankyou

I consent to publication of my submission.

Sincerely,

Steven Lewanski

A black rectangular redaction box covering the signature area.

From: Sue Lewers
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 5:23:59 AM

To the Medical Board of Australia,

I support Option 1.

I believe that we should have the right to choose our health care. If we want to take herbs instead of pharmaceuticals we should have the right to do so under an integrative doctor. Ancient wisdom is being proven by science to work. Take for example meditation which was scorned by mainstream for decades and has now been proven scientifically to be highly beneficial. Many pharmaceutical drugs have harmful side effects so why would we eliminate our right to choose? Please give us the respect we deserve to be treated by a professional who is aligned with our beliefs that ancient wisdom has a role to play in health care.

I consent to publication of my submission.

Sincerely,

Sue Lewers

A solid black rectangular box used to redact the signature of Sue Lewers.

From: Heather Lewington
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 11:57:40 AM

To the Medical Board of Australia,

I support Option 1.

Health is not about treating and covering up symptoms it's about healing ones body. This needs to be done with the individual patient in mind. Not allowing doctors to use their judgement in regards to their patients will only hinder the healing process. But most importantly government dose not need any greater say in how we heal, treat or medication OUR BODIES!!

I consent to publication of my submission.

Sincerely,

Heather Lewington

A black rectangular redaction box covering the signature area.

From: Karen Lewis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:39:46 PM

To the Medical Board of Australia,

I support Option 1.

I believe there are a number of benefits for integrative health and would hate to see this disappear. There is more and more evidence being provided about therapies that can work in conjunction with traditional medicine to benefit the patient. Doctors should be free to choose.

I consent to publication of my submission.

Sincerely,

Karen Lewis

A solid black rectangular box used to redact the signature of Karen Lewis.

From: Monique Lewis
To: [medboardconsultation](#)
Subject: Fw: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 14 May 2019 12:04:22 PM

To the Medical Board of Australia

I would like to consent to publication of my submission to the Board (see below - already submitted via the system) and am happy for my name to be included in any such publication.

Yours sincerely

Monique Lewis

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

From: Monique Lewis <submissions@yhyc.com.au>
Sent: 23 April 2019 22:15
To: medboardconsultation@ahpra.gov.au
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I write to express my concern that these proposed guidelines appear to be much more about professional boundary work than caring for patients. The definition of 'unconventional' therapies is very flimsy. Does medicinal cannabis fall under this category, for example

- since arguably it is still an unconventional therapy in Australia?
Will you include 'folk' remedies still being prescribed by
'conventional' doctors in this definition as well? - for example, the
President of the AMA suggested on national radio back in 2016 that
women should ingest an icy cold drink to 'wake up' their babies in
utero if they were concerned about decreased foetal movement. How will
you police 'conventional' doctors using such 'unconventional'
approaches?

I am concerned that this decision by the MBA has been promulgated by
anti-CAM lobbyists who hold quite powerful sway with the current Board
members. A crucial question about the intent behind such lobbying
efforts remains - is their lobbying work genuinely about improving
health care and the lives of patients? Some of these lobby groups very
strategically invoke the rhetoric (rather than the practice) of
science to gain ethos with their audience. Ironically, this is what
they often accuse their CAM counterparts of doing. This rhetoric has
proven very effective, particularly with policy-makers (rather than
patients). I would hope that, given the impact these new guidelines
will have on patients, the MBA has made a strong effort to also seek
the opinions of patients on this issue. I would also hope that the
Board also seeks input from senior CAM researchers and integrative
practitioners, as well as public health experts. I won't address the
evidence-based arguments supporting a range of CAM therapies and
practises here, as I am confident you will have received submissions
from numerous senior academics and practitioners who have scientific
qualifications, training and practice experience.

Ultimately, the proposed new guidelines are indicative of a narrowing
of focus and new (and alarming) conservatism within the medical
profession, accompanied by an anachronistic worldview, which longs for
the good old days of '[conventional] doctor knows best' and the
authority that doctors enjoyed through much of the last century. As a
media scholar I have analysed news stories about one of these groups -
where spokespeople consistently claim that lay people are being
'hoodwinked', and are 'naive' to an entire quagmire of CAM therapies
(which could be anything from herbal medicine to urine therapy). Most
concerning of all, these key message seem to carry an underlying tone
of contempt for patients, which I dearly hope is not influencing your
choice in proposing these new guidelines. There is no place for such a
worldview (nor such an attitude towards patients) in a modern
Australian healthcare system. These proposed guidelines do not reflect
a profession that has evolved with the times, nor one that holds the
people it is meant to serve as its top priority.

I consent to publication of my submission without my name.

Sincerely,

Monique Lewis



From: Ronda Lewis <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:26 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

For years my family have used complementary medicine and benefited greatly from that - homeopathy, homeobotanical products, reiki, acupuncture etc. these practices have been around for hundreds of years, it's ridiculous to think that they can just be done away with.

Who is behind this, the extremely profitable pharmaceutical companies by any chance?

I consent to publication of my submission.

Sincerely,

Ronda Lewis


From: Angelina Li
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 19 June 2019 11:59:18 PM

To the Medical Board of Australia,

I support Option 1.

There are evidence in Integrative & complementary medicine. These might not look like modern research articles. Integrative & complementary medicine should not be excluded for practice just because of a lack of research articles or they don't 'fits in' the model of western medicine. Western medicine is not the only medicine in this world and it's not consumer focused as it claimed! It is only eliminating possible causes. Whereas Integrative & complementary medicine provides a holistic approach when western/ mainstream medicine fails.

I consent to publication of my submission.

Sincerely,

Angelina Li

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From: Sarah Li-Chiang
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 8 June 2019 11:02:39 AM

To the Medical Board of Australia,

I support Option 1.

I wish to express my deep concern for the removal of choice for many Australians to be able to choose an Integrative approach to their healthcare. I have used natural therapies for most of my life and wish to continue to do so. I have found massage, aromatherapy and naturopathy particularly helpful. Both natural and the normal traditional medical care are essential. I use both. But I resent not being able to make a choice. Taking away choice is un-Australian and unfair. Sarah Li-Chiang

I consent to publication of my submission.

Sincerely,

Sarah Li-Chiang

A solid black rectangular box used to redact the signature of Sarah Li-Chiang.

From: Victoria Liebetrau
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 12 May 2019 7:29:27 PM

To the Medical Board of Australia,

I support Option 1.

Australians need to continue to have a choice about their healthcare. There are occasions where conventional medical treatments simply don't work or have negative side effects. Interpretive Healthcare provides different avenues for individuals to utilise offering them greater choice of treatment plans. Vitamins and Minerals are more important now than ever before as our souls are depleted of goodness via chemical sprays and toxic fertilisers etc. Chiropractic has certainly helped me and my family, and acupuncture has helped my daughter with cautious injury recovery over the past few years. All alternative therapies, not just Chinese, should be readily available to all Australians to help them maintain their Health and wellbeing generally as well as whenever they are experiencing certain health issues. It should be a holistic approach - after all, there is so much talk about the importance of mental health too. If anything, there should be an ever expanding variety of health care choices available to us all!

I consent to publication of my submission.

Sincerely,

Victoria Liebetrau



From: Maureen Lindley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:21:16 PM

To the Medical Board of Australia,

I support Option 1.

I'm of the belief that our body works systematically, a very well oiled and serviced machine, one thing supports the next. As with any engine, or motor. Why would you just Chang the spark plugs if the car needs a service!

I consent to publication of my submission.

Sincerely,

Maureen Lindley

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From: Boyko Lindy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:52:05 PM

To the Medical Board of Australia,

I support Option 1.

As an Australian citizen I should have the right to choose what therapy best suits me. Enabling Doctors to integrate different therapies into their practice is paramount.

I consent to publication of my submission.

Sincerely,

Boyko Lindy

[Redacted Signature]

From: Susan Lintott
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 4 June 2019 7:55:53 PM

To the Medical Board of Australia,

I support Option 1.

I believe people should have the right to access integrative and completely medicines as their choice of medicine and particularly preventative medicine. Our family rarely needs to see conventional doctors and remains healthy, I believe largely due to the use of complementary medicines. I believe the use of integrative and complementary medicines takes some of the burden off our medical system which might otherwise be overloaded.

Kind regards,
Susan Lintott

I consent to publication of my submission.

Sincerely,

Susan Lintott

A black rectangular box used to redact the signature of Susan Lintott.

From: Alexis Littleboy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:18:22 AM

To the Medical Board of Australia,

I support Option 1.

The changes you are considering implementing will have far reaching consequences and not for the betterment of the Australian population. I have personally been attended by one doctor who was considered mainstream but also included support with nutrition and hormones. She included options for conventional medicines but also gave options for those options considered "complimentary" or not quite as well known at the time.

With support from a trained medical professional, a Naturopath, an Accupuncturist and a Kinesiologist, my health is better than ever and I would not have been able to improve my health as effectively, without support from these trained professionals.

For all of the focus on promoting a healthier lifestyle for all, we need access to trained professionals that are willing to walk with their patients and not treat them like a number.

We are all different and what works for one percentage of the population, does not necessarily mean it will work for everyone else. Really think whether you have the Australian people's best interests in mind or if there is a hidden agenda, which is not supportive to our communities.

I consent to publication of my submission.

Sincerely,

Alexis Littleboy

A solid black rectangular box used to redact the signature of Alexis Littleboy.

From: Jo-Anne Littleford
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:06:24 AM

To the Medical Board of Australia,

I support Option 1.

You do not have the right to restrict choices on behalf of my health and body. Choice is freedom. Freedom if choice is a fundamental right.

I consent to publication of my submission.

Sincerely,

Jo-Anne Littleford

A solid black rectangular box used to redact the signature of Jo-Anne Littleford.

From: Tracey Livingstone
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 19 June 2019 8:10:24 AM

To the Medical Board of Australia,

I support Option 1.

I sincerely cannot understand why you would need to restrict a patients right to alternate care !!

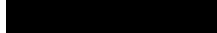
The two can exist together, working to benefit the patient, like everything in life there can be several ways of treating a situation I work in the alternate field of healing and I see firsthand how my clients benefit in returning back to health.

It makes a person wonder where this decision is coming from ?? The government or Big Pharma ??

I consent to publication of my submission.

Sincerely,

Tracey Livingstone



From: Dominique LlvKamal
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 12:12:42 PM


To the Medical Board of Australia,

I support Option 1.

All Doctors, naturopaths, herbalists and complementary medicine practitioners should have the right to recommend and prescribe herbal, nutritional and plant based medicines and lifestyle practices for wellness and prevention of illness. I support these medicines being respected and utilised by all who wish to use them as they are a great way to save the PBS, MBS and other government funded health care funding going into the future. We need to think of the future and sustainability of medicines globally. Naturopaths and herbalists should also have the same funding and prescribing rights with herbal and nutritional medicines as GP's.

I consent to publication of my submission.

Sincerely,

Dominique LlvKamal


From: Frank Lloyd
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 15 May 2019 3:50:14 PM

To the Medical Board of Australia,

I support Option 1.

We will soon be able to choose how we will die yet we are still dictated to by some medical professionals as to what choice of treatment we should have. Our choices are to be limited by those who think they no best.best. Excellent information provided by highly qualified professionals is available on the Internet. Most medicos are ignorant of what other options are available. They are locked into giving treatments that are contrary to the latest information. It takes up to 15 to 20 years before they catch up. Research their percentage success rates in the various non-acute diseases. Management of the disease is their mantra. It is a "disease model" not "a health model". A profession that allows a few weeks if any on the effects of food on health, is at a great distance from their oath. Unfortunately, most, genuine well meaning doctors are unaware of their ignorance. And that is where it will remain! But! There are a few brave doctors who can see other ways to treat. Guess what! Suppress them. Freedom of choice?

I consent to publication of my submission.

Sincerely,

Frank Lloyd

A solid black rectangular box used to redact the signature of Frank Lloyd.

From: Janette Lockhart <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:20 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We should have the power and so should the doctors to look at all traditional and non traditional therapies for any kind of disease or illness what is banned today maybe like we have seen in the past proves to be beneficial!

I consent to publication of my submission.

Sincerely,

Janette Lockhart
[REDACTED]

From: Steve Lockhart
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 8:06:02 PM

To the Medical Board of Australia,

I support Option 1.

You blinkered bunch of self proclaimed experts of everything medical need to pull your heads in and butt out of our choices. Look at China who have been around for 2500 years and have acupuncture, massage and even chi gong in their hospitals and here you are the Australian medical board with a history of 200 odd years think you know everything and want to put your blinkers on us. You need a reality check and focus more on your conventional doctors getting a better more holistic education instead of trying to compensate for your shortcomings and pandering to your mates at the pharmaceutical giants thinking you can actually stop people using natural medicine by financial means. You're not that good or successful to stand on your high horse so get back in your place and leave our choices alone.

I consent to publication of my submission.

Sincerely,

Steve Lockhart

A solid black rectangular box used to redact the signature of Steve Lockhart.

From: Evelina Lombardo
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 11:53:37 AM

To the Medical Board of Australia,

I support Option 1.

I pretend my freedom to make the perfect choice for my health,
this is a medieval decision from the government to limit natural
medicine end so on end push traditional cure that most of the time is
not respond the demand of patients.
I'm totally disappointed and concerns about this government decision.

I consent to publication of my submission.

Sincerely,

Evelina Lombardo

A black rectangular redaction box covering the signature area.

From: Annora Longhurst
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 6:39:03 PM

To the Medical Board of Australia,

I support Option 1.

Complementary therapies are often more appropriate for addressing the root cause of illness and / or pain.

There is no need to change the laws or policy as making false claims etc is already addressed.

If a GP has taken the time to learn another modality - this should be respected and the patient choice should be respected also.

A friend had a child who had a hard birth and who's neck was always sore in the car seat - they required a chiropractic adjustment to sort out the screaming in the car seat. Please allow this type of intervention. It is totally appropriate. And regular GPs just do not know how to do it!

Another friend has reversed allergies using nutritional/mineral balancing. Nutrition is a hard science!

Doctors don't need to see people for repeat consults... who might be best served by changing their lifestyle or mind-set!

I trust you'll treat all practitioners with an open mind - bearing in mind that false claims are already covered by law.

I consent to publication of my submission.

Sincerely,

Annora Longhurst



From: Clare Loveday
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 2:55:56 PM

To the Medical Board of Australia,

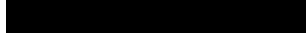
I support Option 1.

I would prefer to be able to access alternative therapies with the assistance, blessing or knowledge of my GP. Dividing my healthcare into two discrete spaces would, in my opinion, lead to issues with contraindications that could have been avoided if looked at under the scrutiny of medically trained personnel who have the whole picture in sight.

I consent to publication of my submission.

Sincerely,

Clare Loveday

A solid black rectangular box used to redact the signature of Clare Loveday.

From: Erin Lovos <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:29 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It does not make any sense to limit integrative healthcare options. So much of healing and wellness includes getting people to reassess their life choices and make better choices in terms of nutrition, stress management, exercise, etc. this can be supported by a range of wholistic practises which can and should be the first choice in many health issues before opting to medicate. If doctors can only promote mainstream medications then they are NOT looking at the whole picture of a person. There is so many amazing options that integrative doctors use and taking away patient choices is wrong. If patients do not want these options then they will of course decline them. There is no need to take these options away.

It does. It make sense at all!! The world needs all of these wholistic options. Different things work for different people. Medicine is not a one size fits all solution. It is educated guessing at its best. We need to consider and provide all options!

I consent to publication of my submission.

Sincerely,

Erin Lovos


From: Michael Lowerson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 12:31:14 PM

To the Medical Board of Australia,

I support Option 1.

To the MBA, it is very clear from the years of experience that exists within the practitioner group of Integrative and complementary medicine in Australia that it is an important adjunct to western medicine. Many people find that this modality is more than helpful in the areas that allopathic medicine isn't. It appears that the push to change is purely to do with economics and nothing else. Please keep things as they are.

I consent to publication of my submission.

Sincerely,

Michael Lowerson

A solid black rectangular box used to redact the signature of Michael Lowerson.

From: Susan Lucas
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 8:12:42 PM

To the Medical Board of Australia,

I support Option 1.

I would like to think a medical board would take into consideration the health of the Australian people before making decisions that could ruin lives and the health of both children and adults

I consent to publication of my submission.

Sincerely,

Susan Lucas

A solid black rectangular box used to redact the signature of Susan Lucas.

From: Tereena Lucas
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 8 May 2019 5:41:48 PM

To the Medical Board of Australia,

I support Option 1.

Individuals in any free society should have the right to choose the type of health care they believe will be of most benefit to them and their families. Many people choose to seek holistic forms of care which embrace both allopathic and the so-called 'complementary' medicines, because the combined approach works.

The MBA needs to embrace an inclusive attitude, recognizing that there is indeed room for the many different types of practitioners earnestly trying to help people. The best health care practitioners and health care systems do not simply rely on antiquated dogmas or exclusively on only the narrowly funded evidence-base, they are instead thoughtful and based upon both experience and evidence. Individuals called to the practice of any type of health care also generally devote themselves to the pursuit of doing a good job of it, after many years of study.

Importantly, patients also resonate with different practitioners in line with their own value systems. Taking away a practitioners' ability to work together with their patients in ways that are agreed, understood and meaningful to both parties and that seek to treat the patient in a holistic way will invariably lead to reductionist forms of treatment whose focus is primarily on rapid symptom relief. The explosion in pain medicine addiction in the US provides us with an important example of the perils of decreasing both patient and practitioner choice. A great many 'complementary' options exist that are able to help people manage and recover from their pain outside of pharmaceutical prescription, yet if doctors were to be stripped of their clinical autonomy and forced to only entertain conventional treatments, we would all soon see a catastrophic damage inflicted upon our Australian society too.

Just as there is no 'one' diet that suits everyone completely, there is certainly no single health care system able to effectively treat all ills. There is much wisdom and health to be gained by integrating health care approaches.

I consent to publication of my submission.

Sincerely,

Tereena Lucas



From: John Ludvigsen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 1:03:26 PM

To the Medical Board of Australia,

I support Option 1.

In a democratic country we should have freedom of choice. I have a wonderful Integrative Medical Doctor, with years of experience and he has helped me greatly with my health outcomes . With a combination of pharmaceutical and herbal medicines and great compassion and care.

I consent to publication of my submission.

Sincerely,

John Ludvigsen

A solid black rectangular box used to redact the signature of John Ludvigsen.

From: Wendy Ludvigsen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:34:14 PM

To the Medical Board of Australia,

I support Option 1.

I work in the healthcare sector and have seen the wonderful results patients have experienced with Doctors who work as Integrative practitioners. I believe if restrictions are imposed it does put Patient Choice at risk.

I consent to publication of my submission.

Sincerely,

Wendy Ludvigsen

A solid black rectangular box used to redact the signature of Wendy Ludvigsen.

From: Donyalle Lyell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:14:32 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative & complementary medicine, as I believe everybody had a personal right to choose how they treat their own health.

I consent to publication of my submission.

Sincerely,

Donyalle Lyell

A solid black rectangular box used to redact the signature of Donyalle Lyell.

From: Lori Lysaght
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 7:53:13 AM

To the Medical Board of Australia,

I support Option 1.

The principal purposes for which the People establish democratic government are the protection and promotion of their rights, interests, and welfare. Democracy requires that each individual be free to participate in the political community's self-government. Western medicine does not have all the answers , every Individual is responsible for their own health, therefore having the right to choose ! We are in the 21 st century , doctors also need to be supported in their choice of medicine integrative , alternative , whatever you call it , at the end of the day , Freedom of choice
Say no more !!

I consent to publication of my submission.

Sincerely,

Lori Lysaght

A solid black rectangular box used to redact the signature of Lori Lysaght.

From: Chantel M
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 11:03:02 AM

To the Medical Board of Australia,

I support Option 1.

I am extremely disappointed in the government and medical boards.

We have the right to choose health. Health doesn't always come with a pharmaceutical drug attached to it. I watch my family- nearly all of which is unwell, put 100% trust in their mainstream doctors and I have to shut my mouth knowing they would benefit from a diet and or lifestyle change plus maybe some alternative medicine. Sometimes this can work hand in hand with every day medicine. You have already taken a lot of these options away from us with our health insurance.

From the outside looking in, or from the general public (you know- who you are working for!) it looks like a big fat money making scam to let the sick get sicker and sell more drugs. Your argument might be about the lack of research for traditional medicines- who's going to find a study for the health affects of say kale or ginger or medicinal mushrooms - for example? No one because there is no money to be made.

Stop feeding sickness and corruption and greed. Let's get well. Surely that makes for a better world.

I consent to publication of my submission.

Sincerely,

Chantel M

A black rectangular redaction box covering the signature area.

From: Elaine Macdonald <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 3:57 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

There have been no real-world safety issues associated with the use of an integrative medical approach and the MBA consultation paper provides no actual evidence of adverse safety risk to justify the need to tighten their guidelines.

Integrative GPs are highly trained, specialist doctors educated beyond their medical tertiary qualifications. They integrate a range of safe and effective evidence-based interventions for the benefit of patients who do not always benefit from conventional treatments alone, or who benefit most from a combination of both.

Complementary medicine interventions have an exemplary safety record and pose a negligible risk to patients, especially compared with many conventional treatments, which is why many GPs choose to integrate them in their treatment plans (to minimise patient safety risk).

The current guidelines (Option 1) have operated successfully without any tangible evidence provided that they need changing.

Proactive complementary medicine use is cost-effective and saves money from the public purse.

Doctors' practise is already adequately regulated by the current Good Medical Practice: A Code of Conduct for Doctors in Australia, which also protects patient safety; there is no evidence for the need for a 2 tiered divisive approach.

The term 'complementary medicine' also includes access to traditional medicines which is defined as a basic human right in Australia and by the World Health Organisation (WHO).

The lack of clarity on how to determine what is 'conventional' vs. 'unconventional' increases the likelihood of the guidelines being misused by people with professional differences of opinion, opening the door for doctors who use integrative methods to be unfairly and unreasonably targeted by vexatious complaints and/or face sanctions that restrict their scope of practise, which in turn restricts patient right of choice to access these methods.

Medical practitioners that offer integrative approaches, who were not consulted, are strongly opposed to the guidelines.

Once central to their professional identity, Australian GPs' view clinical autonomy, control and possession of specific skills as an integral safeguard to practice, ensuring their patients' needs are always put first. Regardless of the values being pursued, clinical autonomy is not compatible with control by another, as hidden agendas and conflicts of interest inevitably arise.

I consent to publication of my submission.

Sincerely,

Elaine Macdonald


From: Jennifer MacFarlane
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 3:02:50 PM

To the Medical Board of Australia,

I support Option 1.

I do not support any changes to the current guidelines for integrative care. We as Australians should be allowed to choose the type of health treatments we wish to partake in.

We are not a communist country and have voted in such a way that we can have freedom of choice and the same should be for our health decisions

As a nurse I reserve the right to choose the way in which and the type of treatment my body will receive.

DO NOT MAKE ANY CHANGES THAT ARE GOING TO RESTRICT MY CHOICE OF HEALTH CARE TREATMENTS.

I consent to publication of my submission.

Sincerely,

Jennifer MacFarlane

A solid black rectangular box used to redact the signature of Jennifer MacFarlane.

From: Fraser Mackay
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:22:48 PM

To the Medical Board of Australia,

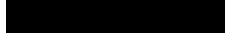
I support Option 1.

My family have enjoyed the benefits of complementary medicine for many decades and we wish to continue for many more. Whilst so-called modern medicine has played a part in our healthcare it has not always been a positive and beneficial experience. For the MBA to fiddle with the parameters of complimentary medicine feels like a violation of one's human rights and I strongly object.

I consent to publication of my submission.

Sincerely,

Fraser Mackay

A solid black rectangular box used to redact the signature of Fraser Mackay.

From: Neil Mackenzie
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:45:34 AM

To the Medical Board of Australia,

I support Option 1.

The pharmaceutical industry is not the answer to all healthcare.
There are more benefits in holistic medicine and we ALL need choices.
What you are doing is against our human rights and this matter is very serious and it should be blatantly obvious that there is a lot of damage from a LOT of drugs and vaccinations and not from natural medicine.

The pharmaceutical industry has put a lot of money into bribing our government and they have a lot to answer for.
Antibiotics have got to a point where they are mutating and are very dangerous.
Newer strong antibiotics and new and stronger bugs to tackle them.
You are in a path to destruction on this course.
The definition of insanity is to keep going in the same direction and expecting a different outcome. THIS IS NOT HAPPENING
Wake up people.

I consent to publication of my submission.

Sincerely,

Neil Mackenzie

A solid black rectangular box used to redact the signature of Neil Mackenzie.

From: Sharlaine MacLeod
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:34:02 AM

To the Medical Board of Australia,

I support Option 1.

Please protect our right to alternative, integrative options. We have relied on such treatments for years with great benefit.

I consent to publication of my submission.

Sincerely,

Sharlaine MacLeod

A solid black rectangular box used to redact the signature of Sharlaine MacLeod.

From: Michael MacPherson <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 12:07 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

-Any person who professes to know how to improve a patient's health needs to be accountable when they are wrong.
-Anecdotes are not evidence
-treatments given for self-limited conditions that don't shorten the time symptoms are experienced are not actually treating anything, and is unethical in some situations -being accountable for prescribed treatments is not the same as restricting access to services -holistic care is good for patients and doctors, but it is not a license for non-evidence based treatments and fads

I consent to publication of my submission.

Sincerely,

Michael MacPherson


From: Angus Macqueen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 12:43:55 PM

To the Medical Board of Australia,

I support Option 1.

Medical science doesn't have all the answers when it comes to treating some diseases.

I think it is imperative that we retain Option 1.

I consent to publication of my submission.

Sincerely,

Angus Macqueen

A solid black rectangular box used to redact the signature of Angus Macqueen.

From: Shannon Maguire
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 4:34:02 PM

To the Medical Board of Australia,

I support Option 1.

I support the right of every Australian to have the right to Integrative Health Care and Health Care Choices. I have specifically chosen a GP who had educated themselves beyond the limitations of the current Western medical system. I have also written a university research paper on the control the pharmaceutical industry has over what is taught, researched, published and used in Western medicine and it is my serious and well researched concern that the profit driven pharmaceutical industry is attempting to control what is defined as 'medicine' and 'health care' in Australia, from a place of vested interests and profit driven motives, rather than the best health care for our community or country. I find the Medical Board of Australia's support of this deeply concerning and ethically reprehensible. A wholistic approach that integrates the overall well being of the person and promotes the health and support of the immune and other systems is best supported by lifestyle, nutrition, necessary supplements and other approaches such as acupuncture, the Chinese medical model, naturopathy, osteopathy etc has and remains essential to my health and well being and I object in the strongest terms possible to the threat to or removal of any medical practitioners capacity to provide any integrative practices into their practices. Our health is our choice, it should never be controlled by any kind of vested interests by any medical association or by any kind of the influence of the pharmaceutical industry.

I consent to publication of my submission.

Sincerely,

Shannon Maguire



From: Fatma Mahmut <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Complimentary medicine has helped me for years. I haven't seen a gp for over 10 years. Don't take our freedom away

I consent to publication of my submission.

Sincerely,

Fatma Mahmut
[REDACTED]

From: Leonie Mahon
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 3:02:34 PM

To the Medical Board of Australia,

I support Option 1.

I have been seeing an integrative Dr for over 10 years! I value the option of complimentary services to maintain my health and assist with traditional medical options. My health is important to me and I believe very strongly that my health options should be my choice. I do not support the taking away doctors' rights to provide new and innovative practices, including complimentary medicines.

I consent to publication of my submission.

Sincerely,

Leonie Mahon

A black rectangular redaction box covering the signature area.

From: Vanessa Mahon <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:17 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have spent a long time searching for doctor with a traditional AND a holistic approach to my medical issues. I am very happy to address my issues using conventional and non-conventional treatments. I enjoy having a choice and I feel that others would enjoy improved health outcomes if they tried alternative pathways to good health. I believe diet and lifestyle affects everyone's health immensely.

Thanks.

I consent to publication of my submission.

Sincerely,

Vanessa Mahon


From: Terence Mahoney
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 2 June 2019 1:00:11 PM

To the Medical Board of Australia,

I support Option 1.

Having experienced over 40 years of Integrative and complementary medicine with several GP's who use holistic approaches to healthcare for myself and at least 12 other family members, I am convinced that interference in this capability will be detrimental to my own health and to many others who are either serviced by GP's who practice integrated approaches and innovative methods, or those who may wish to do so in the future.

The holistic approach is in many cases preventative, non invasive and/or non drug dependent, which makes it extremely cost effective to patients and also to funders (taxpayers). Of course many GP's would just prefer to treat us when we become ill, using drugs promoted heavily and with apparent dubious funding from the pharmaceutical industry, who have a vested interest in reducing access to an integrative medicine approach.

Please don't allow those with vested interests or the poorly informed to influence interference in a medical process that is working so successfully for me and others. Don't force us down the path where lack of Government support for the integrative and complimentary medical care that has worked for me and many others for many, many years makes it cost prohibitive. Whilst consultations, especially initial consultations require more time than conventional GP consultations, the thoroughness and ultimate successful diagnosis saves enormous expenditure on repeat visits and costly prescription medicines. Cutting back on these types of consultations may appear to create short term cost savings but will be detrimental to overall patient health and generate even more long term medical cost pressures and likely hospitalizations.

Terry Mahoney
MBA FCIPS FAIM SEng.
Former Army Reservist, 3 Preventative Medicine Company
[REDACTED]

I consent to publication of my submission.

Sincerely,

Terence Mahoney
[REDACTED]

From: Margaret Makewell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 8:34:08 PM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]

Much has been discovered in the last 20 - 30 years in the various fields of natural medicine and very little of it has filtered through to the medical fraternity because they have only been schooled in the use of pharmaceuticals to treat disease.

During the entire 5 or 6 years spent at medical school, very few hours are spent learning about a normal healthy lifestyle or healthy nutrition to assist health and vitality.

Many diseases have been successfully treated by natural therapies with spectacularly good outcomes.

A good outcome means less reliance on hospitals and pharmaceuticals; which will be beneficial, not just for the patient but for the national health budget.

Hippocrates himself famously said, "Let food be your medicine and medicine be your food ". Obviously he knew about the value of natural food ingredients and herbs - much of what has been lost since the advent of the pharmaceutical age.

Integrative practitioners, at their own expense have spent time researching these old arts, with the help of modern know how , including the ability to analyse food and herb ingredients with the knowledge of what the body needs to work at an optimum level.

Having 30 plus years of a registered nurse's experience under my belt, I realise just how valuable the practice of natural medicine is and how it complements what we accept as the norm in today's world.

In my humble opinion, it would be a serious mistake to cut off all the burgeoning knowledge that integrative medicine brings to today's increasing health challenges.

I consent to publication of my submission.

Sincerely,

Margaret Makewell

[REDACTED]

From: Marina Makushev
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 28 April 2019 2:21:56 PM

To the Medical Board of Australia,

I support Option 1.

Australians should have the RIGHT TO CHOOSE the type of health care they want. End of story. As simple yet as vital as that.

I consent to publication of my submission.

Sincerely,

Marina Makushev

[Redacted Signature]

From: Thitima Malaphet
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 10:39:04 PM

To the Medical Board of Australia,

I support Option 1.

People should have their own choices to choose the best for their own health. The Integrative doctors and Complementary medicine practitioners spend more time with patient to find the cause of uncomfortable not just reduce symptoms. There is no magic bullet. Empower people by giving access to their own preferable method to improve their health should be practice in modern day medicine rather than restrict their choices.

I consent to publication of my submission.

Sincerely,

Thitima Malaphet

A black rectangular box used to redact the signature of Thitima Malaphet.

From: Davini Malcolm
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 6:35:06 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and Complementary medicine - is medicine - it's simply another choice. We all have the right to make the choices that we feel are best for us - please do not be biased and impose restrictions. Simply have respect for everyone's choices.
Thank you

I consent to publication of my submission.

Sincerely,

Davini Malcolm

A solid black rectangular box used to redact the signature of Davini Malcolm.

From: Carol Maldon
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:26:12 PM

To the Medical Board of Australia,

I support Option 1.

There is so much that a holistic approach can help! By taking away my right to use this approach you are taking away a fundamental life choice from me. To be so closed minded on other options of treatment is stifling. The people alone should have the options and choices and these should not be limited by government departments and people who have only one way of looking at medical treatment. Leave alternate medicine alone and allow our freedom of choice.

I consent to publication of my submission.

Sincerely,

Carol Maldon

A black rectangular box used to redact the signature of Carol Maldon.

From: Avani Malhotra <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:47 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We require integrative medicine to actually have any hope of healthy individuals

I consent to publication of my submission.

Sincerely,

Avani Malhotra
[REDACTED]

From: Kimberley Mallard
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:52:12 PM

To the Medical Board of Australia,

I support Option 1.

As it is, not enough health care practitioners offer or even show interest in alternative treatments. Western medicine isn't for everyone and we should be encouraging the option not restricting it.

I consent to publication of my submission.

Sincerely,

Kimberley Mallard

A solid black rectangular box used to redact the signature of Kimberley Mallard.

From: Judy Maller
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:52:37 PM

To the Medical Board of Australia,

I support Option 1.

I really think that it's so important for patients to have access to integrative and complementary medicine. Why not be able to offer patients every option available to them which in most cases cause less harm than conventional medicine and get results.

I consent to publication of my submission.

Sincerely,

Judy Maller

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From: Jenny Manassa
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 1:40:22 AM

To the Medical Board of Australia,

I support Option 1.

Promoting health and wellbeing is the duty of care of every medical / health practitioner. Integrative medicine, including holistic modalities is evidence-based scientifically proven preventative healthcare, as well as playing an important role in therapeutic and supportive treatments for many conditions, including chronic diseases - which is fundamental in saving the healthcare dollar (crucial in terms of the burden on our medicare system).

Your responsibility is to support medical practitioners in their work of caring for their patients in best practice - and keeping politics out of medical rationale. Please put the welfare of patient care and a strong medical system as top priority.

I consent to publication of my submission.

Sincerely,

Jenny Manassa

A black rectangular box used to redact the signature of Jenny Manassa.

From: Victoria Mancey
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 8:08:16 PM

To the Medical Board of Australia,

I support Option 1.

It is important that we uphold our countries 'freedoms'. In this case the freedom to choose what we want for our bodies.

A lot of 'remedies' have been used for centuries with repeated positive results.

The government is suppose to be working FOR the people not big companies. You MUST put people before profit.

I consent to publication of my submission.

Sincerely,

Victoria Mancey

A solid black rectangular box used to redact the signature of Victoria Mancey.

From: Vito Mancino
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 4:46:38 PM

To the Medical Board of Australia,

I support Option 1.

Natural Therapies are Vital in our society.

We need to work effectively for the best outcome to assist patients of all walk of life.

They can choose any health practitioner of their own choice.

I consent to publication of my submission.

Sincerely,

Vito Mancino

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From: Sarah Manktelow
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 5:35:51 PM

To the Medical Board of Australia,

I support Option 1.

Please consider this email as individual feedback regarding the new guidelines targeting medical doctors who integrate 'complementary medicines and emerging treatments' into their practice. As an accredited practising nutritionist, holistic healthcare is my passion and the my personal preference when it come to treating myself and my family.

Tighter regulations will restrict my freedom to choose a preferred therapy for personal medical conditions. I should have the option of conventional medicine, traditional medicine and integrative medicine, when it comes to treating myself and my family.

We cannot dismiss our traditional knowledge even if it is anecdotal evidence, the history of medicine is an import factor no matter what culture you come from.

I trust that any accredited practising practitioner, whether they are conventional, traditional or integrative, will act within the code of conduct of their professional association with my best interests at heart. I also trust in my current general medical and traditional practitioners to refer me to other accredited practising therapists, for my on going health and wellness, as per my health needs.

Professional associations in Australia, such as ANTA, ATMS, NTAA, have the strictest of guidelines for their practitioners membership. I am positive that the restriction of integrative practitioners will diminish the good work they do in preventing disease and maintaining quality of life for their patients.

Thank you for the opportunity to express my opinion and thoughts on the matter. I hope that this feedback is helpful to you.

I consent to publication of my submission.

Sincerely,

Sarah Manktelow



From: Stacey Mann <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:19 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

For years I had sought advice from traditional Doctors but with no answers, I was always just offered drugs which doesn't get to the root of the problem, it's just a band aid often making matters worse. Integrative medicine and therapies look at the whole picture, unless traditional medicine becomes more open minded or changes it's ways and it's training it will be a disaster if this integrative medicine and therapies were discontinued, there would be more depression, suicide and serious mental health issues. Don't take away the relief and support that we can find by being open minded and wanting to fix our health issues.

I consent to publication of my submission.

Sincerely,

Stacey Mann


From: Bert Manning
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 8:08:37 PM

To the Medical Board of Australia,

I support Option 1.

Please maintain diversity in medical practices!

If we as a society support only conventional medical practices and mindset, which currently often treat the symptoms and not the cause of illnesses, will only support the medical industry and not the public!

Alternate medicines that promote a healthy diet and lifestyle should be integrated and encouraged into mainstream medicine, and definitely not restricted by the MBA!

I consent to publication of my submission.

Sincerely,

Bert Manning

A solid black rectangular box used to redact the signature of Bert Manning.

From: Barbara Marahall
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 7:28:55 PM

To the Medical Board of Australia,

I support Option 1.

I am writing to express my concern in how medical treatment outside of established current policy is going to be changed without consultation from the public and to the extent of it. We have the right to choose how we care for ourselves and currently it's anything but satisfactory. Further changes will lead to more sickness and possible underground doctors. I do not and will not support these changes now or ever into the future.

Yours sincerely

Barbara Marshall

I consent to publication of my submission.

Sincerely,

Barbara Marahall



From: Paula Maranhao
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:46:55 PM

To the Medical Board of Australia,

I support Option 1.

I have found health with integrative medicine when traditional medicine had let me down. I learnt so much from great health practitioners in Australia and would like to continue to do so.

I consent to publication of my submission.

Sincerely,

Paula Maranhao

A solid black rectangular box used to redact the signature of Paula Maranhao.

From: Sylvia Marazzato
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 9:18:09 PM

To the Medical Board of Australia,

I support Option 1.

Everyone should have the right to seek treatment as they wish.
Conventional or alternative - it is a personal choice and should remain that way.

I consent to publication of my submission.

Sincerely,

Sylvia Marazzato

A solid black rectangular box used to redact the signature of Sylvia Marazzato.

From: Kim March
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:48:17 PM

To the Medical Board of Australia,

I support Option 1.

I want freedom to choose my method of health care and want the option to seek out Dr's that have those modalities I wish to pursue

I consent to publication of my submission.

Sincerely,

Kim March


From: Alla Marchuk <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I am a scientist and I believe in Integrative & complementary medicine, it has helped mw, my family and my friends. The complementary medicine is thousands years old and has high credibility in the hands of real, caring doctors. I do not believe in sing allopathic medicine only, it is limiting and gives side effects of in 99.99% cases. Please consider complimentary medicine as an integral part of the healing process.

I consent to publication of my submission.

Sincerely,

Alla Marchuk
[Redacted Signature]

From: Julie Marich <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 6:07 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have used complementary medicine for many years and my children were raised using complementary medicine with much success. As a family our health is well above the general standard and I believe it is a basic right to have access to the health care of my choice. I am committed to being proactive in my health choices and believe in taking responsibility for my own health. I believe that there is much to be learnt from complementary medicines and a synergy of 'conventional' and 'integrative/complementary' medicine provides optimum health care for all.

I consent to publication of my submission.

Sincerely,

Julie Marich


From: Laura Marini
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:30:47 AM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine is a wonderful tool to heal people. Each person is a unique sum of many different aspects and a holistic approach to health is a primary right.

I consent to publication of my submission.

Sincerely,

Laura Marini

A solid black rectangular box used to redact the signature of Laura Marini.

From: Lindon Marks
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 4:13:57 PM

To the Medical Board of Australia,

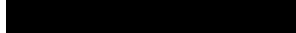
I support Option 1.

Moves to restrict a doctor's right to prescribe 'integrative' treatments is hardly likely to result in improved patient outcomes. There does not appear to be any scientific evidence backing such moves - rather they appear to be based on the assumptions of a particular paradigm of medical treatment. Please let doctors and their patients get on with promoting health and well being.

I consent to publication of my submission.

Sincerely,

Lindon Marks

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From: Kim Marlow
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 2:22:34 AM

To the Medical Board of Australia,

I support Option 1.

I support Integrative and Complimentary Medicine.

Integrative Practitioners and Complimentary Medical Practices and therapies have supported me and my family in all aspects of our health and well being.

I consent to publication of my submission.

Sincerely,

Kim Marlow

A black rectangular redaction box covering the signature area.

From: Carlos Marques
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 7:11:20 PM

To the Medical Board of Australia,

I support Option 1.

Dear Madams / Sirs

I just became aware of the changes you propose and I would be putting it lightly by saying that I am utterly saddened, horrified and deeply upset by your proposal. To limit medical practitioners in the way proposed is in my opinion of utmost disrespect both to the practitioners that strive to learn and help patients and to the countless patients that derive immeasurable benefit from integrative medicine and natural practices.

To limit doctors in the way you propose and even defining practice to the extent that you do, limiting their ability to educate patients, prescribe natural treatments and even research anything outside the conventional medicine realm is to my mind not only completely backwards and the opposite of what most advanced and civilized countries are doing but also opposes the WHO position in this regard.

It will also limit Naturopaths and other practitioners who cannot prescribe certain procedures such as IV therapies but work together with integrative doctors to really help patients heal by addressing the root cause of their problems.

In Switzerland where I lived for 14 years before moving, the trend is more and more towards integrative medicines and there are even integrative hospitals that bring tremendous benefit to patients and keep expanding our understanding and knowledge of healing. The same goes for Germany, Italy, etc.

Not that long ago, we didn't know much about the gut microbiome and nowadays is all the rage but yet many GP's are still very poorly informed about it and how to actually help people with many illness that are gut related. To help such patients without the use of integrative medicine is to my understanding impossible. Definitely not accomplished by prescribing antibiotics or medication to simply deal with symptoms.

The limitations you are proposing will in my opinion be extremely detrimental to the medical system in Australia and force people to look elsewhere for help to heal. Unfortunately, most will not be able to afford it and will most likely simply keep suffering. Once again in my opinion, your proposal is that of a disease symptom paradigm and not a health fostering one.

I believe a preventative approach to health to be one of the most important services the medical institution can provide the public and to be honest, the limitations you are proposing do not serve neither doctors nor patients and only Big Pharma.

Recently there was an article in the news saying how Sydney scientists managed to discover some healing properties from elderberry. Those properties have already been understood for centuries if not longer and elderberry used for those properties now "discovered"..

When mentioning concerns about the safety of patients I would like to point out that in all the literature I am aware of there are almost no reported cases of damage done by natural therapies. Although not aware of the numbers in Australia, in the US, the number of iatrogenic deaths is around 800 thousand a year, making it the 3rd leading cause of death..

I feel that the limitations proposed block me from accessing true help in the event of an illness and feel it as an attack to my freedom of choice and rights!

I think it goes without need for further saying what my position on this matter is. I strongly urge you not to implement the changes you propose and herewith express my support of option 1 to keep things as they are. Better yet I wholeheartedly hope you increase your support of integrative medicine and integrative doctors to the benefit of our population.

Thank you for reading these thoughts and if they sound strong its because I am passionate about the subject and mean in no way to be disrespectful to the one reading them. I do hope you understand that whenever someone feels their health freedom threatened its bound to have a strong response.

Thank you once again and thank you for reconsidering your position on this matter.

Best regards,

Carlos

I consent to publication of my submission.

Sincerely,

Carlos Marques

A solid black rectangular box used to redact the signature of Carlos Marques.

From: Joann Marr
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:24:14 AM

To the Medical Board of Australia,

I support Option 1.

I love that GP's are using their extensive education to explore all health possibilities and integrating them in their practice. An inquisitive and informed GP is my GP

I consent to publication of my submission.

Sincerely,

Joann Marr

[Redacted Signature]

From: Helen Marsh <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

People need to be able to choose if they want to use the services of complementary therapies. It should not be dictated by our government how and where people go for medical advice and treatment. It's absolutely an individual choice. I am 100 behind my GP and her advice.

But I also want to make my own decision on seeing my acupuncturist for treatment and seek naturopathic/complementary medicines or supplements. People who are adults need to be free to research themselves and be informed on where they go for health treatments and support.

I consent to publication of my submission.

Sincerely,

Helen Marsh
[Redacted Signature]

From: Jenny Marsh
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 7:52:42 PM

To the Medical Board of Australia,

I support Option 1.

It is my right to choose my own treatment. Prescription drug related deaths statistically is quite high so I have a right to not take chemical drugs over a more natural product and all doctors should be trained in holistic as well as medical therapies.

I consent to publication of my submission.

Sincerely,

Jenny Marsh

A solid black rectangular box used to redact the signature of Jenny Marsh.

From: Joanne Marsh
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 11:29:31 AM

To the Medical Board of Australia,

I support Option 1.

I hope believe in traditional medicine and I believe supplementn that with supplements and other allied health practices has given me fabulous health outcomes. I feel safe when these additional supports are recommended by a medically trained professional. Don't take away my choice to choice this, you don't have the right to say what is the best path for me

I consent to publication of my submission.

Sincerely,

Joanne Marsh

A black rectangular redaction box covering the signature area.

From: Paul Marsh
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 2:30:50 PM

To the Medical Board of Australia,

I support Option 1.

Please dont restrict patient options and the choice to use a more treatment than simply pharmaceuticals.

I consent to publication of my submission.

Sincerely,

Paul Marsh

A solid black rectangular box used to redact the signature of Paul Marsh.

From: Jessie Marshall
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:35:54 AM

To the Medical Board of Australia,

I support Option 1.

Restricting integrative and complementary therapies in both GPs and qualified nutritionists, naturopaths and herbalists (who have studied for up to 7-8 years in recognised health science degrees that are literally offered by the government) is both hypocritical and also dangerous to the health of the public.

It is not alternative medicine, but complimentary medicine, meaning it either acts alongside pharmaceutical medicine or acts as a buffer along side it through basic diet.

Not only are you axing nutritional and herbal company income, but you are increasing the risk of disease progression and risk. Natural health is preventative.

There is a multitude of scientific evidence to support it and we all know it's [REDACTED] when stated otherwise.

I consent to publication of my submission.

Sincerely,

Jessie Marshall
[REDACTED]

From: Jessie Marshall
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 7:53:22 AM

To the Medical Board of Australia,

I support Option 1.

I believe I have already responded to this but I will again.

I have been studying Naturopathy for 5 years (the advanced diploma and the bachelor of health science). I'm appalled that the government made these courses available and recognised if they are now turning around and stripping our rights to health fund rebates as well as removing the rights of integrative doctors from recommending these therapies. This is particularly appalling because I know EXACTLY how much time general medicine study nutrition and vitamins (a total of 2 weeks) and yet these integrative doctors are going the extra mile and doing these recognised courses that take years and are all evidence based are being told they can't tell recommend use of vitamins or herbs. Where is the logic in that? How is the government and the MBA allowed to charge students \$50-80,000 in hecs debt if we can't even use what we have studied.

If this is bought forward not only are you restricting predated ancient therapy access, but you are nothing but supporting big pharma. Don't make another mistake.

I consent to publication of my submission.

Sincerely,

Jessie Marshall

A black rectangular redaction box covering the signature area.

From: Susan Marshall <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:47 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

What is wrong with the way we have always accepted complimentary medicine. The power of Big Pharma flexing its muscles just like in the USA. Please don't be bullied MBA fight for Australian drs and patients choice.

I consent to publication of my submission.

Sincerely,

Susan Marshall
[REDACTED]

From: Annette Marslen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 12:48:30 PM

To the Medical Board of Australia,

I support Option 1.

It is important that citizens have the right to choice and that medical practitioners are able to use a holistic approach for their clients that is not controlled by pharmaceutical companies.

I consent to publication of my submission.

Sincerely,

Annette Marslen

A solid black rectangular box used to redact the signature of Annette Marslen.

From: David Martensen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 3:35:21 PM

To the Medical Board of Australia,

I support Option 1.

Need to limit government and big pharmaceutical control

I consent to publication of my submission.

Sincerely,

David Martensen

A solid black rectangular box used to redact the signature of David Martensen.

From: Diane Martin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 7:18:29 AM

To the Medical Board of Australia,

I support Option 1.

I have been using intergrative medicine for some time now in fact all my life these types of treatments are ancient tried and true...and feel it is imperative to have choice in this matter. No other treatment was sucessful in treating my condition. It is fast becoming an authoritarian country deciding what is right for people is not your right. Firstly taking natural therapies off the health fund rebate scheme now this. Stop it. Just stop it.

I consent to publication of my submission.

Sincerely,

Diane Martin

A solid black rectangular box used to redact the signature of Diane Martin.

From: Keith Martin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:23:21 AM

To the Medical Board of Australia,

I support Option 1.

I travel over 20 kms to see the Integrative & complementary doctor of my choice because he takes time to investigate my personal challenges and offer a solution which may be conventional or complementary medicine. I have had great success with the complementary choices and they have no side effects. Please do not close this option!

I consent to publication of my submission.

Sincerely,

Keith Martin

A black rectangular box used to redact the signature of Keith Martin.

From: Keith Martin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:00:58 PM

To the Medical Board of Australia,

I support Option 1.

I have used Complementary medicine for years and contribute their use to my continued good health and therefore not a burden on hospitals. I am 79 years of age and resent the MBA trying to interfere with my rights to choose and Integrative doctor and to choose herbs which have supported humans for thousands of years!

I consent to publication of my submission.

Sincerely,

Keith Martin

A black rectangular redaction box covering the signature area.

From: Marion Martin <submissions@yhyc.com.au>
Sent: Tuesday, 25 June 2019 4:52 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

As a massage therapist and work with energy I support no change. For thousands of years people have practiced natural therapies and not big pharma. There has been studies and found natural therapies are of great benefit to the patient. Medicine has its own right and thanks for it..but having a relationship with both is imperative to people's choice of how they want to be treated

I consent to publication of my submission.

Sincerely,

Marion Martin


From: Marion Martin <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 9:07 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

When people don't have a choice on how they want to be treated it becomes medical tyranny. As a massage therapist I can provide pain relief and relaxation from stress as no pressures of the outside world. Western or allopathic medicine has only been around for less than 200years. Big Pharma wants control over the whole medical system and this can only lead to medical tyranny and more deaths

I consent to publication of my submission.

Sincerely,

Marion Martin


From: Michelle Martin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:48:46 AM

To the Medical Board of Australia,

I support Option 1.

To Whom it May Concern,

I am writing this email to strongly protest the proposed changes in regards to Dr's being able to recommend complementary medicines and treatments.

Alternative treatments are vital in the holistic treatment of clients, are more user friendly than the list of medications routinely prescribed for illnesses.

i have used many alternative therapies in place of poisonous medications with great success, my family immediate and extended also use alternative therapies with much success.

I believe the status quo has to be kept as it is, there is no need to reduce the options available to the general public for them to choose from, pharmaceutical companies are not the only ones who can treat people.

I consent to publication of my submission.

Sincerely,

Michelle Martin

A black rectangular redaction box covering the signature area.

From: Sara Martin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 6:25:02 PM

To the Medical Board of Australia,

I support Option 1.

For me it's simple

We become unwell, we go to a doctor to become well. We put our trust in the human in front of us and believe they will offer the best treatment for us at that time. Integrated medicine means that we have all avenues open to us.

Health should be all the best traditional and modern medicine have to offer not about the amount of profit big Pharma will make or lose. Natural therapies have helped me throughout the years and I'm not a burden on the healthcare system. The better we are the better the country and the planet.

Don't be scared of natural therapies, embrace them.

I consent to publication of my submission.

Sincerely,

Sara Martin

A black rectangular box used to redact the signature of Sara Martin.

From: Sharyn Martin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 12:56:10 PM

To the Medical Board of Australia,

I support Option 1.

Practitioners who provide integrative and complementary services have helped many people with Environmental Sensitivities such as Multiple Chemical Sensitivity, Chronic Fatigue Syndrome, Food sensitivities and Perfume sensitivities including myself. They spend more time with their patients typically providing longer consultations to understand the causes of illness and plan individualised treatments. They can provide options other than pharmaceuticals to help people manage theirs conditions.

I consent to publication of my submission.

Sincerely,

Sharyn Martin

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From: Victoria Martin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 8:37:50 PM

To the Medical Board of Australia,

I support Option 1.

It is vital that Integrative GPs are able to offer holistic care to patients. Patients want access to these therapies, we have to allow the right to choose natural and complementary medicines as they are proven to be effective.

I consent to publication of my submission.

Sincerely,

Victoria Martin

A solid black rectangular box used to redact the signature of Victoria Martin.

From: Maria martino
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:57:33 AM

To the Medical Board of Australia,

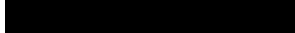
I support Option 1.

I'm a regular user of some complimentary medicines and my Dr has prescribed some of these due to deficiencies . It's time that MBA realizes that if you have nutritional health there would be less sick people there fore saving the government millions of dollars. Good food is essential to wellbeing and those that promote this should have a voice.

I consent to publication of my submission.

Sincerely,

Maria martino

A solid black rectangular box used to redact the signature of Maria martino.

From: angie masefield
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 28 May 2019 7:51:11 AM

To the Medical Board of Australia,

I support Option 1.

I have been going to doctors who have an openness to other therapies for 30 years. Doctors who are aware and informed guide us to the right healing method from osteo n physio to reflexology and homeopathy and more Many countries routinely accept complementary methods as less invasive for minor problems Australia seems to be generally marching backwards to limited thinking and controlling the population in unnecessary ways We need doctors AND complementary therapists and a good practice has both available or a referral capacity

Please keep things open Thankyou

I consent to publication of my submission.

Sincerely,

angie masefield



From: Gillian Maskell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 11:11:01 AM

To the Medical Board of Australia,

I support Option 1.

Doctors spend a lot of time training

I'm sure they would not recommend practices that they did not believe in. I think the mba should but out!

I consent to publication of my submission.

Sincerely,

Gillian Maskell

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From: Katherine Maslen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:28:49 PM

To the Medical Board of Australia,

I support Option 1.

The fact that this is even under review is incredulous

I consent to publication of my submission.

Sincerely,

Katherine Maslen

[Redacted Signature]

From: Shirin Mason
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:32:33 AM

To the Medical Board of Australia,

I support Option 1.

I have relied heavily on homeopathic remedies for myself and my family with fantastic results. I believe it is our right as consumers to have the choice of having complementary medicine. I would by far prefer to use complementary and integrative medicine than take pharmaceutical products. No to the MBA imposing restrictions on integrative practitioners! In my opinion, they are the real forward thinkers here.

[REDACTED]

I consent to publication of my submission.

Sincerely,

Shirin Mason

[REDACTED]

From: Shirin Mason
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 10:44:54 AM

To the Medical Board of Australia,

I support Option 1.

I am absolutely not in favour of removing this choice from consumers;
I have used homeopathic remedies with great success for many years and
would like to have that choice still, if required. Natural remedies
have been around for years and should be part of a holistic treatment
plan. Our health, our choice!!

I consent to publication of my submission.

Sincerely,

Shirin Mason

A black rectangular redaction box covering the signature area.

From: Dean Massam
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 11:43:22 AM

To the Medical Board of Australia,

I support Option 1.

At present there is only really three choice when it comes to cancer, cut burn and poison. These limited choices are invasive and sadly not successful in many cases. With the advent of newly discovered and in some cases old medical treatments being used to treat conditions as opposed to managing them by traditional methods, it is important for patients to have more choices. If the government limits patients choices then by God the government had better have a fund somewhere to pay for the litigation coming from the damage that limited treatment choices can do.

I consent to publication of my submission.

Sincerely,

Dean Massam

A solid black rectangular box used to redact the signature of Dean Massam.

From: Cortney Massie
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 12:49:21 AM

To the Medical Board of Australia,

I support Option 1.

It's the individual persons right to want to seek natural alternative medicine ! Need you remember that before pharmaceutical drugs were invented. Natural Remedies were all that was available! If someone wants to seek natural therapy that is that individuals right to do so and who dare say that they are not able to ! Maybe you should take a look and put a stop to all the Drs that keep prescribing opioid medication to people ! What a joke this is opioid drugs and other pharmaceutical drugs cause major issues to people's brains and health ! Natural medicine / therapies do not have this effect on people. Stop trying to force the drugs onto people and let people do what they feel is right for their bodies and that is Natural medicine and Natural therapies !

I consent to publication of my submission.

Sincerely,

Cortney Massie

A solid black rectangular box used to redact the signature of Cortney Massie.

From: Ema Mascuch
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 9:46:55 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine as I think it is 100% our right to be given ALL the information to what is available to us for our health and to be able to make our own decisions about how we would like to be treated.

I have used so many varied Integrative & complementary medicines over the course of my life that have resulted in successful healing and continues to give me optimal health across many ailments and illnesses I face everyday.

This has included (but not limited to) Nutritionalist, Chiropractic, Chinese medicine, Acupuncture, Naturopathy, Aromatherapy, Remedial Massage, Homeopathy, Reiki, Yoga, Meditation, EFT, just to name a few. These have all had their place in my pursuit for health over the years of addressing various conditions.

I will continue to use Integrative & complementary medicine as I believe just modern medicine alone does not work for me. We should have access to the whole truth about health and healing, and use all available methods and practices and not just rely on a quick fix and just focus on symptom relief, which is often the case in modern western medical model. There is more wisdom in ancient healing techniques and nature itself that should not be ignored and the process of healing should include EVERYTHING we have available to us, from our past, and INCLUDE the incredible work of modern medicine.

This should never be an 'US and THEM' conversation, as all approaches should be considered and utilised - hence the word "COMPLEMENTARY". They are perfectly designed to help each other.

If the MBA imposes restrictions on Integrative practitioners, they will be denying people their right to full and complete health care and wellbeing. You will be directly responsible for ensuring that people stay sick and stay reliant on a system that does not necessarily support them. You will be responsible for a sick, struggling and essentially a dying population who could otherwise be enjoying a well and vibrant existence.

Most importantly you would be taking away our civil rights, and the freedom of choice. Everything that democracy stands for.

I consent to publication of my submission.

Sincerely,

Ema Mascuch



From: Dianne Mather <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 3:21 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

My body, my choice. I want ALL the options & the final choice is mine to make. Big pharmaceutical companies have only 1 interest...MONEY, not health & well being.
No changes, NOT NOW, NOT EVER!

I consent to publication of my submission.

Sincerely,

Dianne Mather
[REDACTED]

From: Alexandra Matkevich
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 4 June 2019 3:30:48 PM

To the Medical Board of Australia,

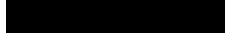
I support Option 1.

Integrative medicine offers a choice for us. We specifically seek out Integrative Medical Professionals, who take the time to understand our complex needs, and offer a variety of Evidence Based solutions and care management plans. Just as someone wants to see Dr John or Dr Judy, we too should have the choice to see a qualified, expert, professional with our best care in mind.

I consent to publication of my submission.

Sincerely,

Alexandra Matkevich

A solid black rectangular box used to redact the signature of Alexandra Matkevich.

From: Melissa Matthes <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:38 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have the right to choose the way I wish to treat my body. My body my choice.

I consent to publication of my submission.

Sincerely,

Melissa Matthes


From: April Matthews
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 21 May 2019 7:01:47 PM

To the Medical Board of Australia,

I support Option 1.

It is inherently up to the patient whom they choose to see and for what reasons. Evidence base research has been completed on complementary and holistic approaches and streams of medicine. If a practitioner is properly trained in the field and has scope to treat effectively. Why would we place more burden on the already failing healthcare system- Putting more patients at risk of not seeking advice to change lifestyle and dietary habits, to name just a few..

If a GP has scope to treat in this way and does so, why would we impede anyone from having access to that.

Health and a holistic approach with guidance and proper information should be the right of any citizen to access. Furthermore assisting the general public to have access to Naturopathy more freely. A Natropath can deal with a host of lifestyle, chronic diseases and mental health issues, by assisting the patient to gain back their health through various streams of treatment modalities. Natropaths complete: 4 year degrees in health science. Why would we impede people to have access to this? And why is it not the recognised under APRA?

I consent to publication of my submission.

Sincerely,

April Matthews

A solid black rectangular box used to redact the signature of April Matthews.

From: Gail Matthews
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 7:13:16 AM

To the Medical Board of Australia,

I support Option 1.

I don't at the moment visit a medical doctor who does practice both mainstream medicine as well as complementary medicine but I have done in the past. This was appreciated by me when it could be offered and I would sincerely like to be able to choose a practitioner who does.

I consent to publication of my submission.

Sincerely,

Gail Matthews

A black rectangular redaction box covering the signature area.

From: Marena Matthews
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 4:33:18 PM

To the Medical Board of Australia,

I support Option 1.

To provide optimum, holistic and integrative medicine is vital not only for optimum care but commercially this is more and more what consumers demand.

I consent to publication of my submission.

Sincerely,

Marena Matthews

A solid black rectangular box used to redact the signature of Marena Matthews.

From: Terry Matthews <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:42 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Choice is a good thing. Thank you

I consent to publication of my submission.

Sincerely,

Terry Matthews
[REDACTED]

From: Theresa Matthews
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:38:56 PM

To the Medical Board of Australia,

I support Option 1.

I do not want to see the guidelines changed. Holistic medicine has a place in today's society and should remain. I believe that Australia needs to catch up with other parts of the world in relation to legalising cannabis use to assist those suffering where conventional pharmaceutical drugs have no benefit to the person. People visit their family doctor for guidance and support in their health care. As new medicinal successes are found our GP should have the ability to study and be informed and prescribe such treatments. By changing the current guidelines you will push holistic medicine further into the dark ages and to the black market where it can not be regulated for the benefit of man. Is it not better to have an informed GP monitoring the legal use of holistic medicine? I would like my GP to have the ability to study and remain in control of my health care. I vote no change.

I consent to publication of my submission.

Sincerely,

Theresa Matthews

A solid black rectangular box used to redact the signature of Theresa Matthews.

From: Cynthia Matthysen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 8:12:52 PM

To the Medical Board of Australia,

I support Option 1.

Please kindly keep things the way they are. I would rather make my own decision based on my doctors advice

I consent to publication of my submission.

Sincerely,

Cynthia Matthysen

A black rectangular redaction box covering the signature area.

From: Trudi Maughan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:52:08 AM

To the Medical Board of Australia,

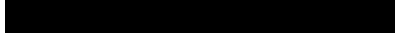
I support Option 1.

I have and still do utilise and whole support integrative and complementary medicine. By taking these away your are taking away our choice. Conventional medicine only goes so far and has their boundaries, incorporating integrative and complementary medicine broadens 'our' options and 'our' choice and can compliment the conventional treatment.

I consent to publication of my submission.

Sincerely,

Trudi Maughan

A solid black rectangular box used to redact the signature of Trudi Maughan.

From: Joan Max
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:14:23 PM

To the Medical Board of Australia,

I support Option 1.

For the many people who have cured "incurable" diseases through the assistance of Integrative practitioners and others follow suit by the example there should always be a choice in how one chooses to heal.

I consent to publication of my submission.

Sincerely,

Joan Max

A black rectangular redaction box covering the signature area.

From: Rosalind Maxfield
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 5:18:55 PM

To the Medical Board of Australia,

I support Option 1.

I believe we should have the ability to choose your own treatments and the doctor should have the right to advice on alternative treatments if they have researched it I. I have chemotherapy but also use a number of natural remedies to help prolong the need for further treatment. Some of our drs have given antibiotics and also advised on several natural options to improve immunity and ability to fight infection and I think that is a good thing. It should be a patient and doctor's choice. Is the medical field threatened because the alternative things work better and big Pharma missing out on millions of dollars?

I consent to publication of my submission.

Sincerely,

Rosalind Maxfield

A black rectangular redaction box covering the signature area.

From: Cherie Maxwell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 5:22:14 PM

To the Medical Board of Australia,

I support Option 1.

Please allow people to chose how to manage there own health issues with the help of a qualified doctor, to make this chose harder you will be forcing people to consult people who are not fully qualified, such as naturopaths, dr Google, possibly costing more to the health system overall. Shouldn't the first option be to look at diet and lifestyle before just handing out medication. Maybe we should be looking at the training traditional doctors are given in these areas instead of targeting holistic doctors.

Regards

I consent to publication of my submission.

Sincerely,

Cherie Maxwell

A solid black rectangular box used to redact the signature of Cherie Maxwell.

From: Rebecca Maxwell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 12 May 2019 9:49:34 AM

To the Medical Board of Australia,

I support Option 1.

Complementary medicine has proved its validity for many centuries in India and some other countries. A small range of complementary remedies is available to us in the west where we should exercise our freedom as inhabitants of a free country to choose to use these remedies. We must not forget that conventional medicine has had its errors and is still acceptable for its successes. I believe our freedom to choose is the paramount issue.

I consent to publication of my submission.

Sincerely,

Rebecca Maxwell

A black rectangular redaction box covering the signature area.

From: Dr. Murray May
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 8 June 2019 9:22:15 PM

To the Medical Board of Australia,

I support Option 1.

I have used Traditional Chinese Medicine and western herbal medicine to great effect. Australia appears to be lagging badly in getting with it as far as lifestyle medicine and integrative medicine is concerned. Prof. Andrew Weil's integrative medicine centre at the University of Arizona is training an increasing number of medical professionals in integrative medicine practice. This will lead to better patient outcomes at lower costs. The centre is a world leader in this field. Too much is spent on drug based medicine and not enough on prevention. Where appropriate western medicine is used, but complementary approaches are particularly applicable to much chronic disease and for prevention.

I consent to publication of my submission.

Sincerely,

Dr. Murray May

A black rectangular redaction box covering the signature area.

From: Shirlene May
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 11:31:07 PM

To the Medical Board of Australia,

I support Option 1.

Good doctors who truly care take a holistic approach.

I consent to publication of my submission.

Sincerely,

Shirlene May

A black rectangular redaction box covering the signature area.

From: Andrew Maybury
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:22:50 PM

To the Medical Board of Australia,

I support Option 1.

I have always relied on supplements and alternative health care.

I consent to publication of my submission.

Sincerely,

Andrew Maybury

A solid black rectangular box used to redact the signature of Andrew Maybury.

From: Julia Mayne
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 6:48:33 PM

To the Medical Board of Australia,

I support Option 1.

Integrative healthcare choices are the right of all Australians. My family makes great use of complementary medicines and practices and has found them essential for resolving various health complaints that conventional medical practice could not resolve without unpleasant side effects. Conventional medicine rightly has its place but so does complementary medicine and the more integration between the two, the better.

Sincerely

I consent to publication of my submission.

Sincerely,

Julia Mayne

A solid black rectangular box used to redact the signature of Julia Mayne.

From: Brett Mc <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It is mine and everybody's right to choose the healthcare option they'd prefer. I for one will not support a Government that takes this right away.

I consent to publication of my submission.

Sincerely,

Brett Mc


From: Wendy McAra
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 7:36:13 PM

To the Medical Board of Australia,

I support Option 1.

My husband and I (he's 82, I'm 77) have been taking nutritional supplements prescribed by a GP with a nutritional qualification. We live very full and healthy lives: we both work part time, jog and maintain a good exercise routine, and our health is excellent. I have no doubt the nutritional supplements have contributed significantly to our amazing health, energy, vitality!

Do you not yet recognise the critical importance of diet and nutrition as a major determinant of health? Gut and microbiome health are being shown to profoundly affect several diseases.

The medical profession want to protect their turf. There is prejudice and control operating in this attack on nutritional medicine. Besides which, if all the people who manage their health and well-being were to be thrown back into Medicare and the PBS, the cost to the health budget would be alarming. They are currently largely funding their 'medication ' out of their own pockets. Do you want to take over these expenses?

I consent to publication of my submission.

Sincerely,

Wendy McAra



From: Donna McArdle
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 22 May 2019 6:06:59 PM

To the Medical Board of Australia,

I support Option 1.

I am living proof of the power of alternative medicine. It is our choice to be given every option and avenue to treat a condition. Be it with drugs or complementary medicine. Informed choice!!!!

I consent to publication of my submission.

Sincerely,

Donna McArdle

A solid black rectangular box used to redact the signature of Donna McArdle.

From: Bev McAulay
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 8:29:18 PM

To the Medical Board of Australia,

I support Option 1.

I Support the rights of patients to use integrative and complementary medicines. I also strongly support that Doctors be able to recommend such alternative treatments to support their patients health. I have used natural therapies to compliment treatments prescribed by my Doctor. I believe that these natural therapies have hastened my recovery time. If restrictions are imposed on Doctors then medicare will be paying more for patients recoveries. It will take longer for people to get well and there will be more chronic illness. This will in turn place a burden on the health budget. Costing Australians more each year for health care.

I consent to publication of my submission.

Sincerely,

Bev McAulay

A black rectangular redaction box covering the signature area.

From: Patti McBain
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 1 May 2019 12:00:58 AM

To the Medical Board of Australia,

I support Option 1.

I support a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines.

I consent to publication of my submission.

Sincerely,

Patti McBain

A solid black rectangular box used to redact the signature of Patti McBain.

From: Pamela McCabe
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 8:03:06 PM

To the Medical Board of Australia,

I support Option 1.

Dear Sir/Madam,

We shouldn't be removing the natural options from our medical doctors, if anything more should be trained to provide alternative therapies in their practice. I see a naturopath each quarter instead of my medical doctor and only see him when I have to. I prefer to prevent disease instead of waiting till I get sick and then go on medication. Please do not remove these options from our doctors or us.

Thank you for listening.

Regards,

Pamela McCabe

I consent to publication of my submission.

Sincerely,

Pamela McCabe

A solid black rectangular box used to redact the signature of Pamela McCabe.

From: Helena McCallum
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 6:39:27 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative and complementary medicine, because it has helped me when conventional allopathic medicine was unable to do so. I am also personally aware of many others, friends, family and my clients, who have had illnesses like CFS and Fibromyalgia, who have been helped by integrative doctors when other methods were not helpful. Some were quite desperate at not being previously helped, and were incredibly grateful to find treatments that got them well. The doctors who practise integrative medicine are well trained in both conventional and complementary techniques and in my experience use both wisely. I believe that patients have the right to choose to attend integrative medical practitioners if they wish. No one forces a person to choose an integrative practitioner: if someone does not want to see one, they simply stay away and go to a conventional doctor. Let's retain our right to choose!

I consent to publication of my submission.

Sincerely,

Helena McCallum



From: Mirray McCallum
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 4:41:31 PM

To the Medical Board of Australia,

I support Option 1.

I strongly support the right of General Practitioner to prescribe complementary medicines without restrictions that carry ARTG approval numbers Murray McCallum AHPRA Registered Practitioner T C M Acupuncture

I consent to publication of my submission.

Sincerely,

Mirray McCallum

A solid black rectangular box used to redact the signature of Mirray McCallum.

From: Lynne McCarty
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:32:33 AM

To the Medical Board of Australia,

I support Option 1.

I have an illness that has shown zero response to traditional western medicine (In 10 years) yet which has been greatly alleviated by a combination of alternative medicine modalities. Frankly, I would not consider my life to have any quality without these supports. It will be a tragedy if these are no longer permitted.

I consent to publication of my submission.

Sincerely,

Lynne McCarty

A black rectangular redaction box covering the signature area.

From: Janice McClennan <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:31 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

This medicine has kept me well and supported my health all of my life.
It is a form of prevention as well as something that can assist in cases when conventional medicine has no answers.

I consent to publication of my submission.

Sincerely,

Janice McClennan


From: Sandra McCloskey
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:14:07 PM

To the Medical Board of Australia,

I support Option 1.

We have attended a functional medicine doctor for years. He has helped to keep us healthy without always relying on drugs which is what we want. If you shut down these doctors we will go to Naturopaths solely (currently they work together).

Their focus is prevention and natural healing which takes the burden off hospitals.

Doctors must keep pace with what the community want or risk being side stepped

I consent to publication of my submission.

Sincerely,

Sandra McCloskey

A solid black rectangular box used to redact the signature of Sandra McCloskey.

From: Shelley McClure
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 8:36:26 AM

To the Medical Board of Australia,

I support Option 1.

I urge you to seriously re consider maintaining access to integrative and complimentary therapies. Many people utilise these therapies to maintain or treat health issues that the allopathic model is unable to do.

As a health professional, I personally have experienced and witnessed positive results in postpartum health recovery in regards to postpartum depletion.

I know many Mothers who have benefited greatly from having access to supplements, herbs, probiotics and a massage to alleviate postpartum mood disorders. This is only a small portion of the population that would suffer greatly if this option was removed.

I believe that rather than being opposed allopathic and complimentary medicine, are just that, complimentary. The latter for prevention and mild treatment. The former for diagnostics, emergency medicine and responsible pharmaceutical prescription to name a few.

I also urge to be clear in the catagories if complimentary medicine. For example, access to a Naturopath and Massage therapist are not akin to energetic modalities such as reiki etc.

I have already decided to cancel my health fund due to lack of extra options.

If the main concern is access to quality proffessional care, then an honest exploration into the reality that irresponsible practitioners exist in ALL areas of health professions. By empowering people to report this, we would have greater success than eliminating complimentary health.

I consent to publication of my submission.

Sincerely,

Shelley McClure



From: Liz McConachy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:17:20 AM

To the Medical Board of Australia,

I support Option 1.

I have been a customer for over 30 years of natural supplements, vitamins etc which have benefited myself & family more so than synthetic medicine. It's my choice & I prefer a doctor who integrates both in his practice. What you are doing is archaic. Forcing people to subscribe to pharmaceutical medicines that do more harm than natural. Stop filling your pockets from pharmacy companies & false research & let the people decide what's right for them. Shame on you

I consent to publication of my submission.

Sincerely,

Liz McConachy

A black rectangular redaction box covering the signature area.

From: Jim McConnell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:37:29 PM

To the Medical Board of Australia,

I support Option 1.

I'm concerned at the control of the MBA over my medical choices of my preferred treatment options. These days information is able to accessed by patients as their choice of treatment. Seeing that we are living in a democracy choice is our right and obligation. Thank you
.

I consent to publication of my submission.

Sincerely,

Jim McConnell

A black rectangular redaction box covering the signature area.

From: Leanne McConnell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 11:25:59 PM

To the Medical Board of Australia,

I support Option 1.

Please don't remove our right to choose, it's our health & should be our choice!

I consent to publication of my submission.

Sincerely,

Leanne McConnell

A black rectangular redaction box covering the signature area.

From: Jill McCorquodale
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 6:41:34 PM

To the Medical Board of Australia,

I support Option 1.

I DO NOT support this option. Where is my FREEDOM. I am an intelligent educated person. You have no right to limit my rights re my health options.

I consent to publication of my submission.

Sincerely,

Jill McCorquodale

A solid black rectangular box used to redact the signature of Jill McCorquodale.

From: Michele McCrea
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 6:59:22 PM

To the Medical Board of Australia,

I support Option 1.

Please retain the current guidelines which honour freedom of choice for people in choosing doctors and treatments for our health issues. This is not a dictatorship. It is a democracy, and freedom of choice is a fundamental right. Evidence-based medicine is a great thing - but it is NOT right for everyone. That is because scientific research outcomes are based on averages and there is no average person. Everyone is different. We have different needs, different responses to treatments, and therefore different requirements. People need to be responsible for their own health, and to have the right to choose the practitioners and treatments that suit them.
Thankyou.

I consent to publication of my submission.

Sincerely,

Michele McCrea

A black rectangular redaction box covering the signature area.

From: Alan McDonald
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 7:54:08 AM

To the Medical Board of Australia,

I support Option 1.

At 64 years of age I'm happy to report good health, largely due to consulting when required both allopathic medical doctors and qualified practitioners of complementary medicine.

I'm strongly opposed to any curtailment by recommendation or bold intervention of my right to choose my medical and health care providers.

I consent to publication of my submission.

Sincerely,

Alan McDonald

A black rectangular redaction box covering the signature area.

From: christina mcdonald <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

This is an absolute disgrace. I have used an Integrative Medical Practitioner, a Naturopath, a Chiropractor, a Therapeutic Masseuse, a Clinical Hypnotherapist and a Reflexologist over many years and will always prefer to use them rather than just a Medical Doctor. We have the right to select the health practitioners we want to. I am so tired of this government trying to dictate what we should do with our bodies. We now have the unhealthiest generation of children ever because they are over vaccinated and over medicated. Start thinking outside the medical box and look at what other countries do to keep their people safe and healthy.

I consent to publication of my submission.

Sincerely,

christina mcdonald
[REDACTED]

From: Gerry McDonald
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 3:07:17 PM

To the Medical Board of Australia,

I support Option 1.

Natural health or alternative health choices should be available for everyone. I use both traditional and alternative natural treatments to keep myself healthy.

I consent to publication of my submission.

Sincerely,

Gerry McDonald

A solid black rectangular box used to redact the signature of Gerry McDonald.

From: Janine McDonald
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 7:36:25 PM

To the Medical Board of Australia,

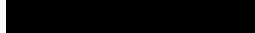
I support Option 1.

My medical practitioner believes in a holistic and targeted approach to healthcare, using a combination of evidence-based general and functional testing, which allows them a greater insight into understanding the underlying causes of my health concerns, which together with safe+effective nutritional/herbal supplements, enables a truly holistic approach, and results in better health outcomes for me.

I consent to publication of my submission.

Sincerely,

Janine McDonald

A solid black rectangular box used to redact the signature of Janine McDonald.

From: Kelli mcDonald Kelli McDonald <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:57 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Having an automimmune disease, it's is imperative to access integrative & complementary medicine. This has helped me get to the root cause of my issues as oppose to just treating a symptom.

I consent to publication of my submission.

Sincerely,

Kelli mcDonald Kelli McDonald

From: Jay McDonnell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:47:01 PM

To the Medical Board of Australia,

I support Option 1.

A holistic approach to health and healthcare is essential and I support the rights of Doctors and Patients accessing a range of options including new and innovative practices so that the right solution for each individuals health care issues can be found.

I consent to publication of my submission.

Sincerely,

Jay McDonnell

A solid black rectangular box used to redact the signature of Jay McDonnell.

From: Sarah McDonough <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:46 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Everyone has a right to choosing natural remedies. The body's own healing powers should be enhanced and respected.

I consent to publication of my submission.

Sincerely,

Sarah McDonough


From: Amanda McFarland
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 27 May 2019 4:03:36 PM

To the Medical Board of Australia,

I support Option 1.

I am a nutritionist who believes that food is medicine Food heals but also sleep, rest, exercise but most of all nutrition. Australians must have the right and freedom to choose what is best for them. I believe there is a place for conventional medicine and complimentary medicine. It is and never should be the governments right to dictate which medicines we prefer to use.

I consent to publication of my submission.

Sincerely,

Amanda McFarland

A solid black rectangular box used to redact the signature of Amanda McFarland.

From: Jodi Mcfarlane <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:46 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine has changed my life, allowing me to make choices and take control of my own health journey. I am more confident in knowing that I can include as much or as little treatments and make decisions as I feel comfortable to make better choices that work for my body. Every body is different.

I consent to publication of my submission.

Sincerely,

Jodi Mcfarlane
[REDACTED]

From: Alesha McFerran
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 4:34:25 PM

To the Medical Board of Australia,

I support Option 1.

I believe that it is very unfair to take away people's choices of how they take care of their health. I have had huge success in using integrative and complementary services and medicine and find it ridiculous that the MBA is trying to restrict peoples right and choice to these natural alternatives to health. I use acupuncture, chiropractic, Chinese medicine and see a natropath. Previous health issues and so called "conditions diagnosed by GP's" with "no cure or improvement", i found no improvement or "cure" for these issues for years using medications prescribed by GP's (told it was my only option) and until i found natural alternatives, have these issues now completely disappeared or significantly improved. Not only have a i had great improvements of my health, existing conditions and general maintenance of my health because of these natural alternatives, i have also witnessed it in many others around me and it would be very disappointing for this to be taken away from not only me and those around me but for others in the general public who might not have yet had the opportunity to experience them and have it as a part of their lives. Please stop trying to control us and our choices that we make for our bodies.

I consent to publication of my submission.

Sincerely,

Alesha McFerran

A black rectangular redaction box covering the signature area.

From: Michael McGee
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 8:52:25 AM

To the Medical Board of Australia,

I support Option 1.

We have the right and freedom of choice to choose how we care for our health. Pharma meds are not designed to cure any illness they only manage symptoms. There are thousands of deaths a year with the so called mainstream medicine yet i have always gotten well using natural means. If a doctor cant offer these then he becomes a drug pushing useless practioner controlled by big pharma. I have had nothing but benefits from natural medicine yet phamacutical medicine has always made me worse. Our choice not yours. Stop being controlled by corporate medicine who by their own admission are only interested in money not health. Our choice not yours. Hands off. You are servants of the public not dictators which is what you are now doing. Socialism at its worst.

I consent to publication of my submission.

Sincerely,

Michael McGee

A solid black rectangular box used to redact the signature of Michael McGee.

From: Zorette McGill
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:41:11 PM

To the Medical Board of Australia,

I support Option 1.

Don't just keep things the way they are, fund the double blind studies required to get treatments such as Dr Bill Walshes nutrient therapies Medicare funded. Open your hearts and your minds and stop being so regimented and ignorant. Especially for the sake of being right or money. It's insanity and cruelty.

Why do request this - because they work. Alternative measures look at preventing and treating ailments. Not just masking or alleviating the symptoms. Modern medicine on its own is not a solution it's a bandaid.

Stop being so ignorant. What my proof do you need than what people experience and/or see with their own eyes.

I consent to publication of my submission.

Sincerely,

Zorette McGill

A solid black rectangular box used to redact the signature of Zorette McGill.

From: Michael McGlynn
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 7:36:34 PM

To the Medical Board of Australia,

I support Option 1.

i believe it is our own choice to seek beneficial help from gp when required. Our gps are the ones apart from ourselves that know our bodies

I consent to publication of my submission.

Sincerely,

Michael McGlynn

A solid black rectangular box used to redact the signature of Michael McGlynn.

From: Julie McGoldrick <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:18 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support integrated Wholistic alternative treatments as a supplement to traditional medicine.

I consent to publication of my submission.

Sincerely,

Julie McGoldrick


From: P MCGOWAN
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 19 June 2019 11:00:16 PM

To the Medical Board of Australia,

I support Option 1.

I believe natural medicine and western medicine go together very well.
I dont want to see that change. It works.

I consent to publication of my submission.

Sincerely,

P MCGOWAN

A solid black rectangular box used to redact the signature of P McGowan.

From: David McGrath <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 4:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support Medical Practitioners being able to advise patients on Intergrative and Complimentary medicines abd treatment as it has helped my family and I over many years recover from illness and injury and to regain full health.They are an integral part of our lives .

I consent to publication of my submission.

Sincerely,

David McGrath

From: Troy McGregor
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:41:08 PM

To the Medical Board of Australia,

I support Option 1.

We should have freedom of choice as one size doesn't fit all. And having a choice in seeking out the best treatment can help in a better long term recovery

I consent to publication of my submission.

Sincerely,

Troy McGregor

A solid black rectangular box used to redact the signature of Troy McGregor.

From: Jayne McInnes
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 10:11:56 AM

To the Medical Board of Australia,

I support Option 1.

I strongly disagree with restricting a practitioners right to offer integrative and complementary medicines.

My husband, my Mother, my children and myself have all benefited from complementary medicines.

In some cases it was after many visits, drugs and misdiagnoses from doctors which did nothing or made conditions worse.

I think there is a need and place for all options.

The health of all of us is the most important issue here and by limiting doctors options and the time they have to make a proper diagnosis can only lead to poorer health outcomes for us all.

I consent to publication of my submission.

Sincerely,

Jayne McInnes

A black rectangular redaction box covering the signature area.

From: Christy McIntosh
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 9:55:33 PM

To the Medical Board of Australia,

I support Option 1.

Complementary medicine is an integral part of our families health. We access both mainstream medicine and complementary medicine, and believe that they both work hand in hand for optimal health benefits and support. To have this choice taken away would be detrimental to the health and well being of so many Australians

I consent to publication of my submission.

Sincerely,

Christy McIntosh

A solid black rectangular box used to redact the signature of Christy McIntosh.

From: Donna McIntyre <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:42 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The current guidelines as they are, should be encouraged to include a holistic approach to treatment programs, not go the opposite way. If someone is ill, it is because of a multitude of things that have led to that person being ill. The path to a healthy life style and treatment program must encapsulate a holistic approach which does not focus on any one single thing as a cure.

I consent to publication of my submission.

Sincerely,

Donna McIntyre

From: Kathie Mckenney
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 6 June 2019 3:24:35 PM

To the Medical Board of Australia,

I support Option 1.

I wish for there to be no change in the current guidelines, I believe
all medicinal practitioners give help

I consent to publication of my submission.

Sincerely,

Kathie Mckenney



From: Roberta Mckibbin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 9 May 2019 2:11:16 PM

To the Medical Board of Australia,

I support Option 1.

I have for years used intergrated medical practices and feel it is my right to do so. I cannot fathom why the MBA would seek to change these current guidelines and take away my rights... my body, my choice. I have been able to avoid taking many medications over the years because of using complementary medicines. Many in my family also use complementary medicines and they also should have the choice.

I believe that it would serve us all better to be treated with whatever treatment our own doctor and ourselves feel is right for us.

Taking away this choice is not allowing people to learn what is suitable for them...we should be allowed to take a wholistic approach to our own health guided by doctors who have done much studyat least as much as doctors who only prescribe allopathic treatments.

There is much evidence that there are many wholistic treatments that would benefit people but studies of these are often quashed by big pharmaceutical companies and the governments who derive revenue from these pharmaceutical companies. Many "mainstream" medicines and treatments are known to cause harm to people but they are allowed to continue until enough people are harmedthink thalidamide, the drug given to pregnant women to stop loss of a feteus which caused damage to the daughters of these women, the many drugs that have later been taken off the market because they have caused damage. It is my body and I want to be able to choose what I put in it. Please think carefully and do not take away this right to have integrative and complementary medicines....we should have the right to choose wholistic approaches to our treatments and LUCKY US WHO HAVE A DOCTOR WHO CAN BE AWARE OF BOTH SIDES OF THE PICTURE.

I consent to publication of my submission.

Sincerely,

Roberta Mckibbin



From: Roberta McKibbin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 11:45:48 PM

To the Medical Board of Australia,

I support Option 1.

I have already sent my objection to this but want to reiterate that I am totally against having my rights to choose how I treat my body and with what taken from me. I go to a qualified medical doctor and between us we decide what is best for me.....it is not for someone who does not even know me or my condition to decide what I should do. I HAVE MUCH MORE FAITH IN WHOLISTIC MEDICINE THAN CONVENTIONAL MEDICINE. I do not believe that allopathic medicine has all the answers...in fact...far from it. I have had some medical treatments that perhaps saved my life but at the same time the medicines nearly killed me. I have seen people go from one problem to myriad problems because the drugs they were given to fix the first problem, caused other problems and on and on. I have watched people die from their "conventional" treatments...i.e. chemotherapy. Conventional medicine certainly does not have all the answers. I want to be able to go to whichever practitioner I want.. not to have some government or medical board telling me what I should be doing. This has shades of the big pharmaceutical companies telling governments and Medical boards what to do. Remember Thalidamide... remember cigarettes....there are many drugs that have been given to people that have killed them. Please leave our choice to decide alone. MY BODY, MY CHOICE.
Roberta McKibbin

I consent to publication of my submission.

Sincerely,

Roberta McKibbin



From: Judy McKillop
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 12:25:06 PM

To the Medical Board of Australia,

I support Option 1.

I would not be functioning without natural therapies.

I consent to publication of my submission.

Sincerely,

Judy McKillop

[Redacted Signature]

From: Vivienne McLaren Fettell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:28:07 AM

To the Medical Board of Australia,

I support Option 1.

As part of my freedom of choice I choose integrative medicine as my preferred healthcare. I take responsibility for my own health and do what I can to keep my body active and healthy for this reason I need the doctor of my choice to be professional, honest, easy to communicate with and have a good education in alternate health. I need my doctor to understand about the supplements and vitamins I choose to put into my body. I need her/his expertise to advise me if I combine unsafely. I need a doctor I can trust.

I consent to publication of my submission.

Sincerely,

Vivienne McLaren Fettell

A black rectangular redaction box covering the signature area.

From: David McLaren
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 10:47:59 PM

To the Medical Board of Australia,

I support Option 1.

I want options for my own and my families health care that respect our desire to manage our health with minimal drugs. There are already more than enough restrictions on the provision of complementary and alternative therapies. The fact that there is even a push to restrict access even further smacks of vested interests trying to monopolize the market.

I consent to publication of my submission.

Sincerely,

David McLaren

A solid black rectangular box used to redact the signature of David McLaren.

From: Mary McLean
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:57:07 AM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]
Please do not make any changes to the guidelines. Complementary medicine not only works to support and improve chronic health issues but can often prevent the extremes in acute illness. Australia prides itself on the freedom to choose and it would be detrimental to erode this privilege

I encourage the registration and upgrading of complementary practitioners. Pharmaceutical drugs should not be our only option for health care

Sincerely
Mary McLean

I consent to publication of my submission.

Sincerely,

Mary McLean
[REDACTED]

From: Suzanne McLellan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 6:43:46 AM

To the Medical Board of Australia,

I support Option 1.

I have used complementary medicine all my life for myself and family
and I want to continue to do so

I consent to publication of my submission.

Sincerely,

Suzanne McLellan

A black rectangular redaction box covering the signature area.

From: Louise McLennan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 2:39:36 PM

To the Medical Board of Australia,

I support Option 1.

Mainstream conventional medicine is failing our western populations with an ever increasing number of people suffering from "modern" diseases. Now, more than ever, we need doctors to take the lead in incorporating emerging treatments and especially diagnostic methodologies, and reducing their capacity to do so will do much more harm than from the perceived risk of such methods.

I consent to publication of my submission.

Sincerely,

Louise McLennan

A black rectangular redaction box covering the signature area.

From: Gretchen McLeod
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:17:13 AM

To the Medical Board of Australia,

I support Option 1.

It is a basic right to be allowed access to the healthcare of my choice , which is integrative medicine.

In my experience , those who choose this option live longer , healthier lives.
Its common sense.

I consent to publication of my submission.

Sincerely,

Gretchen McLeod

A solid black rectangular box used to redact the signature of Gretchen McLeod.

From: Kimbal McMahon <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 5:09 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Thank you for this stance. The public needs to have the opportunity to access the treatment that works for them.

I consent to publication of my submission.

Sincerely,

Kimbal McMahon


From: Jody McMiles Jody
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 5:18:20 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access and choice to use integrative and complementary medicine and treatments.

My approach to my healthcare is to work with my GP, integrative or other, to determine if any medical issues are present, assessing symptoms which can overlap for many common complaints and a lot of which are mystery symptoms. I do not believe in masking symptoms but in getting to the root cause and I'm sorry, but the vast majority of modern medicine practitioners do not do this. When my doctor says 'this is what it is or could be and this is how we could treat it with this prescription' my response is always, "I do not wish to take pharmaceuticals if I do not have to and what are my alternatives" and explore lifestyle and diet, of which I will then go to a practitioner who specialises in these areas.

I do not believe it is the right of MBA to take away the choices of both patient and practitioner, but to work with all fields of health for the betterment of the industry for everyone, with a focus on preventative methods and education of the general public. Taking away access to traditional, or alternative (a label I also reject), options is not the answer. Every person is different and every case is different and medical science does not yet have all the answers.

Please, I implore you to do the right thing, to open your minds and think about this differently - as a society our general health continues to decline and we can no longer keep a narrow one size fits all approach. This approach will mean that a patient will end up choosing one option over the other, and not have the full spectrum of options considered in their health care.

Thank you for your time, I hope for a supportive outcome in this space.

I consent to publication of my submission.

Sincerely,

Jody McMiles Jody

[REDACTED]

From: Donna McMillan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 3:28:29 PM

To the Medical Board of Australia,

I support Option 1.

No-one should have the right to dictate what kind of medicine a person takes. It's proven beyond doubt that too much conventional medicine causes death not only in the long run of a few but also for all such as in the case of too much antibiotics.

Making herbal medicine unavailable is detrimental to all & short sighted by the government.

I consent to publication of my submission.

Sincerely,

Donna McMillan

A solid black rectangular box used to redact the signature of Donna McMillan.

From: Donna McMillan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 8:36:45 AM

To the Medical Board of Australia,

I support Option 1.

U have no right to deny the people of choice. This attitude just shows that big pharma cares only for the dollar and not for our health.

I consent to publication of my submission.

Sincerely,

Donna McMillan

A solid black rectangular box used to redact the signature of Donna McMillan.

From: Donna McMillan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 9:00:14 AM

To the Medical Board of Australia,

I support Option 1.

Gov have no right to dictate how we the people choose to heal ourselves.

I consent to publication of my submission.

Sincerely,

Donna McMillan

[Redacted Signature]

From: Jay Mcmillan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 19 May 2019 7:49:57 PM

To the Medical Board of Australia,

I support Option 1.

Integrative Healthcare Choices are Human Rights!!! We are lucky to have a select group of medical practitioners who offer such informative knowledge and a wholistic approach to people seeking their advice and guidance. We must not strip them of their ability to offer such care.

I consent to publication of my submission.

Sincerely,

Jay Mcmillan

A solid black rectangular box used to redact the signature of Jay Mcmillan.

From: Lynette McNab
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:31:11 AM

To the Medical Board of Australia,

I support Option 1.

I support doctor's rights to provide whatever they consider is needed and consider the changes proposed are an invasion of both their rights and the rights of the general public to have their preferred health choices. It would be restricting clinical autonomy and diminishing diagnostic capabilities and individualised treatment plans. This is not because recommendations are unsafe, but just because they are not considered "conventional" apparently.

By framing them as 'fringe', the guidelines also place the regulated traditional medicine professions of chiropractic, osteopathy, Chinese medicine and acupuncture (TCM) at risk. If the MBA is successful in stopping doctors from prescribing natural medicines, I can't help but think that the next phase will be to restrict Naturopaths and other allied health professionals from doing the same" and can't help but wonder why the MBA is actually proposing we get LESS choice of treatments.

According to the World Health Organisation (WHO), "Traditional and Complementary Medicine (T&CM) is an important and often underestimated health resource with many applications, especially in the prevention and management of lifestyle-related chronic diseases".

While many countries are seeking to "expand coverage of these essential health services" the actions of the MBA are in direct violation of Australia's obligations as a WHO Member State to take a more culturally respectful, considered and evidence-based approach to healthcare.

I consent to publication of my submission.

Sincerely,

Lynette McNab



From: Jeni McNamara
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 6:55:34 PM

To the Medical Board of Australia,

I support Option 1.

Integrative doctors have the interest of the person in a holistic manner when treating them. This cannot be understated as individuals are just that.. individuals!!! We are not all the same and therefore cannot be treated as a generic brand of organs.

By integrative approaches when treating a person there is much more knowledge than just a pharmaceutical approach. It required critical thinking and a knowing of how to relate to the whole person, with different needs and belief systems in communities with many sub cultures. Australia is a diverse cultural society and therefore have diverse medical and therapeutic needs.

I consent to publication of my submission.

Sincerely,

Jeni McNamara

A black rectangular redaction box covering the signature area.

From: Maggie McPherson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 1 June 2019 1:39:06 PM

To the Medical Board of Australia,

I support Option 1.

I value complementary medicines very much in my life. The GP I visit is also a naturopath and her advice on complementary medicines has helped me and my family greatly. I cannot even understand why the MBA wants to disallow these ancient and well-documented practices that have been around a lot longer than biomedicine. I choose to live a drug-free life (including prescription drugs) and have great health benefits resulting from this choice. I am a yoga teacher and shiatsu practitioner and see health benefits for these practices constantly. I would not go to a GP who did not also have complementary medicine training and advice.

I consent to publication of my submission.

Sincerely,

Maggie McPherson

[Redacted Signature]

From: Michelle Mcpherson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 1:59:42 PM

To the Medical Board of Australia,

I support Option 1.

It should be a choice of treatment that consumers are allowed to be discussed upon according to conversations with qualified doctors and healthcare workers. Nutritional insufficiencies can be underlying causes of many medical complaints and if these are dismissed the physiological workings of the body will not be able to function at their highest potential.

I consent to publication of my submission.

Sincerely,

Michelle Mcpherson


From: Carmen Mcqueen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 4:04:12 PM

To the Medical Board of Australia,

I support Option 1.

I would like to continue to make my own choices about my health, the ability to chose Traditional medicine and/or alternative and/or complimentary medicine, that is important to me.

I consent to publication of my submission.

Sincerely,

Carmen Mcqueen

A black rectangular redaction box covering the signature area.

From: Ray McQueen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 3:54:16 PM

To the Medical Board of Australia,

I support Option 1.

I believe we should have the right to choose our health care, either alternative or complimentary.

I consent to publication of my submission.

Sincerely,

Ray McQueen

A black rectangular redaction box covering the signature area.

From: Bruce Mcwhinney
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 6:58:13 PM

To the Medical Board of Australia,

I support Option 1.

I have used alternative healing and medicine for many years, such as kinesiology, naturopathic medicine, Osteopathy, they have been more successful than conventional medicines, also with the pressure on the medical system with the crazy amount of immigration into Australia they will take some pressure of the health system.

Sincerely Bruce Mcwhinney

I consent to publication of my submission.

Sincerely,

Bruce Mcwhinney

A solid black rectangular box used to redact the signature of Bruce Mcwhinney.

From: Emily Meaker <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 11:02 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

There isn't really a lot to say here. Don't shove a sock in a doctors mouth, we all have the right to receive ALL the information as it pertains to our bodies so don't be idiots guys. Just this one time.

I consent to publication of my submission.

Sincerely,

Emily Meaker
[REDACTED]

From: Shanti Meera
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:29:01 PM

To the Medical Board of Australia,

I support Option 1.

I support the medical professions right to recommend the full range of complimentary and integrative therapies as they see fit.

As a yoga teacher and student I know first hand how effective these practices can be for a wide range of common health issues.

Pharmaceutical and surgical intervention can not be the only options.

I consent to publication of my submission.

Sincerely,

Shanti Meera

A solid black rectangular box used to redact the signature of Shanti Meera.

From: Jasmine Melhop <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 9:36 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I think it's a fantastic thing to be able to go to a GP and get advice on vitamins, alternative therapy referrals, or anything else that my GP has done research into and deems valuable to me. As a matter of fact, I chose the GP I am seeing because she has a vast knowledge of what's healthy for her clients.

Who exactly is funding and governing this new reform anyway? If the answer has anything to do with pharmaceutical companies, then those that are currently in power need to put health before greed. I have never heard of anyone's health being compromised due to an antibiotic or steroid deficiency.

What would it take to leave it up to the individual GP to know what is best for their patients? And what would it take to live in a true democracy, where the people choose, not the government?

I consent to publication of my submission.

Sincerely,

Jasmine Melhop
[Redacted Signature]

From: CAROLYN MELL
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 6:19:03 PM

To the Medical Board of Australia,

I support Option 1.

My husband , myself, our two adult children and their families have always chosen complementary medicine as our first choice to overcome any health issues. We have been fortunate to have medical practitioners who were willing to listen to us and respected our choice to choose herbs before drugs.

It should be the right of every Australian family to be able to choose the type of medication available.

I consent to publication of my submission.

Sincerely,

CAROLYN MELL

A solid black rectangular box used to redact the signature of Carolyn Mell.

From: Cathy Mellor <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 5:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments


To the Medical Board of Australia,

I support Option 1.

In Asian countries patients have the right to choose how they are treated. There are even laws to support this. There are many doctors using integrative practices with great success. There is much potential in alternative therapies. Especially relating to cancer treatments. Other countries embrace this. Patients need access to as many treatment options as possible. One size does not fit all and conventional treatments have a low success rate. Chemo only works for a small percentage of cancer patients. But combined with traditional Chinese medicine the survival rate dramatically increases. I do not want any of my friends and family members to not have access to integrative medicine in their lifetime. I support access to alternative medicine and practices in this country.

I consent to publication of my submission.

Sincerely,

Cathy Mellor


From: Paula Melville-Clark
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:39:20 AM

To the Medical Board of Australia,

I support Option 1.

I'm writing to strongly urge the MBA to maintain the current guidelines for medical doctors whereby they can offer integrative and complementary medicine. I value a holistic approach to healthcare and support doctors' right to provide new and innovative approaches, including complementary medicine treatments. I have recently recovered from a serious condition without pharmaceutical drugs because my doctor was able to treat me as I requested with natural treatments. I choose not to take drugs and I believe it is my right as an Australian to have the freedom to choose the type of treatment I wish for my health. If the MBA imposes restrictions on integrative practitioners that means they can no longer provide innovative and new practices including complementary medicine, you will remove my freedom of choice and that will put my health at risk. This is something I will fight and lobby for. I truly believe the MBA needs to make the right choice. There is a huge movement in Australia and around the world for alternatives to pharmaceutical drugs and people will not tolerate restrictions placed on how they can be treated. I respectfully hope that the 'powers that be' will do what is right and not make changes to the current guidelines.

I consent to publication of my submission.

Sincerely,

Paula Melville-Clark



From: Gundi Melzner
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:03:20 AM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]

I use integrated healthcare as I can feel health benefits. It has to be a free choice for people in a democratic society as in how they look after their health in body and mind. Australia is going backwards in taking away free patient choices.

I consent to publication of my submission.

Sincerely,

Gundi Melzner

[REDACTED]

From: Erin Menkens
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 8:49:06 PM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]
It took many years of antibiotics in my 20s to realise I must not leave responsibility for my health and wellbeing to a medical doctor. They are not educated to look at the whole body and aim at treating symptoms only.

When I sought advice from traditional healing practioners and from medical professionals who were not afraid of an holistic approach, my world changed. "I" take responsibility for my health and have the right to choose whatever method keeps me living a full and healthy life which has an overall effect of saving the health care system a lot of money

I consent to publication of my submission.

Sincerely,

Erin Menkens
[REDACTED]

From: Kirsten Mennell <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:42 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The patients right is to be informed and have all and any information available to them. There are many fields of medicine and it should encompass holistic and traditional medicines.
Please do not place restrictions of medical practitioners who reccomend alternative therapy to patients, you would be doing a misservice to the community

I consent to publication of my submission.

Sincerely,

Kirsten Mennell


From: Phyllis Menos
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 1:54:02 PM

To the Medical Board of Australia,

I support Option 1.

An effective medical practitioner must be able to recommend a range of suitable medicine/remedies using their discretion what would best serve the interests of their patient. Limiting choice is neither good, beneficial or economic especially where health is concerned.

I consent to publication of my submission.

Sincerely,

Phyllis Menos

A solid black rectangular box used to redact the signature of Phyllis Menos.

From: Eunice Metcalfe <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 5:22 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

As a 73 year old woman , I choose to combine western medicines with alternate practices and believe I should have the choice to ensure the best possible standard of my own health so that I do not become a burden to my family or society.

I consent to publication of my submission.

Sincerely,

Eunice Metcalfe


From: Geraldene Metedith
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 9:57:00 PM

To the Medical Board of Australia,

I support Option 1.

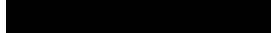
In my family I use complementary and natural therapies because I believe we should be responsible for our own health. I value being able to ask my practitioner for help and advice in these areas. If restrictions are imposed on these valuable people then our medical and hospital system will buckle under the load.

Please keep the regulations as they are. Thank you.

I consent to publication of my submission.

Sincerely,

Geraldene Metedith

A solid black rectangular box used to redact the signature of Geraldene Metedith.

From: Donna Meyer
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 3:16:18 PM

To the Medical Board of Australia,

I support Option 1.

I wish to express concern regards the AMA intention to increase control over and limit the capacity of doctors to practise integrative medicine. I am struggling to understand why the AMA would wish to sabotage a system that is currently working well.

Integrative doctors have done extra training in response to their patients requests and needs for a greater range of health care services. These doctors understand the need for a multidimensional approach to healthcare and value a range of complementary therapies and therapists. Integrative medicine training provides doctors with the skills, knowledge and awareness that enables them to be excellent first responder practitioners and also efficient and effective gatekeepers for channelling patients into the most appropriate services they require.

Being better informed about gut health, chronic disease, stress and mental health disorders, integrative doctors are able to prescribe and oversee individual programs of care, that are safe, effective and health enhancing. Many of these practitioners have chosen this pathway because a predominantly pharmaceutical treatment regime was failing their patients, often creating drug dependencies and serious side effects. Integrative medicine is a system of care that is empowering to the doctor, other healthcare providers and most importantly, to the patient. Doctors must be able to continue to recommend vitamins, minerals, herbal supplements, natural therapies, acupuncture, chiropractic, osteopathy, Chinese medicine, Ayurveda as required. With regular monitoring of patients accessing these services, doctors can best evaluate appropriate combinations of care.

My personal health history has seen the benefits of acupuncture, massage, yoga, dietary supplements, meditation as well as surgery, antibiotics, immunisation, blood tests and various radiology examinations. I definitely believe we in Australia are lucky to have access to multiple modalities for diagnosis and treatment. I am concerned however that we are likely to fall behind the rest of the developed world if we impose restrictions that limit the independence of our integrative doctors to regulate a full spectrum of care. Rather we should be celebrating these practitioners who are building relationships that engender mutual respect and understanding of complementary therapists and therapies. Consumers have a right to access choice in healthcare. They have a right to access GPs who practice holistic healthcare without restriction. Let us maintain the current guidelines at the very least.

I consent to publication of my submission.

Sincerely,

Donna Meyer

From: Victoria Meyer
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 8:34:02 AM

To the Medical Board of Australia,

I support Option 1.

Complementary and integrated live medicine is crucial to the wellbeing of many people. This needs to remain available.

I consent to publication of my submission.

Sincerely,

Victoria Meyer

A solid black rectangular box used to redact the signature of Victoria Meyer.

From: William Meyers
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 12:52:37 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative and complementary medicine, such as medical acupuncture, which has been shown to reduce costs to patients and government:

BMJ Open. 2014; 4(8): e005332.

Published online 2014 Aug 27. doi: 10.1136/bmjopen-2014-005332

PMCID: PMC4156802

PMID: 25164536

A 6-year comparative economic evaluation of healthcare costs and mortality rates of Dutch patients from conventional and CAM GPs

Erik W Baars^{1,2} and Peter Kooreman³

has Level 1 Evidence of benefit

Format: Abstract

Send to

Pain. 2017 May;158(5):784-793. doi: 10.1097/j.pain.0000000000000747.

The persistence of the effects of acupuncture after a course of treatment: a meta-analysis of patients with chronic pain.

MacPherson H1, Vertosick EA, Foster NE, Lewith G, Linde K, Sherman KJ, Witt CM, Vickers AJ.

and is much safer than conventional medical treatment:

These clinical results make acupuncture one of the safest procedures available in contemporary medicine. When this safety profile is compared to, for instance, serious side effects of non-steroidal anti-inflammatory drugs and opioids and the number of deaths connected with their application, the safety of acupuncture becomes even more apparent. There is only one caveat: acupuncture must be performed by qualified acupuncturists with adequate training.

“The risks associated with acupuncture can be classified as negligible, and acupuncture is a very safe treatment in the hands of competent practitioners.” White, 2006

I consent to publication of my submission.

Sincerely,

William Meyers



From: Michael Micallef
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:29:53 PM

To the Medical Board of Australia,

I support Option 1.

I do not support the proposed definition. This is an attack on my rightful choice to use an Integrative Practitioner. There has been a lack of consultation which appears to have been conducted under stealth with little regard to what us 70% of consumers in Australia use everyday for our health.

I consent to publication of my submission.

Sincerely,

Michael Micallef

A solid black rectangular box used to redact the signature of Michael Micallef.

From: Reina Michaelson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 1:26:08 PM

To the Medical Board of Australia,

I support Option 1.

To the Medical Board of Australia,

I support Option 1.

There is no medical reason to change the current guidelines to integrative medicine. Patients have a right to choose their medical practitioner without being bullied into conforming to MBA philosophies or belief systems that do not reflect evidence base best practice.

I consent to publication of my submission.

Sincerely,

Dr Reina Michaelson

I consent to publication of my submission.

Sincerely,

Reina Michaelson



From: Ray Midwood
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:57:57 AM

To the Medical Board of Australia,

I support Option 1.

I support my rights as a patient to choose whom I see and in doing so I would also like a Doctor who is aware of other treatments that I would want a choice to use should I need to.

I do use many natural therapies and avoid taking medications unless absolutely necessary, and I don't want medications to always be the first choice, as is with most doctors.

I am aware when you have an illness which can be reversed by just ensuring you eat the right foods, that this is usually not offered as many doctors do not know enough about nutrition to even offer this information as an alternative to offering a prescription.

The Doctors who do further study in this and other types of health alternatives should be the norm, not banned.

I consent to publication of my submission.

Sincerely,

Ray Midwood



From: Tracy Milenko
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:48:08 AM

To the Medical Board of Australia,

I support Option 1.

I write today to protest against the threat of integrative medical restrictions on practitioners. Over the last 30 years I have consulted a number of GP's who also work with integrative medicine and as a result at age 54 I take no medications for any condition.

I believe that any restrictions will be to the detriment of a healthy Australian population.

I consent to publication of my submission.

Sincerely,

Tracy Milenko

A solid black rectangular box used to redact the signature of Tracy Milenko.

From: Janelle Miller <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support integrated medicine because it reversed my health issues while regular medical practice and medicine just made my health issues worsen.

I consent to publication of my submission.

Sincerely,

Janelle Miller
[REDACTED]

From: Sharon Miller <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:28 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I strongly believe it is my right to choose the best option with my health care.

I consent to publication of my submission.

Sincerely,

Sharon Miller


From: Belinda Mills <submissions@yhyc.com.au>
Sent: Wednesday, 24 April 2019 8:57 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have looked after my health my whole life and the only times i have been sick is when i have drifted away from good health. It was very important that when i went to my Dr he checked my vitamin levels and recommended supplements, massage and acupuncture. These things have helped me more than any medication would for the same problem.

I consent to publication of my submission.

Sincerely,

Belinda Mills
[REDACTED]

From: Kim Mills
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 8:50:12 AM

To the Medical Board of Australia,

I support Option 1.

Australia is a progressive country and our Medical Drs should definitely support and encourage integrative medicine and therapy where necessary and or helpful.

Many of the integrative medicines and Therapies(Homeopathy, acupuncture , bowen therapy, naturopathy)to name but a few) where around long before ' medicine ' as it is today and most definitely have their place / use along side medicine.

We cannot become a ' nanny state' where our focus is too limited rather we should be moving forward , embracing and encompassing as much beneficial knowledge as possible to / from our medical practitioners..

I consent to publication of my submission.

Sincerely,

Kim Mills



From: Michael Milman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 5:05:29 AM

To the Medical Board of Australia,

I support Option 1.

We are very pleased with our family doctor. We do not see any reason why the MBA should interfere with our doctors oversight of our healthcare in any and every way. I find it appalling that this should even be considered. I am firmly against it and I expect my local MP to ensure this will not occur. We also pay more to see our family doctor than Medicare contributes....So we can make the decision not the MBA.

I consent to publication of my submission.

Sincerely,

Michael Milman


From: Penny Mitchell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 1 May 2019 12:03:24 PM

To the Medical Board of Australia,

I support Option 1.

Do not take away the right to choose integrative medicine! GPs have zero clue about a multitude of illnesses.

I consent to publication of my submission.

Sincerely,

Penny Mitchell



From: Ashley Mizen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:35:40 AM

To the Medical Board of Australia,

I support Option 1.

For the last 7 months I have been using integrated health practitioners to overcome a health issue that my general practitioner was unable to rectify. While my GP provided some insight into my condition, it was only once I started to see an integrated health practitioner that I saw improvements in my health. Through the use of herbal supplements I have continued to improve. If I didn't have the option available to see an integrated practitioner I really don't know where I would be today. It scares me to think about it.

I am so thankful for this opportunity to voice my opinion and my hope is that the future of medicine will include both general medicine as well as integrated medicine.

As it is today, I have to wait to see my GP (up to 2 weeks waiting) and once there it is usually just to look at symptoms and write out a script, leaving me feeling like a number and not being seen as a whole person. With integrated health practitioners they look at the whole person and look at the root cause of your health problems, not just the current symptoms. There is a place and a need for both medicines. I just hope that we will continue to be given the choice.

I consent to publication of my submission.

Sincerely,

Ashley Mizen

[Redacted Signature]

From: G Moland
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 1:34:18 PM

To the Medical Board of Australia,

I support Option 1.

The people deserve the right to choose which medical or holistic practitioners they want to use, NOT be told what to do. FFS stop taking our individual choices away. Freedom to choose should be a right of humanity, we the people do not need pharmaceutical companies to make choices for us.

I consent to publication of my submission.

Sincerely,

G Moland


From: Doris Möller-Dannhauer Doris Möller-Dannhauer
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 23 June 2019 8:17:00 PM

To the Medical Board of Australia,

I support Option 1.

I always used integrativ & complementary medicine for my family, cause the natural way to heal and strengthen the body is the way I choose. I want that it will be respected that people have there own choice to use what helps them to get heathy again.

I consent to publication of my submission.

Sincerely,

Doris Möller-Dannhauer Doris Möller-Dannhauer

A black rectangular redaction box covering the signature area.

From: Amy Monds <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:56 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

If we make any changes to the current guidelines, Australia will only fall behind further in comparison to other countries when it comes to health care. Allopathic medicine is not the only option, the more options that people have the better it is for their health as a persons health is not a one size fits all model, it's bio-individuality. Instead of reducing our guidelines, I believe it to be in our best interests to expand them instead and provide more option for people based on current research indicating the benefits of integrative medicine and holistic practices.

Sincerely,

I consent to publication of my submission.

Sincerely,

Amy Monds

[Redacted Signature]

From: Monica Moonen <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 4:10 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

As a midwife I walk along side women in their journey. As part of this supported my my health service, I discuss acupressure, essential oils in labour, and some supplements. Women on a whole want to have these tool and many could not afford to see these practitioners separately.

I know the women who I care for would be devastated at me being censored in how I could speak with them about these techniques.

I have also personally been to integrative doctors getting the Wholistic care that I choose. I don't want my doctor to be restricted in what he can discuss with me because he's 'not the trained dietician'. This legislation is not about safety. Not once have I felt my doctor put my life at risk with dietary advice or supplements.

I consent to publication of my submission.

Sincerely,

Monica Moonen


From: Leonie Mooney
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 7 May 2019 1:06:53 PM

To the Medical Board of Australia,

I support Option 1.

Respectively would like the right to Doctors who practice healthy complementary medicines as well as conventional.

To have these choices and the freedom to choose for our individual needs on the road to good health. These services are much appreciated and i personally, am grateful to be able to use complementary medicines also for optimal health.

Thank you kindly,

I consent to publication of my submission.

Sincerely,

Leonie Mooney

A solid black rectangular box used to redact the signature of Leonie Mooney.

From: Caroline Moorcroft
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 9:57:39 AM

To the Medical Board of Australia,

I support Option 1.

It's unnecessarily restrictive to stop general practitioners from practicing medicine in the way they see fit and appropriate (within medical and legal guidelines). I understand that some GP's may be recommending unconventional approaches to care but I also feel a certain amount of common sense is required by patients and that a GP's recommendations shouldn't be sacrosanct and unquestioned. GP's should be able to recommend a course of diagnosis or treatment which is in line with the preferences of their patient. I feel it would be helpful if a GP asked a patient if they would prefer a more medical approach to their issue or a complementary/wholistic approach. This will give patients freedom to choose how they are treated/managed and allow GP's to better serve the needs of each particular patient. Above all I believe that if all GP's are forced to operate under these restrictions in Australia more people will stop going to the Doctor or will dismiss their GP's recommendations and I think this would be more likely to leave people with conditions which require treatment unsatisfied and ultimately more unwell than they might otherwise be. I also don't believe the government has a right to tell people how to practice within their own clinic unless they can prove that there is substantial risk associated with a more wholistic approach.

I consent to publication of my submission.

Sincerely,

Caroline Moorcroft

A solid black rectangular box used to redact the signature of Caroline Moorcroft.

From: Laurel Moore
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 6:44:10 PM

To the Medical Board of Australia,

I support Option 1.

My first choice is integrative medicine. I find it often goes to the source of the problem and has longer lasting benefits.

I consent to publication of my submission.

Sincerely,

Laurel Moore

A solid black rectangular box used to redact the signature of Laurel Moore.

From: Michelle Moors
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:14:01 PM

To the Medical Board of Australia,

I support Option 1.

All Australians deserve freedom of choice for medical interventions
for themselves and their children!

I consent to publication of my submission.

Sincerely,

Michelle Moors

A solid black rectangular box used to redact the signature of Michelle Moors.

From: Scott Moran
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 6:36:26 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine have been essential in my family's healthcare.

I consent to publication of my submission.

Sincerely,

Scott Moran

A black rectangular redaction box covering the signature area.

From: Jo Morgan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 12:33:46 PM

To the Medical Board of Australia,

I support Option 1.

For many years mainstream medicine has dismissed the more complimentary health perspective that health begins in the gut. Research into the microbiome now shows how true this to be. With your proposed narrow approach to health, clinical interventions will be stymied and medical science we will be worse off in the long run. There is a broad section of the community interested in more diverse clinical approaches and they should be able to access them safely.

I consent to publication of my submission.

Sincerely,

Jo Morgan

A black rectangular box redacting the signature of Jo Morgan.

From: Jan Morris
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 5:23:35 PM

To the Medical Board of Australia,

I support Option 1.

I have not had to attend a doctor, hospital or any medical facility for my healthcare for the past 17 years. Neither have my son or husband. We use complimentary alternatives including minerals and vitamins. If I had to attend a medical doctor we should have a healthcare model that supports the right for doctors' to provide new and innovative practices, including complementary medicines. I support naturopath, homoeopaths and other integrative practitioners and it's because of this that we have been so well.

We have many friends and acquaintances who are the same as us. At 60 and 70 my husband and I are not on any drugs and are fit and well. Please don't take away our freedom of choice.

I consent to publication of my submission.

Sincerely,

Jan Morris

[Redacted Signature]

From: Kath Morris
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 9:24:04 PM

To the Medical Board of Australia,

I support Option 1.

I have frequently used complimentary medicines and have found them to be effective and even preventative of illness.

I consent to publication of my submission.

Sincerely,

Kath Morris

A solid black rectangular box used to redact the signature of Kath Morris.

From: Leanne Morris
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:27:40 AM

To the Medical Board of Australia,

I support Option 1.

There is no medical substitute for vitamins & minerals. I take natural alternatives for menopause & other health issues because of the long term side effects of prescription drugs that I have been taking for years. The natural alternative are also my basic human right to choose for myself & my doctor.

Kind Regards

[REDACTED]

I consent to publication of my submission.

Sincerely,

Leanne Morris

[REDACTED]

From: Samantha Morris <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:47 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative and complimentary therapies are a freedom of choice for consumers.

It is within the rights of each individual to persue any therapy they wish to and that right is not for the MBA to take away.

Doctors of any medicine, whether they belong to the modern medicine world or the integrative holistic therapies world, shouldn't have to be told what they can and can't do to improve their patients health and wellbeing.

The MBA need to open their mind and accept there are several forms of medicine and treatments, and it's up to each individual to make their own choice.

Bullying, scare tactics, threats and deregistering doctors for helping their patients is not humane. This is simply a disgraceful way and an abuse of authority.

The MBA should have the patient and their health as priority not the \$\$\$ dollar signs from big greedy corporations that only have money on their agenda.

I consent to publication of my submission.

Sincerely,

Samantha Morris


From: Christine Morrison
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 5:33:08 PM

To the Medical Board of Australia,

I support Option 1.

I don't know any one of you and yet I respect your choice to determine where you live, who you vote for, what food you eat, who you socialise with, the type of doctor you see, the type of exercise you take, the movies you watch, books you read, holidays you go on, partners and friends you have and so on and so forth.

You don't know me and you have no idea about my health status, background, belief system, nor any of the same criteria I cited above, and yet you think you can decide what healthcare choices I am allowed to have. Does this mean that we do not live in a democracy of a first world country? Does this mean that you are in the pockets of drug companies?

****Why are people no longer allowed to choose for themselves? This is a genuine question and I would appreciate your response. ****

Even more so, I would appreciate you leaving our integrative and complimentary health choices to be just that - a valid option to support and complement the health care system provided by the medical practitioners under your auspices. There is no danger in keeping choice for individuals, only in restricting the flow of integrative and complementary medicine. How would it have been if the doctors of the day had got together in the 15th century and said "no further than here and no other than this" ?

This is 21st century Australia, not the dark ages. My health is my responsibility, not someone else's. Your health is your responsibility, too. Would you like me to decide for you what you can do to improve it? I am qualified to help. However, it is your choice what you do with the suggestions I might make and it should stay that way.

Individuals have a right to choose, especially when the subject of the choice pertains to that individual.

I consent to publication of my submission.

Sincerely,

Christine Morrison



From: Kim Morrison
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:40:16 AM

To the Medical Board of Australia,

I support Option 1.

I would have thought democracy, freedom of speech and the right to choose was something we could expect in this day and age. That's what our forefathers and mother's did for us. They also handed down generations of medical and intuitive knowledge around healing and health. I love the fact my family and I take care of our health using many forms of integrative medicine, which we believe will save the government tens of thousands of dollars just by us doing our bit and taking responsibility for our own welfare. This hopefully means we will not be needing to rely on medical care from the government unless absolutely necessary. I'm an integrative therapist, I absolutely believe there's a place for orthodox medicine but there is certainly also a place for alternative health care too. Please do not discount our freedom to choose.

I consent to publication of my submission.

Sincerely,

Kim Morrison

A solid black rectangular box used to redact the signature of Kim Morrison.

From: Paulette Morrison
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 12:00:48 PM

To the Medical Board of Australia,

I support Option 1.

Absolutely No-one has the right to deny patients access to all kinds of healthcare available. Integrative doctors provide the safest and most accurate way for patients to access natural health products, systems and vitamin/health supplements with tested and scientifically proven results. The MBA is blatantly trying to manipulate the market in its own favour. It interferes with my rights and the rights of every patient and integrative medicine doctor in trying to do so.

I consent to publication of my submission.

Sincerely,

Paulette Morrison

A solid black rectangular box used to redact the signature of Paulette Morrison.

From: Cassandra Morrow
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:05:31 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative and complimentary medicine. Any narrowing of choice in these services demeans us all - both the patient and the GPs outlining these choices. The Western medical practice is part of most healing and recovery processes and wellness, just as important are integrative and complimentary processes - they should not to seen as separate or marginal. The Medical Board of Australia is not there to make decisions for or about patients who wish to pursue their own pathway to their healing, recovery, wellness. we need to keep the choice as wide and diverse as possible. Any other steps to diminish this is short sighted and regressive.

I consent to publication of my submission.

Sincerely,

Cassandra Morrow



From: Susan Morrow <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:42 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please keep an open mind on alternate therapies as people need to make choices based on their own research, beliefs and positive results.

I consent to publication of my submission.

Sincerely,

Susan Morrow
[REDACTED]

From: Beverley Mors
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 12:14:12 PM

To the Medical Board of Australia,

I support Option 1.

I have seen results from holistic medicine that are truly mind blowing. The plant based medication does no harm and the gut is not traumatised by powerful chemicals which destroy the flora to aid digestion. every day we eat fruit and vegetables, all of which have medicinal properties. Does the MBA plan to curb what we can buy and eat for our health and well being.

This is a HUGE subject and our right to try different treatments is being taken from us. I have the right to choose how I want to approach my treatment. don't take my freedom away

I consent to publication of my submission.

Sincerely,

Beverley Mors



From: Anna Morten
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:51:52 PM

To the Medical Board of Australia,

I support Option 1.

1. It is unacceptable to restrict or take away a person's freedom of choice.
2. Conventional and alternative medicine complement each other and there's a valid place for both in the treatment of patients.
3. I personally would always choose alternative treatment unless a physical problem requires conventional medical intervention.
4. I'd not have repeat consultations with a medical doctor who opposes alternative treatments and believes natural therapies lack validation and are 'dangerous', applied by unqualified people, etc.
5. I am 71 years old and have consulted natural therapists (naturopaths, chiropractors, massage therapists, etc. etc.) countless times with positive results and will continue to do so.
6. I think any changes to the current 'freedom of choice' would be unjustified, unacceptable and driven by materialistic motives.

I consent to publication of my submission.

Sincerely,

Anna Morten



From: Vanessa Morton
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 1:32:12 PM

To the Medical Board of Australia,

I support Option 1.

I want the current guidelines regarding integrative healthcare to remain. People get sick for a reason, and it is important for the physician to have the time to listen to their client to ascertain the possible cause of their complaint. There is much research on the value of walking, being out in the sun for a set period of time. This type of advice goes hand in hand with other things the Dr may prescribe. There is also much research on such things as acupuncture and the relief it gives to inflammation, and there is no side-effect for the Dr or patient to worry about. When the term 'conventional' is used that seems to negate 'cutting edge'. Why are we accepting past information and not moving forward with the discoveries that prove a more enhanced medical outcome?

Again, I want the current guidelines to remain regarding integrative & complementary medicine.

I consent to publication of my submission.

Sincerely,

Vanessa Morton

A black rectangular redaction box covering the signature area.

From: Klara Morvai
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 4:03:32 AM

To the Medical Board of Australia,

I support Option 1.

Patient choice should be elementary in a democracy. People have the intelligence to make their own personal choices for themselves and their dependents. Keep the options open for the sake of variety. Thank you.

I consent to publication of my submission.

Sincerely,

Klara Morvai

A black rectangular redaction box covering the signature area.

From: clarissa mosley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 8 June 2019 7:52:02 PM

To the Medical Board of Australia,

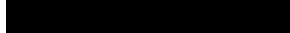
I support Option 1.

Please don't change a thing. If you want to support wellness and prevention of illness then you must not restrict the practice of holistic health providers. I am 53 years old and never get sick and feel like a 27-year-old. If it weren't for my integrative doctor I would likely have type 2 diabetes by now. Please don't increase sickness by preventing wellness!

I consent to publication of my submission.

Sincerely,

clarissa mosley

A solid black rectangular box used to redact the signature of Clarissa Mosley.

From: Denise Moss
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 8 May 2019 7:47:40 PM

To the Medical Board of Australia,

I support Option 1.

I like doctors that find the cause of illnesses and treat appropriately instead of conventional doctors and specialists that can only diagnose and match you to a pharmaceutical drug.

I consent to publication of my submission.

Sincerely,

Denise Moss

A solid black rectangular box used to redact the signature of Denise Moss.

From: Steven Mouratidis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 8:37:14 PM

To the Medical Board of Australia,

I support Option 1.

There is no need to change the current guidelines.

I like integrative doctors to think about why I have an issue and not to just give me drugs which in most cases masks the true cause.

What is unconventional now becomes accepted several years later. For example, Acupuncture unconventional in the 1970s but accepted in the 1990s onwards.

For medicine to continuously improve need people, doctors, research to think outside of the current paradigm.

I consent to publication of my submission.

Sincerely,

Steven Mouratidis

A solid black rectangular box used to redact the signature of Steven Mouratidis.

From: Vicky Mousoulis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 7:43:56 PM

To the Medical Board of Australia,

I support Option 1.

Freedom of choice as regards health and well-being is vitally important socially and intellectually as a country if we are to advance forward. Integrative medicine with intelligence and knowledge should never be understated or denied. If a person wishes to use integrative medicine in regards to their health and well-being, it is chosen with knowledge using properly qualified practitioners and is a necessity. The main purpose and need is to support people with care, knowledge and compassion. I personally use complementary medicine but also allopathic. If the MBA enforces restrictions on integrative practitioners they are not only imposing restrictions on freedom of choice but also place a further burden on the medicinal profession and also reducing individuals capacity to understand their own bodies and health better.

I consent to publication of my submission.

Sincerely,

Vicky Mousoulis

A solid black rectangular box used to redact the signature of Vicky Mousoulis.

From: Carolyn Mowat
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 27 May 2019 7:26:10 PM

To the Medical Board of Australia,

I support Option 1.

Surely after all their training doctors have they can be trusted to know what they are doing, to practice evidence based medicine and not follow the latest fad on a whim.

I feel changing the guidelines will restrict doctors ability to to choose the treatment that is best for their patients.

Doctors need to be able to use treatments that their patients feel comfortable with. If they can't their patients will go elsewhere.

Changing the guidelines will also strangle the advancement of medicine. Many of the treatments regarded as conventional now were once not the conventional thing to do.

I consent to publication of my submission.

Sincerely,

Carolyn Mowat

A black rectangular redaction box covering the signature area.

From: Geoffrey Mowat
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:41:20 PM

To the Medical Board of Australia,

I support Option 1.

All doctors should be holistic and combine both scientific medicine and alternative medicine, as all doctors study the the three mandatory medical sciences; Anatomy & Physiology, Biochemistry and Nutrition, doctors are able to look at vitamins and minerals associated with the anatomy, physiology and biochemistry and doctors are able to attend extra professional development courses to extend their knowledge-base to better serve their communities. By allowing doctors to be holistic, this may reduce Australia's ridiculous tax supported health costs leaving the PBS for the more urgent cases (the Pharmaceutical companies may not like it, but the Australian people will).

I consent to publication of my submission.

Sincerely,

Geoffrey Mowat



From: Elizabeth Muir
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:29:50 PM

To the Medical Board of Australia,

I support Option 1.

Please keep holistic healthcare access as it is. It's our choice.

I consent to publication of my submission.

Sincerely,

Elizabeth Muir

[Redacted Signature]

From: Merri Mulherin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 7:10:33 AM

To the Medical Board of Australia,

I support Option 1.

If it heals use it! What is a doctor for, but to heal and ongoing wellness? It is the RESPONSIBILITY of the doctor and you have NO RIGHT to reduce the doctors tools of trade.

I consent to publication of my submission.

Sincerely,

Merri Mulherin

A solid black rectangular box used to redact the signature of Merri Mulherin.

From: Julie Munson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 7:38:30 AM

To the Medical Board of Australia,

I support Option 1.

The right to integrative and complementary medicine should be exactly that our RIGHT to choose it.

My family and I have used integrative and complementary (I&C) regimes for decades and are prime examples of the success in great health that can be achieved using these methods.

I&C is not new. It has been tried and tested for centuries longer than the pharmaceutical companies have been creating their chemical versions of 'replications of the natural way to heal'.

To have our learned medical professionals hobbled and banned from being able to offer I&C medicine is akin to dictatorship. It is not looking out for the population's wellbeing, it is dictating what the people can and can't have access to. It is not banning service it is banning free thinking.

This is not the Australia my father and thousands of ANZACs fought to protect. Australian politics need to stop following the lead of America (because they are doing things so well!!! Not!) and start to take heed to actual 'impartial' research (not funded by pharmaceutical companies) and listen to its people.

We want Australia to remain a democracy. We demand the right to choose for ourselves.

I consent to publication of my submission.

Sincerely,

Julie Munson



From: Kathleen Munson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 1:06:28 PM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]
As a naturopath I see the best results when working with doctors. We all have strengths to have the best outcome for patients

I consent to publication of my submission.

Sincerely,

Kathleen Munson
[REDACTED]

From: Joanna Murace <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 2:41 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I respectfully ask you to reconsider your potential new guidelines targeting medical doctors who integrate 'complementary medicines and emerging treatments' into their practice.

If anything, more doctors should be encouraged to adopt these practices. I have been failed by multiple GP's and specialists in terms of my health, so much so that I really don't trust many doctors any more. It has taken a very long time, but I have discovered some doctors who are very open minded in regards to complementary medicine.

These are the most exceptional doctors that I have ever come across.


Natural medicines have been practised for thousands of years, and whilst they obviously do not cure everything, they are able to help in many instances. If you do ban the use of natural therapies, then you risk people seeking out alternative practitioners rather than doctors.

Users of natural medicines are (in my opinion) the most healthiest people I know. They usually take a much greater interest in their health and are less of a burden on the hospital system.

Please reconsider the change of your guidelines.

I consent to publication of my submission.

Sincerely,

Joanna Murace


From: Lisa Murdoch
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:13:40 PM

To the Medical Board of Australia,

I support Option 1.

As I naturopath, I work hard with my patients to ensure they are proactive in their approach to health, with a large focus on prevention of chronic disease. I work closely with a GP adopting a collaborative approach, whereby they assist me with laboratory investigations. I would not be able to provide an important diagnostic service to my patients which guides determination of health goals to put them on the road to wellness. Proactive health care reduces the burden on the health system and if you take away our ability to collaborate with treating medical practitioners you threaten the wellbeing of the community who seek out complementary medicine. So much of medical intervention is based on research studies with poor methodology where data has been 'cherry-picked' to suit the financially driven goals of big Pharma. You argue that complementary medicine is often not evidence-based but we work hard to try and strengthen our research base as qualified naturopaths. So many wonderful medical treatments in fact started their journey as herbal medicine (eg. digoxin and more recently cannabis!)

Additionally, I work in reproductive medicine, and I have a Masters Degree from the Faculty of Medicine at UNSW. Preconception care is one of the most important areas governing successful pregnancy and IVF outcomes. If you threaten the ability of doctors to collaborate with natural medicine practitioners or to practice on an integrative basis themselves, you really undermine fertility outcomes in this country, as well as discredit a multitude of research papers which demonstrate the efficacy of botanical and nutritional medicine when caring for couples trying to conceive. I urge you to reconsider your position.
Lisa Murdoch
MRMed BHsc(Nat) BSc(OT)

I consent to publication of my submission.

Sincerely,

Lisa Murdoch



From: Emily Murphy <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

please continue to allow medical doctors to utilise integrative, holistic healthcare for the good of their patient's health. Research supporting nutritional intervention for many physical and mental health difficulties exist and needs to be brought to the forefront of healthcare by medical doctors.

I consent to publication of my submission.

Sincerely,

Emily Murphy
[REDACTED]

From: Robyn Murphy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 11:08:21 AM

To the Medical Board of Australia,

I support Option 1.

I believe in choice. My body. My family. My choice.

I consent to publication of my submission.

Sincerely,

Robyn Murphy

A black rectangular redaction box covering the signature area.

From: Virginia Murphy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:35:17 AM

To the Medical Board of Australia,

I support Option 1.

I want to be able to choose how and when I use health products. I believe we need to be able to help ourselves by informed decision about our bodies. Evidence shows that there are side effects to traditional pharmaceuticals so if I can assist my body with natural treatments I should be able to have that choice.

I consent to publication of my submission.

Sincerely,

Virginia Murphy

A solid black rectangular box used to redact the signature of Virginia Murphy.

From: Ingrid Murray
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:36:52 PM

To the Medical Board of Australia,

I support Option 1.

These proposed proposing guideline changes are an invasion of civil rights and academic independence.

I consent to publication of my submission.

Sincerely,

Ingrid Murray

A solid black rectangular box used to redact the signature of Ingrid Murray.

From: Heather Murrin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 10:40:28 AM

To the Medical Board of Australia,

I support Option 1.

It is not fact that only conventional medicine works and complementary health care is useless. I personally use intergrative practitioners because they work outside of the box, when conventional dogmar does not serve the patient or give any improvement in health. To limit vitamin and herbal prescribing is outrageous. What doctors learn in medical school should not be the only options doctors offer. Nutrition and herbal medicine study is undertaken by integrative medical doctors because it works. Do not deny consumers their choice in medical care.

I consent to publication of my submission.

Sincerely,

Heather Murrin

A solid black rectangular box used to redact the signature of Heather Murrin.

From: Paul Musk
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 11 May 2019 9:42:09 PM

To the Medical Board of Australia,

I support Option 1.

I am a war veteran & as such, have free access to conventional medicine. But I often choose alternative therapies, at my own expense, believing them to be more effective and safer. SOME doctors obviously hold similar views. We must have freedom of choice!!

I consent to publication of my submission.

Sincerely,

Paul Musk

A black rectangular redaction box covering the signature area.

From: Alycia Mustafa <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:20 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I use natural therapy options monthly. I am a fitness profession and it helps me stay healthy for my work.

I consent to publication of my submission.

Sincerely,

Alycia Mustafa
[REDACTED]

From: Sasha N-a
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:43:52 AM

To the Medical Board of Australia,

I support Option 1.

Hello

Im a long time appreciator of the benefits of holistic therapies that have both changed my life yet helped me when the medical system had one no answers and two nothing to offer. I am like many who had suffered more going through the the medical system only to get insufficient help or more harmful than any good kinds of so called help unfortunately. I feel im like many who benefit and i feel its against our freedoms and human right how the issue of trying to take something away from public access that has only been in the best public interests and beneficial would be intended at all. Im suspicious of the notions that holistic care is in any way bad for us as i have first hand experience it is not and more effective than modern day useless medicines often.

I feel people deserve to practise this art for and benefit to mankind and any one with such wrongful intentions to eliminate it needs to rethink the damages they cause the public masses and how corrupt the idea is altogether against human welfare and rights both no one has the right to go against for no good reasons of which their are for the things that benefit us and the economy. We see current non holistic medicine as far away from where it needs to be with minimal cures for basic and tougher illnesses , while billions are wasted on their research for cures that never comes about but fund away salaries. People deserve alternative to give them peace of mind even where a cure might not be known its their personal journey and their RIGHT. The word conventional is a word far from the reality needed to suit our public interests and god given rights. I think any opposing decisions truly signify people who dont belong in decision making areas of any industry as it is dangerous and outright wrong and unethical. I feel its well known there has always been a fine line between conventional and non conventional medicine that has never been crossed as they are their own hard working and well earned fields. I feel holistic therapies hasnt once betrayed people or lied proclaiming cures it doesnt have unlike conventional medicine telling people the torture of chemotherapy will save them when too often it does NOT. Holistic therapies is a field of its own that deserves to be respected as any field and not witch hunted on no good or sensible grounds as given here by the medical board of australia. I feel the lacking or incapacities of the conventional medicines is their own issue that calls them to improve instead of being greedy based and trying eliminate other industries for greed based intentions instead of being focused on improving customer cure needs. Its an act of laziness and money abuse of power . That is not an industry worthy of clients so called conventional medicine should i be describing very truthfully what the intentions really are behind all this illogic to destroy holistic medicine. If conventional medicine cant develop and grow according to public need and demand with or without holistic medicine as industry is based on client trust for success and failure depends on greed and sabotaging other industries they see as competition.

I hope this helps you understand better the public interest in holistic therapies and their right to access it regardless of another's ignorance without first hand experience.

Thank you

Sasha

I consent to publication of my submission.

Sincerely,

Sasha N-a

A solid black rectangular box used to redact the signature.

From: Nash Lisha <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I am constantly disappointed by the quality of generic gps out there, willing to pump out pharmaceutical products within 5 minutes of consultation, often without physical examination. Integrative gps have significantly improved the health of my family, with results visible to people who know us. I would lose all faith in our government if the current laws were to change. This is a country of choice, not a dictatorship.

I consent to publication of my submission.

Sincerely,

Nash Lisha


From: Lisa Nation
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:13:51 PM

To the Medical Board of Australia,

I support Option 1.

We are entitled to choice
We are Australian

I consent to publication of my submission.

Sincerely,

Lisa Nation


From: Robert Naudi
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:15:45 PM

To the Medical Board of Australia,

I support Option 1.

Enough is enough.

It is well known that large pharmaceutical companies and Friends of Scientific medicine have too much control over what they say is proven and good for us.

There is an unfair bias in the way the systems utilised by AHPRA benefit these groups and continually erode alternative medicines ability to say what they believe is of assistance. NO CHANGE should be made to any western medicine doctor with the drive to study and understand an alternative medicine, whatever form it takes. There are so many good alternative medicine practitioners that have had their services forceably removed from the public eye due to a narrow minded approach by AHPRA and the influence of the previous mentioned groups. We are not children, we are adults that can make up our own minds. Similarly doctors that don't maintain a narrow minded approach by using other techniques should be applauded, not restricted.

Finally, I would have preferred to not tick option 1 for things to remain the same. Things need to be reversed and AHPRA disbanded and replaced with persons NOT aligned with powerful self interest groups such as the Friends of scientific medicine who deprive us of basic human rights to service their own agendas and greed. I am more than happy to nominate myself as a forward thinking holistic approach advocate.

I consent to publication of my submission.

Sincerely,

Robert Naudi

[REDACTED]

From: Jodi Naylor
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 7:40:23 PM

To the Medical Board of Australia,

I support Option 1.

I am emailing my concern that the Medical Board of Australia (MBA) are looking to limit and control what Integrative Doctors can prescribe and by doing this, are therefore looking to control and monitor their practice.

As someone who regularly sees an Integrative Doctor with great success and improvements to my health (after having seen no such success from regular GP's), I feel this is an abhorrent limitation on my rights to seek the appropriate medical attention.

To put these limitations in place is to not only deny my individual rights but will also deny thousands of other patients their rights to appropriate treatment and also to those professionals who have worked very hard to gain their accreditations in their respected field.

I request Option 1 – No Change to Current Guidelines!

I consent to publication of my submission.

Sincerely,

Jodi Naylor

A black rectangular box redacting the signature of Jodi Naylor.

From: martine negro
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:23:27 PM

To the Medical Board of Australia,

I support Option 1.

I wish to let the MBA know that I support option 1 because complementary medicine support the person's ability to heal and do not really address the symptom or disease specifically, which is what western medicine is best at. We need to create an INTEGRATIVE MEDICAL /HEALING MODEL to manage crisis as well as help the body heal from within, especially in chronic diseases. To remove this choice from the public will be devastating and a major step backward! Complementary Integrative medicine is safe and supportive and educates the person to be more responsible for their health. This is critical if we want a healthy society and save millions of dollars in medical costs! and have more funds to research how to promote health and longevity! I sincerely hope that you will reconsider and allow people freedom of choice in regards to their own body.

Martine Negro

Health care practitioner working in a holistic medical center where a huge range of modalities are offered to the patients

I consent to publication of my submission.

Sincerely,

martine negro



From: Karyn Nelson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:30:52 AM

To the Medical Board of Australia,

I support Option 1.

I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines. PLEASE do not restrict or regulate Doctors who choose medical doctors who integrate 'complementary medicines and emerging treatments' into their practice.

I consent to publication of my submission.

Sincerely,

Karyn Nelson

A solid black rectangular box used to redact the signature of Karyn Nelson.

From: Lisa Nelson <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:42 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We deserve the right to be treated by qualified doctors who have the experience and education to offer a holistic approach to health. These dr's offer more then a bandaid solution and can cater to people trying to AVOID disease in later life, thereby taking stress off of Medicare.

I consent to publication of my submission.

Sincerely,

Lisa Nelson


From: Aniko Nemeth
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:49:52 AM

To the Medical Board of Australia,

I support Option 1.

I only have trust in doctors who consider complimentary and natural medicine. I want to have a choice in who treats me. With 10 minutes of surface consultation, cause of issues cannot be discovered.

Complementary medicine explores the cause and looks to reinstall balance in the body, not only treating presenting issue with a band aid approach, hence putting the body out of balance. We are allowed to make ourselves sick, kill ourselves with legally prescribed medications; cigarettes; alcohol, but worry about natural approaches which not only been around for thousands of years, but proven to be successful in treating people. I fail to comprehend the logic in this.

I have known of many people who have become sick and died from medical mistreatment, but none who had the same outcome from natural investigations and approaches. This is my personal experience and experience of family and friends. I want to be allowed to make my own choices about my health and not hand it over to authorities who only see me as a number.

I consent to publication of my submission.

Sincerely,

Aniko Nemeth



From: Martina Neville
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:22:19 PM

To the Medical Board of Australia,

I support Option 1.

I am an allied health professional with a background in complimentary health care. In my 30+ years experience all modalities have it's place and have contributed to my clients wellbeing. Myself I seek different treatments and practitioners for my own health concerns and have had great success with herbs and minerals and Chinese medicine when traditional allopathic medicine failed.
There is a place for everything!

I consent to publication of my submission.

Sincerely,

Martina Neville

A solid black rectangular box used to redact the signature of Martina Neville.

From: Michael New
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 6:01:14 PM

To the Medical Board of Australia,

I support Option 1.

My health is my responsibility .. I need experts who can support me in how I want to manage my health. I choose holistically.

I consent to publication of my submission.

Sincerely,

Michael New



From: Carolyn Newall <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:27 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

There are some things that are just not managed by conventional medicine. The body and mind need to be seen as a whole organism rather than a series of unrelated parts.

I consent to publication of my submission.

Sincerely,

Carolyn Newall
[REDACTED]

From: Mykhi Newcombe
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 11:17:15 PM

To the Medical Board of Australia,

I support Option 1.

I believe our rights to choose our medical professional should not be taken away. I turned to complimentary/alternative medicine after 4 different GPs told me nothing was wrong. I was finally taken seriously and got the help I needed to recover from illness.
No one should be able to take those choices away from people.

I consent to publication of my submission.

Sincerely,

Mykhi Newcombe

A solid black rectangular box used to redact the signature of Mykhi Newcombe.

From: Csilla Newham
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 8:10:21 AM

To the Medical Board of Australia,

I support Option 1.

While medical practitioners are highly educated and trained and have their place in the health system, it is NOT the answer to all the health issues people face today. If it was then why is the number of people being sick with chronic illnesses rising please? If you take the other health option away from people the government will face huge financial and other issues that come with a sick population and it will be even harder to turn it back around. There won't be healthy people who can go to work or raise healthy children and the list goes on....

I consent to publication of my submission.

Sincerely,

Csilla Newham



From: Mary Newman- Martin <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:46 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I value the doctor who gives me the choice to use complementary medicine as well as conventional medicine. both
Both have helped me stay well.

I consent to publication of my submission.

Sincerely,

Mary Newman- Martin

[REDACTED]

From: Annette Newton-Jones
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 4:14:29 PM

To the Medical Board of Australia,

I support Option 1.

Without integrated complimentary medicine my mother would not be alive today. Western medicine had failed her miserably.

I also have been lifted out of extremely bad health and saved by an integrated Medical Doctor. Do not take our choice away as these people save lives.

I consent to publication of my submission.

Sincerely,

Annette Newton-Jones

A solid black rectangular box used to redact the signature of Annette Newton-Jones.

From: Van Ngo
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:51:22 AM

To the Medical Board of Australia,

I support Option 1.

Dear Sir or Madam,

I support Option 1 because doctors are not limited in their treatment approaches where they can use integrative and complementary medicine to treat their patients. I want the doctors to have their freedom of choices in their treatments for the best benefit of their patients.

I consent to publication of my submission.

Sincerely,

Van Ngo

A black rectangular redaction box covering the signature area.

From: Alexandra Nicholls <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It is essential that integrative practitioners be able to incorporate natural therapies including herbal & nutritional medicines into their practice. It would be such a backwards move to ban this. Australia needs to do better and support a holistic approach to health.

I consent to publication of my submission.

Sincerely,

Alexandra Nicholls


From: David Nicholson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 7:42:46 PM

To the Medical Board of Australia,

I support Option 1.

Our bodies our choice

I consent to publication of my submission.

Sincerely,

David Nicholson

A black rectangular redaction box covering the signature area.

From: Christine Nicol <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 4:50 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The value of intergrated medicine as part of a Doctors ability to treat a patient is critical in providing better outcomes for a patient. The evidence and experience from an patient that uses their service is so clear, there is no way any patient can return to a routine GP with their 10 minute limited services once they have been treated by a Doctor that sees the value in intetgating all resources to treat a patient. I and all my family have used integrated Doctors for over 20 years

I consent to publication of my submission.

Sincerely,

Christine Nicol


From: Kerri Nicol
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:32:30 AM

To the Medical Board of Australia,

I support Option 1.

Holistic health care is vital to us as a community and as an individual. Sometimes conventional medicine just doesn't cut it and we have the right to seek out alternate or complimentary treatments and who better to help us with this than our knowledgeable doctor or specialist.

I consent to publication of my submission.

Sincerely,

Kerri Nicol

A solid black rectangular box used to redact the signature of Kerri Nicol.

From: Christian Nicoll
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:56:04 AM

To the Medical Board of Australia,

I support Option 1.

It is scientifically proven that a poor diet leads to deficiencies in vitamins and minerals that can develop into chronic illness, so why is it so hard for the MBA to acknowledge that a good diet is capable of reversing the imbalance. We need more Doctors who are willing to address the root cause which is often poor lifestyle factors such as diet, rather than restrict the ones who are doing their job correctly. People don't need more pills, they need proper diet and lifestyle advice, access to herbal supplements which have centuries of empirical data and recently scientific data backing up their efficacy, along with access to vitamin and mineral supplements. Let the people have the freedom to choose what's best for them.

I consent to publication of my submission.

Sincerely,

Christian Nicoll

A black rectangular box redacting the signature of Christian Nicoll.

From: Christine Niessen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:11:35 AM

To the Medical Board of Australia,

I support Option 1.

My health care journey has been supported by both medical and holistic practices. Mainstream medicine often failed to address my illness and too many drugs and treatments were prescribed. Holistic and integrative medicine can offer me my traditional treatment but alleviate a heavily optioned pharmaceutical approach to a more balanced one.

This has been so beneficial and to make it harder for me at this point to receive the treatment and practitioner I chose for myself is upsetting beyond words. Please allow us to have a choice, don't take that from those who in Australia are still free to take some proactive action in also taking a kinder approach to our bodies and spirits.

I consent to publication of my submission.

Sincerely,

Christine Niessen

A black rectangular box redacting the signature of Christine Niessen.

From: Jeffry Nieuwenhuizen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 7 May 2019 10:23:04 PM

To the Medical Board of Australia,

I support Option 1.

Please keep integrative medicine and CAM therapies available to the public.

By limiting the medical fraternity to incorporate it, you will lower patient care rather than enhance it.

I consent to publication of my submission.

Sincerely,

Jeffry Nieuwenhuizen

A solid black rectangular box used to redact the signature of Jeffry Nieuwenhuizen.

From: orlando nieves
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 3:22:52 PM

To the Medical Board of Australia,

I support Option 1.

I am in full support of the MBA NOT changing the current guidelines of health care practitioners that are providing new and innovated options to include complementary natural therapies. My health and my families health is my responsibility, not the government. It is our rights as citizens of this great country to have the ability to seek out those health practitioners that will be able to provide current, innovated natural therapies to aid in my health choices. The current medical model has been hijacked and monopolized for years. Regarding the issue of public safety guidelines and the use of natural therapies, I am all for continued research and funding into natural therapies safety and efficacy. I am opposed to the current double standards on safety, a blanket that medicine has been allowed to operate underneath for years, one only needs to refer to current medical Iatrogenic rates, let alone going back 20 years.

We must support our health care providers trying to do their very best to support their communities. Lets not put greater government restrictions on them.

I consent to publication of my submission.

Sincerely,

orlando nieves

A solid black rectangular box used to redact the signature of Orlando Nieves.

From: Tina Nikolovski
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 10 May 2019 10:12:50 PM

To the Medical Board of Australia,

I support Option 1.

I fully support patient access to integrative and complementary medicine. The services my integrative doctor has provided myself have saved my life. These doctors help to treat the root cause of illness instead of handing out medications which only mask symptoms. Imposing restrictions on these services would be a huge step backwards and would prevent many people from receiving the treatment they need to heal.

I consent to publication of my submission.

Sincerely,

Tina Nikolovski

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From: Caroline Noble-Kemp
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 11 May 2019 9:39:14 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative and complimentary medicine, in addition to conventional medicine. Together these modes are able to treat the whole person, and they have made a huge difference to the lives of myself and my family and friends.

I consent to publication of my submission.

Sincerely,

Caroline Noble-Kemp

A solid black rectangular box used to redact the signature of Caroline Noble-Kemp.

From: Jennifer Ann Noonan Jennifer Ann Noonan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 4:18:26 PM

To the Medical Board of Australia,

I support Option 1.

I want my GP to be able to recommend any type of medication I may require.

I consent to publication of my submission.

Sincerely,

Jennifer Ann Noonan Jennifer Ann Noonan

[REDACTED]

From: Julie Norbury
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 8:54:05 AM

To the Medical Board of Australia,

I support Option 1.

Doctors are bound by their oath which states that they should do no harm. Practicing in a manner that suggests that only pharmaceutical products are helpful to health is in direct conflict with that oath.

I consent to publication of my submission.

Sincerely,

Julie Norbury

A black rectangular redaction box covering the signature area.

From: Mary Norman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 9:15:29 AM

To the Medical Board of Australia,

I support Option 1.

As an integrative and complementary medicine practitioner, I support patient access to Integrative & complementary medicine for my patients and for myself.

Integrative & complementary medicine has helped me, my family & friends, especially when Traditional Western medicine shrugged its shoulders telling patients that there was nothing more that could be done.

I use Integrative & complementary medicine because it has been trialed and practiced for thousands of years even before the onset of current First world medical practices.

If the MBA imposes restrictions on Integrative practitioners, both practitioners and patients will suffer from lack of choice, lack of income for professions that are already regulated within AHPRA. For those professions that have already suffered from the government's heavy hand in dismissing their veracity, practitioners and patients will have to find other ways to provide self-care or go outside of the country to India or Thailand to get care that is still available and recognized as valuable and effective.

I consent to publication of my submission.

Sincerely,

Mary Norman

A solid black rectangular box used to redact the signature of Mary Norman.

From: Julianne Norris
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 3:38:43 PM

To the Medical Board of Australia,

I support Option 1.

I value the opportunity to not only see a doctor but to also choose another modality like Traditional Chinese Medicine if it's more suitable.

I value discussing this with my doctor. If I'm low on B vitamins I want my doctor to discuss this.

If I'm in need of any help medically I want my doctor to know, advise, discuss and refer. I want freedom of choice to choose the treatment I need

I consent to publication of my submission.

Sincerely,

Julianne Norris

A solid black rectangular box used to redact the signature of Julianne Norris.

From: Kim Norris
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 10:04:17 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative & complementary medicine as it has helped me immensely . When others have been unable to diagnose and help me, without this help and support I don't know where I would be !! Taking away a patients right to choose is beyond reason , basis human rights and freedom of choice should remain in this democratic country . The standard medical practioner consult just wouldn't be of any help to me being so complex. I support a doctors right to to provide new and innovative practices and highly value a holistic approach to healthcare
Sincerely

I consent to publication of my submission.

Sincerely,

Kim Norris

A black rectangular box redacting the signature of Kim Norris.

From: Jessica Norton
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:03:52 AM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]
I absolutely support integrative & complementary medicine.
Integrative & complementary medicine has greatly assisted both my
husband & I who both have health conditions.

I consent to publication of my submission.

Sincerely,

Jessica Norton
[REDACTED]

From: Karmen Novak
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 12:28:00 AM

To the Medical Board of Australia,

I support Option 1.

Freedom of choice!!!

I consent to publication of my submission.

Sincerely,

Karmen Novak

A solid black rectangular box used to redact the signature of Karmen Novak.

From: Drew Nowlan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 1:34:03 PM

To the Medical Board of Australia,

I support Option 1.

I have seen way too many friends die from conventional treatments with big pharmaceutical medication and believe these people needed a choice and the holistic approach is gathering speed so please don't erase it now as some of these treatments have been around for centuries, including cannabis oil!

I consent to publication of my submission.

Sincerely,

Drew Nowlan

A black rectangular redaction box covering the signature area.

From: Adelaide Ntim-Duodu <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:26 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The level of error in patient treatment is shocking, and the last thing we need is control from MBA over other alternative medicine, i pay i choose.

I consent to publication of my submission.

Sincerely,

Adelaide Ntim-Duodu
[REDACTED]

From: Nina Nyback
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 8 June 2019 2:14:52 PM

To the Medical Board of Australia,

I support Option 1.

Please ensure that integrative and complementary medicine is continued to be allowed, so that GPs can practice using what they feel the best therapy to help their patients. There are limits to chemical medicine, and they have so many side-effects, that are actually costing the governments more in sick people, subsidised medicine and loss of work. By allowing doctors to practice integrative and complementary medicine, it opens up additional options to alleviate sickness and disease as well as to be more preventative in their approach. If we can trust doctors to help us to the best of their knowledge and abilities, they should be allowed to prescribe what they know to be best for each patient, and not limit them to a specific list of treatments.

I consent to publication of my submission.

Sincerely,

Nina Nyback

A black rectangular redaction box covering the signature area.

From: Jen Oakley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 2:10:54 PM

To the Medical Board of Australia,

I support Option 1.

If the AMA and MBA honestly believe you all know what you are doing then how come cancer has become so prolific? Every household is touched one way or another, yet you all refuse to follow natural medicine. Such arrogance has now become blatant. We now call GP's GPP's (General Prescription Pushers). Once upon a time we went to a doctor to be either/or diagnosed or healed, if not then referred. I have absolutely no faith in western medicine nor do any of my family/friends and associates. EVERYONE is talking about the AMA and its negligence, client disrespect and utter arrogance.

I consent to publication of my submission.

Sincerely,

Jen Oakley

A solid black rectangular box used to redact the signature of Jen Oakley.

From: Pamela Oates <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 10:33 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I don't understand how anyone has any right to make decisions about my health or what works for me to stay healthy. I also don't understand how anyone has the right to dictate to doctors what they can or can't suggest to their patients if it is beneficial for their health.

Complementary medicines have been around for thousands of years.....

how can you ignore the benefits and/or all the research and proof that it is vital for the health and well being of everyone.

I consent to publication of my submission.

Sincerely,

Pamela Oates

[Redacted Signature]

From: Jacqui O'Carroll
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 7:29:42 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is the way of the future... both modalities are extremely important.

I consent to publication of my submission.

Sincerely,

Jacqui O'Carroll

A solid black rectangular box used to redact the signature of Jacqui O'Carroll.

From: Karen O'Connor
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:37:00 AM

To the Medical Board of Australia,

I support Option 1.

I choose Option 1

Don't tie their hands. Holistic doctors are the best doctors.

I consent to publication of my submission.

Sincerely,

Karen O'Connor

A solid black rectangular box used to redact the signature of Karen O'Connor.

From: Lois O'Connor
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:26:38 PM

To the Medical Board of Australia,

I support Option 1.

I support integrative medicine because I have used it and I know it works. I have a sister who is a practitioner of integrative medicine and as this is her livelihood it would have a devastating effect on her.

I consent to publication of my submission.

Sincerely,

Lois O'Connor

A black rectangular redaction box covering the signature area.

From: Leanne Odd <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 12:07 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

My body my choice of what medications I choose to take.
It's about time more Dr's helped their patients more with less toxic pharmacy meds.

I consent to publication of my submission.

Sincerely,

Leanne Odd
[REDACTED]

From: Francesca ODonnell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:52:19 PM

To the Medical Board of Australia,

I support Option 1.

I am turning 60 this year and have used complimentary medicine from kinisiologists, Bowen technique , herbalists to naturopaths for over 40 years. Time and time again I have found these alternative choices have not only healed, diagnosed and allivated various problems they have done so quickly, without need for pain killers ir more serious intervention through pills etc. There have been numerous occasions when my naturopath has diagnosed and solved problems chemical free. My kinisiologist diagnosed and treated pain that had prevented me from sitting comfortably for years that xrays and physios were unable to diagnose or treat. The reality is some of these alternate therapies go back hundreds of years (Chinese medicine / needles for instance) . By taking away support for natural/ alternate therapies it is like going back to the dark ages... these therapies are not a threat they are a complimentary support to modern medicine and should be supported and blended with the everchanging knowledge and development of modern medicine. Natural therapies / remedies hold a valuable place in treating patients .

I consent to publication of my submission.

Sincerely,

Francesca ODonnell



From: Judy O'Donnell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 5:46:26 AM

To the Medical Board of Australia,

I support Option 1.

Hi there, I am writing to ask that you please keep the current decision on allowing doctors to also practice integrative medicine or to refer patients to complementary therapies. I am over 60 years old and very rarely need to visit a GP as I have included preventative therapies so as to keep as healthy as possible. This then keeps the cost of health care down for the country. Thanks,

I consent to publication of my submission.

Sincerely,

Judy O'Donnell

A solid black rectangular box used to redact the signature of Judy O'Donnell.

From: Cazz Ogden
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 9:32:24 PM

To the Medical Board of Australia,

I support Option 1.

I am writing to state my absolute objection to the proposed guidelines that are being considered by the MBA which will threaten some doctor's abilities to offer patients complementary, innovative and emerging treatment options..

Integrated medicine addresses the root of an illness and a good practitioner encourages changing habits and issues which lead to the problem. With this holistic approach the patient is encouraged to become a partner in the healing process. Of course this type of appointment takes longer than the conventional 10 minutes as good health often requires individualised treatment plans and good communication should not be hurried.

I am a very healthy [REDACTED] year old woman and it's not by luck that I'm this way. I've been going to Holistic doctors for at least 30 years and my health has improved out of sight. I take the vitamins, minerals, herbal supplements, natural therapies and diagnostic testing they suggest.. In my mind, conventional doctors don't have nearly as much to offer and that is why I'd be mortified if my right to choose the type of doctor I want to see was taken away from me. I sincerely hope that you decide on Option 1 - No change to the current guidelines..

[REDACTED]

I consent to publication of my submission.

Sincerely,

Cazz Ogden
[REDACTED]

From: Simone Ohlin <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 8:32 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Medicine was seen as voodoo in the day and it's only after years of research that we have a semblance of modern medicine. Alternative therapies work for many when modern medicine does not. Doctors can't know everything. It's impossible. Let them refer where necessary.

I consent to publication of my submission.

Sincerely,

Simone Ohlin


From: Jess O'keefe <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:41 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Over 80% of Australians use some form of complementary medicine.
People use it and continue to use it because they are getting results.
there are certain conditions such as immune support, nutrition deficiencies and certain viral conditions that orthodox medicine has no treatment for, doctors need access to complementary medicine and testing to be able to treat patients effectively.

I consent to publication of my submission.

Sincerely,

Jess O'keefe

From: Linda Oldenhuis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 7:40:42 PM

To the Medical Board of Australia,

I support Option 1.

Australia is a country of free choice. It is my choice to explore natural therapies along with conventional medicines. It is not YOUR place to make decisions for me. Leave it as it is.

I consent to publication of my submission.

Sincerely,

Linda Oldenhuis

A solid black rectangular box used to redact the signature of Linda Oldenhuis.

From: Darren Oldfield
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 4:08:20 PM

To the Medical Board of Australia,

I support Option 1.

In the same way that I have a free choice about practising a religion or not practising a religion, I want a free choice of which medical treatment to pursue.

The absence of a Bill of Rights in Australia does not preclude me from claiming my human right to seek optimum health treatment, in a very similar way that Section 116 of Australia's constitution allows me to practise - or not practise - a religion. Section 116 permits me the right to seek spiritual and/or religious health. Why must I be denied the right to physical health by protectionist policies designed to sustain the influence of a monopolistic industry?

In the Western world the medical industry's training framework shamelessly steers doctors to a path of prescribing and introducing chemical-based drugs & artificial substances into a patient's body, as treatment. Note: treatment, not cure. Often with no explanation or guidance to the patient about the characteristics of the chemical cocktail administered. So.....cui bono? Answer: the pharmaceutical industry.

Complementary therapies are presented to the public in the form of natural derivatives within household brand names [e.g. aloe vera in a skin lotion, valerian in sleep remedies etc]. Unfortunately the sale of these complementary elements hasn't yet reached significant scale, and AHPRA is simply doing the drug industry's bidding.

Nature-based therapies advanced ancient Chinese, Egyptian and Greek empires, but the prospect of tightening current Australian regulations will take us far, far backwards.

I consent to publication of my submission.

Sincerely,

Darren Oldfield



From: Joy OLeary
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 9:23:54 PM

To the Medical Board of Australia,

I support Option 1.

I have used integrative and complementary medicine all my adult life (I am nearly 74 years of age). I am In excellent health and take no pharmaceutical medicines at this point in my life. It would have a huge impact on others like me if restrictions on integrative practitioners were placed on them.

I consent to publication of my submission.

Sincerely,

Joy OLeary

A solid black rectangular box used to redact the signature of Joy OLeary.

From: Melanie Oliver <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 8:05 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

This is outrageous. Stop taking away our healthcare choices. Not everybody wants to fill their body with drugs and mask symptoms.

Natural therapies can heal ailments in the body caused by nutritional and other deficits. You are what you do (or don't) eat. Stop trying to restrict access and stop taking away our choices. Western medicine can't fix everything. You're burdening our society and our healthcare system by restricting these practitioners. My family has been assisted by Chinese medicine, naturopathy, acupuncture and chiropractors on numerous occasions. I'm outraged at this suggestion.

And please please make cannabis oil available to cancer patients.

I consent to publication of my submission.

Sincerely,

Melanie Oliver

[Redacted Signature]

From: Ben O'Loughlin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:06:59 PM

To the Medical Board of Australia,

I support Option 1.

Lack of high-quality research evidence does not in itself mean that various integrative medicine modalities do not work.

Rather than cutting support for these modalities, a more forward-thinking approach might be to fund further studies to amass the sort of research evidence that is required, evidence that will either support or discredit these modalities.

I consent to publication of my submission.

Sincerely,

Ben O'Loughlin

A solid black rectangular box used to redact the signature of Ben O'Loughlin.

From: Carol Olsen-Bull
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 9:36:15 AM

To the Medical Board of Australia,

I support Option 1.

My health needs are attended by some complementary practices that reduced my pain & also didn't have the serious health side effects of allopathic medicine prescribed which then led to other medicines with side effects. Acupuncture from a highly trained acupuncturist & my doctor was very beneficial as well as anti inflammatory curcumin in naturopathic prescription form, along with healthy alkiline vegetables & other foods. My Specialist also validated his work colleague had success with curcumin. It is most important to not create barriers for complimentary practitioners.

I consent to publication of my submission.

Sincerely,

Carol Olsen-Bull

A solid black rectangular box used to redact the signature of Carol Olsen-Bull.

From: Kerry O'n
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 1:35:05 AM

To the Medical Board of Australia,

I support Option 1.

My health, how I manage it and treat problems is my choice and information about choices should not be restricted by restricting doctors' opinions and suggestions.

I consent to publication of my submission.

Sincerely,

Kerry O'n

A solid black rectangular box used to redact the signature of Kerry O'n.

From: Samgiita one
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 11:31:47 PM

To the Medical Board of Australia,

I support Option 1.

To the MBA

I strongly support patient access to integrative & complimentary medicine.

I have been under the care of a homeopath, acupuncturist and an ayurvedic practitioner for over ten years both for physical and emotional issues.

My GP has supported and encouraged my decision and i have been able to work with her with regards to diagnostic methods (blood tests and scans)to enable my natural therapists to better prescribe what is required.

These treatments and natural therapies have been my saving grace.

Why can't both conventional and alternative therapies work in synergy?

I value both conventional medicine and the holistic approach, but i want to be able to have a choice in what i choose to take.

From the time i experienced the first signs of being unwell, i chose to use natural therapies instead of conventional medicine as part of my healing journey. I have found them to be extremely helpful to the point of recovery. I continue to visit my natural therapists and the thought of not being able to access these in the future, is in my opinion inhumane and clearly tells me that the medical fraternity feels highly threatened by holistic care.

Not only have i been using natural therapies for years, but so have my family and friends, with equally great results.

GP's should have the right to be able to provide new and innovative practises and include complementary medicines in their practises.

I consent to publication of my submission.

Sincerely,

Samgiita one

[Redacted Signature]

From: Frank O'Neill <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 3:50 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

As users of complementary medicines we find the removal of such to be ridiculous. We will make our voices heard in the forthcoming elections.

I consent to publication of my submission.

Sincerely,

Frank O'Neill

From: Katrina O'Neill
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 8 May 2019 7:10:38 PM

To the Medical Board of Australia,

I support Option 1.

Stop thinking about money and pharmaceutical profit. Stop making us sick with medication that is not needed in most cases and continue to integrate natural/holistic therapies that work so well. We do not live in a world where large companies get to dictate how we take care of ourselves and how natural recommendations can help.

I consent to publication of my submission.

Sincerely,

Katrina O'Neill

A solid black rectangular box used to redact the signature of Katrina O'Neill.

From: Alfred Ong
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 4:44:03 PM

To the Medical Board of Australia,

I support Option 1.

Complementary medicine has helped me stay healthy and my physical health has actually improved.


Denying our access to it will impact us negatively and is not conducive to the betterment of our physical and mental health.

Please keep this option open to us.

Thank you.
Alfred

I consent to publication of my submission.

Sincerely,

Alfred Ong


From: Sandra Oram <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:26 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We need options of different therapies for our health care not just a drug based approach. Restricting a Drs choice of therapy will deprive us of choosing the most appropriate treatment for ourselves.

I consent to publication of my submission.

Sincerely,

Sandra Oram


From: Lucas O'Reilly
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:36:39 AM

To the Medical Board of Australia,

I support Option 1.

Please leave natural medicines and healing available as they have been for 1000s of years.

I consent to publication of my submission.

Sincerely,

Lucas O'Reilly

[Redacted Signature]

From: Sarah O'Reilly
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:40:41 PM

To the Medical Board of Australia,

I support Option 1.

I have countless friends and relatives, my children included, who have benefited enormously from integrated health practices. I have only recently discovered them after decades of seeing health practitioners who were not considered 'integrated'.
It would be a step backwards for our health system.

I consent to publication of my submission.

Sincerely,

Sarah O'Reilly

A solid black rectangular box used to redact the signature of Sarah O'Reilly.

From: Dace Ose-Abey
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 3:35:28 PM

To the Medical Board of Australia,

I support Option 1.

Hello,

Our family has used the so called complimentary medicine for over 18 years after 2 years of trying to get answers from our original GP and numerous mainstream specialists. At that time the health of our child deteriorated and only when we started looking at the so called complimentary medicine specialist who found the root cause of our child's health issues, the situation improved. Since we made the switch we have been saving tax payers money as well as improved our own health considerably. We have been taking wholefood organic supplements all this time. Now our family is aged - 52, 42, 18 and 15 and we are all healthy, on no medication and we are not a burden on the society. We rarely get sick or need to visit a doctor.

You need to allow integrative doctors to practice what they believe is necessary to make the patients better. It is well known that integrative medicine looks at the root cause of an illness thus can address the issue more successfully. This is a 1st world country and unless you have a hidden agenda, please allow good doctors do their job, make people healthier and not be a burden on the society. Thank you

I consent to publication of my submission.

Sincerely,

Dace Ose-Abey

[Redacted Signature]

From: Matt Otaran
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 10:22:28 AM

To the Medical Board of Australia,

I support Option 1.

I am in support of people or patients to retain their free-will to make an informed decision on a personal matter such as health.

All contemporary medicine is rooted in historic medicinal practices. Research and information in years helped clear the unknowns to create the modern medicine and it should continue to do so.

Regulation should not stop people from researching and block the sharing of information, it should instead set the standard for evaluation and advise.

I consent to publication of my submission.

Sincerely,

Matt Otaran

A black rectangular box redacting the signature of Matt Otaran.

From: Chris Padget
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:14:15 PM

To the Medical Board of Australia,

I support Option 1.

There should be more integrative and complementary medical practitioners available.

We need to keep people well not to make them sick.

The model at present treats symptoms not causes.

We need to get back to the root cause of an illness not to cover up with medications.

Common sense.

I consent to publication of my submission.

Sincerely,

Chris Padget

A solid black rectangular box used to redact the signature of Chris Padget.

From: Darren Page
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 11:31:10 PM

To the Medical Board of Australia,

I support Option 1.

This kind of action by the MBA concerns me deeply. The majority of GPs just hand out pills without really understanding or even bothering to understand a patient's underlying issues and root causes of their problems. Many doctors however, that do listen and bother also seem to be the doctors that give general health and well being advice and offer so called alternative treatments. In many cases this is simply nutritional advice on diet, but other natural supplements and treatments are proven to be more beneficial than jamming toxic pills into your body, many of which have other long lasting side effects. The MBA should be focusing on promoting and encouraging such treatments, not shutting it down. We as a society, should be teaching people (including most GPs I would add!) about nutrition and to eat more healthily and understand their bodies better, and the alternative treatment options that are available, not shutting these options down. This is just plain crazy and absolutely disgraceful that this is even being considered.

I consent to publication of my submission.

Sincerely,

Darren Page



From: Rhonda Paige <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:47 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

These doctors look at the whole person and work to find the cause of the problem. They are proactive in key their patients healthy.

And you want to stop this approach. It is extraordinary that this is even being debated. We need all doctors trained like them. I wonder why the push. Perhaps funding from the pill makers . Don't worry patient , there is a pill for that. Idiocy.

I support option 1.

Leave the best doctors at peace to treat their patients.

I consent to publication of my submission.

Sincerely,

Rhonda Paige
[REDACTED]

From: Carolyn Palliardi
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 10:21:25 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is my first choice as I've had outstanding results with it with no side effects or harm. Results can be quite immediate and ongoing.

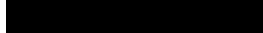
Where I've had operations suggested integrative medicine being my first choice has quickly reversed conditions without harm.

Doctors need to be supported. We need more not less.

I consent to publication of my submission.

Sincerely,

Carolyn Palliardi

A solid black rectangular box used to redact the signature of Carolyn Palliardi.

From: Anne Palmer
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 2:12:27 PM

To the Medical Board of Australia,

I support Option 1.

Conventional medicine does not have all the answers to the many & varied health issues that present. Many of today's solutions were not originally a part of the scope of conventional medicine and it is only by having an open mind & freedom of choice that future progress can be achieved.

I consent to publication of my submission.

Sincerely,

Anne Palmer

A solid black rectangular box used to redact the signature of Anne Palmer.

From: Elizabeth Pamenter
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 7:46:02 PM

To the Medical Board of Australia,

I support Option 1.

We need to have choices. Do not take this basic right away from us!!

I consent to publication of my submission.

Sincerely,

Elizabeth Pamenter

A black rectangular redaction box covering the signature area.

From: Kate Pamphilon
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 1:48:55 PM

To the Medical Board of Australia,

I support Option 1.

In regards to integrative healthcare choices, I would like to put my request forward that the MBA does not change the current guidelines. GPs are under enough pressure as it is let alone with limiting their ability to utilise practitioners, tools and resources from the field of complementary medicine. The best outcome for patients requires teamwork from all aspects of the health industry.

It is imperative that we move away from the idea of an "us versus them" debate and model of care. We must create a complementary approach to health, health treatment and prevention which is inclusive to the many different treatments and views.

I have used integrative and complementary medicine since I was a young child and I'm now in my 40s and use this same approach for my children. This approach to wellness has helped me immensely on all levels: physically, emotionally and mentally. When faced with health challenges, I feel more hopeful when I know I have many different people I can go and see and that my Integrative GP will help me with a broad set of tools and techniques and is not limited by a restrictive model.

How can a GP find what is happening for their client and what treatments will be most effective which will not cause harm if they are restricted by unnecessary rules? How will GPs be able to manage their workload if they can't work together in an integrative manner? Not only will the community suffer and the financial burden on the health system will increase substantially, GPs will also suffer by carrying too much on their own and unable to utilise what they believe or know to be beneficial.

I consent to publication of my submission.

Sincerely,

Kate Pamphilon



From: James Panaretos
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 7:55:36 AM

To the Medical Board of Australia,

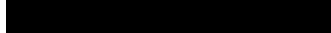
I support Option 1.

It's very simple....conventional medicine seeks to cure the problem.
Integrative medicine seeks to prevent the problem in the first place.
The old adage that prevention is better than cure is so true in health services. I don't understand why these two forms of medicine need to be at opposing ends of the spectrum rather than co-exist. It just makes logical sense.

I consent to publication of my submission.

Sincerely,

James Panaretos

A solid black rectangular box used to redact the signature of James Panaretos.

From: Shweta pandey Pandey
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 8:05:05 AM

To the Medical Board of Australia,

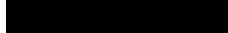
I support Option 1.

Integrative treatment is every customers right to choose. Stop bullying!

I consent to publication of my submission.

Sincerely,

Shweta pandey Pandey

A black rectangular box used to redact the signature of Shweta pandey Pandey.

From: Vanaja Panickar <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Intergrative and complementary medicine has helped me and my family for many years. Allopathic medicine is not the only way to health

I consent to publication of my submission.

Sincerely,

Vanaja Panickar
[REDACTED]

From: Robert Pannekoek
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 7:03:30 AM

To the Medical Board of Australia,

I support Option 1.

I have worked in the health field for twenty five years, alongside doctors and nurses.

Among the thousands of people we help daily, that help would not be available. While medications do have a place, often these only treat symptoms, leaving patients feeling better but still getting worse!

Natural approach, especially using lifestyle change and natural treatments, gets to the cause of people's conditions and brings genuine recovery where drugs were unable to, because they only masked the symptoms without addressing the cause.

The Seventh day Adventist approach is unique, in that our treatment options put our people among only five Blue Zones on the planet! National Geographic mentions this, and books have been written showing the reasons for our people living longer and healthier than most the planet!

While some natural treatments may be questionable, many are validated with scientific research and evidence. As depression, other mind conditions, and numerous illnesses are increasingly prevalent in Australia, natural treatments are needed more than ever before.

Dr Neil Nedley's Depression Recovery Programme is a case in point. The success is undeniable, and thousands of people are finding lasting help through these genuine methods, proven time and again.

I consent to publication of my submission.

Sincerely,

Robert Pannekoek



From: Yvana Pantino
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:52:32 PM

To the Medical Board of Australia,

I support Option 1.

You are unelected by the public, with no right to dictate what type of health care we should have access to by altering the guidelines to restrict instead of maintaining current choice in healthcare or even expanding competition in the marketplace. By changing the current guidelines you may be in breach of the Australian Criminal Code which ensures that I am not assaulted by your healthcare guidelines and undue duress. I want to choose the best person and therapies that I deem appropriate for my situation. That is the Australian way and nothing less is acceptable. We are not Americans.

I consent to publication of my submission.

Sincerely,

Yvana Pantino

A solid black rectangular box used to redact the signature of Yvana Pantino.

From: Adam Papalia <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:41 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative & complementary medicine works, and all patients should have access to this treatment.

Doctors need to understand the root cause of health issues and the emerging new treatments that can challenge their ways of thinking and be the safest, best way to treat their patient.

By tightening these guidelines, you are not only limiting the doctors capability to provide best available and safest treatments to patients, but you are also forcing individuals to do their own research and no longer trust medical professionals - due to their limitation of what they can and/or can't recommend.

I consent to publication of my submission.

Sincerely,

Adam Papalia


From: Christina Papasavvas
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 7:14:31 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is progressive, holistic and necessary for community wellness. It aids in reducing stress which has been backed by science as a major contributor to illness.

I consent to publication of my submission.

Sincerely,

Christina Papasavvas

A solid black rectangular box used to redact the signature of Christina Papasavvas.

From: Mary Pappas
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 10:51:46 AM

To the Medical Board of Australia,

I support Option 1.

Freedom of Choice of who
Will help you to get the best outcome for your health condition..

I consent to publication of my submission.

Sincerely,

Mary Pappas

[Redacted Signature]

From: Gwendoline Parish
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 3:19:39 PM

To the Medical Board of Australia,

I support Option 1.

Many times best outcome

I consent to publication of my submission.

Sincerely,

Gwendoline Parish

[Redacted Signature]

From: Vicki Park <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:47 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine because the herbal tablets my doctor recommended for me was effective whereas the conventional medicine he originally prescribed did not work.

I consent to publication of my submission.

Sincerely,

Vicki Park
[REDACTED]

From: Kim Parker
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 23 June 2019 12:01:50 AM

To the Medical Board of Australia,

I support Option 1.

Integrative and complimentary medicine play a huge role in my health and that of my family in a very positive way and we rely heavily on both. Not having access to these would be really detrimental to our health and well-being.

I consent to publication of my submission.

Sincerely,

Kim Parker

A black rectangular redaction box covering the signature area.

From: Lesley Parker
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 4:41:38 PM

To the Medical Board of Australia,

I support Option 1.

It is of deep concern that the MBA is looking to restrict the prescribing of medicines other than pharmaceutical drugs. Highly accredited Australian biochemists, scientists, doctors, herbalists and the like offer a raft of scientifically formulated nutritional and herbal medicines which are manufactured under the same standard as pharmaceutical drugs in Australia and registered by the TGA. There is a problem if only the pharmaceutical drugs remain available for health solutions as its not possible to drug ourselves to good health. Conventional medicine may control symptoms for a time, but it is very rare that it can return a patient to full health and vitality. For that you need a practitioner who addresses root causes of why the health issue presents. It is generally agreed that the increase in chronic disease is a result of nutritional, environmental and lifestyle issue. The reality is it needs people who are qualified and can prescribe the necessary medicines to address these issues and drugs which address suppression of symptoms, do not do so. May provide relief in the short term but do not give restorative health care long term. This is not new knowledge, it is widely accepted by health professionals, scientists, researchers, including medical doctors, and the like, and it is with deep concern that the MBA are not cognizant of this fact. Please do your own research, acknowledge your members who are taking the responsibility of educating themselves with post graduate courses in nutritional and functional medicine so they can better address the pain and suffering of their patients, your fellow Australians.

I consent to publication of my submission.

Sincerely,

Lesley Parker

[Redacted Signature]

From: Nancy Parker
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 8:34:59 AM

To the Medical Board of Australia,

I support Option 1.

I work with complementary natural therapies and have seen time, and time again how positively our bodies respond to natural remedies, and believe doctors should be able to prescribe natural products even if only to complement pharmaceutical drugs.

I consent to publication of my submission.

Sincerely,

Nancy Parker

A solid black rectangular box used to redact the signature of Nancy Parker.

From: Jenny Parkinson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:03:06 AM

To the Medical Board of Australia,

I support Option 1.

With regards the possibility that I may not have the option in the future to have access to an integrative doctor is beyond belief. I have both a conventional and integrative doctor and wish to continue with this arrangement. I will be using complementary medicine with or without a doctor if necessary but I would prefer to have someone who will guide me on this. I take vitamins and minerals as a first choice before considering anything else and truly believe that the person should be treated holistically in lieu of the current situation whereby only the symptoms are treated usually with drugs as the first option. I will not be going to a doctor who will only give me 10 minutes to determine what is going on with my body. It is frightening to think that this is even being contemplated, we should have a choice and take responsibility for our own health.

I consent to publication of my submission.

Sincerely,

Jenny Parkinson

A black rectangular box redacting the signature of Jenny Parkinson.

From: Wendy Parkman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 5:34:52 PM

To the Medical Board of Australia,

I support Option 1.

Both the individual and humanity would be neglected and oppressed if the presumption and restrictions of making Allopathic medicine the only key, and the only way allowable, or easily available to a person's good health was made. This world and its healing styles should complement each other. We should all be given our individual freedom to choose treatments.

RESPECT is what should always be at the heading of any decision leading to an outcome for the people. In this case respect should be given for different ideas and ways from traditional/conventional (by Western standards) and for the non - traditional/conventional. Respect for us all as individuals.

I am grateful for the Allopathic medicines that have helped me and many others. But I am also grateful for the Naturopathic, Homeopathic and many herbs and supplements that ease, help my body to heal and contribute to my overall wellbeing.

Trials can be conducted officially and put on paper.. But trials are also handed down generation to generation by word of mouth and experience over many years by the many. None should be better than the other. Respect should be a priority when making decisions that affect people. Respect for one another and Respect for the many naturally given gifts this world has to offer. Closed and limited thinking should not be mixed into the medicine tube when there is so much out there to embrace and consider and find.

I am putting my thoughts to you MBA... in the hope you will consider and respect all humans in their right to have the choice, and the comfort of knowing they can make their own health decisions. It is also surely within the best interests and right of all to be able to discuss treatments alternate to Allopathic medicine with Naturopathic etc. health providers and also by their Allopathic Doctors, then help and assistance can be more widely provided, if both doctor and patient choose so. It would be fair that both should be equally funded for by the Governments Health provisions. We as individual human beings should be free to trial any consideration for our own health and by our own responsibility, another's opinion can be offered but need not be taken or not forced upon, regardless of assumed outcomes.

If you inhibit freedom of choice and any knowledge proven or otherwise, then you also inhibit and restrict the intelligence of the human race, to expand the many avenues of free thinking into the future, that could lead towards finding many more answers and treatments for us all. The many past discoveries both scientific and other would never have happened if they were inhibited and restricted by others opinions and stifled by limiting laws/restrictions like you propose. Please let all health products and treatments be allowed to complement each other and to not overshadow one for the other. Please allow all to be freely available and reachable for everyone.

A true future in progressive healthcare and wellbeing is to let experience and the freedom of obtaining that experience for all and in the hands of all. The consequences if health choice is restricted, changed or stopped will write a future history of a stifled, unknown potential for the progress in healthcare, and also of our liberty. The natural progress of discovery can never be made. Such a huge loss this would be. The mental health and physical wellbeing of many will suffer, not only from the lack of these services and products, but feeling and being disrespected by the controlling of their choices and freedom. This would create a negative factor in our Nation's health. Please do not bring in these proposed regulations.

Thank you

Sincerely

I consent to publication of my submission.

Sincerely,

Wendy Parkman

A solid black rectangular box used to redact the signature of Wendy Parkman.

From: Mrs Ann Parnell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 10:51:01 PM

To the Medical Board of Australia,

I support Option 1.

It is my belief and practice of course to use conventional medicine as that is our health paradigm to now. However I utilise alternative therapies which I find sometimes more beneficial than orthodox medicine. I also inform my Doctor of my practices of which he approves if it gives me more benefit than conventional medicine or else as a complimentary therapy. I have an osteopath, an acupuncturist, a naturopath and also take vitamins and minerals to help with this ageing process.

To impose restrictions on integrative medicine is taking away progress in the evolution of medicine to a better level. It would deflect from individuals taking back their power to choose and to take responsibility for their own health and choices.

Let medicine move forward and integrate some of the older practices which have been successful years ago but have been forgotten and displaced by a board which would have all the power and control, leaving the ordinary man and women without any rights to choose as well as the doctors who would take advantage of lost knowledge and use it for the benefit of humanity. Ann Parnell

I consent to publication of my submission.

Sincerely,

Mrs Ann Parnell



From: Jennifer Parry
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 4 June 2019 4:54:18 PM

To the Medical Board of Australia,

I support Option 1.

I was a qualified high school teacher who went on to study for another 6 years to become a Naturopath, Herbalist and Nutritionist and worked for over 20 years in my own clinic and the number of patients I helped (and still do) was huge, to lose weight and avoid Diabetes, guided through cancer treatments successfully so that they could cope physically and mentally with the difficulties, helped children and parents to deal with Autism and Aspergers and so many other health problems that a lot of GP,s simply do not have the time allocations to deal with the amount of time that is needed to really help enough. I sent many people to Integrative Doctors to do scans and Blood Tests that needed to be done and had a great working relationship with them. We probably saved medicare a massive amount of money and were very successful practitioners, very experienced and extremely knowledgable and always researching and studying more and more. It is inconceivable that this vast pool of knowledge and experience can just be wiped out for absolutely no reason except ignorance. It will be a huge loss to the country, when other countries in the world acknowledge all these Scientifically Validated areas of medicine and work together with them, What is the matter with Australia???

I consent to publication of my submission.

Sincerely,

Jennifer Parry



From: Katrina Parsons
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 2:21:31 AM

To the Medical Board of Australia,

I support Option 1.

The change is atrocious and the question is why? Leave it as it is. If you believe in a holistic approach to life and healing. Just remember everyone is someone's mother, brother, sister and best friend etc. what if this was you or your family that could not get the simple help of treatment and advice they need.

Think about it.

Sincerely

Theatre Nurse

I consent to publication of my submission.

Sincerely,

Katrina Parsons

A solid black rectangular box used to redact the signature of Katrina Parsons.

From: Marianne Pascoe
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 7:39:00 PM

To the Medical Board of Australia,

I support Option 1.

The reason I support integrative medicine is because you can't say something like homeopathy isn't scientifically proven, when the future king believes differently.

"The Faculty of Homeopathy is delighted to announce His Royal Highness The Prince of Wales as Patron of the Faculty of Homeopathy.

Dr Gary Smyth, President of the Faculty of Homeopathy comments, "As the Faculty celebrates its 175th anniversary this year, it is an enormous honour for us to receive the Patronage of His Royal Highness The Prince of Wales and I am delighted to announce this news today. This news is also a fitting memorial to our late friend, colleague and former Faculty President, Dr Peter Fisher, who was a global champion of Homeopathy. I look forward to working with members, friends and supporters of the Faculty, continuing our important work, promoting Homeopathy within both public and professional circles and maintaining awareness of this system of medicine".

About the Faculty of Homeopathy

Founded in 1844 and incorporated by Act of Parliament in 1950, the Faculty of Homeopathy is one of the longest established Homeopathic organisations in the world. The Faculty has long been recognised as the preeminent membership organisation for statutorily regulated healthcare professionals who integrate Homeopathy within their practice. The Faculty's mission statement is "To promote and support the highest standards of practice, education and research in Homeopathy".

The Faculty is an international and multidisciplinary organisation, embracing a wide range of healthcare professionals. The Faculty provides internationally recognised training pathways in Homeopathy for Doctors, Dentists, Pharmacists, Veterinary Surgeons, Nurses and other statutorily regulated healthcare professionals. Faculty members are medical professionals who are qualified and trained in both conventional medicine and Homeopathic medicine. This provides them with a unique perspective on healthcare and allows them to effectively integrate these various disciplines.

In addition to Membership and Academic activities, the Faculty's other key areas of work include Promotion, Quality Assurance, and Publication of the international research journal, Homeopathy.

About homeopathy

Homeopathy is a natural form of medicine used by over 200 million

people worldwide for both acute and chronic conditions. It is based on the principle of treating “like with like”. That is, a substance which causes symptoms when taken in large doses, can be used in small amounts to treat those same symptoms.

For example, drinking too much coffee can cause sleeplessness and agitation. According to this principle, when made into a Homeopathic medicine, this could be used to treat people with those symptoms. However, Homeopathic medicines use minimum doses of the active substance, which results in the medicines being non-toxic.

Homeopathy should be seen as a complementary treatment rather than an alternative to conventional medicine. Despite the differences in approach, Homeopathic and conventional treatments can work very well together and are frequently used as part of an integrative approach. Consulting a medical doctor who is trained in Homeopathy allows patients more treatment choices. www.facultyofhomeopathy.org “

I consent to publication of my submission.

Sincerely,

Marianne Pascoe

A solid black rectangular box used to redact the signature of Marianne Pascoe.

From: Ina Pasilyte
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:46:36 PM

To the Medical Board of Australia,

I support Option 1.

Our health already being compromised by many things, we need to have support from other doctors to pursue any type of treatment.

I consent to publication of my submission.

Sincerely,

Ina Pasilyte

A black rectangular redaction box covering the signature area.

From: Lisa Passmore
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 9 May 2019 1:42:19 PM

To the Medical Board of Australia,

I support Option 1.

I value and in most cases prefer a more holistic approach to health and wellbeing. I support doctors' rights to provide new, innovative, integrative and complementary medicine options. This is the way of the future.

I consent to publication of my submission.

Sincerely,

Lisa Passmore

A solid black rectangular box used to redact the signature of Lisa Passmore.

From: Tanya Passmore
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 3:43:51 PM

To the Medical Board of Australia,

I support Option 1.

I value a holistic approach to healthcare and support a doctor's right to provide new and innovative practices including complementary medicines.

I consent to publication of my submission.

Sincerely,

Tanya Passmore

A solid black rectangular box used to redact the signature of Tanya Passmore.

From: Janine Pasvolsky
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:46:35 PM

To the Medical Board of Australia,

I support Option 1.

Please try and move forward with global trends and obvious shifts and options in treatment. The current medical Paradigm is very dated - so many Drs have said this to me throughout my health issues. They are struggling to treat people with ever evolving modern illness/disease. It's time to have the guts - cos we are absolutely in an era where the public is educated and is fighting to navigate their own health issues as Drs are failing in so many areas. The whole paradigm needs to shift!!!

I consent to publication of my submission.

Sincerely,

Janine Pasvolsky

[Redacted Signature]

From: Sherrill Paton
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 1:29:32 PM

To the Medical Board of Australia,

I support Option 1.

I believe there is a place for alternative medicine in health care treatments. In so many cases of Cancer and other serious diseases, there is growing evidence that using Natural Therapies in conjunction with conventional medicine, to aid recovery, management of and also in Patient comfort for the Terminally Ill.

I consent to publication of my submission.

Sincerely,

Sherrill Paton

A solid black rectangular box used to redact the signature of Sherrill Paton.

From: George Patriki
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 8:42:23 PM

To the Medical Board of Australia,

I support Option 1.

There is no medical reason to change the current guidelines to integrative medicine. Patients have a right to choose their medical practitioner without being bullied into conforming to MBA philosophies or belief systems that do not reflect evidence base best practice.

I consent to publication of my submission.

Sincerely,

George Patriki

A solid black rectangular box used to redact the signature of George Patriki.

From: George Patriki
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 8 June 2019 8:45:58 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine brings together all of the evidence base, best practice to maximise the health outcomes. We as the Australian community demand that we be given the right to choose our own doctor and the best services that will meet our needs. Orthomolecular science and function medicine has been long established as evidence base, best practice. For further information please read the following;
Psychiatrist - Dr Daniel Amen: Change your brain Change your life.
Dr Natasha Campbell-McBride - Gut & Psychology Syndrome.
Dr William Walsh - Nutrient Power. Heal your Biochemistry and Heal your Brain

I consent to publication of my submission.

Sincerely,

George Patriki


From: Andrew Patterson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 8:55:26 AM

To the Medical Board of Australia,

I support Option 1.

The large pharmaceutical companies have too much greed and too much control over the treatment of ill people for their own corporate profits. Drs should have access to non pharma. cures. Eg vitamins and cannabis

I consent to publication of my submission.

Sincerely,

Andrew Patterson

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From: Fern Patterson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 4:02:39 PM

To the Medical Board of Australia,

I support Option 1.

I wish to have the same access to integrative healthcare practitioners as I currently do.

I find the broad spectrum of interventions are a better holistic fit for my health care.

I consent to publication of my submission.

Sincerely,

Fern Patterson

A solid black rectangular box used to redact the signature of Fern Patterson.

From: Vanessa Patterson <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please stop trying to block natural therapies. My family and I always use natural therapies first and almost always have quick, good results meaning less visits to doctors and less tax payer money being spent! I find there are endless side effects with western medicine where I can treat successfully naturally with no side effects - why would you stop that..? It must come down to money ...?! But I'm saving the government heaps by treating my family myself! Craziness . Stop the witch hunt please - our bodies are our own choice .

I consent to publication of my submission.

Sincerely,

Vanessa Patterson
[REDACTED]

From: Lyle Paul
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 8 May 2019 12:09:43 PM

To the Medical Board of Australia,

I support Option 1.

Every person in Australia has the right to choose safe and effective health care. Complementary and Integrative medicine is both safe and effective, as 80% of the Australian population would attest.

As a Naturopath and Herbalist, I have successfully used complementary medicines for myself, my family and clients for many years. They are an effective first line treatment for many medical conditions and as preventative medicine to reduce the occurrence and duration of illness, reduce the need to stay on medical drugs with harmful side effects and improve overall quality of life.

All practitioners have the right to determine the best course of treatment with their clients; clinical autonomy based on expertise, education and collaboration with the patient needs to be maintained.

There is no evidence to suggest the proposed restrictions are necessary, nor benefit anyone save the undeclared "stakeholders" who have raised "concerns". I demand to know what the concerns are and who the stakeholders are. Given the impact the proposed restrictions will have, at least be transparent about those details so they can be met with reasoned argument.

I strongly support Option 1, to keep the current guidelines as they are.

I consent to publication of my submission.

Sincerely,

Lyle Paul

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From: Mary-Joy Payten
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:46:14 AM

To the Medical Board of Australia,

I support Option 1.

I and my family have been using complementary medicine for 70 years.
It saved my life as a small child when the usual Drs were unable to help.

For those that wish to use it, which I would, it will become like abortion, secretive and hidden and cause a lot of problems to all concerned.

It can mean unqualified people could get in the act.

If a qualified Dr finds it helps with the situation for a patient he is doing his duty of care.

If many Doctors use it then they are satisfied that it is safe and appropriate.

In many countries I've lived and visited it is common practice to have the offer of either or both integrated medicine. In France every Chemist shop has a section for homeopathic etc.

In Calcutta they have hospitals that are medically integrated as well as purely medical.

I consent to publication of my submission.

Sincerely,

Mary-Joy Payten



From: Paul Payten
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:55:24 AM

To the Medical Board of Australia,

I support Option 1.

I write to you as a mature citizen who has lived his whole life thanks almost entirely to complementary and integrative medical practices. I do not use any medication or other medical treatments and am healthy and comfortable at age 71.

I therefore support patient access to Integrative & complementary medicine which have helped me and my family & many friends I know to not have need of hospitalisation or other government provided medical support.

My reasons for using Integrative & complementary medicine are simple:

- * generally less expensive
- * more natural and low tech solutions
- * non invasive and preventative rather than treatment of symptoms
- * far more sustainable in their production and application than mainstream medical practices and substances recommended.

If the MBA imposes restrictions on Integrative practitioners, it would impinge on my choices and the basic right to choose what I use to remain in health. This is a primary concern.

Further, natural and preventative solutions are less impacting on the environment, may be self administered and growing in popularity and availability, here and overseas.

The evidence of their efficacy is centuries old and I am at a loss as to what reason the MBA has to seek to restrict or remove such practices. Does the MBA wish to increase control and profit by reducing access to alternatives, as collateral damage and side effects from many medical procedures and treatments, and even hospitalisation, far outweigh any negative impacts of complementary and integrative medical practices.

Basically, I will that there be increased access to and government support of natural or, as you call them, complementary and integrative practices. We humans are innately connected to the planet and what it provides and often suffer from man's so called enhancement through technological intervention.

I consent to publication of my submission.

Sincerely,

Paul Payten



From: Kay Peacock
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 4:32:11 PM

To the Medical Board of Australia,

I support Option 1.

Not all patients are the same, some require other types of healing practices rather than conventional straight medicine. I see no reason to change the law, after all, doctors have been through a rigorous training in medicine and if they see fit to prescribe another form of treatment would help their patient, then they should be able to use it.

Patients then have a choice whether to take up this advice or continue on with traditional medicine.

An holistic approach to medicine could help someone who doesn't respond to other treatments. I value my doctor being able to prescribe what I need, not restricting my choice, and being free to use all facets of healthcare in their practice.

I consent to publication of my submission.

Sincerely,

Kay Peacock

A black rectangular redaction box covering the signature area.

From: Patricia Peacock
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:34:52 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine has helped me greatly and I appeal to the MBA to not make any further changes that will affect access to these helpful aids to health.

I consent to publication of my submission.

Sincerely,

Patricia Peacock

A solid black rectangular box used to redact the signature of Patricia Peacock.

From: Alana Pearse
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 18 May 2019 9:51:13 AM

To the Medical Board of Australia,

I support Option 1.

I would like to advise that I do not support the option to 'Tighten regulation of practitioners providing integrative treatments' and wish to see NO changes to the current guidelines.

I not only have turned to integrative treatments over the past few years as I do not feel supported by the conventional medicine system but am also a passionate integrative treatment practitioner myself and in both cases have seen and experienced amazing results from it. In my own personal healing and in that of 100's of my clients I believe both integrative and conventional treatment are useful and complement each other so well.

I also believe that people should have a choice as to whether they wish to seek conventional or integrative treatment. It is each persons right to choose, not have that choice taken away from them.

I consent to publication of my submission.

Sincerely,

Alana Pearse

A solid black rectangular box used to redact the signature of Alana Pearse.

From: Kelsey Pearson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:02:17 AM

To the Medical Board of Australia,

I support Option 1.

Complementary and integrative therapies focuses on preventative medicine and treating the cause of the condition. Removing access to practitioners who facilitate this mode of health care restricts patients to being reactive to health problems rather than proactive in avoiding them. Also, it places a heavier burden on tax payers supplementing expensive medications through the PBS, particularly for conditions which are caused by poor lifestyle choices (CVD, diabetes 2 etc).

Allow people the choice to be the drivers of their own health. Allow them access to complementary and integrative medicines by a qualified physician. It is in everyone's best interest.

I consent to publication of my submission.

Sincerely,

Kelsey Pearson

A black rectangular box redacting the signature of Kelsey Pearson.

From: Merry Pearson <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 10:14 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

While I certainly value the many instances in which mainstream medicine has helped me, my experience with it for the most part has had to do with using pharmaceuticals to treat symptoms rather than introducing lifestyle changes—which include increasing levels of certain nutrients—to alleviate or cure conditions. In fact, mainstream medicine has little to do with promoting health and wellbeing.

On the other hand, my experience with integrative doctors and holistic practitioners of many kinds has always been supportive of my health and wellbeing. And very importantly, they care about me as a person, which hasn't been the case nearly as often with mainstream medical professionals.

So it's health care rather than medical care that makes the biggest difference to my overall wellbeing. How most medical research (this is not health research, by the way) is funded? When most of our medical research is funded by pharmaceutical companies, what do you expect the outcomes to be?

And who funds much of physicians' continuing professional development training? Pharmaceutical companies, who are quite happy to "teach"

doctors what to prescribe to treat symptoms that present in their practices.

In short, I want care rather than treatment.

I consent to publication of my submission.

Sincerely,

Merry Pearson

[Redacted signature]

From: saranyu pearson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 6:04:46 PM

To the Medical Board of Australia,

I support Option 1.

It is my opinion that doctors who provide complementary and integrative medicine options to patients are providing a valuable service to the community and enhancing medicine in Australia. These doctors have undertaken further training and study over and above their qualifications so that they can provide effective options for health conditions, options the public are seeking and from which they are obtaining enormous, often life-saving benefit. My family has been using integrative medicine for twenty years and it has been a Godsend to the health and wellbeing of all of us. If restrictions are imposed on these practitioners there will be no trusted alternatives and many people will be seriously disadvantaged. I am asking that doctors be fully supported in the health system to practice integrative medicine at their own discretion in private consultation with their own patients.

I consent to publication of my submission.

Sincerely,

saranyu pearson

A black rectangular redaction box covering the signature area.

From: Wilma Pearson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:39:50 PM

To the Medical Board of Australia,

I support Option 1.

Is this another example of Big Pharma controlling us for their greed
in increasing their hold on the sickness industry?

I consent to publication of my submission.

Sincerely,

Wilma Pearson

[Redacted Signature]

From: Eva Peck
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 7:54:08 PM

To the Medical Board of Australia,

I support Option 1.

I am a firm believer in Integrative & complementary medicine because it is based on sound principles of solving problems. It looks for and treats causes of illness rather than just dealing with symptoms, deals with the body in a holistic way since everything is interconnected, and considering the often nasty side effects of pharmaceutical drugs, is more likely to be in line with the Hippocratic oath doctors take of doing no harm.

There is a large number of natural substances and approaches that work better than conventional approaches and drugs without being harmful to the body or causing undesirable results. I have seen this in my family's life over and over -- my father has practiced this approach for years and at 96 is still doing very well.

Each person has the right to choose what will or will not be done to their body or put into it. If the MBA imposes restrictions on Integrative practitioners, this freedom will be compromised.

I consent to publication of my submission.

Sincerely,

Eva Peck

[Redacted Signature]

From: Barbara Pecze
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:59:07 AM

To the Medical Board of Australia,

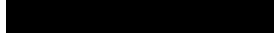
I support Option 1.

We need to right to have a choice and that includes integrative and complementary medicine. Why must people be forced to only use harsh chemical drugs that have so many side effects? Many people cannot tolerate these medications and find integrative and complementary meds like myself to keep healthy and help the body to heal itself. Please leave things as they are and let the people have a choice.

I consent to publication of my submission.

Sincerely,

Barbara Pecze

A solid black rectangular box used to redact the signature of Barbara Pecze.

From: Barbara Pecze
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:45:29 PM

To the Medical Board of Australia,

I support Option 1.

I support complementary and integrative medicine because it has made a positive difference in my quality of life. It is vital that we all have that choice and to take more responsibility for our health.

Restricting integrative practitioners will leave patients with an improper diagnosis. A mere ten minutes is not enough to understand all aspects of a patient from history to current ailments. Ten minutes restricts helping a patient discover what tests, what holistic medications and supplements etc. that they may require. Integrative medicine has really improved my quality of life resulting in fewer medications from the chemist. It is not fair to doctors and their patients to make any changes to the current mode.

I consent to publication of my submission.

Sincerely,

Barbara Pecze

A solid black rectangular box used to redact the signature of Barbara Pecze.

From: Jachline Pedersen-Rouse
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 2:09:03 PM

To the Medical Board of Australia,

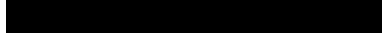
I support Option 1.

The importance of all people to have the freedom of choice is the most critical thing for Australians. If I choose to see a Doctor who can assist me with conventional medicine along with provide me with alternative medicines then that is choice. Over 50% of healing that has happened in my life has been with the use of complementary medicine and it would be a disaster for this to change.

I consent to publication of my submission.

Sincerely,

Jachline Pedersen-Rouse

A solid black rectangular box used to redact the signature of Jachline Pedersen-Rouse.

From: Melissa Peeck
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 2:39:21 PM

To the Medical Board of Australia,

I support Option 1.

To whom this may concern,

I am emailing my concern that the Medical Board of Australia (MBA) are looking to limit and control what Integrative Doctors can prescribe and by doing this, are therefore looking to control and monitor their practice.

As someone who regularly sees an Integrative Doctor with great success and improvements to my health (after having seen no such success from regular GP's), I feel this is an abhorrent limitation on my rights to seek the appropriate medical attention.

To put these limitations in place is to not only deny my individual rights but will also deny thousands of other patients their rights to appropriate treatment and also to those professionals who have worked very hard to gain their accreditations in their respected field.

I request Option 1 – No Change to Current Guidelines!

I consent to publication of my submission.

Sincerely,

Melissa Peeck

A solid black rectangular box used to redact the signature of Melissa Peeck.

From: Lorine Peel
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 6:12:19 AM

To the Medical Board of Australia,

I support Option 1.

I never want to loose the right to use natural therapies. My choise My body.

I consent to publication of my submission.

Sincerely,

Lorine Peel

[Redacted Signature]

From: Margret Peel
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 11:20:17 AM

To the Medical Board of Australia,

I support Option 1.

Integrative Medicine is a complete medical approach to health and wellbeing. Following many medical visits and invasive testing without any positive outcome to be able to access integrative medicine I am on my way to a brighter future. Integrative medicine is a far less burden on Medicare and the health system. It finds resolution and gives people their lives back. Strengthening the regulations is to no benefit and will only cause suffering for many who seek to take control of their own health.

I consent to publication of my submission.

Sincerely,

Margret Peel

A solid black rectangular box used to redact the signature of Margret Peel.

From: Hilda Peers
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 10:12:47 PM

To the Medical Board of Australia,

I support Option 1.

To whom it May concern. Natural , integrative and complementary medicine are vital to me and my family as our lives have been dramatically healed by the care and attention these specialist medical people give. We must have the ability to have free choice in our medical care as many GPs that we have been to in the passed have no idea how to get to the root of problems as their training has only centred on drug therapy.
Please listen to what we are saying. Choice is paramount in health treatment.

I consent to publication of my submission.

Sincerely,

Hilda Peers

A solid black rectangular box used to redact the signature of Hilda Peers.

From: Kirsty Peltz
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:11:15 PM

To the Medical Board of Australia,

I support Option 1.

I will be devastated if doctors are no longer able to integrate complementary medicine into their practices. After seeing doctors (who don't do this) for years with no relief from my symptoms or a diagnosis it was a doctor who incorporates complementary medicine that finally diagnosed my condition and was able to treat me successfully with vitamins and minerals (without the need for ANY drugs). He initially gave me an hour consultation which I think was a huge component in my successful treatment.

I know hundreds of stories like mine. These doctors are amazing and go above and beyond conventional treatment in order to help their patients find relief and live a happy and healthy life. They are the angels of medicine.

Please do not change the current guidelines.

I consent to publication of my submission.

Sincerely,

Kirsty Peltz

A solid black rectangular box used to redact the signature of Kirsty Peltz.

From: SARAH PENROSE <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 3:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support the right and place of T&CM (Traditional & Complimentary Medicine) options alongside pharmacological interventions and believe T&CM should always be incorporated into Australian healthcare - to not do so directly contravenes the WHO Traditional Medicine Strategy 2014-2023.

(In case you are unfamiliar) The strategic objectives are:

- To BUILD the knowledge base for active management of T&CM through appropriate national policies.
- To STRENGTHEN the quality assurance, safety, proper use and effectiveness of T&CM by regulating products, practices and practitioners.
- To PROMOTE universal health coverage by integrating T&CM services into health care service delivery and self-health care.

https://www.who.int/traditional-complementary-integrative-medicine/publications/trm_strategy14_23/en/

I consent to publication of my submission.

Sincerely,

SARAH PENROSE

[Redacted signature]

From: Kerry Pereira <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:38 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Prevention is better than cure. Tightening regulation of practitioners to provide integrative treatments will limit preventative measures.

I consent to publication of my submission.

Sincerely,

Kerry Pereira


From: Harsha Perera
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 7:33:43 AM

To the Medical Board of Australia,

I support Option 1.

Myself and family and friends have been using complementary medicine such as acupuncture and Indian/Sri Lankan Ayurveda herbs and oils for decades with great results.

I regularly take herbs along with conventional medicine to treat hypertension.

There were several occasions where complementary medicine provided better results than conventional medicine.

- treatment of constipation
- treatment of gout like joint problems
- treatment of gum disease

If restrictions are placed on the use of complementary medicine, it will have a severe impact on my health and of millions of others who are benefiting from it.

I trust that the MBA will act as true scientists and will keep an open mind and conduct independent clinical trials on complementary medicine to test its efficacy without engaging in what appears to be a witchhunt.

I consent to publication of my submission.

Sincerely,

Harsha Perera



From: Andrew PERHER
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:52:07 PM

To the Medical Board of Australia,

I support Option 1.

It's it's my right as an Australian citizen to choose the course of medical action that I prefer.

I have previously been treated by conventional medicine that only made me sicker than what I was originally.

Since using integrative complimentary medicines over 7 ago my health has improved to the point that I NO LONGER require medication.

It's important for you to understand that it is my body and it is my health and it is my choice as to where I wish to spend my money.

Kind regards Andrew Pether

I consent to publication of my submission.

Sincerely,

Andrew PERHER

A solid black rectangular box used to redact the signature of Andrew PERHER.

From: Michael Perroux
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:37:16 PM

To the Medical Board of Australia,

I support Option 1.

Alternative health care often costing almost nothing is often being ignored by the mainstream medical industry as it is chiefly about wealth not health. There are numerous medications such as garlic, dryania forteneui, ginger as well as a myriad of herbs ignored as they are very cheap and very effective. Let alone bacteria medicine that is far more effective than antibiotics. For too long drug companies have been brainwashing doctors and also giving benefits to, that has distorted medicine in Australia. All to make money at the detriment of our health. Some of complementary medicines have and procedures have no validity but by far not all.

I consent to publication of my submission.

Sincerely,

Michael Perroux

A black rectangular box used to redact the signature of Michael Perroux.

From: Michael Perroux
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 4:23:31 PM

To the Medical Board of Australia,

I support Option 1.

Indeed alternative medicines are important and alternate therapies. Often mainstream medicines are heavily promoted by drug companies leading to the medical consultations being driven by wealth not health. It is high time that drug companies and all associated medical enterprises were banned from giving benefit to doctors and universities. Very often it is the case cheap medicines or foods are ignored by the medical profession as they are not worth much money. Our doctors are brainwashed to some degree by drug companies etc influencing universities. Without alternatives our general health will decline resulting in more sickness and deaths. All too often simple cheap alternatives are ignored like for instance : Garlic, Ginger, Probiotics, Dried garlic, Herbs etc. We should have free medical for all services.

I consent to publication of my submission.

Sincerely,

Michael Perroux

A black rectangular box used to redact the signature of Michael Perroux.

From: Jose Pestana
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 11:46:27 PM

To the Medical Board of Australia,

I support Option 1.

A control body of all medical practitioners to act professionally and fairly on the behalf of their patients, not just a cash grab for consult and bulk medicine producers.

I consent to publication of my submission.

Sincerely,

Jose Pestana

A solid black rectangular box used to redact the signature of Jose Pestana.

From: David Peters
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 12 June 2019 8:30:13 AM

To the Medical Board of Australia,

I support Option 1.

I write to outline the reasons for retaining, and even fostering, integrative medicine within the medical community.

The key reason for retaining integrative medicine is our medical practitioners are, in fact, evidence based practitioners. As a community we trust that our GPs and specialists maintain their continuing education, and more importantly research the efficacy of the treatments they recommend. I see no difference in practice for choosing integrative approaches to treatment as to choosing any other. The clinician will assess the patient, choose the most appropriate modality in consultation with the patient, and monitor the outcomes. This is basic medicine. Surely we must have every confidence that our clinicians weigh the evidence and monitor the outcomes.

If the issue for the minister is around patient safety then there is even greater reason to keep integrative medicine within the sphere of our medical community. I think everyone acknowledges the risk of unqualified or untrained practitioners making claims regarding integrative therapies. I think our community needs to have a balanced and evidence based approach to treatments, and who better to do this than those who not only have extensive training, but are also trained in patient follow up, monitoring of health status and gathering a body of evidence from hands on clinical practice.

I urge the minister to retain the current guidelines, and not implement restrictions which will see holistic and integrative approaches move further away from the very group of people who are best placed to provide appropriate care.

I consent to publication of my submission.

Sincerely,

David Peters

A solid black rectangular box used to redact the signature of David Peters.

From: Jennifer Peters <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:18 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Medical doctors need to be able to access all the healing options available to them to assist their patients - this covers the entire spectrum of complementary therapies such as shiatsu, nutritional medicine, acupuncture, herbs, vitamins, supplements, through to more conventional options. Our current system of Western medicine is only around 200 years old - other forms of healing have been around for much longer and can offer incredible help to the well being of patients, both in prevention and cure, in conjunction with western medical practice.

I consent to publication of my submission.

Sincerely,

Jennifer Peters


From: Rita Peters
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:12:18 PM

To the Medical Board of Australia,

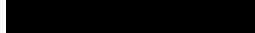
I support Option 1.

Increasing complementary medicines and emerging treatment options could potentially decrease the amount of people requiring hospitalisation - surely this would have a huge impact on reducing expenses. It could also reduce patients seeking addictive medications for pain management. The opportunities for varying businesses would be extraordinary - existing and new.

I consent to publication of my submission.

Sincerely,

Rita Peters

A black rectangular redaction box covering the signature area.

From: Kylie Peterson <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:32 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Australians should be allowed to access alternative therapies if they wish to do so. As a nurse I am well aware how much money the pharmaceutical industry makes from sick Australians, that doesn't mean anyone other than the person seeking treatment has a right to tell them what treatment they can/can't use.

If a person wishes to seek alternative treatments, they have every right to speak to their Doctor about that. Just as Doctors have a right & an obligation to inform every patient that there may be other forms of treatment available to them that does not involve pharmaceuticals.

I consent to publication of my submission.

Sincerely,

Kylie Peterson


From: Mike Peterson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 7:31:36 PM

To the Medical Board of Australia,

I support Option 1.

I look after my health and you support the sick! You need to support both! I'm 67 I Never see a doctor and I'm never sick, that would relieve the burden on the medical profession if more were like me!

I consent to publication of my submission.

Sincerely,

Mike Peterson

A solid black rectangular box used to redact the signature of Mike Peterson.

From: Benny Pettersson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 21 May 2019 7:25:53 PM

To the Medical Board of Australia,

I support Option 1.

Dear MBA,

I value and support a holistic approach to health care and the use of alternative and complementary medicine and emerging treatments and I do not support changes that would limit or prohibit the use and recommendations by medical professionals.

I am dumbfounded to hear about your proposed changes to the guidelines, natural medicine has been around for so much longer than the “science” based medicine. To ask doctors not to advise or recommend alternative to “science” based medicine is appalling.

Where do you think most of today’s medicine comes from?

Sure there are less science based trials and investigations into alternative and complementary medicine and its effectiveness, however this is mostly due to funding for research and the fact that there are less profit in general for natural medicine.

If anything the guidelines should be written to fully support the use of alternative and complementary medicine.

Now please stop this nonsense and let Doctors and Patient decide what’s best for them.

I consent to publication of my submission.

Sincerely,

Benny Pettersson



From: Miguel Pez
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 1:22:04 PM

To the Medical Board of Australia,

I support Option 1.

I am a healthy 64 yo male.

I write to you to stand by the availability of all kinds of alternatives when it comes to personal health.

Not all people are the same, and to think for a minute that "one size fits all" is not just naive but also plain arrogant.

While our current 'mainstream' medical orientation does have a part to play in the overall community wellbeing, traditional medicine does have a role too.

In my case, as with any other case of malaise treatment, the final results of diagnosis and treatment are at best ambiguous as it is virtually impossible to take into account all possible variables.

However, I attribute my good health in great part to what mainstream medicine classifies as "alternative" medicine. (By the way, I see it the other way around, where the mainstream - and most recent - medicine is the "alternative").

Beyond personal belief I truly and strongly defend the right to personal choice. To remove this right from individuals is a gross infringement to human basic rights.

If any group or medical inclination have certain beliefs that are antagonistic with others then there is always a recourse to present to the community their arguments for or against what others stand for and to explain why. This venue is always open ... in an open and respectful society.

Then the individual can make an informed choice as to act on their preferences.

If the powers to be were to remove individual rights it wont be long before positive debate and truth is a thing of the past.

If the current medical establishment were to muscle their way, slowly but surely, eliminating all kinds of competitive alternatives I would chose to diagnose and medicate myself as I would have no trust or faith in an autocratic system.

If alternative choices and rich diversity are eliminated, it would give way to a monolithic - and vulnerable - system.

We would have regressed to a dictatorial rule where humans would have lost their identity.

And I will never support that.

I am an adult, I make my own choices and take responsibility for them.

Do not need anyone telling me how to live my life and I hope that my rights are respected and protected.

I consent to publication of my submission.

Sincerely,

Miguel Pez

[Redacted Signature]

From: Karen Pezzutto
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:03:11 AM

To the Medical Board of Australia,

I support Option 1.

I strongly urge you to allow people access to all aspects of integrative and complementary health.

Many of these measures promote prevention and wellness, which ultimately reduce the load of sickness care.

Many of these options have been used successfully for many years and in most cases have fewer of any of the side effects we see from pharmaceuticals.

Freedom of choice should not be watered down for profits of pharmaceutical companies.

I strongly object to the proposed measures.

I consent to publication of my submission.

Sincerely,

Karen Pezzutto

A solid black rectangular box used to redact the signature of Karen Pezzutto.

From: Billy Phillips
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:46:17 PM

To the Medical Board of Australia,

I support Option 1.

This shouldn't be happening at all in this day and age. The people should have the right to choose how they want to be healed

I consent to publication of my submission.

Sincerely,

Billy Phillips

A solid black rectangular box used to redact the signature of Billy Phillips.

From: Jason Phillips
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:29:14 PM

To the Medical Board of Australia,

I support Option 1.

I support a holistic approach to healthcare and a doctors' right to provide choice to patients, including complementary medicines.

I consent to publication of my submission.

Sincerely,

Jason Phillips

[Redacted Signature]

From: Jorden Phillips <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

In the year 2019 I am very disappointed to hear 2 things. First being that complementary medicine has been taken out of private health funds and second the MBA and government are talking about taking away the people's choice to use alternate medicine. For what, to keep our nation sick so the big pharma companies keep getting richer? OUR HEALTH OUR CHOICE! I don't believe integrative doctors should lose the authority to recommend natural therapies for their patients who are that way inclined, why are you taking away our freedom of choice?

Complimentary medicine is evidence based, not to mention has been used since ancient Egyptian times, it seems to be very backward that something that has been used since 3100 BC successfully is now being taken away, how is this justified. I myself use alternate medicine and have many success stories with finding good health this way. I also have many friend and family who successfully use alternate and complimentary medicine. I believe in alternate and complimentary medicine so much so that I have started studying to pursue a career to help people through naturopathic medicine. I ask you please, please don't take away the option to use a form of medicine that has been tried and tested since the day of dawn

I consent to publication of my submission.

Sincerely,

Jorden Phillips


From: Dr. Julie Phillips-Moore
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:14:15 PM

To the Medical Board of Australia,

I support Option 1.

As a complementary health practitioner and researcher, I value a holistic approach to healthcare and have seen the results both in my own practice and from trials carried out by fellow researchers in the field.

For example, the brain-gut connection is now common knowledge in medicine but to take a patient's case would entail an extensive knowledge of nutrition and the necessity to consider the effects that stress and lifestyle can have on the body. This would take more than a 10-minute consultation with a medical practitioner who has little, if any, knowledge in nutrition and who is often too quick in prescribing medication that has adverse side-effects.

There are numerous controlled clinical trials that have been, and are being, carried out that prove the efficacy of herbal medicine, supplements and therapies which have few, if any, side-effects. These should be considered before drugs are prescribed.

The word "complementary" means working together. Both doctors and complementary/alternative practitioners have their limitations and therefore should work together for the best outcome of their patients.

I am appalled at both the blinkered approach and the unscientific research that has been carried out to target both medical and allied healthcare professionals.

I support the patients' right to choose their healthcare practitioner and I support the doctors' right to provide new and innovative practices which include complementary medicine and complementary or alternative therapies.

I consent to publication of my submission.

Sincerely,

Dr. Julie Phillips-Moore



From: Brenton Phillis <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 3:35 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have been going to gp's practicing integrative medicine since 1975.

They offer preventative and wellbeing support for my health. I urge you not to impose a narrow view of health practice on gp's who have broader, educated and qualified services, just because you do not understand them.

Any student of the philosophy of science (which I am) will tell you that the reductionist approach to modern pathology is narrow and limited. It focuses on illness, not wellness, reducing to single elements and single aspects of bodily and emotional (even!) function in a reductionist way which does not reflect the full range of causative factors, and which therefore points to 'magic bullet'

prescriptions whose unacknowledged side effects themselves require further medication. Tunnel vision.

GP's often talk of diet, nutrition and exercise, on which they are not educated. Do you wish to limit those too??

It is my right to seek whatever health services I deem desirable, and I reject your attempted hegemony in this area - as if you know everything - which clearly you do not.

The medical model has been reduced to a bag of technologies, without its practitioners being educated in or familiar with how you got there and how you continue to be blinded by blatant commercial interests of bigpharma and bigmedical industry providers.

I have found many alternative practitioners, including an unfortunately limited number of gp's, to be beneficial to my health by their taking a broader perspective.

By all means, recognise the various accrediting organisations for environmental and nutritional, and wholistic health practice, but do not try to get everybody to dance to your tune, which is lacking so much understanding, scientific rationale and plain common sense. It is arrogant and totally inappropriate.

It is clearly part of a broader strategy to eradicate so many other health disciplines of which you know almost nothing. Rather than eliminate them, why don't you try dialogue, a little understanding and follow your oaths of helping people rather than trying to control them?

I consent to publication of my submission.

Sincerely,

Brenton Phillis

From: Heather Philp <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:34 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

10 minute standard consults are not sufficient.
Diagnostic testing is imperative.

I consent to publication of my submission.

Sincerely,

Heather Philp
[REDACTED]

From: Terry Phippen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 4:17:15 PM

To the Medical Board of Australia,

I support Option 1.

Why does the MBA feel they need to restrict integrative practitioners?
Surely we are at a stage with medical treatment where all practitioners are recognised as being part of a collaborative system, that works for the patient? Yes, weed out those from all sides that should just not be engaging in medical treatment. What is the fear the MBA has in the continuing position? The patient will always make their own decision given a fair choice.

I consent to publication of my submission.

Sincerely,

Terry Phippen

[Redacted Signature]

From: kirsten pickard <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

How absurd to want to change the current integrative guidelines. These are the doctors and practitioners that can actually help a patient by looking at the underlying root cause. No medical doctor or GP can do this! Medical doctors are not trained on nutrition, supplements etc... functional medicine testing and with the help of nutritional and herbal supplements- this is how people get well! Natural medicine is the way of the future and is the ONLY way with how chronically unwell our population is. Pharmaceuticals are to blame, along with the little knowledge medical doctors have on diet and lifestyle influencing all over health. People already need to be their own advocate for their health as we cannot rely on GPs to make the right decisions for us, they simply do not have the training or time to investigate and look into underlying root causes of DIS-EASE within the body. Allow people to continue to truly heal themselves, and for this we need access to integrative practitioners!

I consent to publication of my submission.

Sincerely,

kirsten pickard
[REDACTED]

From: katy pickering
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 12:00:54 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine should be freely available to all who choose.

I consent to publication of my submission.

Sincerely,

katy pickering

[Redacted Signature]

From: katy pickering
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 11:15:46 AM

To the Medical Board of Australia,

I support Option 1.

I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines

As well as restricting clinical autonomy, Integrative doctors who typically provide longer consultations to understand root causes of illness may be restricted to providing the "conventional" 10 minute consultation, thereby diminishing diagnostic capabilities and individualised treatment plans. This is not because their recommendations are unsafe, but just because they are not "conventional".

By framing them as 'fringe', the guidelines also place the regulated traditional medicine professions of chiropractic, osteopathy, Chinese medicine and acupuncture (TCM) at risk.

It may also lead to medical and allied healthcare professionals being unfairly and unreasonably targeted by vexatious complaints to the Australian Health Practitioner Regulation Agency (AHPRA).

I consent to publication of my submission.

Sincerely,

katy pickering

A solid black rectangular box used to redact the signature of Katy Pickering.

From: Jenny Pickles
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 6:31:53 AM

To the Medical Board of Australia,

I support Option 1.

It's important

I consent to publication of my submission.

Sincerely,

Jenny Pickles

[Redacted Signature]

From: David Pierotti
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 6:51:45 AM

To the Medical Board of Australia,

I support Option 1.

The latest report on unconventional and complimentary therapy is a joke. You cannot include new/fringe/risky techniques such as stem cells or other medical therapies in the same grouping as tried and tested therapies and natural medicine such as nutritional therapist and herbs. The later has been rigorously researched and makes logical, practical sense with human physiology. The former is cutting edge and therefore poses some risk. Putting the two in the same category is wildly ignorant at best and downright corrupt at worst.

Sincerely,

I consent to publication of my submission.

Sincerely,

David Pierotti

A black rectangular redaction box covering the signature area.

From: Olivia Pileggi
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:39:56 AM

To the Medical Board of Australia,

I support Option 1.

Patients have a right to choice, including any holistic or complementary options that may support their health care.

I consent to publication of my submission.

Sincerely,

Olivia Pileggi

A black rectangular box used to redact the signature of Olivia Pileggi.

From: Nicola Pilon
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 9:32:35 PM

To the Medical Board of Australia,

I support Option 1.

Every person has the right to health choices in Australia

I consent to publication of my submission.

Sincerely,

Nicola Pilon

[Redacted Signature]

From: Sharna Pinkney
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:32:26 AM

To the Medical Board of Australia,

I support Option 1.

Holistic natural health care transformed my life. They helped me find the answers that doctors couldn't.

I paid extra health insurance for many years so that I could claim back some rebate for my naturopath, acupuncture and other treatments.

The government have since cut this rebate completely, making natural healing inaccessible for many. And now they're going to control and prevent doctors from integrating a holistic treatment model for patients.

This is not fair. This is not ok.

We have a right to seek support for our health and wellbeing in alternative ways and being prevented to do so goes against our basic human rights.

I'll be doing more research to find out what more I can do because this is something very close to my heart

I consent to publication of my submission.

Sincerely,

Sharna Pinkney

A black rectangular box redacting the signature of Sharna Pinkney.

From: Lorraine Pirihi
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:07:18 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine works. Personally myself and family have benefitted greatly in preventing illnesses. There have been times when we've gone through the traditional doctor and all they do is write scripts for pharmacological products . They are limited in their approach and many people unnecessarily are taking drugs or could be well much sooner if patients were aware of alternative solutions.

I consent to publication of my submission.

Sincerely,

Lorraine Pirihi

A solid black rectangular box used to redact the signature of Lorraine Pirihi.

From: Danielle Pirrie
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 9:42:01 AM

To the Medical Board of Australia,

I support Option 1.

As a member of the public who has gained enormous benefits from both integrative and complementary medicine, I strongly support giving our medical practitioners the right to provide a comprehensive, wholistic health care to their patients.

When a doctor is open to a range of treatments for their patients, they are providing the best possible care they can. It is a well known fact, (personally experienced by myself and family a number of times), that conventional western medicine does not have all the answers or understanding of every medical complaint. Having the wealth of historical experience and options with integrative and complementary medicine is a fantastic gift that is absurd not to use.

If there are concerns regarding qualifications, training should be required (as given), and the historical successes of centuries of use of these alternative therapies honoured.

I have personally had conditions helped enormously by the use of homeopathy, acupuncture and naturopathy.

I consent to publication of my submission.

Sincerely,

Danielle Pirrie

A black rectangular box used to redact the signature of Danielle Pirrie.

From: Lexie Pitman <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:48 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support option 1, there is no reason to take choice away and natural therapies have their place alongside western medicine.

I consent to publication of my submission.

Sincerely,

Lexie Pitman


From: Emily Pitt
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 8:23:49 PM

To the Medical Board of Australia,

I support Option 1.

I support Option 1: no change to the current guidelines.

Our family uses a combination of conventional and evidence based complementary medicine and have found that the combination has far better results than conventional alone.

In fact, complementary options have often provided superior results with no negative side effects where conventional medicine has not worked/ had no solution to offer/ comes with undesirable side effects. It will impact on our family's health and choices significantly if the MBA imposes restrictions on Integrative practitioners and prevent us from being able to discuss integrative treatments and options with our doctor.

I think the focus should be on continued research and improvement in complementary and integrative fields alongside conventional medicine.

I am concerned that the proposed restrictions on integrative practitioners would impact on the basic human right to access complementary and traditional medicine (as set out by World Health Organisation).

I vehemently DO NOT support Option B.

I consent to publication of my submission.

Sincerely,

Emily Pitt

[Redacted Signature]

From: Daniel Plane
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 12:42:10 PM

To the Medical Board of Australia,

I support Option 1.

I have used integrative health care for years to maintain a good state of health and body function. Tightening regulations on practitioners proving quality integrative health care will severely restrict my access to a holistic approach to health care.

I consent to publication of my submission.

Sincerely,

Daniel Plane

A solid black rectangular box used to redact the signature of Daniel Plane.

From: Danielle Podeu <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:31 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

If we live in a 'Democracy' and I use that term lightly this day and age, we deserve a choice for health care.

We need to be informed, many of us need to have a choice as we do not get results from purely medications nor do we want the many side effects associated with them.

Yes modern medicine is incredible and is needed at times to save lives, but for day to day management of our bodies- we need other avenues that have been around for thousands of years because they work!


Quality of life depends on being able to access some natural options.

If the government want competent people who are able to work and contribute to society (pay taxes), we need to have a choice otherwise we will all end up sick and unable to support the country & will have future generations who will barely be able to function. Genetically susceptible people (a huge proportions of population) will not react well with just pharmaceutical interventions and will develop serious auto immune, chronic illness' and neurological disorders at a faster rate then the rapid one currently occurring. This will be the future and will haunt any progress of Australia as a progressive and modernised society.

Our health is paramount to our ability to live life, therefor the current and future generations quality of life and ability to function successfully depend on how we can have freedom and choice when it comes to our own bodies & minds.

I consent to publication of my submission.

Sincerely,

Danielle Podeu


From: Aleesha Poidevin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 20 April 2019 11:03:40 PM

To the Medical Board of Australia,

I support Option 1.

I think we all deserve a choice. Natural health care has helped me in more ways than one

I consent to publication of my submission.

Sincerely,

Aleesha Poidevin

A solid black rectangular box used to redact the signature of Aleesha Poidevin.

From: Nigel Polak Polak
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:57:31 PM

To the Medical Board of Australia,

I support Option 1.

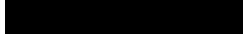
I do not accept the authority of contemporary western medicine, nor therefore the Medical Board of Australia, which represents only a select disproportion of health providers within Australia to determine the best healthcare interventions for myself nor my family.

I value the opportunities presented by diverse choices and a regulatory and healthcare funding model that supports increased, rather than diminished, diversity not limited by reductive empirical thinking.

I consent to publication of my submission.

Sincerely,

Nigel Polak Polak

A solid black rectangular box used to redact the signature of Nigel Polak Polak.

From: Jasmin Polley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 9:58:21 AM

To the Medical Board of Australia,

I support Option 1.

I am very concerned about the potential changes to guidelines for doctors around their recommendations of complementary therapies.

The rise in chronic diseases is in a big part due to a lack of patient-centred personalised medicine. Our conventional approach to healthcare in Australia is failing clients when it comes to chronic diseases and without integrative GP's it will only get worse.

I constantly see clients as an evidence-based naturopath that are dis-empowered and have lost faith in their doctor, as they feel that they are just given a prescription each time they visit, without anyone looking at the actual cause of their symptoms. On the other hand however, my clients who are seeing an integrative GP are completely different and are making huge changes in their diet and lifestyle habits. They are engaged and are seeing massive changes in their health due to the combined effort of their practitioners and themselves.

We need more integrative doctors, that will work together with allied therapies to get their clients re-engaged in making positive health decisions, and out of their pill-for-an-ill mindset.

Please choose option 1, and allow GP's to have the autonomy to make the best decision for their client, instead of being forced to practice in a way that will not benefit many of those clients with complex conditions that are most in need of a personalised approach.

I consent to publication of my submission.

Sincerely,

Jasmin Polley

[Redacted Signature]

From: Shaun Polley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 6:58:00 PM

To the Medical Board of Australia,

I support Option 1.

What is the point of medicine if practitioners are not able to use judgement when assessing each patient's personal needs. With the proposed changes we may as well move to online google doctors as essentially you are asking for a cookie cutter approach based on a set criteria of symptoms. Obviously every individual is different so lets maintain some scope to treat the patient, not the stereo typical case measured only by a text book from the 1990's or a drug company funded trial.

We all know that policy does not keep pace with changes in health research. To have an approach to medicine that restricts use of the latest research proving the efficacy of many integrative medicine treatments is not acting in the best interests of patients or practitioners.

There is now a huge body of scientifically proven evidence of the benefits of integrative medicine. Unfortunately drug companies continue to manipulate the exposure of these studies to protect profit over ethics which is why our medical system is failing to prevent and/or treat the course of ill health.

I consent to publication of my submission.

Sincerely,

Shaun Polley

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From: Bronwyn Pollkehrn
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 12:56:51 PM

To the Medical Board of Australia,

I support Option 1.

We, the people , refuse to be controlled by a self serving body that wishes to manipulate our society to comply with it's rules alone.

I consent to publication of my submission.

Sincerely,

Bronwyn Pollkehrn

A solid black rectangular box used to redact the signature of Bronwyn Pollkehrn.

From: Jadon Pope
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 5:13:20 AM

To the Medical Board of Australia,

I support Option 1.

To disregard all alternative health treatments such as vitamins, herbs and alternative practioners like naturopathy would be pure madness. Why is it felt that alternative, holistic treatment needs to be banned when so many people find relief from illness where conventional treatment has been no help.

I consent to publication of my submission.

Sincerely,

Jadon Pope

A solid black rectangular box used to redact the signature of Jadon Pope.

From: Simon Porritt
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 4:36:59 PM

To the Medical Board of Australia,

I support Option 1.

I support option 1 because people deserve to have access to treatments beyond simply pharmaceuticals and “traditional medicine” that has so many side effects. Natural medicines (while some may not be heavily tested) provide a positive or neutral effect that has less risks in terms of the unknown. Vitamin therapy and other integrated treatments used correctly and as part of a wholistic routine are the future of medicine and act as much as a prevention as they do a cure. Removing the human right to choice would undermine the entire medical system and cause a significant road block in the evolution of our countries ability to stay ahead of the word in terms of health care.

I consent to publication of my submission.

Sincerely,

Simon Porritt

A black rectangular redaction box covering the signature area.

From: Lesley Postle
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:42:06 AM

To the Medical Board of Australia,

I support Option 1.

I can state without a shadow of a doubt that without using such therapies as yoga, meditation, acupuncture and massage I would be a lot sicker than I am. I have had very little help from traditional medicine and have had to find my own way.

Without these therapies I am certain I would be unable to work and be costing the government a lot more in medical costs and probably unemployment benefits.

As it is I have managed to keep on working and supporting myself.

I consent to publication of my submission.

Sincerely,

Lesley Postle

A black rectangular redaction box covering the signature area.

From: Natalia Potapova
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 5:22:34 PM

To the Medical Board of Australia,

I support Option 1.

Acupuncture heals, so as herbal Chinese remedies, Sweden recognised them both, why not in Australia. It's beyond being ridiculous!!

I consent to publication of my submission.

Sincerely,

Natalia Potapova



From: Kirsten Potter
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:39:32 PM

To the Medical Board of Australia,

I support Option 1.

People have the right to use what works for them. No one has the right to take this away!!!

I consent to publication of my submission.

Sincerely,

Kirsten Potter

A solid black rectangular box used to redact the signature of Kirsten Potter.

From: Barbara Powell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 7:26:22 PM

To the Medical Board of Australia,

I support Option 1.

I think you should increase funding to intergrative medicine.

In my experience the medical profession has very liitle to offer to people with chronic illnesses and GPs have too little time to update themselves on loads of recent research that have found a lot of scientific proof that much of chronic disease can be improved and even cured with natural therapies, natural unprocessed foods, herbs, support from family and community, learning mindfulness, excersise and many other ways. Conventional medicine needs to supply more in depths blood work and training for doctors to identify nutritional deficiencies,toxic overload of chemicals and heavy metals, parasites, overgrowth of gut bacteria, yeast , lime disease etc. The list goes on.

My Dr is only interested in giving me prescriptions that don't work.

I consent to publication of my submission.

Sincerely,

Barbara Powell

[Redacted signature]

From: Jennifer Powell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:41:06 PM

To the Medical Board of Australia,

I support Option 1.

Option 1 please.

We deserve to have a choice.

I consent to publication of my submission.

Sincerely,

Jennifer Powell

[Redacted Signature]

From: Lynda Powell <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 12:39 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Complementary therapies such as Pilates, yoga meditation and alternative medicines have helped friends and family so much. Please don't let these changes go ahead

I consent to publication of my submission.

Sincerely,

Lynda Powell


From: Terry Power
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 7:37:01 AM

To the Medical Board of Australia,

I support Option 1.

Dear Sir/ Madam

I am fully in Support of integrative medicine.

Medical practitioners who choose to fully equip themselves in the field of nutrition or health do so in order to help their patients and the communities health as a whole.

There would be very little evidence of any harm done by these practices and if patients who attend these practices were directly surveyed they would give an very high respect and regard and value to these services.

Medical practitioner also need to make recommendations based on logic and research and should be able to choose what is the best approach for their patient based on their insights into that patients health.

Please do not restrict medical care that is valued.

I consent to publication of my submission.

Sincerely,

Terry Power

A black rectangular box redacting the signature of Terry Power.

From: Julia Pratt <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:32 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

One size does not fit all. I reserve the right to get the best advice available from the source that I consider to be most knowledgeable. To have someone's opinion compromised by restrictive rules does not constitute best practice.

I consent to publication of my submission.

Sincerely,

Julia Pratt
[REDACTED]

From: Mel Pratt <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 9:01 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

There is so much evidence for complementary medicine. I am a university educated person in medicine and I am very upset that people without this training are trying to control my healthcare. Myself and my family use integrative medicine.

I consent to publication of my submission.

Sincerely,

Mel Pratt
[Redacted Signature]

From: Marie Preece
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 2:04:25 AM

To the Medical Board of Australia,

I support Option 1.

Frankly I find integrative medicine the best option.

I consent to publication of my submission.

Sincerely,

Marie Preece

A solid black rectangular box used to redact the signature of Marie Preece.

From: robert preece
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 20 May 2019 9:12:02 AM

To the Medical Board of Australia,

I support Option 1.

Natural styles of health help people stay healthy

I consent to publication of my submission.

Sincerely,

robert preece

A solid black rectangular box used to redact the signature of Robert Preece.

From: robert preece
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 10:08:44 AM

To the Medical Board of Australia,

I support Option 1.

I wish to choose my own health chooses

I consent to publication of my submission.

Sincerely,

robert preece

A solid black rectangular box used to redact the signature of Robert Preece.

From: Kristyne Prell <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 11:20 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I write in support of Integrative and complementary medicine. I have used so called "alternate medicine" (which by the way has been around a lot longer than pharmaceuticals) and therapies for the last 30 years. I would not have the good health I experience today with out them. They work in conjunction with my body and deal with the underlying cause, not just the symptoms. Some of the therapies I've used (Chinese herbs and acupuncture etc) are still around after thousands of years because they work!! I choose not to ingest synthetic pharmaceuticals in place of plant based supplements. The plant based therapies work with my body not against. By imposing restrictions you will create a black market for these therapies. I object strongly to the MBA taking away my choice to choose an integrative doctor or therapies.

I consent to publication of my submission.

Sincerely,

Kristyne Prell


From: Tracy Prescott <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:47 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I am writing to you to encourage you to keep integrative healthcare choices available as it has been helpful not only to myself but to other family members and friends as well and I do not wish to see a change to the current guidelines.

I consent to publication of my submission.

Sincerely,

Tracy Prescott
[REDACTED]

From: Lynn Price
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 3:06:07 AM

To the Medical Board of Australia,

I support Option 1.

In my experience with medical drs they are only interested in prescribing a pill for you without addressing underlying cause, I speak from current experience as I continue to deal with an ongoing chronic pain situation of which all normal avenues of testing has failed . Integrative, eastern and alternate medicine has a place along side western medicine and if the these can be used in conjunction I believe the outcome would be much more effective and successful for the patient as a whole, treating the root cause not just prescribing pills that mask the symptoms

I consent to publication of my submission.

Sincerely,

Lynn Price

A solid black rectangular box used to redact the signature of Lynn Price.

From: Rebecca Price <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:19 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

To change the ability for doctors to suggest a wide array of treatments for patients, violates the trust between patients and doctors. It places our medical staff at a severe disadvantage, only able to give advice biased towards big pharmaceutical industry. We will be the laughing stock of the world, completely backwards compared to places like Europe.

I consent to publication of my submission.

Sincerely,

Rebecca Price


From: Salema Price
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 6:10:32 AM

To the Medical Board of Australia,

I support Option 1.

I love the fact that our doctors care and go beyond to offer natural and affordable alternatives, suited to our needs. Like many who have limited experience with technology would appreciate our doctors and their ongoing love and support. Australia is the best country and we Thank God that you offer us all these amazing opportunities. Thank You

I consent to publication of my submission.

Sincerely,

Salema Price

A solid black rectangular box used to redact the signature of Salema Price.

From: Trish Price
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:40:22 PM

To the Medical Board of Australia,

I support Option 1.

I believe doctors should be able to give advice based on their knowledge. If a holistic or alternative treatment works then great. We need as many treatments in our arsenal as possible. Medical knowledge is not complete and perfect then I could possibly understand this change, but it is not. It is a work in progress. We need alternatives when the current treatment does not work, or to complement the current treatment. If doctors cannot give advice then people will turn to the internet or underground treatments that are dangerous, ill advised and not personally monitored. This will cause far more health issues than if a doctor supervises and advises complimentary treatments.

I consent to publication of my submission.

Sincerely,

Trish Price

A black rectangular redaction box covering the signature area.

From: Cheryl Priest
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 2:43:28 PM

To the Medical Board of Australia,

I support Option 1.

How dare you take away my God given right to choose what treatment I want. I have used alternative and 'regular' treatments over the years and find they compliment each other in many ways. In some instances the alternative treatment has given more relief. I am an adult and do not require you or anyone else to o make decision or choices for me.

I consent to publication of my submission.

Sincerely,

Cheryl Priest

A solid black rectangular box used to redact the signature of Cheryl Priest.

From: Rhoda Primrose <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 4:01 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

My body, My choice

I consent to publication of my submission.

Sincerely,

Rhoda Primrose
[REDACTED]

From: Warwick Prince
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:53:52 PM

To the Medical Board of Australia,

I support Option 1.

I use, and have used for many years, a range of complementary medicines and therapies. These include Homeopathy, Acupuncture, Chiropractic Care to name a few. I've found them to be very effective, safe, and clearly of benefit to myself and other patients I know. At the end of the day, results speak louder than philosophical differences. If these options didn't work, then nobody would use them. We should not regulate access or availability of alternatives as this is clearly counter to the holistic and inclusive support of Australian's health needs.

I consent to publication of my submission.

Sincerely,

Warwick Prince

A black rectangular redaction box covering the signature area.

From: Beth Prindiville
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 8:14:25 PM

To the Medical Board of Australia,

I support Option 1.

It makes no sense to go backward in health care, integrative doctors are the health care providers who are slowly turning the healthcare crisis around, GP's and mainstream are not moving with the new science, they are nearly puppets of big pharma, lets home the government is not also a puppet of big pharma ???

I consent to publication of my submission.

Sincerely,

Beth Prindiville

A solid black rectangular box used to redact the signature of Beth Prindiville.

From: Beth Prindiville
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 8:17:26 PM

To the Medical Board of Australia,

I support Option 1.

It makes no sense to restrict integrative practitioners, they are the health care workers that are making positive changes in society to turn around the health care crisis. GP's and mainstream medicine is supporting a sick care system controlled by Big Pharma - please wake up Australian Government and don't be a big pharma puppet also :-)

I consent to publication of my submission.

Sincerely,

Beth Prindiville

A solid black rectangular box used to redact the signature of Beth Prindiville.

From: Thor Prohaska
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 10:22:59 PM

To the Medical Board of Australia,

I support Option 1.

With all due respect I say that chiropractic, osteopathy, Chinese medicine and acupuncture are NOT fringe. There is a major issue with the current medical training model where it is deemed that anything not approved through the current system has no value. Evidence shows that is not true. Put evidence before narrow self interest.

I consent to publication of my submission.

Sincerely,

Thor Prohaska

A solid black rectangular box used to redact the signature of Thor Prohaska.

From: Anne Proudlove <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:35 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe everyone should have a choice on how they wish their complaints to be treated. It's been my experience that the alternative methods can work better and with fewer side effects than conventional drug related treatments. I know that sometimes drugs are the only way to make a difference, not always. You should be making it easier and cheaper for people to access alternatives, not stopping them.

I consent to publication of my submission.

Sincerely,

Anne Proudlove


From: Anne Proudlove <submissions@yhyc.com.au>
Sent: Friday, 3 May 2019 3:44 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support the patients/people's easy access to integrative and complementary medicine. I have used many of these treatments and I have found them to be beneficial. Everyone should have the freedom of choice of how they wish to deal with whatever requires intervention.

The use of synthetic drugs and medicines is not always necessary.

I consent to publication of my submission.

Sincerely,

Anne Proudlove


From: Diana Prowse
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 5:11:50 PM

To the Medical Board of Australia,

I support Option 1.

I very much believe that Integrative doctors play a huge role in the medical system, so much so, I believe all doctors should be trained to be integrative doctors, as with our Queen and family they use a doctor who also uses homeopathy, and look to the longevity and wellness of the family. Germany and Austria have integrative doctors. Who are much more holistic in their treatments.

Doctors are good people, but they are so controlled by the Pharmaceutical companies and they only have the option to give medication, and all medication has a side affect or an operation after many, many tests. In many cases these are so needed, but for such a large portion of our population with problems that are emotional a pill will only put a bandaid over the situation. The skeletal system needs proficient chiropractors, mind healing hypnotherapists/counsellors which can really help people with anxiety and depression. Naturopaths are wonderful with their herbs and vitamins and some have machines which can diagnose safely and efficiently the whole body. Massage for muscles, acupuncture to rebalance the whole system. Most practitioners in the alternative healing area spend up to an hour in their consultations, if you want wellness in the patient you have to find out the whole story, and work in a holistic way.

We need to be able to have free choice and free will to choose the kind of health practitioner, whether it be an integrative doctor, a medical doctor, a naturopath, a chiropractor, naturopath, acupuncturist, massage, hypnotherapist or other healing modalities of meditation, yoga, pilates etc . We need a society where respect is given to the whole of the healing wheel.

The Hippocratic Oath is honoured by the medical but in his time some 3,000 years ago he's said it has to be holistic.

So many healers in the 1600's some 60,000 were killed because they were a threat to the principles of Descartes and Newton belief that medicine was all science. The church was left to look after the emotional/soul part, run by the Catholic Church.

I would like the monies of \$2,000,000 which the government has offered be in researching whether doctors pills or the alternative has the greater power of healing. Not to prove that for the last 3,000 years has proven that healers went to the hills and picked herbs and made them up to bring healing to the families and that belief is wrong. There are many more drug addicts because of pain killers and many that haven't been taught how to get up and exercise, eat good nutritious food, find happiness in their life and environment, and start to really love themselves.

We have advanced far and doctors are needed, they are specialist in some fields but not the whole of the healing wheel. When the

pharmaceuticals are ignored and respect for humanity is countered then we will find the way for most people to find a good healthy life.

In Bhutana a western medical hospital sits next to a traditional hospital both are free to all. That is how you can find wellness for all people.

By the end of the 1600s, the witch hunting hysteria in Europe reached its peak. Witch hunts spread like wildfire across Europe, the worst of which occurred in France and Germany. Würzburg, Germany was home to the worst instance of witch hunting: the magistrates of the time determined that most of the town was possessed by the Devil, and condemned hundreds to death.

Religion professor Barbara McGraw notes in a 1996 interview that there were some towns in Germany where there were no women left. Thousands were arrested and brought to inquisitors for examination. Under an inquisitor's brutal scrutiny, the accused were stripped and searched. Any "suspicious" wart, mole, or birthmark could be enough to receive a death sentence.

In order to execute the accused, however, they first needed to confess. Torture seemed to be the best way of inciting confession, and the Church would use instruments such as thumb and leg screws, head clamps, and the iron maiden to generate the "truth" needed to enact death.

While torturing women under examination, the Malleus Maleficarum warned the torturer not to make eye contact with her, as her "evil powers" might cause the torturer to develop feelings of compassion. When this period ended at approximately the beginning of the 18th century, an estimated 60,000 people in Europe had been killed as witches.

Overseas, the most anthologized witch hunt took place in Salem, Massachusetts. The 17th century settlement had a rough beginning: decades of Indian Wars, land disputes, deep religious divisions and a tendency to look to the supernatural to explain the unknown helped set the grounds for this particularly "New World" brand of hysteria.

May we not return to these times when good, intelligent, practitioners are denied the opportunity to help those who choose to come to their clinics. They have to upgrade their study each year in their qualification, are insured, and belong to credited organisation and have spent many years, developing their skills and paid for their tuition. Open your heart to getting our nation well.

I consent to publication of my submission.

Sincerely,

Diana Prowse

A solid black rectangular box used to redact the signature of Diana Prowse.

From: Robert Pryor
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:34:05 AM

To the Medical Board of Australia,

I support Option 1.

We all need complementary medicine available as a health option. This system addresses health problems to a deeper level. This will save government money in the long term. Why wouldn't you want to include it in our health system. Don't we live in a democratic society of choices. Marijuana oil was ignored at first, now it's amazing for many complaints. Without complementary services you will have a greater burden on Medicare as people will opt out of health funds. Look around the world and see how popular it is.

I consent to publication of my submission.

Sincerely,

Robert Pryor

A solid black rectangular box used to redact the signature of Robert Pryor.

From: Jozef Przybylo
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 3:39:54 PM

To the Medical Board of Australia,

I support Option 1.

As with conventional treatments patients have to sign the "risk form",
so let's do the same with complementary choice.
Patients need freedom to choose the type of care they want.

I consent to publication of my submission.

Sincerely,

Jozef Przybylo

A solid black rectangular box used to redact the signature of Jozef Przybylo.

From: Maureen Puddle
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 7:59:53 AM

To the Medical Board of Australia,

I support Option 1.

I support integrative medicine as through personal experience I have seen great benefits to my personal health. Also areas where my GP hasn't had answers.

Sincerely

I consent to publication of my submission.

Sincerely,

Maureen Puddle

A black rectangular redaction box covering the signature area.

From: Peter Purbrick
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 4:07:14 PM

To the Medical Board of Australia,

I support Option 1.

This email is in response to the new guidelines which I understand seek to restrict medical doctors in the treatments they are able to offer their patients. I am strongly opposed to any such restrictions as I believe properly trained and licensed medical practitioners should not have their professional activity controlled in by externally imposed guidelines which seek to limit the breadth of the treatment options available to the medical doctor.

I consent to publication of my submission.

Sincerely,

Peter Purbrick

A solid black rectangular box used to redact the signature of Peter Purbrick.

From: Sanna Purinton
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:34:34 AM

To the Medical Board of Australia,

I support Option 1.

The Choices I have made about my health, are from my personal research and opinions. It is through my personal explorations that I choose a like minded doctor who can support my ideas for myself and my family and allow the science to support my highly balanced approach. I have also found that in many cases young doctors are not well equipped around many aspects of bedside manners and respect of the patients personal knowledge of their own body. Integrated doctors are more aware of the need to respect the intelligence of each client, on their own merit , this gives the client a personal and powerful stance for their own health.

I consent to publication of my submission.

Sincerely,

Sanna Purinton

A black rectangular box redacting the signature of Sanna Purinton.

From: Jan Purser
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 2:16:19 PM

To the Medical Board of Australia,

I support Option 1.

I think you need to think long and hard before tightening regulation on practitioners providing integrative treatments.

I am a nutritionist and naturopath and have been practicing for over 20 years. There is clear scientific evidence supporting the nutritional and herbal medicine I offer to my patients. And most of my patients' health improves significantly as a result of this approach. Integrative medicine GPs also offer treatments for their patients based on scientific evidence.

The reason I think you should not tighten regulations on these practitioners because they are doing their utmost to help prevent disease in their patients, rather than simply allow disease to progress and only be managed with pharmaceutical medicines.

My belief is the Australian public want access to these forms of therapies and value them more than you realise.

The integrative medicine GPs I work with are booked months in advance for this very reason.

Please allow the public to decide what they want and don't make their decisions for them.

I consent to publication of my submission.

Sincerely,

Jan Purser

[Redacted Signature]

From: Ray Purves
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 9:28:52 PM

To the Medical Board of Australia,

I support Option 1.

I and all of my extended family totally support an integrative and complimentary approach to health care because it has always worked very well for us.

This results in a natural maintenance of our health and rarely do we need any disease management by GP's and if we do, we will seek the advice of a doctor who uses an holistic approach to treatment.

Doctors must not be penalised or discriminated against for healing patients with natural treatments that are well proven over time and don't cause harm or adverse side effects. This can't be said for ANY pharmaceuticals.

I consent to publication of my submission.

Sincerely,

Ray Purves

[Redacted Signature]

From: Helen Putikis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:34:25 AM

To the Medical Board of Australia,

I support Option 1.

I cannot believe what is happening in this world, why is that we are continually being directed to big pharmaceutical companies to fill and contaminate our bodies with chemicals and often being the cause of other health issues & even death. Many medications and treatments has exacerbated some of my health issues. Once upon a time nature was our medicine cabinet, wasn't it said "let food be thy medicine" . I question what hold the pharmaceutical companies have over our health care and government. My regular GP, although a very nice man & good doctor, in many regards can't help some of my health issues because I have high sensitivity to many medications, therefore I choose to replace these with Natural Therapies including essential oils, vitamins & minerals under the direction of a very caring Integrative practitioner. Please let us decide for ourselves which way we want our bodies to be treated, after all it is ours!

It's time to publish the harm and loss of life being caused by our current medical practices and also publish any harm or loss of life from being treated by people who still genuinely care for the health of others using natural therapies. I'm pretty confident that big pharma would be not contest in this public comparison.

I consent to publication of my submission.

Sincerely,

Helen Putikis

A solid black rectangular box used to redact the signature of Helen Putikis.

From: Sheryl Pyers
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 11 May 2019 3:29:19 PM

To the Medical Board of Australia,

I support Option 1.

As a patient I want to be able to access Doctors who are in line with my ideals of natural health with as few as possible chemicals and drugs. Most doctors have no idea how to provide such a solution to illness. I believe that doctors who understand that good Nutrition is what helps people heal not drugs. I want a doctor willing to step outside the mainstream box that only serves to make profits and rarely heals.

I consent to publication of my submission.

Sincerely,

Sheryl Pyers

A solid black rectangular box used to redact the signature of Sheryl Pyers.

From: Melanie Quick
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:52:12 PM

To the Medical Board of Australia,

I support Option 1.

If integrative medicine practitioners are hamstrung by ludicrous guidelines, millions of people such as myself will never recover from their more subtle but very debilitating illnesses. I tried traditional doctors and specialists for 5 years and none of them had a clue, only integrative medicine practitioners and the supplements they recommended have been able to help me. If I continued declining in health the way I was, I would have been rendered unable to work, and this would then cost the taxpayer far more money. I also have many friends I then referred to the integrative medicine practitioners, these friends struggled with injuries and illness for over 20 year and yet 1-2 visits with the integrative practitioner and they too are recovering. The ability of these doctors to genuinely and successfully dramatically improve the quality of patients lives, even with chronic conditions shows just how dismal the traditional medical field is performing. I refuse to see a normal GP now, and many normal specialists unless I consult my integrative doctor first as I don't have the time or energy to be beating up the wrong path. I am also a veterinarian, who is extremely scientific in my thinking and none of the integrative medicine doctors have ever made recommendations that are dangerous or not without scientific process in the thinking and I know everything they say is highly current. Traditional GPs and specialists are often still way behind the times in their knowledge, a fact I find difficult to swallow! Every integrative medicine doctor I've met prides themselves on staying current with the very latest medical advances, and yet I'm constantly meeting GP's and specialists who are years to decades behind the times ... a quite frankly horrifying situation, and I'm grateful for being a veterinarian who is also dedicated to staying up with the latest knowledge which allows me to determine who is backwards. I do however pity normal souls who are left to the mercy of outdated and backward medical thinking, and I am constantly meeting people who are being poorly managed by their GP's and specialists due to ignorance in their medical professional. It's frankly astonishing and horrifying that as a veterinarian I know more about managing many human illnesses/injuries than traditional doctors!

I consent to publication of my submission.

Sincerely,

Melanie Quick



From: Angela Quigly <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 3:41 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

people deserve the right to choose
It's taking away freedom of choice!

I consent to publication of my submission.

Sincerely,

Angela Quigly
[REDACTED]

From: Chloe Quin <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:38 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.


Integrative healthcare has made great progress over the past decade in particular in western culture. The proposed changes would undo much of this progress and have a negative impact on many patients who benefit from the approach. And many more who could benefit in the future.

Our population is sicker than we have ever been and it's only getting worse. We need to keep working toward a more holistic approach to healthcare and give people access to the healthcare options that best suit their needs - restricting these choices will not help toward a healthier population.

Additionally- Integrative and complimentary medicine are excellent measures for disease and illness prevention- surely this as an economic measure in relation to the impact on the healthcare system is evidence enough for The Medical Board of Australia to shut this proposal down.

I consent to publication of my submission.

Sincerely,

Chloe Quin


From: Natalie Quinlan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 8:38:21 AM

To the Medical Board of Australia,

I support Option 1.

Having the choice to explore alternative options should be a matter of importance as Doctors are seen as an authority, many conventional medicines have side affects and a more natural approach could be beneficial. Not having a choice or alternative is neglecting to give all options that could help

I consent to publication of my submission.

Sincerely,

Natalie Quinlan

A black rectangular box used to redact the signature of Natalie Quinlan.

From: Linda Quoy <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:32 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have a choice on what I would like to treat any illness I may have.
I personally know that alternative medicine works .

I consent to publication of my submission.

Sincerely,

Linda Quoy
[REDACTED]

From: Fenella Raines
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 9:30:09 PM

To the Medical Board of Australia,

I support Option 1.

It is a persons free choice to access all types of care for their health. If it had not been for the availability of natural/complimentary health care practitioners I would not have had the help I needed over the years to heal from various health and trauma problems. If the MBA imposes restrictions on Integrative practitioners, I am afraid people's health will be limited, and there will be more weight put on the medical and taxation system, as well as peoples individual worries. Not all aspects of health are covered by the current medical model. There needs to be a range of health care options in this democratic country.

I consent to publication of my submission.

Sincerely,

Fenella Raines

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From: Jo-Ann Raleigh
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:40:45 PM

To the Medical Board of Australia,

I support Option 1.

Any sane person would know it's important to have options rather than one line of thinking. The current passing of medical cannabis to be available is a huge step in holistic therapies. I believe no changes should occur other than further supporting more natural medical treatments giving patients more options than a sterile outdated mentality. Doctors are meant to help to their full potential, surely opening our world to information they have first hand is a move in the right direction.

I consent to publication of my submission.

Sincerely,

Jo-Ann Raleigh

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From: Matthew Ramos
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 8:47:45 PM

To the Medical Board of Australia,

I support Option 1.

The notion of removing integrative and complementary medicine from health care is absurd, ignorant, arrogant and will lead to the death of thousands if followed through with. The holistic view of health that is present only in these alternative therapies and complementary medicine practices is vital for the future and for the true advancement of health and medicine globally. I have had countless members of my family and friends who have benefitted significantly from these therapies especially towards their quality of life and improvements to their health, and as they say, "if you do not have your health, then you have nothing." Do not pass judgement on these industries that help the world and help their patients, even if you do not understand how or are not willing to educate yourself regarding the help, happiness and success these therapies bring to the world, and do not pass sentence on thousands and thousands of people to live emptier lives and be less healthy (therefore you are giving them more of nothing).

I consent to publication of my submission.

Sincerely,

Matthew Ramos



From: Julian Randell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:28:24 AM

To the Medical Board of Australia,

I support Option 1.

I support a more holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines (Option 1).

I consent to publication of my submission.

Sincerely,

Julian Randell

A solid black rectangular box used to redact the signature of Julian Randell.

From: Sarah Ransome
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 13 May 2019 12:14:45 PM

To the Medical Board of Australia,

I support Option 1.

Just as above! Having the right to choose

I consent to publication of my submission.

Sincerely,

Sarah Ransome

A solid black rectangular box used to redact the signature of Sarah Ransome.

From: Susan Raves
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 8:16:24 AM

To the Medical Board of Australia,

I support Option 1.

Everyone should have the right to choose

I consent to publication of my submission.

Sincerely,

Susan Raves

A solid black rectangular box used to redact the signature of Susan Raves.

From: Rebekah Rawlings
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 11:31:33 PM

To the Medical Board of Australia,

I support Option 1.

I support patient choice to choose integrative, and complementary medicine. People should have freedom to choose.

I consent to publication of my submission.

Sincerely,

Rebekah Rawlings

A solid black rectangular box used to redact the signature of Rebekah Rawlings.

From: Gillian Ray
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 15 May 2019 9:24:28 PM

To the Medical Board of Australia,

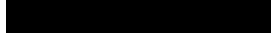
I support Option 1.

I support option 1 of your survey ie no change to the current guidelines. I have used integrative medicine on many occasions over conventional drugs and would be very disappointed in any changes to this present status. My local doctor suggests and recommends integrative medicine which has offered many alternatives to managing multiple health issues over the years without resorting to drugs.

I consent to publication of my submission.

Sincerely,

Gillian Ray

A black rectangular redaction box covering the signature area.

From: Christopher Raybould
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 6:37:13 PM

To the Medical Board of Australia,

I support Option 1.

If the Medical Board Of Australia and the Minister for Health namely Mr Greg Hunt are to be consistent with its finding that Naturopathy and thus holistic medicine are "unscientific with no proven benefit" than I fail to see why some "Integrative Doctors" should be allowed to practice their so called " holistic healthcare". It would surely be hypocrisy in itself would it not? This is particularly the case when those that do so only have one year or eighteen months extra training as far as I can ascertain?

As a Naturopath myself who holds an Advanced Diploma of Naturopathy (4 years) plus a B.H.Sc (Complementary Medicine) with another 2 years I think I am more than qualified to make this statement. Much of my curriculum (80%) was main stream medicine with so much emphasis on pathophysiology, nutrition, microbiology, anatomy, infectious disease etc. !.....So who is kidding who ?

"FAIR GO " for the truly holistic practitioners like myself. Reverse the recent idiotic and arrogant decision made on Naturopaths in particular. It would be nice if the public can be educated and make informed choices. It is NOT a question of Natural Medicine versus Allopathic Medicine because we need each other and I firmly believe that together we can reduce the ever spiraling health cost burden in chronic dis-ease !

With all due respect let Doctors do what they do best which is acute care and let us handle chronic dis-ease by taking the time to educate the patient in lifestyle and nutrition.

I would welcome consulting any member of the Medical Board of Australia or any relevant government spokes man on this matter.

May I take this opportunity to thank you for your time and attention in this matter,

Yours sincerely,

Chris Raybould
B.H.Sc Comp. Medicine; Adv. Dip Nat. A.C.S. P. (Pharmacolgy)

I consent to publication of my submission.

Sincerely,

Christopher Raybould



From: JULIE RAYNES
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 5:43:40 PM

To the Medical Board of Australia,

I support Option 1.

Human Beings have the RIGHT to have a choice in how they choose to support their health. What works for one may not work for another so allow them to have a choice and allow the practioners to offer these services. Free will for one & ALL.

Respectfully &

I consent to publication of my submission.

Sincerely,

JULIE RAYNES

A solid black rectangular box used to redact the signature of Julie Raynes.

From: Kathy Rboub
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:50:50 PM

To the Medical Board of Australia,

I support Option 1.

Please do make any changes. Seeing an integrated dr has been the best thing I have done for my health

I consent to publication of my submission.

Sincerely,

Kathy Rboub

[Redacted Signature]

From: Juliette Reay
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 10:56:20 PM

To the Medical Board of Australia,

I support Option 1.

I have the most amazing doctor who has a very open mind when it comes to treating me. She looks at the big picture and doesn't just push pharmaceuticals onto me. Modern medicine has not served me well and I often suffer side-effects that I would prefer not to experience. I am a mature, educated woman who is more than capable of making her own informed decisions rather than have them made for me by the MBA - people who don't know me.

I consent to publication of my submission.

Sincerely,

Juliette Reay

A solid black rectangular box used to redact the signature of Juliette Reay.

From: Janet Redbond
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 10:55:28 PM

To the Medical Board of Australia,

I support Option 1.

I believe we need BOTH vitamins and medicines - as it is at the moment. Thank you.

I consent to publication of my submission.

Sincerely,

Janet Redbond

A solid black rectangular box used to redact the signature of Janet Redbond.

From: Sheridan Redman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 12 May 2019 6:27:41 PM

To the Medical Board of Australia,

I support Option 1.

I have been using alternative, integrative and complementary medicines on my self and on my animals for many years. Where ever I have stated alternative medicines or treatments, this means alternative, integrative and complementary medicines,

Animals don't lie, they live in the moment and show us how they feel without any preconceived notions to please. When the appropriate alternative treatment is provided the animal shows signs of improvement in movement, mental attitude, willingness to learn and work.

When I approached my doctor about needing to feel better her answer was that I wasn't ill so I would have to put up with it as nothing could be done. How wrong she was. Through use of alternative therapies my health has improved considerably for which she has no explanation.

Science is proving and understanding alternative medicines such as meditation, herbs (after all, that is where conventional medicine started), vitamins and minerals in absorb-able forms, massage, and various forms of exercise with mental focus such as Yoga, Pilates, Thai chi and Equine Assisted Therapy. The positive changes to the brain, drops in levels of anxiety, and depression, increased strength and flexibility and overall well being has been documented.

MBA (and with the backing of pharmaceutical companies no doubt) can try to control 'the aware' by limiting doctor's ability to practice holistically but that will not stop the use of alternative medicine. Get with the new world and support the real doctors who care for their patience or risk being a dinosaur and be destroyed by trying to impose outmoded unhealthy restrictions. Either way alternative medicine will continue to flourish.

I consent to publication of my submission.

Sincerely,

Sheridan Redman



From: Kate Redman-Brown
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:41:54 PM

To the Medical Board of Australia,

I support Option 1.

Top interfering with patient rights to choose. I am well informed and am an appreciator of alternative therapies as are the best doctors who are practicing. There's no denying that a combination of western medicine and alternative therapies can be amazingly effective and the best option for clients

I consent to publication of my submission.

Sincerely,

Kate Redman-Brown

A solid black rectangular box used to redact the signature of Kate Redman-Brown.

From: Leanne Reed <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:29 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please continue to allow Integrative doctors to provide complementary medicine. It's a very important part of managing health.

I consent to publication of my submission.

Sincerely,

Leanne Reed
[REDACTED]

From: Gizel Reeder
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 8:38:28 AM

To the Medical Board of Australia,

I support Option 1.

I choose to have integrative and alternative medicines because they work without the having to use harmful drugs.

I consent to publication of my submission.

Sincerely,

Gizel Reeder

A black rectangular redaction box covering the signature area.

From: Fraser Reid
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 10 June 2019 10:51:36 AM

To the Medical Board of Australia,

I support Option 1.

It seems that big pharma has hijacked the medical society I Australia now and where the money flows the MBA follows.
Unfortunate as there are so many different ways to treat ailments than by just chemically.
Shouldn't people have the choice if they want to see a different type of therapist?

I consent to publication of my submission.

Sincerely,

Fraser Reid

A solid black rectangular box used to redact the signature of Fraser Reid.

From: Jayme Reid
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 10 June 2019 3:12:55 PM

To the Medical Board of Australia,

I support Option 1.

Why are we being penalised for our choices, there have been numerous proven cases of natural medicine producing a positive outcome. Look at the results we are having with Hemp oils, is it not time to open our minds instead of the hip pocket of the money men. Bureaucracy gone mad again

I consent to publication of my submission.

Sincerely,

Jayme Reid

A black rectangular redaction box covering the signature area.

From: Karen Reid
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:42:48 AM

To the Medical Board of Australia,

I support Option 1.

I support freedom to choose is the right of everyone, freedom to choose what sort of health care, especially integrative and complementary.

Integrative and complementary medicine has changed my life, standard care failed me, my naturopath has given my life back and I would certainly seek a doctor who embraces a holistic approach to health.

The MBA does not have the right to take our choices away, currently access to integrative and complementary medicine is fine and should be allowed to continue.

Freedom to Choose!!!

I consent to publication of my submission.

Sincerely,

Karen Reid

A black rectangular redaction box covering the signature area.

From: Lindria Reid
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:53:12 AM

To the Medical Board of Australia,

I support Option 1.

A holistic approach to good health is essential for a healthy society and restricting our good doctors can only have a negative impact. Complimentary medicine works and one has to question to reasons what the underlying reason is for restricting it.

I consent to publication of my submission.

Sincerely,

Lindria Reid

A black rectangular redaction box covering the signature area.

From: Marissa Reid <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:38 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Society should be expanding its natural resources and ideals to provide a comprehensive holistic approach where applicable in this day and age.

Open your eyes to see the value in all, but not one way.

I consent to publication of my submission.

Sincerely,

Marissa Reid


From: Mike Reid
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 2:57:54 PM

To the Medical Board of Australia,

I support Option 1.

With the mounting scientific evidence that supports the relevance and efficacy of complementary medicine it is important for all doctors to have the right to inform and integrate their practices with with proven health supplements.

I consent to publication of my submission.

Sincerely,

Mike Reid

A black rectangular redaction box covering the signature area.

From: Simon Reid
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 13 May 2019 9:07:23 AM

To the Medical Board of Australia,

I support Option 1.

I don't believe the medical board should have any say on what treatments people choose to use other than people making fraudulent claims. The medical industry of Australia is behind the international research in many areas and certain things like functional medical testing and more hands on and thorough non-drug based and dietary approaches should be taken. The gp, prescription, chemist, system we use here in most doctors offices is just terrible, and probably makes people sicker more often than not.

I consent to publication of my submission.

Sincerely,

Simon Reid

A solid black rectangular box used to redact the signature of Simon Reid.

From: Fergus Reilly
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:50:54 AM

To the Medical Board of Australia,

I support Option 1.

I wish you to be aware that I have found that complementary treatments have, on several occasions, succeeded in restoring my health when conventional treatments were ineffective. I consider complementary treatments a vital part of Australian healthcare and urge you to abide by your oath to "do no harm" which would certainly be the case if you choose to restrict access to them. The word complementary mean "that which brings to completion" and optimal healthcare requires both conventional and complementary therapies by definition. It is your job to see that Australia retains the best standards of healthcare by retaining the best range of treatment options possible.

Sincerely, Fergus Reilly PhD

I consent to publication of my submission.

Sincerely,

Fergus Reilly

A solid black rectangular box used to redact the signature of Fergus Reilly.

From: Verena Reinhard
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 2:36:47 PM

To the Medical Board of Australia,

I support Option 1.

I would like to have a choice of what kind of treatment I receive! I prefer integrative health care as I react to most chemical medicine with allergic reactions. The holistic approach has much less side effects too.

I consent to publication of my submission.

Sincerely,

Verena Reinhard

A solid black rectangular box used to redact the signature of Verena Reinhard.

From: Michelle Rekowski
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 3:30:21 PM

To the Medical Board of Australia,

I support Option 1.

Natural, complimentary & alternative health care has an important role in health care.

Respect & understanding of all healthcare options should be considered.

Alternative options including herbal medicine & bio resonance have helped my family & myself many times in the past. The Education & awareness by alternate health practitioners on how to support wellness has been so valuable, Especially as I had a condition conventional doctors couldn't help with.

In addition we have a right to choose the health care most suited to us & our circumstances. In my opinion, natural & emerging health care should be supported & developed.

I consent to publication of my submission.

Sincerely,

Michelle Rekowski



From: Gail Reus <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:32 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We should be able to chose our own health care programs that are working for us

I consent to publication of my submission.

Sincerely,

Gail Reus
[REDACTED]

From: Janeen Reutas
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 9:02:40 AM

To the Medical Board of Australia,

I support Option 1.

I am shocked and saddened to see this being in jeopardy. Do not take away the ability for people's choice of integrative doctors and traditional medicine professionals and allied health as it stands now. My family and I have always used complimentary medicines and a holistic approach to our health and have found that our health has always benefited.

I consent to publication of my submission.

Sincerely,

Janeen Reutas

A black rectangular box redacting the signature of Janeen Reutas.

From: Nicole Revelman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 5:12:15 PM

To the Medical Board of Australia,

I support Option 1.

For so many reasons it is in your best interests to allow drs to be able to recommend complementary medicine - prevention is better and also results in less pressure on our public health system !

I consent to publication of my submission.

Sincerely,

Nicole Revelman

A solid black rectangular box used to redact the signature of Nicole Revelman.

From: Christopher Reyes <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:34 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Patient access to integrative and complimentary medicine because there are many more individuals today who prefer the natural approach. If an illness can be cured without using pharmaceuticals, then a person should have that option. Being able to use integrative medicine has helped thousands of people including myself. If the MBA impose restrictions, then unfortunately many will look elsewhere to find practicing physicians who still practice integrative medicine.

I consent to publication of my submission.

Sincerely,

Christopher Reyes


From: Marlo Reyneke
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:00:52 AM

To the Medical Board of Australia,

I support Option 1.

I believe you should not be considering removing the opportunity patients have accessing integrative & complementary medicine. These therapies along with western medicine are the best option for patients. And the use of both together can be so beneficial. Please do not remove this access.

I consent to publication of my submission.

Sincerely,

Marlo Reyneke

A solid black rectangular box used to redact the signature of Marlo Reyneke.

From: Janet Reynolds
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 11 June 2019 7:22:58 AM

To the Medical Board of Australia,

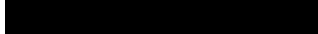
I support Option 1.

I have always chosen as far as possible non invasive medical options. Diet, exercise and vitamins have helped me to maintain good health over 74 years. I worked as a teacher until over 70 and rarely had a sick day. I had over 300 unused sick days when I retired. I have used alternative therapies as my first port of call for health problems preferring not to be medicated with chemicals produced by big pharma. Our health is one area that is extremely and entirely personal and free choice is imperative.
If people are dictated to they abdicate personal responsibility.

I consent to publication of my submission.

Sincerely,

Janet Reynolds

A solid black rectangular box used to redact the signature of Janet Reynolds.

From: Inge Rheinberger
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:58:35 AM

To the Medical Board of Australia,

I support Option 1.

I fully believe in natural therapies. Orthodox medicine has done more harm to me than any complimentary treatment and I would like to continue to have the choice what treatment I prefer.

I consent to publication of my submission.

Sincerely,

Inge Rheinberger

A solid black rectangular box used to redact the signature of Inge Rheinberger.

From: Inge Rheinberger
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:37:07 PM

To the Medical Board of Australia,

I support Option 1.

It is unfortunate that Australia does not support Homeopathy which has helped me many times in times of stress. The same applies to my little dogs, and I don't think you can call it a placebo if dogs get well from homeopathy.

I consent to publication of my submission.

Sincerely,

Inge Rheinberger

A solid black rectangular box used to redact the signature of Inge Rheinberger.

From: Tina Rhoder
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 10:12:37 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and complimentary therapies earned their merit in the medical and allied health industry using science and proven success. It is even more so proven to have amazing effects when supported by the medical professionals and other allied health care providers.

This is a time where people are seeking alternatives, wanting answers and denying such a thing is not only unethical but inhuman!

The public's right to a range of options and a fair and timely consultation to gain the appropriate diagnosis based on a thorough assessment is not something that should be governed but a body who only has their own financial interests in mind!

As a remedial therapist I rely on the allied health industry to refer and offer my clients the most out of their chosen remedy for their condition. If this was to come about it would discredit myself and my profession in an industry already tainted by unfair stigma of what a massage therapist offers.

It is time that the government did what was right for the people it actually works for and not just what is right at that moment to gain tighter control over its people and their freedoms of choice.

I consent to publication of my submission.

Sincerely,

Tina Rhoder



From: Fernanda Ribeiro
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 7:10:18 AM

To the Medical Board of Australia,

I support Option 1.

I use integrative and complementary medicine because they really work for me.
I had so many good experiences with positive outcomes and even better
without side effects. The holistic approach was essential to treat the
underlying cause of my problem rather than the symptoms.
I highly trust and agree with complementary and natural interventions.

I consent to publication of my submission.

Sincerely,

Fernanda Ribeiro

A black rectangular box used to redact the signature of Fernanda Ribeiro.

From: Daniel Ricardo
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:25 PM

To the Medical Board of Australia,

I support Option 1.

I support the democratic and human right to finding real solutions to health problems and I firmly believe there are a range of choices and options to consider when seeking these answers. I further firmly believe that a doctor's oath to do no harm also means that they should not be restricted in referring potential treatments if they truly believe that a particular treatment could be beneficial to them.

What concerns me further is if these steps are taken to limit doctors in these ways, it will harm more people as some will decide not to see doctors at all due to lack of confidence in them to truly advise the best treatment.

Alternate treatments have helped me tremendously and often reduced the time I have been ill and sick and given me a stronger awareness of my body in general.

A visit to a doctor should be with the view of gaining some form of knowledge and education of how your body works to help create preventative measures in the future and not with the view of getting a quick fix. To limit a doctor in this way will encourage stupidity amongst the group of people, our doctors, who should be the most educated, in all forms not just in the medicines they prescribe but encouraged to find solutions wherever they may be and regardless of who is paying them.

I consent to publication of my submission.

Sincerely,

Daniel Ricardo



From: Andrew Rich <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:42 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Everyone needs to have the opportunity to use whatever they want and need to

I consent to publication of my submission.

Sincerely,

Andrew Rich


From: Jeanette Rich
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 3:51:58 PM

To the Medical Board of Australia,

I support Option 1.

I am convinced conventional medicine is over prescribed and over testing is another common fault with doctors. I think it is absolutely necessary to give people the right to choose which is why I have chosen option 1.

I consent to publication of my submission.

Sincerely,

Jeanette Rich

A black rectangular redaction box covering the signature area.

From: Rob Rich
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:29:07 PM

To the Medical Board of Australia,

I support Option 1.

Dear Board members,

In western countries we have a chronic health disaster unfolding with diabetes, heart disease and cancer making life a struggle and killing people in ever increasing numbers.

In order to deal with this all options should be utilised. Currently the mainstream medical community has not offered a solution to chronic disease. Drug based treatment protocols often have side effects that require more drugs to treat. Therefore it is important to take a more inclusive approach including the use of herbs, tonics, dietary changes and exercise prescriptions.

If current education standards are not sufficient then these need to be improved rather than the areas of potentially useful options discarded.

There is a growing body of quality science demonstrating the value of herbal remedies for chronic conditions for instance the combination of tumeric & black pepper for inflammation.

I therefore encourage the board to take a progressive approach and ensure the Australian population has access to a full range of options which they can explore to find what works for them. This is the idea of personalised medicine.

I consent to publication of my submission.

Sincerely,

Rob Rich



From: Bev Richards
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 9 June 2019 12:08:24 PM

To the Medical Board of Australia,

I support Option 1.

Leave us choose , these doctors and practitioners offer solutions and treatments that work when GP treatments have nothing to offer. It is our life, our choice and our money. I for one avoid GPs as much as possible because they have little to offer, only drugs that do nothing to heal. Leave it be!!!

I consent to publication of my submission.

Sincerely,

Bev Richards

A solid black rectangular box used to redact the signature of Bev Richards.

From: Beverley Richards <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:26 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Leave us choose if we use Integrative & complementary Doctors, Medicines and treatments, we are paying for these treatments and will only send the likes of me underground or overseas. These treatments do work and are usually more successful than the local GP and just mainstream drugs. Usually these doctors have gotten sick themselves and found that there was nothing to help them so started of in this direction. Dr Terry Wahl is a good example.

I consent to publication of my submission.

Sincerely,

Beverley Richards
[REDACTED]

From: GARY RICHARDS <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:37 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

This is a democratic society people have choices, if you dont like integrative and complementary medicines then dont attend but i attend my integrated Doctor and my naturopath on a regular basis and will continue to do so. they reckon natural therapies are not backed by science that's [REDACTED]. most drugs mask symptoms and do not treat the underlying cause.

I consent to publication of my submission.

Sincerely,

GARY RICHARDS
[REDACTED]

From: Pamela Richards
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 4:59:11 PM

To the Medical Board of Australia,

I support Option 1.

I support the inclusion of integrative and complementary practice into general medical practice as I have found over my life (75 years) that each practice works best paying respect to other modalities when appropriate. When I changed my diet 35 years ago, I was regarded as most unusual, now the way I eat is mainstream and what is medically recommended. My preferred use of naturopathy, nutrition, phyiotherapy, yoga, pilates has kept me healthy without recourse to blood pressure, anti cholesterol drugs, or problems with pre diabetes.

I consent to publication of my submission.

Sincerely,

Pamela Richards

A solid black rectangular box used to redact the signature of Pamela Richards.

From: Tani Richards
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 11:24:25 PM

To the Medical Board of Australia,

I support Option 1.

I value Integrative and complementary medicine because it works! I have used homeopathy, naturopathy, chiropractic, accupunture, herbal treatments, osteopathy and kinesiology to treat myself, my parents, my four children and my pets with excellent results and no side effects. I want to continue my freedom to choose what works best for my circumstances.

I have also needed emergency care for injuries and accidents for myself and my family which I equally value. The lifesaving intervention and treatment for acute situations is as important to me as Integrative and complementary medicine.

I ask that we continue to respect all areas of health and wellness.

I consent to publication of my submission.

Sincerely,

Tani Richards

A black rectangular redaction box covering the signature area.

From: Trevor Richards
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 4:31:07 PM

To the Medical Board of Australia,

I support Option 1.

My grandfather and father fought to keep this country free.
Let us have the freedom to choose DONT BE GREEDY.

I consent to publication of my submission.

Sincerely,

Trevor Richards

A black rectangular redaction box covering the signature area.

From: Iris Richter
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 8:55:18 PM

To the Medical Board of Australia,

I support Option 1.

Many common conditions can be remedied more cost-effective and safe with alternatives to conventional medicine. An individuals own health is in their own hands in all areas of life; this needs to extend to health care. Instead of mandating a one-fits-all drug-regimen, integrating natural and nutritional approaches to healthcare should be at the forefront of modern medicine.

I consent to publication of my submission.

Sincerely,

Iris Richter

A black rectangular box redacting the signature of Iris Richter.

From: Kylie Ricther-Cools
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 5:24:26 PM

To the Medical Board of Australia,

I support Option 1.

I am writing to express my desire for continued integration of complimentary medicine and natural therapies by medical doctors. Having experienced the lack of ability to correctly diagnose my health issue in a regular doctors consultation and the lack of holistic approach leading to compounding health issues, and then seeing a doctor who works holistically with complimentary therapists with excellent results, I believe that the holistic approach is the best way to serve the population and care for patients. By restricting a doctors ability to incorporate new and innovative practices, including complementary medicines when treating patients, you are essentially ignoring a doctor's duty of care to provide the best support possible. There is much evidence showing that a holistic approach to healthcare has better health outcomes and the standard 10 minute consultation just doesn't provide enough time for a doctor to sufficiently get to the cause of a problem. Their ability to really care for their patient will be diminished and they will not be able to provide a sufficiently appropriate treatment plan which places their patients at further health risk. I have directly experienced this and will never go to a doctor who does not incorporate complimentary therapies in the treatment.

I urge you to keep the current guidelines as they are, or even better, embrace innovation in healthcare and alter the guidelines to enable doctors to work more effectively with natural therapists such as cranio-osteopathy, traditional chinese medicine, homeopathy, naturopathy, herbal medicine and body work therapists such as Bowen therapy, myopathy and massage.

I consent to publication of my submission.

Sincerely,

Kylie Ricther-Cools



From: Cindy Riethmuller
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 8:54:20 PM

To the Medical Board of Australia,

I support Option 1.

I am not a regular at my doctors because I choose to use alternative health measures preventing me and my family from becoming sick. This can only be easing the pressure in the current overwork health system. Please let us stay informed with the correct information from experts in the field. Prevention is better than cure, and freedom of choice is what this country is about. Let's keep it that way.

I consent to publication of my submission.

Sincerely,

Cindy Riethmuller

A solid black rectangular box used to redact the signature of Cindy Riethmuller.

From: Debbie Rigby <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:18 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

This is supposed to be a country of freedom. I choose to see doctors that are not only just Gp's who prescribe medications from drug companies but also doctors who prescribe alternative medication for the treatment of my health. When pharmaceutical medication was not making any difference to improving my illnesses, I sought doctors who look at my overall health and treat me and my symptoms to make me better. Yes it costs me more to see this doctor but it is well worth it as my health and quality of life has improved in so many ways. This was not something that I jumped straight into. My health and quality of life was suffering for a number of years with not a single bit of improvement from pharmaceutical drugs. I am a far better productive, healthier member of society today, thanks to me being able to have the access to doctors who can look outside the boxes to heal people.

I consent to publication of my submission.

Sincerely,

Debbie Rigby
[REDACTED]

From: Chris Rigg
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:40:24 PM

To the Medical Board of Australia,

I support Option 1.

I use integrative a GP and found them to be very beneficial. I would be very dissapointed if this choice was forcibly removed.

I consent to publication of my submission.

Sincerely,

Chris Rigg

[Redacted Signature]

From: Julie-anne Rigo
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 7:05:05 PM

To the Medical Board of Australia,

I support Option 1.

I fully support integrative and complementary medicine and have used this for years to maintain the health of myself and my family. I fully support Naturopathy, osteopathy, alternative non invasive, non drug taking therapies that support our bodies rather than taking drugs that only cover up symptoms and create side effects that then need more drugs and the cycle goes on.

This is another example of the government taking away people's choice of how they manage their bodies without even looking at how effective natural therapies really are.....

People using natural therapies are taking the strain off the health system in Australia. If you place restrictions on practitioners you remove our choice of Healthcare and you will place more pressure on the already failing hospitals and health system,

This is another show of illogical egotistical power to the detriment of Australia and its people. If Australia wants to be a world leader in healthcare then allow the centuries old proven traditions to continueand allow the people of Australia to have a choice.

I consent to publication of my submission.

Sincerely,

Julie-anne Rigo

A black rectangular box used to redact the signature of Julie-anne Rigo.

From: Steven Rigter
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:57:50 PM

To the Medical Board of Australia,

I support Option 1.

Integrative & complementary medicine is imperative to whole of life health. I, my family, friends and acquaintances have all had positive health results with Integrative & complementary medicine. A change to the current guidelines to practitioners providing integrative treatments should not even be considered.

I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines. With all the health benefits we have experienced from alternative complementary medicine we know our health care will be compromised if the MBA were to restrict its availability.

I consent to publication of my submission.

Sincerely,

Steven Rigter



From: Rita Rikelle
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 2 June 2019 12:15:30 PM

To the Medical Board of Australia,

I support Option 1.

I have grown up in Switzerland where alternative, integrative and complementary medicine has been and is still part of the daily practice of healthcare. It is a necessary additional healthcare to the western medical practice. So many conditions can not be fully treated by conventional medicine. Homeopathy, Chinese medicine, Ayurveda and many more.

We can't go backwards, just because the Pharmaceutical Companies don't like it. For them it's all about money and profit and not about healthcare. Rita Rikelle

I consent to publication of my submission.

Sincerely,

Rita Rikelle



From: Rebecca Riley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 4:37:41 PM

To the Medical Board of Australia,

I support Option 1.

The people of this country should have a right to choose our own health care. You want a monopoly on all medical provisions . I am opposed to the MBA thinking it knows what's best for all people all the time . Medical malpractice mostly comes from Allopathic medicine . You need to take a good long look at your own medical practices before banning or pointing the finger at ancient medical practices . You have no basis for this ridiculous stance your taking against your competitors.

I consent to publication of my submission.

Sincerely,

Rebecca Riley

A solid black rectangular box used to redact the signature of Rebecca Riley.

From: Phay Rippin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 7:14:07 PM

To the Medical Board of Australia,

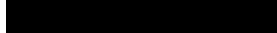
I support Option 1.

It is essential in a democracy that everyone has freedom of choice for their medical requirements, be they 'conventional' or 'natural' - it is up to the individual as to what type of treatment they wish to pursue and accept the responsibility of the outcome of that treatment. Will the government accept responsibility for any adverse outcomes from dictated treatment?

I consent to publication of my submission.

Sincerely,

Phay Rippin

A solid black rectangular box used to redact the signature of Phay Rippin.

From: Linda Ritchie
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 4:48:51 PM

To the Medical Board of Australia,

I support Option 1.

I want doctors to share informed information about as many health care professionals, so I can make my choice, not just the one dictated by closed minds and the pharmaceutical industry.

I consent to publication of my submission.

Sincerely,

Linda Ritchie

A solid black rectangular box used to redact the signature of Linda Ritchie.

From: Tim Ritchie
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 8:19:04 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative and complementary medicine as it provides a more comprehensive and holistic approach to health care. Alternative medicine and therapies have helped many of my friends where traditional medicine has not especially with regards to cancer and other serious illness. it is arrogant in the extreme to exclude these practices on the basis of subjective opinion.

I consent to publication of my submission.

Sincerely,

Tim Ritchie

A black rectangular redaction box covering the signature area.

From: Megan Riviere
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 3:54:10 PM

To the Medical Board of Australia,

I support Option 1.

For all obvious reasons and the weird "Choice" comes to mind.

I consent to publication of my submission.

Sincerely,

Megan Riviere

[Redacted Signature]

From: Kevin Robb <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:27 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It should be about choice

I consent to publication of my submission.

Sincerely,

Kevin Robb
[REDACTED]

From: Kevin Robb <submissions@yhyc.com.au>
Sent: Tuesday, 4 June 2019 3:29 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I feel people should have a choice and good doctors should look at all options when treating people and know one has the right to tell people or doctors what way people should be treated thank you

I consent to publication of my submission.

Sincerely,

Kevin Robb


From: Eileen Robbins <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 4:25 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Outrageous that as needed, our choices of medical treatments or care be controlled or interfered with by others. Quite often I am not happy or satisfied with outcomes of consultation with mainstream GP,s and find resolution within natural medicine..ultimately we are responsible for ourselves, circumstances and health with adult choice..without unnecessary restrictions or control..look at yourselves for medical service improvements to the public..it is desperately needed

I consent to publication of my submission.

Sincerely,

Eileen Robbins


From: Eileen Robbins <submissions@yhyc.com.au>
Sent: Friday, 28 June 2019 6:33 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

To restrict choice and integrative and complementary medicine assumes conventional medicine knows best for all in every way and circumstance. this is control for self gain..not best care for patients, carers or parents. We have the ultimate responsibility and know when and how health is improving or not. My family has taken an integrative approach to health and know from gains and experiences over many years health levels would have suffered greatly without it.

In fact we are experiencing a growing enormous number of Australians becoming extremely dissatisfied with conventional medicine. Doctors, consultations, perscripted treatments and poor or even worse results..often revolving door medicine with expense and little gains so increasing the need to seek greater self health education and options. Either/or medical approach should never be a consideration.

But an emerging, evolving, unifying co operation of the best in all with patient choices and responsibility paramount. No true doctor can think otherwise..

Eileen Robbins

I consent to publication of my submission.

Sincerely,

Eileen Robbins

From: Richard Robbins
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 7:22:10 AM

To the Medical Board of Australia,

I support Option 1.

Interactive medicine has been part of our lives successfully for many many generations.

The integrity of integrative medicine as shown with integrity with outstanding results from many chronic illnesses.

Chronic illnesses are not dealt with with conventional medicine and are not focused on treating the cause of the disease just the symptoms.

For healthy Australia we need to deal with the root cause of all diseases with valid and recognisable supporting results.

Do not change the current arrangements.

We need to encourage conventional medicine to deal with root causes of diseases as soon as possible otherwise I'll continue to be a controlling absolute money grabbing commercial interest.

Health issues are always evolving requiring new and comprehensive methods of a wide range of competent transparent professionals.

Health needs to be sustained from birth, not damaged from birth... with untested and suspected "medicines".

I consent to publication of my submission.

Sincerely,

Richard Robbins



From: Robbison Janice Dorothy <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Being able to have access to both integrative & complementary practitioners helps me support my body naturally. This gives me a healthy life which enables me to enjoy an active lifestyle

I consent to publication of my submission.

Sincerely,

Robbison Janice Dorothy
[REDACTED]

From: Amanda Roberts <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 10:56 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative health care keeps patients well, and it is their choice, allow it to remain. Medicare does not need to fund it if that is an issue

I consent to publication of my submission.

Sincerely,

Amanda Roberts


From: Brie Roberts
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:28:19 AM

To the Medical Board of Australia,

I support Option 1.

I should have the right to be under the care of a medical doctor whilst seeking a natural approach to health care. If this is no longer a choice, many people will seek alternate health care with no medical doctor to oversee the process and monitor health. Sometimes a medical approach is needed but can be complimented with a natural approach. Thus should not be taken away.

I consent to publication of my submission.

Sincerely,

Brie Roberts

A black rectangular redaction box covering the signature area.

From: Kerry Roberts <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 12:07 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It's the patient's choice to make and if a doctor can provide both it'd be better to be monitored by a professional than no one if we were to buy it over the counter without knowing the full impact.

I consent to publication of my submission.

Sincerely,

Kerry Roberts
[REDACTED]

From: Vanda Roberts
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 17 May 2019 9:41:15 AM

To the Medical Board of Australia,

I support Option 1.

I do not support restrictions on integrative practitioners. We need to be looking forward not going backwards

I consent to publication of my submission.

Sincerely,

Vanda Roberts

A black rectangular redaction box covering the signature area.

From: Adam Robertson <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:19 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

You either trust doctors to give the most appropriate care and advice or you don't. Health is far more than pills and potions. Tell the big pharmaceutical lobbyists to back off.

I consent to publication of my submission.

Sincerely,

Adam Robertson
[REDACTED]

From: Jennifer Robertson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:50 PM

To the Medical Board of Australia,

I support Option 1.

I have used integrated practitioners for over 50 years. I should have the choice to use them if i want.

I consent to publication of my submission.

Sincerely,

Jennifer Robertson

A black rectangular box used to redact the signature of Jennifer Robertson.

From: Meah Robertson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:06:30 AM

To the Medical Board of Australia,

I support Option 1.

Integration of natural and conventional medicine is a an evolution in healthcare, resulting in the best patient outcomes. Integrative doctors are leading the way which is why they're is such high demand. They should continue to be supported. If the guidelines are to be changed it should further support the integration between conventional and natural medicine especially between doctors and trained naturopaths.

I consent to publication of my submission.

Sincerely,

Meah Robertson

A black rectangular box used to redact the signature of Meah Robertson.

From: Rosemary Robins <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe all Australians should have the choice to choose the type of caregiver they wish. If a doctor is open minded and intelligent enough to become educated in therapies other than mainstream medicine, then I believe he/she should be able to offer those in conjunction with, or as an alternative to, mainstream medicine.

I consent to publication of my submission.

Sincerely,

Rosemary Robins
[REDACTED]

From: Emily Robinson <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:35 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please keep our rights to have a choice. Integrated medicine saved my life!

I consent to publication of my submission.

Sincerely,

Emily Robinson
[REDACTED]

From: Ian Robinson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 12:22:34 PM

To the Medical Board of Australia,

I support Option 1.

History forever reminds us that “modern” medicine is not an exact science, but a result of big Pharma pushing biased corporate agenda’s into our medical system. Integrated choice is necessary out of governance to counterbalance bias and provide tax payers with credible and social options for their health management. Anything less is evidence of corporate corruption manipulating authorities into their profiteering regime.

I consent to publication of my submission.

Sincerely,

Ian Robinson

A black rectangular redaction box covering the signature area.

From: Judith Robinson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 3:28:33 PM

To the Medical Board of Australia,

I support Option 1.

I use integrative medicine in preference to mainstream medical prescriptions as they seem kinder to the body and have healed complaints which were not treated successfully by conventional methods.

I consent to publication of my submission.

Sincerely,

Judith Robinson

A black rectangular box used to redact the signature of Judith Robinson.

From: michelle Robinson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:42:59 AM

To the Medical Board of Australia,

I support Option 1.

I do not know anybody that does not use some form of Integrative and complementary medicine in their lives . It has been a huge part of my families life and i beleive it is as important as coventional medicine . I think that both sides of medicine should be working together , as many doctors do ,for the best and healthiest outcome for all people .

I consent to publication of my submission.

Sincerely,

michelle Robinson

A black rectangular redaction box covering the signature area.

From: Stuart Roche
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 11:21:46 PM

To the Medical Board of Australia,

I support Option 1.

As a retired Practitioner of Chinese Medicine, I was in practice for twenty-four years and I have since resigned from AHPRA.

It is imperative that the people of Australia be unrestricted in their choice of evidence-based healthcare options of Integrative and Complimentary therapies, per se and through the Medical Practitioners who also choose to employ them.

The reasons for this are that;

1. Pharmaceutical symptom care is not the only approach to addressing disease, in fact it is quite clear that this system of treatment is failing patients.
2. The Medical Practitioners who choose to incorporate other evidence-based modalities into their practices, do so because item (1) above has its limitations.
3. Medical Practitioners have chosen to continue their professional education in Integrative and Complimentary Medicine, in their own time and at their own cost, to provide and deliver, as well as conventional Medicine, a more comprehensive form of practice that better serves the wider community.
4. The progression of Medicine through the integration of evidence-based modalities is a more holistic approach to disease, placing the patient as the top priority, which intelligently, holds the best fiscal outcome, overall.

As a Practitioner myself, for example, I have worked with Medical Practitioners who have and continue to study Nutritional Medicine. This is a cornerstone in educating the patient and treating their diseases, through dietary changes and adjustments, resulting in improvements and cures of the conditions patients present, sometimes, without the need to medicate.

Integrative and Complimentary Medicine has definitely won its place alongside conventional Medical practice, each bringing their strengths into clinical application.

I have a long experience to know my limitations in practice and when to refer on. It is then of paramount importance that Medical Practitioners and other Practitioners remain unrestricted in their practice of Integrative and Complimentary Medicine, so that there can be trained guidance to help the patient make the best possible choices.

Medical Practitioners and other Practitioners who practice Integrative and Complimentary Medicine are highly trained, motivated and intelligent people, with a common intention and dedication to treating diseases in our communities.

I find it abhorrent that the Medical Board of Australia has initiated this process; that this will surely stifle the ground-swell of talented young Practitioners, emerging from the numerous Universities around the country.

We now stand at a cross-roads, where the Federal Government and the Medical Board of Australia can be counted as progressive in their approach to Medical integration and advancement, maintaining the freedom of treatment choice, or counted as regressive, where a restricted Medical paradigm best serves the stakeholders, above the right of choice to treatment.

I consent to publication of my submission.

Sincerely,

Stuart Roche

A solid black rectangular box used to redact the signature of Stuart Roche.

From: Helen Rochford <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 7:42 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support Integrative Medicine because it is wholistic and encompasses other Culture's natural practices, some administered for hundreds of years like Chinese medicine and its branches like accupuncture. In today's world we see the negative side effects from modern medicines casusing harms to patients and these harms are on well known on the inserts of pharmesuitical drugs. Best practice applied, means the rights of people to utilise what they think is best for them. To deny this right means the MBA has a control issue over its own practices and demands dominance, rather than working alongside other Countrie's knowledge and experiences and accepted practices. No one culture has the right to dominate the healing agenda and different modalities exist because not one cure fits all. Freedom to choose is working from a cliuent centered approach and is respectful.

I consent to publication of my submission.

Sincerely,

Helen Rochford


From: Ruth Rock
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:28:28 PM

To the Medical Board of Australia,

I support Option 1.

For over 50 years my family and I have been using integrative and complementary medicine for our health and wellbeing e.g naturopathy, chiropractic and acupuncture. With exercise and a holistic approach to healing, at the age of [REDACTED], I have not had to resort to pharmaceutical drugs for my health. I support doctors' rights to provide new and innovative practices including complementary medicines. As a basic right, I resent being told by MBA how I should manage my health. I AM NOT A BURDEN ON THE TAXPAYER.

I consent to publication of my submission.

Sincerely,

Ruth Rock
[REDACTED]

From: Adrian Rogers
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:18:44 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicines have helped me in several ways. For one thing I cannot take all the mainstream medicines on offer, and another thing, freedom of choice is my right under the Constitution. Finally, I suspect that changing the guidelines regarding Integrative Practitioners is of no benefit to ordinary people, but of great benefit to the Pharmaceutical Industry, which, if the changes go ahead will speak volumes about the priorities of governments and vested interests.

I consent to publication of my submission.

Sincerely,

Adrian Rogers

A black rectangular box redacting the signature of Adrian Rogers.

From: Adrian Rogers
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:28:18 PM

To the Medical Board of Australia,

I support Option 1.

Freedom of choice is a human right, enshrined in nearly every reputable constitution, at least in the western world. That being so this freedom should extend to a doctor's patient, and to doctors themselves, by upholding their right to offer complimentary medical treatments where such are, by both patient and doctor deemed appropriate. The MBA knows that there are many complimentary treatments with impeccable reputations for validity in what they claim to offer, and a qualified doctor should be trusted--in consultation with a patient to decide whether such a treatment is appropriate, and if so to prescribe it.

If the MBA does not recognize this, it will be seen by many as withholding recognition due to pressure from the pharmaceutical industry. I am not saying that this is a fair assumption, but it is one that will be made if the MBA attempts to prevent doctors from prescribing whatever treatment they consider appropriate, whether mainstream or complementary.

I consent to publication of my submission.

Sincerely,

Adrian Rogers

A solid black rectangular box used to redact the signature of Adrian Rogers.

From: Brenda Rogers
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 5:37:29 PM

To the Medical Board of Australia,

I support Option 1.

I have personally seen the benefit an integrative approach to health has been to my health and my family. As someone who wants to take responsibility for my wellness and that of my family complementary medicine is a big part of our lives. We have a right to access these safe and effective healing medicines.

[REDACTED]

I consent to publication of my submission.

Sincerely,

Brenda Rogers

[REDACTED]

From: Valerie Rogers
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:48:21 PM

To the Medical Board of Australia,

I support Option 1.

I'm really concerned about the proposed restrictions in connection with the Doctors providing integrative medical care. It is so very important that patients have the right to choose whom they consult with regard to their medical treatment. My plea is for the MBA to maintain the current guidelines in this regard and support Doctors' rights to provide new and innovative approaches including complementary medical treatments.

I consent to publication of my submission.

Sincerely,

Valerie Rogers

A solid black rectangular box used to redact the signature of Valerie Rogers.

From: Mark Ronan <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:47 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I strongly believe that a holistic approach to health is paramount.
Basic biology states that we need a certain amount of vitamins and minerals to function optimally.

Restricting such practices in healthcare further creates a commercialized approach where the \$\$\$ is more important than the outcome of the patient. Where synthetic chemicals outweigh natural chemicals.

Please allow us (the people) to have an informed, transparent treatment options that include holistic alternatives.

I consent to publication of my submission.

Sincerely,

Mark Ronan

[Redacted Signature]

From: Ash Rose <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:29 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative and complementary medicine. I believe a wholistic approach is needed when improving health and wellbeing, and I have a right to receive any recommendations my doctor thinks may benefit my health.

I have used vitamins and herbal supplements in the past to improve my health. If practitioners are restricted I would need to do my own research into complementary medicine which could be dangerous compared to seeking advice from my doctor.

I'm currently suffering from some health problems that cannot be solved with conventional medicine. Without integrative medicine I don't know if I could cure these health problems.

I consent to publication of my submission.

Sincerely,

Ash Rose


From: Nicola Rose
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 8:31:10 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is imperative to a holistic approach to preventative health as opposed to reactive treatments. Do not force the public to be restricted to pharmaceutical remedies that don't promote a proactive approach to health.

I consent to publication of my submission.

Sincerely,

Nicola Rose

A black rectangular redaction box covering the signature area.

From: Christina Ross
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 11:53:52 AM

To the Medical Board of Australia,

I support Option 1.

For the past thirty years I have used integrative and complementary medicine as a means to heal my body, and mind with great success. I have been fortunate in having the services of a GP who is also qualified in Nutritional and Environmental medicine, and this has been my choice. I sincerely hope that the MBA retains Option 1 giving patients the flexibility and choice of choosing practitioners providing integrative treatments.

I consent to publication of my submission.

Sincerely,

Christina Ross

A black rectangular box redacting the signature of Christina Ross.

From: Andrew Rossited
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 12 June 2019 10:31:00 PM

To the Medical Board of Australia,

I support Option 1.

Informed consent applies to any medical procedure or treatment..to deny poo people the right to chose, is directly at odds with the Nuremberg code..and people rights to chose.

I am quite capable of making my own decisions concerning medical decisions that effect me, I do not consent to other deciding to limit or remove my medical treatment options.

I consent to publication of my submission.

Sincerely,

Andrew Rossited

A black rectangular redaction box covering the signature area.

From: Jane Rourke
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:30:00 AM

To the Medical Board of Australia,

I support Option 1.

It's our choice what we put into our bodies and to have the advice and support from a GP about the natural things we are taking or looking at taking can be invaluable.

To feel supportive about our choices is so important on our rd to wellness menatally as well as physically

I consent to publication of my submission.

Sincerely,

Jane Rourke

A black rectangular redaction box covering the signature area.

From: Rachel Roussos
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:14:19 PM

To the Medical Board of Australia,

I support Option 1.

I seek out doctors who are integrative in their approach as it means better and more holistic health care overall and a reliance not just on pharmaceutical medicine but on supplements that play a role in prevention. This approach covers all bases and makes common sense

I consent to publication of my submission.

Sincerely,

Rachel Roussos

A black rectangular redaction box covering the signature area.

From: Judy Rowen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 8 May 2019 5:03:01 PM

To the Medical Board of Australia,

I support Option 1.

If this option is taken away so is our freedom of choice. I also believe that this is a restriction of trading. This quote sums up what I feel: "closed systems believe that they have nothing to learn from open systems. In fact, they often refuse even to admit the existence of open systems. How much we are missing when we can't see beyond the closed system." To refuse the choice is to maintain a 'closed system'.

I consent to publication of my submission.

Sincerely,

Judy Rowen

A solid black rectangular box used to redact the signature of Judy Rowen.

From: Julie Roxburgh
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 10:59:42 PM

To the Medical Board of Australia,

I support Option 1.

The right to access holistic healthcare & enabling the right for it to be continued to be on offer is paramount to the health & well being of myself & my family. My family & I are choosing to educate ourselves in good health to ensure we are taking the utmost responsibility for ourselves physically, mentally, & spiritually. We are constantly studying & researching whole foods & how to live mindful of maintaining & supporting the body as a whole organism to its best potential. Drug free.

Holistic healthcare is my choice of treatment for most ailments as I'm looking to educate myself & take responsibility for self care with the support of my healthcare practitioner to guide & educate when necessary. Bottom line I want to be the one making the decisions of how to treat any arising ailments in the body.

I choose to live a life style free of pharmaceutical drugs & invasive surgeries wherever possible due to high rates of side effects, adverse effects, prescribing incorrect prescriptions, lack of education surrounding the diagnosis being offered & the options. Lack of education about how to nourish the body holistically for the greatest health possible is not a main focus in mainstream medicine. It is with holistic healthcare. I want to choose myself what works for me. And what works for my family.

I also think it is important human beings have choices around what pharmaceutical drugs they take or are being forced to take. Forcing Immunization of children without fully being aware of the side effects & outcome to the children is forcing parents into unhealthy situations. People have the right to be informed & make the decision that will work for themselves & their family; not be forced to take drugs that may be very harmful to their health.

I consent to publication of my submission.

Sincerely,

Julie Roxburgh



From: Caitlin Roy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 8:29:22 PM

To the Medical Board of Australia,

I support Option 1.

I support integrated and complementary medicines.

My father was a GP and I recognise the wealth of our mainstream medical care.
All my six children were born in hospital.

Still we regularly use other options to compliment our health care.

I love keniesolgy, my husband uses chiropractic services. We both have
used homeopathy and massage. The world is bigger and better than this.

Please support them.

I consent to publication of my submission.

Sincerely,

Caitlin Roy

[Redacted Signature]

From: Hugh Rrid <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:17 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

While many alternative therapies are fundamentally flawed I definitely support a practitioner's right to use evidence based alternatives to augment and enhance conventional medical practice

I consent to publication of my submission.

Sincerely,

Hugh Rrid


From: Lee Rudder <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:38 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please stop taking our freedom of choice away from us.

I consent to publication of my submission.

Sincerely,

Lee Rudder


From: Katherine Rudolph
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 14 May 2019 4:01:56 PM

To the Medical Board of Australia,

I support Option 1.

The Present time demands intercommunication and openness to new and old medicinal The be of the best service to the world at large and allow the Client to make his own choices concerning the care of his body and psyche, it is necessary to know and use the full range of treatments.

I consent to publication of my submission.

Sincerely,

Katherine Rudolph

A solid black rectangular box used to redact the signature of Katherine Rudolph.

From: Su Rule
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:17:02 PM

To the Medical Board of Australia,

I support Option 1.

Western medicine doesn't have all the answers and is limited in its practice. Accepting that there are other successful ways to treat and prevent disease will bring the MBA in line with how people think and treat themselves today. The choice of medication, preventative action and who supplies these needs is a personal choice and should not be dictated by a small few, who are influenced and limited by outdated but familiar methodology.

I consent to publication of my submission.

Sincerely,

Su Rule

A solid black rectangular box used to redact the signature of Su Rule.

From: Jennifer Rundle
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 1:25:24 PM

To the Medical Board of Australia,

I support Option 1.

I value access to holistic healthcare and support doctors' right to offer it.

*What exactly is the MBA scared of? That we will all benefit from complementary therapies and no longer need their services?

That good old saying - If it Ain't broke don't fix! Leave well enough alone!

I utilise complementary services all the time - Chiro, Massage, Borne Therapy, Acupuncture, Chinese medicine. These work for me, they keep me moving! This is my CHOICE and this is my RIGHT!!!

No one has the right to tell me that I should not use what works best for me!

I really appreciate my doctor thinking outside the box to find a way to manage any issues that I may have.

What is the purpose behind the MBA's thoughts on removing these so called Fringe treatments.

Leave my freedom of choice alone!! I pay very good money through my health fund to be able to use these therapies!!!

Get back in your BOX MBA!!!

I consent to publication of my submission.

Sincerely,

Jennifer Rundle



From: Frances Russell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 8:34:21 AM

To the Medical Board of Australia,

I support Option 1.

Intergrative and complementary medicine has helped many,where the is a need of investigating causes for complicated medical problems.This has helped me my family and many others.

I consent to publication of my submission.

Sincerely,

Frances Russell

A solid black rectangular box used to redact the signature of Frances Russell.

From: Gayle Russell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:12:01 AM

To the Medical Board of Australia,

I support Option 1.

I support the right to choose integrative and complementary medicine.

I consent to publication of my submission.

Sincerely,

Gayle Russell

A solid black rectangular box used to redact the signature of Gayle Russell.

From: MELLISSA RUSSELL
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 9:40:36 PM

To the Medical Board of Australia,

I support Option 1.

I use both traditional and complementary medicine and I feel they are both what I need for my health and that is my choice. Nobody else should have that choice for me thats just wrong...

I consent to publication of my submission.

Sincerely,

MELLISSA RUSSELL

A solid black rectangular box used to redact the signature of Melissa Russell.

From: Rosa Russo
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 6 June 2019 9:57:32 PM

To the Medical Board of Australia,

I support Option 1.

I believe it is important for a GP to provide integrative treatments. It is the right of the patient to have all possible treatments available especially when prescription drugs may cause side effects or allergies. For example prescribed treatment for many women with menopause is not suitable due to breast cancer or other chronic illnesses. Hence the use of herbal remedies are much needed and better managed with the support of a GP.

I consent to publication of my submission.

Sincerely,

Rosa Russo

A solid black rectangular box used to redact the signature of Rosa Russo.

From: Carolanne Ryan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 6:25:15 PM

To the Medical Board of Australia,

I support Option 1.

I support integrative complementary medicine because I believe every citizen has the right to choose the best course of action for their individual needs. Everyone deserves to be informed of all their options so they may consider all the pros and cons thus allowing them to make an informative choice.

I consent to publication of my submission.

Sincerely,

Carolanne Ryan

A black rectangular redaction box covering the signature area.

From: Danielle Ryan <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:38 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please refrain from limiting the healthcare choices of Australians any further. I work in the healthcare industry and [REDACTED] are always telling us the government cant afford the coming blowouts in ill health (T2DM, heart disease, obesity etc). People need good access to a broad range of healthcare options and the government and the MBA needs to let them have the access.

I consent to publication of my submission.

Sincerely,

Danielle Ryan
[REDACTED]

From: Lynn Ryan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:03:31 AM

To the Medical Board of Australia,

I support Option 1.

Patients should be able to be recommended vitamins, minerals, herbal supplements, natural therapies etc this is much more cost effective in the long run - not to mention healthier.

I consent to publication of my submission.

Sincerely,

Lynn Ryan

A black rectangular redaction box covering the signature area.

From: Rita Ryan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:29:33 AM

To the Medical Board of Australia,

I support Option 1.

All doctors train and I trust this process. I also trust my doctor to undertake ongoing learning and asking questions. This then supports their ability to grow as a good doctor for changing communities under their care.

Many discoveries are made from from such a simple procedure.

My doctor answers my questions clearly and asks me to give them feedback when I wish to try a new process. I continue to find a more well rounded approach is more in tune for negotiating changes of life. Our foods and diets have altered greatly over the years and my integrative doctor has a broader and more encompassing practice of doctoring. Rather than as I say Just regular western medicine. With only one answer for all.

I consent to publication of my submission.

Sincerely,

Rita Ryan

A black rectangular redaction box covering the signature area.

From: Shae-ann Ryan <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:42 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe that each and every individual should have the right to know every option of their health care journey and their care team should not have restricted rights.

I consent to publication of my submission.

Sincerely,

Shae-ann Ryan


From: Latisha Ryder <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:42 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine.

Integrative & complementary medicine has helped me and my family tremendously.

Integrative & complementary medicine such as chiropractic, acupuncture, massage, naturopathic supplements, reiki and NET therapy have helped improve my health before things got too bad. Taking small action earlier is what they're all about. Without the use of these the cost to our public health system would have been huge. I strongly believe in patient choice and strongly disagree with the MBA proposal to impose restrictions on Integrative practitioners. Leave things how they are and let people make decisions for themselves.

I consent to publication of my submission.

Sincerely,

Latisha Ryder
[Redacted Signature]

From: Margot Rylah
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 6:28:52 PM

To the Medical Board of Australia,

I support Option 1.

We greatly value a holistic approach to healthcare. Complementary medicine used to be referred to as "Alternative" medicine. As an RN of many years, I DO know that many, if not the majority of people, no longer consider these practices and practitioners alternative. They are now the route that most people follow when requiring health care or diagnostic assistance. As for integrative practitioners, I personally know several and many of my friends and colleagues seek these doctors ahead of "general practitioners". One of the main reasons for complementary practices to be preferred is that treatment will almost always be natural, homeopathic or naturopathic. THESE methods are now preferred by many people in the community ahead of pharmacotherapy. From when our children were young, we have preferred naturopathy ahead of conventional medicine, with a very positive impact on their long-term health. We know that many of our colleagues in various areas of complementary medicine are continually refreshing and adding to their arsenal of knowledge, and critical skills. On the other hand, there is a perception that doctors in general practice in particular, derive much of their "new" knowledge from the promotions of drug companies.

I consent to publication of my submission.

Sincerely,

Margot Rylah

A black rectangular box redacting the signature of Margot Rylah.

From: Kerry Rylands
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 7:08:42 PM

To the Medical Board of Australia,

I support Option 1.

I believe that complementary medicine and natural therapies go hand in hand with traditional medicine in helping maintain health and is a preventative for some conditions worsening.

For me especially a mixture of both natural and complementary medicine with traditional medicine helps me stay in much healthier state than just traditional treatment.

I consent to publication of my submission.

Sincerely,

Kerry Rylands

A black rectangular redaction box covering the signature area.

From: Shannon Rylands
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 6:23:04 AM

To the Medical Board of Australia,

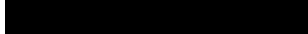
I support Option 1.

I believe people should have a right to their own health treatment. I always choose natural health over pharmaceuticals (unless of course it was a life-saving medicating), I don't currently take medication because I use nutrition and herbal medicine as well as exercise and yoga, as a preventative to poor health. A gp takes a Hippocratic oath 'first, do no harm' and yet, so many of them load patients up with many medications, leading to side effects, that new medications are needed to solve this- seems crazy to me. Let people choose their own health treatment, it's wrong to take away their choices.

I consent to publication of my submission.

Sincerely,

Shannon Rylands

A solid black rectangular box used to redact the signature of Shannon Rylands.

From: Laurie Saffer
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 3:20:00 PM

To the Medical Board of Australia,

I support Option 1.

Patients should have access to integrative & complementary medicine
via medical doctors and medical clinics

I consent to publication of my submission.

Sincerely,

Laurie Saffer

A black rectangular redaction box covering the signature area.

From: Yuliana Sakharova
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:25:01 AM

To the Medical Board of Australia,

I support Option 1.

I highly value and support people's rights to have a choice in their own healthcare. This includes both conventional and complementary, natural medicines and therapies.

A holistic approach to health care is the way forward. To tighten regulation of practitioners providing integrative treatments will only serve to drag us down into a fear based society, with no options or hope to help ourselves and see a brighter future in both our own health and healthcare.

I am fully in support of an integrative and complementary approach to healthcare and support our doctor's right to provide new and innovative practices, including complementary medicines.

I consent to publication of my submission.

Sincerely,

Yuliana Sakharova

A black rectangular redaction box covering the signature area.

From: Jo Saleeba
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:54:36 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative & complementary medicine. Integrative & complementary medicine has helped me deal with a number of health issues. It has allowed me to continue working and participating in life in a way that was not possible before coming to this modality. My health will suffer and my quality of life will decline if the MBA imposes restrictions on Integrative practitioners.

I consent to publication of my submission.

Sincerely,

Jo Saleeba

A solid black rectangular box used to redact the signature of Jo Saleeba.

From: Brigid E C Salmon
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 10:20:51 AM

To the Medical Board of Australia,

I support Option 1.

I grew up in Europe and had always considered Access to Natural Remedies provided by trained Apothecaries and Practitioners as part of the Main Stream , and part of People taking Responsibility in their own Health and Wellbeing . When we came to Australia in the late 60's I felt limited in my Health Care Choices .It has taken a long Time for there to be Complimentary Medicine and Alternative and emerging Options to be offered by Main Stream Medical PractitionersLet's NOT go backwards !

I consent to publication of my submission.

Sincerely,

Brigid E C Salmon

A solid black rectangular box used to redact the signature of Brigid E C Salmon.

From: Donna Salmon
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 11:39:27 AM

To the Medical Board of Australia,

I support Option 1.

The traditional medical DOCTORS DO NOT know everything and therefore it should be the persons right to choose alternative medicine. I have found it to be very helpful on several occasions when mainstream medicine was unable to help. This is a backward step in patient care and their rights. The government has no right to remove these options for the patient. It can regulate but not remove.

I consent to publication of my submission.

Sincerely,

Donna Salmon

A black rectangular redaction box covering the signature area.

From: Ally Sanchez
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 8:38:33 PM

To the Medical Board of Australia,

I support Option 1.

I am concerned that my intergartive doctor will not be able to treat my health issues. We have been using several vitamins and minerals and other lifestyle changes. All to great success.
This is has been my choice, been successful.. why would the government want to change this? The majority of people happily take thier drugs and keep the business of pharmaceuticals going, yet using food and vitamins are for those who want to be in charge of thier health.
Please Please Please respect our choice and keep this as it is

I consent to publication of my submission.

Sincerely,

Ally Sanchez

A solid black rectangular box used to redact the signature of Ally Sanchez.

From: chris sandler
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 10:22:16 AM

To the Medical Board of Australia,

I support Option 1.

when standard medical treatment does not provide answers I believe its
a human right that people have choices to seek alternatives so that
everyone can enjoy life being healthy.

I consent to publication of my submission.

Sincerely,

chris sandler

A solid black rectangular box used to redact the signature of Chris Sandler.

From: Adrian Santis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 9:32:16 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine in Australia. Every patient should have freedom of choice to choose their health care professional. Integrative & complementary medicine has helped me greatly over many decades. I use Integrative & complementary medicine because it works for me. I try to avoid having to see conventional GP's as much as I can although they do have their place. If the MBA imposes restrictions on Integrative practitioners, I lose my freedom of choice to seek alternative health care which is my right.

I consent to publication of my submission.

Sincerely,

Adrian Santis

A solid black rectangular box used to redact the signature of Adrian Santis.

From: Dion Sargeant
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 7:01:23 AM

To the Medical Board of Australia,

I support Option 1.

The public deserve to have choices in what type of healthcare service and intervention works best for them and not be railroaded directly down the conventional allopathic model. Integrative practitioners are still using science based treatment and diagnostic modalities to determine and treat the root cause illness with conservative non pharmacological nutritional and herbal strategies. Practitioners that practice in this manner are typically very well trained and up to date with the latest evidence base and always exploring conservative health strategies in their patients best interest.

To remove their right to practice in this way as it doesn't tow the pharmaceutical line is deeply concerning

I consent to publication of my submission.

Sincerely,

Dion Sargeant

A black rectangular redaction box covering the signature area.

From: Bill Saunders
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 6:19:51 AM

To the Medical Board of Australia,

I support Option 1.

I can only imagine that the purpose of the MBA in demanding that doctors do not perform integrative treatments is that the 10 minute consultation provides only enough time for a quick drug prescription. Perfect for big pharma but lousy for the patients.

I'm sick and tired of big medicine forcing drugs on people when in so many cases the causes of their health problems are capable of being addressed by other means.

And of course the drugs themselves either on their own or in combination create just as many health problems.

The attempt by MBA and AHPRA to wipe out alternative health practitioners is so obviously driven by ulterior motives. I do not support it in any way.

I consent to publication of my submission.

Sincerely,

Bill Saunders

A black rectangular redaction box covering the signature area.

From: Debbie Savage
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 8:15:08 AM

To the Medical Board of Australia,

I support Option 1.

I think it is a persons individual right to access & be given knowledge about complimentary medicine as alternatives for their healthcare. It then gives patients responsibility for their own health out comes. Choice is a democratic right.

I consent to publication of my submission.

Sincerely,

Debbie Savage

A black rectangular redaction box covering the signature area.

From: Sylvia Sayers
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 6:22:09 PM

To the Medical Board of Australia,

I support Option 1.

Please do not change the current guidelines allowing the public to have access to proper integrative healthcare. Both myself, my family and countless people I know rely on this form of healthcare. Integrative doctors pick up where conventional GPs fail. They provide HEALTHcare as opposed to SICK care. To keep Australia's medical system effective and keep overall medical costs down it is imperative these doctors are allowed to continue practicing.

I consent to publication of my submission.

Sincerely,

Sylvia Sayers

A solid black rectangular box used to redact the signature of Sylvia Sayers.

From: Pia Scade <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative and complementary medicine as it can often help in ways that western medicine can't.

It doesn't hurt anyone to have access to this. My family and I prefer to use complementary medicine as a first port of call due to reduced side effects and great results. Having access to integrative medicine has improved the health of my family and I in innumerable ways and as a result we are able to contribute to our communities and not rely heavily on Medicare or the health system for assistance.

If the MBA imposes restrictions it means that we will have to self diagnose and either rely on advice from other underground sources or rely much more heavily on Medicare taking up precious resources that could be much better spent.

Besides that, it's a human right to be able to choose how we would like to approach our health issues. Please think about this intelligently and do the right thing by the Australian people. Modern medicine is not God. All kinds of medicine have a place.

I consent to publication of my submission.

Sincerely,

Pia Scade


From: Kerim Schaber
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 9:01:49 AM

To the Medical Board of Australia,

I support Option 1.

It is ludicrous to suggest natural health care is not paramount to individual wellbeing. Please wake up and make it easier not harder for all of us.

I consent to publication of my submission.

Sincerely,

Kerim Schaber

A solid black rectangular box used to redact the signature of Kerim Schaber.

From: Evelyn Schipp
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 12:48:27 PM

To the Medical Board of Australia,

I support Option 1.

It is our right to choose our own medical treatments. We do not live in a dictatorship. Freedom to choose is our right.

I consent to publication of my submission.

Sincerely,

Evelyn Schipp

A black rectangular redaction box covering the signature area.

From: Eva Schlottmann
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:15:34 AM

To the Medical Board of Australia,

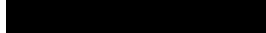
I support Option 1.

Dear MBA, I had 3 successes with acupuncture: 1. my backache disappeared after 2 treatments 2. my heavy cold went after a couple of treatments and 3. my nervous system calmed down after a heavy cupboard fell on me. - I am 72 years of age and do not take any medication. I have heard about side effects and I do not want them. - Please let us have choices! Our population deserves them.

I consent to publication of my submission.

Sincerely,

Eva Schlottmann

A solid black rectangular box used to redact the signature of Eva Schlottmann.

From: Eva Schlottmann
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 7:33:34 PM

To the Medical Board of Australia,

I support Option 1.

Dear people, acupuncture has helped me in the past with a bad backache, a bad flu and shock to the nervous system by a fall. Reiki helped me very much after my big fall. Australian Bush Flowers helped me with depression at the time of my divorce. No side effects by these modalities. Thank you for listening.

I consent to publication of my submission.

Sincerely,

Eva Schlottmann

A solid black rectangular box used to redact the signature of Eva Schlottmann.

From: Gaby Schmid
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 5:58:37 PM

To the Medical Board of Australia,

I support Option 1.

I would like to state the case against imposing restrictions on integrative and complementary medicine.

Hippocrates, the father of modern medicine, said that all disease begins in the gut.

Many complementary or alternative medicines or medical approaches are helping us to fight disease, especially in regards to diet and supplements to support our gut health. The results and evidence of this approach show that it is helping many people improve their health, where modern (western) medicine has failed. It has helped me in my struggle with hashimoto thyroiditis.

Please do not restrict our access to integrative and complementary medicine as for some of us, this is the only way to restore health. Please be a little more open minded, when our health is in your hands.

I consent to publication of my submission.

Sincerely,

Gaby Schmid

A black rectangular box used to redact the signature of Gaby Schmid.

From: Lauren Schmidt
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:57:28 AM

To the Medical Board of Australia,

I support Option 1.

I believe in freedom of choice regarding my health care. I am a fit and healthy 56 year old who has been using natural therapies with much success for over 35 years. My children were reared using natural therapies and are healthy successful adults with families of their own now. Please do not take our health choices away from us nor place any restrictions upon what we may use.

I consent to publication of my submission.

Sincerely,

Lauren Schmidt

A solid black rectangular box used to redact the signature of Lauren Schmidt.

From: Gay Scholes
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 12:17:42 PM

To the Medical Board of Australia,

I support Option 1.

A mix of integrative and complementary medicine provides a holistic approach without always having to fill our bodies with unwanted chemicals. Many natural remedies have provided a quicker and more successful cure to life's daily problems. And I have a GP who provides a holistic approach at all times. Wonderful. Should be more of them.

I consent to publication of my submission.

Sincerely,

Gay Scholes

A solid black rectangular box used to redact the signature of Gay Scholes.

From: Gay Schulz
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:37:41 AM

To the Medical Board of Australia,

I support Option 1.

My body my choice

I consent to publication of my submission.

Sincerely,

Gay Schulz

[Redacted Signature]

From: Stanley Schulz
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 7:47:34 AM

To the Medical Board of Australia,

I support Option 1.

I want my Dr to be free to recommend the use of alternate therapies and medications and to be free of the domination of the pharmaceutical dictators.

I consent to publication of my submission.

Sincerely,

Stanley Schulz

A black rectangular redaction box covering the signature area.

From: Jenny Schutz <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:18 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

If America is successfully is using complimentary medicine with patients why can't Australians have a choice in this.

I consent to publication of my submission.

Sincerely,

Jenny Schutz
[REDACTED]

From: Susan Scott
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 29 May 2019 6:47:30 AM

To the Medical Board of Australia,

I support Option 1.

I believe the use of natural therapy medication is a right of all Australians. Natural remedy medication is a choice of the individual, it has no impact on the cost on National health, therefore it helps ease the burden of regular prescribed medications. If more of the population used natural health remedies as in a general daily regime, we would have a healthier society. Natural remedies should also include diet, exercise, meditation, massage. Unfortunately the bulk of the burden of the NHS comes with the general public expecting that the medication should heal the body and soul without any effort or change of lifestyle on the individual. Those who seek natural remedies are more willing to assess their lifestyle choices. Plus are willing to pay for private consultation and pay for the medications prescribed. Thus easing the burden of unnecessary consultations from the bulk billing GP. There is definitely a need of conventional and natural therapy combination use in Australia. Why is there a need to alter the rules when what at present is working in harmony of the general public and the Medical profession?

I consent to publication of my submission.

Sincerely,

Susan Scott

A black rectangular redaction box covering the signature area.

From: Tony Scott
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 13 May 2019 6:04:38 AM

To the Medical Board of Australia,

I support Option 1.

I use and support complementary medicines with excellent results.

I consent to publication of my submission.

Sincerely,

Tony Scott

A black rectangular redaction box covering the signature area.

From: Kylie Selems
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 1:47:20 PM

To the Medical Board of Australia,

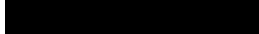
I support Option 1.

Complementary medicine should be embraced for its holistic approach to the patient. Instead of choosing 'Big Pharma', we should be allowed access to practitioners that support a healthy lifestyle and treat a whole person, not simply a disease. We should be allowing practitioners that promote health to treat people who seek their care instead of spending tax dollars on preventable illnesses. Type 2 diabetes and cardiac disease are preventable with a healthy diet. Instead of limiting the practitioners who believe this, patients should be allowed a choice.

I consent to publication of my submission.

Sincerely,

Kylie Selems

A black rectangular redaction box covering the signature area.

From: Stephanie Senior
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 6:03:10 PM

To the Medical Board of Australia,


I support Option 1.

I write to make it clear how important integrative medicine is in Australian society. I grew up in a family of doctors and suffered many illnesses for which I was given a plethora of antibiotics and various reactive medicines, all of which acted as a "band-aid solution," working either temporarily or at the expense of another symptom: not my idea of good health. It was not until I was introduced to alternative therapies that I realised what a profoundly positive effect these more natural remedies could have on my health and well-being. I now see a variety of different complementary medical practitioners including a naturopath, acupuncturist and Chinese herbalist. I understand that you wish to reduce the ability for practitioners to prescribe such therapies and I would strongly recommend you rethink. There is obviously a worsening of people's health in general in this country with increases in certain types of cancers, auto-immune and neurological disorders amongst other ailments, and as a fitness professional I know too well the obesity epidemic is only getting worse, which then leads to its own set of serious illnesses, and I have no doubt that this is largely due to our lifestyle choices, our exposure to harmful toxins and our blind faith in the allopathic medical system. The everyday citizen should be confident in going to see their doctor/health professional and knowing that they will get the right prescription (and by that I do not necessarily mean drugs) for their condition, and not a recommendation based on only part of the picture of optimal health. The more tools your GP's have to work with, the more likely it is that patients will recover faster, not needing to return or fill up our hospitals, already an extremely strained resource. It is clear that the current and growing trend is for people to use these alternative methods for health (largely, I'm sure, to the availability of information in this age) as is seen by the health and wellness industry being one of the fastest growing. The Medical Board needs to look out for the interests of the general public, not just working with the pharmaceutical companies who can offer the most money. Every single one of you doctors took an oath to first, do no harm, but that is exactly what you are doing by reducing the people's access to this integrative medicine. I resent being punished for responding better to natural health, as I'm sure you would, too, if someone decided for you what good health is. You may not share the opinion that God put all we need on this Earth to heal ourselves, but at least give people the option to get better. What could you possibly have to lose?

I consent to publication of my submission.

Sincerely,

Stephanie Senior



From: Michael serafin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:58:39 PM

To the Medical Board of Australia,

I support Option 1.

Dr Michael Serafin BPharm (Hon) PhD
Complementary Compounding Services

To Whom it May Concern

RE: Draft guide – Guidance for medical practitioners who provide
Complementary and Unconventional Medicine and Emerging Treatments.

I have practiced compounding pharmacy for nearly 20 years and over that time have worked closely with a lot of Integrative and conventional doctors helping them treat their challenging patients by providing treatments that would otherwise be unavailable. These include complementary, unconventional and emerging treatments. We have received thousands of testimonials over the years from those grateful patients we have been able to help when they had no where else to turn. We are often the last resort for many patients who have tried all other conventional options without any benefit. I believe the service and treatments we provide are essential for those patients whom would otherwise be left with no alternative and sent home to suffer. Although I support safeguards to be put in place for all prescribers irrespective of what they prescribe I am concerned that certain interpretations of the proposed guidelines may be misused as a tool to restrict patient access to these types of treatments that benefit so many people. The proposed regulations could make it unsafe for any doctor in Australia to practice outside the mainstream of “conventional medicine”, limiting the choices of nearly a third of Australians who choose Integrative Medicine as their preferred healthcare. Patients rights to chose which treatment they prefer should not be restricted in any way by these or any other guidelines.

As mentioned above I agree with and support the need to have safeguards for patients who receive any form of treatment weather it be conventional or complementary, unconventional or experimental medicines. The unavoidable fact remains that in Australia conventional pharmaceuticals are responsible for approximately 5.6% of hospital admissions and 30.4% of hospital admissions in patients over 75 years relating to adverse drug events costing the Australian tax payers \$1.2 billion a year (A 2009 report by the National Prescribing Service). In 2016 alone there were 1,808 reported drug related deaths with approximately 50% of these attributed to conventional pharmaceutical drugs (Bureau of statistics) in comparison to no known deaths in

Australia due to complementary medicine ever! The majority of the proposed guidelines should be common practice amongst all prescribers no matter what their prescribing habits may be. Therefore the suggested guidelines may be best applied to the Boards current Good Medical Practice for all prescribers and not single out the group identified by these proposed guidelines. The proposed changes in effect creates a two tier medical system with different guidelines for 'conventional doctors' v 'integrative doctors' which creates division and an 'us v them' mentality which is the breeding ground for further bullying and division within the industry. It also increases the risk of vexatious complaints against practitioners who recommend these treatments and finally is an invasion of civil rights to those who chose these therapies.

Integrative medical doctors combine the best of conventional and complementary medicine's into clinical practice which involves preventive medicine, managing complex illness's, and care for patients for whom conventional medicine has failed or even harmed. The MBA regulations group "complementary and unconventional medicine and emerging therapies" into a single definition. This is unreasonable and unjustifiable within a scientific framework and the political agenda for doing so is questioned? Doctors who practice complementary medicine within Integrative Medicine have nothing in common with "unconventional medicine" or "emerging therapies". It is estimated that one third of Australian GPs utilize some aspects of complementary medicine within their medical practice, so one could even be argued that this is current conventional medicine. Integrative Medicine doctors are educated beyond the usual general practice training to address prevention, chronic degenerative diseases, nutritional and lifestyle-related illness and disability. These are the conditions that take time that the average doctor does not have readily available, leaving many patients unsatisfied and inadequately treated within conventional 10-minute medicine. Integrative Medicine doctors have an important role in the community of managing such conditions using safe and effective complementary medicine approaches when conventional medicine is unable to help.

Several other concerns raised by the current proposed guidelines include:

(1) Section 5 Assessment and Diagnosis. This section does not provide enough guidance as to what is deemed as acceptable and sights "using best current available information". Does that mean using information available acceptable to conventional medicine or does it also include information available based on the latest scientific research? There are many instances where conventional medicine can be 10 to 20 years behind scientific research so conventional medicine may not even be aware of certain diagnostic tools used by up to date well educated physicians who follow the latest research.

In addition certain conventional diagnosis guidelines may be considered outdated, based on poor yet commonly accepted science, based on saving the PBS budget with no real evidence, etc, etc. One example is the accepted reference ranges for various hormones. There is scientific evidence that supports the fact that the commonly

accepted conventional reference ranges are less than ideal, outdated and poor science was used to determine these ranges in the first place. Some well educated physician may diagnose a hormone deficiency based on a reference range determined by more recent evidence (along with other signs and symptoms) yet it may be considered within normal limits by conventional questionable standards so where does this leave the prescriber? Will they be persecuted for such practice?

(2) Section 6. Treatment. What level of evidence is required by a physician to support their prescribing a particular unconventional treatment on a patient? I believe this needs to be clearly outlined as a vague guideline can be interpreted in many ways and this being open to interpretation can be used and abused by the authorities to persecute certain prescribers they have a personal vendetta against or have an agenda to shut that practice down. I have personally witnessed this occur in the past. Clear guidelines should be in place as to what level of evidence is required for a physician to prescribe experimental or unconventional treatments, which should be realistic and reasonable, so they know confidently that they will not come under any attack by the authorities.

Level 1 to Level 3 evidence (involving large clinical trials) is unrealistic and impossible for individualised medication and if made compulsory would eliminate patient access to all these treatments. Level 4 and 7 evidence would be more appropriate in these circumstances where a smaller pre clinical trial proves the safety and efficacy of a treatment or based on expert opinion where a significant degree of experience using these experimental treatments has found them to be safe and effective. Clinical experience is invaluable to determine the safety and efficacy of any treatment. This however opens the can of worms as to what constitutes valid evidence. The evidence based conventional medicine brigade holds placebo controlled double blind studies the as the gold standard and their yard stick to which all else is compared to however fail to recognize that in the majority of cases it is sponsored by the pharmaceutical industry and thus corrupted. Editors of the most prestigious medical journals and many other academic authorities have stated that a significant proportion of research claimed as the gold standard published now days is seriously flawed by design, has conflict of interests, statistical data manipulated to correlate with the desired outcome so in effect has become sponsored science that raises serious concern as to its validity and yet it is still remains the gold standard that all must adhere to. I know this raises issues beyond the proposed drafted guidelines however a sensible logical reasonable intelligent and unbiased discussion needs to take place within the industry to address these major issues - but I digress.

More clarity should also be given as to what constitutes an “identified therapeutic need”. Does this include preventative medicine? Does it include health and well being? In the discussion paper concerns are raised for Anti-ageing treatments, performance enhancing treatments and health and wellness therapies – includes steroid and hormone injections such as peptides, growth hormone, testosterone and thyroid hormones. Although I do not condone or

approve of their use for sports or body building some of these treatments are invaluable for rejuvenation, injury repair, energy, vitality and well being and numerous studies show they can reduce the incidence of the onset of various age related illnesses. Some people chose to be proactive with their health in order to prevent age related illnesses to ensure a better quality of life as they get older. Will access to these treatments be effected?

I hope the AMA will take the appropriate action to ensure patient choice and civil rights are not restricted by introducing such guidelines not to mention the added stress upon the prescriber who becomes more vulnerable to vexatious complaints and attacks from the authorities for being “unconventional”. The statistics show that the incidence of all major illnesses is on the increase and anyone involved at ground level knows the medical system is not coping and needs all the help it can get which should include preventative and integrative medicine.

Warm Regards Michael

I consent to publication of my submission.

Sincerely,

Michael serafin

A solid black rectangular box used to redact the signature of Michael serafin.

From: Samiksha Shah
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 4 June 2019 12:08:01 PM

To the Medical Board of Australia,

I support Option 1.

Please act on behalf of common people like us for which integrative medicine is also as important as other medicines.

I consent to publication of my submission.

Sincerely,

Samiksha Shah

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From: Samiksha Shah
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 3:42:08 PM

To the Medical Board of Australia,

I support Option 1.

I support complimentary medicine as I hv seen lot of benifits for my kids n their health

If this is restricted the whole new generation will suffer as complimentary medicines always help n I have witnessed it.

I consent to publication of my submission.

Sincerely,

Samiksha Shah

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From: Anthony Shakespeare <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I am 65 years old, healthy and not on any medication provided by a pharmacy. Neither is my wife, her mother, my children and my grandchildren. This is testament to natural therapies and chiropractic care. Australia would be a happier and much healthier society if less people were forced into a lifetime of pharmaceutical consumption under the guise of "health care".

I consent to publication of my submission.

Sincerely,

Anthony Shakespeare
[REDACTED]

From: Helen Shanahan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 7:38:13 PM

To the Medical Board of Australia,

I support Option 1.

I completely support no change to the current guidelines. Those health professionals that choose to do further education and research over and above the standard education for them, should be applauded and encouraged. They are often driven by their clinical experiences to seek a way to heal their patients by exploring the causes of particular diseases, rather than just being content to treat their patient's symptoms. And that behaviour is in keeping with the Doctor's Oath.

My husband and I are in our 60's and do not take any pharmaceuticals. We use integrative and complementary medicine approaches to stay well, always seeking to treat the causes of any problems. The clients of Integrative health care are generally prepared to take responsibility for their own health and as such generally pay more for the privilege and get better outcomes. I know if we had not chosen the integrative pathway, we would have cost the Pharmaceutical Benefits scheme quite a lot in chronic disease medication. But we are not on any medication because we chose to seek out causes and then address them via lifestyles choices and targeted supplementation (at our expense) and have been rewarded by far better physical, mental and emotional health. A doctor that offers an integrative approach gives his patients the choice from the best of both worlds and should be rewarded (not potentially punished) for the extra care and empathy they have for their patients.

I consent to publication of my submission.

Sincerely,

Helen Shanahan



From: Jason Shanks
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:29:11 PM

To the Medical Board of Australia,

I support Option 1.

Alternative and complementary medicines have done more for me than conventional medicine. There is a place for each and a place for both together.

I think we should be allowed to make the choices on our own health. Which path or techniques are required and when. I have found that often the medical doctors have run out of options for things I have suffered and Alternative means were my only option and they worked. It would be a shame if we lost this capability and methods of preventative illness and healing.

I consent to publication of my submission.

Sincerely,

Jason Shanks

A solid black rectangular box used to redact the signature of Jason Shanks.

From: Lena Shanti
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 27 April 2019 6:59:20 AM

To the Medical Board of Australia,

I support Option 1.

Please allow doctors to do what they are supposed to do: help people.
Methods should be different.

I consent to publication of my submission.

Sincerely,

Lena Shanti

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From: Emily Sharpe
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 7 May 2019 2:58:21 PM

To the Medical Board of Australia,

I support Option 1.

It scares and deeply concerns me that people in a position of power would move to make such narrow and drastic changes as what is being proposed here. Natural medicines and dietary and nutrient support need to be made more available to the general public, not less. Doctors urgently need to be taught about nutrition and the brain-gut connection so we can begin to curb Australia's horrendous trajectories for both the ageing population as well as Australian children. This economy cannot continue to suffer for the profit of the pharmaceutical industries and this madness is no longer going by unrecognised to the general public. Please do not allow any proposed restriction on integrative therapies and their dedicated practitioners to continue. Decisions like this will directly impact people we all know and love. People who as members of this nation have a right when they are unwell, to seek out their own preference of care and management.

I consent to publication of my submission.

Sincerely,

Emily Sharpe

A solid black rectangular box used to redact the signature of Emily Sharpe.

From: Dianne Shaw <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 9:05 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

What's happening to our wonderful country?.. soon we will have no say in anything.. if one chooses to use alternative medicine that should be their choice .There is a need for both but we shouldn't be forced to take a path which may not have the best outcome. I'm a believer in alternative practices and have had great success in the past.

I consent to publication of my submission.

Sincerely,

Dianne Shaw


From: Mark Shaw
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:31:32 AM

To the Medical Board of Australia,

I support Option 1.

Naturally health professionals have helped me to have a more meaningful and pain free life when regular specialists and GPs were unsuccessful. Why would you jeopardise that?

I consent to publication of my submission.

Sincerely,

Mark Shaw

A solid black rectangular box used to redact the signature of Mark Shaw.

From: Mike Shaw <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:18 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Australia is a free and democratic country which means that its people should be able to exercise their choice of health care. I would point out that every town in Australia has one thing in common. They all have a cemetery and in the vast majority of cases the last person the occupants saw was a medical doctor. This is not a criticism this is a fact that eventually everyone dies. All that the medical profession can do or even alternative practitioners can do is prolong life. It is the right of everyone to be able to make their own informed decisions on health care. Health care should be based on outcomes not profit and that applies to everyone involved. The question the MBA should be asking is why are one in three people turning to "non-medical" options.

I consent to publication of my submission.

Sincerely,

Mike Shaw


From: Jacqui Sheales <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 10:27 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments


To the Medical Board of Australia,

I support Option 1.

Please allow choice to continue with regard to alternative therapies prescribed by integrated health professional doctors. This is one of the main reasons why so many people are switching to labour. Your governing threatens Australias.. you're goal is to turn our Medicare into a failed American style health care. ALLOW MEDICARE TO BE EFFECTIVE FOR "all" of AUSTRALIANS.

I consent to publication of my submission.

Sincerely,

Jacqui Sheales


From: Jacquu Sheales
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 12:04:23 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine because i do not respond well to normal medicinal treatment and i did well with natural therapies from my GP.

Integrative & complementary medicine has helped me and my family & friends because we all feel so much better using natural therapies. The reasons why I use Integrative & complementary medicine is because my body responds better and i like to know that i have a choice and that my doctors training in these matters, as she is an integrative doctor is deeply reassuring to me.

It will mean to me if the MBA imposes restrictions on Integrative practitioners that i will lose even more faith in this Government and wool be deeply upset and less well as a result.

I consent to publication of my submission.

Sincerely,

Jacquu Sheales

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From: Colin Sheehan <submissions@yhyc.com.au>
Sent: Tuesday, 21 May 2019 5:49 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Proposed legislation to limit and punish doctors access and use or recommendations of alternative modalities, treatments and medicines can only be seen as backward step in remedial and effective medicine. This is looking very much like a Big Pharma sponsored move with politicians bought and paid for.

I and many of my friends and family have always had great success with natural (non-patented) medicines and treatments. We still go to see the doctors as needed as they have their place.

The natural and integrative methods are very effective without any chemical side effects which are becoming much more prevalent and dangerous in modern chemical medicine. They were effective for hundreds of years and are written up as such in the older editions of the British Pharmacopea and Materia Medica. Both of these publications are legal documents in their own right. Just because the pharmaceutical companies have erased the information from the newer editions does not change the fact that they work.

I will not support any government who aims to reduce my (and my family's) health.

I consent to publication of my submission.

Sincerely,

Colin Sheehan


From: Ronni Sheehan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 12:58:34 PM

To the Medical Board of Australia,

I support Option 1.

I REFUSE TO TAKE CHEMICAL CONCOCTIONS created by big pharma...how in the hell, do YOU board members, think /believe that having fetal substance FROM human AND ANIMAL,,, CHEMICALS, such as aluminum, chloride, (the list is endless)

Fentanyl in vaccines..poisons in pills..poison in our water...poison falling from the skies...

MY Dr...For 30 years,, Is an acupunturist. my ginger baths ,,my lymphatic drainage,,strengthening my muscles..my NATURAL medications are from a HEALTH FOOD shop,,not a chemist..

WHY,,should I FORCED to go to a big pharma drug dealer..WHO THE HELL DO YOU THINK YOU ARE ,TO REMOVE,,MY CHOICE...

I consent to publication of my submission.

Sincerely,

Ronni Sheehan



From: Christina Shelley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 10:41:23 AM

To the Medical Board of Australia,

I support Option 1.

I am a strong believer of freedom of choice in the Health Healer that I respect and choose to help me heal myself.

It is my body and I must have faith and trust in the human being and of the treatment they offer no matter who they are.

This includes guidance from my GP, or Doctor of Chinese Herbalist Acupuncture medicine or chiropractor, Naturopath Bowen Therapist yoga, Pilates, massage therapist etc. I have found good health help from all these services.

For forty or more years I have used this choice wisely because I respect myself and have sound common sense regarding ME and my physical body.

My whole being needs health that supports me. it is very important for myself, without good health care i would be the one to suffer.

I have made excellent choices so far and do not need a another human dictating to me what I need for ME, and I will continue to make those decisions.

Once again freedom of choice is very important to MYSELF.

I consent to publication of my submission.

Sincerely,

Christina Shelley



From: Karine Shellshear
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:01:16 PM

To the Medical Board of Australia,

I support Option 1.

Alternative integrated health options should not be differentially treated to traditional medical models, unless they have been clearly demonstrated to be ineffective. Citizens of Australia need to make informed choices on a diverse range of health options that will help improve their sense of wellbeing based on factual evidence, extensive research including case study reporting and qualitative analysis. Integrated Healthcare is often self-regulated through robust accreditation systems to ensure professionalism is upheld and methodologies are ethically sustained. Such care can effectively compliment traditional medical models and add value to people's healing process pre and post medical incidents as well as in a preventative safeguard capacity.

It is important that there is greater research investigation and opportunities to thoroughly demonstrate benefits of integrated models of healing practice in the most scientific sense. To terminate such opportunities of understanding would be a gross travesty of the right to good holistic mental, physical and more subtle care practices. Please keep these options open - vet them, research them, explore, assist self-regulation and support what works but do not close them off to the public who have a right to affordable choice of healing modes, that are so important to a diverse and sophisticated culture, responsive to community needs. Thank you!

I consent to publication of my submission.

Sincerely,

Karine Shellshear



From: Michael Shellshear
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:18:39 PM

To the Medical Board of Australia,

I support Option 1.

Alexander technique provides an education based adjunct to conventional medical treatment. It is not a replacement for medical intervention or allied health treatment. Alexander Technique is a way to educate patients to manage their movement and posture to assist with health issues. Any medical practitioner using this evidence based health education technique is augmenting the patient's care plan. Alexander Technique in no way jeopardises conventional treatment regimes. As such it should be considered on its own merits and not lumped in with a range of other complementary treatments that do not have such a rigor and discipline. More information at austat.org.au
Thank you for your consideration.

I consent to publication of my submission.

Sincerely,

Michael Shellshear

A black rectangular box redacting the signature of Michael Shellshear.

From: Annette Sheppard
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 8:59:58 PM

To the Medical Board of Australia,

I support Option 1.

My health, my choice. I have used integrative healthcare for many years. I am 73yrs old and take no drug medications unless absolutely necessary. I have no chronic health conditions and manage my healthcare with judicious dietary measures (no junk or processed foods), and a range of supplements to support my immune function. I seldom get colds and can't remember when I last had the flu (no flu shots). I trust I will be able to continue these healthcare measures as they work, without side effects. My medical practitioner is supportive of my health maintenance program.

I consent to publication of my submission.

Sincerely,

Annette Sheppard

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From: Narelle Sheridan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 11:45:43 PM

To the Medical Board of Australia,

I support Option 1.

My family and I have this year discovered a GP practising Integrative Medicine. Health issues suffered by us all have been radically improved. Please don't take IM and other Natural Therapies from us.

I consent to publication of my submission.

Sincerely,

Narelle Sheridan

A solid black rectangular box used to redact the signature of Narelle Sheridan.

From: Ruby Sheridan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 11:17:44 AM

To the Medical Board of Australia,

I support Option 1.

My integrative doctor saved my life when my regular GP and specialists could not. I strongly object to you taking away my choice.

I consent to publication of my submission.

Sincerely,

Ruby Sheridan



From: Russell Sheridan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:34:13 PM

To the Medical Board of Australia,

I support Option 1.

My family has an equal regard for traditional medicine and modern
allopathic treatment. Keep the options open.

I consent to publication of my submission.

Sincerely,

Russell Sheridan

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From: Marcia Sherring
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 4:35:22 AM

To the Medical Board of Australia,

I support Option 1.

I am currently under the care of an amazing integrative medical doctor who has recently been included in my ongoing treatment.

I am stunned that this evidence based service would be viewed as anything but an essential service in this day and age. Please leave or enhance these services not erode them.

I consent to publication of my submission.

Sincerely,

Marcia Sherring

A solid black rectangular box used to redact the signature of Marcia Sherring.

From: Rod Sherwin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 8:47:51 PM

To the Medical Board of Australia,

I support Option 1.

Health care does not just mean mainstream Western medicine. It means the whole world of care from all health systems being made available to patients. Please support a more holistic view of health versus supported vested commercial interests.

I consent to publication of my submission.

Sincerely,

Rod Sherwin

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From: Rachana Shivam-Evans
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 2:33:56 PM

To the Medical Board of Australia,

I support Option 1.

It is essential for my well being that i can rely on my integrative medical practioneer be able to practice without fear of this proposed government intrusion. Integrative medicine needs government support so that we have best practice available to us.

I consent to publication of my submission.

Sincerely,

Rachana Shivam-Evans

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From: Susan Short
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:27:57 AM

To the Medical Board of Australia,

I support Option 1.

Dear MBA

I am glad you have to seek public opinion before you can regulate my choices for me with regard to my health and the treatment I wish to receive or do not wish to receive.

At least it still proves I live in a democracy where I still have choice. Yet I wonder if this is really true considering what you are proposing.

I have always chosen complimentary medicine since I was in my 20s and spent 9 years in hospitals going through surgery after surgery when the medical industry nearly killed me.

I choose complimentary medicine because it supports me to stay healthy and fit into my old age and this is important in a country where the ageing rate is so high, isn't it? One would hope this makes more logic than taking away natural and complimentary medicine from me and forcing me to be treated by manufactured prescription chemicals and medical processed that only have huge side effects and make me sicker than I need to be.

I have watched my parents generation age so badly because they have been treated with prescription drugs for every ailment and become crippled zombies when meditation, yoga, tai chi and other complimentary treatments would have supported them so much more. But they were taught to be too frightened of doctors and hospitals and so they went along with everything that you told them.

Hopefully the coming generations aren't so frightened of you.

I am not saying that we should only use conventional medicine because I believe there are many treatments you prescribe that work, but there are also many that do not and cause irreparable damage. Just look at your hospital statistics.

Conventional medicine has been around for about 250 years and you are still learning and we your patients are the guinea pigs. While alternative medicine has been around for 2000 years plus and it is still learning but has a little more history to back it up.

Why can't the two work together? Why does it have to be one or the other?

Why does alternative medicine threaten you so much?

Allow people to focus on what causes their illness and use preventive measures instead of simply always wanting to just treat the symptoms once they have manifested.

Allow people to be supported while you treat us like guinea pigs.

Allow the body to be supported instead of ravaged.

Allow people a choice in how they want to live and so we can have quality of life instead of constant intervention because right now the medical industry believe something works today, says this is okay.

Even with your short history you know from experience that what you think works today will probably be disproved in 10 years time or less.

Experience proves is something works or not, please open your minds and listen to 2000 years of experience.

I consent to publication of my submission.

Sincerely,

Susan Short



From: Pam Siddins
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 1 May 2019 6:39:02 AM

To the Medical Board of Australia,

I support Option 1.

Medicine and Natural therapies have a time a place. Eaxh serves an individual. Denying these rights goes against freedom of individualism.

Our body systems require gentle natural approaches to heal self. Over medicating and stop natural healing does cure cause. It is a band aid for a larger porential mental problem. Education is required on a braoder scale to see why individuals may be presenting symptoms. Not just a pill for that.....
Sincerely,

I consent to publication of my submission.

Sincerely,

Pam Siddins



From: Akosua Silva
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 23 June 2019 2:50:17 PM

To the Medical Board of Australia,

I support Option 1.

I believe in the importance of patients having a range of options to choose from in regards to their healthcare. As a Naturopath, there are a number of people in the community who are unable to utilise my services, due to limiting factors, one of the prominent is cost.

Medical doctors who implement complimentary medicines into their practice have a profound effect in catering to those in the community who may have such limitations. By placing further restrictions on the treatments they currently offer, this would further marginalise those patients with such limitations. On a larger scale, Medical doctors providing complementary therapies further assist in the shift of the divisive attitude of "alternative-allopathic" relationship into a more "complementary-conventional" collaborative attitude.

I consent to publication of my submission.

Sincerely,

Akosua Silva

A black rectangular redaction box covering the signature area.

From: Bianca Simic
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:32:49 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative & complementary medicines because every body should have the option to choose a treatment they are comfortable with according to their own values and belief.

I consent to publication of my submission.

Sincerely,

Bianca Simic

A solid black rectangular box used to redact the signature of Bianca Simic.

From: Andrea Simmons
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 7 May 2019 6:27:36 PM

To the Medical Board of Australia,


I support Option 1.

If Australia is a free country and we have the rights to even choose what gender we want to be i believe we should also be given the right to choose how we recieve medical treatment .

I consent to publication of my submission.

Sincerely,

Andrea Simmons



From: Karen Simmons
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:21:44 PM

To the Medical Board of Australia,

I support Option 1.

I have watched and investigated this topic for many years now. Having just completed a years study as a health and wellness coach and am astounded at the vast surge of interest and testimonies that complimentary/natural/holistic medicines/practices is having on the wellbeing of people around the globe. What we call 'modern medicine' is starting to fall behind the advancements in places like Asia, where they have begun turning away from western medical treatments. Please do not let the pharmaceutical drivers push out affordable and accessible health care that actually works. Manmade drugs should not be humanities future for health.

I consent to publication of my submission.

Sincerely,

Karen Simmons

A solid black rectangular box used to redact the signature of Karen Simmons.

From: Juliet Simonis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 1:40:43 PM

To the Medical Board of Australia,

I support Option 1.

Natural forms of medicine are chosen or recommended to support the immune system of the individual to return to its natural state of balance and health. Synthetic forms most often create negative side effects and cause both short and long term damage and should be used sparingly. Fresh organic nutrition and treatments will always be better absorbed and be less damaging than synthetic foods and drugs. In my opinion doctors are sadly becoming glorified legal drug dealers and if the MBA is true to the oath of "thou shall first DO NO HARM" then a complete investigation into this matter will be undertaken and Doctors once again allowed to work promoting health not supporting ongoing disease just to make MONEY. Thank you.

I consent to publication of my submission.

Sincerely,

Juliet Simonis

A black rectangular box redacting the signature of Juliet Simonis.

From: Liane Simons
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 11:08:50 AM

To the Medical Board of Australia,

I support Option 1.

I have been using complementary medicine all my 63 years. I take nutritional supplements to boost my immune system and almost never get a cold or flu. I prefer natural remedies as, taken as directed, they don't have the side effects that ALL pharmaceutical drugs have to one degree or another.

They have helped keep myself and my family well. Please don't change a law that's working for no good reason

I consent to publication of my submission.

Sincerely,

Liane Simons

A solid black rectangular box used to redact the signature of Liane Simons.

From: Kath Simpson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 11:54:20 AM

To the Medical Board of Australia,

I support Option 1.

Even the bible gives us health guidance.
Fruit and herbs be our medicine.
Drug companies such Not have so much control.
Do not take more choice from us.
Nature healing is gentle and much safer.

Sincerely
Kathy Simpson

I consent to publication of my submission.

Sincerely,

Kath Simpson


From: Petra Simpson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:15:57 PM

To the Medical Board of Australia,

I support Option 1.

I have always used a mix of conventional/allopathic and alternative treatments to maintain and enhance the health of myself and my family. I believe that all of us adults who have been entrusted with responsibilities - like having and raising our own children (on a whim sometimes it seems!), driving a vehicle at speed on a public road, or voting in a government to manage our country, can be entrusted to make decisions about our own health, including whether to use alcohol or cigarettes (both still legal I understand) or alternative treatments. I do not believe that Australian citizens want their rights to make decisions about their own health, welfare and freedoms reduced by 'dictates' such as these you're proposing. Having the right and freedom to make these choices is what sets our democracy apart from the autocratic, top down enforcements on citizens that we see in countries like China. Does Australia truly want to be a nanny state? Treat us respectfully, as intelligent self-responsible adults who don't need to be dictated to. Let us make our own decisions. Allow our doctors to continue to provide fully individualised patient care. If you don't trust the doctors under their Hippocratic Oaths, then that is where the problem lies, not with a citizen's rights (and responsibilities) to make their own choices. And while you're reviewing this, why not include mandatory training for every doctor on the importance of good food choices as the foundation for health, rather than limiting access to other efficacious treatments and possibilities outside of the conventional ones, particularly that have been proven in many other countries over decades.

I consent to publication of my submission.

Sincerely,

Petra Simpson

A black rectangular redaction box covering the signature area.

From: Prabha Singh
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 4 June 2019 6:21:24 PM

To the Medical Board of Australia,

I support Option 1.

Every patient should be able to choose the doctor of their choice

I consent to publication of my submission.

Sincerely,

Prabha Singh

[Redacted Signature]

From: Linda Skrollys
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:25:03 PM

To the Medical Board of Australia,

I support Option 1.

My whole family have issues with pharmaceuticals . Our only choice to keep us healthy has been alternative and complementary modalities . It's the only reason I have price health which I will have to cancel . How is it that the current health system can go on being the topmost reason for death in the developed world with hospital mistakes , wrong diagnoses , drug dependency and overdose and its alternative health care that is targeted. This is about people's health not industry profits . You need to change your priorities .

I consent to publication of my submission.

Sincerely,

Linda Skrollys

A solid black rectangular box used to redact the signature of Linda Skrollys.

From: Lucy Slater
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:57:53 AM

To the Medical Board of Australia,

I support Option 1.

This is a human rights issue. Everyone has the right to choose health practices for their own personal wellbeing.

I consent to publication of my submission.

Sincerely,

Lucy Slater

A black rectangular redaction box covering the signature area.

From: Kailah Slavin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:26:41 PM

To the Medical Board of Australia,

I support Option 1.

I support complimentary therapies as our physical bodies are so complex that benefit from a range of alternative therapies. There are more health benefits to complimentary therapies than harm so there is no reason to restrict these harmless services.

I consent to publication of my submission.

Sincerely,

Kailah Slavin

A solid black rectangular box used to redact the signature of Kailah Slavin.

From: Ian Slorach
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 12:34:44 PM

To the Medical Board of Australia,

I support Option 1.

I cannot envisage a healthcare system that is not inclusive of all modalities. I have used a range of complimentary medicine for myself and my family for over 40 years with great success. If anything we need to be encouraging more doctors to expand their skills into other alternative fields. Modern medicine has a very limited scope. It's dominated by pharmaceutical company products and overly symptom relief based. There is so much missing and too many ways that this approach is ineffective and compromised. This has been proven to me over and over again by personal direct and indirect experience. It's counter intuitive to beleive modern medicine has all the answers when so many people have been failed by this system and found help in socalled alternative medicine. Everything has its place and we should be working together not trying to stigmatise or exclude. These proposed changes will in no way benefit anyone who needs healthcare.

I consent to publication of my submission.

Sincerely,

Ian Slorach

A solid black rectangular box used to redact the signature of Ian Slorach.

From: Carolyn Smidt
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 5:02:46 PM

To the Medical Board of Australia,

I support Option 1.

Please do not change the guidelines, I see a highly professional Integrative Doctor and I have regained quality of life through their further studies in biochemistry.

I consent to publication of my submission.

Sincerely,

Carolyn Smidt

A solid black rectangular box used to redact the signature of Carolyn Smidt.

From: Anne Smith
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:52:14 PM

To the Medical Board of Australia,

I support Option 1.

I wish for choice of gp and integrative medicine is important to me and my family. I choose to focus on keeping healthy with support of my gp. The government will save more money if preventative health issues are practised, keeping people out of hospitals.

I consent to publication of my submission.

Sincerely,

Anne Smith

A black rectangular redaction box covering the signature area.

From: Chrustine Smith
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 11:05:50 AM

To the Medical Board of Australia,

I support Option 1.

Integrate and complimentary medicine is vital for our family's whole approach to health. We are regenerative farmers working with soil health to enable us to farm minus chemicals and inorganic fertilizers. With this holistic approach we are turning around the whole health of our farm; Soil, plants, water, animals, regenerative native vegetation and importantly health of our family who work on the farm and the consumers of our products. We recognise we have an important role to play in underpinning the health of our environment and our population by using holistic farming methods. Medicine is no different. A change in mind set is required in the medical industry. That change is to approach our nation's health holistically and put the nation's health first, ahead of power, ego, greed and corruption. As a family we are 100% committed to improving the health of our farm for the betterment of future generations that will support the health of our nation because of nutritionally dense food grown on healthy microbially active soil. I am asking the health industry to think different and approach health as a whole system. I believe with the right health systems in place our nation's health could be improved and our nation's health and happiness would be the ultimate benefit.

I consent to publication of my submission.

Sincerely,

Chrustine Smith

A black rectangular redaction box covering the signature area.

From: Erin Smith
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:37:37 AM

To the Medical Board of Australia,

I support Option 1.

Yet another power trip by the big pharma
Keep the people sick with the intention to make money off them..

Discugting if passed

I consent to publication of my submission.

Sincerely,

Erin Smith

A solid black rectangular box used to redact the signature of Erin Smith.

From: Faye Smith
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 4:08:06 PM

To the Medical Board of Australia,

I support Option 1.

As a taxpaying Australian with an interest in holistic health, I support integrative and complementary medicine. Including these types of medicines give clients/patients a choice which can complement traditional medicine.

I consent to publication of my submission.

Sincerely,

Faye Smith

A solid black rectangular box used to redact the signature of Faye Smith.

From: Jahney Smith <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:41 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Holistic healthcare should be available and offered to all.

I consent to publication of my submission.

Sincerely,

Jahney Smith
[REDACTED]

From: Joel Smith
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:52:42 PM

To the Medical Board of Australia,

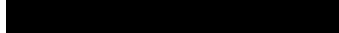
I support Option 1.

You should be promoting integrative medicine instead of stopping it. The only reason you don't promote it is because big pharma is paying you not to. This countries health is in turmoil due to greed and corruption pushed by big pharma. They are the only ones benefiting from this while our hard earned tax money is making them rich while everyone gets sicker.

I consent to publication of my submission.

Sincerely,

Joel Smith

A solid black rectangular box used to redact the signature of Joel Smith.

From: Jonathan Smith
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 4 June 2019 6:25:36 AM

To the Medical Board of Australia,

I support Option 1.

CALL TO ACTION: The Medical Board of Australia (MBA) is seeking public feedback on plans to tighten regulations on medical practitioners who provide complementary therapies and emerging treatments - placing patient choice at risk.

If adopted, the MBA guidelines could see Integrative doctors unable to recommend vitamins, minerals, herbal supplements, natural therapies, diagnostic testing and other services not typically offered in 'conventional' medical care.

By framing them as 'fringe', the move is also set to impact the registered health professions of chiropractic, osteopathy, Chinese medicine and acupuncture.

I consent to publication of my submission.

Sincerely,

Jonathan Smith

A black rectangular box redacting the signature of Jonathan Smith.

From: Judy Smith
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 10:50:01 AM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine has been imperative for my and my family's health for a number of years now. Different members of my family have had severe reactions to many "conventional" medications and when resorting to complementary medicines as prescribed by a health practitioner the benefits have been swift and long lasting.

I consent to publication of my submission.

Sincerely,

Judy Smith

A black rectangular redaction box covering the signature area.

From: Kelly Smith
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 12 May 2019 11:22:42 AM

To the Medical Board of Australia,

I support Option 1.

Don't limit or punish our integrative medical practitioners just because pharmaceutical companies and doctors too lazy to study and integrate effective HEALTH practices demand it! We need practitioners who are devoted to the HEALTH of their patients not financially invested in the SICKNESS industry where continual medication keeps the cycle of illness going.

And while I have your attention, stop the ridiculous witch hunt on independent midwives whose only complaints are vexatious complaints from the few dodgy hospitals and few dodgy obstetricians who are offended that their services were not needed and they missed out on the big money for their unnecessary interventions. Let's instead look at all the women hurting and damaged by the unnecessary interventions and traumatic treatment.

I consent to publication of my submission.

Sincerely,

Kelly Smith

A solid black rectangular box used to redact the signature of Kelly Smith.

From: Louise Smith <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:19 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments


To the Medical Board of Australia,

I support Option 1.

I do not support this decision to take away alternate or wholistic choices it is my right first and foremost to be given a choice on my own health. 2nd Western medicine is failing terribly at curing anything they simply medicate. I could go on and on but I think my first point states it well enough it is my God given right to make decisions about myself and my health.

I consent to publication of my submission.

Sincerely,

Louise Smith


From: Lynn Smith
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 2:51:45 PM

To the Medical Board of Australia,

I support Option 1.

The current guidelines are very appropriate & allow we adult Australians the RIGHT to choose how we w want our medical practitioners to support us in our self-determination about using complementary services & healing products in conjunction with Western medicine.

I find, as do MANY MANY Australian Adults (& youth) that holistic therapies are hugely beneficial to my overall good health & well-BEing

This is my body & my health & I find it intrusive & disrespectful that your organisation is attempting to sent me & others our right to decide how & which alternate health care practices & products we'd like to use!

I consent to publication of my submission.

Sincerely,

Lynn Smith

A solid black rectangular box used to redact the signature of Lynn Smith.

From: Marijanna Smith
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:12:46 PM

To the Medical Board of Australia,

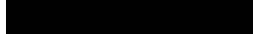
I support Option 1.

Choice is of utmost importance when it comes to health, we are the ones who have to live with the result of our choices. For this reason, I believe the current guidelines on integrative medicine are sufficient. They allow freedom of choice. Those patients seeking traditional medicine only, will continue to see the doctor of their choice and those seeking a combination of traditional and alternative will also have that choice. It would otherwise end in a lot of people turning their backs on the conventional medical system and going 'rogue'. At least this way it can be monitored and guided as such.

I consent to publication of my submission.

Sincerely,

Marijanna Smith

A black rectangular redaction box covering the signature area.

From: Nicole Smith
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:34:39 AM

To the Medical Board of Australia,

I support Option 1.

Health and wellness is a very individual thing, how can you consider taking away the right to find the solution for each person. Only certain people are worthy of good health to you??

I consent to publication of my submission.

Sincerely,

Nicole Smith

A solid black rectangular box used to redact the signature of Nicole Smith.

From: Pamela Smith
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 9:02:20 AM

To the Medical Board of Australia,

I support Option 1.

I am appalled at the lack of foresight this bill is proposing to bring in.. Naturopathic medicine and alternative therapies have been around for centuries.. They have proven their worth through the generations.. Choice, should be just that. An ability to choose what you and your doctor think is best for you and your body. Both can and do compliment each other in more ways than some are willing to profess. It seems these laws are about protecting profits and not the Doctors nor patients who practice medicine this way.

I consent to publication of my submission.

Sincerely,

Pamela Smith

A solid black rectangular box used to redact the signature of Pamela Smith.

From: Rhys Smith <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:49 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

There is no need to change guidelines as it takes away from freedom of choice.

I consent to publication of my submission.

Sincerely,

Rhys Smith
[REDACTED]

From: Sarah Smith <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:20 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments


To the Medical Board of Australia,

I support Option 1.

Intergrative and complimentary medicine has been more helpful to my family and our various conditions than any prescribed normal medication has ever been.

I consent to publication of my submission.

Sincerely,

Sarah Smith


From: Sharon Smith <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:31 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I am disturbed, to say the least, at the MBA's intention to change the guidelines currently in place allowing Drs to recommend integrative and complementary medicine. Sometimes the answers in supporting good health lay outside of conventional medicines. By not allowing Drs to recommend integrative/complementary medicines, you may be denying people access to good health support. I myself have need of certain vitamin supplements which have made a huge difference to my quality of life and had my Dr not diagnosed these deficiencies and prescribed the necessary remedies, I would still be suffering and the damage would still be progressing.

I consent to publication of my submission.

Sincerely,

Sharon Smith
[REDACTED]

From: Suellen Smith
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:21:25 PM

To the Medical Board of Australia,

I support Option 1.

I demand the right to choose my form of health care. I have used complimentary medicines for 20 years with great success. Take away this choice and the medical system will buckle with the increased number of people forced to use it.

I consent to publication of my submission.

Sincerely,

Suellen Smith

A solid black rectangular box used to redact the signature of Suellen Smith.

From: Tracey Smith
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 6:13:59 PM

To the Medical Board of Australia,

I support Option 1.

I wish to respond with you taking away functional medicine , you cry too much antibiotic use , yet these doctors help heal us through different methods. , it basically saved my life and a life of being given medicine I didn't need , but I did need to heal .

I consent to publication of my submission.

Sincerely,

Tracey Smith

A solid black rectangular box used to redact the signature of Tracey Smith.

From: Veronique Smith
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 12 May 2019 9:48:07 AM

To the Medical Board of Australia,

I support Option 1.

I have used integrative and complementary medicine for myself and my family of 4 (now adult) children for many decades now. Australia used to be a fairly free country but now it's way less so - and this change would be another way that we are less free to have the right of choice.

There are many instances when "mainstream" medical practises are unable to help a particular illness, yet integ. & comp., medicine can - let us, the patient choose - no further restrictions (there are already many) to be placed!

I consent to publication of my submission.

Sincerely,

Veronique Smith



From: Wayne Smith
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:02:32 PM

To the Medical Board of Australia,

I support Option 1.

I do not want to lose me choice of medical practice.

I want a choice of practitioners.

Wayne Smith

I consent to publication of my submission.

Sincerely,

Wayne Smith



From: Wayne Smith
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 6:21:44 PM

To the Medical Board of Australia,

I support Option 1.

I do not want to see my democratic rights to choose my personal health program choices taken away.

I consent to publication of my submission.

Sincerely,

Wayne Smith

A black rectangular redaction box covering the signature area.

From: Wiesia Smolka
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 8:04:06 PM

To the Medical Board of Australia,

I support Option 1.

People who choose complementary medicine actually take care of their health, not their illness. Those people pay from their pocket for the treatment, so are more likely to stick to the treatment until they get better. Users of complementary medicine do not put financial strain on already overstretched conventional "ill" health system

I consent to publication of my submission.

Sincerely,

Wiesia Smolka

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From: Wiesia Smolka
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 7:18:23 AM

To the Medical Board of Australia,

I support Option 1.

I want to use complementary treatment for the best outcome for my health. I take care of my body, then it is less burden on taxpayers founded medical services. Also that we need a freedom of choice. I would like to see doctors being educated and be able to recommend their patients holistic approach without a fear of losing their job.

I consent to publication of my submission.

Sincerely,

Wiesia Smolka

A black rectangular redaction box covering the signature area.

From: Mary Smuts
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 9:41:35 PM

To the Medical Board of Australia,

I support Option 1.

Dear sir/ madam ,

Having used Chinese herbal medicine , acupuncture and osteopathy with great success I do not want any freedom of access to these modalities to be denied me in any way.

Please Do not prevent easy access to alternative modalities. They are so effective and preventative of further disease.

Freedom of choice to use alternative pathways should be left open for the tax payer to have choice of modality.

Chiropractory and osteopathy help prevent an escalation of the discomfort presented. If left untreated the condition will lead to expensive medical procedures including costly scans or surgery.

Using these modalities are also very cost effective in preventing further disease or deterioration in condition and therefore do actually save the government a lot of money.

Vitamin and mineral supplements too should be left for the discretion of caring GP s to prescribe as required.

I consent to publication of my submission.

Sincerely,

Mary Smuts

[Redacted Signature]

From: Mary Smuts
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 4:54:58 PM

To the Medical Board of Australia,

I support Option 1.

Doctors should be able to have Independence and autonomy as health professionals. They should not be dictated to by non medical government restrictions. They have studied and experienced the healing of their patients and should be given due respect to have the intelligence to advise their patients sensibly.

Patients should not have an invasion of their civil rights. They look to the medical profession for expertise in addressing and healing health issues. They expect free and full disclosures of ways to improve their health unhindered by government law.

I myself have used homeopathy , Vitamin and mineral supplements , and herbal medicine , for my health and for the health of my family for over 50 years. It is successful and efficacious in healing as well as PREVENTING onset of disease.

Please abandon plans to restrict the medical profession.

I consent to publication of my submission.

Sincerely,

Mary Smuts



From: Judy Smyth
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 5:48:26 PM

To the Medical Board of Australia,

I support Option 1.

The amount of money I have to spend both directly and indirectly (via the tax I pay) I think entitles me to the treatment I want which is always integrated/ alternative.

By

I consent to publication of my submission.

Sincerely,

Judy Smyth

A black rectangular box used to redact the signature of Judy Smyth.

From: RACHAEL SMYTH
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 13 May 2019 7:12:30 PM

To the Medical Board of Australia,

I support Option 1.

I value the holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines.

Integrative medicine and complementary therapies reaffirms the importance of the relationship between practitioner and patient, focuses on the whole person, is informed by evidence, and makes use of all appropriate therapeutic and lifestyle approaches, healthcare professionals and disciplines to achieve optimal health and healing.

At least two out of three Australians use some form of complementary medicine, with rates as high as 87 per cent among specific patient groups, such as those with breast cancer.

Australians invest heavily in complementary medicines, spending over \$3.5 billion each year on complementary medicines and therapies.

Consumers use them as part of their self-care approach and seek better information to support their healthcare choices.

Australians spent \$2 billion in out of pocket expenses on complementary medicines in 2010–11. This is more than the out of pocket contribution to pharmaceuticals of \$1.6 billion.

Evidence has shown many complementary medicines to have excellent safety and efficacy profiles, providing advantages over available treatment, and offering treatment options where none currently exists. Example include:

- * Acupuncture for relief of chronic lower back pain and depression⁹
- * Omega 3 fatty acids to prevent secondary cardiovascular events in Australia¹⁰
- * Calcium and vitamin D supplementation to reduce the incidence and severity of osteoporosis¹¹
- * St John's wort for mild to moderate depression

I consent to publication of my submission.

Sincerely,

RACHAEL SMYTH

[Redacted Signature]

From: Camila Soffia
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 2:31:34 PM

To the Medical Board of Australia,

I support Option 1.

I strongly believe in the importance of keeping integrative and complementary medicine treatments available to the population.

This is important not only because it provides a wider and more holistic range of possibilities for all kinds of people, but also because it fills a gap existing in traditional Western medicine.

Within the integrative and complementary medicine treatments there is a comprehensive approach to health, in the understanding that there is an intrinsic correlation between physical, mental and emotional health. Additionally, integrative and complementary medicine treatments invite a whole new perspective to the understanding of disease and especially prevention, something lacking in the more traditional western view.

Furthermore, integrative and complementary medicine treatments that invite non-western techniques and treatments broaden the chances for the individual, as well as the population, to heal. These traditions being very long lived and effective among numerous cultures and societies around the world.

I consent to publication of my submission.

Sincerely,

Camila Soffia

A solid black rectangular box used to redact the signature of Camila Soffia.

From: Dolina Somerville
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 10:03:54 PM

To the Medical Board of Australia,

I support Option 1.

“An ounce of prevention is better than a pound of cure” is an old saying. Modern medicine can be a godsend...diagnostics and surgeries ever more efficient, stopping epidemics etc etc.what the system lacks however is preventative medicine. Most of the population wait until they become ill and then seek a “cure “ Often it’s too late...

many of today’s illnesses and diseases are caused by lifestyle and diet. Good nutrition is at an all time low and much of the reason for this is the poor soils that our foods are grown in. Farmed animals for human consumption are not kept in ideal situations. Processed food often has very little nutrition. I’m fact,eating the cardboard box that packages some food could be a better option..

Doctors study disease. They don’t study health. In fact many know very little about nutrition and often don’t make the connection between poor nutrition and disease.

Many modern ailments are caused by malnutrition (bad nutrition) Integrative, Alternative, traditional and Allied health professionals generally have much more training in health rather than disease (they also study disease) . Rather than looking to suppress or relieve symptoms of dis-ease, they work with the patient to improve diet and lifestyle. Our current system is unsustainable. The population needs to be responsible for their own health. The ones who take on this responsibility should not have this advantage taken away. They should have access to health practitioners who work with them to keep them healthy rather than waiting till they fall ill and then “ being fixed”

Pain is a warning. It should not be suppressed.... Addictive and dangerous opioids are not the answer. The root of the pain will be caused by diet and lifestyle unless there has been an accident. These medications often do more harm than good

As I see it the processed food industry should be named “ Get em sick” because it’s all about profit and that’s exactly what it does. The pharmaceutical industry should be called “ Keep em sick” because it’s all about profit, encouraging the population to become dependent and addicted to the products...THERES NO PROFIT IN A HEALTHY POPULATION.....!!!!

It is just that simple really

I consent to publication of my submission.

Sincerely,

Dolina Somerville

[Redacted Signature]

From: Vincenzo Somma
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 8:18:39 PM

To the Medical Board of Australia,

I support Option 1.

I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines

I consent to publication of my submission.

Sincerely,

Vincenzo Somma

A solid black rectangular box used to redact the signature of Vincenzo Somma.

From: Jill Sonnet
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 9:17:16 PM

To the Medical Board of Australia,

I support Option 1.

To Whom it may concern...

We as residents of our beautiful country Australia have the Constitutional Right to Natural Therapies along with Medical Choices also...

To remove this is Undemocratic..totally UnAustralian. Please do not do this to our Citizens...

We are all good people trying to live a good Life...

My Husband and I do not receive the Flu Vaccine...we fight viruses Naturally and it has always worked..

I am an avid user of Homeopathy and Natropathy.

I am also a Christian and God our Heavenly Father is watching and knows all...

Please do the RIGHT thing and allow their Democratic Right to Choose their Health care Preference.

We need as a Nation to be a Worldwide Example of Choice and leave Greed and Corruption asleep permanently. Thankyou. Mrs Jill H.Sonnet

I consent to publication of my submission.

Sincerely,

Jill Sonnet

[Redacted Signature]

From: Diane Sorrell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:16:52 AM

To the Medical Board of Australia,

I support Option 1.

Integrative health professions should be able to prescribe as they help all sorts of people

I consent to publication of my submission.

Sincerely,

Diane Sorrell

A black rectangular redaction box covering the signature area.

From: Cassandra Sorrensen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 4:54:57 PM

To the Medical Board of Australia,

I support Option 1.

This will only create more pressure on a system already failing the Australian population. integrated doctors are scarce as it is.

I consent to publication of my submission.

Sincerely,

Cassandra Sorrensen

A solid black rectangular box used to redact the signature of Cassandra Sorrensen.

From: Nargiza Sowman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 12:34:13 AM

To the Medical Board of Australia,

I support Option 1.

1. Do you agree with the proposed term 'complementary and unconventional medicine and emerging treatments'?

If not, what term should be used and how should it be defined?

No, complementary medicine is natural and traditional medicine. There is nothing unconventional about it. In fact, modern medicine stems from 'complementary' or 'alternative' medicine and its practice was based on this. Merck, for example began as an apothecary in Germany in the 1660's and many pharmaceutical companies established in Europe and America also started as apothecaries and only began the production of drugs less than 150 years or so ago. Many well-known drugs originate from natural medicines such as the opioids, quinine, aspirin, digoxin and so on and in the timeline of human existence and its use, natural medicine was the only medicine. The acknowledgement by the Medical Board of Australia's (the Board's) Public Consultation paper supports this as 'some definitions of complementary and/or alternative therapies include the regulated health professions of...Chinese medicine and acupuncture', which interestingly is fully integrated into the Chinese 'conventional' medical system. Perhaps, the Board can consider including in its definition the use of traditional Indigenous medicine and therapy as well.

Emerging treatments are separate to the definition and use of 'unconventional and complementary medicine (and therapy) as described in the Board's paper. It should be regulated by an appropriate governing body similar in function to or the TGA.

The use of complementary medicine seems fitting as it is widely used, accepted and understood.

2. Do you agree with the proposed definition of complementary and unconventional medicine and emerging treatments – 'any assessment, diagnostic technique or procedure, diagnosis, practice, medicine, therapy or treatment that is not usually considered to be part of conventional medicine, whether used in addition to, or instead of, conventional medicine. This includes unconventional use of approved medical devices and therapies.'

If not, how should it be defined?

No. Doctors who practice complementary medicine should be appropriately trained in the theory and practice of this type of medicine (which includes the assessment, diagnostic technique or procedure, diagnosis, practice, medicine, therapy or treatment that is within the scope of the course offered by a nationally accredited educational institution.

3. Do you agree with the nature and extent of the issues identified in relation to medical practitioners who provide 'complementary and unconventional medicine and emerging treatments'?

I am sure that these issues exist, as do many unfortunate issues within any medical system. There is a system of complaint and review which in Australia is moderated by the Board and AHPRA which handles such medical malpractice cases. The current process appears to be adequate for all medical practitioners.

4. Are there other concerns with the practice of 'complementary and unconventional medicine and emerging treatments' by medical practitioners that the Board has not identified?

None, other than positive ones, personally experienced by the writer.

5. Are safeguards needed for patients who seek 'complementary and unconventional medicine and emerging treatments'?

Yes. Safeguards should include appropriate training of doctors as stated in (2) and a statement of the Board's concerns regarding medical doctors who may utilise complementary medicines (and or emerging treatments) and how it should always be within the existing guidelines of the Good medical practice code of conduct.

6. Is there other evidence and data available that could help inform the Board's proposals?

I am sure if the Board looked and asked about the many lives that medical doctors have helped and saved, who utilise some of the treatments and therapies that are of concern in the current paper, they would find them. There is a reason why a large proportion of Australian consumers (more than two-thirds) may spend their money on complementary medicines – it may be because it works and or that they deem it much safer and more effective than 'conventional' medical options.

Options

7. Is the current regulation (i.e. the Board's Good medical practice) of medical practitioners who provide complementary and unconventional medicine and emerging treatments (option one) adequate to address the issues identified and protect patients?

Yes.

8. Would guidelines for medical practitioners, issued by the Medical Board (option two) address the issues identified in this area of medicine?

No. It would only complicate, segregate and alienate doctors from doctors, which is strange for a profession to do to itself.

9. The Board seeks feedback on the draft guidelines (option two) – are there elements of the draft guidelines that should be amended? Is there additional guidance that should be included?

I support Option one.

10. Are there other options for addressing the concerns that the Board has not identified?

Discuss possible unidentified concerns with associations who represent a significant proportion of doctors who practice complementary or 'integrative' medicine, such as AIMA. Highlight the need for safeguards and issues outlined in the Board's current paper. Investigate or initiate research into treatments and therapies of concern (e.g., for Lyme-like illness, alternative cancer treatments etc) and the efficacy of these and other treatments/therapies of concern.

11. Which option do you think best addresses the issues identified in relation to medical practitioners who provide complementary and unconventional medicine and emerging treatments?

• Option one – Retain the status quo of providing general guidance about the Board's expectations of medical practitioners who provide complementary and unconventional medicine and emerging treatments via the Board's approved code of conduct.

- Option 2 - Strengthen current guidance for medical practitioners who provide complementary and unconventional medicine and emerging treatments through practice-specific guidelines that clearly articulate the Board's expectations of all medical practitioners and supplement the Board's Good medical practice: A code of conduct for doctors in Australia.

- Other – please specify.

Option one.

I consent to publication of my submission.

Sincerely,

Nargiza Sowman

A solid black rectangular box used to redact the signature of Nargiza Sowman.

From: Brendon Spadek
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:27:27 AM

To the Medical Board of Australia,

I support Option 1.

Alternative therapies are a key to coming from a space of prevention in regard to their health for the citizens of Australia.

I have been using alternative therapies as a preventative measure for the last five years and have maintained great health as a result.

Imagine the burden we could take off the health care system if we moved to a preventative model instead of symptom treating and prolonging illness.

The healthiest people in Australia all use some forms of alternate therapies to maintain their health and wellbeing.

I consent to publication of my submission.

Sincerely,

Brendon Spadek

A black rectangular redaction box covering the signature area.

From: Ken Spanks
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 11:24:48 PM

To the Medical Board of Australia,

I support Option 1.

All patients should have choices regarding their healthcare. The "western" medicine offering only synthetic substances should not be the only choice allowed. A more holistic approach for healing the body should be the preferred method for healthcare.

I consent to publication of my submission.

Sincerely,

Ken Spanks

A solid black rectangular box used to redact the signature of Ken Spanks.

From: Catherine Spaulding Catherine Spaulding <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 10:31 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Herbal ANYTHING are Natural and Anecdotal Evidence of Use and Positive outcomes have been available for Years. Pharmaceutical Industry COPIES NATURE in a Laboratory - removes Naturally Occurring Synergies and Labels them UNIQUE! Stop FORCING people to Only Have Pharmaceutical Options when GOD Created Nature for Us to use. STOP taking away our CHOICES = STOP INTERFERING with our Medical CHOICES FULL STOP

I consent to publication of my submission.

Sincerely,

Catherine Spaulding Catherine Spaulding
[REDACTED]

From: Michelle Speirs
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:28:11 AM

To the Medical Board of Australia,

I support Option 1.

Please take into consideration the multitude of Australians who rely on complementary treatments to keep their illnesses manageable and allow them some quality of life. We're not asking for anything crazy, just that you let health professionals offer suggestions and recommendations of alternatives. Drugs aren't the best option for everybody.

I consent to publication of my submission.

Sincerely,

Michelle Speirs

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From: Michelle Speirs
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:50:13 AM

To the Medical Board of Australia,

I support Option 1.

Please continue to allow the recommendation and support of alternative therapies, so many people rely on these for otherwise unmanageable conditions.

I consent to publication of my submission.

Sincerely,

Michelle Speirs

A solid black rectangular box used to redact the signature of Michelle Speirs.

From: Ronel Spence
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 20 May 2019 9:40:19 PM

To the Medical Board of Australia,

I support Option 1.

I've used complementary services all my life for my family to get a natural approach to dealing with health minor issues. There is a place for medicine in health care, but it should not be the first approach to healing. Reduce the cost and time of GPs. I prefer to seek preventative treatments and natural therapy to chemical medicine.

I consent to publication of my submission.

Sincerely,

Ronel Spence

A black rectangular redaction box covering the signature area.

From: Hugh Spencer
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 11:31:14 PM

To the Medical Board of Australia,

I support Option 1.

Medicine is an evolving area of research, practice and treatment. I strongly feel that because people are different, that medications are not a one size must fit all. The guidance of the professional GP is essential to ensure that a holistic approach to patient medication care using recommended mainstream and alternative medications is the best approach. Whether it be vitamin C supplements or other alternatives, the professional GP should be able to use their professional expertise to advise both positively or negatively on the merits of alternatives. But equally they should clearly articulate whether there is a certified basis for a specific drug treatment or where there isn't to ensure that the patient clearly understands the scientific basis of any recommendations.

I consent to publication of my submission.

Sincerely,

Hugh Spencer

A solid black rectangular box used to redact the signature of Hugh Spencer.

From: Neuda Spencer
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:16:22 AM

To the Medical Board of Australia,

I support Option 1.

Because it is my right to be given ALL possible options to treat my health. I

I consent to publication of my submission.

Sincerely,

Neuda Spencer



From: Beverley Spicer
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 10:29:39 AM

To the Medical Board of Australia,

I support Option 1.

We live in a democracy and people have a right to support health services that suit their world view and how they wish to have themselves treated. This is a very heavy handed approach and smacks of an abuse of power. Alternative treatments are much less invasive and do work. Step back from this change, this is overreach of your power and allow consumers choice.

I consent to publication of my submission.

Sincerely,

Beverley Spicer

A solid black rectangular box used to redact the signature of Beverley Spicer.

From: Patricia Spieker
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 9:19:32 AM

To the Medical Board of Australia,

I support Option 1.

Australians have always had freedom of choice, and we expect this to continue, in all things, including our healthcare. It is obvious, from current health data, that conventional medicine is not addressing our major health issues, so there is an obvious need for an alternative approach. While many doctors are well-meaning, they are poorly trained, and poorly informed, so those who have broadened their knowledge and outlook are invaluable to our medical system.

I consent to publication of my submission.

Sincerely,

Patricia Spieker

A black rectangular redaction box covering the signature area.

From: Sarah Spiller <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:38 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,


I support Option 1.

As a studying naturopath, and advocate for natural therapies, supplements and viewing the body as a whole in a holistic way. I feel it is absolutely horrendous for the rights of integrated doctors to provide natural therapies to be taken away.

On a personal level, reducing toxins and using natural products has honestly changed my life. It's unfair to take people's choice away from them and also restrict doctors from recommending natural therapies!

I consent to publication of my submission.

Sincerely,

Sarah Spiller


From: Kath Spiteri
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 3:47:39 AM

To the Medical Board of Australia,

I support Option 1.

Integrative & complementary medicine has helped my family, friends & I over the past 3 years overcome some extremely trying times. Supporting us emotionally, mentally, physically & spiritually without harsh side effects on our bodies.

It has become a crucial part to our health & wellbeing & would be devastated if not able to access integrative or contemporary medicine that has supported us heavily & completely changed our lives for the better

I consent to publication of my submission.

Sincerely,

Kath Spiteri

A solid black rectangular box used to redact the signature of Kath Spiteri.

From: Suzanne Sprague
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 3:32:32 PM

To the Medical Board of Australia,

I support Option 1.

Pharmaceuticals are not the only evidence based medicine. In fact stating that natural interventions are not effective is ignorant and misleading. What we need to demand evidence based interventions that are evidence based and do no harm. This cannot be said of a lot of western medicine.

I advocate for THE BEST medical interventions not Justines that the big pharma can make money off.

I consent to publication of my submission.

Sincerely,

Suzanne Sprague

[Redacted Signature]

From: Camilla Sproule
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:17:10 AM

To the Medical Board of Australia,

I support Option 1.

As we as a nation become sicker we must look at ways to heal. Natural options are not the enemy and not to be feared.

They are a valuable and reasonable support to the work doctors do.

Just because a rep doesn't sell the merits of herbs and supplements doesn't mean they do not work.

Do not tell us what we can put in our bodies. You are creating sick clones not people.

Limiting our options makes no sense!

I consent to publication of my submission.

Sincerely,

Camilla Sproule

A solid black rectangular box used to redact the signature of Camilla Sproule.

From: Diane Sproule-Carroll
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:43:25 AM

To the Medical Board of Australia,

I support Option 1.

My family and I have always taken responsibility for our health by eating a clean diet and avoiding junk food. Choice is important as I react badly to many pharmaceutical medications. Evident after the birth of my youngest, 38 years ago. I respond extremely well to natural therapies, as do my family. I strongly believe we all should have the choice of how we support our health with treatments which we have experienced to be extremely effective. Many people are quite happy and comfortable to hand over the responsibility for their health and take a pill in the hope of having to make no changes to their lifestyle. I fear my health will suffer greatly if I am denied the natural treatments which have kept me in very good health over many years. I am now almost 76 and not taking any prescription medication. So I entreat you to allow people of like mindedness to be respected in their choices to take responsibility for their continued good health.

I consent to publication of my submission.

Sincerely,

Diane Sproule-Carroll

A black rectangular box redacting the signature of Diane Sproule-Carroll.

From: Diane Sproule-Carroll
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 4:43:28 PM

To the Medical Board of Australia,

I support Option 1.

I and my family have been using integrative medicine for over 40 years. When people are prepared to take responsibility for their health they should have the right to choose, be it Natural or Conventional. If the rights of individuals are ignored or worse, taken away, there will be a much bigger burden on the medical and hospital system. We educate ourselves to make healthy choices in our lifestyle decisions. This should be applauded, not penalised. There is a place for both forms of health care and one should not be eroded at the expense of the other. Personally, I am on no prescription medication and for my age am considered to be very fit and healthy. The bottom line is: everyone is entitled to FREEDOM OF CHOICE.

I consent to publication of my submission.

Sincerely,

Diane Sproule-Carroll



From: Natasha Stafford
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 2:18:29 PM

To the Medical Board of Australia,

I support Option 1.

Complementary medicine has been the mainstay of health care for my six kids for over 20 years. They have barely taken pharmaceuticals in all of that time. Access to this medicine is vital to our life.

I consent to publication of my submission.

Sincerely,

Natasha Stafford

A solid black rectangular box used to redact the signature of Natasha Stafford.

From: Gina Stanborough
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:09:25 PM

To the Medical Board of Australia,

I support Option 1.

I have been seeing an intergrative gp for the last 3 years and he has helped me tremendously by not just treating symptoms but getting to the root cause of my health issues. Having restrictions put on this service would affect alot of people who like an intergrative approach to their health conditions

I consent to publication of my submission.

Sincerely,

Gina Stanborough

A solid black rectangular box used to redact the signature of Gina Stanborough.

From: Jadwiga Stanczyk
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 10:11:14 PM

To the Medical Board of Australia,

I support Option 1.

I strongly object to proposed restrictions on medical practitioners to provide holistic care to their patients. I expect to be able to talk with my doctor and be advised on the range of treatment options available to me and not be restricted to so called current conventional advice.

I consent to publication of my submission.

Sincerely,

Jadwiga Stanczyk

A black rectangular box redacting the signature of Jadwiga Stanczyk.

From: Jadwiga Stanczyk
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:59:52 PM

To the Medical Board of Australia,

I support Option 1.

In my view patients access to integrative and complementary medicine is of great importance.
Being able to discuss my own complementary medicine choices with my GP is necessary for my health and well-being.

I consent to publication of my submission.

Sincerely,

Jadwiga Stanczyk

A black rectangular redaction box covering the signature area.

From: Kate Stanford
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:39:00 PM

To the Medical Board of Australia,

I support Option 1.

I write in support of option 1. I am 57 and have experienced all kinds of care and treatment in our wide and varied medical system. I can truly say that I have been helped and provided the better care by those practitioners delivering integrative medicine. Increased time is taken to fully understand and respond to a person's individual health situation and in the long term leads to better and more informed treatment solutions. This can only be beneficial long term and short term on our society and communities. There is too much evidence to dispute the beneficial impacts of most complementary medicines. A ten minute appointment with a Dr/GP who is treating a symptom he makes a judgement on in that 10 minutes is the biggest risk to health in our communities, is open to manipulation both by professionals and patients and is a shift away from intelligent medical practice.

I consent to publication of my submission.

Sincerely,

Kate Stanford

A black rectangular redaction box covering the signature area.

From: Lynette Stanfotd <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 9:41 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I think people should have the complete right to choose how they treat their health.

I consent to publication of my submission.

Sincerely,

Lynette Stanfotd
[REDACTED]

From: Becky Stanley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 8:18:53 AM

To the Medical Board of Australia,

I support Option 1.

I absolutely do NOT support the MBA restricting medical practitioners from offering advice, information and guidance in regard and to holistic medicine and integrating it into western medicine.

I consent to publication of my submission.

Sincerely,

Becky Stanley

A solid black rectangular box used to redact the signature of Becky Stanley.

From: Sarah Stanley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:34:15 AM

To the Medical Board of Australia,

I support Option 1.

If the mba brings about the proposed changes you will be further burdening the hospitals and Medicare system in general. People who seek advice from integrative doctors have the following :

1. A desire to get well not just get on drugs
 2. Have done the research and are often quite well informed of their options for treatment
 3. Have usually been failed by the conventional methods and gp who are too quick to either dismiss you or put you on antidepressants
 4. value their health and are open to trying different methods that work
- Please reconsider

5. Save the public purse by actually recovering from chronic or otherwise long term conditions that would normally require hospitalisation or regular visits to a gp.

I consent to publication of my submission.

Sincerely,

Sarah Stanley



From: Brian Stanton
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 12:01:17 PM

To the Medical Board of Australia,

I support Option 1.

My immediate family has a number of health issues that have ONLY been helped by Integrative & complementary medicine.

IF the Integrative & complementary medicine avenues are restricted or outlawed hundreds of thousands of Australians will suffer greatly, and ultimately die.

You do not have a "moral right" to eliminate to restrict our right to free choice and therefore our God given "RIGHT TO LIVE."

I consent to publication of my submission.

Sincerely,

Brian Stanton

A solid black rectangular box used to redact the signature of Brian Stanton.

From: Kate Stanton
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:39:22 PM

To the Medical Board of Australia,

I support Option 1.

I HAVE THE RIGHT TO CHOOSE!!

I consent to publication of my submission.

Sincerely,

Kate Stanton

[Redacted Signature]

From: Suzanne Staples
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 18 June 2019 8:30:22 PM

To the Medical Board of Australia,

I support Option 1.

Good morning,

I am writing to advise that I oppose the new legislation by the MBA that may possibly impinge on integrative medicine in Australia. I have been a naturopath for over 30 years and have seen so many of my clients improve with natural and complementary medicine. I have always worked alongside doctors as there are more and more gp's who are recommending alternatives to drugs for their clients. Many people have side effects from medication and they need to have access to other modalities for their health. This is a draconian system of health and goes against what many other countries, who use complementary and alternative medicines are doing. I also need to access alternative medicines for my own health and for the health of my family.

I consent to publication of my submission.

Sincerely,

Suzanne Staples

A black rectangular box used to redact the signature of Suzanne Staples.

From: Julie Stapleton
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:03:37 AM

To the Medical Board of Australia,

I support Option 1.

It will save you money in the long run as alternative health care is the only way to find cure and healing from many issues that myself and my family have experienced.

I consent to publication of my submission.

Sincerely,

Julie Stapleton

A solid black rectangular box used to redact the signature of Julie Stapleton.

From: Katie Starke
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:57 PM

To the Medical Board of Australia,

I support Option 1.

Complementary medicine is just that, it is complementary to the medical system. Our health system is already under a lot of pressure, it is reasonable to have the human right to choose how to treat our own bodies, especially with simple conditions such as colds, skin reactions, hay fever, soft-tissue issues etc...these basic self-maintenance complementary treatments take the extra pressure off our general practitioners.

It is very unbelievable that complementary health care is being targeted for restriction, treatment that can have benefit but few risks - instead focus, finances and policies need to be focused on the primary causes of poor health that then requires treatment: smoking, poor food choices, alcohol, stress etc

I consent to publication of my submission.

Sincerely,

Katie Starke

A black rectangular box used to redact the signature of Katie Starke.

From: Cassandra Steedman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 1 May 2019 9:24:31 PM

To the Medical Board of Australia,

I support Option 1.

Complementary medicine is my choice, and I don't believe it should be removed as an option. When you limit choices you force people into your beliefs, which are not mine.

If you are representative of the community then you must allow the community choice to be your choices.

Any educated member of the community knows conventional, integrative and complementary medicines all have a place depending on the circumstance.

Will the government act for the community and intelligently?

I hope so.

I consent to publication of my submission.

Sincerely,

Cassandra Steedman



From: Travis Steel
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 12:44:22 PM

To the Medical Board of Australia,

I support Option 1.

The right to choose what does and doesn't enter someone's body is up to that individual and nobody has the right to remove that basic civil liberty.

I consent to publication of my submission.

Sincerely,

Travis Steel

A solid black rectangular box used to redact the signature of Travis Steel.

From: Maureen Steele
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:51:01 AM

To the Medical Board of Australia,

I support Option 1.

I choose a wholistic approach to health. Homeopathy, naturopathy, herbals have been part of our culture for hundreds of years. The big pharmaceutical companies want complete control of our health and that is for wealth, not health!

I consent to publication of my submission.

Sincerely,

Maureen Steele

A solid black rectangular box used to redact the signature of Maureen Steele.

From: Arna Steigrad
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 7 May 2019 12:03:49 PM

To the Medical Board of Australia,

I support Option 1.

There are so many GP's who can't help me with my health problems I've had for so many years. Integrative medical doctors are the only help I've had!! Without them, you are taking away our choice and health options!

I consent to publication of my submission.

Sincerely,

Arna Steigrad

A solid black rectangular box used to redact the signature of Arna Steigrad.

From: Chando Steiner
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:44:53 PM

To the Medical Board of Australia,

I support Option 1.

To The Medical Board of Australia

The proposed new guidelines for Medical Practitioners appears to restrict the autonomy of these highly educated practitioners to act in the best interests of their patients. The proposal also seeks to restrict patient access to treatment modalities of their choice.

Many people, myself included, seek “Integrative” and “Complementary” therapies such as nutritional and dietary advice, exercise advice and lessons, and herbal and nutritional supplementation as ways to stay healthy, to avoid illness. These modalities lessen the burden of illness, and reduce the cost of health care to the community. They should therefore be promoted by the MBA.

I am concerned that the MBA is seeking to steer the practice of Medicine towards a narrow pharmaceutical and surgical approach. This will not lessen the cost of medical care, but indeed increase it, to the benefit of the corporations which profit from these. The MBA should be acting in the best interests of patient health and safety, and practitioner education, autonomy and best practice.

I consent to publication of my submission.

Sincerely,

Chando Steiner



From: Ryszard Stelmach
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:34:17 PM

To the Medical Board of Australia,

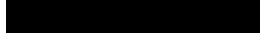
I support Option 1.

To whom it may concern,
Please RESPECT the right of ALL Individuals to be able to CHOOSE
between Allopathic (Drugs) and Natural (No Drugs) Integrative &
complementary medicine. This is our God Given Right.
Yours Sincerely
Ryszard Stelmach

I consent to publication of my submission.

Sincerely,

Ryszard Stelmach



From: Anne Stephany
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 9:17:44 AM

To the Medical Board of Australia,

I support Option 1.

I support individual access to all forms of health care.

There is a time and place for both.

Integrative and complementary health practices are both preventative as well as treating ill health. They are less toxic than pharmaceuticals and treat the cause not symptoms.

Western medicine shines in acute and accident situations.

Complementary medicine is better suited for chronic ill health.

It's our right to treat as we desire, especially given the points above.

I have trained in various complementary systems. Clients are happy when their health fund gives rebates for necessary treatments.

I feel both systems are necessary valuable and complementary.

I consent to publication of my submission.

Sincerely,

Anne Stephany

A black rectangular box redacting the signature of Anne Stephany.

From: Bethany Stephens <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:26 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please do not take away our right to choose.

I consent to publication of my submission.

Sincerely,

Bethany Stephens
[Redacted Signature]

From: Ken Stephens
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 2:43:31 PM

To the Medical Board of Australia,

I support Option 1.

Please do not lose sight of the forest for the trees. Please keep firmly in mind that the goal is health and well-being, that reduction of symptoms is a means and not an end.

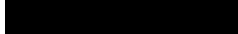
Please also keep in mind the Hippocratic oath and the wisdom of it.

Your job is to protect the health of all Australians. Do not do it by halves! Just because it's difficult is not reason to abandon the proper goal for the expedient one.

I consent to publication of my submission.

Sincerely,

Ken Stephens

A solid black rectangular box used to redact the signature of Ken Stephens.

From: Ann Stevens
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:17:12 AM

To the Medical Board of Australia,

I support Option 1.

We have a Dr who is open minded and has diligently worked to improve outcomes for patients using integrated medicine. Each patient are checked for blood pressure, weight, temperature at every visit. As each visit is a look our overall health, we visit the Dr only 2 or 3 times a year. Our health has really improved. We are in our sixties, and not a burden on medical services.

If the Doctors who are now working to improve patient health and not just treat symptoms are restricted in their practice. The burden on the health system will be greater and more costly.

I consent to publication of my submission.

Sincerely,

Ann Stevens

A solid black rectangular box used to redact the signature of Ann Stevens.

From: Bina Stevenson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 3:27:08 PM

To the Medical Board of Australia,

I support Option 1.

for my condition I need both. One alone without the other does not work.

If this law changes so will my road to wellness.

Does the government want a sick society or a healthy productive population.

Please allow integrative practitioners. They mean well and their treatments have improved my condition and many I know.

I consent to publication of my submission.

Sincerely,

Bina Stevenson

A black rectangular redaction box covering the signature area.

From: Katherine Stinson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 8:25:11 PM

To the Medical Board of Australia,

I support Option 1.

Twenty years ago (even ten years ago), Australia's recognition and support of natural therapies was one of the things that made this country a better place to be. What's happened?! Why are we now in a position to have to beg for freedom of choice as related to our health?

I believe the health of the people is synonymous with the strength of the country. Please keep this country strong and healthy and preserve natural therapies and freedom of choice.

Thank you.

I consent to publication of my submission.

Sincerely,

Katherine Stinson

A solid black rectangular box used to redact the signature of Katherine Stinson.

From: Glenda Stirling
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 1:23:38 PM

To the Medical Board of Australia,

I support Option 1.

The very thought of the MBA removing our rights to choose natural therapies is abhorrent.

The medical system is not always the best option. Many natural therapies have an enormous amount of historical evidence behind them.

Why not develop an educational program in natural therapies to teach responsible living, this alone would free up many hospitals, improve mental health and teach people that they have a responsibility to live well. In schools implement meditation and healthy living. This would produce empathetic little humans who'll be empowered to be responsible.

Taking our rights away will exacerbate the societal issues we have to deal with now. I want the freedom to choose natural or conventional medicine, there is a place for both.

I consent to publication of my submission.

Sincerely,

Glenda Stirling

A solid black rectangular box used to redact the signature of Glenda Stirling.

From: Glenda Stirling
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 7:10:29 AM

To the Medical Board of Australia,

I support Option 1.

Without all available options, natural and pharmaceutical I can't see that people can be healed. Natural medicines have always been available, they often much safer than pharmaceuticals with less side effects. However there needs to be a balance of both in medicine. Integrative practitioners take the time to ensure patient's illnesses are thoroughly investigated, something that the average GP doesn't have time to do in regular practice. One size fits all is not something that should be part of medicine, humans are all different physiologically. To remove integrative medicine would be a huge disservice to the future of medicine.

I consent to publication of my submission.

Sincerely,

Glenda Stirling

A black rectangular redaction box covering the signature area.

From: Tracey Stockton <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 4:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Current western medicine is only concerned with pills to suppress symptoms. Integrated medicine is about finding and addressing the cause of health issue.

Why is the MBA trying to stop people access to better health by restricting the actions of integrated medical practitioners?

As a remedial massage therapist I personally have seen patients health improve after treatment with me, when a "pill" from their gp had done nothing to relieve symptoms, or they were told surgery was the only way to fix their complaint . Surely integrated medicine reduces the demand on the public health system which we are all aware is under a mass crisis.

Please stop this proposed threat to integrated medicine.

I consent to publication of my submission.

Sincerely,

Tracey Stockton
[Redacted Signature]

From: Tony Stoddart
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:18 PM

To the Medical Board of Australia,

I support Option 1.

I have a right as an Australian Citizen to choose what type of health care i want and if my doctor chooses both thats fine.

I consent to publication of my submission.

Sincerely,

Tony Stoddart

A black rectangular redaction box covering the signature area.

From: Christine Stoevelaar
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 19 June 2019 12:14:27 PM

To the Medical Board of Australia,

I support Option 1.

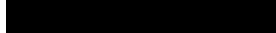
I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines (Option 1).

In the past I have greatly benefited from alternative therapies like chiropractic, osteopathy, Chinese medicine and acupuncture (TCM) combined with the best of allopathic medicine. I

I consent to publication of my submission.

Sincerely,

Christine Stoevelaar

A solid black rectangular box used to redact the signature of Christine Stoevelaar.

From: Karina Stojansek
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:17:11 AM

To the Medical Board of Australia,

I support Option 1.

I support the status quo of doctors being able to include complementary and integrative medicine as often a patient may be lacking a simple vitamin which is causing a health issue. There needs to remain the flexibility for the Dr to have complete control over their treatment of patients. Doctors shouldn't need to rely on medical drugs alone and should be able to integrate natural treatments into the treatment plan.

I consent to publication of my submission.

Sincerely,

Karina Stojansek

A solid black rectangular box used to redact the signature of Karina Stojansek.

From: Milan Stojisavljevic
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:03:12 AM

To the Medical Board of Australia,

I support Option 1.

I am writing this email in support of option 1 as we all know that natural and alternative medicines and treatments have withstood the test of time and is a far better and healthier choice for all. Yes we have advances in Modern medicines but pharmaceutical lobbying is destroying our rights to natural medicines that have very little or no nasty side effects and in most cases outdo artificial medicines. Outlawing our rights to choose between the two will greatly affect not only our will as people that hold the balance of power in this country but also infringe on our religious beliefs and practices when it comes to treatments of a medical nature. We only have to look as far as the court rooms to see the amount of negative and permanent side effects of modern medicine to know that natural medicines must always have a place in society.

I consent to publication of my submission.

Sincerely,

Milan Stojisavljevic

A solid black rectangular box used to redact the signature of Milan Stojisavljevic.

From: Kylie Stokes <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:28 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I think it's a fantastic thing to be able to go to a GP and get advice on vitamins, alternative therapy referrals, or anything else that my GP has done research into and deems valuable to me. As a matter of fact, I chose the GP I am seeing because she has a vast knowledge of what's healthy for her clients.

Who exactly is funding and governing this new reform anyway? If the answer has anything to do with pharmaceutical companies, then those that are currently in power need to put health before greed. I have never heard of anyone's health being compromised due to an antibiotic or steroid deficiency.

What would it take to leave it up to the individual GP to know what is best for their patients? And what would it take to live in a true democracy, where the people choose, not the government?

I consent to publication of my submission.

Sincerely,

Kylie Stokes


From: Alana Stone
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 10:03:02 PM

To the Medical Board of Australia,


I support Option 1.

I support the use of integrative, complimentary and naturopathic medicine, because with the illnesses I have, conventional medicine has had little to offer other than symptomatic relief. I believe that these 'alternative medicines treat the root cause, and aim to treat the cause of an illness as opposed to suppressing a symptom. It is of great benefit that the medical board allows patients access to whatever source of medicine that helps them, otherwise, so many more people will be presenting to emergency departments, or clogging up hospital waiting lists for ailments that could possibly be treated using complimentary medicine. It's the patients right to choose their healthcare and a doctors choice, if they want to offer holistic health options to patients, if they feel they could benefit. That choice shouldn't be taken away from either the patient or the dr, due to monetary interests of the medical industry. Medicine should be about getting people well, and helping people, so I would like to medical board to continue to allow patients access to complimentary and integrative and holistic medicines. Thank you.

I consent to publication of my submission.

Sincerely,

Alana Stone



From: Michael Stone
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:55:28 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine as I've seen the powerful impact it has on people's lives.

I am the CEO of a workplace wellbeing company that includes complementary healthcare services as an integral part of our health programs.

Time after time, I hear first-hand accounts from our clients about how integrative & complementary medicine has been of benefit.

If the MBA imposes restrictions on integrative practitioners, it will have far-reaching consequences, at the detriment of people's overall wellbeing, and thus increasing health-care costs and decreasing quality of life.

I consent to publication of my submission.

Sincerely,

Michael Stone

A black rectangular redaction box covering the signature area.

From: Michael Storey
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 6:30:17 PM

To the Medical Board of Australia,

I support Option 1.

To whom it may concern, already we have seen the health minister be coerced by the public to re-look into private health fund rebates for natural therapies. We the people want to choose how we deal with our/families health and not be forced into it by moves to limit the ability of practitioners to offer alternative options, or even be able to look it into them for themselves as professionals. We want a healthy and free nation, not a medicated and dictated one.

I consent to publication of my submission.

Sincerely,

Michael Storey

A solid black rectangular box used to redact the signature of Michael Storey.

From: PETER STOREY
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 10:40:46 AM

To the Medical Board of Australia,

I support Option 1.

The advances in understanding the functions of the human body and mind increasingly point to the fact that the "chemical/prescription drug" answer is not the only way to maintain good health and to fix problems. It seems to me that the MBA should be aiming to keep it's approach flexible, and not taking a dogmatic, short sighted view.

I consent to publication of my submission.

Sincerely,

PETER STOREY

A solid black rectangular box used to redact the signature of Peter Storey.

From: Amy Stork
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 1:34:37 PM

To the Medical Board of Australia,

I support Option 1.

The body operates in a cyclical way. When you change something it has a flow on effect. Medicine should only be used as a last resort not the first due to the side effects. Our bodies are complex and operate on different levels and so should our health care to reflect this.

I consent to publication of my submission.

Sincerely,

Amy Stork

A solid black rectangular box used to redact the signature of Amy Stork.

From: shirley stott
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 9:56:20 AM

To the Medical Board of Australia,

I support Option 1.

I support option 1 because complementary medicine is based in empirical evidence tried and proven over thousands of years to be effective and safe.

I consent to publication of my submission.

Sincerely,

shirley stott

A solid black rectangular box used to redact the signature of Shirley Stott.

From: Elysse Strachan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 9:52:21 PM

To the Medical Board of Australia,

I support Option 1.

Firstly, I'd just like to say how disappointed I am in the MBA to even consider changing the guidelines. It's my opinion that you have no right to take away the right for patients to make a choice in how and whom they have care for them. I feel you should be embracing integrative medicine and encouraging the advancement in this field. Conventional medicine is great for emergency situations. It does not treat the body as a whole and it does not look at getting to the root problem of patients' health problems. It's band-aid medicine and it's limited. Doctors are taught to prescribe medication to mask symptoms not to resolve them. Great for the profits of big pharma. Integrative medicine is ever evolving, it treats the body as a whole and prescribes treatment accordingly. Integrative medicine has helped so many where conventional has failed. I have used the service of an integrative doctor on quite a few occasions. Conventional medicine couldn't help me. It labeled my symptoms 'idiopathic' but advised there are drugs I can take to mask my symptoms. No thanks, the side effects are not worth it. The world we live in is toxic. To be healthy in the 21st century.. well good-luck, you're in the minority. If our world was a different place, if it was cleaner with no chemical exposures. If our food and water was free of chemicals and the air we breathed was clean. If we were not exposed to radiation everyday from technology. The list goes on and on. If the world was a different place then the need for integrative medicine wouldn't be so great. But there is a need, and by many. I would have thought it would be a priority to the MBA to support and encourage any doctor that is willing to stay up to date with the latest research to heal their patients, not sit around a table and change guidelines to suit their own agenda while so many suffer as a result of their narrow mindedness.

By changing these guidelines you're in breach of your own code of conduct - 4.2. Respect for medical colleagues and other health care professionals; 4.2.2 Acknowledging and respecting the contribution of all health care professionals involved in the care of a patient.

7. Maintaining professional performance 7.1; Maintaining and developing your knowledge, skills, and professional behavior are core aspects of good medical practice. This requires self-reflection and participation in relevant professional development, practice improvements and performance - appraisal processes, to continually develop your professional capabilities. These activities must continue throughout your working life, as science and technology develop and society changes.

The above code reflects on what an integrative doctor practices.

Changing the guidelines is not in the best interest of the patient and I would have thought this would be the basis to which the MBA's would alter their guidelines - to improve, not suppress selected medical practitioners.

It seems too many boards/governing bodies that are in place today to protect the people of Australia do not. They have other agendas that seem to protect the interest of corporations, in this case big Pharma.

Sincerely
Elyse

I consent to publication of my submission.

Sincerely,

Elyse Strachan

A solid black rectangular box used to redact the signature of Elyse Strachan.

From: Mel Stratford
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 7:42:45 PM

To the Medical Board of Australia,

I support Option 1.

To take away the people's choice to access integrative medicine is NOT acceptable. You work for us and it is not for you to decide what we have access to. The sickness industry is a multi billion cartel that controls what Government does. More of us are waking up to what you are being bribed to do and are not willing participants anymore. We will not continue to have our human rights taken away from us anymore.

I consent to publication of my submission.

Sincerely,

Mel Stratford

A solid black rectangular box used to redact the signature of Mel Stratford.

From: Clancy Street <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 2:21 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Freedom of choice of Health Care is our right

I consent to publication of my submission.

Sincerely,

Clancy Street
[REDACTED]

From: ROBERT STRENGERS
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 5:07:16 PM

To the Medical Board of Australia,

I support Option 1.

I wish to make it known that the proposed restriction of access to integrative medicine brings me great pain. While I appreciate the role of mainstream doctors in many aspects of life I find the proposal to be an amputation of what is total medicine and health care.

While now 70 years of age I have used the mainstream but only for the obvious, the appendix, the exostosis, the odd sinus inflammation. But as a person who pursues a health regime, as opposed to a sickness one, my answers have invariably lain with integrative healing.

The body is, alas, not a machine composed of separate unrelated parts...it is one organism all interconnected. Nor is it a mechanical contrivance.

To be told by doctors that the foundation of my health, my lifestyle, is not important, reflects the myopia of not just the doctor but this entire proposal.

Nor will this proposal alter my options on my health, you will simply make it more expensive and I am fortunate to have the advantage to afford that.

The many who will not have that benefit are the real cost of this witch-hunt driven by commercial and professional egocentricity.

If the MBA and the AMA are truly driven by a quest for health in all its varied forms they will see the hypocrisy of their own intentions.

It will be the sell-out of ethics for the perceived hand-full of gold.

I live in hope that an institution that has the potential for esteem and propriety, that our medical profession has, would lower themselves to this base level.

Remember the noble pledge of the healer and honour your tradition.

I consent to publication of my submission.

Sincerely,

ROBERT STRENGERS



From: Ingrid Strewe
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 13 May 2019 1:17:01 AM

To the Medical Board of Australia,

I support Option 1.

Greetings,

My family have used integrative medicine for decades, stop trying to restrict choices.

I consent to publication of my submission.

Sincerely,

Ingrid Strewe

A solid black rectangular box used to redact the signature of Ingrid Strewe.

From: Kelly Stuart
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 6:07:50 PM

To the Medical Board of Australia,

I support Option 1.

Integrative Medicine is not about WHAT is wrong with you but WHY. Surely the MBA should support any and all therapies that have helped any one lead a holistically healthy life. The journey to wellness is not linear and for my husband, daughter and I, without the help of our Integrative we would not be the healthy, vibrant people we are today. We practice preventative healthcare and because of this, very likely won't become a huge burden on Medicare with chronic inflammatory diseases in the future. I implore you to reconsider these changes for the greater good of Australia and it's people.

I consent to publication of my submission.

Sincerely,

Kelly Stuart

A solid black rectangular box used to redact the signature of Kelly Stuart.

From: Patty Stuart-Macadam
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 29 May 2019 5:31:23 PM

To the Medical Board of Australia,

I support Option 1.

My family and I have been going to integrative health practitioners for many years and feel that it is the smartest thing to do for maintaining good health and preventing disease. It does not make any sense to us that there should be restrictions put on our choice. The practitioners we see are properly licensed, registered and regulated and we have never had any problems. In fact we wish that there were more integrated practitioners because the few there are are so popular that there is often a long wait to see them.

I consent to publication of my submission.

Sincerely,

Patty Stuart-Macadam

A solid black rectangular box used to redact the signature of Patty Stuart-Macadam.

From: Holly Stubbs <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:18 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Natural options should be tried first (where possible)! It is not alternative medicine, it is what has always been around. Western medicine is so new, which should mean western medicine should be labelled alternative.

I am not saying western medicine and synthetic drugs are bad, absolutely not. It's a wonderful thing in certain situations. But natural complementary medicines should be trialled first as this tends to resolve issues faster and healthy way, synthetic dangerous drugs are not always the answer, now that is what puts patients at risk!!!!

I consent to publication of my submission.

Sincerely,

Holly Stubbs


From: Sam Stuczyk
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 8:45:38 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine has been a part of my life and my family for over 20 years. The health professionals we have sought have ranged from chiropractic care, homeopathy, naturopathy and nutritionists.

It is the knowledge and expertise of these medical professionals that have kept myself and my family healthy and have supported us through colds, ear infections and other conditions.

we have sought help from traditional doctors to no prevail. We believe every human has the right to choose how they treat their own body and heal themselves of illness and disease.

I consent to publication of my submission.

Sincerely,

Sam Stuczyk

A solid black rectangular box used to redact the signature of Sam Stuczyk.

From: Sally Sturgeon
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 10:47:03 PM

To the Medical Board of Australia,

I support Option 1.

I have made a choice to live a healthy lifestyle, I do not smoke, I do not drink, I exercise regularly, I go to work and pay taxes. The government not only makes a profit from my taxes but is also saving money by me living a healthy lifestyle (not having to visit government funded hospitals etc).

My right as a human being to have access to Integrative and Complementary medicine as part of my healthy living is being violated. I believe there is room for mainstream and integrative as well as complementary medicine to work together.

Why does profit \$\$\$\$ have to win over an individuals right to practice healthy living by using integrative and complementary medicine.

SHAME ON THE MBA FOR VIOLATING HUMAN RIGHTS!

I consent to publication of my submission.

Sincerely,

Sally Sturgeon

[REDACTED]

From: Shelley Sturgess
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 20 April 2019 11:03:19 PM

To the Medical Board of Australia,

I support Option 1.

It is our birthright to seek which heals us..
Medical and integrative must work hand in hand..

I consent to publication of my submission.

Sincerely,

Shelley Sturgess

A solid black rectangular box used to redact the signature of Shelley Sturgess.

From: CHERYL STYLES
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 12:07:44 PM

To the Medical Board of Australia,

I support Option 1.

I have witnessed very positive outcomes for various family members & many friends and I myself have experienced great outcomes for myself using INTEGRATIVE AND ALTERNATE MEDICINE AND TREATMENTS that have allowed me to remain mobile and physically functional, able to work and live without crippling pain... to heal things that conventional medicine failed to heal and to not suffer some of the catastrophic side effects and damages caused by conventional treatments. It is very important that people can choose to use a combination of both conventional and alternate methods in caring for their own health.

BOTH HAVE POSITIVES AND DOCTORS AND PATIENTS SHOULD HAVE THE RIGHT TO MAKE THEIR OWN INDIVIDUAL CHOICES. I FEEL STRONGLY THAT MAKING THESE CHANGES IS A MOVE AGAINST INDIVIDUAL AND HUMAN RIGHTS. PLEASE DO NOT MAKE THESE CHANGES AS THEY WILL NEGATIVELY IMPACT MANY OF OUR COMMUNITY CAUSING UNNECESSARY PAIN AND SUFFERING. THIS IS INTOLERABLE FOR MANY OF US.

I consent to publication of my submission.

Sincerely,

CHERYL STYLES

[REDACTED]

From: GEORGE STYLIAN
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:16:45 AM

To the Medical Board of Australia,

I support Option 1.

all over the world people use a mixture of traditional and orthodox medicine with good results. The WHO has even encouraged the use of traditional medicine because of its benefits. in the west, science has had the benefits of traditional medicine verified and there is strong scientific evidence for the efficacy of natural medicine. medical doctors who practice integrative medicine have become very popular because they give patients more choice and empower their patients to take care of their own health by encouraging them to lead more healthy lifestyles. this results in cheaper health care and this should be encouraged, not suppressed. In the US many medical universities including osteopathic universities are combining natural methods of treatment to help their patients with good results. after all, medicine was born out of natural medicine. So why go against its roots?

I consent to publication of my submission.

Sincerely,

GEORGE STYLIAN

[REDACTED]

From: Kim Subota
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 1:12:41 PM

To the Medical Board of Australia,

I support Option 1.

The changes threaten my doctors' ability to offer me complementary, innovative and emerging treatments, but also an ability to educate, research, and advise me about these treatment options. If adopted, the changes are set to impact my doctors' clinical autonomy, as well as her ability to provide fully individualised patient care.

I appreciate the complementary health practices of acupuncture and chinese medicine which have helped me in the past. I value an holistic approach to healthcare.

I consent to publication of my submission.

Sincerely,

Kim Subota

A solid black rectangular box used to redact the signature of Kim Subota.

From: Jenny Sudmalis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 9:32:16 AM

To the Medical Board of Australia,

I support Option 1.

To label so called alternative treatments as fringe is ludicrous. Integrative medicine is the future, I'm tired of being told what I can and can't do for my body. With an overwhelming amount of people addicted to opioids, you would think that alternative choices would be thoroughly encouraged. I forget the strangle hold the pharmaceutical industry has over this country. I'm convinced those in power want people to remain sick, dependant and powerless by constantly trying to remove our choices. I love going to a properly trained medical doctor who has had the intelligence to see that mainstream medical science doesn't always help and often times relies more on prescriptions than treating the human body as a whole. Integrative therapies look at our bodies in a much more wholesome way, to get to the root cause and not just mask the symptoms with drugs.

I consent to publication of my submission.

Sincerely,

Jenny Sudmalis

A black rectangular redaction box covering the signature area.

From: Kelly Sullivan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:29:19 AM

To the Medical Board of Australia,

I support Option 1.

I have been so lucky to finally find an integrative medical GP to work alongside my naturopath that who, together, have helped me to become a thriving person and no longer stuck at home, indoors with no answers. These specialists are thorough, they take the time to listen to my health concerns, they educate me on what is happening in my body (more than anyone else ever has) and they give me choices in terms of treatment options - they leave no stone un-turned.

Whereas I have previously been utilising the conventional medical system and have been unwell for nearly 40 years.

To remove access and choice to these options I (and many others) may as well find a government run facility, which will take up an abundance of TAX PAYER DOLLARS, to care for us as we will not be looked after any other way. To remove choice is a death sentence for many. People who do not believe in or think integrative medicine is not effective have THE CHOICE NOT TO USE IT – don't take away the choice for people who want to use it.

Removing choice is NOT an answer, instead it is the start of a slippery slope to dictatorship.

I consent to publication of my submission.

Sincerely,

Kelly Sullivan



From: Maree Summerhayes <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:41 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Patients should have access to integrative and complimentary medicine.

I consent to publication of my submission.

Sincerely,

Maree Summerhayes
[REDACTED]

From: Linden Sutcliffe
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 8 June 2019 8:43:13 PM

To the Medical Board of Australia,

I support Option 1.

Dear voting member,

When you vote, your primary responsibility is to Australian Citizens.

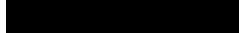
If you are paid, directly or indirectly by a big corporation who benefits by limiting my choice, then you have a conflict of interest and must rule yourself out.

Your responsibility is preserve my health choices, not limit them.

I consent to publication of my submission.

Sincerely,

Linden Sutcliffe

A solid black rectangular box used to redact the signature of Linden Sutcliffe.

From: Shivaun Sutcliffe
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 6:06:06 PM

To the Medical Board of Australia,

I support Option 1.

I want the choice to choose the right option for myself and my family.
We have used integrative doctors and medicine and found it the best
fit for our family.

I consent to publication of my submission.

Sincerely,

Shivaun Sutcliffe

A black rectangular redaction box covering the signature area.

From: Susan Suzen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 6:54:25 AM

To the Medical Board of Australia,

I support Option 1.

I prefer alternative medical treatment as doctored just push drugs and no longer look for causes just treat symptoms .. they are just a front now for drug companies who just focus on profits .. they don't want cures as they hits on profits ... Keep people sick and make more money is the medical model for drug companies I don't trust MBA it's a boys club look what is happening to [REDACTED] shows you guys up and you don't like it so get rid of him ..to bad he actually helps save lives ...
What doctors use to do

I consent to publication of my submission.

Sincerely,

Susan Suzen
[REDACTED]

From: Errol Svensson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 12:36:27 PM

To the Medical Board of Australia,

I support Option 1.

I support the belief that every individual has the right to make choices and determinations relating to their choice of Doctor. I also support the concept that my doctor of choice be entitled to prescribe all forms of mainstream and alternative medicine currently available for the maintenance of my health and wellness.

I consent to publication of my submission.

Sincerely,

Errol Svensson

A solid black rectangular box used to redact the signature of Errol Svensson.

From: Christine Swanson <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:29 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I wish full access to integrated and complimentary medicine.

I consent to publication of my submission.

Sincerely,

Christine Swanson
[REDACTED]

From: Malcolm Swift
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 12:21:54 PM

To the Medical Board of Australia,

I support Option 1.

I want continued choice of how I look after myself.

I do not consent to change of the situation, to the removal of my choice.

I you wish to inject vaccines and or chemicals into yourself, or your loved ones that your choice. I choose not to and wish to maintain my options.

I consent to publication of my submission.

Sincerely,

Malcolm Swift

A black rectangular redaction box covering the signature area.

From: Marla Swift
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:42:12 PM

To the Medical Board of Australia,

I support Option 1.

integrative medicine is my right if I so wish and I do so wish as it alone has saved me from grave medical consequences. This has been with the blessing of conventional doctors. It should ALWAYS be my choice as to how I treat my own body...do not impose restrictions..please. This means a huge step backwards, so far behind Europe that we will never again see the light of day medically. I categorically support holistic approaches to healthcare.

I consent to publication of my submission.

Sincerely,

Marla Swift

A solid black rectangular box used to redact the signature of Marla Swift.

From: Gyorgyi Szabo
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:46:07 PM

To the Medical Board of Australia,

I support Option 1.

I only ever choose integrative, holistic & alternative to treat my many ailments & always choose appropriate & highly educated & qualified GP's who also believe strongly that this form of treatments works & understand that it has more positive outcomes especially in regards to the the prevention of many long term or life threatening diseases.

I have found that using conventional medications only (in the long distant past) & it's approaches most often create secondary & ripple on health issues if they are not used carefully enough.

The unfortunate effect if this choice was taken away from us, would be that the many people who already use that method solely will also continue increasing their health subsequent risks along with imposing this more upon those who don't have this preference & will succumb purely on an infrastructure & economical basis. Those who are most aware of the secondary health issues are the more integrative patients & it would be unfair to rob the more intelligent approach to health & well being. If this was to go ahead, Practice Rooms & Clinics will become less personable & ones who do support wholistic medicines will become more exclusive & costlier than what they already are & such chosen methods of health support should not be beyond the average person's budget.

I consent to publication of my submission.

Sincerely,

Gyorgyi Szabo

A black rectangular box redacting the signature of Gyorgyi Szabo.

From: Monika Szigeti
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 17 May 2019 5:38:56 PM

To the Medical Board of Australia,

I support Option 1.

Hi

I am writing to you as a deeply concerned citizen who has just learned of your proposed changes.

I fully support patient access to integrative and complimentary medicine. It has helped me and my family over the years to deal with medical issues. I have found that in particular complementary medicine is often more effective than treating me with drugs. To be honest I have also found that some medical practitioners give old advice which is contrary to current guidelines. So let me please be the judge and assume full responsibility for my health and how I want to be treated including having the choice to integrative and complementary medicine.

If you deny me this choice I'll be even less inclined to go to a doctor than I am already now. I am not a person who believes in every fad but if the treatment sounds reasonable I want to be able to access it.

If you disallow it then there will be many more unemployed health practitioners and many more sick people.

I consent to publication of my submission.

Sincerely,

Monika Szigeti

A black rectangular redaction box covering the signature area.

From: Anna Talaj
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:41:00 PM

To the Medical Board of Australia,

I support Option 1.

Complimentary medicine has always been and will continue to be my families first choice in our health and well being as it treats the root of the problem. Complimentary medicine treats the actual cause of the symptom, not just the symptom itself and it works to understand and treat the disease, or pain that you are feeling and therefore remedy it. Natural medicines are also safer on the body so as far as common sense goes, it's a no brainer!!

I consent to publication of my submission.

Sincerely,

Anna Talaj

A solid black rectangular box used to redact the signature of Anna Talaj.

From: Edwin Tamasese
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 3:58:37 AM

To the Medical Board of Australia,

I support Option 1.

Limiting a Doctors capacity to treat has risks from many perspectives. Medicine is constantly evolving and having trained experts restricted in their capacity to employ treatments does not make sense at all. Doctors who were recommending dietary changes despite their field not being trained in this area are often questioned. We know now however that diet is the most important contributor to overall healthy outcomes and patient recovery.

As we are becoming more exposed to the huge range of treatments developed globally we are discovering a multitude of practices and treatments that are successful for treatment. These are treatments that have been used for thousands of years. To deny access to patients or to prevent Doctors who in their professional capacity should have the autonomy to determine when such approaches should be included is unintelligent on many levels.

I consent to publication of my submission.

Sincerely,

Edwin Tamasese

A black rectangular redaction box covering the signature area.

From: Sandra Tangey <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:19 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

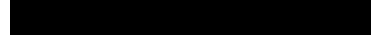
To the Medical Board of Australia,

I support Option 1.

The public have the right to choose their medical doctor, whether it be a normal GP, integrative doctor or naturopath .
The more natural remedy treatments endeavour to find the cause and not just treat the symptoms with drugs.

I consent to publication of my submission.

Sincerely,

Sandra Tangey


From: Nigel Tanner
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 6 June 2019 3:21:55 AM

To the Medical Board of Australia,

I support Option 1.

The government has no right to remove civil liberties concerning medication.

I consent to publication of my submission.

Sincerely,

Nigel Tanner

[Redacted Signature]

From: Nigel Tanner
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 12:18:53 AM

To the Medical Board of Australia,

I support Option 1.

Big Pharma is ripping off our revenue Save money by permitting alternative treatments.

I consent to publication of my submission.

Sincerely,

Nigel Tanner

[Redacted Signature]

From: Robin Tanner
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 8:25:09 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine because it gives me choice and agency in my relationship with my doctor. I do not want to be in the situation where my doctor is gagged by rules or legislation, when something simple may be the best outcome for a situation, but because of changed legislation my doctor is forced to prescribe expensive and possibly toxic medication because their hands are tied.

I consent to publication of my submission.

Sincerely,

Robin Tanner

A solid black rectangular box used to redact the signature of Robin Tanner.

From: Linda Tarran
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 6:41:11 PM

To the Medical Board of Australia,

I support Option 1.

This is my body, my choice and my right to choose the type of healthcare practitioner and modality that is right for me.

I consent to publication of my submission.

Sincerely,

Linda Tarran

A black rectangular redaction box covering the signature area.

From: Lida Tatarko
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 10:04:53 PM

To the Medical Board of Australia,

I support Option 1.

I feel all methods of medicine can be combined for the optimal outcome
in an individuals health !

I consent to publication of my submission.

Sincerely,

Lida Tatarko



From: Lesley Tatzenko
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:58:30 PM

To the Medical Board of Australia,

I support Option 1.

I am a Pharmacist and so have a good understanding of the pharmacology involved in holistic medicines and natural therapies. I am also a patient of a holistic practitioner and know that this treatment has changed my life. In the right hands this approach is safe and successful. In my long career in dealing with the Medical fraternity I know that they feel threatened by this. The solution would be to have more training for doctors in this area. It is not witchcraft, it is biochemistry.

I consent to publication of my submission.

Sincerely,

Lesley Tatzenko

A solid black rectangular box used to redact the signature of Lesley Tatzenko.

From: Ben Taylor
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:25:07 PM

To the Medical Board of Australia,

I support Option 1.

I support option 1 in no change to the current guidelines around doctors providing and recommending integrative and complementary medicines. It is imperative that our doctors have the option to use alternative solutions to big pharma as patients deserve options and varying opinions. There needs to be more study provided on alternative natural options, pharmaceutical companies are just that 'companies' with money at stake. Natural remedies have been around since the dawn of mankind and will continue to be an integral part of anyone's healing processes even if it's alongside modern medicine. It should not be a board decision to remove this option, the option should be available for the patient to make.

I consent to publication of my submission.

Sincerely,

Ben Taylor

A black rectangular redaction box covering the signature area.

From: Dana Taylor <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:42 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I would like the right to choose my doctor and the type of medical care that I would like. I would like the option of choosing A doctor who treats with natural medicine and conventional medicine. It should be our voice as the client NOT the AMB .

I consent to publication of my submission.

Sincerely,

Dana Taylor
[REDACTED]

From: Dianne Taylor
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 8:13:41 PM

To the Medical Board of Australia,

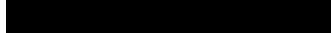
I support Option 1.

As a patient, I want the best possible medical care, and always choose an integrative medical practitioner to obtain advice and treatment that draws on a range of health disciplines. I wish to continue to be able to choose this option, and find suggestions that such practitioners may no longer be able to provide an integrative service very concerning.

I consent to publication of my submission.

Sincerely,

Dianne Taylor

A solid black rectangular box used to redact the signature of Dianne Taylor.

From: Fleur Taylor
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:31:47 PM

To the Medical Board of Australia,

I support Option 1.

I am writing to express concern about on new guidelines targeting medical doctors who integrate complementary medicines and emerging treatments into their practice. I feel the current system is working well and changing it could have a lot of unintended negative consequences. Targeting complementary therapies will only drive a wedge between medically trained and other health practitioners, at a time when the more helpful crossovers there can be, the better. Only a few years ago, we were all being told to avoid avocados, eggs, butter and seafood. Now mainstream research into the microbiome is upholding what allied health practitioners had been saying for years before. Therefore we must trust doctors, who are trained professionals, to make the call themselves on whether or not to integrate other therapeutic approaches into their practice.

I consent to publication of my submission.

Sincerely,

Fleur Taylor

A solid black rectangular box used to redact the signature of Fleur Taylor.

From: Janna Taylor <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 4:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,


I support Option 1.

I personally value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines.

Integrative doctors provide longer consultations to understand root causes of illness. This may be restricted to providing the "conventional" 10 minute consultation, which may diminish diagnostic capabilities and individualised treatment plans.

I consent to publication of my submission.

Sincerely,

Janna Taylor


From: Janna Taylor <submissions@yhyc.com.au>
Sent: Friday, 31 May 2019 4:14 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have been treated by a GP who practiced integrative medicine and it was one of the best courses of treatment I have ever had. I felt that I was treated holistically, and not just the part of me I came to talk about. I know that the treatment plan did not compromise any other part of my body or health, as have allopathic treatments with various pharmaceuticals that have had undesired side-effects (iatrogenic illness).

In the past I have found it very difficult to talk with doctors about the alternative therapies I use, and I deliberately seek out doctors who will support me in the way I prefer to be treated.

I use complementary medicine because I am able to maintain my own wellness, I have turned around some existing problems, I am actively preventing ill-health as I get older.

I will always seek help from doctors who practice allopathic medicine when needed, but will use complementary treatments wherever and whenever possible.

I consent to publication of my submission.

Sincerely,

Janna Taylor

[Redacted Signature]

From: Julie Taylor
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 7:39:02 PM

To the Medical Board of Australia,

I support Option 1.

Please stop trying to control the choices of people. Please stop choosing dollars over wellness. Complementary medicine continues to prove itself at an increasing rate and you will never stop that. Truth will prevail. Just STOP.

I consent to publication of my submission.

Sincerely,

Julie Taylor

A solid black rectangular box used to redact the signature of Julie Taylor.

From: Julie Taylor
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 1:31:52 PM

To the Medical Board of Australia,

I support Option 1.

My health is MY choice not yours. STOP putting dollars before lives and allow good quality help and prevention to continue for all people who chose this path.

I consent to publication of my submission.

Sincerely,

Julie Taylor

A solid black rectangular box used to redact the signature of Julie Taylor.

From: Taylor Melissa
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:57:29 PM

To the Medical Board of Australia,

I support Option 1.

Unless doctors provide options for patients there is no holistic approach or patients taking responsibility for their own health
Whilst traditional options have some of the solutions this is not the complete answer

I consent to publication of my submission.

Sincerely,

Taylor Melissa

A solid black rectangular box used to redact the signature of Taylor Melissa.

From: paul taylor
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 2:21:16 PM

To the Medical Board of Australia,

I support Option 1.

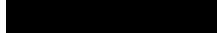
Hi

i m totally against any changes to the current guidelines for doctors and reserve the right to have my dr discuss alternative treatments,what is so wrong for a dr to discuss such things,all this is doing is putting more stress on dr knowing that other treatments are avaiable if he or she are not able to discuss treatments

I consent to publication of my submission.

Sincerely,

paul taylor

A solid black rectangular box used to redact the signature of Paul Taylor.

From: Rose Taylor
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 1:20:39 PM

To the Medical Board of Australia,

I support Option 1.

I have an MPA, am educated to know that there are many ways to achieve success. If you discourage natural alternatives, you are trying to control and monopolise. This will always be fought, it takes away our freedom. Many cancer and heart disease survivors eradicated the disease through natural alternative practices. We will always choose these methods because unlike the medical theory that each symptom points to a different disease, the body should be treated as a whole, not organ by organ etc. There are too many controlling advisors on your board, arrogant enough to even suggest this. Can only conclude there must be a financial gain to the medical profession!

I consent to publication of my submission.

Sincerely,

Rose Taylor

A solid black rectangular box used to redact the signature of Rose Taylor.

From: Roslyn Tebble
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 7:38:05 AM

To the Medical Board of Australia,

I support Option 1.

Please don't take away my choice of preferred treatment to my own personal health care.

No bogus testing of efficacy will change my opinion of what works best for me and what is right.

I consent to publication of my submission.

Sincerely,

Roslyn Tebble

A solid black rectangular box used to redact the signature of Roslyn Tebble.

From: Katherine Tenni
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 8:51:24 AM

To the Medical Board of Australia,

I support Option 1.

I value and support a fully holistic approach to healthcare. I support my doctors' right to provide new and innovative practices, and I support my right to have access to such practices.

Rather than shutting these practices down, why not be curious?

Facilitate and support good research around them. Explore why many consumers are wanting these kinds of healthcare options.

In my experience practitioners who utilise complementary and integrative medicine have facilitated a greater sense of self determination in me, making me more proactive and self responsible about my own health and well being.

I consent to publication of my submission.

Sincerely,

Katherine Tenni

A black rectangular redaction box covering the signature area.

From: Elizabeth Ter Kuile
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 8:50:15 AM

To the Medical Board of Australia,

I support Option 1.

I now control what I take with the support of an Integrative Dr.
40 years of uneducated Drs took me to a unhealthy place.
Despite hundreds of complaints.
Once I changed meds and listened to my body, my life is so good.
Please please give people option.
Every body has different needs
Elizabeth ter Kuile

I consent to publication of my submission.

Sincerely,

Elizabeth Ter Kuile

A solid black rectangular box used to redact the signature of Elizabeth Ter Kuile.

From: Suellen Terry
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 6:53:56 PM

To the Medical Board of Australia,

I support Option 1.

I support option 1 ,as it is -Our Health our Choice. Tradional medicine integrated with complementary and alternate practices can only benefit patients .

I consent to publication of my submission.

Sincerely,

Suellen Terry

A solid black rectangular box used to redact the signature of Suellen Terry.

From: Renee Tessarotto
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 1 July 2019 12:01:32 AM

To the Medical Board of Australia,

I support Option 1.

The collaboration of both systems can offer great benefit to patient health. It is important to be given all options available, so the patient can decide on the appropriate treatment for themselves.

I consent to publication of my submission.

Sincerely,

Renee Tessarotto

A black rectangular redaction box covering the signature area.

From: Sandra Thapa
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 9:47:08 PM

To the Medical Board of Australia,

I support Option 1.

I have many times sought alternative treatment when conventional medicine had no answers. Complementary/integrative medicine has been totally a godsend and cured me with no side effects. To deprive me and others of my choices to safe treatment would be a travesty. Your suggestion are tantamount restoring a witch hunt, it is offensive and taking us back to the dark ages. Do your damn research and consult with the thousands of patients who use these therapies!!

I consent to publication of my submission.

Sincerely,

Sandra Thapa

A solid black rectangular box used to redact the signature of Sandra Thapa.

From: Jessica Thatcher
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:02:58 PM

To the Medical Board of Australia,

I support Option 1.

A person seems an integrated practitioner often because "normal" methods of care have failed them. They go for a different view, a different perspective. I am dumbfounded that the MBA are looking to remove the option for vitamins, supplements and herbal remedies. Pot calling the kettle black, the MBA may have it's standard treatments for conditions but the research behind a lot of them is very poor or in some cases same as placebo. People have the right to trial a different option for their health. Why are we becoming a society that dictates how people should live? Why are we not empowering them to make their own choices? Why are we looking to medicate them with pharmaceuticals and not with healthy foods and lifestyle choices? Pharmaceuticals have many legitimate uses, and so do vitamins, herbal supplements etc

I consent to publication of my submission.

Sincerely,

Jessica Thatcher

A solid black rectangular box used to redact the signature of Jessica Thatcher.

From: Kumudu Thirimavithana
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 9:09:31 AM

To the Medical Board of Australia,

I support Option 1.

I have personally benefitted from integrative medicine and support keeping this choice WITHOUT further regulations. I have also seen my family members and friends benefitting from integrative medicine and its treatments. My experience is that the mainstream medicine do not (and cannot) treat chronic conditions in an effective manner. It solely use and rely on constant use of medication. This approach makes patients addicted to medication and they have no way out.

The solution is integrative medicine, changing lifestyle and strengthening the body using basic nutrients. Please leave these practices along and do not introduce any guidelines that will impact my choice of treatments.

I consent to publication of my submission.

Sincerely,

Kumudu Thirimavithana



From: Karin Thomas
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 6:56:47 PM

To the Medical Board of Australia,

I support Option 1.

Dear MBA

I urge you to retain the current guidelines that support access to integrative health care. I believe we all should be able to continue to use complimentary healing methods along with pharmaceutical interventions as a matter of choice. The father of modern medicine even said "let food be your medicine". There are many ways of healing and Drs especially should be allowed to integrate complimentary modalities into their practice if they find it is helping their patients or if their patients request such assistance. Thank you for your attention

I consent to publication of my submission.

Sincerely,

Karin Thomas

A solid black rectangular box used to redact the signature of Karin Thomas.

From: Lynden Thomas
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 9:31:03 AM

To the Medical Board of Australia,

I support Option 1.

I believe in freedom of choice for the people of Australia, whether they be Medical Doctors responsibly and genuinely looking to help their patients (who don't wish to use pharmaceutical drugs), or they be those patients themselves who know from experience that they don't wish to use pharmaceutical drugs as a remedy to their health problem.

Our current medical model is quite different to what it was a hundred years ago, and I see it has been taken over by vested interests: very like our land is being degraded by Agribusiness corporations who only think about making money and not about the health and life of the soil and true agriculture. Pharmaceutical companies have lost sight of community health goals.

Attempted oppression of natural medicines, natural systems and integrative medicine is not a good look for the board. It shows gross disrespect for some of your best Doctors and the community, and puts into question what could possibly be behind such a move. Please do not be puppets of the Pharmaceutical industry.

While it is everyone's responsibility what they put into their mouths (and the mouths of their young children) why not put the Medical Board's well-intentioned energy into stricter and healthier guidelines for the food industries? Why not help to stop them adding harmful (and sometimes carcinogenic) herbicides, pesticides, additives, colourings, flavour enhancers, artificial sweeteners and preservatives into the production of foods? Many of these are quite unnecessary and cause discomfort and ill health. Why not actually look at all the evidence that meat, dairy and sugar are not living up to the marketing promises of greater health? This would be attending to the cause of many health problems.

Preventative and nutritional medicine should be reintroduced into any Universities where this glaring lack exists. Governments should restore preventative health and lifestyle programmes they have previously cut.

It is great that the health of the gut biome is coming into the awareness of mainstream medicine and science. Ancient Medical systems such as Ayurveda, were aware of the importance of digestion long ago, and how to assist it, often using appropriate food as medicine!

It is pure arrogance, self-centric and blinkered to think that you cannot learn from other systems. Might is not always right. Money making for shareholders is not noble when it is at the expense of true health. I believe that the different remedies and systems can harmoniously work together for the good of the people. Re-connect with your true purpose. Stand up for integrity. Open your hearts and minds.

I consent to publication of my submission.

Sincerely,

Lynden Thomas



From: Celia Thompson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 9:21:37 AM

To the Medical Board of Australia,

I support Option 1.

I have had good experiences over the years with doctors not just prescribing pharmaceutical products but being willing to suggest using vitamins/ minerals first to aid problems. That is what makes a good GP stand out in my view

I consent to publication of my submission.

Sincerely,

Celia Thompson

A black rectangular redaction box covering the signature area.

From: Celia Thompson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 6:20:06 PM

To the Medical Board of Australia,

I support Option 1.

I've always chosen general practitioners who are able to see the big picture and find complementary ways to heal as well as standard practice. Having nursed as an RN and midwife around the world I have seen what holistic health care is capable of and places where it's clearly lacking.

I consent to publication of my submission.

Sincerely,

Celia Thompson

A solid black rectangular box used to redact the signature of Celia Thompson.

From: Colleen Thompson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 27 April 2019 9:46:07 AM

To the Medical Board of Australia,

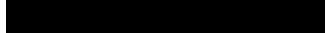
I support Option 1.

I am writing this as I feel choices are being taken away from the people.
We should be free to choose what kind of medical care is best for us.
With my condition a GP can only do so much I really have had to search
for other ways and practitioners to help me.
If these are taken away from me and everyone it would not be in the
best interest of our health.

I consent to publication of my submission.

Sincerely,

Colleen Thompson

A solid black rectangular box used to redact the signature of Colleen Thompson.

From: Heather Thompson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:41:15 PM

To the Medical Board of Australia,

I support Option 1.

This is an attack on our rights to choose. My body my choice. What is the MBA scared of. My family and many friends have been kept healthy by complimentary medicine. Even when my doctor has not understood why my health has improved due to complimentary medicine I have been told to keep doing what I am doing. Why is it not beneficial to work together. I would rather natural over synthetic and toxic any day. If those that are pushing for this change are not controlled by big Pharma then please explain honestly the reason for the change

I consent to publication of my submission.

Sincerely,

Heather Thompson

A solid black rectangular box used to redact the signature of Heather Thompson.

From: Marina Thompson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 3:33:17 PM

To the Medical Board of Australia,

I support Option 1.

I want my doctor to keep offering me choices for medication as I have a lot of allergies and prefer not to take chemical medications.

Please dont make restrictions on integrative practioners. We should ALL HAVE A CHOICE

I consent to publication of my submission.

Sincerely,

Marina Thompson

A solid black rectangular box used to redact the signature of Marina Thompson.

From: Peta Thompson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:04:16 AM

To the Medical Board of Australia,

I support Option 1.

When I heard about the push to limit a more wholistic approach to healthcare through my GP I was horrified.

It takes away the ability of doctors to use a wider range of therapy options apart from pharmaceutical drugs. I understand that medicine these days is a far more mechanical model of the human body. But when we take away the ability of GP's to practice in other areas of expertise that they may have studied then it limits the ability of those practitioners to offer a broader choice to complement any possible testing and drug therapy.

If we take a phenomenological approach to healthcare (phenomenology is the study of the actual lived experience of the patient in it's entirety), then we begin to understand that there are many components to a human beings overall lived experience in the world.

As an art therapist and business owner I understand that people are not mechanical beings and symptoms can often be treated in a number of different ways. Modern medicine should have a symbiotic relationship with complementary therapies to address the needs of a patient wholistically rather than just by symptom alleviation.

I consent to publication of my submission.

Sincerely,

Peta Thompson

A black rectangular box redacting the signature of Peta Thompson.

From: Peter Thompson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 3:08:31 PM

To the Medical Board of Australia,

I support Option 1.

I strongly support freedom of choice when it comes to my health. The argument about efficacy has been a long ongoing one and will continue but the whole point is about what informed choice I am to make and that sits squarely with me.

My health is my choice and I want to keep it that way.

I consent to publication of my submission.

Sincerely,

Peter Thompson

A solid black rectangular box used to redact the signature of Peter Thompson.

From: Scherie Thompson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 10:08:49 PM

To the Medical Board of Australia,

I support Option 1.

Alternative medicine is about a holistic approach adopting prevention rather than cure. Longterm this brings less strain on the medical waitlists and more focus on wellbeing and diet for the individual

I consent to publication of my submission.

Sincerely,

Scherie Thompson

A black rectangular redaction box covering the signature area.

From: Victoria Thompson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 8:34:29 AM

To the Medical Board of Australia,

I support Option 1.

Do not take away Drs choices to recommend complimentary medicine.
Patients should have choices & free will

I consent to publication of my submission.

Sincerely,

Victoria Thompson

[Redacted Signature]

From: Kylie Thomsen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 6:03:39 PM

To the Medical Board of Australia,

I support Option 1.

Complimentary medicine has been crucial to my health in the past few years & previous to this. By taking away this choice would be detrimental to not only myself but to many clients family & friends. Both conventional & Integrative & complimentary medicine is needed & should be available to all people in this country.

I consent to publication of my submission.

Sincerely,

Kylie Thomsen

A solid black rectangular box used to redact the signature of Kylie Thomsen.

From: maureen thomson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 6:09:01 PM

To the Medical Board of Australia,

I support Option 1.

I feel that we are being told who and what we can do to help our health. Naturopaths etc have had their rebates taken away from them and yet they help many people and keep so many of them out of the health care system. stop interfering in our choice to look after our own health please!

I consent to publication of my submission.

Sincerely,

maureen thomson

A solid black rectangular box used to redact the signature of Maureen Thomson.

From: Sharon Thomson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 13 May 2019 2:05:52 PM

To the Medical Board of Australia,

I support Option 1.

Practitioners such as these saved me from extinction with their knowledge of not just medicine but nutrition. They are genuinely more caring about your health and well being by listening to the patient.

I consent to publication of my submission.

Sincerely,

Sharon Thomson

A solid black rectangular box used to redact the signature of Sharon Thomson.

From: Brooke Thornberry
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 9:11:59 PM

To the Medical Board of Australia,

I support Option 1.

Best practice and scientific, evidenced-based healthcare are ever evolving. We are a progressive country and this is just another area in which government need to let go of archaic ways and see this as an opportunity. The way forward is to have a holistic, integrative approach. The burden to society and the economy is great; which is evident by the rising epidemic of CVD, metabolic syndrome, diabetes, cancer; the gamut of mental health issues and diseases of inflammation and affluence. Please readjust your thinking and approach when it comes to best practice, personalized prescription for addressing an individuals health care needs. It is no longer a '1 size fits all' model. This review is an opportunity to clean out the incorrect practitioners, but my personal, first hand experience, is that there are a bunch of excellent integrative GP's who 'care' about an individuals health and not just their bottom line.

Please keep items such as Pilates and yoga as well. We have a hugely disturbing rate of suicide and depression in this country. We should be encouraging people to move and think 'healthfully' of their bodies. Consult pubmed and you will find numerous peer reviewed articles on the benefits to an individuals body and self esteem by engaging in these 2 activities.

I consent to publication of my submission.

Sincerely,

Brooke Thornberry

[Redacted Signature]

From: Sharon Thorndike
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:34:35 AM

To the Medical Board of Australia,

I support Option 1.

Please do not make changes to integrative medicine practice. To suggest the human body doesn't require extra vitamins and minerals and that doctors can't advise on this is ridiculous.

I consent to publication of my submission.

Sincerely,

Sharon Thorndike

A solid black rectangular box used to redact the signature of Sharon Thorndike.

From: Marg Thornell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 3:44:17 PM

To the Medical Board of Australia,

I support Option 1.

I am a 70 year old women who is fit and well because I take responsibility fr my health. I eat well, exercise, take extra nutrition, meditate and see integrative doctors and practitioners such as chiropractors when I need. I do not take any drugs and my Doctors understand my choices.

Our society is getting sicker and sicker because of poor choices in the medical system. Drs have little knowledge and even less time to give patients a different choice. this choice is vital for us in the next few decades.

All of my family seek alternative care and as a result of us all taking responsibility for our health we cost the tax payers very little money. Please do not take our choices away restrict the integrative practitioners.

I consent to publication of my submission.

Sincerely,

Marg Thornell

A black rectangular box redacting the signature of Marg Thornell.

From: Diane Thornton <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 12:07 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please do not change the current guidelines regarding integrative & complementary health services. I truly believe these can assist people with many medical conditions & can work along with traditional medicine.

I consent to publication of my submission.

Sincerely,

Diane Thornton
[REDACTED]

From: Sarah Thornton
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 8:53:12 AM

To the Medical Board of Australia,

I support Option 1.

The purpose of complementary medicine is to provide the best outcome for the patient. Why would the MBA want to limit that?

I consent to publication of my submission.

Sincerely,

Sarah Thornton

A black rectangular redaction box covering the signature area.

From: Angela Tillier
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 10:45:05 AM

To the Medical Board of Australia,

I support Option 1.

It is important that we are able to choose what we feel is right for us for our own health care.

I want advice from health professionals that I choose and I want a full range of options.

I worked for 7 years with cancer patients and noted how important it is for them to have choices. It empowers them and improves their state of mind when dealing with cancer. Many of the practices which were fringe at the time ie. nearly 30 years ago are now used in hospitals and by specialists. So let's not turn back the clock. We are all different and respond to different things. We must have choice.

I consent to publication of my submission.

Sincerely,

Angela Tillier

A solid black rectangular box used to redact the signature of Angela Tillier.

From: Carol Tillyer
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 7:58:43 AM

To the Medical Board of Australia,

I support Option 1.

The only thing that helped me with my fibromyalgia was integrative and complementary medicine. Regular GP treatment basically told me to learn to live with it and prescribed pharmaceuticals that made me put on weight, increased the brain fog and made me worse. If you further restrict integrative and complementary medicine you further restrict people like me from actually getting better and working to earn a living.

I consent to publication of my submission.

Sincerely,

Carol Tillyer

A solid black rectangular box used to redact the signature of Carol Tillyer.

From: Carol Tillyer
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 10 May 2019 1:47:26 PM

To the Medical Board of Australia,

I support Option 1.

If you tighten regulation of practitioners that provide integrative treatments, you prevent people like me from getting the help they need to get better. Conventional medicine prescribed me drugs that caused weight increase, fatigue and no help for the pain at all. It made me worse. It wasn't until I saw an integrative doctor that was willing to look outside the box, run diagnostic tests outside what the standard GP runs, and create an individual treatment plan for me that I finally started to get better. Like many other people, we are sick of doctors only treating the symptoms with pharmaceutical drugs, sometimes having to then prescribe more drugs to treat new symptoms created by the first drugs. If you impose restrictions on integrative practitioners you'll be preventing people like me from truly getting better. Holistic and conventional medicine should complement each other. All doctors should also complete naturopathy courses when going through medical school, so they can provide their patients the best of both treatments. Please don't take a step backwards into the dinosaur age! You should be embracing the fact that many doctors want to provide such a high level of care for their patients and encouraging more doctors to do the same thing.

I consent to publication of my submission.

Sincerely,

Carol Tillyer

A solid black rectangular box used to redact the signature of Carol Tillyer.

From: Carol Tillyer
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 10:09:55 AM

To the Medical Board of Australia,

I support Option 1.

Please don't change the guidelines. If my doctor hadn't been able to order the diagnostic testing and prescribe me compounded vitamins and supplements I wouldn't be working today. I'd be a burden to the Centrelink benefits and the health system. I am fed up with the bureaucratic attitude that I can't make choices for myself. It seems you all want to stop us from healing and remain dependent on drugs that only treat systems. I am more than capable of making my own choices when it comes to my health. Natural therapies have already been attacked by the government on health fund rebates. Please stop attacking the health of those who seek to use non-toxic remedies that work!

I consent to publication of my submission.

Sincerely,

Carol Tillyer

A black rectangular redaction box covering the signature area.

From: Natalie Tindale
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:37:14 AM

To the Medical Board of Australia,

I support Option 1.

Balance is key

I consent to publication of my submission.

Sincerely,

Natalie Tindale

A solid black rectangular box used to redact the signature of Natalie Tindale.

From: Melissa Tinney
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 9:29:36 AM

To the Medical Board of Australia,

I support Option 1.

We , the public, have the right to access any health services of our choice and the government has no right to restrict alternative therapies unless they can prove they are causing harm. If you are going to attempt this then you must also investigate conventional medical practises for any cause of harm as well. Spend our money where it is needed and leave the innovative forward thinking and hard working integrative medicine doctors alone!

I consent to publication of my submission.

Sincerely,

Melissa Tinney

A solid black rectangular box used to redact the signature of Melissa Tinney.

From: Anastasia Todd
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:27:52 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine has truly been life-changing for my family - my parents, brother, myself, my children, and my husband. Over the years we have faced issues that baffled the conventional medical establishment and received no answers (and very poor quality of life) until we discovered integrative medicine. I urge you with every fibre in my body to keep the guidelines as is!!! If we are unable to access integrative healthcare here in Sydney, then we will most definitely be forced to travel interstate or even overseas for our healthcare. And we are not the only ones! Please hear our voices. We hope Australia is still a democracy with freedom of choice a given condition of residency. All we want is to live healthy, happy lives. Please don't take that from us.

I consent to publication of my submission.

Sincerely,

Anastasia Todd

A solid black rectangular box used to redact the signature of Anastasia Todd.

From: Peter Tomkinson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:42:02 PM

To the Medical Board of Australia,

I support Option 1.

i support option one in regard to Regulations on Integrated Health Care, ie NO Change to current rules.

It is my understanding that the medical caregiver should make the decision with the full informed consent of the patient as to what specific health needs that patient should be offered and directed to. There must be no interference or restriction on this process.

It has become ever more clear that a broader range of possibilities for treatment is desperately needed to meet the healthcare needs of Australians so as a minimum the current rules should remain.

After experience in Germany where medical doctors were encouraged to consider what in Australia may called alternative therapies and in consultation with their patient prescribe them, I have seen the value of such an approach.

A holistic approach is the only way to treat any health issue and the health professional must be allowed, encouraged in fact, to odder or apply any that they believe in their experience will help the patient. Restrictions on the choice of therapies risks making medical treatment nothing but a business for profit when patient health must be the primary task of the service.

I consent to publication of my submission.

Sincerely,

Peter Tomkinson



From: Michael Tomlinson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 8:21:15 PM

To the Medical Board of Australia,

I support Option 1.

So called 'alternative' therapies gave me my life back ... thanks to a doctor who thinks outside the box. These changes will NOT help.

I consent to publication of my submission.

Sincerely,

Michael Tomlinson

A black rectangular box redacting the signature of Michael Tomlinson.

From: Erin Toole
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:13:45 PM

To the Medical Board of Australia,

I support Option 1.

It is my choice how I deal with my health. You clearly don't understand how many peoples lives you're going to effect. Whether it be people who do this for a living or whether it be people who have only succeeded with natural medicine. Government and pharmaceutical companies love to brain wash people with pharmaceutical options only. You are only in it for the money as a government. You don't care about the lives of others while you're sitting up nice and high on your platform. Wake up to yourselves and stop making things worse for our population.

I consent to publication of my submission.

Sincerely,

Erin Toole

A solid black rectangular box used to redact the signature of Erin Toole.

From: Anne Toovey
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 9:09:20 PM

To the Medical Board of Australia,

I support Option 1.

I am very concerned by the restrictions proposed for natural therapy medicine professionals and for the freedom of doctors to adopt a holistic approach to me health. I consider it my right to choose the type of care that I want. This should be supported through my health fund.

I consent to publication of my submission.

Sincerely,

Anne Toovey

A solid black rectangular box used to redact the signature of Anne Toovey.

From: Jean Towill
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 6:25:56 PM

To the Medical Board of Australia,

I support Option 1.

I fully support integrative and complementary therapy and medicines. I rarely use pharmaceuticals as I have insensitivities to most of it. I prefer using essential oils for many medicinal issues. I prefer taking herbal supplements over big pharma vitamins. I haven't had the flu in years due to alternative medicines. I am rarely ill.

I consent to publication of my submission.

Sincerely,

Jean Towill

A solid black rectangular box used to redact the signature of Jean Towill.

From: Lorraine Town
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 2 June 2019 2:54:56 PM

To the Medical Board of Australia,

I support Option 1.

I strongly support patient access to Integrative & complementary medicine. To take away this right is an infringement against free choice while I also acknowledge the importance of assuring professional health care for all.

Both myself & my family & friends have been very grateful for access to complementary medicine for many years & are finding it difficult now that insurance cover is no longer available.

We are concerned that in withdrawing access to complementary medicine our health will indeed suffer.

I chose integrative medicine when normal avenues were not getting to the cause of illness & many times have had excellent results working with a Naturopath, Bowen Therapist & Chiropractor in conjunction with an Integrated Medical Doctor.

I highly recommend that this form of healing - offering the option of professional medical treatment will most definitely save money rather than increase costs in the public health system.

Thank you for your informed & unbiased consideration of this issue & am seriously looking forward to continuing the care of my health through integrated medicine

I consent to publication of my submission.

Sincerely,

Lorraine Town



From: Jenn Townsend
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 10:45:04 AM

To the Medical Board of Australia,

I support Option 1.

I use and have used integrative medicine. Kinesiology, Herbal and Chiropractic.

The medical model does not work for everyone. Alternate therapies have a role in the well being of the community. They are costly but they work for a large percentage of the population. Leave them alone. Allow people choice.

I consent to publication of my submission.

Sincerely,

Jenn Townsend

A solid black rectangular box used to redact the signature of Jenn Townsend.

From: Carmen Tracy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 12:26:29 AM

To the Medical Board of Australia,

I support Option 1.

I wholeheartedly support holistic and alternative therapies for health care including chiropractic care all the way through to simple things like vitamins.

Integrative medicine is so beneficial in so many ways. I have personally witnessed the first hand benefits of chiropractic care as well as other alternative medicines as I am currently a chiropractic student. As a chiropractic student I have seen how helpful alternative therapies can be on a persons health when they have already tried all other “congenital” methods to healthcare and medicine.

If complementary medicine was restricted by Medicare making it harder to access by the general public it would not only affect my livelihood as a future chiropractor (as I would have less patients at my clinic as they cannot afford it), but it would also affect the whole of Australia. Australia is a progressive country, typically, with open mindedness to health care and natural therapies, if chiropractic and other complementary medicines were taken away from the public the health of the entire country would decline.

Please, consider the benefits of complementary/integrative/alternative health care options, as these methods drastically improve the health of the people without solely using synthetic medicines. Natural health is the most effective strategy for health care, so it would be a shame if Australians could no longer afford to have access to such beneficial therapies.

I consent to publication of my submission.

Sincerely,

Carmen Tracy

A black rectangular box redacting the signature of Carmen Tracy.

From: Erica Tracy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 7:27:14 AM

To the Medical Board of Australia,

I support Option 1.

we need to have freedom of choice, especially in our healthcare. Why is the MBA so afraid of integrative treatments - they work for many people, is it possibly because they may jeopardise the profits made by pharmaceutical companies.

I consent to publication of my submission.

Sincerely,

Erica Tracy

A black rectangular redaction box covering the signature area.

From: Karolyn Treacy
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 2:40:06 AM

To the Medical Board of Australia,

I support Option 1.

Healthcare is about choice and integrative therapy provides choice to consumers. The healthcare system cannot be monopolized by big pharma and invasive therapies as the only option.

I consent to publication of my submission.

Sincerely,

Karolyn Treacy

A solid black rectangular box used to redact the signature of Karolyn Treacy.

From: Richard Trebus
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 4:57:12 PM

To the Medical Board of Australia,

I support Option 1.

I think that it is sheer lunacy not to use any kind of medicine to treat a patient. There is more to treatment than the drugs peddled by big pharma which is more about profits than people. Doctors should have the freedom to consult with a patient as long as they see it is fit to get an idea of what the problem is and how best to treat it. Writing prescriptions may suit the pharmaceutical companies but may not be in the best interest of the patient. If complementary medicine like acupuncture or herbal medicine can cure an ailment then a doctor should have the freedom to recommend it. No exception

I consent to publication of my submission.

Sincerely,

Richard Trebus

A solid black rectangular box used to redact the signature of Richard Trebus.

From: Jessie Treloar <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:26 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I want to retain access to integrative medicine and complimentary medicine because it has been the means of supporting my good health in the past.

I am presently aged 76 years, am active and in good health and not in need of any pharmaceutical medication. I hope to remain this way for the rest of my life but, if I do need assistance at some time in the future, I will be seeking a complimentary practitioner or natural therapist for advice. If the MBA (and the government) allows the Pharmaceutical industry to dictate who I can obtain that advice from then our country is in dire straits and I fear for the future health of my children and grandchildren.

With an election approaching, I will be voting for whoever will oppose these proposed restrictions.

I consent to publication of my submission.

Sincerely,

Jessie Treloar

[Redacted Signature]

From: May Treloar
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:32:01 PM

To the Medical Board of Australia,

I support Option 1.

I strongly support access to integrative and complimentary medicine. I currently use vitamin and mineral supplements in addition to a healthy diet and have done so for some years. I also have used the support of an integrative medicine doctor in the past and, as a result of these measures I am an active, healthy 76 year old, with no requirement for pharmaceutical prescriptions and I intend to continue that way.

If the MBA attempt to take away people's freedom to choose the health care they want, I believe they are being funded and driven by the pharmaceutical industry and that disgusts me!

I consent to publication of my submission.

Sincerely,

May Treloar

A black rectangular redaction box covering the signature area.

From: Leanne Trewin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 18 June 2019 1:05:26 AM

To the Medical Board of Australia,

I support Option 1.

People need the right to choose what is best for them as far as their health is concerned. We don't all choose to down a pill. A lot of medicines may help, but can also cause problems in other areas. Let the people have the freedom to choose...

I consent to publication of my submission.

Sincerely,

Leanne Trewin

A black rectangular box used to redact the signature of Leanne Trewin.

From: Faye Triantis <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 12:08 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine searches for the root cause of chronic illness. It treats the patient as a whole.

I consent to publication of my submission.

Sincerely,

Faye Triantis


From: Matt Trigar
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:41:42 PM

To the Medical Board of Australia,

I support Option 1.

Respectfully and in short I firmly believe that no restrictions should be placed on integrative and complimentary medicine/practitioners they have been instrumental in improving my health and general well being. We deserve the right to be able to choose these practitioners.

I consent to publication of my submission.

Sincerely,

Matt Trigar

A solid black rectangular box used to redact the signature of Matt Trigar.

From: Clare Trombetta
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:43:30 PM

To the Medical Board of Australia,

I support Option 1.

I strongly believe there should be no changes to the current practices. Me body, my choice. There is numerous info both clinical & empirical that supports this type of health care. I have used for years for specific issues & general well-being. It is safe when conducted by a properly trained therapist. If guidelines change people will continue to use but will use untrained people as no one will need to join a governing body.

I consent to publication of my submission.

Sincerely,

Clare Trombetta

A solid black rectangular box used to redact the signature of Clare Trombetta.

From: Christine Tross
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 3:56:18 PM

To the Medical Board of Australia,

I support Option 1.

My experience with mainstream medicine has been extremely negative and unsuccessful. Many times I have been prescribed incorrect medicines which have been harmful. Integrative and complementary treatments have improved my health and I would like to have continued easy access to them

I consent to publication of my submission.

Sincerely,

Christine Tross

A black rectangular redaction box covering the signature area.

From: Julie Trotter
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 16 May 2019 7:39:08 AM

To the Medical Board of Australia,

I support Option 1.

I want the right to choose the type of medical consultants i need and integrative doctors should have the right to choose how to run their practices without interference from the medical-pharmaceutical mafia.

I consent to publication of my submission.

Sincerely,

Julie Trotter

A black rectangular redaction box covering the signature area.

From: Tia Truong
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 10:24:33 PM

To the Medical Board of Australia,

I support Option 1.

I wish to keep integrative healthcare as it is as I want the freedom to choose my healthcare

I consent to publication of my submission.

Sincerely,

Tia Truong

A black rectangular redaction box covering the signature area.

From: Alison Tudball
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 11:32:23 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative and complementary medicine because as a health professional (Remedial Massage Therapist of 20years), I have seen first hand the benefits my clients have received from the above medical choices.

Not only helping with existing conditions but also as a preventive measure. And that is why, I myself, choose integrative and complementary medicine to help guide and advise me on life-style and wellness choices. Therefore - long term optimum health.

If the MBA imposes restrictions on Integrative practitioners, I foresee our nations health, being much worst off and thus becoming more costly to the Health System.

PREVENTION IS BETTER THAN CURE.

I consent to publication of my submission.

Sincerely,

Alison Tudball

A black rectangular box redacting the signature of Alison Tudball.

From: gayle tuddenham <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:42 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

A holistic approach to healthcare is utilising any and all therapies, practices and complementary treatments and needs to stay in the scope of the medical practioners rights and choice as well as the patients. Not every Dr has to be anal, restrictive and a perfect duplicate of every other Dr in the country. Not every medication a Dr can prescribe will always work for every person, there needs to be a range of choices available for Dr and patient.

I consent to publication of my submission.

Sincerely,

gayle tuddenham
[REDACTED]

From: Terei Tumohe
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 4:47:57 PM

To the Medical Board of Australia,

I support Option 1.

I have witnessed countless erroneous judgements handed down by the "Medical Board of Australia". I watched as entire Communities and Towns buckled under the injustices served out by a group of overrated, narcissistic, power driven people, all suffering from severe God complex's!!

I believe people that wish to hold positions such as these, should have to campaign for their positions, and be a democratic vote by the people of Australia. This Medical Board of Australia is a joke, they hold power in our Government, so the people who choose to sit on these "Boards" should therefore be judged and voted into these positions!!

I consent to publication of my submission.

Sincerely,

Terei Tumohe

A black rectangular redaction box covering the signature area.

From: Jill Turnbull
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:05:38 AM

To the Medical Board of Australia,

I support Option 1.

I support to maintain the current guidelines as I value a holistic approach to healthcare and support doctors' right to provide new and innovative approaches, including complementary medicine treatments. I utilise both if you take this away you risk our health. I have been able to use alternative medicine and practices to keep healthy without the need of anti biotics and flu vaccines. That's why Australia is so great we still have the freedom of choice and voice. This is my health is my right to choose and my right to seek assistance to maintain my health

Please don't take our freedom to choose away

I consent to publication of my submission.

Sincerely,

Jill Turnbull



From: Loren Turnbull <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:18 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Mainstream medical science has done an amazing job in certain areas, but tends to be disease centric as opposed to "patient as a whole". My experience with integrative medicine is that it empowers the individual to take control of their own health, before serious disease takes hold. Mainstream medicine will always be there. To take away the individual choice to accompany it with cheaper, holistic, "person-as-a-whole" style of care would be a disastrous set back to a society that has worked so hard to promote free-choice. My experience with integrative health practitioners is they have an attitude of "first so no harm". They come from a good place, with a motivation to help not hurt. I have seen amazing results for those who chose the integrative path. Don't stop something that's working. Allow the public the right to work with these people as well as mainstream medical practitioners. If nothing else, look at it from the point of view that integrative practitioners help to ease the ever growing burden placed on the mainstream system. Let the people speak for themselves.

I consent to publication of my submission.

Sincerely,

Loren Turnbull


From: Amy Turner <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:26 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I would like to express my deep concern about taking away availability of choices for birthing women. We should be making access to better health care more widely available so we can get better outcomes for mothers and their babies. A one size fits all practice never works for all people, so keeping options available is the only way to ensure better outcomes.

thank you

I consent to publication of my submission.

Sincerely,

Amy Turner

[Redacted Signature]

From: Max Turner
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 1:25:08 PM

To the Medical Board of Australia,

I support Option 1.

I have found a range of alternative medicines extremely helpfull in the treatment of chronic illnesses that have been superior to the treatment of symptions only by Gp's

I consent to publication of my submission.

Sincerely,

Max Turner

A solid black rectangular box used to redact the signature of Max Turner.

From: Paul Turner
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 2:46:40 PM

To the Medical Board of Australia,

I support Option 1.

As I have seen the benefits of complimentary medical practices both firsthand, and through family and friends, I am strongly opposed to any changes in the Practitioner guidelines which would potentially threaten access to that care.

Published statistics both nationally and internationally demonstrate that these practices are not unsafe, in fact showing far less iatrogenic outcomes than 'standard care'.

If the practice of safe medical treatments outside of 'standard care' is discouraged medical advances will slow to a crawl, and be at the mercy of those governing the distribution of research funds. Given the centralised nature of that distribution, this is not a desirable outcome.

I consent to publication of my submission.

Sincerely,

Paul Turner

A solid black rectangular box used to redact the signature of Paul Turner.

From: Virginia Turner
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:56:30 PM

To the Medical Board of Australia,

I support Option 1.

I have been using various natural therapies for over 30 years. In my personal experience, they have substantially improved my health and reduced my need to access expensive conventional treatment & medications. As a result of this positive impact, I have pursued education in natural therapies and strongly believe that individuals have the right to choose the therapies which best suit them.

I expect that my Doctors should be well informed about the wide variety of treatment options and that they would be free & able to assist me to source the most optimal treatments regardless of the modality concerned.

I am baffled as to why there is so much focus on limiting the choice of therapies available to private citizens. Instead, the opposite approach is required, with emphasis on collaboration between the modalities to enable people to be truly healthy via whatever therapy combinations they choose to use. This will reduce the long-term burden on the health sector.

I consent to publication of my submission.

Sincerely,

Virginia Turner

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From: Jenn Turnham
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 4:43:01 PM

To the Medical Board of Australia,

I support Option 1.

Please do not restrict my access to integrative and complementary medicine. I should be able to CHOOSE who I see to help me with my health. It should also be up to the health practitioner to also choose what methods they believe will help me, including new and innovative practices and complementary medicines.

I have received MORE help from non-conventional / alternative medicine practitioners in my life than I have from conventional medicine. In fact conventional medicine has let me down very very badly in recent years.

If you impose restrictions it will severely impede my ability to heal from my illness that conventional medicine cannot help me with....

I consent to publication of my submission.

Sincerely,

Jenn Turnham

A black rectangular box redacting the signature of Jenn Turnham.

From: Nicole Twist
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 7:29:15 PM

To the Medical Board of Australia,

I support Option 1.

I work in the health sector so I realise the dire need for more integrative medicine being paramount for people's choices to remain open to what may support them whilst they are managing their disease and illness state. It narrows people's choices in how they want to manage their health and illness needs. More and more people are getting sick and need medical attention than ever before. Please do not squeeze their ability to choose into nothing. The long term consequences of such decisions will not bode well for the governments of the future that have to then deal with the negative outcomes of such a decision.

I consent to publication of my submission.

Sincerely,

Nicole Twist

A black rectangular box redacting the signature of Nicole Twist.

From: Julie Tyldesley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 9:42:15 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & Complementary medicine because as a democracy people should be able to choose that option if they wish. It costs more and if people are willing to pay for the extra time let them have it. There have not been any deaths recorded from doctors providing Integrative Complementary medicine and I myself personally have had great results from this type of medicine and don't know what I would do if it was no longer available as pharmaceuticals do not always agree with me. Give people people choice otherwise what sort of a nation are we becoming. I respect the work that mainstream doctors do and often use them but I believe that there is room for both. I see no valid reason for abolishing Integrative Complementary Medicine?

I consent to publication of my submission.

Sincerely,

Julie Tyldesley



From: Tiffany Tyler-Dignam
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 9:41:32 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine. I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines. Please reconsider your proposed restrictions on Integrative practitioners they are completely unnecessary.

I consent to publication of my submission.

Sincerely,

Tiffany Tyler-Dignam

A black rectangular redaction box covering the signature area.

From: Marion Uithol
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 28 May 2019 10:10:36 AM

To the Medical Board of Australia,

I support Option 1.

I want my qualified medical practitioner to be able to prescribe alternative medicines. Otherwise people who have had side effects from traditional pharmaceuticals will be tempted to use unqualified alternative health practitioners.

I consent to publication of my submission.

Sincerely,

Marion Uithol

A solid black rectangular box used to redact the signature of Marion Uithol.

From: Zehra Ulgen
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:34:01 AM

To the Medical Board of Australia,

I support Option 1.

please consider your review carefully. All treatments and therapy have a place. People are individuals and one standard treatment and medication does not fit all. Treating a symptom rather than the cause does not eradicate or reduce disease, it creates more disease. If integrative and conventional medicine work together the outcome for the patient can only possibly be positive, leading to much less burden on the medical system. It is unfair and unjust to not allow patients to have the choice over their bodies. Review evidence carefully and unbiased to really make a clear decision.

I consent to publication of my submission.

Sincerely,

Zehra Ulgen

A black rectangular box redacting the signature of Zehra Ulgen.

From: Jacquie Valentine
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 7:18:57 AM

To the Medical Board of Australia,

I support Option 1.

I wish to have the right to choose my healthcare. By going to an integrative practitioner I get told all my options for my best healthcare and then I can choose

I consent to publication of my submission.

Sincerely,

Jacquie Valentine

A black rectangular redaction box covering the signature area.

From: Cherie van Blommestein
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 5 June 2019 11:44:28 AM

To the Medical Board of Australia,

I support Option 1.

After my last submission, I have been thinking long and hard about the MBA policies. I am appalled and deeply disturbed by the god complex you exhibit with regards to patients. I have always believed that we live in a democracy not a dictatorship but your proposed policy is heading to the dictatorship where you think you are the only ones qualified to make decisions over my body.

How are you justifying this?

There are many supplements that have been proven to be of benefit such as: Magnesium supplements are proven to help with cramps - are you taking that option away from doctors?

Vitamin C is proven to help the immune system - doctors can't suggest that?

Iron is important for the function of the body - doctors won't now be able to give that or will it only be the pharmaceutical brand,

In hospitals, doctors won't be able to prescribe fortified milk and fruit juice drinks because they have vitamins and herbs.

If you take away our Democratic rights to access medications that we choose to use, then you have to remove the right of woman over their bodies that allow access to abortions.

There is a double standard from the Medical board. They swear an oath of do no harm but they conveniently argue away the rights of an unborn foetus and our right to choose what is best for our bodies especially when their expertise is not able to help a patient.

They are well aware that there is no cure for many ailments in this world but then make the decision that if they can't help, no one can.

If you are concerned about our well being then show us the SCIENTIFIC proof of your concerns instead of hiding behind your profession and pretend to actually care about our well being.

I consent to publication of my submission.

Sincerely,

Cherie van Blommestein



From: Aleisha van Bruchem
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 3:45:19 PM

To the Medical Board of Australia,

I support Option 1.

Please do not vote to have our medical choices tightened. I have used a vast array of integrative therapies and I am a VERY healthy person as a result. The reality is that as humans we are all bio individuals, what works for one may not work for another. Conventional medicine has not always been able to give me the help that I have needed and I have been able to successfully use both conventional and integrative therapy's. It doesn't need to be an either or situation. Also science is never settled, 10 years ago gut health and the microbiome was not spoken of in conventional medicine. Now there is research happening in this field more and more.

I consent to publication of my submission.

Sincerely,

Aleisha van Bruchem

A solid black rectangular box used to redact the signature of Aleisha van Bruchem.

From: Lidwina Van Dyk
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:30:19 PM

To the Medical Board of Australia,

I support Option 1.

I was only given a choice of drugs but have had greater results by looking for the bottom cause of my health issues using complimentary health doctors.

I am prepared to use diet, lifestyle etc changes to heal.

We need both systems.

Doctors need more teaching .

Doctors need more time with a patient. I was told by a doctor she did not have time to repeat something I did not understand nor to answer a question. but instantly gave me a prescription .

I consent to publication of my submission.

Sincerely,

Lidwina Van Dyk

A solid black rectangular box used to redact the signature of Lidwina Van Dyk.

From: Sophia van Ruth
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 10:06:50 PM

To the Medical Board of Australia,

I support Option 1.

I am very concerned by any proposal that restricts GPs in integrating a diverse range of practices in their practise. The human body is complex, there is no one set of practices that works for everyone, and as such I believe that an integrative approach can offer the best chance of success when approaching some healthcare issues with specific patients. To restrict these options is to restrict healthcare solutions to some individuals. I feel it is important that healthcare is regulated and that indeed all therapies doctors use are responsibly taught and applied, but definitely do not want to see choice restricted further than that.

I consent to publication of my submission.

Sincerely,

Sophia van Ruth

A black rectangular box used to redact the signature of Sophia van Ruth.

From: Sharon van Staden
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:34:01 PM

To the Medical Board of Australia,

I support Option 1.

I support Integrative and complementary medicine as well as Orthodox medicine because health and healing requires the best of both worlds. These days, there are many studies proving the efficiency of vitamin/supplement treatment such as Glucosamine or Turmeric. Undoubtedly we will see more of these studies in the future. We cannot restrict the future of science.

Some patients cannot tolerate anti-inflammatory medication and may try Turmeric instead. At least they have something and it may just work.

I am a Remedial massage therapist and have been able to help hundreds of people with pain, movement restrictions, stress and other disorders. Massage is indicated for the treatment of Multiple Sclerosis and I have clients with Alzheimers and Parkinsons disease that benefit greatly from physical therapy.

Chiropractors and Osteopaths are very important in keeping people mobile, reducing the dependance on pain killers and even getting people back to work.

Please let us not forget the basics, nutrition is a foundation of health, movement is necessary for health and many of our pharmaceuticals were derived from herbal medicines because they worked.

We are on a journey to understand that health is created by many aspects of lifestyle. Tightening regulations of government guidelines may undermine a persons holistic healing journey and having the support of their medical professional.

Australian doctors are held in high esteem and as medical professionals, I believe it is their job to evaluate what they may decide could be of a benefit to their patients.

I trust this process as I have all my life here in Australia.

I consent to publication of my submission.

Sincerely,

Sharon van Staden



From: Donna Van
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:32:59 AM

To the Medical Board of Australia,

I support Option 1.

Integrative & complementary medicine include the most evidenced based therapies of all time. Thousands of years of evidence. If best outcome for community health and wellbeing was the agenda here access to these therapies should be promoted and funded.

I consent to publication of my submission.

Sincerely,

Donna Van

A black rectangular redaction box covering the signature area.

From: Margaret Vanags
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 27 April 2019 2:58:02 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and functional medicine should be a matter of choice by individual patients. It should not be the choice of any governing body or indeed lobbying by the pharmaceutical giants.

I consent to publication of my submission.

Sincerely,

Margaret Vanags

A solid black rectangular box used to redact the signature of Margaret Vanags.

From: Chanel Vanovac
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 4:23:35 PM

To the Medical Board of Australia,

I support Option 1.

To the Medical Board of Australia,

It only makes sense that we respond to the growing education and information that many Australian's are equipped with today on integrative and complementary medicines.

The Japanese government allows it's doctors to implement these practice's alongside western medicine and this approach has been evidently successful.

In my opinion it is in the best interest of our communities health and wellbeing that as we continue to educate ourselves than naturally these understandings should be reflected in our practices.

The main focus of the medical association should be of course to heal and to support it's patients. As we sit aside continuing to be patient we await the day that the Australian Medical Association can finally catch up to the knowledge and information that the general public are becoming more and more aware of.

Sincerely,

I consent to publication of my submission.

Sincerely,

Chanel Vanovac



From: Gerald Vartan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 6:01:50 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is as old as the history of man. Because the mind and body both work in collaboration to right the wrongs of you ailments. To start 'feeling good' you have to use all the new and old solutions. Digestion is helped by relaxation, massage helps break up muscle tightness & mental stress & acupuncture acts as a counter irritant for some ailments.

Mental & physical treatment regimes should always work in conjunction with each other to achieve results.

I am not a medical or other professional. I just know that a lot of 'alternative' treatment for various ailments has been a boon to my health

I consent to publication of my submission.

Sincerely,

Gerald Vartan

A solid black rectangular box used to redact the signature of Gerald Vartan.

From: Geoff Vaughan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 2:00:14 PM

To the Medical Board of Australia,

I support Option 1.

As discussed with my GP, integrative medicine adds an extra dimension to appropriate treatment areas, so why on earth would your institution wish to restrict any options available to medical professionals who are trying to provide the best treatment strategies for their patients. Surely, all members within your institutions jurisdiction would have the capacity to make the correct judgements in relation to the use of alternative therapies in conjunction with their regular medical options. Your high-handed proposal to suggest otherwise and impose restrictions on other options, smacks of extreme arrogance and is certain to undermine any confidence medical practitioners may or may not have in the Board's capacity at present.

I consent to publication of my submission.

Sincerely,

Geoff Vaughan

A solid black rectangular box used to redact the signature of Geoff Vaughan.

From: Lyn Vaughan
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 6:49:19 PM

To the Medical Board of Australia,

I support Option 1.

I believe that integrated medicine offers a more comprehensive holistic approach to my and my family's health. GPs are too general and often lack knowledge that integrated doctors have. From experience I know this

There is a place for both in our society so please leave the existing status quo

I consent to publication of my submission.

Sincerely,

Lyn Vaughan

A black rectangular redaction box covering the signature area.

From: Claudia Vayda
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:36:56 AM

To the Medical Board of Australia,

I support Option 1.

I am horrified by your push to restrict patient choice, and medical care by enforcing restrictions on what doctors may suggest, talk about, prescribe as well as tests they may order. A number of issues arise for me as problematic here.

1. Do you feel that medical practitioners with many years of training and experience are unworthy of respect in such a profound way that you will tell them what to think and say at risk of prosecution if they deviate from this. You feel that you need to enter the privacy of the consultation room and gag and restrict their practice and their care for patients. If I was a GP I would be outraged by this infantilising of my profession

2. Will you allow them to discuss/prescribe/use any medicine that has an evidence base behind it (probiotics, echinacea, hypericum perforatum, vitamin D, meditation to name but a few) if not how can you justify this? If so, how will you possibly manage this? Additionally to this question, if new evidence is found, will you change what is and isn't allowed? How? Will you send a list out of forbidden and non forbidden topics?

3. How do you dare to think to restrict patient choice in such a space. I assume you are medical practitioners yourselves. How many times have you told ill patients that there is nothing more you can do? How do you dare to restrict their choices and explorations to find what can help them when anything their doctor can offer has been exhausted?

This is a politically driven outrageous assault on the ability of a doctor to practice her profession to the best of her ability, and to do her absolute best for her patient, and on the right of the patient to be able to both have choice and autonomy.

I am very concerned by this attempt to control and restrict patient care and medical practitioner autonomy.

I consent to publication of my submission.

Sincerely,

Claudia Vayda



From: Shalynn Vella <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 10:01 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Myself and my family choose to use complementary medicine as our first go to for medical needs and we love that we are able to access these services and care for our family the way we see fit. I am studying my bachelor of natural medicine and want to help heal others the same.

I consent to publication of my submission.

Sincerely,

Shalynn Vella
[REDACTED]

From: Vic Vella
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 7:26:17 PM

To the Medical Board of Australia,

I support Option 1.

I believe the MBA is crossing a fine line with its proposal to change current guidelines to Doctors. We live in a country where freedom of speech was fought for by our forefathers. Over regulation and control is taking away these freedoms. Think twice before you act as your actions only benefit big multinational pharmaceutical companies.

I consent to publication of my submission.

Sincerely,

Vic Vella

A black rectangular redaction box covering the signature area.

From: Katherine Venes
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 19 June 2019 11:17:46 PM


To the Medical Board of Australia,

I support Option 1.

It is outrageous for anyone to suggest criminalisation of the natural foods, plants, minerals and demonstrated beneficial, gentle and non invasive complementary health practices which have and do help so many. The only possible reason for this ridiculous and obscene curtailment of human rights is a corrupt and pathological money grab by already outrageously wealthy pharmaceutical companies, lobbying for even more blood money at the expense of our health and lives. Unacceptable violation of human rights and medical practice. Withholding nutritional information allows degenerative deficiency diseases which are wholly preventable with simple natural supplements.

I consent to publication of my submission.

Sincerely,

Katherine Venes


From: Meyer Vera
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 9:42:27 AM

To the Medical Board of Australia,

I support Option 1.

I want that healthcare practioner are able to prescribe alternative non main stream treatments so people have choices of treatment. Not every treatment wether traditional eg medical or alternative works for everyone as everybody is different. So a wide range of choices is absolutely necessary that patients /people can try what works for them. Meditation has increased my wellbeing significantly in combination with exercises like yoga and pilates. Methods with no side effects whatsoever. Pharmaceutical products would not have the same benefits because they would only cover up symptoms but not heal the course. Of course there should be some guidelines and control mechanism to prevent detrimental treatments just the same as for clinical products, which doesn't always work as we can in the scandals around mesh and breast implants. The other point is just because scientists can't measure the effectiveness of of product because they actually don't have the Methods to measure it, doesn't mean it's not doing anything for the person. This has been the case throughout medical history. So I think it is unwise and premature to lable alternative methods non-working in favour of expensive pills by some powerful lobby groups.

I consent to publication of my submission.

Sincerely,

Meyer Vera



From: Jack Verbeek
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 9:36:37 AM

To the Medical Board of Australia,

I support Option 1.

Pharmaceutical products all come with risk.
Integrative & complementary medicine for the most part do not.
I have used a combination of western and complimentary medicine all my life.
It is not the job of the MBA (or anyone else) to tell me how to look
after my body, it is also not their job to impose restrictions on
Integrative practitioners or restrict access to natural products.
The pharmaceutical industry is the most corrupt on this planet,
instead of representing them you should be focusing on the betterment
of human health.

I consent to publication of my submission.

Sincerely,

Jack Verbeek

A solid black rectangular box used to redact the signature of Jack Verbeek.

From: Kerry Vernon
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 1:05:18 AM

To the Medical Board of Australia,

I support Option 1.

I would like to let it be known that natural medicine or integrative care is necessary for people to achieve wellness. As a society we have a right to choice and I choose to not only have prescription medication as an option. Whilst some of this is clearly necessary, much of it is over prescribed and does not address the cause of a health issue. Integrative care looks at causal factors and instead of simply maintaining life (often with a myriad of side effects) it offers a real chance at genuine recovery and wellness.

I consent to publication of my submission.

Sincerely,

Kerry Vernon

A solid black rectangular box used to redact the signature of Kerry Vernon.

From: dr antonieke verschure
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:44:40 PM

To the Medical Board of Australia,

I support Option 1.

It is a disgrace this government is not even allowing people to benefit from all out knowledge in natural therapies and chinese medicine !

I consent to publication of my submission.

Sincerely,

dr antonieke verschure

A solid black rectangular box used to redact the signature of Dr. Antonieke Verschure.

From: Dr. Gerald Veurink
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 7:05:39 PM

To the Medical Board of Australia,

I support Option 1.

Please allow the use of integrative or functional medicine for the treatment of disease, since it includes treating the causes of disease instead of just masking symptoms.

I consent to publication of my submission.

Sincerely,

Dr. Gerald Veurink

A solid black rectangular box used to redact the signature of Dr. Gerald Veurink.

From: Marie Viant
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 10:09:30 AM

To the Medical Board of Australia,

I support Option 1.

Integrative treatment is highly beneficial, provides a holistic approach in medicine as well as treatment and prevention that helps people healing, feeling good. It is a win-win approach for the benefit of individual saving money to the health care scheme at the end.

Integrative treatment is better off in the hand of health professionals who have the skills and knowledge to recommend alternative or complementary treatments, supplements with proven results. Removing this professional guidance will re-enforce self medication and further expose people to negative outcomes.

I consent to publication of my submission.

Sincerely,

Marie Viant

A solid black rectangular box used to redact the signature of Marie Viant.

From: Karrieanne Viecele <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:47 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We all need access to intergrated medicine. From and in a way that is easy to access. Keep things as they are. Please don't make it harder for people to access the real medicine.

I consent to publication of my submission.

Sincerely,

Karrieanne Viecele
[REDACTED]

From: Britt Vikstrand-Richards
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 12:04:20 AM

To the Medical Board of Australia,

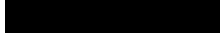
I support Option 1.

I believe it is important to allow people the right to choose what they want to do with their own body. Just because something is not evidence based according to medical science does not mean it has no medicinal relevance. Many curative agents have no research simply because they are not going to make a corporation lots of money. But basically, every person has the right to choose what they do to their own body and no govt should determine on behalf of the individual. Please do not make any amendments to the current legislation on this issue.

I consent to publication of my submission.

Sincerely,

Britt Vikstrand-Richards

A black rectangular box redacting the signature of Britt Vikstrand-Richards.

From: Jenni Vincent
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 8:40:20 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative and complementary medicine and doctors' rights to provide new and innovative practices including complementary medicines and natural therapies.

I have successfully used a range of integrative and complementary medicines and natural therapies.

As a patient, a taxpayer and a private health insurance contributor, I believe in my right to an holistic approach to managing my health and I should be able to choose the types of treatment that work for me.

Thank you.

I consent to publication of my submission.

Sincerely,

Jenni Vincent

A black rectangular box redacting the signature of Jenni Vincent.

From: Pamela Vincent
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 8:03:17 AM

To the Medical Board of Australia,

I support Option 1.

I strongly support integrative medicine and freedom of choice in health care. To limit medical care to drugs or surgical options indicates a lack of informed decision making and profit seeking. Those genuinely concerned with health care can easily find evidence of safe and effective treatments pertaining to many modalities via a quick search on Pub med.

I consent to publication of my submission.

Sincerely,

Pamela Vincent

A solid black rectangular box used to redact the signature of Pamela Vincent.

From: Oliver Vles <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 3:24 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Me and my family have benefited immensely from integrated health officials. Not only helping my family's wellbeing and overall health but also saving the Australian taxpayers lots of money in medical appointments without any outcome.

If you want to help the health and well-being of Australians than leave the integrated health professionals alone. If you want Australians to just take pharmaceutical drugs and get more side effects and increased issues. Yes that's when you get rid of this. So if you are getting rid of integrated health. At least be honest about the reasoning.

I consent to publication of my submission.

Sincerely,

Oliver Vles


From: Matt Vodic
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 5:43:55 PM

To the Medical Board of Australia,

I support Option 1.

People deserve the right to choose which health care solution they wish to undertake and not be funneled into a cookie-cutter medical system without choice.

Doctors should be free to suggest alternative options to people who request this or through methods they have seen success with.

Remember the Hippocratic oath, 'First do no harm'. Making people choose a particular solution because they have no other choice is as good as forcing it upon them and this should not be allowed in anything, let alone health care.

I consent to publication of my submission.

Sincerely,

Matt Vodic

A solid black rectangular box used to redact the signature of Matt Vodic.

From: Robert Volp
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 3:49:44 PM

To the Medical Board of Australia,

I support Option 1.

I support the right of choice when it comes to my health. If alternative medicine is not a choice, the whole medical profession will be totally dictated to by the drug companies.

I consent to publication of my submission.

Sincerely,

Robert Volp

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From: Sue Vonthien
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 12:32:36 PM

To the Medical Board of Australia,

I support Option 1.

Please allow drs to treat people holistically in their quest for good health and well being

I consent to publication of my submission.

Sincerely,

Sue Vonthien

A black rectangular box used to redact the signature of Sue Vonthien.

From: Sarah Vosper
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:00:09 PM

To the Medical Board of Australia,

I support Option 1.

I highly value integrative & complementary medicine, since choosing a lifestyle of eating whole foods and regular body movement, I've found I rarely get sick, I highly value integrative and complementary medicine and treatments that allow me the space to enjoy vitality, I find approaching life from a holistic perspective has allowed me to be a happier, joyful, clear and vibrant being. I do not believe we need to get sick, I believe we need to learn to live in balance, which is what integrative & complementary medicine supports, please respect the choice of those of us who value integrative & complementary medicine, and keep the freedom of practitioners in this field to provide what they have found to work. Science is catching up on the power of plants, and I feel it only fair to consider those of us who choose this non-conventional way of healing/staying healthy.

I consent to publication of my submission.

Sincerely,

Sarah Vosper

A solid black rectangular box used to redact the signature of Sarah Vosper.

From: Tanya Vu
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:44:53 PM

To the Medical Board of Australia,

I support Option 1.

I support Integrative Medicine providing that the Dr had proper training. Better still why not combine the proper trained naturopaths with mainstream Drs and bulkbill under Medicare.

I consent to publication of my submission.

Sincerely,

Tanya Vu

A black rectangular redaction box covering the signature area.

From: Matt Vuksanovic <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 11:13 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I am a registered pharmacist and see hundreds of patients everyday.

Tablet burdens will only ever go one way as a patient ages if only medications are used. Integrative medicine is the way forward and lifestyle, nutritional and evidence-based natural therapies should be embraced to allow our patients to live their best and longest lives.

Restricting how a health practitioner practices is dangerous as is only detrimental to Australia's progression towards universal and quality health care.

I consent to publication of my submission.

Sincerely,

Matt Vuksanovic

From: Julie W
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 9:18:29 PM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]
We need a balanced view of health & healing to be considered for overall health of our society.
It lowers costs in hospitals and other services.
integrated health is a necessity
People need to be respected in their choices & health decisions.
It is important for humanity to work together

I consent to publication of my submission.

Sincerely,

Julie W
[REDACTED]

From: Kerry Wailes
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:43:55 AM

To the Medical Board of Australia,

I support Option 1.

I support the integration of allopathic and complementary medicine.

From personal experience and my research, I am aware that complementary medicine has a far longer history of use and is generally far safer and cheaper than allopathic medicine. It is able to heal many issues that allopathic medicine alone cannot.

It does not make sense to exclude this huge body of healing wisdom from our health system. Ideally, the best protocols combining knowledge from all healing modalities may be used together to give the greatest outcomes for clients.

I have seen people heal from depression, anxiety, cancer, gut issues, skin issues, wound infections, respiratory infections and much more, solely using natural (complementary) therapies.

Please do not limit what a physician is able to do in this regard. The public will be the loser.

I consent to publication of my submission.

Sincerely,

Kerry Wailes

A black rectangular redaction box covering the signature area.

From: Kerry Wailes
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 14 May 2019 4:11:50 PM

To the Medical Board of Australia,

I support Option 1.

I believe that integrative health care is the way forward for health care in Australia. I am a natural health care practitioner myself and I have seen many cases of myself, my family, friends and clients benefitting from better nutrition, herbal medicine, essential oils, supplements and natural therapies. This has often occurred where Western Medicine has few, or no solutions, other than to manage symptoms with drugs.

I have also seen many cases where natural therapies are able to support healing, prior to or following medical interventions.

In many parts of the world, these therapies are still honoured and appreciated. Until recent times, they were our 'go-to' medicines. They are generally much safer than chemical medicines and work with the body's natural healing mechanisms, rather than against.

The overuse of antibiotics and often toxic chemical medications is a real problem for the overall health of people and the planet. With an estimated 200 000 people per year now dying in the US from effects of their chemical medications, we cannot continue to turn a blind eye.

Doctors were once trained in the use of food as medicine and herbal preparations, etc. It is high time for this to be the case once again. We may then find that our population will be healthier and less reliant on a stretched medical system.

I consent to publication of my submission.

Sincerely,

Kerry Wailes

A black rectangular box redacting the signature of Kerry Wailes.

From: Perri Wain
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 11:53:51 AM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine is often focused on prevention and decreasing the recurrence of diseases. As such it is important for individuals living healthy lives. This will also save the government (ie the taxpayers and all citizens) by decreasing healthcare costs. To restrict doctors from using integrative treatments will greatly restrict the availability of beneficial treatments to many people who rely on their GPs for health care. This seems a very backward step for our country.

I consent to publication of my submission.

Sincerely,

Perri Wain

A solid black rectangular box used to redact the signature of Perri Wain.

From: Hannah Wakefield
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:03:34 PM

To the Medical Board of Australia,

I support Option 1.

I would be lost with out alternate forms of medicine.

I consent to publication of my submission.

Sincerely,

Hannah Wakefield

[Redacted Signature]

From: Alyssa Waliga <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 11:27 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe everyone has a right to as many options as possible, natural medicine is a part of science and it should be supported. It has always been a huge part of our health care since the beginning of time.

I consent to publication of my submission.

Sincerely,

Alyssa Waliga
[REDACTED]

From: Anne Walker
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:13:56 AM

To the Medical Board of Australia,

I support Option 1.

To whom It May Concern,

Our health is always our choice and always should be our choice! To take away the choices of the people to seek out GP'S who educate themselves and integrate complimentary medicine into their practices is a violation on all levels.

Taking away this choice from well educated Dr's and the people is just another way of lining the pockets of the government and pharmaceutical companies pockets and is not in the best interest of anyone's health care.

Every individual should have the right to access treatments from qualified professionals that educate themselves in all ares of health to therefore have a much broader range of better health outcomes.

I strongly support Dr's who are open to integrative and complementary medicine and who treat their patients in a holistic manner.

Please don't take this choice away from them or from the people!

I consent to publication of my submission.

Sincerely,

Anne Walker



From: Brian Walker
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 5:37:08 PM

To the Medical Board of Australia,

I support Option 1.

No MBA restrictions on integrative practitioners.
I have a right to choose what I think is right for me.
Leave it as it is. Thanks for listing.

I consent to publication of my submission.

Sincerely,

Brian Walker

A black rectangular redaction box covering the signature area.

From: Sandra Walker
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 4:01:22 PM

To the Medical Board of Australia,

I support Option 1.

I will always support medical professionals adopting an integrated approach to my health care and have used both conventional and complementary allied health care throughout my life. As private practitioners I support any doctor appropriately qualified to assess in consultation with me, what is in my best interests in terms of my health NOT the govt and its overregulated blow hards of the MBA.

I consent to publication of my submission.

Sincerely,

Sandra Walker

A black rectangular redaction box covering the signature area.

From: Stella Walker-Sharland
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 12:10:04 PM

To the Medical Board of Australia,

I support Option 1.

I respectfully request that you do not change the present guidelines.
It is my right to make choices about what and how my healthcare needs are met. It is not your job to limit my choices. Everyone is entitled to an opinion, but that does not mean that you can make choices for others based on your opinion, or indeed the opinion of a vested interest.

I consent to publication of my submission.

Sincerely,

Stella Walker-Sharland

A solid black rectangular box used to redact the signature of Stella Walker-Sharland.

From: Jill Wallace
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 10:29:21 PM

To the Medical Board of Australia,

I support Option 1.

It is essential that complimentary medical services be maintained.

To drop these services would be totally contrary to duty of care of our population. Simple!

The medical fraternity complain they cannot cope with the workload and there's thought of eliminating all these services. What will be the effect on the collective mental health? People need these services just as much as they need their GP's.

I consent to publication of my submission.

Sincerely,

Jill Wallace

A solid black rectangular box used to redact the signature of Jill Wallace.

From: Wendy Wallin
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 15 May 2019 4:25:04 PM

To the Medical Board of Australia,

I support Option 1.

I believe doctors should be permitted to integrate complementary medicine into their plan of treatment. Let us respect the intelligence of a doctor who might suggest a complementary therapy. The doctor has surely had sufficient evidence of positive outcome/s to make the recommendation. As a long time client of various complementary treatments, I know my personal health has only been positively changed and supported by using these treatments and I will continue to seek this form of treatment in conjunction with visiting my GP. I respectfully request an open mind before making this enormous decision by listening to the positive stories/outcomes of both doctors and patients.

I consent to publication of my submission.

Sincerely,

Wendy Wallin

A solid black rectangular box used to redact the signature of Wendy Wallin.

From: Lillian Walsh
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:28:45 PM

To the Medical Board of Australia,

I support Option 1.

I strongly support patient access to Integrative and Complimentary therapies as I have personally seen the power of the modalities in play, when traditional, westernised medicine has failed. Natural therapies provide an exceptional alternative for those health conditions that cannot be supported through other forms of medicine and I believe it is our right to have access to medicine that supports the natural restoration of the body. It would be completely unjust to reduce, or even worse, remove the access of various types of natural medicine, when there is an ever increasing body of evidence, both in scientific literature, and anecdotally, to support and prove the efficacy and power of such.

I consent to publication of my submission.

Sincerely,

Lillian Walsh

A black rectangular box redacting the signature of Lillian Walsh.

From: Liesel Walton
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 28 May 2019 4:40:19 PM

To the Medical Board of Australia,

I support Option 1.

I am a strong supporter of choice for my health and integrative medicine allows me to access all options. Good health is not a one boot fits all formula. We are all exposed to, experience and respond to our environment differently. We all choose to nurture our bodies differently and this is why integrative medicine has been the key to my families good health. We know when it's necessary to have allopathic treatment we will get it, just as when it's beneficial to support our health with natural options this will also be offered. It is by far the secret to the rare doctor visits I am required to make. The thorough consults of the integrative doctor are also a confidence that a quick conclusion or more serious concern will more likely be picked up. My experience is that they are very thorough in examination and support this with relevant testing. I am more than bewildered by the proposal of restricting the practice of integrative doctors to use natural remedies should they choose. There seems no apparent valid reason - so maybe the reason is more sinister and reflects a drive to control and remove choice from the consumer. Totalitarian springs to mind or maybe it has to do with money. It is more than unlikely it has anything to do with the health of Australians.

I consent to publication of my submission.

Sincerely,

Liesel Walton

A solid black rectangular box used to redact the signature of Liesel Walton.

From: Louise Walton <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:18 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support patient access to whomever they choose to manage their health without further restrictions to the integrative practices they might choose. Particularly when you have not consulted with consumer stakeholders for these proposed guidelines.

The reason I choose integrative medicine for me and my family is that I have been failed by conventional medicine time and time again, and the alternative holistic therapies I have tried instead have worked. I began recommending these professionals to friends and family who then found their own health issues were resolved in non-conventional methods. Any guidelines that move integrative practices closer to conventional would be a huge loss in my eyes and limit my options to manage my health.

I do not like the subjective language you have chosen - words like 'adequate' assessment and diagnosis, or 'quality' research - what is 'adequate' or 'quality' to some may not be so to others. I certainly found conventional medicine to be inadequate and of consistently poor quality so I hope these are not the benchmarks you would insist integrative doctors sink to. As well as not allowing integrative doctors to 'discourage conventional treatments' - I can get conventional treatment anywhere, and if I have gone to the huge effort of seeking out an integrative doctor I need these professionals to maintain the freedom to have a difference of opinion if they have seen success with alternative methods.

Tightening guidelines to move integrative doctors to a more conventional direction will remove choice, and I fear will be a step in driving the alternative health sector underground.

We as consumers WANT a diverse array of health management options but to do this they all must be allowed to practise as they see fit.

I consent to publication of my submission.

Sincerely,

Louise Walton


From: Margaret Walus
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 10:35:25 PM

To the Medical Board of Australia,

I support Option 1.

As a voter I resent any interference in my right to choose a doctor who offers holistic, integrative and functional medical care of my health

I consent to publication of my submission.

Sincerely,

Margaret Walus

A black rectangular redaction box covering the signature area.

From: Margaret Walus
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 11:12:41 PM

To the Medical Board of Australia,

I support Option 1.

complementary medicines and emerging treatments should and must be offered to patients by Integrative doctors , my freedom of choice must not be restricted by the MBA, any such restrictions will be viewed as interference by the MBA

I consent to publication of my submission.

Sincerely,

Margaret Walus

A solid black rectangular box used to redact the signature of Margaret Walus.

From: Rose Wanchap
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 2 June 2019 9:40:46 PM

To the Medical Board of Australia,

I support Option 1.

I am [REDACTED] years old and I have on numerous occasions been so thankful for the integrative doctors and complementary practitioners who have given me a quantum leap in wellness. Every healing modality will be needed if we are to avert a crises in health care that is coming our way in the not too distant future.

I consent to publication of my submission.

Sincerely,

Rose Wanchap
[REDACTED]

From: Elaine Warcon
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 7:36:19 AM

To the Medical Board of Australia,

I support Option 1.

Keep integrative and holistic medicine available to those whose choose
to utilize these practices

I consent to publication of my submission.

Sincerely,

Elaine Warcon

[Redacted Signature]

From: Doug Ward
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:58:43 AM

To the Medical Board of Australia,

I support Option 1.

After 30 years of research and medical evidence of the health benefits of ELF - Electromagnetic therapy - I am of the belief that restricting access to this form of medicine is a backward step in the provision of health care and only supports the corrupt monopoly of allopathic medicine and pharmacology drug use.

I consent to publication of my submission.

Sincerely,

Doug Ward

A solid black rectangular box used to redact the signature of Doug Ward.

From: Anna Ware <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:25 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

People get sick because of nutrient deficiencies. The blood tests reveal deficiencies and so vitamins and supplements consequently recommended by my gp who specialises in integrative medicine are vital to my health. If anything, doctors need to do more study, more research and more prescribing of healthy diets and supplements.

I consent to publication of my submission.

Sincerely,

Anna Ware


From: Shawna Warne <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:19 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Placing restrictions on integrative doctors to prescribe complementary medicine and therapies is taking away a fundamental choice as a human being to take personal responsibility for their health by seeking alternatives to the status quo if it is failing to address personal health issues.

I strongly disagree with changes to the MBA guidelines and support patient choice to determine who is providing the best health outcomes for ourselves that being conventional or integrative medicine.

Sincerely,

I consent to publication of my submission.

Sincerely,

Shawna Warne


From: Samantha Warner <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 1:23 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Creating optimal health and recovering health after illness takes more than just drugs and surgery. Integrative healthcare is an essential bridge between standard medical Practice and natural therapies that gives holistic and effective care to patients. Every client has the right to access the types of health care that suit their need and the practitioner they feel most comfortable with to provide it.

I consent to publication of my submission.

Sincerely,

Samantha Warner


From: Joanne Warren
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 20 April 2019 11:03:41 PM

To the Medical Board of Australia,

I support Option 1.

You don't get to decide how my Dr and I care for my health.

I consent to publication of my submission.

Sincerely,

Joanne Warren

A solid black rectangular box used to redact the signature of Joanne Warren.

From: Catherine Waters
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 7:23:51 AM

To the Medical Board of Australia,

I support Option 1.

Doctors who recommend complementary treatments aren't fringe loonies.
They merry recognise that drugs and surgery aren't the only way to
make patients better.
Sincerely,

I consent to publication of my submission.

Sincerely,

Catherine Waters

A black rectangular redaction box covering the signature area.

From: Jaimye Waters <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:26 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Intergrative medicine has helped support me far better and with more results than western medicine. I want this option available for my children and all of those. Please do not take it away from us. It honestly saved my life.

I consent to publication of my submission.

Sincerely,

Jaimye Waters
[REDACTED]

From: Meredith Waters
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 23 June 2019 4:26:52 PM

To the Medical Board of Australia,

I support Option 1.

Thank you for taking note of my thoughts.

I believe we want a medical fraternity that cares for their patients in a way that is patient centre, reliable and evidenced based.

Medical

L practitioners who have broadened their area of study to include natural therapies should be permitted to provide advice and prescriptions that will be best for their patients. Which could include natural therapies.

Kind regards

I consent to publication of my submission.

Sincerely,

Meredith Waters



From: Dragana Watkins <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 8:16 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The best General Practitioners that I have seen have understood holistic health and an integrative approach to health and wellbeing.

Removing GP's ability to practise Integrative Medicine frankly makes them little more than prescription writers.

I consent to publication of my submission.

Sincerely,

Dragana Watkins
[REDACTED]

From: Kel Watkins
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 4:26:25 PM

To the Medical Board of Australia,

I support Option 1.

I believe in the right to be able to choose my own treatments for my health. This May be traditional or alternative medicines. I choose. Not you.

I consent to publication of my submission.

Sincerely,

Kel Watkins

A black rectangular redaction box covering the signature area.

From: Jillian Watkinson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:05 PM

To the Medical Board of Australia,

I support Option 1.

I support Integrative Drs. I don't know what I would do without mine.

I consent to publication of my submission.

Sincerely,

Jillian Watkinson

[Redacted Signature]

From: Allan Watson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 9:29:33 AM

To the Medical Board of Australia,

I support Option 1.

As a tax payer this very disappointing that that the MBA are disregarding the success of complimentary medicine, which is proving to be part of the evolution of medical practice.

It is unbelievable for my family & I particularly, having only had results from the complimentary medicine approach.

The MBA in this instance is making a decision which will force the Australian population to be further reliant on pharmaceutical medicine, by removing our choice to seek an alternative, evidence backed solution, practiced & backed by science & medical professionals.

I consent to publication of my submission.

Sincerely,

Allan Watson

A black rectangular redaction box covering the signature area.

From: Hanna Watson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 9:09:14 PM

To the Medical Board of Australia,

I support Option 1.

I am a degree qualified clinical nutritionist and have helped people turn their health around through personalised treatment plans focusing on diet and practitioner only supplements (when required).

I have supported clients in reducing their systemic inflammation, lowering cholesterol, improving their IBS symptoms, working with fatty liver (for which Orthodox medicine has no treatment), and supporting couples with pre conception nutrition and pregnancy nutrition.

So many people in Australia are disappointed with the current healthcare system.

More and more Aussies are obese and developing Type 2 diabetes, fatty liver and metabolic syndrome (all preventable lifestyle diseases). Rates of childhood obesity are on the rise.

GP's, Integrative doctors, nutritionists, dietitians, specialists etc should all be working TOGETHER to support the patient and their health.

Please, Medical Board of Australia, do the right thing. Australia needs Integrative and Complementary Medicine. The current health of our nation is embarrassing.

I consent to publication of my submission.

Sincerely,

Hanna Watson

[Redacted Signature]

From: Lesley Watson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:30:19 AM

To the Medical Board of Australia,

I support Option 1.

I highly value an integrative approach to my health and wellbeing.

I consent to publication of my submission.

Sincerely,

Lesley Watson

A solid black rectangular box used to redact the signature of Lesley Watson.

From: Tracy Watt
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 9:23:57 AM

To the Medical Board of Australia,

I support Option 1.

I fully support the current freedom for practitioners of integrative medicine / treatment to offer their advice along side or as an alternative to current western medical practice .

Most theories are based on decades / centuries of knowledge accumulated and acquired by actual research and application and positive results . Just the same as western chemical medicine but without the side effects ...and huge amounts of money poured in which seems to give Western medicine a louder voice .

I have worked in a n ‘ alternative ‘ natural therapies clinic alongside other well trained and caring practitioners and seen the very positive results . I have studied myself and learned much about The complexity and delicacy of the human body and psyche and can only say that I am convinced all this knowledge and assistance to health must be allowed to continue

I ,my family and friends and clients have been greatly assisted return to health .

You need to research why we have all been brainwashed into believing that any alternative treatments to Western chemical Medicine are harmful . Chemical companies run the system wanting to a monopoly and bug profits . They pour money into clinical trials and can offer slew results !

Not so with alternative treatments .

Above all we need to encourage use and development of health restoring treatments not cut them off!!

And It is imperative that every one has the right to choose what goes into their bodies and how it is treated.

Yours Tracy Watt

I consent to publication of my submission.

Sincerely,

Tracy Watt



From: Emma Watts
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 7:51:50 AM

To the Medical Board of Australia,

I support Option 1.

Now I personalise don't care whether you vaccinate or not, whether you go to a GP or integrative Doctor, whether you love or hate the Chiro, or swear by the Physio.

I couldn't give a rats whether you dance around you're lounge room naked smudging sage or vaporizing oils .
It doesn't bother me if you believe that our bodies give us signs about our emotional health through our physical well-being or if you think exercise is the work of the devil.

What I'm saying is that you do what works for you, BUT, we need to have choices.

I consent to publication of my submission.

Sincerely,

Emma Watts

A solid black rectangular box used to redact the signature of Emma Watts.

From: Taran Waymouth <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:37 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It is an integral part of our healing that we are made aware of all options and benefits in the healthcare industry, including holistic approaches to healing. It is essential that doctors are able to pass this information on to their patients as an option to treatment.

I consent to publication of my submission.

Sincerely,

Taran Waymouth
[REDACTED]

From: Karel Wearne
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 6:42:02 PM

To the Medical Board of Australia,

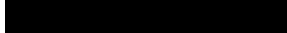
I support Option 1.

For over 40 years I have received excellent medical attention from integrative doctors. I have some complex health conditions and have found that medical practitioners who have studied further to increase and broaden their knowledge and integrate that knowledge into their medical practice have been of great benefit to my ongoing health maintenance and requirements.

I consent to publication of my submission.

Sincerely,

Karel Wearne

A solid black rectangular box used to redact the signature of Karel Wearne.

From: Brett Weaver
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 2:56:01 PM

To the Medical Board of Australia,

I support Option 1.

I wholeheartedly support Option 1; a holistic approach to healthcare and I support a doctor's right to provide new and innovative practices, including complementary medicines to benefit my health. Moreover, it is my right to be able to choose the kind of healthcare I want and the approach.

It is no longer good enough to accept that advances in healthcare will be provided organically; that positive research findings will find their way to mainstream healthcare automatically; this does not happen and is subject to too much influence from vested interests.

Integrative and complementary medicine has helped me and my family and I have recommended so many of these trailblazing and courageous healthcare practitioners to countless others over the last 30 odd years, and will continue to do so.

I urge you to leave the current guidelines unchanged

I consent to publication of my submission.

Sincerely,

Brett Weaver

A black rectangular redaction box covering the signature area.

From: Leonie Weaver
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 12:34:25 PM

To the Medical Board of Australia,

I support Option 1.

I consider it mandatory to continue to support a broad spectrum of health options for the general public. There are those who are using the benefits of these options with great benefit, myself being one, and who would otherwise not be able to afford these. The result of ceasing these options as a result of unaffordability would cause added health burdens to the existing system, thus negating any perceived financial savings in this area. People should, in any case, be allowed freedom of choice in their own health care.

I consent to publication of my submission.

Sincerely,

Leonie Weaver

A solid black rectangular box used to redact the signature of Leonie Weaver.

From: Nikki Weaver
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 1:27:34 AM

To the Medical Board of Australia,

I support Option 1.

The only people this will benefit are the pharma companies. This clearly is not an action that is taking the general public health or wellbeing into consideration.

You, as a governing body, should be protecting our interests and ensuring that we have every opportunity to be well, which includes non-pharma solutions.

If we can solve problems without having to resort to pumping our bodies full of synthetic, lab produced drugs, then why would we not make that available to everyone as a first port-of-call?

There is a place for modern medicine, but choosing drugs over health is not it.

Traditional, natural and modern medicine should be able to work in unison, and having them all accessible, allows us the best of all worlds. This is just pure logic.

Greed is not a good enough reason to gag people, and take away our free-will.

This proposition actually makes me feel sick, knowing that the MBA is working for big pharma and not for the people it was created to protect.

I consent to publication of my submission.

Sincerely,

Nikki Weaver



From: Graham Webber
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 5:33:21 PM

To the Medical Board of Australia,

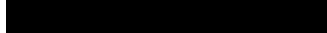
I support Option 1.

I have an MSc and a PhD both of which investigated the use of complementary therapies in dementia care. My research has convinced me that there is sufficient scientific research to support the efficacy of a wide range of complementary therapies for an array of medical conditions. Therefore doctors should be able to recommend their use to patients as appropriate.

I consent to publication of my submission.

Sincerely,

Graham Webber

A solid black rectangular box used to redact the signature of Graham Webber.

From: Lesa Weber
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:28:05 AM

To the Medical Board of Australia,

I support Option 1.

Complementary medicines if done appropriately can be very affective more natural don't harm your bodys natural immune system but enhance it . Can work wonders often when conventional medicine doesn t work or makes you sicker . Has been used for centuries . Please allow it to happen and be increased as the patients choise

I consent to publication of my submission.

Sincerely,

Lesla Weber

A solid black rectangular box used to redact the signature of Lesla Weber.

From: Wolfgang Weber <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:41 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments


To the Medical Board of Australia,

I support Option 1.

For nearly all of my adult life I have had the privilege of being a primary care physician. The people I have seen in practice have usually run the gauntlet of standardised medical care and found it wanting in relation to solving their health issue. Nature makes no two people identical, physically, biochemically, and emotionally. If we do not explore new and alternate avenues of care we fail a very large percentage of the population. If we fail them , and fail to find the cause of their disease we simply escalate the dependence on symptom suppressive drugs. This diminishes them as human beings and creates an ever growing burden of tax payer funded reliance on drugs and unnecessary surgical interventions. Can we as a nation and as caring individuals afford this as a sustainable path into the future?

I consent to publication of my submission.

Sincerely,

Wolfgang Weber


From: Julie Webster
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 8:34:19 AM

To the Medical Board of Australia,

I support Option 1.

I highly value the advice and support I receive from Natural Health professionals and the range of supplements that I use in a daily basis on managing various health conditions. I find these highly beneficial and support that I am free to choose this type of supplementation. It would have a severe impact on me if this choice was taken away.

I consent to publication of my submission.

Sincerely,

Julie Webster

A solid black rectangular box used to redact the signature of Julie Webster.

From: Marilyn Webster
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 8:33:53 AM

To the Medical Board of Australia,

I support Option 1.

My life has been changed by intergrative medicine. Medication doesnt work for everyone and giving people an option to use one or the other or a combination can be life saving.

I consent to publication of my submission.

Sincerely,

Merilyn Webster

A solid black rectangular box used to redact the signature of Marilyn Webster.

From: karl wedeman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 7:22:58 AM

To the Medical Board of Australia,

I support Option 1.

it is my constitutional right to free choice and individual freedom

I consent to publication of my submission.

Sincerely,

karl wedeman

A solid black rectangular box used to redact the signature of Karl Wedeman.

From: Sandra Weeks <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 1:57 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please don't change the laws on this and make it harder and more expensive to administer. There is much evidence on the side of complimentary medicine and it's benefits. Thousands of years of history and knowledge. A lot of these therapies work and are often far less invasive than pharmaceuticals

I consent to publication of my submission.

Sincerely,

Sandra Weeks


From: Petra Weiermayer <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:19 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Homeopathy needs to be supported now and in future!

I consent to publication of my submission.

Sincerely,

Petra Weiermayer
[REDACTED]

From: Judy Weinert
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:30:59 AM

To the Medical Board of Australia,

I support Option 1.

I am a user of Osteopathy and Traditional Chinese Medicine and Accupuncture - just as I am a user of pharmaceuticals and diagnostic tools like ultrasound, blood testing and early detection health screening in its many forms.

I expect to be able to choose a health professional who has a full range of tools to recommend that will assist me to maintain my health and well-being.

Do not remove the capacity for me or my health professional to make use of a full range of integrative health options.

Autonomy to recommend a range of well documented and successful treatments and autonomy to select consultation length are essential to my and my family's continued health.

I consent to publication of my submission.

Sincerely,

Judy Weinert

A solid black rectangular box used to redact the signature of Judy Weinert.

From: DIANE WEIR
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 3:13:44 PM

To the Medical Board of Australia,

I support Option 1.

As a senior lady who over the years has had a few complaints, normal and complimentary medicine work very well for me, all our bodies are different, and respond in different ways as well. I find younger GPs are more open minded to these therapies as well, more open minded you could say. Chiropractors work for me as well as Physiotherapists, for their own parts of the body. It should be about "our" choice, no one else telling us what we can and cannot use.

I consent to publication of my submission.

Sincerely,

DIANE WEIR

A black rectangular redaction box covering the signature area.

From: Rebecca Welch
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:17:07 AM

To the Medical Board of Australia,

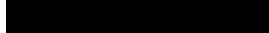
I support Option 1.

As a registered nurse working in NSW Emergency departments for the past 13 years I can not stress enough how important complementary medicine is to the population. I have witnessed a huge misuse of antibiotics and opioids that have detrimental effects on our internal environment, both physically and mentally. The people of Australia need options, complementary medicine offers this!!

I consent to publication of my submission.

Sincerely,

Rebecca Welch



From: Mychelle Wellsmore
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 22 May 2019 10:09:35 AM

To the Medical Board of Australia,

I support Option 1.

Please do not take away our rights to integrative and complementary medicines and therapies that are proven to benefit all of us. Please do not ignore the truth that integrative and complementary medicines and therapies help heal the body, sometimes on their own as well as in conjunction with modern conventional medicines. Please allow freedom of choice when it comes to healing. Please compare people living a holistic life as opposed to those depending on all sorts of drugs to keep them going and see which is the healthiest way to survive. There is a place for both modern and traditional medicine/therapies so isn't it in the best interest for a healthy society to have access to all forms of healing. Please consider the health and wellbeing of all people and allow them to make the right choice for their bodies. Please allow for doctors to be more open minded when it comes to prescribing healing choices- allow them the time to get to know the patient and use natural medicines and therapies before using conventional medicines - which are sometimes more damaging to the body. Diet is a major factor in disease and not enough knowledge is shared between doctor and patient. Our hospitals should be a place of healing with healthy wholesome healing foods but instead it is disgusting and bland and has no nutritional value. You underestimate the power of natural therapies. Modern medicines may be an integral part of our modern life but without natural medicines and therapies we would be a very ill society. Please do not allow legislation to pass that takes away patient choice. Please

I consent to publication of my submission.

Sincerely,

Mychelle Wellsmore



From: Julia Werner <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines (Option 1), as I personally have made many positive experiences with integrative treatments where conventional medicine couldn't help.

It should be the patients' choice to decide which kind of treatment they prefer!

I consent to publication of my submission.

Sincerely,

Julia Werner


From: Diane West
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 26 April 2019 2:41:54 PM

To the Medical Board of Australia,

I support Option 1.

Health care choises

I consent to publication of my submission.

Sincerely,

Diane West

A solid black rectangular box used to redact the signature of Diane West.

From: John West
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:11:09 PM

To the Medical Board of Australia,

I support Option 1.

I support Option 1 because I believe in people taking action themselves to try to improve and maintain their health. This is not to say that I don't think Doctors are relevant or required. Of course, if a person is not feeling well, their first action should be to consult their Doctor. I should point out that I have an interest in this matter as I am a Yoga Teacher. If a person presents in one of my classes with a physical or mental health issue, I always advise them to see a health professional. Practising Yoga or many other types of exercise can be beneficial to long term health and I promote that strongly as well

I consent to publication of my submission.

Sincerely,

John West

A solid black rectangular box used to redact the signature of John West.

From: Calida Westbrook
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:32:01 AM

To the Medical Board of Australia,

I support Option 1.

I choose to keep holistic options available to everyone.

I consent to publication of my submission.

Sincerely,

Calida Westbrook

A solid black rectangular box used to redact the signature of Calida Westbrook.

From: Nathan Whaley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:52:45 PM

To the Medical Board of Australia,

I support Option 1.

You can not discredit the viability of alternative medicine, modern medicine is not complete and many areas such as cancer treatment have a less than 1% success rate, if you can justify its efficacy how can you deny peoples right to choose alternatives when it comes to their health?

I consent to publication of my submission.

Sincerely,

Nathan Whaley

A solid black rectangular box used to redact the signature of Nathan Whaley.

From: Peg Whalley
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:40:14 PM

To the Medical Board of Australia,

I support Option 1.

It is important to maintain the existing guidelines to give patients the optimum choice in remedies. To remove such choice seems draconian. Certainly, such removal is not to the patients' benefit.

I consent to publication of my submission.

Sincerely,

Peg Whalley

A solid black rectangular box used to redact the signature of Peg Whalley.

From: Sally Wheildon
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:31:32 AM

To the Medical Board of Australia,

I support Option 1.

I have always felt very strongly that we all have the right to choose how we care for our bodies. I also strongly believe in the benefit of natural therapies like homeopathy and Chinese medicine. I am appalled that our choices are to be limited to western medicines and the pharmaceutical companies. I have raised 3 very healthy children by giving them nourishing food, ensuring they look after their bodies, avoiding antibiotics and turning to natural therapies first. They are now happy, healthy aware adults who take responsibility for their own health. We live in a so called democracy, don't take away our right of choice over how we manage our own health.

I consent to publication of my submission.

Sincerely,

Sally Wheildon

A black rectangular box redacting the signature of Sally Wheildon.

From: Aliesha Whetham
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:48:13 AM

To the Medical Board of Australia,

I support Option 1.

I am in the health field myself, and I cannot see how only having medical practitioners of conventional treatment is going to help our ailing population. How are you supposed to find out how they're actually feeling in 10 minutes? What are your options to help them heal if the integrative medicine is removed? Medications? Drugs? These pharmaceuticals are lifesaving in the right cases, but they are not a solution for all cases. They are not actually healing, they are band-aids - really good and efficient band-aids for sure, but it's not true healing. True healing is when you take away the medicine and the body can take it from there.

As a society looking to thrive not just survive we need to keep the scope of the integrative GP's as a minimum. There's a long way to go even beyond that, but we can't afford any backwards steps.

Thank you very much for your time and understanding.

I consent to publication of my submission.

Sincerely,

Aliesha Whetham



From: Linda White
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 9:33:01 AM

To the Medical Board of Australia,

I support Option 1.

I believe that as a citizen I should have a choice about the medical care and type of doctor I wish to consult. Integrative doctors provide a wholistic approach to health care, which is often necessary for those patients who suffer from chronic disease and complex health problems. It is important to be able to have the right to explore all avenues of diagnosis, treatments, care and recovery options in regards to your health and wellbeing.

I consent to publication of my submission.

Sincerely,

Linda White

A solid black rectangular box used to redact the signature of Linda White.

From: Natalie White
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 6:55:20 AM

To the Medical Board of Australia,

I support Option 1.

There poses no risk to human health by combining integrative medicine with western mainstream medicine.

Taking away ones right to choose will pose serious threat and limitations to holistic health and is completely unnecessary.

Health and our body needs to be viewed as a whole and requires various approaches and remedies to achieve optimum health.

I consent to publication of my submission.

Sincerely,

Natalie White

A solid black rectangular box used to redact the signature of Natalie White.

From: Patrick White
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:28:54 PM

To the Medical Board of Australia,

I support Option 1.

I demand freedom of choice for any or all medical and health related matters. NOBODY has the right to decide for me!

I consent to publication of my submission.

Sincerely,

Patrick White

A solid black rectangular box used to redact the signature of Patrick White.

From: Saara White
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 12:14:43 PM

To the Medical Board of Australia,

I support Option 1.

I am a person that suffers from an autoimmune condition that is not responsive to medical therapies. I rely on complementary medicines and therapies to manage my condition and am overwhelmed at the thought that this therapy may become unavailable to me.

My current (integrative) GP and naturopath have helped and supported me to reach goals I would not have previously thought possible.

I trust that many people experience similar outcomes and that we can continue to work in harmony, both within the medical industry and complementary medicine industry, to help people to be their best - physically, spiritually, mentally.

I consent to publication of my submission.

Sincerely,

Saara White

A solid black rectangular box used to redact the signature of Saara White.

From: Suzette White
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 11:47:27 AM

To the Medical Board of Australia,

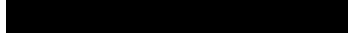
I support Option 1.

It is important for Doctors to consult holistically. This one drug fits all approach is not working and making society more sick. It needs to stop. The witch from centuries ago is back because the pharmaceutical industry is losing money. Lets help each other get well not make more money. Paying doctors commissions on drugs is not a solution to fix health problems.

I consent to publication of my submission.

Sincerely,

Suzette White

A solid black rectangular box used to redact the signature of Suzette White.

From: Suzette White
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:43:28 PM

To the Medical Board of Australia,

I support Option 1.

Doctors should be trained to look at patients holistically not just give patients drugs. They need to stop focusing on the symptom and get to the cause.

Integrative & Complimentary medicine has helped me and my family in many ways. The right nutrition, focusing on the mind first has allowed me to live a drug free life.

If the MBA imposes restrictions no one will be able to afford same.

I consent to publication of my submission.

Sincerely,

Suzette White

A solid black rectangular box used to redact the signature of Suzette White.

From: Christine Whitewood
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:40:41 AM

To the Medical Board of Australia,

I support Option 1.

I have found over the past 10 years or so that "alternative" medicine is the only way to go I despair of GP's they know so little and usually prescribe drugs over talking about natural ways to heal Diet is the key and they are still telling us to stay away from fats and eat grains !!!

I consent to publication of my submission.

Sincerely,

Christine Whitewood

A solid black rectangular box used to redact the signature of Christine Whitewood.

From: Jane whiting
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 9:51:14 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine has enhanced the health and well-being of myself and my family and many people I know. Please ensure this holistic approach prevails and that Drs have the freedom to provide the best treatment possible, including complementary medicines. Thank you!

I consent to publication of my submission.

Sincerely,

Jane whiting

A solid black rectangular box used to redact the signature of Jane Whiting.

From: Alison Whitten
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 1 June 2019 9:15:04 AM

To the Medical Board of Australia,

I support Option 1.

To Whom it may concern, well I believe that modern medicine has its place in our society I just as strongly believe that alternative medicine and practices have their place as well.

I think it should be up to the individual to make that choice for themselves and not to be influenced by your department because you don't agree.

It would be like me telling you to do something you are opposed to, it's not right and with there being such a huge emphasis on freedom of speech and rights, don't you think by taking this choice away from being who want to use alternative medicine/choices for their health you are taking away their freedom to choose.

You wouldn't like someone doing that you and we don't like people making choices on our behalf either.

I have had huge success using alternative medicine as in homeopathy, acupuncture, and I chose to use this over modern medicine as this has no nasty side effects on the body.

I thought you would be happy for people to use these alternative options as it takes a huge amount of pressure off the medical board, not to mention funding and budgets.

I am really confused as why you wouldn't want this to happen to work with these organisations instead of going against them.

I really hope that you take the time to listen to the people and reconsider your decision.

Thank you for your time
Alison

I consent to publication of my submission.

Sincerely,

Alison Whitten



From: Bruce Whittingham
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:22:13 PM

To the Medical Board of Australia,

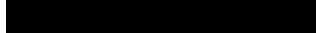
I support Option 1.

I feel strongly that people's ability to choose their healthcare management is very important. Everyone responds differently to care whether it be medications acupuncture or vitamins- to remove choice reduces the chance of finding what works best! If there was a case that these treatments were harmful then sure restrict or ban them but in the absence of harm why change - unless there is a hidden agenda???

I consent to publication of my submission.

Sincerely,

Bruce Whittingham

A solid black rectangular box used to redact the signature of Bruce Whittingham.

From: Debbie Whittke
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:28:20 AM

To the Medical Board of Australia,

I support Option 1.

It is important to use integrative and complimentary medicine for me and my family. I am a 55 yr old mother of 3 adult children and have always relied on alternative or complimentary medicine over the past 30 years. We need choice as it's stupid to believe that one type of medical system could suit everybody. We should be free to choose what suits our families.

I consent to publication of my submission.

Sincerely,

Debbie Whittke

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From: Marianne Wickham
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 4:08:55 PM

To the Medical Board of Australia,

I support Option 1.

Everyone has a choice and our body also should be able to decide if the treatment is not working or we seek alternative treatments

Many cultures around the world treat research and develop greater benefits to our society and health

And because it's not on the medical board doesn't mean it doesn't work

I wouldn't want a board of directors be able to control everybody like we are all computers and need to follow the preprogrammed outlines to better health.

Because we don't know everything, a board of medical stuff i this society also wouldn't know everything

the future health benefits are unknown and this is why we need to have the options available to everyone

Health and choices also greater the lives of individuals and all options should be available for individuals to choice greater lives

I have never met a doctor that is practicing to not help there clients/patients, I would feel unwilling to trust a doctor if they didn't give me all the options for treatment for my own body needs

I consent to publication of my submission.

Sincerely,

Marianne Wickham



From: Elizabeth WIKAIRA
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 17 May 2019 7:11:22 AM

To the Medical Board of Australia,

I support Option 1.

I can not believe that the MBA are actually trying to make it illegal for integrative medicine doctors to do natural therapies such as IV C etc. This would prove disastrous for many patients including a very dear friend of mine.

Surely the MBA is not so insecure that they need to put a stop to Dr's and Patients choice.

Please do not take away the Dr's/Patients right to chose what type of medicine we use, be it traditional, natural therapies or a mix of both.

The health of the country is what's important here - not someone's false pride. Perhaps you should consider a wise old proverb "don't fix what isn't broken" and leave things as they are - I hope you can.

Thank you.

I consent to publication of my submission.

Sincerely,

Elizabeth WIKAIRA

[Redacted Signature]

From: Jan Wild <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 4:35 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It is bad enough that health insurance no longer covers complementary services but to also restrict the provision of integrative services is nothing short of madness. If the MBA is totally run by pharmaceutical companies then we have no chance of being a healthy nation.

I consent to publication of my submission.

Sincerely,

Jan Wild


From: Eleanor Wilkie
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 11:12:52 AM

To the Medical Board of Australia,

I support Option 1.

integrative medicine has had a huge positive effect on my life. Without the support my doctor has provided me with while working with naturopaths and other natural forms of medicine, my health would be in a different situation to what it is in. I would be very disappointed to see this change and it would make it difficult to trust the opinion of doctors if I felt like they wouldn't recommend something due to legislation.

I consent to publication of my submission.

Sincerely,

Eleanor Wilkie

A solid black rectangular box used to redact the signature of Eleanor Wilkie.

From: Glen Wilkie
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 4 June 2019 5:35:29 AM

To the Medical Board of Australia,

I support Option 1.

I am in favour of medical practitioners prescribing and recommending any natural complementary or whatever treatment other than drugs for patients ailments.

I consent to publication of my submission.

Sincerely,

Glen Wilkie

A black rectangular redaction box covering the signature area.

From: Nikola Wilkie <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 5:55 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Hello, it is important for all Australians to have a choice with the health care we receive. Utilizing all modalities of health ranging from traditional medicine to modern medicine allows the best opportunity for health recovery. Not one modality has all the answers.

Leave the system open for doctors to use natural methods and to expand their knowledge in this field.

Thank you for listening.

Sincerely

I consent to publication of my submission.

Sincerely,

Nikola Wilkie

[Redacted Signature]

From: Diana Wilkinson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:09:25 AM

To the Medical Board of Australia,

I support Option 1.

I use Integrative practitioners to manage mine and my family's health as I believe we need a holistic approach to health. I also have a mainstream doctor. I believe that the more natural the treatments the greater success in overall health. You only need to look at the food industry and see how far the food process have come from whole foods to highly manufactured foods and the decline in health. There's a groundswell moving back to whole foods as we understand it's better to consume foods in their natural state. I believe it's the same with the medical industry and the manufactured solutions to health problems. I believe that Integrative & complementary medicine definitely have a role to play here. I also believe that the advances to medicine in terms of vaccines and many other life saving developments are vital. But I believe that we need to be able to make that choice for ourselves and seek the health path that we need to be on, not the one that we are forced on

I consent to publication of my submission.

Sincerely,

Diana Wilkinson



From: Julie Wilkinson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 11:08:56 AM

To the Medical Board of Australia,

I support Option 1.

I believe a good doctor will look at the overall health of a person and not just supply a tablet to fix symptoms. The MBA should be encouraging this not trying to restrict these good doctors. Good health starts with a good gut not a prescription. Doctors need to address cause.

I consent to publication of my submission.

Sincerely,

Julie Wilkinson

A black rectangular redaction box covering the signature area.

From: Anne Williams
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:39:46 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and complimentary medicine has been a critical part of me and my families health journey and has led to a significant improvement in our wellbeing.

The MBA seriously needs to question its motivation around any changes and realise that we do not live in a dictatorship (last I checked) but that increasing steps to limit the path an individual takes to improving health is exactly that. Patient choice is crucial. What's more, the benefits I've seen through integrative and complimentary medicine have far outweighed those I've seen using a purely mainstream medical model with less side effects.

I urge you to Make the right decision for the community you are meant to serve rather than serving self interest and those of big pharma.

I consent to publication of my submission.

Sincerely,

Anne Williams

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From: Caroline Williams
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 29 May 2019 2:17:55 AM

To the Medical Board of Australia,

I support Option 1.

With higher than ever poor health statistics, one would think the medical board would protect doctors who try to encourage healthy choices for patients who are proactive with their health instead of making it harder and all about the bottom dollar.

People are fed up with lies and prescriptions pushed down their neck in support of big pharmaceuticals. About time the medical board acted in the intetest of the people!

I consent to publication of my submission.

Sincerely,

Caroline Williams

A solid black rectangular box used to redact the signature of Caroline Williams.

From: cj williams
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 2:52:29 PM

To the Medical Board of Australia,

I support Option 1.

Patients want to have alternative choices in health care
and they want those choice to be reliable and integrated into medical practice
This takes a significant amount of pressure of medical practice if
people are trying to PREVENT disease and help themselves
To deny people this right, and to restricting access to qualified
alternative practitioners and medical guidance, would appear to be
short-sighted and contrary to the public wishes.
If people are willing to try and take responsibility for themselves
then every encouragement should be given - with support for good,
informed health care choices.
I vigorously protest at any efforts that would limit those choice and
not provide access to good health advice, particularly for
alternative/complementary medicines.

I consent to publication of my submission.

Sincerely,

cj williams

A solid black rectangular box used to redact the signature of the sender.

From: Dianne Williams
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 7:53:06 PM

To the Medical Board of Australia,

I support Option 1.

Vitamins and minerals are supplemental to any chemical drugs doctors might prescribe and therefore play a vital role in health and healing.

I consent to publication of my submission.

Sincerely,

Dianne Williams

A solid black rectangular box used to redact the signature of Dianne Williams.

From: Harry Williams <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:47 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support choice, combination of medical model service & complimentary serviced

I consent to publication of my submission.

Sincerely,

Harry Williams


From: Jennifer Williams <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:42 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

To maintain optimal health and well being to all we need a choice and a balance of intergrative medicine . Not to is lunacy . We need more not less. And less heavy handed American Big Pharma companies destroying our health system . Health is not about making Money

I consent to publication of my submission.

Sincerely,

Jennifer Williams


From: Megan Williams
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 8:13:58 AM

To the Medical Board of Australia,

I support Option 1.

Patients and doctors alike need to be allowed to choose the way they care for their health.

If doctors are continually learning new ways to use their skills and upgrade their knowledge with natural and holistic practices, then they should be allowed share that with their patients.

Doctors (and their opinions) are held in such high regard in the community. If the way they practice becomes limited and what they can share with their patients becomes so narrow, they risk harming their patients instead of helping them.

The Medical Board of Australia's focus should be on expansion... not restriction.

Please do not fear the natural and integrative practices - they may just be what saves the MBA from imminent implosion if they continue to restrict practitioners and how they care for their patients.

I consent to publication of my submission.

Sincerely,

Megan Williams

A solid black rectangular box used to redact the signature of Megan Williams.

From: Pauline Williams
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:19 PM

To the Medical Board of Australia,

I support Option 1.

Complimentary medicine has been around longer than anyone here now,
why should the choice to use it be taken away?

I consent to publication of my submission.

Sincerely,

Pauline Williams

A black rectangular box redacting the signature of Pauline Williams.

From: Stephanie Williams
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 7:14:37 PM

To the Medical Board of Australia,

I support Option 1.

People already vote with their feet by using complementary medicines for self care and prevention of illness. We use holistic practitioners to obtain trustworthy, professional and traditional advice, and we increasingly use integrative medical practitioners because we want access to holistic care within the medical profession.

Please do not place restrictions on practitioners who sincerely want to help people by offering them a wide range of positive health choices and by also working towards a preventive model of health care - long overdue in my opinion.

The natural medicine industry has been growing constantly. This is not going to slow down, because we know that natural medicines and treatments work for us. I have always valued my free choice to consult whoever I want when seeking health advice.

More restrictions on integrative medicine practitioners will force people into a smaller range of choices; it will also encourage more people to seek healthcare via questionable sources, like the internet.

Thank you.

I consent to publication of my submission.

Sincerely,

Stephanie Williams



From: Caron Williamson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 12:04:17 AM

To the Medical Board of Australia,

I support Option 1.

I have used complimentary medicine my whole life. I do not use synthetic medicines, I do not agree with band aid medicine that generally have side effects, I find the cause

I consent to publication of my submission.

Sincerely,

Caron Williamson

A solid black rectangular box used to redact the signature of Caron Williamson.

From: Linda Williamson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 1:31:00 AM

To the Medical Board of Australia,

I support Option 1.

I believe that every individual should have the right to health care of their choice, especially since Australia is a democratic society.

I have been personally helped in my health by many different modalities and believe it helps to maintain better health.

I do understand the problem with the over use of Vitamin supplementation, however I feel it most certainly has its place, especially if prescribed by a functional medicine practitioner. They have way more depth and understanding of the chemical compounds of the different types of vitamins for differing conditions ie people with MTHFR gene mutations need specific B Vitamins to regain their health both physically and mentally.....

Another blood disorder named Pyrolle disorder is greatly improved by the prescribing of nutrients, it is one of the main causes of mental health disorder such as

OCD

AUTISM

DEPRESSION

ASPERGER

and many more.

Functional medicine practitioners tend to get to the bottom of very difficult cases.

To get rid of them would cost the health care system much more because people would just not recover from or become stable in these conditions.

PLEASE DO NOT GET RID OF THEM AND TAKE AWAY OUR FREE CHOICE
rather work with them and weed out the non useful supplements.

I consent to publication of my submission.

Sincerely,

Linda Williamson



From: Daniel Willis
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:41:11 PM

To the Medical Board of Australia,

I support Option 1.

To take away the right of a patient to make a decision that affects their health is scandalous.

Choice is a basic right and basic principle of life and it's not up to medical boards or governments for that matter to make decisions about what they can and can't use because it offends the medical fraternity and big pharmaceutical companies.

I have taken complementary medicines all my life in sickness and in good health and I'm not dead.

Leave complementary and integrated services ALONE it's not your choice it's OURS

I consent to publication of my submission.

Sincerely,

Daniel Willis

A solid black rectangular box used to redact the signature of Daniel Willis.

From: Michael Willison
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:03:04 PM

To the Medical Board of Australia,

I support Option 1.

I have proven to myself that diet and nutrition are a healthier lifestyle choice that is better than relying on drugs! If a drug has a side effect it usually involves taking another drug for the side effect, cause just stopping the drug doesn't always stop the side effect. Whereas if you take a holistic approach and get a side effect, you can stop and the side effect stops without taking something else for the side effect!

I consent to publication of my submission.

Sincerely,

Michael Willison

A black rectangular redaction box covering the signature area.

From: Helena Willmott
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 15 May 2019 9:17:23 AM

To the Medical Board of Australia,

I support Option 1.

I believe it is important for integrative medicine to be accessible for patients. Having a qualified practitioner willing to explore the idiopathy of disease is paramount rather than just treating the symptoms. An integrative medical doctor who can encompass natural therapies and standard pharmaceuticals ensuring the former is achieving the clinical outcome with the option of mainstream medications if required. In my experience these doctors are more open minded and can oversee the holistic health of the patient.

I consent to publication of my submission.

Sincerely,

Helena Willmott

A solid black rectangular box used to redact the signature of Helena Willmott.

From: Julia Willoughby <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 6:06 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have used integrated medicine for many years for my health with great success and feel that a combination of medical and complimentary approach treats the underlying cause of chronic disease and apart from better outcome for the patient also saves money for the government .

Our focus should be on wellness and prevention. I would be devastated if I couldn't access integrative medical doctors. In US there are plenty and Australia will be going backwards to make a change.

I consent to publication of my submission.

Sincerely,

Julia Willoughby
[REDACTED]

From: Anne Wilson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:50:53 AM

To the Medical Board of Australia,

I support Option 1.

Doctors should have the right to aide a patient in treatment of choice, wether it be conventional or integrative & complementary. It is very primitive not to try alternate therapies and treatments with the aim of lessening the use of harmful drugs. Also the affordability of such choices, for the low income earners should also be addressed.

I consent to publication of my submission.

Sincerely,

Anne Wilson

A solid black rectangular box used to redact the signature of Anne Wilson.

From: Anne Wilson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:23:48 AM

To the Medical Board of Australia,

I support Option 1.

Medical choices between a Practitioner and Patient play a vital role in healthcare especially in cases where conventional treatment has failed or caused side effects. Freedom of choice is Vital People have a right to choose.

I consent to publication of my submission.

Sincerely,

Anne Wilson

A solid black rectangular box used to redact the signature of Anne Wilson.

From: Dr Douglas Wilson <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 11:02 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

So called integrative or complementary therapies can be extremely effective and doctors should be encouraged to study them and use them as a treatment option.

I consent to publication of my submission.

Sincerely,

Dr Douglas Wilson
[Redacted Signature]

From: Gail Wilson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 5:37:09 PM

To the Medical Board of Australia,

I support Option 1.

If this change comes about, it will backfire. The cost to the Government will be horrendous.
The healing these doctors are able to achieve is unsurmountable
How dare this be taken away from us, be it on your own heads

I consent to publication of my submission.

Sincerely,

Gail Wilson

A solid black rectangular box used to redact the signature of Gail Wilson.

From: Jaida Wilson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 8:33:57 AM

To the Medical Board of Australia,

I support Option 1.

Do not remove the wide scope of help from reach of patients in need.

I consent to publication of my submission.

Sincerely,

Jaida Wilson

[Redacted Signature]

From: Kate Wilson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 8 May 2019 1:49:55 PM

To the Medical Board of Australia,

I support Option 1.

I support a doctors right to spend time with and prescribe treatments that best suit the patient. It is not in the best interest of the patient (customer) to have their time and treatment dictated to by an organisation that merely values profit.

I consent to publication of my submission.

Sincerely,

Kate Wilson

A black rectangular redaction box covering the signature area.

From: Kathryn Wilson <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:26 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

As an Australian citizen I cherish the freedom of choice this country allows me and by restricting my ability / right to choose Integrative and Complimentary medicine, the MBA would be impacting on my FREEDOM OF CHOICE. Patients should have the right to make these decisions for themselves. Nobody is forced to make these choices. I am currently seeing an Integrative Dr after numerous visits to my GP who had no resolution or in fact idea of what my diagnosis was. I am now starting to see light at the end of the tunnel. Please do not take my choices away from me.

I consent to publication of my submission.

Sincerely,

Kathryn Wilson
[Redacted Signature]

From: Kylie Wilson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 1 May 2019 11:41:52 AM

To the Medical Board of Australia,

I support Option 1.

We are such a diverse species, and the diseases and conditions that a person could have to deal with are even more diverse. Our body is a complex piece of life and to restrict what is considered acceptable treatment to a small portion of western medicine is doing a dis-service to all people.

If the clinical medical world had all the answers and could successfully treat every disease, condition and ailment accurately and without harmful side effects, then we would not need alternatives.

However the clinical medical world CAN NOT do this and there are many many people where the 'medical system' have been unable to even diagnose correctly let alone treat and improve health.

We MUST maintain a broad perspective when considering what the best line of treatment is for anyone with a health problem, because we are not robots who just fit into categories that are easily 'fixed'. We are affected by our ever changing environment, in many ways we can not even see. Many adverse conditions are actually CAUSED by western medicine drugs or practices.

Don't get me wrong - there are some amazing and incredible advancements and treatments that the western clinical medical world offers, but there are also many gaps where it lets people down and other alternatives are an effective way to fill those gaps and provide solutions.

Please don't be so closed minded as to think that millions of people can be treated with an even more limited list of "acceptable" treatments.

I consent to publication of my submission.

Sincerely,

Kylie Wilson



From: Lynn Wilson <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:48 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Having gone down the road of traditional medicine for many years with symptoms that continue to worsen, I turned to Nutritional therapy.

Through dietary changes and supplements I have been able to reverse my condition.

I consent to publication of my submission.

Sincerely,

Lynn Wilson

[Redacted Signature]

From: Meghan Wilson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 9:42:26 PM

To the Medical Board of Australia,

I support Option 1.

I whole heartedly believe that we should always have the choice of whatever healthcare we feel necessary to experience wellness. I have been sick for many year in which a tried endless modern medicine techniques in which nothing worked until I started using natural health care which transformed my life in so many ways and to deny this option is breaking human rights in my opinion!

I believe that if these restrictions are put in place that people's ill health will sky rocket and end up costing the government an absolute fortune instead of allowing preventative measures of natural health care to keep people well!

I consent to publication of my submission.

Sincerely,

Meghan Wilson

[Redacted Signature]

From: Michelle Wilson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:11:05 PM

To the Medical Board of Australia,

I support Option 1.

I believe that all Australians should be able to freely access whatever form of healthcare or wellness options they want. I personally always use natural and alternative therapies for myself and for my family. I believe there is no lapover at all between natural therapies and conventional medicine. I am not looking to treat diseases, I am looking to maintain optimal wellness so that I never get unwell or diseased. With my health model, the only time my family has needed even a GP is when a bone is suspected to be broken or when my husband and I needed some counseling and we got a mental health plan to assist us in doing this. Every part of the healthcare system has its place, but for those of us who don't want to take chemicals and drugs, who don't just want to treat symptoms and not get to the root cause of the problem, and who don't want to have surgery to remove organs which don't work (which seems crazy to me), and who don't want to be diseased...we need the natural modalities to help us sustain optimal wellness, a concept which seems to be quite foreign to the conventional medical system.

I consent to publication of my submission.

Sincerely,

Michelle Wilson

A black rectangular box redacting the signature of Michelle Wilson.

From: Peter Wilson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 9:45:10 AM

To the Medical Board of Australia,

I support Option 1.

Our health should not be under the control of big pharmaceutical companies whose only have an interest in profit. This change will be because they want more money and has nothing at all to do with health. Most of the drugs prescribed are ineffective according to many research projects, my own experience backs this up, these drugs create more problems and mostly just mask the pain. Only corrupt govts working hand in glove with big business would want this change. Perhaps you should start releasing the figures for those people who die as a result of taking these pharmaceutical drugs rather than hiding them at the behest of these very powerful corporations.

I consent to publication of my submission.

Sincerely,

Peter Wilson

A black rectangular redaction box covering the signature area.

From: Susan Wilson
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 11:20:17 AM

To the Medical Board of Australia,

I support Option 1.

Any proposition to change is absurd as we are meant to be responsible for our own life and health which allows choice of practitioner. For myself unless I take responsibility for my health I know I would be giving my power away to someone who knows very little about my body because I'm its expert and no one else, as I've had to explain to some doctors.

I consent to publication of my submission.

Sincerely,

Susan Wilson

A solid black rectangular box used to redact the signature of Susan Wilson.

From: Stephanie Wimpenny <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 9:01 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Freedom of choice matters to all humanity. This amendment would take away the peoples' right to choose what is best for themselves and for their children because there would be no foreseeable alternative.

I consent to publication of my submission.

Sincerely,

Stephanie Wimpenny


From: Kathleen Wincen <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:47 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support Drs choice to recommend various medicines.

I consent to publication of my submission.

Sincerely,

Kathleen Wincen
[REDACTED]

From: Alison Windsor
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 10:17:06 AM

To the Medical Board of Australia,

I support Option 1.

Your suggestion that doctors should be restricted in respect of the advice they can give their patients is ill considered. A family doctor generally knows and understands a regular patient. They may be aware that there are issues involved that cannot be treated in 1. a 10 minute consultation and 2. cannot be treated via antibiotics or referral to an expensive specialist. They are often aware that their patient could be helped by suggestions such as chiropractic, or, as in my case, by using a couple of herbal supplements - evening primrose oil or St John's wort, garlic and vitamin c to deal with bodily ailments. Both of these substances helped with the issues I had at the time and I am extremely grateful for the suggestions made by my GP. Had she not been allowed to suggest these, alternatives were either nothing or a whole pile of drugs that I simply don't feel comfortable consuming.

I do not consider it is appropriate for doctors to be trained for years and years and then to be told that they are not allowed to refer to new treatments, or so called alternative treatments. Its time the MBA realised that most of their doctors do know their jobs and are there to help their patients. Constant restrictions to what doctors can do, including restriction on how long they can spend with their patients will do nothing but adversely impact the health of the general population.

And I refer specifically here to the matter of Borelliosis, or Lyme disease, as it is often called. The government or someone allied has decided that this disease does not exist in Australia. That is patently incorrect as there are many people who have definitive diagnoses. However it is against the rules for a doctor to treat the disease. It must be hard for them to sit by and watch their patient's health deteriorate when they know that they could alleviate many of the symptoms with current common practice treatments.

I suggest that the board needs to remember the Hippocratic oath and consider what is likely to be best for the patient rather than what is best for (possibly) profits or power and control.

I consent to publication of my submission.

Sincerely,

Alison Windsor



From: Bronwyn Winfield
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 7 May 2019 10:35:28 PM

To the Medical Board of Australia,

I support Option 1.

Please do not take patient choice away .

I consent to publication of my submission.

Sincerely,

Bronwyn Winfield



From: Allison Winmill <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:18 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The need for our doctors to be able to support health not illness must be maintained.

I consent to publication of my submission.

Sincerely,

Allison Winmill


From: Sonja Winnett <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 11:10 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I feel it is necessary for doctors to consider all forms of healthcare and complementary medicines which are in the best interest of their patients' health.

There are many types of medicines and treatments which can assist patients' health and wellbeing, but patients need to be fully informed by doctors about these. It is very frustrating when only a 'medical' treatment option is suggested by doctors, which does not always work.

I have found alternative forms of complimentary medicine often work more successfully such as vitamins and essential oils. There is a lot of research on the success of these as well.

Any legal mandate to limit types of medicinal products doctors can recommend could reduce treatment options and compromise the health and wellbeing of patients.

I consent to publication of my submission.

Sincerely,

Sonja Winnett

[Redacted Signature]

From: Anna Winter <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have been misdiagnosed many times in my life and I realised the only person who really cares about my health is me. Few Dr's treat the whole body, they just manage the symptoms. Integrative medical Dr's treat the whole body as do Naturalpaths I do not respond well to Pharmaceutical Drugs and with foods and vitamins and Minerals I can control the dosage for my needs, can increase slowly if needed.

I am a healthy [REDACTED] year old lady who has only been using natural complimentary medicines, first time in years I have been to a Medicare Dr only cause I needed a health check so I can keep driving, passed with flying colours

I consent to publication of my submission.

Sincerely,

Anna Winter
[REDACTED]

From: Sarah Wiseman <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:25 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe I should have a right to choices and options for my own health. Not everyone can or should be treated in exactly the same manner.

I consent to publication of my submission.

Sincerely,

Sarah Wiseman
[Redacted Signature]

From: Karen Wishart
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 9:36:51 AM

To the Medical Board of Australia,

I support Option 1.

I find it utterly ludicrous that the Government of Australia believes they have a right to take away freedom of choice when it comes to healthcare. My family and I have experienced the amazing benefits of homeopathic medicine, osteopathy and chiropractic care for many years and there is no doubt we are healthier and happier because of it. I have worked for practitioners in the field of osteopathy and chiropractic for the good part of 7 years now, and the healing of patients I witness on a daily basis is enough evidence for me to know that integrative and complementary therapies absolutely have their place within the healthcare system. A change in guidelines to me would mean a threat to my family's health and well-being. Furthermore it would be devastating to no longer be able to share in the joy of healing with patients that I find so rewarding in my line of work. PLEASE MBA do not go ahead with this movement!

I consent to publication of my submission.

Sincerely,

Karen Wishart



From: Emma Withers <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:34 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

All modalities and pathways to better health should be utilised by healthcare professionals. Natural health care products, along with orthodox medicine have scientific evidence to support the use in healthcare. Progressive countries utilise both orthodox and complimentary medicine to support the health of the patients . I simply don't understand why trained medical professionals are being questioned and challenged around this matter ? It's is ridiculous and draconian. Both myself and my family have had a great amount of success supporting our health. Without valid evidence, I see no evidence why this has become a concern or issue

I consent to publication of my submission.

Sincerely,

Emma Withers


From: Shan Withnell
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 3:15:28 PM

To the Medical Board of Australia,

I support Option 1.

I think it's important that people have choice in their healthcare options. There is a reason that complementary and alternative medicine has grown enormously over the past few decades. People want the choice to be seen and heard by medical and allied professionals, who have a wider scope of practise and interest than mainstream medical practitioners. People want healthcare professionals to take more time to really listen to them. More and more specialism is taking place and people want the ability to find broad interest with wide ranging effects healthcare as well as the more narrowly specialized doctors. A herbalist will generally have much deeper and broader knowledge of herbs and plants than a GP. A naturopath has several years' more training in nutrition than a mainstream doctor. An integrative doctor can use their additional knowledge to help patients in ways that elude mainstream medical practitioners. It's not a case of one or the other, it's a matter of judicious combining as needs arise. My family and I have personally benefited greatly from supplements prescribed by integrative doctors. We also see naturopaths, osteopaths and chiropractors, physiotherapists and kinesiologists, massage therapists, acupuncturists, etc as the need arises. We choose our dentist, we choose our doctors, we should have the choice available. Each health professional has their own areas of deepest interest and expertise and that is where they prefer to work. Their patients and clients benefit from their specialisation. Reducing choice is going backwards.

I consent to publication of my submission.

Sincerely,

Shan Withnell



From: melanie witthoft
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 10:53:35 PM

To the Medical Board of Australia,

I support Option 1.

This is ludicrous, integrative and complementary medicine is vital to many patients as a viable and effective method of treatment, anyone with any intelligence especially doctors know these work and should be allowed to recommend them to patients as they see fit. Most medicine these days are based on chemicals and have many side effects why not ban them from prescribing those instead. Or ban vaccinations which have also been proven to often have side effects and not work.

I have successfully used integrative medicine including acupuncture and vitamins and natural therapies to heal my family on doctors recommendation when conventional treatments may not have worked or together. how narrow minded to take the voice and knowledge of doctors and mute them. We are natural humans who need a holistic approach to health not a one box heals all model people need choice as well.

I consent to publication of my submission.

Sincerely,

melanie witthoft

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From: Belinda Wix
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:40:30 PM

To the Medical Board of Australia,

I support Option 1.

I write on behalf of my family who are forever changed for the better because of the knowledge of our Integrative Practitioners.

Our medically trained GP who also supports Nutrient Therapy was integral in restoring the health of our family both physically and mentally. They are also responsible for our ongoing thirst for knowledge in this field to be able to keep our family's health on track.

My husband and I support both traditional medicine and complementary therapies. I believe the choices about my family's health and well being should be ours to make and that the Practitioners I put my trust in should have all resources readily available to them. The level of knowledge these Practitioners have is second to none and they keep up to date with the latest scientific research and breakthroughs. It is because of these Integrative Practitioners that the breakthroughs in medicine even reach practical application.

A perfect example of this is the latest testing and information regarding our Microbiome. Queensland Health has adopted the PCR testing technique for identifying gut infections caused by *Campylobacter* sp, *Salmonella* sp etc. This type of testing was used by Integrative Practitioners and Complementary Therapists for at least 15 years before it was accepted by "Mainstream Medicine". Think of all those people who went undiagnosed and misdiagnosed whose health was directly effected by this. If it wasn't for the pioneering scientists and medical professionals who embrace all the knowledge about our body from cultures dating back thousands of years and applying new scientific testing we would not have half the medical breakthroughs that we currently have.

These scientific and medical breakthroughs directly correlate with positive effects on the health of our population.

From my understanding the current Medical Board of Australia is fearful of those medical professionals who are looking to help their patients from a "root cause" perspective. I think people are wanting more from our Medical Professionals and the Integrative Practitioners are the ones providing us with this.

Simple tests such as Plasma Zinc provide enormous amounts of information about our body and what is potentially going on to cause symptoms that we are seeing our doctor for. Integrative Practitioners have in their own time and expense broadened their knowledge to understand complex cellular mechanisms vital to the functioning of our entire system. If you place importance on the pharmaceutical benefits of particular drugs then you are of equal obligation to understand the mechanism by which they are working. If you understand this mechanism then you will also understand that the whole biochemical reaction is driven by nutrients. Vitamins and Minerals. By prohibiting our Integrative Practitioners to provide us with the foundations that our body is built upon not only violates the rule of Medicine "to do no harm " but it shows ignorance and neglect on behalf of those who are supposed to have people's best interest at heart.

If the pharmaceutical industry is placing pressure on our medical board to intervene then we as a people are starting to get it right.

Knowledge is power and the more people become educated the more they ask questions and see the cracks in our current medical model. This is why as a population we are beginning to invoke change. The fact that the MBA is even bringing this up shows they need to start listening to the Australian Population.

I consent to publication of my submission.

Sincerely,

Belinda Wix

A solid black rectangular box used to redact the signature of Belinda Wix.

From: Vivien Wong
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 5:55:18 PM

To the Medical Board of Australia,

I support Option 1.

I have benefited from kinesiology treatments. You have the right not to use complimentary medicine, but please don't mess with my right to use them.

My prefer choice is stop putting chemicals into my body.

I consent to publication of my submission.

Sincerely,

Vivien Wong

A solid black rectangular box used to redact the signature of Vivien Wong.

From: David Wood <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 9:40 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

As a user of complementary therapies, I have found the medical practitioners that integrate complementary therapy into their treatment regime treat ailments rather than just manage them. The removal of complementary therapy from their treatment options will only reduce their ability to obtain the best outcome for their patients. We have reached the point in modern medicine where it has been reported that life expectancy in the United States is in decline for the first time in history despite and possibly because of the dominance of science based medicine. Taking further tools of healing away from medical practitioners will only do more harm rather than "do no harm". In these times where the pharmaceutical lobby is usually behind the push for changes away from complementary therapy it might be worth reflecting on the Hippocratic oath, the modern version of which I leave below.

I swear to fulfill, to the best of my ability and judgment, this covenant:

I will respect the hard-won scientific gains of those physicians in whose steps I walk, and gladly share such knowledge as is mine with those who are to follow.

I will apply, for the benefit of the sick, all measures [that] are required, avoiding those twin traps of overtreatment and therapeutic nihilism.

I will remember that there is art to medicine as well as science, and that warmth, sympathy, and understanding may outweigh the surgeon's knife or the chemist's drug.

I will not be ashamed to say "I know not," nor will I fail to call in my colleagues when the skills of another are needed for a patient's recovery.

I will respect the privacy of my patients, for their problems are not disclosed to me that the world may know. Most especially must I tread with care in matters of life and death. If it is given me to save a life, all thanks. But it may also be within my power to take a life; this awesome responsibility must be faced with great humbleness and awareness of my own frailty. Above all, I must not play at God.

I will remember that I do not treat a fever chart, a cancerous growth, but a sick human being, whose illness may affect the person's family and economic stability. My responsibility includes these related problems, if I am to care adequately for the sick.

I will prevent disease whenever I can, for prevention is preferable to cure.

I will remember that I remain a member of society, with special obligations to all my fellow human beings, those sound of mind and body as well as the infirm.

If I do not violate this oath, may I enjoy life and art, respected while I live and remembered with affection thereafter. May I always act so as to preserve the finest traditions of my calling and may I long experience the joy of healing those who seek my help.

I consent to publication of my submission.

Sincerely,

David Wood


From: Leanne Wood <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:47 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments


To the Medical Board of Australia,

I support Option 1.

The complimentary medicine advise I have received was a life changer, steered away from a life on medication and to a life of fresh food and the odd supplement!! Don't knock the natural!!

I consent to publication of my submission.

Sincerely,

Leanne Wood


From: Michelle Wood
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 10:28:59 PM

To the Medical Board of Australia,

I support Option 1.

I support no change to integrative medicine. I have used integrative medicine for the past 5 years. I would not go to a doctor that does not combine both as this works. They have helped myself and my family immensely. They are very thorough in their examination and get to the root cause of the problem. When previously we have seen doctors without integrative medicine they were so hurried in their approach and often suggested things like anti-depressants when that wasn't even the reason we were going to see them. They would make guesses as time was too short for thorough examination. It was after years of being very unsatisfied with our local doctors that we turned to integrative medicine. Their professionalism and their ability to heal has truly changed our lives. They are doctors and are covered under the rules of doctors ethics already so no need for change.

I consent to publication of my submission.

Sincerely,

Michelle Wood

A black rectangular redaction box covering the signature area.

From: Robyn Wood
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 9:50:34 PM

To the Medical Board of Australia,

I support Option 1.

My body responds extremely well to natural health care methods and as such I reserve the right to manage my own health care as I see fit.

Please ensure no restrictions are imposed on integrative practitioners.

I consent to publication of my submission.

Sincerely,

Robyn Wood

A solid black rectangular box used to redact the signature of Robyn Wood.

From: Eric Woodham
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 7:29:43 AM

To the Medical Board of Australia,

I support Option 1.

I have recently taken a combined approach to my health, and have found it to be quite beneficial. Please leave me this option.

I consent to publication of my submission.

Sincerely,

Eric Woodham


From: Jayanti Woods
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:23:46 AM

To the Medical Board of Australia,

I support Option 1.

I totally support patient access to Integrative and complementary medicine as it is my choice. Not anyone else's or the government's either.

Integrative and complementary medicine is what has helped me on my path to wellness and has 'saved' me many times not to succumb to serious illness. I believe that prevention using natural medicine is my right to choose and is the path to a healthy life for myself.

Do not take this choice away from me and all Australians.

I consent to publication of my submission.

Sincerely,

Jayanti Woods

A solid black rectangular box used to redact the signature of Jayanti Woods.

From: Roslyn Woodward
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 12:52:33 AM

To the Medical Board of Australia,

I support Option 1.

We all need to have the right to choose how to manage our health.
Natural medicines & practitioners can & do work together with doctors.
Many natural medicines & supplements come from eastern traditional
medicines which have been practiced for many thousands of years.
I believe healing is very much effected by your mental state if you
believe in your health plan & have control over it - it is likely to
be more effective. Let's work together.

I consent to publication of my submission.

Sincerely,

Roslyn Woodward

A solid black rectangular box used to redact the signature of Roslyn Woodward.

From: Christine Woolner
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:15:09 AM

To the Medical Board of Australia,

I support Option 1.

I am writing to express my concern and dismay to the proposed changes to the MBA Guidelines. As a user of both traditional and complimentary medicine I want my doctor to have the choice to prescribe me with both types of medicines (which ever is best for me). I am upset that the Government is continually trying to do away with complimentary medicine which is both safe and effective in favour of filling patients up with drugs, and bowing to pressure from the big pharmaceutical companies. Patients and doctors should have a right to choose the best for them.

I consent to publication of my submission.

Sincerely,

Christine Woolner

A black rectangular redaction box covering the signature area.

From: C Wooskers
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 6:57:40 AM

To the Medical Board of Australia,

I support Option 1.

I would like the guidelines to remain the same because I think it's important to have choice.

I consent to publication of my submission.

Sincerely,

C Wooskers

A black rectangular redaction box covering the signature area.

From: Fiona Worrall <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 7:00 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The integrative approach is looking at the whole person rather than a symptom and subsequently has far greater success in compliance to treatment. Why, because it works! I personally am having whole patient care giving to me greatly improved health, brain function and overall well-being. Please do not take these options away. Healthcare is a personal choice and one needs to have all options available to them to have full benefit from all options. Instead of stopping these options get the research happening to show their efficacy. I don't need the research cause I can feel it in my mind and body. Freedom of choice is our right in a democracy.

I consent to publication of my submission.

Sincerely,

Fiona Worrall
[REDACTED]

From: Carrie Wright <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:33 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I strongly support medical practices that incorporate complementary medicines. General Practitioners that specialise in nutritional medicine or vitamin therapy are my preferred medical practitioners I am [REDACTED] years old and healthy

I consent to publication of my submission.

Sincerely,

Carrie Wright
[REDACTED]

From: Chad Wright <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:37 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

You cannot take away our freedom of choice.

I consent to publication of my submission.

Sincerely,

Chad Wright
[REDACTED]

From: Wright Jenny
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 10:10:43 PM

To the Medical Board of Australia,

I support Option 1.

I am disturbed to find that forms of alternative medications are being considered as contrary to the medical profession when my body reacts badly to many pharmaceutical products and homeopathy is all that works for me.

Deciding against offering patients a range of medical practises and therapies is the same as deciding that everyone needs to be vegetarian. It is arrogant and single minded and doesn't acknowledge the history of Chinese medicine or the harmlessness of medication without chemicals or the efficacy of many forms of alternative therapies.

I consent to publication of my submission.

Sincerely,

Wright Jenny

A solid black rectangular box used to redact the signature of Jenny Wright.

From: Katie Wright
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 16 May 2019 12:06:49 AM

To the Medical Board of Australia,

I support Option 1.

I am totally against the patients access to choice being restricted!
Of course the board should still be able to ensure the certification
of said practitioners but 'modern medicine' is not the be all and end
all!

I consent to publication of my submission.

Sincerely,

Katie Wright

A solid black rectangular box used to redact the signature of Katie Wright.

From: Melanie Wight
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:28:34 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative and complementary medicine as a part of patients choice to the most appropriate health for them. Integrative medicine has helped me and my family too many times to count when mainstream GP's have failed. I have also worked with mainstream GP's and find them extremely disappointing and lacking in up to date medical knowledge. As a registered nurse and naturopath I see daily, the important part integrative medical plays in our community. At the end of the day it's about patient choice.

I consent to publication of my submission.

Sincerely,

Melanie Wight

[Redacted Signature]

From: Alison Wyse
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:55:06 PM

To the Medical Board of Australia,

I support Option 1.

I value the right to have access to the broadest range of treatments and therapies currently available. The proposed changes will deny me this choice. I trust my GP to work with me in deciding the best management plan for me at any given point in time. The proposed changes will significantly narrow the options available to my GP in ensuring the best possible health outcome for me. If the range of options available are significantly reduced, as is currently proposed, then the only long term outcome I can see is an increase in the overall cost to taxpayers of the health care delivery system. This is not an outcome I can support in all good conscience. Please reconsider your position, in the interests of commonsense, best use of the taxpayer dollar, and most of all - the flexibility for my GP to work with me to ensure the best possible health outcomes for me so that I don't become a burden on the systems due to shortsighted and limited restrictions.

I consent to publication of my submission.

Sincerely,

Alison Wyse

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From: Kylie Yarwood
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:40:34 PM

To the Medical Board of Australia,

I support Option 1.

Medical doctors should be allowed to recommend and prescribe holistic therapies provided they have the necessary education to do so. When they can prescribe whatever dangerous prescription medication they feel that can have serious side effects, how is recommending mostly harmless and most times helpful therapies a bad thing? Allopathic medicine is now the third leading cause of death in western countries, something has to change. Patients should be allowed to freely choose their own therapies and the government should not be in a position to restrict this. Pharmaceutical companies need to stop influencing the practice of medicine and 'first do no harm' needs to make its way back into the practice. Profit over people is no longer and viable or acceptable philosophy.

I consent to publication of my submission.

Sincerely,

Kylie Yarwood

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From: Jody Yates
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:28:54 AM

To the Medical Board of Australia,

I support Option 1.

The medical profession needs to study and focus on health as well as disease. Outlawing nature is absurd and arrogant.

Natural remedies have been around a lot longer than the medical profession currently in power.

I think it is unethical to bind doctors to prescribe pharmaceutical products and deny them the right to recommend natural remedies!

I consent to publication of my submission.

Sincerely,

Jody Yates

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From: Peter Yeomans
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 12:46:37 PM

To the Medical Board of Australia,

I support Option 1.

I have used complimentary medicine many times over many years & have received great benefits. Please leave as is, I do not want any changes to be made.

I consent to publication of my submission.

Sincerely,

Peter Yeomans

A solid black rectangular box used to redact the signature of Peter Yeomans.

From: Rhiannon Yeomans
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 1:04:33 PM

To the Medical Board of Australia,

I support Option 1.

I am writing to ask that you make **NO** changes to the current guidelines. I value my ability to choose my healthcare and would like to continue to do so. Complimentary healthcare has been beneficial for me & I would like to see it continue to be supported.

I consent to publication of my submission.

Sincerely,

Rhiannon Yeomans

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From: Tricia Yeomans
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 12:40:17 PM

To the Medical Board of Australia,

I support Option 1.

I have used integrative & complimentary healthcare for most of my adult life, for myself, my husband & children. I have always found it extremely beneficial . If changes are imposed on integrative practitioners life would become more difficult for my family & many others. Please, let people continue to have this choice for their healthcare, leave things as they are so that people who choose to can continue to enjoy freedom of choice.

I consent to publication of my submission.

Sincerely,

Tricia Yeomans

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From: Andrew Young
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 9:09:47 PM

To the Medical Board of Australia,

I support Option 1.

I believe we should have as many options for treatment as possible. By taking away the right for doctors to prescribe natural medicines eg vitamins and minerals you are limiting our treatment options.

I consent to publication of my submission.

Sincerely,

Andrew Young

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From: Belinda Young
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 11:19:09 AM

To the Medical Board of Australia,

I support Option 1.

As a health practitioner myself, I regularly seek out integrative GP's or GP's willing to look outside the standard paradigm for patients who are not responding to mainstream western care. I would prefer to be able to continue to refer to actual trained GP's for this as they can include the western testing and treatment as required but add in other options where suitable. Unfortunately if "integrative GP's" are no longer able to practice, I will find myself having to seek assistance from more practitioners outside of the western medical model at all. I have many patients particularly with hormone issues who do not respond well to western treatment but when it is integrated with more holistic treatment, they get their lives back and usually very quickly. If integrative GP's were not available these patients would be significantly disadvantaged because they would have to see a western GP for the medical side of treatment and someone else or google for the other aspect and therefore not receive the necessary amount of extra testing to carefully modulate their response to treatment. Sleep disorders and patients suffering with mood disorders often also appear to respond poorly often with substantial side effects to traditional western medicine however when they receive treatment from a more integrative GP, they often respond better than "can be expected" and are regularly able to permanently overcome their obstacles therefore no longer relying on medications to just "get them through". Choice is really important for patients. Most people will still go to their "normal GP" first and only branch out when they are not getting the results they feel their body deserves. I think a number of the treatments we currently consider "alternative" could become mainstream when we are able to get enough research to back up the how and why and if things work. Many drugs that are put on the market and given to patients are not fully trialled long term yet are allowed to be considered part of the western medical treatment. Imposing further regulations on integrative medicine I believe will just make patients rely more on google, buying their own medicines over the internet without all the required information and in many cases probably not even consulting a GP at all. I also think it will unnecessarily endanger patients because I find if they think a GP doesn't like alternatives they refuse to mention they are taking supplements or receiving other treatment even when their GP not knowing could be detrimental to their health. There is always the chance of drug interactions / treatment interactions and when the patient doesn't feel safe being honest with all their practitioners for fear of revoke or chastisement, this risk is increased infinitely. I have also seen a number of patients go off their GP recommended medication because they mentioned side effects to the GP who had no other suggestions so they found their own ideas online and instead of taking this information to their GP they took it into their own hands. A number of these patients have then responded well to being recommended to a GP who was willing to look outside the box and get them sorted in a much safer manner with the correct monitoring that would not have happened if the GP had not taken an integrative approach. We need to offer patients the best care we can. We want a

healthier Australia and are a nation based on freedom of will and choice - it is what makes Australia such a wonderful place. Please allow us to keep making Australia great by allowing people to choose. Everyone can still choose a standard western medical Dr or choose an integrative Dr. Choice and availability of options is so important as without it, patients will continue to make their own choices but in a less safe manner - looking further afield and into less regulated areas. Thanks for taking this opinion into consideration.

I consent to publication of my submission.

Sincerely,

Belinda Young

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From: Felicity Young
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 1:21:40 PM

To the Medical Board of Australia,

I support Option 1.

Integrative Medicine is a vital part of Australian Healthcare. Australians deserve free choice when it comes to managing their health and continued access to practitioners who continue to strive and update their knowledge in the ever emerging health field, outside the sick care model of pharmaceuticals.

Personally as a practitioner and patient my life was changed by integrative medicine and answers found where conventional medicine failed.

Please do not restrict practitioner and patient choice in an ever increasing chronic disease climate. Patients who access integrative and alternative medicine and seeking to improve and help themselves. Why would the government want to discourage this and further burden the public health system?

Ultimately all integrative and alternative health care practitioners are seeking to help their patients and with ever increasing wait times to access these practitioners, clearly it is what the public needs and wants.

I consent to publication of my submission.

Sincerely,

Felicity Young

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From: Jennifer Young
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 8:18:25 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative and Complementary Medicines in Australia because I believe all australians should have the freedom to be treated by the practioner of their choice. We live in a democracy so this should not be taken away. We should have the right to think outside the square and keep an open mind when it comes to our health. Also with more choices of treatment comes a more productive population if treatment is successful. People not able to work because of various medical reasons can be a drain on society and government, so give them more choices.

I have been diagnosed and treated by a naturopath in conjunction with my GP and got amazing results. She is also a nutritionist and has guided me giving me the knowledge to know what and when to eat and live a healthy life.

I have friends who could hardly walk and after having acupuncture got some quality of life back.

Integrated medicines have been around for centuries so I believe if our choice is taken away to use these ways and medicines, the Australian society is definitely taking a backward step. We need to have the choice.

I consent to publication of my submission.

Sincerely,

Jennifer Young



From: Miriam Young
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:41:01 PM

To the Medical Board of Australia,

I support Option 1.

There are many reasons why Integrative doctors have their place in Australia. An important consideration is in the treatment of thyroid disorders. Thousands of Australians cannot tolerate thyroxine, synthetic T4 and feel so much better on dessicated thyroid extract and synthetic T3. There are not enough Integrative doctors who can prescribe these much needed medicines in Australia as it is. It is simply dangerous to take these medicines away. Don't do it Australia.

I consent to publication of my submission.

Sincerely,

Miriam Young

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From: Zoe Young
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:43:27 AM

To the Medical Board of Australia,

I support Option 1.

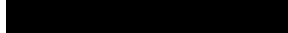
Integrative medicine has helped both myself, family and friends - and our choices have allowed us not to be a further long term burden on the healthcare system.

It is ultimately up to the individual what type of healthcare they choose, and what works for them. In this day and age, for that choice to be taken away for us, or made harder, it is not right.

I consent to publication of my submission.

Sincerely,

Zoe Young

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From: Christine Youssef
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:41:51 PM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]

As a Naturopath in private practice for over 20 years I have come to appreciate the role of Integrative GPs and specialists. There are many patients with complex and chronic health concerns that a regular GP cannot help either due to time constraints and/or the lack of training in complimentary medicine. I have found most integrative doctors are comfortable co- managing my patients concerns and that they appreciate the role of allied health practitioners. The public deserve the right to choose the health practitioner most capable of getting them well, and those of us working in Complimentary Medicine know the time, effort and expense required in training for our qualifications.

I consent to publication of my submission.

Sincerely,

Christine Youssef

[REDACTED]

From: Evon YULE
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:27:42 AM

To the Medical Board of Australia,

I support Option 1.

To me it is only right and represents being a Free Australian to have my choice of Doctor as this is a very personal relationship. It is necessary for me to feel comfortable with the Dr and to trust him/her. As well as that, depending on my needs I choose various other Practitioners and they may be: Chiropractor, Osteopath, Chinese medicine, Acupuncture and also Kiniesology, Herbalist & Bowen Therapy ..
Thank you for allowing my freedom to do this

I consent to publication of my submission.

Sincerely,

Evon YULE

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From: George Zacharia
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 7:58:38 PM

To the Medical Board of Australia,

I support Option 1.

Please value my right to access holistic healthcare and why I support doctors' right to continue to offer it to me. It has benefitted me and I have seen it in others who choose to do so.

I consent to publication of my submission.

Sincerely,

George Zacharia

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From: Mirella Zanella
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 6:22:10 PM

To the Medical Board of Australia,

I support Option 1.

I have found that seeing an integrated medical professional has benefited me and my lifestyle

It is my choice to avoid pharmaceuticals and I believe that we all should have the ability to make this choice

I consent to publication of my submission.

Sincerely,

Mirella Zanella

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From: Anthony Zappia
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 2:24:35 PM

To the Medical Board of Australia,

I support Option 1.

Both I and members of my family have used complementary medicine and practitioners of integrative medicine for many years. For us a holistic approach to health has hugely beneficial to our wellbeing. Many of the treatments we have used, e.g. acupuncture, have been used successfully for hundreds, even thousands of years - hardly the hallmark of a failed system. We have also essential oils and aromatherapy for which there are numerous peer reviewed studies in databases such as PubMed.

Doctors who choose to integrate complementary treatments should not be restricted in doing so. There are already sufficient means of dealing with unscrupulous practitioners. As patients we also have a right to choose the type of treatment we desire. We are not cattle. Me and my family strongly implore you to make no changes to the current guidelines.

I consent to publication of my submission.

Sincerely,

Anthony Zappia

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From: Anna Zilioli
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 9:41:23 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is the **ONLY** way to approach Healthcare if Health professionals truly aim to help and serve their patients. Doctors who are willing to be holistic in their approach should be supported **NOT** stymied by change in regulations.

I consent to publication of my submission.

Sincerely,

Anna Zilioli

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From: Kristin Zindel
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 8:59:12 AM

To the Medical Board of Australia,

I support Option 1.

All care needs a holistic approach. Doctor appointments should be as long as needed, all options should be discussed. What works for someone may not work for others, but the choice should be provided.

I consent to publication of my submission.

Sincerely,

Kristin Zindel

A solid black rectangular box used to redact the signature of Kristin Zindel.

From: Solara Zwaneveld
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 11:58:19 AM

To the Medical Board of Australia,

I support Option 1.

I have been using integrative and complementary medicine all my adult life. I find that alongside the medical system these are very effective and feel they should be able to work together. Just as there are doctors and surgeons who specialise in different areas of medicine, so too do integrative and complementary medicines support the other areas. All areas of health are important for all people and should continue to be supported by Medicare. Solara

I consent to publication of my submission.

Sincerely,

Solara Zwaneveld

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From: Solara Zwaneveld
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 3:12:52 PM

To the Medical Board of Australia,

I support Option 1.

There should be one set of guidelines for all doctors, and that patients should retain the right to choose their healthcare. EVERYONE should have the right to choose FREELY what type of healthcare they want. Integrative and complimentary healthcare definitely have a place in the world as they work side by side with conventional medicine - BOTH have their roles to play. Other countries around the globe practice complimentary therapies with ease and grace, blending them within the conventional medical systems. I have used complimentary therapies all my adult life and my 3 children have also benefited from them. All therapies have a role to play in healthcare and all peoples have the RIGHT to choose for themselves - personal responsibility is ours when we accept those choices.

I consent to publication of my submission.

Sincerely,

Solara Zwaneveld

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