
From: Susan Barrett Rayner [REDACTED]
Sent: Saturday, 29 June 2019 9:46 PM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

Begin forwarded message:

From: Our Choice <contact@ourchoice.org.au>
Date: 29 June 2019 at 9:31:18 pm AEST
To: [REDACTED]
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Reply-To: [REDACTED]

I choose Option 1...To begin with it's important to understand not everyone likes going to the doctor .. in my case it is when I am in need of one not because I want a social outing .. It takes me a lot to gain confidence in a doctor .. if you I don't think I am Being heard .. you won't see me again .. finding a doctor you feel confident and comfortable with is Vital .. it's about trust ... Intergrated Medicine has allowed me to find a doctor , I trust , grow a relationship with that doctor , for myself and my family .. allowing a doctor the time to know you also allows them to gain knowledge of family history , it allows you to feel like you are important enough to your doctor that they will care about your health care and your families and that all alternatives to your health and wellbeing are considered and all options and alternatives are given in a holistic manner .. through options of normal medical Medicine and alternative natural medicine... both holistically are as important as each other to give patient options going forward ... longer consult times are essential... This allows time to talk discuss and reach options or solutions while also allowing the patient to feel heard . From my own experience and frustration with the 10 minute consult .. I pleaded with a young doctor to please allow me the time for her to record all my medical issues on to a file so that if any doctor saw me they could read quickly prior to my consult what my visit may entail... I found with frustration I was having to go through my medical History every time I came to the doctor she listened .. she did that for me ... it was a breakthrough as a patient ... now I have a consult with a nurse twice a year for a half an hour .. she does all the usual bp, etc while talking to you about concerns you may have etc then you see the doctor after the nurse has consulted with them ... so much more personal , more trust and communication is upmost. My whole health program as I call it has become approachable, simplistic , and not as worrying ... we are a team! I hope my message is read ... I am not a straight forward patient , I came with lots of complications and major health issues... for the first time in 15 years I can finally say we have an amazing health team where I live and there is a lot to be said when a patient can trust their connection to their health team ... that they will care for your health needs as your deserve to be cared

. Thankyou ... My doctor is Dr [REDACTED] , [REDACTED] Medical Practice in Queensland... if all clinics could run as her team of doctors and medical Professionals do what a wonderful health system we would have nation wide it's called patient choice! Thankyou .

From: [REDACTED]
Sent: Sunday, 30 June 2019 2:06 PM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

----- Forwarded Message -----

Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sat, 29 Jun 2019 22:14:07 -0300
From: Our Choice <contact@ourchoice.org.au>
Reply-To: [REDACTED]
To: [REDACTED]

I choose option 1. I see a functional medicine doctor and I want to continue to see one. I do have the right to do so. I have seen GP before and integrative medicine doctors have helped me more. I am witness to my own health improvements. I know of other people who see functional medicine doctors and have had the same good results. We have the right to choose our doctors and have the best medical attention. It is a human right. We do not want that choice to be taken away. It would be criminal.

I am happy to see my GP for simple treatments but I want to do more for myself. People are becoming more aware of health issues and we want functional medicine.
Thank you

Adela and Paul Brent

From: Linda Bruce [REDACTED]
Sent: Thursday, 27 June 2019 6:28 PM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

- I choose **Option 1:** “no new regulations are required for doctors practising in the areas of complementary medicine and integrative medicine.”
- I have chosen to see Integrative Medicine doctors because:
 - I want to be involved in my own and my family’s care and this requires time in consultations an additional medical training that I found in my integrative medicine doctor.
 - Conventional medicine provided no answers about why I was sick and I needed medical care with a wider range of diagnostic and treatment options.
 - I have been harmed by conventional medical treatment, and needed to find other options.
 - I prefer non-drug approaches for managing my family’s and my own health or illnesses.
 - I am happy with my GP for simple treatments within brief consultations, but I want to go further with prevention and a deeper understanding of what I can do for myself and my family. My integrative medicine doctor provides me the time and knowledge to do that.
 - I want more from my doctor. More time. More understanding of causes of illness. More power to understand the ways in which I can improve my health to reduce my need for drugs, surgery and medical appointments. My Integrative Medicine doctor provides these for me in a way that 10 minute consultations with doctors cannot.
- I have concerns about the proposed regulations because:
 - There is no demonstrated need to regulate Complementary Medicine or Integrative Medicine. These are safe practices that need no further regulation.
 - The only concern of the Medical Board of Australia in this process is, and should be, safety. The Chair has said this publicly. Questions about how effective Complementary Medicine and Integrative Medicine is should be a decision left to me.
 - The Medical Board of Australia includes members of the Friends of Science in Medicine, a political lobby group opposing Complementary Medicine and Integrative Medicine. This is a clear conflict of interest. The Medical Board of Australia should cancel the current consultation, and go back to the start with all current and past members of the Friends of Science in Medicine lobby group excluded from Board participation.
 - There has been no transparency in consultation process. Freedom of Information requests as to how these proposals originated have been denied or redacted. The Medical Board of Australia has acted in secrecy and a failure to disclose the details of why the new regulations.

Linda Bruce

Begin forwarded message:

From: Our Choice <contact@ourchoice.org.au>
Date: 27 June 2019 at 6:25:21 pm AEST
To: [REDACTED]
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Reply-To: [REDACTED]

I choose Option 1...

From: Caitlin Cashman
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 4:52:19 PM

Begin forwarded message:

From: Our Choice <contact@ourchoice.org.au>
Date: 27 June 2019 at 2:39:33 pm AWST
To: [REDACTED]
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Reply-To: [REDACTED]

I choose Option 1: no new regulations are required for doctors practising in the areas of complimentary medicine and integrative medicine because I prefer non-drug approaches for managing my family's and my own health or illnesses.

There is no demonstrated need to regulate complimentary medicine or integrative medicine. These are safe practices that need no further regulation.

From: Christie De Vries [REDACTED]
Sent: Sunday, 30 June 2019 11:25 AM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

----- Forwarded message -----

From: **Our Choice** <contact@ourchoice.org.au>

Date: Sun, 30 Jun 2019 at 11:23 am

Subject: Consultation on complementary and unconventional medicine and emerging treatments

To: [REDACTED]

I choose Option 1... Because I have multiple health issues and I want to be able to see the same Doctor who knows my issues and medical history. Continuity of care is utmost.

From: Lea Drake [REDACTED]
Sent: Thursday, 27 June 2019 5:18 PM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

From: Our Choice <contact@ourchoice.org.au>

Sent: Thursday, June 27, 2019 5:13 pm

To: [REDACTED]

Subject: Consultation on complementary and unconventional medicine and emerging treatments

I choose Option 1...as I have always had a keen interest in my own health and prefer to see an open minded practitioner.

I find an integrative practitioner looks deeply for answers and doesn't prescribe first, rather looks at the many facets that make up a person.

I look after myself and expect my GP to give me the same time and respect. In general I don't find this with a normal GP. I seek out a GP who practices integrative medicine as well as being conventionally trained. This gives me the best of both.

I will continue to look for the correct health care for my needs and simply have no understanding of why the Government feels the need to close this healthy avenue.

Regards

Lea Drake

From: Simone Egli [REDACTED]
Sent: Thursday, 27 June 2019 9:00 PM
To: medboardconsultation
Subject: Fw: Consultation on complementary and unconventional medicine and emerging treatments

I believe all forms of medicine and health care should be readily available and that we should be able to choose freely who our care provider is and how we take care of ourselves. Standard medical care on its own is not always sufficient and/or appropriate. I also believe integrated medicine with its holistic approach that considers all aspects of health - physical, mental and emotional, social and environmental and its interplay and role with one another - should be even more easily available than it currently is. Actually, that is what I consider true medicine and good medical practice to be.

From: Our Choice <contact@ourchoice.org.au>

Sent: Thursday, 27 June 2019 6:47:08 PM

To: [REDACTED]

Subject: Consultation on complementary and unconventional medicine and emerging treatments

I believe all forms of medicine and health care should be readily available and that we should be able to choose freely who our care provider is and how we take care of ourselves. Standard medical care on its own is not always sufficient and/or appropriate. I also believe integrated medicine with its holistic approach that considers all aspects of health - physical, mental and emotional, social and environmental and its interplay and role with one another - should be even more easily available than it currently is. Actually, that is what I consider true medicine to be.

From: [REDACTED]
Sent: Thursday, 27 June 2019 12:52 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

----- Forwarded Message -----

Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wed, 26 Jun 2019 19:20:06 -0700
From: Our Choice <contact@ourchoice.org.au>
Reply-To: [REDACTED]
To: [REDACTED]

I would ask the regulators to please not introduce new regulations regarding doctors practicing in the areas of complementary medicine and integrative medicine. I have chosen integrative practitioners because it is my body/my decision and I want to be involved in my own health care. I do not believe western medicine has all the answers particularly when so many drugs then lead to different complications. Myself and my family have been harmed by conventional medicine. I always try and find the simplest non drug solution first for myself and my family and if need be then progress to a professional who will treat me as a whole individual rather than a set of symptoms that I need to explain within a 5min time frame or dismissed as if I am a nuisance - then a script for over used drugs and out the door within the allotted 10minutes. I feel that the regulations do not need to be changed as there are enough safe practices in place. This should be the only consideration apart from whether I feel - my body - that these complimentary medicines help me. Which they have done on so many occasions that they leave me in no doubt as to their efficacy. I do not believe that scientists are the be all and end all of knowledge. Homeopathy, Acupuncture as well as Chinese medicine and Ayurvedic practices were around for hundreds of years before western scientists. Political lobbyists should have no input around these sorts of decisions. As I stated earlier, only safety and my right to chose my medical discipline should be deciding criteria. Any decisions that are made without complete transparency smack of mis-trust and under-handedness. One would have to question why the Medical Board does not allow Freedom of Information. What are they afraid of and more importantly what do they need to hide?? Regards Susan Firth

From: [REDACTED]
Sent: Thursday, 27 June 2019 1:01 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

[REDACTED]

----- Original message -----

From: Our Choice <contact@ourchoice.org.au>

Date: 27/6/19 12:29 pm (GMT+09:30)

To: [REDACTED]

Subject: Consultation on complementary and unconventional medicine and emerging treatments

I choose Option 1...because it is my right to make an informed choice about my health.

Integrative Doctors provide me with a more comprehensive and thorough understanding of my body and the medical, lifestyle and natural options I have.

Integrative Health is empowering to me as an individual. Conventional Doctors can be systematically disempowering.

I strongly object to the process and the principle of the changes proposed.

Regards

Di Gilcris

From: Ruth Gordon [REDACTED]
Sent: Saturday, 29 June 2019 9:55 AM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

----- Forwarded message -----

From: **Our Choice** <contact@ourchoice.org.au>
Date: Sat, Jun 29, 2019 at 9:52 AM
Subject: Consultation on complementary and unconventional medicine and emerging treatments
To: [REDACTED]

I choose Option 1: no new regulations are required for doctors practising in the areas of complementary medicine and integrative medicine.

I am happy with my GP for simple treatments within brief consultations, but want to go further with prevention and a deeper understanding of what I can do for myself and my family. My integrative medicine doctor provides me the time and knowledge to do that.

I have concerns about the proposed regulations because:
There is no demonstrated need to regulate Complimentary Medicine or Integrated Medicine. These are safe practices that need no further regulation.

From: Annette Gray [REDACTED]
Sent: Thursday, 27 June 2019 8:01 PM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

From: Our Choice <contact@ourchoice.org.au>

Sent: Thursday, June 27, 2019 7:58 pm

To: [REDACTED]

Subject: Consultation on complementary and unconventional medicine and emerging treatments

I choose Option 1...I want to be involved in my own family's care, and this requires time in consultations, an additional medical training that I found in my integrative doctor. My doctor spends as much time with us as he needs to, and it's never under 20 minutes of his time. He understands our needs, and tries his hardest to do what needs to be done to keep us fit and healthy .

From: Irene Grootendorst [REDACTED]
Sent: Thursday, 27 June 2019 2:19 PM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

Irene

Begin forwarded message:

From: Our Choice <contact@ourchoice.org.au>
Date: 27 June 2019 at 07:18:38 GMT+3
To: [REDACTED]
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Reply-To: [REDACTED]

Dear Sir/Madam

Please don't jeopardise my ability to seek help from an integrative health professional.

Thank you.

From: sarah harbottle [REDACTED]
Sent: Saturday, 29 June 2019 5:46 PM
To: medboardconsultation
Subject: Re: Consultation on complementary and unconventional medicine and emerging treatments

From: Our Choice <contact@ourchoice.org.au>

Sent: Saturday, 29 June 2019 9:12 AM

To: [REDACTED]

Subject: Consultation on complementary and unconventional medicine and emerging treatments

I choose Option 1...I have concerns about the proposed regulations because:

There is no demonstrated need to regulate Complementary Medicine or Integrative Medicine. These are safe practices that need no further regulation.

The only concern of the Medical Board of Australia in this process is, and should be, safety. The Chair has said this publicly. Questions about how effective Complementary Medicine and Integrative Medicine is should be a decision left to me.

The Medical Board of Australia includes members of the Friends of Science in Medicine, a political lobby group opposing Complementary Medicine and Integrative Medicine. This is a clear conflict of interest. The Medical Board of Australia should cancel the current consultation, and go back to the start with all current and past members of the Friends of Science in Medicine lobby group excluded from Board participation.

There has been no transparency in consultation process. Freedom of Information requests as to how these proposals originated have been denied or redacted. The Medical Board of Australia has acted in secrecy and a failure to disclose the details of why the new regulations.

From: Emma [REDACTED]
Sent: Thursday, 27 June 2019 7:51 AM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

----- Forwarded message -----

From: **Our Choice** <contact@ourchoice.org.au>
Date: Thu, Jun 27, 2019 at 7:50 AM
Subject: Consultation on complementary and unconventional medicine and emerging treatments
To: [REDACTED]

I choose Option 1: "no new regulations are required for doctors practising in the areas of complementary medicine and integrative medicine."

I have chosen to see Integrative Medicine doctors because:

I want to be involved in my own and my family's care and this requires time in consultations an additional medical training that I found in my integrative medicine doctor.

Conventional medicine provided no answers about why I was sick and I needed medical care with a wider range of diagnostic and treatment options.

I have been harmed by conventional medical treatment, and needed to find other options.

I prefer non-drug approaches for managing my family's and my own health or illnesses.

I am happy with my GP for simple treatments within brief consultations, but I want to go further with prevention and a deeper understanding of what I can do for myself and my family. My integrative medicine doctor provides me the time and knowledge to do that.

I want more from my doctor. More time. More understanding of causes of illness. More power to understand the ways in which I can improve my health to reduce my need for drugs, surgery and medical appointments.

My Integrative Medicine doctor provides these for me in a way that 10 minute consultations with doctors cannot.

I have concerns about the proposed regulations because:

There is no demonstrated need to regulate Complementary Medicine or Integrative Medicine. These are safe practices that need no further regulation.

The only concern of the Medical Board of Australia in this process is, and should be, safety. The Chair has said this publicly. Questions about how effective Complementary Medicine and Integrative Medicine is should be a decision left to me.

The Medical Board of Australia includes members of the Friends of Science in Medicine, a political lobby group opposing Complementary Medicine and Integrative Medicine. This is a clear conflict of interest. The Medical Board of Australia should cancel the current consultation, and go back to the start with all current and past members of the Friends of Science in Medicine lobby group excluded from Board participation.

There has been no transparency in consultation process. Freedom of Information requests as to how these proposals originated have been denied or redacted. The Medical Board of Australia has acted in secrecy and a failure to disclose the details of why the new regulations.

Sincerely,
Dr Emma Harley



From: [REDACTED]
Sent: Sunday, 30 June 2019 1:01 PM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

Begin forwarded message:

From: Our Choice <contact@ourchoice.org.au>
Date: 30 June 2019 at 12:53:59 pm AEST
To: [REDACTED]
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Reply-To: [REDACTED]

I am writing to you in shock that the AMB would have the audacity to presume to think they have the right to control what doctors I see. I believe friends of medicine are most likely funded by big pharma, nothing else makes any sense. As a consumer of health care I have the right to choose any doctor trained within our medical system. To presume one group of doctors should know better than others has proven in history to result in doctors in new and emerging fields to be unfairly ostracised and misunderstood by a conservative group of mainstream practitioners that cannot tolerate the challenge of new ideas. Conservative doctors are clinging to the status quo despite the huge increase in complex, chronic conditions for which they have nothing to offer. Mainstream medicine is totally awesome in acute and mainstream conditions but I have personally found they offered nothing for acute care other than ineffective and often dangerous drugs. I have received much better care for non acute health conditions from integrated doctors. They should only be held to the same accountability of evidence as any other doctor not more. The AMB is indulging in massive over reach thinking they have the right to restrict integrated, plant based, emerging medicine & holistic treatment. What hubris! I have a right to be treated by any practitioners I see fit and do not need to be dictated to by a bunch of doctors. Integrated care generally involves less harm and less pharmacology than standard West medicine so what on earth could the AMB & their "friend of science" mates have as a possible motivation. We vote in governments to create laws and rules by which we should comply NOT a bunch of doctors that think they can restrict a patients right to choose. All I can say is that they are looking incredibly threatened by a group of doctors who treat their patients with respect & sound medical evidenced based medicine that takes into account the "whole person" and new medical literature rather than what they learned at Sydney university 30 years ago. This is a free country and the AMB is out of line trying to restrict OUR choices. 2/3 of Australians choose integrated medicine last year. We are not stupid and do not persist with ineffective treatments.

From: melissa harvey [REDACTED]
Sent: Sunday, 30 June 2019 12:15 PM
To: medboardconsultation
Subject: : Consultation on complementary and unconventional medicine and emerging treatments

From: Our Choice <contact@ourchoice.org.au>

Sent: Sunday, 30 June 2019 12:13:02 PM

To: [REDACTED]

Subject: Consultation on complementary and unconventional medicine and emerging treatments

I choose Option 1...

For over 20 years I have chosen to see Integrative Medicine doctors. I want to be involved in my own and my family's care and this requires time in consultations an additional medical training that I found in my integrative medicine doctor.

Conventional medicine provided no answers about why I was sick and I needed medical care with a wider range of diagnostic and treatment options.

I have been harmed by conventional medical treatment, and needed to find other options.

I prefer non-drug approaches for managing my family's and my own health or illnesses.

I am happy with my GP for simple treatments within brief consultations, but I want to go further with prevention and a deeper understanding of what I can do for myself and my family. My integrative medicine doctor provides me the time and knowledge to do that.

I want more from my doctor. More time. More understanding of causes of illness. More power to understand the ways in which I can improve my health to reduce my need for drugs, surgery and medical appointments. My Integrative Medicine doctor provides these for me in a way that 10 minute consultations with doctors cannot.

From: Tony [REDACTED]
Sent: Sunday, 30 June 2019 3:17 PM
To: medboardconsultation
Subject: FW: Consultation on complementary and unconventional medicine and emerging treatments

To the powers that be:

-----Original Message-----

From: Our Choice <contact@ourchoice.org.au>

Sent: Sunday, 30 June 2019 3:12 PM

To: [REDACTED]

Subject: Consultation on complementary and unconventional medicine and emerging treatments

Why on earth do you think you need to intervene in the choices of millions of Australians who choose complimentary and integrative medicine. It is our choice to treat our body as we please.

I 100% oppose the new regulations you are proposing. It is merely another ploy to control our lives, bow to the pharmaceuticals and political lobby groups such as Friends of Science in Medicine. BTW, why is a political lobby group who oppose complimentary and integrative medicine doing on your board ? They are not objective. They have an agenda. They should be removed.

I'm told your concern is supposed to be safety. Many of us would much rather consult IM practitioner than regular docs and hospital system. The hospital system kills people all the time and there is no accountability. My own immediate family can account for that. If a naturopath or homeopath did the same they are brought before the courts and jailed. Complimentary and IM is very safe and I trust it a lot more than mainstream medicine.

I elect complimentary and IM for myself and so do many of those I know. I have had acupuncture heal a hand that the docs could not. I choose a naturopath or another IM that treat my cause not just symptoms throwing more drugs at me.

But here is the thing, where do you get off telling people how they spend their money seeking treatment. If someone elects to go to the doctor than that is their choice but if someone elects to seek treatment elsewhere that is their choice also. This whole process has been shrouded in secrecy with approaches for FOI denied. It is very unfortunate you fear complimentary and IM as you do. Is not your role to see people be made healthy ? These people do that. Or is your role more to protect the pharmaceutical companies bottom line.

Kind Regards,
Tony Hudson

From: laura Johnson [REDACTED]
Sent: Saturday, 29 June 2019 12:29 PM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

----- Forwarded message -----

From: **Our Choice** <contact@ourchoice.org.au>
Date: Sat, Jun 29, 2019 at 12:25 PM
Subject: Consultation on complementary and unconventional medicine and emerging treatments
To: [REDACTED]

I choose Option 1...“no new regulations are required for doctors practising in the areas of complementary medicine and integrative medicine.”

I have been harmed by conventional medical treatment, and needed to find other options. Because the doctor i was using didnt listen to me and gave me drugs that actually made me worse, I now prefer non-drug approaches for managing my family’s and my own health or illnesses. I have concerns about the proposed regulations because:
There is no demonstrated need to regulate Complementary Medicine or Integrative Medicine. These are safe practices that need no further regulation.

The Medical Board of Australia includes members of the Friends of Science in Medicine, a political lobby group opposing Complementary Medicine and Integrative Medicine. This is a clear conflict of interest. The Medical Board of Australia should cancel the current consultation, and go back to the start with all current and past members of the Friends of Science in Medicine lobby group excluded from Board participation.

There has been no transparency in consultation process. Freedom of Information requests as to how these proposals originated have been denied or redacted. The Medical Board of Australia has acted in secrecy and a failure to disclose the details of why the new regulations.

--
Laura Johnson
Mobile: [REDACTED]
"love is an action word, it should be used every day"



From: Karyn Langford [REDACTED]
Sent: Thursday, 27 June 2019 9:10 AM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

From: Our Choice <contact@ourchoice.org.au>

Sent: Thursday, June 27, 2019 9:05 am

To: [REDACTED]

Subject: Consultation on complementary and unconventional medicine and emerging treatments

I choose Option 1...because I've been let down by conventional medicine and left with no answers. I want more time with my Gp to discuss my health needs than 10mins and I believe the extra knowledge Intergrative practitioners have is necessary for whole health.
Regards

Karyn Langford

From: daniel laws [REDACTED]
Sent: Thursday, 27 June 2019 11:10 PM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

----- Forwarded message -----

From: **Our Choice** <contact@ourchoice.org.au>
Date: Thu, 27 Jun. 2019, 9:05 pm
Subject: Consultation on complementary and unconventional medicine and emerging treatments
To: [REDACTED]

To Whom It May Concern,

I am writing to you in regards to the proposal to introduce regulations to integrative medicine. I don't normally take the time to write these things but I feel if I don't speak up I may very well lose the right to see the doctor that I choose to see, as these new regulations are so complex and so harsh that it would make practising Integrative Medicine almost impossible. While I am happy with my GP for simple treatments within brief consultations, I also wish to be able to see my integrative medicine practitioner.

The concerns I have with these new regulations and the Medical Board of Australia are numerous. Firstly there has been no transparency in the consultation process. Freedom of Information requests as to how these proposals originated have been denied or redacted. What exactly is the MBA trying to hide. I believe full transparency is a must when these proposed regulations affect millions of Australians. As the old saying goes "if your not doing anything wrong, then you have nothing to hide". Is it because the Medical Board of Australia includes members of the Friends of Science in Medicine, a political lobby group opposing Complementary Medicine and Integrative Medicine? If so, this is a clear conflict of interest. The Medical Board of Australia should cancel the current consultation, and go back to the start with all current and past members of the Friends of Science in Medicine lobby group excluded from Board participation. Unless this is done how can a fair and impartial decision be achieved?

Secondly, there is no demonstrated need to regulate Complementary Medicine or Integrative Medicine. These are safe practices that need no further regulation. Integrative Medicine has an extremely high safety record. The Medical Board of Australia acknowledges that patients rarely complain. Medical malpractice from conventional medicine on the other hand results in hundreds of people being injured or worse every year. Integrative medicine focuses primarily on the prevention of illness, using the best available research to reduce the risk of illness and disease before it occurs. Integrative Medicine is the preferred medical care for millions of Australians. It brings together prevention, nutrition, exercise, non-pharmaceutical treatments and empowerment of patients to use options beyond standard medical practice.

Thirdly, I believe there is no need for new regulations for doctors practising in the areas of complementary medicine and integrative

medicine. The only concern of the Medical Board of Australia in this process is, and should be, safety. The Chair has said this publicly. Questions about how effective Complementary Medicine and Integrative Medicine is should be a decision left to me.

In closing, I do hope you listen to the many Australians I'm sure have sent you similar submissions to mine and reconsider these proposals because the drug model of conventional medicine is simply not working, and new approaches to medical care are desperately needed.

From: Mirjana Lazic [REDACTED]
Sent: Thursday, 27 June 2019 10:01 AM
To: medboardconsultation
Subject: Fw: Consultation on complementary and unconventional medicine and emerging treatments

From: Our Choice <contact@ourchoice.org.au>
Sent: Wednesday, 26 June 2019 11:58 PM
To: [REDACTED]
Subject: Consultation on complementary and unconventional medicine and emerging treatments

I choose Option 1... Conventional medicine is frustrating in that it continually provides no answers about why I was sick which is why I needed medical care with a wider range of diagnostic treatment options.

I am happy with my GP for simple treatments within brief consultations, but I want to go further with prevention and a deeper understanding of what I can do for myself and my family. My integrative medicine doctor provides me the time and knowledge to do that.

From: Simone Lieschke [REDACTED]
Sent: Friday, 28 June 2019 8:33 AM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

----- Forwarded message -----

From: **Our Choice** <contact@ourchoice.org.au>
Date: Fri., 28 Jun. 2019, 8:28 am
Subject: Consultation on complementary and unconventional medicine and emerging treatments
To: [REDACTED]

To the MBA,
I choose Option 1...I want more from my doctor. More time. More understanding of causes of illness. More power to understand the ways in which I can improve my health to reduce my need for drugs, surgery and medical appointments. My Integrative Medicine doctor provides these for me in a way that 10 minute consultations with doctors cannot.
Yours sincerely,
Simone Lieschke

From: Pauline Mansfield [REDACTED]
Sent: Friday, 28 June 2019 9:15 PM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

Begin forwarded message:

From: Our Choice <contact@ourchoice.org.au>
Date: 28 June 2019 at 8:42:22 pm ACST
To: [REDACTED]
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Reply-To: [REDACTED]

There is no transparency in consultation process. Freedom of Information requests as to how these proposals originated have been denied irvredacted. The Medical Board of Australia has acted in secrecy and a failure to disclose the details of why the new regulations are necessary. Freedom of choice is fundamental right of people to choose their medical services!.

From: Suzette McCLELLAND [REDACTED]
Sent: Friday, 28 June 2019 12:36 PM
To: medboardconsultation
Subject: Re: Consultation on complementary and unconventional medicine and emerging treatments

On Fri, 28 Jun. 2019 at 11:07, Our Choice
<contact@ourchoice.org.au> wrote:

You have no right to take away my choices in medical care.

I have been harmed by conventional medicine with drugs, misdiagnosis therefore mistreatment.

My condition was getting worse until I had a consultation with an Integrative doctor who assessed my health in a holistic way. 3 years on and I am regaining my health.

I see my normal GP for scripts etc.

10 minute consultation is just too short for real assessment.

Exclude conflict of interest board members. There is NO transparency and that needs rectifying. Disgusting in this day and age where a governing body holds so much power

From: Peter Michelsen [REDACTED]
Sent: Friday, 28 June 2019 8:52 PM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

----- Forwarded message -----

From: **Our Choice** <contact@ourchoice.org.au>
Date: Fri, Jun 28, 2019 at 8:18 PM
Subject: Consultation on complementary and unconventional medicine and emerging treatments
To: [REDACTED]

I choose Option 1...“no new regulations are required for doctors practicing in the areas of complementary medicine and integrative medicine.”

I have chosen to see Integrative Medicine doctors because I am happy with my GP for simple treatments within brief consultations, but I want to go further with prevention and a deeper understanding of what I can do for myself . Conventional medicine provided no answers about why I was sick and I needed medical care with a wider range of diagnostic and treatment options.

The only concern of the Medical Board of Australia in this process is, and should be, safety. The Chair has said this publicly. Questions about how effective Complementary Medicine and Integrative Medicine is should be a decision left to me.

Regards
Peter Michelsen

From: Mikko [REDACTED]
Sent: Tuesday, 25 June 2019 11:22 AM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

Begin forwarded message:

From: Our Choice <contact@ourchoice.org.au>
Date: 25 June 2019 at 11:17:02 am AEST
To: [REDACTED]
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Reply-To: [REDACTED]

I choose Option 1 as I believe patients must have the right to adopt a drug free approach toward dealing with their health issues. A ten-minute consultation would never be enough to help me understand what is happening to my health and imposing some theoretical limitations on doctors who are trying to deal with their patients with practical solutions would make the matters only worse.

From: christine murphy [REDACTED]
Sent: Sunday, 30 June 2019 11:35 PM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

----- Forwarded message -----

From: **Our Choice** <contact@ourchoice.org.au>

Date: Sun, 30 Jun 2019 at 23:32

Subject: Consultation on complementary and unconventional medicine and emerging treatments

To: [REDACTED]

I choose Option 1, no new regulations required for doctors practicing in the area of complementary medicine and integrative medicine. Conventional medicine provided no answers about why I was sick and I need a wider range of diagnostic and treatment options.

I want to go further with prevention and a deeper understanding of what I can do for myself to remedy the underlying source of the problem using natural and holistic solutions that are more supportive of the constitution.

I have benefited greatly from naturopathy and therapeutic yoga. Often conventional diagnostic procedures and treatments in our rushed allopathic system are misguided and harmful and I have unfortunately experienced some of these. I am particularly wary of side effects from commonly overused pharmaceuticals.

I believe integrative holistic medicine should be the basis of our health system and allopathic medicine only called upon when necessary.

From: Helen Nash [REDACTED]
Sent: Tuesday, 2 July 2019 9:18 PM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

----- Forwarded message -----

From: **Our Choice** <contact@ourchoice.org.au>
Date: Tue, Jul 2, 2019 at 9:17 PM
Subject: Consultation on complementary and unconventional medicine and emerging treatments
To: [REDACTED]

I have chosen to see Integrative Medicine doctors because:

I want to be involved in my own and my family's care and this requires time in consultations an additional medical training that I found in my integrative medicine doctor.

Conventional medicine provided no answers about why I was sick and I needed medical care with a wider range of diagnostic and treatment options.

I have been harmed by conventional medical treatment, and needed to find other options.

I prefer non-drug approaches for managing my family's and my own health or illnesses.

I am happy with my GP for simple treatments within brief consultations, but I want to go further with prevention and a deeper understanding of what I can do for myself and my family. My integrative medicine doctor provides me the time and knowledge to do that.

I want more from my doctor. More time. More understanding of causes of illness. More power to understand the ways in which I can improve my health to reduce my need for drugs, surgery and medical appointments. My Integrative Medicine doctor provides these for me in a way that 10 minute consultations with doctors cannot.

I have concerns about the proposed regulations because:

There is no demonstrated need to regulate Complementary Medicine or Integrative Medicine. These are safe practices that need no further regulation.

The only concern of the Medical Board of Australia in this process is, and should be, safety. The Chair has said this publicly. Questions about how effective Complementary Medicine and Integrative Medicine is should be a decision left to me.

The Medical Board of Australia includes members of the Friends of Science in Medicine, a political lobby group opposing Complementary Medicine and Integrative Medicine. This is a clear conflict of interest. The Medical Board of Australia should cancel the current consultation, and go back to the start with all current and past members of the Friends of Science in Medicine lobby group excluded from Board participation.

There has been no transparency in consultation process. Freedom of Information requests as to how these proposals originated have been denied or redacted. The Medical Board of Australia has acted in

secrecy and a failure to disclose the details of why the new regulations.

From: Amy Ong
To: [medboardconsultation](#)
Subject: FW: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 9:31:05 AM

-----Original Message-----

From: Our Choice <contact@ourchoice.org.au>

Sent: Thursday, 27 June 2019 9:29 AM

To: Amy Ong [REDACTED]

Subject: Consultation on complementary and unconventional medicine and emerging treatments

I choose Option 1...“no new regulations are required for doctors practising in the areas of complementary medicine and integrative medicine” i want to have the freedom of choice to be able to choose what is best for my and my family's health. i have found the natural/ complimentary medicine to be successful, that with the correct used to treat a particular condition it has the effect to control and to repair (unlock the body’s own potential to heal and regenerate back to optimal health unlike drugs - conventional medicine which only controls the condition, so this is very important to me and my family that we have the FREEDOM of CHOICE!

From: Gemma Pallisier [REDACTED]
Sent: Saturday, 29 June 2019 12:33 AM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

Gemma Pallisier

[REDACTED]

Begin forwarded message:

From: Our Choice <contact@ourchoice.org.au>
Date: 29 June 2019 at 12:32:03 am AEST
To: [REDACTED]
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Reply-To: [REDACTED]

I choose Option 1 because conventional medicine provided no answers about why I was sick and I needed medical care with a wider range of diagnostic and treatment options. It changed my life.

From: Pam [REDACTED]
Sent: Sunday, 30 June 2019 4:04 PM
To: medboardconsultation
Subject: FW: Consultation on complementary and unconventional medicine and emerging treatments

From: [Our Choice](#)
Sent: Sunday, 30 June 2019 4:02 PM
To: [REDACTED]
Subject: Consultation on complementary and unconventional medicine and emerging treatments

I choose Option 1...
I do not agree with being told which medical professional I see
Keep out of my business

From: Sally Paris [REDACTED]
Sent: Sunday, 30 June 2019 4:07 PM
To: medboardconsultation
Subject: Fw: Consultation on complementary and unconventional medicine and emerging treatments

From: Our Choice <contact@ourchoice.org.au>
Sent: Sunday, 30 June 2019 6:03 AM
To: [REDACTED]
Subject: Consultation on complementary and unconventional medicine and emerging treatments

I choose Option 1: “no new regulations are required for doctors practising in the areas of complementary medicine and integrative medicine.”

I have chosen to see Integrative Medicine doctors because:

I want to be involved in my own and my family’s care and this requires time in consultations an additional medical training that I found in my integrative medicine doctor.

Conventional medicine provided no answers about why I was sick and I needed medical care with a wider range of diagnostic and treatment options.

I have been harmed by conventional medical treatment, and needed to find other options.

I prefer non-drug approaches for managing my family’s and my own health or illnesses.

I am happy with my GP for simple treatments within brief consultations, but I want to go further with prevention and a deeper understanding of what I can do for myself and my family. My integrative medicine doctor provides me the time and knowledge to do that.

I want more from my doctor. More time. More understanding of causes of illness. More power to understand the ways in which I can improve my health to reduce my need for drugs, surgery and medical appointments. My Integrative Medicine doctor provides these for me in a way that 10 minute consultations with doctors cannot.

I have concerns about the proposed regulations because:

There is no demonstrated need to regulate Complementary Medicine or Integrative Medicine. These are safe practices that need no further regulation.

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From: Vicki Pungatara [REDACTED]
Sent: Saturday, 29 June 2019 7:55 PM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

Begin forwarded message:

From: Our Choice <contact@ourchoice.org.au>
Date: 29 June 2019 at 7:53:47 pm AEST
To: [REDACTED]
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Reply-To: [REDACTED]

I have chosen to see Integrative Medicine doctors because:
I want to be involved in my own and my family's care and this requires time in consultations an additional medical training that I found in my integrative medicine doctor.
I prefer non-drug approaches for managing my family's and my own health or illnesses.

From: natasha pustak [REDACTED]
Sent: Sunday, 30 June 2019 8:17 AM
To: medboardconsultation
Subject: Fw: Consultation on complementary and unconventional medicine and emerging treatments

Sent from Outlook

From: Our Choice <contact@ourchoice.org.au>
Sent: Sunday, 30 June 2019 8:14:54 AM
To: [REDACTED]
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To whom it may concern,

My name is natasha pustak

and I am currently [REDACTED] years of age. My medical journey started when I was around 30 years of age. Looking back alternative medicine was never encouraged or talked about. I do believe it should be something intrograted into people's lives long before health concerns arrive on our doorstep. I found holistic alternative in my journey as I found main stream doctors generally lacked holistic views when it came to the mind and body. I currently have a complaint in with the [REDACTED] [REDACTED] regarding the lack of care and concern I have received from doctors and hospitals. Looking back my health would not be where it is if they had allowed me to have some control over my body, my rights. Instead I was left unheard and sick. When I began alternative therapy I was judged even more by the doctors for taking this step in my own health care plan. Doctors became more critical of me. Yet I believe holistic alternative should be a lifestyle choice readily available to the community, a person should not suffer the burden financially because you refuse to allow them to practice as a doctor would with rebate systems in place to permit it to be a choice someone can make without the financial risks associated with choosing holistic alternative care. Without their care I wouldn't have been able to attempt to function, but it has come at a cost to my family as these services are not on the rebate system. Furthermore in my community we have had a large number of children committing suicide and I do believe if these options were readily available and encouraged from a young age that it potentially would see a far better outcome for our youth. As a whole I am very supportive of the holistic approach for the young and aging, but it needs to be readily accepted in the medical field first and foremost. I believe should you permit it to be a readily available rebated service that it would take the pressure off the hospital systems as people could make it a lifestyle choice long before they become unwell, reliant on a system that does not work for everyone. The government need to realize our body, our rights and options should be available so that people like myself and my family don't suffer unheard, untreated and financially destitute because they want to monopolize the medical world to their own advantage. The current system is not working and many people are falling through the cracks in the system like I am. My medical needs fall into the catorgory of financially what I can or cannot afford hindering my

recovery and also the stigma attached in the medical field to my rights to seek holistic alternative therapy.

Kind regards

Natasha and family

From: Sandra Relf [REDACTED]
Sent: Monday, 1 July 2019 8:03 AM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

----- Original message -----

From: Our Choice <contact@ourchoice.org.au>

Date: 1/7/19 8:01 am (GMT+10:00)

To: [REDACTED]

Subject: Consultation on complementary and unconventional medicine and emerging treatments

I choose Option 1...I choose Option 1: "no new regulations are required for doctors practising in the areas of complementary medicine and integrative medicine."

I have chosen to see Integrative Medicine doctors because:

I want to be involved in my own and my family's care and this requires time in consultations an additional medical training that I found in my integrative medicine doctor.

Conventional medicine provided no answers about why I was sick and I needed medical care with a wider range of diagnostic and treatment options.

I have been harmed by conventional medical treatment, and needed to find other options.

I prefer non-drug approaches for managing my family's and my own health or illnesses.

I am happy with my GP for simple treatments within brief consultations, but I want to go further with prevention and a deeper understanding of what I can do for myself and my family. My integrative medicine doctor provides me the time and knowledge to do that.

I want more from my doctor. More time. More understanding of causes of illness. More power to understand the ways in which I can improve my health to reduce my need for drugs, surgery and medical appointments. My Integrative Medicine doctor provides these for me in a way that 10 minute consultations with doctors cannot.

I have concerns about the proposed regulations because:

There is no demonstrated need to regulate Complementary Medicine or Integrative Medicine. These are safe practices that need no further regulation.

The only concern of the Medical Board of Australia in this process is, and should be, safety. The Chair has said this publicly. Questions about how effective Complementary Medicine and Integrative Medicine is should be a decision left to me.

The Medical Board of Australia includes members of the Friends of Science in Medicine, a political lobby group opposing Complementary Medicine and Integrative Medicine. This is a clear conflict of

interest. The Medical Board of Australia should cancel the current consultation, and go back to the start with all current and past members of the Friends of Science in Medicine lobby group excluded from Board participation.

There has been no transparency in consultation process. Freedom of Information requests as to how these proposals originated have been denied or redacted. The Medical Board of Australia has acted in secrecy and a failure to disclose the details of why the new regulations.

From: rob [REDACTED]
Sent: Monday, 1 July 2019 8:15 AM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

----- Forwarded Message -----

Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sun, 30 Jun 2019 19:11:03 -0300
From: Our Choice <contact@ourchoice.org.au>
Reply-To: [REDACTED]
To: [REDACTED]

I do not consent to the introduction of this restrictive regulation, and I would draw your attention to *cruden v neale*.

From: jane rourke [REDACTED]
Sent: Thursday, 27 June 2019 4:23 PM
To: medboardconsultation
Subject: Fw: Consultation on complementary and unconventional medicine and emerging treatments

It's our choice what we put into our bodies and to have the advice and support from a GP about the natural things we are taking or looking at taking can be invaluable.

To feel supportive about our choices is so important on our rd to wellness menatally as well as physically

Please don't take our choices away

Begin forwarded message:

On Thursday, June 27, 2019, 4:20 pm, Our Choice <contact@ourchoice.org.au> wrote:

I1...It's our choice what we put into our bodies and to have the advice and support from a GP about the natural things we are taking or looking at taking can be invaluable.

To feel supportive about our choices is so important on our rd to wellness menatally as well as physically

From: Kaye Saunders [REDACTED]
Sent: Sunday, 30 June 2019 11:45 AM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

I want my own doctor at all times!!!!

----- Forwarded message -----

From: **Our Choice** <contact@ourchoice.org.au>

Date: Sat, 29 Jun 2019 10:14 pm

Subject: Consultation on complementary and unconventional medicine and emerging treatments

To: [REDACTED]

I choose Option 2 because my Doctor knows my medical history, listens to how I explain things then proceeds to check what I have told him.

I have faith and trust in my current Doctor.

WHEREAS I DO NOT HAVE FAITH OR TRUST IN A MEDICAL BOARD THAT I DO NOT KNOW TO MAKE DECISIONS ON MY HEALTH AND TREATMENT!!!!

From: Joanne Shanks [REDACTED]
Sent: Thursday, 27 June 2019 9:18 PM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

----- Forwarded message -----

From: **Our Choice** <contact@ourchoice.org.au>
Date: Thu, Jun 27, 2019 at 9:17 PM
Subject: Consultation on complementary and unconventional medicine and emerging treatments
To: [REDACTED]

I choose Option 1... I have spent 13 years seeing many GP with no help at all, I went to an integrative Dr and my world changed for the better, will never go back to a GP, they just do the same old routine checks and answers, they need to lift their game.

From: Michael Stanton [REDACTED]
Sent: Friday, 28 June 2019 4:07 PM
To: medboardconsultation
Subject: Fw: Consultation on complementary and unconventional medicine and emerging treatments

----- Forwarded message -----

From: Our Choice <contact@ourchoice.org.au>
To: [REDACTED]
Sent: Friday, 28 June 2019, 4:04:22 pm AEST
Subject: Consultation on complementary and unconventional medicine and emerging treatments

I choose Option 1... "no new regulations are required for doctors practising in the areas of complementary medicine and integrative medicine."

We keep being told we live in a developed, free and progressive society. Despite medical advances through the years from leeches to vaccines no medical authority is all knowing when it comes to the physical, mental and spiritual structure of the human being. As such no authority should possess the power to judge what is acceptable health care.

If the MBA has any interest in health care it should be encouraging an expansive and integrative approach of its members instead of pursuing control measures that bound health care to the limited parameters as proposed by this attack on integrative doctors.

This attack on integrative doctors is an egregious measure by authority that belongs nowhere in time and place. Every person will at some point in life seek out health services whether they want to or not. In a free and progressive society people have a choice. Take that choice away and what remains is fascism. That's the MBA's choice.

From: bek Taylor [REDACTED]
Sent: Sunday, 30 June 2019 1:01 PM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

Begin forwarded message:

From: Our Choice <contact@ourchoice.org.au>
Date: 30 June 2019 at 12:29:32 pm ACST
To: [REDACTED]
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Reply-To: [REDACTED]

I choose Option 1.

I have used a integrative practitioner as my main form of doctor over the past 8 years.. every time I have had to go to a normal doctor I have left feeling helpless and with no help except take this pill. However, my integrative doctor has worked with me to help me and support me with very little need for medication. I am the healthiest I have ever been.

From: Kari Ward [REDACTED]
Sent: Monday, 1 July 2019 1:16 PM
To: medboardconsultation
Subject: proposed regulations

----- Forwarded message -----

From: **Our Choice** <contact@ourchoice.org.au>

Date: Mon, 1 Jul 2019 at 1:10 pm

Subject: Consultation on complementary and unconventional medicine and emerging treatments

To: [REDACTED]

I have concerns about the proposed regulations because:

There is no demonstrated need to regulate Complementary Medicine or Integrative Medicine. These are safe practices that need no further regulation.

From: [REDACTED]
Sent: Sunday, 30 June 2019 1:45 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

-----Original Message-----

From: Our Choice <contact@ourchoice.org.au>

Sent: Sunday, 30 June 2019 1:43 PM

To: [REDACTED]

Subject: Consultation on complementary and unconventional medicine and emerging treatments

I choose Option 1: "no new regulations are required for doctors practising in the areas of complementary medicine and integrative medicine."

I have chosen to see Integrative Medicine doctors because:

I want to be involved in my own and my family's care and this requires time in consultations an additional medical training that I found in my integrative medicine doctor.

Conventional medicine provided no answers about why I was sick and I needed medical care with a wider range of diagnostic and treatment options.

I have been harmed by conventional medical treatment, and needed to find other options.

I prefer non-drug approaches for managing my family's and my own health or illnesses.

I am happy with my GP for simple treatments within brief consultations, but I want to go further with prevention and a deeper understanding of what I can do for myself and my family. My integrative medicine doctor provides me the time and knowledge to do that.

I want more from my doctor. More time. More understanding of causes of illness. More power to understand the ways in which I can improve my health to reduce my need for drugs, surgery and medical appointments.

My Integrative Medicine doctor provides these for me in a way that 10 minute consultations with doctors cannot.

I have concerns about the proposed regulations because:

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The only concern of the Medical Board of Australia in this process is, and should be, safety. The Chair has said this publicly. Questions about how effective Complementary Medicine and Integrative Medicine is should be a decision left to me.

The Medical Board of Australia includes members of the Friends of Science in Medicine, a political lobby group opposing Complementary Medicine and Integrative Medicine. This is a clear conflict of interest. The Medical Board of Australia should cancel the current consultation, and go back to the start with all current and past members of the Friends of Science in Medicine lobby group excluded from Board participation.

There has been no transparency in consultation process. Freedom of Information requests as to how these proposals originated have been denied or redacted. The Medical Board of Australia has acted in secrecy and a failure to disclose the details of why the new regulations.

From: [REDACTED]
Sent: Tuesday, 2 July 2019 12:55 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

----- Original message -----

From: Our Choice <contact@ourchoice.org.au>

Date: 2/7/19 12:31 pm (GMT+10:00)

To: [REDACTED]

Subject: Consultation on complementary and unconventional medicine and emerging treatments

I choose Option 1... No new regulations are required for doctors practising in the areas of complimentary medicine and integrative medicine.

I have chosen to seek Integrative Medicine doctors because I choose non-drug treatments where possible for myself and my family. I have an IPMN which conventional doctors attempted to pressure me into undergoing very invasive surgery, which would have required 6 to 12 months recovery, with the prospect of never recovering. By going with an integrative doctor, I have managed to shrink the lesion to less than an operative size. This is still not acknowledged by the conventional medical practitioners. I believe we the people have a constitutional right to seek an Integrative Medical doctor and for them to be free to practise without any new regulations.

From: Michelle White [REDACTED]
Sent: Saturday, 29 June 2019 7:18 PM
To: medboardconsultation
Subject: Fwd: Consultation on complementary and unconventional medicine and emerging treatments

----- Forwarded message -----

From: **Our Choice** <contact@ourchoice.org.au>
Date: Sat., 29 Jun. 2019, 17:16
Subject: Consultation on complementary and unconventional medicine and emerging treatments
To: [REDACTED]

o new regulations are required for doctors practising in the areas of complementary medicine and integrative medicine.”

I have chosen to see Integrative Medicine doctors because:

I want to be involved in my own and my family’s care and this requires time in consultations an additional medical training that I found in my integrative medicine doctor.

Conventional medicine provided no answers about why I was sick and I needed medical care with a wider range of diagnostic and treatment options.

From: Nathalie Willis [REDACTED]
Sent: Thursday, 27 June 2019 10:06 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

I choose Option 1: “no new regulations are required for doctors practising in the areas of complementary medicine and integrative medicine.”

I have chosen to see Integrative Medicine doctors because:

I want to be involved in my own and my family’s care and this requires time in consultations an additional medical training that I found in my integrative medicine doctor.

Conventional medicine provided no answers about why I was sick and I needed medical care with a wider range of diagnostic and treatment options.

I have been harmed by conventional medical treatment, and needed to find other options.

I prefer non-drug approaches for managing my family’s and my own health or illnesses.

I am happy with my GP for simple treatments within brief consultations, but I want to go further with prevention and a deeper understanding of what I can do for myself and my family. My integrative medicine doctor provides me the time and knowledge to do that.

I want more from my doctor. More time. More understanding of causes of illness. More power to understand the ways in which I can improve my health to reduce my need for drugs, surgery and medical appointments. My Integrative Medicine doctor provides these for me in a way that 10 minute consultations with doctors cannot.

I have concerns about the proposed regulations because:

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Regards,
Nathalie WILLIS

From: Our Choice <contact@ourchoice.org.au>
Sent: Thursday, 27 June 2019 10:02 AM
To: [REDACTED]
Subject: Consultation on complementary and unconventional medicine and emerging treatments

I choose Option 1...