

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 7:58:45 AM

To the Medical Board of Australia,

I support Option 1.

Choice is an important part of remaining healthy and well. Being able to access any support a person chooses as the right thing for their health is vital to their healing process.

My family uses many different complimentary medicines and I would like to continue to have access to them.

People are smart enough to do their own research and know what is useful or not.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 9:28:47 PM

To the Medical Board of Australia,

I support Option 1.

It is vital to keep patient's ability to choose their health care.
Medicine and health care are about a whole body approach. Not just
symptom knee jerk reactions. Let doctors treat people holistically
and have a healthy population.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:34:07 PM

To the Medical Board of Australia,

I support Option 1.

We need to have Choice to look at our health from both a traditional medicine and conventional medical perspective, restricting our options to choice is not in the best interest of peoples health and in our freedom of choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 1:27:28 PM

To the Medical Board of Australia,

I support Option 1.

As you might be fully aware, democracy means that we as citizens have been given the trust to vote, so why shouldn't we be able to make beneficial health choices ourselves? please keep this guideline unchanged. thank you, [REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 6:18 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I AM AN AVID AND STRONG SUPPORTER OF INTERGRATIVE AND COMPLEMENTARY MEDICINE. I HAVE USED IT FOR MANY YEAR AND IT HAS BEEN VERY HELPFUL IN REDUCING THE SEVERITY OF ANY HEALTH ISSUES I HAVE BEEN FACED WITH . I USED THE ABOVE AS I KNOW THAT ALL THAT IS PRESCRIBED TO ME HAS NO SIDE EFFECTS... MY FAMILY HAS THRIVED AND MAINTAINED VITALITY BY USING THEIR SERVICES. I AM VERY CONCERNED THAT ONCE AGAIN I AM BEING PENALISED FOR USING COMPLEMENTARY AND INTERGRATIVE MEDICINE. I AM OF THE OPINION THAT MY RIGHT TO BE AN AVOCATE FOR MY OWN HEALTH CHOICES IS BEING COMPROMISED . MY HEALTH CHOICES ARE MINE AND I AM ACCOUNTABLE FOR THE CHOICES I MAKE ,I AM VERY DISATTISFIED WITH THIS SITUATION...

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 2:23:17 PM

To the Medical Board of Australia,

I support Option 1.

Patients should have access to all kinds of medicines including complementary and integrative. Without these medicines hundreds of people I have seen would be suffering unnecessarily. There are minimal if any side effects and why wouldn't you try natural alternatives first before drugs which mostly mask the problem not get to the source. You will be denying thousands of innocent people fair safe healthcare if you change the guidelines

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:25:34 PM

To the Medical Board of Australia,

I support Option 1.

Through complementary and alternative medicine I am successfully managing several chronic autoimmune diseases which would otherwise be costing the health system thousands of dollars with my condition alone. There is a growing body of evidence connecting autoimmune disease with psychological states such as complex trauma. Too little is known about these health conditions to rule out alternative medicine as an effective treatment. The current medical model acts only as a band aid.

I will continue to advocate for integrative medicine and treatment for both myself and my clients.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 2:28:06 PM

To the Medical Board of Australia,

I support Option 1.

Western medicine is a wonderful development of recent centuries but we have millennia of experience and knowledge in respect of non-Western medicine approaches to health conditions.

I sincerely believe that to restrict the integration opportunities associated with these two major streams of knowledge would be a massive backward step for the health of Australians.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 8:38:16 AM

To the Medical Board of Australia,

I support Option 1.

It is the responsibility of the medical board to ensure access to medical assistance that will benefit the patient. Doctors should be able to practice medicine that they are confident works, they are the advocates for patients, and as such they should be able to make all options available to them in their best interests.

Integrative and complementary medicine options can safely used in addition to pharmaceutical treatments and have been used in this way for a long time.

Doctors should have the tools they need to help patients with all solutions - natural or chemical.

I speak for myself and my husband when I say that natural complementary medicine has been the foundation of our wellbeing.

Natural medicines and integrative health care should not be a treated as threat to the system but should be embraced for the total well being of patient health.

Please do not restrict the right to holistic health care and limit the views of societies most needed health contributors. The medical board needs to be at the forefront for supporting good medical practice that supports all Australians.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I fully support having options of integrated medicine offered to me. I have had a chronic health condition for 14 years (autoimmune) and without the help of supplements and integrative health guidance would not be able to lead a life that allows me to work and function fairly normally. By continuing to be able to access integrative medicine I am avoiding hospital admissions and keeping my symptoms at bay. I would see any diminishment of what is offered today as a big step backward as more people will be in emergency departments clogging up the public health system. It should remain a doctors choice if they wish to broaden their scope of offerings and a patients choice as to whether they want to access a more integrative approach to their health. It should never be taken away. I would leave Australia if it was as I consider freedom of choice in my medical treatment to be a human right. I know that if I had not received a broader treatment plan for my autoimmune condition I would barely be able to function.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 8:11 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I work within mainstream healthcare but after many years of getting nowhere with my own health, I finally found an integrative GP who looked at 'me' as a whole, rather than the system based general practice we are all used to. My current GP looks into, around, and behind my issues.

This makes such a welcome change from one regular GP after another, who rarely ask questions besides 'what can I do for you?'. I spent years telling GPs that I didn't feel well; it felt like something in my system was turned off - and all I got was repeated questions of 'what do you want me to do - your bloods are fine!!! Repeatedly I was offered antidepressants as an easy way out!!! I have never been depressed -yet have been issued at least 3 prescriptions for these much abused and overly prescribed medications. Within a couple of months of going to my integrative GP we had identified my cortisol levels were very low and started to try and reverse this with lifestyle changes, diet and adrenal support supplements.

My adrenal recovery was unfortunately superseded by a new diagnosis of de novo stage 4 breast cancer - this despite 10 years of mainstream medicine science (annual mammograms & ultrasounds). I stupidly & blindly trusted a flawed science, which is widely held up as a very trustworthy science. Haha... If I had my time back again I would likely try thermal screening or possibly would have pushed for PET & or prophylactic mastectomies.

But, enough about me and my own history. Mainstream medicine at its best is good - not great. At its worst it's arrogant. If I hear once more the flawed argument that there's 'just not enough research to support alternate treatments, modalities & supplements'!!! Bare in mind that if there wasn't an enormous profit to be made from mainstream medications, none of those would have much research behind them either! Big pharma can't actually make much money from natural substances, such as curcumin, ginseng, glucosamine and the like - so who's going to provide the funding to get all your clinical proof? Big pharma LOVE the fact that they've got you all on board. You demand proof! Some of us rely on integrative GP's, 'alternate' medicine practitioners, friends, family and acquaintances to recommend modalities & supplements which have helped them - and we so deserve the right to make those choices. Who died and made you God?

Thanks for reading my plea,

Best wishes,

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 10:14:01 AM

To the Medical Board of Australia,

I support Option 1.

I appreciate having a choice of health support. I often discuss these choices with my GO and find it useful and reassuring that he is both interested and increasingly well informed on the benefits of a broad approach to preventative treatments.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:35:46 AM

To the Medical Board of Australia,

I support Option 1.

I have been working in a major metropolitan hospital for over 24 years. I know what good medicine can do. The beliefs and requests of the patient are always, and should always be held to the highest esteem- this is ethical medicine. Lately, the medical establishment have been getting a bad rap: undertested vaccines, experimental chemo, reduction in both the doctors and the patients rights.

We do not consent to having our rights removed. We should be able to choose an integrative approach to our health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:59:50 AM

To the Medical Board of Australia,

I support Option 1.

There is a very clear evidence base for Integrative Medicine, the combination of evidence based Complementary medicines and therapies with orthodox medicine to help achieve the best possible outcomes for the patient. Nutritional and environmental medicine provides the foundation for health, and the scientific evidence is very strong in this regard. Yet western medicine continues to limit itself to pharmaceutical therapy with its known detrimental public health effects. This is of course about money not health. Western medical errors have been shown to be the third largest cause of death after heart disease and cancer. Integrative Medicine is a specialty of medicine in the US. The Australian medical education community is woefully behind and in some ways negligent in this aspect. It is only a matter of time before a patient sues a doctor for not providing them with all the possible options, including those of a nutritional nature. Importantly the Australian population have already voted on the matter of Integrative Medicine and they are already practising it. Almost 70% of Australians use some form of complementary medicine. It is time for a rethink about health and how we define it. Western medicine in Australia continues to remain narrow and outdated. The medical education system in Australia requires a complete overhaul and rethink. It is time for a royal commission into our healthcare system more broadly. Instead of trying to control or restrict doctors who are thinking more broadly and deeply about health the Medical Board should be empowering them. Perhaps we need to rethink the Medical Board of Australia and decide if it is still fit for purpose.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 6:09:02 PM

To the Medical Board of Australia,

I support Option 1.

Please do not make changes that will take away my choice to choose what medical treatment I may require, nor prevent any medical practitioner from recommending complimentary healing modalities. I would have undergone a spinal fusion if it was not for Integrative, complimentary treatments that resulted in me being able to fully participate in life without surgery.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:38 PM

To the Medical Board of Australia,

I support Option 1.

We don't want the changes that take our choices away, that take doctors ability to look at choices & inform us.

Members of my family have used complementary medicine for years which have been effective.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 12:23:42 PM

To the Medical Board of Australia,

I support Option 1.

Please do not take away patient or practitioner freedom. Integrative medicine in a much needed option for preventative and alternative medicine. We need more prevention than cure of disease!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:46:24 PM

To the Medical Board of Australia,

I support Option 1.

Without integrative healthcare, Weill have more illness, putting our medical health system under even more stress

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:37:53 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine greatly helped my mother through her cancer treatment. She was diagnosed with stage 4 ovarian cancer and had surgery and chemotherapy. She also had a range of holistic therapies to assist her with the side effects of the treatment. I think both are necessary for patients to receive top healthcare.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 1:07:37 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine, in fact, I demand that right.

I am a senior citizen and lead a very healthy lifestyle. Along with the help of integrative and complimentary medicine I am extremely healthy.

If you impose restrictions, I will probably fall ill and be a burden on society.

It is my right to be able to access the health care of my choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 12 June 2019 5:17:21 PM

To the Medical Board of Australia,

I support Option 1.

I have done much research on integrative and complementary medicine and have been a user of it myself. I always like to find the cause of an issue and not just accept a band aid prescription.

There is so much evidence of the effectiveness of integrative and complementary medicine, much of which I have personally experienced.

I do not believe that you have the right to remove freedom of choice in this regard....this would be a police state.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 7:34:30 AM

To the Medical Board of Australia,

I support Option 1.

I have rheumatoid arthritis. I take multiple immune suppressing medications. I get acutely I'll often, am currently being treated for atypical

Pneumonia. I am 39. This will be a lifelong illness. There are a huge number of lifestyle factors that can affect my disease activity, which have not yet been studied, and can vary widely between RA patients. Diet is one of these, as is stress. I see a rheumatologist just 2x per year, and rely very heavily on regular visits with my integrative doctor in between, for both conventional medicine and anything else we can consider that might improve my health, mental health, general wellbeing, fatigue levels, and pain levels. I take some less usual medications like low dose naltrexone, with the agreement of my specialist also, that have helped significantly. Without the fringe medical, and outside the box thinking, I would definitely not be holding down a job, would likely be on NDIS and unable to care for my children without assistance. I would be costing this country rather than contributing taxes. And I would have no quality of life, and would be relying on opioid pain relievers and prednisone.

I also have two children with ASD. The prescription if regular exercise is critical to their ongoing wellbeing, as is avoiding artificial additives in food. If we had never had a doctor help us with recommendations such as these, my son Would still be destroying our home in his violent meltdowns.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 6:14:59 PM

To the Medical Board of Australia,

I support Option 1.

I go to a naturopath and doctor
Medication doesn't always work for me as I have allergies to a lot
of different stuff for example I am not able to have the flu
vaccine as I'm allergic to eggs.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:27 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I ask that no change is made to the right to choose a doctor that includes supplemental medicine with other alternative options incorporated. My daughter has suffered from many medical conditions and now with mental health challenges and after years of doctors prescribing drugs that never worked we found a dr that incorporated health supplements. These have had a major improvement of all symptoms and have given her back a life she feels is now worth living.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 18 May 2019 12:51:23 PM

To the Medical Board of Australia,

I support Option 1.

I believe that there should be no change to the current guidelines as every individual should have the right to decide on the type of medical treatments they wish to access and receive.

My personal experiences with chronic pain have led me to try both conventional and complementary treatments for my pain. I believe that both categories of healthcare have their place and each individual should always have the right to decide on the best treatment that works for them. Kinesiology, Accupuncture, Chinese herbs and a diet plan tailored specifically for me has allowed me to gradually stop taking 4 types of painkillers that were causing all sorts of side effects over the years that I was taking them. I feel like I'm slowly getting on top of my pain for the first time in many years. My doctors have been supportive of my choice to come off pain killers and manage my pain in a way that is so much better for my overall health.

I will continue to seek advice and treatment from both my doctor and complementary health practitioners, which gives me a much more holistic approach to my health care than either one can do on its own. My access to GP's that are supportive of both conventional and complementary approaches is vital to my healthcare plan and this option should not be taken away from me.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 1:24:48 PM

To the Medical Board of Australia,

I support Option 1.

I support keeping the current guidelines, which allow doctors to provide the right advice suited to their patients. We don't all want to pop pills to fix our problems, in fact many of us want to access alternative treatments that provide longer term affordable solutions and that may actually solve our problems. For example, I have an ongoing back problems for which I use osteopathy when I aggravate this injury. One to two sessions with my osteopath ususally has me back on track, back at work and off high strength anti-inflammatories. Dietary advice has kept me off life long medication, which in turn, saves our PBS \$\$\$. I will always look for a more affordable solution than PBS subsidised medication, as the hidden cost of this solution is huge for our country. If the MBA imposes these restrictions on our integrative practitioners, we will be at the mercy of an unregulated provider and will have no choice but to resort to PBS subsidised medication, often a life-long sentence once started. This will cost our country not just in \$ for PBS medication but in lost work time and family support. As an informed patient, I want to make this choice with my chosen GP or registered health provider.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 5:16 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine has helped my family heal from chronic illness when no allopathic medicine could. Do not rob the people of their right to choose health!! Integrative doctors take the time and care to uncover the root cause of an illness, rather than band-aid the symptoms with often dangerous pharmaceuticals with a long list of adverse side-effects. Health over profit!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 11:52:46 AM

To the Medical Board of Australia,

I support Option 1.

My son has autism and PANDAS which is completely destructive to family life. He requires full time care. If we didn't access integrative medicine we would have no quality of life. Due to their practices I can finally get my son to sleep so we can all sleep. I have reduced his anxiety sufficiently that he can attend school.

I strong oppose these health care options to be taken away

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 10:41:16 AM

To the Medical Board of Australia,

I support Option 1.

I have a chronic health condition which is well managed by a range of health professionals through living a healthy lifestyle, maintaining an 'alternative' diet and taking dietary supplements. This is the difference between me being functional working full time and parenting or being bedridden. Conventional medicine can not provide a satisfactory alternative and even if it did it would be higher risk in terms of side effects. I want to continue to receive treatment in an open honest way.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 19 June 2019 11:10:15 PM

To the Medical Board of Australia,

I support Option 1.

I broke my wrist badly & needed surgery & a metal fixator until it healed. Afterwards I quickly regained mobility in my wrist by having intensive acupuncture & deep massage. Normal physiotherapist had failed to help prior to me using integrative medicine. Recently I have regularly had Bowen therapy & massage to improve mobility in my arthritic joints.

When depressed I have chosen to use St Johns herbal remedy as recommended by my GP.

I want the choice of treatment & to be able to discuss alternatives with my Doctor.

Yours sincerely,

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:34:15 AM

To the Medical Board of Australia,

I support Option 1.

It is very important for families and individuals to have the option and opportunity for integrative and complementary medicine. A family member of mine would not have had the borrowed time extended when treating his terminal cancer if it was not for these treatments. We have a right to this and this should not be taken away under any circumstances.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 1:19:38 PM

To the Medical Board of Australia,

I support Option 1.

I have had Chinese herbs since I was born. They WORK... unlike any medications that I've had severe reactions too and don't work.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 6:25:33 PM

To the Medical Board of Australia,

I support Option 1.

For years I struggled with a complaint that conventional medicine could not help me with and my Dr. was so apologetic. However as time went on he suggested I try the complementary medicine and so I did try accupuncture, massage and hypnotherapy and much to our delight these therapies helped with pain and movement. I could function properly and needed no medication. This saved Dr. visits and prescription drugs. A win win for everyone. With consultations with other alternative practioners further improvements have occurred and I hope to keep it fairly stable. The cost is high but with some Private health cover it helps. To lose the little we get would be very stressful with the higher costs. Something would have to give. I Have friends who have had cancer and the complementary medicine helped them through the stressful times. Also people with severe arthritis and even joint replacements. The Doctors who use complementary medicine with their normal treatments must see a huge improvement in the health and happiness of the patients. Please do not remove what little we have. In the long run it saves money!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 9:30:52 AM

To the Medical Board of Australia,

I support Option 1.

Choice is a privilege accepted in a democratic country. The determination of authorities to govern every area of our lives is, frankly, frightening. 'Big Brother' is not a figment of imagination any longer in the West.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 8:21:46 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine has been vital to my wellbeing over the last 20 years dealing with incurable Inflammatory Bowel Disease.

For the first few years after diagnosis, my first conventional specialist completely failed me with their textbook approach to treatment, resulting in me being so unwell I had to defer university studies. I was simply told, "don't worry, you'll get better" which I found unacceptable.

A new specialist, combined with Integrative medical professionals provided me with a well rounded approach that saw my condition controlled and well managed, and it has remained that way to this day on far lower doses of prescription medications than I was originally prescribed by my first specialist.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 5:27:20 PM

To the Medical Board of Australia,

I support Option 1.

I believe that we deserve the right to choose and this should not be decided by the Government or the Medical Board.

We have found integrative and complementary medicine to be very beneficial for both our children and ourselves.

I am surprised and scared by the fact that Australia wants to regulate this industry when the best thing would be to leave it to the consumer to choose. Please do NOT take away our right to access integrative and complementary medicine. We utilise a fantastic integrated GP who has had a positive life changing impact on our families health and I would be distressed if this situation were to change.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:28:53 AM

To the Medical Board of Australia,

I support Option 1.

Good morning,

Please let us choose to be healthy without prescription drugs that can have side effects. Let us try natural therapies first. Thank you kindly. [REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 4:21:03 PM

To the Medical Board of Australia,

I support Option 1.

Please leave integrative doctors to continue as they are now. My integrative GP works in conjunction with my Naturopath to decide how best to help my health situation. I am finally seeing positive results in my health and have reduced my need for strong pain killers. This would not have been possible without the knowledge and help from my integrative GP and her willingness to work with a Naturopath.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 1:20:02 PM

To the Medical Board of Australia,

I support Option 1.

Our family is fortunate to be of good health and have always contributed to private health. It is a costly exercise when healthy as you don't really see any direct benefits from fairly onerous contributions. One of the few areas which we do benefit from is the integrative and complementary medicines. We have had instances whereby niggling or ongoing small issues have not been either diagnosed or remedied utilising straightforward traditional processes. Regular GP's are often overworked or not prepared to put in time to follow up on the less immediate issues. Upon further investigation, complementary or integrative medicine has provided a solution. Recently I paid \$290 for a private consult with a registered GP who also uses complementary medicines. After a combination of blood tests and review, I am now under a regime which has made a huge difference in my overall health and wellness. I was extremely deficient in Vit B and progesterone. This was not diagnosed or considered from traditional sources. I had sought several opinions due to my flagging wellness. I had to go outside the box to a referral and am extremely happy with the result and the difference in my day to day. I would like my daughter to also go through this process, as she has polycystic ovaries and her local GP says to just deal with it pretty much. Speaking to the GP I have now been using, she advises there is quite a bit complementary medicine can do to support. Already our daughter is hesitant due to the cost. This will drive more people away from private health. I am unable to understand why we will not accept other avenues of health. Western traditional medicine does not have all the answers. The actual costs will be less at the end of the day if we combine knowledge and manage peoples' health in a proactive way. The managing after a condition has exacerbated, which seems a common theme, confuses me. People do need to be proactive. They also need a health system which is not too arrogant to feel it has all the answers and to accept knowledge. Growing through the accumulation of knowledge from multiple sources has to have better outcomes. People need to be acknowledged and have their situations supported. This small issue of mine has cost me quite some \$\$ and I have full private cover and have had for years. Not one \$ was provided by way of rebate - not even on the consult. It was completely worth it. I am able to afford it. Many cannot - their health is not worth less. Keep the system so it will support additional health providers. Keep the system proactive and growing it's knowledge base. The system will win both in result and bottom line.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 10:41:27 AM

To the Medical Board of Australia,

I support Option 1.

Please stop narrowing my choice down to availability standards of the 50s and 60s. You guys need to grow up, open your minds, and stop the monopolization process. And stop appeasing the funding bodies of your profession...ie the drug companies. How dare you assume you have the right to limit my choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:47 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support Option 1, representing no change to the current guidelines.

I believe that integrative medicine has much to offer Australians, believe that it should be made freely available, and do not support it being restricted.

My opinion is that Option 2 has a number of shortcomings. These include:

- >An increased likelihood that integrative doctors may be constrained to offer 10-minute consultations, when they require longer consultations to provide quality care.
- >Increased marginalisation of complementary therapies in Australia.
- >Framing complementary therapies as 'fringe' may affect regulated traditional therapies such as chiropractic, osteopathy, Chinese medicine and acupuncture.
- >Greater scope for medical and allied professionals being subjected to vexatious complaints directed to AHPRA.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 5:13:36 PM

To the Medical Board of Australia,

I support Option 1.

I have physical reactions to most chemical medications but find more natural solutions allow me and my health care professional to treat my condition without any problems. Doctors need to have a variety of ways to treat illness we are not all the same hence the need for different treatments. Please don't reduce the ability of my gp to treat my ill health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:10:08 PM

To the Medical Board of Australia,

I support Option 1.

I have used integrative and complimentary medicine for a while now and appreciate the help they both have had on my and my families health.

I respect those who choose to not use these medicines and choose other ways of benefiting their health but I don't like that chooce being taken away from me.

I want to have my healthcare provider to give me the choice of how I deal with my families health, not to be told that I won't get help in certain areas because others have made that decision.

That choice shpuld be up to me who or what I choose.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 12:59:29 PM

To the Medical Board of Australia,

I support Option 1.

Complimentary medicines prescribed by my integrative doctor have made all the difference in managing several chronic conditions within my family. Why on earth would you prevent my doctor from prescribing effective lifestyle, dietary and nutritional therapies when their adverse effect potential is so small compared to pharmaceuticals which in my case have done so little to help me deal with arthritis, anxiety, diabetes and asthma complaints? Those who do not want complimentary medicines should not have them forced upon them. Just as those who do want them should not be prevented from accessing them.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:18:04 PM

To the Medical Board of Australia,

I support Option 1.

Please leave the business of practicing medicine to the doctors and stop telling them what does and doesn't work from your point of view. Natural therapies are an integral part of best practice, supporting conventional treatments and often improving a patients quality of health and life instead of just disease management.

Let the doctor decide what the right approach is for their patients who they know much better than someone in a government office ever will.

Cease the attacks on natural therapies and let the doctors and the public decide how they want to be treated and supported in their path back to health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:46 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support the rights of Australians and their medical professionals to access and recommend complementary medicines. I acknowledge that there are some abuses and unproven techniques that are abused in the system. However, on balance, as a mother of a child with a rare disease with no cure, I find that the access to therapies and vitamins is the only way to control some of his symptoms until a cure is found. My son's condition, Eosinophilic Esophagitis (and other associated conditions) are only able to be controlled by off licence medications. This is acknowledged worldwide by leaders in the field, as is the use of certain therapies and vitamins. My son's quality of life is heartbreakingly poor, and to withdraw the ability of his health professionals to offer him some degree of relief is unacceptable. I recognise that some of the therapies we have tried have been worthless, but this has been true of those that are 'accepted' practice as well as those that are less well known. The treatments that have given him a small degree of relief come from both sides of the medical/alternative medicine divide. I believe that as patients and parents we should have the right to choose. However, there should be encouragement for both sides of the debate to follow proper protocol for testing. Rather than banning the availability of alternatives, ensure that false claims of evidence are policed much more strongly, and ensure that companies are not able to spread false claims of their products' efficiency through any form of media, including online.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 6:48:55 PM

To the Medical Board of Australia,

I support Option 1.

I and many of my friends and family favour integrative medicine and do not want the guidelines to change. They have served me well in addressing health issues and reducing health care costs to the government.

I do not want restrictions placed on my ability to access this type of medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 7:59:35 PM

To the Medical Board of Australia,

I support Option 1.

I want the choice to use alternative and complementary medicines by qualified practioners. I have used many of these services for many years, some successful others not so much, but that has occurred under the care of traditional medical personnel as well.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 7:21:24 AM

To the Medical Board of Australia,

I support Option 1.

It is our absolute right to have access to all natural and alternative therapies. There has never been a mandate to undermine our health choices. How dare you even contemplate eroding our freedom to choose.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:58:34 AM

To the Medical Board of Australia,

I support Option 1.

Do not change the guide lines regarding the mix of natural integration of medicine and conventional why can't you be like Japan where the two live in peace and harmony together it is a shame on you to change and shame on all of you in palmament for taking away freedom of choice you need to look at yourselves in the mirror I'm one with a mild interlectual disability and rely on the intergration of natural and conventional therapies and very set in my ways and do not like to break routines don't make things more difficult for people like me.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 4:38:31 PM

To the Medical Board of Australia,

I support Option 1.

I wish to express in the strongest possible terms my opposition to the proposed changes to guidelines that will lead to significant reduction in patient choice for the treatment they receive, and will in turn lead to reduced support and research in complementary therapies.

Modern medical practice has lost sight of the concept of preventive medicine. There is a total focus on early detection of problems and treatment of symptoms, almost exclusively based on pharmaceutical treatment, and any suggestion that medical conditions may be caused or aggravated by lifestyle and/or environmental conditions is often disregarded or even vigorously attacked.

The approach of the AMA is reminiscent of the Inquisition of the medieval Catholic Church, where any form of learning not controlled by the church was suppressed.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:20 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative medicine has helped me with my gut problems and mental health when conventional medicine repeatedly told me it was all in my head. I cant tell you how much this has improved my quality of life. They look for the cause rather than treating just the symptoms, usually with a combination of drugs. Without access to integrative medicine i would never have been able to improve my quality of life, and thats an opportunity everyone should continue to have.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:58:09 PM

To the Medical Board of Australia,

I support Option 1.

I have used both, so called conventional and un-conventional, treatments in my life and have experienced the best responses and healing from the so called un-conventional methods.

I strongly object to any change that will restrict or prohibit practitioners from recommending and treating patients with integrative and complementary medicine.

The patient or consumer should have the choice, and expect the practitioner to be free from government regulations that restrict them from administering health advice that I choose.

My choice is to be treated with natural treatments. I have no interest in Pharmaceutical products due to such negative experiences my family and myself have experienced in the past.

It is taking us back to the Dark Ages to take away doctor and patient choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 7 May 2019 9:28:35 AM

To the Medical Board of Australia,

I support Option 1.

I do not wish to have any changes made in the choice of using integrative practitioners. I have used integrative practitioner in the past for my and my family's health. I think it is important to have all the choices and use alternative methods and medications where needed.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 9:59:49 PM

To the Medical Board of Australia,

I support Option 1.

I have had huge benefits from complementary options I now use thermo imaging for breast checks as being on the large size free ones are very painful to the point that I feel could be causing more harm Also think this should have cover by our health system. Please don't take away any of the existing services as we pay extra for other options which help us the medical system is already struggling with overload

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 10 May 2019 2:35:02 PM

To the Medical Board of Australia,

I support Option 1.

The rules should not be changed as Australians should be able to make their own choices. Freedom of choice is a fundamental right. In my wife's case, conventional doctors were achieving no improvement and no hope of any cure. The whole of body health approach by extensive testing and administering of supplements and specific diet has seen early improvement in my wife's health (it is too early to know the longer term results at this stage). Improvements and new developments in all fields, including medicine, sometimes comes through initial disagreement, being frowned upon or as seen as unconventional. The medical fraternity needs to be given opportunity to consider and try alternatives, as long as no one is being physically harmed. This is how unforeseen improvements can be fostered.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:34:16 AM

To the Medical Board of Australia,

I support Option 1.

Humans need integrative health care, I have suffered with health issues my entire life and only when I started seeing an integrative health practitioner have I found the underlying reasons for my health and improved my quality of life and long term health. My daughter would've also have had a lot more antibiotics and surgery if we were not seeing a integrative. There are Not enough integrative and more holistic drs around! The government should want a healthy nation so that we are performing at our peak not unhealthy and depending on the government for health support because the medicine that is prescribed by non-holistic practitioners only is a bandaid and generally in putting that bandaid on, is causing further, worse disease. Pretty easy to understand, and shouldn't be ignored. There is a place for pharmacy companies in our society, but they should not be the only resource for disease and illness.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

People should know the choices that are available to them. Many conditions can be alliviated or even resolved through these therapies.

Avoiding the use of drugs should be an alternative option.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 2:26:00 PM

To the Medical Board of Australia,

I support Option 1.

Intergrative medical practitioners provide valuable help to many people. A visit to a gp these days is basically a visit to a pharmaceutical pusher. An intergrative medical doctor takes time to get an in depth history which is essential to finding the cause of health issues. An intergrative medical practitioner should be subsidized just like seeing a gp. Does the MBA have any concern for health of people in this country or are they just towing the pharmaceutical line for profit.

I speak from experience where an intergrative medical practitioner has provided me with help only after seeing a dozen gps who's only agenda was to push antibiotics onto me. They don't spend the time to understand your problem or find real solutions, it's a disgrace. We are under threat of antibiotic resistant strains of bacteria and virus's thanks to the current dart board approach.

There are many ways to find good health let's not limit it to a very small section of knowledge.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 10:36:19 AM

To the Medical Board of Australia,

I support Option 1.

I personally have benefited from both western & holistic treatments, which can work side by side together. Alternative medicine has been around for thousands of years, grow a brain & incorporate them all, as this would benefit all patients here in Australia.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 14 May 2019 5:12:36 PM

To the Medical Board of Australia,

I support Option 1.

Over the years (I am 60) complementary medicine has been a big help to me. Fortunately my health is good, but that would not be the case without complementary medicine. Please do not change your current guidelines and limit our access.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:09:55 PM

To the Medical Board of Australia,

I support Option 1.

I find complementary medicine has been an invaluable support to my health over my lifetime (I am 60 years old). It would be a crime to have the many practitioners who work and heal in this area restricted.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 5:13:05 PM

To the Medical Board of Australia,

I support Option 1.

I support option 1- Maintaining the current guidelines. I support integrative and complementary medicine because medical treatment and practices are science based suggesting that best practice and their effectiveness should not be restricted to just conventional medicine. This prevents further exploration and research into healthcare practices that may still provide benefit to patients, whether it be cure, prevention, remission or maintenance of health and health conditions.

By placing greater restrictions on integrative practice it is effectively creating a dictatorship within the medical profession. It creates an environment that allows old fashioned thinking to thrive and prevents autonomy of patients and reduces exploration of innovative and new ideas in health care. I believe even now specialist bodies of medical practitioners are pushing for restrictions that benefit their own (financial) pockets, prop up political aspirations and stroke ego's. Allowing and increasing narrow care concepts, such as medication options and pathology testing, will create an environment where pharmaceutical companies can increasingly dictate the treatments Doctors offer.

Autonomy of the individual is imperative, although a privilege, of Australian healthcare. Placing further restriction on the access of integrative and complementary medicine will create scenarios where patients remain unwell under their General Practitioners care due to the lack of motivation for some GP's to update their knowledge on new practice and holistic options.

Integrative Medicine approaches healthcare in a holistic fashion, something the conventional medicine model is still in the infancy of when it come to actual practice. Looking at root cause of health issues rather than treating symptoms of disease, Integrative Medicine is superior.

Having been in the position where I was unwell with an autoimmune disorder, I found myself remaining sick, unwell, draining health resources and looking at an increasing co-morbidity list under the care of conventional general practice and conventional specialist care. I sought out Integrative Medicine to explore options other than taking the one "accepted" treatment option given to me under convention medical care. This was the care offered to me under 2 seperate GP's. After seeking the aid of an Integrative GP I am now feeling well, spending much less on my health needs and using less public health resources. I still take the "conventional" pill-a-day but have also been able to explore the underlying cause, triggers and other medication and treatment options. Without a doubt I would still be very unwell and using increasing public health dollars if I had not been able to access the Integrative services.

If the MBA imposes greater restrictions on integrative practitioners

my access to the healthcare that has transformed my quality life will be greatly affected. If I have no choice but to accept the care of conventional medical practice I have no doubt I would return to being very unwell and draining the health care system in greater and greater amounts as I aged.

I have also seen many friends and family benefit from Integrative and complementary medicine. Transforming their health and their quality of life. Many have spent years relying on 15 minute appointments with a practitioner who they thought knew everything and they remained unwell or at best didn't get worse. They then stumbled on an alternative practice method through chance or their own searchings and not only found care with professionals who had the time to explore ALL their concerns but were also taught how and supported to take responsibility for their own health journey and look at prevention and holistic options.

I would hate to see Australia become a country where people needing to access healthcare (probably all of us at some point) have such limited options when it comes to finding a care model that suits them they are left with no choice but to attend short appointments with overworked professionals that haven't either had the chance to explore new and holistic care ideas or have been so bullied by (archaic) specialist bodies that they can only offer narrow treatment options that focus on only treating symptoms, prescribing pharmaceuticals pushed by big corporation bodies and testing limited pathology that doesn't capture entire health pictures.

Thank you for this opportunity to have my say.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature area.

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 9:56 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support knowing about and being able to use natural, traditional and complimentary options for my health and well being.
Prescriptive medicines have their place but having and using alternative and complimentary services has a place too.
Please don't take away my right to choose.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:44:16 AM

To the Medical Board of Australia,

I support Option 1.

Complimentary medicine has saved me from being on medication. I appreciate that this can be a threat to the GPs, the MBA and all associated organisations however, this will not go away. Rather than ban, a better approach would be to learn and evolve and that way you can keep the respect of those of us that have taken that journey already. A lot of people can see the real reason there is a call for change and accept that is it fear related. For everyone's health and wellbeing I encourage you to grow and to learn and to get excited about something other than big pharma. A number of GPs I have spoken to have doubts these days as to whether or not what they are telling patients is even true. This is very sad. many will continue to see alternative practitioners no matter what the cost or what they have to do to access it. Dont let the public lose more faith in our medical system than they already have.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 10:35:35 AM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine = Ancient medicine. It worked back in ancient times...history tells us that...it is well documented.

The ONLY thing that has changed is the greed of big pharma and the Government...we should be looking at health and well being in the most natural ways possible.

For those who want to change the system...I ask you this - If it were you or a family member gravely or chronically ill...what would you really prefer?

Back to basics...don't take away people's right...just because you have a hidden agenda.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:33:26 AM

To the Medical Board of Australia,

I support Option 1.

I support Option 1.

I and my family have used integrative and complementary medicine many times for persistent medical issues and it has been successful every time where traditional medicine was not proving effective.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:59:51 AM

To the Medical Board of Australia,

I support Option 1.

I and my family have used integrative and complementary medicine many times for persistent medical issues and it has been successful every time where traditional medicine was not proving effective.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:27 PM

To the Medical Board of Australia,

I support Option 1.

Freedom of choice ! Integrating complimentary medicine is a personal Choice. Please do not limit patient choices any further.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:41 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We need to keep integrative healthcare, vitamins and minerals are essential for human beings not pharma produced medications

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 12:07 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe that patients should have the choice between services including more than the western style approach. Eastern medicine practices and holistic approaches provide as much relevant care as western style. By excluding them out says that only one approach works, which is not true. It also leads to the theory that pharmaceutical companies run the health care system which is profit based. Medical care should be about helping the patient and providing important and relevant choices. I suffer migraines and I know a lot of people with them only get relief with acupuncture, if you take that choice away what to do they receive. Think of people, not profit

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 5:27:35 PM

To the Medical Board of Australia,

I support Option 1.

As a patient with multiple chronic illnesses, I rely on integrative medicine and “complementary” therapies such as acupuncture. I require acupuncture to help manage chronic pain, anxiety and fatigue - things which western medicine are not able to help me with. I also rely on supplements to support my immune system which is very poor due to chronic illnesses such as rheumatoid arthritis.

Without these I would be suffering more than I already am, because medicine can't do anything to help me. All of my conditions have been explored, diagnosed and unsuccessfully treated in the western medicine model, but it's in alternative and complementary therapies that I have found RELIEF. Taking that away would be to cause harm to me and millions of other Australians. That's not OK. We should have the right to choose the type of medicine that HELPS us the most.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:37 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have used many forms of therapy for my knee arthritis. There are a lot of studies and a lot still to learn. The initial 'medical' solution i had is a contributing factor to my oroblems today and natural therapies are helping me through the pain. All types of solutions are needed in our society and we should never think of stopping anything until completely proven as dangerous to our health just as vaccines and any other medicines over time have been proven

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 8 May 2019 9:17:25 AM

To the Medical Board of Australia,

I support Option 1.

Please do not change the guidelines & instead support patient access to Integrative & complementary medicine, as it is used frequently & successfully by all my family for various reasons.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 5:51:50 AM

To the Medical Board of Australia,

I support Option 1.

My health my choice. This attack on personal freedom is against the principle of freedom. This trend in this country is disturbing. Drugs do not cure and have side effects. Natural therapies do no harm and have maintained my health. This is a corrupt and pharma driven initiative not driven by any interest in people's health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:34:11 PM

To the Medical Board of Australia,

I support Option 1.

Our family has found no answers in conventional medicine, only medications that cause more problems and lead to more medications. Functional and alternative healthcare providers have been able to help us find root causes and make sustainable changes that have seen us enjoy thriving health, free from a lifetime reliance on expensive medications with cascading side effects.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:34:38 AM

To the Medical Board of Australia,

I support Option 1.

I believe an integrative approach to treatment is the most thorough and effective means of treatment.

I make use of integrative and complementary medicine as I prefer to address the cause as opposed to treat symptoms. An integrative GP can offer immediate relief from symptoms AND address underlying causes. Appointments are significantly longer and more thorough.

If this is imposed it will make me even less likely to entrust my health in the hands of a GP who is restricted in their capacity to improve my health because a possible successful intervention is not considered 'conventional'.

As a immigrant from the UK and a recent citizen of Australia I must say I am deeply disappointed and concerned with the direction in which the medical industry is headed. I perceived Australia as a young and progressive nation but I feel that with the recent restrictions on complimentary services through Private Health services and now this suggested revision to MBA guidelines are more indicative of a backward, closed minded institution.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 9:11:24 AM

To the Medical Board of Australia,

I support Option 1.

I do not agree that any further restrictions are necessary in regards to complimentary and alternative therapies. I believe in a holistic approach to healthcare which encompasses all modalities, inclusive of conventional medicine in applicable situations i.e. emergency care. In regards to more general and ongoing health concerns I continue to consider and embrace a variety of interventions. Free choice of intervention is an entitlement of all individuals.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 7:41:18 AM

To the Medical Board of Australia,

I support Option 1.

Please don't take away the rights of individuals like me who want to see and believe in integrative and complementary medicine. We need choice and should have the right to select what treatment and dr we see.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 7:02:51 PM

To the Medical Board of Australia,

I support Option 1.

I support patent access to complementary medicine etc as i believe it complements and should be used in conjunction with mainstream medicine. There are many studies and stories of natural remedies and treatments aiding ill patients and helping improve overall health. To prevent the use of these would be detrimental to the health and wellbeing of Australians.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 3:15:24 PM

To the Medical Board of Australia,

I support Option 1.

Finally! FINALLY I found an integrative GP and waited precious months to get in to see her. Someone who actually reviewed test results and didn't just panic at the bolded results and jump to incorrect assumptions (such as 'maybe you drink more than you let on' according to the bold outlying result?!). More questions were asked and things actually explored. I'd actually been looking for this for my husband who had a very low testosterone level for a 45 year old but because it wasn't 'low enough' the previous GP just wanted to 'wait and see'. Given the negative impact this low hormone level was having, I was desperate to find someone who may actually look past the 'conventional' numbering system and explore why rather than wait until he might actually take his own life because of the suffering! I am patiently awaiting his appointment with this integrative GP. I support this care option as we ALL should have the right to access care options that fit in with our own beliefs. I am a health care professional. I have worked within 'the system' for over 15 years. I am SICK of conventional professionals being so narrow minded so as to think their speciality is the 'be all and end all' of medicine. I am SICK of biting my tongue in meetings when 'alternative medicine' options are ridiculed. I take my personal health VERY seriously and KNOW that our body works as a complex interaction of multiple systems. One does not function in isolation - we should therefore stop treating patients in that way.

By imposing restrictions on these practitioners, you only serve to drive people underground. We have witnessed that this doesn't bode well for anyone. While I understand there may be a small percentage of practitioners that may be taking advantage of vulnerable people (so we want to tie the hands of all integrative practitioners).....there is also a significant number of conventional practitioners who do the same. I feel this needs looking in to but it would appear that they can fly under the radar (especially while this current distraction exists) if they comply with the 'standard' accepted medical model.

Please stop treating patients as if they need to be wrapped in cotton wool and cannot make their own health-related decisions for themselves. It is frustrating and condescending. It also makes me question my mental health daily given that I am being constantly stifled by this type of mentality.

PATIENT CHOICE - don't choose this for us:(

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 2:48:16 PM

To the Medical Board of Australia,

I support Option 1.

I am writing to voice my concern and vote to keep the current guidelines in place. As a patient who has already been hospitalised and treated with prescription medication, this type of treatment is not viable long term. We need to consider that there are individuals who have found relief in complementary medicine when "conventional" western pharmaceuticals have not worked.

I have a chronic illness that is supported with BOTH conventional and complementary medicine. If a patient is seeing their GP for the first time and trusts their GP's advice, if they are not made aware of other alternate therapies this is a disservice to the general community.

Integrative and complementary medicine is imperative to our household, my partner cannot take antibiotics because he is allergic to most antibiotics, and so it was recommended that he take alternative medicines to boost his immune system.

If the MBA imposes restrictions on Integrative practitioners this will have a negative impact. Doctors' need more than 10 mins to diagnose their patients. They need to treat the root cause not just the symptoms, and this cannot be achieved in ten mins and with tightened regulation of practitioners who already provide integrative treatments.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 27 May 2019 7:09:53 PM

To the Medical Board of Australia,

I support Option 1.

I was involved in a car accident last year. I've had GPs and an MP prescribe all kinds of drugs for the pain, all of which had major side effects. I have since sort alternative more natural ways to be treated for my pain which has no side effects and I'm managing the pain far better. I'm able to start living again. My MP and GP have seen the difference as well in how I'm coping.

There is no denying putting prescribed toxic and addictive medications into our bodies is not healthy. It only creates more issues which become a burden for the individual and society.

Denying the freedom to choose nature is fundamentally wrong. It is creating a problem that low and behold creates the need for more toxic drugs, which is purely pharmaceutical money grabbing greed.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 10:05 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Every Australian deserves the right to access the legitimate health care of their choice.

Proven and efficacious treatments and therapies are essential. They are not 'fringe' or 'alternative' as is often stated and frequently implied by allopathic practitioners and dispensers of pharmaceuticals.

Allopathic medicine dispenses pills for symptom alleviation - and whose long-term use often cause unpleasant, dangerous and negative consequences.

Wholistic approaches adopted by integrative practitioners are concerned with root causes and cures, and treatments are devised to suit the individual needs of each person. This requires great expertise and genuine concern for the individual. There is no 'one size fits all' approach. EVERY body is different and needs an individual customised and inclusive therapy protocol.

Restricting the ability of integrative practitioners to practice freely is an unacceptable denial of freedom of choice and serves only to promote the allopathic practitioners who are frequently not motivated to address root causes. Certainly the big winners with the allopathic model are the pharmaceutical companies with their 'customers for life' approach. This fact raises the question of just who are the stakeholders behind this push by the MBA to limit the freedoms of integrative medical practitioners? This information should be made public for all to see.

As a private citizen who has witnessed the huge and often life-saving benefits of integrative medical practice in the lives of many, including family members, I strongly object to any changes that would restrict the freedoms of integrative medical practitioners being able to function.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 10:37:08 AM

To the Medical Board of Australia,

I support Option 1.

I have been suffering from a long term chronic illness that finally has been diagnosed as a combination of infections from a tick bite after 16 years of being sick. During that time I have been dismissed, degraded and demeaned by many a conventional medicine doctor who diagnosed me first with Fibromyalgia and then MECFS.

Many doctors advised seeing a psychiatrist or do more exercise, all of which I did in the beginning but ended up becoming worse. Following conventional medical guidelines, I became addicted to codeine to try and help with my pain. I am still addicted to Rivotril (Clonazepam) which I was prescribed for extreme anxiety and from which I am now trying to slowly withdraw. In between I have taken antidepressants which made me suicidal, Tramadol which made me hallucinate, Lyrica and Cymbalta which made me put on weight. All these drugs did nothing but make me feel worse. No doctor was willing to take me off or knew how to help me safely withdraw from taking codeine as it was the one pain killer that did help somewhat. As new rules regarding codeine were going to be implemented, I went cold turkey off them. It took 3 months of detoxing and complementary supplements with the help of a naturopath to do so safely. My gut health and pain levels are now much improved for doing this.

I credit a science-based naturopath with my improvement. He tested for many organ system functions and investigated adrenals, thyroid, hormones, genetics and looked at heavy metals and moulds as well and did testing not offered by the normal Medicare tests or doctors understanding this type of testing. Doctors standard testing all came back all normal so again I was often dismissed and accused of making this illness up. With a naturopath and their different testing, not covered by Medicare, they were able to find things out of synch with me and help better control my symptoms through the right supplements, amino acids and the correct diet etc. which no doctor before had ever mentioned or investigated. With the help of this naturopath, I had improved and the decline in my health ceased however, I was still not back to full health.

I had worked previously as a geologist in Australia, and had asked my conventional doctors about tick bites but the standard reply was always "there is no Lyme disease in Australia", so I was never tested for any tick infections for 10 years. I eventually found a doctor who did send testing overseas to the USA for 50 of his worst patients. Of that 50, myself and 48 others tested positive to Lyme. But as Australia does not recognise overseas testing he could not treat here, but he said I definitely had a European strain of Lyme. I started to do herbal protocols from another naturopath who understood tick infections and had studied the supplements and herbs to safely give me for treatment. Before starting this treatment, I retested in Germany and I still tested positive and also tested positive to Babesia. I improved over a 2-year period but as I had been sick for many years without treatment it was a slow road to better health.

I was still unwell, but improved, and a new doctor reluctantly tested me in Australia again for tick infections. The Lyme test was negative here, however a Rickettsia test was positive. But I was told the Rickettsia test was a false positive so it was ignored by a conventional doctor and again told the overseas lab tests were to be ignored. I continued to suffer for 3 more years and the only thing that prevented me from worsening and becoming completely bed bound was continuing herbal and supplement therapies from the 2 naturopaths treating me.

I was finally sent to an Infectious disease doctor and the Lyme and Rickettsia tests were run again and Lyme again was negative, though they did not show the full testing of the western blot bands that overseas tests run. The Rickettsia was again positive with Queensland Tick Typhus and again I was told it was a false positive. I told the ID that this was the second time in 3 years I was positive and I had a new rash on my chest. The ID specialist finally put me on Minocycline antibiotics and said I was definitely bitten by a tick in Australia. I had worked and travelled and grew up in Queensland but never remember a tick bite, which he said was common.

Finally after almost 2 decades I am finally on the correct treatment. All this was missed before due to this "No Lyme in Australia stance" these other tick infections were missed that are recognised in my case. It was only due to the diligence of 2 naturopaths who did believe the overseas tests and did treat with herbs before I could get antibiotic treatment that I have survived, though unable to work, as well as I have.

I am not bed bound but have been very sick while on the antibiotics but this is the first time so I wonder how long I will need to be on these considering all conventional medical doctors missed or ignored the underlying cause of my illness and wrongly diagnosed me and left me untreated properly for years.

It is only now I am on antibiotics will I see if this is continued as I am still unwell, or whether due to my concerns over gut issues, I continue with a naturopath and herbalist who can fine tune the herbs and safety look after my gut without being destroyed by months of antibiotics.

This is where I can have a choice as the ID doctor knows nothing about herbal treatments or gut problems. He never mentioned to also take probiotics away from the antibiotics or what these will do to my gut health so as a patient I have no guidance from him in this regard. Specialists I have found only specialise in their own area so know nothing of overlapping issues and as a patient, I have to go from one specialist to the other where one issue, like infections, may cause many problems.

For my severe pain, I saw a pain specialist, for migraines and cluster headaches I have seen 2 neurologists and for joint pain I have visited a rheumatologist, and then with severe fatigue and breathlessness I made appointments with heart and lung specialists. I would get different diagnoses from each or told nothing is wrong, but all are most likely caused by the infections.

The Medical Board of Australia should seriously look at their own house of conventional medical practice and doctors before throwing the baby out with the bathwater and undermining complementary medicine which in my case was the thing that kept me from seriously declining

in health.

The majority of doctors I had to see and swap and change due to their ignorance, arrogance or inability and unwillingness to fully understand what was going on include neurology, rheumatology, cardiology, pulmonary and other pain specialists for severe pain and migraines, fatigue, breathlessness, neurological Parkinson's like issues over the 16 years, not to mention all the unnecessary and costly tests which were pretty useless to me. To them, I had a "medically unexplained illness" of Chronic Fatigue Syndrome and Fibromyalgia diagnoses where "there is no cure".

I have been to hospital several times and when I presented with anaphylaxis from high histamine or from severe uncontrollable pain and migraines and I told them about the tick infections, these were ignored and I was told I was "stupid" to think that was a problem here and with me as well. I have since found through my naturopaths that the tick infections can lead to chronic inflammation and set off mast cell activation causing anaphylaxis and major pain and headaches, something conventional medicine ignored. My naturopath prescribing a low histamine diet and supplements to help lower histamine and inflammation is now helping. Not one doctor said anything about this connection or offered solutions besides more pain killers, including opioids which I refused.

I had to do my own research and find a functional medicine doctor who practices both conventional and natural medicine and I have finally got a team who are helping. But it was too little too late to wait 16 years to get to this point.

If the MBA think the conventional drug-based medicine system of health care is the only way and the be all and end all, then they are seriously mistaken. Taking away the public's choice in utilising complementary medicine would be a travesty and is akin to taking away a basic human right to choose a treatment that benefits all patients.

I understand that some in "natural medicine" may not have qualified standards and that is something to consider in a logical practical way I am sure, just like conventional doctors are. But my experience is that without the help of naturopaths, herbalists and a kinesiologist, I would be far worse off now than just having to choose conventional medicine and basically ignorant doctors, as most failed me for nearly 16 years. More training to accept and understand tick infection illnesses that are in Australian ticks and things like mould, multiple chemical sensitivity and new emerging environmental illnesses needs to happen with doctors who do not seem to consider these issues as worsening people's health.

Well trained complementary practitioners who treated me holistically helped slowly improved my health by investigating different possibilities such as heavy metals, chemical toxicity, gut issues, the infections and mould issues all of which had affected and compounded my illness.

I would rather take supplements that my body lacks or is not processing properly and healing these more holistically, than becoming addicted to pain killers and ignored and sometimes gaslighted by doctors any day.

I would like complementary medicine practitioners to remain so that in the future I HAVE CHOICES in who I consult regarding MY HEALTH.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:27:45 AM

To the Medical Board of Australia,

I support Option 1.

Doctors and medical practitioners are some of the most educated individuals in our country- have learnt many valuable lessons through practice- have so many standards to hold up to- let them do their jobs- freely- if we the patient don't like the advice on offer if 'out of normal' let us make that choice of our health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 9:30:28 PM

To the Medical Board of Australia,

I support Option 1.

I believe it's important for medical practitioners to be able to offer care to their patients with offering a range of options to improve their patients health. If this means offering complementary therapies because they have reviewed the research and believe it is a suitable option then why should the practitioner be penalised for using another option for doing what is ethically best for the patient. Please re consider this ruling as it will greatly affect the population.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 10 June 2019 9:26:33 AM

To the Medical Board of Australia,

I support Option 1.

We should be encouraging people to access holistic medicines and integrated treatments and educate people on how to look after themselves on a mental, physical and spiritual level.. not just using prescription drugs.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:19:44 AM

To the Medical Board of Australia,

I support Option 1.

There should definitely be no change in the current guidelines. These integrative practices have been beneficial to myself and my family due to many years of various health concerns that conventional medicines and other doctors have not been able to treat. We should have a choice to access integrative and complementary medicine. If it was changed, my various health concerns would not be met and I will continue to not get support. Conventional medicine isn't always the best treatment and this is important to be recognised.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 11:04:11 AM

To the Medical Board of Australia,

I support Option 1.

Hello...I am living proof that there are real positive effects of the use of integrative and complementary medicine. It was the balance of pharmaceutical and complementary treatment that attacked my rogue cells (chemotherapy) but sadly also affected good cells. Complimentary medicines worked to support my organs and functions in my body that were not under treatment but adversely affected by it. Heart...Immunity...blood counts...white blood cells....aching muscles...nausea....constipationuti infections etc. The oncology specialists don't have time to consult in that detail. Their function is important and specific to the pharmaceutical treatment route. Equally the complementary practitioner's function is important, supporting my body through the long pharmaceutical based treatment. I found the complimentary/ integrative practitioners held the utmost respect for my choices to include chemotherapy in my treatment. There was no 'quackery'. It seems there is a fear at the government level because there is no real investment in time to look authentically at where the research comes from that drives complimentary medicine. I am specifically referring to naturopathy. I also used some acupuncture. This is used as part of a wellbeing program in a private hospital setting...ie the oncologists approve of it being integrated into the treatment regime. I could write all day about how the combined approach I took saved my life ...my physical and emotional life. Please please look at the long picture in this area...the pharmaceutical treatment stops but the body continues to feel the effects for years internally, possibly forever. I am looking forward to my 'forever' to be in the best health I can be in. Oh, and exercise and diet? This is another crucial part of what complimentary and integrative practitioners advise on. Again oncologists and breast specialists don't have time for that. Michael Moseley has also done some very good research on the exercise and diet approach to wellbeing including in relation to cancer. So there is research out there if government will allow it to be found. Thankyou. (I have withheld my surname purely because internet based information I prefer to protect. I am not an integrative practitioner ...just a very grateful recipient of all the treatment options available to me-on both sides of this debate COMBINED!)

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:36:57 AM

To the Medical Board of Australia,

I support Option 1.

Thank you very much for the opportunity to comment upon proposed changes to the MBA Guidelines. I support Option 1 (no change to the current guidelines for integrative healthcare.)

I have visited an integrative healthcare practitioner for almost 20 years now. This practitioner has worked with me holistically as I have faced personal physical and emotional health issues over that time (as one does in the course of life), and has also helped my three children as they have grown up. We are all strong, healthy and happy - and I credit this practitioner, and a holistic approach, for a large part of that situation.

I have also recommended this practitioner to over 20 friends, all of whom have been helped by working with him and with members of his practice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 1:33:15 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative & complementary medicine as I know from experience that my health is very good for my age due to being able to access both. To restrict doctors rights to continue to learn from and include new research and approaches to health in their practices is reminiscent of the dark ages and to label them as fringe is discriminatory.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:38 PM

To the Medical Board of Australia,

I support Option 1.

Please KEEP the current variety of CHOICE in Integrative Medical Health Care!!!! As a family who never (or only extremely rarely) needs conventional medicine, and is deemed absolutely 'healthy' according to their standards, we still BENEFIT IMMENSELY from INTEGRATIVE & ALTERNATIVE HEALTH CARE. Especially as it focuses from changing our already (fairly) good health to OPTIMAL HEALTH & WELLNESS. Something which conventional medicine simply doesn't offer, nor even acknowledge that there is such a thing, as being able to go from good to BETTER!!

Also, our family is very sensitive to anything processed and artificial. Including foods and pharmaceuticals, which always have a myriad of additives & preservatives causing side effects and ill health, longterm. So to have options for maintaining and achieving optimal health NATURALLY is absolutely essential for us!

FREEDOM of CHOICE is also an absolutely essential human right. Please do not undermine it, and do not take it away!!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 2 June 2019 2:17:00 PM

To the Medical Board of Australia,

I support Option 1.

Before pharmaceuticals there was nature.. then along came Bg Pharma and extracted the health giving compounds from plants and made them into pills and charged man/woman for the "business".

I choose to have unadulterated medicinal from integrative medicine to manage my health. The idea that they are "unconventional" is absurd. They are the BASIS for all medicines.

Absolutely NO change to the current legislation. Big Phama is greedy and unconscionable in their push for market domination... AND THAT'S A FACT!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 9:03:17 PM

To the Medical Board of Australia,

I support Option 1.

Complementary medicine has helped my children in many different ways
and has all been positive and effective.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 10:26:22 PM

To the Medical Board of Australia,

I support Option 1.

Overall people should always have unimpeded choice to choose what goes into their bodies. By having choice of both integrative and mainstream medicine that gives patients choice as it should be. This includes being able to access marijuana products and make medical marijuana much easier to access. You dont need another 57 double blind trials to work out whether it can asdust or not. Look at the hundreds of studies already done around the world and the public groundswell wanting access to a plant that has or may have the potential to assist them. Why are the medical fraternity and govt so afraid to allow this form of treatment to be readily available .. not the ridiculous situation for trying to get it now for such limited scenarios.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 10:06:50 PM

To the Medical Board of Australia,

I support Option 1.

I was diagnosed with a cancer in the nasal pharynx in October 2018. All the way through treatment and beyond have had weekly cranial osteopathy, acupuncture and Chinese herbs. I think my physical and psychological state would have suffered much more than they did, if I hadn't had these type of treatments to rebalance my system. The effects of radiation treatment, which can be very extreme and difficult and put the body out of balance. What integrative medicine does is help rebalance the system. This should be vital part of treatment plans. There should be a special branch of oncology called integrative oncology, which exists in the US. In fact there is a book written by an Integrative Oncologist called Radical Remission by Kelly Turner. From 1000's of interviews it crystallised down to 9 key factors that helped people recover from cancer.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:33 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please allow Australians to access holistic medical options and support GP's being able to prescribe complementary options to patients. Let's treat the whole person!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:34 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have been to many GPs for my hashimoto's and integrative and complimentary medicine is the only way I have been able to see improvements.

We should have access to integrative doctors and the freedom to choose to seek their services.

I know many others who depend on integrative medicine as regular GPs have never been able to help.

Losing access would mean I couldn't have the tests and prescriptions I need to have energy and be pain free.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 16 May 2019 12:38:17 PM

To the Medical Board of Australia,

I support Option 1.

I wholeheartedly believe that we need both a combination of traditional medicine and modern medicine to survive. One is not more important than the other.

Funded studies should not be the only evidence that we look at to support a type of medicine.

My partner was diagnosed with rheumatoid arthritis at the age of 38, he needed both modern medicine (to initially get his symptoms under control) and complementary medicine (to maintain his health in the long term) to get over this disease. You see the modern medicine drugs are effective at reducing his symptoms however they take a HUGE toll on his body, which is not sustainable in the long term. Once his pain was under control he was able to implement a complementary medicine program of chinese medicine and chiropractic to keep his symptoms under control in a way that doesn't compromise his organs in the long term.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:28 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Would love for you to consider keeping an option for doctors to prescribe natural options when seeing patients. I agree that is a time and place for pharmaceuticals however whatever possible a natural source should be found.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 1:46:00 PM

To the Medical Board of Australia,

I support Option 1.

I have three doctors in my family and am close friends with surgeons and anaesthetists and they all agree on thing - they learnt next to nothing about diet and stress management while in their training. They' readily admit that they all go to great lengths to manage their lifestyle using knowledge and practices outside that of conventional medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 8:32:09 PM

To the Medical Board of Australia,

I support Option 1.

Please protect our choice to access holistic options for our health.
I sacrificed many things financially to access chiropractic and
naturopathic care for my family, I wouldn't have made those sacrifices
if I couldn't see its effectiveness.

Please continue to give us these choices. I have found them very safe
and effective.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

As a person living with Hashimotos, diagnosed 2 years ago but experiencing symptoms for much longer i support doctors continuing to have the right/ability to provide complimentary medicines in addition to mainstream medications. When i first found out that my thyroid was being attacked by my immune system I was in dire straits physically and emotionally, extremely run down, nutrient deficient, depressed and simply unable to function. The combination of complimentary and traditional medications, constantly tweaked, have given me my mind back (mostly) and my ability to function physically, including work.

Essentially, the "proof is in the pudding", look at the number of people who are better and back functioning in the community, from being treated with complimentary meds prescribed by doctors. Thyroid health, I've learnt the very hard way, is only one of several chronic health conditions which are not straight forward health conditions treated by a single pill, God do I so wish it was the case! . It's a complex condition that affects most systems in the human body. It's also unique to each person; each patient experiences different symptoms as a result of the condition. Therefore it is crucial to have a range of treatment options available which target specific factors which contribute to thyroid disease. Many traditional medications fail to fulfill the needs of these people, as they do not contain ingredients that really specifically suit the biological needs of the patient.

It will be a devastating step backwards into dark ages to allow these changes to occur, which will directly impact on the quality of life of the majority of the Australian population. At least by allowing doctors to do this legally it will allow some regulation as otherwise people will do it illegally, people do what they need to to ease their suffering.

Please listen to the who are living proof that complimentary medicines heal people - isn't that what we all want?

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:30:51 AM

To the Medical Board of Australia,

I support Option 1.

We must look at all therapy options and not have our doctors hands tied when giving us the best possible health care. We also have a right to have our health care funds support integrative medicine. We appreciate the opportunity to have our say. It is important!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 7:38 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

My partner could have died if we didn't see a holistic Dr that could treat her with an advanced nutritional approach. Her body was flooded with estrogen from a gynecologist, and if we didn't see a holistic Dr that put her on supplements and other natural medications, she may well have DIED from BIG PHARMA.

I for one will NOT tolerate this blatant attempt to impose dangerous medicines on people when they have alternative, safer options.

Absolutely disgusting, I didn't realise we were living in Nazi Germany.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 3:51:33 PM

To the Medical Board of Australia,

I support Option 1.

I have been suffering with chronic fatigue syndrome and hormonal issues and if it wasn't for my holistic practitioners I would not be able to get out of bed to work. I would be another person on the dole.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 7:39:34 AM

To the Medical Board of Australia,

I support Option 1.

I wanted to remove the pain and restore flexibility in my body. Using acupuncture regularly I manage the back problem. The treatment gives me freedom of movement that pain meds didn't and does not create additional digestive issues (gas and constipation).

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:16:22 AM

To the Medical Board of Australia,

I support Option 1.

Access to Integrative care has helped me immensely and no GP was ever able to pin point my health issue over the years!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 11:15:40 AM

To the Medical Board of Australia,

I support Option 1.

access to complementary medicines, so they are not driven underground.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 7:45:27 PM

To the Medical Board of Australia,

I support Option 1.

Like everyone I occasionally need medical help. I prefer to use the services of an integrative doctor who is skilled in complementary medicine.

I understand that things like supplements can be over-prescribed, but the same applies to common pharmaceuticals and antibiotics - It depends on the doctor.

I strongly oppose any restrictions on practitioners who choose to practice alternative or complementary medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:23 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I truly believe that I wouldn't be alive if it wasn't without my integrative doctor and Natropath. I was unwell for several years and went to many doctors and specialists and none could help me. I have wasted thousands of dollars seeing GPs that are only able to diagnose the common cold and do no additional training. As I suffer from a severe immune condition that has left me unable to work I see my integrative doc and Natropath regularly. Both of them suggested things that are not mainstream and that I would never have thought of or been told about. As a result I am seeing improvement in my health. Without them I would have honestly committed suicide as I was so sick and no one knew why it could help me.

Why are we taking away things that are working for people rather than just antibiotics that kill your microbiology???
This decision is crazy!!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 11:15 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I find this idea to be horrendous.freedom to the people to do what they need for their bodies and health.fascism and authorization moves have no place in medicine.this is medical tyranny.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:28 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Every person is physiologically and biologically different. Each person with the he same medical condition or disease does not necessarily respond to the exact same treatments.

People-patients need to feel that when they see a Doctor or medical practitioner that they will be listened to, taken seriously and offerered a range of treatment, be they conventional and if not, then referred to alternative medicinal practitioners for further investigation and treatment.

We, the public are entitled to have a choice and should not be penalised for developing illnesses that then require various treatments that leave us out of pocket. This applies especially to people who also take out private health insurance and use extras, like other health practitioners such as natropaths for treatment of long term or non-responsive-to-conventional-medicines.

Please do not change anything and start treating patients as humans, people.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:41:56 PM

To the Medical Board of Australia,

I support Option 1.

If Australia wants to remain a respected and leading voice in medicine it should be working with and embracing alternative healing modalities..

'Modern medicine' it is estimated, is responsible for 18000 deaths a year in Australia, prescriptions are escalating, more and more people are suffering with depression and anxiety, cancer, diabetes and the list goes on.

These people are turning to alternative usually as a last resort because the system is failing them, making them sicker.

How dare we be told we can't have that freedom, is Australia becoming a dictatorship?

My son has chronic fatigue syndrome and the ONLY relief he has ever had was through naturopathy and personal training.

Even that was temporary but it was a huge relief and he has never return to the extreme fatigue he had before.

It's unfortunate that natural remedies are expensive so it's not as accessible as it should be but we would only use alternative, tried and tested medicine for his condition.

The same applies to a dear friend that was about to be prescribed anti depressants but instead took my advice and went to a naturopath, he was told he had low testosterone, that was treated with herbal remedies and his depression disappeared and never returned.

I can't even begin to tell you if the number of people that have reclaimed their lives from terminal cancer AFTER mm couldn't help them because they took the alternative route.

It is absolutely a case of 'modern medicine' trying to control people from turning to alternative medicine.

When the health of a country boils down to a minority of shareholders profits over the health and freedom of choice for the majority we are in a seriously screwed up situation and history will show this to be a really devastating time in the health and freedoms of Australians.

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 10:25:36 PM

To the Medical Board of Australia,

I support Option 1.

The option to treat patients should include less recognized and trialed therapies. This is an important option when patients present with conditions that have failed to respond to 'conventional' treatments or where such treatments are not considered appropriate

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 9:09:33 AM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine has been the saviour for my family and so many others I know. Without it I wouldnt enjoy the health I have today. Pharmaceutical medicines put me in a hospital bed 5 years ago and integrative and complementary medicines today have me at a stage where I am fir, strong and healthy with no mental health issues. Please do not impose any restrictions on these.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 7 May 2019 8:50:22 PM

To the Medical Board of Australia,

I support Option 1.

I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines

I use Integrative & complementary medicine as no one type of medicine provides the results in treating my specific combination of issues

If the MBA imposes restrictions on Integrative practitioners it will result in my condition remaining untreated and therefore a decline in my overall health and which will then place an increased burden on the public health sector

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 9:29:28 PM

To the Medical Board of Australia,

I support Option 1.

I support integrative and complementary medicine as it has been instrumental in helping me with my past health issues of food intolerances and digestion problems, TMJ and fibromyalgia. I have used prescription medication in combination with Reiki, energy healing, elixirs and chiropractic work over the course of 10 years and I have made remarkable progress. I had very poor quality of life with multiple pain reactions a week and now I take no prescription medication and rarely have any incidents of fibromyalgia. It was a slow healing process and I tried various modalities until I found the ones which worked best for me. I feel lucky that I live in a country which provides a range of integrative practices and I believe that it is important to preserve freedom of choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 8:42:36 PM

To the Medical Board of Australia,

I support Option 1.

With the proposed changes, or choices are threatened and limited to our own health care and its implementation.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 5:01:02 AM

To the Medical Board of Australia,

I support Option 1.

5 years ago I developed sudden ataxia, slurred speech, sudden fatigue that became chronic. This then progressed to depression. I stared waking through the night, with arrhythmias- however, ECG was normal. I was running my own practice which was becoming a real struggle, as I was also my mothers main support since the passing of my father. It took over 12 months to find answers, until I met the integrative medical doctor, who's integrative treatment, reversed all my symptoms of 12 months. I'm forever grateful that I had the choice as a patient to experience the combined power of pharmaceuticals and herbal supplements. Removing this integral part from medicine is taking medicine back into the dark ages.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:41:24 PM

To the Medical Board of Australia,

I support Option 1.

Alternative medicines are often a viable option for people to manage their acute or chronic conditions. It should be the Medical Practitioner's intent to educate, relieve and empower their patient to become involved in their own health journey and make informed decisions on what suits them best at each stage of their life. Medications should aim to relieve, support and cure a condition. At the moment our western Medical model only relieves and maintains, but does not aim to cure.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 3:22:38 PM

To the Medical Board of Australia,

I support Option 1.

There should be no targeting of practitioners who offer supportive therapies to conventional treatment as they have the right to offer these services just as I have the right, as an Australian citizen, to access them freely. Holistic treatment which encompasses so called non conventional therapies offer the patient so much more than just the prescribing of drugs. I want the ability to choose a practitioner that offers me a treatment option which is all encompassing.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 8:16:30 PM

To the Medical Board of Australia,

I support Option 1.

I want the option of being able to access treatment from an integrative practitioner. I have found using vitamin and mineral supplements prescribed by my Integrative practitioner has increased my wellbeing without side effects from modern medication. This option is working well. Don't break it.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:18 PM

To the Medical Board of Australia,

I support Option 1.

Keep holistic healthcare

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:40:42 PM

To the Medical Board of Australia,

I support Option 1.

It's an individual choice which way I choose and access to keep my health or get curing for my sick body. Integrative & complementary medicine has helped me a lot when I had had thyroid dysfunction and joint arthritis.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 20 May 2019 7:41:20 AM

To the Medical Board of Australia,

I support Option 1.

Freedom of choice. We can not be forced to choose a medicine & an expertise.
Integrative & complementary medicine have specific degree.
Since I have had a problem with my thyroid, I have tried natural
herbal medicines with other supplements which a naturopath has given
me. The problem and all the symptoms(feeling tiredness) has become
disappearing and I feel healthier.

We much have a right which expertise to choose and experience both of expertises.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:10:09 PM

To the Medical Board of Australia,

I support Option 1.

I urge you to refrain from making changes to the integrative health guidelines. Health care has been around since the dawn of time. It is vital to prevent dis-ease and ensure a healthy population. The more recently emerging sickness industry which, I acknowledge without prejudice, provides you with employment, will never be able to meet the demands of a sick population. Hospitals are already overburdened. Please allow healthy, informed consumers to have access to integrative health. There will still be a need for your services.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 12:39:00 PM

To the Medical Board of Australia,

I support Option 1.

Give us a break! Stop bowing to Big Pharma bribes. The nation could not handle the demand for symptom-blocking mistreatments if you everyone who currently stays healthy and out of the sickness system by utilising millenia-old integrative medicine, suddenly had to go to a GP and get a pill to block a symptom, instead of using real therapies to reverse a cause. Let the informed consumers of our country continue to access a range of therapies.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 11:21:01 PM

To the Medical Board of Australia,

I support Option 1.

Integrated Doctors recognise EHS and RF Microwave radiation sickness and we need them and to stop the proposed medical board changes. As someone who has been ill with symptoms associated with EHS for over 2 years, I can speak from experience it is torture, I want my life and my health back in order. I have auto immune issues and a gut that won't heal with 4G. I have anxiety and insomnia. When was away from the City I began to feel much better and my body began to heal. I feel 5G I cannot live in it, it stresses my sympathetic nervous system, I get headaches and chest tightness, onset of anxiety and gut issues, resurface but only in 5G instantaneously. I really need integrated Doctors to continue to treat me and I don't need 5G. Where am I to go? Should me and my daughter die because you cannot allow us medicine and a cure?

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:20 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I am 60 years old and have not been prescribed any medications for at least 10 years. During this period I have used complementary medicines as my first option. I don't believe that there is a medication on the market that does not provide some sort of side effect.

I have remained healthy by watching the foods I eat, using essential oils, counselling, yoga.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 1 May 2019 10:54:50 AM

To the Medical Board of Australia,

I support Option 1.

After 12 years of sickness under the care of several mainstream GP's, resulting in being classified as disabled by my conditions and told I have to take medications that debilitated me further and to just 'deal' with my symptoms, I have finally found an integrative GP and a holistic practitioner/chiropractor that have helped to heal my body and restore my health. Through the use of supplements, diet and cleansing techniques they have helped to restore my gut function (which was badly impaired by the medications I had been prescribed by my regular GP's), leading to a marked improvement in my energy levels, wellbeing and ability to function. Under the conventional medical system I was all but bedridden, unable to hold a conversation for more than a few minutes due to excessive fatigue, in and out of hospital with debilitating episodes of acute muscular spasm, unable to walk to the end of my street unassisted and unable to get around a supermarket even just to pick up bread and milk. I experienced bad tremors, vertigo, unexplained hives, allergies, regular migraines, chronic pain, nerve twitches, cognitive dysfunction, confusion, constipation, incontinence and a host of other health issues. As a result, I was heavily depressed, anxious and suicidal. I had no semblance of a life and every waking minute was an intense struggle.

Now, thanks to this integrative GP and holistic practitioner, I have hope for my life and future. My body has responded to proper nutrition and supplementation so well. My symptoms have all improved dramatically, my body looks fit and healthy, I can walk 1km unassisted, I'm able to be more social and feel a part of society, I'm able to visit several shops in a row without getting dizzy/weak/faint and needing to lay down, I'm able to clean my house with minimal assistance and I spend most days up and out of bed doing various activities around the house as well as working from home.

Natural therapies have given me a good part of my life back, and all within less than 6 months. I anticipate I will continue to improve also.

If you remove access or impose restrictions on integrative practitioners, you are doing humanity a huge disservice and will be responsible for more decline in an already alarmingly sick population. In my experience, the conventional medical system only knew how to throw pills at my problems which caused other conditions and a decline in my overall health. Integrative medicine builds the fundamentals of health back up, so the body system is strong and resilient and begins to restore and repair itself. People deserve access to these therapies and that is not a choice that should be taken away from the public.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 3:02:37 PM

To the Medical Board of Australia,

I support Option 1.

Please go with option 1, this is the RIGHT THING TO DO!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 2:15:12 PM

To the Medical Board of Australia,

I support Option 1.

I object to any changes to the current guidelines to MBA on complementary medicines.

I have had very adverse reactions to some drug company prescription medications over the years. Consequently I have turned to complementary medicines in these instances and have had very good results.

We live in a country that prides itself on being a free society, therefore I would like you to consider this push to do away with complementary medicines, as a human rights issue for all to be able to choose their own form of medication for our health issues.

We have many Doctors who are willing to help patients find real solutions to their problems. I would hope the MBA would support these Doctors in their efforts, and not put unreasonable and unnecessary restrictions on them.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 9:49:09 PM

To the Medical Board of Australia,

I support Option 1.

After suffering from a haemorrhagic stroke which resulted in severe neuropathic pain, I sought the services of mainstream medicine to help with recovery. After many years the best medicine I have found is through integrative medicine using acupuncture, meditation, cranio sacral therapy and massage. This should be made available as an option as readily as medication and other therapies to reduce the patient's suffering and allow the healing process.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 12:12:15 PM

To the Medical Board of Australia,

I support Option 1.

To whom it might be concerned.

Integrative and complementary medicine is as old as humankind (even before the invention of pharmaceuticals) and I see no right this human right to be banished from us. Our ancestors have always used herbs and similar with great results. I do believe that modern medicine is of a great help but we should not have be denied the access to the old and tried options should we choose to. We already live in a fast pace, full of chemicals, fake food, stress food that this path to connect us with nature (that has been here before all the above) can be as beneficial to us as a calm, natural life with no chemicals (should we choose this). Furthermore, sometimes it is necessary to try other ways of healing different to the modern medicine as not always does this help. Herbs, Homeopathy, Acupunctures etc should plainly be our right to life as it is our food. Hopefully the next thing we will be deprived of will not be our right to proper food (meaning food as it naturally comes not packaged ones). We live in a free world or so we are told yet in some occasions this does not appear to be true. You simply cannot take everything from us that is as old as humankind. I have always been using herbs and other kids of integrated medicine ever since I was a child as my both parents and grandparent believed this to be the best. I continually support this view with my own children. Without the access to the integrative medicine this world be changed forever and all the people that believe, swear and trust will lose their trust towards the rest. and that would be a very sad day for everybody. Just let us continue living alongside modern medicine with the old medicine as we have so far and this world will be a happy place. Thank you

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 6:46:41 PM

To the Medical Board of Australia,

I support Option 1.

Australians deserve freedom of choice to choose what best suits their individual healthcare needs. The solution is to keep natural health care options available to them. As a qualified Naturopath & Nutritionist I can vouch for the results obtained by clients using vitamins, minerals, supplements & natural foods. As a client I prefer to use integrative doctors. Personally I prefer natural solutions over pharmaceutical products. Some people prefer it the other way around. Either way it is individual choice & should remain so. I support Option 1.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:31 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Intergrated medicines help keep my family healthy so we don't need to add to the already stained medical system in Australia. Taking away intergrated medicines will put more of a strain on our already overcrowded medical system. Healthy people save Australia money.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 4:05 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We live in a country where are supposed to have the freedom to choose how our health is supported and treated. Whether one agrees with, believes in, or chooses complementary medicine is not the point. The point here is having the freedom to choose for ourselves. Restricting these alternatives only serves to put them in a position where they are not monitored by official organisations that should ensure that all practitioners have gone through stringent training and are certified to practice as they do, and thus allows dangerous, unqualified individuals to muddy the waters of a valuable healthcare tool. We should be striving to work together, mainstream medicine and complementary medicine. After all, isn't patient care and health paramount to what it us that we want to achieve. People are entitled to choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 3:36:31 AM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]

I am a 74 year old woman who has had Bronchiectasis (now grouped in COPD) for the past 48 years. When first diagnosed I was told I would need to be on antibiotics for the rest of my life to control this chronic condition. 40 years ago I discovered Homeopathy and have used this gentle harmless and yes unscientific modality to maintain my health. I choose to do this as I did not wish to be on continual antibiotics as I am sensitive to them and suffer adverse side effects including anaphylaxis. Incidentally current medical opinion is now reassessing that is the best way to manage this condition. I have always worked with qualified and registered practitioners. I have used Homeopathy for myself, family and pets as an adjunct to my conventional health care, because it works and is safe. I take no prescription medication yet not once has a medical doctor ever asked how I manage to maintain my 'radiant good health' without drugs. I have been hospitalised for a sinus operation and a broken leg. I am not opposed to conventional medicine but I have learnt that an integrated approach to my wellness has been the most beneficial approach in handling my chronic condition. Indeed I have read of many cases where science has gone on to investigate anecdotal evidence. Unfortunately here in Australia over the 20 years I have observed a 'witch hunt' approach to this gentle modality which is used confidently by the British Royal family and also used extensively in Switzerland (an advanced 1st world country) as well as in India, for over 200 years. And yet because a small minority of skeptics and 'orthodox scientists' oppose it, it has been vilified. I know change is always challenged but just think where we would be if Christopher Columbus had succumbed to the naysayers. I resent that I am being restrained in making my own choices regarding my health because a minority group want to control their industry. Over regulation has never been successful in any profession. Given the stress that the medical and hospital system is under you would think that commonsense would prevail and that the MBA would be supporting those professionals in their organisation who choose to integrate nutrition, chiropractic and osteopathic approaches to maintain wellness and keep people out of the hospital system. Perhaps these doctors should remember blood letting was the 'in thing' until brave people started questioning and seeking new ways of healing. After all this is the 21st century with all its wonderful discoveries to be utilised.

I have spent my life reading about health care and keeping up to date with the changes and along with 70% of the population choose supplements over medications, to maintain my wellness.

The MBA already have safety procedures and practices in place for those fraudulent few and do not need the onus of policing an over-restricted system. They need to encourage our brave new doctors who are stepping out and integrating the best of all systems to heal the whole person. After all their moto is 'first do no harm'.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature.

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:43 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe patient's should have a choice in choosing the natural therapies they believe are vital to their health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 9:50:03 PM

To the Medical Board of Australia,

I support Option 1.

I support the idea of having my GP able to give me proper & informed information on complementary medicine.

When my second child was born the GP that I saw had studied in England and had also studied Homeopathy there.

I did not know what Homeopathy was at the time, all I was interested in was my very young baby being treated effectively.

During one visit to this GP he had a high temperature, but not a life threatening one. I was told that he was too young to have antibiotics.

The GP was talking and I was worrying. I was asked if I objected to the baby being treated homeopathically. I responded that I was happy for him to be treated. He was given a paste to eat. I helped him eat it, as a 5 week old baby does not know how to eat. The GP assured me that he would be well and he was. From then on both my children were treated homeopathically first, then with prescription medicine, if needed. When the baby was 7 months old the older child was sent to the doctor with spots that turned out to be measles. There was no vaccination for measles at the time. Her father brought her home with drops for her and her brother. While she was at the GP's I found that the baby also had spots and quickly took him inside out of the sunshine as there was a history of bad side affects from measles in my family. I administered the drops as per instructions. They recovered fully within a couple of days. Yes, a couple of days.

Those are the first and last times that they were treated homeopathically. I do not recall the specifics of the treatments in between those two. There were quite a few trips to the GP in between the ages of 4 weeks and 9 months of the baby.

We then moved house too far away to be able to return to that GP, but those few months of treatment had a lasting affect on those two children.

Five years later I had a third child and he missed out on the opportunity to be treated homeopathically.

It became a bit of a joke in the family. I would be asked how the children were. I would answer that the older two were 'disgustingly healthy' while their younger brother was as sick as can be all the time.

My younger sister and I were much the same as the youngest child when we were young children, sick and at the doctors all the time.

Unfortunately, I did not come across another Homeopath until after my children were fully grown up, so they missed out on further good help with their health during their formative years.

I am under the treatment of a very good homeopath now and without her help the youngest son and I would not be as fit as we are now.

I use homeopathic remedies as my GP of (approx) ten years ago told me one winter that he could no longer help me as the medicine that was at his disposal just couldn't help me. I had been to specialists. Had tests done. Many prescriptions and I was getting sicker and sicker. My poor GP was most upset that he couldn't help me with the tools he had to hand.

I asked him if he was okay with me trying to find a Naturopath or whatever to help me and he said "Go for it."

I tried to find someone to treat me and eventually I found the lady who has been my main medical treatment provider.

I do have a GP and I go to my GP for the things that my Homeopath cannot do under law. ie the writing of scripts, ordering of tests/scans, etc. Most of the time it is my Homeopath who tells me when a test needs to be done and off I go to the GP to organise them. My GP also finds things wrong with me that need tests done. But it would be so much better if the GP also had training in Homeopathy. Notably, when my thyroid medication was not working for me. All the blood tests showed that I was within normal range, but it wasn't my 'normal range' and I was suffering as a result. I then spent the next 12 months having tests done and thyroid replacement medication adjusted until it was correct for me.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature area.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 12:02:58 PM

To the Medical Board of Australia,

I support Option 1.

I have always believed that a homeopathic attitude to health has a place in our society.

Also preventative therapies such as yoga and exercise can really assist in a person's wellbeing.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 4:03:27 PM

To the Medical Board of Australia,

I support Option 1.

I believe that Integrative & complementary medicine should always be an option to the management of patients health. Preferably medicine should focus on the prevention of diseases, instead of just treatment and a wholistic approach should be the focus and integrative & complementary medicine is a vital part of that.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 6:53:02 PM

To the Medical Board of Australia,

I support Option 1.

I support access to Integrative and Complementary Medicine. How can you take away our fundamental right to choose who treats us. Australia is Slipping so far behind all first world countries that even Mexico puts us to shame. Our alternative practitioners will have their livelihoods ripped out from under them.

Also, not everyone fits into a neat little one-size-fits-all box.
Please listen to the people.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 11:35 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

My daughter, 34, has spent the past 14 months in and out of hospital missing weeks off work and being most unwell. Normal medicine and medical treatments did nothing for her. The holistic approach appears to be working so much better for her. If we hadn't taken her out of the Public Hospital system and put her into the Private Scheme, at ridiculous cost over and above her Medical fund (\$35,000!!!!!! for 12 months) she would have died with the amount of medication that she was being prescribed. Not every disease is mainstream, and the medical profession should be allowed to look and work outside the box.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:36 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support Option 1 because I have seen the benefits of osteopathy, Chinese medicine and acupuncture first hand. I visit an osteopath regularly for back pain which gives me great relief, I have use acupressure/acupuncture for both myself and my partner regularly and, as a research scientist when I was working in Tibet I was given Chinese Medicine for a prostate issue and it was gone within 48 hours now it is back because I do not have access to this Chinese Medicine locally but want to be able to get access to it. [REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 3:46:18 PM

To the Medical Board of Australia,

I support Option 1.

Research shows that the combination of Integrated medicine provides
gives the best results for patient health outcome.
Limiting patient choices would be a huge step backwards.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 9:02:20 PM

To the Medical Board of Australia,

I support Option 1.

I strongly support patient access to integrative and complimentary medicine and services. There should not be restrictions placed on these services by the MBA.

Many people in Australia rely on these services and it is wrong to place restrictions on them.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 7:36:38 PM

To the Medical Board of Australia,

I support Option 1.

I believe in free choice. That all citizens should continue to have free choice of the healthcare that benefits them and ultimately they pay for. What's the point in restricting healthcare options? The general public is smart enough to make decisions for themselves as to what type of care they want to pursue or not. By restricting our options you are implying that we, the general public, are not capable in making safe and informed choices for ourselves, which is very degrading to say the least.

If it wasn't for Integrative Medicine, I would not be where I am today. I am a fully functioning citizen with a job, providing for myself and family and NOT relying on the Public Healthcare System And/or Medicare with a chronic autoimmune disease. I actually healed naturally from Endometriosis, an autoimmune disease, by being treated from a complementary practitioner. So how can take away this option for others you can also heal with this type of care?

If you impose restrictions on Integrative and Complementary Practitioners, you are ultimately restricting the general public from their potential to heal. And as a result, this would cost the government more money by more people relying on the Public Healthcare system, using and relying on more resources and even on Medicare because more people would be unable to hold a job due to chronic illnesses.

Please allow us, the general public, to continue to have free choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 4 June 2019 8:06:37 PM

To the Medical Board of Australia,

I support Option 1.

I don't believe the current guidelines should be changed. I have visited an integrative Doctor on a number of occasions for issues that I initially sort help from conventional Doctors. After numerous tests the conventional Doctors were able to stop my constant headaches. I visited a Doctor who also practices herbal medicine. With her help I was able to get off strong codeine medication with the use of herbal remedies - this was the first relief I had had from constant migraines for years.

I believe that where conventional medicine is unable to help people, they will still seek alternative solutions and they could end up with someone who does not have the full medical training and understanding that a medical Doctor has.

Please reconsider your plans to change this choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 1:17:02 AM

To the Medical Board of Australia,

I support Option 1.

Integrated health care has been our life saver, why you would want to restrict it is beyond me and only indicative of the MBA's incompetence. With so many countries moving forward with integrative health care and complimentary medicines, why is Australia insisting on going backwards?

I have my health thanks to complimentary medicine after suffering from chronic fatigue syndrome as a teenager, and have pain under control with better nutrition, vitamins, essential oils and chiropractic care. My special needs child was seriously ill and aggressive to the point of us, as competent parents, contemplating giving him up, as we were at a losses to what was wrong. The antipsychotics prescribed by his paediatrician were the cause. A biomedical doctor, a naturopath and complimentary medicine help him recover from the damage caused by the pharmaceutical medication and restore most of his health. We are still healing his gut from the damage.

Integrative practitioners help to identify the best approach to support and restore health rather than to use trial and error if working on our own. Tests are used as a guide and vitamins are of high quality, rather than filled with harmful fillers.

Imposing restrictions on integrative health will mean that practitioners and patients won't stop the use of complimentary medicine. We will find a way to continue to exercise our rights of good health and choice. It will only be an embarrassment to the MBA for treating Australians as ignorant and for being controlled by big pharmaceutical mentality. Modern medicine is heading towards individualised and holistic care (i.e. what integrative practitioners do) and the proposed restrictions will only highlight your arrogance and personal agenda, and your failure to put Australian people's health first. You only have to look at the damage (and deaths) caused by prescribed pain killers. Why have these not been restricted?

Don't get me wrong, conventional medicine has its place, but perhaps strive to work together for the best interest of all Australians, rather than for the selfish agenda and profits of those who are, what can only be considered, as abusing their position of power.

Thank you.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 5:11:33 AM

To the Medical Board of Australia,

I support Option 1.

I and my family have benefitted greatly and seen huge health improvements through the use of natural therapies, it would be devastating to us if they were made unavailable.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:40 PM

To the Medical Board of Australia,

I support Option 1.

I don't think doctors best practise shouldnt be stifled in order to promote further over use of antibiotics and pharmaceutical medications. I think it is important as part of social ecology and responsibility to seek options to strengthen the body's own immune system rather than create more resistant strains of bacteria by having a one treatment fits all regime. Antibiotics and pharmaceuticals should be used only where appropriate.

I hope you will consider that your decision to limit doctor recommendations to only certain forms of treatment (such as pharmaceutical) will force consumers to find other practitioners, such as naturopaths for instance, if they are wanting to be treated in a more complimentary way. I believe that will alienate more people from the medical profession and this would be a shame for doctors and patients.

I hope you will consider my request.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:39 PM

To the Medical Board of Australia,

I support Option 1.

I forgot to make mention in my previous submission that I believe this decision will make medical care and treatment more expensive in this country if we make changes. I believe this is due to the fact that lifestyle changes are the most cost effective treatments and reduce the cost to the government later in people not needing expensive life saving treatments and medications.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:38:58 PM

To the Medical Board of Australia,

I support Option 1.

My integrative doctor has been pivotal in my health journey. She has been able to complete comprehensive diagnostic testing and prescribe appropriate supplementation accordingly. I believe that ALL doctors should be moving towards an integrative style of treatment as quite often, there are natural therapies that would be far more beneficial than pharmaceuticals/drugs. This has been my experience and I think it is a basic human right for me (and everyone!) to have access to the type of treatment.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 3:44:22 PM

To the Medical Board of Australia,

I support Option 1.

I want the right to choose an Integrative Doctor. I have been extremely ill with thyroid disease and with the help of an "Integrative Practitioner" I have now been able to come off all medications. This is not always the case for most people who end up having to take medication for the rest of their life! I am a true believer that it takes both "western medicine" and "natural therapies" and when you put them together the outcome is only positive for the patient. The whole medical system needs to realise that it is all about "mind, body and spirit" in order to heal the body. Western medicine is vital and has its place in the medical system, but it needs to realise that there ARE other ways to heal and to be more open to those methods and not be dictated to by the pharmaceutical companies.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 1:21:31 PM

To the Medical Board of Australia,

I support Option 1.

I support the use of integrative medicine in Australia. My daughter has a chronic health conditions that mainstream medicine hasn't had solutions for. My daughter's integrative GP has been the only doctor to help educate and treat my daughter's issues. She has so much more quality of life now. If this is taken away from us we will be a burden on the health system, I will probably have a nervous breakdown due to stress from lack of the right support for my daughter, and my daughters health will revert back to the distressing agonising state that it was before.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 11:39 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I strongly support integrative medicine that places individualised treatment strategies that not only address symptomatology and disease states but also address ongoing health and wellness - physically, mentally and emotionally.

The current medical model seems to look at patients health/ill health separately - treating individual symptoms rather than looking at the bigger picture which would support each individual patient.

I strongly believe in individualised patient care as being best practice and I know of many who were ready to throw the towel in because they had reached their limits with "conventional" medicine not getting them better but just keeping them where they were - in a continual pattern of pain, dysfunction and depression. I'm happy to say those who sought out practitioners who treated them with individualised solutions got better and therefore had much better quality of life.

To sum up - in health care quality is better than quantity, also change is a part of life (and business) and hanging on to the status quo will only take us backwards. Healthcare needs to evolve to more than just disease and pain management.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:20:18 AM

To the Medical Board of Australia,

I support Option 1.

Please allow each and every individual the right to choice when it comes to their own medical treatment, along with educating them in the options that are available, not just the many synthetic alternatives the majority of GP's prescribe. Every human should have accessed to the knowledge and options of alternative medicines.

Kindest regards

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 10:12:29 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine.
These services have greatly improved my family's quality of life -
mentally and physically.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:35 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I am very concerned at the changed proposed which could see limitations to integrative and complementary medicine guidelines. I consider these practices to be preventative medicine and supportive of wellness, with "regular" medicine addressing illness.

The burden of illness in our society is already immense and I am very concerned that the societal benefits of these wellness options will lead to an enormous financial and health burden on all of us as tax payers.

I consider it my right to choose my own health options and as such ask you to reconsider these changes.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 10:35:23 PM

To the Medical Board of Australia,

I support Option 1.

I strongly object to your attempt to prevent me from choosing to use healthcare that is the best option for me.

I have been using this way of managing my health care for many years. I have obviously saved the healthcare system a lot of money as well as I have to pay for much of it myself or my private fund.

I am 76 yrs old, have had Chronic Lymphatic leukaemia for 20 yrs and now breast cancer for the past 2 yrs as well a lot of problems taking regular drugs . I survive very well using all therapies you a want to take from me.

The doctors have to spend most of that time on the blasted computer which is the cause, in my opinion of the reason they don't know too much about us.

Give me back the old pen and paper of keeping notes on patients and don't laugh about that.

I would also like to see someone do something about the use by dates on so many medications that are impossible to read. It is very dangerous.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:26 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The medical practitioners should be allowed to practice and advertise all services that they have studied and have been accredited for!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 12:42:52 AM

To the Medical Board of Australia,

I support Option 1.

I am 68 years young and my body is reminding me how hard I have worked since 1967 when I left school and started work the following Monday. I now suffer from arthritis and PTSD I do have occasion to visit a chiropractor and I have also visited health care person who prescribed herbal medication for me which gave me realistic relief from pain instead of using strong analgesic medication.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 17 May 2019 9:52:42 AM

To the Medical Board of Australia,

I support Option 1.

It would be very disappointing to see changes to the current guidelines. Without integrative treatments my children would not have found a better quality of life. Please do not change it.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 12 June 2019 6:23:51 PM

To the Medical Board of Australia,

I support Option 1.

A number of times through my life I have needed to use an osteopath and acupuncturist for relief of acute and chronic pain. I also have vitamins everyday to stay healthy and prevent disease and illness. All of these things work for me and means I am not on any long term prescription drugs and I am still an active healthy 59 year old. Isn't that a good thing? We have the right to choose what works for us. Why would you want to take away what works for people and keeps patients healthy. This does not make any logical sense to me.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 3:24:11 PM

To the Medical Board of Australia,

I support Option 1.

I am alive today due to integrative and complimentary medicine.

Conventional medicines, pharmaceuticals were making me even sicker than my original condition. Remaining on pharmaceuticals was not an option for my body. I had to stop and seek an integrative doctor.

Coming from a family of doctors, I believe all integrative and complimentary practitioners earn far less than conventional doctors.

Integrative doctors take that drop in their income because they seek the best outcome for their patients.

On top of earning less, they need to spend untold number of hours studying and researching alternatives. And attending seminars that cost the doctor money. Unlike, attending seminars put on by pharmaceutical companies where everything including Accommodation/food is free.

Would not restricting our integrative doctors amount to having our most intelligent, educated and empathetic citizens hands tied behind their backs.

One step along this way of ruling is deregistering a doctor who works outside the narrow scope of a conventional doctor. That would be the reward given for tireless research and substandard income along with increased costs that burdens integrative and complimentary practitioners.

How shameful would this be in a so called democratic country. It already is shameful that this has even been brought up for discussion.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:49:13 AM

To the Medical Board of Australia,

I support Option 1.

I wish to express my concern regarding the proposed changes/restrictions to be imposed on medical professionals to offer/recommend integrative treatments as part of a patients treatment plan. It is also very important that doctors are able to offer longer appointment times to better understand the root causes of a patients health concern and to have sufficient time to question them about their medical history, diet, exercise levels, stress etc. 10-15 minutes is not enough and it is almost impossible for me to understand how they can offer the patient an effective treatment plan after spending so little time with them.

There is a huge body of research to support the use of a wide range of natural and alternative therapies in conjunction with conventional medical treatments, and this is where I have seen the greatest success with my own health. Not only do these therapies support the body through standard medical treatments, but they also often come with less side effects to the patient. It is also supported by research that medications can disrupt the body's normal functioning and alter the use and levels of essential vitamins and minerals (e.g. Statin drugs depleting Coenzyme Q10 levels in the body).

Patients have also been finding the use of natural anti-inflammatory medications to be effective for their pain and pose less side effects when using them long term.

I would be outraged and very concerned about the welfare of the public if medical professionals were not able to recommend a range of natural and alternative therapies as part of their treatment plans.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 8:29:08 AM

To the Medical Board of Australia,

I support Option 1.

Without integrated medical approach we only look at half the options to support healing. Why rule out approaches that help heal?? Sounds stupid to me. Like a motive about money perhaps? Hmmm

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:29 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The fact that as human being, I have to justify my personal rights to how I choose to manage and maintain my own health is just sad! Turn the tables people. Put yourselves in a position of where your rights to do what's best for you and your family are taken away! You know this is morally and ethically wrong!

Two of my closest friends were told they'll never be able to conceive.

They tried everything that Western medicine had to offer, and finally, were both told there was nothing more that could be done. They then turned to alternative methods. Both conceived naturally and gave birth to happy, healthy babies. There's a place for everything. Modern medicine isn't the only treatment for everything. And you all know that's a fact. You cannot, and will not take away our rights!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 10:02:05 PM

To the Medical Board of Australia,

I support Option 1.

I write in response to the revision of the MBA guidelines on integrative and complimentary medicine. I find it perplexing that this area of medicine is under review. I know many people who have sort the advice of a typical allopathic GP only to be given drugs whose side effects have made them worse. These same people have been forced to seek an alternative opinion from an integrative GP. The testing required has been outside of perceived normal parameters however it's these tests that find the answers and ultimately lead to an accurate diagnosis and treatment. The only achievement from hindering people's choice to access integrative and complimentary medicine is to push the death rate from iatrogenic causes higher. Please respect yhe patient's right to choose effective, evidenced based medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 12:06 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I had a major health scare two years ago. I have recently completed treatment. I researched a range of possible approaches to treatment.

Integrative medicine gave me the opportunity to be treated medically while using supportive naturopathic treatments for the heavy side effects of the medical/pharmaceutical route. It was far and away the best of both worlds. I coped better, my recovery was faster and my family and specifically my children were less stressed as they could see I was coping. The integrative GP was very transparent on the benefits and limitations of both sides of the coin. I had no sense of being pressured to "go natural". It was just practical advice on how to help myself through the treatment and what I might consider for ongoing prevention of any further recurrences in the years to come.

Things like exercise, meditation, a fresh diet surely cannot be argued as without value? The cost of the consults were very clearly explained as divided between Medicare for the GP component and self funded for the 'natural health' component. So it was my own choice to pay extra for the benefits that an integrative doctor could bring me. I have no doubt in my mind that the combination of pharmaceutical and naturopathic treatment was the best way to treat my condition and my emotional state. Straight doctors don't do that as a rule. They are rushed and to be honest some are very under enthusiastic at my consults with them. Perhaps 10 minutes, a script given and a \$25 gap payment required. So for chronic or life threatening conditions the integrative option enables accompanying quality of life options. Why would a medical board seek to unravel that? Please reconsider that direction and not feel threatened by the integrative approach but rather work in partnership. Thankyou. [REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 11:03 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I value wholistic integrative medicine and fully support Doctors choices to include integrative and complementary medicine in their practice. I have used diagnostic testing, acupuncture, Osteo, herbs, vitamins and TCM during my pregnancies over the past seven years to have healthy natural births without drugs and interventions. Please don't restrict doctors options

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 6:28:44 PM

To the Medical Board of Australia,

I support Option 1.

Sometimes the alternative methods are a lot safer than pills& potions from our pharmaceutical companies who I am sure look on the monetary side of things hence they are afraid of these natural alternative medicines. Surely both can survive!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I cannot believe I am again having to email someone to fight for choices in medical care. Standard western medicine is not for everyone. My family are rarely unwell, but if anyone is we choose natural therapies- with great success. I do not want to be forced to use standard medicine or go without. All citizens have the right to choose for their family. Restricting choice is NOT something I support.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 8:00:44 AM

To the Medical Board of Australia,

I support Option 1.

I think all patients should have access to integrative medicine. I value using medicine and medical treatments when necessary but I like to use a holistic approach in conjunction with medical. I've seen great results by doing this for myself and two family members. One with Parkinsons and one with Cystic Fibrosis. By imposing restrictions on integrative drs patients will look other places as that will not stop people searching, or they'll research themselves. Medicine is not a one sided approach, each patient is an individual with different needs, not just medical. I feel Australia is going backwards in it's healthcare compared to many forward thinking countries. I just can't understand why you would want to restrict drs that provide this two sided approach. If my dr is not open to integrative therapy I'll choose another dr. I will always support patient access to integrative and complimentary medicine in conjunction with medical.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 12:25:08 AM

To the Medical Board of Australia,

I support Option 1.

I believe we all should make our own choices with our health.

I was diagnosed with Cancer and chose to have surgery and take vitamins and herbal teas and incorporate meditation.

After 8 years I'm still here and I know I made the right choice, I listen to my intuition now.

The world is changing and people are waking up to their own choices for their health. If you try to take this away, you will have more people protesting for their freedom of choice in choosing what treatments they want for themselves.

Integrative practitioners are needed because every person has different needs. Medications have too many side affects... why don't we go back to herbal medications as it once was.

I personally only take natural medicines and eat healthy and exercise.

How about promoting this more and getting on board with the times?

It's good to get a Doctors opinion but also that they can offer complementary medicines and treatments.

The future has arrived so don't go backwards because many of the population won't accept Doctors pushing meds on them. I for one won't and I know of many others who regularly take vitamins and have taken a step away from the medical doctors who want to push only pharmaceutical products only. Train up your Doctors to help the patients to have better health... Vitamins work especially when you need a boost for old age, when the immune system down, viral infections, etc

I've advocated vitamin use for my family and they use it... so do many more!

Keep the vitamins and integrative Doctors, they are needed.

Sincerely

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 23 June 2019 11:08:11 PM

To the Medical Board of Australia,

I support Option 1.

I am shocked that Integrative doctors are being targeted and could be restricted in treatments which they offer. They should be celebrated for taking the time to understand the root cause of the patients illness and to provide a holistic solution. How dare they be limited by the 'conventional'.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 12:33:07 PM

To the Medical Board of Australia,

I support Option 1.

We live in a free society so should have the freedom to take whatever medicine works for each individual. Unfortunately my body reacts to just about everything I eat or drink so I am very cautious when eating and/or drinking and only take chemical medication in dire situations. Integrated & Complimentary Medicine / Natural therapies have been something my body copes with so it is the sensible outcome for me and for my husband. We should have the right to choose Integrative practitioners of choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 6:01:33 PM

To the Medical Board of Australia,

I support Option 1.

I believe that every person has the right to choose what type of medicine is appropriate for them. Integrative and complementary medicine has a place in the system that allows for a holistic approach to wellbeing which is just as important as traditional medicine cannot always cure/fix an issue and complementary medicine has been shown to help in some cases. We have a right to choose what is best for our particular conditions. Even if there is nothing that can cure sometimes management and wellbeing is more important and complementary medicine has a place in this.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 4:11 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe that I should have the right to see any medical practitioner who if feels Is an option (which I will always prefer) for a natural chemical/ antibiotic free therapy that it be offered as an alternative treatment for any ailments I might have

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:27:38 AM

To the Medical Board of Australia,

I support Option 1.

I wish that doctors have no change to current guidelines. I feel doctors need to give people all their options so they can make an informed health care choice that is best suited to them. Being supported by my doctor in my choices for holistic and natural medicine is very important to me and my family. My family and I have had great responses by using complimentary medicine and we have a better overall wellness by doing so. This means less dr visits which means less Medicare money spent in our family.

This approach has also assisted my Mother after a knee replacement which help her recover quicker and get moving again quicker.

Having the choice and support from doctors and getting their advice is very important to ensure the best choice can be made.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:37:13 AM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]
I have managed my health with complementary medicines, since having Whipple surgery as a result of a tumor in the pancreas, for the past 12 years life expectancy was 5 yrs.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:34:20 AM

To the Medical Board of Australia,

I support Option 1.

I treat a lot of my body holistically in a non-traditional way and have had great success doing so. I do not appreciate holistic care being devalued by an organisation that doesn't seem to do their homework properly into alternative choices. By understanding the root of the problem, a lot of medications are irrelevant, i.e. treating planatfaciatis with shockwave to rebuild the parts that require strengthening rather than just doing stop gap methods like cortisone will be better for general well being in the end.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 9:44:03 PM

To the Medical Board of Australia,

I support Option 1.

Why would I not want to choose what alternative or integrative support I might require. Freedom of choice is what Australia is all about. I only use Bowen therapy when my body has muscular issues as my body responds best to Bowen therapy and believe me I have tried all of the alternatives. We are all, unique and therefore we all should be able to access the best method of support that we each need and it should not be limited. Prevention is better than cure and sometimes you need modern medicine and complementary services to support a wholistic health approach to any health issue. Wider choice not limiting choice, we are moving into the future not going back into the dark ages where only 2 choices were available and no the shoe didn't fit everyone equally. Freedom of choice, patient choice first please.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 7:52 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have had several illnesses in my late 20's - early 30's as well as severe cystic acne. Which was horrible for 10 years. Through out my life the only way I helped myself get better was by sourcing a variety of practitioners to help me.

That includes a doctor for blood tests, a naturopath to help with supplementation, nutritionist for diet and acupuncturist for Chinese medicine. Combining all of these Practices I became better in no time and I am thankful to have been able to have access these services. To this day I still use all of these services to maintain my healthy well balanced lifestyle. I haven't been sick in over 12 years.

Due to maintaining all of these services plus more in the alternative medicine area.

Do not take these services away as we have a right to be healthy and think about what message we are sending to our younger generation.

When I was 20 years old I was preying then buy the time I'm 40 I hope to see major changes in regards to health and well-being! But I don't it's only going backwards.

I now live in a regional town after living in the city most of my life and cannot believe the state of our hospital systems it's a disgrace it's worse then being in a third world country!

Wake up and start seeing & hearing our voices!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:34 PM

To the Medical Board of Australia,

I support Option 1.

Dear MBA

I would like you support on going use of Integrating Medicine with other therapies.

Where there is no longer potential for usual medical intervention other alternative options are life and quality of life enhancing.

Often there is clinical evidence for use of complementary therapy but lack of evidence is usually due to inability to fund appropriate research.

In my immediate family, 2 have had life extended as their GP's have looked 'outside of the box' of prescription medication.

Please consider patient care to be at the centre of your decision not financial or political gain.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:07:13 AM

To the Medical Board of Australia,

I support Option 1.

My father is an esteemed Associate Professor of Microbiology. i have great respect for the established medical profession. AND I have had excellent health for 25+ years because of integrative and complementary approaches. After having whooping cough during my second pregnancy and then adult asthma, I have managed my asthma with virtually no steroids or ventalin through integrative medicine for the past 16 years. This has saved the health system significant resources and there are many, many examples fo preventative integrative and complementary approaches that are enhancing traditional medicine. It is essential that we have an AND approach to both.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative Dr's helped get me back to work when after years of seeing normal Dr's I had no improvements with my chronic health issues.

Integrative Dr's have done LOADS of study and don't need even more regulations.

The fact they are even trying to change the guidelines is ridiculous!!

Leave things how they are

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 2 May 2019 9:19 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Leave us to have our choice of what health care we choose to have!
This is ridiculous that this is even being contemplated to have our choice taken away!!
People with chronic illness NEED & WANT to be able to choose natural or alternative therapy's!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:16:55 AM

To the Medical Board of Australia,

I support Option 1.

I embarked on a long journey to get my health to a better place. I was putting on weight at an unusually fast pace and not able to get it off, my periods had never been regular. Usually once every couple of months. Plus a host of other issues. Went to a gp who gave me a pill (not the contraceptive pill) that made my menstruation so incredible bad I couldn't even function as a normal person. Went to two other gps who said was the right thing to do. The instant I stopped this pill on my own accord, I felt a little bit better. But then the next period came about a month and a half later. At day 60 of my period, I was so unwell I couldn't even get out of bed. Called the emergency department at the hospital who told me to get a referral to a Gynecologist. Went to a different gp. She prescribed me the contraceptive pill and hesitantly gave me a referral.

Went to gyno and he said he didn't want me to fulfill that contraceptive pill as it was the wrong one for me. Prescribed another. Then after periods were medically inline, but everything else out of whack. Like a once porcelain face covered in broken blood vessels, i finally went to my current gp who is an integrative practitioner. She knew straight away by looking at me what was going on in my system. Ordered sooooo many different bloods which no one had done before. I did a fecal microbiome test. When I received all of my results, she put a plan in place and she said after about 6 months i would notice a significant difference.

Well, my face has cleared up, my periods are in the process of coming under control, getting better each time, I have started to lose kgs naturally, my body which always looked so swollen and inflamed is dropping that tendency also.

And all of this naturally, besides the one round of antibiotics.

I can't sing the new GP's praises enough and now i can finally understand why for over 9 years, this was the gp that everyone was recommending!!!! If only I could have been smarter and been there sooner!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 12:07 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I am writing to you in response to the proposed changes to doctors providing complimentary changes. I do not support these changes at all and my family and I would like them left as they are. Our family GP is wonderful and provides us with information on not just the childrens asthma management plan, but also their diets and supplements that can aid in keeping the body healthy. If this 'holistic' type practice were to be taken away from us then it would be very detrimental to our family.

Sincerel,

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 6:00:45 PM

To the Medical Board of Australia,

I support Option 1.

Dear MBA members

I'm writing in support of no change to the current practice of allowing trained doctors to offer patients integrative medicine where appropriate to the well being of the patient. I and my family have benefited from the longer than 10 minute consultations Doctors are allowed to offer which gives enough time to thoroughly understand the complexity of illness pictures and canvas a broad range of treatment options with me the patient so that the best informed choice is possible. This approach has proven very cost effective to myself and the tax payer by avoiding chronic disease with very little use of the Pharmaceutical benefits scheme to date ie 40 years.

I see no need to alter this situation and suggest that a robust yet open approach to what may be seen as fringe modalities by the MBA would be both beneficial to patients and ultimately the continued high regard most Australians have for the integrity of the medical profession.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 1:03:00 AM

To the Medical Board of Australia,

I support Option 1.

I think that it is a very shortsighted move to change these guidelines. Organisations such as the MINDD foundation are doing great work to educate health professionals on the latest evidence based health care for Australians. Do not restrict their ability to help their patients like myself and my family from receiving nutritional advice, supplement recommendations and integrative and complimentary medicine. It won't stop families like myself accessing add supplements or dietary recommendations, but it does remove the access to the most knowledgeable source meaning I will need to seek this information, guidance and recommendations from less informed and educated sources. Medical practitioners have their patients best interests at heart. They deserve the ability to guide and help their patients as they see fit based on their clinical knowledge, experience and ongoing education.

Please don't change the current guidelines.

Thanks.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:56:09 PM

To the Medical Board of Australia,

I support Option 1.

Integrative healthcare has been vital for my recovery over many years. My expectation is freedom of choice as one size simply does not fit all. Integrative healthcare means practitioner and patient working as a collaborative team for best outcomes.

So called alternative or fringe healthcare in my case has been by far the best healthcare for me meaning I am now a productive member in society, working and paying taxes.

Why don't we simply call all modalities healthcare, rather than demeaning it by calling it a fringe.

It is a human right to decide what works best for me in consultation with my choice of a wide range of healthcare professionals creating holistic care.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 2:47:19 AM

To the Medical Board of Australia,

I support Option 1.

I believe it is an individuals basic right to have full access to integrative and complementary medical alternatives. Any change to guidelines limiting this access will be detrimental to an individuals health and wellbeing.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 7:49:22 AM

To the Medical Board of Australia,

I support Option 1.

It's our choice to use alternatives which are often better than pumping drugs I am living proof. Drug companies of course want this nothing can interfere with their BILLION \$\$\$\$ industry

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 10 May 2019 6:50:01 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative & complimentary medicine because the outcomes for the patient are better. People who are looking for this approach to their healthcare often pay more because they are more informed. People who are being proactive should not be penalised but encouraged. It's short sightedness that leads to cuts such as these.

I have often used acupuncture with physiotherapy. Naturopathic medicine and advice along side western medicine and my outcomes have been far better in the short term but more importantly in the long term.

Don't penalise people who don't mind paying more to look after themselves, it will only cost the system more in the long run.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 8:28:32 PM

To the Medical Board of Australia,

I support Option 1.

I have accessed a variety of 'alternative' therapies - though I prefer to call them complementary and traditional - for my entire life. I have safely used homeopathy, acupuncture, chinese traditional medicine, naturopathic remedies etc for my family with no adverse reactions at any time. Instead, I HAVE had positive experiences. I actively seek medical practitioners that also access and use complementary medicines. To consider restricting the services I can use seems to be counter-intuitive. I want a greater range - allowing me to be proactive with preventative medicines for myself and my family. Surely this approach ensures that people are less of a drain on an already stressed hospital service etc. Let people take control of their own health to save costs in the future.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 8:39:08 PM

To the Medical Board of Australia,

I support Option 1.

When I choose a medical practitioner, I do it with MY family needs in mind. And part of that is having as many options available as possible.

Integrative & complementary medicine has helped me, my family & friends for many years. I choose my health practices carefully and do not want to be dictated to. Surely that is my right. To be proactive in my health care - using massage, naturopathy, homeopathy, acupuncture or whatever that may be.

I use Integrative & complementary medicine because it does not cause me harm. While others do not believe in the benefits, I DO. I have been overwhelmingly impressed with the wide range of treatments available. I like having this choice. And I like the fact that when I see an integrative practitioner, they have so many options for me. But let's understand this - it is MY choice. I choose NOT to use medications. And I don't want to be discriminated against by having my options taken away or reduced.

If more people became more active in preventative and/or proactive health practices, maybe we would all be a little healthier.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 17 May 2019 3:20:20 PM

To the Medical Board of Australia,

I support Option 1.

I thought the primary role of a doctor was for the health and well being of their patients. If some doctors use Integrative & complementary medicine to compliment the acceptable normal treatment of a patients complaint using their previous experience and results this has to be a positive. As a relative of mine who was finding it painful to walk and was taking numerous prescription drugs with no results. On change of doctor they were sent to an acupuncturist after the coarse the pain of walking had gone and proscription drugs no longer required.

This is why I strongly support Doctors having the option of Integrative & complementary medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 13 May 2019 3:41:30 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine has saved my life; saved me time and money and has put the power back into my hands. It has given me the opportunity to take responsibility for my own health. When I was treated by conventional medical methods, I was left injured, disillusioned and the injuries affect me to this day. Why are you all so fearful? You allow us to take responsibility for the car we buy, insurance, the schools we choose for our children; why not the health practitioner we choose? Please give us back our choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 24 May 2019 11:42:36 AM

To the Medical Board of Australia,

I support Option 1.

I support holistic health care rather the medical as I have had a lot of success with well qualified practioners in the field over 30 years. I see a lot of evidence against the medical model with many doctor goers becoming increasingly unwell. Medicine is generally a bandaid procedure at best. Except for serious injury when the medical practitioners certainly are the way to go I feel that the total health model has much more to offer.

It is not much of a secret that unscrupulous businesses in medicine are much more focussed on money making than improving health. What is it that the medical fraternity is so afraid of that they want to make there own fully trained doctors unable to introduce holistic methods in to their practices!

This stinks of vested interests!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:39:04 PM

To the Medical Board of Australia,

I support Option 1.

It is a patients right to use non drug remedies as a first line option.

Drugs should be a last resort

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have to admit I was a little shocked to hear that this is even being considered. I can only assume that the driving factor is the amount of money tied up in keeping people sick.

ALL people should have the right to choose a less toxic treatment option and I find it unforgivable that our government seems so intent on taking choice away. If you don't want to subsidise it that's one thing but removing options is just BS.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:31:35 AM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]

Integrative care should be our choice to use. It has helped our autistic boy tremendously!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 23 June 2019 1:30:07 AM

To the Medical Board of Australia,

I support Option 1.

We should have a choice which type of practitioner we see. It has helped my family immensely, particularly my autistic stepson

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 22 May 2019 5:46:00 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and Complementary medicine has been so valuable to my own and my children's health. Without seeing an integrative GP we would have such a lower quality of life and be unable to make our own contribution to the community. I used to suffer from crippling fatigue and anxiety and any other GP I saw just prescribed me with iron and sent me on the way spending little time with me. Integrative GPs care and spend time getting to the heart of the problem and actually solving it. They are a vital part of our health care system and they need to stay.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 8 June 2019 12:57:01 PM

To the Medical Board of Australia,

I support Option 1.

I support the freedom of General and other Medical Practitioners to practice integrative medicine. The scientific evidence for using Complementary medicine to benefit their patients is overwhelmingly positive, and forcing draconian restrictions on Doctors who have their patients' best interests at heart is not logical. We need more health choices, particularly for chronic disease: the drug model alone is NOT working and the health of the Australian population can only improve with the ability of our caring medical people to prescribe complementary medicine. Please do the right thing for Australia!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:42 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

No changes please. I want my own options.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 6:09 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine because it is well documented that a one size fits all approach doesn't suit everyone.

Integrative & complementary medicine has played a big part in my life and that of my family. We use it regularly, as I know it works for us. We use osteopathy regularly to help with our health and wouldn't be without it.

I use a combination of osteopathy, vitamins, homeopathy, meditation, chinese medicine, and other integrative therapies first, because it is least invasive.

If the MBA imposes restrictions on Integrative practitioners it will not change how I treat my family. What it will do is make me turn away from allopathic medicine altogether because I will not be bullied into using drugs or therapies that are invasive and unnecessary just because the MBA doesn't want to work with natural therapies. I will take my money away from the medical practices.

If the MBA truly values the people, and wants us all to access a medical practitioner, then it needs to be accessible for everyone.

Which means giving us all the opportunity to access experienced, professional doctors who will work with us, not against us.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 7:52:27 AM

To the Medical Board of Australia,

I support Option 1.

I have been using complementary medical for most of my adult life. That has helped me to stay healthy throughout my life I am 67 years old and I know whenever I am taking advice from a conventional Doctor I end up sicker than before I saw them. I want the choice of how I go to it my God giving the right to have a choice. I am responsible for my life. I have not burden the government services with the high cost to keep me alive. Instead I am able to live a healthy lifestyle. So option 1 is what I want for mine and my family life

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 6:01 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

People deserve the right to seek out any type of alternative medical advice they prefer. There are too many circumstances where modern Western medicine cannot assist. Complementary medicine has helped my family avoid any further prescription medication.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 7:00:43 PM

To the Medical Board of Australia,

I support Option 1.

As a 40+ year old I really see a doctor but when I do I like to choose one that will give me good sound advice on lifestyle changes and offering an integrative approach to treatments. I do not believe in taking a pill for an ill in every situation. And if that is the only service available in GP consultations then we will end up with a very sick nation full of a generation of people not taking responsibility for their own health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 6:22:28 PM

To the Medical Board of Australia,

I support Option 1.

People have a right to access management options that meet their care needs and underlying personal philosophy. i.e. a patient centred approach. I understand concerns about safety and treatment efficacy, however, these can be addressed, and still have access to usefully complementary/ integrated medicine treatments. Evidence based practice is also about consideration for clinical experience, expert opinion and patient opinions/ consideration. It is not always possible to generate RCT research given the nature of some conditions. Also as a clinician, research inclusion criteria often rule out many of the complex patients we see, so there is no guidance to manage these more complicated patients, who do not fit the model. Patients often seek alternatives when modern medicine does not have the answers, and often gives up on them. My experience is that the two can be used together for best outcomes. Keeping complementary/ integrated medicine within the medical/ allied health model can only be a benefit. There is emerging evidence around areas such as acupuncture and the Feldenkrais Method which support pain management, musculoskeletal injury, functional ability and falls risk. We should be producing a nation more involved in their health care and complementary/ integrated therapies promote self- care and resilience. With suitable outcome measures these treatments can be monitored for best practice guidelines. Without some of these therapies I think we would see a rise in mental health issues when modern medicine does not have the answers, or the time. People need to be heard and learn how to manage their condition. I think complementary/ integrated medicine treatments provide the care and time to understand their condition and options for care, complementing the medical model. Whilst not always a cure, it supports health, assisting people to better manage their concerns around their health. With the Feldenkrais Method I have seen older people, and people with osteoarthritis improve their mobility and balance. Moving easily from the floor, seated position and up and down stairs, tasks that are an issue around falls management. YES, more research is needed. But services need to be available to build on the knowledge and improve complementary/ integrated medicine outcomes. There is still so much to learn in medicine. It can always be absolutely prescriptive. Restricting practice to me means limiting new information and research that could benefit health outcomes. From my own personal health, I was told I would need a knee replacement in my early forties. I still have full function of my knee 20 odd years' latter without a replacement. That is all thanks to complementary/ integrated medicine, and in particular the Feldenkrais Method, which has taught me how to move more efficiently and with ease. Sure my knee flares every so often, but the Feldenkrais Method allows me to manage my pain and re-train my gait to reset my walking posture.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 6:42:41 PM

To the Medical Board of Australia,

I support Option 1.

My son was a bronchial asthmatic for 8 years needing to use in inhaler twice every day. After 2 visits to a chiropractor he has never needed to use an inhaler again and rarely gets respiratory issues. 10 years ago I was booked in for a knee replacement. I started using a herbal supplement and cancelled my surgery. Still have not needed a knee replacement. Traditional medicine has its place but drugs cause many side effects. Poor nutrition is a major cause of many health issues and doctors should be able to advise on treatments other than drugs by using natural therapies.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 5:30:14 PM

To the Medical Board of Australia,

I support Option 1.

The only reason I am alive and functioning in my own business at 5he moment is because of my holistic healthcare providers. The care that I have received has kept me healthy, able to provide for my family and contribute meaningfully to my clients. I have a number of genetic SNPs that make it difficult to stay healthy and mainstream medicine is ineffectual when dealing with this. I question where this is coming from as philosophically , doctors should be the first ones to ask more questions . What we know is great, what we don't know is greater.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:20 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I expect consultations with my doctor to be considered and holistic!
There must not be any change!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:55 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support that every person is entitled to their own choice of healthcare. Therefore it is imperative that we are allowed access to integrative and complementary medicines.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:20 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I opposed any proposed changes to the existing guidelines pertaining to the practice of Integrative Medicine. For the first time in years I have been able to function 'normally' and feel great, something I did not experience for years under the supervision of a conventional doctor.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:48:14 PM

To the Medical Board of Australia,

I support Option 1.

I am 68 years old and have a wonderful holistic doctor. Some ailments can be dealt with by conventional medicine just fine and it may be the only effective treatment but others, in my experience, can be dealt with just as well and with less risk of ADRs or other problems using alternative or complimentary treatments. I urge you not to place restrictions on integrative and alternative practices.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:15:51 AM

To the Medical Board of Australia,

I support Option 1.

I had battled all my life with a particular disorder that disrupted my physical and emotional wellbeing and it wasn't until I was finally diagnosed and treated with a higher dose of some ordinary supplements that I have a life back.

I had tried all the traditionally prescribed medicines that mostly made me more unwell.

If a restriction is put on integrative doctor's it will force people to self prescribe without the proper blood tests and other checks and balances provided by an integrative doctor.

Let the current guidelines stand and leave the decision of whether to use complementary medicine in the hands of the patient not the government.

My body, my choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 10:25:01 AM

To the Medical Board of Australia,

I support Option 1.

I support the use of complementary medicines as part of a holistic approach to medical treatments. In my view drugs should be used sparingly and only when necessary. often our own bodies can do most of the healing through when supported by complementary medicine. As our lives become more busy and stressful complementary practices in medicine become a fundamental option in how to better manage our health and well-being.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 12:11:58 PM

To the Medical Board of Australia,

I support Option 1.

Over many years of practice in an Allied Health profession I have observed the benefits to patients with complex conditions being treated by an integrative medicine physician. 'Conventional medicine' as practised under the Medicare system often fails to address the root cause of health conditions and mostly has a symptomatic treatment approach. Those practitioners who look for answers outside this paradigm in a more holistic way often achieve far better outcomes, often at less expense in the long term, for their patients.

Given that we now understand a myriad of genetic differences between patients, a blanket 'one size fits all' approach can no longer be supported in an evidence-based manner. A common example might be that of a patient who under-methylates due to a genetic aberration and for whom a supplement of Methyl-B12 may be appropriate to improve metabolic function and prevent a disease state in the future.

In my own family such genetic aberrations exist and a holistic approach by a 'nutritionally oriented' medical practitioner brought my mother from being largely bedridden following viral infection to being able to adequately function whilst other doctors had written her off as a 'hypochondriac'.

Her journey was difficult and not without expense as Medicare simply did not cover it.

However, she is now in her 80's with relatively robust health for her age and much better than many other octogenarians.

To introduce a Draconian measure that penalises practitioners who investigate the root cause of health conditions and, in the long term, save many tax payers dollars by keeping patients out of hospitals would be the most retrograde decision the AMA has ever made. Our knowledge of genetics alone would tell us that this will have negative ramifications.

I call for all GPs to be further educated in the practice of Integrative Medicine rather than blindly following 'Big Pharma'. It is only then that we might make some major advances in health care.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 10:23:52 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine has changed my life. I was diagnosed with ADHD at a young age. I was treated by developmental paediatricians, psychologists and brain training programs. Ritalin did help my behaviour but I had side effects and I was still always in trouble at school, had few friends and poor self esteem. When I saw an integrative GP things changed. For the first time my diet was addressed- cutting out gluten, dairy and sugar made a big difference, I had poor gut health and my gut microbiome was tested and this was managed via probiotics and prebiotics. I was found to be zinc deficient and high in copper levels- a biobalance nutrient program was used and the effect was outstanding- there were comments from teachers, family and friends about the improvement. I now function very well, feel good about myself and am performing very well academically. This would never have happened without integrative medicine.

It is essential that all avenues of treatment are available to an individual. Non mainstream tests and treatments have helped me in ways that conventional medicine couldn't - these treatments should become conventional medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 9:33:47 PM

To the Medical Board of Australia,

I support Option 1.

I fully support integrative medicine in Australia

Here are my responses to the questions asked in the proposal

Question 1

NO. I do not agree with the proposed term. Complementary medicine and unconventional medicine and emerging treatments are disparate issues.

They have different, often contradictory, meanings, are used in different clinical contexts and circumstances. There are wide variations in safety, risks and costs. They are very broad and very difficult to define in a Medico-legal context.

Question 2

The definition is poorly informed. These different style of practices should not be grouped together. There is no definition of conventional medicine offered nor is there any discussion on who would frame what would be considered conventional medicine.

Question 3 and Question 4

This document has lack of data, and provides examples which are able to be handled within current guidelines. Real data and facts are needed to make a case for extra regulation. This document does not do that.

Question 5

All medical practitioners are heavily regulated in every aspect of medicine. There is no argument made why the board considers there needs to be further regulation.

Question 6

When the Board defines with clarity issues they are concerned with, then consultation with Colleges and Peak Bodies across all medical spheres is recommended. No guidelines should be implemented which discriminates one form of medical practice against another.

Question 7

Application of option 2 would create an administrative nightmare for the doctors targeted and would therefore increase cost to the patient and limit patients' choice.

Question 8

There is no need for additional guidelines. These proposed guidelines create confusion.

Question 9

These guidelines should be discarded as there is inadequate evidence for option 2.

Question 10

This question is poorly framed. Consultation is required with the relevant Colleges and Peak Bodies prior to development of any consultation paper around increased regulatory guidelines.

Question 11

Option 1 is the only choice.

I consent to publication of my submission without my name.

Sincerely,



From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 10:02:10 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is an important component of modern medical care. Innovation and an open mind to explore all aspects of medical care is essential to move forward. Rather than increasing regulations on integrative medicine more work should be done in this field and funding should be given for more trials involving this type of care

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:31:05 AM

To the Medical Board of Australia,

I support Option 1.

Patient choice is a basic human right and government bodies such as the MBA or such like has no right to dictate to us our choice for healing treatment techniques, medicinal or health directives as we as individuals know best which doctor/treatment we will respond to best successfully.

How dare the people at MBA try to take away our natural human basic rights of life ! We are an intelligent public so I would tread carefully with decision.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 6:51:04 PM

To the Medical Board of Australia,

I support Option 1.

My family and I have been using integrative medicine for many years as we believe it to be more effective than conventional medicine as integrative GPs have been able to find out what ailments my family members and I have had which the conventional doctors have been unable to do.

We urge you to allow integrative doctors to continue practicing as they are. My family will suffer if we no longer have access to integrative medicine, we do not wish to take medication if we can avoid it. We live a natural and holistic life and wish to continue doing so as long as possible and integrative medicine plays a big part of that.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:31:22 AM

To the Medical Board of Australia,

I support Option 1.

It is vitally important that doctors retain the ability to support patients with complementary and integrative medicine. With the rise of stress related medical problems, depression and anxiety patient access to holistic medicine with a range of solutions other than prescription drugs are vital. Do not make changes to current guidelines. Integrative practitioners provide longer consultations to understand the holistic nature of medical problems and patients must have the right to choose to access this vital service. I suffer from migranes and a 10 minute consultation would never work to understand the nature, history and triggers of my migraine. I access a wide range of treatments to manage my symptoms.

Thank you.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 7:22:58 AM

To the Medical Board of Australia,

I support Option 1.

As an Australian citizen I find the lack of choice for the use of any natural therapies to be abhorrent. I want a choice. What the powers that be are currently doing is not leaving anyone a choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 10:16:31 PM

To the Medical Board of Australia,

I support Option 1.

I would like to address some of the points in the proposal.

In particular Autologous stem cells and PRP. Conventional practitioners use Hip and knee replacements which can cause complications due to metal problems and in particular vaginal mesh which has been approved by the TGA has left many women with intractable pain with no hope of relief because of the difficulty of removal.

also bone marrow transplant is used with patients who are compromised and now the medical board are saying the stem cell and PRP tautologist are a danger.

Conventional medicine is not without pitfall as correctly prescribed and taken medication has caused many iatrogenic deaths per year over the world and as well in Australia.

I am very concerned and oppose attempting to restrict medical practitioners who practise integrative medicine as these people have found that what they know is not enough to restore their patient to health and wellbeing.

They have spent extra time and money to update themselves re alternative means to help their patients.

I believe that your attention should be on cleaning up conventional therapies and treatment as there are many iatrogenic deaths associated with correctly prescribed and taken pharmaceutical products.

As far as autologous stem cells and PRP are concerned = thesis given to immune compromised patients with impunity and also cord blood is taken for future problems. PRP and stem cells used for osteoarthritis should not be a problem.

Vaginal mesh which is TGA approved has caused many women to experience intractable pain without any hope of relief.

Also with many hip and knee replacements there can be problems with metal complications.

These integrative practitioners have been conventional doctors and found that they couldn't restore their patients to health and wellbeing and needed to spend time and money to gain extra knowledge to help their patient.

Most patients find their integrative medical practitioner after their conventional medical treatment has failed them and they are happy to pay extra for advanced pathology tests to regain their health.

I strongly oppose your intention to discredit and diminish access to integrative medical practitioners who have invested time and money

to acquire extra knowledge to help their patients to return to health and wellbeing..

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature area.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 8:56:57 PM

To the Medical Board of Australia,

I support Option 1.

There are many reasons people turn to complimentary medicines. I don't agree to restricting access to these. Where traditional avenues have failed, or when those who are reluctant to take prescribed pharmaceutical medication, often complimentary medicines are a great alternative. I personally am not a fan of taking prescribed drugs, unless absolutely necessary. If there is an alternative, natural method that can help me, I would much rather try overcome any ailment that way.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 8:54:35 AM

To the Medical Board of Australia,

I support Option 1.

My choice of complementary medicine was started 50 years ago when conventional medicine failed me. I still use both today at 80yrs of age. I believe both are valuable in maintaining good health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:48 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

There should be no change to the current guidelines. I totally support patient access to integrative and complementary medicine. The MBA should not impose restrictions on integrative practitioners.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:27 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

People should have access to alternate therapies and doctors should be able to make these decisions! But big pharma wouldn't want that would they! No treating people and actually curing them would be detrimental to the business that is big pharma!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 1:41:59 PM

To the Medical Board of Australia,

I support Option 1.

I feel that it is imperative that Integrative medicine be available to one and all. As a mother with a family, (past, present and no doubt future) who suffer from generic chronic illnesses it is vital that we have access to a much broader choice of treatments made available by general doctors. Prescribed pharmaceutical medicines often have a very negative impact on our systems (particularly endocrine and autonomic nervous systems) and we benefit greatly from what is categorized as alternative treatments, but I would consider traditional treatments. If it was not for integrated medicine many people who are enabled to enjoy a good quality of life may be labelled as psychogenic and not receive proper care and required treatment, or would suffer needlessly.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 1:09:51 PM

To the Medical Board of Australia,

I support Option 1.

I strongly support patient access to Integrative & complementary medicine. This has been one of the few ways we have been able to manage with my husbands chronic fatigue. Over 8 years we have gone to so many 'normal' GPs with no changes. Having consulted with an integrative DR we have finally made some headway. This is because integrative medicine works better with chronic illnesses.

Integrative & complementary medicine has helped our family through so much illness. We have found it a much better approach because the body is viewed holistically & our integrative DR is able to determine the real cause not just treat symptoms with medicine.

If the MBA imposes restrictions on Integrative practitioners then i believe we will see a huge increase in Chronic illnesses. This will impact the economy & the amount of welfare the government will be providing due to people unable to work for long periods of time.

In my experience integrative DRs are very knowledgeable & helpful practitioners. They should be regarded & respected as specialists in chronic illness like you might have a cardiologist who specialises in heart conditions. They are doing a great job & a restriction in my opinion will be not only wasting the public's money but also restricting our freedom of choice to choose what healthcare we would like to access.

Thank you

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:17 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please don't change the current guidelines. My GP is also a naturopath and nutritionist and has helped me increase my fertility both via pharmaceutical products and vitamins and minerals. Without this complimentary approach, it would not be fit and healthy. Please don't change the current system. I was on beta blockers for 8 years and felt like death before my cardiologist recommended magnesium orotate and omega 3 fish oil as an alternative. The change to my health and life was amazing. If GPs are only allowed to recommended pharmaceutical products without considering nutrition and biochemistry, we will become an even sicker country.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 10:37:19 AM

To the Medical Board of Australia,

I support Option 1.

I I HAVE ALWAYS SUPPORTED NATURAL MEDICINE EVEN IF YOU BRING IN THIS LAW ALL IT WILL DO IS PUSH IT UNDERGROUND. YOU ARE GIVING IN TO THE BIG PHARMACEUTICALS WHO CONTROL 99% OF DOCTORS AND ALL THEY DISH OUT IS CHEMICALS WHICH ARE DANGEROUS AND POISONOUS. LEAVE THINGS WELL ALONE PLEASE.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 5:17:24 PM

To the Medical Board of Australia,

I support Option 1.

I believe it is important to allow people to CHOOSE between Conventional General Practice medicine and complementary therapies. Forcing people away from complementary medicines will NOT bring them back to conventional Medicines/Practices. I think there is enough room for both types to blend in and actually HELP a patient rather than just relying on the one method. I would rather use the natural based complementary therapies rather than the big pHARMA based general practices. My experience has been of the complementary practitioners seem to be more interested in curing you rather than throwing a pill at you and prolonging your ailments. It is my right to use whatever medical practitioner I choose to. I will boycott all gp's and conventional practices if my choice to use complementary medicine is withdrawn from me. At the moment I have a balance between the two. This will not be the case if you pull our choice away to use whatever medical practitioner that we want to use. MBA, we don't need your interference or restrictions of services by complementary medicine. Leave it alone.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 11:23:03 PM

To the Medical Board of Australia,

I support Option 1.

I wish to acknowledge that I do NOT support changing of the current guidelines. Choice matters and human rights to choose matter. By changing the guidelines, you are taking away freedom of choice and that is not OK.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:32 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is greatly needed in our communities as we need to have choices other than pharma medicine.

I fully support & rely on natural medicine for my families health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:34:00 AM

To the Medical Board of Australia,

I support Option 1.

Integrative and complimentary healthcare has been invaluable to my family. After nearly 40 years of doctors not being able to determine why I was tired, in pain, anxious with many illnesses and compromised organ functions, I was diagnosed by an integrative health doctor. I now have the knowledge, access to supplements and support I have needed my whole life, and we have been able to diagnose and support our daughter early in in her life to prevent her going through the same struggles I have in life.

Please don't place restrictions on integrative practitioners as we all deserve the right to access the best healthcare for our individual needs.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 12:20:14 PM

To the Medical Board of Australia,

I support Option 1.

Natural medicine has been around since forever. We should be allowed to choose how we treat ourself with medicine. It's not up to anybody what we do with our own bodies.

I've seen an integrative doctor who gave me a script for pharmaceutical, and also advised me how I can treat something naturally. It was my choice what I chose to do. This is how it **SHOULD** be! Our bodies, our choice!

I use integrative doctors because they care. I've been to many doctors in my life who don't listen and just throw a script at me without any information. Integrative doctors do testing and actually listen to my symptoms and find the best solution that i feel comfortable with. It is **SO** important that we keep these doctors available. If people don't want to use them, no worries, but it **SHOULD** be an option for people who do. Taking away more rights and choices is not the way of moving forward with medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 2:55:20 PM

To the Medical Board of Australia,

I support Option 1.

I and my family have used many forms of "unconventional medicine" over the years with very satisfactory results and feel that we should have the choice and similarly my GP should have the option of choosing these other medical professions if it will be considered beneficial. We value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines. Also these should be allowed rebates in my health insurance .

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:07:42 AM

To the Medical Board of Australia,

I support Option 1.

It concerns me greatly that the freedom of options and suggestions for health care would be decreased.

Decreasing options, some of which have been around much longer (ie. centuries) than the current band-aid solution many doctors offer will only lead to increased disease. I understand this will benefit the professionals in our industry and the associated product suppliers, however it is morally and ethically against "health care".

As someone who struggled for 15 years with health issues and was told my multiple doctors and top specialists in a number of different states that nothing could be done, they didn't know and I had to live with issues for life when I was 20 was very disconcerting. Thankfully I continued to search, I know our bodies are built to support useless when we support them properly - I found a solution, have healed ALL chronic & seeming life long health issues. I did it via solutions which could easily have been offered by the doctors and specialists but were not.

These solutions need to be increased as offerings if the real aim here is "health care" & it sounds like more education to the medical providers making these suggestions.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:39:26 PM

To the Medical Board of Australia,

I support Option 1.

I support integrative and complementary medicine. I don't only think it is important, I think it is an integral and imperative part of medicine today. With more and more people being affected by a variety of environmental illnesses and "invisible" chronic conditions, integrative medicine is often the only viable option for these people. Mainstream medicine absolutely has a place, and there are many wonderful doctors, however, they miss the mark with many conditions. Integrative medicine is the way of the future if government is actually interested in positive health outcomes for people.

Suffering a chronic condition I found myself metaphorically banging my head against a wall almost every time I went to see a mainstream doctor about anything. Whether it was a sore throat, a sore foot, fatigue, various aches, random pains, shortness of breath, tight chest or a pain in my abdomen. Apparently they couldn't find anything wrong with me through the diagnostic tests they were doing and given my age and prior health status, my issues were always considered to be psychosomatic. I saw a variety of specialist physicians and received very little assistance, but it was only the two integrative doctors who I saw that got to the bottom of my health issues, and started to offer me my life back.

It's been a long process and I still have a long way to go. Integrative doctors actually commit to the long term journey with their patients. Their diagnostic testing (which is usually not covered by medicare) put me on the path to recovery, and I will be forever grateful.

My medical condition is really simple, the only issue is that it causes other health issues which take time, trust, money and commitment by the patient and their doctor to treat. Primarily, I have biotoxin illness as a result of being exposed to a water damaged building and then other health issues caused by the biotoxin illness. If this was managed and dealt with when it first became an issue over a decade back, I would not be in the compromised state of health I am in today, and that's not fair. The GP I saw when I became very sick with respiratory issues knew I was in a badly water damaged building, he told me that that was likely exacerbating my asthma and chest infection. Well it wasn't exacerbating my chest infection at all, it was the cause of it, so why didn't the GP tell me that the mould was causing my issues, why didn't he tell me the consequences of remaining in a mouldy building, why didn't he explain the life long complications I am likely to face? The reason is because he likely didn't know. It's actually not their fault, mainstream doctors work within a framework where they identify symptoms, test for a particular area of concern (with their standard list of tests), and depending on the outcome of the test they treat the symptoms or if there is nothing positive in the test they tell you it's a virus or to come back in a week if you're not better. What if the patient goes back every week for months because they aren't feeling better and the new test results

still show nothing? then, that patient is often made to feel like a nuisance and suffers with no treatment plan. This is a reality for many people, and the difference is that an integrative doctor will check for things "outside the box", but this comes at a price. Government should actually look at better funding for integrative medicine and offer a broader scope of testing via medicare.

The short term exposure to mould caused me so many health issues. I have suffered with Multiple Chemical Sensitivity for over a decade, my body's ability to detox is compromised, hence I cannot tolerate things that most people can such as fragrance, petrol fumes, pesticides, cleaning products, laundry products, personal care products and the list goes on. This has a fairly hefty impact on my life overall and the things that help are; a combination of western medicine, specific diet, certain vitamins and supplements.

Two integrative GPs from the [REDACTED] Clinic in [REDACTED], who we will call Dr B and Dr A were a breath of very fresh and crisp clean air for me. They had knowledge and concepts that were very foreign to me and to my regular GP. I still hold a high regard for my regular GP and keep them informed along the way, which they appreciated and were genuinely interested in. Dr B and Dr A listened and more importantly they heard me. They both gave my history, current environment and current health state thought and consideration and then undertook testing that either eliminated some possible issues or came back with positive results they could treat. My health issues were not in my head at all, I had various issues that needed to be addressed and treated, one thing at a time, and the healing process began, I was finally hopeful. I will leave it here, because I could write a book about my health journey, but overall, without these doctors I wouldn't have my quality of life back. I'm probably 60% of the way to full health and I couldn't have done it without them.

Being ill with a chronic and invisible illness is one of the most torturous things you could experience. You stop being you, your identity starts to fade and your mere existence is centred around this health problem that is powerful enough to cause some serious adverse impact to your life, but no one can see it. You start to question your own assessment of your health, is it real, is it in my head, am I just unfit, what if I exercise more and drink more water, what am I missing, what if I see this other doctor, maybe if I drink celery juice, maybe if I fast and you just go around in circles. Mainstream medicine did not work for me or many others I have met along my journey of self help, despite all the doctors I saw. The mainstream doctors were only concerned until they exhausted the tests they could do that came back with no issues, then they became disinterested. I am so pleased that I didn't have to continue to manage my health issues alone, and I had two integrative doctors to help me along my way.

I am not alone in my experience, I was just lucky to have the resources, motivation, drive and ability to find integrative doctors who could diagnose, treat, manage and heal my body where other doctors failed, but this needed time, without that it would not have been possible. Now, I can continue to contribute to the community in a positive way through my life and work and assist to improve the lives of so many people. I was worth the extra time and effort integrative doctors invested in me, as are many other people.

I consent to publication of my submission without my name.

Sincerely,



From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:31 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

i CANNOT UNDERSTAND YOUR REASONING BEHIND THIS PROPOSAL. As a sufferer of fibromialgia I have been prescribed numerous painkillers which all have had side effects. Needless to say I don't take the majority of them, but I have had a lot of success from acupuncture for the pain, sleep deprivation and also stress and depression. I have seen other members in my family prescribed different medications for various conditions only to see them have horrible reactions to them. I cannot understand why you are singling out natural products and therapies. I do take prescribed medication ,ie blood pressure medication, but also take complimentary medications for my health as well. I hope you reconsider this proposal as it will greatly affect a lot people healthwise.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:29:23 AM

To the Medical Board of Australia,

I support Option 1.

I believe it is important for Doctors to have the opportunity to recommend treatments they believe to be helpful to their patients. Complementary medicine has an important role to play in so many chronic and long term illnesses where it can support current medical treatment and improve a patients quality of life considerably. Myself and my entire extended family use mainstream medicine and complementary medicine and find that the complementary medicines are often what helps us long term to recover fully and to feel better during the recovery process, as well maintaining our quality of life in situations where a cure is unacheivable. Restricting a doctors ability to recommend what they know is best completely goes against the medical ideal of helping patients get better.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:20 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Conventional medical treatment is not healthcare, it's prescribing pharmaceutical drugs for a disease, creating side effects and more illness, making millions for big pharma. Pharmaceutical drugs are a huge cause of death in this country! Follow the money! True healthcare is getting to the root cause and healing holistically - Conventional GP's do not have the knowledge to create wellness. Many, many people with autoimmune diseases have overcome their illness through changing their diet and lifestyle with the help of herbs and supplements, under the guidance of Integrative Practitioners. Conventional GP's do not have this knowledge. They are basically trained by the pharmaceutical industry. Holistic Integrative Practitioners are life savers. Australia is so very backward when it comes to healthcare. I am 61 and haven't been to a GP in over 40 years because I chose Natural Therapies and live a clean and healthy lifestyle. It is unconstitutional and disgraceful to take away our right to choose. Wake Up!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Dear sirs, I am writing to you in response to your proposed further erosion of our right to free will to make our own health choices.

Your time would be better spent on allowing caring integrative doctors to use all methods including diet advice for a better patient outcome, rather than just another pill from the traditional health care professional who has limited time and knowledge. I am sure that most if not all doctors would like their patients to get well and not be a slave to chemicals with dubious benefits and harmful side

(direct) effects from long term use. Is traditional medicine afraid of the outcomes for the drug companies bottom line if integrative doctors have more influence on their patients when they get better? If you are worried about dodgy doctors promoting unhealthy potions and therapy. Why make it so you can't make sure they do the right thing by embracing them and checking that they are doing the right thing, and furthering their studies in universities to make them more mainstream.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 10:58:40 AM

To the Medical Board of Australia,

I support Option 1.

I use alternative medicine as most conventional ones have more side effects and contain gluten or lactose in them. Please also I have relatives who will be affected too. Particularly a niece who is fully qualified as an alternative medicines and therapeutic practitioner. This will certainly put Australia back into the Dark ages.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 1:51:38 PM

To the Medical Board of Australia,

I support Option 1.

My family has health conditions such as food intolerances that require natural therapies. It is very beneficial for us to use integrative doctors to manage this. Please don't change the current guidelines.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 8:19:55 AM

To the Medical Board of Australia,

I support Option 1.

Myself and family members and friends for many years have been helped by more natural therapies (at our own cost) to maintain good health, and we don't burden the hospital/health care system.
We prefer to treat symptoms with natural means, there are also less side effects, compared to prescription medicines.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:32 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The quality of life my daughter has because of her Integrative GP providing her not only standard medical treatment, but also taking an integrative approach and prescribing complementary treatments including compounding morning supplements tailored specifically to her body's needs, as well as dietary advice specific to mental ill-health, would not be realised if she was just being treated by psychiatric drugs alone.

Do not take our right of choice away. Looking at the root cause of her challenges and treating the root cause, gut-brain connection, specific mineral/vitamin levels, instead of putting a bandaid on her symptoms, is allowing her to be the best she can be.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 6:12:41 PM

To the Medical Board of Australia,

I support Option 1.

In January 2001 I was diagnosed with breast cancer. After the DCIS cyst was removed I was told I would now need to have my breast removed, several lymph nodes also and radiation treatment for 3 days a week for 6 weeks. I decided that this treatment would not be a positive step for me and I chose to use a comprehensive suite of integrative and complimentary medical practices. I followed this routine for around 5 years and was monitored by mainstream medical practitioners. I have never been healthier!!

I live in a very health conscious community, many of whom choose to use integrative and complementary health practitioners with very positive outcomes. I think you could say that by using these methods we often prevent the need to see a GP.

If you place restrictions on integrative health practitioners I'm afraid my health will suffer because I will not have access to the preventive health care I know and trust.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 7:49:50 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative and complementary medicine . People should have a right to make these choices about their own health, so they are able to access medical knowledge and assistance from professionals trained to provide this specialist care.

I have personally benefited from chiropractic care for many years and having seen my mother and children also benefit . This care has seen me able to stay in the job I love as it manages issues that in time would have seen me needing to resign. It has improved my quality of life. Likewise with my mother and my children.

Similarly acupuncture and natural therapies have provided health benefits to myself and my family where traditional medicine failed. I recognise a place for traditional medicine, I benefit long term from this as well, however I feel the public should be free to choose the type of care they know their bodies need, not have this care put at risk.

I am concerned that if restrictions are imposed I personally will not be able to access the assistance I need, but on a wider scale , many others will be forced into this situation as well.

Sincerely,

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:47 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative and complimentary medicine as we should be able to choose

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 6:48:02 PM

To the Medical Board of Australia,

I support Option 1.

Doctors should not just write scripts

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 4:39:10 PM

To the Medical Board of Australia,

I support Option 1.

It was with the use of Integrative and Complimentary medicine that my husband was able to postpone open heart surgery for over 15 years. So many of our acquaintances have had to have the surgery twice.

Family members rely on these practitioners for treatment that they need for health problems that were not able to be controlled by conventional medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 9:34:49 AM

To the Medical Board of Australia,

I support Option 1.

I believe that people should be able to access whatever kind of medical help they need regardless of whether it is western or integrative. As you can appreciate no two people suffering from the same condition are the same. There fore a range of treatment options should be available.

I suffer from a range of chronic illness conditions that require a multi-faceted treatment approach. I am throwing every kind of treatment I can at them including accupuncture, herbal medicine, western medicine and rehabilitation. I was diagnosed using western medicine. With the western med approach I have suffered several serious reactions to medication that have been prescribed. All medications that were deemed safe. You can't predict how every single body is going to react. I got to a certain point where I was told that I'd just have to live with these conditions. To gain further control of my symptoms I turned to integrative medicine to gain more answers. These doctors seem more able to look at the body as a whole and to determine WHY disease has begun instead of just treating the symptoms. I have a better understanding of how my body works and how to better look after it. I have also had some great improvements. Any treatment that has been prescribed by my integrative doctor has been carefully thought about and explained very clearly. They always try to manage symptoms with diet control and life style management before prescribing anything. Then most things prescribed are natural and in supplement form. I have never felt more confident in a doctor about the safety of what is being prescribed to me.

If integrative practitioners are restricted in the scope of their practice many patients including myself will be left suffering. Our conditions will worsen and symptoms will remain. It will be detrimental to our health. Integrative doctors are vital to healing and should remain able to assist people in illness.

Thankyou.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 9:45:44 AM

To the Medical Board of Australia,

I support Option 1.

Integrative is Inclusive. Main Stream Western Medicine Does Not Have All The Answers. Science is constantly growing, learning and adapting. To think otherwise is arrogant and dangerous. Excluding complementary approaches is restricting the peoples health choices. Which is Wrong. Restricting complementary approaches restricts societies ability to learn better and better ways to increase health outcomes and this is also wrong. Limiting medical practice to a narrow perspective of health care is dangerous. Anytime in history where the thinking and power is one sided, it has resulted in disaster. Many, many times my GP has not been able to help me over come a health problem, when traditional and complimentary medicine has. The results are clear. Isn't western medicine officially the third highest killer of Americans? What is the statistic in Australia? How about more "Do No Harm" philosophy, which in my experience traditional, natural and complementary medicine approaches are more aligned with this "do no harm approach" and empowering the body to heal. Why not use them in conjunction? The Allopathic model is great for emergencies, but not designed for health, as is evident in so many practices in western medicine, e.g. the rubbish food that is served in hospitals. In it common sense, you are what you eat and I find it outrageous that such a large community of "Health Professionals, all science trained" have institutionalised an attitude of what you eat doesn't matter. Outrageous. And then to stop those amazing practitioners that are truely committed to getting the best outcomes for people and that are willing to continue their education into other fields of health care, such as nutrition and use them in conjunction with their medical training is seriously unethical, these practitioners are the real hero's. In fact to stop them doing their work would demonstrate the Medical Board in more focused on control rather than patient outcomes and hence undermine their very own authority. In a free economy the people's choice is where they spend their money. It is clear that if these practitioners are economically successful, which they are or they wouldn't be in existence and hence no need for changes, then the people are voting with their choices and the regulators should leave them to allow their complementary practice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 9:04:20 AM

To the Medical Board of Australia,

I support Option 1.

Doctors know very little about nutrition. They only learn about drugs and pharmaceuticals and how to spread their use. The greatest source of health is derived from plants and the medicinal power of plants.

Physician Heal Thyself

The doctor of the future will give no medicine but will interest his or her patients in the care of the human frame, in a proper diet, and in the cause and prevention of disease'. Thomas A Edison

People need more education about how to look after themselves and be responsible for their own health. I fully support the power of a plant based diet and exercise and following the 7 principles of health - air, Water, Relationships, Sunshine, exercise, Passion and Wholefoods

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 1:10:05 PM

To the Medical Board of Australia,

I support Option 1.

My age is 74 this year & typically throughout my life health care has been based on holistic, natural remedies & integrative therapies - my choice.

I am not taking or have been prescribed medication on a daily basis & contribute that to my choices of treatment. Often people from a medical background are astounded that I'm not taking any regular medication. Medical treatment should always be individualised & the choice of the patient it forced upon us by any organisation or government.

Integrative & complimentary medicine has always helped me with any health problems in a much more successful outcome.

If these restriction are imposed on integrative practitioners everyone suffers - staff working in these clinics, people who choose these methods of healing making individuals suffer from not being given the opportunity to exercise their choices for their body & health outcomes.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:41:42 PM

To the Medical Board of Australia,

I support Option 1.

I have seen the effects of both pharmaceutical and natural/herbal treatments and I much prefer the natural ones since they have fewer side effects. I should have the right to choose which option is better for me.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 1:13:47 PM

To the Medical Board of Australia,

I support Option 1.

I support Option 1 to retain the status quo of providing general guidance about the Board's expectations of medical practitioners who provide complementary and unconventional medicine and emerging treatments via the Board's approved code of conduct.

Generally an integrative approach including natural health options has helped my wife and I through our health journey. We have at times had doctors that just look at one aspect and don't deal with all these issues. These tend to prescribe a drug to fix a symptom, not address the real problems. But others have been very helpful in looking at our overall health and recommending natural health remedies to address the issue, and therefore remove the symptoms.

This is a much cheaper approach for the government as the cost of being on the prescriptions is enormous. Most other remedies are not covered or paid for by tax payers.

The alternative I believe if not given the same or broader advice from Medical practitioners is that people will search the internet for solutions and come up with all sorts of unmonitored approaches.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 2:15:50 PM

To the Medical Board of Australia,

I support Option 1.

I wish to be able to choose therapies of my choice and not have someone else's choices imposed upon me.

I have found alternative therapies an excellent complement to western therapies and in fact I have found some alternatives beneficial where western medicine has not had an answer.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 6:08:07 PM

To the Medical Board of Australia,

I support Option 1.

Please do not change or jeopardise the people's choice to seek out and have access to Doctors and/or practitioners who have an open mind regarding alternative or what you may consider fringe therapies that may be of value to our health.

Not everybody has to believe or have faith in the same thing, not everybody has to accept mainstream scientific and/or solely pharmaceutical medicines for their health complaints.

Our bodies and our lives are our own so please do not force upon us a choice you make, it should always and only EVER be our own choice what happens to our bodies, what we use on them or in them and what we decide to try or not try.

Alternative health options have helped me in a lot of medical concerns I've had where mainstream doctors were unable to offer me help or diagnosis.

I feel very frustrated and violated to think any person in this day and age would dictate or remove my free choice in regards to my life or my body.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:41 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Hello. I just want to offer in my voice of support regarding integrative health and "alternative" therapies. I have long used integrative health methodologies, mainly naturopathy, ancestral diet approach, osteopathy as well as conventional approaches. While protection from absolute quackery is vital i would not like to see access to individual healthcare options, that i know have worked for me and my family threatened. Many thanks

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 9:24:44 AM

To the Medical Board of Australia,

I support Option 1.

I am opposed to the MBA imposing limitations on medical practitioners who provide an integrative range of medical and complementary health care services.

As a patient I believe it is my right to be able to choose the type of health care for any medical condition I may suffer from. I do not want the MBA to limit my choices to what they believe to be the only options.

If my local GP offers an integrative practice, then I can choose between conventional medicine or a complementary option. It also gives me the right to start with less invasive practices and move towards a more conventional treatment if necessary.

Why would you take these choices away from me and millions of other Australians?

In my own personal experience, I have found that a practice of health care that aims to keep me healthy and active, is preferable to one that aims only to treat me when I am already sick.

Our economy needs the population well and able to work. Our families need us well and able to work.

I have benefited enormously from treatments such as osteopathy, herbal medicine, acupuncture, pilates, and homeopathy. Please do not take these and other alternatives away from me, my family, my friends and the entire population.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:32:49 PM

To the Medical Board of Australia,

I support Option 1.

Trained health care professionals should be able to recommend the treatments they deem useful to individual patients.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:03 PM

To the Medical Board of Australia,

I support Option 1.

People should have the right to decide their own wellness path!
I just want to move to a different country! This one is getting so
crazy regulated for no reason?!?
There are bigger problems, deal with them!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 2:07:44 PM

To the Medical Board of Australia,

I support Option 1.

I wholly support integrative medicine. It allows me a choice in how to heal myself and my family. It takes the pressure off the health system, hopefully to allow the practitioners to assist the patients who are in genuine need of their services.

Integrative and complementary medicine has enabled me to care for myself and family in a pro-active manner for the last 50 years. I have healed and nursed 3 children and now 3 grandchildren through many bouts of pain and discomfort using holistic methods. It also is incredibly healing to a distressed small child, and also to an adult, to see and feel that you are doing something that will bring them relief and comfort. It is a much better option than the panicked drive to emergency or a doctor's rooms when in many cases these medical issues can be alleviated and healed with holistic, gentle and non invasive methods, along with love and touch.

My 3 children were all diagnosed with asthma and were all relieved of this disease, one I experienced as chronic when I was a child, by a homeopath, who was also a trained MD. I have also avoided shoulder and knee surgery, recommended by a doctor, by using an osteopath and acupuncture. I have lived in Malaysia for a few years and was treated with Chinese Medicine, a practice that has survived for centuries, and is now being dismissed by the MDA, in favour of their preferred methods. There are huge benefits for the both to exist.

If the MBA imposes these restrictions on integrative practitioners, and I am not fully understanding why they choose to do so, unless it is to continue to allow the influential pharmaceutical companies to manipulate and dominate their system. In pursuing these new guidelines the MBA is intruding on my human rights, and my right to make my own informed and researched decisions.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 10:18:54 PM

To the Medical Board of Australia,

I support Option 1.

I believe wholeheartedly and with the benefit of 25 yrs of experience that we must continue to be able to freely access Integrative therapies.

Without this choice I anticipate an increased burden on the health care system, increased morbidity and mortality amongst Australians of all ages, increase in costs to government and companies whose employees are too ill to work or be productive at work.

We are Australians, this threatens our freedom of choice. We are not being protected, we are potentially being denied access to an approach to health that provides hundreds of thousands of people internationally with wellness and freedom from disease.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 1 May 2019 9:40:59 PM

To the Medical Board of Australia,

I support Option 1.

For over 30 years, I have experienced going to consult with many different doctors about an ongoing condition (fibromyalgia) and each one said they didn't have any information or product to help me. They told me that I probably knew more about it than they did and advised me to manage it with diet, vitamin supplements and massage. In 2016, I visited another new doctor to see if I could get some help and he RECOMMENDED me to a naturopath, whose homeopathic remedies over several months allowed me to take part in life again without constant pain and fatigue. So I fully support all patients having the right to include integrative treatments in their journey to recovery.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 7:22:21 AM

To the Medical Board of Australia,

I support Option 1.

I fully support integrative treatments and natural therapies. My own grand-daughter has been helped considerably by these sort of treatments when main stream medicine offered nothing. Just leave things the way they are.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 11:21:03 PM

To the Medical Board of Australia,

I support Option 1.

I support Option 1. To be able to spend an hour with a Dr to discuss your whole medical history, so the Dr knows the whole picture is worth every dollar we spent. Conventional GPs had diagnosed my husband with food intolerance. An intergrated Dr ran more detailed tests and found out it was an infection and antibiotics were prescribed. Please let patients choose who looks after them. It is after all our body and our health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:43:20 PM

To the Medical Board of Australia,

I support Option 1.

Having used alternative and conventional medicine all of my life, as a 67 yr old it is essential to me and my health to continue to be able to access these options. This has kept me well and out of hospitals etc so has to help with the overall health budget positively.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 9:48:53 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine. I was raised in a house where medicine and related matters was an integral part hence my interest in medicine and health. It also lead to me studying dietetics and knowing what we consume has a profound impact on our health.

Integrative & complementary medicine has helped family members and friends - treatment options where the now conventional medicine could not offer healing or relief.

I use conventional and Integrative & complementary medicine options when pursuing diagnoses, treatment and maintenance for health.

If the MBA imposes restrictions on Integrative practitioners I believe it will deny me my right to choose what healthcare I choose for my body and what I feel comfortable with.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 5:36:31 AM

To the Medical Board of Australia,

I support Option 1.

As a patient with one autoimmune disease diagnosed I truly value my integrative GP. Had I not found him, I would still be trying to convince my GP to move away from mainstream thinking of "normal" ranges for hormone testing, rather than what might be optimal for a person of a certain lifestyle and age. I would still be exhausted, and would not know about my other hormones, because "you are still getting your period". Thankfully, right now, I am not trying for a baby.

I still utilise both Drs, but will go back to my Integrative GP for another saliva test to check my hormones, and more bloods for my thyroid. Hopefully there is some improvement on my woefully low hormones - physiologically, I think there is. One symptom being significantly less period pain and less fatigue.

Medicine should be holistic. Medicine should be about helping people live and feel well their whole lives, not just a continuing cycle of medications with awful side effects (as is my grandmothers experience).

What harm have Integrative Practitioners had?

I have also found a Chiropractor to be extremely beneficial from time to time.

Please don't place any more restrictions. As it is, my integrative GP is not operating to the standard he would like because of certain threats from the MBA. This has meant a delayed follow up hormone test for me. Maybe I can order my own saliva test and make my own deductions.

Currently, I am from an Agricultural background, and in our industry, you don't just treat the symptoms, you try and find the cause and fix that too. I am not sure that a holistic approach to a system has ever hurt.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 27 May 2019 4:02:29 PM

To the Medical Board of Australia,

I support Option 1.

I strongly believe we should have choice of care. I have used a variety of treatments to manage & cure my gut & numerous autoimmune conditions & pain related to back & knee injuries. Thanks to a team of health professionals that support & believe in me I am living a functional, happy, & healthy life & still getting stronger. My body, my choice my life.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 1:38:12 PM

To the Medical Board of Australia,

I support Option 1.

I have been to many doctors and specialists, but the wrong tests were done. Eventually I asked for some specific mineral levels to be checked and I was super low in a core mineral my body wasn't absorbing and dangerously high in another. I couldn't function properly, was fatigued all the time and after taking some supplements to maintain health while avoiding some foods with a mineral I had too much of. I can now function normally. If I was on drugs I would have continued to get worse. Treatment has to be what's best for the patient not. Not a quick fix that doesn't treat the cause.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 9:48:05 PM

To the Medical Board of Australia,

I support Option 1.

I have had fatigue for years and was tested for all the traditional things like chronic fatigue etc. with no answers. And then was tested for mineral levels and zinc and copper levels were out of balance so badly, I had toxic levels of copper and low zinc. I now need high levels of zinc just to maintain a balance. If doctors can't test for these things and recommend vitamins and mineral treatments, how am I going to monitor it. A drug would not help me.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 11:31:10 AM

To the Medical Board of Australia,

I support Option 1.

I am not good with words but will give it a go. I've use both Integrative & complementary medicine for over 10 years for myself and my family. I feel I have the right to choose what is right for me and my body. I am a cancer survivor and was able to choose the right treatment and complementary medicine for my needs. I feel that there is more to just taking drugs. Depression and anxiety medication made me sick, I was not able to function and sought out relaxation techniques, massage, counselling and aromatherapy. Nutrition and foods also help the state of mind, that is important. That mind and body are connected. I've used Aromatherapy, Reflexology, Massage, Naturopathy, Homeopathics, alongside prescribed medicine and radiation. I continue to use the Naturopathy medicine as it makes me feel better. I have a great relationship with my practioner. I have the right to choose what is right for me, my body and wellbeing as a whole, through holisitc therapies.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 10:41:22 PM

To the Medical Board of Australia,

I support Option 1.

I am 88. I am fit and well. I can thank complementary medicine and advice from such practitioners as well as general medical practitioners for my current state of good health. Please do not change this situation. Sincerely, [REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 9:58:13 AM

To the Medical Board of Australia,

I support Option 1.

For years I suffered with IBS. I had all the tests done: coeliac, endoscopy/colonoscopy, IBD, H Pylori etc. Eventually I was told I had IBS and nothing could be done. There was nothing pathologically happen. No allergies. Nothing. I did everything I was supposed to. Followed the dietitians low FODMAPs diet, took probiotics, tried to relieve stress. Nothing worked. I still looked so bloated. I still felt so uncomfortable. Everything I ate caused issues, and it was beginning to affect my immune system. Finally I saw a naturopath and within one month my bloating was negligible. I had no issues with high FODMAP foods. I had no problems at all with my digestion.

One of the hardest things throughout this journey was getting my doctor to believe me. She sort of put it down to a fluke that my symptoms subsided (although when I ceased my supplements the symptoms began again). And going back and forth between her and the naturopath to get tests was expensive. There's nothing medically that can be done about IBS long term. But having a doctor who understands the complementary medicine can be powerful in people's lives is imperative to overall health.

More importantly, it's important because doctors will be able to pull up on something that isn't right. They'll be able to say "don't take this vitamin with this antibiotic" for example. They will have a more comprehensive idea of an individual's health that they can help better. And isn't that what we want? We know that not everything has a pill for it. We know that there are some things that cannot be tested for, or the evidence isn't catching up. In those cases, we need integrative doctors to bridge the gap between "I can't help you because there's no antibiotic to this" kind of doctors, and the "let's ignore the medical teams advice" kind of complementary medicine practitioners.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:13:55 PM

To the Medical Board of Australia,

I support Option 1.

I support integrative and complementary medicine. I have a son with Autism and son with developmental delays. I have received integrative and complementary medical advice for my sons. the ability to gain advice with respect to testing, diet and supplementation has been so important for supporting my sons' health. Please consider the implications for families like mine before making it difficult to access these services.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 9:49:17 AM

To the Medical Board of Australia,

I support Option 1.

Quite simply, individuals should have freedom of choice as to how they approach their own health.

Integrative medicine has helped me and my family understand more how health and disease work as well as encouraged us to take more responsibility for our own health.

I use conventional, integrative and complimentary medicine in order to take advantage of the best that each one offers.

Restrictions will directly impact on my choice and health.

Restrictions will push these services underground and therefore encourage short cuts and unethical profiteering. Keeping these services in the open, makes practitioners accountable just as conventional medicine should be held accountable for the hundreds of people who die from prescription medication every year.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 11:05:42 AM

To the Medical Board of Australia,

I support Option 1.

As a natural health practitioner I often refer clients to integrative medical practitioners to get continued support that align with their specific belief systems and their right to naturally based health systems. Scientific and empirical evidence is overwhelming and it should not be up to any body or authority to discount the rights of individuals to how they desire to be treated. The covert hostile and often overt hostile attacks against naturally based wellness systems has to be seen for what it is as a prejudice against human rights.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 1:35:15 PM

To the Medical Board of Australia,

I support Option 1.

I have been helped by integrative and holistic medicine and supplements more than I have by mainstream medication and diagnosis to take pharmaceutical drugs and also that I would need to take them for life. I healed myself using natural therapies and in fact this way reduced the load on the medical system.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:53:54 PM

To the Medical Board of Australia,

I support Option 1.

I have been ill many times in my life and complementary medicine helped me numerous times when western medicine flat out failed me. My doctors had no answers for me. I would have loved to have gone to a western medicine doctor who could have either integrated the modality that helped me, or had the knowledge and freedom to refer me to someone like the person who DID help me, rather than me being sick for so long with no answers.

Ultimately, you don't have to believe in complementary medicine, you just need to respect people's right to practice it, access it and choose it as there is a place for both alternative and western medicine. I would not go to a complementary therapist for a broken leg. I will however choose them every time as my first option before seeing a doctor. Because it works. I am proof of that.

As health professionals who believe in science, I would also hope that you remain open to the possibility that we do not know everything about the human bodies (physical, mental and emotional) and how they affect each other not to mention all we do not know about medicine itself just yet. New findings are emerging all the time so it doesn't make sense to restrict health practices and professionals. That can only lead to crippling patients on their road to better health and recovery.

Instead of fearing integration, I would like to see the MBA focus on the patient's right to choose for themselves how they want to go about their treatment and healing, and how the MBA can use integration to help professionals evolve to offer a higher level of service and care.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 11:41:10 AM

To the Medical Board of Australia,

I support Option 1.

I access a combination of traditional and alternative therapies to maintain a healthy body and mind. Preventative treatments are vital for a healthy productive society and needs it place as does conventional medicine

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 9:38:47 PM

To the Medical Board of Australia,

I support Option 1.

As an older Australian I feel the need to look at a holistic approach has become more essential to avoid being a burden on the health system. It is disturbing that it is being made more and more difficult to achieve that aim. Surely it is more beneficial to have these services at our disposal rather than taking masses of antibiotics that can often lead to more chronic disease. I feel we should look into the future of medical care, which is really reverting back to a more sensible approach of yesteryear. I urge you to consider a reasonable access to complimentary practices so that baby boomers like me will not drain the system with increasing instances of chronic disease. Personally I am trying to avoid a recurrence of cancer and the current practices of chemotherapy / radiation which depletes the body's immune system. So it is important for me to have a reasonable balance of services available to me.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 9 May 2019 3:19:22 PM

To the Medical Board of Australia,

I support Option 1.

I have had chronic fatigue and fibromyalgia for 12 years, and chronic back pain. Doctors and specialists have told me that there is nothing they can do for me within allopathic medicine. The only medical personnel who have helped me to manage my condition have been those recommending alternative therapies. I have finally been granted a disability pension as it has been proved that there are no other treatment options for me. Complementary therapies help to keep me out of hospital and being a further drain on society. If medical personnel are no longer able to help me then I am forced to seek such help from other practitioners, which I can't afford to do given they cannot get access to medicare benefits.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:31 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Stop taking away our choices, if I hadn't taken some of these choices I wouldn't be here today. Traditional medicine is not always right. I believe there is a place for both that is why I have lived till I am now 65 and feel better than ever. Some traditional medicines gave me severe side effects and I could no longer take them. Stop pandering to the big pill companies and look after the humans. Look at the mess they have made in America, my husband had to come if Lyrica for fibromyalgia cos it was affecting him terribly. Our health our choice!!!!!!!!!!!!!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:32 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have concerns about the future of health care. Taking away an individuals right to choose is taking away a persons freedom. I believe diversity is the key. When we expand our awareness to all forms of health care being tradition and alternative, we give an individual a greater opportunity to approach their health care in a tailored way. The one size fits all is a flawed approach and with something as important as health care, we must be free to choose for ourselves. I dream of a future where traditional medicine and alternative medicine collaborate for the good of all humanity.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:48 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Health should be holistic. Holistic means more than just western medicine. More people die at the hands of western medicine than any other medical system traditional or otherwise. Please retain our choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:01:30 AM

To the Medical Board of Australia,

I support Option 1.

There are many incidences throughout my life where conventional medicine failed to heal an ailment. To name just 2:

My daughter was successfully treated by a homeopath for plantar warts and this saved her from having to undergo surgery to remove the warts. A cost savings to the system, the homeopathic treatment cost under \$15!.

I have Stage 1 - 2 prolapse. Regular Yoga and Pilates have strengthened my pelvic floor tremendously and I no longer suffer incontinence. Much better than a worsening situation that may eventuate in surgery.

Doctors who combine conventional medicine with a healthy respect for proven alternative and complimentary treatments gain my respect because they are seeing the person as more than just a body, they express a desire to integrate body, mind and emotions and delve a little deeper into what could heal you.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 1 July 2019 12:03:10 AM

To the Medical Board of Australia,

I support Option 1.

Please do not impose restrictions on Integrative practitioners. To do so would be to disadvantage so many people who gain great benefit from complementary therapies, myself included.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:17:56 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine has helped my family a great deal. There is much evidence that holistic medicine works. Look at Dr. Kotsirilos' book on this subject. Many people will leave private health extras. My family and friends use it for all aspects of health. I am 50 and do not use prescription meds.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 12:28:00 AM

To the Medical Board of Australia,

I support Option 1.

I have been using natural therapies for years and it has helped with many of my health issuesthings that Doctors had overlooked or not even thought of. This is so unfair to make these choices more difficult for people who's lives could depend on these modalities to help them. You have no right to do this...

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 4:44 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I do NOT support the Medical Board of Australia's (MBA) plans to tighten regulations on medical practitioners who provide complementary therapies and emerging treatments - placing patient choice at risk.

If adopted, the MBA guidelines could see Integrative doctors unable to recommend vitamins, minerals, herbal supplements, natural therapies, diagnostic testing and other services not typically offered in 'conventional' medical care.

By framing them as 'fringe', the move is also set to impact the registered health professions of chiropractic, osteopathy, Chinese medicine and acupuncture.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 4:36:05 PM

To the Medical Board of Australia,

I support Option 1.

I always wish to have the right to use and have rebates for natural therapies and would wish for that right also for doctors to use diagnostic testing, emerging treatments and provide natural therapies and alternative treatments, complementary medicines for their patients, including vitamins, minerals, herbal supplements etc.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 1:02:23 PM

To the Medical Board of Australia,

I support Option 1.

I am a long time user of complementary medicine. This form of medicine has helped me and my family over many years and continues to do so.

I believe this kind of approach to health is best for our family for many of our ongoing healthcare needs - keeping us from needing expensive medical treatments. It also allows us to take more responsibility for own healthcare needs.

Integrative medicine encourages a preventative approach to healthcare, and this is the most cost effective for our family and many like ours, and in the long run, is less costly for the community.

I would be devastated if the MBA imposes restrictions on integrative practitioners, and would see this a great imposition on my freedom of choice.

Kind regards,

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:44:23 AM

To the Medical Board of Australia,

I support Option 1.

For years I went to Doctors and did everything they told me to do.
I got sicker and sicker.

It wasnt till I started out of desperation to seek the advice of
Doctors who used integrative and complementary ways of working did I
start to feel any relief or start to get better.

Its my observation those with a more narrow definition of medicine
have their place in diagnosing or for broken bones

However if someone has a more subtler health issue they end up better
off with the alternative options. When various friends and family
members who have explored alternatives - they too have had much more
positive and long term health benefits.

I find it hard to believe that the Doctors who have so effectively
treated me in the past- for whom I am so very grateful - are now being
targeted

My continued health depends on me working with these wonderful
Doctors. It is outrageous that the MBA is attempting to impose such
onerous restrictions on them

Why would the MBA be so motivated to undermine Doctors who are
effectively and successfully dealing with their patients health
issues?

There seems to be more and more I know who are interested in going to
Doctors who use integrative or complimentary practices.
I cant help but wonder if this is not the basis of the MBAs motivation
for their actions.

With concern and sincerity
[REDACTED]

I consent to publication of my submission without my name.

Sincerely,
[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 12 May 2019 8:57:02 AM

To the Medical Board of Australia,

I support Option 1.

My family is dependent on vitamins, minerals/ supplements. Pyrrole disorder runs in the family and we need high levels of zinc which is not found in our food or at the conventional drs. It is truly disgusting, greedy and corrupt that this is even put in motion to stop integrative or complementary practitioners working.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 9:01:58 PM

To the Medical Board of Australia,

I support Option 1.

Dear MBA,

My name is [REDACTED]. I am a 50 year old sole parent and Australian citizen. I was diagnosed with Hypothyroidism when I was 30. I was told by my local GP to go on Thyroxine. That is what I did and took at for 19.5 years. About 3 years ago I started to feel so sick I was asking my 10 year old who she would like to have care for her in the event of my death, it was that bad. I continued to go to GP's who told me there was "nothing wrong with me". Eventually I started to just have these thoughts that maybe it had something to do with taking Thyroxine. I tried to tell this to GP's, but they waved me off. I decided to borrow the money to see an INTEGRATED GP who immediately agreed with me and put me on NDT. It has now been 8 months and I HAVE MY LIFE BACK!!!!!!!!!! It was literally that simple. My daughter has her mother back!

PLEASE don't make it harder and more expensive to see an Integrative GP IF that is what patients CHOOSE to do! I love AUSTRALIA and have always seen us as the true land of the free.

Sincerely,

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 8:22:59 AM

To the Medical Board of Australia,

I support Option 1.

My whole family has benefited from seeing integrative Drs. I find they take the time to get to know exactly what is going on. I feel like they are in the trenches with you. They can offer a patient testing medication and any other treatments that they see that can help. There is no one size fits all and having someone who will look at all parts of your life is incredibly life changing. It saddens me people want to take away something so positive and that can help people lead better healthier lives.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:29 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine is integral to the health and wellbeing of our whole family, especially our daughter who has Trisomy 21. Her function, behaviour and development is helped hugely by integrative medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 4:18:01 PM

To the Medical Board of Australia,

I support Option 1.

A patient's choice of doctor is essential.

Medical doctors who integrate 'complementary medicines and emerging treatments' into their practice are offering a holistic approach to healthcare, providing new and innovative practices.

Restrictions on treatments they currently offer that are not considered "conventional" medicine are not in the best interest of health or the patient.

Bans on use of vitamins, minerals, herbal supplements, natural therapies and diagnostic testing, with broader impacts on the complementary medicine and natural therapies sector is restricting the range of possible individual healing.

My main concerns:

As well as restricting clinical autonomy, Integrative doctors who typically provide longer consultations to understand root causes of illness may be restricted to providing the "conventional" 10 minute consultation, thereby diminishing diagnostic capabilities and individualised treatment plans.

The new guidelines also place the regulated traditional medicine professions of chiropractic, osteopathy, Chinese medicine and acupuncture (TCM) at risk, which have provided relief to me and my family members at numerous times, after GPs had only offered pain killers and symptomatic treatment.

It may also lead to medical and allied healthcare professionals being unfairly and unreasonably targeted by vexatious complaints to the Australian Health Practitioner Regulation Agency (AHPRA).

Please leave the current guidelines.

I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines.

When working with doctors in Germany, I saw first hand the success of alternative treatment applications. My bosses, a gynecologist and a pediatrician, who both added a full year Homeopathy training to their medical expertise, were offering the choice of homeopathic treatment and if not successful, the patient was invited to come back and get antibiotics or chemical treatment. It was reducing the risk of over-prescription of drugs and the known problem with antibiotic-resistant bacteria development. The patients felt well looked after, safe and hardly ever needed to come back for chemical medicines.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 13 May 2019 2:00:56 AM

To the Medical Board of Australia,

I support Option 1.

Personal experience has shown that the medical approach of issuing prescriptions to suit a symptom is not enough. In my 6 minute appointment with a Dr they never asked why I had these problems. Only holistic medicine allows a patient to properly be assessed, as a whole.

Stop allowing pharmaceutical companies to dictate how a doctor can treat a patient.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 4 June 2019 10:54:28 PM

To the Medical Board of Australia,

I support Option 1.

Patients should be informed of all options that can help treat their condition.
Doctors should not be restricted in only recommending pharmaceutical options.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 5:51:58 PM

To the Medical Board of Australia,

I support Option 1.

We are suppose to be free to make choices. But without all the information we don't know the range of options. A doctor should have the freedom to educate patients of all the options. Restricting doctors simply gives more power to pharmaceutical companies. Preventing health issues should be the main focus not boosting drug sales.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 10 May 2019 1:18:08 PM

To the Medical Board of Australia,

I support Option 1.

I have suffered from chronic fatigue for many years and conventional GPs were unable to help me. My integrative GP has assisted me in understanding some of the underlying causes and provided me with supplements and behaviour changes that have helped me remain functional at work and engaged in life more fully.

Regards, [REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 2 June 2019 11:04:47 PM

To the Medical Board of Australia,

I support Option 1.

I have relied on integrative and complementary medicine for a chronic illness of the past 6 years and were it not for these practitioners, I would still be lying in bed very unwell and without hope based on the advice given to me by a general practitioner.

To suggest for one moment that medicine can be most effectively offered/ practiced in a less than holistic and integrative way, is to continue offering healthcare in a very limited way. Tunnel vision at best.

There is enough science based evidence to back up integrative medicine, so why the MBA is even considering to take this approach is beyond my understanding. It is limiting and counterproductive. Patients deserve the opportunity to find solutions towards healing that are not only centered around pharmaceuticals (which all have side effects) and/ or surgery. Surely, we have progressed with the knowledge and science we have today to take a broader approach.

We should look to countries where integrative medicine has been incorporated as mainstream successfully and not considered alternative because in the beginning all the ancient healing systems and traditions were very much integrative. Had they not worked, we would not be alive as a species today.

There is a place for all healing methods and modalities in this world and patients always benefit when they can choose. In fact patients should have the right to choose for one fundamental reason - simply, it is their health and their bodies.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:37:23 AM

To the Medical Board of Australia,

I support Option 1.

I am a Kinesiology student and firm believer in the power of complementary medicine and it's ability to heal the whole person by getting to the root cause of people's issues.

We need to move away from just treating peoples symptoms.

This ridiculous move by the MBA is clearly a ploy to damage the reputation of complementary medicine because it is not going to make money for the pharmaceutical companies.

It's time to put people first, not money. I think it's great that where starting to see a move towards integrative doctors, if only this was supported by the powers that be.

Enough of the greed!

Enough feeding people lies.

This has to change.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 11 May 2019 4:40:38 PM

To the Medical Board of Australia,

I support Option 1.

I have suffered with Chronic Pain for 25 years , and in my journey the only Doctor that really understood this was Integrative Medical Doctors as they provide far more time to medically evaluate and diagnose . The use of complimentary therapies is great as they have helped me reduce pain medication to a minimum level, and i use Herbal , Vitamins ,Osteopathy,Acupuncture and Remedial Massage to manage my complex pain condition . I believe we should be using the very best of allopathic and complimentary medicine and Doctors need to be able to offer the best level of service or medical care , even more so for complex & chronic pain conditions as myself. Without this approach I would not have survived as long as I have . Please consider what you are doing very carefully , as a uniformed or hasty decisions with unsupported facts, will lead to more pain and suffering . Besides isn't it my Human Right to choose what I think is best for me , whether that be allopathic or alternate practices and therapies, to best manage my condition , that the medical profession struggles to understand.

Again I ask that you please consider very carefully what you are doing in this critical area of care !

Thanks for listening .

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:27:31 AM

To the Medical Board of Australia,

I support Option 1.

I support no change to current guidelines as I attend a medical centre that takes a holistic approach to my health care needs and I wish to be able to have this choice of medical care as it is important to me and my family. I wish to be able to access this advice in a safe medical environment which values patient care and total wellbeing.

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 10 May 2019 12:49:27 PM

To the Medical Board of Australia,

I support Option 1.

I am a retired medical doctor with 50 years of experience. The science behind "scientific medicine" is not medical science but the science of optimizing the profit for the drug companies. So effective treatments are neither taught at universities nor are they commonly known by medical parrots practicing as "medical doctors". Just two examples might be quoted: It is proven beyond doubt that so called chemotherapy for solid tumours is totally useless and properly conducted studies show that the patients only gain hours in survival. In a fairly recent court case in Germany it was demonstrated that a measles "Virus" was never proven to exist. All published studies were invalid as control experiments were missing. Not even the manufacturer of the alleged measles vaccine could demonstrate that they were indeed using a scientifically proven virus. Despite these facts the "Medical Board of Australia" is trying to enforce this dangerous and useless procedure onto helpless children when it is known for a long time that a child under the age of 1 year is unable to produce antibodies. Death by measles is only reported in vaccinated children. A protection against any disease by vaccination has never been proven by placebo controlled double blind studies and is therefore considered unproven and - at best - wishful thinking. Since mass vaccinations with MMR vaccine autism did skyrocket. Just those two examples prove beyond doubt that the current medical system of drug company medicine (so called mainstream medicine) is a severe danger to the general health of Australians. The MBA has no rights whatsoever to force Australians to only use their dangerous treatments and deny them effective and beneficial ways of regaining their health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 7 May 2019 1:53:26 PM

To the Medical Board of Australia,

I support Option 1.

My health is very important to me & any extra natural or complimentary health solutions that I can do, I will. Having Doctors guidance & expertise in this area helps the overall outcome. Western medicine can be complimented by people doing a bit extra for themselves & there are so many natural alternatives that Doctors can offer. I want the choice to access all suggestions that my Doctor can give me.

Our family has used natural therapies many times over the years saving our health, and the government money on the sickness industry.

Naturally living, using ancient old remedies and western medicine when necessary just makes sense.

It is our choice, let us make those choices.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 4:27:52 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine has helped me resolve high blood pressure, sluggish digestion, interrupted sleep, anxiety and menopause symptoms in a natural holistic way. Without access to these alternatives, my only option would have been prescription drugs with associated side effects. I believe that a patient should have access all possible options as part of their treatment plan.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 4:06:44 PM

To the Medical Board of Australia,

I support Option 1.

Patients require integrative medicine as pharmaceutical interventions do not provide the perfect answer.

There currently is no cure for every known disease, pharmaceutical medicines incur side effects, and do not provide 100% efficacy, for every patient, for every drug. Therefore pharma medications form only part of the solution.

Whilst we continue to learn more about the pathophysiology of diseases and the mechanics & biochemistry of the body, alternative botanicals, medicines and approaches, form another vital piece for patients who are struggling with illness, and striving to heal. It should be a patients choice to select a variety of treatments if they offer a therapeutic effect. I personally have found this with Accupuncture to reduce fibromyalgia pain and homeopathics.

No pharmaceutical clinical study is perfect, they are effectively a business model to sell a product and meet TGA guidelines for efficacy & safety.

Larger companies can fund more research, and more easily cover the costs to register a medicine with the TGA.

The TGA also charges a fee for this service.

Journals also charge fees to pharma companies to print their studies.

It is clearly a business, before anything else.

The system is, to an extent skewed toward larger, more profitable pharma companies.

A smaller company may have an excellent drug, but if it cannot afford the steps it takes to register with the TGA, then patients will be denied access, based on the lack of a small pharma company being able to cover the costs of registration, rather than the effectiveness of the drug.

I believe pharma medicines have their place, but so does integrative medicine and treatments.

The fact that chronically ill patients travel overseas and receive better treatment in the US Or Europe, is a sad day for Australians. I myself regularly consider if I would receive better treatment overseas, as I am finding the standard family GP lacking in knowledge of more complicated illnesses.

With many scientific conference streamed live or loaded to YouTube, everyone can access the latest scientific research, and as someone who studied biochemistry, I have found the standard family GP to be lacking, when it comes to understanding my illnesses. I feel like I educate more during my appointment, than them educating me (and I pay for the privilege!). The best informed doctors I've ever been to, have been the integrative doctors.

I've worked many years in the medical device industry and the pharmaceutical industry and I know that a large proportion of GP's

further education is sponsored by pharma companies promoting their drugs. I think this creates doctors who know a lot about certain medications, but the onus is left to the doctors to explore further education in chronic illnesses on their own behalf, and currently that mostly falls to integrative doctors who strive to help patients, beyond a standard 10 minute appointment. I have also been "encouraged" by a family GP to seek out an integrative doctor to look after my more complicated symptoms, and therefore leave the "basic" treatments to themselves. If that comment doesn't promote a lack of confidence in our current medical system, then I'm not sure what does. Sadly it's more complicated symptoms that debilitate my life and I have very little need for the "basic stuff"!

Rather than restricting GP's further, you should be encouraging all doctors to learn more and expand their knowledge. Any additional restrictive measure only strangles our system further, rather than encouraging true education, curiosity and problem solving when it comes to treating chronic illness, and frankly chronic illnesses are on a steady rise.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature area.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 6:16:38 PM

To the Medical Board of Australia,

I support Option 1.

As an emerging medical practitioner, I am sincerely concerned about the MBA's proposed restrictions for doctors offering integrative and complementary medicine. Whilst I applaud the move for tighter regulation of complementary practitioners (i.e. acupuncturists, herbalists, naturopaths, etc), I am concerned that the restriction of suitably qualified health practitioners to offer minerals, vitamins and emerging therapies infringes on the rights of patients to choose the practitioner and therapy that best suits them, according to their background, beliefs, culture and inclinations. Many people consult practitioners other than medical ones, about their health. This is because in the medical model, there is often not the time or space to thoroughly investigate complaints that do not have an obvious cause, which we are trained to identify. These situations may require a little more persistence, research and an open dialogue with the person to uncover causes and seek the most appropriate treatment, modality, etc. Whilst it is easy for medicine to dismiss complaints that do not fall within its obvious traditional remit, through the person presenting for care, an opportunity may otherwise be missed to provide an intervention to help the person where they are on their healthcare journey. We could potentially even learn something more about health - about the intersect between lifestyle and wellbeing, the subtle emergence of ill-health conditions, before they become frankly recognisable, about illness. There are an emerging number of medical practitioners who approach their patients in this way, and as a health service user, I prefer this to the detached, cold, intellectually driven approach where research matters and people's feelings do not. Purely for the rights of people to choose their treatment, I support the current model whereby medical practitioners can work with naturopaths and other complementary service providers for a more holistic approach to healthcare.

I have personally benefited from a general practitioner who has prescribed minerals and vitamins in an integrative approach - I have been specific in choosing someone who can bridge both the traditional medical and the complementary disciplines.

I am concerned that the conservative and traditional viewpoint of medicine does not allow for innovation and therapies that may be supportive for people, without the support of a robust evidence base. Of course, I value the existence of rigorous testing, especially in terms of safety and efficacy, however some things cannot be measured, at least not quantitatively. Qualitative research is less robust in the research hierarchy, however it is through the words and stories of others that we can learn much about people, their approach to health, their interactions with medicine - historical and current, as well as therapies that may be worthwhile, but which are under-researched and/or under-rated. As a community, medical practitioners and researchers ought to be open to the possibility that medical science does not explain everything, not as indictment on our abilities, but because there is so much to be learnt and understood. We do not know

it all. We are foolish if we believe that we do. Should the MBA continue down the path of stringent restriction of complementary and integrative approaches to health, medical practitioners seeking to serve their community will find an increasing number of disillusioned and hostile patients whose more holistic views are not recognised nor supported by the profession.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature area.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 6:38:13 AM

To the Medical Board of Australia,

I support Option 1.

It's the patient's right to choose which medicine they would like to use. Complementary and integrative medicine has helped my family.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 8:04:31 PM

To the Medical Board of Australia,

I support Option 1.

Please don't take away my rights to chose what works for ME I am a user of homeopathy and integrated medicine because it deals with finding the cause of what's going on and fixing it not just make the symptoms go away with a band aid effect that's currently being pushed by the drug companies I personally have overcome many issues with Naturopathic and integrated medicine Please don't take my rights away to choose what works so well for My Body ..

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 1:02:30 PM

To the Medical Board of Australia,

I support Option 1.

I have been using alternative medicine for many years now, chiropractic for my slight spine curvature, naturopathy for my PCOS and occasionally Chinese medicine etc. without these things I believe I would be in pain and unable to get my PCOS under control with normal medicine. Normal medicine tells me nothing can be done for either thing, but alternative has proven that wrong time and time again. If the MBA imposed restrictions on these things many people just like me will be stuck on harsh medications and pain killers for things that can be solved simply by alternative means. Doing this would put much more pressure on the already strained health system and would be irresponsible.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:20 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I am a firm believer in the benefits of alternative therapies, based on my own experience. I have had acupuncture and naturopathy for over 20 years working where conventional medicine could only offer me medication with side effects or treatments that were not effective only on there own.

Recently I have experienced kinesiology and naturopathic treatments from MTHFR Australia that were tailored to my needs. I have a family member managing Multiple Sclerosis, where conventional treatments were expensive with heavy side effects. She chose to see a functional medicine practitioner and got the best of both worlds with the personalised advice for her own body as well as seeing a neurosurgeon.

Western medicine is valuable and important. Alternative therapies are equally valuable and important. Having functional medicine practitioners is an holistic approach to personalised health care plans for the ultimate benefit of the patient. Surely, this should be the focus of a government interested in preventative medicine rather than dealing with a one size fits all treatment model. Obviously suitable standards, training and registration need to apply for all.

Please rethink such a crucial health care step, and help move Australia into the 21st Century, by giving patients the options and autonomy to make their own decisions.

As a registered Counsellor and Reiki practitioner I also recommend that they also be included on the Medicare rebate system, alongside psychologists / social workers and naturopaths / acupuncturists.

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 19 May 2019 10:33:09 AM

To the Medical Board of Australia,

I support Option 1.

I support no change to current guidelines of integrative and complementary medicine. I have crohns disease and have had a total colectomy. Without my integrative dr and naturopath I would not be alive today. My daughter would be motherless and my two boys wouldn't have been born. My family has a high proportion of autoimmune disease and we use natural medicines to keep ourselves healthy. Please don't take this away from us.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 12:34:10 PM

To the Medical Board of Australia,

I support Option 1.

I write this submission to express my serious concerns regarding MBA proposal to restrict GP usage of complementary medicines.

Firstly as a graduate of [REDACTED] University with post grad qualifications I am aware that any expert panel advising government policy should obviously include an expert in the field. [REDACTED] University use to define an expert in the field as someone with formal training in their discipline, and at least five years full time experience working in their field. Can you advise me if the MBA has for example, a trained experienced Naturopath, Homoeopath, Chiropractor, or Chinese Medicine practitioner on the MBA panel advising Government. Nelson Mandela reminds us all that, "if a process is not inclusive, then it is exclusive. Therefore, if a process is exclusive, it is always divisive".

During the period 1985-2002, I completed and published 2 major works on the treatment of Ischaemic occlusive vascular disease, and Autoimmune disease. I initiated 86 meetings over a 4-5 year period with many Hospitals Universities and research centres of excellence including [REDACTED]. No one was interested in my work. [REDACTED] at the [REDACTED] [REDACTED] kindly passed on to me a saying of Shoepenhauer that may assist the MBA in their decision making. "All new ideas go through 3 stages. Firstly, they are ridiculed. Secondly, they are opposed, and thirdly they are regarded as self- evident.

If the MBA filters research evidence and cannot find evidence to support the clinical advantages of applying many complementary therapies, this would not be a surprise when they have no "experts in the field " ([REDACTED] University).

Lastly: passing legislation to remove the right and make it illegal for Government, and Non Government health insurers to provide any form of health cover insurance to those who wish to make use of it, does appear as a considered commercial strategy to disadvantage consumers, insurers, and qualified experienced practitioners: (trained in their field with 5 years or more full time experience. ([REDACTED] University.

This proposed MBA process risks the most important and essential element in medical research. This is the element of scientific curiosity. After much experience in complementary medicine and then research I am not seeing objective scientific inquiry, rather, I am seeing subjective lobbying from a territorial political position.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 7:02:22 PM

To the Medical Board of Australia,

I support Option 1.

As adults, I believe we should have the right to choose our method of treatment for ailments or our method of preventative medicine. Western allopathic medicine is relatively new and fraught with problems- one being capture by pharmaceutical companies who tend to sponsor their own research. The side effects and adverse long term effects of many drugs administered do not appeal to me. I have seen truly awful drug reactions in friends and know the stats of iatrogenic illness and death. I have used many forms of complimentary medicine to promote my health and to help me when I have a health glitch. All my friends rely primarily on complimentary medicine for the above reasons. Integrative doctors are a specialty with more knowledge of wellness than the average doctor. This, and the use of complimentary medicine should surely be supported by the government as it reduces the burden on the already stretched public health care system. I have personally found Bowen therapy extremely helpful, as well as homeopathy, Chinese medicine, osteopathy, kinesiology and many others. I stress homeopathy, as it has helped members of my family as well as friends, yet, although it is quite an old practice, used by her Majesty the Queen, the Australian government does not understand or support it. I believe our health care system is a system based on disease, rather than one which aims to prevent disease. In contrast, many complimentary modalities e.g. feldenkrais, Alexander technique, pilates, yoga assist people in staying well, and therefore save the government money, as well as saving people pain and suffering. If the MBA imposes restrictions on integrative medicine practitioners, I would be forced to use more complimentary services and would assume that this restriction is caused either by ignorance or by an alliance with the pharmaceutical industries, as it would otherwise seem senseless.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 12:32:05 AM

To the Medical Board of Australia,

I support Option 1.

We need health care, not prescription medication care. Freedom of choice for patients is key to ensuring that the Australian healthcare system doesn't become a walled garden for Big Pharma to own.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 10 May 2019 1:31:02 PM

To the Medical Board of Australia,

I support Option 1.

I have chosen to see an integrative dr and bring my 3 month old for a visit also as I feel I do not get the same level of care from regular GP's. I count on my integrative Dr to be able to recommend vitamins, minerals, herbal supplements, natural therapies, diagnostic testing and other services which play a pivotal role in my health and that of my sons. I think the possibility of this service no longer being available it is ridiculous!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 9:44:59 PM

To the Medical Board of Australia,

I support Option 1.

Complementary medicine has helped me and my family in more ways than i can count. When no one conventially would help me with my fertility issues chinese medicine as suggested by my doctor helped me get the child i have today.

My osteopathic treatment keeps my neck and shoulder moving allowing me to continue working.

Supplements suggested to me by my gastroenteologist as an out there but researched treatment means i dont have to take antidepressants for the rest of my life for a vomiting disorder.

If my drs cant tell me about these extra treatments that could supplement my treatment then you are hindering the drs ability to work, putting peoples lives at risk and for what? So we can be more of a controlled nanny nation. People should be able to choose what help they want for their health. Not to mention there is plenty of scientific research to show that some of these complementary medicines are more effective than western medicines and the benefit of less side effects.

Stop being such a controlling bunch of people

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 27 May 2019 4:48:33 PM

To the Medical Board of Australia,

I support Option 1.

I have two autoimmune diseases and use chiropractic, homeopathy, massage and acupuncture. I have low tolerance to many drugs and some side effects have been horrendous.

Complementary therapies are a life saver for me.

I pay for these therapies so not costing the gov. anything. I have private health insurance so not taking up public hospital beds etc.
My choice !

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:27:03 AM

To the Medical Board of Australia,

I support Option 1.

Everyone should have the choice of what form of health care they can access
Natural medicines and all forms of holistic healing have been around
for centuries and we should have the choice to use them not forced
into using some other form of health care

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 11:08 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We should be moving forward and combining both fields of expertise.
It's not a competition - both General Medical practice and Integrative/complementary medics have their place and can be used to compliment each other.

I think it's a fantastic thing to be able to go to a GP and get advice on vitamins, alternative therapy referrals, or anything else that my GP has done research into and deems valuable to me. As a matter of fact, I chose the GP I am seeing because he has a vast knowledge of what's healthy for his clients.

On a personal level, we have experienced excellent healthcare from both GP's and integrative/complementary medicine over the years.
Mostly from alternative therapies. We have 5 children who reach for an alternative approach, rather than overloading the General Medical Practice system.

Who exactly is funding and governing this new reform anyway? If the answer has anything to do with pharmaceutical companies, then those that are currently in power need to put health before greed. I have never heard of anyone's health being compromised due to an antibiotic or steroid deficiency. (Think about this point carefully!!)

What would it take to leave it up to the individual GP to know what is best for their patients? And what would it take to live in a true democracy, where the people choose, not the government?

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 10:57 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We should be moving forward and combining both fields of expertise.
It's not a competition - both General Medical practice and Integrative/complementary medics have their place and can be used to compliment each other.

I think it's a fantastic thing to be able to go to a GP and get advice on vitamins, alternative therapy referrals, or anything else that my GP has done research into and deems valuable to me. As a matter of fact, I chose the GP I am seeing because he has a vast knowledge of what's healthy for his clients.

On a personal level, we have experienced excellent healthcare from both GP's and integrative/complementary medicine over the years.
Mostly from alternative therapies. We have 5 children who reach for an alternative approach, rather than overloading the General Medical Practice system.

Who exactly is funding and governing this new reform anyway? If the answer has anything to do with pharmaceutical companies, then those that are currently in power need to put health before greed. I have never heard of anyone's health being compromised due to an antibiotic or steroid deficiency. (Think about this point carefully!!)

What would it take to leave it up to the individual GP to know what is best for their patients? And what would it take to live in a true democracy, where the people choose, not the government?

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I currently suffer from a number of conditions which I manage with the help of an integrative physician, an osteopath, and a nutritionist/naturopath.

There is no cure for my conditions, one of which I will ultimately die from.

Conventional medicine offers drugs which cause me many negative side effects.

By adjusting various vitamins and nutrients via a regular monitoring of blood tests, I have been able to stabilise my conditions quite successfully and extend my life expectancy.

If this option is taken from me, or severely restricted, I expect that my quality of life, and my health, would very quickly deteriorate to a point of being unable to function.

I prefer freedom of choice. Thank you.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 8:45:24 AM

To the Medical Board of Australia,

I support Option 1.

I am writing to express my opinion and plead that there be no changes to integrative Drs and the care they provide. I have been under the guidance of my local GP/ Integrative Dr for a few years now and he has changed my life in such a positive way along with my husband and children.

If this was to change, my health and the health of my family would suffer. It really has been a refreshing change to gain so much knowledge from my Dr. Less medication, some supplements and eating more fruit & vegetables and wholefoods has made for a much healthier family. Please, please, please do not change anything.

Life is tough with an autoimmune disease that no one can see. My Dr understands and treated me differently to all other Drs I have seen and now I am in much better health. I referred many friends to my amazing Dr.

If you require further information, please feel free to contact me.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 6:56:54 PM

To the Medical Board of Australia,

I support Option 1.

I have used alternative or complimentary therapies in conjunction with GP and specialist consultations for many years and found them to be enormously beneficial. My chiropractor, naturopath and remedial massage therapists are registered and accredited; they have trained for many years, and have many years of experience also. At no time has one therapist ever suggested to not consult the other, in my experience the medical and complimentary therapists have worked together, and it has been very successful.

I strongly believe that to force legislation such that the medical options are our only choices, and limiting the ability of us, the people whom you, the Govt, are supposed to represent, to have a choice is a backward and narrow minded step. As I understand it, if your proposed legislation becomes law, my GP will no longer legally be able to recommend or work together with my chiropractor or my naturopath. Currently my GP is very encouraging of my using these complimentary therapies, and is happy to advise me in accordance with pursuing that strategy with regard to wellness. Likewise, my naturopath and Chiro often will ask me to consult a GP or specialist where they consider it appropriate. Your proposed legislation will result in the breakdown of that relationship, to the detriment of my health and well-being, and also mean that other patients will miss out on recommendations for helpful and beneficial support via appropriate use of the medical and complimentary working together. How is this a step forwards for our society? How does your policy benefit me, the voter, or anyone else. All you are doing is limiting choice. If you are worried genuinely about complimentary medicine, then legislate for better regulation, legislate and promote the 2 professions to work together; don't push them apart and drive one underground; that will benefit nobody. If, on the other hand, the pharmaceutical industry takes precedence in influencing your policy push towards only medical, then my words are wasted as you are not interested in listening to us, the electorate, you are only listening to the party that has the greatest \$ influence. I sincerely hope the latter is not the case, but the cynic in me disagrees.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 1:48:58 PM

To the Medical Board of Australia,

I support Option 1.

We need Integrative Doctors. They look beyond the presenting symptoms, order more in-depth testing to find the root cause and I wouldn't be here today if it wasn't for the Integrative doctor that I owe my life to.

Integrative doctors are imperative for chronic illness sufferers. My medical expenses would have been so much more so an added burden to the medical system. Unfortunately the costs almost crippled us financially so if anything, Integrative GPs need more recognition, more support, and more support is needed for the patients using Integrative GPs. Integrative GPs reduce the burden on the medical system, Integrative GPs offer greater quality of life for patients, and I am living proof of that.

Therefore please reconsider any changes to the current system by not making any changes to the health system and the way Integrative GPs operate. If anything more support to Integrative GPs and their patients is needed.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:43 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support the freedom to choose treatments. Doctors need to be aloud to support patients with informed advice or these treatments will go underground

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 5:12:23 PM

To the Medical Board of Australia,

I support Option 1.

The MBA is destroying our freedom

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:20 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Whilst I have huge respect for modern western emergency medicine I am appalled at this arrogant move to shut down anything but conventional allopathic medicine which is mostly about writing prescriptions for symptoms rather than getting to the root cause of problems and addressing it with whatever works - be it nutrition, supplements, homeopathy etc. Do not go down this path like the USA. We should be free to choose our own path to healing our own bodies. I would never go to a non integrative doctor as they are not trained to look at the patient as a whole and solve their problems but rather process, prescribe or refer I Have had dramatic results from seeing "alternative ' practitioners for chronic conditions.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 7:45:48 PM

To the Medical Board of Australia,

I support Option 1.

Complementary therapies have got our family through five years of illnesses due to reoccurring tonsillitis and ear infections. The gp can only prescribe antibiotics and referrals to surgery. Integrated drs have helped us find a cure and keep it away, boosting our health. Targeting these doctors is backwards thinking and will only make people suffer.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:27:02 PM

To the Medical Board of Australia,

I support Option 1.

Please think very hard before you summarily decide to make it more difficult to practice, study or receive non-conventional healthcare. The future of this nation will be defined by what you choose to do today - we are a nation fast becoming so unhealthy that we risk being unable to turn this around if we are not proactive now. It is obvious that the standard of conventional medical care is not working and is causing harm. We as a nation need to explore every avenue including integrative and complimentary medicine. We are fat and sick. Please help by giving us an alternative to the system that is failing us.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:38 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative medicine has helped me overcome depression, anxiety and autoimmune epilepsy when conventional medicine couldn't.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:57:29 PM

To the Medical Board of Australia,

I support Option 1.

I am writing to support the capacity of our highly trained and intelligent healthcare workforce to make decisions in the best interests of patients. If an emerging or complementary treatment is considered to be the best course of action by a GP or specialist, with the fully informed consent and choice of a patient, then a bureaucratic block should not be placed in their way.

We assume the clinician will be making decisions in the best interest of the patient, other regulations should be in place to ensure this is the case, and clinicians are trained to an excellent level to make the complex decisions required in healthcare, so excessively restrictive regulations should not be placed in the way.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 7:07:35 AM

To the Medical Board of Australia,

I support Option 1.

To Whom It May Concern

I spent many years going to doctor after doctor to get to the bottom of my health issues and was simply told time after time 'go home and rest' or 'take this pill and things will be fine'. None of that CURED the problems. It was only through natural alternative health that I was able to get to the bottom of what was wrong with me (the root cause and treat that) was I able to start the road to complete health . There is a place for main stream medicine but there is also a place for natural health care as well. Taking away my right to choose is plain, downright undemocratic. This is what I vote for the right to CHOOSE. Taking away that right will turn this country into a dictatorship.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:39:33 PM

To the Medical Board of Australia,

I support Option 1.

We will ONLY ever go to a doctor who thinks 'holistically' eastern medicine has been around a lot longer than western and it's had the test of time

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:29 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Having access to complementary medicine is important to my family and I. Every person is individual so I believe there is no single solution on how to treat a patient. I do not subscribe to a total modern medicinal approach or total avoidance either so it is vital that patients are given the best advice possible by their medical practitioners. My family and I use "conventional" medicine as well as what is perceived to be "alternative" medicinal approach with great success and do not want to see an unnecessary change that will further jeopardise our ability to receive both. People and communities see medical practitioners as trusted individuals who only have the best interest of their patients in mind so to tighten regulations undermines that trust and the impartiality that currently exists. I believe there are presently not enough medical practitioners offering integrative and complimentary medicine and would rather see the pendulum swing more toward a fully integrated medical treatment model than the other way. Therefore I am strongly against any change and vote no to changing the current guidelines.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:19 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative medicine via a registered GP has assisted my daughter greatly with her allergies, FPIES, eczema and general digestive health. The improvements we have seen in her with assistance from our Integrative GP have been astounding and our sick, itchy little girl is now happy, comfortable and in excellent health. We never would have experienced this with the advice offered by our usual GP or the host of specialists we see, who do not offer integrative therapies. We place huge value in treating the cause of the problem, not just the symptoms.

If trained and educated professionals are no longer able to offer informed guidance in relation to strategic supplementation and supportive treatments, people will be left to seek advice from less qualified sources, e.g. sales assistants, self-trained individuals or the internet. This is a significant public risk.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 20 April 2019 11:03:45 PM

To the Medical Board of Australia,

I support Option 1.

I wholeheartedly support the right to access integrative and complementary medicine. I have always believed and supported the practice of integrative and alternative medicine and natural therapies, and when I was diagnosed in 2015 with cancer, I used orthodox treatment through my Oncologist and I also mitigated the side effects of this treatment and was able to support my immune system during the treatment process by using natural therapies. I still have an incurable metastasized cancer but I am now 3 years "without" any medical treatment and I only use integrative and natural therapies to help myself. I remain stable and am not a drain on the medical system. This has to be a good thing! Integrative and Complementary medicine is gentle, non invasive and has been used for thousands of years throughout history. Integrative Doctors utilise many new and innovative practices and take the time to consider the whole patient and recommend a variety of ways to proceed with treatment. I believe all modern pharmaceuticals are either made from natural substances or made from compounds of natural substances found in mother nature, so what's the problem. People in a democracy have the right to access all types of healing processes and practitioners all should be working together to treat the patient. A holistic approach to healthcare is the answer. In many Asian countries Doctors have the right to do just that, they use orthodox and non traditional methods when treating their patients and they have the right legally to do this. To restrict my access to integrative medicine will directly affect my ability to fight my disease and at the very least maintain stability with my disease. Why penalize people who are trying to help themselves and who ultimately will not be a drain on the system and clog up our hospitals. It's ludicrous to try to make it more difficult to access an Integrative Doctor who utilizes many and varied treatment modalities for their patients. It's not a one size fits all! With all the knowledge that we have with regard to health, we are going backwards and people are getting sicker and sicker, and these prescriptive policies and decisions that the Government is considering will only make it worse and the drain on the medical system will be epic!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 2:59 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Every Australian deserves the right to choose healthcare that's right for them.

By taking away people's choices you will be driving Australians deeper into illness. People won't see GPs when they are ill, people won't be supported to prevent disease. Why do you want to make Australians sicker than they already are? The current level of care you receive from a non intergative gp I awful!

Don't take away peoples choices.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 10:43:01 PM

To the Medical Board of Australia,

I support Option 1.

I value any medicine that produces results in a fashion that does not produce side affects. Natural and alternative medicine has helped not only myself but my family and many friends. We all should have the freedom to choose how we want to be treated when it comes to our health. Homeopathy continues to impress me by its effectiveness in treating both acute and chronic health issues. Naturopathy, Acupuncture, Massage and Chiropractic medicine has also helped me throughout the years and it should be my right to continue to seek assistance from these health modalities if and when I choose.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 10 May 2019 9:48:07 AM

To the Medical Board of Australia,

I support Option 1.

I have health issues that my normal GP could not help me with, or didn't seem interested in addressing. Going to a integrative person and naturopath has greatly helped my health. We need the freedom of choice. It will wrong to take thisvaway from us. There is a lot of natural plants etc that can help with your health and I feel the synthetic from pharmas are doing more harm than good and is only money driven. I do not have trust in the pharmaceutical companies.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 5:54:40 PM

To the Medical Board of Australia,

I support Option 1.

Health choices should be the individual's choice. Choice is compromised when regulation restricts the capacity for accessible clinicians to operate in particular ways.

What is the evidence-base for change in regulation? If there is no problem, what is the motivation for greater regulation.

While users of integrative and complementary medicine are diverse there is a substantial population who make these health choices based on a significant capacity for self-regulation that does not necessitate external monitoring and authoritarian control.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 4:11:34 PM

To the Medical Board of Australia,

I support Option 1.

In this day and age of people being poisoned, cut, radiated, burned. Doctors who actually care about their patients and don't have a gun to their head by big Pharma like politicians who are bribed and influenced are. "Do No Harm" is their mantra isn't it ? People should definitely have a choice to what they choose for the health care not the current model of the sickness industry which leads to death.

If it wasn't for natural health and natural therapies I would be living on a hand full of toxic medication, just like the elderly do. It's criminal. Health choices is up to the individual not doctors, politicians or big pharma.

I know there are doctors out there who are on the side of health not sickness. They should not be penalised for prescribing supplements, acupuncture, herbs, homeopathy or anything else people think would be of benefit to them

I heard of yet another friend died at the hands of medical intervention like hundreds of others every year, many thousands in the U.S.

People are fed up with living on medication, getting sicker from side effects, or worse surgery with complications and risks.

I'm sure many doctors feel this way too, they want to help people not kill them

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 11:17:01 AM

To the Medical Board of Australia,

I support Option 1.

I believe that I have an individual right to receive or be advised of alternative holistic medicines or treatment to support any medical condition that I have or may have in the future. I do not believe higher authorities should have the power to impose restrictions or penalties upon medical practitioners as it is not democratic - no freedom of choices by the public. I use alternative medicines & treatment for my family & myself which has been successful in many instances eg arurvedic meds, herbal remedies , natural meds, essential oils, Accupuncture, chiropractic, remedial massages & kinesiology . I do use 'conventional medicines' if I feel they are necessary eg I take high blood pressure medication as I have hereditary issues and it is a necessity.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 7 May 2019 8:54:22 AM

To the Medical Board of Australia,

I support Option 1.

Please do not put restrictions on the type of therapies medical doctors may recommend. I am well into my 70th year and have used alternative therapies extensively through my years together with mainstream therapies offered by the wonderfully caring medical doctors.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

My choice should remain, it should not be dictated to me.
That simple.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 1:40:47 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative and complementary medicine as this has been most effective for me and my family.

Integrative and complementary medicine has helped me, my family and friends consistently.

If the MBA imposes restrictions on Integrative practitioners, this will have a massive negative impact on our family and friends. Our health will suffer. Protect patient choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 12:13:17 AM

To the Medical Board of Australia,

I support Option 1.

When it comes to autoimmune conditions a conventional medical doctor cannot help you. They are not up to date with the latest research, nor is the standard 10min consultation long enough to make any assessment as to the cause of the condition. The current treatment with immune suppressants is not evidence based and reckless in my opinion.

Vitamins and herbal remedies cause no harm. People do not die from Herbal supplements or vitamins. They simply do not! Vitamins especially cure many ailments when administered in therapeutic doses and remain safe when used with care. Pharmaceutical drugs have side effects and often the harm caused by them far out ways any benefit.

We supposedly live in a free society. I do not need the medical board to protect me from vitamins. If I do not find that they are of benefit then I will simply stop buying them. Who gives the medical board the right to decide weather I may or may not opt for a slightly less conventional treatment? The so called unconventional treatment is most often based on the latest science and theory. Patients often do not have 20 years for so called "evidence based medicine" to catch up with the latest science.

The uncomfortable truth is that conventional medicine has been corrupted by pharmaceutical corporate money. Scientific fraud is perpetrated daily simply to sell more drugs. This is a fact and one simply has to look at the multi billion dollar fines dished out to the large Pharma Corporations.

As a patient I demand to be able to access the medical care of my choice. My child has an auto immune condition. Conventional medicine offered nothing. They have no answers and yet are most willing to proceed with slash and burn immune suppressant treatments. With the help of our integrative Doctor we are reversing the condition.

Is the problem possibly that there is no profit in healthy people?

As a family we use integrative medicine as the emphasis is on finding the cause of disease, and not simply masking the problem with drugs. This approach not only leads to healing but also avoidance of unwanted side effects. When pharmaceutical drugs are needed we use them. But only if really needed.

If Integrative Doctors are restricted we would still take the supplements etc. It will then sadly be without the knowledgeable guidance of my integrative Doctor.

So I ask that Integrative doctors be allowed to continue treating patients with the high standard of care that they currently do. I do not care if I have to pay more money out of pocket. The improved health outcomes are absolutely worth it.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature area.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 3:50:10 PM

To the Medical Board of Australia,

I support Option 1.

My use of complementary therapies, e.g. Homeopathic, Bowen, acupuncture is of enormous benefit in maintaining a HEALTHY life balance. I also see a marvellous GP. By taking responsibility for maintaining our own health we do not clog the hospital emergency systems with minor complaints. It's all about balance and common sense.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:38 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The same treatment is not effective for everyone. No human being is exactly like another so we can't assume that one medicine will act the same as it did with another and people want the option to choose. If you take away that then people are more likely to avoid it completely.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:29:05 PM

To the Medical Board of Australia,

I support Option 1.

I'm a believer in alternative practices and have had life changing success in the past. If one chooses to use alternative medicine that should be their choice and they should not be deprived of this basic right. There is a need for both but we shouldn't be forced to take a path which may not give us results.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 7:41:15 PM

To the Medical Board of Australia,

I support Option 1.

Please do not change anything, as I could not function at all without finding out exactly what my body needs through my holistic Dr. When I was going to my local GP to be treated for Fibromyalgia, Rheumatoid arthritis, anxiety and depression, I was chronically depressed, in extreme pain, a zombie from the pain killers. If you take my choice to use an alternative method, my overall health will deteriorate and will lose hope in having some kind of normal life.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:12:46 AM

To the Medical Board of Australia,

I support Option 1.

My health choices are my right as an individual and the fact that science hasn't caught up with holistic healthcare principles doesn't make them wrong.. please continue all complimentary medical practices including the reinstatement of services recently removed from medical insurance schedules

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 9:44:55 AM

To the Medical Board of Australia,

I support Option 1.

The restrictions are unethical as they do not allow the consumer to access complimentary medicine in a safe environment by registered practioners.

Many of our current medicines are developed from raw herbs and Nutritional medicine is long past being scientifically proven to be of benefit to all species on this planet.

This draconian move by the MBA only hurts the patient who will be forced to seek their own questionably sourced medicine usually via importation from another country which has not the same regulation on products as our TGA. A backwards move.

As a practitioner of TCM I regularly work with integrative Drs for iv nutrients as well as testing for Nutritional status which I cannot do myself.

I also use these services myself once a year and find that I can maintain a high level of health as I get older.

We need to move forward scientifically and allow registered practitioners to prescribe these treatments and medicines.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 11:40:57 AM

To the Medical Board of Australia,

I support Option 1.

To further restrict integrative healthcare and limit options for patients and their care options is a step backwards and likely to be detrimental to population health. All practitioners have their limitations, and to reduce the options available does not make sense on any level. The benefits of choice and patient led care are well known. Letting people make their own informed choices and be responsible for their healthcare is surely the most sensible option.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:30:54 AM

To the Medical Board of Australia,

I support Option 1.

My husband and I currently use an integrative doctor and believe that their expertise complements tradition medicine and I believe that there needs to be more, not less, choices for our health's future.

These doctors are often the last choice for people who have exhausted all other avenues. Also, these doctors are normally way more expensive, so people only use them after running out of options, but I believe that as a democratic society we need to have freedom of choice for our health care needs.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 22 May 2019 12:59:53 AM

To the Medical Board of Australia,

I support Option 1.

Integrative & Complementary Medicine is a vital component to maintaining human health and it would be an outdated & antiquated system not to allow Medical Practitioners to include this component when treating patients. People are becoming much more educated and aware of their own health issues from various sources and it would seem that Medical Practitioners were 'left behind' on this issue if not able to discuss and treat accordingly. Many friends and family rely on a holistic approach to their healthcare, some having travelled internationally to obtain the appropriate and successful I & C Medicine because it was not available/appropriate in Australia... providing a 'left behind' reputation of this great country. With greater education and awareness, people are going to continually seek out what they consider are the best options for their healthcare whether or not it involves Medical Practitioners, therefore it would be an enormous hinderance to our national Medical Health System if our wonderful Doctors do not have the right to provide new and innovative practices , including complementary medicines....'Complimentary' is the key to an overall 'big picture' when managing our nation's medical health... and people will continually seek alternative help internationally if not available here, which is undervaluing our own Practioners and directing that monetry cost to other nations.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 11:02 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

To whom it may concern,

Members of the public should never be coerced into just using pharmaceutical products as a treatment if the patients doesn't feel they want to.

If a medical doctor has knowledge of alternative medicine such as herbs & supplements, then this should be shared with the patient.

Health comes down to good nutrition at the end of the day & pharmaceuticals will only mask the problem. Patients should have a choice & also have informed consent, so they can decide what's best for them.

When you limit the treatment patient can have, it's reasonable to question the industry trying to take our choice away.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 7:53:12 PM

To the Medical Board of Australia,

I support Option 1.

Everyone should have the right to choose what treatments they use to maintain their health and well-being. Therapies like TCM, homoeopathy, herbal medicine etc has been around for hundreds and in some cases thousands of years. Allopathic medicine has been around for just over 100 years. Pharmaceutical medications treat the symptoms not the cause leading to further 'dis-ease'. Pharmaceutical companies dictate to doctors, universities and government with much self interest - more \$\$ in their coffers. The over prescription of some medicines (eg antibiotics) has led us to where we are today with resistant viruses - yet only doctors can prescribe them. I, like my parents and grandparents before me, use 'alternative' medicine. Any Medical Practitioner who has made a conscious decision to integrate other medicines &/or treatments into the management of 'dis-ease' should be allowed to continue to do so. My experience is that 'alternative' health practitioners take a holistic approach and have a far greater knowledge and understanding of how the body works. People must maintain their right to choose what is best for them. I am sure more people would choose alternative therapies if the costs were 'covered' to the same degree as a visit to a GP and the supplements subsidised like pharmaceutical drugs are through the PBS. We don't have a mainstream 'health' system we have a 'sickness' system, which just manifests more illness - a perfect storm for Big Pharma.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 5:10:28 PM

To the Medical Board of Australia,

I support Option 1.

I believe that doctors who use or know of any natural therapies that can help their patients should be able to do everything in their power to help their bodies to heal. Everyone can make their own choice of health care.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:13:56 PM

To the Medical Board of Australia,

I support Option 1.

As someone who spent some years working in the hospital industry and coming from a family with a medical background, I whole heartedly support complementary and integrative medicine and Doctors who routinely recommend and practice it. Without an integrative Dr, a severe allergic reaction I was experiencing to medicine prescribed by my GP would never have been discovered. To elaborate, I was only 10 days post partum, had already attended the ED for the reaction once and was referred back to my GP to be told 'it's not CSI- we don't have an answer for everything' and that maybe my reaction was psychoseomatic but I should take prednisone (whilst breastfeeding) just in case. Fast forward a week to my appointment with my integrative Dr and her diligence and dedication saw her think through every possible scenario to finally pick up the MIMs and discover what was happening to me- an allergic reaction to medication prescribed for a post partum infection.

And this, to me, is the fundamental difference that integrative doctors offer- a willingness to investigate, discover and treat the cause, not the problem.

The government can not and should not legislate against the basic human freedom of choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:50:03 AM

To the Medical Board of Australia,

I support Option 1.

I am writing to express my concern with the proposed changes to the new guidelines. I believe integrative and non traditional medicines are very important options in many people's treatment options.

In my experience, my doctor suggested I see a chiropractor for my chronic back pain a year ago and provided me with a care plan that allowed me to have my first few sessions bulk billed. This treatment option helped me in so many ways and now I am not in constant pain. If this wasn't suggested to me by my doctor I wouldn't know what treatment to try and may possibly still be in a lot of pain.

I hope you reconsider the proposed changes and consider how many people this will negatively affect.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:29 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please allow me to choose my healthcare options I want My rights to my body and my emotional body to receive the best care available not bits picked out for me by people who have never spent the time and energy to investigate deeply you can't cherry pick your choices and expect it to be enough for every individual individualised treatments with caring practitioners who spend time to understand a person and their needs and not feeding big pharmaceutical pockets that care little more than \$ as the measure of success I understand we have many great health break through a in recent times and that's great I want a surgical doctor when I break a bone and an ER for emergency accidents wouldn't ever be without this quality of care but for many other health issues I will choose what suits me and in this ever more complicated world sometimes the more simple and more natural ways of supporting our amazing body that does much of its own healing if given the chance is what we should be remembering there are many examples of bad medical choices in our medicalised society that shows we don't have all the answers still thank you 🙏

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:32:31 PM

To the Medical Board of Australia,

I support Option 1.

I have used an extensive range of natural therapies including the use of vitamins and herbs to assist me with managing multiple sclerosis (MS), and I have been in clinical remission for 16 years despite not using any of the immunomodulatory disease-modifying drugs whatsoever. I was quite ill at the outset and have come a very long way with only the use of natural medicine and diet modification to not only manage MS, but also remain in remission through periods of extremely highly stressful events in my life.

I believe as a patient I have a right to choose whatever treatment I desire, and I totally support option 1 to leave the guidelines for integrative doctors unchanged.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 5:57 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I fully support my right to choice of an integrated practitioner. As a patient we should be able to access both conventional and alternative practices.

My doctor is an integrated practitioner she knows I want the natural choice first however she will advise me if she feels the conventional way is better.

This doctor pushed for my husband to have tests for his heart thank goodness she did as he has since had a bypass ... this is an example where conventional worked better but since then he has used diet and lifestyle including supplements to regain his health, our doctor regular checks him.

The conventional and integrated complimentary medicine can work together to give the patient greater choice with THEIR HEALTH.

It will be a grave mistake to remove the integrated and complimentary medicine as people like me (and there is many of us) will simply not go to a doctor .

I really hope your board listens to the people and not the vested interests of groups aligned with the pharmaceutical companies.

PEOPLE WANT CHOICE they are fed up with their rights been taken away.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 1 June 2019 9:55:09 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative healthcare because of my personal circumstances and because I think it's an important option for patients to have.

I have been using integrative healthcare for approximately 10 years and it has been crucial to me, in conjunction with the care I have received from my GP and Specialists.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 5:04:18 PM

To the Medical Board of Australia,

I support Option 1.

A naturopath and an integrative medical practitioner were the two people out of numerous medical practitioners I saw over 20 years, who finally gave me accurate diagnoses and effective treatments for chronic digestive issues and ME/CFS.

Their perspective was more holistic which allowed better analysis of my health issues.

Conventional GPs and specialists focused on single components or issues and failed to see the whole picture. They made my conditions worse by prescribing medicines with bad side effects. My GP insisted I eat gluten for a diagnosis of celiac and made me so ill I thought I was dying. Dietiticians were clueless. My naturopath and then integrative doctor understood what was going on and helped with non standard testing and prescription of supplements with NO negative side effects. They saved me from the ignorance, arrogance and short-sightedness of my conventional doctors.

For complex conditions conventional Western medicine is not very good due to the paradigm which compartmentalises and focuses on acute injuries and infections.

The paradigm used by complementary practitioners works well for chronic and complex illnesses.

It's essential the public have access to BOTH conventional and complimentary practitioners. I cannot stress this enough.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:47 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative doctors and complementary or what is now known as "alternative" medicine is what worked for thousands of years. I've personally seen many cases where natural medicine has cured what modern medicine hasn't been able to.

We must be provided with freedom to choose what works best for us. No two bodies are the same.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 7:32 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

To whom it may concern, Intergrative medicine and doctors should be left as a choice for consumers along with standard practitioners.

Individual choice should be the primary consideration and left to the individual consumer.

My experience of both standard and intergrative medicine has been a learning journey. I only see my Intergrative doctor for real medical advice and help, after being let down consistently by standard medicine practice. With the help of Naturapathy, Osteopathy and various other health pathways offered by Intergrative medicine, over the last four years, my health is now better than at any point previously following the Pharmaceutical Medical regime.

Previously, my ability to fund these choices was enabled partially by the Private Health Insurance maintained for this specific purpose, allowing me freedom of choice with health decisions despite the growing unaffordability with higher pricing and less being covered.

Stripping the coverage now makes it neither affordable, nor worthwhile to maintain. I personally will be continuing to use Intergrative Medicine and all Natural Therapy alternatives as they have saved my life, and probably discontinuing private health insurance to make it easier to maintain my health freedom.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 8:23 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support integrative and complementary medicine because over the years I have found that the mainstream medicine that is being pushed has wreaked havoc on my health and I've found that oftentimes, mainstream medicine only addresses the symptoms and masks what is really happening under the surface.

Since turning to integrative and other complementary services for my health, I have found myself on the right track for what is right for me. Integrative & complementary medicine have looked deeper into many issues for me & have been successful in the treatment and overall management of my health and well-being not only on the surface but on a deeper level and it has given me a much better and more clear understanding of what is right for me.

I feel that it's of high importance for integrative and complementary medicines to be supported and with the ability to work hand in hand with mainstream medicine. It's vital for my health and well-being.

I believe that we as a people deserve individualised medical care and not a one size fits all model and the freedom to choose what medical care is of benefit to us is our right.

If restrictions are imposed on integrative and complementary medicine I will more than likely have to opt out of private health cover to be able to get the treatment that is right for me.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 12:20:54 PM

To the Medical Board of Australia,

I support Option 1.

[REDACTED]
In years gone by I only used traditional medicine but 10 years ago when I became extremely unwell with numerous autoimmune diseases, I included natural medicines and found a huge improvement. The last 5 years I have been using about 90% of natural medicine/therapies and I am in remission and doing extremely well. I think there is a place. For both types of practice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:26:55 AM

To the Medical Board of Australia,

I support Option 1.

Me and my family have used complimentary medicine and natural herbs and supplements all our lives. We have experienced many recoveries to health using the integrative health model as it is right now.

As a family we rarely get sick using complimentary medicine as a daily support for better health and wellbeing in our lives.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 7:31:03 PM

To the Medical Board of Australia,

I support Option 1.

On behalf of my entire family, I make the following submission;
We are essentially a 'free' country. To impose restrictions on healthcare choices would negate our claim of being a 'free' country. Healthcare choices are a basic fundamental human right. To impede our choices is a loss for the consumer and a clear win for the established 'conventional medicine' corporations waiting in line to profit in a market without competition and without checks and balances. Do not assume that the healthcare consumers of this country are unable to make careful, calculated choices for their OWN healthcare. Instead of restricting and tightly regulating these choices, why not show the world the way forward?

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 7:21 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I strongly object to the MBA's proposed restrictions to the integrative healthcare guidelines. I am an educated adult who is more than capable of making my own decisions, along with the careful advice of my fully qualified integrative GP, in relation to my own healthcare. If I choose to utilise or not utilise integrative healthcare, that is my constitutional right and my choice.

My current healthcare plan is a mixture of both conventional medicine and integrative, and as a result I enjoy health, as the two compliment each other. I would not be this healthy with just conventional medicine alone. My integrative GP has saved my life in more ways than one.

We have all seen in recent times how emerging studies and discoveries are proving the importance of diet and lifestyle choices in relation to health - this is the anchor point for many integrative medicines.

It is my integrative GP who has the time to sit with me and explain all these things, to get to the root of my health problems and put together a proposal that works. He helps out my physical health, but also my mental health.

My conventional medicine GP only has time in his conventional 10 minute appointment to slap on a bandaid - usually some synthetic based drug with unwanted side effects - something to mask my symptoms, and then send me out the door. It's not his fault. It's due to the MBA and it's current conventional medicine guidelines.

To suggest that the MBA, knowing nothing of my personal health issues, is in a better position to help me decide what I need, rather than my own integrative GP, is extremely arrogant and ignorant.

If the MBA persists and is successful in imposing restrictions on integrative healthcare, it will not change my approach in the slightest. I will simply go underground, sourcing what I need from, most likely, less regulated suppliers. I suspect I will be joined by hundreds of thousands of fellow Australians. What a mess that may turn out to be.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 12:35:51 PM

To the Medical Board of Australia,

I support Option 1.

Never ever use drugs, only natural medicines since like to stay healthy and want no side effects. 77 years old soon and still as healthy as can be and like to stay that way, so no drugs for me 1

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 10:38:14 PM

To the Medical Board of Australia,

I support Option 1.

In my personal health experience over the last 10 years, I have found complimentary therapies imperative in keeping my health at a certain level. After following the traditional western medical model and finding no solutions, I tried alternatives. Without the supplements, treatments and dietary advice, my pain and other symptoms would have been so much worse. I am now in a good place with almost no symptoms and although it has been a long road, I wouldn't be where I am today without them. I urge you to consider the people who can't be helped by pharmaceuticals or surgery and how they may benefit from complementary therapies.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:38 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

After years of seeing traditional doctors I was suggested to visit an integrative doctor. I haven't felt this good in 40 years.

Please don't take away the option of people who think outside of the square - someone who cares and will think that maybe menopause is not the answer

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:49:03 AM

To the Medical Board of Australia,

I support Option 1.

No Change option 1 of course. We have the right to choose optional ?
care/practitioners. It is a preference to choose natural remedies
rather than prescribed, freedom of choice is not a FRINGE.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:34 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I suffer from depression and anxiety as a result of PTSD. I tried several antidepressants over several years but the only thing that helped me long term was the nutritional therapy organised by an integrative GP. If the MBA imposes restrictions to access integrative GPs, I won't be able to afford seeing one. The one I see was the only doctor able to help me. It took years of seeing various doctors to find one that could diagnose properly what was wrong (the physical impact of the chronic long term stress) . It costs alot to stay on this path of healing. Please don't make it any harder than it already is. Integrative medicine is truly the only way forward. Their approach makes so much sense as opposed to the bandaid solution of most GPs to just hand out scripts for anti depressants.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 7:30:18 PM

To the Medical Board of Australia,

I support Option 1.

About ten years ago, i started feeling unrelenting pain. I bounced around GPs and specialists for two years.

I underwent every test imaginable, labs, imaging, biopsies.

Everything was always perfect. I was always told that i was fine. But i wasnt. I had depression and my quality of life was seriously impaired due to the pain. Eventually every single doctor i ever went to ended up prescribing tramadol and suggested the only way to treat my pain was to take it for the rest of my life. Out of desperation i started seeking complementary therapies. After just one appointment with a registered TCM practitioner my pain disappeared. Which leads me to two questions:

Firstly, There is an opioid epidemic, there are more deaths due painkiller overdoses than any other iatrogenic cause. If complementary therapies can prevent even one of those deaths, is that not enough? That is without taking into account the link between chronic pain and chronic painkiller consumption as a gateway drug for other stronger opioids, when the painkillers no longer work.

Secondly, no gp, specialist, nurse, i ever consulted, suggested i see a complementary therapies practitioner. How many years of heartache, loss of income, loss of social life and severe anxiety would i have been spared if one of those professionals suggested i go and see a TCM practitioner? Integrative Doctors are an incredible asset to the medical community and a lifeline to the millions of people stuck in the limbo of western medicine's limited diagnoses.

Furthermore I would like to add that integrative medical doctors are doctors. They have undergone the same training as those sitting on this board and have taken the same oath. Therefore, if qualified practitioners see it fit to integrate therapies to increase their patients quality of life, they should be encouraged, not dismissed and silenced.

Science is about discovery and trials.

Medical science and research is not exempt from these basic tenets and still has a long way to go to fully and completely understanding the human body. Dismissing alternative therapies right now is not only irresponsible, is dogmatic and unscientific.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 9:21:55 PM

To the Medical Board of Australia,

I support Option 1.

I have found Integrative & Complementary medicine to be extremely beneficial to my own immune health. Even though I have a compromised immune system, I was the last person at my workplace to get sick when a viral infection went through & the first to throw it off quickly. It will make my life difficult & make it impossible to hold down a job if the MBA imposes restrictions on integrative practitioners.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 13 June 2019 10:14:19 PM

To the Medical Board of Australia,

I support Option 1.

Don't punish Doctors that care & offer what will actually help.
Complimentary medicine is wisdom & you doctors took an oath to do good
& help people.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 10:27:24 AM

To the Medical Board of Australia,

I support Option 1.

I support the practice of integrative medicine as it embraces health and prevention of disease - therefor actually saving the public health system money. I do not believe it should be regulated the same way as fringe practices such as "energetic healing". Doing so just highlights ignorance.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 11:31:29 PM

To the Medical Board of Australia,

I support Option 1.

In 2005 half of my thyroid was removed due to a goitre and nodules. My health continued to decline. I was placed on the standard treatment. I lost physical and mental vibrancy. I was tired, my occupation as a primary school teacher became more and more difficult to engage with. Fatigue, increased cognitive dullness impaired my professional role and my social life shriveled as my capacity to function continued to decline. My doctor was puzzled as my symptoms became more complex. After 11 years trapped in that situation I learned there was a doctor offering an alternate treatment. I didn't know much about Integrative medicine, though heard positive reports from other thyroid patients. Within a week of taking a new compounded medication from my new doctor, my energy had increased, my memory and cognitive processing had improved, I experienced a vibrancy that had been missing for over a decade. Work colleagues began remarking on the change in me. Integrative doctors are primarily doctors, with the standard education all doctors in Australia receive. On top of that they engage in further study to engage with further medical training based on advancements in medicine and health care. Their training is wider and more comprehensive than a standard GP. In my personal health journey, I have experienced greater support and return to health from Integrative doctors than standard doctors. I request there are no changes to the regulations concerning the practice of integrative medicine in Australia, as it is supporting those of us with complex and chronic medical conditions to regain our health and quality of life.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 3:17:18 PM

To the Medical Board of Australia,

I support Option 1.

My health began to decline some years ago under the care of my GP. She didn't seem to know what to do. She began suggesting I take an antidepressant. I couldn't see how that was a solution, though eventually gave it a try. My health continued to decline, I had less motivation to seek answers. I changed doctors. Finally finding an integrative doctor who guided me to change my diet, and reduce inflammation. I do have a chronic illness that developed during the years it was not addressed, however areas of my health have improved due to the work of the integrative doctor and I will always be grateful.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe it should be a patients choice to seek the treatment that best suits them. Most pharmaceutical drugs have side effects and sometimes a more natural approach is more appropriate. I have autoimmune issues and react to a lot of medication. I prefer to look at diet and supplements as an alternative and gentler treatment

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 11:56:15 AM

To the Medical Board of Australia,

I support Option 1.

Everyone should have freedom of choice when it comes to healthcare!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:38:02 AM

To the Medical Board of Australia,

I support Option 1.

Complimentary and integrative medicine are very effective and beneficial for treating illness.

I, along with my family have been using Complementary medicine over the years with great results. I find it keeps me healthy and well and treats my problem without horrible side effects.

It is essential that it is supported and continued to be available to everyone indefinitely.

Sincerely,

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:37:18 AM

To the Medical Board of Australia,

I support Option 1.

Steroids build up on your pancreas and can leave to diabetes. I have been on and off steroids my whole life and I wish I had, not only been give another options, but been able to discuss these options with a trusted doctor

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:16:14 AM

To the Medical Board of Australia,

I support Option 1.

We need to keep integrative/complementary medicine as it is...actually it should be the mainstream medical choice for everyone. Functional medicine, as evidenced especially overseas, is the future...you will not be able to stop the change as this is what more and more people want. 10 min appointments at a GP and a script does not cut it anymore. It's an unacceptable/outdated model of healthcare. Critical care in hospitals is great and needed. But general healthcare/lifestyle choices/diet etc needs a more personalized service and that's why functional medicine is the only way forward. Please get with the times and move forward with what people actually want and need.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:05:04 PM

To the Medical Board of Australia,

I support Option 1.

I am very passionate that these changes are not implemented. There must be room for all avenues to help people with illnesses, and restrictions to the current legislation would be detrimental to many people. Doctors must have the ability to use any and all areas when helping their patients.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 23 June 2019 9:43:47 AM

To the Medical Board of Australia,

I support Option 1.

As someone who uses Chiropractic and other means of looking after my body and health I would have to say 'hands off'. As someone who at age 62 who has had numerous problems with so called approved medications and vaccinations when I was diagnosed with an hereditary auto immune condition a couple of years ago (after many, many GP's had missed it since I was a tiny tot in the 1950's) sought alternate medication that my body would not only tolerate but allow me to return to the life I should have been living.

This I found with taking Natural Desiccated Thyroid (medication that was used up until or just after the 1960's which has now been superseded by man made medication that is not natural and has numerous side affects that I just could not even contemplate using it).

As someone who's mother was told that I could never travel overseas (because I had reacted to a vaccination when I was a tiny dot) I have shied away from medications unless really needed.

When I was put on ventolin in Sydney, I reacted to it and then had to source an old medication - Theophilin (sp?) which worked for me.

Finally locating a gp who would not only listen to me but also what my body was saying was a break through for me and even though he has moved away from the practice where he was I still travel to see him because the replacements are not up to my exacting standards. They do not compare to my gp and instead of listening to me and my funny body they have decided that they will just prescribe more man made medications for other things that have shown up and tell me that they have never seen any one change what their body is doing through diet and non chemist made medications.

My gp I see now (and I travel to see and would travel interstate to see if I had to) listens to me and accepts that I have a team helping me , my chiropractor, my nutritionist and also him as well as myself and my husband.

I was led to believe that it was better to keep people well and out of the hands of hospitals (where illness prevails and yes I have first hand experience of that) no matter how it is done.

If my choice is to use old medications that were proven that just need some tweaking to work for the individual and allow me to function as I should then it is on my head. Outlawing alternate help is not acceptable.

Just remember that at some point in time you may have a family member in the same position as myself and many others and if you remove that choice what are you going to do?

We never know what is around the corner - my mother is on the standard

medication for the same condition and she is a complete mess. Why would I want to be like that? Why would I not want to be my best self? Why would I want to be dictated to by people who have book learnt and had no first hand experience with my condition.

It is my choice, I pay for my medication unlike those on the regular medication which is heavily subsidized by the Government (tax payers).

Why penalize me and those like me?

We only want the gift of being well.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature area.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 13 May 2019 11:40:19 AM

To the Medical Board of Australia,

I support Option 1.

I use integrative doctors. I believe there is a place for both supplements, vitamins etc and pharmaceuticals. I have found that the latter treat symptoms and that the former treat the causes of a condition and also keep me healthier so that i don't require as much medical care. I have suffered from anxiety for many years. I have looked into research in regards to vit B3 - started to take it and for the first time in my life I am not experiencing constant anxiety. That is just one example of vitamins helping me in one situation. Pharmaceuticals did not help me. I believe doctors should be able to access all treatments that would benefit their patients. they should not be limited to pharmaceuticals

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 5:09:16 PM

To the Medical Board of Australia,

I support Option 1.

I totally support the right & choice of patients to access integrative & complementary medicine. I regularly use both these fields when conventional medicine does not provide me the answers I need towards optimum health & healing, recovering from a life threatening episode. I am getting closer to cause than only treating symptoms.. My sensitive body is unable to handle many prescribed pharmaceutical medications, thus leading me to explore alternative options. Many of my friends & relatives rely too on access to both conventional & alternative forms of medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 8:34:41 AM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary health practices are proven to be highly effective and have been so for millennium.

Personally, my quality of wellbeing is truly enhanced by including complementary products.

In closing - it's my body and my choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 9:21:50 AM

To the Medical Board of Australia,

I support Option 1.

To whom it may concern,

It is shocking to me that the government is pushing to keep their populations in a state of constant disease-state and dependent on medications that do not prove any more effective than natural or preventative therapies for what appears to be the back pockets of their politicians.

How can you get rid of complementary medicines from people you would otherwise consider registered professionals, because they are adopting preventative and complementary approaches to provide their patients with 360 support. What do you expect sick and tired people who are struggling, when you are taking away the things that help them feel healthy? And really, the healthier you feel, the better of a contributing citizen you are to a nation and its economy, so it seems counterproductive?!

Integrative medicine has helped myself and my sister exponentially. There is currently no treatment for post-viral fatigue, and both of us have suffered from post-glandular chronic fatigue. Despite seeing numerous GPs and having had testing done, not a single one could offer us anything before we went to an integrative doctor, had to pay hundreds of dollars, but actually instantly felt better. You can't put a price on that health, and you shouldn't limit our opportunity to seek help when conventional medicine can't offer us any solutions.

Maybe if the standards for GPs included more holistic and complementary medicines, and GPs were afforded more time to actually care about their patients, this wouldn't be a problem. Unless the government is going to include complementary training in their required medical degrees to be a registered health practitioner, then you can't be limiting people from choosing to get help from people outside of the bounds of what government supported professionals can offer.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 9 May 2019 6:56:04 PM

To the Medical Board of Australia,

I support Option 1.

I wholly support patient access to Integrative & complementary medicine as a superior and preferred service for myself and my family. IM and complimentary medicine has been a panacea for my children where conventional medicine has utterly failed. If the MBA imposes restrictions on Integrative practitioners it will impact on their healing journey and take away a tried and true health care option that we fully have faith in. This is about freedom of choice in health care which is a pillar of a Democratic system.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:37 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We are society made up of individuals, and as individuals we have the right to make decisions for ourselves based on what we feel is best for our own health and bodies.

Not having unrestricted access to integrative and complementary medicine feels wrong and unnecessary. Who benefits from this?
Certainly not the general public.

Our health care should be looking out for the best interests of people. I fail to see how restricting access to integrative and complementary medicine is helpful to anyone and therefore do not support changes that are made to take this access away from the public.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:18:38 AM

To the Medical Board of Australia,

I support Option 1.

A lot of "conventional medicines" do not work, they only mask the symptoms but never cure the disease. No money in that eh?

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 6:11:31 PM

To the Medical Board of Australia,

I support Option 1.

To whom this may concern,

I am emailing my concern that the Medical Board of Australia (MBA) are looking to limit and control what Integrative Doctors can prescribe and by doing this, are therefore looking to control and monitor their practice.

As someone who regularly sees an Integrative Doctor with great success and improvements to my health (after having seen no such success from regular GP's), I feel this is an abhorrent limitation on my rights to seek the appropriate medical attention.

To put these limitations in place is to not only deny my individual rights but will also deny thousands of other patients their rights to appropriate treatment and also to those professionals who have worked very hard to gain their accreditations in their respected field.

I request Option 1 – No Change to Current Guidelines!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 8:34:08 AM

To the Medical Board of Australia,

I support Option 1.

We should all have the right to seek the medical care of our choice. This includes supplements recommended by integrated medical practitioners- nutrition before prescription! I know 2 women who have rheumatoid arthritis (one of whom had a major stroke as a result of the prescription medications she was taking) . Both used a natural supplement and are now living happier, healthier and productive lives again.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:01:22 PM

To the Medical Board of Australia,

I support Option 1.

It will be wrong to change current treatment options.

1. Ultimately a patient is the one who makes decisions about health and treatment options.
 2. Integrated options should be available to all patients.
 3. The Hippocratic Oath provides for “food” as medicine.
 4. A doctor who can offer integrated management offers a wider range of options than doctors who only understand a pharmaceutical approach.
 5. Managing health with integrated options is a better way to maintain good health.
 6. Prescription medications carry risks of side affects and often do no more than mask symptoms.
 7. Management of health conditions with appropriate “natural “ therapies should be an available option because alternative therapies work and they work in ways that benefit health without the need for prescription medications and the associated risks.
 8. Sometimes the best advice is given to improve nutrition and alter lifestyle in order to improve health.
 9. The body is powerful in its own ability to heal if it has the right support hitch does not mean prescription medications.
 10. I have personal experience of benefits from integrated management of conditions in circumstances where the medicalised/pharmaceutical model has failed me.
 11. Above all else, this should be a patient’s own choice and without any restriction imposed by the AMA or government.
- MY BODY, MY CHOICE

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:42:59 PM

To the Medical Board of Australia,

I support Option 1.

It should be each individuals choice regarding best health practices for them.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 4:16:00 PM

To the Medical Board of Australia,

I support Option 1.

The impact of these changes, should they go ahead, will be absolutely devastating for those under the care of an Integrative practitioner and those who rely on complementary medicine to keep them well.

I hate to think how different my life would be had I not been fortunate enough to find a practitioner who, after years of me visiting countless GPs in search of answers, was able to provide me with definitive clarification regarding my chronic, long-term illness, along with a clear treatment and management plan. At the age of only 24, I had reached a point of desperation regarding my health, and lived in fear that I would never be well. Eleven years on, and still under the care of my Integrative GP, I am able to manage my condition (which will be life-long) and live a healthy and fulfilling life.

I think it is important to note that Integrative practitioners, at least in my experience, are not cowboys whose aim is to sway their patients away from a measured, sensible approach to health care - it is actually quite the opposite. My practitioner has taught me the importance of diet and using food as a means to support the body through illness and as a way of keeping well, combined with the appropriate use of supplementation and when required, "conventional" medicine. Through my experience, I know without a doubt that this balanced approach, that relies heavily on the appropriate use of vitamins, minerals and herbal supplements, is what has got me over the line with my health and kept me well.

The MBA needs to pay very close attention to the people whose lives have been positively affected, even SAVED, by being under the care and guidance of an Integrative practitioner. For me personally, bans on the use of vitamins, minerals and herbal supplements could be compared to banning the use of insulin for diabetics - I wouldn't be able to live without it.

Put simply; if the MBA imposes these restrictions on Integrative practitioners and complementary medicine, it could mean the difference between living a healthful life, and years of suffering, potentially even premature death.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:29:56 PM

To the Medical Board of Australia,

I support Option 1.

For many years now I have sought out traditional medical practitioners for myself and my family, who openly and willingly cooperate with natural therapy practitioners, who acknowledge the wide range of benefits that these natural therapies can offer not only for treatment to improve health, but also for health maintenance. It is abhorrent to me that these complimentary health practices are labelled as “fringe” when for many years they have formed a strong part of my health regime and helped me personally to maintain a high standard of wellness. Members of my extended family and friends have had remarkable improvements in their health through the use of complimentary therapies, when traditional practitioners who would only consider pharmaceutical industry products could not help. The willingness of some traditional practitioners to think outside the pharmaceutical square has a profound benefit for some patients whose conditions are not even recognised by many traditional practitioners.

The statement of the World Health Organisation about the relationship between traditional and complimentary medicine is absolutely on the mark. The two do go hand in hand very effectively.

I would be devastated to have the freedom to make such choices about my own health taken from me. And to not have these forward thinking, patient- focussed medical professionals able to work freely across these two areas would be a devastating blow to public health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:19 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Do not change current guidelines, why would you??? There is a place for natural medicine, western medicine does not help everyone and we have the right to decide what is right for our own bodies, why would you not treat someone holistically, it seems very corrupt to me, there is no money in healthy people is there!!!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 8:25:20 PM

To the Medical Board of Australia,

I support Option 1.

complementary medicine, natural therapies have helped go through all sorts of ailments from infections to flu epidemics. I have not taken any antibiotics for years nor have I had any flu vaccin.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 30 April 2019 1:37:23 PM

To the Medical Board of Australia,

I support Option 1.

I strongly believe that everyone should have a choice. I tend to only see alternative health practitioners as they spend the time to get to know me and treat me accordingly. The therapists I see practice evidence based medicine and continue to study and stay current.

I had a fatigue condition which medical care did not address so I sought alternative treatment. I am now healthy and back to normal after 4 months of treatment.

If restrictions are imposed then I believe people will not be able to afford alternative treatment options. Also fewer practitioners will train.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 1:06:51 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative and complementary therapies. My family have benefited from this approach in health and wellbeing, especially when the medical approach has not been able to help. ie a nutritional approach reduced the symptoms of autism in my child to the point he is now functioning well at school. I don't support any change to current guidelines.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 22 June 2019 7:56:12 AM

To the Medical Board of Australia,

I support Option 1.

Integrative Health has been a part of my life for as long as I can remember. It sustains my health along with conventional health practices from my doctor. I believe I should have the right to choose how I am cared for and by whom. Natural therapies are powerful when treated with respect and in conjunction with conventional medicine when required. My body my choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 8:50:31 PM

To the Medical Board of Australia,

I support Option 1.

Integrative & complementary is absolutely essential for some people. I have seen Integrative & complementary save someone very close to me life. He was diagnosed with Q fever and was in a very bad way. The hospital he was in told him that there was nothing more they could do for him. He was sent home to say his goodbyes. That was 13 years ago. He is still alive today thanks to Integrative & complementary practitioners. He took natural medicines and nothing else. no other medicines. He is now a healthy 86 year old man who only retired from work as a concreter 2 years ago. Please do not get rid of Integrative & complementary practitioners. Without them a great grandfather would have never met his great grandchildren

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:59:58 PM

To the Medical Board of Australia,

I support Option 1.

My family and I have used integrative healthcare as a necessary part of maintaining and achieving good health. I wish to still have this choice, especially but not exclusively under the guidance of my own GP.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:31:18 AM

To the Medical Board of Australia,

I support Option 1.

I studied Science (Biochemistry/Chemistry), I worked in Cancer research and then in the biotechnology research field. It was only when other options were not left for me in the mainstream medical mindset that I turned to complementary therapies. These therapies helped me, and I wouldn't be here alone today if it wasn't for them. Let integrative and complementary therapies stay with GPs and those who practise in medicine. It is the integration of the two "different fields" that will bring true health to our population who is overall sick, stressed and more obese and unhealthy than populations prior. A holistic approach to healthcare and doctors providing new and innovative practices, including complementary medicines is the way for our population to come back into more health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 6:56:06 PM

To the Medical Board of Australia,

I support Option 1.

I believe that there should be no change to the current guidelines. I have been told to take certain vitamins & minerals as my body was lacking. Quite often in this day & age a lot of current prescribed antibiotics/medications are proving ineffective & all avenues should be explored. Ancient/eastern civilisations used, tried & trusted & effective natural therapies to heal, they are not 'fringe'.

It is also not good enough to just treat the symptoms & thereby forcing people to suffer needlessly, we need to find the root cause of illnesses.

We do not live in the 1800's anymore we have the tools to properly diagnose & treat people these days.

I am most definitely open to a holistic approach to healthcare & most definitely support a doctors right to provide new & innovative practices including complementary medicines.

I have seen essential oils treat someone who was told by a specialist that they would most likely lose their finger to gangrene but because of the oils the finger was saved. All types of treatments should be encouraged & not limited.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 5:35 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I am fed up with my freedom of choice regarding complimentary supplements being constantly under attack. Always driven by pharmaceutical companies trying to take our choice away and usually sneakily, never being upfront with our government

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 7:51:21 AM

To the Medical Board of Australia,

I support Option 1.

I thought Australia was a modern country? Why are we going backwards?
Holistic healthcare should be working with and together with the GP,
not separate. If it wasn't for holistic healthcare our family would
like a number of other people who are sick regularly, which means time
off work and pressure on hospitals. Pleased we are not one in them.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 1 June 2019 1:04:25 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine should be available to anyone who wants it. I have successes in taking responsibility for my health without being a lifelong burden on the government health system. Allowing the practice of integrative medicine is beneficial and is an advancement in medical science. We should not allow prejudiced people in authority with outdated attitudes/information or companies with self-serving interests be the impediment for the good health of our nation. I appreciate the Medical Board of Australia in doing its job in maintaining the medical practices in Australia to a high standard but please be unbiased and be open to new ideas and new research. There has been much evidence based results with other healing modalities that can be incorporated for the benefit of all fellow Australians. Thank you.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 4:28 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I bounced from mainstream Doctor to Doctor, Naturopath to Naturopath, until I found my holistic Doctor who was able to combine a thorough medical approach combined with a holistic approach to my and my family's unique situation. If it weren't for my Doctor, my quality of life would continue to be greatly compromised - my symptoms misdiagnosed, ignored and untreated, or treated incorrectly. My Doctor was responsible and accountable. My Doctor sent me for medical investigations that were mainstream pertaining to my symptoms to rule things out. But my Doctor also thought outside the box with other investigations in order to address my unique symptoms..and finally found the answers after 17 years of a major health decline and the depression that ensued. Without my Doctor, and the medications and supplements provided by compounding pharmacies, where I didn't have to worry about reacting to preservatives / flavourings or numbers in their medications, I would not have healed. I was sick for 17 years before I found my Doctor, and unable to work in the end. Now I can return to work and no longer live in fear of my roving symptoms. If you shut these valuable people down, you will ruin lives such as my own. The long term impact of many people being ill and misdiagnosed has a flow on effect to taxpayers and the rest of the nation, eg increased unemployment / welfare, so it's in the Government's interest to consider economics when acting with such scrutiny.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 22 May 2019 12:11:39 AM

To the Medical Board of Australia,

I support Option 1.

I would like to be able to choose what is right for me for my health. Holistic care is best. This means many different health practitioners at different times in my life. I want to go to a doctor that can treat me holistically. Let me have choice and include centuries old medicine if I choose.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 6:06:45 PM

To the Medical Board of Australia,

I support Option 1.

It is our right to choose for our family. Complimentary medicine had been invaluable to me and my family when mainstream medicine didn't help. It is unethical unfair to and violate our right to choose for our family as we see fit. Where is the freedom to choose here? Where is my autonomy over my own health and well-being.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 8:01:10 AM

To the Medical Board of Australia,

I support Option 1.

Each individual has the right to choose their own healthcare path. No one or no group of people should have the power to take that choice away from any individual. Many people including myself have witnessed a broken health and hospital system and do not choose that experience for themselves. Allow people to make their own choices regarding how their health concerns are treated.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 23 April 2019 7:22:22 AM

To the Medical Board of Australia,

I support Option 1.

As a patient of an Integrative dr, if it werent for the natural medicines prescribed for my autoimmune diseases ide still be layong in bed suffering unable to function. I support both natural and science based medicine. Both are a crucial part of my ongoing health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 10:57:57 AM

To the Medical Board of Australia,

I support Option 1.

Please keep choice for all integrative medicine choices.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 6:59:33 AM

To the Medical Board of Australia,

I support Option 1.

I have suffered from chronic conditions for many years and have not been helped by traditional treatments. Fortunately I have been helped immensely by homeopathy and kineaseology and it has been heartening to find that some traditional doctors have realised the importance of these and other complementary treatments. It is extremely baffling to me why these doctors would be prevented from providing the best care available for their patients. It seems there may be powerful influence being forced on the MBA for them to be considering these changes.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 7:27 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

My doctor should've allowed to access medication and treatments and testing as required.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:34 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe I should completely have the right to choose what kind of medical care I choose. My choices are just that. Mine!!! When I choose to see an integrative practitioner they should absolutely have the right to recommend, prescribe whatever treatment they know will be best for me. I prefer this line of care as I do not want to be putting chemicals into mine or my families bodies.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:33 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Healthcare should be about looking at a person as a "whole" not just the disease/condition. By allowing doctors to use integrative and complementary medicine can only help them to treat their patients as people and not just diseased beings. Surely it is better to educate/assist people to do the absolute best they can to maintain good health as naturally as possible when it is appropriate to do so?????

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 12:07 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

How dare the government take this right away from its citizens ... you have created a nation that is slumping into a total health crisis based on absolutely worthless health advice that has been shoveling out over the past 40 years!!! Just to let you know , we dont belive you anymore, we dont care what your bogus self serving recommendations are, we dont want you chemical laden food,water or air ... you are purposefully making your citizens sick and you dont give a [REDACTED]... so [REDACTED] off and let us decide what is good for us and stop DICTATING to me i can or cant put in my own body!!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:26 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe it is my right and the right of others to seek out integrative alternatives to conventional medicine. I am very disappointed and angry that the MBA believes they have the right to take away our freedom of choice to this. Integrative medicine has helped me and my family immensely. It is the business of wellness and keeping people healthy not just treating symptoms. It really makes me question the whole reason why the MBA is pushing for this just like health care providers removing access to alternative treatments. I do not support this.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:14:10 PM

To the Medical Board of Australia,

I support Option 1.

I am 42 years old and was diagnosed with Hashimoto's Thyroiditis about 5 years ago by an integrative doctor. This diagnosis was made through antibody blood tests and was confirmed by a thyroid ultrasound. Judging by the damage to my thyroid at the time, and my symptoms, my doctor estimated that I had it for at least 15 years already, possibly since my teens.

Immediately prior to my diagnosis, I had been seeking help through my normal medical centre (as I had been trying to for years, with little luck). I was tired of being told that nothing was wrong or that I needed to stop drinking (even though I wasn't - I have now read papers that link abnormal liver function tests to Hashimoto's). I was trying my best to advocate for myself without being deemed hysterical but even with a raft of blood tests, nothing came up that the GPs could make any sense of. Without a blood test to back anything up, they refused to listen to the story my symptoms were telling. Without any respect for my symptoms, they refused to look past my "normal" TSH levels even though I had classic hypothyroidism symptoms. Even if they had found the antibodies that indicate Hashimoto's, I now know that at the GP level, there is "nothing that can be done" for Hashimoto's and you just have to live with it. I have been told this by countless GPs. Thankfully though, my diagnosis was made by an integrative doctor who offered supportive treatment along with the mainstream T4 (followed by T3 when it became apparent that I was not converting well). The diet, nutrition and lifestyle changes that she suggested and monitored changed my life. It was like waking up from a bad dream. My career and family life benefited immensely and I am much happier and more productive than I have ever been.

I am now under the care of a highly respected endocrinologist who also happens to listen to his patients symptoms as well as their blood tests and he has continued the treatment and supportive lifestyle and nutritional recommendations of my diagnosing doctor. I still have issues with this disease, particularly when stressed and still have antibodies that are off the charts but I can now manage it and setbacks have less impact on my work and home life.

My concern with the proposal to limit doctors from recommending a range of treatments, apart from missing the obvious fact that our bodies are made up of a multitude of interconnected systems that interplay in ways we still do not fully understand, is that it will encourage doctors to focus only on one thing at a time, one symptom, one blood test and miss the big picture and story that their patients and their bodies are trying to tell them. There are many things that medicine does not yet fully understand, autoimmune diseases being only one example, and this proposal would be seriously limiting people's abilities to keep trying to seek answers within the healthcare system when they do not find the help they need through their frontline healthcare professionals. This may actually encourage the "quacks" and "snake oil purveyors" that are so prevalent on the internet.

Please don't take away the power of our medical professionals to support the people who don't "fit" within our current medical understanding. Please don't take away the right of patients to seek

treatment that helps and supports their health, happiness, wellbeing and productivity.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature area.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 16 May 2019 3:28:49 PM

To the Medical Board of Australia,

I support Option 1.

Over the years different options have made a great benefit to my medical conditions, which include more than one and some techniques help and having options is important for the patient to manage their own condition with the advice of a Gp and specialist services

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 1:02:36 PM

To the Medical Board of Australia,

I support Option 1.

I am writing in support of option one - to allow integrative doctors to continue to practice as they have been.

I use integrative doctors because of their holistic approach in finding and treating root causes. Integrative doctors are able to provide non-pharmaceutical treatment plans that improve health and well-being over time. I find conventional GP's extremely limited in what they can offer to truly help their patients.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:15:22 PM

To the Medical Board of Australia,

I support Option 1.

I would like to see NO change to the current guidelines relating to integrative and complimentary medicine. I have accessed these treatments countless times in my life with successful outcomes. I want to be able to continue to be able to do this.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 5:23:38 PM

To the Medical Board of Australia,

I support Option 1.

We all have a right to the knowledge and benefits of complementary and integrative medicine . There is no one size fits all , there is much ancient tried and true knowledge and there are many pathways to health which will each support the other. Individuals have the right to know about and choose what will work best for them. Doctors have a right to share all their knowledge as to what could benefit patients. It is about Health and healing in all its forms.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 3:59:18 PM

To the Medical Board of Australia,

I support Option 1.

I write with concern on the proposed changes to guidelines targeting medical doctors who integrate 'complementary medicines and emerging treatments' into their practice.

We as tax paying citizens should be able to make our own choices about our health and be able to choose a doctor that understands that there are other alternatives out there that can support our health rather than popping pills pushed by the drug companies. I personally choose preventative and alternative health choices . You are taking away our free will when you make these sweeping changes and I vote to keep the guidelines as they are.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:52 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Right to choose.

Right to explore wider medical options.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 7:24:59 AM

To the Medical Board of Australia,

I support Option 1.

I support a holistic approach to medicine. I am 68 and have been lucky enough to see so many changes to medical beliefs and practices. I was lucky as a young child to have a leading paediatrician prescribe a sunscreen for me and told to cover up now it's the norm. The use of vitamin c as a counter to oxygen free radicals, poo hoo'd at first now can be ticked off as the norm as an adjunct to a lot of therapies. My point is change change and be prepared to change!

We should be not living in the mind set seen in the era of the post dark ages when only prestigious colleges were the accepted norm for "scientific advancements" Our foods these days aren't from heritage seeds and sometimes harvested too early stored too long some vitamins are required for some susceptible individuals.

We should be allowed choice in this society today. There are so many variables/individuals/ disease processes today one set of medical processes cannot fit all.

The prime example is the push for change at present to the attitudes formed from the introduction of the low fat diet into the western diet, which has been observed to increase the incidence of neurological disorders. Professionals are trying currently to reverse the teaching, people are to now include a balance of fats!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 10:11:48 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is extremely important in keeping a holistic approach to healthcare. As a pharmacist, I've seen first hand the difference it can make. As a patient of acupuncture, I've felt the difference it can make. The human body is a complex system that goes deeper than western medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:36 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Due to lack of faith in our pharmaceutical industry for the welfare of patients and prescription medicine as a cure, not a cause of ailment, I am expression my opinion and freedom of choice for Option A, no changes. Natural has always been best and proven.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 11:26:41 AM

To the Medical Board of Australia,

I support Option 1.

Just over one year ago I suffered a brain aneurysm. Thanks to the skills and care of doctors at Royal North Shore hospital I was operated on and my life saved. During convalescence I received acupuncture to help with an eye injury sustained during the operation as well as anthroposophical medicine to strengthen my weakened immune system. The surgeons and doctors were incredibly pleased with my rapid recovery. I believe that this is a perfect example of how both approaches can be maximised and that one does not exclude the other. Indeed they both worked together in the best way possible. This is what medicine should aim for - combining the best of all possible paradigms, seeking new and innovative ways of healing. Science, after all, has advanced because of its courageous ability to embrace new ideas. As a hugely grateful and almost fully recovered patient I would sincerely ask you to keep alive the spirit of inquiry and diversity in medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 8:50:44 PM

To the Medical Board of Australia,

I support Option 1.

It's an individual's choice to access modern medicine as we know it today as well as be treated with medicines that have developed over the last few centuries. And only now modern medicine is starting to recognise their validity. To restrict this option is to go backwards. More testing, more accountability - yes. But you cannot simply rule out what you do not understand but has been in place for centuries before modern medicine was even birthed.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 10:42:09 AM

To the Medical Board of Australia,

I support Option 1.

I have had a downward spiral of health for the last 7 years, which has not been properly diagnosed by "conventional" medicine. After years of misdiagnosis and band-aid "conventional" medications which do not address the root cause of my health issues, I have been working with an integrative GP who has improved my health drastically, through both "conventional" and specialised testing, correction of mineral / vitamin deficiencies, dietary / lifestyle changes and mental perspective.

Some of the integrative treatments that I've received may be considered "unconventional" yet they worked.

After significant time reading peer review research on particular issues, it is highly likely that the "conventional treatments" have actually caused some of my problems.

I agree that there should be "informed consent" to all treatments and tests, and by that standing I can assure you that I have not received "informed consent" from the "conventional" system in almost any case where I should have received it.

In my opinion your position to further regulate integrative physicians is simply a witch hunt that does not fix the endemic problems within your own "conventional" system.

I support option 1 to leave the status quo.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 8:41:44 PM

To the Medical Board of Australia,

I support Option 1.

Over 16 months -2 years ago I had 5 major operations. I worked pre and post operatively with Hydrotherapy and integratve/herbal remedies. After each operation I needed allopathic medicine for pain, approx 2-3 weeks only. Today, 2 years later I am a healthy 71 year old women enjoying gardening, walks and life, free of symptomatic allopathic medicines. If integrative medicines are not made available to me through my GP I know I will fall back onto allopathic medicines and the hospital system. No No No please.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 8:13:25 AM

To the Medical Board of Australia,

I support Option 1.

Hi,

I would like to say that having experienced complete healing with an integrative approach after no success with multiple medical professionals who I was referred to initially by my GP, I would be horrified to see alternative options taken away where medical profession itself does not have proper cures, such as situations where studies show only 50% success rates with given treatments. Patients should have the right to choose other alternatives.

Sincerely,

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 5:43:42 AM

To the Medical Board of Australia,

I support Option 1.

We have a right to more than just privatised / profitised options.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 5:06:23 PM

To the Medical Board of Australia,

I support Option 1.

If we don't have an integrative medical system where other complementary therapies are sometimes referred it will not be a system that has the patients health, choices and best interests at its core.

It will be just about control and dishing out medications, making the pharmaceutical companies richer. I will lose more faith in the system than I already have. It's my health I should have the right to choose.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:41 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

So many health oriented people rely on integrative practitioners and complimentary medications. Complimentary medicine has helped my family in so many ways. It makes no sense whatsoever for any of this to be at risk. People rely on it in far more ways than 1

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 25 June 2019 12:37 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I suppose patient access to integrative & complementary medicine because it works!!

Integrative & complementary medicine have helped me and my extended families for a very long time.

Our health is fantastic and this will take away our rights and beliefs for what we choose for our own body.

If you care about your own health you will not let this happen.

Stop selling us off to big pharma.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 6:31 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I cannot believe the ridiculousness of this. I cannot understand why integrative and complementary medicine is under attack. It feels like a witch hunt. The primary form of healthcare I use for myself and my children comes under the umbrella of complementary therapy. I even take my dog to a veterinarian who practices integrative medicine. I cannot imagine being unable to access this type of medical care. My children are 6 and 3 and the 6 year old has had antibiotics once for an infected tooth. My youngest never. They are otherwise remarkably healthy children. I believe this is down to the preventative care provided to them through integrative and complementary medicine. My experiences with allopathic medicine have been less confidence building. Last year my eldest son had dental surgery and the catheter from another patient was accidentally used for him which led to blood tests for STI's. This was a major mistake on behalf of the allopathic medical practitioner. I am certain this is not an isolated event. Yet allopathic medicinal practitioners and allopathic treatments are protected and respected and come under far less scrutiny. Just this past weekend my Aunt was discharged from hospital with idiopathic pancreatitis without a single piece of information about what to expect or how to care for herself post discharge. I am a naturopath and this would never happen to a patient in my clinic. Whoever is behind this push to remove, discredit and reject all past and current integrative and complementary evidence/experience has their own agenda and must feel threatened. If people choose not to use/believe/respect integrative and complementary medicine that is their choice. Please do not try to remove my choice. It makes me wonder if simple freedoms such as the ability to choose how you care for yourself and your family are being dissolved what other freedoms will be under attack. Do we live in a democratic country or are we headed in a dictatorial direction?

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 19 June 2019 6:36 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I am very upset that integrative medicine is being attacked in this manner. It should be for the people to choose who they see for their healthcare. For the healthcare of my family we see a homeopath, use nutritional and naturopathic medicine and see a GP and hospitals when necessary. I would like to see all forms of medicine recognised and respected. So much of integrative medicine is preventative. I believe this is where they excel and where allopathic medicine can be supported. They also provide less invasive and often cheaper solutions to health problems that can be of economic benefit - if they were respected and able to be used more frequently/openly in chronic and some acute cases. I would be devastated for myself and my family who rely on these medicines so much if further restrictions were to be placed on integrative/complementary medicines. Thanks for your time.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:20 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please stop taking away the right to choice over our health concerns.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:17 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

People need to have freedom of choice. Having used non-medical complimentary treatments I absolutely believe there are many that are beneficial.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 20 May 2019 1:52:20 PM

To the Medical Board of Australia,

I support Option 1.

I and my family use integrative and complementary medicines along side mainstream practitioners and do not wish for my choices to be limited by imposing unfair restrictions on Integrative practitioners.

I support option one and request that you make no change to the current guidelines.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 9:25:13 PM

To the Medical Board of Australia,

I support Option 1.

Practitioners and their patients should continue to choose their most appropriate course of treatment and advise.

Only allowing treatments with a solid evidence base is extremely narrow minded and would prevent discussions about emerging treatments and other therapies that may be viable options.

I have had acupuncture and benefited greatly from the results. Just because something can't be tested in the same way that a drug can in double blind placebo studies does not mean it does no good. Many alternative therapies can be beneficial and people will be missing out on the opportunity to get well without having the option available.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 3 June 2019 9:08:21 AM

To the Medical Board of Australia,

I support Option 1.

I am 55 years old and since being diagnosed with Graves disease in my early 20's and Hashimotos in my 30's, I have been prescribed Neomercazol, Thyroxine, Eutrosig and Tertroxin all with minimal or worsening change to my symptoms. I was lucky to find a wonderfully knowledgeable Doctor a few years ago and since being prescribed NDT my mental health, my overall health, my extreme 24/7 pain levels and heart health have all improved. As I am on the Disability Support Pension, financially I would be better off if the original prescribed drugs had of worked in my favor, however they didn't!

Please do not take away my right to a medication that has helped me and my health so much that I am happy to pay for proven results.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:38:23 PM

To the Medical Board of Australia,

I support Option 1.

[REDACTED] I FIND IT ABSOLUTELY NECESSARY AND HONEST THAT THERE SHOULD BE ACCESS TO THE INTEGRATIVE OF THE MEDICAL PROFESSION TO HAVE ACCESS TO COMPLIMENTARY MEDICINE PRESCRIPTION PROCESS. I HAVE HAD , ON OCCASION TO USE COMPLIMENTARY MEDICINE AND HAVE FOUND IT TO BE SO BENEFICIAL. IMPOSING ANY FORM OF RESTRICTIONS TO THE MEDICAL PROFESSION WILL ALLOW PREVENTATIVE CARE , IN SOME CASES, THAT WILL NOT BE FAIR OR REASONABLE. DON'T INTERFERE WITH EXISITING ALLOWANCES OR CURRENT PROTECTION TO PATIENTS BY DOCTORS RIGHT NOW.....THERE IS TOO MUCH REGULATION BEING FORCED ON THIS WORTHY PROFESSION. SINCERELY.
[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 11:35 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please don't change the current guidelines to complementary and integrative medicine. Patient choice is so important because different things work for different people. Integrative and complementary medicine has absolutely saved my life when hundreds of blood tests and scans showed nothing was wrong.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 14 June 2019 12:49:35 AM

To the Medical Board of Australia,

I support Option 1.

Complementary & integrative medicine has been an important part of my health care my entire adult life. More & more conventional doctors are realizing that a holistic approach makes more sense & seek to include complementary & integrative modalities in caring for patients. That the regulating bodies don't understand these approaches doesn't mean they aren't worthwhile. I'm so sick of the authoritarian trend infecting every aspect of our social-political system!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:12 PM

To the Medical Board of Australia,

I support Option 1.

I think it is very important for the Australian people to have choices when it comes to their health.

As an autoimmune compromised person, intergrative therapies have been a saviour, right now I'm currently unable to use creams for my severe skin allergies. Antibiotics and creams burn my skin, so I've been so thankful to have have intergrative therapies to get this under control. I believe there's a place for all medicines but it's not a one size fits all.

If MBA impose restrictions on intergrative practitioners, I'll only be able to see and speak to a dr but cannot be prescribed with anything due to being allergic to medicines.

Please don't restrict our choices, this is Australia, not some 3rd world country moving backwards.

Help keep Australia the amazing country people around the world know it to be, allowing it's people the freedom to choose!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 11:02 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please keep the guidelines the same. We deserve the right to see the right professional for our needs. We should have choice.

As a individual diagnosed with mthfr mutation. This was picked up through testing and my doctor has helped guide me into full health. It has been life changing.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:47 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

This could affect having vit B12 injections or advice to take vit A.
They are something many doctors may advise but would contravene the law if that was changed.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 8:39:55 AM

To the Medical Board of Australia,

I support Option 1.

I believe that people have the right to use other forms of healing. I use other forms of medicine and I'm a healthy person, most of the time. I believe that medicinal drugs do have their part to play also and I feel that I should be able to ask my doctor of my other treatments and that my doctor should be able to give me an informed choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 10:28 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It is a patient's right to make a choice, in decisions based on their health and body It is not the right of others to make this choice for us..nor take this option away

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 22 June 2019 7:30 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support integrated medicine.

It should be a patient's choice to choose their options.

after all..many medical doctors have limited knowledge in certain areas and I also believe there requirement to update their knowledge on a regular basis is currently inadequate.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:34:00 AM

To the Medical Board of Australia,

I support Option 1.

In my experience the current medical system is very good at treating disease once the symptoms are fully developed but are less able to treat illness in the earlier stages when I have felt unwell but have not fully developed an illness. I have found doctors who are able to advise on complementary options are better able to support preventative interventions and so avoid the development of illness. This is especially relevant in regards to stress management which can exacerbate illness.

I find it interesting that the MBA is concerned about the risk factors of complementary medicines when so many people have medical complications from prescribed medicines, which in extreme cases can lead to death.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:40:53 PM

To the Medical Board of Australia,

I support Option 1.

A doctor should have the right to prescribe vitamins and supplements along with or instead of conventional drugs.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 6:40:18 PM

To the Medical Board of Australia,

I support Option 1.

Myself and my family have extensively used complementary medicine for many years to treat a wide range of ailments and to maintain wellness. Naturopathy, chiropractic, massage, herbalist and accupuncture are mainstay treatments for us which have provided significant health benefits. We use both traditional and complementary medicines and believe equitable access to both must be maintained.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:28:21 AM

To the Medical Board of Australia,

I support Option 1.

I support Option 1, as we have a human right as a citizen of this country to choose our own healthcare and what is suitable for our families. Why are our basic human right of personal choice being taken away?

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 9:40 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It is important for doctors to be able to treat the whole person and improve their help with vitamins and minerals as required

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:06:46 AM

To the Medical Board of Australia,

I support Option 1.

Natural therapies are a source of home life therefore recommendations are often vital for the community to know what will work best for them

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 4:27:23 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative and complementary medicine, because it is the ONLY thing that provided a significant enough impact on my road to healing. I suffered for years from a 'mysterious' condition that effected every part of my life. My symptoms were wide and varied, and often dismissed as explainable by the many GP's I sought help from. They ranged from extreme exhaustion, a very weak immune system, heart palpitations, chest pain, rashes, joint pain, infertility, food intolerance, and the list went on and on. For a person in their early 30s, wanting to start a family and expecting to excel in my chosen career, it was very hard to live with.

The symptoms impacted my quality of life and basic well-being, and made it increasingly difficult to stay employed in the career I had worked so hard to succeed in. My absences were increasing, which in-turn started to take a toll on my mental health. After 5-6 odd years of suffering with no answers, I eventually quit my job. It wasn't the only reason for it, but it was a big reason for it. We as people, put a lot of pressure on ourselves to do well in life, and though my workplace turned a blind eye to my constant sick days, I felt the situation becoming more and more untenable. Without a diagnosis, I had nothing to explain what was going on, as the Drs didn't know themselves. It was a very isolating and lonely time, which was only exacerbated by the limits of the 'conventional' medicine I was being exposed to.

I was eventually diagnosed with Chronic Fatigue and Fibromyalgia by a specialist, with little to no direction or support on how to manage the condition. It largely felt like a diagnosis for diagnosis sake. By this time I had transformed from an optimistic, vibrant, young person trying to make sense of these difficult ailments, to an extremely depressed person who felt like she had aged beyond her years. What people call 'Conventional Medicine' is marvellous. It saves lives. It had saved my life on many occasions in the past as a sufferer of chronic asthma. But now, 'Conventional Medicine' was killing me.

It was only after I sought out 'unconventional' medicine that my life started to change for the better. I did a lot of reading. A lot of research. And had to sew much of this information together on my own, because my 'conventional' Dr just didn't know how to integrate the information I was bringing them. Noone should be forced to self medicate out of desperation. But I did. And my energy slowly started to return. As I saw the benefits of the road I was going down, but couldn't do it on my own so I found an integrative Dr to assist with certain testing, vitamins and supplements. I started seeing a chiropractor. And my life started to change for the first time in years. After 6 months, I'm physically I'm almost back to normal. But the mental scars will take longer to get over. I only wish I found integrative medicine sooner. It scares me to think where I might be today without it.

Don't take away a Doctors ability to help their patients the best way the can. Don't turn Doctors into pharmaceutical Pez dispensers. It is not their job to cover up symptoms with drugs. It is their job to investigate the root cause of an ailment, and heal the person as a whole. If the MBA imposes restrictions on integrative practitioners, it will be grossly neglecting patients' right to the best health care for them - especially in cases when nothing else has worked.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature area.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 15 June 2019 2:41:02 PM

To the Medical Board of Australia,

I support Option 1.

As GP with 30 years of experience I am now studying Chinese Medicine/ Acupuncture via RMIT, it is very frustrating and expensive to treat many patients in GP who's illness patterns do not fit a Western Model, eg Fibromyalgia, chronic fatigue. While more research needs to be done to provide evidence of efficacy alternative therapies eg acupuncture are not well funded (ie funding from pharmaceutical companies with vested interests in pharmacotherapy prescription), acupuncture may provide cheap and simple alternatives for pain etc, there is a vast amount of epidemiological studies, (over 2000 years) however not many double blind controlled studies

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

These doctors provide people with a different way of thinking. One thing doesn't suit everyone and the AMA need to realise that they can't remove people freedom of choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 9 June 2019 4:18:08 PM

To the Medical Board of Australia,

I support Option 1.

I would like you to consider that my freedom of choice for my health care for my body should be just that, MY CHOICE.

I have used integrative medicine since I came of age at 18, previously guided by my nurse mother, and am now 62years old, healthy, no burden on the medical system, take no prescription drugs, use Chiropractic, Acupuncture, Ayurveda and Remedial Massage to stay this way and wish to have this control over MY HEALTH MY BODY for the rest of my life. Please consider that there may be other safe options other than conventional medical practices.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:32 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I consider natural, complementary medicine to be the best kind. I have raised three children naturally and use medicine sparingly and mostly emergency use only. This means they are not subjected to over use of antibiotics which leads to resistance and not a drain on our healthcare system. This needs to be encouraged, not discouraged. Complementary medicine promotes good health, rather than being an ambulance at the bottom of the cliff...

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:15:48 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative healthcare and medicine because i dont feel that most of us are able to consume the recommended daily dose of vitamins/minerals per day from our food. The use of pesticides and sprays also diminishes the food we eat so it is important to source these from elsewhere which comes in the form of integrative medicine. By taking away these choices for me you are changing how well my body functions both physically and emotionally and i feel thats not a choice you should be making for me because you do not live in my body. I want to be able to make the best choices i can for my body and at the moment that involves supporting myself with integrative medicine such as chinese herbs and magnesium/fishoil supplements of good quality. Since taking these supports i have more energy, more patience, can sleep better, have less inflammation in my body and have seen a dramatic decrease in premenstrual symptoms which i previously suffered with. Please dont take away my health, it is my choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 9:32:05 PM

To the Medical Board of Australia,

I support Option 1.

Complementary medicine is widely used to supplement other health products & behaviour & Doctors should be free to advise on this if required. Many of these Doctors & health professional do bother to spend more reasonable amounts of time taking medical histories etc & are therefore in a better position to correctly assess the patient. A 10 minute appointment is not actually a reasonable time to assess anyone but a return patient for an already diagnosed problem, so if you are kenn to make changes then fix this problem.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 10 June 2019 10:33:16 AM

To the Medical Board of Australia,

I support Option 1.

I use Integative and Complementary Medicine as I suffer from Multiple Chemical Sensitivities and I have allergic reactions to a lot of drugs. I take vitamin and minerals and eat a healthy diet so as to avoid infections. I take the advice of doctors so as to make sure that I use the right supplements. It is of great concern to me that this service may be taken away from me and my family. I have found these doctors to be to be very kind, caring and do every thing possible to help with many ongoing health issues. Over the years I have had many serious health problems and have these doctors have been of immense help.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 12:07 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have used complementary medicine along with prescribed medicines for over 20 years. I find they both work hand in hand very well. To take that away from doctors and patients would be a disgrace. I feel people would still order these items online without medical expertise which could create a health problem. Not sure why the system needs to change as doctor who are familiar with alternative therapies seem to know what they are talking about and do it because they know it works.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 2 May 2019 8:12 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support integrative practitioners because I believe there should be more than one option for patients seeking help with any and all health concerns. I believe in freedom of medical choice and would like these choices available for myself and my family should we need to access them.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 7:19:08 AM

To the Medical Board of Australia,

I support Option 1.

I have used integrative modalities for my family's health that have been invaluable. I struggled with fertility and western medicine was prepared to do surgery for suspected endometriosis. I was seeing a traditional Chinese medicine practitioner who, over 4 months completely changed my cycle and as a result I had a healthy full term pregnancy and birth. No invasive procedures, no chemicals no guessing. This is just one example but this one changed my life.

I hope you can appreciate how powerful your position is in this country and use this power to protect the rights of people like ya, who really have no say.

I hope you can see that perhaps western medicine does not know all the answers, be humble enough to know you can open "health" up to other practitioners and know enough about the body and mind connection to know that different people respond to different treatments.

Please don't remove our choices. Western Medicine has a valuable place in disease and ill health but other modalities are often a better fit for health.

Thank you

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 2:50:45 PM

To the Medical Board of Australia,

I support Option 1.

As a person who suffers a number of Chronic Illnesses these changes to the way my Doctor can treat me will mean that my health will suffer. I don't have the ability to make numerous visits each week, as ten minutes is not enough time to discuss one problem, when there could be more overlapping from different conditions. I would have to make multiple appointments over the course of the week to discuss the current set of problems. This is just not acceptable in modern medicine today.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 10:14 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

You have no right to diminish people's choice to access alternative care, it has regularly proven more effective for me and my family than your quacks who charge a fortune and with minimal if any side effects than the big pharma drugs you shove at us with no real research just false tests and hidden data and paid off research with no real peer reviews stop attacking people's right to choose natural therapies it's bad enough people can't access real medicine and treatment for cancer and terminal or serious illness now you want to rob them of choice in everyday health.... You stink and you're owned by big pharma if you allow this rubbish to pass, sincerely the person who pays your wage with my taxes....

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 11:28:08 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine has saved my life. My Doctor has been instrumental in putting my health on a positive path. Don't erode this type of medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 10:55:36 PM

To the Medical Board of Australia,

I support Option 1.

Pharmaceuticals are not the only answer to wellness. Health care has to be a holistic approach. We should be able to have safe options that co exist with medical advise.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 15 May 2019 9:32:21 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative and complementary medicine as there are many options in our world that offer better outcomes without the side effects. Every patient should have unrestricted access to all integrative and complementary medicine to ensure they can choose the most effective treatment for themselves and their family. Integrative and complementary have helped myself and my family in many ways, allowing us to complement traditional treatments to allow us to maintain good health. I use these methods of medicine to be able to maintain health and well being for myself and my family using medicines that are easy for the body to use and don't usually have side effects. I ask for a holistic approach to healthcare with every doctor having the right to provide new, innovative and complementary medicines to maintain good health for their patient and the community. I strongly oppose restrictions on integrative practitioners as that will cause many to suffer unnecessarily and will remove the innovative practice of searching for healthier options for us all.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 8:24:23 PM

To the Medical Board of Australia,

I support Option 1.

No individual is the same, each individual, their genetic make up and their family structure is unique. The holistic view on health incorporates a persons physical, mental and emotional health. Science and case study's show that holistic and alternative medicine work for some people while pharmaceuticals options work for others. Doctors develop relationships and knowledge of their patients over months, years and decades- this is so valuable when deciding the best solution to better ones health. In order to create high levels of health and support individuals and families in this country I feel doctors must maintain their current rights.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 9:44:32 AM

To the Medical Board of Australia,

I support Option 1.

Integrative and complimentary medicine is imperative to all six of my family members' health. We have received the best of care and life changing health from integrative doctors and complimentary health professionals. Where traditional medicine failed us, leaving me bed ridden, my children with multiple allergies and husband with chronic/crippling inflammation, integrative doctors have healed us. We can work, attend school, contribute to our community again, thanks to complimentary healthcare. Our family plus dozens of our friends and extended families will suffer (returning to I'll health) if the current guidelines are changed. Please help us!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 8:45:48 AM

To the Medical Board of Australia,

I support Option 1.

By reducing patient choice in the practitioners they choose for their healthcare the current attack on therapies that have been around for hundreds of years will drive more to an already over burdened and overly expensive healthcare system. My last visit to a medical Dr resulting in out of pocket expenses of over \$150 for medication that did not work. My preference for traditional medicines and integrative doctor practitioners should be respected as a human right and the government should be looking towards a holistic view of health rather than a restrictive pharma driven approach. In Germany homeopathy is a well recognised, government subsidised form of healthcare. Oh that Australia was that progressive.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 7:22:15 PM

To the Medical Board of Australia,

I support Option 1.

I completely support the right to access a broad range of integrative and complementary medicine. I personally have used a wide range of modalities to manage my health. I believe they have been vital to not only give me relief from symptoms and assist obtaining better health, they have also meant I have not had to use medication which can be more harmful, such as pain relief medications. We also know that medications and other 'conventional' approaches have limitations, particularly with chronic and complex health difficulties. As someone in this situation, regular doctors have been of very little assistance and such short consultations barely give me time to list my symptoms let alone get any constructive medical help. We need to keep options open for both patients and practitioners to get the best help and allow practitioners to be the best they can be to offer help. I support the right of the individual to access a holistic approach to healthcare. I support the doctors right to provide new and innovative practices, including complementary medicines. We need to make sure we have progress in healthcare not regression. I need to be able to access health refunds for natural therapies in order that I have the financial resources to keep looking after my health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 7:19 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

People have the right to choose what to put in their body and what treatment suits them best. The doctor should be able to offer alternative treatments that suit the patient. MBA and Pharmaceutical companies are dictating what people should do with their own body.

Allopathic and alternative medicine go hand in hand and complement each other.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 7:21:07 PM

To the Medical Board of Australia,

I support Option 1.

There is no need to change our current health treatment situation. We chose a Doctor because he knows what is best for our care. We need time to discuss our issues with them.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:35:50 AM

To the Medical Board of Australia,

I support Option 1.

What is the MBA so AFRAID of. What is the REAL reason they are so afraid of Integrative and Complementary Medicines. Are we not a democracy, who is giving you the power to make such decisions for me and my family on OUR health care. Voting you into office politically does not give you all my power to make decisions for me. Lets also not forget, is health care not about the well-being of the patient, not how much money the MBA can make out of us, the MBA is showing that our health is not something they care about. One modality cannot possibly cure everything, lets change our attitude and become patient and health focused. I would hate to be in a world without all these resources, we need it all, as each has something to provide towards the outcome of the patients health, Medical, Surgical, Integrative, Natural Therapies, how about we all join together and create something unique, the freedom of choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 8:31 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support this option, because complimentary and integrative health has been the only thing that has helped my daughter, she has autism and conventional medicine could not offer her anything and integrative and natural therapies have helped her so much, she has gone from low functioning to high functioning and her health is fantastic. Of all the people i know, natural therapies are helping them achieve much more health than conventional and it is absurd that you would consider taking options away from people to choose.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 25 April 2019 8:51 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe that it is the patient's choice to access whichever treatment options they prefer; however these options need to be correctly advised to be safe. A medical practitioner should be able to give the best informed advice on treatment, no matter whether it is traditional, western medicine or not. If this choice is no longer available, people will go to less qualified/unqualified people and take risks with herbal and natural remedies, which can interact negatively with their other medications. In the end, it will have poor health outcomes and, possibly death. Please reconsider!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 6:16:38 PM

To the Medical Board of Australia,

I support Option 1.

An integrative approach to health care has been so helpful for me & my family over the last 20 years that I simply cannot see any value in restricting this kind of service. No matter what the issue, our GP doesn't just suggest pills or medical intervention. She gives us information about the pros & cons of a range of different approaches. She also gives us access to a very broad range of practitioners & products from Gastroenterologists & Gynecologists to acupuncturists - via chinese herbs and quality supplements. She gives information, advises & empowers her clients to make their own decisions.

As a result, we have been able to happily resolve a number of issues - at little cost & with no subsequent problems - without pharmaceutical products or invasive medical/surgical intervention)

It would be disgraceful for the MBA to take away the possibility of intelligent, reasonable people making their own choices.

What is there to be gained by restricting access to complementary medicine?

Obviously this kind of individualized care takes more than a 10 minute generic in/out consultation. It should also be said, that to trust someone you need to have a relationship with them - you don't build a relationship in 10 minutes, or even in a sequence of 10 minute consultations. [The local vet gives more time to a domestic pet than that.]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have been using a natural thyroid extract since my thyroid was removed in 2005 due to cancer. My body does not recognise the synthetic thyroxine replacement "Oroxine". Without integrative options my life would be miserable & I would be barely functioning. I am beyond grateful to the endocrinologist & Gp who are both willing to prescribe this for me as it has given me a quality of life which I cannot otherwise achieve

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 11:49:09 PM

To the Medical Board of Australia,

I support Option 1.

Please do not make these changes.

I believe this would be regressive at a time when complimentary medicines are proving to be widely effective.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:28:34 PM

To the Medical Board of Australia,

I support Option 1.

We should have the right to consult any type of practitioner we choose to retain or reclaim our health. I believe all forms of treatment can work together in the best interest of humanity. Surely sharing of knowledge between professionals is not a competitive thing. In my personal instance a naturopath noticed a problem in my bowel that would never have been detected by a doctor until too late and a possible cancer was treated under medical care. This is what should happen more often and could if more medical experts would be open to the alternate training of other fields of human health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 6:04:27 PM

To the Medical Board of Australia,

I support Option 1.

Time and time again, my family and I have been given antibiotics, with no more than a 5 minute check-up. On quite a few occasions, this has made the illness much worse. One such time is when my children had a chronic case of school sores for 2 months. My eldest, particularly, had it very badly. After trying 2 courses of antibiotics, with no impact at all, the 3rd spread them, so you could not lay a 20c piece anywhere on the left side of her body, without touching a sore. These three antibiotics courses were from 2 separate doctors, who both were confused about what to do next in her case. Each appointment was an average of 5 mins long. In sheer desperation, I then consulted a homeopath, who spent over an hour taking her case. She warned that it may take a while to clear - probably a week. I told her if it cleared in a week, I would love her forever! I didn't see much improvement for the first few days, but continued to follow her directions, with my homeopath checking up on us every day or two, in case remedies needed to be changed. Within one week to the day, the sores literally started peeling off and within a week after this, her skin was as clear as it had been before the illness. I was amazed and have seen quite a few instances myself of this same thing occurring. Some may choose not to use it, or see doctors who use it in their practice, however patients should be given a choice to use these things, when the strictly medical route has nothing left to offer. Please don't take our freedom of choice away!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 11:02 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine has helped many of my family members and friends.
We definitely support option 1!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 10:26:58 AM

To the Medical Board of Australia,

I support Option 1.

My health has especially benefited from Chinese Medicine and acupuncture. In many cases Chinese herbal Medicine improved my well being when pharmaceutical products could not. Integrative Medicine has no nasty side effects either, but is very effective. It has hundreds of years of tradition and trails behind it.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 16 May 2019 11:49:04 AM

To the Medical Board of Australia,

I support Option 1.

I support access to Integrative and Complementary medicine for the following reasons:

1. Longer consultations enable the doctors to better understand and treat your presenting conditions. They also lead to greater patient support.
2. The integrative practitioners endeavour to get to the root cause of the presenting problem which is paramount for effective diagnosis and treatment.
3. They look further afield for treatments that include complementary medicine that, in my experience, better support the patient on a physical and emotional level.
4. I personally have always seen an integrative health practitioner. I greatly appreciate the longer consultations, the approach of supporting my body through a wider range of testing and the taking of supplements. I believe in preventative medicine and do what I can to keep myself healthy with the help of my integrative health practitioner.
5. My daughter has been seriously ill with a 'mystery' illness for the last several years, bed bound for the most part. Visits to numerous conventional doctors only resulted in her being sent home with no recommendations as to what to do, apart from being put on anti-depressants. After finding an integrative health practitioner in another state he looked at length into her medical history and after doing numerous tests prescribed conventional and complementary treatments. The relief that my daughter felt in being supported, heard and taken seriously and treated accordingly was profound. Her health has now improved to the point that she is able to function independently once again.
6. Our choice will always be to go to an Integrative Doctor. I believe that the Medical profession needs many more doctors like these and feel the Medical Board of Australia will be making a very detrimental decision in restricting their services.
8. Integrative health care is the way of the future.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:26:37 AM

To the Medical Board of Australia,

I support Option 1.

Patients should be given treatment that is for their best benefit. At this point in time, no modality in the healthcare profession has all the answers. Conventional medicine works hand in hand with complimentary therapies and to restrict a doctors right to choose the right medicine for their patient is doing a disservice. An example many can relate to is the young student in high school or University that is stressed with poor quality sleep and high expectations. Very commonly, this demographic will succumb to illness such as Glandular Fever. What is the current recommendations in conventional treatment?

Bed rest. For a high achiever, taking time out and knowing you are going to fall behind will make the stress worse. It is wonderful when doctors have the power to recommend beyond rest and pharmaceuticals. As an example, Nutritional and Herbal Medicine would help to recover the body faster, cope with stress and prevent illness in the first place. If a doctor is trained and has the potential to help, why restrict that? I would urge you to keep the current guidelines and take into consideration the multitude of good quality and RECENT research. If a Doctor has longer to talk with their patient, they can better understand their needs, get the first prescription correct and lessen the burden on our healthcare system long term.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:31:22 AM

To the Medical Board of Australia,

I support Option 1.

I believe it is far better to allow drs to offer these services than not
I can say for sure acupuncture fixed my buttock pain

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 11:46:17 AM

To the Medical Board of Australia,

I support Option 1.

I really hope that these new proposed restrictions are not placed on our healthcare system.

Our family chooses to follow a healthy lifestyle and we prefer wherever possible to use natural products and therapies.

Please don't limit our health choices.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 3:53:31 PM

To the Medical Board of Australia,

I support Option 1.

I currently use various so called 'alternative' healthcare modalities alongside modern medicine. Most people I know do the same when required. I have been doing this since approximately the late 1970s. As a result I am still working at a very physical job in my mid sixties and will be able to do so until I can retire. This has been achieved with minimal invasive surgery.

I admire and respect many of the aspects of modern medicine but it's greatest fault is that like many humans they think they can control everything. Look around you and you will see how humans are not integrating with the natural world. Many alternative practices work much more with the nature of the human systems.

I also think you are bordering on racism if you are going to stop us from accessing the medicine of other cultures.

This is another step toward dictatorship and away from democracy and freedom of choice.

I very strongly believe there is room for all. I also believe that 'conventional' probably means stuck in a rut and frightened of the one sure thing in life, change!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 2:33:00 PM

To the Medical Board of Australia,

I support Option 1.

I 100% support individuals being able to choose their own personal method(s) for healthcare.

Integrative & complimentary practises often seek out the root cause of a health problem whereas traditional practitioners tend to treat the symptoms & this can lead to further health issues.

We should be able to decide our own method of treatment & not be penalised if we choose the more natural treatment.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:26 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine has significantly helped my family from my own health issues with breast cancer and burnout to my daughters multiple health issues and life long challenges from multiple disabilities. She now has a really strong immune system, no longer has multiple digestive complaints and overall had a happy healthier life with a lot less time spent in hospital. Supplements are so important for her given she was born with multiple challenges, these really support her overall health and wellbeing. I love being to see someone who is trained in this area.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 7:54:56 PM

To the Medical Board of Australia,

I support Option 1.

We have been involved in the natural health industry in Western Australia for many years and in that time have been part of a professional industry that has gained acceptance by many in the conventional medical field.

There should always be choice given for people to choose their health and wellbeing practitioners and as an industry encouragement to work with a variety of practitioners as a holistic approach.

People look for Integrative GP's for a more thorough examination of their health and a way to use natural therapies, sadly it is often as they have exhausted conventional medicine.

Don't take away our choice

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 26 April 2019 1:12:50 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine. Because Integrative & complementary medicine has helped myself and my family enormously. I use Integrative & complementary medicine regularly and it has helped with chronic fatigue and a thyroid condition.

If the MBA imposes restrictions on Integrative practitioners my health with deteriorate rapidly.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:28:26 AM

To the Medical Board of Australia,

I support Option 1.

I have always used Intergrative Medicine (Natural Medicine) and have achieved amazing results at no expense to the Government system.
If we lose the availability to use Natural Healing
I will be just another burden on the Government coffers.
Obviously it all about Big Pharma, Dollars for Government and NOT the true welfare of the people.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 7:29:27 PM

To the Medical Board of Australia,

I support Option 1.

I am 100% in support of integrative health options in Australia. I have used naturopathy, homeopathy, chiropractic as well as seen an integrative GP for my daughter, who was unable to be sufficiently treated by a regular GP for her allergies. Australians should have the choice to be able to take their own health care choices into their own hands and should not be limited in their options to access integrative and complements medicines. My naturopath supported us to care for my daughters allergies by looking at the cause rather than treating the symptoms which we were initially doing- and unfortunately this had side effects and only caused more issues for her. I am so thankful that we had access to her, and our whole family will continue to see her in the future. Please support Australians to be able to access health care that has shown many many benefits for hundreds of years. I am shocked to hear that this could become limited and feel as if we would be moving backwards as a country if this happened.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 8:21:35 PM

To the Medical Board of Australia,

I support Option 1.

I had the label of chronic fatigue syndrome for 10 years. Nobody in the medical profession could help me. I started turning to health professionals who used “integrative” and natural supplements and found myself improving. Restricting qualified health professionals from using these products with patients will let a whole lot of people slip into that space where they aren’t sick enough for medication, but not well enough to live life. Not only that, it means many people will self medicate with supplements and regimes found in Facebook forums, taking advice from complete strangers who are not medically qualified. These people will be at risk of harming themselves with such practices, and I know many will choose to take the risk, if their integrative doctor has lost their right to guide them and support them. It’s safer to allow the guidelines to remain as they are, whether you agree with their practices or not, they are helping a lot of people daily.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:59:43 AM

To the Medical Board of Australia,

I support Option 1.

I support having access to integrative and complementary medicine. It should be my choice to which type of healthcare I wish to receive. If it wasn't for integrative medicine, I would be in a wheelchair by the age of 50 (I'm now 53) according to a Professor of Rheumatology. If the MBA imposes restrictions on Integrative practitioners, I will just have to try and treat myself, which may put me in danger of interactions with other meds.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 6:49:38 PM

To the Medical Board of Australia,

I support Option 1.

I am writing to express my deep concerns at, and opposition to, proposed restrictions to integrative practitioners.

My family have benefitted greatly from consulting Integrative Doctors and the application of complimentary medicines and natural therapies.

On several occasions, natural therapies have resulted in the remission of conditions that did not respond to conventional treatments. Further, it is my firm conviction, that by pursuing these alternative treatment options we have greatly reduced our reliance on Doctors, hospitals, Medicare and the PBS.

Given our experiences, I cannot support efforts that seek to reduce the personal treatment options available and frustrate our choices.

I will be forwarding this email to the Federal Health Minister and my Federal MP.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 11 June 2019 11:55:23 AM

To the Medical Board of Australia,

I support Option 1.

To say that I am appalled, is an understatement. Patients that seek integrated practitioners have most likely spent many years seeking answers for a medical condition that either traditional GP's don't seem to know anything about, eg Chronic Fatigue Syndrome, or treat patients with such low regard, that the patient takes it upon them self to find an alternative. This is exactly the case regarding my daughter. We spent three years going to our local GP only to be told it's just a virus, maybe it's glandular fever. Meanwhile she became sicker and sicker to the point that school was not possible. Thankfully we were told about an integrated GP, who knew instantly what was going on. Many bloods tests were performed along with a gut analysis. Many issues were found which led to the diagnosis of ME/CFS. After a very strict diet of no sugar, fruit, gluten and high carbs, along with many supplements to support her immune system and mitochondria, my daughter is recovering and is managing to do some home schooling and can now read for the first time in many years.

I will support a doctor that puts finding the root cause of an illness and preventing it, to a doctor that specifically treats illness with a bandaid solution.

Our society is getting sicker even though we have more research and medicines than ever before. Cancer, MS, autoimmune diseases are on the rise because, as a society we trust our GP's to make us better instead of being responsible for lifestyle choices. An integrated doctor will teach you what to eat for optimal health. It is time we took responsibility for our own health. It is time more emphasis was put on the sugar added to our processed food and the direct impact that they have on our health. Food companies should be made accountable for their part in creating a sicker population. I cannot believe that an integrated practitioner could be punished for doing the very best for a patient and teaching them about health. Giving them the knowledge to understand how to achieve optimal health. Gut health is the way of the future. Training of traditional GP's needs to change to include this very important part of health. You don't put dirty petrol in a car for optimal performance, you shouldn't put bad food in a body either. Teach society, warn about the dangers of sugar otherwise in the next few years, our kids will be sicker than ever before.

I give thanks for our integrated practitioner who is so knowledgeable and has taught us so much, as a family, about 'health'. Let food be thy medicine, along with natural supplements, not man made chemicals. I will never see a conventional GP again. By the way, my daughter was visiting the doctor at least fortnightly, now it's probably three to four times a year, just to make sure we're still on track. That must be better for the purse strings of the government also.

Regards

I consent to publication of my submission without my name.

Sincerely,



From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:32 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

i would like no change to the current guidelines. I value the holistic approach to healthcare and support doctors rights to provide new and innovative practices, including complimentary medicine.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:40:03 AM

To the Medical Board of Australia,

I support Option 1.

I suffer from mental illness, and what my gp suspects is fibromyalgia, for lack of other diagnosis. I have much intolerance to prescription and over the counter medications/treatments. For many years I have managed my health with integrative medicine. I only become ill when exposed to toxins/ allergen and the mainstream medical system. People like myself rely on these services and much of what they practice has become accepted by mainstream medicine, and I believe this will increase in the future.

I would be a great burden on the system without these services.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:47 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative and complimentary medicine has helped my family and i

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 5:26:53 AM

To the Medical Board of Australia,

I support Option 1.

It is my will that the medical rights in the constitution r upheld-
right to treatment or choice - right not to be dictated to by others
regarding health choice

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 13 May 2019 5:36:54 AM

To the Medical Board of Australia,

I support Option 1.

I have found relief from my osteoarthritis using complimentary treatment when conventional medicine didn't help.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:17 PM

To the Medical Board of Australia,

I support Option 1.

I support and wish for natural therapies to be made available to everyone freely. They are the only therapies I use : naturopathy, acupuncture, bioresonance , homeopathy and herbs. They cure us every time we are sick , we rarely even see a GP. The cost for this is too high because it is not easily accessible ... so make It accessible!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 6:28:17 AM

To the Medical Board of Australia,

I support Option 1.

I support integrative medical doctors. I became ill several years ago. My GP had nothing left in her skill base for me. I saw 2 Naturopaths, neither could get at the problem. (Gut health was not really on the radar back then) I saw a Dr that had a broader perspective. He worked out the problem. No amount of medication could of cured my symptoms. It was all long term stress based breakdown of several subtle biological systems. It took 12 months but I was able to function like a normal person again. I also believe that it was at the time of my illness that the cancer started developing. It took several years develop. My GP left it undiagnosed (from my 1st query) for 2 years. It's hard to find the answers to everything in 10 minutes with a full waiting room. Maybe a more integrated GP with more allotted time could of diagnosed it sooner. My long term outcome would be different. I am grateful to be alive.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 8:38:43 PM

To the Medical Board of Australia,

I support Option 1.

I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines as I have experienced the benefits of it and think it is my right to have this choice.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:12:24 PM

To the Medical Board of Australia,

I support Option 1.

Integrative & complementary medicine has helped me, family & friends.
I consider this my preferred way of dealing with health issues and
wish to continue with my free choice. There is plenty of research to
show complementary medicine does work!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:40:10 AM

To the Medical Board of Australia,

I support Option 1.

Dear MBA,

As a direct beneficiary of complimentary and so called nonconventional medicines I would not be alive today without them. My body is healed from cancer with a combination of conventional non-conventional treatments. My menopause is under total control with a combination of natural and conventional, and through regular medical blood tests my body shows clearly how much it enjoys and benefits and thrives from vitamins minerals supplements etc

I reserve the the right to choose what I put in my body and whether or not it's chemical or natural. This is a fundamental human right and it's not something that you have a say over at a personal level. So I encourage more integrative medicine . More freedom of choice & more respect For individuals to decide what they put in their body and when.

Yours sincerely

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 8:34:25 AM

To the Medical Board of Australia,

I support Option 1.

To remove a patients choice, and medical/integrative practitioners choice to use/prescribe integrative and complementary medicine is creating a dictatorship.

Not all issues can be resolved by pharmaceutical medicine.

Intergrative and complementary medicine is essential to some patients health and well being, without it my young son would still be suffing when conventional medicine couldn't address his issues.

To restrict our choice and access to intergrative and complementary medicine is unethical and simply money grabbing at its worst.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 2:53:08 PM

To the Medical Board of Australia,

I support Option 1.

Good afternoon,

I value choice and use both Western & integrative complementary medicine. All have value and all are imperfect. I believe we have more ill effect from Western medicine in general than alternatives. Apart from monetary considerations from those who don't want to see alternative methods of medicine what is the problem? Surely alternative medicine can be regulated. As it stands the regulations regarding rogue doctors and treatments in Western medicine leave a lot to be desired.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 12:42:47 PM

To the Medical Board of Australia,

I support Option 1.

I believe in both Western and Functional Medicine. Both have a place in our society. There are concerns with both Western and Functional medicine and it is the concerns that need to be addressed not throwing out the baby with the bathwater. I have had successful treatment with both Western and Ayurvedic practices. Ive also had misdiagnosis with Western Medicine. My concern is proper due diligence for all medical practitioners. Thank You

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 24 April 2019 8:05 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I object to a change in the guidelines for GP's being able to refer their patients.

When I needed to see a GP, I choose one with an interest in holistic health on purpose. I didn't want to see one who had no interest or knowledge in complementary health.

Every modality has its limits, including western medicine and a good health care practitioner knows this, and will refer their clients as needed.

Referral is about doing what's right for the person being treated as opposed to keeping them attached to a modality.

So if the suggested changes to the guidelines are about supporting western medicine and the pharmaceutical industry then you aren't approaching this from the perspective of what's right for the patient.

Everybody deserves a choice and free will to support their health in the best way for them. Restricting doctor's abilities to refer is damaging to free will.

Personally, it was not western medicine that reversed out my Hashimoto's. Yes I saw a GP, but she DID recommend natural supplements over anti-depressants and they made a huge difference in how I was feeling.

And while she did prescribe thyroxine, I always considered it a short term medication (which didn't work well anyway).

I then used a combination of naturopathy, Kinesiology, TCM and yoga to heal my body and reverse the diagnosis.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 2:20:34 PM

To the Medical Board of Australia,

I support Option 1.

The proposed restrictions are an attack on our rights to choose, body autonomy, civil liberties, and democratic rights as Australian citizens. Our rights to choose what healthcare is right for ourselves and family should be maintained and upheld without restrictions at all cost. I completely and utterly object to the proposed changes. We live in democratic society, not a dictatorship!!! The MBA has no right to impose these restrictions upon us!!!! The proposed changes are an absolute disgrace and civil rights issue.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 5:56:14 PM

To the Medical Board of Australia,

I support Option 1.

Diseases and conditions are debilitating lives and need to have their root cause treated instead of only the symptoms being controlled.

By the MBA imposing restrictions on Integrative practitioners, the population will needlessly suffer as the underlying cause continues to undermine other body systems.

I have tried to understand WHY there is such opposition to alternative health, but can only conclude that there must be a conspiracy. It beggars belief that this is even an issue.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 5:03 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Please respect our health choices and ability to access all options

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 11:16:43 AM

To the Medical Board of Australia,

I support Option 1.

To whom it may concern, Integrative medical practitioners are important as they are the future of medicine. Western medicine is important as a first line of action in many emergencies but alternative care such as chiropractic, natural medicines such as herbs and vitamins address the person in an holistic way. You are what you eat is such an important consideration in health treatment and yet most doctors don't even ask the question nor have they been versed in nutrition in their training. So please do not limit the practices of these amazing Integrative practitioners as we as a populace need them more than ever. The world is full of ill people and a different approach is needed.

Thank-you for reading my submission I hope your intuition which we all have guides you to do the right thing .

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 5 May 2019 8:03:13 PM

To the Medical Board of Australia,

I support Option 1.

In recent years I had the luxury of finding a GP who would listen to my feedback on the effects experienced by myself to various medications (particularly painkillers) that were prescribed to alleviate pain from the injuries sustained in daily work on a farm. Together we worked out a combination of traditional (western) medication and so called non-traditional approaches such as chiropractic, Bowen therapy, changed dietary supplements and physical exercise routines that worked for me.

Without this approach I would doubtless have been stuck with the sausage factory approach adopted by what seems to be a majority of GPs, which is to just prescribe stronger and stronger painkillers which for me had some truly scary side effects. This sledgehammer approach was truly ignorant of my obvious responses to these medications.

The use of westernised medication protocols to treat certain conditions is not being criticised. There are some conditions that can only be treated with a modern approach. However I am a firm believer that the modern approach (medications) can in many situations be improved and enhanced with the judicious use of what the Medical Board of Australia would doubtless be calling “untested and unproven complementary practices”.

I use both complementary medical treatments and westernised medication to allow me to continue to undertake arduous physical work in my mid 60s. The westernised medication assists with mild hypertension and the complementary medicine assists with dietary supplementation where needed and in freeing up movement restrictions as they occur. All of the practitioners that I see are aware of the other sources of treatment that I employ to stay generally fit and well.

I feel that some of the newer (younger) GPs are keen to work to achieve an integrated, more holistic, gentle and less brash approach to patient care, rather than the more traditional sausage factory approach of their elder brethren who feel that they can look at you across a desk for less than two minutes, give you a diagnosis, a prescription and hunt you out the door with a quick “come back next week if you are not better”!

If the Medical Board of Australia were to impose restrictions on integrative practitioners who I feel work in a more holistic manner, then my ability to work with my GP and discuss my own personal wellbeing and how my own health is managed in a holistic, integrated manner to achieve continued well being will be compromised to some extent. To limit or control the manner in which medical providers (western, integrative or complementary) is to me a way of saying that we in Australia are happy with the way things are going now and that we see no benefit in innovation.

Such a restriction may stifle any hope of an integrated approach that may well promote innovation through exposure of medical practitioners to differing information sources and see an overall improvement in health outcomes for a population that is aging. The proposed restrictions may well contribute to more of a rise in related health costs such as hospital admissions and medication reactions and allergies.

If Australia is still to be regarded as the clever country and at the forefront of medical innovation, why would any governing body impose restrictions that could well stifle expansion of knowledge and future innovation in a field that we as a country spend such vast sums of money?

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature area.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 4:06:35 PM

To the Medical Board of Australia,

I support Option 1.

I fully object to the proposed changes, it is a breach of our democratic rights and civil liberties, we have the right to choose what healthcare treatments are right for ourselves without restriction. I use complimentary medicine frequently to maintain my overall health with great success and satisfaction and will continue to do so always.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I just think people should have a choice

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 12:00:59 PM

To the Medical Board of Australia,

I support Option 1.

Patient access to integrative and complementary medicine is very important for health care within Australia. This includes access to Integrative GP's and Naturopaths working together for the best health outcome for the patient. Practitioners are utilising multi-modality therapies that are scientifically based such as nutritional and herbal medicines, alongside pharmaceutical medication, adequate testing and monitoring. Patient's that choose this thorough and holistic model of care shouldn't be punished financially by taking away their benefits. These patients more often than not are proactive about their health care, preventing more serious chronic diseases from eventuating and thereby relieving the load on the hospital system.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:20 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have the right to choose my doctor and holistic healthcare for myself - I do not agree with the proposed MBA guideline changes.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 11:53:26 AM

To the Medical Board of Australia,

I support Option 1.

I wish to put forward my vote to allow Integrative and Complementary Practitioners to continue practising without changing the current practice guidelines.

As a complementary health practitioner myself, I understand how important it is to have an alternative option to the traditional medical system. In my experience with other practitioners that I have sought health advice from and in my own practice, people gain a greater understanding of their individual needs, how they can be proactive in managing their own health and being educated how to live a more preventative lifestyle. This reduces the burden on the existing medical industry, where doctors are overworked, tired, have less time for meaningful face to face consultations with patients and their own professional development.

I believe there is a place for both healthcare approaches to work side by side and support each other rather than a "them and us" situation. A large portion of society now face ill health caused by chronic inflammation, which cannot be satisfactorily addressed with medication alone. Integrative medicine can play a large role in finding a unique healing path for individuals which may be less invasive, costly and stressful than conventional methods. It also gives people choice - some degree of control as to how their health is managed. A right we should all have.

Please take my submission under serious consideration. Many other countries around the world have access to both conventional and complementary medicine and have done so successfully for many years. We are a nation of progression and I would like to believe this is the case in regard to health and wellness of our people.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 7:06:44 PM

To the Medical Board of Australia,

I support Option 1.

I believe we the people of Australia have a right to choose a course of treatment and given options as our bodies are ours!! Therapy choice is that a choice! Dr's need the the ability to treat the individual not the masses.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 11:15:57 AM

To the Medical Board of Australia,

I support Option 1.

We have a right to choose how we are treated and believe both practices can work together for the better well being of a patient. We should not have that right taken away.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 8:55:45 AM

To the Medical Board of Australia,

I support Option 1.

Who has the right to decide what treatment is best for us? I think we do ourselves and our GPs that have been taking care of us for years and know us holistically.

Not all ailments can be treated with a drug.

I support a combination of treatments suited to whatever the issue is at the time. There should not be one box to tick but an option of ticking multiple boxes.

Please leave the choices with the patients.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:31 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Dear Sir/ Madam,
Current Registered Health Professions ought to be left as are. For whatever reason, if an Integrative approach works and is not harmful, even if nothing more than an effective placebo yet with a positive result, why not.

What the MBA may wish to investigate, is the multilevel marketing companies that push Essential Oils for all manner of use including internal - most of the "self-styled" health wellness advocates " have zero medical/ nursing training yet suggest the use of essential oils even in infants. Some of those people are deluded and have no insight into the potential harm that could be inflicted on unsuspecting " patients". In France, only qualified actual Medical Doctors can prescribe for the internal use of Essential Oils after attaining another post graduate degree in Aromatherapy.

Thankyou.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 12:40:20 PM

To the Medical Board of Australia,

I support Option 1.

Once again, big pharma is trying to take away our sovereign individual health by using any and all excuses to take away healthy "fringe" benefits. "fringe": vital nutrients that our body needs to actually live on Earth. What's next, taking away the right to grow our own food organically, healthily the way mother nature provides it? Fringe: Indian and Chinese medicine that has been used by the worlds 2 largest populations for over 5000 years. Excuse me? How can Indian and Chinese herbs, homeopathy and acupuncture be fringe. Yeah, fringe to idiot white men who have the agenda of making billions at man's bodily health expense. Fringe to stupid white man who only gained intelligence in the last 600 years and is willing to kill, murder, enslave any and all to make money. Cure: no longer allowed to say by big pharma. Of course, they want people sick, on constant medication so they can rule the world. You people make me want to vomit. Finally doctors are realizing what the people want! Their health!! Naturally, inexpensively, healthily: not man-made toxic poisons that kill us off and give us dreadful quality of life. No-one has the right to take away my health, my right to god-given, mother earth provided herbs, homeopathy, healthy organic food and human touch by white man who is incredibly selfish, greedy, nasty, evil and disgustingly only thinking of their paychecks. You all will suffer for this. What goes out of your mouth, eventually you will eat!! This is Cosmic Law!! Undeniably, irrefutable, hidden, lost, forgotten but the law all the same. Be very careful. You will remember this after you are dead. You have been warned. All stand before the Karmic Board after death. The vital question? how did you serve others with love? Is it love to take away people's right to health; and vital nutrients; so big pharma can make their toxic poisonous billions? Good on Doctors for finally learning about natural medicine, and then utilizing it in their practice for people who want better health. typical this is hurting the bottom line of big pharma and typical, this is their attack. Medicine, Media, Government, Oligarchy, Churches : all in it together to harm others. Evil, evil, evil and all for a tool called money. Idiots!!!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:33:08 PM

To the Medical Board of Australia,

I support Option 1.

Without accessing an integrative GP, I would not be functioning as a mother and a teacher. I have an auto immune condition. My GP and other doctors do not fully understand all conditions. I was being told that my tests were in normal range and you'd be ok. I was not ok and really felt let down by the medical community. I found a wonderful integrative GP that listened to me and my symptoms not just the numbers. I wish to retain the right to seek help from a medical practitioner of my choice. Please keep the current standards the same.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 12:00 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative medical options are essential to ensure patients are empowered and informed on choices!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 1 June 2019 11:43:21 AM

To the Medical Board of Australia,

I support Option 1.

Every Australian has the right to choose what treatments they undergo.

1. Doctors should be allowed to offer complementary treatments where they see fit if it enhances the quality of life of their patients.

Many complementary therapies have a strong track record in relieving pain, and would be beneficial in preventing heavy reliance on opioids.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 8:54:45 AM

To the Medical Board of Australia,

I support Option 1.

For over 20years I was told I was a malingerer, hypochondriac, or nothing was wrong with me. I was then diagnosed with Chiari Malformation with Syringomyelia & after surgery told I would be in a wheelchair for the rest of my life. I was prescribed massive amounts of painkillers such as Lyrica, Endep & others. All of which made me "foggy" & unable to think & function for a little over 11yrs since surgery.

I recently started seeing an Integrative Dr who, after Xrays, FULL blood tests, MRI's, and a number of "tweaks" to my diet & medication, including herbal supplements, I am now walking, functioning & almost pain free! I am enjoying life again. After 30odd years of pain, exclusion, fighting the medical system & missing out on many activities & life with my children & grandchildren, I am eternally grateful to the work my new Intergrative Doctor has done. 30yrs of increasing/,incredibly debilitating pain almost wiped out by ceasing all big pharmacy medicines & switching to more 'natural' herbal supplements & vitamins.

Alternate medical practitioners should be encouraged, recognised & registered because they at least INCLUDE the so called traditional big pharmacy, without bias.

I am proof of how warped the current medical profession is & there are many, many more like me!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:11:18 AM

To the Medical Board of Australia,

I support Option 1.

Please be advised I wholeheartedly support the use of integrative medical care and indeed it is the right of all Australians to access this care if they so choose.

I personally will only use conventional medical treatments, i.e., drugs and surgery, as an extreme last resort. I do NOT want to be treated with drugs or surgery unless it is absolutely necessary.

I am currently being treated for uterine fibroids as well as cancer and need to see two health professionals, a doctor and a naturopath. I am seeing wonderful progress using herbs and other natural therapies. The only reason I'm seeing a doctor is for the testing. For the treatment that I want I need to see a naturopath.

My ideal situation would be to see an integrative medical doctor. However, I was unable to find one in my area and I find it extremely frustrating - not to mention expensive - that I have to shuttle between the two.

It is already hard enough for patients like myself. Imposing restrictions on Integrative practitioners is not only highly unreasonable, it just makes it that much more difficult for sick people who do not want to be force-fed with drugs.

I urge you to respect the right of all Australians to choose the type of medical care that is right for them and to support health practitioners who offer complementary and integrative medicine - these doctors should be applauded for their foresight not penalised by ignorance and narrow sightedness.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:30:51 AM

To the Medical Board of Australia,

I support Option 1.

I am an aging woman and have always determined my own health treatment plan; which includes a combination of Natural and GP based health practices. My doctors are aware of my determination to treat myself with as holistic an approach as possible. Together we make choices about my health. I am informed and will take advice regarding treatment once I have been given good reasons for doing so.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 10 May 2019 3:18:56 PM

To the Medical Board of Australia,

I support Option 1.

If it was not for my integrative GP I would not have a quality of life. As a 28 year old female trying to establish myself within my profession and have a career I found it significantly disheartening to be told my surgeon, specialist and doctor that the significant pain I was continuously experiencing would now be my life. This significant pain was debilitating to the point I would remain in hospital for 1 week with each admission. There was no medication I could take to assist, unless you count fentanyl as medication as this relieved the significant pain I endured.

Since November 2017 until March 2019, I had to take a significant amount of sick leave. My work and career were put on hold. I was unable to function. I was unable to sleep and barely able to eat. I was unable to enjoy life. Not even surgery and the removal of my gallbladder stopped the pain. At the end of the day I had no quality of life and I was always waiting on my next admission to hospital with debilitating pain.

It was not until February 2019 that I was advised to see an integrative doctor, who for once took the time to actually listen to me and allowed me to explain the pain and symptoms I was suffering from. It was an integrative doctor who recommended I undergo testing that was not "stock standard" to find the cause of my pain. If it was not for my integrative doctor who recommend vitamins, minerals, herbal supplements, natural therapies, diagnostic testing and other services not typically offered in 'conventional' medical care I probably would not be able to continue working or living life as a successful 28 year old female.

If the MBA are to impose restrictions on Integrative practitioners and see patients as if they are another number then I will still be frequenting the Emergency Department and seeing specialists to only be told "this pain is now your life - deal with it." It was conventional practitioners and methods that were deteriorating my quality of life.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 8:00:12 AM

To the Medical Board of Australia,

I support Option 1.

I own my body. Not the government or the medical systems, I want all options not just the very limited Australian medical system of limited western medicine. I want my health care to work and not be decided by limited view or finances. Free will is a universal lore respect it.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 9:17:07 PM

To the Medical Board of Australia,

I support Option 1.

I'm 72 this year and have had great success with complementary medicines. I wish my GPS could recommend some or most of those but they generally seem reluctant to recommend non prescription drugs. Through researching and information from more than one integrative practitioner and common sense. I personally want the option. I have had GP's not identify my problems and without complementary advice I wouldn't have questions to ask my GP who eventually sent me to another GP who helped me out. I do take a lot of prescribed medicines which I'm sure long term is not good for me. Why can't we have well trained and Approved/accredited complementary medicine prescribers. I'm sure the power of the pharmaceutical industry would flight against that. PLEASE we do not live in Russisa. We deserve well informed choice. I have visited chemists in China and Italy to purchase products for the flu and joint pain and they have mostly offered complimentary products which eventually worked slowly. Without strong drugs.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:37 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine has been incredibly helpful to my family, in several cases where allopathic medicine did not help. If doctors were prevented from recommending such therapies as they saw fit, I would have little reason to consult one. Allopathic medicine is not the solution to every problem and to pretend that it is will only breed distrust of doctors. If you truly care about consumers you will not prevent their doctors from giving honest advice on all potential therapies.

I also find it horrifying that doctors could be restricted to ten minute consultations. Ten minutes is almost never sufficient for a comprehensive assessment of any medical issue. Already patients are often treated as machines rather than the individual, thinking, autonomous beings we are. Understanding goes a long way in building trust and if the MBA adopts these kind of restrictions they will be making allopathic medicine even less relevant to consumers. A practitioner who takes the time to listen, understand, and work with the patient according to their individual abilities and convictions will always be more desirable to consumers.

Why do you want to restrict our options? Why do you want to stop doctors from providing a service that we want?

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 9:27 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support keeping complementary medicine available to patients - I have suffered from chronic auto immune disorders and found no relief from orthodox medicine and experienced side effects of the medications .

I since have seen a several doctors whom offered other solutions that provided complementary medicine solutions and this helped greatly . I do not support that we do not have a choice It's essential to embrace both modalities to provide choice and the best possible health out come to us as patients .

One of the virtues of medicine 'first do no harm ' . Unfortunately alot of allopathic medicine now as alot of side effects and as patients , we are asking our doctors for alternatives as well for our children

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:38 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Imposing restrictions would potentially reduce the options for healing that a patient is exposed to. Pharmaceuticals are surely not the only option for healing, and natural alternatives should be in the toolkit for Doctors to recommend to patients.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support integrative and complementary medicine as it has helped me to become symptom free after a diagnosis of lupus in 2014. I chose a holistic GP as she was able to prescribe the recommended medication, Plaquenil, as well as the correct and complementary supplements, diet and lifestyle changes. I felt very confident making these changes as it was my medically trained doctor who had undertaken further study to understand the science behind a holistic approach to healing. I no longer need Plaquenil - but I continue to use supplements and follow her dietary and lifestyle recommendations.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:14:29 PM

To the Medical Board of Australia,

I support Option 1.

Integrative and complementary medicine is as important as standard western medical practises . Both have a place to go hand in hand for the health and well being of all of us.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 4:47 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Being diagnosed with Lyme disease and an autoimmune disorder I would not have been able to improve without the assistance of integrative and complementary medicine.

I think the real question is 'What are you afraid of?'

I had to use Western style medicine and a multitude of complementary medicine to regain some form of functional health and all was at great expense to my family!

If you limit the access to the every day individual to complementary medicine then you risk the downfall of our whole generation's health and well-being. Do what is right for the common good and allow access for all to integrative and complementary medicine - leave it alone!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:46:43 AM

To the Medical Board of Australia,

I support Option 1.

It makes so much more sense to have a gp provide information on holistic options in the context of the clients other medical conditions and treatment. Should they not be allowed to the client will seek advice from holistic practitioners who don't have all the details in their medical history.

We claim to be a country of Free choice - while I understand the need for quality control this is taking it too far. Provided a gp has the relevant knowledge it doesn't make sense for them not to use it. GP's aren't laymen off the street. They are qualified with scientific method as their training backbone. If 1 in 3 recommend holistic therapies then they obviously think they work. But maybe that's the problem here?

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:40:35 AM

To the Medical Board of Australia,

I support Option 1.

Remember your oaths boys.

First - Do no harm.

Prescription drugs kill. It's an objective fact. Never heard of anyone dying from natural therapies...

Stop bowing to Big Pharma and remember why doctors are doctors in the first place.

You're all just a bunch of corrupt cronies taking massive kickbacks and putting people's lives at risk.

We see through the [REDACTED] and your agendas...

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:03:06 PM

To the Medical Board of Australia,

I support Option 1.

To whom it may concern

I have benefited greatly from holistic medicine and wish to not have restrictions imposed on the system as it currently stands.

Best wishes

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:17:04 AM

To the Medical Board of Australia,

I support Option 1.

I'm in support of no change to the current standards of integrative healthcare choices as if I didn't have this option available to me I wouldn't be around today. I saw so many standard gp's who couldn't find what was happening with my health. It took an integrative healthcare professional to get to the root of my health problem. Please don't take this option away from very sick people, it may be their last chance in some cases.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 17 June 2019 1:34:46 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is preventative medicine and widely used in Australia. This saves the Government billions of dollars each year as people who access integrative doctors and medicine are sick less often and more likely to avoid chronic illnesses. Integrative medicine takes the burden off the already over burdened mainstream medical system in Australia. If this was removed myself friends and family will be devastated and angry that our free choice has been taken away. I personally have used integrative medicine to overcome cancer and support my health my whole life where western medicine could not help.. many thanks for reading this. I do hope common sense prevails

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:26 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

To restrict access to alternative and natural treatments is to restrict learning and growth of the health system. Eventually it will stagnate and cease to provide the care and the cures it currently purports to.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 22 June 2019 10:37 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

The western medical treatment system is based upon the need for a person to have a quantifiable illness or disease. Only When the problem has reached such significance can mainstream doctors offer treatment and then the treatment often incorporates toxic substances in "controlled" amounts. Conventional doctors rarely deign to answer questions, choosing to look at these as challenges rather than a legitimate attempt to understand the arcane issues which are now confronting someone heretofore unlearned in medical terminology. Complementary or holistic approach offers the opportunity to prevent such illness. Toxic substances may be used but I have never encountered them in such a regime. All treatments are fully explained by alternative healers.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 10:37:04 AM

To the Medical Board of Australia,

I support Option 1.

This is surely not in the best interest of patients, nor medical doctors. It has to be seen as a restraint of trade against both open-minded doctors, patients and at least the registered health professions.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 3:08:20 PM

To the Medical Board of Australia,

I support Option 1.

I support integrative and complementary medicine for the simple reason that it works. My family has experienced great success with integrative care for both curing issues that we thought we had to live with and managed as mainstream medicine was not able to help and we have also been successful in preventing medical issues through healthy choices supported by our integrative and complementary professionals. As I mother I have done a lot of research and spoken to many professionals to insure I was making educated choices for my family. I have chosen to combine todays mainstream medicine with integrative and complementary and I feel I am experiencing the health benefits of combining the best of both. Please give the patients credit to making good education choices for themselves.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 5:24 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

People need the freedom of choice to choose how and what kind of medical care they wish.
Respecting people's personal wishes is the right thing to do.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 10:33:12 AM

To the Medical Board of Australia,

I support Option 1.

I support an inclusive healthcare model that includes integrated approaches to health and maximum choice for patients. Please look to some examples like Japan, China, Germany etc where multiple health modalities coexist and are used in a complimentary fashion to maximize outcomes for patients.

I am currently receiving treatment for cancer and fortunately have been able to access the services of an integrative oncology GP in Melbourne that has provided valuable complimentary advice on supportive nutrients and pharmaceuticals to enhance my treatment response above and beyond what was offered by my conventional oncologist.

If MBA imposes restrictions on integrative practitioners I would be forced to travel overseas to access the proper level of care is required for my health condition, which till now has been unresolved through the conventional treatment options commonly available.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:33:31 PM

To the Medical Board of Australia,

I support Option 1.

Integrative health care allows me to manage my chronic condition: PCOS. This affects my physical and mental wellbeing and puts me at risk of cardiovascular disease and (in my case) diabetes which could become costly for the healthcare system.

As a taxpayer I would rather encourage people to take responsibility for their lifestyle and good health rather than being a financial burden on the public purse.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 9:12:00 PM

To the Medical Board of Australia,

I support Option 1.

Integrated and complementary medicine should be a choice made by an individual or parent.

It is hard enough being unwell so having options to try different alternatives is a must. We are all different and the one thing that works for me might not work for the next person. Our doctors should be trained to provide advise on these natural alternatives. I do not see the harm in this.

I believe in it because it works every time! Natural treatment encourages the body to heal on its own and boosts the immune system.

I have a young family and this is important to us. Please, the choice should be ours.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 19 June 2019 11:16:36 PM

To the Medical Board of Australia,

I support Option 1.

I and my family have used chiropractors, acupuncture with great success in treating backache and migraines which traditional medical practitioners haven't been able to treat. There are good and bad traditional and alternative practitioners.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 8:35:37 PM

To the Medical Board of Australia,

I support Option 1.

We must have freedom of choice in this regard. It has been proven that many of these modalities work more effectively than pharmaceutical drugs which have major side effects and cause physical damage. It must be up to the medical professionals discretion to make these suggestions and the patient to decide whether they wish to pursue them. Lets keep Australia fair and democratic.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 7:18:44 AM

To the Medical Board of Australia,

I support Option 1.

I support the retention of the current guidelines for complementary medicines. A wide based, less invasive approach from fully qualified practitioners would be more beneficial to successful outcomes.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:14:00 PM

To the Medical Board of Australia,

I support Option 1.

I want to be able to go to a medical professional to be diagnosed and have a therapy other than drugs or surgery recommended. My family have treated a number of ailments using so-called "fringe" medicine and most of the time it has worked just as well and sometimes better than anything in the doctor's office. I'd like to be more informed, and it would be great if doctors could tell me whether or not a "fringe" therapy would actually help or not.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 7:01:07 AM

To the Medical Board of Australia,

I support Option 1.

I implore you to please keep integrative and complimentary medicine and the knowledge of how to use it for health available to our future generations. We should always have a choice about our health and that these kinds of 'complimentary' medicines have worked for me where 'traditional' medicine did not. These medicines have been used to treat conditions naturally with little to no side effects for hundreds of years.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 19 June 2019 2:10:43 PM

To the Medical Board of Australia,

I support Option 1.

As well as restricting clinical autonomy, Integrative doctors who typically provide longer consultations to understand root causes of illness may be restricted to providing the “conventional” 10 minute consultation, thereby diminishing diagnostic capabilities and individualised treatment plans. This is not because their recommendations are unsafe, but just because they are not “conventional”.

By framing them as ‘fringe’, the guidelines also place the regulated traditional medicine professions of chiropractic, osteopathy, Chinese medicine and acupuncture (TCM) at risk.

It may also lead to medical and allied healthcare professionals being unfairly and unreasonably targeted by vexatious complaints to the Australian Health Practitioner Regulation Agency (AHPRA).

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 7:39:24 PM

To the Medical Board of Australia,

I support Option 1.

I wish to express concerns about the tightening of regulation in relation to practitioners providing integrative treatments.

In my experience with illness caused by iodine toxicity leading to multiple health issues and delayed diagnosis, it was the practitioners who were willing and able to think beyond conventional approaches to assist me to be diagnosed and access ongoing healthcare.

I was poisoned by consuming an imported and popular soy milk- because this was not a common presenting issue in Australia, it was not diagnosed or treated immediately- in fact I had 2 conventional doctors, one an endocrinologist, tell me that they would not explore the cause of my hyperthyroidism.

If not for the functional medicine practitioner, I would have continued to suffer ill health and not have been correctly diagnosed and treated. Pharmaceuticals were needed to assist me in the first 12 months and following that, to support my recovery, I required nutritional supplementation. I am grateful for the Dr who tested for things that conventional Drs wouldn't and who had treatment to offer me that could help me recover.

It is essential that you do not make a decision to limit what doctors who work holistically do. It is a patients choice who they see and there should be professional respect shown for practitioners who choose to work with complementary medicine and provide thorough help to patients.

I was let down by several General Practitioners who stuck to the usual tests and the usual length of consultation- and sent off with a variety of diagnoses from vertigo, viruses and anxiety which were inaccurate and unhelpful, leading to many many months of illness and suffering. This approach to my condition led to the development of PTSD- I was let down by medical professionals.

If I had known to go to a functional medicine practitioner immediately, I would have felt safe and supported and I know I would have received help. My suffering and ill health could have been mitigated.

These practitioners seek additional training and understanding and to provide quality care to patients presenting with complex health issues. Given that we are seeing an increase in health issues such as chronic illnesses that conventional medicine is unable to help with, it would be reckless and narrow minded to limit this essential area of practice.

I consent to publication of my submission without my name.

Sincerely,



From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:27 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I believe in the rights for Doctors to offer a wholistic approach to medicine, to allow complimentary medicine to do just - compliment.

People should have the right to choose their Doctors and Doctors should have the right to integrate whatever they believe is in the best interest of patients health - this should not be dictated by the MDA. If patients don't like the advice they have to right to seek further.

Why change something that isn't broken.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 7:05:08 AM

To the Medical Board of Australia,

I support Option 1.

I am outraged to hear that you are considering changing our laws to restrict healthcare professionals ability to prescribe or recommend integrative or complimentary medicines.

This is a threat to wellbeing and health of humans everywhere.

More and more we find that western medicine does not have all the answers and for life threatening diseases like auto immune conditions, cancer and conditions which doctors are puzzled by, oftentimes complimentary medicines can be so important.

I myself had had firsthand experience with this.

I have used acupuncture, herbs, homeopathy, Osteopath, naturopathy to name by a few to heal asthma, level 3 cervical dysplasia (pre-cancerous) and working as a massage therapist hear daily of many people who have had similar experiences. Yet when they tell their doctors are told "it's just luck".

It is time western medicine evolves and embraces the knowledge and wisdoms the eastern and complimentary medical fields have to offer and STOP supporting the wealthy pharmaceutical company's growing even more powerful and greedy.

I would support even the eastern model where people pay for the healthcare system while they are healthy and attend their physician choice when not - for free.

I fully support the retention of option 1. Please support our rights to choice how we take care of our own and our families health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:02:05 PM

To the Medical Board of Australia,

I support Option 1.

I use complementary medicines including herbal medicine, Chinese medicine, homeopathy, chiropractic and kinesiology, naturopathy for my family and it has allowed me to avoid the use of antibiotics on my kids for the last 7 years. Finding professional and deeply knowledgeable integrative practitioners means we manage our health proactively and are less of a burden on the health care sector. My kids are in great health and we have ended cycles of ear infections and gut issues by using these modalities.

We have a great relationship with our GP who understands the role that complementary therapies play in our health care management and it is critical to know we have a partnership with my GP in this way.

Denying the use of complementary therapies is arrogant, involves an unscientific view of research in these fields and builds distrust between the medical profession and the public who use these therapies with success. It is an affront to my rights as a proactive parent who wants health and long term wellbeing for myself and my family and can see the benefits from this use.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 6:39 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We have the right to make a choice in the treatment pathway we choose whether that be the natural or medical approach and therefore should not be restricted access to seeking this professional help

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:27 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have always valued a holistic, integrated approach to healthcare and I wholeheartedly support a doctors' right to provide new and innovative practices. This includes complementary medicines which have helped me immensely in past 30 years since being diagnosed with autoimmune issues. I also value MY freedom to CHOOSE the healthcare and health providers that I wish.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 7:20:32 PM

To the Medical Board of Australia,

I support Option 1.

Autonomy in healthcare is our right. You are risking the health of the nation by ostricising alternative and traditional options and by claiming that qualified professional GP's are putting peoples health at risk by utilising remedies and therapies that lie on the fringe of medical practice only because of lack of funding for research that would prove them to be effective. This is a pharmaceutical company agenda and should be blocked by the people who are supposed to represent the public, not aided.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 20 June 2019 5:53:30 PM

To the Medical Board of Australia,

I support Option 1.

Without complementary therapies I simply would not be functioning today. Why over burden our health system that is already at crisis point?

These therapies work extremely effectively and should remain part of our health system.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 3:26 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I think this country is loosing sight of preventative health care & our right to choose how we look after our health & well being.

I don't agree with the proposal that Dr's cannot recommend vitamins or other forms of treatment.

Who can legislate what individuals need for their health?

This is not ok!!!

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 4 May 2019 9:04:21 AM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine has helped my husband and I get to the bottom of health issues when no GP was able to find the reason of our health problems.

Thanks to it we were appropriately diagnosed and now on treatment.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 1:13:52 PM

To the Medical Board of Australia,

I support Option 1.

I do not support any changes that restrict patient access to integrated and complimentary medicine. I have had enormous and miraculous success over the last 26 years with alternative therapies. This includes - vitamin A and Zinc regime to cure significant acne which cleared up after 3 days on the treatment regime. This was after 2 years of anti-biotics, finally being offered roacutaine which I refused once speaking to friends who were on the drug and reading the warnings. I have had enormous success with reduced symptoms of irritable bowel through traditional Chinese medicine after the established system offered me nothing but painful and invasive testing and possible surgery with no guarantee of what they were treating. In 2015, I was able to rid a terrible mouth infection within 3 treatments of intravenous vitamin c that plagued me for 2 months, despite taking various kind of antibiotics that just created new problems (like diarrhoea). My mother recently passed away due to a heart condition that she had when she was 12 that was misdiagnosed, then rediagnosed when she had me, but was never offered corrective surgery until it was too late (1 year before she died and only after changing her Cardiologist). In the meantime, she also developed a carcinoma on her leg. She went through two operations to have it removed. The experience is what killed her and the only person to profit from it was the surgeon. She was never offered alternatives, and because she was receiving treatment under the establishment with regular visits from community nurses, there was limited opportunity to experiment with far less evasive treatments because of the witch hunts conducted against alternatives. When we did experiment, there was signs of progress but treatment could not continue without arguments with the nurses and the profession. My mother was 82 with heart valve condition that all the heart specialists had wiped their Hands of. She was palliative but still could not be treated with alternatives without losing potential benefits or support that she needed. Alternatives that might would have been less painful and equally as effective than the one she received. While in hospital trying to recover she was again put on antibiotics which gave her Clostridium difficile infection. As well as being put into rehab a week after second surgery to remove an infected skin graft after the offending cancer was removed, she was asked to do exercises rather than rest (which in a hospital with nurses having conversations, constantly checking observations and administering drugs at non negotiable times is hard to get) it was all to much for her body. She died the day getting out of hospital but what a torturous nightmare full of anxiety that she had in those 3 weeks. To take away patient rights of their own treatment would be criminal.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 8:57:50 PM

To the Medical Board of Australia,

I support Option 1.

The use of integrative and complementary medicine is crucial to maintaining good health for all.

Modern medicine has made amazing advances in many areas and yet they cannot stand alone and claim to have all the answers.

Many Integrative and Complementary medicines have been around for hundreds of years longer than modern medicine and are responsible for treating many ailments prior to the advent of modern medicine.

Doctors that choose to use a variety of approaches will have come to that decision after research and training; to deny that is to imply they are incapable of understanding their craft.

My immediate family and all of my extended family use an array of integrative and complementary approaches in an effort to maintain optimum health.

Most recently, I used a combination of antibiotics, mineral salts, herbs, nutrition and an emerging new science to treat an infected wound (resulting from a spider bite). The prognosis from the hospital was 6-8 months healing with the possibility of losing part of my leg or at best needing a skin graft.

I chose to seek alternative advice and chose a combination of treatments. The wound was fully healed in 3 months with no need for a skin graft. I do not wish to even think about what the alternative would have been without a multi-disciplinary approach. If your new restrictions were brought in the practitioner that treated and advised me through my healing would have been restricted to advising the sole use of anti-biotics and the standard wound treatment and I would have lost my leg.

Having the ability to use all modalities of treatment is the best option for optimal health and every individuals right to choose how they maintain their health.

Empowering doctors to adopt a multidisciplinary approach can only be beneficial for their patients.

I implore you to leave the guidelines as they are.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 11:43 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

It is MY INFORMED choices that are important, not some small minded under educated so called medico to make my decisions for me! Considering how much medicos DONT get educated on pharmacy, health choices, homeopathy, physiotherapy, kinesiology etc they are woefully ignorant

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 25 June 2019 7:19 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Interactive therapy is natural and non invasive, it is all I use and with great success. We should have freedom to chose whatever therapy we like and not be dictated to. There is far more harm in western medicine with sever side affects. I have turned my life around with a healthy diet, supplements and essential oils, I am a adult and use it responsibly

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Thursday, 18 April 2019 9:25 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative medicine has been the only way my child has been able to function and live a relatively normal life!
Without that option for us we would have nowhere to turn.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 27 June 2019 8:03:22 AM

To the Medical Board of Australia,

I support Option 1.

To Who It May Concern

I would only chose a Doctor who adopts an integrative approach to my wellbeing. A fully informed professional that cares, not a partially informed academic.

When Doctor after Doctor prescribed antibiotics for a recurring issue several years ago, I only found relief when a caring Doctor suggested lifestyle changes and nutrition.

When I visit my GP i want to be well, not just get a script which I probably don't need after a 3-5 minute consult.

I can't help but to wonder why the new proposed Guidelines go in reverse back into the past, rather than progressively forward to where people are actually looking for more guidance from Doctors not less.

I want my Doctor to be well informed across a broad number of issues including integrative medicine and advise me wisely with my suggested treatment options, so we can agree the right choice of treatment for me. I don't want them to tell me that a bureaucrat somewhere will only give me ONE option based on a narrow view of science and cost and then finish the three minutes by prescribing me from his pad.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 13 May 2019 10:21:24 PM

To the Medical Board of Australia,

I support Option 1.

Do not take away any more of our rights as a citizen. By people using Integrative therapies they are lessening the burden of the huge load on conventional medical organizations & resources for people who absolutely rely on Government help. it doesn't make sense at all to me especially with the burgeoning immigration load & the more complex medical issues in our society, why on earth you wouldn't want to lesson the load on the system. If less people were being prescribed less cocktails of conventional drugs, there would be less being addicted to them This in turn, would be 1 factor that would lesson the load of these people needing to go to their Drs as often, and increasing waiting times just to get a new script. I would be 1 person extra who, when, I would need to, would have to go to the drs for something simple I could get at the Health shop to fix a small issue. I do not like what Conventional drugs do to people so this is why I prefer the alternative way. Especially for emotional or mental issues, that are not too comprehensive, there are many good therapies out there which can help, at least to a degree.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 7:33:41 AM

To the Medical Board of Australia,

I support Option 1.

I would like to have a choice

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 12:59:22 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine.
using these services has allowed my family and I to overcome health
issues that would have otherwise seen us in hospital.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 9:09:30 PM

To the Medical Board of Australia,

I support Option 1.

I strongly support the right of doctors to provide new and innovative practices to their patients! I am 50 years old & have had: acupuncture to turn a baby lying in the breach position thus helping the birth, chiropractic treatment for headaches from neck issues, supplements from Naturopaths for gut issue to name a few. I am a fit & healthy person thanks to my doctor offering & recommending other options rather than just conventional medicines.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 1:47:32 PM

To the Medical Board of Australia,

I support Option 1.

I have studies, chinese medicine, nutrition, had a massage clinic in Sydney, theta healing, researcher still into holistic natural medicine ..You only have to look a cut on the skin and see that the body heals itself. good nutrition can assist the body to heal. sometimes when we tear a muscle we need a practitioner masseur, chiropractor, osteopath to help the body to realign.

In a car accident we need emergency hospital treatment for depression a psychologist, psychiatrist so many people can help in healing each one has a place for assist the community.

we need to honour peoples decision making it is their body and they no more than anyone how it operates 24/7.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Wednesday, 17 April 2019 5:55 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Health care includes all forms of modalities as in mind, body and spirit.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 21 April 2019 12:15:59 AM

To the Medical Board of Australia,

I support Option 1.

natural therapies have kept all my kids off antibiotics

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 6 May 2019 4:32:59 PM

To the Medical Board of Australia,

I support Option 1.

My son was born in 1985. My son cried and screamed every single night from 5 pm till about 9 or 10 pm every day till he was 9 months old.

Being a new mum, I had no idea what the problem was.

Firstly I was breastfeeding and he was throwing up so much milk I had to use a cloth nappy.

At 6 weeks old, I went to the Gray Sisters Home, where I decided to put him on the bottle because I'd had enough. He then reacted to the first bottle of dairy milk. And the Sisters said for him to go on Infasoy.

That stopped the screaming for about one month till at approx 3 months I was told to start him on Rice cereal. Unknowingly, he was allergic to rice cereal. I was always told he's teething..... which he wasn't.

- I saw the pediatrician many times.

- I would ask the Health Centre Nurse and I'd get he's teething

- I'd go to the GP and get the same response he's teething

- I took him to the Hospital. They did an allergy test and said "the only thing we can see he's allergic to is peanuts

But my son kept screaming and crying in pain every day, kicking his legs, I couldn't put him down as it was too painful for him. I couldn't lay him down in my arms, only hold him upright and that didn't really help.

The whole time I was cooking homemade juice, stewing apples and pears. Soups with broccoli, cabbage, cauliflower, peas, wheat, dairy, rice flour, etc

I ventured to only traditional Medicine as my husband didn't want me to seek alternative or Integrative Medicine.

Eventually, I was given a number for an Integrative doctor who did an allergy test on my son's arm at 9 months and told me everything he was allergic to which was:

- Apples (I was stewing apples and giving him juice too) double whammy

- Broccoli, cabbage, cauliflower, peas, wheat, dairy, peanuts

I took him off all the above items. It was like a MIRACLE, THE NEXT DAY HE STOPPED SCREAMING, STOPPED YELLING, STOPPED CRYING.... NO MORE PAIN. He stopped screaming LITERALLY OVERNIGHT.

I was surprised and horrified that absolutely no-one could find the solution except for this Integrative doctor. I was sold on

Integrative medicine. It was a MIRACLE COME TRUE and I'm sure it saved my son's life because the lining of his stomach was always burning with pain.

My son was getting ear infections for the first two years of his life for the entire cold months from around April to October. He was constantly on antibiotics as he'd wake up screaming with ear infections.

I happened to go to an appointment with the integrative doctor and mentioned his continual ear infections. The Integrative doctor used a laser on the back of his ears. No pain about 8 short quick zaps behind each ear. I went back a few times for more laser for him.

Much to the disgust and arguments with my then partner, I followed my intuition and continued seeing the Integrative Doctor.

MY SON'S EAR INFECTIONS CLEARED till he was 14 years old AFTER ONLY 3

SESSIONS OF LASER ACUPUNCTURE.

I am so grateful that I went to that Integrative doctor as he changed my life, my son's life and my family's sanity and certainly my son's hearing as the pediatrician was afraid my son would lose his hearing from all the antibiotics he was continually on. I am forever sold on Integrative doctors and methods.

I have many other stories whereby integrative doctors have assisted my two sons and myself and changed our lives forever. I don't know where I'd be if I didn't have the choice and was forced to go to solely traditional medicine.

Please view Dr. Bruce Lipton's video where he describes Traditional Medicine Vs Alternative and Integrative Medicine

<https://www.youtube.com/watch?v=82ShSNuru6c>

I implore that doctors continue to have a choice and patients too have a choice.

It makes me wonder Why does the Board want to get rid of Natural Therapy ... could it be so Big Pharma makes more money? I would love an answer to this?

I definitely want to have the choice to choose.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature area.

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 24 June 2019 5:05:41 PM

To the Medical Board of Australia,

I support Option 1.

Dear MBA,

We need you to protect our rights to choose the type of complimentary medicine we want. Good Nutrition and taking extra vitamins /minerals prescribed by a professional is good medicine and taking tried and tested supplementary vitamins and minerals and herbs can greatly strengthen the immune system. We want a better alternative than just pharmaceuticals to treat or just mask disease and symptoms. We want Doctors and Government to support our choice to try to prevent disease and to treat health problems in a more natural, immune system supporting way, the way our bodies are designed to be self healing if given enough of the right nutrients daily.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Monday, 15 April 2019 6:18 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I understand that the general public is a little daft and it is easy to insite fear into with a little propaganda but there are many that are educated and can see this as yet another pharma fueled attack on anything natural. If public safety was truely at you forefront of this proposal then why are you not investigating the hundreds of thousands being killed by pharmaceuticals? Not a concern?

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 10:43 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative & complementary medicine.
Pharmaceutical drugs are not the only answer.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 8 May 2019 10:56:14 AM

To the Medical Board of Australia,

I support Option 1.

I really appreciate being able to go to an accupunturist or herbalist with my GP's blessing and enjoy being in charge of my own health choices.

Integrative and complementary medicine has helped my family for many years, being non-invasive and proven for thousands of years.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 3:49:25 PM

To the Medical Board of Australia,

I support Option 1.

I cite two instances relating to my own health where having choices about integrative healthcare meant I could avoid surgery in one instance and avoid a lifelong chronic disease which would have had major detrimental impact on my quality of life.

instance 1 - I fell while bushwalking and sustained damage to my left shoulder. it healed over a period of time but months later I began to experience tingling and loss of sensation in both hands (not all fingers). Diagnosis was that it was carpal tunnel syndrome and that failing response to splints, bracing, physio and steroid injections I would need to have surgery to address the problem. a second doctor was approached and he suggested I see a Bowen Therapist for the problem. she treated me for shoulder and neck issues and the tingling disappeared after 3 -4 treatments and has never reappeared (now four years ago).

instance 2 - I suffered a bout of severe food poisoning which was treated with incorrect antibiotics and left me with chronic lymphocytic colitis. I was told I would have to live with the constant and debilitating diarrhoea for the rest of my life. I went from being an active and contributing member of society to a couch potato due to the severity and frequency of the diarrhoea. I consulted another doctor who ordered unconventional tests and worked in an unconventional way to rid the bowel of the overgrowth of "bad" bugs and encourage the regeneration of a healthy gut biome. This approach was considered unconventional at the time but the importance of a healthy gut biome is now recognised as essential to good health. had I not been able to access this "unconventional" approach I would have been reduced to the life of an invalid. instead I am back as a contributing and tax-paying member of society with a full life able to enjoy a wide variety of sports and pursuits.

both eggs illustrate the absolute imperative of being able to have choices about one's health and to be able to seek out other opinions - from health professionals who take the time to consider the whole person and their issues and not just treat what appears to be the main issue in a rushed ten minute "consultation". The most obvious symptom is often just the tip of the iceberg. Please do NOT take the retrograde and reactionary step of denying the public access to health professionals who truly understand that a holistic approach to health is the key to success.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 4:15:25 PM

To the Medical Board of Australia,

I support Option 1.

We feel very strongly about using integrative and complimentary medicine and do not wish for any restrictions to be placed on doctors or health practitioners in recommending holistic treatment plans. Our family is healthier because of this.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 11:05 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

We should have the right to access integrative medicine! Integrative doctors have a much more holistic approach and focus on prevention too, not just prescribing more and more drugs. These are intelligent and medically trained people who should be encouraged to help people with their knowledge, not have restrictions imposed on them.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Tuesday, 25 June 2019 4:56:29 PM

To the Medical Board of Australia,

I support Option 1.

I support patient access to integrative and complementary medicines.

I have used these treatment throughout my whole adult life for my general healthcare, for treatment of significant trauma and for fertility. I have always included conventional medicine in my management of my health, however, many times the most useful intervention has come from the complementary & integrative medicine practices.

I am outraged that the MBA wishes to restrict patients making their own informed choices regarding our own healthcare and will fight against that for as long as i need to.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 30 June 2019 10:40:46 PM

To the Medical Board of Australia,

I support Option 1.

My name is [REDACTED], and I am a medical student with a diagnosis of Chronic Fatigue Syndrome. I owe the vast majority of my recovery, my ability to progress through medical school, and my continued emotional wellbeing to doctors who practice Integrative Medicine.

To those attempting to restrict this practice, I sincerely hope you never develop Chronic Fatigue Syndrome, or similar conditions with "medically unexplained symptoms". I hope you never have to sit through years of GPs telling you "there's nothing wrong with you", when you can barely get out of bed, and ushering you straight back out the door within 10 minutes. I hope you never have to sit through patronising talks from GPs who attribute your symptoms to laziness or various psychological deficits.

Because if you do succeed in restricting this practice, and subsequently develop a similar condition, then you will join thousands of Australians like me who will be left with virtually no effective treatments, and nowhere to turn.

For people like me, tightening regulations on Integrative Medicine will do substantially more harm than good. I therefore implore you to reconsider making any changes to current guidelines.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:28:41 AM

To the Medical Board of Australia,

I support Option 1.

The best healthcare I have ever had (and now actively seek) is that of holistic, integrative and complementary practitioners. This type of healthcare goes beyond an assessment of symptoms and treatment of such and allows time and insight to discover root causes of illnesses - an approach so desperately needed in an age of chronic illness prevalence. On many occasions for myself personally and my family and friends, conventional practitioners have been unable to identify and address disturbances to health and adequately facilitate long term healing. This is where it is absolutely essential that integrative healthcare be not only embraced but promoted. I implore you to take into account the increasing amount of evidence, both scientific and empirical, that suggests our healthcare system and the health of our nation will be greatly enhanced by utilising the collective benefits of a variety of healing modalities and specialties.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 12 June 2019 8:30:57 AM

To the Medical Board of Australia,

I support Option 1.

Having spent years searching for answers to an illness that left conventional practitioners stumped, integrative practitioner and complementary practitioners saved my life.

We absolutely can not afford to take complementary modalities off the table especially in this era of chronic systemic inflammatory diseases. Nor should practitioners be penalised or restricted with no reasonable grounds.

I'm horrified at the thought of such a backwards step and strongly object to the proposed changes.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 1 May 2019 7:01:21 AM

To the Medical Board of Australia,

I support Option 1.

As an acupuncturist, there are times when I feel it necessary to refer my patients to an integrative medical practitioner. The fact that they take their time with gathering information about the patients condition and thoroughly test, is an important healing process for the individual, especially when conventional medicine is not helping. My understanding is that they are properly trained in their field, not self-taught GP's. I believe it is highly unlikely that a person would go to an integrative medical practitioner unless they were unhappy or dissatisfied with the conventional model. That's why people want the choice. We need to keep options open for people who are suffering. The choice of healthcare is the right of the individual, not governing bodies. If I had a difficult health condition, I would certainly NOT want my only choice to be conventional medicine and I would search high and low, for the practitioner who I felt could help me, regardless of whether the MBA deems that therapy appropriate. Many people are becoming more educated about their own health and will not follow blindly without questioning alternatives. If there is evidence of harm being done by a 'non-conventional' practitioner, then the individual practitioner should be assessed, not the entire profession. I sincerely hope that the Integrative Medicine Board/Assoc can protect it's members so the public can maintain their basic human right to choose the healthcare model that works for them.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 21 June 2019 9:55:03 AM

To the Medical Board of Australia,

I support Option 1.

I am writing to you to express my wish that there are no changes to the current guidelines. I am now 56 yrs old & have been an asthmatic all my life as well as having Schuermanns Disease. As a child one was treated poorly by mainstream medicine & the other was not recognised with in Australia as a disease so my only help came from those you are wanting to label as fringe medicine or by going overseas at a high cost to my parents for treatment. Even today as a mother of 2 & grandmother to 4 I get asked when I had a sex change operation when Drs in ERs look at my xrays! If it wasn't for those so called fringe medicines I would not be alive today.

I am now a disabled pensioner with chronic back pain, severe chronic asthma & a few other issues that I get help for thru a combination of natural (herbal, Chiropractic, meditation, vitamins) & more standard (medications prescribed by my GP, Psychologist, etc). If you take away one part of that help away, my health issues will be increased 10fold at least & the burden of my care would increase dramatically on Hospital ERs & my GP which are already overburdened especially in the regional areas where having a wide range of treatments available allows me to live relatively comfortably.

Please before making a decision that will impact hundreds of thousands of people negatively look at what your decision will also do to a severely overburdened system. GPs & hospitals already struggle with the patients they have.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:47 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is so important to me and I hope that the MBA does not restrict these services. Integrative medicine has helped me when conventional medicine has been unable to, addressing health issues and concerns, improving my wellbeing etc. Integrative medicine has improved my quality of life. If restrictions are made on these integrative services it will put the country at risk for further illness and disease. This decision would not have the public's interest at heart. People of Australia have the right to choose whether they want to access conventional or integrative medicine, or both. There is place for both of these services and should continue to be available for the Australia public. Let the public choose by giving them freedom to make their own choices without restrictions.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 9:27:37 AM

To the Medical Board of Australia,

I support Option 1.

I support patient access to Integrative & complementary medicine, and use these treatment modalities regularly as they are clearly effective. I value a holistic approach to healthcare and support doctors' right to provide new and innovative practices, including complementary medicines. I also support the continuation of longer consultations where deemed necessary to allow the doctor's full diagnostic capabilities and the development of individualised treatment plans. In this democracy our health should be our choice, and I further contend that the use of integrative and complementary medicine actually reduces national health costs.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 12:21:25 PM

To the Medical Board of Australia,

I support Option 1.

Integrative practitioners are often at the pioneering edge of utilising the most time - honoured and effective traditional modalities, combined with the most innovative, non-harmful technologies. As retired practitioner, I, and my family continue to receive the health and well-being benefits provided by these practitioners.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Friday, 19 April 2019 11:28 AM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Dear MBA,

I am very concerned that you would even consider changing the current guidelines to be tougher on practitioners who prescribe integrative and complimentary medicines.

Natural medicine and other treatments not considered conventional have worked for me and dozens of my friends and family when conventional medicine did not.

I've found that integrative doctors are also far more thorough in their diagnosis, spending the time to figure out why symptoms exist, rather than simply prescribing quick bandaid solutions like many conventional doctors do. I could name half a dozen if you like.

The thought that you would actually consider restricting the use of innovative new and emerging treatments also baffles... this is how an industry moves forward, and if any industry should be moving forward it's the medical industry. People's health is at stake. We should be exploring as many promising new treatments as possible.

I hope the MBA does the right thing by the people of Australia, not the pharmaceutical lobbyists, and scraps this ridiculous proposal for new guidelines.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 25 April 2019 8:17:23 AM

To the Medical Board of Australia,

I support Option 1.

Don't take away our right to alternative medicines and therapies. It took 10 years of failure before I tried alternative medicine on my daughter and she's is so much better for it. Same with other members of my family. If you take away alternative health options you will be leaving my family sick and/or unable to work, go to school and feel good.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 7:16:40 PM

To the Medical Board of Australia,

I support Option 1.

I have been visiting an integrative medical practitioner for the last 2 years. He provided me with answers and treatment for medical illnesses that no other doctor I visited could get to the bottom of. I suffered from severe fatigue and was unable to work to my full capacity, spending my weekends sleeping in order to get enough energy to face the next week at work. I cannot express enough how life changing this treatment has been. I can now function normally and I have the energy to truly live life to the full. Please, I beseech you, we need these Doctors. It is my freewill choice to visit them and it should be available to all who need them.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 3 May 2019 10:50:33 AM

To the Medical Board of Australia,

I support Option 1.

There is absolutely a benefit to having access to alternative healthcare. Often these treatments are preventative and therefore can place less pressure on hospitals and clinics. In my opinion it is better to have a trained GP prescribing such treatments in conjunction with pharmaceuticals in order to achieve maximum outcomes. The alternative industry is huge in Australia and possibly seen as a threat by Big Pharma but by imposing restrictions on the MBA millions of Australians will be negatively impacted and their wishes ignored.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 16 April 2019 10:38 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

Our immune system is unique. Not everyone responds well to unnatural pharmaceutical drugs. Many have bad reactions and potentially cause further complications. It is the free will and rite of an individual to choose independently without bullying tactical policies.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 30 May 2019 7:27:41 PM

To the Medical Board of Australia,

I support Option 1.

My daughter has had severe constipation intern for 2 weeks at a time since she was 6 months. She would be convulsing in pain while trying to poo. GPs told me she would grow out of it and to stop worrying. I knew that was not the case. With the help of an integrated practitioner we discovered her gut was totally out of balance with 2% E. coli when she should have had over 90% (plus a whole lot more issues). Through their guidance we have corrected her imbalance. We now have the tools and knowledge to know what to do to prevent this from happening again and better still to prevent her needed surgery in the future at great cost to the health system. With practitioners who can treat the cause and not just the symptoms you are reducing massive impacts on our health care system. Do not change the guidelines to affect them. We need them.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 10 May 2019 1:12:23 PM

To the Medical Board of Australia,

I support Option 1.

Thanks to my integrative GP I have enjoyed a radical transformation in my well-being through simple compounded vitamin supplements for Pyrrole disorder. A simple and factual indicator of this was my stress levels were such that I was one point off losing my car license for speeding and in the last four years I have not received one speeding ticket - the vitamins are the only things that have changed. I have never had a consultation with the doctor that has given me a sense of holistic attention to my well-being as I have when I seen my integrative GP. it's a totally different respect, approach and treatment that I would be devastated not to have available Ongoing. When the rest of the world is offering more customised and tailored options for customers it's out rages that the future of integrative medicine would be under threat.

[REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:28:29 AM

To the Medical Board of Australia,

I support Option 1.

Australians should have the right to choose a Medical Practitioner who supports safe natural therapies. Australia is a land of freedom I was brought up to believe. I would rather have a natural treatment that doesn't cause side effects than have a big pharma drug that has side effects [REDACTED]

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 31 May 2019 10:58:59 AM

To the Medical Board of Australia,

I support Option 1.

I suppose GP's and other practitioners to be able to draw on a range of modalities and knowledge e.g. integrative and/or complementary medicine which together enable greater options for consumers for treatment or respond to medical conditions/ill health, with the intention of supporting health and well being and quality of life. Access to these modalities I believe adds value to provision of medicine. Reducing or eliminating this access I believe will reduce optimal opportunities to treat and/or assist one's health and well being.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 10 May 2019 12:58:11 PM

To the Medical Board of Australia,

I support Option 1.

People such as myself who can't take medication should have another option.

Everyone should seek a healthy option before resorting to medication which alternative medicine can provide.

Please don't change the guidelines, it would be inhumane.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 24 April 2019 8:22:09 PM

To the Medical Board of Australia,

I support Option 1.

Hello,

Thank you for taking the time to read my submission. I support option 1 no changes to current guidelines.

I am a 39 year old Veterinarian, trained in 'conventional' veterinary medicine. 12 years ago everything started to fall apart for me. It started with infertility and failed IVF and progressed to inability to digest food, extreme fatigue, inability to sleep despite the fatigue. I had my iron, thyroid and general check at the local GP (who is lovely but that is all she knows) and was told I was fine. Unable to partake in any of my usual activities or social life, I'd claw my way through work and be shattered at the end of the day and was soon about to stop working. I developed a chemical sensitivity so severe that if someone wearing aftershave walked down the street I could taste it in my kitchen and it would give me a migraine - I could hardly walk down the street. My own family started to think it was in my head and I wasn't able to participate in society - unable to know if I would be ok or not the next day. I didn't find the solutions with conventional medicine so I did trial various practitioners that helped somewhat but I still continued to get worse. My fatigue was so crushing that I was suicidal (without being depressed), life was not worth living and suicide is pretty easy for a vet. I told my husband not to resuscitate me should he find me almost dead.

Then 18 months ago I finally found an integrative doctor who recommended heavy metal testing through stool and urine testing. I had previously had hair mineral testing in the past which didn't show up much. I needed a doctor to recommend the urine and stool test to get access to DMSA which bind heavy metals and shows them up in the urine. Most heavy metals are stored in your brain and bones so standard testing will not necessarily show it up. Hair minerals analysis that naturopaths can recommend only works if you detox metals into your hair - I don't. The result of the stool and urine testing was that I had lead levels 180x european average levels, plus a host of other heavy metals.

The diagnosis at least gave me hope that I could improve, it gave my family the understanding they needed to support me. Heavy metals stop a host enzyme reactions - stop ATP and energy production, stop HCl production in stomach which stops digestion, stops DHEA production so you have complete hormonal shut down, stops melatonin production and melatonin sensitivity so you can't sleep even when exhausted and when you do sleep its more like pass out but its not a deep rejuvenating sleep. It stops a whole host of other things as well.

My doctor started me on heavy metal chelators. Also needed extra zinc as that also gets bound to the chelators as well as heavy metals. Needed extra B vitamins to support liver detoxification. I needed various other supplement to help promote sleep and the detoxification process that occurs when you are asleep.

18 months into my treatment and I'm now building my own business

(instead of not being able to work) and undertaking a continuing education diploma. I sleep most nights, energy is much more stable, my digestion is the best it has ever been, I no longer need glasses (that were prescribed for the first time 2 years ago), I can make plans to go out with friends and I can make plans for my future.

Without well trained integrative doctors being able to practice their medicine I would not be here today. My doctor is continually attending a huge number of self funded continuing educational seminars to keep up with current best practice in this vast and developing field. I am in the best hands there are. If my doctor is unable to assist me with heavy metal detoxification then where do I go? Lay and less trained practitioners? Even then I would not have access to the compounded medication needed to chelate the heavy metals or the testing to monitor my body's response to treatment.

I owe the fact that I have a rewarding life to live to integrative doctors. Please don't take that away from me.

I consent to publication of my submission without my name.

Sincerely,

A black rectangular redaction box covering the signature area.

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Saturday, 20 April 2019 11:03 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

I have used integrative and complementary medicine alongside prescription medicine my entire life. I combine the two to improve my health and way of life. Changing these laws will make it harder for me to combine the choices to get the most out of my health.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 17 May 2019 8:16:10 PM

To the Medical Board of Australia,

I support Option 1.

Women who are pregnant may want a range of support from all different kinds of professionals. Let's not narrow their access further. I personally have had huge health improvements from our integrative GP's as well as they provided better care, their mobile number, a trusting relationship. I value their opinion and they respect me. One even invited me to a webinar with her doctor friends so I could learn directly and for free.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Friday, 28 June 2019 1:00:43 PM

To the Medical Board of Australia,

I support Option 1.

I am writing to urge you to not make the proposed changes to current guidelines for doctors wishing to utilise integrative and complementary medicine in their practice.

I wholeheartedly support patient access to Integrative & complementary medicine and wish for it to continue as it previously has. Natural medicine helps millions of Australians every year and restricting its use by doctors and access for patients would be detrimental to the health of all Australians, a country that is already so unhealthy. I don't see any valid reason why restrictions need to be imposed.

I utilise complementary medicine on a daily basis, i eat well and look after myself. I absolutely owe my good health to integrative medicine. As such I require no prescribed medications, nor do i suffer the side effects of these! I am a lawyer and have recently completed by naturopathy degree because I believe in the efficacy of natural medicine so strongly (and I am a logical thinker and very scientific in my approach)

I use natural medicine because it is generally more safe, less side effects and addresses the root cause of disease rather than masking symptoms as pharmaceuticals often do. I think having access to this type of medicine via doctors and other healthcare practitioners is beneficial to everyone and if removed, would only lead to further deterioration in health. People will always seek out complementary medicine and it is better they go through doctors, or other qualified practitioners to do so.

I sincerely hope these submissions will be taken seriously and that common sense will prevail.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED] <submissions@yhyc.com.au>
Sent: Tuesday, 7 May 2019 12:29 PM
To: medboardconsultation
Subject: Consultation on complementary and unconventional medicine and emerging treatments

To the Medical Board of Australia,

I support Option 1.

please leave Integrative Doctors alone, I want a holistic approach the healthcare to be available to all Australians. The regulations do not need to be tighter. Patients often get more satisfactory health outcomes with integrative therapies.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Sunday, 16 June 2019 10:44:49 AM

To the Medical Board of Australia,

I support Option 1.

I very strongly support the integration of evidence-based naturopathic, dietary and herbal protocols alongside evidence-based, non-pharmaceutical-industry-monopolised orthodox mainstream medicine. My wife died of breast cancer last year and I really wanted to access medicinal cannabis for her in a fully integrated fashion with her mainstream treatments. Her doctors were not obstructive but the system they work in has been extremely stacked against this extremely useful herbal option for the last eighty years to our massive detriment and cannabis is just one of many many alternative options that should be part of our range of treatment options when we go to a GP. The cynical hubris of the medical establishment regarding any product not pumped at them by the deeply self-serving, if not outright psychopathic multinational corporations is a travesty.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 29 April 2019 1:41:18 PM

To the Medical Board of Australia,

I support Option 1.

Integrative medicine is the only reason I am not confined to bed, conventional medicine was no help at all I was told there was no cure & sent home to deal with it alone, it was not until I got on a regime of natural supplements & treatments that I began to feel better & was able to have some quality of life, if this is taken away I will end up in a nursing home.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Saturday, 29 June 2019 7:26:53 PM

To the Medical Board of Australia,

I support Option 1.

I have the right to remain free to make my own choices with regard my health. I consult my doctor my naturopath and my chiropractor and then decide what combination of treatment I need. I do not want to lose this choice which is my right. I thought I was living in Australia not an totalitarian regime.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 8 May 2019 10:10:55 PM

To the Medical Board of Australia,

I support Option 1.

Surely the Doctor's aim is to provide optimal health to their clients and Integrative & complementary medicine has been proven to support and improve many people's health and well being.

My overall health has improved from holistic and complementary medicine and I urge the MBA to allow the people the right to choose what is best for their needs.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Monday, 22 April 2019 12:31:03 AM

To the Medical Board of Australia,

I support Option 1.

You have no right to dictate to me what I can and cannot do in regards to my health. Stop selling your soul to big pharma.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:25:36 AM

To the Medical Board of Australia,

I support Option 1.

It is important we maintain the current relationship between integrated health doctors and natural health therapies. IHD have additional qualifications that allow them a greater understanding of the benefits to their patients. Whilst i have been attending my GP since 1997 there are elements of health information she does not have which i get from my intergrated health doctor particularly with dietary based information and through use of a naturopath which is on a higher scale of capability. I could not do without this relationship. I go to my Gp for basic information and support but could not do without the symbiotic relationship existing between intergrated doctors and health therapies. This needs to stay as is. Intergrated doctors have added to their qualifications in certain areas where they see a lack. GPs undergo very basic short term training in nutrition for example. Intergrated doctors have extended their knowledge in this and other areas and therefore offer more knowledge and assistance in these areas. Please consider making no changes.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 11:31:07 AM

To the Medical Board of Australia,

I support Option 1.

Our healthcare choices have already been sabotaged by natural therapies no longer being covered by our private health insurance (which we pay generously for) and to further limit our choices is being dictatorial and undemocratic. I believe as Australians we should be free to make our own choices when it comes to our healthcare. I personally use a combination of traditional and natural therapies to maintain my good health and find that in some areas of my health natural supplements are more effective than taking chemical medications and suffering their side effects which then require further medications etc... For some things traditional medications work fine. We should all have the freedom to choose which type of treatment or combination of treatments works best for us. Everyone's body responds differently to treatments depending on many factors including dna. Please let us choose and let the doctors who integrate natural therapies with traditional medications continue to do so.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Thursday, 2 May 2019 8:34:12 AM

To the Medical Board of Australia,

I support Option 1.

I pay my taxes, Medicare and I pay into a medical fund.
I have the right to choose and want it to stay that way

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]

From: [REDACTED]
To: [medboardconsultation](#)
Subject: Consultation on complementary and unconventional medicine and emerging treatments
Date: Wednesday, 26 June 2019 10:50:41 AM

To the Medical Board of Australia,

I support Option 1.

My family and I have extensively used integrative doctors to treat a range of issues over the years where traditional western medicine failed to provide any diagnosis, solutions or treatments. Without these, I would have highly allergic, and very unwell children. We pursued both routes however dead ends occurred in western medicine approach where my interpretive doctors took a more holistic approach and resulted in visible and clear improvement and in extreme cases ceasing if symptoms. I have dozens of highly educated friends who do the same. It needs to remain our choice who we seek treatment from and our choice what treatments we use.

I consent to publication of my submission without my name.

Sincerely,

[REDACTED]