

Do's and don'ts for registered health practitioners who perform non-surgical cosmetic procedures

This guide does not include all the practice requirements and should be read with the *Guidelines for registered health practitioners who perform non-surgical cosmetic procedures* in effect 2 September 2025.



Assessment of suitability

✓ Do

Assess all patients holistically for suitability to undertake the procedure.

Ensure people have realistic expectations.

✗ Don't

Ignore underlying conditions, such as body dysmorphic disorder – patients must be referred to an appropriate health practitioner when an underlying condition is identified.



Informed consent

✓ Do

Provide enough information for patients to make an informed decision about the procedure. Including information about:

- the procedure
- the practitioner
- total costs

✗ Don't

Combine consent to the procedure with consent for use of images.

Provide information that glamorises the procedure, overstates results or minimises the complexity of the procedure.



Complaint avenues

✓ Do

Provide patients with information about complaint mechanisms before the procedure (including information on how to access complaint mechanisms)

✗ Don't

Use NDA agreements that remove a patient's ability to make a complaint to Ahpra, the HCCC, health professional councils (in NSW) or the OHO in Qld.



CPD requirements

✓ Do

Make sure you have the necessary training, relevant to your existing qualifications and experience, before you commence practice in cosmetic procedures.

Your CPD activities should be relevant to your scope of practice. If your practice includes cosmetic procedures a portion of your CPD must be related to cosmetic procedures



Financial arrangements

✓ Do

Disclose your financial interests where they could be seen as influencing the advice you provide

✗ Don't

Provide financial inducements to recruit patients.
Provide or offer free/discounted procedures in exchange for promotion.
Offer or promote finance schemes.



Under 18's

✓ Do

Assess capacity to consent
Provide a cooling off period of 7 days between consent and the procedure.

Check your local state and territory legislation in relation to cosmetic procedures on U18's.



Qualifications and titles

✓ Do

Clearly inform your patients of your registration details (including type, profession and division or endorsement if relevant).

✗ Don't

Make misleading claims about your qualifications, experience or expertise.
Use a protected title if you do not hold the related registration type.



Consultation type

✓ Do

Consult with a patient each time you prescribe to them.

✗ Don't

Engage in asynchronous or 'batch' prescribing practices

This quick guide sets out some of the key requirements in the new *Guidelines for health practitioners who perform non-surgical procedures*. It does not outline all the requirements within the guidelines, and it does not replace the requirement to read the new guidelines in full.