From:

Sent: Friday, 31 January 2020 3:52 PM

**To:** PerformanceFramework

**Subject:** Regarding new CPD proposals

Categories: Acknowledged

## Dear Medical Board

I am a General Practitioner of 42 years experience, 8 years working in hospitals, and 36 years in general practice.

I have read your proposed changes to the current CPD program and would like to offer my opinion.

In the medical profession, a practicing doctor never ceases to learn, whether from the day to day interaction with colleagues and specialists, attending organised talks from other general practitioners and specialists, or from journals and other written material.

The CHECK program I find particularly useful, covering a large number of topics, presented in a clinical setting, and usually very well written by experts in each field, giving of their experience and learning.

All these methods of learning are very useful, time saving and enormously helpful in improving my knowledge of medicine.

Performance Review Activities, and especially Measuring Outcome Activities and Professional Development Plans are, in my opinion, a waste of time.

Despite what the Academics say in the Paper, there is no actual evidence that this makes for a better Doctor.

How could it?

As I tried to outline above, a Doctor is learning everyday.

If there is something I am unsure of, I look it up or ask a colleague, or specialist in the field, who in my experience, are only too happy to impart their knowledge.

I do not need to measure any actions or develop any plans to learn.

I can learn far more efficiently without such activities.

There is no proof that this formalized self reflection makes a better doctor.

Further, I have tried it in the past, and it is a complete waste of time, and as a successful General Practitioner in private practice for many years, I think I am well placed to give such an opinion.

If you force these new proposed requirements, you will create more work for no extra gain and become very unpopular for doing so.

I am sure most General Practitioners would agree, being in a much better position to assess the best way to learn

medicine than a handful of academics.

In fairness, why does the Medical Board not put this to a vote of all General Practitioners, rather than asking for opinion?

After all, why should so few, be allowed to make a decision for so many, based on so little?

**Yours Sincerely** 

Dr Rex Perry