

Response template for submissions to the *Independent review of* the regulation of medical practitioners who perform cosmetic surgery

You are invited to have your say about the regulation of medical practitioners (doctors) who perform cosmetic surgery by making a submission to this independent review.

The consultation questions from the consultation paper are outlined below. Submissions can address some or all of these questions, and you can include any evidence or examples that you think are relevant.

Submissions can be emailed to:

Mr Andrew Brown, Independent Reviewer marked 'Submission to the independent review on cosmetic surgery' at <a href="mailto:CSReview@ahpra.gov.au">CSReview@ahpra.gov.au</a>.

The closing date for submissions is 5.00pm AEST 14 April 2022.

#### Your details

Name	Costa J. Koulouris
Organisation (if applicable)	Advanced Cosmetic Surgery Pty Ltd
Email address	

#### Your responses to the consultation questions

#### Codes and Guidelines

- 1. Do the current Guidelines for registered medical practitioners who perform cosmetic medical and surgical procedures adequately address issues relevant to the current and expected future practice of cosmetic surgery and contribute to safe practice that is within a practitioner's scope, qualifications, training and experience?
  - 1. These could indeed be improved. Currently there is no recognised specialty of Cosmetic Surgery, nor can there be, without a change in the National Law. Therefore no training programme is recognised by the AMC for cosmetic surgery, and the title "cosmetic surgeon" may be used by any medical practitioner. Patients are at risk, because they are unable to identify if the doctor offering cosmetic surgery has the relevant specific training and skill. Currently it is impossible to determine if a practitioner is operating within their scope of practice.
- 2. What changes are necessary and why? What additional areas should the guidelines address to achieve the above purpose?
  - The Endorsement model for practitioners performing cosmetic surgery should be adopted to protect the public. Those endorsed medical practitioners who have met a National Accreditation Standard should be on a public register.
- Please provide any further comment in relation to the use of codes and guidelines relevant to the practice of cosmetic surgery.
  - 1. This standard would ensure that practitioners not only have a core surgical competence, but also that they have reached an acceptable level of competence and skill specifically in Cosmetic surgery. The practitioners would be required to be part of a recertification programme specific to cosmetic surgery. To ensure patient safety, this model would need to be applied to all doctors who perform cosmetic surgery irrespective of their prior backgrounds.

# Management of notifications

- 4. Having regard to Ahpra and the Medical Board's powers and remit, what changes do you consider are necessary to the approach of Ahpra and the Medical Board in managing cosmetic surgery notifications, including their risk assessment process, and why?
- 5. Please provide any further relevant comment in relation to the management of notifications about medical practitioners involved in cosmetic surgery.

### Advertising restrictions

6.	Is Ahpra and the Medical Board's current approach to regulating advertising in cosmetic surgery sufficient?
7.	What should be improved and why and how?
8.	Do the current <u>Guidelines for advertising a regulated health service</u> adequately address risks in relation to advertising of cosmetic surgery, or is a more specific regulatory response required?
9.	Does the promotion of cosmetic surgery via social media raise any issues that are not adequately addressed by the advertising guidelines, or that require any specific regulatory response?
10	. Please provide any further relevant comment in relation to the regulation of advertising.

Title protection and endorsement for approved areas of practice

- 11. To what extent would establishing an endorsement in relation to the practice of cosmetic surgery address relevant issues of concern in the sector (including patient safety issues)?
- . Establishing an endorsement model would essentially protect patients from adverse outcomes. Those practitioners, who are endorsed to practice cosmetic surgery, would have the appropriate training and experience in cosmetic surgery. This would be clear to patients, because there would be an AHPRA administered Cosmetic Surgery Register identifying doctors who are endorsed for cosmetic surgery. Patients could then be rest assured that they are being treated by doctors who are operating within their scope of practice. A title restriction should be linked to a competency-based accreditation Standard/Register as proposed by the

College (ACCSM) by means of the Endorsement pathway provided for in Section 98 of National Law.

12. Would establishing an endorsement in relation to cosmetic surgery provide more clarity about the specific skills and qualifications of practitioners holding the endorsement?

Establishing an endorsement model would provide clarity to the consumer, about the specific skills and qualifications of practitioners holding the endorsement. It would identify those practitioners who have the core surgical training and competence, and *specific* cosmetic surgical training and competence as well as on-going professional education in cosmetic surgery.

- 13. What programs of study (existing or new) would provide appropriate qualifications?
- 13. The Australian College of Cosmetic Surgery and Medicine (ACCSM) is a well-recognised college, which has been established well over 30 years ago. This college is well equipped to provide appropriate qualifications for those practitioners to be endorsed in Cosmetic Surgery and Medicine.
- 14. Please provide any further relevant comment in relation to specialist title protection and endorsement for approved areas of practice relevant to cosmetic surgery.

Specialist title protection is reserved for medical specialists who have been recognised by the AMC. Until this point, Cosmetic surgery and Cosmetic Medicine have not been specialist pathways recognised by the AMC, because there is no burden of disease. Failing being recognised by the AMC as a medical specialty, the endorsement model would be an appropriate way in which to regulate the cosmetic surgical industry. The title 'Cosmetic Surgeon' should be protected for those practitioners who have had specific recognised training in Cosmetic surgery. It is clear that specialist surgeons as recognised by the AMC do not have specific training in Cosmetic Surgery and specialist plastic surgeons qualify with a 'gap' in the area.

# Cooperation with other regulators

15. Are there barriers to effective information flow and referral of matters between Ahpra and the Medical Board and other regulators?
16. If yes, what are the barriers, and what could be improved?
17. Do roles and responsibilities require clarification?

18. Please provide any further relevant comment about cooperating with other regulators.
Facilitating mandatory and voluntary notifications
r demicaning managery and veramany neumoditeries
19. Do the Medical Board's current mandatory notifications guidelines adequately explain
the mandatory reporting obligations?
20. Are there things that prevent health practitioners from making notifications? If so, what?
21. What could be improved to enhance the reporting of safety concerns in the cosmetic
surgery sector?
22. Places provide any further relevant comment shout facilitating notifications
22. Please provide any further relevant comment about facilitating notifications
Information to consumers
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23. Do the Medical Board's current codes and guidelines adequately describe the

23. Do the Medical Board's current codes and guidelines adequately describe the obligations of practitioners who perform cosmetic surgery to provide sufficient information to consumers and obtain informed consent?

The Medical Board's current codes and guidelines do not specifically outline a
practitioners training in cosmetic surgery. Currently consumers are left in doubt as
to whether their surgeon has had any specific training in cosmetic surgery, even if
their surgeon is a specialist surgeon as recognised by the AMC.

24.	If not.	what	improvemen	ts could	be made?
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If the endorsement model is adopted for cosmetic surgery, it would allow the public to identify doctors who are trained and competent in cosmetic surgery, provide protection for patients before something goes wrong, facilitate AHPRA taking action more readily against doctors who may be practicing outside of their scope of practice, and by being competency- based and independently set and assessed, be fair to all practitioners and not favour any particular group of doctors on the basis of their non-cosmetic surgical training and qualifications

25.	Should codes or gui	idelines include a	a requirement for	r practitioners	to explain to	patients
	how to make a comp	plaint if dissatisfi	ed?			

26. In the context of cosmetic surgery, does the Ahpra website and public register of practitioners provide sufficient information about medical practitioners to inform consumer choices?

The AHPRA website, and public register of practitioners does not provide adequate information to consumers to safely choose their cosmetic surgeon. There should be a list of endorsed practitioners available for consumers to readily identify those practitioners who are adequately trained in cosmetic surgery.

27. If not, what more could/should Ahpra and the Medical Board do to inform consumer choices?

AHPRA could provide a register of identified practitioners who have the necessary training in cosmetic surgery to perform such procedures safely

28. Is the notification and complaints process understood by consumers?

29. If not, what more could/should Ahpra and the Medical Board do to improve consumer understanding?

30. Please provide any further relevant comment about the provision of information to consumers.

It should be clear to consumers which doctor is trained *specifically* in cosmetic surgery, irrespective of their other previous training.

#### Further comment or suggestions

31. If you have any further comment relevant to Ahpra's and the Medical Board's regulation of cosmetic surgery including and/or suggestions for enhancements not mentioned in response to the above questions, please provide it here.

It is vital that consumers are made aware of the *specific* experience and qualifications of their cosmetic surgeon, in order for them to make informed choices regarding their surgery and choice of surgeon. I support the proposal for a national competency-based accreditation Standard for *all* doctors performing cosmetic surgery. There should be a register of Endorsement of those who have met, and maintain the national standard. Restriction of the title 'Cosmetic Surgeon' should be applied to those medical practitioners who appear on the Register, administered by AHPRA. Since the Australasian College of Cosmetic Surgery and Medicine is the *only* training body in Australia specifically focused on training practitioners in Cosmetic Medicine and Surgery, this college would be best equipped to train practitioners and enable them to maintain their level of competence and skill.



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The consultation questions from the consultation paper are outlined below. Submissions can address some or all of these questions, and you can include any evidence or examples that you think are relevant.

Submissions can be emailed to:

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The closing date for submissions is 5.00pm AEST 14 April 2022.

#### Your details

Name	Dr GORDON KU
Organisation (if applicable)	ME CLINIC
Email address	

#### Your responses to the consultation questions

#### Codes and Guidelines

- 1. Do the current Guidelines for registered medical practitioners who perform cosmetic medical and surgical procedures adequately address issues relevant to the current and expected future practice of cosmetic surgery and contribute to safe practice that is within a practitioner's scope, qualifications, training and experience?
  - 1. These could indeed be improved. Currently there is no recognised specialty of Cosmetic Surgery, nor can there be, without a change in the National Law. Therefore no training programme is recognised by the AMC for cosmetic surgery, and the title "cosmetic surgeon" may be used by any medical practitioner. Patients are at risk, because they are unable to identify if the doctor offering cosmetic surgery has the relevant *specific* training and skill. Currently it is impossible to determine if a practitioner is operating within their scope of practice.
- 2. What changes are necessary and why? What additional areas should the guidelines address to achieve the above purpose?
  - The Endorsement model for practitioners performing cosmetic surgery should be adopted to protect the public. Those endorsed medical practitioners who have met a National Accreditation Standard should be on a public register.
- 3. Please provide any further comment in relation to the use of codes and guidelines relevant to the practice of cosmetic surgery.
  - 1. This standard would ensure that practitioners not only have a core surgical competence, but also that they have reached an acceptable level of competence and skill specifically in Cosmetic surgery. The practitioners would be required to be part of a recertification programme specific to cosmetic surgery. To ensure patient safety, this model would need to be applied to all doctors who perform cosmetic surgery irrespective of their prior backgrounds.

# Management of notifications

Having regard to Anpra and the Medical Board's powers and remit, what changes do you
consider are necessary to the approach of Ahpra and the Medical Board in managing
cosmetic surgery notifications, including their risk assessment process, and why?
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5. Please provide any further relevant comment in relation to the management of notifications about medical practitioners involved in cosmetic surgery.

#### Advertising restrictions

6.	Is Ahpra and the Medical Board's current approach to regulating advertising in cosmetic surgery sufficient?
7.	What should be improved and why and how?
8.	Do the current <u>Guidelines for advertising a regulated health service</u> adequately address risks in relation to advertising of cosmetic surgery, or is a more specific regulatory response required?
9.	Does the promotion of cosmetic surgery via social media raise any issues that are not adequately addressed by the advertising guidelines, or that require any specific regulatory response?
10	. Please provide any further relevant comment in relation to the regulation of advertising.

Title protection and endorsement for approved areas of practice

- 11. To what extent would establishing an endorsement in relation to the practice of cosmetic surgery address relevant issues of concern in the sector (including patient safety issues)?
- . Establishing an endorsement model would essentially protect patients from adverse outcomes. Those practitioners, who are endorsed to practice cosmetic surgery, would have the appropriate training and experience in cosmetic surgery. This would be clear to patients, because there would be an AHPRA administered Cosmetic Surgery Register identifying doctors who are endorsed for cosmetic surgery. Patients could then be rest assured that they are being treated by doctors who are operating within their scope of practice. A title restriction should be linked to a competency-based accreditation Standard/Register as proposed by the

College (ACCSM) by means of the Endorsement pathway provided for in Section 98 of National Law.

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- 13. What programs of study (existing or new) would provide appropriate qualifications?
- 13. The Australian College of Cosmetic Surgery and Medicine (ACCSM) is a well-recognised college, which has been established well over 30 years ago. This college is well equipped to provide appropriate qualifications for those practitioners to be endorsed in Cosmetic Surgery and Medicine.
- 14. Please provide any further relevant comment in relation to specialist title protection and endorsement for approved areas of practice relevant to cosmetic surgery.

Specialist title protection is reserved for medical specialists who have been recognised by the AMC. Until this point, Cosmetic surgery and Cosmetic Medicine have not been specialist pathways recognised by the AMC, because there is no burden of disease. Failing being recognised by the AMC as a medical specialty, the endorsement model would be an appropriate way in which to regulate the cosmetic surgical industry. The title 'Cosmetic Surgeon' should be protected for those practitioners who have had specific recognised training in Cosmetic surgery. It is clear that specialist surgeons as recognised by the AMC do not have specific training in Cosmetic Surgery and specialist plastic surgeons qualify with a 'gap' in the area.

## Cooperation with other regulators

15. Are there barriers to effective information flow and referral of matters between Ahpra and the Medical Board and other regulators?
16. If yes, what are the barriers, and what could be improved?
17. Do roles and responsibilities require clarification?

18. Please provide any further relevant comment about cooperating with other regulators.
Facilitating mandatory and voluntary notifications
19. Do the Medical Board's current mandatory notifications guidelines adequately explain the mandatory reporting obligations?
20. Are there things that prevent health practitioners from making notifications? If so, what?
21. What could be improved to enhance the reporting of safety concerns in the cosmetic surgery sector?
22. Please provide any further relevant comment about facilitating notifications
Information to consumers
23. Do the Medical Board's current codes and guidelines adequately describe the obligations of practitioners who perform cosmetic surgery to provide sufficient information to consumers and obtain informed consent?

The Medical Board's current codes and guidelines do not specifically outline a practitioners training in cosmetic surgery. Currently consumers are left in doubt as to whether their surgeon has had any <i>specific</i> training in cosmetic surgery, even if their surgeon is a specialist surgeon as recognised by the AMC.
24. If not, what improvements could be made?
If the endorsement model is adopted for cosmetic surgery, it would allow the public to identify doctors who are trained and competent in cosmetic surgery, provide protection for patients before something goes wrong, facilitate AHPRA taking action more readily against doctors who may be practicing outside of their scope of practice, and by being competency- based and independently set and assessed, be fair to all practitioners and not favour any particular group of doctors on the basis of their non-cosmetic surgical training and qualifications
25. Should codes or guidelines include a requirement for practitioners to explain to patients how to make a complaint if dissatisfied?
26. In the context of cosmetic surgery, does the Ahpra website and public register of practitioners provide sufficient information about medical practitioners to inform consumer choices?
The AHPRA website, and public register of practitioners does not provide adequate information to consumers to safely choose their cosmetic surgeon. There should be a list of endorsed practitioners available for consumers to readily identify those practitioners who are adequately trained in cosmetic surgery.
27. If not, what more could/should Ahpra and the Medical Board do to inform consumer choices?
AHPRA could provide a register of identified practitioners who have the necessary training in cosmetic surgery to perform such procedures safely
28. Is the notification and complaints process understood by consumers?

29. If not, what more could/should Ahpra and the Medical Board do to improve consumer understanding?

30. Please provide any further relevant comment about the provision of information to consumers.

It should be clear to consumers which doctor is trained *specifically* in cosmetic surgery, irrespective of their other previous training.

#### Further comment or suggestions

31. If you have any further comment relevant to Ahpra's and the Medical Board's regulation of cosmetic surgery including and/or suggestions for enhancements not mentioned in response to the above questions, please provide it here.

It is vital that consumers are made aware of the *specific* experience and qualifications of their cosmetic surgeon, in order for them to make informed choices regarding their surgery and choice of surgeon. I support the proposal for a national competency-based accreditation Standard for *all* doctors performing cosmetic surgery. There should be a register of Endorsement of those who have met, and maintain the national standard. Restriction of the title 'Cosmetic Surgeon' should be applied to those medical practitioners who appear on the Register, administered by AHPRA. Since the Australasian College of Cosmetic Surgery and Medicine is the *only* training body in Australia specifically focused on training practitioners in Cosmetic Medicine and Surgery, this college would be best equipped to train practitioners and enable them to maintain their level of competence and skill.



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The closing date for submissions is 5.00pm AEST 14 April 2022.

#### Your details

Name	Dr. Bobby Arun Kumar
Organisation (if applicable)	Australasian College of Cosmetic Surgery & Medicine (ACCSM)
Email address	

## Your responses to the consultation questions

#### Codes and Guidelines

- 1. Do the current Guidelines for registered medical practitioners who perform cosmetic medical and surgical procedures adequately address issues relevant to the current and expected future practice of cosmetic surgery and contribute to safe practice that is within a practitioner's scope, qualifications, training and experience?
  - 1. These could indeed be improved. Currently there is no recognised specialty of Cosmetic Surgery, nor can there be, without a change in the National Law. Therefore no training programme is recognised by the AMC for cosmetic surgery, and the title "cosmetic surgeon" may be used by any medical practitioner. Patients are at risk, because they are unable to identify if the doctor offering cosmetic surgery has the relevant specific training and skill. Currently it is impossible to determine if a practitioner is operating within their scope of practice.
  - The Australasian College of Cosmetic Surgery & Medicine is the only organisation currently training medical practitioners in both Cosmetic Surgery and medicine.
- 2. What changes are necessary and why? What additional areas should the guidelines address to achieve the above purpose?
  - The Endorsement model for practitioners performing cosmetic surgery should be adopted to protect the public. Those endorsed medical practitioners who have met a National Accreditation Standard should be on a public register.
- 3. Please provide any further comment in relation to the use of codes and guidelines relevant to the practice of cosmetic surgery.
  - 1. This standard would ensure that practitioners not only have a core surgical competence, but also that they have reached an acceptable level of competence and skill specifically in Cosmetic surgery. The practitioners would be required to be part of a recertification programme specific to cosmetic surgery. To ensure patient safety, this model would need to be applied to all doctors who perform cosmetic surgery irrespective of their prior backgrounds or core post graduate certification.

### Management of notifications

4. Having regard to Ahpra and the Medical Board's powers and remit, what changes do you consider are necessary to the approach of Ahpra and the Medical Board in managing cosmetic surgery notifications, including their risk assessment process, and why?

All notifications irrespective of being Cosmetic surgery or not should be on the basis of the professional and medical conduct of all medical practitioners. Practitioners from a Cosmetic Surgery background should not be discriminated against with regards to the assessment process as say when investigating a radiologist or other such clinician. I feel that the assessment of all medical practitioners should be equal. Clearly a peer should be part of the review process.

It is my experience that often a Plastic Surgeon instead of a Cosmetic surgeon is invited to the assessment process. Plastic Surgery does not offer comprehensive training in Cosmetic surgery. Consequently this group has an interest to monopolise Cosmetic Surgery despite inadequate or no training, and to discredit Cosmetic surgeons from ACCSM who are not RACS or FRACS (Plast) members, and Clearly this poses a power imbalance and is viewed by many members as discriminatory.

All surgeries irrespective of discipline carry risk. Every case should be viewed on an individual and case by case basis. The risk assessment process should be on the basis of acceptable cosmetic and evidence based practice.

5. Please provide any further relevant comment in relation to the management of notifications about medical practitioners involved in cosmetic surgery.

# Advertising restrictions

6. Is Ahpra and the Medical Board's current approach to regulating advertising in cosmetic surgery sufficient?

No. There are multiple issues with practitioners engaging in Social media campaigns that are used as another form of advertising. Many of these practitioners use superlatives to describe themselves such as "Boob king", or best/expert doctor in a particular procedure. Often these social media campaigns resemble soft pornography and do not reflect that these are medical/surgical procedures that carry inherent risks. Many of these practitioners have developed a "movie star" celebrity status.

It is my experience that many of these practitioners are members of RACS/FRACS (Plast)/ASPS or other specialists recognised by AMC and AHPRA. To date these practitioners continue to advertise in much the same way. It appears that the Medical boards and AHPRA appear to either condone or protect these specialists.

7. What should be improved and why and how?

The answer is obvious, Social media and celebrity TV networks and shows should be banned as a means of advertising for all medical practitioners to advertise their medical practice. This type of advertising demeans medicine in general and appears to diminish the risks associated in cosmetic surgery.

8. Do the current <u>Guidelines for advertising a regulated health service</u> adequately address risks in relation to advertising of cosmetic surgery, or is a more specific regulatory response required?

Whilst there adequate guidelines, clearly some specialty groups recognised by AMC and Aphra feel they are exempt from the guidelines and no action is taken when they clearly breach the guidelines.

Specific regulatory guidelines are available; unfortunately these were not acted upon by Medical boards or AHPRA.

The response should not be on the basis of a vexatious or discriminatory complaint.

9. Does the promotion of cosmetic surgery via social media raise any issues that are not adequately addressed by the advertising guidelines, or that require any specific regulatory response?

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10. Please provide any further relevant comment in relation to the regulation of advertising.

#### Title protection and endorsement for approved areas of practice

- 11. To what extent would establishing an endorsement in relation to the practice of cosmetic surgery address relevant issues of concern in the sector (including patient safety issues)?
- . Establishing an endorsement model would essentially protect patients from adverse outcomes. Those practitioners, who are endorsed to practice cosmetic surgery, would have the appropriate training and experience in cosmetic surgery. This would be clear to patients, because there would be an AHPRA administered Cosmetic Surgery Register identifying doctors who are endorsed for cosmetic surgery. Patients could then be assured that they are being treated by doctors who are operating within their scope of practice. A title restriction should be linked to a competency-based accreditation Standard/Register as proposed by the College (ACCSM) by means of the Endorsement pathway provided for in Section 98 of National Law.

12. Would establishing an endorsement in relation to cosmetic surgery provide more clarity about the specific skills and qualifications of practitioners holding the endorsement?

Establishing an endorsement model would provide clarity to the consumer, about the specific skills and qualifications of practitioners holding the endorsement. It would identify those practitioners who have the core surgical training and competence, and *specific* cosmetic surgical training and competence as well as on-going professional education in cosmetic surgery.

Disappointingly this is not the case with RACS/FRACS(Plast)/ ASPS trained surgeons.

The "message" often repeated in various forums and published in advertisements by various plastic surgeons across the country over the past several decades informs consumers that:

- 1. Certification by the Australian Board of Plastic Surgery equates with competency in cosmetic surgery.
- 2. Physicians who are not certified by the Australian Board of Plastic Surgery are not competent to perform cosmetic surgery.
- 3. The Australian Board of Plastic Surgery is the only "recognised" board with regard to the practice of cosmetic surgery.
- 4. The term "plastic surgery" is synonymous with "cosmetic surgery" or that the term "plastic surgeon" is synonymous with "cosmetic surgeon".

This has consumers believing that when searching for a cosmetic surgeon to perform cosmetic surgery, they must look only to the universe of Certified Plastic Surgeons and that they cannot find a competent cosmetic surgeon among cosmetic surgeons trained by ACCSM.

While competence in cosmetic surgery is determined by a physician's training, experience and judgment, this message has consumers believing that certification in plastic surgery is the golden seal when seeking a cosmetic surgeon.

laces consumers at risk.

#### 13. What programs of study (existing or new) would provide appropriate qualifications?

- 13. The Australian College of Cosmetic Surgery and Medicine (ACCSM) is a well-recognised college, which has been established well over 30 years ago. This college is well equipped to provide appropriate qualifications for those practitioners to be endorsed in Cosmetic Surgery and Medicine.
- 14. Please provide any further relevant comment in relation to specialist title protection and endorsement for approved areas of practice relevant to cosmetic surgery.

Specialist title protection is reserved for medical specialists who have been recognised by the AMC. Until this point, Cosmetic surgery and Cosmetic Medicine have not been specialist pathways recognised by the AMC, because there is no burden of disease. Failing being recognised by the AMC as a medical specialty, the endorsement model would be an appropriate way in which to regulate the cosmetic surgical industry. The title 'Cosmetic Surgeon' should be protected for those practitioners who have had specific and recognised training in Cosmetic surgery. It is clear that specialist surgeons as recognised by the AMC do not have specific training in Cosmetic Surgery and specialist plastic surgeons qualify with a 'gap' in the area of Cosmetic surgery training.

# Cooperation with other regulators

the Medical Board and other regulators?
No.
16. If yes, what are the barriers, and what could be improved?
17. Do roles and responsibilities require clarification?
The answer to this question is answered again by having an endorsement model for medical practitioners trained in Cosmetic Surgery. Consequently the roles and responsibilities would be self-explanatory. As referred to in the previous questions, stating a practitioner is a Plastic Surgeon does NOT imply competency or ability in Cosmetic Surgery. In the same fashion an Ophthalmologist and an Ophthalmic Surgeon are not one and the same. Not all Ophthalmologists perform surgery, so their respective roles and responsibilities are different.
Unfortunately RACS/FRACS(Plast)/ASPS and no doubt will embrace even an endorsement model and automatically entered and surgery outside of RACS and surgery expectations.
It is interesting to note that Sports Medicine physicians fought the Orthopaedic Surgeons for many years before being recognised as a specialty.
Clearly they were not and when their roles as Sport Medicine Physicians were clarified and they were recognised by the AMC it became clear that these Medical practitioners offered a clinical service to patients other than Orthopaedic Surgery.
18. Please provide any further relevant comment about cooperating with other regulators.

Facilitating mandatory and voluntary notifications
19. Do the Medical Board's current mandatory notifications guidelines adequately explain the mandatory reporting obligations?
The guidelines are clear. It is my experience that fellow practitioners are often reluctant to report because of perceived retaliation and lack of anonymity or protection from HCCC/AHPRA or the Medical board.
20. Are there things that prevent health practitioners from making notifications? If so, what?
See Q 19
21. What could be improved to enhance the reporting of safety concerns in the cosmetic surgery sector?
See Q 19
22. Please provide any further relevant comment about facilitating notifications
Information to consumers

23. Do the Medical Board's current codes and guidelines adequately describe the obligations of practitioners who perform cosmetic surgery to provide sufficient information to consumers and obtain informed consent?

The Medical Board's current codes and guidelines do not specifically outline a practitioners training in Cosmetic Surgery. Currently consumers are left in doubt as to whether their surgeon has had any *specific* training in cosmetic surgery, even if their surgeon is a specialist surgeon as recognised by the AMC.

24. If not, what improvements could be made?

If the endorsement model is adopted for cosmetic surgery, it would allow the public to identify doctors who are trained and competent in cosmetic surgery, provide protection for patients before something goes wrong, facilitate AHPRA taking action more readily against doctors who may be practicing outside of their scope of practice, and by being competency- based and independently set and assessed, be fair to all practitioners and not favour any particular group of doctors on the basis of their non-cosmetic surgical training and qualifications

# 25. Should codes or guidelines include a requirement for practitioners to explain to patients how to make a complaint if dissatisfied?

It is my understanding that Medical Practitioners should direct a patient on how to make or to whom they should make a complaint to if dissatisfied. This may not be part of AHPRA guidelines and could be my indemnity insurer recommendation.

# 26. In the context of cosmetic surgery, does the Ahpra website and public register of practitioners provide sufficient information about medical practitioners to inform consumer choices?

The AHPRA website, and public register of practitioners does not provide adequate information to consumers to safely choose their Cosmetic Surgeon. There should be a list of endorsed practitioners available for consumers to readily identify those practitioners who are adequately trained in Cosmetic Surgery and which academic college trained them in cosmetic surgery.

Unfortunately as mentioned the public are misled into believing that if you are RACS trained then you automatically are trained and or competent in Cosmetic surgery. AHPRA apparently has accepted this situation despite multiple AMC recognised specialists causing harm to patients.

Many plastic surgeons choose the terms "plastic" and "cosmetic" in order to represent their certification in plastic surgery as evidence of their competency to perform "cosmetic" procedures. The spreading of this misconception reduces patient choice and jeopardizes patient safety.

# 27. If not, what more could/should Ahpra and the Medical Board do to inform consumer choices?

AHPRA could provide a register of identified practitioners who have the necessary training in cosmetic surgery to perform such procedures safely. This however, should not awarded because of the trained colleges.

Consumers should be made aware of the differences between Cosmetic and Plastic surgery.

**Cosmetic surgery** is a subspecialty that uniquely restricts itself to the enhancement of appearance through surgical and medical techniques. It is specifically concerned with maintaining normal appearance, restoring it, or enhancing it toward some aesthetic ideal. Cosmetic surgery is a multi-disciplinary and comprehensive approach directed to all areas of the head, neck and body. Cosmetic surgery is practiced by surgeons from a variety of disciplines including

dermatologists, general surgeons, oral and maxillofacial surgeons, ophthalmologists, otolaryngologists, gynaecologist, plastic surgeons and physicians from other fields. All of these disciplines have contributed to the vital growth of cosmetic surgery. Cosmetic surgery is primarily learned during a surgeon's post residency through ongoing continuing education, training, and experience.

Plastic surgery deals with the repair, reconstruction or replacement of physical defects of form or function involving the skin, musculoskeletal system, craniomaxillofacial structure, hand extremities, breast and trunk and external genitalia. While certification by the Australian Board of Plastic Surgery may evidence a physician competent in "plastic surgery only," it does not evidence competency in "cosmetic surgery" nor does it demonstrate more "cosmetic surgery" education, training or experience than that of say a certified dermatologist, general surgeon, oral and maxillofacial surgeon, otolaryngologists, ophthalmologist or Cosmetic Surgeon.

Therefore the difference is that Cosmetic Surgeons have gained further knowledge and skill in procedures specific to Cosmetic Surgery, and is irrelevant to their primary qualification. Indeed, a consumer should choose a surgeon based on his/her prior experience in <i>Cosmetic Surgery</i> specifically.
28. Is the notification and complaints process understood by consumers?
Sometimes.
29. If not, what more could/should Ahpra and the Medical Board do to improve consumer understanding?
30. Please provide any further relevant comment about the provision of information to consumers.
It should be clear to consumers which doctor is trained <i>specifically</i> in cosmetic surgery, irrespective of their other previous training.
As per the differences outlined in Q 27

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### Further comment or suggestions

31. If you have any further comment relevant to Ahpra's and the Medical Board's regulation of cosmetic surgery including and/or suggestions for enhancements not mentioned in response to the above questions, please provide it here.

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From: sandeep kumar
To: Cosmetic Surgery Review

Subject: Re: Public consultation now open – Independent review of the regulation of health practitioners in cosmetic surgery

**Date:** Wednesday, 9 March 2022 12:54:10 PM

I am a Dermatologist and

The OHO referred it to AHPRA without even

Hence my concern

has had no

action taken by AHPRA



Response template for submissions to the *Independent review of* the regulation of medical practitioners who perform cosmetic surgery

You are invited to have your say about the regulation of medical practitioners (doctors) who perform cosmetic surgery by making a submission to this independent review.

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The closing date for submissions is 5.00pm AEST 14 April 2022.

#### Your details

Name	Dr Irene Kushelew
Organisation (if applicable)	Beauty & Medicine Pty Ltd
Email address	

#### Your responses to the consultation questions

#### Codes and Guidelines

- 1. Do the current Guidelines for registered medical practitioners who perform cosmetic medical and surgical procedures adequately address issues relevant to the current and expected future practice of cosmetic surgery and contribute to safe practice that is within a practitioner's scope, qualifications, training and experience?
  - 1. These could indeed be improved. Currently there is no recognised specialty of Cosmetic Surgery, nor can there be, without a change in the National Law. Therefore no training programme is recognised by the AMC for cosmetic surgery, and the title "cosmetic surgeon" may be used by any medical practitioner. Patients are at risk, because they are unable to identify if the doctor offering cosmetic surgery has the relevant specific training and skill. Currently it is impossible to determine if a practitioner is operating within their scope of practice.
- 2. What changes are necessary and why? What additional areas should the guidelines address to achieve the above purpose?
  - The Endorsement model for practitioners performing cosmetic surgery should be adopted to protect the public. Those endorsed medical practitioners who have met a National Accreditation Standard should be on a public register.
- 3. Please provide any further comment in relation to the use of codes and guidelines relevant to the practice of cosmetic surgery.
  - 1. This standard would ensure that practitioners not only have a core surgical competence, but also that they have reached an acceptable level of competence and skill specifically in Cosmetic surgery. The practitioners would be required to be part of a recertification programme specific to cosmetic surgery. To ensure patient safety, this model would need to be applied to all doctors who perform cosmetic surgery irrespective of their prior backgrounds.

# Management of notifications

4.	Having regard to Ahpra and the Medical Board's powers and remit, what changes do you consider are necessary to the approach of Ahpra and the Medical Board in managing cosmetic surgery notifications, including their risk assessment process, and why?

5.	Please provide any further relevant comment in relation to the management of notifications about medical practitioners involved in cosmetic surgery.

### Advertising restrictions

6.	Is Ahpra and the Medical Board's current approach to regulating advertising in cosmetic surgery sufficient?
7.	What should be improved and why and how?
8.	Do the current <u>Guidelines for advertising a regulated health service</u> adequately address risks in relation to advertising of cosmetic surgery, or is a more specific regulatory response required?
9.	Does the promotion of cosmetic surgery via social media raise any issues that are not adequately addressed by the advertising guidelines, or that require any specific regulatory response?
10.	Please provide any further relevant comment in relation to the regulation of advertising.

Title protection and endorsement for approved areas of practice

- 11. To what extent would establishing an endorsement in relation to the practice of cosmetic surgery address relevant issues of concern in the sector (including patient safety issues)?
- . Establishing an endorsement model would essentially protect patients from adverse outcomes. Those practitioners, who are endorsed to practice cosmetic surgery, would have the appropriate training and experience in cosmetic surgery. This would be clear to patients, because there would be an AHPRA administered Cosmetic Surgery Register identifying doctors who are endorsed for cosmetic surgery. Patients could then be rest assured that they are being treated by doctors who are operating within their scope of practice. A title restriction should be linked to a competency-based accreditation Standard/Register as proposed by the College (ACCSM) by means of the Endorsement pathway provided for in Section 98 of National Law.

12. Would establishing an endorsement in relation to cosmetic surgery provide more clarity about the specific skills and qualifications of practitioners holding the endorsement?

Establishing an endorsement model would provide clarity to the consumer, about the specific skills and qualifications of practitioners holding the endorsement. It would identify those practitioners who have the core surgical training and competence, and *specific* cosmetic surgical training and competence as well as on-going professional education in cosmetic surgery.

- 13. What programs of study (existing or new) would provide appropriate qualifications?
- 13. The Australian College of Cosmetic Surgery and Medicine (ACCSM) is a well-recognised college, which has been established well over 30 years ago. This college is well equipped to provide appropriate qualifications for those practitioners to be endorsed in Cosmetic Surgery and Medicine.
- 14. Please provide any further relevant comment in relation to specialist title protection and endorsement for approved areas of practice relevant to cosmetic surgery.

Specialist title protection is reserved for medical specialists who have been recognised by the AMC. Until this point, Cosmetic surgery and Cosmetic Medicine have not been specialist pathways recognised by the AMC, because there is no burden of disease. Failing being recognised by the AMC as a medical specialty, the endorsement model would be an appropriate way in which to regulate the cosmetic surgical industry. The title 'Cosmetic Surgeon' should be protected for those practitioners who have had specific recognised training in Cosmetic surgery. It is clear that specialist surgeons as recognised by the AMC do not have specific training in Cosmetic Surgery and specialist plastic surgeons qualify with a 'gap' in the area.

# Cooperation with other regulators

15. Are there barriers to effective information flow and referral of matters between Ahpra and the Medical Board and other regulators?
16. If yes, what are the barriers, and what could be improved?
17. Do roles and responsibilities require clarification?

18. Please provide any further relevant comment about cooperating with other regulators.
Facilitating mandatory and voluntary notifications
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19. Do the Medical Board's current mandatory notifications guidelines adequately explain
the mandatory reporting obligations?
20. Are there things that prevent health practitioners from making notifications? If so, what?
25. Are there things that prevent health practitioners from making notifications. If 36, what.
21. What could be improved to enhance the reporting of safety concerns in the cosmetic surgery sector?
Surgery Sector?
22. Please provide any further relevant comment about facilitating notifications
Information to consumers
23. Do the Medical Board's current codes and guidelines adequately describe the obligations of practitioners who perform cosmetic surgery to provide sufficient
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information to consumers and obtain informed consent?

The Medical Board's current codes and guidelines do not specifically outline a practitioners training in cosmetic surgery. Currently consumers are left in doubt as to whether their surgeon has had any <i>specific</i> training in cosmetic surgery, even if their surgeon is a specialist surgeon as recognised by the AMC.
24. If not, what improvements could be made?
If the endorsement model is adopted for cosmetic surgery, it would allow the public to identify doctors who are trained and competent in cosmetic surgery, provide protection for patients before something goes wrong, facilitate AHPRA taking action more readily against doctors who may be practicing outside of their scope of practice, and by being competency- based and independently set and assessed, be fair to all practitioners and not favour any particular group of doctors on the basis of their non-cosmetic surgical training and qualifications
25. Should codes or guidelines include a requirement for practitioners to explain to patients how to make a complaint if dissatisfied?
26. In the context of cosmetic surgery, does the Ahpra website and public register of practitioners provide sufficient information about medical practitioners to inform consumer choices?
The AHPRA website, and public register of practitioners does not provide adequate information to consumers to safely choose their cosmetic surgeon. There should be a list of endorsed practitioners available for consumers to readily identify those practitioners who are adequately trained in cosmetic surgery.
27. If not, what more could/should Ahpra and the Medical Board do to inform consumer choices?
AHPRA could provide a register of identified practitioners who have the necessary training in cosmetic surgery to perform such procedures safely
28. Is the notification and complaints process understood by consumers?

29.	If not, what more could/should Ahpra and the Medical Board do to improve consumer
	understanding?

30. Please provide any further relevant comment about the provision of information to consumers.

It should be clear to consumers which doctor is trained *specifically* in cosmetic surgery, irrespective of their other previous training.

### Further comment or suggestions

31. If you have any further comment relevant to Ahpra's and the Medical Board's regulation of cosmetic surgery including and/or suggestions for enhancements not mentioned in response to the above questions, please provide it here.

It is vital that consumers are made aware of the *specific* experience and qualifications of their cosmetic surgeon, in order for them to make informed choices regarding their surgery and choice of surgeon. I support the proposal for a national competency-based accreditation Standard for *all* doctors performing cosmetic surgery. There should be a register of Endorsement of those who have met, and maintain the national standard. Restriction of the title 'Cosmetic Surgeon' should be applied to those medical practitioners who appear on the Register, administered by AHPRA. Since the Australasian College of Cosmetic Surgery and Medicine is the *only* training body in Australia specifically focused on training practitioners in Cosmetic Medicine and Surgery, this college would be best equipped to train practitioners and enable them to maintain their level of competence and skill.



Submissions to the *Independent review of the regulation of* medical practitioners who perform cosmetic surgery

#### Submissions can be emailed to:

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# The closing date for submissions is 5.00pm AEST 14 April 2022. Your details

Name	Dr. Ban Foo LAU, consultant cardiologist
Organisation (if applicable)	
Email address	

#### Dear Sir/Madam:

For far too long, the cowboys in the cosmetic industry have been allowed to run rampant and I think that cosmetic surgery industry needs a complete overhaul to protect the public.

Many years ago, a businessman set up some practises and employed GPs and poorly-trained overseas doctors to do exercise tests on patients using Medicare bulk-billing services. Most of these doctors did not know how to interpret ECGs, hence a lot of unnecessary referrals back to the patients' own GPs and cardiologists. Although by law, they did not do anything wrong, those doctors were not trained properly. The same thing is happening in the cosmetic industry. Vast majority of the practitioners do it for money and they have not been properly trained. So I suggest that the current cosmetic college be dissolved and a new specialty group COLLEGE OF COSMETIC SCIENCE set up and proper and strict exams of the highest standard should be conducted and only those who pass the exams and get a degree are allowed to practise. Swift investigations need to be conducted thoroughly for those who practise without a degree. The exams have to be conducted by solid plastic surgeons and not by any other doctor.

AHPRA has been seen as a toothless tiger kowtowing to the incumbent which has sadly allowed money-hungry unethical cowboys to wreck havoc to the industry, harming and in some cases killing patients.

It is about time AHPRA act and act decisively and fairly.

Thank you.

Sincerely yours,

Ban LAU

## Your responses to the consultation questions

## Codes and Guidelines

	Do the current Guidelines for registered medical practitioners who perform cosmetic medical and surgical procedures adequately address issues relevant to the current and expected future practice of cosmetic surgery and contribute to safe practice that is within a practitioner's scope, qualifications, training and experience?
No	
	What changes are necessary and why? What additional areas should the guidelines address to achieve the above purpose?
	ould be tightly regulated with special exams. Nurses and overseas trained doctors and GPs here just not good enough.
	Please provide any further comment in relation to the use of codes and guidelines relevant to the practice of cosmetic surgery.
Gui	delines are just guidelines but APHRA needs to supervise and do regular reviews and raids
Ma	anagement of notifications
	Having regard to Ahpra and the Medical Board's powers and remit, what changes do you consider are necessary to the approach of Ahpra and the Medical Board in managing cosmetic surgery notifications, including their risk assessment process, and why?
If so	omeone lodges a valid complaint, then investigations need to be done thoroughly and swiftly.
	Please provide any further relevant comment in relation to the management of notifications about medical practitioners involved in cosmetic surgery.

## Advertising restrictions

6. Is Ahpra and the Medical Board's current approach to regulating advertising in cosmetic surgery sufficient?
No. Very poor.
7. What should be improved and why and how?  As above
As above
8. Do the current <u>Guidelines for advertising a regulated health service</u> adequately address risks in relation to advertising of cosmetic surgery, or is a more specific regulatory response required?
No
9. Does the promotion of cosmetic surgery via social media raise any issues that are not adequately addressed by the advertising guidelines, or that require any specific regulatory response?
Yes, should be banned
10. Please provide any further relevant comment in relation to the regulation of advertising.
Advertisements should not be allowed on social media
Title protection and endorsement for approved areas of practice
11. To what extent would establishing an endorsement in relation to the practice of cosmetic surgery address relevant issues of concern in the sector (including patient safety issues)?

12. Would establishing an endorsement in relation to cosmetic surgery provide more clarity about the specific skills and qualifications of practitioners holding the endorsement?
13. What programs of study (existing or new) would provide appropriate qualifications?
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Cooperation with other regulators
15. Are there barriers to effective information flow and referral of matters between Ahpra and the Medical Board and other regulators?
16. If yes, what are the barriers, and what could be improved?
17. Do roles and responsibilities require clarification?
18. Please provide any further relevant comment about cooperating with other regulators.

# Facilitating mandatory and voluntary notifications

19. Do the Medical Board's current mandatory notifications guidelines adequately explain the mandatory reporting obligations?
No
20. Are there things that prevent health practitioners from making notifications? If so, what?
21. What could be improved to enhance the reporting of safety concerns in the cosmetic surgery sector?
22. Please provide any further relevant comment about facilitating notifications
Information to consumers
23. Do the Medical Board's current codes and guidelines adequately describe the obligations of practitioners who perform cosmetic surgery to provide sufficient information to consumers and obtain informed consent?
No
24. If not, what improvements could be made?
25. Should codes or guidelines include a requirement for practitioners to explain to patients how to make a complaint if dissatisfied?

26. In the context of cosmetic surgery, does the Ahpra website and public register of practitioners provide sufficient information about medical practitioners to inform consumer choices?
27. If not, what more could/should Ahpra and the Medical Board do to inform consumer choices?
28. Is the notification and complaints process understood by consumers?
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Organisation (if applicable)	Australasian College of Cosmetic Surgery and Medicine		
Email address			

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AHPRA could provide a register of identified practitioners who have the necessary training in cosmetic surgery to perform such procedures safely

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